

SEABEE COURIER

www.cnic.navy.mil/gulfport

Vol. 56 No. 06

Naval Construction Battalion Center, Gulfport, Mississippi

February 11, 2016

Welcome home NMCB 1



Over 120 personnel from NMCB 1's advanced party arrived back in Gulfport, Feb. 7. After landing at the Air National Guard base and clearing customs, the Seabees boarded the awaiting buses for the short trip to NCBC Gulfport to the delight of family and friends after a six-month deployment in the U.S. European Command and U.S. Pacific Command areas of responsibility. While deployed, NMCB 1 constructed storage facilities, water treatment facilities and bolstered camp infrastructures. NMCB 1 also conducted engineering assessments, supported engineer planning capabilities and pro-

vided initial construction coordination. Additionally, the battalion supported operations in U.S. Central Command and the Horn of Africa. Seabees also returned from Guam and Israel. More than 270 Seabees from Naval Mobile Construction Battalion (NMCB) 1's main body are scheduled to return to Gulfport later this month. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

See page 6 and Facebook for more return photos

NCBC

Commanding Officer

Capt. Cheryl Hansen

Public Affairs Officer

Rob Mims

Courier Staff

Editor

Bonnie L. McGerr

Special Contributors

BCUN Samantha Opyoke

The Seabee Courier is a weekly authorized on-line publication for members of the military services and their families. Content does not necessarily reflect the official views of the U.S. Government, the DoD or the U.S. Navy and does not imply endorsement thereof. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the U.S. Government, DoD, the Navy or NCBC Gulfport of the products and services advertised. All content in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. The Seabee Courier solicits news contributions from military and civilian sources, but the Public Affairs staff reserves the right to edit and/or rewrite material selected for publication to conform with journalism standards. The deadline for material is close of business every Friday. Your comments are always welcome. The Seabee Courier office is in Building 1, Room 205. The mailing address is 4902 Marvin Shields Blvd., Code NOOP, Gulfport, MS 39501. Phone, 228-871-3662, email: seabecourier@navy.mil.

Navy installations begin enforcement of REAL ID Act

By Ed Wright
Navy Installation
Command Public Affairs

Navy installations worldwide will no longer authorize base access for individuals who do not have an approved U.S. government-issued credential or state driver's license that is compliant with the REAL ID Act of 2005.

Driver's licenses from Minnesota, Illinois, Missouri, New Mexico, Washington, and American Samoa are not compliant with the congressionally-mandated REAL ID Act of 2005 and therefore personnel seeking base access from these states will require a secondary form of identification.

Washington and Minnesota enhanced driver's licenses, however, which do meet the REAL ID Act requirements, will be accepted.

Washington and Minnesota enhanced driver's licenses, however, which do meet the REAL ID Act requirements, will be accepted. Navy installations will require visitors who present a driver's license from a non-compliant state or territory to provide an additional form of identification. Examples include a U.S. passport or passport card; employment authorization document (card); foreign passport with an I-551 stamp; federal, state or local government ID, Social Security card without restrictions; student ID with photo; original or certified copy of a birth certificate issued in the U.S., or a Native American Tribal document

U.S. citizen identification card (Form I-179).

"Information about the REAL ID Act has been shared with our installations and we are working with our security personnel to ensure awareness of base access changes," said Capt. Anthony Calandra, director of public safety for the Navy Installations Command. "We are implementing this process in accordance with the Department of Defense (DoD), which recently announced that all DoD installations would comply with the Act."

Installation commanding officers (COs) may waive DoD access control requirements for special situations, such as air shows or other public events. Visitors may also enter Navy installations under a "Trusted Traveler" procedure. This procedure allows a uniformed service member or Government employee with a valid Common Access Card (CAC), a military retiree (with a valid DoD identification credential), or an adult dependent of at least 16 years of age (with a valid DoD identification credential) to present their identification token for verification while simultaneously vouching for any vehicle occupants. A contractor who has been issued a CAC may, with the permission of the CO, be authorized as a Trusted Traveler. The number of people a Trusted Traveler is allowed to vouch



Naval Construction Battalion Center (NCBC) Security Guard Ed Awong checks personnel and visitor identification at the Pass Road gate on board NCBC Gulfport, Feb. 9. Navy installations worldwide will no longer authorize base access for individuals who do not have an approved U.S. government-issued credential or state driver's license that is compliant with the REAL ID Act of 2005. (U.S. Navy photo by Rob Mims/Released)

for and/or sponsor at any one time is determined by the installation commander or designated representative.

Procedures for currently authorized identification cards for access onto Navy installations such as the DoD CAC, DoD uniformed services identification and privileges cards, federal personal identification verification cards or transportation workers' identification credentials will not change.

The REAL ID Act grew out of the Sept. 11, 2001 terrorist attacks. Congress tightened up issuance processes and documentation needed to get a driver's license. Compliant cards must have specific

security features to prevent tampering, counterfeiting or duplication of the document. The licenses also must present data in a common, machine-readable format.

Additional REAL ID Act resources:

- Background and information: www.congress.gov/bill/109th-congress/house-bill/418
- Questions and answers: www.dhs.gov/real-id-public-faqs.

Navy Installations Command comprises more than 52,000 military and civilian employees across 70 installations under 11 regions worldwide supporting the fleet, fighter and family.

AUDRA
SEXUAL ASSAULT SUPPORT GROUP
AUDRA means "nobility and strength" in French

You don't have to
walk this path alone

This group offers a safe, open atmosphere for discussion and activities to facilitate the healing process

For Active Duty females who have been sexually assaulted as adults

Call FFSC at (228) 871-3000

Safe Helpline
Sexual Assault Support for the DoD Community

Live 1-on-1 Help Confidential Worldwide 24/7

Local 24/7 Sexual Assault Prevention and Response Program Contact #: 228-596-0697; Your installation Sexual Assault Response Coordinator's Contact #: 228-323-4717; Alternate Sexual Assault Response Coordinator's contact # 504-762-0224; Click: www.Safe-Helpline.org; Call: 877-995-5247; Text *55-247 (inside the U.S.); Text *202-470-5546 (outside the U.S.) *Text your location for the nearest support resources.



Participants in the inaugural CBC 5K Color Run held on board NCBC Gulfport, Feb. 8, pause for a photo at the finish line. Participants who paid the entry fee of \$10 were given a new, white t-shirt embossed with the Seabee logo to wear during the run. It didn't stay white for long as runners passed through the six color stations along the 3.2-mile course. The 5K Color Run raised \$920 with all proceeds going toward the 2016 Seabee Ball. (U.S. Navy photo by Senior Chief Mass Communication Specialist Jeffrey J. Pierce/Released)

Construction Electrician Constructionman Ataria Miller, a student in the Expeditionary Combat Skills (ECS) course on board NCBC Gulfport, practices putting on a tourniquet during the course's casualty care lab, Feb. 3. (U.S. Navy photo by Rob Mims/Released)



Throw Me Something, Mister! To celebrate Fat Tuesday Feb. 9, the children of the Child Development Center (CDC) were more than excited to "catch" beads in the hallway of their building as festive music and laughter filled the air. With the help of the older kids from Mardi Gras camp at the Youth Activities Center (YAC), ages 1-5 were all provided their very own in-house parade! Happy Mardi Gras! (Photo courtesy of MWR/Released)

Navy Exchange is ready for Valentine's Day; are you?



Shelbeigh Allen, a sales associate at the Navy Exchange (NEX) on board Naval Construction Battalion Center (NCBC) Gulfport, constructs a bouquet of roses, Feb. 9. Employees at the NEX are privileged to be witness to the fact that love is alive and well at least one day a year. The NEX flower shop has been busy putting together those special floral gifts. (U.S. Navy photos by Rob Mims/Released)

February 11, 2016



Navy Exchange employees were asked:

"What are your plans for Valentine's Day?"



"I am going with my boyfriend to Mobile to the flea market and maybe, maybe going to see 'The Choice.'"

Jessica Minnon
Customer Service Supervisor



"Unfortunately, I have to work on Valentine's Day."

Brandon Fazio
Sales Associate



"For Valentine's Day, I will be spending it with my kids, taking them to dinner and then watching 'Walking Dead,' season premiere."

Jennifer Schonewitz
Softlines Divisional Manager

Seabee Courier

the ZIKA virus

What is it?

-  Zika is a viral infection spread by mosquito bites
-  Zika virus infections in pregnant women have been linked to infants with birth defects
-  Zika virus infections have been reported in South and Central America, Mexico and the Caribbean.
-  No vaccine is available/no treatment is available

What should I do?

-  **Avoid mosquito bites**
 -  Use bug repellants containing DEET, picaridin, or IR3535
 -  Wear long sleeves/long pants
 -  Wear light-colored clothing
 -  Ensure window screens are intact
 -  Eliminate standing water
 -  Avoid peak hours - mosquitoes that spread Zika virus bite mostly by day

Where can I learn more?

-  Naval Branch Health Clinic Gulfport point of contact:
HN B. Masse at: brian.d.masse.mil@mail.mil
-  Navy and Marine Corps Public Health Center Zika virus information:
www.med.navy.mil/sites/nmcphc/program-and-policy-support/Pages/Topics-in-Preventive-Medicine.aspx
-  CDC Zika virus webpage: <http://www.cdc.gov/zika/index.html>

Buy a Brick for the Gulfport Seabee Heritage Center Memorial Plaza

Show your support for those who gave of themselves in the U.S. Navy Seabees with a commemorative brick at the new Seabee Memorial Plaza. The Plaza will be built at the east end of the Seabee Heritage Center in Gulfport and will serve as the new entrance to the Seabee Heritage Center.

The Memorial Plaza will have over 10,000 paving bricks available for engraving. Customize your brick with your own special message. It can be a tribute to a former or current Seabee, a Seabee unit, your own service or any other appropriate text.

Cost of each brick is \$125. If two or more bricks are ordered, placement together can be arranged, if requested.

The first bricks will be placed when the Memorial Plaza is completed in 2017 and will be unveiled at an event commemorating the 75th anniversary of the creation of the Seabees. Subsequent placements will be made once a year.

For more information and to order a brick, visit: <http://www.seabeehf.org/museum/buy-a-brick-for-the-gulfport-seabee-heritage-center-memorial-plaza/> or contact the CEC/Seabee Historical Foundation at 228-865-0480 or via email at info@seabeehf.org.

February 11, 2016

Seabee Courier

Register to Vote!

To register to vote, visit FVAP.gov now to complete a registration application and request your absentee ballots for the presidential preference primaries (P) and State primaries (S). It only takes a few quick steps to make sure your vote is counted no matter where you are in the world. To register and request your ballots, complete the Federal Post Card Application (FPCA) using the FPCA online assistant (fvap.gov/military-voter/registration-ballots), or fill out the PDF (fvap.gov/uploads/FVAP/Forms/fpca2013.pdf), or pick up a hardcopy version from your Voting Assistance Officer or nearest U.S. Embassy or Consular Office. The Voting Officer for NCBC Gulfport is Lt. Zach Guthrie, Building 1, Room 225, 228-871-3460/2890.

NCBC Security Reminder:

Prevent theft of both personal and governmental property by remembering to secure vehicles, personal compartments, work spaces, buildings and compounds. Visible valuables invite thieves!

5

Family, friends celebrate return of 'First and Finest' Seabees of NMCB 1

U.S. Navy photos by Senior Chief Mass Communication Specialist Jeffrey J. Pierce and NMCB 1



NMCB 11 awarded Battle E

By Ensign Via Ronic Snow-Hill
 NMCB 11 Public Affairs

"Consistency in efficiency." That is the name of the game for Naval Mobile Construction Battalion (NMCB) 11, who won the Battle Efficiency award for a second consecutive year and third time since the battalion recommissioned in 2007.

"You should be proud," said Cmdr. Jorge Cuadros, NMCB 11 commanding officer, who delivered the news as the battalion prepared to receive a brief on what to expect during the Field Training (FTX). Cuadros further remarked that "it takes hard work to get there and you've been working extra hard to be there."

This referenced the hard work that the battalion has put in over the last two years in obtaining the Battle Efficiency Award.

The total deployed force consisted of 720 personnel, including an attached reserve component. In total, NMCB 11 Seabees operated at 58 locations in 31 different countries while completing critical tasking and participating in 15 named exercises. NMCB 11 also became the first battalion to simultaneously utilize three P25S Tables of Allowance (TOAs) in Rota, Guam and Gulfport.

The battalion's effective use of three TOAs throughout deployment was a result of a rigorous "Khaki Spot Check" program. Their program was

used throughout all phases of the TOA transfer and homeport cycle, ultimately leading to their management and accountability. A zero balance of missing TOA items was maintained throughout all of their homeport evolutions.

NMCB 11 is a Seabee battalion specializing in contingency construction, disaster response, and humanitarian assistance. The battalion's homeport is in Gulfport, Miss.

The Naval Construction Force is a vital component of the U.S. Maritime Strategy. They offer deployable battalions capable of providing contingency construction, disaster preparation and recovery support, humanitarian assistance, and combat operations support.



Battalion pride and motivation are displayed on the quarterdeck of Naval Mobile Construction Battalion (NMCB) 11. The battalion was awarded the 2015 Battle Efficiency Award for the second year in a row and the third time since the battalion recommissioning in 2007. (U.S. Navy photo by Ensign Via Ronic Snow-Hill/Released)

PSD Gulfport note on CAC Cards

Beginning Feb. 1, Common Access Cards (CACs) will be issued from the new DoD Certificate Authorities (CAs) 33 or 34. If a customer receives a new CAC and reports that it does not function properly, verify that the CAC is readable on a RAPIDS workstation. If the CAC is readable, the customer will need to contact his or her system administrator or Service Public Key Infrastructure (PKI) Help Desk for

certificate support and application compatibility questions.

With the new CACs using Certificate Authorities (CAs) 33 or 34, user's may experience issues accessing some sites and programs due to not recognizing the new CAs. If customers desire to renew a CAC and they have sufficient time to wait before issuance of that new CAC, please advise the customer that it may be prudent to wait until the IT systems and PKI

support for NMCI/OneNet are updated with the new CAs and delay getting a new CAC if possible.

Resolving IT issues with new Certificate Authorities (CAs) issues is an IT support function, not a function of our DEERS/RAPIDS ID Card offices. NPC DEERS/RAPIDS Project Office and CNIC N6 are aware of the issue. Customers should be referred to their IT support for these issues relating to technical support.

Back in Time: Seabee History

Feb. 7

1968: Naval Mobile Construction Battalion (NMCB) 3's seventh flight to the continental U.S. (CONUS) received two small arms rounds while taking off from Phu Bai Airport, Republic of Vietnam (RVN); Lt. Cmdr. Daniel B. Leonard, Civil Engineer Corps (CEC), relieved Lt. Cmdr. Stanley P. Stewart, CEC, as executive officer of NMCB 40.

Feb. 8

1967: Main body of NMCB 6 with 22 officers and 619 men departed Da Nang, RVN for Construction Battalion Center (CBC), Davisville, Rhode Island. (One flight terminated at Travis Air Force Base, California.)

1967: Main body of NMCB 133 arrived in RVN.

Feb. 9

1970: Seabee Team 0105 departed Vietnam for CONUS for team training.

Feb. 10

1968: Capt. R.D. Thorson, commander, 31st Naval Construction Regiment (NCR) presided over an awards ceremony held at CBC, Port Hueneme, California, where 12 NMCB 4 officers and men received decorations.

The recognition included one Bronze Star with combat "V" that was awarded to Cmdr. R.M. Fluss, commanding officer, NMCB 4, six



Seabees with the 1st Naval Construction Battalion install gasoline storage and lines near Bauer Field on Efate Island, 2 August 1942. Advance bases were built on Bora Bora, Tongatabu, and Efate Islands as main supply points to Australia and were being used as a staging area for a counterthrust by the Allies against Japanese forces in the Southwest Pacific. On these islands the Seabees constructed fuel tank farms, airfields, supply depots, and other facilities to support military action in the Coral Sea and Solomon Islands. Sture operations. (Photo courtesy of U.S. Navy Seabee Museum)

Navy Commendation Medals, and five Navy Achievement Medals. Fluss presented Meritorious Achievement Certificates-Vietnam (MACV) to 92 NMCB 4 personnel for meritorious service during the battalion's Da Nang, RVN deployment.

Feb. 11

1974: Underwater Construction Team (UCT) 1's permanent duty station changed from CBC Davisville, Rhode Island to Naval Amphibious Base (NAB) Little Creek, Virginia, effective July 1, 1974.

Feb. 12

1966: An NMCB 1 advance party of one officer and 100 enlisted men departed Davisville, Rhode Island for Da Nang, RVN.

1968: NMCB 4 main body deployed from Port Hueneme, California to Phu Bai, RVN. The battalion deployed to Vietnam seven weeks before the schedule deployment date.

Feb. 13

1945: Chief of Naval Operations Fleet Admiral Ernest J. King approved the retention of construction battalions as a permanent and integral part of the postwar Navy. When originally established in the Second World War, the Seabee organization was meant to be only a wartime expedient.

Focus on Education

Education Notes

Higher Education Workshop

A Higher Education Workshop will be held from 8 a.m. - 4 p.m., Feb. 18 -19 at Fleet and Family Support Center (Building 30). The workshop will assist enrollees with choosing a degree program and college, understanding funding, evaluating military credits and completing the admissions process. Call 228-871-3000 to register

Ten Steps to a Federal Job

Ten Steps to a Federal Job will be held from 8 a.m. - Noon, Feb. 22 at Fleet and Family Support Center (Building 30). Please call FFSC at 228-871-3000 to register.

Valuing your Valentine

FOCUS (Families OverComing Under Stress) is sponsoring Valuing your Valentine from 4 - 5:30 p.m., Feb. 24 at FOCUS (next to Anchors and Eagles). This class will teach enrollees to learn to manage expectations, keep the Valentine's Day spark and discover ways to communicate. Sign up deadline is Feb. 23. To sign up, call 228-822-5736 or email gulfport@focusproject.org.

Cyber Bullying Recognition and Prevention Webinar

Cyber Bullying Recognition and Prevention, A Parent to Parent Webinar sponsored by Navy Child Youth Programs (Navy CYP) will be presented Feb. 17, at 9 a.m. Hawaii time (5 a.m. local). If 5 a.m. is too early for you, contact Judy Glennon at 254-953-1923 X1142 or Judy.Glennon@MilitaryChild.org to see if a recorded version will be available at a later date/time.

NCBC Gulfport
School Liaison Officer
Kevin Byrd
MWR, Building 352
1706 Bainbridge Ave.
Phone:
228-871-2117
email:
kevin.r.byrd@navy.mil

CPR/AED Classes

NCBC Fire and Emergency Services is offering Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) classes to organizations on board the Center. For more information, call 228-871-2414.



NEX gives back to students with the A-OK Student Reward program

By Kristine M. Sturkie
NEXCOM Public Affairs Specialist

The Navy Exchange Service Command (NEXCOM) has been offering students a chance to help pay for college through its A-OK Student Reward Program since 1997. The A-OK Student Reward Program offers all qualified students to participate in a quarterly drawing for monetary awards of \$2,500, \$1,500, \$1,000 or \$500 for a total of \$5,500 per quarter. The next drawing will be held at the end of February 2016. Any eligible full-time student that has a B-grade point

average equivalent or better, as determined by their school system, may enter the drawing. Homeschooled students can also qualify with acknowledgement that the student has a "B" average or equivalent record of accomplishment. Eligible students include dependent children of active duty military members, reservists and military retirees enrolled in 1st through 12th grade. Dependent children without an individual Dependent Identification Card must be accompanied by their sponsor to submit their entry. Each student may enter only once each grading period and must re-enter with each

qualifying report card. To enter the drawing, stop by any NEX with a current report card or progress report and have a NEX associate verify the eligibility. Then fill out an entry card and obtain an A-OK ID which entitles the student to 19 discount coupons for NEX products and services. Along with the award, each winner will receive a lapel pin, certificate and medallion ribbon "In Honor of Academic Excellence." Since the program's inception, NEXCOM has awarded over \$640,000 to students with the help of its generous vendor partners.

Turn in household hazardous waste Saturday

From NCBC Public Affairs

Did you know that in addition to the annual "big" Household Hazardous Waste Collection Event held in April every month at Mississippi Power Company Plant Watson, there is a collection site open the second Saturday of every month? The collection site is open 8 a.m. - noon and located at 10076 Lorraine

Road in Gulfport, next to the Sheriff's Department. The site is free to the public and accepts:
- Latex
- Used cooking or automobile oil
- Antifreeze
- Household, marine and car batteries
- White goods such as freezers and refrigerators
- Fluorescent light bulbs
- Tires
- E-waste (electron-

ics) such as computers, cell phones, telephones, televisions
The annual "Big Day" program will be held in April 2016 at Mississippi Power Company-Plant Watson at I-10 and Lorraine Road. Information about this event will be available closer to the event.
Call Harrison County Beautification at 228-214-1405.



Seabee Ball

March 5, IP Casino Resort & Spa
850 Bayview Ave, Biloxi

Cocktails are at 6 p.m., dinner and ceremony at 7 p.m. Uniform is Dinner Dress Blue: (Mandatory for E7 and above, optional for E6 and below), Full Dress Blue: (E6 and below), Coat and Tie/ Cocktail Dress: for civilians. Ticket prices are: \$25 for E4 and below, \$30 for E5/E6, \$40 for E7 - 03, Retirees Federal Employees and Warrant Officers, and \$50 for Civilians, 04 and above.

Tickets are on Sale Now!
Contact your Command Representative!
Contact Senior Chief Houk at 228-871-2031 or email daryl.houk@navy.mil for more information.

2016 "Military Saves" Kick-Off!

(Promoting healthy saving habits to inspire Military families to Build Wealth, Not Debt)



What: Military Saves Resource Fair & Proclamation Signing
When: Feb. 22 Time: 11:30 a.m. - 1 p.m.
Where: In Front of the NEX
(Rain location: Inside MWR's Liberty Center)
Open to all

Free Food & Awesome Prizes will be provided
www.militarysaves.org



'The Meat & Potatoes of Life'

By Lisa Smith Molinari
Special Contributor

Snow plows and wedding vows

After 23 years of marriage, I know relationships are tested.

Power struggles surface during unexpected moments, when complex facets of our subconscious bait us into subtle conflicts with our mates. Every couple has their triggers, and ours include discussions over which way the toilet paper roll should hang, who touched the thermostat last, and what constitutes junk mail.

For my husband and I, there is one seemingly harmless event that launches us into a passive aggressive battle of wills like no other. It happens only once or twice a year, but when it does, it causes palpable tension that leaves us both leafing through the yellow pages for a good attorney, just in case.

That event is skiing.

A wonderful recreational sport intended to provide overworked human beings with a break from the daily grind, unforgettable memories, and adrenaline-fueled euphoria; skiing actually sends us to the brink of divorce.

Our perceptions of skiing started in our respective

childhoods. Francis will never forget being forced to take ski lessons with his brothers, after having been bribed with hot cocoa. Whereas, my high school best friend and I loved going to local Pennsylvania ski resorts, lying to boys we met on the lifts, telling them we went to exclusive private schools and our names were "Claire Taylor" and "Brooke Townsend."

With our particular histories, Francis and I see family ski trips through different lenses - mine rose colored, and his sharply focused in harsh lighting.

Last weekend, some friends invited us to their ski place up in New Hampshire. As soon as we accepted the invitation, the power struggle ensued.

Subconsciously, Francis was prepared to hate every minute of it - the cold, the inconvenience, the expense - and to hold me personally responsible for his annoyance. And without realizing it, I launched my own propaganda campaign to convince him that skiing is fun.

While Francis remained stubbornly skeptical, I ran around like the proverbial headless chicken to shield



him from the inconvenient truth. I needed a PhD in economics to get the best deal on lift tickets. I needed eight arms at the base recreation center to rent two snowboard sets, two alpine ski sets, and four cross country ski sets. I needed the patience of Job packing enough gloves and hats and snacks and drinks to keep everyone happy. I needed a second mortgage on our house to pay for it. And acting lessons in how to grin and bear it.

It all came to a head our first day on the slopes. After huffing and puffing our way into long underwear, ski pants, sweaters, and coats, we still had to pack our equipment into the car, find a parking spot at the resort, and awkwardly lug our clacking skis, poles,

helmets and boots to the ticket area.

The tension emanating from Francis was palpable. With clenched teeth, he silently screamed, "This is all your fault!" And the worst was yet to come.

Sweaty and winded, we went to the locker room for the most notorious of ski-related tasks. You'd think that by now, someone would have invented an easier way to put on ski boots, or at the very least, a boot that doesn't make you walk like you are doing a bad version of The Hustle.

Francis grunted audibly from his side of the bench. It took two of us bracing against the lockers to snap his buckles shut, then we had to do it all over again when he announced that a wrinkle in his sock was causing excruciating pain.

Cussing under his breath, Francis did the awkward-rocking-boot-walk outside to find his skis, and by some miracle of God, we made it onto the chair lift.

In that rare moment of calm silence, I realized that Francis had been right all along - skiing really is the most inconvenient sport. I decided to concede defeat

and leave him alone, fully expecting him to give up after a run or two and head for the lodge.

Hours later, I ran into Francis on the slopes. Not only had he not given up, he'd been skiing all day long, without hot cocoa. "You up for another run?" he asked from behind his balaclava.

"Heck yeah," I smiled, slotting into the lift line with him.

On the chairlift, I asked, "Isn't this fun?"

"It's okay, I guess," he responded, noncommittally.

I leaned in for a frosty kiss, realizing that our power struggle had peaked, and it was all downhill from there.

*A 21-year Navy spouse, Lisa and her family are currently stationed in Newport, RI. Her self-syndicated columns appear on her blog, www.themeatandpotatoesoflife.com, and she recently co-authored *Stories Around the Table: Laughter, Wisdom, and Strength in Military Life*. Follow Lisa @MolinariWrites."*

February 11, 2016

Energy Savings

Prime Time - Now is the time to contact your air conditioner repair technician and set up a service call. With spring right around the corner, many air conditioning service centers are offering preventative maintenance specials. Avoid the peak season rush and schedule your air conditioner tune up today. Proper maintenance helps promote peak performance and may reduce costly repairs in the future.



See Something Suspicious, Say Something Immediately!

Report suspicious activity which is defined as any observed behavior that could indicate terrorism or terrorism-related crime. Public safety is everyone's responsibility. If you see suspicious activity, report it to local law enforcement. Call 228-871-2361 or 911.

Seabee Courier

6

NCBC Helping Hands

FOR THE LOVE OF READING - Harrison Central Elementary, Highway 49 and Dedeaux Road in Orange Grove, has extended an invitation for adults to come and read to the K-3 students between the hours of 8 – 10 a.m., Feb. 15 - 19. Each participant will read to students in 15 minute increments. Volunteers can bring a book, or one will be provided. Deadline to sign up is Feb. 12. If you are interested, please contact Ms. Bradley at 228-832-2701 by Feb. 12.

HABITAT 4 HUMANITY - Volunteers are needed to disassemble and move shelves for Habitat 4 Humanity, Feb. 19. This work involves heavy lifting. Point of contact is Angela Thomas, 228-678-9100, ext. 1010 or 228-234-9079 (cell).

MISSISSIPPI CITY CEMETERY - Volunteers are needed to rake/spruce up the Mississippi City Cemetery located south of Pass Road and Washington Ave. Point of contact to volunteer is Chuck McKinley, 228-326-4006 or by email cmckinley@cablone.net.

PERSHING SQUARE PROJECT - Volunteers are needed to prepare an installation site consisting of two 4 foot by 10 foot squares on each side of a walkway and install engraved pavers honoring our living and deceased veterans of World War I, World War II, Korea, Vietnam and the Middle East who served in the Military, preserving our freedom. The pavers are to be installed in the Spring of 2016 at the site of the World War I Monument in front of the Mary C. O'Keefe Cultural Center located at 1600 Government St., Ocean Springs. Point of contact is Richard Eckert Sr., American Legion Post 42, Ocean Springs: 228-875-5233 or email: reckert11@cablone.net.

ST. MARTIN EAST ELEMENTARY - St. Martin East Elementary, 7508 Rose Farm Road, Ocean Springs is asking for volunteers to assist with an outdoor deck project on the school campus. Help is needed with engineering/design work, drawings, advice on construction and skilled labor. Point of contact is Principal Whitehead, 228-875-3204.

GULFPORT SCHOOLS NAVAL SEA CADET CORPS - The Gulfport Battalion of Naval Sea Cadet Corps (NSCC) is looking for adult volunteers willing to help the area's youth succeed in life. NSCC is a non-profit, nautically oriented, youth training and education organization which is run by the Navy League with support from the United States Navy. Although a great plus, no prior military experience is required; all we need are adults who are passionate about mentoring America's youth. Point of contact is Lt. Cmdr. Thomas

O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

USS ALABAMA ALWAYS LOOKING FOR HELP - The Navy is looking for volunteers with construction expertise for a rewarding experience. The battleship USS Alabama anchored in Mobile Bay needs help from individuals that can work with wood, steel, and concrete for work aboard ship and around the grounds. Point of contact is Owen Miller, 251-433-2703 or cell 251-767-0157.

DISABILITY CONNECTION - Disability Connection provides support to individuals with disabilities, including military veterans. Volunteers are needed to build ramps and provide home inspections for needed material lists. Point of contact is Ms. O'Keefe, 228-604-4020 or office@disabilityconnection.org.

COAST SALVATION ARMY - Volunteers are needed for various projects throughout the year. Point of contact is Shawna_Tatge@uss.salvationarmy.org.

HELP SENIORS AND DISABLED CITIZENS - Harrison County RSVP needs retired plumbers, electricians, carpenters, skilled and unskilled laborers to join a team of handymen/women. Point of contact is Mag Holland, 228-896-0412.

NAVY-MARINE CORPS RELIEF SOCIETY - The NMCRS Thrift Store is experiencing a severe shortage of volunteers. Call 228-871-2610 to volunteer.

USO GULF COAST - The USO Gulf Coast is seeking passionate volunteers to give their service at the USO Gulf Coast located on board NCBC Gulfport. Our lounge volunteers primarily serve as host insuring guests sign in, offer snacks and beverages, sign out computers and gaming equipment. We do require that all volunteers go through mentor shadowing training which usually lasts 2 hours. The ideal applicant would display excellent people and customer service skills and be able to commit to one weekly, three to five hour shift. If you are someone with a heart to serve please visit: www.USOVolunteer.org and register today.

ARMED FORCES RETIREMENT HOME - Volunteers are needed to assist with a variety of activities at AFRH. Please contact volunteer coordinator Jennifer Briley at 228-897-4417 or jennifer.briley@afrah.gov to find out more information.

FEED MY SHEEP - Feed My Sheep, 2615 19th Street in Gulfport is looking for volunteers to help feed the homeless who are in need of a hot meal. Point of contact to volunteer is Christina Lipke, 228-731-4883.

Marriage/Relationship Workshop

A marriage/relationship workshop will be held from 11 a.m. - 2 p.m., Feb. 26 at Seabee Memorial Chapel. To sign up, contact the Chaplains Religious Enrichment Development Organization (CREDO) facilitator at 228-871-2454. Lunch will be provided for participants.

ASIST

Applied Suicide Intervention Skills Training is being offered Feb. 18-19, 8 a.m. - 4 p.m. For more info, or to sign up call CREDO facilitator at 228-871-2454 or 228-871-3504.

safeTALK

Tell. Ask. Listen. Keep Safe! safeTALK will be offered March 24, 8:30 - 11:30 a.m., at Seabee Memorial Chapel. Call CREDO Facilitator at 228-871-2454 for more information or to sign up. All Resident Advisors MUST attend safeTALK training.

Seabee Memorial Chapel

What's happening at the chapel?

Sunday

9:15 a.m. - Sunday School
10:30 a.m. - Protestant Service
11 a.m. - Children's Church



Wednesday

11:30 a.m. - Praise Break (20 minutes of praise and worship through music)
11:30 a.m. - Men's Bible Study
Noon - 1 p.m. - Protestant Women of the Chapel Bible Study

Sunday

9 a.m. - Mass
10 a.m. - CCD Class

Monday, Tuesday & Friday

11:15 a.m. - Mass

Thursday

5 p.m. - Holy Hour
6 p.m. - Mass
6:30 p.m. - Fellowship

Please visit the Seabee Memorial Chapel Facebook page for updates on chapel events at: <https://www.facebook.com/ncbcchapel>. We may be reached by email at gulfportchapel.fct@navy.mil or by phone at 228-871-2454.

NCBC Command Chaplain: Lt. Cmdr. Ammie Davis

★ SIGN UP AT THE FITNESS CENTER JAN 1 - FEB 5 ★



FEB 12-18



1ST ANNUAL
WINTER CLASSIC
SOFTBALL
TOURNAMENT
FEB 20 & 21
SOFTBALL FIELD

CALL THE FITNESS CENTER FOR INFO
228-871-2668



FREE FOR ALL HANDS
NAVY FITNESS

It's ALWAYS a great time for camping with an A-liner!

ONLY \$35/day
(plus \$17.50 deposit)



Take a tour & make reservations today!



Call 228-871-2127 or stop in at Community Recreation Outdoor Rental Center



Regular movie showings
Friday Sunday of every week!

Showing this weekend: Ride Along 2, 13 Hours: The Secret Soldiers of Benghazi; Norm of the North; The Revenant, Daddy's Home
For more information, call the 24-hour Movie Hotline at 228-871-3299 for show times
Pick up our NEW MOVIE SCHEDULE TODAY!



- 2/12 – 6 p.m., Cornhole, Bucketball & Horseshoes, Free
 - 2/13 – 12 p.m., My Zombie Valentine Laser Tag Event, \$11
 - 2/14 – All Day, Singles Awareness Day, Free Cake
 - 2/15 – 5:30 p.m., Marvel Movie Marathon, Free Popcorn!
 - 2/16 – 6 p.m., Fear Factor: Bling-folded Eating, 1st Place Prize
 - 2/17 – 6 p.m., Watercolor Workshop, Free
 - 2/18 – 6 p.m., Guitar Lessons Workshop, Free
- Call 228-871-4684 for more information

February Lunch Special

SLOPPY JOSE

Flavors from south of the border with the zing of jalapenos!
Served with choice of fries or potato chips & refreshing fountain soda

ONLY \$6.00!

Call 228-871-2494 to order

NAVY FITNESS

American Heart Month

11:30 a.m. Blood Pressure Screening & Heart Health Info

12 p.m. 1K Around the Track

Free for All Hands!

Know Your Numbers Walk

Thursday, February 18th
11:30 a.m.
Fitness Center Classroom

Call the Fitness Center for details at 228-871-2668

Food Trucks are Here!

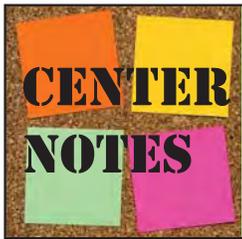
Monday & Wednesday
Taste Budz
Fried Chicken, Fried Catfish, Smothered Pork Chops or Southern Tenders

Tuesday & Friday
BBQ WORLD
Smoked Sausage, Pulled Pork, Brisket & Jalapeno Popovers!

Training Hall Parking Lot
10:30 a.m. - 1:30 p.m.

MWR Program Telephone Numbers

Facility Name	Phone	Facility Name	Phone
Anchors and Eagles	871-4607	MWR Admin	871-2538
Auto Skills Center	871-2804	Outdoor Recreation	871-2127
The Hive	871-4009	School Liaison	871-2117
Fitness Center	871-2668	Shields RV Park	871-5435
Aquatics	871-2668	The Grill	871-2494
Child Development	871-2323	Youth Activities	871-2251
Seabee Cinema	871-3299	Liberty Center	871-4684
ITT	871-2231		



SUPPORT
NMCB 1 Family Readiness Group (FRG) invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activities Center, building 335. Meetings are from 6 - 8 p.m. Children are

welcome and baby sitting is provided during deployment.

NMCB 11 FRG invites friends and family members to attend FRG meetings the last Monday of every month at 6 p.m. The meetings are held at the Youth Activities Center on board NCBC Gulfport. Children are always welcomed and child care is provided at no cost. Please join us for fun, food, and to meet and socialize with other NMCB 11 families and friends. For more information, please contact us at nmcb11frg@gmail.com or like us on our Facebook page, NMCB 11 FRG.

NMCB 133 FRG invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Activities Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information, contact FRG President Jaime Royal at 317-730-4064 or email NMCB133fsg@gmail.com Log on to the FRG site, <http://www.wix.com/NMCB133FSG/133frg>.

FOCUS - Families Overcoming Under Stress provides resiliency training to service members and their families by teaching practical skills to help meet the challenges of military life, including how to communicate and solve problems effectively and to successfully set goals together. Confidential and free with family-friendly hours, contact FOCUS today! Call 228- 822-5736 or email Gulfport@focusproject.org

Gulfport Officer's Spouse Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! For more information, email goscgulfport@gmail.com or Facebook <https://www.facebook.com/gosc.gulfport>

We hope to see YOU soon!
Navy Wives Clubs of America, Inc., is interested in reestablishing a club in the local area. If you are interested in joining an organization that promotes the health and welfare of any enlisted member of the Navy, Marine Corps or Coast Guard, please

contact Darlene Carpenter at 228-342-2271 or Tina O'Shields, 228-357-0513. Visit www.navywivesclub-sof-america.org for more information on NWCA.

NMCRS - The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

Gamblers Anonymous The Fleet and Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000.

TRAINING

Naval Sea Cadets

The Gulfport branch of the Naval Sea Cadets are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 1, 2nd floor conference room. Point of contact is Lt. Cmdr. Thomas O. Klomps, NSCC, at Region63@juno.com or 850-890-6792.

SOCIAL

Miss. Gulf Coast First Class Association is always looking for new members. Meetings are every Wednesday at 2:30 p.m., at the Fitness Center classroom. For more information, contact Association president, CE1 Daniel Shaver, 228-871-2145.

NCBC Multi-Cultural Diversity Committee is seeking members. Meetings are held weekly on Wednesdays at noon at the ECS, building 122 in the second floor conference room. Contact MCDC President, PS2 Handley at natashia.handley@navy.mil or Vice President, BUCN Miller at tariqah.miller@navy.mil for info.

VFW Post 3937 Long Beach - Open Monday - Thursday, noon - 8 p.m., Friday, noon to 10 p.m., Saturday, 7 a.m. - 10 p.m. and Sunday, noon to 7 p.m. Steak Night is every Friday, 5 - 8 p.m., and breakfast is available every Saturday, 7 - 10 a.m. VFW meetings are held the second Wednesday of the month at 7 p.m. New members are always welcome.

Contact Post 3937 at 228-863-8602 for details.
Ladies Auxiliary to the VFW 3937 Long Beach now VFW Auxiliary - Ladies Auxiliary to Veterans of Foreign Wars 3937 Long Beach, Miss., now invites men to join. The Auxiliary is now the **VFW Auxiliary**. Our organization supports veterans, their families and current service members. We help in VA Hospitals, have voices in Legislation, help promote patriotism in our youth, offer scholarships to youth, teachers, and members. Members must be directly related to a veteran who has served in a foreign war. Meetings are held on the second Monday of each month at 7:00 p.m. at 213 Klondyke Road, Long Beach, MS Contact Carol Feters, President at 228-832-4893 or email cfeters@cableone.net for more information.

VFW Post 4526 Orange Grove is open daily from Noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are the second Saturday of the month at 1 p.m. All are welcome and encouraged to attend. Call 228-832-0017 for info.

NMCB 62 Alumni Group
 Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. To become a member or for links to historical sites, visit: <http://nmcb62alumni.org>.

D.A.V. - Disabled American Veterans, Chapter 5 invites Veterans and future Veterans to monthly meetings held the 3rd Monday of each month at 7 p.m. Call Service Officer, Silva Royer at 228-324-1888 to find out more information.

Navy Seabee Veterans of America (NSVA) Island X-1, Gulfport is always happy to welcome new members. You do not have to be retired to be a member. If interested, contact Eugene Cowhick at eugene.cowhick@navy.mil or 228-871-3877. Please join us on the second Thursday of each month at 6 p.m. at the Disabled American Veterans (DAV) Chapter 5 building, 2600 23rd Ave., Gulfport, for the monthly Island X-1 business meeting and see what we're all about. For more information, visit www.nsva.org.

HERITAGE

The Seabee Gift Store is located in the Seabee Heritage Center Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m. The shop has a variety of Seabee related memorabilia, books and DVD's. Contact them at www.seabeesmuseumstore.org or call the gift store at 228-871-4779. The gift store is closed weekends and federal holidays.

Fraud, Waste and Abuse Hotline:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-877-657-9851, Comm: 904-542-4979, DSN 942-4979, FAX: 904-542-5587, Email: CNRSE_HOTLINE@navy.mil

WE BUILD ★ WE FIGHT
SEABEE Online
 United States Navy
 OFFICIAL ONLINE MAGAZINE OF THE SEABEES SEABEEMAGAZINE.NAVYLIVE.DODLIVE.MIL



VITA TAX CENTER
BUILDING 60 116Z
 (Rear of Building, First Floor)

HOURS OF OPERATION:
 Monday, Wednesday and Friday
 8:30 a.m. - 5 p.m.
 Tuesday and Thursday
 8:30 a.m. - 6 p.m.

Walk-ins are welcome Monday - Thursday

Please bring last year's tax return, W2(s), proof of insurance and tax forms (ex. 1099)

Call: 228-871-2301 early in the day for an appointment which typically begin at 9 a.m.



GULF COAST USO
 901 CBC 3rd Street,
 Building 114
 228-575-5224

Free services:
 FAX, Send and Receive:
 228-575-5225, Copies,
 United Through Reading program, Computers with web cams, Internet/email access, X-Box

Office hours: Monday - Friday, 8 a.m. - 4 p.m.

NCBC Public Affairs

228-871-3664



Inside the Gate:
tinyURL.com/NCBCITG
Seabee Courier:
tinyURL.com/CBCCourier

Facebook:
 NCBCGulfport
Twitter:
 @SeabeeCenter

Stay in Touch with NCBC Gulfport

'BEE INFORMED
 DOWNLOAD **SEABEE MOBILE 3.0**