

SEABEE COURIER

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Naval Construction Battalion Center, Gulfport, Mississippi

August 26, 2016

Gulfport firefighters train on board NCBC facilities

Photos by Rob Mims
NCBC Public Affairs

The Naval Construction Battalion Center opened its doors for training when Gulfport Fire Department lost availability of their training facility for new personnel with the "rookie" class Aug. 23. This short-notice request was accommodated by NCBC as a continuation of the close partnership and mutual aid agreement between the base and GFD. The junior firefighters trained on search and rescue tactics, ladder placement maneuvers and defensive hoseline operations. (U.S. Navy Photos by Rob Mims, NCBC Public Affairs)



NCBC

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Base hosts largest job fair of the year

Fleet and Family Support Center staff held a job fair at building 144 Aug. 18. There were 37 companies in attendance. More than 155 participants generated 257 job leads. Leads are where the different companies are interested in having further contact with the job seekers. The next job fair will be at FFSC, Sept. 29. (U.S. Navy photo by Rob Mims, NCBC Public Affairs)

Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
AUDRA means "nobility and strength" in French

You don't have to walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000

International Women's Equality Day

NCBC Women of honor: Kaytlyn Dibble – Volunteer superstar

By Brian Lamar
NCBC Public Affairs

Kaytlyn Dibble, the chairman of volunteers for the Navy/Marine Corps Relief Society, seamlessly combines compassion and selfless service into her daily routine as if it was just another day in the office.

Although she doesn't receive a salary, she spends 35 hours a week armed with friendly crystal-blue eyes, a warm, wide smile and a large purple mug of coffee adorned with a daisy and the words scrawled "life is good" on the side, that seems to reflect her personal view on life.

Dibble, a mom of three and one on the way, says she is simply dedicated to helping people.

When Sailors and Marines are down on their luck with a busted transmission or tragedy strikes with an unexpected death in the family, many people turn to the Navy/Marine Corps Relief Society, which is an organization designed to help those service members in need.

"I love contributing to the community, especially the military community. Being prior active duty, I know how someone can struggle with the military life financially," said Dibble.

Dibble's role with the organization began

while she was still on active duty assigned here at NCBC. She was an equipment operator who was pregnant and was assigned to the Headquarters Building for light administrative-type duty. At the time, the NMCRS director, Alice Huffman, was looking for additional help.

"Alice was asking for a limited-duty person to be assigned to her office to help out, and I was chosen," Dibble said. "While I was here, I learned a lot about the services it provides, and it helped me learn to more financially stable."

Dibble worked more than a year and a half as a case worker with the NMCRS until she got out of the military and stayed on as a volunteer. Now Dibble has logged more than 3,500 hours as a volunteer with several years under her belt.

"The most rewarding part of all of this is when my five-year-old asks me 'Mommy, what do you do at work,' and I just get to tell him that I help people," she said.

Dibble says she will continue to recruit and train the next generations of volunteers at NMCRS. She plans to start attending family readiness group meetings and pre-deployment fairs, and manning a booth at the base fitness center.

"There are lots of ways someone can volunteer with NMCRS. There are receptionists;



Kaytlyn Dibble

we call those client services assistants. There are case workers who help clients with budgeting skills and assisting them with interest free loans or grants, depending on what their need is. We also have a thrift store, and I train the cashiers and people to help sort donations," she explained.

Dibble plans to eventually get her bachelor's degree and hopefully find new ways to help people with a newly-learned skills set.

NCBC Women of honor: Darlene Pullen – Finance guru

By Brian Lamar
NCBC Public Affairs

Darlene Pullen is a human lighthouse guiding and helping service members navigate the murky, rocky waters of Navy finance.

Pullen, a travel claim auditor and team leader with the Personnel Support Detachment and Bureau of Naval Personnel, personally ensures that more than 300 customers are taken care of each week while financial claims are routed through her office.

This is a busy time of year for Pullen, who supervises five employees during the permanent change of station season.

"We have a lot of movement happening throughout the base as people are deploying and changing stations," said Pullen. "A lot of people are going to schools and looking for travel advances."

Pullen, who had worked as a bank teller, loved working in finance but saw a new opportunity to start working for NCBC in August 2001.

"I always loved working in finance and worked in a bank, but I saw this position as something new and different that would pro-

vide challenges," said Pullen.

Taking care of others can be seen as a running theme in everything Pullen does on and off the job.

"I do community service projects that take care of families during Thanksgiving and Christmas. I volunteer with the Elks. I saw how they gave back to the community and helped the needy, and they are a Christian-based organization," said Pullen.

Pullen has worked at NCBC since Aug. 27, 2001, and has repeated the same two mottos for 15 years: "The Sailor has to get paid" and "Make at least one person smile each day." Her daily routine starts before her first cup of coffee. As soon as she arrives each morning, the Sailor's financial health is on her mind.

"The first thing I do each morning is make sure the payments are posted. As long as that (happens), I say 'Phew, now I can have my coffee,'" she said.

Pullen, who obtained her work ethic from her dad, believes that she is doing her part to make her community better by just working hard.

"It feels good to correct a problem with a Sailor's pay. They are depending on it and as long as they know they are getting taken care



Darlene Pullen

of, they will be better at what they do," said Pullen. "Once you do a good job, you leave a lasting impression, and someone will always remember how you helped them."

Pullen, who loves to travel and dance in her spare time, plans to keep on doing what she does best and train new team members for years to come.

International Women's Equality Day

NCBC Women of honor: Donna Snow: Advocating for victims

By Brian Lamar
NCBC Public Affairs

Donna Snow, the Naval Construction Battalion Center's Sexual Assault Response Coordinator started from humble beginnings growing up in Maysville, Missouri, a town of 2,100 people.

Her mom was raising her on her own while scratching out a living by waiting tables and other jobs.

When she was 17 years old, she joined the Navy as a steelworker. Her decision would propel her from a financially stressed environment to traveling around the world visiting places she had never even dreamed of seeing as a child.

Her career in the Navy would eventually lead to an end in Gulfport, Mississippi where she retired as a senior chief and decided to stay and work helping those who also serve alongside her.

"The military gave me an opportunity to be successful. I can never pay that debt to the organization that gave me the opportunity to serve my country. I can never pay that back, but I did know that when I retired from the Navy, I wanted to give back in some way and this seems to be a great way to help serve the community that for so long took such good care of me," said Snow.

In 1996, as a Steelworker 3rd Class, Snow was confronted with an incident that would forever change her career and her life. One of the Sailors she supervised was sexually assaulted while on assignment in Puerto Rico. That experience

caused Snow to vow to help be part of the solution and she focused her career toward a new horizon.

"In 1996, I was a 3rd Class and I had a young troop that was sexually assaulted on a deployment. After we got back from deployment, I volunteered to be a victim advocate. Since then, I have been involved with the program and I have been really passionate about prevention and acknowledgement of unhealthy behavior that continue to harm. I enjoy training people to be the hardest target they can be to people who perpetrate violence," Snow explained.

Now, Snow handles the SARC program for Naval personnel at Pascagoula, Stennis, NCBC and Keesler Air Force Base, and doesn't want to leave the Mississippi Gulf Coast. Snow feels like she is with her family. Many of the women who work with her at the FFSC have been in her life for many years.

"I retired from the Navy and the victim advocate position opened here on base. It seemed like perfect timing. Then, a while later, the SARC got a job in Italy and I decided to apply because I know that I never want to leave this base and this area," said Snow.

Snow continues to develop her skills to help those around her by continuing school in Psychology at the University of South Mississippi and plans to stay here forever.

When she is not working to prevent or treat catastrophe in the lives of victims. Snow can be seen putting one foot in front of the other



Donna Snow

for hours as an ultramarathon runner.

"I've finished 6, 50-Kilometer races, 2, 50-miler races and 22 marathons. I attempted a 100 kilometer race, but had to stop at 80 kilometers because of the weather," said Snow.

To make up for the shortfall in the 100 kilometer race, she and some friends planned a run for her to run 62 miles (100 kilometers) from the West end of the Bay St. Louis Bridge to the middle of the Ocean Springs bridge and back.

NCBC Women of honor: YN1 Rachael Morrison – The prodigal woman

By Brian Lamar
NCBC Public Affairs

In 1998, a 17-year-old girl who had previously been on the A/B honor roll, was raising hell and finding her path in life the hard way in Nashwauk, Minnesota, situated an hour away from the Canadian border.

As a reward for all of her teenage rebellion, she was put in a group home for disorderly wayward girls.

While she was a resident at the group home, she was sent to a court appearance to atone for her sins. Morrison was given a choice of a combo of jail time and community service or join the military.

In 1999, Yeoman 1st Class Rachael Morrison chose wisely for the first time in a while. She chose to join the Navy.

Early on in her career, Morrison channeled the rebellious energy into a fierce independence that would assist her with being a single mom for ten years before meeting her husband. She also used it to harness a work ethic that would propel her through the ranks.

"As a young Yeoman Seaman Apprentice, I was treated like I was more senior. I was immediately challenged by my supervisor and put in roles of increasing responsibility. They

challenged me. The Navy has always treated me better than I deserved," said Morrison.

Her work ethic came from her dad's ethos, which was derived from a lifetime of painstakingly jumping from odd job to odd job.

"My dad always worked hard and taught me to one up my own self. He would say "You don't want to be like me and do odd jobs," said Morrison.

She also explained that her mom, who was a special needs teacher, also gave Morrison her first taste of independence training.

"My mom drilled into me that I should never be dependent or supported by a man. She would encourage me to be able to take care of myself," said Morrison.

Morrison's career is coming to a close with just a little more than two years left. Morrison and her Seabee husband are both coming up on their military retirement date soon and have plans that hinge on a child.

"We are going to try to have a child. It we can, one of us will stay in for a bit longer. If we can't, we plan to plant a church in Minnesota," said Morrison.

Morrison credits most of her success to all the people who took the time to support her, to mentor her and to stand by her. She believes the Navy way of life is the only way she



Rachael Morrison

got through the tough years.

"Without my Navy family, I wouldn't have been able to do it. There are a lot of women out there trying to be Superwomen and do it alone. It can't be done alone," said Morrison. "Accept help when it comes your way and remember to be an active part of this community."

International Women's Equality Day

NCBC Women of honor: Melissa Duvall: NEX Second-in-Command

By **Brian Lamar**
NCBC Public Affairs

Melissa Duvall learned compassionate care and responsibility at an early age when she decided to forego college and started a career, and instead stay at home and take care of her cancer-stricken grandmother just after she graduated high school.

Now Sailors at the Naval Construction Battalion Center in Gulfport can be assured that someone is looking out for their best interests when they patron the base Naval Exchange or Mini Mart.

Duvall, a mom of four and the electronic consumables divisional manager for the Navy Exchange Gulfport, starts her day with a ton of responsibility being the second-in-command of the Navy Exchange.

"I take everything I do very seriously. It's not just a job. I am a cheerleader for the Navy and the Navy Exchange and I believe wholeheartedly what they stand for and I fully support both of their missions," said Duvall.

Duvall, who could be seen as a living model of the mantra "hard work and determination pay off," has made working for the exchange into a career.

Duvall never expected anything more than a job to help out with the family income when she started working as a part-time teller. She started working on base because her husband encouraged her to look on base for a job. Eventually her dedication and caring attitude toward fellow employees and customers would evolve into a management position, according to Duvall.

"I've been on this base since 1995. I love this community ... this is home. When I decided to get out of the Navy after eight years, it was a hard decision, but even though I got out of the Navy, I found a way to continue to serve. We support the Navy by bringing quality goods and services, and it makes me feel great to contribute," said Duvall.

According to Duvall, the key to success is not just putting your nose to the grindstone with hard work.

"Hard work and perseverance are important, but taking constructive criticism and implementing those tools that were provided is how I developed professionally. I use criticism as fuel. I am very competitive and engaging. I want to be a part of the solution, not the problem," explained Duvall.

Duvall said she can't think of any other way she would want to make a living.

"They pay me to take care of other people and I love them like family," said Duvall.

Her supervisors are also happy with her performance.

"Melissa has been with the Navy Exchange for 13 years and holds the second highest position in the store. She's a former Seabee and has had a banner career with exchange," said Brandy Asher, the NEX general manager for NCBC.

As for the future, Duvall hopes to get a general manager position one day, but is currently focusing on getting her children graduated and being the best divisional manager possible.

Seabees build community center in El Salvador



Hospital Corpsman Third Class Anthony Salazar, assigned to Naval Health Clinic Charleston, and Builder Second Class Thomas Rambo, assigned to Navy Mobile Construction Battalion (NMCB) 133, assist with the installation of a truss during the framing of a new community center. Both Sailors are part of the Southern Partnership Station Construction Engagement Team 2016 in Conchagua, El Salvador building the community center as part of Southern Partnership Station 2016 (SPS-16). SPS-16 is an annual series of U.S. Navy deployments, fostering a lasting relationship with the people of Central and South America through exercises, operations and community relation projects. (U.S. Navy photo by Mass Communication Specialist 1st Class Kimberly Clifford/RELEASED)

'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Keep on dreaming: Is there life after terminal leave?

Ever since my retired Navy husband, Francis, went on terminal leave, I've been having some pretty weird dreams.

Nowadays, some prefer to use the label "transition leave" because it sounds a little less like someone is about to die, but no matter whether one uses the ominous traditional term or the newfangled sugarcoated expression, both describe the same thing: the period of accrued leave (up to 75 days) that a serviceperson can take before his or her final separation from the military.

Some lucky military service persons line up good civilian jobs before their leave time begins, making leave a veritable vacation. Others sail through their leave without a care in the world knowing they can survive comfortably on their military retirement pay due to independent wealth, or a spouse with a wicked good job, or an absence of major bills like mortgages and college tuition.

But then there are people like us.

We have a dog scheduled for expensive knee surgery, two kids with private college tuition, one child who goes over the data limit on her phone every month, a minivan with 180,000 miles on it and a funny rattling noise in the wheel well, tired old furniture in desperate need of replacement, and an embarrassing amount of accumulated debt.

I could claim that my writing career will carry us, but then again, I could also declare that monkeys will fly out of

my belly-button. So, it's a given: Francis has to get a new job before his terminal leave ends and he stops receiving a paycheck from Uncle Sam.

During this transition in our lives, we could either fight the psychosomatic effects of stress, or embrace them. Did you know that nail biting actually saves wear and tear on clippers? Facial ticks are a form of exercise. Wine actually tastes pretty good on Tuesday afternoons. Diarrhea can be quite cleansing. And terminal leave nightmares are kind of fun to interpret.

In this week's nightmare, I had a big, sprawling house with lots of rooms. And even though it was my house, I was surprised by several hidden hallways, staircases and bedrooms. At some point, I became aware that I had houseguests. Dozens of them. The house suddenly looked cluttered and dirty. The dream turned chaotic, as I tried desperately to play hostess to the hoard of guests. I was frantic to find them all clean towels, bedrooms and baths in the complicated maze of my mysterious house. Just before I woke up, I discovered that the bathrooms were infested with gobs and gobs of slimy

black mold.

I couldn't wait to ask Google what my bizarre nightmare was all about.

Apparently, "new room" dreams are actually quite common. According to



www.DreamMoods.com and most other online dream interpretation sources, a house represents "self" or "inner psyche," and finding new rooms in that house can indicate that the dreamer is facing something new or unknown about himself or herself. Finding dirty or cluttered rooms implies that some aspect of the dreamer's life is in chaos. It can also mean that the dreamer is suffering from some emotional or psychological clutter, and needs to release these feelings in order to regain control.

What other common dreams may appear during stressful transitions in life?

Teeth falling out can indicate problems with confidence or self-expression. Being late to, or forgetting to study for, a school exam implies that the dreamer feels judged or unprepared for a challenge. Dreams of falling happen when one feels unsupported or out-of-control, but are also linked to a "fall from grace." Dreams of being naked in public can indicate shame, fear of exposure, and vulnerability. Being chased in a dream can represent fear that a secret, an addiction, or a debt may catch up with you. Dreaming of being in an out-of-control vehicle can indicate a lack of direction in life.

But interestingly, flying often indicates that the dreamer is feeling empowered and optimistic.

So, for those who have recently retired from the military or are considering retirement, never fear. Even if you find yourself toothless on a date, naked in church, late for a Calculus exam, or being chased by wolverines, remember that it's only a dream. One day soon terminal leave will be over, and with any luck, you'll be flying high.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, R.I. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

Check out our new website!
navymwrgulfport.com



AUG 26-SEPT 1

**NAVY COMMUNITY RECREATION
OUTDOOR RENTAL**

Boat Rental Package

15' \$44.00 17' \$49.00
(plus deposits)

Package Includes:
1 15' or 17' boat
with outboard motor (fuel not included)
2 fishing poles (tackle not included)
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Reservation Required. Supplies limited. For more information, call 228-871-2127. navymwrgulfport.com



Regular movie showings Friday - Sunday of every week!

What's showing this weekend:
Jason Bourne (PG-13); Bad Moms (R); Ice Age: Collision Course (PG); The Secret Life of Pets (PG); Star Trek Beyond (PG-13)

Download the schedule from navymwrgulfport.com or call the Movie Hotline at 228-871-3299

MWR LIBERTY
NAVAL CONSTRUCTION BATTALION CENTER
GULFPORT, MISSISSIPPI

8/29 - 6 p.m., Movie Monday, Free Popcorn
8/30 - 6 p.m., Tournament Tuesday: Pool, 1st Place Prize
8/31 - 6 p.m., Color Wednesday, Free

Sign up for Liberty's Labor Day Camping Trip to Adventures Unlimited in Milton, FL for **ONLY \$57!**

Call 228-871-4684 for more information

MWR
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Co-Ed Captain's Cup

KICK BALL League

Sign up August 1- September 1
Runs September 6 - October 20

Coach's Meeting Sept. 2, 12p

FITNESS SCHEDULE

Mon - Yoga 9a; H2O Express 10:30a; Zumba 10:15a & 5:15p
Tues - Water Aerobics 10:15a; Circuit Training 12:15p; NOFFS 4p; Yoga 4:15p; Water Aerobics 5:30p
Wed - Yoga 9a; H2O Express 10:30a; Zumba 10:15a & 5:15p
Thurs - Water Aerobics 10:15a; Circuit Training 12:15p; NOFFS 4p; Yoga 4:15p; Water Aerobics 5:30p
Fri - Yoga 9 a; Zumba 10:15a
Sat - Zumba 10:15a; Water Aerobics 10:15a

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin	871-2538
Auto Skills Center	871-2804	CR Outdoor Rental	871-2127
The Hive	871-4009	School Liaison	871-2117
Fitness Center & Aquatics	871-2668	Shields RV Park	871-5435
Child Development Center	871-2323	The Grill	871-2494
Seabee Cinema	871-3299	Youth Activites Center	871-2251
CR Tickets & Travel	871-2231	Liberty Center	871-4684

MWR

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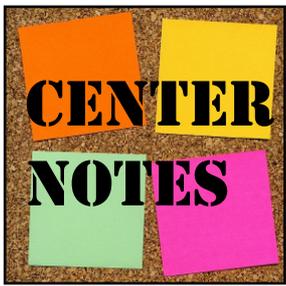
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Welcome the taste of fall with a mouthwatering grilled bratwurst and tangy sauerkraut
Served with fries and ice cold fountain drink
Call for delivery between 11a-1p! 228-871-2494

August 26, 2016

Seabee Courier



SUPPORT

NMCB 11 Family Readiness Group (FRG) invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are welcome and baby sitting is provided during deployment.

NMCB 11 FRG invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcome and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb-11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS - Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focus-project.org

Gulfport Officer's Spouse Club is a social organization that has fun while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>. We hope to see you soon!

Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that

promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please contact Darlene Carpenter at 228-342-2271 or Tina O'Shields at 228-357-0513. Visit www.navywivesclubsof-america.org for more information on NWCA.

NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous - The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000.

TRAINING

Naval Sea Cadets - The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that helps youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, second-floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m. in the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at noon at the ECS, building 122 in the second floor conference room. Contact MCDC President, PS2 Handley at natashia.handley@navy.mil or Vice President, BUCN Miller at tariqah.miller@navy.mil for info.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and

breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome. Contact Post 3937 at 228-863-8602 for details.

Ladies Auxiliary to the VFW 3937 Long Beach now VFW Auxiliary - Ladies Auxiliary to Veterans of Foreign Wars 3937 Long Beach, Miss., now invites men to join. The Auxiliary is now the **VFW Auxiliary**. Our organization supports veterans, their families and current service members. We help in Veterans Affairs Hospitals, have voices in Legislation, help promote patriotism in our youth, offer scholarships to youth, teachers, and members. Members must be directly related to a veteran who has served in a foreign war. Meetings are the second Monday of each month at 7 p.m. at 213 Klondyke Road, Long Beach, Mississippi. Contact Carol Fetters, President at 228-832-4893 or email cfetters@cablone.net for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the second Saturday of the month at 1 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for information.

NMCB 62 Alumni Group - Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966 and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

Disabled American Veterans (DAV), Chapter 5 invites veterans and future veterans to monthly meetings held the third Monday of each month at 7 p.m. Call service officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA) Island X-1 - Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVDs. Contact them at www.seabeemuseum-store.org or call the gift store at 228-871-4779. The gift store is closed weekends and federal holidays.

NCBC Helping Hands

MISSISSIPPI CITY CEMETERY - Volunteers needed to spruce up the Mississippi City Cemetery located south of Pass Road and Washington Ave in Gulfport. Point of contact is Chuck McKinley, 228-326-4006 or email cmckinley@cablone.net.

HOME REPAIRS - Volunteers are needed to help a disabled widow of a retired Seabee with some home repairs. If you would like to help out, please contact Ms. Savage at 228-206-3367.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically-oriented, youth training and education organization, which is run by the Navy League with support from the U.S. Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth.

Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Call 228-604-4020 or email office@disabilityconnection.org.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - The USO Gulf Coast is seeking passionate volunteers to give their service at the USO Gulf Coast located on board NCBC Gulfport. Our lounge volunteers primarily serve as host, ensuring guests sign in, offer snacks and beverages, and sign out computers and gaming equipment. We do require that all volunteers go through mentor shadowing

training, which usually lasts two hours. Please visit www.USOVolunteer.org and register.

ARMED FORCES RETIREMENT HOME - Volunteers are needed to assist with a variety of activities at AFRH. Please contact volunteer coordinator at 228-897-4417 to find out more information.

MAKING STRIDES AGAINST BREAST CANCER - Volunteers needed for a 5K walk October 22 starting at the Biloxi Town Green. Registration starts at 7 a.m. and the walk begins at 8 a.m. For more information, call 228-217-4613.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS/DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.