

SEABEE COURIER

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COLMER
DINING
FACILITY

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Military, family and friends invited the Gulf Coast community to celebrate the Naval Construction Force during Seabee Day 2012.

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NCBC wraps up Sexual Assault Awareness Month with unique training; proclamation signing

By MCC (SCW) Ryan Wilber
NCBC Public Affairs

After a month filled with events targeted to raise awareness of sexual assault, Naval Construction Battalion Center (NCBC) Gulfport wrapped up Sexual Assault Awareness Month with "Sex Signals," a unique improvisational program, followed by a proclamation signing, April 25 and 26.

Sex Signals is a sexual assault prevention presentation that incorporates improvisation, humor, education and audience interaction to provide a provocative look at dating, sex and the core issue of consent. Two members of the 22-person team, Judith Lesser and Chris Beier of Catharsis Productions, brought the show to the Seabees attached to NCBC.

Lesser and Beier emphasized male/female dating stereo types and the possibility of mixed signals when it comes to sex during the presentation, but said that bystander intervention and obtaining consent were the most important points they wanted to get across.

"We want to start a conversation about consent. Have consent as something people are doing, actu-

ally verbally getting, and comfortable about. And also, a big point of the show is people stepping in public, because those are two things that we can actually do to stop this from happening," said Beier. "Probably the most important part of our mission is to make sure that people are making sure that people they want to have sex with absolutely want to have sex with them back. Really the only "sex symbol" that counts is a 'yes,' - - - a sober 'yes.'"

"Risk reduction is fine, but it's not going to stop this 100 percent of the time, but something people can actually do is get consent in their own lives, and step in public when they see these things happening. Also, not to blame victims when they come forward so they do want to come forward and say this happened to them," added Lesser.

Those in the audience expressed their enjoyment of the comedy and acting, as well as their appreciation of the training presented at their level. For many the young actors were easy to relate to.

"I learned a lot. There were some things that aren't really discussed, and some subliminal cues that not a lot of people go over that you

"It was exciting, nothing boring, and young people teaching it appeals to a younger crowd. The way they got the crowd involved is what came out to me."

LG3 Ramiro Luevano
20th SRG



A



B



C

Photos A,C: Seabees and Sailors attached to Naval Construction Battalion Center (NCBC) react to Chris Beier and Judith Lesser, of Catharsis Productions, as they present "Sex Signals" at the Training Hall, April 25. Photo B: Commanding Officer, Naval Construction Battalion Center (NCBC)/Commander, 20th Seabee Readiness Group Capt. Rick Burgess met with victim advocates attached to commands on board NCBC and key stakeholders in the SAPR program for a proclamation signing at the Fleet and Family Support Center on board NCBC, April 26. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

See SAAM page 14

Editor's Note: Periodically, Capt. Rick Burgess allows a special guest writer to contribute to the Skipper's Log. This month's author is Utilitiesman Constructionman Marlene Hounghedji with Naval Mobile Construction Battalion (NMCB) 11 currently deployed to Afghanistan.

My Shipmate's Keeper: Troops' Perspective on Lucky 11's impact in Afghanistan

By UTCN Marlene M. Hounghedji
NMCB 11

In his March 2012 statement before the Senate Armed Services Committee, regarding U.S. Central Command's - and the International Security Assistance Force's - role in Afghanistan, U.S. Marine Corps Gen. James N. Mattis, U.S. CENTCOM commander, reminded lawmakers that coalition forces are "postured to [...] promote peace and stability," and "transition operational lead to the Afghanistan National Security Forces (ANSF)."

This has been NMCB 11's focus since a transfer of authority from NMCB 4 occurred last February. Though there is still much to accomplish, how can we not feel a pang of pride in what we have achieved as a battalion in a mere three and a half months of deployment?

This quarter has indeed been a display of Seabees' ingenuity, adaptability to a constantly changing environment and acquired capacity for working long hours in recurrently harsh conditions.

NMCB 11 Main Body and its various DETs have thus far: Successfully harnessed the arid Afghan soil for water; provided convoy and construction site security; erected an advisor compound from the ground up for U.S. Marines and two pre-engineered buildings in support of mentoring the Afghan Uniformed Police academy; established productive partnerships with both the Afghan National Army (ANA) and one of our supported commands on road improvement projects; instructed Afghans in preventive medicine and contributed to training the first ANA lead instructor in the field of generator operation and maintenance;

built a detention facility in Shir Ghazay in support of anti-insurgency operations; and lent skillful hands to Special Operations Forces, including a U.S. Navy SEALs unit, despite daily threats of attacks and occasional rushes to nearby bunkers.

Lucky Eleven has carried out its CENTCOM mission conscientiously despite reports of random acts of aggression against coalition forces or inclement weather, while also remembering to partake in the U.S. Navy's overall efforts to promote better command climate.

The battalion celebrated the achievements of some of its female Seabees during Women's History Month and joined in raising awareness on sexual assault. Furthermore, NMCB 11 has demonstrated its commitment to excellence when one of its own was named Task Force Stethem's Warfighter of the Month, and another selected for the NAVCENT Combat Meritorious Advancement Program. Two more had the privilege of receiving their Seabee Combat Warfare devices from none other than the Secretary of the Navy, the Honorable Ray Mabus.

Notwithstanding the extent of NMCB 11's achievements, it is easy for younger, junior troops to lose sight of the "Big Picture," especially when deployed to remote forward operating bases or combat outposts. As routine, fatigue and demoralization surreptitiously set in, we often confine our enthusiasm and drive to obscure corners of our minds. Supporting the growth in capacity and capability of the ANSF then becomes a mantra strictly designed for the "Higher-Ups," a goal we find it hard



A Seabee assigned to Det. Dwyer Ground, guides a tactical vehicle back to camp after a mission in Afghanistan. (U.S. Navy photo/Released)

to make our own at all times.

But one thing remains unscathed by the doubts, growing stronger as months elapse: Our reliance on each other. We are our shipmates' keepers.

"My biggest motivation," says a young Equipment Operator crew leader, "is the people I work with. Caring for them helps me to not give into fear about what might happen to me while I'm out there. And fear," he concludes, "might mess up my work." He, like so many of us, chose to focus on the tasks at hand and getting the job done every single day. We have been compelled to reassess our priorities and reengineer the thought process that determines what matters while in theater.

It was a mental transformation of which we were unaware until we realized that one particular moment now ranks first among our favorite, right when a working day draws to

an end. It is not having a real, warm meal after a long, 10-hour snacking binge while on the job. It isn't the hot showers unloading our bodies of a day's worth of intense activity for some and frustrations for others, nor the well-deserved rest in a clean bed or a worn-out tin cup, depending on the location. We have come to acknowledge that a Seabee's favorite moment is watching teammates working outside the wire return to camp at sunset, exhausted, dirty, reeking of stale sweat and limbs sore after over 10 hours working in full gear . . . but ALIVE.

That sight - Seabees returning safely after contributing to a mission's success - makes playing one's part in a crew, a DET, a company, a battalion and in U.S. Forces' strategic goal of restoring peace and stability in Afghanistan, something we look forward to doing all over again the very next day.

Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851 Comm: 904-542-4979 DSN 942-4979 FAX: 904- 542-5587, E-mail: CNRSE_HOTLINE@navy.mil.

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Around the Center



Navy and Marine Corps Relief Society (NMCRS) Gulfport volunteers and leadership attached to Naval Construction Battalion Center (NCBC) met at Port City Café for the 2012 Spring NMCRS Gulfport Volunteer Awards Luncheon, April 26. Thrift Store Chairperson, Leann Wise, received a Superior Service Award, Chairman of Volunteers, Darlene Carpenter, was recognized for 12,000 volunteer hours and Kristen Hausken received a Certificate of Merit for assisting a choking victim at the Thrift Store. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1 and NMCB 21 work together to build a 30-foot observation tower, during Observation Tower Class at Contingency Construction Crew Training (CCCT) on board NCBC April 30. After graduation these students will be the observation tower subject matter experts for their respective commands. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)



The family of Senior Chief Boatswains Mate Mickey Louis attach his Ensign shoulder boards during his commissioning ceremony held at Seabee Memorial Chapel on board Naval Construction Battalion Center (NCBC), May 1. Ensign Louis will transfer to USS CARL VINSON (CVN 70) to serve his first tour as a commissioned officer. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber/Released)

On International Firefighter Appreciation Day, Naval Construction Battalion Center (NCBC) Executive Officer Capt. Stan Wiles (left) checks the health of the fire victim he "rescued" during a training session with NCBC firefighters to raise money for Navy-Marine Corps Relief Society (NMCRS) May 4. Wiles has made himself available to work for any organization on board NCBC for \$50 an hour to raise money for the NMCRS Active Duty Fund Drive. At the conclusion of his training session, the firefighters presented him with a check for \$73. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)



Navy Lodge Gulfport wins 'PCS' award

By Kristine M. Sturkie
NEXCOM Public Affairs

The Navy Lodge Program announced its 2011 award winners during its annual training symposium, held this year in Norfolk, Va. The awards highlight outstanding guest service in a variety of different facets of the Navy Lodge.

"Our managers and associates work hard throughout the year to provide outstanding service to each and every guest that stays at a Navy Lodge," said Michael Bockelman, Vice President and Director, Navy Exchange Service Command (NEXCOM) Navy Lodge Program. "It is great to be able to recognize these outstanding Navy Lodges, general managers and associates with these awards. Congratulations to each for a job well done."

The Carlson award is given to a Navy Lodge for its achievements in guest satisfaction, associate experience, commitment to quality and focus on providing outstanding value to the Navy. The Navy Lodge of the Year was awarded to Navy Lodge Lemoore, Calif. The other Carlson Award winners were Navy Lodge Port Hueneme, Calif., for the medium category and Navy Lodge Monterey, Calif., for the large category.

The Hospitality Award, presented to the Navy Lodges that are rated the highest by guests in a variety of areas of guest service, was given to Navy Lodge Everett, Wash. Other Hospitality Award winners were Navy Lodge Washington, DC, for the medium category and Navy Lodge Atsugi, Japan, for the large category.

The Navy Lodge 'PCS' Award was given to Brandon Kala and Michelle Wicker, Navy Lodge Yokosuka, Japan, and Janice Baker, Navy Lodge



Janice Baker, Navy Lodge Gulfport manager, accepts the PCS award for room sales from Robert J. Bianchi, Navy Exchange Service Command (NEXCOM) Chief Executive Officer at the annual Navy Lodge Training Symposium held recently in Norfolk, Va. (Courtesy photo)

Gulfport, Miss. This award is presented to the Navy Lodges with the highest increase in 'PCS' room nights sold by percentage and number.

Bill Mayhue, Navy Lodge Norfolk, Va., was named Navy Lodge General Manager of the Year. Navy Lodge Marketer of the Year was Joanna Lipinska-Hunt, Navy Lodge Great Lakes, Ill.

The Associate of the Year was awarded to Irene Guerrero, Front Desk Supervisor, Navy Lodge Fort Worth, Texas. Guerrero was chosen for the customer service she provides for her guests that goes above and beyond what is expected of her. She is also the go-to person at the Navy Lodge whenever another associate or guest has a question.

The Outstanding Associate Satisfaction Award, which is presented to the Navy Lodge with the highest Associate Satisfaction Index score, was given to India Austin, Navy Lodge Little Creek-Fort Story, Va. Finalists for this award were Navy Lodge Oceana-Dam Neck, Va., Navy Lodge Everett, Wash., Navy Lodge Key West, Fla., and Navy Lodge Port Hueneme, Calif.

Six 5-Stars in a Row for NCBC Colmer Galley

By MCC (SCW) Ryan G. Wilber
NCBC Public Affairs

For an unprecedented sixth consecutive time, Colmer Dining Facility (CDF) on board Naval Construction Battalion Center (NCBC) Gulfport received 5-Star accreditation after a comprehensive inspection conducted by Naval Supply (NAVSUP) Fleet Logistics Center (FLC) Jacksonville inspectors, April 12.

The yearly inspection grades the facility on such items as menu planning, healthy food options, record keeping and sanitation. A rating of five stars indicates that a galley is operating at peak performance.

"In my mind [receiving 5 star accreditation] indicates your operation is good to go, you're safe and you practice safe food handling," said CDF Food Service Officer Lt. j.g. Canon Pattillo.

Inspections, especially those conducted by outside entities can bring stress on an organization. According to CDF Galley Production Chief Culinary Specialist 1st Class Kenneth McClendon, Jr., that was not

the case for his crew. He said he had no worries leading up to the inspection, because his team trains and works by the book.

"We have a good operation here. Sanitation-wise and crew, we are pretty much on point in the Galley. Leading into [the inspection]," said McClendon. I knew we were going to do well."

CDF Leading Petty Officer Culinary Specialist 1st Class Tomeeko Young felt the same way. She said she was pleased that the galley maintained 5-Star accreditation, and was always confident that her crew would do well.

"I'm happy we were able to maintain [5-Star accreditation]. Personally I knew we would, because we've got a good crew and everybody, every day puts their best foot forward. I was confident in the guys and their training that they would be able to pull it off."

For some troops a big inspection can be a learning experience, or an opportunity for work validation.

"An inspector with 29 years, when I've only done five years, just to know that someone



Colmer Dining Facility staff are photographed in front of the Dining Facility. For an unprecedented sixth consecutive time, Colmer Dining Facility (CDF) on board Naval Construction Battalion Center (NCBC) Gulfport received 5-Star accreditation after a comprehensive inspection by Naval Supply (NAVSUP) Fleet Logistics Center (FLC) Jacksonville inspectors, April 12. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

that's really over me would say 'you're doing a great job,' that's like the President telling me 'you're doing a great job,'" said Culinary Specialist 3rd Class Eric Raffaniello.

Six in a row is an accomplish-

ment for any facility, and according to Pattillo it takes everyone's teamwork, from the register to the cooks, military and civilian to make it happen. Pattillo said he was happy for his team, but record breaking

or not he's proud of them for their accomplishment.

"[Six in a row] is unprecedented for this facility as far as I know of. And, even if it wasn't I'm still pretty proud of these folks," said Pattillo.

Asian Pacific Islander Heritage Luncheon



Colmer Dining Facility is hosting a luncheon in honor of "NSCM Asian Pacific Islander Heritage May 22, from 11 a.m. until 12:30 p.m. All personnel with access to NCBC Gulfport are welcome to attend. Cost: \$4.55 per person.

Asian Stir-fry Soup
Shrimp w/ Chili Sauce & Lime
Whole Roasted Pig
Chicken Adobo
Lumpia
Steamed Rice
Angel Hair Pasta, Filipino Style w/ Shrimp (Pancit)
Oriental Stir-Fry Vegetables
Green Beans Lyonnaise
Assorted Desserts
Seabee Salad Bar
Seabee Fruit Bar

New NCBC Gate Hours . . . Effective May 21,
Naval Construction Battalion Center (NCBC) gates will be open as follows:

Pass Road: 24 hours, 7 days a week

Broad Avenue: 5 a.m. - 5 p.m., Monday - Friday and 9 a.m. - 5 p.m., Sat/Sun and Holidays

28th Street: 5 a.m. - 5 p.m., Monday-Friday and 5 - 7 p.m., Outbound Only

Commission Road: CLOSED

MWR shows NMCB 133 'Roos Appreciation for Sidewalk Project



The crew from Naval Mobile Construction Battalion (NMCB) 133 was recognized recently for completing a sidewalk build at the MWR Fitness Center on board Naval Construction Battalion Center (NCBC).



In addition to the pizza party thrown by MWR, Naval Construction Battalion Center (NCBC) Commanding Officer, Capt. Rick Burgess presented each member of the crew with a Letter of Appreciation.

Courtesy photos/Released

NMCB 133 Bridge Det builds confidence, knowledge during Command Post Exercise



By Lt.j.g. Alberto Crespo, NMCB 11 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133's Bridge Detail (Bridge Det.) participated in their third command post exercise (CPX) April 23 - 27 to refine their readiness for the battalion's upcoming field training exercise (FTX) and deployment.

"This was our third CPX this homeport," said Lt. j.g. Mathew Ward, Bridge Det.'s Command Post Watch Officer. "We're using them as part of our FTX preparations. It is our goal to maximize our training with the CPX scenarios so that our FTX has no major sur-

prises. Ultimately, we want the troops to succeed with the CPX so that we can continue to build their confidence in themselves for our upcoming deployment."

Bridge Det.'s training included conducting a sweep of their operating area as part of the exercise. This entailed coordination with NMCB 133's Convoy Security Element (CSE) to arrange for a convoy to the camp area. Prior to setting up their camp, that included full power generation and communications equipment, Bridge Det. needed to secure the area just as they will be doing during their FTX. To

make the experience more realistic the detail was located at a different training area aboard Naval Construction Battalion Center (NCBC) Gulfport than that of the Main body command operations center.

Some of the training scenarios included simulated chemical, biological and radiological (CBR) attacks, snipers firing into the camp and unhappy civilians protesting the detail's presence at the camp's front gate. All of these scenarios are ones that they could potentially face during a deployment. Additionally, Bridge Det.'s Seabees were given an

opportunity to familiarize themselves with their communications equipment which is vital for effective command and control.

Steelworker 1st Class Joshua Baker acted as Bridge Det.'s Exercise Control Group (ECG) representative and was on hand to evaluate the detail's performance during the training scenarios.

"Bridge Det did nothing but blossom during CPX 3," said Baker, "There was a vast difference from the start to end in the timeliness of reporting and dealing with scenarios. Bridge Det was successful on CPX 3 and there is no doubt they will

have a successful FTX and deployment."

Not only did the junior troops get some much needed training, but some of the more senior troops got to dust off their skill sets as well.

Builder 1st Class Phillip Baranowski, a Command Post Watch Chief, said, "This CPX, being the third one for 2012, was by far the most successful yet. Standing the Watch Chief position, I saw that the troops were very receptive to the training and that their motivation was at an all time high. The level of knowledge gained through this evolution will lead to a successful FTX."

NCBC Pass and ID temporary service reduction

NCBC Pass and ID will be minimally manned from 7 a.m. - 2 p.m., May 15 and 17 for mandatory training. Fingerprinting will not be available May 8. Please plan accordingly.

SAME (Society of American Engineers) Semi Annual Scholarship Golf Tournament . . . Bay Breeze Golf Course, Keesler Air Force Base, May 11, 1 p.m. start, with lunch at Noon. \$60 per player or \$220/4 person team, with lunch included. Register at: <http://www.samegulfcoasttournament.com>



SAAM: 'We will not tolerate sexual assault,' says NMCB 11

By MC1 (AW) Jonathan Carmichael
NMCB 11 Public Affairs

Sailors assigned to Naval Mobile Construction Battalion 11 heightened awareness of sexual assault in the Navy with a day filled with entertaining, athletic, team building, and informative activities on Camp Krutke, Camp Leatherneck, April 28. The events signified the final week of Sexual Assault Awareness Month with the theme of "We will not tolerate sexual assault."

An hour of sexual assault aware-



Utilitiesman Constructionman Stephanie T. Saunders, assigned to NMCB 11, is presented a 1st place award by Command Master Chief Christopher Levesque for her original poem, "What Can I Say" in the NMCB-11 talent show during a day of activities designed, as part of Sexual Assault Awareness Month, to heighten awareness of the problem of sexual assault. (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael/Released)

ness and prevention training precluded a short skit in which a scenario of sexual assault and proper response was acted out on a stage by five members of the command. "Look out for your shipmates," said Yeoman 3rd Class Giselle L. Murrell, from Houston, an actor in the skit who feels like that message was successfully conveyed by the performance to raise sexual assault awareness.

"Our focus in NMCB 11 from this day forward is Bystander Intervention," stated Cmdr. Lore Aguayo, commanding officer of NMCB 11. Aguayo directly addressed her Seabees at the beginning of the day's events. "Just like we would always help a fellow service member who is stranded outside the wire here in Afghanistan because there is a dangerous enemy out there, we should never turn our back on our shipmates who are placing themselves in vulnerable or dangerous situations by drinking excessively, not having a buddy or a plan to get home safely or are being sexually harassed. It is the responsibility of every member of NMCB 11 to intervene and ensure our shipmates are removed from the danger zone. We will take care of one another," stressed Aguayo.

Alexandria V. Hobbs, a contractor on Camp Leatherneck, led a session of Zumba, a popular Latin-inspired dance-fitness program. She was as-

sisted by two volunteers, Marine Corps Cpl. Kerry-Ann S. Gooden and Air Force Staff Sgt. India V. Middleton. Aguayo presented the Zumba instructors with certificates of appreciation along with NMCB 11 t-shirts following the exercise.

Seabees and sailors were then able to choose from a multitude of events to participate in such as self defense classes, a pull-up competition, basketball, volleyball, cornhole (a.k.a. bean bag toss), video game tournaments, and a musicians' jam-session. In keeping with the intention of SAAM, a sign was displayed at the entrance to each event that contained facts, myths, statistics, and information regarding sexual assault awareness, prevention, and advocate points of contact.

The events concluded with a competition in which sailors/Seabees showcased talents in poetry, singing, acrobatics, and musicianship. A panel of three judges decided on the winners. Utilitiesman Constructionman Stephanie T. Saunders, from Hoover, Ala., took first place by reciting a poem she had written titled "What Can I Say." Awards were also given for 2nd place, Chief Yeoman Gregory B. Drummond, from Fayetteville, N.C., with his poem, "Hurts One, Affects All," and 3rd place, Logistics Specialist 2nd Class Laquita S. Brooks, from Jacksonville, N.C., with her poem, "The Gospel."



Cmdr. Lore Aguayo, commanding officer of Naval Mobile Construction Battalion (NMCB) 11, addresses her command during Sexual Assault Awareness Month (SAAM) training as part of the Navy-wide initiative to put a stop to the problem of sexual assault. (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael / Released)

"If Sailors go away from this with more awareness of sexual assault, better knowledge of available resources, and a deeper level of understanding as to who they can go to for help in cases of sexual assault, then these events, and SAAM in general, will be a success," said Yeoman 1st Class Desiree D. Wade, NMCB 11's Sexual Assault Prevention and Response point of contact. Originally from Radcliff, Ky., Wade has been involved in sexual assault prevention and awareness in the Navy for nine years. "I take this program very seriously. I do agree that

awareness needs to be raised because [sexual assault] is happening in our Navy. This training will put focus on it and make sailors aware of the proper resources available to them in case something happens."

Sexual assault prevention is an important element of the readiness area of the 21st Century Sailor and Marine initiative, which consolidates a set of objectives and policies, new and existing, to maximize sailor and Marine personal readiness, build re-

See NMCB 11 page 14



NCTC Top Performers



Left: **Senior Chief Builder (SCW) Joseph Daniel congratulates Builder 2nd Class Shane Hutzenbiler as he presents him with the certificate designating him the Military Excellence Awardee of Builder "A" School Class 12260 on board Naval Construction Training Center, Gulfport.** (U.S. Navy photo/Released)

Right: **Chief Builder (SCW/EXW) Elvin Silsby presents Builder Construction Apprentice Joseph Theobald with the Honor Graduate certificate for Naval Construction Training Center, Gulfport Builder "A" School class 12260.** (U.S. Navy photo/Released)



Buzz on the Street



By UTCN Daneia Johnson
NCBC Public Affairs

Where do you want to be
five years from now in
your career?



"I want to make rank fast
and meet all my expecta-
tions."

BUCR Casey Hampton
NMCB 1

Hometown: Jerseyville, Ill.



"I will be in the moun-
tains of Alaska working
in the oil industry."

UT2 (SCW) Samuel Cullins
NMCB 133

Hometown: Blanchard, Okla.



"I want to be in college
working on a nursing de-
gree."

UTCN Kasandra Murphy
NMCB 1

Hometown: Paonia, Colo.

NCBC FRAMES

Logistics Specialist 3rd
Class (SCW) Ramiro
Luevano
20th SRG

By BU3 (SCW) Cassie Locke
NCBC Public Affairs

FF: What single experi-
ence during your career
stands out the most and
why?

**LS3: My first deploy-
ment in Afghanistan. It gave me an oppor-
tunity to work on my
own and see what I
was capable of. Learned valuable les-
sons that I'm sure
will help me down
the road.**

FF: What has been your
biggest motivation
throughout your career?

**LS3: Being able to
see hard work be re-
warded. Not only for
myself, but seeing
others get rewarded
as well, lets you
know that hard work
does pay off.**

FF: What advice would
you give to future
Seabees/Sailors?

LS3: Stay focused,



**stay motivated, and
never let an opportu-
nity pass you by. You'll be surprised in
what your capable of
doing.**

FF: What is your fa-
vorite thing about work-
ing with the Seabees?

**LS3: The opportunity
to learn new things. I**

**never knew much
about construction
when I first joined
the Navy, now I feel
like I can almost
build something my-
self.**

FF: Who was your most
influential mentor dur-
ing your career, and
why?

**LS3: Two people
come into mind. LS1
Fuller, who taught
me to never back
down from anything.
Stay strong and if
you know it's right
then stick with it.
She always seem to
know all the right
things to say and I
admired her for that.**

**The other is Senior
Chief Holden, who to
me is like a robot. It
seemed like he knew
everything there is to
know. Great leader
and molded me into
the worker I am
today. Very grateful
to have met both of
these Sailors early in
my career.**

FY14 LDO /CWO "Find Your Relief" Brief

Who:

**Proven Leaders - First
Class Petty Officer through
Master Chief wanting to
enhance and shape the Navy at
the next level.**

When:

May 31 , 10 a.m.

Questions:

**Lt. Mark
Verhovshek,
228-871-2962**



What:

**Facts, Fiction, and Myths
of the LDO / CWO ;
Application Package Prep;
Finding a Mentor;
Appraisal Board
Scheduling; Status of the
Community at Large;
Historical Selection Data;
Where to find resources.**

Where:

**NCBC Training
Hall**

Focus on Education

Serving Military Families



Capt. Rick Burgess, left, commanding officer Naval Construction Battalion Center (NCBC)/commander 20th Seabee Readiness Group (SRG) and Capt. Stan Wiles, executive officer Naval Construction Battalion Center (NCBC), present Military Family Life Consultants (MFLCs) with Letters of Appreciation, May 3. All of the recipients are contracted employees who have worked with Morale Welfare and Recreation children and youth programs, special events and area schools for the last several years meeting the needs of military families throughout the Mississippi Gulf Coast. (U.S. Navy photo/Released)

NEX A-OK Student Reward drawing around the corner

Kristine M. Sturkie
NEXCOM Public Affairs Specialist
The Navy Exchange wants to help its customers pay for their children's college education through its A-OK Student Reward Program. Four times per school year, four students will be the recipients of a \$5,000, \$3,000 \$2,000 or \$1,000 U.S. savings bond, denominations at maturity. The next drawing will be held at the end of May 2012.

Any eligible full-time student that has a B-grade point average equivalent or better, as determined by their school system, may enter the drawing. Eligible students include dependent children of active duty military members, reservists and military retirees enrolled in first through 12th grade. Dependent children without an individual Dependent

Identification Card must be accompanied by their sponsor to submit their entry. Each student may enter only once each grading period and must re-enter with each qualifying report card.

To enter the drawing, stop by any NEX with a current report card and have a NEX associate verify the minimum grade average. Then fill out an entry card and obtain an A-OK ID, which entitles the student to discount coupons for NEX products and services.

The Navy Exchange Service Command (NEXCOM) has been offering students a chance to win a savings bond through its A-OK Student Reward Program since 1997. Since the program began, NEXCOM has awarded \$504,000 in savings bonds with the help of its generous vendor partners.

Need assistance with local schools? Contact NCBC School Liaison Officer Kevin Byrd, MWR building 352, 1706 Bainbridge Ave. NCBC, 228-871-2117 or e-mail: kevin.r.byrd@navy.mil

Shipmate to Workmate Job Fair

Separating service members, veterans and spouses are invited to a Shipmate to Workmate Job Fair June 7, 10 a.m. - 2 p.m. at building 361 (old gym). The event should have over 40 employers who are hiring. Personnel who plan to attend are highly encouraged to register at the following site: HoH.GreatJob.net and to upload their resumes at least two weeks in advance of the career fair. Uploading your resume enables some employers to hire you on the spot. For more information contact Jeff Isabell at 228-871-3000.

Coastline Community College Registration

Registration for the Summer Term which runs from June 18 to Aug. 11 will continue until May 28. Additional information can be obtained from the Navy College Office, building 60, room 239 or by contacting Dr. David Drye at 228-871-3439 or e-mail at ddrye@coastline.edu.

Underwater Construction Team (UCT) ONE

is searching for highly motivated Seabees and CEC Officers looking for a career and lifestyle change



Join an ELITE force and travel as a small, professional team. Execute specialized construction, diving and demolition skills with the latest and greatest technology and equipment.

Contact UCT CCC/Diver recruiting team @ (757) 462-3988/4313 or Email YNC Aberle at christopher.aberle1@navy.mil; SW1 Dohse@navy.mil or visit www.facebook.com/seabee.diver for more information.

Bee Wash Fundraiser Update . . .

The annual Bee Wash Fundraiser for Navy-Marine Corps Relief Society (NMCRS), takes place May 17, 11:30 a.m. - 12:30 p.m., on the NCBC Parade Field. As of May 8, Mark Ashley continues his strong lead to wash the Bee with \$282.85, CMDCM Howk has moved in to second place at \$138.77. Charles Taylor moves up with \$117.35, and Michele Shaffer is surging towards the top with \$105. Mary Kay Gominger (Armed Forces Retirement Home), holds steady at \$100, CBC XO, Capt. Wiles joins the fray with \$75, followed by Lt. Cmdr. Mastrangelo at \$63. Deadline for donations and nominations is May 16, 8 a.m. - Noon. Collectors will be located in the Building 1 conference room. Contact Alice Huffman, 228-871-2483 to donate toward someone washing the Bee or to nominate someone for the honor! Stay tuned for updates! All donations benefit Seabees, Sailors and Marines through NMCRS programs.



Navy-Marine Corps Relief Society Survey for E1-E6 Active Duty service members . . .

If you are an active duty service member, E1 - E6, please take a moment to fill out the short survey at the link below for the NMCRS. Your answers will be used to provide future services and we thank you for your help. <http://www.surveymonkey.com/s/YH9XR2T>

Health Watch: Your Hearing . . . Your Choice

By A. Gregg Moore, CCC-A Occupational Audiologist NBHC Gulfport

"Doc, I have this ringing in my ears. It roars pretty badly when I'm in a quiet place. Sometimes it's hard for me to go to sleep. I've had it every since we took mortar fire in Afghanistan. Will it ever go away?"

The Audiology Clinic does approximately 4,700 hearing tests annually . . . no small feat . . . and not a week goes by that a Seabee doesn't ask about this bothersome ringing or buzzing or roaring noise in his or her ears. Their stories are remarkably similar and tragic. They often involve intense noise exposure . . . mortar fire, shoulder-fired projectiles, extensive rifle or handgun fire, IEDs, a nearby explosion of

some kind. But as often as not, the ringing began due to nothing more than everyday work noise exposure. Bulldozers, cranes, power tools, and generators are but a few examples of the general construction noise sources to which Seabees are exposed on a regular and frequent basis. Over 100 Gulfport Seabees a year experience major change in hearing; many more experience smaller changes. Nearly all of it is noise-related. And about half experiencing hearing loss also experience tinnitus, an unpleasant ringing-buzzing-roaring noise that for the great majority never goes away.

Occupational noise exposure is not the only source of noise-induced hearing loss and tinnitus. Recreational noise exposure is a major contribu-

tor with recreational shooting/hunting and loud music the leading causes. Hunters are well-known not to use hearing protection and for good reason...they must hear their quarry and remain in contact with other hunters. Most are not aware, however, that special hearing protectors are readily and inexpensively available. Electronic "hunter's earmuffs" are about \$60. The volume control helps a hunter hear better, then automatically decreases when it detects a "bang." On firing ranges, especially indoor ranges, double-hearing protection is recommended using standard earmuffs and well-fitting earplugs. As for loud music . . . if it's loud enough to degrade your situational awareness then it's probably loud enough

to damage hearing. A severe music-induced hearing loss with tinnitus was recently seen in this clinic. Turn it down!

Follow these Rules of Thumb. The noise is probably hazardous if:

You have to raise your voice to have a conversation with a person 3 feet away;

If your ears ring after noise exposure; or

If your hearing feels muffled after noise exposure.

Consider all construction noise hazardous unless told otherwise. Assume responsibility for your hearing. If you have to be noise exposed, then protect yourself. Make sure you have earplugs fitting you snugly and comfortably (not just what happens to be available), correctly insert them, and wear them 100 percent of



the time in noise . . . whether at work, in the field, or at home.

Noise is an equal opportunity threat; it knows neither rank nor age. Your good hearing is a precious resource, not only for yourself and your loved ones but also for the Navy. Hearing loss can compromise Operational Readiness. The difference between hearing "attack" and "get back" can be life or death for you and your buddies. Poor hearing can negatively impact career mobility. Your hearing, your choice . . . Choose wisely.

FFSC announces Coca-Cola initiative to hire Veterans

From Fleet and Family Support Center

NCBC Gulfport

The Coca-Cola Company has launched a new initiative to hire military veterans. The new campaign is called "Coke Goes Military."

Their efforts are to hire 800 military veterans by December 2012.

Jeff Isabell, Work and Family Life Specialist with the Fleet and Family Support Center, was invited to share information on April 17 with the vice president of Coca-Cola and the Talent Acquisition Directors from all of Coca-Cola Business Units at the company's North American Headquarters in Atlanta, Ga..

Isabell's discussion with the company leadership was de-



Jeff Isabell, Work and Family Life Specialist with the Fleet and Family Support Center, speaks to Coca-Cola executives in Atlanta, Ga. The company has set a goal of hiring 800 Veterans by December 2012.

signed to share ideas, practices, and techniques for recruiting through partnerships with the military.

. . . Follow Seabee Center on Facebook and Twitter . . .

May 9, 2012

Seabee Courier

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Military and civilians turn out to honor Veterans on Honor Flight



Left: A Seabee attached to Naval Construction Battalion Center (NCBC) greets a WWII Veteran upon his return from the third Mississippi Gulf Coast Honor Flight at the Gulfport-Biloxi International Airport. The Mississippi Gulf Coast Honor Flight has flown a total of 169 World War II veterans to Washington D.C. since its first flight in May 2011. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey/Released)



Right: Construction Electrician Constructionman Patricia Escobar, a Seabee assigned to Naval Mobile Construction Battalion (NMCB) 74 greets Julius Machini, a WWII Veteran from Lucedale, Miss., upon his return from the third Mississippi Gulf Coast Honor Flight at the Gulfport-Biloxi International Airport. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey/Released)

SECNAV pins SCWs qualifications on Seabees

By MC1 (AW) Jonathan Carmichael

NMCB 11 Public Affairs

Yeoman 2nd Class Deron M. Bennett, from Lakewood, N.J., and Engineering Aide Constructionman Shenelle C. Stewart, from Kingston, Jamaica, both assigned to Naval Mobile Construction Battalion (NMCB) 11, were each awarded their Seabee Combat Warfare Specialist (SCWS) qualification by Secretary of the Navy (SECNAV) the Honorable Ray Mabus in a ceremony held on Camp Leatherneck, April 24.

"You are from the greatest state in the nation," exclaimed Mabus while addressing the Seabees of NMCB-11, a battalion whose homeport is Gulfport, Miss. As a former governor of Mississippi, Mabus took pride in pinning the SCWS insignia on the two Sailors.

Following the SCWS insignia pinning Mabus awarded each of the two Sailors a Secretary of the Navy coin. He spoke about his admiration for the work that Seabees do and accepted questions before departing.

"I want to thank you all for what you do. You are the reason why the Navy and Marine Corps team is the finest expeditionary force the world has ever known," said Mabus.

"It was a great honor to have the Secretary of the Navy put time aside out of his busy schedule to pin my Seabee Combat Warfare qualification," stated Bennett. "I worked really hard on it, and it made it extra special to have him pin it."

There are multiple criteria for earning the SCWS qualification including coursework, a field exer-

cise, a written exam, a "murder" board, and a final board. Sailors who earn this qualification are said to have demonstrated competency and proficiency in the art of Seabee Combat Warfare and are authorized to wear the SCWS insignia.

"The toughest part, for me, was learning how to do things that are usually done by higher pay grades," said Stewart. "It was hard, but once you finish it there is a real sense of accomplishment, and you feel like you're really part of the Seabees."

Bennett suggests that those who enroll in the Seabee Combat Warfare Specialist program seek help from those who know it well. "Find a mentor; someone who can break it down at your level, and work with them on it every day until you get your SCWS pin."



Engineering Aide Constructionman Shenelle C. Stewart, from Kingston, Jamaica, assigned to Naval Mobile Construction Battalion (NMCB) 11, is awarded her Seabee Combat Warfare Specialist qualification by Secretary of the Navy (SECNAV) the Honorable Ray Mabus during SECNAV's official visit to Camp Leatherneck. (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael / Released)

Seabees open NCBC to Gulf Coast Community for Seabee Day 2012



Thousands of military members and their families, along with civilian men, women and children from the Gulf Coast community came together with the Seabees of Naval Construction Battalion Center (NCBC) to celebrate Seabee Day 2012, May 5. The event offered Gulf Coast community members an opportunity to see how Seabees work and train through vehicle and equipment displays, as well as live-fire demonstrations. Entertainment, food

and shopping were available for people of all ages, including local live bands, a children's petting zoo, free carnival rides, vendor sales, and a Hooters-sponsored hot wing eating contest. Seabee Day 2012 was a great opportunity for the Gulf Coast community to enjoy a full day of action, fun and entertainment. (U.S. Navy photos by Chief Mass Communication Specialist Ryan G. Wilber and Construction Electrician Constructionman Lucinda Moise/Released)



At the MOVIES

May 11: Underworld Awakening, R, 7 p.m.
 May 12: Ghost Rider: Spirit of Vengeance, PG13, Noon, The Grey, R, 3 p.m., Underworld Awakening, R, 5:30 p.m.
 May 13: This Means War, PG13, 2 p.m., Ghost Rider: Spirit of Vengeance, PG13, 5 p.m.

Upcoming Events

MAY RUN IN THE SUN 5K is May 18 at 6:30 a.m. with the starting line behind the Fitness Center. This run is no charge and open to all MWR patrons.

BAY BRIDGEFEST May 20, \$5 shuttle fee. Children 6 and under must be in a passenger restraint device not provided by MWR. Minimum of 6, maximum of 12. Last day to sign up is May 16. Call 228-871-2231.

VOLLEYBALL CHALLENGE is May 25 at 12:30 p.m. in the Fitness Center Gym.

PRESCHOOL GRADUATION June 9 at 9:30 a.m. in the Training Hall
 BASE WIDE YARD SALE



June 9, 8 a.m. – 1 p.m., Training Hall Parking Lot. Min. number of 6 signups needed and the number of canopies is limited and will only be available on a first come first serve basis to those who have signed up. Last day to sign up is June 6. 228-871-2231

FATHER'S DAY ICE CREAM SOCIAL June 15 at 2 p.m. in the Child Development Center. All dads who have children currently enrolled are invited to attend.

OPERATION MAGIC June 21 at 6:30 p.m. in the Training Hall. Operation Magic is a standup comedy, magic, juggling, and mind reading husband and wife duo for audiences 13 years of age and up and will take place June 21 in the Training Hall. Limited childcare will be offered at

the CDC and the YAC will have extended hours to accommodate youth whose parents will be in attendance.

FLEA MARKET AT MENGE AVENUE July 21, 9 a.m. \$5 shuttle fee. Call ITT to sign up for this tip by July 18. 228-871-2231

Plan your Summer Fun Now with ITT! ISLAND STRIKZ certificates on sale! For \$35 get a certificate good for 2 hours of bowling for 5 people, 5 pairs of shoes, and a large pizza. You can also purchase a birthday certificate for \$120 which includes 1 hour of bowling for 10 people, shoes, 2 large pizzas, 2 pitchers of soda and a souvenir bowling pin for the birthday boy or girl.

GULF ISLANDS WATER PARK day passes for only \$18.50! The water park opens to general public on Saturday, May 12. You may upgrade these day passes to season passes for \$25 + tax at the water park front gate. Call 228-871-2231 for more info!

Are you heading to Orlando? Stop into ITT for great deals on Blue Man Group shows during the month of May! Call 228-871-2231 for information!

May 8 CROSSROADS MALL TRIP (Liberty Center) Free shuttle, 6 p.m.
 WII BOWLING TOURNAMENT (YAC) 5:30 – 8:30 p.m., Free

May 9 ARM WRESTLING TOURNAMENT (Liberty Center) 7 p.m., Free! Prize for 1st place.
 MOTHER'S DAY ARTS AND CRAFTS (YAC) 5:30

– 8:30 p.m., Free

CYPRESS LANES BOWLING TRIP (Liberty Center)

Free shuttle, 6 p.m.
 QUIZ SHOW CHALLENGE NIGHT (YAC) 5:30 – 8:30 p.m., Free



May 11 GULFPORT PREMIUM OUTLETS TRIP (Liberty Center) Free shuttle, 6 p.m.

MOTHER'S DAY TEA (CDC) All mother's who have children currently enrolled are invited to attend starting at 2 p.m. Parent Involvement Board Meeting will take place before the tea at 1:30 p.m.
 MOVIE NIGHT ON THE BIG SCREEN AND POP-



CORN (YAC) 6 – 9 p.m., \$2, limited to 50

May 12 THIRD ANNUAL LIVE OAKS ART FESTIVAL (Liberty Center) \$5 shuttle fee, 9:30 a.m.
 ***Joint trip with ITT 12 AND UP USM vs. E. CAROLINA BASEBALL GAME (YAC) 10 a.m. – 7 p.m., \$5, limited to 45
 May 13 NEW ORLEANS



ZEPHYRS vs. LAS VEGAS 51'S (Liberty Center) \$15/transportation and ticket, 11 a.m.



May 14 WATER WARS (Liberty Center) water guns and water balloon fights, 6 p.m.

SWIM LESSONS (Fitness Center) May's Group Swim Lesson signups are today through May 18.

MONDAY – FRIDAY AFTER SCHOOL PROGRAM AND POWER HOUR (YAC) 2 – 5:30 p.m.

May 15 NATIONAL CHOCOLATE CHIP DAY (Liberty Center) Free chocolate chip cookies while supplies last.
 SMART MOVES AND OUTDOOR GAMES (YAC) 5:30 – 8:30 p.m., Free



May 16 GULFPORT DRAGWAY (Liberty Center) Free shuttle, 6 p.m., \$7 admission charged at gate

GIRLS ONLY NIGHT AND TALENT SHOW (YAC) 5:30 – 8:30 p.m., Free

NCBC Helping Hands Volunteer Opportunities

NATURE AREA CLEAN UP VOLUNTEERS NEEDED - Approximately 50 volunteers are needed May 14 at 7 a.m. at the Institute for Marine Mammal Studies (IMMS) Nature Area Clean Up. Volunteers will be clearing out an area of woods to provide a nature training center for youth summer programs. The IMMS is located at 10801 Dolphin Lane in Gulfport. Volunteers

are asked to bring steel toe boots, safety glasses and sun screen, as well as shovels, garden and leaf rakes, bush trimmers and hedge clippers. If you are interested, please contact Terry McCormack at 419-979-2192 or email at terry.m.mccormack@gmail.com.

HARRISON COUNTY YOUTH COURT - HCYC is looking for volun-

teers to make a difference in the life of a child. There are two ways to help – become a Court Appointed Special Advocate (C.A.S.A.) or volunteer to become a mentor for C.H.A.N.G.E. (Cultivating Healthy Achievements in the Next Generation of Excellence). Contact Beth Casey at 228-865-7000 for more information.

COAST SALVATION ARMY NEEDS

VOLUNTEERS - Volunteers are need for various projects throughout the year. The Ray and Joan Kroc Corps Community Center in Biloxi is always in need of assistance in the Athletic Department, Fitness Center, Arts and Music Department, Aquatic Center, and marketing. There are many other opportunities available with this organization. To find out more,



contact Shawna Tatge at Shawna_Tatge@uss.salvationarmy.org

Seabee Memorial Chapel



Center Chaplains:

Lt. Cmdr. Paul Smith, Protestant Chaplain

Lt. Yoon Choi, Protestant Chaplain

For information concerning other faith groups, call the chapel office at 228-871-2454

Services:

Gospel Service: 8 a.m.

Sunday Catholic Mass: 9:30 a.m.

Weekday Mass: Tuesday, 11:15 a.m.

Divine Worship: Sunday, 11 a.m.

Sunday School, 9:30 a.m.



GULF COAST USO

**901 CBC 3rd St., Building 114
228-575-5224**

FREE Services:

Fax - Send/Receive:

228-575-5225

Copies

Snacks/Drinks

United Through Reading Program

Computers with web cams

Internet and Email Access

X-Box

Office hours:

Monday-Friday, 8 a.m. - 5 p.m.

Saturday, 11 a.m. - 7 p.m. (Closed Sunday)

Chapel Offerings:

Women's Bible Study takes place Wednesdays from 10 to 11 a.m.

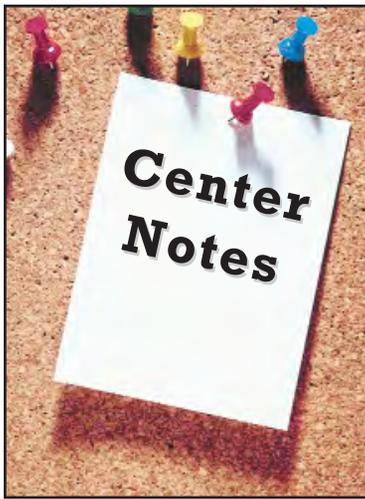
LIGHT is a Young Adult Group for members of the military. Meetings are Wednesdays at 6 p.m. at the Fellowship Hall.

Seabee Pantry – Donations are now being accepted to restock the Seabee Pantry. Everyone affiliated with NCBC is eligible to draw from the Seabee Pantry.

Praise and Worship members needed - The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the Divine Worship Service at 11 a.m. Sundays. If you can sing or play an instrument, you are cordially invited to come share your gift.

Looking for a church? The Seabee Memorial Chapel holds services every Sunday that might just suit your needs. Protestant Services include a Gospel Service at 8 a.m., Sunday School at 9:30 a.m., and Divine Worship Service at 11 a.m. Catholic Services include Catholic Mass at 9:30 a.m. There is also a Catholic Mass Tuesdays at 11:15 a.m.

For more information, call the Chapel at 228-871-2454.



<http://www.wix.com/NMCB133FSG/133frg>

Gulfport Officer's Spouse Club
The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, please email noscgulfport@yahoo.com. We hope to see YOU soon!

NMCRS
The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous
The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for information.

TRAINING
COMPASS is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

Naval Sea Cadets
The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact AGCS Enrique Acosta-Gonzalez at 228-688-5288 or enrique.acosta@navy.mil., or Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for more info.

SOCIAL
Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

CBC/20SRG Second Class Petty

Officers Association is seeking members. Meetings are Tuesdays at 2:30 p.m. in the Fitness Center classroom. Contact the Association's Public Affairs Officer LS2 Matthew Wasson at matthew.t.was-son@navy.mil or President LS2 Earl Simpson at earl.simpson@navy.mil for information.

NCBC Multi-Cultural Diversity Committee would like to increase their membership. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude at 228-871-2454 for more information.

VFW Post 3937 Long Beach is open Monday - Thursday from Noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMBC 62 Alumni Group
Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member of the Alumni Group go to <http://nmcb62alumni.org> or for links to Seabee historical sites.

Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or elevenoaks58@cableone.net or log onto www.nsva.org for information.

HERITAGE
The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday-Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org/shop/index.php or call the gift shop at 228-871-4779 for more information.

From SAAM page 1

don't really understand that I think were clarified pretty good," said Builder Constructionman Recruit Eric Mellisor, assigned to Naval Mobile Construction Battalion (NMCB) 1.

April is not only Sexual Assault Awareness Month, but also The Month of the Military Child and Child Abuse Prevention Month. NCBC Commanding Officer and Commander, 20th SRG Capt. Rick Burgess signed a proclamation pledging command support of the three programs. During the ceremony Burgess thanked the program leadership and victim advocates for their dedicated service.

"We are working at preventing this thing from happening at all. I want the number to be ZERO, and it's not zero. Without determined effort by the leadership, by the chain of command, it would be higher, but we really want to get to zero. Having good victim advocates who can help out somebody who has had an issue, who know the resources to plug into . . . is enormously important," said Burgess.

LaTasha Banks, NCBC sexual assault response coordinator (SARC) described sexual assault as a crime that many still feel is a taboo subject, and one of the most underreported crimes in the United States. She said public awareness is important and necessary to prevent sexual assault and assist victims.

"We need to make sure that we constantly put the spotlight on sexual assault awareness or prevention, because there are victims out there that we have to support, and we want to talk about not only supporting the victim, but talk about crisis intervention as well as prevention and education. There are so many victims out there suffering in silence. We want to let them know if this has happened to you here are your resources, here is your information," said Banks.

Victims of sexual assault are encouraged to seek support by contacting your command's victim advocate or SARC to learn about unrestricted or restricted reporting options. Live, confidential assistance is also available anywhere, 24-hours-a-day, seven-days-a week, through the Safe Helpline toll-free at 877- 995-5247, by chat at www.safehelpline.org, or by text to 55-247 (202-470-5546 outside the U.S.).

See Something Wrong Do Something Right!

NCIS has two new anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines.

To report information by Cell text:

1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone.
2. Receive a response, for example: "Your alias is: S2U5 Call 911 if urgent! If replies put you at risk, text "STOP"
3. Begin dialogue

To report information Online:

1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline."

There is a reward of up to \$1,000 for information leading to a felony arrest or apprehension.



From NMCB 11 page 6

siliency and hone the most combat-effective force in the history of the Department of the Navy. DoN is working aggressively to prevent sexual assaults, to support sexual assault victims and to hold offenders accountable.

Addressing the Navy, Vice Chief of Naval Operations, Adm. Mark Ferguson stated, "The end of April does

not mark the end of our effort to raise sexual assault awareness. We must build upon the momentum we have generated this month and move forward together, as one team, to develop a resilient and ready force that is intolerant of sexual assault."

NMCB 11 will continue to raise awareness through regular training and SAPR activities.