

DEPARTMENT OF THE NAVY

# NAVY REGION MID-ATLANTIC PUBLIC AFFAIRS OFFICE



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FOR IMMEDIATE RELEASE

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## 2014 Wounded Warrior Team Navy Trials in Norfolk June 4-7

**Norfolk, Va. (CNRMA)** – Commander, Navy Region Mid-Atlantic and Navy Wounded Warrior – Safe Harbor will host the 2014 Wounded Warrior Team Navy Trials June 4-7 at Naval Station Norfolk. More than 70 seriously wounded, ill and injured Sailors and Coast Guardsmen from across the country will compete for a place on Team Navy 2014.

The event brings together more Navy and Coast Guard wounded warrior athletes than ever before. They will compete in archery; cycling; track and field; seated volleyball; shooting; swimming; and wheelchair basketball. Medals will be awarded to the top three athletes in the varied heats within each sport.

Participants in the trials include active-duty and retired service members with upper-body, lower-body and spinal cord injuries; serious illnesses; traumatic brain injuries; visual impairment; and post-traumatic stress disorder. Thirteen wounded warrior athletes are based in the Norfolk, Va. area.

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## Warrior Games 2-2-2-2

Approximately forty athletes will be selected for Team Navy and advance to the inaugural Invictus Games, a worldwide competition among wounded warriors scheduled for Sept. 4-10 in London and the 2014 Warrior Games, an annual competition among each branch of the U.S. military held Sept. 28 – Oct. 4 in Colorado Springs.

During competition, most events will take place at Naval Station Norfolk. Events at Naval Station Norfolk are open to those with base access. However, the swimming trials on June 4 will take place at Virginia Wesleyan College from 1:30 – 4:00 p.m.; the track and field trials on June 5 will take place at Norfolk State from 8:30 a.m.-12:30 p.m. Those events are free and open to the public.

All participants are enrolled in Navy Wounded Warrior - Safe Harbor, the Department of the Navy's wounded warrior support program. Adaptive athletics have proven positive effects on wounded warriors, including lower stress levels and fewer secondary medical conditions. Visit the Navy Wounded Warrior - Safe Harbor website for the full schedule of events or additional information about adaptive athletics.

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**News Media Note for News Desk and Sports Editors: Outlets planning pre-event feature coverage of local athletes preparing for the trials, or wanting to arrange live or recorded coverage of the arrival, training, the trials and closing ceremonies should contact Jim Moir, Navy Region Mid-Atlantic Public Affairs, (757) 322-2852.**