

SEABEE COURIER

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Naval Construction Battalion Center, Gulfport, Mississippi

February 15, 2013



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 11 render a salute to Cmdr. Lore Aguay, commanding officer of NMCB 11, to begin an awards presentation ceremony on the grinder at Naval Construction Battalion Center, Gulfport. (U.S. Navy photo by Mass Communications Specialist Jonathan Carmichael/Released)

NMCB 11 announced as Peltier Award recipients

By MC1 Jonathan Carmichael

NMCB 11 Public Affairs
Naval Mobile Construction Battalion (NMCB) 11 was selected as the recipient of the Rear Admiral Eugene J. Peltier Award for fiscal year 2012, Jan. 31.

The announcement came in a message from Commander, Naval Facilities Engineering Command Rear Adm. Katherine L. Gregory.

Units selected for this prestigious award are recognized leaders in the Naval Construction Force in safety, overall performance, readiness, construction accomplishments, equipment management, logistics programs, retention, and training.

NMCB 11 completed an eight-month United States Central Command deployment in Afghanistan

during 2012 in which the battalion set the stage for the surge drawdown of U.S. and coalition forces and eventual transfer of mission to the Afghan forces.

The Peltier award is named for a legendary and distinguished Civil Engineer Corps and Seabee leader. Commissioned into the Navy in 1940, Peltier was appointed Chief of the Bureau of Yards and Docks, and Chief of Civil Engineers of the Navy in 1957 where he served until 1962. Peltier died Feb. 13, 2004 at the age of 93 and was interred in Arlington National Cemetery in Arlington, Va.

NMCB 11 is a Seabee battalion specializing in contingency construction, disaster response, and humanitarian assistance.

Celebrating Black History



The Naval Construction Battalion Center (NCBC) Gulfport Gospel Choir performs a musical selection for military members and civilians attached to NCBC Gulfport during a special program celebrating Black History Month at the Training Hall, Feb. 14. The program was sponsored by the NCBC Diversity Committee and featured guest speaker, Ruth Williams Johnson, whose theme was "Made, Not Broken by History." (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

See **NCBC Facebook** for more celebration photos

NCBC Gulfport to participate in Citadel Shield

From NCBC Public Affairs

Due to Exercise Citadel Shield 2013, the Pass Road gate will be closed Feb. 20, from 8:45 to 9:45 a.m. Use 28th Street or Broad Ave. gates to enter or exit the base. In addition, Pass and ID, Balfour Beatty and the Housing Office will suspend all operations during that time. Broad Ave. gate will be closed Feb. 25, from 8:45 to 9:45 a.m. Use 28th Street and Pass Road gates to enter and exit the base. In

addition, buildings 1, 114, 119, 120 and PSD, will suspend all operations during that time. We apologize for any inconvenience this exercise may cause. Your patience and understanding is greatly appreciated. This annual training exercise will be conducted on naval bases and installations throughout the continental United States. For more information about Exercise Citadel Shield 2013, contact NCBC Public Affairs, 228-871-2699.



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Public Affairs Officer
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Mass Comm. Specialist
 MCC (SCW/SW/AW)

Ryan G. Wilber
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 CECN Lucinda Moise

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Navy Legal

Caring for kids; from family care plans to adoptions



By Lt. James D. Carson, JAGC RLSO SE

Being a parent myself, I know how stressful it can be to ensure that your children will be taken care of, be it for an hour or for the length of a deployment. We want what is best for them. As parents, we need to understand all legal means available to ensure that our children are cared for in our absence; this will in turn prevent legal complications and our children getting caught in the crossfire.

Some of these legal means include: Family Care Plans, In Loco Parentis Powers of Attorney, Guardianship, and Adoption.

FAMILY CARE PLANS

Single parent service members, dual-military couples with dependants, or those who have a legal custody arrangement with a non-spouse are required to have a Family Care Plan per OP-NAVINST 1740.4D and DODINST 1342.19. A family care plan includes form NAVPERS 1740/6 signed by both the service member(s) and the party, who is to care for the child(ren).

Family Care Plans are not legal documents. The person named to care for the children cannot enroll the children in school, make medical decisions, and if a custody dispute

arose, in a court of law. This is only an administrative tool the military uses to ensure that service members have all their ducks in a row in order to maintain worldwide assignability. It is a military requirement that can be changed at your election, but it has no legal effect.

IN LOCO PARENTIS POWER OF ATTORNEY

A Power of Attorney (POA) is a legal document authorizing someone else to do something that previously only you were able to do; however, there is no legal obligation for any third party (school, hospital, etc.) to accept it. If a third party does accept it, the document assures them that they will not be sued.

An in loco parentis POA can be used to authorize someone else to make decisions for the benefit of your children. These POAs expire after a specified period of time. They are practical because they are fairly easy and quick to create. Most legal offices can draft one up on a walk-in basis. If you need someone to be able to make decisions for the benefit of your children for you for a short period of time, an In Loco Parentis POA may be the way to go.

These types of POAs cannot be used to enroll a child in DEERS. Also, some schools

may not accept it; for this reason, it would be wise to first determine whether the school has its own forms/POA they would like you to fill out. ;

GUARDIANSHIP

If you need someone to take care of your child for a year or more, you should seriously consider guardianship. A guardian is a court-appointed individual, who accepts responsibility for the care of a child. Obtaining a guardian does not cut off the biological parent's rights. A guardianship requires court intervention which means that a petition needs to be filed at family court. Some jurisdictions allow pro se (without an attorney) filings, but it is always encouraged to hire one in order to ensure the guardianship is done correctly.

After the petition is filed, a court investigator may interview the petitioner, the child, and the biological parents to make a recommendation. After giving an opportunity for all parties to speak, and considering the best interest's of the child, the court will grant or deny the request. Normally, all parties are consenting, but guardianship can also be awarded in cases of abandonment or neglect. While the biological parents are still legally responsible for financially supporting their children, often

the guardian shoulders this responsibility. The guardian can expect court oversight until the guardianship expires, when the child turns 18, or when the judge says it's no longer necessary. Third parties are more likely to accept proof of guardianship over an In Loco Parentis POA.

ADOPTION

Adoption requires termination of the biological parent's rights. This is also court ordered, so it requires some time and money.

Unlike a guardianship, it lasts forever. The child is treated as if they were biological. All parental rights or responsibilities are transferred to the adopting parent. Again, if you are thinking of adoption, you should utilize an attorney to ensure everything goes correctly.

As parents, we need to be educated on these issues so that we can make the best decisions for our children.

Please visit http://www.jag.navy.mil/legal_services/rlo/rlo_southeast.htm for more information.

This article is not intended to substitute for the personal advice of a licensed attorney. Contact the Naval Construction Battalion Center (NCBC) legal office at 228-871-2620 for an appointment.

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SEABEE

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United States Navy

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Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904- 542-5587, E-mail: CNRSE_HOTLINE@navy.mil.



Buzz on the Street

By CEEN Lucinda Moise
NCBC Public Affairs

"What do you do to stay fit?"



"I run or jog."

CM2 (SCW) Scott Klausner
NCBC
Hometown: Ft. Collins, Colo.



"I run, play basketball and do anything that keeps me moving."

UTCN (SCW) Latina Billings
NMCB 74
Hometown: Chesapeake, Va.



"I do the Insanity workout."

UT1 (SCW) Luis Deleon
NMCB 15
Hometown: Sioux City, Iowa

Around the



Center

Pierre Bass, a security guard for Naval Construction Battalion Center (NCBC) Gulfport, Security Department, checks the identification of Builder Constructionman Bianca Manzanero, assigned to Naval Mobile Construction Battalion (NMCB) 74, at the 28th Street Gate on board NCBC, Feb. 6. There is a 100 percent identification check at each gate for all personnel requesting entrance to the base. (U.S. Navy photo Construction Electrician Constructionman Lucinda L. Moise/Released)



Students learn how to change a diaper during a Babysitting Class held at the Fleet and Family Support Center on board the Seabee Center, Feb. 11. The class, for youth ages 11 and up, teaches safe supervision of children. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

Information Systems Technician 2nd Class Jamal Saleem, assigned to Naval Mobile Construction Battalion (NMCB) 11, Headquarters Company, and Glen Kiss, an instructor for 20th SRG, R-76, stand up and troubleshoot a Ruggedized Deployable Satellite (RDSAT) during a Command Post Exercise (CPX) on board Naval Construction Battalion Center (NCBC), Feb. 12. An RDSAT is a broadband reach-back satellite used by a forward deployed unit to establish communications where none exist. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)



New Health Clinic on the way for NCBC

By MCC(SCW/SW/AW)
Ryan G. Wilber

NCBC Public Affairs

Construction is underway for a new, state-of-the-art Naval Branch Health Clinic (NBHC) on board Naval Construction Battalion Center (NCBC) Gulfport.

Work began on the \$20 million, 30,000 square foot, two-story facility in fall 2012, and will replace the existing clinic, originally built in 1969. Work is scheduled for completion late summer or early fall 2014. In addition to a 152 percent increase in size, the new clinic will also include 216 parking spaces. Also included in the structural design is the potential for a future drive through pharmacy.

Lt. Cmdr. Joe Mastrangelo, NBHC Gulfport officer-in-charge, said the new clinic will not offer new services, but will make obtaining the existing services more efficient by consolidating all medical services offered on the base under one roof.

"There really is no difference from what we are currently offering. What it does is consolidate the services that we have all over the base now, including behavioral health, mental health, FOCUS, battalion medical assets and physical therapy," said Mastrangelo. "It right sizes to modern technology and modern equipment ... and also im-

proves the patient flow and adjacencies."

Mastrangelo said consolidating services will not only benefit patients, but the staff and providers serving them.

"It [consolidation] makes patient care much more efficient. It's a one-stop shop for folks, so it facilitates a smoother flow for the patient, and for the staff in treating the patients," said Mastrangelo.

According to Lt. Paul Benoit, health facilities planning and project officer for Naval Medical Medicine East Detachment Gulfcoast, Miss., the project is a partnership between many engineering entities working together to bring a modern medical facility to the people of Gulfport.

"The partnering efforts with Satterfield & Pontikes Construction, Inc., SmithGroup, URS Corporation, Naval Facilities (NAVFAC) Southeast (SE) Public Works Department (PWD) Gulfport, NAVFAC SE, and NAVFAC Headquarters Medical Facilities Design Office (MFDO) have provided a stable environment that is aimed at providing an on time, on budget, state of the art medical facility that will provide quality/mission essential medical service to active duty personnel, active duty families, and the military retirement community for years to come," said Benoit.



Illustrated is a rendering of final design of new Naval Branch Health Clinic (NBHC) currently under construction on board Naval Construction Battalion Center (NCBC) Gulfport. Construction is due to be complete fall 2014. (Illustration courtesy of Naval Facilities (NAVFAC) Southeast (SE) Public Works Department (PWD) Gulfport/Released)

In addition to updated spaces and equipment, the project has been designed to meet designed to Leadership in Energy and Environmental Design (LEED) 3.0 Silver standards, and comply with the Energy Policy Act of 2005. According to Benoit, Aspects of construction to certify it LEED Silver include: a sustainable site during construction, water efficiency, energy and atmosphere, materials and re-

sources, indoor environmental quality, innovation and design processes and regional priority credits, which include storm water design, thermal comfort and on-site renewable energy.

Mastrangelo said he feels a new clinic is long overdue at Gulfport and that he and his staff are happy to get a new facility, but also hopes that people close to the clinic will consider it for their healthcare needs.

"We are all very excited to get into a new clinic, a new home for the Gulfport Branch Health Clinic Team. Our staff is growing here, and it will allow us to be more efficient in the way that we do business here," said Mastrangelo. "I hope that people for whatever reason in the past had been enrolled to Keesler that are closer to the clinic here would consider giving us the opportunity to provide the care."

February 15, 2013

Seabee Courier

SEABEE BALL



MARCH 23 AT 7 P.M.

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NMCB 74: CM1 JOSEPH SHIMKO
NMCB 133: EAC BRANDON HILL
NCTC: BUC MARIO SOLARES AND EOC JOSH BRAND**

**22/25NCR: CECS CLINT RAINEY AND HMC CHARLOTTE REJLO
20SRG/LDO & CWO: ENSIGN MATT CATANESE AND BU2 KATHERINE RUBIO
AFRH: EAC BRANDON HILL**

**VIP:
CHARLOTTE WILLIAMS**

**TICKETS: E-7 AND ABOVE: \$40,
E-6 & BELOW: \$20, CIVILIANS: \$40**

NMCB 133 'Roos continues culture of physical readiness

By **UTCN Angelean Floyd**
 NMCB 133 Public Affairs

CAMP KRUTKE, Afghanistan - Task Force Anchor Seabees from Naval Mobile Construction Battalion (NMCB) 133 continue preparations for the Spring physical fitness assessment (PFA) by staying in shape.

Devoting time for exercise before or after the work day as well as an option during lunch, the Seabees participate in Camp Leatherneck Morale, Welfare and Recreation activities and command based functions.

Echo Company's Wolf Pack is a group of Seabees who run up to 10 miles, three times a week at 4:30 a.m. The pack is led by Master Chief Constructionman Clinton George who claims there's nothing better than an early morning run to start the day off and that running is one of the best activities most people can do to improve their physical health.

Another group workout taking place on the Seabee camp is a challenging CrossFit led by Chief Equipment Operator Chris Brown, the battalion's PFA coordinator.

CrossFit is a fun, difficult, and electrifying hardcore workout which combines a wide variety of functional movements into a timed or scored workout. These workouts include sprinting, flipping tires, weight lifting, box jumping, air squats and many more.

"It makes you feel good to do something that is so exten-



sive and overwhelming and then look back at it and say, I just did that," said Brown. "I feel that we as Seabees should be actively engaged in staying physically fit."

Chief Utilitiesman Laroy Brisco heads the Insanity workout aboard Camp Krutke.

Insanity is a 60-day strenuous, stamina training exercise which works all parts of the body through core strengths as well as intense cardio training with longer, higher-intensity intervals and relatively short rests.

"I want to make Seabees use the drawstring in their PT gear," said Brisco, who started the workout program to keep the command in shape. "This is what I do."

In addition to these scheduled activities, NMCB 133 Seabees also take part in sporting activities such as volleyball tournaments, football with fellow Marines, basketball and even dodgeball.

NMCB 133 is currently deployed to the Fifth Fleet area of responsibility in support of engineering operations for coalition forces, the Afghan National Army and the local population.



SEABEE DAY 2013



Naval Construction Battalion Center
 Gulfport, Mississippi



Saturday, March 9, 2013

9 a.m. to 4 p.m.

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Planned Power Outage . . . A tentative electrical outage is scheduled for Feb. 18, 8:30 a.m. - 1:30 p.m., in buildings 142, 163, 295, 313, 367, Appleyard Court and trailers. Buildings 295 and 27 will be on generator power. Thank you for your patience during this process. Please contact 228-871-2244 or 228-871-2666 for more information.





Seabees attached to Naval Mobile Construction Battalion (NMCB) 27 and Sure Start students the W.T. Sampson Elementary School demonstrate a newly constructed music stage aboard Naval Station Guantanamo Bay (NAVSTA GTMO), Cuba. The Seabees constructed the stage at the request of Wanda Robinson-Caton for use by the students and visiting musicians. The Seabees from NMCB 27 are forward deployed throughout South and Central America in support of U.S. Naval Forces Southern Command/U.S. 4th Fleet multinational partnership and humanitarian assistance missions. (U.S. Navy photo by Mrs. Wanda Robinson-Caton/Released)

4th Fleet Seabees make it possible for students to perform in Guantanamo

By Lt.j.g. Keith Ferreira
NMCB 27 Public Affairs

Students from the Sure Start program at W.T. Sampson Elementary School in Naval Station Guantanamo Bay, Cuba were able to perform at their first outside music concert, Feb. 7 thanks to a stage constructed and donated by Seabees from Naval Mobile Construction Battalion (NMCB) 27.

The stage project was part of the vision of Wanda Robinson-Caton, a Sure Start teacher, and some dedicated parents to construct a music center for the children.

"The students like playing the class instruments, but it can become very loud inside the classroom," explained

Robinson-Caton.

Robinson-Caton communicated her ideas to the Seabees on base, who were more than willing to help make the vision a reality.

The Seabees refined the stage specifications within a day, and completed its construction, Feb. 1.

The stage itself has already been used by visiting musicians and will be used as part of a school wide Science, Technology, Engineering, and Mathematics (STEM) Fair, during which the Sure Start students have been assigned the topic of "sound." It will continue to be used by visiting musicians, guest readers, for concerts, as well as being incorporated into lesson plans.

"The stage has made the

students more willing to perform. It's a special area so it makes them feel special when they use it," said Robinson-Caton. She explained that the students would be able to see the engineering design plan in process and understand it better through hands-on activities.

The Seabees at NAVSTA GTMO are part of a larger group of Navy Reservists from NMCB 27 based out of Chicopee, Mass., who were recalled to active duty in U.S. and deployed throughout South and Central America in support of U.S. Naval Forces Southern Command/U.S. 4th Fleet multinational partnership and humanitarian assistance missions.

Advancement exam eligibility requirements are updated for Sailors

By Thomas Updike

Naval Education and Training Professional Development and Technology Center Public Affairs

A recent policy change allows Sailors with a PTS "Intends to Separate" status to participate in the upcoming March 2013 examination.

Naval Administrative Message (NAVADMIN) 023/13, released Feb. 8, provides updated guidance for the Cycle 219/March 2013 Navy-wide enlisted examinations for Active Duty, Active Reserve, Full Time Support and Canvasser Recruiter advancement.

For the September 2012 advancement cycle 216, Active Duty Sailors who had an "Intends to Separate" Perform to Serve (PTS) status were ineligible for the Navy-wide advancement examination. NAVADMIN 023/13 explains that changes in retention behavior, and the Navy's shifting posture from downsizing to stabilizing, have enabled candidates in a PTS "Intends to Separate" status to be eligible for advancement.

Sailors who have received final PTS denial (Denied Final - Active) on their December PTS application remain ineligible to participate in the March examination.

Another important change announced in NAVADMIN 023/13 concerns security clearance requirements for advancement. A favorable investigation adjudication issued by the Department of the Navy Central Adjudication Facility (DONCAF) remains as a requirement. However, the updated policy now allows a Sailor to take the advancement exam with an interim clearance issued by the unit commanding officer while awaiting formal adjudication by DONCAF. That interim clearance must be granted prior to the first day of the month of the regularly scheduled examination date.

"The intent of this change is to minimize adverse impact to advancement opportunity for those Sailors who have properly applied for a security clearance and are awaiting a final determination," said Enlisted Plans and Policy Branch Head Cmdr. Renee Squier. "However, every effort should be taken by the command and the individual to receive final determinations on all Sailors requiring a security clearance as soon as possible."

For certain ratings listed in the Cycle 219 NAVADMIN 342/12, as well as Sailors in the Cryptologic Technician (Maintenance (CTM) rating and all nuclear and submarine ratings who do not meet security clearance requirements, remain ineligible for advancement and should not participate in an advancement examination.

For additional information on PTS eligibility requirements visit: <http://www.public.navy.mil/bupers-npc/career/careercounseling/Pages/FleetRIDE-PTS.aspx>. For additional information regarding security clearance requirements visit: <http://www.public.navy.mil/BUPERS-NPC/CAREER/ENLISTEDCAREERADMIN/Pages/Advancement.aspx>.

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NMCB 15 prepares for upcoming deployment



Cmdr. Anthony Spinler, commanding officer of Naval Mobile Construction Battalion (NMCB) 15, brief Sailors on scenarios in preparation for their final evaluation problem, which is used to test the skills of a battalion prior to deployment. NMCB 15 is currently mobilized in support of Operation Enduring Freedom and is an expeditionary element of U.S. Naval Forces that act as combat engineers and support various units worldwide through national force readiness, humanitarian assistance, and building and maintaining infrastructure. (U.S. Navy photo by Mass Communication Specialist 2nd Class Daniel Garas//Released)

Looking for a way to serve your community? Interested in a law enforcement career? If so, consider volunteering your off duty time and become a Gulfport Police Reserve Officer or a Reserve Community Service Technician. Call Lt. Phillip Kincaid at 228-868-5900, ext. 6189 or email him at pkincaid@gulfport-ms.gov for additional information.



See Something Wrong, Do Something Right!

NCIS has two new anonymous ways to report crimes or suspicious behavior with the use of discreet and secure online or texting tip lines.

To report information by Cell text:

1. Text "NCIS" to the short code 274637 (CRIMES) from any cell or smart phone.
2. Receive a response, for example: "Your alias is: S2U5 Call 911 if urgent! If replies put you at risk, text "STOP"
3. Begin dialogue

To report information Online:

1. Go to www.NCIS.navy.mil, click on the "Report a Crime" tab and select the icon for "text and Web tip Hotline."
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- ~ **Tires** can be recycled at the MWR Auto Hobby Shop during normal working hours.
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- ~ **Wood** - Place in dumpster on pad, building 425, west of the Recycling Center
- ~ **Cardboard** - Place in marked collection devices throughout NCBC or bring to the container outside building 275 any time
- ~ **Scrap metal** - Drop off at Recycling Center at any time or place in dumpster located east of building 275 any time.
- ~ **Appliances** - taken by appointment only, after they are certified refrigerant free
- ~ **Toner cartridges** - all are accepted, preferably in original box or in plastic bag, in building 275 during normal working hours
- ~ **Any color paper** - free of contaminants should be placed in designated containers for weekly collection.
- ~ **Cans and plastic bottles** - rinse and place in designated containers for weekly collection.

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Call 228-871-4031/3336 or 228-871-3001.

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Visit the **Recycling Center**, located in buildings 275/276, behind building 200 off of McKinney Ave between the hours of 6:30 a.m. and 2:30 p.m., and get all the boxes you need for **FREE!**



The Thrift Shop on NCBC

is requesting any ball gown donations you may have available. We are currently in the process of planning the Seabee Ball fashion show and could use any gown donations. The day after the fashion show, the gowns will be available for purchase. We will update the actual day of the show as soon as we lock in reserving the space. Please bring any in as soon as possible! The Thrift Shop is in Building 29 and is open Tues/Wed/Fri from 9 a.m. to 1 p.m. Please contact the store at (228) 871-2070 or the NMCRS office at (228) 871-2610 if you need to set up alternative drop off times for any donations. Thank you from your NMCRS volunteers.



Ensure your awards are in your service record

By MC2 Andrea Perez
Navy Personnel Command
Public Affairs

Changes to how the Navy processes awards makes it easier for Sailors to confirm their personal decorations and medals are reflected in their Official Military Personnel File (OMPF), officials said Jan. 29.

NAVADMIN 016/13 outlines the steps Sailors should take to verify their awards are accurately reflected in the Navy Department Awards Web Service (NDAWS) and their OMPF. All personal awards, Navy and Marine Corps Achievement Medal and higher, should be showing in a service member's record.

"In the past, award citations or certificates received directly from the member for the OMPF were not accepted, since they were required to be mailed from the command authorized to enter the award

into NDAWS," said Jim Giger, head of Records Management Policy Branch (PERS-313), Navy Personnel Command (NPC). "Sailors will now be able to send in copies of their own award citations or certificates for their OMPF if the award is accurately reflected in NDAWS."

Before a Sailor requests a missing award citation or certificate be added to their OMPF, they should verify the award is recorded in NDAWS by visiting the U.S. Navy Awards website at <https://awards.navy.mil> and launching the "Personal Awards Query."

If a Sailor's award is recorded in NDAWS, but missing in their OMPF, they should mail a legible, clean copy of the signed award citation, or certificate in the case of Navy and Marine Corps Commendation and Achievement Medals,

with the service member's full social security number printed in the upper right hand corner, to PERS-313 at:

Navy Personnel Command
PERS-313
5720 Integrity Drive
Millington, TN 38055-3130

According to Giger, if a Sailor's award is not reflected in the NDAWS database, the citation will not be accepted by NPC for entry into the service member's OMPF. To resolve this conflict, a Sailor must contact their command's NDAWS coordinator, since only NDAWS coordinators can enter approved awards into the NDAWS database.

The NDAWS coordinator will need an original copy of the award citation/certificate and, if available, a copy of the orders from the service or joint approval authorities. Once and award is entered and reflected in the database, the NDAWS

coordinator will then submit the award citation or certificate to NPC for entry into the service member's OMPF.

Awarding authorities must submit a completed OPNAV Form 1650/3 and award citations or certificates to their NDAWS coordinator for entry into NDAWS. A list of NDAWS coordinators is available on the U.S. Navy Awards website.

"It is important that only authorized personal awards are reflected in both NDAWS and in a service member's OMPF," said Giger. "And ensuring only those award citations or certificates that are accurately reflecting in NDAWS are included in the OMPF will increase the integrity of both NDAWS and the OMPF."

Per NAVADMIN 016/13, Sailors submitting a selection board package with an award citation or certificate not already in their OMPF, but



recorded in NDAWS, will automatically have the award added to their OMPF. Those Sailors can expect to see the award citation added to their OMPF four to six weeks after the selection board has adjourned, said Giger.

Sailors can access their OMPF anytime online for the most up-to-date service record information by visiting BUPERS Online (BOL) at <https://www.bol.navy.mil>.

For more information, read NAVADMIN 016/13, visit the NDAWS Web Page on the NPC website at <http://www.public.navy.mil/bupers-npc/career/recordsmanagement/pages/awddecormedal.aspx> call the NPC Customer Service Center at 1-866-U-ASK-NPC or 1-866-827-5672.

Health Watch:

RelayHealth: For those times when a simple answer is all you need

By Lt. Cmdr. Matthew Loe
NBHC Gulfport

Connecting with your Medical Home Team at Gulfport is becoming easier every day. Navy Medicine now provides a service called RelayHealth. This service provides sponsors and their dependents the opportunity to submit questions and requests using an on-line service that is available anytime and anywhere there is an internet connection. This service is for those non-urgent needs or simple questions.

Online services include: the ability to securely email your provider with questions regarding your health, request an appointment, email about lab results, or request a medication refill. Feedback from the clinic will be provided via relay health providing guidance to your question or request. In addition, you can setup a patient profile for each member of your family with pertinent medical information.

Registration is easy and convenient via this internet link:

http://www.med.navy.mil/sites/pcola/Medical_Home/Pages/default.aspx

Even though the RelayHealth service may not replace the personalized service of a scheduled appointment, it is another way we are working to provide excellent customer service. For those scheduled needs we still offer our appointment line number 228-871-4033.



VITA - Volunteer Income Tax Assistance



The VITA office is open to help with your tax preparation. VITA is located in building 60, room 265. Appointments for self-service tax preparation are being offered Tuesdays, Wednesdays and Fridays, and appointments for full-service for certain circumstances are being offered Mondays and Thursdays. VITA is open Mondays – Thursdays, 9 a.m. - 2:30 p.m., and Fridays, 9 a.m. - 1:30 p.m. For general questions or to make an appointment call 228-822-5131.

Watch out for pedestrians . . . Remember, they have the right of way! Unless otherwise posted, the speed limit on board NCBC is 25 m.p.h.

Focus on Education

Motivational speaker, author entertains Youth Center kids



Trevor Romain, a children's motivational speaker visited children from the Youth Activities Center (YAC) Jan. 29 to speak with the children about bullying, schoolwork, coping with deployments, nutrition and teamwork. In addition to his stop on the Seabee Center, Romain spoke with more than 2,000 children at six elementary schools, and Keesler Air Force base during the Gulf Coast tour. The visits were organized by Military School Liaison Officers Kevin Byrd and Gerry Cross, Families OverComing Under Stress (FOCUS,) and MWR. (Photo above by U.S. Navy photo by Constructionman Electrician Lucinda L. Moise/Released; Photo, right courtesy of comfortcrew.org/Released)



BBC Foundation Scholarship News

Balfour Beatty Communities Foundation is now accepting scholarship applications from high school and undergraduate students of military families that reside within our housing for the 2013 - 2014 academic year. To apply for these scholarships visit BBCommunities-Foundation.org. Applications must be received by April 15, 2013.

Scholarships for Military Children

The Scholarships for Military Children Program awards \$1,500 scholarships to students from military families. Eligibility requirements, application forms and other information about the scholarships can be found at www.militaryscholar.org. This year's applicants must submit an essay and applications must be turned in to a commissary by close of business Feb. 22. The scholarship program is administered by Fisher House Foundation, a nonprofit organization that provides assistance to service members and their families.

NCBC School Liaison Officer, Kevin Byrd is located at: MWR, Building 352, 1706 Bainbridge Ave., NCBC, 228-871-2117 email: kevin.r.byrd@navy.mil

18th Annual Training Technology Information Systems Expo

Feb. 21, 9:30 a.m. - 1:30 p.m.
IP Casino Resort, Ballroom C
850 Bayview Ave., Biloxi



Absolute software, Accu-Tech, AFCEA Gulf Coast Chapter, AFL, CXTEC, EDA Marketing, Fiber Instruments Sales, General dynamics C4 Systems, HP, Jupiter Systems, Maxcell, New Horizons CLC, NIDA Corporation, Orioncase and more!

Attendance is free and open to all

Pre-register today at
<http://FDAEXPO.COM/REGISTER.PHP?id=117>

For more information, contact FDAE 1-877-332-3976

YARD SALE

NCBC Base wide
Housing Yard Sale
Feb. 16
8 a.m. - 1 p.m.
Housing residents are asked to
place sale items in their front yards



Fitness

Take care of your heart Feb. 16, 10 a.m. - noon with a heart pumping Valentine's Zumbathon. Get on the floor and learn some new dance moves with this exciting opportunity. To the left . . . to the right . . . this class is so much fun and entertainment that you won't even realize you had a full body workout until it's all over. What better way to celebrate the heart! Call Michael Mclaughlin for details at 228-822-5108.

After a good work out, what better gift to the one you care about than a massage! All massages offered through the CBC Fitness Center for the month of February are \$5 off. Surprise the one you love with something healthier and more rewarding than sweets! Call Julie at 228-297-5601 for rates and to schedule an appointment today!

Doing the same old work out can get boring. Make it fun and add in that healthy competition that pushes you just a little bit further. The CBC Fitness Center offers great intramural sports opportunities. Try racquetball for some one on one action or show off your volleyball skills. Intramural sports vary seasonally and have a limited time for sign up. Call today for details 228-822-5109.

Recreation

FREE Movie Program at the Training Hall: Take a load off. Sit back and watch the big screen all by yourself for some alone time, or make it a family night and bring the whole crew! Stop by the Snack Bar on your way in to get that buttered movie popcorn and those other goodies that help you get lost in the moment. Forget

what was playing? No worries - put the movie hotline in your phone, 228-871-3299 and call anytime!

Friday, "Sinister," R, 6:30 p.m.
Saturday, "Ratatouille," G, 11 a.m.; "Pitch Perfect," PG13, 1:45 p.m.; "Fun Size," PG13, 4 p.m.; "ParaNormal Activity 4," R, 6 p.m.
Sunday, "Hotel Transylvania," PG, 2 p.m.; "Chasing Mavericks," PG, 4:15 p.m.

Information, Tickets and Travel:

Design your own vacation at ITT! Stop by now and learn how you can design a trip for a group and let ITT handle the arrangements. There's a world of possibilities and spring is just around the corner. Everyone needs a getaway every now and then! Call 228-871-2231 today for details.

ITT has your Harlem Globetrotters tickets at military discount! Take the kids to enjoy a show full of trick shots, jumps and dunks for just \$24.45 for a regular seat ticket. Stop into ITT to purchase yours today! Call ITT for more information!

Active Duty, Reservist, National Guard, USCG and Retirees are now eligible for a complimentary Universal 3 Day Park-to-Park ticket and Blue Man Group Ticket at children's price! All dependents and DOD personnel are eligible for discounted Universal 2 Day, with 3rd Day Free tickets! Call for info.

Liberty Center:

Catch the action on the ice Friday evening when the Mississippi Surge take on the Huntsville Havoc. These next door hockey rivals will prove to be a great match

up. Tickets are only \$6. The shuttle departs the Liberty Center at 6 p.m.

Give volunteering your best "can do" effort by signing up to volunteer with Habitat for Humanity this Saturday. The shuttle departs at 7 a.m. promptly.

Take a trip and observe some of our countries most heroic photos and artifacts at the World War II Museum in New Orleans on Sunday. The FREE shuttle departs Liberty at 10 a.m.

Navy Outdoor Recreation:

NOR has a deal on everything you need for the party this February with its party equipment package! For only \$28, rent a canopy, 120 quart cooler, table, six metal chairs and a party machine of your choice - popcorn, cotton candy, snow cone or a bubble machine. Call NOR today for details, 228-871-2127.

Food & Beverage

The Beehive is now open every day of the week! Watch the game on one of our seven flat screens, play a little pool, and enjoy good times with friends! With an excellent beverage selection, you are sure to find your preference. Call for details 228-871-4009.

Don't want to get out in the cold for lunch? Let The Grill bring it to you. The Grill offers lunch delivery Monday - Friday from 11 a.m. - 1 p.m. Call 228-871-2494 to place your order. Fight that early morning chill by getting a hot breakfast. The Grill is open as early as 6:30 a.m. Take your pick from French toast plates to breakfast burritos or traditional eggs and bacon. The Grill is located at the

Zumbathon



Saturday, February 16
10 a.m. - 12 p.m.
Fitness Center Gym
FREE
For more information
Call 228-871-2668

corner of Colby and 7th Street.

Anchors & Eagles: Great service and good times are what you can expect at Anchors & Eagles. Open Tuesday - Thursday 2 - 9 p.m. for chiefs and officers. Stop by and shake off the day with comrades.

Youth Activities

Take a trip to see the USS Alabama with the Youth Activities Center this Saturday, 8 a.m. - 4 p.m. Learn all about this memorable ves-

sel for only \$6, but seats are limited so sign up today.

The Youth Center will be closed Monday for President's Day. Show your pet how much you love them on Wednesday by making a homemade pet toy that will definitely become his or her favorite. "Love Your Pet Day" is FREE and from 5:30 - 8:30 p.m. at the YAC.



For more
MWR
program
information
contact:

Anchors & Eagles	228-871-4607
Auto Hobby	228-871-2804
Beehive	228-871-4009
Child Development Center	228-871-2323
Fitness Center	228-871-2668
Information, Tickets & Travel	228-871-2231
Liberty Center	228-871-4684
Seabee Heritage Center	228-871-3619
Navy Outdoor Recreation	228-871-2127
RV Park	228-871-5435
The Grill	228-871-2494
Training Hall	228-871-4750
Youth Activities Center	228-871-2251
Main Office	228-871-2538

NCBC Helping Hands volunteer opportunities



GREAT DAY OF SOCCER - Great Day of Soccer needs you! Great Day of Soccer is looking for 25 volunteers Feb. 16, 8 a.m. - 3 p.m. at the County Farm Soccer Fields off of County Farm Road in Harrison County (north of Gulfport/Long Beach.) Volunteers will be involved in judging about 400-500 kids, ages 4 - 18 in four events. Volunteers will receive training and lunch and all necessary supplies will be provided. For more information or to sign up, contact Jeff Bruni, 228-861-6175 or jeffbruni@bell-south.net or jbruni@gulfport-ms.gov.

RIDE2RECOVERY GULF COAST CHALLENGE - R2R will be traveling on

the Gulf Coast, from New Orleans to Tallahassee March 4 - 8 with over 200 Wounded Warriors participating. March 4 in Mobile, Ala., the USO Gulf Coast will be hosting a Casino Night from 6 - 10 p.m. and needs 20 volunteers to assist with this event and to volunteer as amateur dealers (no experience necessary.) For more info please contact usogulf-coast@uso.org

LONG BEACH ALTERNATIVE SCHOOL SEEKS MENTORS - Long Beach Alternative School on Old Pass Road in Long Beach is looking for mentors for three high school girls and four high school boys. Mentor duties will in-

clude providing direction on assignments, increasing personal accountability and other life skills. Please call Michelle Harrison at 228-865-1956 if you are interested.

WOOLMARKET ELEMENTARY SCHOOL SEEKS MENTORS - Woolmarket Elementary School on John Lee Road in Biloxi is looking for mentors for their male students as they prepare for middle school. Please contact Shirley Hardman at 228-392-5640 for more information or to volunteer.

COAST SALVATION ARMY NEEDS VOLUNTEERS - Volunteers are need for various projects throughout the year.

Contact Shawna Tatge for info, Shawna_Tatge@uss.salvationarmy.org

VOLUNTEER WITH USO - Volunteering is both fun and rewarding. If you are interested in volunteering or would like more information, please visit <http://www.usovolunteer.org/>. Volunteers are needed at both USO locations - (NMP5 2nd Floor, NCBC and Gulfport Biloxi International Airport.)

PROFESSIONAL GOLF ASSOCIATION NEEDS VOLUNTEERS - Volunteers are needed for the Professional Golf Association (PGA) Champions Tour featuring top golfers - Fred Couples, Tom Lehman, Mark Calcavecchia, Nick

Price, & Bernhard Langer March 18 - 24 at the Fallen Oak Golf Club, 24400 Highway 15, Saucier. Volunteer will receive a shirt, hat or visor, a credential for the week, meals during shift, six good-ay-day tickets, a free round of golf at Grand Bear and admission to a volunteer party at Hard Rock, Biloxi. For details, contact Stephanie Griffis, 228-896-6365.

DRIFTWOOD NURSING HOME - Want to make a difference in the life of the elderly then volunteer with Driftwood Nursing Home located right outside the Broad Avenue gate. Contact Christina to volunteer, 228-243-3421.

Seabee Memorial Chapel



Center Chaplains:
Lt. Cmdr. Paul Smith, Protestant Chaplain
Lt. Yoon Choi, Protestant Chaplain
 For information concerning other faith groups,
 call the chapel office at 228-871-2454

Services:
Gospel Service: 8 a.m.
Sunday Catholic Mass: 9:30 a.m.
Weekday Mass: Tuesday, 11:15 a.m.
Divine Worship: Sunday, 10:30 a.m.

Chapel Offerings

Looking for a church?

The Seabee Memorial Chapel holds services every Sunday that might suit your needs. Protestant Services include a Gospel Service at 8 a.m. and Divine Worship Service at 10:30 a.m. Catholic Services include Catholic Mass at 9:30 a.m. There is also Catholic Mass Tuesdays at 11:15 a.m.

Seabee Pantry

The Seabee Pantry needs restocking. During the holidays, the need for food donations is at its highest level. Please donate as many canned goods and other nonperishables as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center and Armed Forces Retirement Home. The Seabee Pantry is for anyone affiliated with NCBC.

Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the Divine Worship Service at 10:30 a.m. Sundays. If you can sing or play an instrument, you are invited to come share your gift.

Women's Bible Study

Women's Bible Study is held Wednesdays at 11 a.m. at the Seabee Memorial Chapel. Free child care is available. For more information on all offerings that are available, contact the chapel at 228-871-2454.



GULF COAST USO

901 CBC 3rd St., Building 114
228-575-5224

FREE Services:	United Through Reading
Fax - Send/Receive:	Program
228-575-5225	Computers with web cams
Copies	Internet and Email Access
Snacks/Drinks	X-Box

Office hours:
Monday-Friday, 8 a.m. - 4 p.m.



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the first Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Mary Belanger, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit the FRG and Om-budsman website at <http://nmcb11.webs.com>.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for more information.

NMCB 133 FRG invites all friends and family

members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For more information contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com. Log on to the FRG site, http://www.wix.com/NMCB133_FSG/133frg.

Gulfport Officer's Spouse Club

The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscglgulfport@yahoo.com. We hope to see YOU soon!

Navy Wives Clubs of America, Inc. The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area and will be hosting a meeting for new member Feb. 16. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-3422271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubs-of-america.org for more info on NWCA.

NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet and Family Support Center offers GA

meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for details.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude, 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from Noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites. Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or elevenoaks58@cableone.net or log onto www.nsva.org for information.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at

7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization and all that is offered to members.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday -Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabee-museum-store.org or call the gift shop at 228-871-4779 for information on all that is available.

To publicize your organization, send information to seabeecourier@navy.mil

NCBC Gate Hours

Pass Road:

24 hours,
7 days a week

Broad Avenue:

5 a.m. - 5 p.m.
Monday - Friday
and
9 a.m. - 5 p.m.,
Saturday, Sunday
and
Holidays

28th Street:

5 a.m. - 5 p.m.
Monday - Friday and
5 - 7 p.m., Outbound
Only

NCBC Security Reminder . . . To prevent both personal and governmental property theft, NCBC Security would like to remind you to remember to secure vehicles, personal compartments, work spaces, compounds, and buildings. Don't be a target!



**LADD . . .
Leaders Against Drunk Driving**



LADD is a program sponsored by the NCBC/20th First Class Association. The mission of LADD is to prevent drunk driving on board NCBC Gulfport by providing rides for any service member who needs assistance getting home after an outing that involves alcohol.

~ LADD is strictly confidential. NO REPRISAL!

~ LADD will take individual home only, no stops.

~ Volunteers who stand the watch are on call 24/7.

It is always important to have a plan in place when going out in town, but if your plans fall through, please call LADD and we will pick you up!

100 percent confidential, zero reprisal!

Call 228-239-9007

President's Day
is
Feb. 18

The NCBC Com-
missary will be
closed Feb. 18
and
Feb. 19

Normal hours of
operation will
resume
Feb. 20