

Transition GPS Workshop: Day 1 Agenda Guidance

Curriculum & Components	Facilitator's Responsibilities	Expected Outcomes for Service Member	est. time
<u>Transition Overview</u> <ul style="list-style-type: none"> Welcome – Leadership Administrative/Housekeeping TGPS Packet Review Verification that Prerequisite Work Complete 	<ul style="list-style-type: none"> Provide overview of Transition GPS process Emphasize the importance of the ITP Ensure understanding of workshop schedule Verify completion of SM's prerequisite work 	<ul style="list-style-type: none"> Completed prerequisite work and checked in Understand TGPS schedule & goals Understand importance of ITP and meeting CRS SM reviewed & completed ITP, page 1 	30 min
<u>Resilient Transitions</u> <ul style="list-style-type: none"> Stress and Conflict Management Value of a Mentor Family Considerations & Special Issues Reserve Component (RC) Video and Yellow Ribbon Reintegration Program (YRRP) 	<ul style="list-style-type: none"> Discuss impact of transition on Veterans & families Identify stress & conflict management techniques and available resources Note the benefits of finding a mentor Show YRRP slides and RC Benefits video 	<ul style="list-style-type: none"> Identified impacts from transition and ways to mitigate related stress and conflict Aware of opportunity for separating SM to join RC and help offered by YRRP SM reviewed & began working on ITP, Section I ("Personal Assessment") 	120 min
<u>Military Occupation Code (MOC) Crosswalk</u> <ul style="list-style-type: none"> Military Experience & Training (VMET) Possible Civilian Careers Gap Analysis Activity 	<ul style="list-style-type: none"> Review and interpret VMET transcripts Identify civilian career opportunities Assist SM in locating gaps between current skill set/education & career objective's requirements 	<ul style="list-style-type: none"> SM completed initial Gap Analysis Activity SM listed top 3 MOC Codes on ITP, page 1 SM reviewed & began working on ITP, Section II ("Evaluate Military & Civilian Experience & Training") 	120 min
<u>Financial Planning</u> <ul style="list-style-type: none"> Development of Spending Plan Analyze Credit Report and Scores Evaluate Salary and Total Compensation Evaluate the Cost of Living Understand How Taxes Change 	<ul style="list-style-type: none"> Discuss the components of financial readiness Direct SM to determine long- & short-term goals and estimate their costs Assist SM in connecting their goals with their spending plan 	<ul style="list-style-type: none"> SM created a spending plan for the first 12 months following separation/retirement SM reviewed and completed ITP, Section I ("Getting Financially Ready") 	180 min

Optional Components

Note: Any or all of the components listed below can be briefly introduced ONLY during the Resilient Transitions Curriculum Day 1 of the TGPS Workshop. Due to time constraints, each introduction should last about **five** minutes.

- Healthcare (Affordable Care Act and TRICARE)
- Post-Military Employment Ethics
- Relocation Brief/Household Goods
- Life Skills
- Personnel Support Detachment and Pay
- Survivor Benefits