

SEABEE COURIER

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Naval Construction Battalion Center, Gulfport, Mississippi

February 7, 2013



Secretary of Defense Leon E. Panetta and Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey brief the press at the Pentagon. Panetta and Dempsey went in depth on the drastic effects of sequestration should it take effect at the end of March. (DoD photo by Erin A. Kirk-Cuomo/Released)

DoD Leaders: Budget deadlock could spark readiness crisis

By Karen Parrish

American Forces Press Service

Issuing perhaps their strongest warnings yet, Pentagon leaders said the budget impasse threatens to create a military readiness crisis Feb. 3.

Defense Secretary Leon E. Panetta and Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, joined in interviews, televised Feb. 3, with CNN's Candy Crowley on "State of the Union" and NBC's Chuck Todd on "Meet the Press."

The budget provision known as "sequester," which is set to take effect March 1 unless Congress acts, would trigger a half-trillion

dollars in defense spending cuts over 10 years, beyond major spending cuts already in place over that period. Defense Department staffs are preparing for the worst, Panetta said.

"If sequester goes into effect, and we have to do the kind of cuts that will go right at readiness, right at maintenance, right at training, we are going to weaken the United States and make it much more difficult for us to respond to the crises in the world," Panetta said.

"We've got to plan for that possibility,...but I have to tell

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Welcome Home NMCB 1



Family and friends welcomed home more than 190 Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1, Main Body, Advanced Party, at the Training Hall on board NCBC Gulfport as they returned from deployment, Feb. 4. For more than six months the "First and Finest" of NMCB 1 have been operating forward deployed to the U.S. 6th Fleet area of responsibility (AOR) in support of construction operations throughout Europe and Africa. (U.S. Navy photo by Chief Mass Communication Specialist Ryan G. Wilber/Released)

See **NCBC Facebook** for more return photos

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 Rob Mims

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Special Contributors
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22 NCR
Commander
 Capt. Darius Banaji
Public Affairs Officer
 Vacant

25 NCR
Commander
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 MCC (SW/AW) Scott Boyle

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Public Affairs Officer
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Mass Comm. Specialist
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Special Contributor
 CE1(SCW) Joshua Thonissen

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Public Affairs Officer
 Lt. j.g. Brian Myers
Mass Comm. Specialist
 MC1(AW) Jonathan Carmichael

NMCB SEVENTY FOUR
Commanding Officer
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Public Affairs Officer
 Lt. j.g. John Parizek
Mass Comm. Specialist
 MC2 Ryan Williams

NMCB ONE THIRTY THREE
Commanding Officer
 Cmdr. Nicolas D. Yamodis
Public Affairs Officer
 MC1(SW/AW) Steven Myers

NCTC GULFPORT
Commanding Officer
 Cmdr. Scott Anderson
Public Affairs Officer
 Lt. J. Johnson

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Recently at the Courthouse

Courts-martial in Navy Region Southeast (CNRSE) recently heard the following cases:

At a General Court-Martial convened on board NS Mayport, a Lieutenant (Junior Grade) was found guilty of attempted wrongful sexual contact, violating a lawful general regulation by wrongfully engaging in sexual conduct with an E-3, and wrongful sexual contact. The military judge sentenced the Accused to three

months confinement, forfeiture of all pay and allowances, and a dismissal.

At a General Court-Martial convened on board NAS Jacksonville, a Petty Officer First Class was found guilty of soliciting to transfer control of a minor with knowledge that the minor would engage in prostitution, traveling for the purpose of engaging in unlawful sexual conduct with a person believed to be a child after using a cell phone to solicit a

person believed to be a custodian or guardian of a child to consent to the participation of the child in sexual conduct, and using a cell phone to solicit to transfer control of a minor with knowledge that, as a consequence of the transfer, the minor would engage in prostitution. The military judge sentenced the Accused to 14 years confinement, total forfeiture of all pay and allowances, reduction in rate to E-1, and a dishonorable discharge.

At a General Court-Martial convened on board NAS Jack-

sonville, an Airman was found guilty of failure to obey a lawful order (3 specifications) and assault consummated by a battery (3 specifications). The military judge sentenced the Accused to 18 months confinement, reduction in rate to E-1, and a bad conduct discharge.

Courts-martial in Navy Region Southeast are tried with few exceptions at NAS Jacksonville, NS Mayport, and NAS Pensacola. Therefore, the location of where a court-martial described above was convened does not necessarily correlate to the command that convened the court-martial.

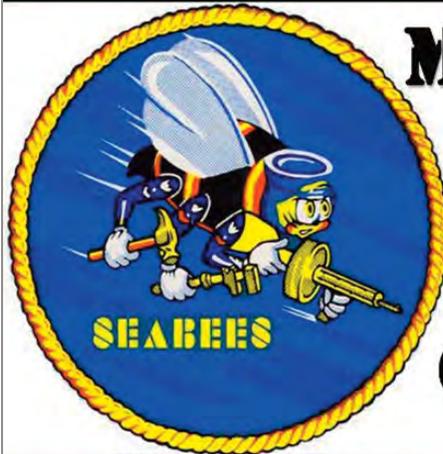
SEABEE BALL

MARCH 23 AT 7 P.M.

COCKTAILS AT 6

MISSISSIPPI

COAST COLISEUM



**FREE CHILD CARE AT
 CDC W/ PURCHASE OF
 TICKET!
 1ST COME, 1ST SERVE!**

**YOUTH/TEEN LOCK-IN -\$15
 MARCH 23/24 5 P.M. TO 7
 A.M. W/ PURCHASE OF
 TICKET!**

SEABEE BALL TICKETS: E-7 AND ABOVE: \$40, E-6 & BELOW: \$20, CIVILIANS: \$40

COMMAND POINTS OF CONTACT FOR TICKET SALES/INFORMATION:

NMCB 1 - CUCM JOSH SCHLEGEL, (UNTIL AP/MB RETURN)

NMCB 11 - BUC ANTHONY BOLDREY

NMCB 74 - CM1 JOSEPH SHIMKO

NMCB 133 - EAC BRANDON HILL

NCTC - BUC MARIO SOLARES AND EOC JOSH BRAND

22/25NCR - CECS CLINT RAINEY AND HMC CHARLOTTE REIJO

20SRG/LDO & CWO - ENSIGN MATT CATANESE AND

BU2 KATHERINE RUBIO

AFRH - EAC BRANDON HILL

VIP - CHARLOTTE WILLIAMS



Buzz on the Street

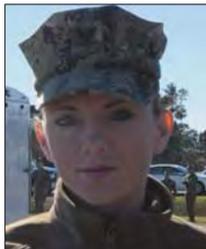
By CEEN Lucinda Moise
NCBC Public Affairs

"If you could have one wish come true, what would it be?"



"Everyone in the world at peace."

BU1 (SCW) Olawale Ogunmolawa
NMCB 15
Hometown: St. Louis, Mo.



"I wish my kids were here with me."

BU3 (SCW) Amanda Toth
NMCB 15
Hometown: White Bluff, Tenn.



"World Peace."

UT3 (SCW) Chris Lunneen
NMCB 15
Hometown: Houston, Texas

Around the



Center

Master Chief Calvin Dukes, command master chief for Naval Construction Battalion Center (NCBC), purchases pizza from the pizza sale held at building 1 on board NCBC, Feb. 1. All proceeds from the sale will go toward the Seabee Ball which is being held March 23 at the Mississippi Coast Coliseum. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)



Personnel assigned to Naval Mobile Construction Battalion (NMCB) 15 practice mass casualties combat life saving skills during a class at the Fitness Center on board NCBC, Jan. 31. NMCB 15 is rehearsing combat life saving scenarios in preparation for an upcoming deployment to theater. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

The scene at the Mercedes Benz Superdome after the Baltimore Ravens defeated the San Francisco 49ers in Super Bowl XLVII in New Orleans, Feb. 3. More than 100 volunteers from Naval Construction Battalion Center (NCBC) worked as ticket scanners, ushers, guest services representatives to raise money for the Seabee Ball at the Mississippi Coast Coliseum, March 23. (Photo courtesy of Builder 2nd Class Cassie Locke/Released)





Trevor Romain, award winning children's author and television personality makes a point to the children of the Naval Construction Battalion Center (NCBC) Youth Activities Center (YAC) during his "With You All the Way" tour at the Training Hall on board NCBC, Jan. 29. (U.S. Navy photo by Construction Electrician Constructionman Lucinda L. Moise/Released)

'With You All The Way' USO tour makes stop at Seabee Center

By **CECN Lucinda L. Moise**
NCBC Public Affairs

The USO, Trevor Romain Company, Focus and MWR presented the "With You All the Way, Support for Military Children" USO tour featuring award winning children's author and television personality Trevor Romain, at the Training Hall on board Naval Construction Battalion Center (NCBC), Jan. 29.

For 25 years Romain has been involved in and dedicated to helping children cope with issues such as deployments, bullying and school work. He has written and illustrated over 20 children's books and has a television show on PBS network geared at aiding children, especially kids with military parents, deal with real life issues in a positive manner.

"A lot of people don't realize what military children have to go through. We give them tools to help them get through difficult times that many people don't even realize they're facing. Military children have added stress. They have to move around, have a parent gone and on top of that deal

with issues of just being a kid," said Romain.

This year there are 20 military installation and elementary school stops planned for With You All the Way. At the NCBC stop, some of the children from the Youth Activity Center (YAC) were on hand. One of the attendees, Kendal Johnson, enjoyed the presentation and learned lessons as well.

"I liked it, especially the part where the guy was being chased by nachos and I learned to always be myself and that I'm not alone," said Johnson.

Romain spoke with the audience about the importance of not bullying others, doing homework, positively coping with deployments and being oneself, and gave the youth tools to effectively do so.

According to Romain the children learn to support each other in a peer to peer group, so they can take care of each other. They begin to realize it's okay to ask for help and they start to understand that their peers are with them all the way!

VITA - Volunteer Income Tax Assistance

The VITA office is open to help with your tax preparation. VITA is located in building 60, room 265. Appointments for self-service tax preparation are being offered Tuesdays, Wednesdays and Fridays, and appointments for full-service for certain circumstances are being offered Mondays and Thursdays. VITA is open Mondays - Thursdays, 9 a.m. - 2:30 p.m., and Fridays, 9 a.m. - 1:30 p.m. For general questions or to make an appointment call 228-822-5131.



COME CELEBRATE AT COLMER DINING FACILITY

February 14

11 a.m. - 12:30 p.m.



Southern Fried Chicken

BBQ Spareribs

Blackened Fish

Hoppin' John Rice

Baked Three Cheese Macaroni

Candied Yams

Seasoned Green Beans

Corn-on-the-Cob

Chicken Gumbo

Cornbread

Fresh Salad Bar

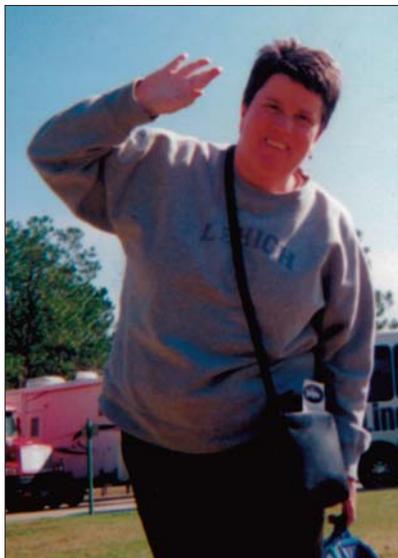
Assorted Desserts

****SPECIAL MEAL IS OPEN TO ALL****

COST: \$4.60 PER PERSON



Join us at the Black History Month Celebration, Feb. 14, 11 - 11:30 a.m., Training Hall, building 446 and top off the event with a wonderful meal at Colmer Dining Hall.



Left: Alice Huffman is shown in 2002, before she began her journey to become physically fit. Right: Alice Huffman pictured with her grandchildren, William and Lucy, proudly displays the Gulf Coast Running Club plaque designating her "Most Improved Female Runner of 2012." Huffman began her fitness journey by walking every day and has progressed to running 5ks, 10ks, half marathons, marathons and triathlons. (Photos courtesy of Alice Huffman/Released)

Alice Huffman travels the long road to fitness

By **CECN Lucina L. Moise**
NCBC Public Affairs

People decide to lose weight for various reasons. Some do it for themselves, or for their families and some, like Alice Huffman, director of the Navy Marine Corp Relief Society (NMCRS), on board Naval Construction Battalion Center (NCBC), decide to do it for their health.

"I knew I had to do something. I weighed over 200 pounds. I wasn't happy with my health or my appearance and where I had let myself get," said Huffman.

According to Huffman she started her road to fitness 10 years ago with walking every day. Then she eventually started running. Huffman went from walking 5ks to running 5ks, 10ks, half

marathon, full marathons and triathlons, which have earned her 21 finishers medals. Huffman recently completed the Goofy Challenge Marathon Weekend in Disney World, which consisted of a 13.1 half marathon and 26.2 full marathon in two days.

"Once I finished my first 5k race I knew I could do it which motivated me to keep doing it and more," said Huffman.

Huffman believes the biggest benefit she has received from her lifestyle change is improved health. Physical life changes have been easy to face, because her health is very good.

Huffman has advice for those embarking on a fitness journey of their own.

"Do not go in it alone; par-

ticipate with and be accountable to other people. Find your inspiration, whether it's pictures of yourself from years past or other individuals who have been successful, and don't be discouraged. Don't deprive yourself either. Be realistic and reasonable with the plan you choose. Choose a diet or plan one that's going to educate you about fitness and food and that you can transition into a lifestyle," said Huffman.

Her determination has not gone unnoticed. According to Huffman's long time friend Chief Tyler Watters, assigned to Naval Mobile Construction Battalion (NMCB) 74, "Alice is an inspiration. She keeps me motivated and everyone around her."

From **BUDGET** page 1
you, it is irresponsible for [sequester] to happen," the secretary added. "I mean, why - why in God's name - would members of Congress elected by the American people take a step that would badly damage our national defense, but more importantly, undermine the support for our men and women in uniform? Why would you do that?"

Dempsey noted sequester is only part of the vise closing around DoD. Under the continuing resolution that sets government spending at previous levels when an appropriations bill isn't passed, Pentagon spending for the fiscal year already is out of balance, he said.

"The combined effects of sequester and the continuing resolution creates a magnitude of cut in the last half of the year," Dempsey said. "We have to absorb \$52 billion when you count the effects of both sequestration and the continuing resolution in the last half of the year."

Panetta and Dempsey both

have stated repeatedly that defense spending priorities always will be supporting troops in combat and training those next to deploy. The chairman yesterday detailed what civilian employees can expect if sequester happens and they are furloughed.

"They will lose two days per pay period, 20 percent less pay for the rest of the year," he said.

Dempsey noted that despite public perception, less than a quarter of defense civilian employees work in the Washington area.

"There's this notion that [civilian furloughs are] probably okay, because they are just a bunch of white-collar bureaucrats," he said.

But 86 percent of DoD's civilian employees "live outside of Washington, D.C., are in our schools, in our clinics, in our motor pools, in our depots, in our factories," Dempsey added. "This will affect the entire country, and it will undermine our readiness for the next several years."



SEABEE DAY 2013

**Naval Construction Battalion Center
Gulfport, Mississippi**



**MYLES SHARP BAND
FEATURING REBECCA POWERS**



JENNIFER TRINDAS

Saturday, March 9, 2013

9 a.m. to 4 p.m.

Fun for the whole family!

Join us for Free Carnival Rides, Great Food, Mountains of Military Displays, Free Kids Play Area, Petting Zoo, Music and More!

Free Community Event, Open to the Public

WWW.SEABEEDAY.ORG








The Seabees of Naval Mobile Construction Battalion (NMCB) 11 stand in formation at quarters held on a rainy day in January. NMCB 11 was the active component awarded the Atlantic Fleet Naval Construction Force (NCF) Battle Efficiency (Battle "E") award for fiscal year 2012. (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael/Released)

NMCB 11 awarded Battle 'E' for FY 2012

By MC1 Jonathan Carmichael

NMCB 11 Public Affairs

Naval Mobile Construction Battalion (NMCB) 11 was the active component awarded the Atlantic Fleet Naval Construction Force (NCF) Battle Efficiency (Battle "E") award for fiscal year 2012.

The prestigious award follows a fiscal year in which NMCB11 successfully completed an arduous training cycle and a highly productive eight-month United States Central Command (CENTCOM) deployment.

Cmdr. Lore Aguayo, commanding officer of NMCB11, congratulated and thanked the Seabees of the battalion, and the unclassified message naming the selections was read aloud to the command on the morning of Jan. 14, following the holiday stand-down period.

Rear Adm. Mark A. Handley, commander of 1st Naval Construction Division, directly addressed NMCB11 in the message.

"You demonstrated exceptional performance in execut-

ing your mission, taking care of your personnel and equipment, and fostering great pride during combat operations in support of Operation Enduring Freedom. Your aggressive training program through a shortened homeport with a focus on tactical and technical skills and small unit leadership forged a cohesive, capable and motivated unit ready to meet any challenge.

"Your outstanding preparation and leadership was apparent in the exemplary performance displayed during your eight-month CENTCOM deployment, providing superlative engineer support to U.S. Forces-Afghanistan conducting general, mobility and survivability engineering operations for three supported commands operating at 77 dispersed locations throughout all six NATO ISAF regional commands.

"With a focus on the highest levels of safety, quality and accountability, you successfully completed over 70 projects and over 46,000 mandays of construction tasking, counterinsurgency

operations and training support to Afghan engineer forces. Your efforts improved force protection, enhanced freedom of movement, and improved quality of life for U.S. and coalition forces, and set the stage for the surge draw down of U.S. and coalition forces and the eventual transfer of the mission to Afghan forces.

"Despite arduous conditions and geographically dispersed operations, your management of ... Civil Engineer Support Equipment (CESE) was remarkable. Your tremendous accomplishments clearly demonstrate you are most deserving of this honor. Bravo Zulu on your selection and on a job well done!"

All 2012 NCF Battle "E" award winners as named are: NMCB11 (active) and NMCB 27 (reserve) from the Atlantic Fleet; and NMCB 4 (active) and NMCB 25 (reserve) from the Pacific Fleet.

NMCB11 recently completed two Command Post Exercises and continues training in preparation for another deployment later this year.

NMCB 1 holds memorial relocation ceremony on board NAVSTA Rota

By CE1 (SCW) Joshua Thonnissen
NMCB 1 Public Affairs

A memorial anchor relocation ceremony was held Feb. 1, on board Naval Station Rota Spain's Camp Mitchell.

The anchor was relocated from its previous location to a more distinguished position next to the Camp Mitchell flagpole.

Camp Mitchell, formerly known as Silver City, was originally renamed and dedicated by NMCB 133 on July 23, 1982. Named for Capt. Thomas J. Mitchell, CEC, who was killed April 13, 1974 in an ambush at Naval Base Subic Bay, Philippines. While serving as Commander, THIRTIETH Naval Construction Regiment in Guam, he was making a routine inspection of a perimeter road project with the NMCB 133 Commanding Officer, Cmdr. Cleveland Dobler, and NMCB 133 Detail Officer in Charge, Lt. Charles Jeffries II,

who were also killed. Their as-sailants were never identified.

The relocation could not have come at a more instrumental time for the Seabees of Naval Mobile Construction Battalion (NMCB) 1 as they prepare for the end of their deployment.

NMCB 1 Commanding Officer, Cmdr. Chad Brooks spoke of the importance of remembering the future and the past in his remarks.

"Looking to the future of the battalion as we prepare and plan for our redeployment has provided a prefect backdrop to stop and remember our past and the sacrifices made so we have a future to plan for," said Brooks. It is the responsibility of today's military members to ensure our past is remembered by the personnel who will one day relieve us of our duties and ceremonies for memorials such as this one assist us greatly in portraying the message loud and clear."



Naval Mobile Construction Battalion (NMCB) 1 chiefs and officers stand at ease during the Anchor Relocation Ceremony held Feb. 1, on Camp Mitchell, Rota, Spain. The anchor was relocated from its former location to a more prominent location beside the Camp Mitchell flag pole. (U.S. Navy photo by Construction Electrician 1st Class Joshua Thonnissen/Released)

Fraud, Waste and Abuse Hotline: Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851 Comm: 904-542-4979 DSN 942-4979 FAX: 904- 542-5587, E-mail: CNRSE_HOTLINE@navy.mil.



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 11, support the local community and promote the Seabees and the Navy by participating in the Ocean Springs Elks Lodge parade with the theme of "Salute to the Military." (U.S. Navy photo by Mass Communication Specialist 1st Class Jonathan Carmichael / Released)

Seabees cheered in local Mardi Gras parade

By MC1 Jonathan Carmichael
NMCB 11 Public Affairs

Sailors assigned to Naval Mobile Construction Battalion (NMCB) 11 took part in a Mardi Gras Parade in Ocean Springs, Jan. 26, in support of the parade's theme, "Salute to the Military."

Forty-five volunteers from NMCB 11 marched three abreast in uniform the approximately two and a half mile parade route to cheers and shouts of encouragement from the large crowd who gathered on both sides of the road for the sunny Saturday afternoon festivities. The parade-goers ranged from small children to senior citizens.

The parade was the 38th annual Ocean Springs Mardi Gras parade sponsored by the Ocean Springs Elks Lodge 2501.

Other parade participants included Seabees assigned to the 20th Seabee Readiness Group in Gulfport, as well as a number of vehicles and bead tossing floats representing various local and regional entities.

"We felt a real sense of pride," said Construction Electrician 1st Class Dedrick L. Harris who coordinated and organized the march for NMCB-11.

"I think it puts a face to the name for the community. It gives them a chance to show their appreciation for the positive things the Seabees and NMCB11 do all the time while reinforcing our sense of belonging to the community," added Harris. "It was a great experience for everybody involved."

Update NFAAS information: All military personnel and civilian employees are required to complete a semi-annual update/verification of personnel information in Navy Family Accountability and Assessment System (NFAAS.) To complete your update/verification, please utilize the NFAAS site at <https://navyfamily.navy.mil>. Log in and update member information under the "my info" tab, "contact information" section. Update family member information under the "my info" tab, "family member info" section. Edit member and family member information as necessary and verify as current.

Sailors, Marines eligible for new NMCRS quick assist loans

From Navy-Marine Corps Relief Society

Sailors and Marines serving on active duty can now apply for a Quick Assist Loan (QAL) for up to \$500 at all 51 Navy Marine Corps Relief Society (NMCRS) Full Service Offices located on Navy and Marine Corps installations worldwide. Most QALs can be processed on a walk-in basis in about 15 minutes. Active duty Marines and Sailors must apply in person.

QALs are short-term, interest-free loans available to service members facing a family emergency or other urgent financial situation. QALs are available to Sailors and Marines who:

- ~ Are on active duty
- ~ Have no outstanding loans with NMCRS

~ Need help with basic living expenses or family emergencies

"This program is our best defense against questionable pay day lenders who create a cycle of debt with triple-digit interest and short-term repayments that adversely impact our service members and their families," said Maj. Gen. Carl Jensen, USMC, retired, Executive Vice President, Navy-Marine Corps Relief Society. Last year, the Navy-Marine Corps Relief Society provided more than 43,000 QALs to active duty Sailors and Marines.

For more information visit www.nmcrs.org/QAL or contact the nearest NMCRS office.

NMCB 15 prepares for next mission



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 15, undergo training operations on a 40-ton hydraulic crane in preparation for deployment. NMCB 15 is currently mobilized in support of Operation Enduring Freedom and is an expeditionary element of U.S. Naval Forces that act as civil engineers and support various units worldwide through national force readiness, humanitarian assistance, and building and maintaining infrastructure. (U.S. Navy photo by Mass Communication Specialist 2nd Class Daniel Garas)

PSD Gulfport DEERS/RAPIDS Services Back in Business

The fiber optic issue at PSD Gulfport has been resolved and PSD is once again able to provide DEERS/RAPIDS support.

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Military Spouse Contributor

Sentimental Sofa



When I met my husband almost 20 years ago, he had a couch. It was his "bachelor couch," and even though it may have looked cool back in 1990 when he bought it to furnish his bachelor pad, the upholstery pattern on that piece of furniture can only be described as a cross between a Bill Cosby sweater and the wallpaper in a gynecologist's office.

However, I came into the marriage without a couch, so on our limited budget, I was thankful to have one at all. For the first couple years of marriage, the couch was a useful piece of furniture, despite her crisscrossing shades of teal, gray and mauve, and the outdated honey oak embellishments on the armrests.

Moving with the military every few years, I thought my husband's bachelor couch would eventually be jettisoned like other outdated items from our past – my black and white TV, his old girlfriend's wine glasses, the kids' worn out stuffed animals, my stirrup pants – but somehow, that old bachelor couch just never went away. Sure, we bought other furniture, but the old bachelor couch stuck around in a spare bedroom, or waited in a storage unit until we could find another use for her.

More than a decade into the marriage, I suggested that we

donate my husband's bachelor couch to charity. "But she's so well built and still has so much use – we can't get rid of her!" he replied, incredulously. I never brought it up again, and as I sit here in my office writing this column at my desk, that 22-year-old bachelor couch sits just two feet away, made tolerable with a striped slipcover.

I could feel threatened by the fact that my husband has had a longer relationship with his bachelor couch than with his own wife; in fact, when I am alone in the room with his couch, I sometimes feel her mocking me. But I have learned that, as much as I dislike her distasteful appearance, my husband's bachelor couch symbolizes something for him, something with which he is not yet willing to part.

Perhaps, the couch that my husband purchased in his mid-20s reminds him of his youth, his virility, his long-gone full head of hair and former waistline. Or perhaps, she reminds my husband of buddies from his squadron days, who sat upon its sturdy cushions to watch football in unspoken camaraderie.

And as much as I don't like to think about it, perhaps she reminds my husband of old girlfriends, who were probably tacky, wore too much make up, drank wine coolers and did God-knows-what with him while lying on her garish upholstery.

I guess I can't blame him for grasping onto bygone virtues. Heck, I have two file boxes out in the garage that contain a useless jumble of high school yearbooks, photos, diaries, artwork, playbills, swimming ribbons, and even the bronze Junior Fire-fighter Badge I sent away for

See **SOFA** page 11

Health Watch:

How recent changes to TRICARE prescription costs effect you

By **Cmdr. Karen Anderson**
NBHC Gulfport

New copayments for prescription drugs covered by TRICARE went into effect Feb. 1. The Fiscal Year 2013 National Defense Authorization Act requires TRICARE to increase copays on brand name and non-formulary medications that are not filled at military hospitals or clinics. There is no increase to copays for generic medications. Prescription costs are based on the type of prescription and where it's filled.

Military Pharmacy

~ \$0 copayment for up to a 90-day supply of most medications.

~ Not all medications are available at military pharmacies. Call first to check availability.

~ Non-formulary medications are not usually filled at military pharmacies.

Home Delivery

~ You may receive up to a 90-day supply for most prescriptions at the following costs:

~ \$0 for generic formulary

medications (no change)

~ \$13 for brand-name formulary medications (\$4 increase)

~ \$43 for non-formulary medications, unless you establish medical necessity (\$18 increase) Network Pharmacy

~ You may receive up to a 30-day supply of most medications at the following costs:

~ \$5 for generic formulary medications (no change)

~ \$17 for brand-name formulary medications (\$5 increase)

~ \$44 for non-formulary medications, unless you establish medical necessity (\$19 increase)

If you want to have a 90-day prescription filled, you will pay the copayment for each 30-day supply.

Non-Network Pharmacy

You'll pay more to have prescriptions filled at non-network pharmacies (including host nation pharmacies) and costs vary based on your plan and the type of prescription.

~ Active duty service members will receive a full reimbursement after they file a

claim.

~ All others enrolled in a Prime option pay 50 percent cost share after the point of service deductible is met.

~ Beneficiaries using Standard/Extra, TRICARE Reserve Select, TRICARE Retired Reserve or TRICARE Young Adult pay: *Formulary-Generic or Brand Name*: \$17 or 20 percent of the total cost, whichever is greater, after the annual deductible is met

Non-Formulary: \$44 or 20 percent of the total cost, whichever is greater, after the annual deductible is met.

For fiscal 2014 and beyond, the new law directs that copays increase annually by the same percentage as retiree cost-of-living adjustments. In years when a COLA increase would total less than a dollar, it will be delayed a year and combined with the next adjustment so increases will always be \$1 or more.

For more information visit <http://www.tricare.mil/pharmacycosts>

Flu bug is lurking; still time to take preventative measures

By **HN William Hovis**

NBHC Gulfport

People are getting sick with the flu everywhere; what most people don't realize is how simple it is to prevent the flu. Here are some helpful hints when trying to stay healthy this flu season.

~ The flu is normally transferred from one person to another by fluids from the mouth and nose such as coughs or sneezes. Achoo! The worst way to spread germs is by coughing or sneezing into the air. Not only can this lead to spreading the flu at work, but

it could also spread the flu to loved ones at home. So make sure you're covering your mouth when you sneeze, either with a tissue or even into your sleeve.

~ Did you know that germs can live up to two hours on any given surface? The most effective ways to prevent contracting and spreading the flu is by getting your annual flu shot and practicing regular hand washing. When you sneeze it is important to wash your hands thoroughly.

~ Don't be so touchy this flu season, not everyone has the

flu but it is important to remember not to rub your face with your hands after you've touched other surfaces or shaking hands. If you can't stop to wash your hands, then try carrying a small bottle of hand sanitizer to stay germ free while on the go.

Everyone here at Naval Branch Health Clinic Gulfport want to make sure you stay healthy and fit this flu season.

If you haven't received your flu vaccine yet there's still time; come and get yours today so you won't become the next victim of the flu!

Why Choose Coastline's Distance Education Military Program?

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- ~ Spouse Program available for members with reduced tuition (\$79/credit hour).
- ~ 25 Associate Degrees Available.

Coastline's next term runs from April 1 – May 26. Registration is going on now through March 4. For more information, contact Dr. David R. Drye, Navy College Office, building 60, room 239, 228-871-3439 or ddrye@coastline.edu.

Scholarships for Military Children deadline Feb. 22

By Tammy L. Reed
DeCA Marketing

In today's economy, it's hard to find the money for what many could consider the luxury of a higher education. Getting a scholarship to help pay for your investment can really help. That's why the Defense Commissary Agency wants to remind you that the Feb. 22 deadline for students to apply for this year's Scholarships for Military Children Program is fast approaching. All students interested and eligible to apply are encouraged to gather their materials and submit their applications as soon as possible.

One of the items needed includes an essay on the following topic: "Please discuss in detail how one of the first ladies (since 1933) has made an impact on a social issue in the United States."

Scholarship awards will be based on funds available, but the scholarship program awards at least \$1,500 at each commissary. If there are no eligible applicants from a particular commissary, the funds designated for that commissary will be awarded as an additional scholarship at another store.

The Scholarships for Military Children Program was created in 2001 to recognize the contributions of military families to the readiness of the fighting force and to celebrate the role of the commissary in the military family community.

Applications are available in commissaries worldwide and online at <http://www.militaryscholar.org>. Applications must be turned in to a commissary by close of business Feb. 22. Commissaries can be found at www.commissaries.com, then click the link Locations at the top of the page.

To apply for a scholarship, the

student must be a dependent, unmarried child, younger than 21 — or 23, if enrolled as a full-time student at a college or university — of a service member on active duty, reservist, guardsman, retiree or survivor of a military member who died while on active duty or survivor of a retiree. Eligibility is determined using the Defense Enrollment Eligibility Reporting System database.

Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military ID card. The applicant must also be planning to attend or already attending an accredited college or university, full time, in the fall of 2013 or be enrolled in a program of studies designed to transfer directly into a four-year program.

The scholarship program is administered by Fisher House Foundation, a nonprofit organization that provides assistance to service members and their families. Scholarship Managers, a national, nonprofit, scholarship-management services organization, manages and awards these military scholarships. If students have questions about the scholarship program application, call Scholarship Managers at 856-616-9311 or email them at militaryscholar@scholarshipmanagers.com.

No government funds are used to support the Scholarships for Military Children Program. Commissary vendors, manufacturers, brokers, suppliers and the general public donate money to fund the program. Every dollar donated goes directly to funding the scholarships. Since its inception, the program has awarded more than \$10 million in scholarships to almost 7,000 children of service members.

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Program funded by the Department of Defense MWR Library Program, Yellow Ribbon Reintegration Program and Navy General Library Program.

For more information about the program, contact:
Meg Suavé: msuave@tutor.com or 347.819.2939

tutor.com
Learn better.

NCBC School Liaison Officer Kevin Byrd is located at MWR building 352, 1706 Bainbridge Ave., 228-871-2117 or email kevin.r.byrd@navy.mil



Fitness

Take care of your heart on Feb. 16, 10 a.m. - noon with a heart pumping Valentine's Zumbathon. Get on the floor and learn some new dance moves with this exciting opportunity. To the left . . . to the right . . . this class is so much fun and entertainment that you won't even realize you had a full body workout until it's all over. What better way to celebrate the heart! Call Michael McLaughlin for details at 228-822-5108.

After a good work out, what better gift to the one you care about than a massage! All massages offered through the CBC Fitness Center for the month of February are \$5 off. Surprise the one you love with something healthier and more rewarding than sweets! Call Julie at 228-297-5601 for rates and to schedule an appointment today!

Doing the same old work out can get boring. Make it fun and add in that healthy competition that pushes you just a little bit further. The CBC Fitness Center offers great intramural sports opportunities. Try racquetball for some one on one action or show off your volleyball skills. Intramural sports vary seasonally and have a limited time for sign up. Call today for details 228-822-5109.

Recreation

FREE Movie Program at the Training Hall: Take a load off. Sit back and watch the big screen all by yourself for some alone time, or make it a family night and bring the whole crew! Stop by the Snack Bar on your way in to get that buttered movie popcorn and those other goodies that help you get lost in the moment. Forget what was playing? No worries -

put the movie hotline in your phone, 228-871-3299 and call anytime!

Friday, "Fun Size," PG13, 6:30 p.m.

Saturday, "Happy Feet," G, 11 a.m., "Finding Nemo," G, 1:15 p.m., "The Cold Light of Day," PG13, 3:30 p.m., "Silent Hill Revelation," R, 5:30 p.m.

Sunday, "Ratatouille," G, 2 p.m.; "Paranormal Activity 4," R, 4:30 p.m.

Information, Tickets and Travel:

Design your own vacation at ITT! Stop by now and learn how you can design a trip for a group and let ITT handle the arrangements. There's a world of possibilities and spring is just around the corner. Everyone needs a getaway every now and then! Call 228-871-2231 today for details.

ITT has your Harlem Globetrotters tickets at military discount! Take the kids to enjoy a show full of trick shots, jumps and dunks for just \$24.45 for a regular seat ticket.

Stop into ITT to purchase yours today! Call ITT for more information!

Take a journey beyond the stars at the Infinity Science Center at Stennis with ITT Feb. 9. FREE Shuttle, Admission at the door. Sign up by Feb. 8 at noon. Depart at 9:30 a.m. Call 228-871-2231 for details!

Active Duty, Reservist, National Guard, USCG and Retirees are now eligible for a complimentary Universal 3 Day Park-to-Park ticket and Blue Man Group Ticket at children's price! All dependents and DOD personnel are eligible for discounted Universal 2 Day, with 3rd Day Free tickets! Call for info.

Liberty Center:

Spring is around the corner . . . feeling the fever yet? Take a trip to the Bass Pro Shop on Sunday with the Liberty Center and peruse the aisles for some outdoor gear. The FREE shuttle departs the Liberty Center at 10 a.m.

Got game? Sign up at the Liberty Center for some three on three basketball Tuesday. The tournament starts at 6 p.m. and first place gets a prize. Call the Liberty Center for details at 228-871-4684.

Last minute Valentine's Day shopping for the one that puts the twinkle in your eye Wednesday! A FREE shuttle will depart from the Liberty Center at 6 p.m. to the Edgewater Mall. Make it a special day for someone meaningful in your life.

Navy Outdoor Recreation:

Whether you are in the mood to plan a Valentine's Day or an Anti-Valentine's Day party, NOR has a deal on everything you need with its special February party equipment package!

For only \$28, rent a canopy, 120 quart cooler, table, six metal chairs and a party machine of your choice - popcorn, cotton candy, snow cone or a bubble machine. Call NOR today for details, 228-871-2127.

Food & Beverage

The Beehive is now open every day of the week! Watch the game on one of our seven flat screens, play a little pool, and enjoy good times with friends! With an excellent beverage selection, you are sure to find your preference. Call for details 228-871-4009.

Don't want to get out in the cold for lunch? Let The Grill bring it to



**CBC Fitness
Racquetball League
Season Starts
Feb. 19**

**For More
Information
Call
(228) 822-5109**

**Stop by and Sign Up
Jan. 22 through
Feb. 8**

Open to All:

- Active Duty
- DOD Employees
- Retirees

**Players' Meeting
Feb. 8, 11 a.m.
Fitness Center
Conference Room**



you. The Grill offers lunch delivery Monday - Friday from 11 a.m. - 1 p.m. Call 228-871-2494 to place your order. Fight that early morning chill by getting a hot breakfast. The Grill is open as early as 6:30 a.m. Take your pick from French toast plates to breakfast burritos or traditional eggs and bacon. The Grill is located at the corner of Colby and 7th Street.

ANCHORS & EAGLES: Great service and good times are what you can expect at Anchors & Eagles. Open Tuesday - Thursday 2 - 9 p.m. for chiefs and officers. Stop by and shake off the day with comrades.

Youth Activities

Time to catch the action on ice with a Mississippi Surge hockey game Saturday evening, 5 - 11 p.m. Cost is only \$7, but seats are limited. Call and sign up today 228-871-2251.

Beads, masks and all that fun! Join the YAC for Mardi Gras camp Monday and Tuesday, 6 a.m. - 5:30 p.m. Call for details at 228-871-2251.

On Wednesday, celebrate Black History Month with special activities from 5:30 - 8:30 p.m. Activities are FREE so come out and enjoy all of the fun!

For more MWR program information contact:	Anchors & Eagles	228-871-4607
	Auto Hobby	228-871-2804
	Beehive	228-871-4009
	Child Development Center	228-871-2323
	Fitness Center	228-871-2668
	Information, Tickets & Travel	228-871-2231
	Liberty Center	228-871-4684
	Seabee Heritage Center	228-871-3619
	Navy Outdoor Recreation	228-871-2127
	RV Park	228-871-5435
The Grill	228-871-2494	
Training Hall	228-871-4750	
Youth Activities Center	228-871-2251	
Main Office	228-871-2538	

NCBC Helping Hands volunteer opportunities



GULFPORT SCHOOL DISTRICT SCIENCE FAIR - Gulfport School District is asking for 15 - 20 judges for the Gulfport School District Science Fair, Feb. 15, 7:30 a.m. - until, at Gulfport High School, 100 Perry Street, inside Bert Jenkins Gymnasium, on the 2nd Floor. Good candidates anyone with a background in science or technology. If you are interested in volunteering, please contact Tiffany L. Webb, 228-865-4610, 228-223-8806 or tiffany.webb@gulfportschools.org.

GREAT DAY OF SOCCER - Great Day of Soccer needs you! Great Day of Soccer is looking for 25 volunteers Feb. 16, 8 a.m. - 3 p.m. at the County Farm Soccer Fields off of County Farm Road in Harrison County (north of Gulfport/Long

Beach.) Volunteers will be involved in judging about 400-500 kids, ages 4 - 18 in four events. Volunteers will receive training and lunch and all necessary supplies will be provided. For more information or to sign up, contact Jeff Bruni, 228-861-6175 or jeffbruni@bellsouth.net or jbruni@gulfport-ms.gov.

RIDE2RECOVERY GULF COAST CHALLENGE - R2R will be traveling on the Gulf Coast, from New Orleans to Tallahassee March 4 - 8 with over 200 Wounded Warriors participating. March 4 in Mobile, Ala., the USO Gulf Coast will be hosting a Casino Night from 6 - 10 p.m. and needs 20 volunteers to assist with this event and to volunteer as amateur dealers (no experience necessary.) For

more info please contact usogulf-coast@uso.org

LONG BEACH ALTERNATIVE SCHOOL SEEKS MENTORS - Long Beach Alternative School on Old Pass Road in Long Beach is looking for mentors for three high school girls and four high school boys. Mentor duties will include providing direction on assignments, increasing personal accountability and other life skills. Please call Michelle Harrison at 228-865-1956 if you are interested.

WOOLMARKET ELEMENTARY SCHOOL SEEKS MENTORS - Woolmarket Elementary School on John Lee Road in Biloxi is looking for mentors for their male students as they prepare for middle school. Please contact Shirley Hardman

at 228-392-5640 for more information or to volunteer.

COAST SALVATION ARMY NEEDS VOLUNTEERS - Volunteers are needed for various projects throughout the year. Contact Shawna Tatge for info, Shawna_Tatge@uss.salvationarmy.org
VOLUNTEER WITH USO - Volunteering is both fun and rewarding. If you are interested in volunteering or would like more information, please visit <http://www.usovolunteer.org/>. Volunteers are needed at both USO locations - (NMPS 2nd Floor, NCBC and Gulfport Biloxi International Airport.)

PROFESSIONAL GOLF ASSOCIATION NEEDS VOLUNTEERS - Volunteers are needed for the Professional Golf Association

(PGA) Champions Tour featuring top golfers - Fred Couples, Tom Lehman, Mark Calcavecchia, Nick Price, & Bernhard Langer March 18 - 24 at the Fallen Oak Golf Club, 24400 Highway 15, Saucier. Volunteer will receive a shirt, hat or visor, a credential for the week, meals during shift, six good-any-day tickets, a free round of golf at Grand Bear and admission to a volunteer party at Hard Rock, Biloxi. For details, contact Stephanie Griffis, 228-896-6365.

DRIFTWOOD NURSING HOME - Want to make a difference in the life of the elderly then volunteer with Driftwood Nursing Home located right outside the Broad Avenue gate. Contact Christina to volunteer, 228-243-3421.

Seabee Memorial Chapel



Center Chaplains:
Lt. Cmdr. Paul Smith, Protestant Chaplain
Lt. Yoon Choi, Protestant Chaplain
For information concerning other faith groups,
call the chapel office at 228-871-2454

Services:
Gospel Service: 8 a.m.
Sunday Catholic Mass: 9:30 a.m.
Weekday Mass: Tuesday, 11:15 a.m.
Divine Worship: Sunday, 10:30 a.m.

Chapel Offerings

Looking for a church?

The Seabee Memorial Chapel holds services every Sunday that might suit your needs. Protestant Services include a Gospel Service at 8 a.m. and Divine Worship Service at 10:30 a.m. Catholic Services include Catholic Mass at 9:30 a.m. There is also Catholic Mass Tuesdays at 11:15 a.m.

Seabee Pantry

The Seabee Pantry needs restocking. During the holidays, the need for food donations is at its highest level. Please donate as many canned goods and other nonperishables as possible. Donation drop-off sites are located at the Navy Exchange, Chapel, Commissary, Fleet and Family Support Center and Armed Forces Retirement Home. The Seabee Pantry is for anyone affiliated with NCBC.

Praise and Worship

The Seabee Memorial Chapel is looking for new members for the Praise and Worship Team for the Divine Worship Service at 10:30 a.m. Sundays. If you can sing or play an instrument, you are invited to come share your gift.

Women's Bible Study

Women's Bible Study is held Wednesdays at 11 a.m. at the Seabee Memorial Chapel. Free child care is available. For more information on all offerings that are available, contact the chapel at 228-871-2454.

From SOFA page 8

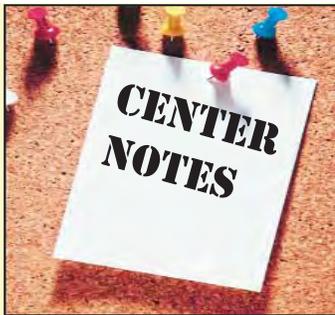
from a Smokey the Bear advertisement in the back of Highlights magazine. If anyone tried to throw those file boxes away, I'd turn from middle-aged housewife into vicious cage fighter faster than you can say "aggravated assault."

Why? Because those scraps of crumpled paper and corroding metal symbolize a simple, carefree time. A time when my greatest worry was curling my bangs right or whether my parents were going to let me have the car on Friday night. So, on days when the minutia of my middle-aged life as military spouse bogs me down, it's

nice to know that I still have in my possession, in two moldy file boxes in the garage, the hope that life can be simple and carefree again.

So, I will not begrudge my husband his reminder of days gone by, even if his "little memento" has had a longer relationship with him than I have and takes up eight feet of wall space in my office. Besides, she has provided the rest of the family some consolation by facilitating many an afternoon nap.

Get more wit and observations from Lisa at her blog, <http://the-meatandpotatoesoflife.com>.



SUPPORT

Family Readiness Groups

NMCB 1 FRG invites friends and family members to attend FRG meetings the first Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and babysitting is provided during deployment. Contact FRG President Mary Belanger, e-mail nmcbonefrg@gmail.com.

NMCB 11 FRG For more information regarding the NMCB 11 FRG, please visit the FRG and Ombudsman website at <http://nmcb11.webs.com>.

NMCB 74 FRG All families of NMCB 74 are invited to the 74 FRG meeting the third Monday of each month. Meetings are at the MWR Youth Activities Center, building 335, behind the Grinder on NCBC. Socializing begins at 5:30 p.m., and meetings begin at 6 p.m. Bring a covered dish to share at our potluck dinner. Children are welcome. Email nmcb74fsg@yahoo.com or visit our Facebook page at "NMCB74 Fearless FRG" for more information.

NMCB 133 FRG invites all friends and family

members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and babysitting is provided. Please bring a dish to share. For more information contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com. Log on to the FRG site, http://www.wix.com/NMCB133_FSG/133frg.

Gulfport Officer's Spouse Club

The Gulfport Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@yahoo.com. We hope to see YOU soon!

Navy Wives Clubs of America, Inc. The Navy Wives Clubs of America, Inc. is interested in reestablishing a club in the local area and will be hosting a meeting for new member Feb. 16. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-3422271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclubs-of-america.org for more info on NWCA.

NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous

The Fleet and Family Support Center offers GA

meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for details.

TRAINING

Naval Sea Cadets The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Contact Lt.j.g. Bowling at 228-313-9035 or coachcb@yahoo.com for details.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held the first and third Wednesday of the month at 9 a.m., at the Seabee Memorial Chapel. Contact BU1 Jerma Cloude, 228-871-2454 for details.

VFW Post 3937 Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood Night, the remaining Fridays are Steak Night. Breakfast is served from 7 to 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of the month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602 for information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the first Wednesday of the month at 7 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for more info.

NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member, go to <http://nmcb62alumni.org> or for links to Seabee historical sites. Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the first Thursday of each month at Anchors & Eagles at 7 p.m. Contact Joe Scott (secretary) at 228-669-8335 or elevenoaks58@cableone.net or log onto www.nsva.org for information.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more about our organization and all that is offered to members.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday -Friday, 10 a.m. to 4 p.m., and Saturdays from 11a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact the museum at www.seabeesmuseumstore.org or call the gift shop at 228-871-4779 for information on all that is available.

To publicize your organization, send information to seabeecourier@navy.mil

MWR covered Super Bowl Sunday for patrons with 3 party locations

By Maranda Johns
NCBC MWR Marketing

All channels were set on Super Bowl XLVII, Feb. 3, on board Naval Construction Battalion Center (NCBC) Gulfport.

Three different Morale, Welfare and Recreation programs provided food and a fun atmosphere for everyone to enjoy the all American sport of football.

Shields RV park patrons watched the game at Anchors and Eagles. Around 100 Liberty Center patrons crowded around for pizza, wings and sweets. The Beehive also boasted a crowd of excited fans.

The game was full of sur-



Shields RV park patrons made their way over to the Anchors & Eagles lounge Sunday to enjoy the big game. Morale, Welfare and Recreation (MWR) sponsored three Super Bowl parties on board the Seabee Center. (Photo courtesy of MWR/Released

prises, but ultimately ended in a 34 to 31 win for the Baltimore Ravens over the San Francisco 49ers.



Liberty patrons line up to enjoy an evening of good food and fun while watching the Baltimore Ravens go against the San Francisco 49ers during SuperBowl XLVII at the Liberty Center, Feb. 3. (Photo courtesy of MWR/Released)

Underwater Construction Team (UCT)

ONE is searching for highly motivated Seabees and CEC Officers looking for a career and lifestyle change.



Join an ELITE force and travel as a small, professional team. Execute specialized construction, diving and demolition skills with the latest and greatest technology and equipment.

Contact UCT CCC/Diver recruiting team @ (757) 462-3988/4313 or Email YNC Aberle at christopher.aberle1@navy.mil; SW1 Dohse at ryan.dohse@navy.mil or visit www.facebook.com/seabee.diver for more information.