

freedom FLYER



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Housing Help Comes to Philly

Photo and story by Mass Communication Specialist 2nd Class Matthew R. White, NSA Philadelphia Public Affairs

Service members and civilian employees now have a helping hand in the Philadelphia area housing market thanks to NSA Philadelphia's (NSAP) new Navy Family Service Center.

"We'll find houses, apartments, anything that the military or civilians need," said John Koscinski, NSAP Housing Director. "We deal mostly with rental units but we can find units in the area that people may want to buy, also," he added.

With the resources and knowledge the housing staff has, they can begin helping a new transfer or employee well before they arrive in Philadelphia.

"The more lead time we are given the better the results we can offer to the person," said John Floyd, Housing Referral Specialist. "It can take from one to one and a half months to match a person with a place they'd like to live," he said.

Koscinski said that they gather as much information from the new person as they can; from size of home and amenities desired to school district, neighborhood, even spouse employment opportunity preferences and then use their resources and contacts throughout the area to find proper housing.

"We match people to their needs," said Floyd.

The housing office can help departing

personnel with relocation services as well, by connecting them with housing offices at bases throughout the Navy.

"We offer many free, professional,

The Navy Family Service Center will be able to help out base employees who are looking to sell or rent property they own, as well.

"We do everything we can do to make people comfortable," Floyd said.

The Navy Family Service Center is located in Building 109, the former Community Center,

"Anyone with a housing-related question is welcome here."

-John Koscinski

housing related services to the base employees," said Koscinski, adding, "It's one of the perks of working here."

"Anyone with a housing-related question is welcome here, whether it's about buying, renting, or even selling a property they own, we can help them out," Koscinski said.

on the extreme southeast corner of the base. The office is open for walk-ins during normal business hours of 0800 to 1600, Monday to Friday. They can be reached by phone at (215) 437-9455, or email at john.koscinski@navy.mil or john.w.floyd@navy.mil.



John Koscinski and John Floyd make up the Housing Referral Office and say they are eager to start helping the NSAP community with their housing needs.





Welcome Back

It is with great pleasure that I announce that NSA Philadelphia has redesigned and is restarting the *Freedom Flyer* newspaper that has been on a two year hiatus.

NSA Philadelphia is reintroducing the *Freedom Flyer* as part of our ever expanding communication outreach program. Whether it is through NSA Grams, the Plan of the Week, new media like our Facebook page, the marquee sign at the main gate, and now the *Freedom Flyer*, we hope to reach as many of the valued members of our base community as possible. Just as it is important to be knowledgeable

of the happenings in our cities and towns through major newspapers and broadcast media, it is also important to know what is happening on our base.

From the outside, NSA Philadelphia and the Philadelphia Navy Yard may look like another industrial or office park, but on the inside we know that there are countless stories happening each day as we strive to serve those who are out there protecting our nation's security. Let us not lose sight of the fact that without what we do here every day, the troops on the front lines in Afghanistan or Iraq, or on the ships fighting piracy off the Horn of Africa, wouldn't have

the tools and resources they need to complete their missions successfully. We directly contribute to America's freedom. Through the aptly named *Freedom Flyer* we will make every effort to tell the stories of our community and shed more light on what happens at NSAP/PNY each day.

We ask for your thoughts, suggestions, and submissions as we move forward with the *Freedom Flyer*. Please remember that this is your newspaper and we will need you to help us make it better.

Thank you again for taking the time to read the first edition of the newly redesigned *Freedom Flyer*.

--Cmdr. David G. Adams

FROM THE EDITOR

Welcome to the newly recreated *Freedom Flyer*, NSA Philadelphia's monthly newspaper. Those of you who have been on base for a while may remember the original *Freedom Flyer* when it was a quarterly newspaper. The public affairs office has brought the paper back, but with a few changes.

For starters, the new *Freedom Flyer* will be a monthly newspaper that will have fewer pages each issue but will contain more current information. The *Freedom Flyer* will still rely on input from all of you, the employees of NSA Philadelphia and tenant commands. To make your paper all it can be, I invite you to please send me stories and photos of your events on base. Whether it is a picnic for your

office/command, an event like a change of command or heritage month celebration, or special recognition for an employee who has done an outstanding job, let me know. This isn't my newspaper, it is our base community's newspaper, therefore the more input I get from our population the better the paper will be.

The *Freedom Flyer* will have monthly features such as classified ads, employee spotlight, and photos of events from around the base submitted by you. We will also feature ITT information, safety news, as well as feature stories to let you know what is happening at NSA Philadelphia.

Please feel free to contact me with any comments, questions, or photo/story contributions at matthew.r.white2@navy.mil. Thank you!

--MC2 Matthew R. White



DLA Troop Support ASSUMPTION OF COMMAND

By Janeen Poulson, DLA Troop Support
Corporate Communications

“It can be done!” Those four words sum up Navy Rear Adm. David F. Baucom’s message as he assumed command of Defense Logistics Agency (DLA) Troop Support, July 13.

Onlookers lined the walls and filled seats as senior leaders of DLA, former commanders of DLA Troop Support and its legacy organizations, and employees from agencies located on the Naval Support Activity Philadelphia’s compound welcomed the new commander.

In his remarks to the audience, Baucom explained that he adopted his mantra from a placard President Ronald Reagan kept on his desk.

An organization is considered successful by its defining spirit, people, culture, character and reputation, Baucom told the crowd.

“Now that’s the reputation of DLA Troop Support,” Baucom stated. “[It’s] a well-deserved reputation of being there when our service members need us and a strong culture that embodies that ‘can do’ attitude. It can be done.”

No stranger to DLA Troop Support, Baucom reminisced on his association as a customer with the organization.

“I was consistently impressed with the responsiveness and professionalism,” he told the audience. “From my experience, I know DLA Troop Support is a high-performing, customer-focused, global enterprise that is well postured to provide even greater support to our military services and to our nation’s warfighters. It is truly an honor to become commander of DLA Troop Support.”

Looking toward the future, Baucom said he understands the need to be responsible stewards of taxpayers’ money while maintaining superior support to



Rear Adm. David F. Baucom is saluted by sideboys as he enters the DLA Troop Support assumption of command ceremony. Baucom assumed command of DLA Troop Support from Richard A. Ellis, who returned to his previous position as DLA Troop Support Deputy Commander.

customers.

“We will strive to be even more effective and efficient in delivering a wide array of logistics,” he said. “We are one DLA. Troop Support will remain perfectly aligned with our headquarters. Our values are the foundation of everything we do.”

To the DLA Troop Support

“Our values are the foundation
of everything we do.”

-Rear Adm. Baucom

team, Baucom expressed his desire to take DLA Troop Support to the next level. He indicated pride in the team’s accomplishments thus far and said he looks forward to reaching future goals.

As presiding officer of the ceremony, Navy Vice Adm. Alan S. Thompson, DLA director, lauded Baucom for his myriad accomplishments and experiences that make him a qualified candidate to lead the \$14 billion organization.

“I have known Dave Baucom for a number of years and am absolutely confident that the Navy has sent us the very best,” Thompson said.

With a wealth of experience in acquisition and logistics, both ashore and afloat, Baucom definitely has the ability to take charge of this dynamic organization, Thompson said.

“When I look at the major challenge that is to lead DLA Troop Support, I can think of no one better qualified than Admiral Baucom,” he added. “He is truly an extraordinary leader who is focused on the mission and measuring outcomes. You are very fortunate to have him on your team.”

Baucom has held a variety of leadership positions. He served aboard three ships, USS Edward McDonnell (FF 1043), USS Theodore Roosevelt (CVN 71), and USS Ronald Reagan (CVN 76). His most recent assignment prior to joining DLA was serving as the deputy assistant secretary of the Navy (acquisition and logistics management).

DLA Troop Support supplies America’s armed forces with \$14 billion annually of food, uniforms, protective equipment, medicine and medical supplies and construction and equipment. Its history, rooted in Philadelphia, began in 1800 with the construction of the Schuylkill Arsenal before the Civil War.



SafePractices

From the NSA Philadelphia Safety Office

Heat Stress

When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat stress or heat exhaustion and the more severe heat stroke may occur...

...and may result in death.

Symptoms of Heat Exhaustion:

- Headaches, dizziness, lightheadedness or fainting.
- Weakness and moist skin.
- Mood changes such as irritability or confusion.
- Upset stomach or vomiting.

Factors Leading to Heat Stress:

- High temperature and humidity.
- Direct sun or heat.
- Limited air movement.
- Physical exertion.
- Poor physical condition.
- Certain medications.
- Inadequate tolerance for hot workplaces.

Symptoms of Heat Stroke:

- Dry, hot skin with no sweating.
- Mental confusion or losing consciousness.
- Seizures or convulsions.

What to Do for Heat-Related Illness:

- Call **3333** on base or **911** off base at once.
- While waiting for help to arrive move person to a cool, shaded area.
 - Loosen or remove heavy clothing.
 - Provide cool drinking water.
 - Fan and mist the person with water.

Preventing Heat Stress

- Know signs/symptoms of heat-related illnesses; monitor yourself and coworkers
- Block out direct sun or other heat sources
- Use cooling fans/air-conditioning; rest regularly
- Drink lots of water; about 1 cup every 15 minutes
- Wear lightweight, light colored, loose-fitting clothes. Avoid alcohol, caffeinated drinks or heavy meals



By protecting yourself you are taking care of our most important asset.

Employee Spotlight

Master-at-Arms Seaman Brianna Polley

MASN Brianna Polley joined the Navy in January of 2010. Following basic training she successfully completed Master-at-Arms "A" school and was assigned to NSA Philadelphia as her first duty station.

NSAP Security Director Lee Adams said that since arriving here in February of 2011, she has been an exceptional Sailor and continually goes above and beyond what is asked of her. Adams said she gets along with fellow Sailors and other employees of NSAP very well, adding that her customer service skills are excellent. She maintains herself at an inspection ready level at all times and has caught on to the Navy way very quickly, Adams

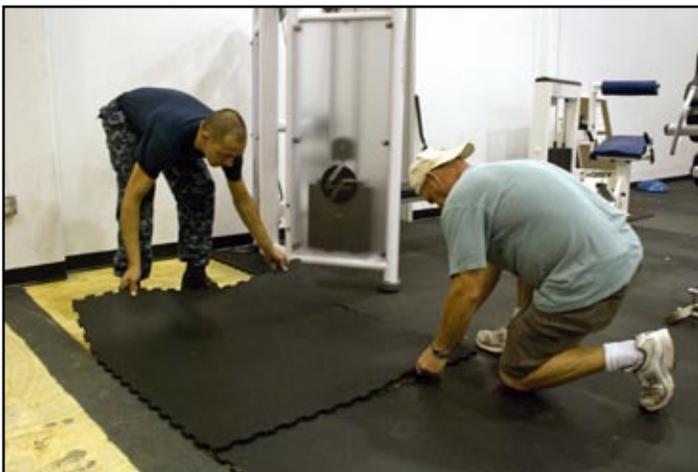
added, which is very impressive for such a junior Sailor.

Polley is originally from Jamestown, Pa., a town with fewer than 650 people. She joined the Navy and chose the Master-at-Arms rating because being in the military and being a police officer runs in her family- both her sister and brother-in-law are State Troopers. Polley said that her favorite part of the job is interacting with all the people she meets each day.

In her free time, Polley said she enjoys reading (mainly history books), swimming, and playing her flute (anything from Beethoven to the musical Grease). She'd like to become a Master Chief and live to see the age of 80.



Around the Base



Above: ASAN Ryan Johnson and NSAP Deputy Site Manager Dennis Donahue place rubber flooring mats at the gym. (Photo by MC2 Matthew White)



Left: Members of the Funeral Honors team practice folding the American flag. (Photo by MC2 Matthew White)



Right: AM1 Aaron Michael delivers food drive donations to Philabundance. (Photo by MC2 Matthew White)

Below: Earth Day 2011 Base Cleanup volunteers. (Photo by MC2 Matthew White)



NSA Classifieds

The *Freedom Flyer* will publish FREE listings of personal items for sale by personnel of the Naval and Defense Activities at NSA Philadelphia and the Philadelphia Navy Yard. Such items, which include house sales, must represent an incidental exchange between personnel on the installation and not be business operations; ads for weapons will not be considered. Ads are limited to 15 words, one to an employee, and photos are highly encouraged. Work extensions may be used on car and van pool ads only. All others must use a home or cell phone number. Ads are printed on a space-available basis. To submit an ad, please send the below information to MC2 Matthew White at matthew.r.white2@navy.mil.

Ad Description (15 words max): _____
Submitted By: _____
Command/Code: _____
Telephone #: _____

MWR/ITT Destinations

MWR and the Fitness Center offer a wide variety of group exercise classes. For more information, contact the MWR Fitness Center at: 215-697-2069/2042 or DSN: 442-2069/2042

ITT has reduced price event tickets and vacation packages available to active duty military and base employees.

ITT Website:

<http://www.navsup.navy.mil/navsup/mwr/philadelphia>

Call the ITT Hotline at 215-697-5392 to hear about upcoming events.

ITT Office Hours: M-F 0900 to 1300 and 1400 to 1600.

For more information call 215-697-9092 or stop by the ITT office in Building 15.



Feds Feed Families is a government-wide effort to help provide food to those in need.

NSAP/PNY is accepting food donations thru Aug. 30. All donations will be given to **Philabundance**.

Donation boxes are located at:
-The Building 8 Fitness Center
-The NEX
-Building 15

Contact MC2 Matthew White at 215-697-5995 for more information.

Please consider donating!

Commanding Officer
Capt. James W. Smart

Officer-in-Charge
Cmdr. David G. Adams

Deputy Site Manager NSAP
Dennis Donahue

Site Manager PNY
HTC (SW/AW) Michael Wilkey

Editorial Director
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