Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

Sun	Mass, Main Chapel	0800
Sun	Mass, Main Chapel	1100
Sun	RCIA Class, Blessed Sacrament	0930
Sun	CCD, classrooms	0930
Sun	Youth Group, Old Thew Gym (G-113)*	1200
Mon	Adult Bible Study, Rooms 2 and 4	1730
Wed	Confession	1600
Wed	Perpetual Help Novena, Main Chapel	1700
Wed	Mass, Main Chapel	1730
2nd Tue	Pre-Baptism Class	1730
Thu	Choir Practice, Main Chapel	1700
Thu	Women's Bible Study	1730
Fri	Choir Practice, Choir Room	1700
1st Fri	Mass, Main Chapel	1700
Sat	Vigil Mass, Main Chapel	1700
Sat	Baptism, Main Chapel	1500
Sat	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

Sun	Worship Service, Main Chapel	0930
Thu	Choir Practice, Main Chapel	1830

Protestant Liturgical

Sun	Communion Service, Fellowship Hall	1100

Contemporary Christian

Sun	Worship, Main Chapel	1700
Thu	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

Sun	Worship service, Main Chapel	1230
Tue	Women's Bible Study, Classroom 10	1800
Wed	Choir practice, Main Chapel	1830

Filipino Christian

Sun	Worship Service, Kinnick Little Theatre	1230
Wed	Prayer Meeting, room 3	1800

Church of Christ

Sun	Worship, Kinnick Little Theatre	0930
Sun	Sunday School	1100
Wed	Bible Study, rooms 2, 3 and 5	1800

The Church of Jesus Christ of Latter-Day Saints

Sun	Sacrament	0900
Sun	Sunday School	1020
Sun	Priesthood/Relief Society	1110

Location: Across from the City of Yokosuka Post Office (Off base)

Jewish Faith Community

Fri	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800

Soka Gakkai International (Buddhist)

2nd and 4th Thu	Classroom 10	1800

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

Tue	Fellowship Hall/Classrooms	1615

Yokosuka Student Ministries (Middle School and High School)*

Wed	Middle School – Quest	1600
	High School – One Way	1830

Protestant Women of the Chapel*

Tue	Bible Study, Classroom 10	0900
Tue	Bible Study	1800
3rd Mon	Fellowship Program	1700

Japanese Women's Bible Study*

Tue	Main Chapel/Fellowship Hall, Classrooms	0900

COMPASS Spouse Support Group

Wed, Thu, Fri	(Last week of month), Room 5	0900

Men's Christian Fellowship

Tue	Study Group (Fleet Rec 3rd Deck)	1130
3rd Sat	Breakfast (Location varies)	

Runs from September to June

Negishi: Chapel of the Rising Sun
• 242-4183

Roman Catholic

Sun	Mass, Main Chapel	0800
Sun	Confession	1700
Sun	Bible Study	1730
Thu	CCD, classrooms	0900

Protestant

Sun	Worship Service, Main Chapel	1030

IKEGO: Religious Services
(Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

Sat	Vigil Mass	1900

Pentecostal

Sun	Worship Service	1000

Adult Bible Study

Wed	Nikko Tower Party Room	1800

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

Wed	Ikego Elementary School	1630

Yokosuka Student Ministries (Middle School and High School)*

Thu	Middle School/High School – Q2 Kyoto Tower Party Room	1830

Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Financial stability is about a lot more than knowledge – it takes consistent action over time. Most of us do better when we have a supportive environment. Military Saves is a campaign to make every military community that supportive environment. Log on to www.militarysaves.org and take the "Savers Pledge." Look for special events throughout February supporting Military Saves Campaign.

Piggy Bank Game – Colorful piggy banks will be set up at MWR Spectrum Lounge, MWR Teen Center, Community Bank, Navy Federal Credit Union, Library, USO and FFSC encouraging you to take the "Savers Pledge." If you guess the amount of change in the bank you will win it as a prize!

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, Feb. 9

Accelerated Transition Assistance (ATAP) 8 a.m. (5 days): This is a four-day seminar for military members and families with less than eight years of service. Topics include transition assistance, veteran's benefits, separation documents, job search skills and lifestyle changes. Reservations are required through your Command Career Counselor.

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.) four sessions: Does your life seem out of control? This workshop is designed to help you build skills in these four important areas of your life!

English as a Second Language (ESL) 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic, English skills and learn about American culture.

Enjoying Japanese Foods 9 a.m. (4 hrs.): Come learn about Japanese cuisine. Join our bilingual staff on a trip to a local grocery store and traditional restaurant. Learn about basic Japanese ingredients, recipes and food etiquette.

Tuesday, Feb. 10

Baby Basics 11:30 a.m. (3 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

Healthy Relationships: For Your Child's Future 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.

More Bang for your Buck 10 a.m. (1 hr.): Too much month at the end of the paycheck? In this interactive class, you'll learn the importance of a written spending plan. You'll learn about the Financial Pyramid, the Financial Planning Worksheet, and creative ways to find extra cash on even the tightest budget.

Wednesday, Feb. 11

Bulls and Bears 10 a.m. (1.5 hrs.): Nope, not the Chicago sports teams or new zoo attractions, but rather investment terms. Not sure what the FOX or CNN broadcasters are talking about when the say the "Market" did this or the "FED" did that? We'll teach you the difference between stocks, bonds and mutual funds, the need to outpace inflation, risk/reward ratios, and the secret formula of wealth building. Remember "You are a millionaire in the making" start making you million today!

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.)

Youth Enrichment Class – Decision Making (Middle school students) 3 p.m. (1 hr.): We can teach you effective ways of solving everyday problems as well as making appropriate decisions. The training is for ages 10-14 (15 if student is still in middle school). Must meet four times for 1-hour session to obtain a certificate of completion.

Thursday, Feb. 12

Ikego – Ikebana Class 10 a.m. (2 hrs.): Ikebana Class is a Japanese flower arrangement class. This class uses flowers and other things from nature to make decorative center pieces. This class will be taught by a certified Ikebana Instructor.

Ikego – Play Morning 9:30 a.m. (2 hrs.): This Play Morning is held at Nikko Tower.

Kerosene Heater Safety 1 p.m. (1 hr.): Learn what to look for when purchasing a heater and how to use and maintain a kerosene heater in your home.

Friday, Feb. 13

Effective Resume Writing 12 p.m. (2 hrs.): Effective resumes get interviews. Learn to market your skills, knowledge and accomplishments using specific formats, selective "power" words and eye-catching cover letters.

Yokosuka – Play Morning 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

Captain's Cup Presidents Day 5k Run/ Walk – Support the Military Saves Campaign. Run starts 11:30 a.m. at Thew Gym. Financial information booths will be set up before and after the run to provide you with the information you need to chase your money all the way to the Bank! Remember folks, "Health and Wealth" go together.

Upcoming Classes

Feb. 16	Holiday
Feb. 17	Car Buying Strategies; Ikego – Employment Overview and Tips; IA Spouse Support Group
Feb. 18	Japanese Spouse Group; Getting Started Teaching English Basic Breastfeeding; Teen AOB/ICR; Thrift Savings Plan; Welcome to Negishi
Feb. 19	English Teachers Networking Group; Ikego – Play Morning; Pre-marriage Seminar
Feb. 20	Credit Management; Interview Techniques; Play Morning Sponsor and Sponsor Coordinator Training

Negishi FFSC	Fleet and Family Support Center	Ikego FFSC
242-4125	243-FFSC (3372)	246-8052

Visit our Web site: www.cfay.navy.mil/ffsc/index.htm
Click the "FFSC" tab