

GMT TRAININGS



NAVADMIN 264/13, GENERAL MILITARY TRAINING provides guidance to Commands concerning General Military Training (GMT) for FY10 and FY11. This addresses the importance of instructor-led training topics provided at the command level.

Fleet and Family Support Center (FFSC) can assist commands by providing instructor-led classes in five of the topic areas:

SEXUAL ASSAULT PREVENTION*

SUICIDE AWARENESS AND PREVENTION (ACT)

IMPROVING PERSONAL FINANCIAL MANAGEMENT

OPERATIONAL STRESS CONTROL

INTRODUCTION TO ANGER MANAGEMENT

* In addition to our Sexual Assault Awareness Brief, FFSC offers "Maintaining Respect in the Workplace" emphasizing by-stander awareness and intervention.

To schedule a FFSC instructor to assist with your Command GMT, contact your FFSC Command Representative or your installation FFSC.

Got a Smart Phone?
Scan this code for more information about FFSC Programs!



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