

SEABEE COURIER

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August 31, 2012

Unwelcome intruder finally departs Gulf Coast; Isaac leaves Seabee Center soggy, but intact

By Rob Mims

NCBC Public Affairs

Just over two weeks ago, a small tropical depression formed off the coast of Africa and slowly started moving toward the United States. At that time, very few eyebrows raised a half a world away. As the storm slowly trekked across the Atlantic, its ability to form into a raging monstrosity of a hurricane seemed distance at best.

What everyone in Haiti, Cuba, Puerto Rico and along the coasts of Florida, Alabama, Mississippi and Louisiana discovered was that its lack of formation was going to give them just as many problems as a well formed one as it gathered any existing moisture to be found and dumped it out.

Here, at the Naval Construction Battalion Center, base officials watched the storm trying to determine what path it was going to take and how it would affect the installation. During the afternoon, Aug. 24, the base set Tropical Cyclone Condition (TCC) 4 to alert everyone to start preparing for Tropical Storm Isaac.

As the storm got closer, the base set TCC levels accordingly. The Emergency Operations Center (EOC) team led by Lew Fountain, NCBC Emergency Manager, who was here for Hurricane Katrina, prepared for virtually every



Sailors assigned to Naval Mobile Construction Battalion (NMCB) 11 enjoy a movie while living temporarily in an evacuation shelter at Naval Construction Battalion Center (NCBC), Gulfport. The base was making final preparations as Hurricane Isaac approached the Gulf Coast. The storm made landfall almost seven years to the day that Hurricane Katrina devastated the Gulf Coast. (U.S. Navy photo by Mass Communication Specialist 1st Class R. Jason Brunson/Released)

scenario that might come with the storm.

Base lines of communication were established to keep everyone informed of what was happening regularly.

As TCC 1 was announced, the evacuation shelter, which had been established in building 217, and the EOC hunkered down for what most thought

cally very efficient drainage systems could not keep up with the volume. The base was filling up like a bathtub. Housing residents began worrying their homes would be flooded. The unannounced and unplanned potential need for base housing evacuation forced some quick planning by the EOC team.

In some places water was within just a few feet of breaching homes. Retention ponds filled up and overflowed.

During the storm and after, security personnel, command leadership, housing representatives and public works representatives were constantly traveling the roads to look for any trouble spots.

Tornado watches and warnings were popping up every few minutes which require immediate responses including locking down the shelter for every tornado warning.

But, as bad as it was, fortunately, no lives were lost, no homes were flooded and the installation received very minimal damage.

After the EOC and shelter team stood down Aug. 30, it was apparent that all had learned valuable information through the storm and although not wanting another one anytime soon, are prepared for whatever comes their way.

Inside this Edition



MCPON Rick West holds Town Hall with 'Bees of NMCB 1.

page 5



Two NMCB 11 Sailors to represent USA during talent competition.

page 7



Future Chief Petty Officers use creative thinking to meet LRC challenge.

page 8



Everyone is Invited . . .

NMCB 7

**Decommissioning Ceremony
Sept. 5, 8 a.m., NCBC Grinder
Following the decommissioning, the
Battalion's commanding officer,
Cmdr. J.G. Meyer will become
Executive Officer of NCBC**



22 NCR

**Change of Command
Sept. 6, 10 a.m., NCBC Training Hall
Capt. Darius Banaji will relieve
Capt. Kathryn Donovan
and assume command of both
22 NCR and 25 NCR**

NCBC/20SRG
Commanding Officer
 Capt. Rick Burgess
Public Affairs Officer
 Rob Mims
Editor
 Bonnie L. McGerr
Mass Communication Specialist
 MCC (SCW/SW/AW)
 Ryan G. Wilber
Special Contributors
 CECN Lucinda Moise

22 NCR Commander
 Capt. Kathryn A. Donovan
Public Affairs Officer
 Vacant

25 NCR Commander
 Capt. Darius Banaji
Public Affairs Officer
 MCC (SW/AW) Scott Boyle

NMCB ONE
Commanding Officer
 Cmdr. Chad M. Brooks
Public Affairs Officer
 Lt. Jonathon Charfauros
Mass Comm. Specialist
 MC1 (AW/NAC) Aron Taylor

NMCB SEVEN
Commanding Officer
 Cmdr. James G. Meyer
Public Affairs Officer
 Vacant

NMCB ELEVEN
Commanding Officer
 Cmdr. Maria Aguayo
Public Affairs Officer
 Lt. j.g. Brian Myers
Mass Comm. Specialist
 MC1(AW) Jonathan Carmichael

NMCB SEVENTY FOUR
Commanding Officer
 Cmdr. David McAlister
Public Affairs Officer
 Lt. j.g. John Parizek
Mass Comm. Specialist
 MC2(SCW) Michael Lindsey

NMCB ONE THIRTY THREE
Commanding Officer
 Cmdr. Nicolas D. Yamodis
Public Affairs Officer
 MC1(SW/AW) Steven Myers

NCTC Gulfport
Commanding Officer
 Cmdr. Scott Anderson
Public Affairs Officer
 Lt. J. Johnson

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Skipper's Log

Isaac Comes to Call

**By Capt. Rick Burgess
 CO CBC/CMDR 20th SRG**

Well, folks, it's been quite an adventurous week! About this time last week, we started watching the weather closely, monitoring reports on what was then "Tropical Storm Isaac." As is always the case when you deal with weather, prediction is difficult and no one was quite sure where Isaac would make landfall.

The meteorologists did their best with the forecast software, but initial predictions ranged the full width of the Gulf Coast. Nonetheless, we recognized the possibility that Isaac would come our way and started working through our storm preparation checklist. Many people across the base were involved in the preparation efforts, ably led by our Emergency Manager, Lew Fountain.

As the weekend progressed and the work week began, the projected landfall kept moving westwards – first it was the west coast of Florida, then the Florida panhandle, then Mobile, and then it was Gulfport/Biloxi! This was a time of

anxiety as many who live and work on base had to make decisions about whether to stay or go, and where to go if they did want to leave.

The NCBC Gulfport team completed its preparations late Monday and stood up our Emergency Operations Center – we were at our highest Condition of Readiness for a storm. Thankfully, the storm track continued to the west, moving the landfall west of Gulfport and sparing us the worst of the storm. Still, as the heavy rain and winds began on Tuesday, it was apparent we were in for some long days and nights.

During the course of the storm, the CBC Gulfport Emergency Operations team did a terrific job. Security and Fire kept up regular surveillance of base conditions, the emergency shelter team ran a smooth operation in warehouse 217, and supply personnel ensured that food and water was distributed to the shelter and the barracks after the Galley closed. Public Works personnel stayed on top of the utility systems, ensuring

that critical systems stayed up. The EOC watch teams orchestrated it all with calm professionalism.

Wednesday brought some tense moments as the water filled the drainage ditches to overflowing and began to cover the roads. The water in the Housing areas continued to rise and began to threaten a number of units with flooding. The Emergency Operations team began making plans to move Housing residents to the shelter on base in the event their house flooded. After several anxious hours, the rains slowed for a while, allowing the waters to recede. Though we had another 18 hours before Isaac would pass us completely, we had made it through the worst of the storm.

As the final rain drops fell Thursday morning, our Damage Assessment Teams began the work of surveying the installation for damage. Remarkably, it appears we suffered only minor damage – roof leaks, missing shingles, and scattered fallen trees. Public Works and Housing personnel are aggressively



moving out on repairs.

Now that Isaac has passed us, it's worthwhile to consider a few take-aways. First off, Isaac showed us that it truly is important to "Have a Plan." Both at the individual level and at the Installation level, planning and preparation well before the storm strikes is vitally important.

Second, communication is a significant part of the effort and enables good decisions. We made a concerted effort to get the word out via social media and the Ad Hoc messaging system – let us know how we did and where we can improve.

Lastly, you can rest assured that you have a skilled and confident emergency team here at NCBC Gulfport. These folks did a fantastic job – BRAVO ZULU!!

Voting 101: What are the qualifications to be an Elector in the Electoral College System?

From NCBC Public Affairs

The Nov. 16 presidential election is just around the corner, but it's never too late to brush up on election policy and procedure. This is the final part of a three part series on the Electoral College System.

What are the qualifications to be an Elector?

The U.S. Constitution contains very few provisions relating to the qualifications of Electors. Article II, section 1, clause 2 provides that no Senator or Representative, or Person holding an Office of Trust or Profit under the United States, shall be appointed an Elector. As a historical matter, the 14th Amendment provides that State officials who have engaged in insurrection or rebellion against the United States or given aid and comfort to its enemies are disqualified from serving as Electors. This prohibition relates to the post-Civil War era.

Each state's Certificates of Ascertainment confirms the names of its appointed electors. A state's certification of its electors is

generally sufficient to establish the qualifications of electors.

Who selects the Electors?

The process for selecting Electors varies throughout the United States. Generally, the political parties nominate Electors at their State party conventions or by a vote of the party's central committee in each State. Each candidate will have their own unique slate of potential Electors as a result of this part of the selection process.

Electors are often chosen to recognize service and dedication to their political party. They may be State-elected officials, party leaders, or persons who have a personal or political affiliation with the Presidential candidate.

On Election Day, the voters in each State choose the Electors by casting votes for the presidential candidate of their choice. The Electors' names may or may not appear on the ballot below the name of the candidates running for President, depending on the procedure in each State. The winning candidate in each State—except in Nebraska and

Maine, which have proportional distribution of the Electors—is awarded all of the State's Electors. In Nebraska and Maine, the state winner receives two Electors and the winner of each congressional district receives one Elector. This system permits the Electors from Nebraska and Maine to be awarded to more than one candidate.

Are there restrictions on who the Electors can vote for?

There is no Constitutional provision or Federal law that requires Electors to vote according to the results of the popular vote in their States. Some States, however, require Electors to cast their votes according to the popular vote. These pledges fall into two categories—Electors bound by State law and those bound by pledges to political parties.

The U.S. Supreme Court has held that the Constitution does not require that Electors be completely free to act as they choose and therefore, political parties may extract pledges from electors to vote for the parties' nominees. Some State laws provide that so-called "faithless Electors"; may be subject to



fines or may be disqualified for casting an invalid vote and be replaced by a substitute elector. The Supreme Court has not specifically ruled on the question of whether pledges and penalties for failure to vote as pledged may be enforced under the Constitution. No Elector has ever been prosecuted for failing to vote as pledged.

Today, it is rare for Electors to disregard the popular vote by casting their electoral vote for someone other than their party's candidate. Electors generally hold a leadership position in their party or were chosen to recognize years of loyal service to the party. Throughout our history as a nation, more than 99 percent of Electors have voted as pledged.

Editor's Note: All material for this article was taken from www.USA.gov

Buzz on the Street



By **CECN Lucinda Moise**
NCBC Public Affairs

Do you plan on voting or putting in an absentee ballot in the 2012 Presidential Election?



"Yes, and I'm registered."

CMC(SCW)
Ebenezzer Atekwana
NMCB 133
Hometown: Kalamazoo, Mich.



"Of course, and I'm registered."

UT3 (SCW) **Daphne Bender**
NMCB 133
Hometown: Raleigh, Miss.



"Yes, I'm registered already."

CM2 (SCW) **Demitrick Jacobs**
NMCB 133
Hometown: Atlanta, Texas.

August 31, 2012

Seabee Courier

3

Around the Center



Fiscal Year 2013 Chief Selectees of Gulfport, Miss. and Millington, Tenn. run under their guidon during a morning physical training session on board Naval Construction Battalion Center (NCBC), Aug. 22. Members of the Chiefs' Mess accompany the selectees on their run for motivation, instruction and leadership by example. The selectees are going through a six-week induction phase before officially advancing to chief petty officer on Sept. 14. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

Lewis Fountain (foreground right), Naval Construction Battalion Center (NCBC) Emergency Manager, leads a meeting of the Emergency Operation Center Team to brief on the latest developments of Tropical Storm Isaac and ensure all necessary preparations have started. With the "cone of uncertainty" now pointing toward NCBC, command leadership wants to ensure all precautions are taken to help ensure the safety and security of all personnel and their family members. (U.S. Navy photo by Rob Mims/Released)



Capt. Rick Burgess, commanding officer, Naval Construction Battalion Center (NCBC), and commander, 20th Seabee Readiness Group (SRG) addresses coordinators for the USS MISSISSIPPI (SSN 782) Commissioning Ceremony before presenting them coins and awards on behalf of Rear Adm. Rick Breckenridge, commander, Submarine Group (CSG) 2, on board NCBC Gulfport, Aug. 23. The volunteers received recognition for extraordinary support while attending dignitaries and distinguished guests of the ceremony, including the Secretary of the Navy and Chief of Naval Operations, and members of the U.S. Congress and Senate. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

Freeze Frame

By MCC (SCW) Ryan G. Wilber
NCBC Public Affairs

NCBC Frames

Religious Program Specialist
Seaman Jamie C. Hamm
NCBC Chapel



FF: What single experience during your career stands out the most and why?

RPSN: My single most experience during my career that stands out the most is joining the Navy because it gave me opportunities to travel to places I would have never gotten the chance to see.

FF: What has been your biggest motivation throughout your career?

RPSN: My biggest motivation throughout my career has been living by

the Sailor's creed of Honor, Courage, and Commitment.

FF: What advice would you give to future Sailors?

RPSN: The biggest advice I would give to future Sailors is to try to learn as much as possible.

FF: What is your favorite thing about working with the Seabees?

RPSN: My favorite part about working with the Seabees is that I get the opportunity to learn so much more about not

only about the Navy but also about working together to get the job done everyday. I like being able to experience different places and cultures, and being challenged every day.

FF: Who was your most influential mentor during your career, and why?

RPSN: My most influential mentor during my career is Religious Programs Specialist 1st Class Wynn because of his knowledge and the amount I was able to gather from him.



Senior Chief Steelworker Joseph Yott, assigned to 20th Seabee Readiness Group (SRG) speaks with attendees of the Welcome to the Coast/New Navy Spouse class held on board Naval Construction Battalion Center (NCBC) Aug. 22. The course is sponsored by Fleet and Family Support Center (FFSC). U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

FFSC holds 'Welcome to the Coast/New Navy Spouse Class'

By CEEN Lucinda L. Moise
NCBC Public Affairs

Fleet and Family Support Center (FFSC) presented a Welcome to the Coast/New Navy Spouse class on board Naval Construction Battalion Center (NCBC) Aug 22. This is the second year that the class has been offered to military and civilian spouses, or employees new to the coast on the many opportunities, businesses and activities that the coast and NCBC has to offer.

There were several guest speakers during the seminar. Judy Bradshaw, an FFSC employee, was one of them. According to Bradshaw the purpose of the Welcome to the Coast/New Navy Spouse class is to give new military spouses, and spouses new to the base, an understanding of the military and the coast area.

"It is to help new spouses learn what the military and being a spouse in the military is all about, and also to inform spouses new to the base about inside and outside the gate," said Bradshaw.

The class is held quarterly by

FFSC, and is a great method to acquire knowledge about the coast and the Seabees. Senior Chief Steelworker Joseph Yott, assigned to 20th Seabee Readiness Group (SRG), believes that attending the Welcome to the Coast/New Navy Spouse class is a great way to support their active duty spouses by learning more about the Seabees.

"This class is important, because it gives military spouses a way to familiarize themselves with not only the military, but the Seabee community as well, therefore being able to support their spouses by understanding some of the things they go through," said Yott.

FFSC coordinators said they are looking forward to next quarter's class, and are very excited about the new, updated welcome aboard packages they will be handing out. The next class will be held in November.

For more information on the NCBC Gulfport FFSC, visit their website at: <https://www.cnic.navy.mil/gulfport/FleetAndFamilyReadiness/SupportServices/index.htm>.

For all of the latest information, follow Seabee Center on Facebook and Twitter and subscribe to Inside the Gate by sending an email to seabeecourier@navy.mil.

Retirees and Family Members Eligible for Enrollment at NBHC Gulfport

Naval branch Health Clinic Gulfport is opening enrollment to TRICARE Prime retirees and family members age 64 and younger beginning Sept. 1. Interested re-

tirees and eligible family members must visit the TRICARE Service Center (TSC) located at 284 Debuys Road in Biloxi, Miss., to enroll. The TSC's hours of operation are 7:30 a.m. - 4:30 p.m., Monday through Friday. For additional information, please contact the Clinic's Health Benefits Advisor, Mrs. Debbie

Sekul, at 228-822-5725. At NBHC Gulfport, we take

very seriously our vision to "Exceed Expectations Everyday" and hope you decide to entrust us with your family's healthcare needs.





Master Chief Petty Officer of the Navy (MCPON) Rick D. West addresses the Seabees of Naval Mobile Construction Battalion (NMCB) 1 during a visit to Camp Mitchell Rota, Spain. NMCB 1 is currently deployed to 6th Fleet Area of Responsibility (AOR) in support of construction operations throughout Europe and Africa. U.S. Navy photo by Mass Communication Specialist 1st Class Aron B. Taylor (Released)

MCPON West holds Town Hall meeting with NMCB 1 Seabees on Camp Mitchell

By MC1 (NAC/AW) Aron Taylor
NCBC Public Affairs

Master Chief Petty Officer of the Navy (MCPON) Rick West visited the Seabees deployed to Camp Mitchell in Rota Spain, Aug. 23 to conduct a town hall meeting and visit with the troops.

The Seabees attached to Naval Mobile Construction Battalion (NMCB) 1 experienced some rare opportunities during the visit.

The MCPON presented Equipment Operator 1st Class (SCW) Douglas Briley the combat action ribbon. Briley received the award for action taken during an I.E.D. attack while driving for a convoy in Kandahar Afghanistan during NMCB 1's last deployment.

"It was a good feeling to be able to receive this award from MCPON West, not many peo-

ple get that kind of opportunity," said Briley.

The visit to the Seabee camp began with an office call with Cmdr. Chad M. Brooks, NMCB-1 commanding officer, who explained the mission of the battalion at Camp Mitchell and described the ongoing projects.

Following the office call the MCPON was given a tour of all the spaces in the camp and introduced to some of the battalion's top performers.

Immediately following the award ceremony, West held a town hall meeting with the Seabees.

The MCPON fielded questions from the crowd. One of the Seabees wanted to know if there was talk about Seabees going away and the Navy using contractors instead for construction projects.

"The importance of what the Seabees are doing is noticed everyday. Believe no rumors; the Seabees and our expeditionary forces are getting the job done for us big time," said West. "I think the Navy is headed into an exciting time and I think the Seabees are going to be at the forefront of that exciting time and I just can't imagine what the Navy will be like in 30 years. I just think it's going to be incredible."

West ended his visit with "The First and The Finest" by telling them how proud he was of the Seabees, and joining in with them for a motivating Hoorah before departing.

NMCB 1 is currently deployed to 6th Fleet Area of Responsibility (AOR) in support of construction operations throughout Europe and Africa.

NMCB 14 trains at Camp Shelby



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 14 conduct a battalion Unit Training and Evaluation Exercise with trainers and evaluators from 20th Seabee Readiness Group (SRG) at Camp Shelby, Miss. NMCB 14, headquartered at Readiness Support Site, Jacksonville, Fla., is currently in the field preparing for deployment later this year. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

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Seabees complete project during Pacific Partnership

By HM1 Michael Smaltz
NMCB 74 Public Affairs

A Detail of 11 Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74 and 13 engineers of the Royal Cambodian Armed Forces (RCAF) completed construction of a maternity center at the Kampot Health Center, Kam-pot, Cambodia Aug. 7, in Support of Pacific Partnership 2012.

During construction, both countries worked side by side, sharing their knowledge and tricks of the trade. The Seabees' crew leader, Builder 2nd Class Daniel Reckers, said he was impressed with how seamlessly the two units integrated together.

"Even with our language barriers, the (RCAF) Engineers are teaching us their trade skills and we are sharing Seabee skills with them," said Reckers.

The underlying goal of Pacific Partnership is to strengthen relationships between the nations involved and improve their ability to conduct disaster relief operations, humanitarian assistance and medical relief missions.

Reckers said the combined force placed over 25 cubic yards of concrete and approximately 1,600 units of concrete block. The facility will provide



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, NMCB 40 and the Royal Cambodian Armed Forces (RCAF) pose for a group photo in front of the Kampung Kreng Health Clinic Maternity building in Kampot Province, Cambodia. The Seabees and RCAF are working together to construct the clinics that will provide pre- and post-partum care for eight villages in the Kampot Province. (U.S. Navy photo by Equipment Operator 3rd Class Bethany Spinney /Released)

a much needed expansion to the current facility doubling access to medical care in the area and enabling theater commander strategic objectives.

Local community leader, Mrs. Somaly, said every member of the community is very excited for the new maternity facility to open and said she enjoyed watching the Seabees and RCAF work together. "I hope to see more joint nation projects in the future," said So-

maly. "We are so pleased to see how well the RCAF and the Seabees work together."

Dr. Chan Sary, attending physician at Kampot Health Center, said that the new two-room expansion will allow him to double his practice at the center which currently provides services for approximately 400 patients per month.

"The need was great," said Sary. "Now with this new building I will be able to pro-



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74 and the Royal Cambodian Armed Forces (RCAF) construct concrete columns that will support the new building. The Seabees and RCAF are working together to construct the clinics that will provide pre- and post-partum care for eight villages in the Kampot Province. (U.S. Navy photo by Equipment Operator 3rd Class Bethany Spinney /Released)

vide medical services for the two communes in my area instead of just one." Sary also said he plans to expand his staff of nine nurses to meet the growing patient population.

NMCB 74 deployed in July and is currently conducting theater security cooperation operations, and civic action and readiness construction projects across the Pacific Command area of operations.

August 31, 2012

Underwater Construction Team (UCT) ONE

is searching for highly motivated Seabees and CEC Officers looking for a career and lifestyle change



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Seabee Courier

6



Feds feed families, the annual DoD food drive, is happening through September. Most wanted items include canned fruits, vegetables, multi-grain cereal, canned proteins, soups, grains, condiments, 100 percent juice, baking goods, snacks, hygiene items and paper products. NCBC food donation drop off locations are battalion building spaces, CBC Commissary, Seabee Memorial Chapel, Navy Exchange, Fleet and Family Support Center, Armory and Building 1. For more information, contact the Chapel at 228-871-2454.



Troops enjoy a performance by a fellow service member during a Camp Leatherneck Talent Show in which United States service members and civilians competed against one another while showcasing talents in music, poetry, and dance. The top six were chosen by a panel of judges to compete in a future talent show with the British on the neighboring Camp Bastion. (U.S. Navy photo/Released)

Two NMCB 11 Sailors selected to represent USA in talent contest

By NMCB 11 Public Affairs

Two Sailors assigned to Naval Mobile Construction Battalion (NMCB) 11 are preparing to compete with service members from the U.K. and U.S. in a talent contest Aug. 31, for a cash prize and a trophy. The Task Force Jag talent show is an all talent encompassing competition being held on the British Camp, Bastion.

Logistics Specialist 2nd Class Laquita S. Brooks and Construction Mechanic Constructionman Kevin E. Quarles were among six Americans awarded automatic entry in the British talent competition following the Aug. 4 talent contest on Camp Leatherneck which is adjacent to Camp Bastion.

The Task Force Jag talent show will cost audience members a dollar for the show only, or two dollars for the show and barbeque.

The Camp Leatherneck talent contest showcased talents of American service members

from the Navy, Marine Corps, Army, and Air Force as well as civilians employed on the base.

Quarles placed 2nd in the Camp Leatherneck talent contest with "Empty Chair," a song he wrote and performed on vocals and acoustic guitar.

"It was an awesome opportunity. I loved it," exclaimed the Watertown, Tenn., native. Quarles' performance drew cheers from the crowd and praise from the judges for its originality and passion.

Brooks, originally from Jacksonville, N.C., placed third on Camp Leatherneck with a performance of her self-penned poem, "Self Will." Judges gave positive remarks for a strong performance, originality, and her ability to keep the interest of the near 400 audience members.

"It was as if the audience became a blur, and I could only hear myself," said Brooks who developed a technique of self isolation to combat her nervousness on stage. "I tell my-

self, whenever I'm performing, 'it's just you. Relax and do your thing.'"

Of the 16 contestants who participated in the Camp Leatherneck talent show, the top six, as scored by a panel of judges, were invited to compete in the upcoming British talent competition.

Brooks and Quarles are each preparing original material for next week's performance.

Quarles, 22, has been writing songs for years. He said that he is likely to polish up one of his existing songs and focus on giving the best performance that he can for the crowd and judges on Camp Bastion.

Writing poetry is something that 29-year old Brooks began doing in middle school.

"The idea is there," said Brooks of the new poem she will perform in the Task Force Jag talent show. Though it is not yet written, Brooks is confident that inspiration will come to her when the time is right.

I am... Are You?

Navy prepares to launch new awareness campaign

From Commander, Navy Installations Command Public Affairs

Accept the challenge and find out more in September as the U.S. Navy launches Ready Navy, its emergency preparedness and public awareness campaign.

Be Informed: Find out what disasters are most likely to happen in your area and the history of their occurrence, and learn about any specific instructions or information you may need to know regarding these specific disasters.

Have a Plan: Another important tool you and your family need to prepare for possible emergencies is a family preparedness plan. Everyone in the family should understand what to do, where to go, and what to take in the event of an emergency. Your emergency plan should include how your family will communicate with each other, particularly if normal communication methods, such as phone lines or cell towers, are out. Have a contact person outside the area that each member of the family can notify that they are safe. Also, plan ahead for how you will evacuate the area and where your family will meet if you are evacuated separately. Learn about the mustering requirements at your command and become familiar the Navy Family Accountability and Assessment System (NFAAS) (<https://navyfamily.navy.mil>). If you are stationed overseas, learn about additional Noncombatant Evacuation Orders procedures.

Build a Kit: The best way to prepare for the unexpected is to create one or more emergency kits that include enough supplies for at least three days. Keep a kit prepared at home, and consider having kits in your car, at work, and a portable version in your home ready to take with you. These kits will enable you and your family to respond to an emergency more effectively. Your various emergency kits will be useful whether you have to shelter-in-place or evacuate. Be sure your kits address the needs of small children, individuals with special needs, and your pets. Ready Navy – coming soon to a base near you!

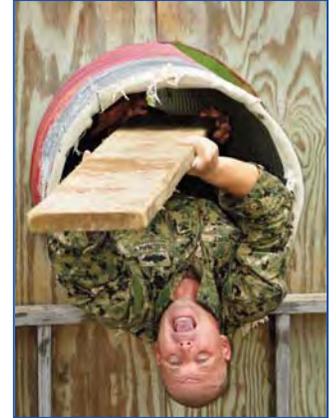
Gulf Coast Heart Walk

The 2012 Gulf Coast Heart Walk is scheduled for Sept. 29 at Jones Park in Gulfport and is the primary fundraising event for the American Heart Association.

This non-competitive 5k walk/run begins at 7:30 a.m. and includes family friendly activities, health screenings, cooking demonstrations, and a whole lot of fun. Money raised at the Heart Walk is used to fund critical research, education, and interventions used to build healthier lives free of cardiovascular disease and stroke. NCBC has a long history of supporting this walk through participation and volunteers. Volunteers can help by forming a walk/run team by registering at www.gulfcoastheartwalk.org or consider volunteering for set up (Sept. 28) and tear down (Sept. 29) of the Heart Walk event. Fund raising is the ultimate goal of the event, but is not required to participate in the walk/run. You can also register your team at the NCBC's group page <http://gulfcoastheartwalk.kintera.org/ncbc>. Click "create new team" under the "Action" column at the bottom of the page. For more information, contact Lt. Kevin Westbrook, 228-871-2906 or kevin.westbrook@navy.mil.



FY 2013 Chief Selectees meet Challenge of Leaders Reaction Course



Gulfport, Miss., Stennis Space Center and Millington, Tenn. Fiscal Year 2013 Chief Selectees came together at Camp Shelby, Miss., to challenge the Leaders Reaction Course (LRC), Aug. 21. The LRC is designed to

teach teamwork, practical problem solving and leadership through various dry and wet obstacle problems. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

West Nile Virus: What You Need To Know

From U.S. Army Public Health Command (Provisional)

Aberdeen Proving Ground

West Nile virus (WNV) is a mosquito-borne virus that was first seen in the United States in 1999. WNV has been documented in every state except Alaska and Hawaii. People are infected with WNV by the bite of an infected mosquito.

According to the Centers for Disease Control and Prevention, less than 1 percent of mosquitoes are infected. In addition, less than 1 percent of individuals who are actually bitten by infected mosquitoes develop severe symptoms. Therefore, a person's chance of becoming seriously ill from any one mosquito bite is extremely small.

Most people who are infected with WNV experience mild flu-like symptoms, which can include fever, headache, and body aches, before fully recovering. In a small number of cases, particularly among the elderly, the disease is much more serious and

causes encephalitis. Encephalitis is an inflammation of the brain. It is marked by rapid onset of severe headache, high fever, stiff neck, disorientation, muscle weakness, paralysis, coma, and occasionally death.

Although there is no specific treatment, medication or cure, the symptoms and complications of the disease can be treated. Most people who get this illness recover from it. It appears that once a person has been infected with WNV, a natural immunity develops. However, that immunity may decrease over time. At this time a human vaccine is not available, although several companies are working to develop one.

For more information on the West Nile Virus Contact the U.S. Army Public Health Command (Provisional) (US-APHC), Entomological Sciences Program, Aberdeen Proving Ground, Maryland 21010-5403; DSN 584-3613; CM (410) 436-3613; FAX - 2037; <http://chppm-www.apgea.army.mil/westnilevirus/>.

Reduce your risk of West Nile Virus infection

~ Stay indoors at dawn, dusk, and early evening. This is when mosquitoes are most active.

~ Wear long-sleeved shirt, long pants, and socks whenever you are outdoors; wear loose-fitting clothing to prevent mosquito bites through thin fabric.

~ Use insect repellents that have been approved by the Environmental Protection Agency (EPA). They are safe and effective. For your skin, use a product that contains 20-35% DEET (N,N-diethyl-meta-toluamide). DEET in higher concentrations is no more effective.

~ Use DEET sparingly on children, and don't apply to their hands, which they often place in their eyes and mouths. Apply DEET lightly and evenly to exposed skin. Avoid contact with eyes, lips, and broken or irritated skin. To apply to your face, first dispense a small amount of DEET onto your hands and then carefully spread a thin layer. Wash DEET off when your exposure to mosquitoes ceases.



~ For clothing, use an insect repellent spray to help prevent bites through the fabric. Use a product that contains either permethrin or DEET. Permethrin is available commercially as 0.5 percent spray formulations. Do not inhale aerosol formulations of any insect repellent. Permethrin should only be used on clothing; never on skin.

~ Eliminate mosquito-breeding sites by emptying water from birdbaths, old tires, and other outdoor containers or debris.

~ Make sure that door and window screens do not have holes.

~ Vitamin B, ultrasonic devices, and 'bug zappers' are NOT effective in preventing mosquito bites.

Navy commemorates Women's Equality Day

By Ensign Amber Lynn Daniel Diversity and Inclusion Public Affairs

Established by Congress in 1971, Women's Equality Day was designed to commemorate the long struggle of generations of women to gain the right to vote.

The observance also calls attention to women's continuing efforts today towards full equality.

The women's suffrage movement began in 1848 at the Seneca Falls Convention in Seneca Falls, N.Y. Convened by suffragist leaders Elizabeth Cady Stanton and Lucretia Mott, the committee published a "Declaration of Sentiments." The declaration outlined key social, civil and political demands for women, helping the cause of women's suffrage gain national prominence. Nearly 72 years later, the 19th Amendment to the Constitution was passed Aug. 26, 1920, granting women throughout the United States the right to vote.

In 1971, to honor and commemorate the passing of the 19th Amendment, U.S. Rep. Bella Abzug introduced a resolution to designate Aug. 26 as the annual Women's Equality Day. Today, the observance recognizes the anniversary of women's suffrage and of the continued efforts toward equal rights in the United States.

All Navy commands are encouraged to reflect on and celebrate the accomplishments of women in the armed services during this observance.

Women first entered Naval service in 1908 with the establishment of the Navy Nurse Corps, 12 years before women were granted the right to vote. Women continued to serve in the Navy in varying capacities throughout World War I and World War II, but it was not until June 12, 1948, with the passage of the Women's Armed Services Integration Act that women gained permanent status in the U.S. armed services. The first six enlisted women were sworn into regular U.S. Navy service July 7, 1948. Four months later the first eight female Naval officers were commissioned Oct. 15, 1948.

Women were first assigned to selected non-combatant ships in 1978, and opportunities were later broadened to include service on warships in 1994 following the repeal of the combat exclusion law. In

April 2010, the Navy announced a policy change allowing female officers to serve on submarines. Today, 95 percent of Navy billets are open to the assignment of women.

This year has been a landmark year for women in the Navy. The year kicked off with five women making naval history as the first all-female E-2C Hawkeye crew to fly a combat mission. Plane Commander Lt. Cmdr. Tara Refo, Mission Commander Lt. Cmdr. Brandy Jackson, Second Pilot Lt. Ashley Ruic, Air Control Officer Lt. Nydia Driver, and Radar Operator Lt. j.g. Ashley Ellison were assigned to Airborne Early Warning Squadron (VAW) 125, embarked aboard the Nimitz-class aircraft carrier USS Carl Vinson (CVN 70) as part of Carrier Air Wing (CVW) 17 when they made their historic flight Jan. 25.

Two days later, the Navy honored the passing of the fleet's first female aircraft handling officer, Lt. Cmdr. Regina Mills, during a ceremony Jan. 27 in Bremerton, Wash. More than 2,000 family members, friends, and shipmates assembled aboard the aircraft carrier USS Nimitz (CVN 68) to pay respect to Mills, who was struck and killed by a vehicle when she stopped to assist others involved in a traffic collision in Gig Harbor, Wash., Jan. 23.

In April, the Navy bid fair winds and following seas to one of the original female surface warfare trailblazers, Vice Adm. Ann Rondeau. Rondeau holds the distinction of serving as the first warfare qualified female admiral and, prior to her retirement, was the highest ranking female flag officer in the Navy. She retired after 38 years of dedicated naval service.

Later that month, Rear Adm. Michelle Howard was nominated for appointment to the rank of Vice Admiral April 16. If confirmed, Howard would become the first female African American three star admiral. In July, Vice Adm. Nanette DeRenzi was assigned as Judge Advocate General of the Navy. De Renzi is the highest ranking female in the Judge Advocate General Corps, and is the first woman to hold the Judge Advocate General Corps' most senior position. Vice Adm. Robin Braun, the highest ranking female aviator in the Navy, became chief of the Navy Reserve Aug. 13, and is the first woman to hold the post.

There are currently 35 female flag offi-



cers in the Navy; 21 represent the active duty component, and 14 represent the Reserve component.

Enlisted women also made notable accomplishments during 2012. In May, Command Master Chief (AW/SW) JoAnn M. Ortloff became Fleet Master Chief for Commander, Naval Forces Europe and Africa. Upon her selection, Ortloff became the highest ranking enlisted woman in the Navy, and only the second woman to reach the position of fleet master chief.

Command Master Chief (AW/SW) April Beldo continued her tradition of breaking barriers for women when she assumed her new position as force master chief of Naval Education and Training Command (NETC), the first African American woman to do so. Beldo arrived at NETC in April after serving aboard USS Carl Vinson (CVN 70), where she held the title of the first female African American command master chief of a nuclear aircraft carrier. She is currently the only woman serving as a force master chief in the Navy.

Policy changes affecting women serving in the Navy also took shape in 2012. The Department of Defense announced changes to the 1994 Direct Ground Combat Definition and Assignment Rule Feb. 9. The changes were implemented in May, opening an additional 14,325 positions throughout the Department of Defense previously closed to women.

Today, 54,537 women serve in the Navy on active duty or in the Reserve, comprising 17 percent of the force. Additionally, nearly 50,000 women serve across the Navy in a wide range of specialties as civilian employees.

For more information on women in the Navy, visit <http://www.public.navy.mil/bupers-npc/organization/bupers/WomensPolicy/Pages/default.aspx>.

Health Watch: Answering your prescription concerns

By **Janice Carr and HM3 Jessica Martin**
NBHC Gulfport

It's late Saturday night and you have just left the hospital after finding out your child broke his arm. The doctor has sent him home with a prescription that needs to be filled. The pharmacy is not open again until Monday, what can you do? No need to worry, you can use a TRICARE retail network pharmacy.

Most of the larger chain pharmacies i.e., Rite Aid, CVS, Wal-Mart are part of the TRICARE network pharmacies. To use the network, present the patient's ID card along with the written prescription and the pharmacy will do the rest.

Will the prescription cost you anything? Not if it's an Active Duty member and the DoD has authorized it on the DoD formulary (most medications are covered). However, if the medication is for a dependent, there will be a prescription co-pay. The following table breaks down the various prescription costs:

Type of Pharmacy	Formulary Drugs	Non-Formulary Drugs
Military pharmacy, up to 90 day supply	\$0	Not applicable
Home delivery, up to 90 day supply	Generic: \$0 Brand name, \$9	\$25, unless you establish medical necessity
Retail network, up to 30 day supply	Generic, \$5 Brand name, \$12	\$25, unless you establish medical necessity

You may also use Express Scripts. Generally patients use this for maintenance medications taken routinely. Through the use of Express Scripts, patients can receive up to a 90-day supply for the same cost of getting a medication filled for a 30-day supply at a local network pharmacy, which ultimately saves them money.

Now service members know what options are available to them and their family members. For more information visit www.tricare.mil/pharmacy or www.express-scripts.com/TRICARE. To learn whether a medication is formulary, access the Department of Defense Pharmacoeconomic Center at www.pec.ha.osd.mil.

Watch out for pedestrians . . . Remember, they have the right of way! Unless otherwise posted, the speed limited on board NCBC is 25 m.p.h.

Save the Date

EFMP & Child Find
Family Fun Day
Sept. 22, 10 a.m. - 3 p.m.
Lynn Meadows Discovery Center



Base & Community Resources Information Fair

A free, family fun event for active duty Navy, Air Force, Army, National Guard and Reserve families who have children with special needs.

Presented by the Airman and Family Readiness Center's
Exceptional Family Member Program (EFMP),
Youth Center and Child Development Center.

Come play, gather information and connect with other families. Child Find's goal is to identify, locate and evaluate all children with disabilities from birth to age 21 who are in need of early intervention services or special education.

Bring your picnic lunch - beverages will be furnished.
***Preregister by Sept. 20 by calling 228-376-8728 ***

EDUCATIONAL SERVICES OFFICER NOTE:

Dates for the September 2012 Navy Wide Advancement Examinations are as follows: E6 Exam: Thursday, Sept. 6; E5 Exam: Thursday, Sept. 13; E4 Exam: Thursday, Sept. 20. The exam test site will be at Bldg. 433.

For all candidates, please report to the exam site no later than 0630, in uniform of the day, with ID card. Absolutely no cell phones or watches. For more information or questions, please contact PS1 Gates at 871-2883 or email at yim.gates@navy.mil.

Gulf Coast Storm Girls Golf Benefit

A four-man scramble Golf Tournament to benefit the Gulf Coast Storms Girls Softball Teams will take place Sept. 8 at the Sunkist County Club. Event kicks off with 8 a.m. shotgun start. Mulligans will be sold at the rate of one for \$5 and three for \$10. The tournament will help the girls travel the Southeast to compete in tournaments by paying for traveling expenses and team equipment. Please contact Coach David @228-669-1466 or Coach Gehrman at 228-209-8910 for more info or to R.S.V.P.



NCBC School

Liaison Officer, Kevin Byrd is
located at: MWR, Building 352, 1706
Bainbridge Ave. NCBC 228-871-2117,
email: kevin.r.byrd@navy.mil

Chapel Offerings:

Women's Bible Study takes place Wednesdays from 10 to 11 a.m.

LIGHT is a Young Adult Group for members of the military. Meetings are Wednesdays at 6 p.m. at the Fellowship Hall.

Seabee Pantry – Donations are now being accepted to restock the Seabee Pantry. Everyone affiliated with NCBC is eligible to draw from the Seabee Pantry.

Praise and Worship members needed - The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the Divine Worship Service at 11 a.m. Sundays. If you can sing or play an instrument, you are cordially invited to come share your gift.

Looking for a church? The Seabee Memorial Chapel holds services every Sunday that might just suit your needs. Protestant Services include a Gospel Service at 8 a.m., Sunday School at 9:30 a.m., and Divine Worship Service at 11 a.m. Catholic Services include Catholic Mass at 9:30 a.m. There is also a Catholic Mass Tuesdays at 11:15 a.m.

Feds Feed Families Food Drive - The annual DoD, Feds Feed Families Food Drive, is taking place through September. Seabee Memorial Chapel is leading the base-wide effort to raise over 5,000 pounds of food. To date, over 2,000 pounds of food has been collected. This year,

collected donations will be given to Saint Theresa Hospital. NCBC food donation drop off locations are battalion building spaces, CBC Commissary, Seabee Memorial Chapel, Navy Exchange, Fleet and Family Support Center, Armory and Building 1. You may also purchase pre-bagged items at the Commissary. For details, call the Chapel at 228-871-2454. **Catholic Parish Reunion** - A Catholic Parish Reunion will take place Sept. 16, at the 9:30 a.m. Mass. Anyone that is or has been a member of the Catholic Congregation, please join us for Mass and breakfast. Mingle and update everyone on family happenings over the past years!

Seabee Memorial Chapel



Center Chaplains:

Lt. Cmdr. Paul Smith, Protestant Chaplain

Lt. Yoon Choi, Protestant Chaplain

For information concerning other faith groups, call the chapel office at 228-871-2454

Services:

Gospel Service: 8 a.m.

Sunday Catholic Mass: 9:30 a.m.

Weekday Mass: Tuesday, 11:15 a.m.

Divine Worship: Sunday, 11 a.m.

Sunday School, 9:30 a.m.

NCBC Helping Hands Volunteer Opportunities



GULFPORT YOUTH BUILD - Youth Build, a year-long apprenticeship program in culinary arts or construction is asking for volunteers to participate in their program's pre-selection screening "Mental Toughness" Sept. 4 - 21, 8 a.m. - noon. During the three-week challenge, young adults ages 17 - 24 will be screened in multiple areas including physical exercise, drug testing, life skills and knowledge tests before being admitted to the program. Volunteers who are interested in helping out may contact Marcos Lopez at 228-864-6677.

BOYS AND GIRLS CLUB - Naval Oceanographic Office (NAVOCEANO) volunteers from Stennis Space Center are asking the Seabees for help with a project they are working on in Covington, La., (about 72 miles from Gulfport) at the Covington Boys and Girls Club. The request is for 10 volunteers with tools, to construct and install shelving in two rooms at the Boys and Girls Club. NAVOCEANO has five volunteers already involved in the project. The wood for the building project is on site, but mounting brackets, nails and tools are not available. NAVOCEANO's point of contact is AG1 Bradley Ball, 919-394-8965.

HABITAT FOR HUMANITY WORK DAYS - Volunteers are needed to take part in Habitat for Humanity Workdays throughout the local area as follows: Sept. 21, four volunteers, 8 a.m. - noon or 5 p.m.; Sept. 22, seven volunteers, 8 a.m. - noon or 5 p.m. Volunteers must be registered prior to the work day, so please contact Leah as soon as possible at LLadner@bbgrp.com or 228-326-5643.

WEST HARRISON HIGH SCHOOL TEST PROCTORS - Five volunteers are needed to assist proctoring of State tests Sept. 17 - 21. Volunteers would report to the school at 6:30 a.m. and finish by noon. Please contact Julie Hadley at jhadley@harrison.k12.ms.us if you are interested.

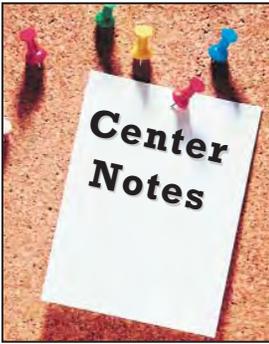
GULF COAST HEART WALK - The 2012 Gulf Coast Heart Walk is scheduled for Sept. 29 at Jones Park in Gulfport and is the primary fundraising event for the American Heart Association. This non-competitive 5k walk/run begins at 7:30 a.m. and includes family friendly activities, health screenings, cooking demonstrations, and a whole lot of fun. Money raised at the Heart Walk is used to fund critical research, education, and interventions used to build healthier lives free of

cardiovascular disease and stroke. NCBC has a long history of supporting this walk through participation and volunteers. Volunteers can help by forming a walk/run team by registering at www.gulfcoastheartwalk.org or consider volunteering for set up (9/28/12) and tear down (9/29/12) of the Heart Walk event. Fund raising is the ultimate goal of the event, but is not required to participate in the walk/run. You can also register your team at the NCBC's group page <http://gulfcoastheartwalk.kintera.org/nbc>. Click "create new team" under the "Action" column at the bottom of the page. For more information, contact Lt. Kevin Westbrook, 228-871-2906 or kevin.westbrook@navy.mil.

CITY OF GULFPORT - The City of Gulfport will hold "Boo Bash", it's annual Halloween event, Oct. 27 from 6 - 9 p.m. under the Barksdale pavilion in Jones Park. Volunteers are needed who are interested in setting up a Halloween themed booth with a children's activity and working the booth during the event. Volunteers who are interested in creating a Halloween themed backdrop for children to take pictures in front of during the event are also needed. Contact Britany Dyess at 228-868-5881 or bdyess@gulfport-ms.gov if you or your group are interested in volunteering.

COAST SALVATION ARMY NEEDS VOLUNTEERS - Volunteers are need for various projects throughout the year. The Ray and Joan Kroc Corps Community Center in Biloxi is always in need of assistance in the Athletic Department, Fitness Center, Arts and Music Department, Aquatic Center and marketing. Many other opportunities are available. Contact Shawna Tatge at Shawna_Tatge@uss.salvationarmy.org for information. in the life of a child.

RED CROSS SOUTH MISSISSIPPI CHAPTER - The Red Cross in Biloxi has an immediate need for volunteers to work in the front office assisting visitors and directing incoming phone calls and generally assisting staff. Call 228-896-4511 for information.



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and baby sitting is provided during deployment. Contact FRG President Mary Belanger, e-mail nmcbonefrg@gmail.com.

NMCB 7 FRG remains available to assist NMCB 7 families. Although the NMCB 7 Family Readiness Group is no longer conducting general meetings, the Ombudsmen and FRG officers continue to serve the battalion's family members. For information or assistance contact the FRG at nmcb7frg@gmail.com or visit the NMCB 7 FRG facebook page.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit the FRG and Ombudsman website at <http://nmcb11.webs.com>.

NMCB 74 FRG All families of NMCB 74

are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner.

Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for more information.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President Jaime Royal at 317-730-4064 or send an email to NMCB133fsg@gmail.com. To receive updates, log on to the FRG site at <http://www.wix.com/NMCB133FSG/133frg>

Gulfport Officer's Spouse Club

The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email noscgulfport@yahoo.com. We hope to see YOU soon!

NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always

welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for information.

TRAINING

COMPASS is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt. j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for information.

SOCIAL

Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

CBC/20SRG Second Class Petty Officers Association is seeking members. Meetings are Tuesdays at 2:30 p.m. in the Fitness Center classroom. Contact the Association's Public Affairs Officer LS2 Matthew Wasson at matthew.t.wasson@navy.mil or President LS2 Earl Simpson at earl.simpson@navy.mil for information.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude at 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from Noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to

Seabee historical sites.

Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or elevenoaks58@cableone.net or log onto www.nsva.org for information.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization and all that is offered to members.

Navy Ball Committee needs help to put on this year's Navy Ball The 2012 Navy Ball Committee is looking for six volunteers to work on the committee for this year's Mississippi Gulf Coast Navy Ball. Committee members will be expected to attend monthly meetings to discuss fundraisers and ideas for the Navy Ball. If interested, contact AG1 Jordan at 228-871-3667.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday-Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org/-/shop/index.php or call the gift shop at 228-871-4779 for information on all that is available for customers.

Looking for a way to serve your community? Interested in a law enforcement career? If so, consider volunteering your off duty time and become either a Gulfport Police Reserve Officer or a Reserve Community Service Technician. Call Lt. Phillip Kincaid at 228-868-5900, ext. 6189 or email him at pkincaid@gulfport-ms.gov for additional information.



NCBC Gulfport will host SEABEE MUD RUN 2012
Sept. 8. Registration and check-in begins at 6:30 a.m. and the race begins promptly at 8 a.m. The course is just over four miles with mud, water, mud, dry obstacles, mud, water slide, mud, hills and of course, mud!

Next Weekend!

