



Parent or Caregiver Risk Factors

Below is a list of factors frequently associated with parents or child caretakers who are more prone to become perpetrators of child abuse and neglect. Research shows that parents or caregivers that possess two or more risk factors are at higher risk.

Social Isolation
Lack of Family Cohesion
Unemployment or low socioeconomic status
Lack of Problem Solving Skills
Domestic Violence
Lack of basic parenting skills
Low Maternal/Paternal Attachment
Uses harsh physical discipline with the child
Has a history of abuse as a child.

Substance Abuse
Young Maternal Age
Depression
Single Parent (full-time or periodically)
Grew up in an Unstable Home Environment
Lack of Knowledge of Child Development

To learn more about child abuse and neglect go to: <https://www.childwelfare.gov/topics/can/>.

To learn about healthy parenting visit your local New Parent Support Home Visitation Program or go to:

http://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program/new_parent_support/resources.html