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Wednesday, April 4, 2012

Whiting takes lead on assault awareness

By Lt. j.g. Tim Mosso, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field is redoubling its efforts to promote awareness, avoidance, and action as it enters National Sexual Assault Awareness Month (SAAM) this April. The air station is taking the initiative through appointment of the base's first Sexual Assault Response Coordinator and the launch of innovative outreach techniques.

Base SARC Rachel Phillips joins the Fleet and Family Support Center team with a wealth of experience promoting assault prevention, protection, and education efforts throughout the military.

Her insight into the unique factors complicating this challenge stems from her dual role as a trained victim advocate and a military member. Phillips combines



The Teal Ribbon is the symbol of National Sexual Assault Awareness Month.

her training in sexual assault prevention, response, and victim advocacy with her experience as a Captain in the U.S. Air Force Reserve.

“What we do with the Sexual Assault Prevention and Response Program is to hold events to show support for the campaign and raise awareness,” Phillips explained.

Awareness encompasses more than rote acknowledgement that a problem exists. Phillips emphasizes that unconventional, preemptive thinking is a key to preventing assaults. She cites the phenomenon of sexual assaults by older men against younger servicemen as an example of the type of counter-intuitive threat that makes awareness training valuable and necessary.

Responding to an assault can be as great a challenge as prevention. In many

- (Cont. on Page 5) cases, victims do not report assaults because they are not

President proclaims national SAAM campaign

Though we have come far in the fight to reduce sexual violence, the prevalence of sexual assault remains an affront to our national conscience that we cannot ignore. This month, we stand with survivors of sexual assault, join together to break the silence, and recommit to ending this devastating crime.

Rape and sexual assault inflict profound suffering upon millions of Americans every year. Nearly one in five women has been raped, and still more have endured other forms of sexual violence or abuse. Tragically, these crimes take their greatest toll on young people; women between the ages of 16 and 24 are at greatest risk of rape and sexual assault, and many victims, male and female, first experience abuse during childhood. The trauma of sexual violence leaves scars that may never fully heal. Many survivors experience depression, fear, and suicidal feelings in the months and years following an assault, and some face health problems that last a lifetime.



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FFSC promotes professional development

The Fleet and Family Support Center is sponsoring a once-a-year lecture regarding career management and civilian transition here at NAS Whiting Field. It will be presented by The Military Officers Association of America (MOAA), and is entitled "Marketing Yourself for a Second Career." The event will be held on Friday, June 1, 2012 from 0900-1130 in the Atrium Building 1417, Training Room 169-A.

This top-shelf presentation is a great professional development opportunity. Civilian transition is of course ultimately a part of all military careers. Therefore, the lecture is perfect for those who are contemplating retirement in one to five years. However, it doesn't stop there. Regardless of whether any particular officer or senior enlisted member has reached the point of being in their own transition, they should be educated about the process in order to mentor and counsel those who work for them and are contemplating or going through their transitions. This "executive summary" presentation can prepare them for that role as well as many multi-day programs. Simply stated, it's a great fit for any commander, officer, or senior enlisted supervisor from the most senior, to the most junior.

The lecture will be given by retired U.S. Air Force Col. Brian Anderson, deputy director of transition services on MOAA's national staff. The presentation, given annually at over 150 military installations of all Services worldwide, is universally praised by audiences as, "up-to-date, hard-hitting, and sharply focused – a must see." It includes comprehensive information on the retirement decision itself, employer perceptions, your competition, resumes, cover letters, job search, networking, career fairs, interview techniques, salary negotiation, benefits packages, the current job market, and other relevant and important transition topics.

The presentation is geared toward officers and senior enlisted, but those of all ranks are warmly welcomed. SPOUSES are highly encouraged to attend as well! All who attend will receive a free copy of the lecture's companion book, also titled "Marketing Yourself for a Second Career." It is an in-depth, all-in-one resource for the transition process.

For further information, contact Ms. Terri Maddox, Work and Family Life Consultant, Fleet and Family Support Center, at (850) 623-7177.

This Week in Naval History

April 2

1781 - Navy frigate Alliance captures two British privateers, Mars and Minerva.

1827 - Construction of the first naval hospital begins at Portsmouth, Va.

1898 - U.S. Naval Academy coat-of-arms is adopted.

1947 - The United Nations places former Japanese-mandated islands under U.S. trusteeship.

1951 - The first Navy use of a jet aircraft as a bomber; it is launched from the carrier USS Princeton (CV 37).

1960 - USS Glacier (AGB 4) begins 12 days of relief operations, providing helicopter and boat transportation, and emergency supplies to residents of Paramaribo, Brazil, after floods.

April 3

1797 - Capt. Thomas Truxtun issues the first known American signal book using numerary system.

1942 - Adm. Chester Nimitz is named commander-in-chief, Pacific Ocean Areas, a joint command, and retained his other title, commander-in-chief, U.S. Pacific Fleet.

1992 - The first five coed recruit companies from Naval Training Center Orlando, Fla., graduate.

April 4

1898 - Appointment of the first Civil Engineering Corps officer, Rear Adm. Mordecai Endicott, as chief of Bureau of Yards and Docks.

1949 - NATO is established.

Learn more at <http://www.history.navy.mil>

2012 TPC Honors Military

THE PLAYERS will continue its policy of providing free or affordable access to the tournament for men and women of the Armed Services. There are two military ticket policies:

- All active duty, retired, and reserve military personnel along with their dependents receive complimentary admission to the tournament all day, every day. Free tickets are available online via a link to TicketMaster from THE PLAYERS website (PGATOUR.COM/THEPLAYERS <<http://www.pgatour.com/tournaments/r011/>>); these are print-at-home tickets and military personnel and their dependents will be asked to present the paper ticket AND valid military ID at the gate for free admission.

- THE PLAYERS is proud to partner with Veterans Advantage to distribute discounted tickets to military veterans and their families. Available to those carrying the Veterans Advantage VetRewards Card, discounted tickets can be purchased online through a special link, and then redeemed at the admissions gate with proof of a valid Veterans Advantage VetRewards Card. Visit PGATOUR.COM/THEPLAYERS <<http://www.pgatour.com/tournaments/r011/>> (click on 2012 Tickets) for more information.

On-site parking is free (for all fans) Monday-Wednesday, but parking passes must be purchased in advance for Thursday through Sunday.

Once again in 2012, THE PLAYERS will offer hospitality to active, reserve and retired military and dependents at the Birdies for the Brave Patriots' Outpost, located on the hill between No. 16 and No. 18 fairways. The Birdies for the Brave Patriots' Outpost, provides complimentary food, beverages and interactive activities and is open Wednesday-Sunday. Military ID is required for admittance. USO Centers do not have tickets or sell parking passes, which are available online.

News and Notes

New Hours/Days of Operation - The Bowling Center is changing their days and hours of operation beginning April 8. The bowling lanes will be closed Sunday through Thursday. New hours are Fridays and Saturdays 1400 to 2200. New pricing will be in effect also. Lane fees are \$1 per person per game and shoe rental free for all bowlers. The closing does not affect snack bar hours of operation. The snack bar will remain open Monday through Thursday 0700 to 1900, Friday 0700 to 2100, Saturday 1400 to 2100, and Closed Sunday.

From the CAC Card Office - Effective immediately: Any military member who loses their CAC card **MUST** get a special request chit from their chain of command in order to receive a new CAC card. All others (contractors, civil service, etc.) will continue to need a police report in order to replace their lost CAC.

ITT Ice Flyer Tickets - Disney on Ice - The Pensacola Civic Center Saturday and Sunday May 13 and 14. The discounted ticket price is \$21.75. There are only a limited number of tickets available. Call Cyndi Myers at 850-665-6250 for details.

Santa Rosa County Fair - ITT also has discounted tickets for the annual Santa Rosa County Fair which will run April 6-14.

Bonfire Jam - Pensacola Beach will be rockin' Saturday, May 12 with the sounds of Ronnie Dunn, Craig Morgan Sunny Sweeney and Brett Eldredge during the 2012 Bonfire Jam. Tickets are on sale now at www.bonfirejam.com.

Test Preparation Programs for Military - Military personnel can obtain SAT and ACT PowerPrep programs at cost (\$13.84 to \$72.00). The retail value of these programs is \$199.99 to \$599.00. The SAT and ACT PowerPrep programs are available as a DVD-ROM set and/or books. This program is available to all service members, including members of the Reserves, Active Duty, and their families this offer is made possible because of donations from NFL/MLB players. This program has been extended to military families and veterans for a sixth consecutive year through the eKnowledge Sponsorship Alliance, NFL and MLB players, and over fifty other organizations. Please contact the provider directly at support@eknowledge.com or call 1-951-256-4076 for questions or assistance.

Run for Their Lives - Lakeview Center is sponsoring their 5th annual 5K Run/Walk to raise awareness of issues pertaining to sexual assault. The 5K is scheduled for Saturday, April 21 beginning at 8 a.m. on Pensacola Beach. Pre-registration is \$18 for all ages with a \$3 discount for active duty military. The cost to participate is \$23 on the day of the race. For more information view the race website at www.runfortheirlives.kintera.org.

NAS Whiting Field Admin. Office Hours Change

The Admin Department will be closed for business on Friday



Star Pupil

Navy Region Southeast Commander Rear Adm. John C. Scorby makes a new friend at the NAS Whiting Field Child Development Center on Monday, April 2. U.S. Navy Photo by Lt. j.g. Tim Mosso

afternoons starting at 1130. Please plan accordingly.

NAS Whiting Field Good Friday Service

Good Friday Service will be conducted in the Main Chapel Friday, April 6, 2012 at 1100.

2012 Players Championship: Free Tickets & Events For Military

All active duty, retired, and Reserve military personnel along with their dependents receive complimentary admission to the tournament all day, every day. Free tickets are available online via a link to TicketMaster from THE PLAYERS website ([PGATOUR.COM/THEPLAYERS <http://www.pgatour.com/tournaments/r011/>](http://www.pgatour.com/tournaments/r011/)); these are print-at-home tickets and military personnel and their dependents will be asked to present the paper ticket AND valid military ID at the gate.

SECURITY CHECKPOINT



Question: What documents are required to register a vehicle onboard NAS Whiting Field?

Answer: 1.) Valid State Drivers License - not all states offer a Military extension. Check with your local state for updated information.

2.) Valid Vehicle Registration - either regular or temporary. If you purchase a new/used vehicle out-of-state ensure you get a temporary registration from that dealer.

3.) Valid Vehicle Insurance for that vehicle - an electronic copy on a cell phone IS NOT ACCEPTED, it must be a paper copy of the actual insurance card for that vehicle.

4.) Valid Government ID card (Military, Dependent, Retired, CAC).

Upcoming Events

April 8 - Easter

April 13, 1300 - Winging Ceremony - Base Auditorium

April 13, 1030-1400 - SITE Program Art Auction and Open House - Bld. 1459

April 20 - VT-2 Change of Command - Base Atrium

April 24 - Vice Adm. William D. French Visit to NASWF

May 11, 1300 - Winging Ceremony - Base Auditorium

Fleet and Family Support Classes

VA Representative - Friday, April 6 & 20 from 8 to 12 p.m.

Call (850) 623-7177 for appointment and details of required documentation.

Job Club - Monday, April 9 from 8 to 10 a.m.

In the current labor market networking is a critical step in finding and increasing employment possibilities. To assist job seekers increase their employment possibilities Naval Air Station Whiting Field's Fleet and Family Support Center is hosting a weekly job club. The formation of a job club will allow several job seekers to pool resources and develop a network for finding employment. The job club is scheduled to meet at 10 a.m. Tuesdays at the Fleet and Family Support Center.

Couples Communication - Monday, April 9 from 1 to 3 p.m.

Are you newly married? Are you in a serious relationship? Have you been married a long time? If yes, then this workshop is for you. During this class, we will discuss the "Speaker/Listener Technique," a structured way to communicate effectively. This technique helps couples to talk about tough issues without resorting to fighting. Class will be held at the FFSC conference room. Participants must register in advance for all EVENING classes by calling the FFSC before noon on the day the class is being held. If the date and times listed are no convenient for you, you may call to schedule a time that fits better with your schedule. For more information, contact a Work and Family Life Specialist at 850-623-7177.

Money and the Move - Thursday, April 12 from 1 to 2 p.m.

A Permanent change of Station (PCS) move can be one of the most exciting adventures of your career as well as one of the best benefits. However, a PCS move can also become a financial disaster that can take months to recover from if not properly prepared for. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 850-623-7177.

Starting a Business - Monday, April 16 from 10 a.m. to noon

Ocoee River Whitewater Rafting Trip

April 27-29, 2012

\$160.00

Last Day to Sign up is April 20th



READY FOR AN ADVENTURE?

Join us for a heart pounding run on the Ocoee River in Tennessee. For this trip we will be running both the Upper Olympic Section and the Middle Section of the river. The Ocoee is a dam released river that has rapids ranging from bouncing Class III to fast paced Class V. We will run the river on Sunday the 29th and have lunch on the river! The cost of the trip covers the rafting cost, camping fees, all the gear you will need and transportation.

Space is limited so sign up early!
For more information or to sign up please contact the Outdoor Adventure Program on board NAS Whiting Field at 850-623-7670 or email us at Outdooradventure.wf@gmail.com

If you miss this one check out the next two Whitewater trips we have coming up in June and July.

National Park Week, April 21-29, Features Free Admission

- Plan Your Adventure at www.nationalparkweek.org

WASHINGTON – The National Park Service and the National Park Foundation, the official charity of America’s national parks, invite people everywhere to enjoy, explore, learn, share, and give back to America’s nearly 400 national parks during National Park Week 2012.

Celebrating the theme, “Picture Yourself in a National Park,” National Park Week will run from Saturday, April 21 through Sunday, April 29. Throughout the country, visitors can enjoy the beauty and wonder of 84 million acres of the world’s most spectacular scenery, historic places and cultural treasures for free.

National parks will mark the annual celebration with special events and activities including Volunteer Day on April 21, Earth Day on April 22, and Junior Ranger Day on April 28. From ranger-led hikes and kayak trips to camping and exploring, park visitors can plan their National Park



Week at www.nationalparkweek.org. Discover information about events, special activities for visitors of all ages, how to share your park adventure with other travelers, and how to support the parks.

“America’s national parks have something for everyone,” said National Park Service Director Jonathan B. Jarvis. “Take a break and experience something new, enjoy some fresh air, get some exercise, and see where history happened. And, since admission is free to all 397 parks, all week long, National Park Week is a great time to get up, get out, and explore a park.”

“This is our annual celebration of America’s best idea – our national parks,” said Neil Mulholland, President and CEO of the National Park Foundation. “We are proud to stand with our partners at the National Park Service and encourage people everywhere to enjoy, learn from and support our nation’s greatest treasures.”

SARC

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aware of the parameters of behavior considered “sexual assault.” In such a case, the victim’s lack of information leads to an unpunished offense and an untended victim.

Despite concerted efforts to eradicate destructive behaviors and combat enabling attitudes, sexual assault remains a significant concern to Navy leaders and a grave obstacle to military mission readiness.

“For fiscal year 2010, there were 3,158 total reports to the DoD, and we know that only 40 percent of sexual assaults are reported. That is why we really get into the sexual assault awareness education,” Phillips stated.

She stressed that eradication of sexual assault requires an informed and proactive force. Basic human instincts to avoid conflict, criticism, and intrusion are enabling factors that set the stage for sexual assaults to occur. Hostile language, aggressive behavior, or unwanted advances are precursor behaviors that must be recognized and halted by peers before harassment devolves into assault.

“A large push by the Sexual Assault Prevention and



Rachel Phillips, NAS Whiting Field SARC, offers Fleet and Family Support Center customers a resource for Sexual Assault Prevention and Response. U.S. Navy photo by Lt. j.g. Tim Mosso.

Response program has been bystander intervention. If people see a situation that is disturbing to them, they have a right to intervene,” Phillips emphasized.

The importance of positive peer action stems from the circumstances in which sexual assaults take place. Occasions involving alcohol consumption and private gatherings during off-duty hours, outside of command oversight, can create volatile situations.

Peer involvement becomes indispensable when alcohol is present. The Navy Center for Personal and Professional Development SAAM education initiative has emphasized that when alcohol clouds judgment, otherwise upstanding individuals can lose their abilities to discern the limits of acceptable behavior.

Phillips cites the percentage of unreported incidents as evidence that the best defense against dangerous behavior is peer awareness and intervention at the point of conflict. Absent military authorities and trained experts, educated and alert

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Proclamation

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It is up to all of us to ensure victims of sexual violence are not left to face these trials alone. Too often, survivors suffer in silence, fearing retribution, lack of support, or that the criminal justice system will fail to bring the perpetrator to justice.

We must do more to raise awareness about the realities of sexual assault; confront and change insensitive attitudes wherever they persist; enhance training and education in the criminal justice system; and expand access to critical health, legal, and protection services for survivors. As we fight sexual assault in our communities, so must we combat this crime within our Armed Forces. The Department of Defense provides additional resources for service members and military families at 1-877-995-5247 and at: www.SafeHelpline.org.

With the leadership of Vice President Joe Biden, my Administration is working to stop sexual violence before it begins and ensure justice for the countless men, women, and children who have already been harmed. Last year, we introduced comprehensive guidance to schools, colleges, and universities to clarify their obligations under existing civil rights law to prevent and respond to campus sexual assault. In January, we issued a revised definition of rape that will improve our understanding of where and how often this crime occurs.

And today, we are collaborating with private organizations and agencies at every level of government

to bolster advocacy and assistance for victims of sexual violence. All of us share a responsibility to those in need. By standing with survivors of rape and sexual assault and helping them secure the support and services they deserve, we do right by the ideals of compassion and service at the heart of the American character. For additional information and resources, visit: www.WhiteHouse.gov/1is2many.

During National Sexual Assault Awareness and Prevention Month, we rededicate ourselves to breaking the cycle of violence that threatens lives, erodes communities, and weakens our country. As we reflect on the progress we have made and the distance we have yet to go, let us recommit to empowering survivors and fighting for a safer future for every American.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim April 2012 as National Sexual Assault Awareness and Prevention Month. I urge all Americans to support survivors of sexual assault and work together to prevent these crimes in their communities.

IN WITNESS WHEREOF, I have hereunto set my hand this second day of April, in the year of our Lord two thousand twelve, and of the Independence of the United States of America the two hundred and thirty-sixth.

BARACK OBAMA

Weekly Spotlight - Randy Roy

Branch of service: Navy (retired)/ currently civilian

Hometown: Lynn, Mass.

Job title: Navy Operational Liaison Officer

Command: Naval Air Station Whiting Field

Years employed with the Federal Government: 28

What do you like best about your job?

"I enjoy the people aspect of the job." The ever-changing challenges in this particular working environment is something that keeps you busy, engaged, and focused on what it is all about. I get the opportunity to work with several diverse working groups throughout the DoD, County, and State to initiate and negotiate "win-win" strategies to protect one of the Navy's most critical missions.

What do you see yourself doing in five years?

I see myself in my current position, but with a much broader foundation and vision in developing and communicating "win-win" opportunities in protecting what is truly the Navy's Crown Jewel to naval aviation training.



Congrats to TRAWING-5 Wingers and Scholars



Back Row: Cmdr. Paul D. Bowdich, USN; 1st Lt. Andrew W. Wing, USMC; 1st Lt. Ryan T. Ludvigsen, USMC; Lt. j.g. Beau C. Belanger, USCG; Lt. j.g. Kyle C. Cuttie, USCG; Ensign Ian K. Sciford, USN; Ensign Jared P. Dawson, USN; and Col. James D. Grace, USMC.

Middle Row: Cmdr. Jeffrey D. Debrine, USN; Ensign John H. Kipper, USN; 1st Lt. Joshua L. Foxton, USMC; 1st Lt. Nathaniel W. Vida, USMC; Ensign Stuart B. Anderson, USN; Ensign Kaylee A. Grove, USN; Lt. Katherine M. Pelkey, USCG; and Lt. j.g. Joseph S. White, USCG.

Front Row: Lt. Col. Mark C. Thompson, USMC; Ensign Daniel T. Aguilera, USN; 1st Lt. Brittany L. Webster, USMC; Ensign Emily H. Reiter, USN; Lt. j.g. Carmela Carbonara, Marina Militare (ITNAV); Ensign Hillary E. Ross, USN; Ensign Brian E. Strong, USN; and Vice Adm. Harry B. Harris, Jr., USN.



Left Photo: Capt. Eric L. Deist, USAF, and 1st Lt. Michael J. Harper, USMC, display their academic achievement certificates. The honors were awarded on March 16 at the Training Air Wing FIVE headquarters building.



Right Photo: TRAWING-5 recognized Lt. j.g. Leonardo Dicarlo, Marina Militare (ITNAV); and Ensign John Bamonte, Jr., USN, with their awards March 30.

SARC

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service members are the first line of defense against sexual assault.

The scope of bystander intervention encompasses more than attention to potential offenders; peers must protect friends and colleagues from becoming victims. The Center has declared that the practice of bystander intervention is a key to preventing individuals from placing themselves at risk of sexual assault.

The Chief of Naval Operations, Adm. Jonathan W. Greenert, recently declared sexual assault a malignancy that threatens the values, safety, and readiness of Navy forces worldwide.

As a veteran of military service and victim support, Phillips confirms that sexual assault jeopardizes mission readiness.

“[Sexual assault] affects our mission, which is our number one job. It also affects our people, who are critical to mission success.

“When a sexual assault occurs, the member will suffer a severe loss of trust. This undermines their ability to have faith in others, undermines their trust in the command, and can lead to mission failure,” Phillips declared.

The Fleet and Family Support Center is planning a range of activities to promote the air station’s SAAM initiatives.

On April 4, FFSC will bring Catharsis Productions’ “Sex Signals” improvisational performance to the base. The show will feature realistic language, scenarios, and actions intended to portray the fashion in which casual social engagements can degenerate into assaults. All performers bear complimentary qualifications as professional improvisation actors and trained Sexual Assault Responders.

“‘Sex Signals’ is very adult, very realistic. This is not another Power Point,” Phillips stressed.

“We are one of only five bases in the region to get them, so we’re excited by the opportunity,” she added.

“Sex Signals” show times include performances at 0800 and 1500 at the base auditorium.

In addition, FFSC will feature a booth and representatives at the University of West Florida’s local

chapter of “Take Back the Night.” The event is part of a coordinated intercollegiate awareness initiative during the month of April. Outreach organizations, victims’ advocates, and student groups will offer resources, give presentations,

hold discussion groups, and man booths for the occasion. Take Back the Night will be staged on April 4 at 1730 at the UWF University Commons Hall (campus building 22).

Phillips has been engaged with the Department of Defense’s campaign against sexual assault since 2004. As a SARC with Fleet and Family Support Centers since 2007, Phillips has a keen understanding of the challenges facing Sailors who encounter sexual assault. She

stresses the importance of giving victims immediate unencumbered access to resources.

Victims in military service may choose to make either restricted or unrestricted reports of sexual assaults through local Fleet and Family Support Center SAPR representatives.

Restricted reports allow the victim to retain confidentiality, obtain SAPR support and counseling, receive medical care, and document the incident for a future unrestricted report. Restricted reporting is only possible if the member’s chain of command has not learned of the assault.

Unrestricted reports encompass all of the foregoing support but allow criminal investigations to be opened and require the victim to publicly declare the assault. Such reports engage Naval Criminal Investigative Service, the member’s chain of command, and possibly local civilian law enforcement agencies. Legal action can be pursued in accordance with the Uniform Code of Military Justice and state, local, and federal laws.

Members can seek additional information and support through the base SARC or online at www.sapr.mil. A live telephone option, the DoD Safe Helpline, offers 24-hour, seven-day-per-week services ranging from advice and counseling to direct connection to law enforcement and medical attention.



Rachel Phillips and the NAS Whiting Field Fleet and Family Support Center team discuss sexual assault prevention and response initiatives with Rear Adm. John C. Scorby, Commander, Navy Region Southeast on Monday, April 2. U.S. Navy photo by Lt. j.g. Tim Mosso