

Welcome to YOKOSUKA!!
横須賀へようこそ!!

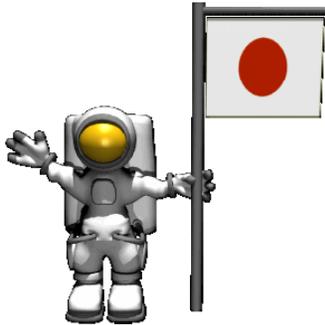


Yokoso! Welcome!

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INTROS...



Welcome to Yokosuka Naval Base, Yokosuka, Japan! We're looking forward to having you aboard! This booklet is designed to help you learn more about your new home and for you to use as a reference when you arrive. The Fleet & Family Support Center gathered the information and designed it for you - we hope you find it helpful! One thing you should do right away, though, is to learn to pronounce the name of the base and it's host city correctly..."Yō Kō Ska!"

About Yokosuka

Yokosuka is the home of Commander Fleet Activities Yokosuka, Japan. It is located about 43 kilometers south of Tokyo, 18 kilometers south of Yokohama, and is on the Miura peninsula in the Kanto Plain region of the Pacific Coast in Central Honshu, Japan. Yokosuka is a densely populated city, with a population of about 430,000. The city was incorporated on February 15, 1907. There are many things to see and do in the local area. You can board a train for the 55-kilometer trip to see the most up-to-date electronics to hit Japan in the Akihabara Electronics District. At the Yokosuka-Chuo train station you can purchase a ticket north to Tokyo or south to the beaches of the Miura Peninsula. The climate and weather is similar to Washington D.C. and Norfolk, VA. HOWEVER, the spring and fall rainy seasons may be compared to the wet climate and weather of Seattle, Washington.



Welcome to Japan!



STATS!!	US	JAPAN	YOKOSUKA CITY	YOKOSUKA BASE
Population	300 Million	130 Million	435,000	23,000
Total Area	9,631,420 square km	377,835 square km (roughly the size of California)	34.26 square km	2.3 square km
Capital	Washington D.C.	Tokyo	N/A	N/A
Climate	Los Angeles, CA: High 80°F/Low 47°F	Hot & Humid Summers/Cold & Dry Winters	August High 85°F/January Low 35°F	August High 85°F/January Low 35°F
Annual Rainfall	Los Angeles, CA = 9 inches	40 inches during wet season - June & Early July	40 inches during wet season - June & Early July	40 inches during wet season - June & Early July
Monetary Unit	Dollars	Yen	Yen	Dollars & Yen
Time Zone	Eastern, Central, Mountain, Pacific	Japan Standard Time (No daylight savings time)	US Eastern Time: +14 hours/US Pacific Time: +17 hours	(Same as Yokosuka City) Base uses 24 hour Military time
Measurement Units	US Standard	Metric System	Metric System	Metric System & US Standard

Sullivan's Elementary School



Sullivan's Elementary School consists of Pre-Kindergarten to 5th grade, with about 1,143 students and 110 teachers. The school motto is "Working Together, Learning Together, Growing Together." The school mascot is Starlight the Dolphin and the school colors are blue and white. Here are some Clubs and Activities that you may want to join.

Elementary School Clubs & Activities		
Technology Club	Math Fantasy Baseball	Sign Language
Arts Club	Choir	Museum Club
PE & Jump Rope Club	Primary Math Club	French Club
Spanish Club	Italian Club	Soroban Club
	Japanese Language Club	

Yokosuka Middle School

Yokosuka Middle School consists of 6th-8th grades, with about 563 students and 60 teachers. The school motto is “Respect, Responsibility, Results.” The school mascot is the Dragon. Here are some Clubs and Activities that you may want to join.



Middle School Clubs & Activities		
Band	Math Counts	Robotics Club
Beautification Club	National Junior Honor Society	Rubber Stamping/Scrap Booking Club
Computer Club	Spanish Club	AVID
Drama Club	Student Council	Newspaper
Essay Contests	Yearbook	Peer Mediators
Japanese Club	Cup Stacking	PALS
Brain Bowl	Dragon Day	PAWS Volunteers
Dragon Drumming	8th Grade Promotion	Sullivans' Readers
Math Field Day	Junior Science and Humanities	Homework Helpers
Chorus	Intramural Sports	Chess Club

Kinnick High School



Kinnick High School consists of grades 9-12, with about 523 students and 65 faculty and staff. KHS is part of the Department of Defense Dependent Schools system. KHS offers AP and honors courses to challenge students in every class. KHS has a long tradition of winning in athletics, fine art events, and academic contests. KHS is a member of the Kanto Plain League which has 11 member schools. They compete against these league schools, local Japanese high schools, and occasionally teams from Misawa Air Base and Iwakuni Marine Corps Air Station. KHS also sponsors Far East Events which are hosted by DoDDS schools in Japan, Okinawa, Korea.

High School Clubs & Activities

Clubs & Academics	Fine Arts	Sports
Children's Aid Coalition	Art Festival	Baseball
Cosmetology Club	Art Scape	Basketball - Boys & Girls
Film Club	Band & Choral Festival	Cross Country - Boys & Girls
French Club	Dance Team	Fall Cheerleading
Homecoming Activities	Debate	Football - JV & Varsity
Japanese Club	Drama Production/Musical	Soccer - Boys & Girls
Math Field Day	Drama Team	Softball
Model United Nations Team	Far East Band	Swimming
National Honor Society	Far East Choir	Tennis - Boys & Girls
Newspaper - Echoes	Honor Band	Track & Field - Boys & Girls
NJROTC Color Guard	Honor Choir	Volleyball - JV & Varsity
NJROTC Drill Team	International Thespian Society	Winter Cheerleading
NJROTC Rifle Team	KPASSP Drama Festival	Wrestling
Photography Club	KPASSP Jazz Ensemble	
Prom - Junior/Senior	Pep Band	
Sadie Hawkins Dance	Show Choir	
Snowball Dance	Solo & Ensemble	
Spanish Club		
Speech Club		
Student Councils - 9th, 10th, 11th, 12th		
Valentine's Day Dance		
Yearbook - The Krimson K		
YO-HI Day		



Dress Codes!

The styles on-base in Japan are not much different from the ones in the states. It gets a little different when you go off-base because the Japanese people dress a little more conservatively, but other than that the style is pretty much the same. Yokosuka base has a civilian dress code that applies to active duty military, DoDD Schools, and for everyone else on base. Here are some rules:

- NO Excessively Baggy Pants
- NO Dirty, Torn or Frayed Clothes
- NO Flip-Flops (Except at the pool)
- NO Profane or Sexually Suggestive Words, Pictures or Slogans
- Clothes should NOT be revealing and should not expose buttocks or underwear
- Sneakers MUST have laces
- Hats should be worn outside only and should NOT be worn backwards
- Athletic attire is to be worn only in athletic facilities (the gym) or when exercising

HOT!



NOT!

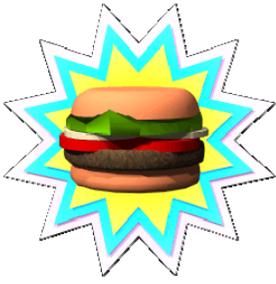




Morale, Welfare, and Recreation - provides activities, events, lessons, and everything else you need to have fun! Whether it's sports, ballet, cooking, or movies, they've got it all!

MWR FACILITIES & ACTIVITIES

Activity	Location	Hours	Phone Numbers
Benny Decker Theater	Clement Blvd.; Across from Main Street Food Court	Depends on the Movie Schedules	243-6703
Bowling Center	Clement Blvd.; Across from Kosano Park; Diagonal Main Street Food Court	Sunday-Thursday 1030-2300; Friday-Saturday 1030-0100	243-5158
Community Center	4th Avenue; Across from Yonban Tower; Next to Hourly CDC	Monday-Friday 0800-2000; Saturday 0900-1600	243-6713
Fleet Recreation Center	Howard Street; Across from the Pier	Monday-Sunday 24 Hours	243-5304
Fleet Theater	Howard Street; Across from the SRF Parking Garage	Depends on the Movie Schedules	243-6703
Green Bay Marina	McCormick Street; Next to McDonald's	Thursday-Tuesday 0900-1800	243-4155
Green Beach Pool - Summer Schedule	Clement Blvd.; Across from the PSD Building	Monday-Sunday 1100-1800	243-6410
Hobby Mart	4th Avenue; 2nd Floor of Community Center	Monday-Friday 1000-1800; Saturday 0900-1600	243-5040
ITT	Next to Starbucks & Taco Bell; Across from the Navy Exchange	Monday-Friday 0900-1800; Saturday 0900-1300	241-5056
Library	3rd Avenue; Next to Sullivans Elementary School Field	Monday-Sunday 1030-1930	243-5574
Purdy Gym	Kauffman Street; Across from the Chapel of Hope	Monday-Sunday 0530-2200	243-5398 243-7264
Outdoor Recreation Center	Howard Street; Next to Fleet Recreation Center	Thursday-Tuesday 1000-1800; Holiday 1000-1400	243-5732
Seahawk Natatorium	Kauffman Street; In Purdy Gym	Monday-Friday 1100-1900; Saturday-Sunday 1100-2000	243-5620
Skate Board Park	Kauffman Street; Next to Tennis Court	Monday-Sunday	241-2941
Teen Center	Kauffman Street; In Front of New Gym; Behind Benny Decker Theater	Monday-Thursday 1200-2000; Friday-Saturday 1200-2200; Holidays 1200-1800	243-5542
Youth Sports Office	Clement Blvd.; Between Thew Gym and Pack & Wrap	Monday-Friday 1000-1730	241-2952



HUNGRY?!

EATING FACILITIES

Place	Location	Hours	Phone
Anthony's Pizza & Delivery	Inside the Navy Exchange Food Court	Monday-Sunday 1100-2130	241-3663
Chili's Restaurant	Duncan Street; Behind NEX Rental Center	Call for hours	243-5014
Chili's Take Out	Duncan Street; Behind NEX Rental Center	Call for hours	243-5014
Cinnabon	Across from Benny Decker Theater	Monday-Sunday 0630-2100	243-4772
Dunkin' Donuts & Baskin Robbins	Inside the Navy Exchange Food Court	Monday-Sunday 0600-2100	243-6783
Food Court at the Navy Exchange	Navy Exchange	Monday-Sunday 0900-2100	243-5577
Hot Stuff Pizza & Cinnamon Street	Fleet Recreation Center 3rd Floor	Monday-Sunday 1000-1800	243-3245
Main Street Food Court	Across from Benny Decker Theater	Monday-Sunday 0900-2100	243-4772
McDonald's	Behind PSD Building; Next to Green Bay Marina	Monday-Sunday 0700-2230	243-4461
Mean Gene's - Bowling Center	Bowling Center	Monday-Sunday 1030-2200	243-5158
Mean Gene's - Fleet Recreation Center	Fleet Recreation Center 3rd Floor	Monday-Sunday 0600-2200	243-7316
O'Club	Nimitz Blvd; Across from the Hospital	Monday-Friday 0630-2100; Saturday 0830-2100; Sunday 0900-2000	243-5788
O'Club Deli	Nimitz Blvd; Across from the Hospital	Monday-Friday 0630-1900; Saturday-Sunday 0800-1900	243-5788
Smash Hit Subs	Fleet Recreation Center 3rd Floor	Monday-Sunday 1000-1730	243-7316
Subway	Across from Benny Decker Theater	Monday-Sunday 0630-2100	243-4772
Taco Bell	Between Starbucks and the Video Rental Shop (MWR Building)	Monday-Sunday 1000-2100	241-4528
Warehouse at the O'Club	Back side of the O'Club near Nimitz Blvd.	Monday-Saturday 1100-1330/1700-2100	243-5002



Gyms & Sports

Fleet Recreation Center has a lot of stuff like basketball courts, racquetball courts, aerobics, free gear rental, weightlifting rooms, arcade, college classes, food court, and a Navy Exchange Annex Store.



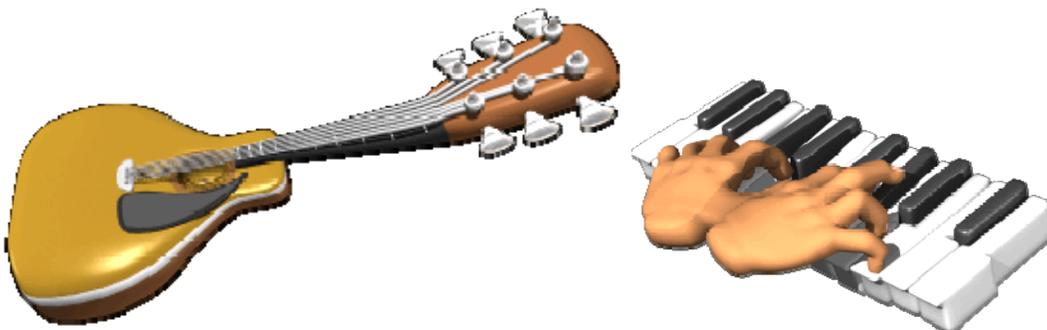
Purdy Gym is located on Kauffman Street in front of the Chapel of Hope. This gym has EVERYTHING! You can play basketball, racquetball, go swimming at the Seahawk Natatorium, get a Thai massage, go golfing, learn martial arts, take an aerobics class, lift weights, and much, much more! Or you can just hang out with your friends!

MWR Youth Sports offers something for everyone of all ages!! Choose year round soccer, flag football, softball, basketball, martial arts, or the swim team. The Youth Sports Director is located in the New Fitness center - Stop by and check out all of the activities they have and sign up! They're waiting for you!

Community Center



The Community Center is the place to fulfill all your creative needs! They offer all kinds of classes that range from adults to kids. They have piano & guitar lessons, dance classes, arts & crafts, Ikebana, Kumon and Japanese language classes. Challenge your creativity and join in the fun at the Community Center!!



Astro Lounge Teen Center



The Astro Lounge Teen Center is the place for teens to go and meet new friends. If you are looking for someone to hang out with or to just hang out then the Astro Lounge Teen Center is the place to be! Join the fun with all the teens! You can play pool, ping-pong, can sit on the cushy couches and just watch TV or talk to your friends. Each month there is a new calendar of exciting events to choose from, whether it's a concert, a trip to Sea Paradise or other amusement parks, Tokyo Disneyland or a teen dance, you won't get bored!

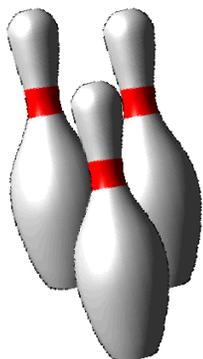
Hours of Operation:

Monday-Thursday	1200-2000
Friday-Saturday	1200-2200
Holiday	1200-1800

Theaters



All the latest and greatest flicks are shown at Yokosuka has two theaters Benny Decker Theater is located across from the Main Street Food Court next to KHS and the Fleet Theater is located about 2 blocks down the street from the Fleet Recreation Center. Movies are only \$2 for ages 12-and under and \$3 for ages over 12. The movies play every day of the week and the weekly schedule is listed in the Seahawk Base Newspaper. Check it out today!



Bowling!!



The Bowling Alley is a great place if you're bored! The alley has Extreme Bowling, League Style Bowling, Open Bowling, or make a reservation and have your own Bowling Party!! The Bowling Alley has Mean Gene's Burgers and Pizza and an arcade! So when the rainy day blues have got you down and you have nothing to do, don't despair - grab your friends and go bowling!



LIBRARY

Not just for bookworms! It's a great place for web surfers! They've got 24 internet accessible computers, a free video rental section, audio books on tape, magazines, newspapers, and all the references you'll need for those research papers! Head over and bury your nose in a book for a change!



Sailing, Sailing!

Come sail away! The sailing center at the Green Bay Marina offers sailing lessons and rentals! Where else do you have such an opportunity to take advantage of the ocean-you're on an island!

Calling All SCOUTS!

As if you haven't already found enough to do here are more options! Calling all Scouts!! Girl Scout troops for all ages (Kindergarten-12th grade) are available! Contact the Scouting Hut at 243-4119 for more information or to join a troop! Calling all Boy Scouts! Boy Scout troops for all ages (Kindergarten-12th grade) are available. Contact the Scouting Hut at 243-7421 for more information or to join a troop.



Chapel of Hope Chapel of Hope



AWANA: Youth Group for students in 3rd-6th grade sponsored by the Chapel of Hope.

It features food, fun, and fellowship with your peers. For more information please call the Chapel of Hope at 243-6773!

QUEST Junior: QUEST Junior is for middle school grades 7 & 8 grade. They meet every

Wednesday, 5:00pm-6:45pm. Come out and enjoy the fun with food, singing, games, and learn more about God with your peers! For more information please call the Chapel of Hope at 243-6773.

QUEST: QUEST is for teens in high school grades 9-12. They meet every Wednesday, 7:00pm-8:45pm. Come out and enjoy the fun with retreats, day trips and more! For more information please call the Chapel of Hope at 243-6773.

Fun Facts!



*****Did you Know?!** Green Tea is the national drink of Japan. AND Sumo is the National Sport of Japan.





Red Cross

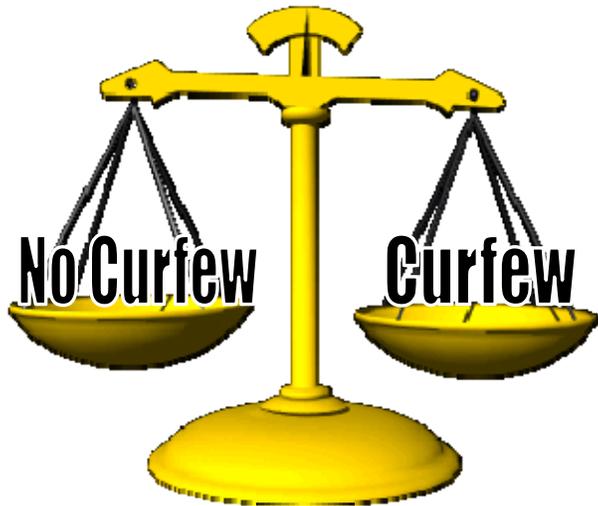
The Red Cross sponsors community volunteer programs. Make some extra money by taking their babysitting certification course and add your name to a babysitting referral list! Teens can volunteer and do community service projects, making the base a better place to live. The Community Service Project Group is open to all teens ages 10-17. All members must attend a volunteer orientation at the Red Cross. Please call 243-7490 to schedule your appointment today!

Japanese Trivia

- ✦ THE 5 MAIN ISLANDS OF JAPAN are Honshu, Kyushu, Shikoku, Hokkaido, and Okinawa.
- ✦ JAPAN HAS 192 VOLCANOES, of which 58 are still ACTIVE!!
- ✦ MOST JAPANESE HAVE STUDIED English in school, but their studies were geared toward passing exams, not holding conversations. As a result, many hesitate to speak English, but may understand more than most Americans give them credit for. They might be offended if spoken to in broken English.



The Fleet & Family Support Center (FFSC) has the low-down on all the great places to go and things to see in Japan! They have translators who can help you with translating from Japanese to English. The Kids-2-Kids Sponsorship Program works with the schools to assign a Youth sponsor for teens PCSing to Yokosuka to help them prepare for their new home, school and the Japan's culture. The Youth Relocation Program is all about teens getting involved with activities in Yokosuka. Classes are open to all teens and they focus on life skills such as problem solving, anger management, stress management, sexual harassment training, and more! Baby Think It Over™ is a teenage pregnancy prevention class where teens take a baby simulator home for the weekend and they have to care for it like a real baby; it cries when you least expect it and you have to demonstrate responsibility in caring for it. To sign up or just get more information call 243-FFSC or visit our website at www.cfay.navy.mil then click on the tab "FFSC"!!



Base Rules & Regulations

DRINKING

Minimum age for drinking alcohol is 20.

CURFEW FOR YOKOSUKA, IKEGO & NEGISHI

All children under the age of 18 must be off the streets and out of public areas between 2230-0530 daily unless accompanied or supervised by an adult. Curfew hours on Fridays, Saturdays and Holidays is extended to 2400-0530 for High School Seniors Only.

SMOKING

Minimum age to purchase or possess cigarettes or tobacco is 18.

MISCONDUCT

Any violation of these policies or other misconduct will result in referral to the Civilian Administrative Forum Process.

This means you are going to court!!

Examples of Misconduct:

- Arson
- Assault
- Fireworks
- Shoplifting
- Trespassing
- Mutual Combat
- Destruction of Property
- Harassing Communications
- NO BB Guns, Slingshots, or Knives
- And You Must Register Your Bicycle!



So, U R Broke...

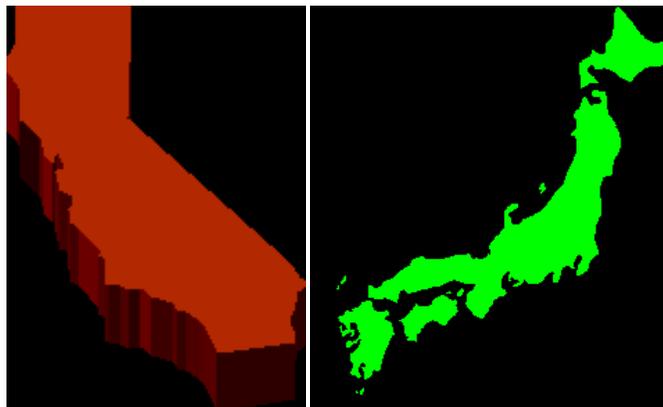


There are a number of regular part-time employment opportunities for teenagers' on-base. The following is a list of the organizations that offer regular employment to teenagers and the minimum age at which they can apply.

- * Navy Exchange (NEX): Minimum Age - 16
- * Morale Welfare & Recreation (MWR): Minimum Age - 16
- * Human Resources Office (HRO): Minimum Age - 18
- * Teaching English to Japanese Nationals: Minimum Age - 16
- * DECA Commissary (Baggers work for tips only): Minimum Age - 16

For teens aged 14-19 there is a Summer Hire Program offered every year during summer break. Make sure you get on the list early because this program fills up quickly! Contact the HRO office at 243-5725!

Did You Know?

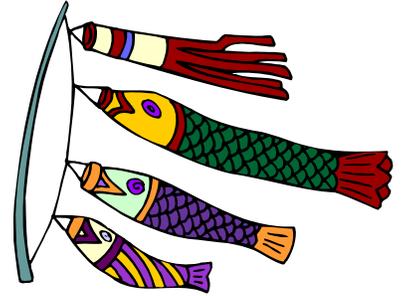
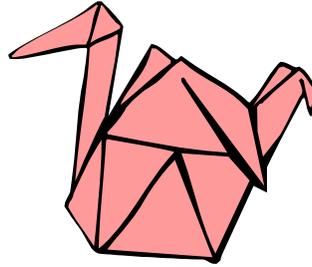


Japan is the **LARGEST** importer of food in the world! Japan has an area slightly smaller than California. California has a population of about 36 million and Japan has a population of 130 million!

JAPANESE CULTURE & CUSTOMS

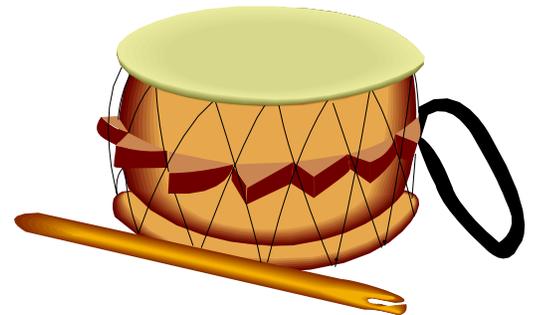
CULTURE

- * **IKEBANA:** Flower arrangement
- * **HASHI:** Chopsticks
- * **HAIKU:** Poem that has 17 syllables
- * **KIMONO:** Traditional Japanese clothes
- * **ORIGAMI:** Art of paper folding
- * **CHADOU:** Tea ceremony
- * **SUMO:** Wrestling
- * **TAIKO:** Japanese Drum



CUSTOMS & TRADITIONS

- * Take your shoes off when you enter a Japanese house.
- * Slightly bow when greeting a Japanese person.
- * Bathtubs are very different off-base. Do not wash yourself in the tub. Wash yourself outside of the tub using the shower and then soak your body in the tub.
- * Japanese-style toilets: **BE CAREFUL!** Put one foot on each side of the toilet and squat while facing the pipes. Do not sit on the toilet itself or you'll fall in!
 - **WASHIKI:** Japanese-style toilet
 - **YOUSHIKI:** Western-style toilet
- * Bring a handkerchief to wipe your hands in the bathrooms because paper towels are not available at many places.
- * **DO NOT PASS FOOD FROM CHOPSTICK TO CHOPSTICK.** This symbolizes the Japanese ceremony where family members pass the bones of a deceased loved one from chopstick to chopstick after they are cremated.
- * **Valentine's Day in Japan:** Only the girls give chocolates to the boys on this day. Boys will return the gesture with candies, cookies and small gifts to the girls on March 14th. March 14th is called "White Day."



SUPERSTITIONS FOR YOUNG PEOPLE

- * **DREAMS:** If you put a picture of a boy or a girl that you like under your pillow, you will dream about him or her.
- * **WISHES:** While a shooting star is in the sky, your wish will come true if you can repeat your wish 3 times.
- * **WHISTLING:** If you whistle at night, a thief will come to your house.
- * **THE SECOND BUTTON OF A BOY'S SCHOOL UNIFORM:** On the day of graduation, if you can get the second button from the school uniform of the boy you like, he will also like you.

HIDDEN MEANINGS OF...

- * **LETTERS:** If you write a letter with a green pen, it means you're writing a love letter. If you write a letter with a blue pen, it means you're writing to your best friend. If you write a letter with a red pen, it means you're writing a break-up letter.
- * **SNEEZING:** If you sneeze 2 times in a row, it means someone is talking about you either good or bad.
- * **PIMPLES:** If you have a pimple on your forehead, it means you will be loved by someone. If you have a pimple on your chin, you will love someone. If you have a pimple on your left cheek you will break-up with someone. If you have a pimple on your right cheek someone will break-up with you.

JAPANESE LANGUAGE



The Japanese have 3 different alphabets. Kanji are Chinese Characters, Hiragana and Katakana. These 3 alphabets are used separately and together to form the Japanese language. Kanji takes many years to learn and study, but Hiragana and Katakana can easily be learned. Give it a try! You can take Japanese in school or learn it on your own with the Community Center or with a tutor from off-base.

PRONUNCIATION

A	AH	as in fAther
E	EH	as in mEt
I	EE	as in hE
O	OH	as in fOrest
U	OO	as in tOO

Katakana is used for foreign words like:

コカコーラ = Coca Cola
ko ka ko - ra

ハンバーガー = Hamburger
ha n ba - ga -

サラダ = Salad
sa ra da

マクドナルド = Mcdonald's
ma ku do na ru do

ポテト = Potatoes (French Fries)
po te to

HIRAGANA

あ A	か Ka	さ Sa	た Ta	な Na	は Ha	ま Ma	や Ya	ら Ra	わ Wa	ん N
い I	き Ki	し Shi	ち Chi	に Ni	ひ Hi	み Mi		り Ri		
う U	く Ku	す Su	つ Tsu	ぬ Nu	ふ Fu	む Mu	ゆ Yu	る Ru		
え E	け Ke	せ Se	て Te	ね Ne	へ He	め Me		れ Re		
お O	こ Ko	そ So	と To	の No	ほ Ho	も Mo	よ Yo	ろ Ro	を Wo	

KATAKANA

ア A	カ Ka	サ Sa	タ Ta	ナ Na	ハ Ha	マ Ma	ヤ Ya	ラ Ra	ワ Wa	ン N
イ I	キ Ki	シ Shi	チ Chi	ニ Ni	ヒ Hi	ミ Mi		リ Ri		
ウ U	ク Ku	ス Su	ツ Tsu	ヌ Nu	フ Fu	ム Mu	ユ Yu	ル Ru		
エ E	ケ Ke	セ Se	テ Te	ネ Ne	ヘ He	メ Me		レ Re		
オ O	コ Ko	ソ So	ト To	ノ No	ホ Ho	モ Mo	ヨ Yo	ロ Ro	ヲ Wo	

Phrases to Know

CAN I HAVE A MENU?

- ☐ Menyu wo itadakemasuka?

WHAT IS THIS?

- ☐ Korewa nandesuka?

EXCUSE ME?

- ☐ Sumimasen.

PLEASE.

- ☐ Onegaishimasu or Kudasai.

WHERE IS THE TOILET?

- ☐ Toire wa doko desuka?

WHAT IS YOUR NAME?

- ☐ O'namae was nan desuka?

DO YOU SPEAK ENGLISH?

- ☐ Eigo wo hanashimasuka?

GOOD MORNING.

- ☐ Ohayogozaimasu

GOOD AFTERNOON.

- ☐ Konnichiwa.

GOOD EVENING.

- ☐ Konbanwa.

GOODBYE.

- ☐ Sayonara.



To address someone by Mr., Mrs., Ms. or Miss, use the word *-san* after their last name. For example Bob Smith. He would be called Smith-san. **DO NOT USE "SAN" WHEN STATING YOUR OWN NAME!**

To address girls, use the word *-chan*. For example Barbara Smith. She would be called Barbara-chan.

To address boys, use the word *-kun*. For example Mark Smith. He would be called Mark-kun.



Japanese currency is Yen. The exchange rate for US dollars to yen varies. It is usually between ¥105-120 to the dollar. Here is an example: If your lunch is \$4.50 and the exchange rate is ¥118 to the dollar, then your lunch would cost ¥531.

COUNTING IN JAPANESE

Ichi:	1
Ni:	2
San:	3
Yon (shi):	4
Go:	5
Roku:	6
Nana (shichi):	7
Hachi:	8
Kyu (ku):	9
Ju:	10
Hyaku:	100
Sen:	1000
Man:	10,000

Sports & Leisure

朝青龍
ASHIHINO RYU



CURRENT SPORTS

1. Sumo
2. Baseball
3. High School Baseball
4. Soccer
5. Basketball
6. Volleyball
7. Ekiden

SOCCER

- * Japan's League is made up of 16 teams.



SUMO

Sumo is Japanese wrestling. There are 6 tournaments a year. The average height of a sumo wrestler is 6'1" and the average weight of a sumo wrestler is 327 lbs. There are 48 different recognized holds and throws.



PROFESSIONAL BASEBALL

1. CENTRAL (6)
 - * Yomiuri Giants
 - * Chunichi Dragons
 - * Yokohama Bay Stars
 - * Hiroshima Corp
 - * Yakult Swallows
 - * Hanshin Tigers
2. PACIFIC (6)
 - * Daie Hawks
 - * Seibu Lions
 - * Nippon Ham Fighters
 - * Orix Blue Wave
 - * Kintetsu Buffalos
 - * Lotte Marines

HIGH SCHOOL BASEBALL

- * High schools compete to place in the National Spring & Summer Tournament.
 - There are about 4,500 high school teams participating.
 - One team from a prefecture can enter into the final tournament.
 - The most competitive prefecture is Kanagawa.
 - There are about 250 teams that represent a prefecture.





EKIDEN

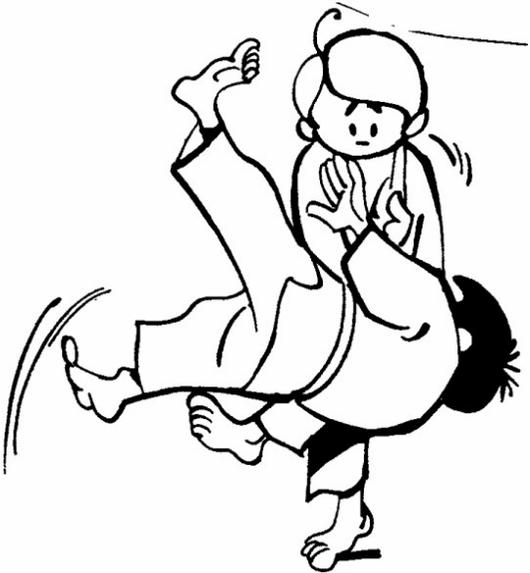
Ekiden is similar to the Ironman Race. One of the more popular Ekiden in Japan is the Hakone Ekiden which features teams of students from various Japanese Universities.

- * Held in the first days of the New Year - January 2 & 3
- * From Tokyo to Hakone and back
- * 10 Runners on each team
- * Each runner runs about 20km or 12.43 miles



KENDO

The “Way of the Sword” is the oldest of the martial arts and was practiced by the samurai to acquire skills in using swords as well as to develop mental poise. Today, it is practiced with a bamboo sword and protective body equipment, gauntlets and a facemask. The winner of a match succeeds in landing blows to the face, arms, upper body or throat of an opponent.



JUDO

This is probably the most well known martial art. It has become worldwide and is regularly featured in the Olympic Games. The origins of this art are found in Jujitsu, a means of self defense favored by the samurai, which was modernized into Judo in 1882. The basic principles and subtle skills of the art lie in defeating opponents simply by redirecting the opponents’ strength against themselves.

KARATE

Karate may have originated in India, but it was redefined in China and traveled from there to Okinawa where it took hold as a local martial art. It began in the 14th century and continued on to the rest of Japan in the first half of the past century. The emphasis is on unarmed combat. For optimum performance, all movements require intense discipline of the mind.



LET'S EAT!



There's no doubt - Japanese food is quite different! But it's a great experience and fun to try! Some things take a little getting used to, but if you try it, you just might love it! Most Japanese restaurants display their menu with life-like plastic models in a window outside the restaurant. Here are some of the most popular dishes - but there are many more! Enjoy!

SUSHI

Sushi comes in many different varieties. Usually it is a block of rice with raw fish on top or a block of rice stuffed with vegetables or fish that's wrapped in seaweed. If you like fish - You're sure to love sushi!



SOBA

Soba is a Japanese noodle made of buckwheat. The side dish of onion and horseradish are mixed with the sauce. The noodles are dipped in the sauce and then eaten.

SUKIYAKI

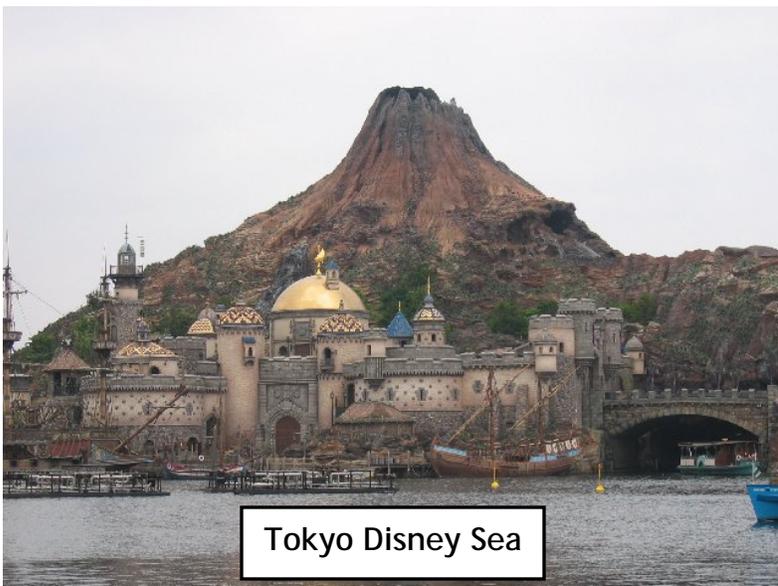
Almost everyone likes sukiyaki. The meat is either beef or pork, served with assorted vegetables, boiled in a sauce, and then dipped in a beaten egg.



Cool Sights!!

Japan has a lot of interesting shrines, temples, parks, and sights. Here are a few of the most popular places. You can find information and maps to over 100 different places to visit on our website <http://www.cfay.navy.mil> then click on the tab "FFSC" or at the Fleet & Family Support Center in the PSD Building on the 2nd floor!

There are so many things to do, we don't have room to mention all of them! Some famous attractions include: Kamakura's Great Buddha, Mt. Fuji, Tokyo Tower, Kyoto (home of the traditional Geisha), and Shibuya - Fast & the Furious Tokyo Drift!!





Ok, so, there's no way we can totally prepare you for your journey across the ocean...BUT...there's always the Internet! Here are some sites that can help you learn more about mysterious Japan!

Yokosuka Naval Base:

<http://1.usa.gov/jximAk>

Yokosuka City Official Website:

<http://www.city.yokosuka.kanagawa.jp/e/index.html>

Kanagawa Prefecture:

<http://www.townnet.com/world/asia/japan/kanagawa.html>

<http://www.pref.kanagawa.jp/menu/page/04.html>

<http://www.kanagawa-kankou.or.jp/index-e.html>

News, Restaurants, Sights & Culture:

<http://metropolis.co.jp/default.asp>

Schools:

Sullivans Elementary School - <http://www.sullivans-es.pac.dodea.edu/>

Yokosuka Middle School - <http://www.yokosuka-ms.pac.dodea.edu/>

Kinnick High School - <http://www.kinnick-hs.pac.dodea.edu/>

Miscellaneous Sites:

<http://web-japan.org/kidsweb/>

<http://www.pref.hiroshima.lg.jp/site/english/>

<http://www.japan-guide.com/>

<http://www.japantravelinfo.com/>



Base Bus Schedule:

It's free! There are 2 routes the bus takes. One bus goes clockwise around base and the other goes counter clockwise around base. Every bus stop has a schedule. Check it out today!

- * Clockwise Bus: 0630-1950
- * Counter Clockwise Bus: 0645-1925

MWR Base Taxi Service:

The base taxi operations are open 24 hours! The number is 243-4444.

- * Starting rate for the taxi from 0530-2200 is about \$5.70 or ¥450.
- * Starting rate for the taxi from 2200-0530 is about \$6.20* or ¥490.

*Depends on exchange rate. Information as of 27 June 2012.

School Buses:

If you live on the Yokosuka Base, you'll be riding the base bus, walking to school or bugging your parents for a ride. During the school year, school buses have routes to and from Ikego and Negishi Navy Housing areas. They also have various routes in the local area to accommodate those who live off-base. Activity buses run daily after school for those kids who miss the regular school bus due to extracurricular activities. A special bus pass is required to ride the activity bus.

Driving:

As of 15 April 2006, NAVFORJAPAN installations have ceased issuing private motor vehicle licenses to individuals who have NEVER BEEN LICENSED BEFORE or who cannot provide one of the following required documents:

- * A valid CURRENT operator's permit issued by any state or territory of the U.S. or D.C. OR
- * An international driver's license OR
- * A valid GoJ operator's permit OR
- * Written proof that he/she has successfully completed a certified formal driving course

Dependents turning 16 during the tour of their stay in Japan are also affected. So if you don't have a license when you come to Japan, you can't drive. You have to go back to the states, get a license, and then come back to Japan in order to drive!



