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Wednesday, April 13, 2011

# NAS Whiting Field sees end of base landmark



Here, as it looked just a few years ago. The building had been enlarged several times since its construction in 1944. The facility had become too large and costly to maintain, and was demolished March 15. However, the pool in back of the building and adjacent cabana will remain and be renovated for use by base personnel. U.S. Navy file photo.

By Lt. j.g. Megan Dooner, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field bade farewell to a local landmark March 15 with the demolition of the Wing's Club and Convention Complex. While portions of the renovation project are still ongoing and rubble is being removed, one of the earliest structures on the base is no longer standing.

It only took wrecking company, D.H. Griffin, one day to level the 20,392 square foot building. Since the all hands' club was built in 1944, it was expanded and remodeled several times, including projects accomplished in 1943, 1945, 1965, 1969, 1972, 1977, 1979, 1988, 1982, 1983, 1991, and 1993.

The Wing's Club has a rich history of service to Naval Air Station Whiting Field, but the building was facing another major repair project that was expected to cost more than \$500,000. Since the dining and catering facility had

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# Outdoor Adventures: Sun and fun for the Whiting Field family

By Jay Cope, NAS Whiting Field Public Affairs

Whether it is a little advice you need or special equipment for an excursion, Naval Air Station Whiting Field's Morale Welfare and Recreation department (MWR) has opened the office to help make your outdoor dreams – a reality.

Although the Outdoor Adventures office has been unofficially open for about two weeks, MWR held the official grand opening for the facility Monday, April 4 after ensuring the program was running smoothly. Inviting everyone from the base for some grilled hot dogs, chips and sodas, MWR showed off the new equipment and services they are offering.

Be it for a day, a weekend or longer, Outdoor Adventures displayed kayaks, canoes, mountain bikes, sleeping bags, hiking equipment, tents, and more that patrons can rent for some outdoor fun. The program also features guided trips, kid's camps, local activities and do-it-yourself advice to make it easy for anyone to enjoy some natural fun.



Kelsey Holmes and Adrienne Dahlberg with the Outdoor Adventures program at Naval Air Station Whiting Field help a customer during the April 4 grand opening of the new service through Morale Welfare and Recreation. U.S. Navy photo by Jay Cope

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# Troops to Receive Full Mid-month Pay on April 15th

By Jim Garamone, American Forces Press Service

WASHINGTON (NNS) -- All service members will receive their full mid-month pay they have earned in their April 15th paychecks, Pentagon officials said April 11.

"Basically, all active duty and reserve service members will receive full mid-month pay on the 15th of April," Pentagon spokesman Marine Col. Dave Lapan said. "It may be in two separate payments, but on the 15th everyone will receive their full allotted pay."

Confusion arose about the April 15 payday due to the threatened closure of the U.S. government last week. Administration and congressional leaders came to an agreement that ended that action late on April 8.

The Defense Finance and Accounting Service had posted "net pay advice" to some service members, telling them what to expect in their accounts.

"Those net pay advice statements were made ...

before we knew there was an agreement to fund the government," Lapan said. "When those were posted they only showed partial payments, but again, everyone will receive their full pay on the 15th for the duty served and it may be in more than one deposit."

Officials urge service members to check their end-of-month leave and earnings statements carefully. The normal end-of-month statements will be posted to accounts on April 22.

The finance and accounting service has restored access to all leave and earnings statements, net pay advice or advice of pay for service members on the Mypay website.

"The most-current advice of pay will still only show the partial payments for April 1-8," the finance service posted on its website. "This will allow us to make sure we can still process pay for April 9-15 and take steps to ensure it is in bank accounts on the 15th."

## Water conservation tips to help be a good steward of natural resources

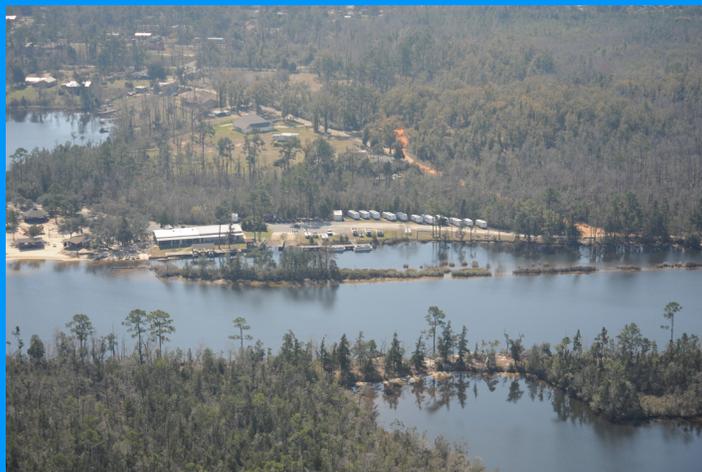
### From the St John's River Water Management District

April is Water Conservation Month. This is a time to "reflect" on what we can do to help promote saving water while at work as well as at home. Additional information concerning what you can do to participate in the effort is available at: <http://www.floridaswater.com>

Sometimes people have the misconception that water is "free". As we all know, that is not true. Be sensible! The Earth might seem like it has abundant water, but in fact only one percent of all water on the planet is available for humans. Buy fixtures and products that are water efficient – you can use less water to get the same job done just as well. When you go shopping, look for the WaterSense label to find water efficient products.

There are several things that we can do to reduce water consumption and the associated costs. I have listed a few of those opportunities below:

- Repair leaky faucets promptly. One faucet leaking one drop per second can waste 2,400 gallon of water a year.



Water conservation will help keep waterways like the Blackwater River clean and pristine for future generations. U.S. Navy file photo.

That's 13 years worth of drinking water for one per person.

- Repair "silent leaks" in the toilet. If food coloring put in the tank ends up in the bowl without flushing, it leaks. Repairing the leak will save up to 200 gallons of water a day.

- The average person use 80-100 gallons of water per day in the home. The top three uses for water in the home are toilets, bathing and washing clothes.

- Make it a full load! The average washing machine uses 40.9 gallons of water per load. If you're in the market for a new washer, shop for a High Efficiency washer that needs less than

28 gallons of water per load. To achieve even greater savings, wash only full loads or be sure to choose the appropriate load size of the washing machine. As an added bonus, the High Efficiency or "HE" as they are labeled washing machines spin at a much higher RPM than a conventional washer, removing more water out of the clothes and reducing the drying time required.

- Use cold water rather than hot to operate your food disposer. This saves the energy needed to heat the water,

is recommended for the appliances, and aides in getting rid of grease. Grease solidifies in cold water and can be ground up and washed away.

- Don't use the "rinse hold" on your dishwasher for just a few soiled dishes. It uses 3 to 7 gallons of hot water each time you use it.

- If your shower fills a one-gallon bucket in less than 20 seconds, replace the showerhead with a more water-efficient model.

- Shorten your shower by a minute or two and you'll save up to 150 gallons per month.

# News and Notes

**The Naval Air Station Whiting Field marina, Whiting Park and ITT office will close noon, Friday, April 22, for mandatory all hands training on implementation of the repeal of Don't Ask Don't Tell. Whiting Park will reopen for business at 5 p.m.**

**Santa Rosa County Fair Tickets** - Santa Rosa County Fair starts tomorrow and your ITT has discounted tickets. Tickets for the Tuesday grand opening day are \$5. Wednesday through Saturday tickets are \$6.00 at ITT vice \$8 to 10 at the gate. Tickets are available for every day of the fair. Call ITT for additional information at 623-7032.

**Navarre Fun Fest** - The Navarre Area Chamber of Commerce will present their 27th Annual Fun Fest Friday, April 29, and Saturday, April 30, at Navarre Beach. The family two-day event is sponsored in part by Santa Rosa Medical Center. Application forms for: Artists & Crafters, Food Vendors and Sponsors are located on the Navarre Chamber website at: [www.navarrechamber.com](http://www.navarrechamber.com). The event is seeking painters, potters, stain glass artists, beach arts and all types of crafts welcomed. Spaces are available for \$100.00 per 10 x 10 space. Any artist or crafter seeking information may contact Connie Jones at: 939-7964, For general information about Fun Fest, call: 939-3267.

**Army of Hope Summer Camp** - The Florida Elks Youth Camp is providing a six day sleep away camp FREE to the dependents of active military because they care. The camp will run from July 31 to Aug. 6 and is available to all dependents of active military ages 9 to 16. The program provides a recreational camp where children can just be a kid for a week. Contact 800-523-1673 extension 249 for an application.

**Disney on Ice** - ITT has received Disney on Ice tickets. Opening night, April 19th tickets are \$15.00 and April 20th tickets are \$21.00. Shows start at 7:00 PM. Please contact ITT at 623-7032 or 665-6250 if you have any questions.

## A Lesson to be Learned

At a general court-martial held onboard NAS Jacksonville on April 12, 2011, a third class petty officer pled to and was found guilty of three specifications of wrongful possession and receipt of child pornography. The military judge awarded confinement for 5 years, reduction to E-1, and a dishonorable discharge. The pretrial agreement limited confinement to 24 months.

A General Court-Martial was held for an E-3 from Naval Station Guantanamo Bay, Cuba, who had been charged with possession of child pornography. The Sailor pleaded guilty. He was sentenced to three years confinement, was reduced in rank to E-1 and received a dishonorable discharge. Due to a pre-trial agreement, his confinement was reduced to two years.



### A Token of Esteem

**Shannon Hartley, the Naval Air Station Whiting Field Navy Exchange store manager accepts a coin from Rear Adm. (Sel) G. C. Robillard, NEXCOM commander. The coin recognized her work in helping the NAS Whiting Field NEX achieve recognition as one of the top stores in the country. U.S. Navy photo by Jay Cope.**

**Milton Community Center New Offerings** - Martial Arts and Zumba classes are now being offered at the Milton Community Center, 5629 Byrom St. Martial Arts class started April 4 and is held every Monday, Wednesday and Thursday. Children's classes start at 6 p.m. and adult classes began at 7 p.m. The start-up fee is \$59, which includes a uniform, and the monthly fee is \$80. Discounts are offered for additional family members. Martial Arts classes will be taught by Grandmaster Gary Nichols seventh degree Black Belt and Master Level Black Sash. Zumba began April 5 and are held every Tuesday and Thursday from 6 to 7 p.m. Zumba is taught by Brandee Walker and costs \$5 for each session. For more information, contact Linsey Williamson at (850) 983-5466 ext 4208 or go online to: [www.miltonparks.webs.com](http://www.miltonparks.webs.com).

**Alcohol Awareness Month** - To help you better understand your relationship with alcohol, this April, in observance of Alcohol Awareness Month, Military Pathways ([www.militarypathways.org](http://www.militarypathways.org)) is encouraging service members and their families to assess their drinking IQ by taking a brief, anonymous questionnaire either online at [www.DrinkingIQ.org](http://www.DrinkingIQ.org). Since the Drinking IQ campaign launched, over 17,000 people have taken an alcohol screening online through the Military Pathways program. Of those who scored positive for symptoms of an alcohol use disorder and answered the question, "Do you plan to seek further evaluation?," more than 25 percent answered, "Yes."

**Helicopter Safety Survey** - If you are or were a U.S. military helicopter pilot or crewmember, the Department of Defense wants to know if you suffered back/neck pain or injury (not resulting from an aviation mishap) that may be related to your service in helicopters. Researchers for the Office of the Secretary of Defense are urging current and former military pilots and crewmembers to complete this short online survey at [www.DoDhelicopterseatsurvey.com](http://www.DoDhelicopterseatsurvey.com). Completed surveys are anonymous and should only be taken once. If you participated in a similar January 2010 Navy and Marine Corps survey, please do not complete this survey, as the results will be merged with this study. The survey will be available online from April 1 through April 30, 2011. For more information please contact Kristin Harmon at [info@IHSolutionsConsulting.com](mailto:info@IHSolutionsConsulting.com).

## Upcoming Events

April 21, 1300 - Winging Ceremony - Auditorium

April 22, 1230 - DADT Repeal Training NASWF - Auditorium

April 23, 0900 - Easter Egg Hunt - Golf Course

April 25, 0700 - Start of HURREX 2011

May 6, 1300 - Winging Ceremony - Base Auditorium

May 13, 1600 - Military Appreciation Day - Sports Complex

# Fleet and Family Support Center classes

**IA Discussion Group - Monday, April 18, 1 to 2 p.m.**

**Grief and Loss Support Group - Tuesday, April 19, 2 to 3 p.m.**

We experience grief and loss for a variety of reasons; death or sickness of a loved one, ending of a relationship, losing a job, experiencing trauma. Our reactions can vary, (e.g., anger, sadness, anxiety, etc). Come gather for support and learn strategies for coping. Call 623-7177 for details.

**Time Management - Wednesday, April 20, 1 to 2 p.m.**

At the end of the day, do you ask yourself, "where did the day go?" Do you feel like you have accomplished very little on your list of things to do? If you answered yes, then this class is for you. The information provided in this class will provide you with tools to help you make the most of your busy and demanding days. Class will be held at the FFSC conference room. For details, call 623-7177.

**Car Buying - April 21, 1 to 3 p.m.**

Many people begin the car buying process by visiting a dealership, which should be one of the last things you do. Come find out how to research and compare for the best prices, when and how to negotiate your trade-in, how insurance fits in, and your best option for financing. Call the Fleet and Family Support Center to reserve your spot at 623-7177.

**VA Representative - Friday, April 22 (Call for Appointment), 8 a.m. to Noon - 623-7177.**

## This Week in Naval History

### April 12

1861 - The Civil War begins when Confederates fire on Fort Sumter, S.C.

1911 - Lt. Theodore Ellyson qualifies as the first naval aviator.

1962 - The Navy demonstrates a new landing craft, LCVP (H), with retractable hydrofoils.

1975 - Operation Eagle Pull, the evacuation from Cambodia, takes place.

1981 - First launching of reusable Space Shuttle Columbia (STS 1) with an all-Navy crew. Capt. John W. Young commanded, while Lt. Cmdr. Robert L. Crippen was the pilot. Mission duration was two days, six hours and 20 minutes.

1993 - Aircraft from USS Theodore Roosevelt (CVN 71) and NATO forces begin enforcing the no-fly zone over Bosnia in Operation Deny Flight.

### April 13

1847 - Naval Forces begin a five-day battle to capture several towns in Mexico.

1861 - Fort Sumter surrenders to Confederate forces.

1960 - The Navy's navigation satellite, Transit, is placed into orbit from Cape Canaveral, Fla., and demonstrates ability to launch another satellite.

### April 13

1898 - Commissioning of the first post-Civil War hospital ship, USS Solace.

1988 - USS Samuel B. Roberts (FFG 58) strikes an Iranian mine off Qatar.

1989 - The first Navy ship arrives on scene to assist in the Exxon Valdez oil spill cleanup.

Pump oxygen and nutrients into tissues and vital organs.

Help athletes of any level prepare for, and recover from, strenuous workouts.

Relieve migraine pain.

Relax and soften injured, tired, and overused muscles.

Reduce spasms and cramping.

Lessen depression and anxiety.

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## MASSAGE THERAPY NOW AT THE FITNESS CENTER!

Services offered:  
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½ Hour Massage - \$30.00

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Swedish Massage  
Deep Tissue Massage  
Hot Stone Massage

**NASWF Fitness Center**  
Medical Massage Therapist and  
Bodyworker  
Charlotte Miller  
Phone: 850-449-4831  
Gym: 850-623-7412  
Email: Charmedwings@hotmail.com  
Call to schedule your appointment  
today.

# Wings Club

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been losing money consistently throughout much of the last decade, its time had finally come.

Many were very sad to see the club go. This includes Morale, Welfare and Recreation (MWR) Director, Joe Vukovcan.

“You’re taking out a lot of history on this base. The decision to do away with that was a tough one. I hated to see that happen to the building, but I also saw it as a necessity in these economic times,” he said.

However, the pool will remain. D.H. Griffin will clear the debris that accumulated during demolition, and will be in charge of the restoration and expansion of the existing pool and picnic area. The rest of the area not covered by the expansion will be graded and hydro seeded. The pool will



This is how the Wings Club looks following the March 15 demolition. U.S. Navy photo by Jay Cope.

continue to be used as a family pool. Active Duty members will be able to use the pool free of charge. Other authorized patrons will be able to purchase a daily or seasonal pass.

The total cost of the renovation project will cost a little more than \$400,000, and will include: demolition to include restoration of the existing site accomplished by excavation, grading and hydro seeding; terminate and cap all utilities to site, not to include outdoor swimming pool; remove and dispose of all construction debris ensuring credit given to government for all debris reclamation; cabana shall be enlarged and renovated with new electric/communication to service the pool; and the outdoor swimming pool perimeter will be enclosed with like kind fencing on all open sides to provide security and limited access.

The Wings Club may be shuttered and gone, but a vestige remains that will continue to provide family entertainment for years to come.

“We are hopeful that the larger grassy area will entice families to picnic around the pool. It is going to be an extremely family friendly environment that people should be able to enjoy throughout the summer,” Vukovcan said.

## BUILDING 1460 HISTORICAL INFORMATION

*Building 1460, known as the Wings Club, was constructed in 1943 as the Officer’s Club. No significant additions/changes were noteworthy until 1969.*

1969 - The Ballroom was added where the dance floor was. This involved removing walls, adding and removing doors, flooring and unifying the areas involved with new paint, wallpaper and trim work. The old bandstand was removed at this time.

1972 – The dining room area was expanded and this extensive project involved removing paneling and replacing with gypsum board, removing a dividing wall, new paint, carpet, doors, ceiling tiles, removing/ replacing the jalousie windows with new windows, a new built-up roof over the addition, and air conditioning upgrade, re-locating the walk-in freezer, removing the radiators for a heat upgrade. Here again the interior areas were unified by new paint, carpet and trim in some areas.

1979 - The area that included the game room was extended to make more dining area and the fabric folding doors were added to separate the two dining area. New lighting was added at this time. New wooden doors replaced the folding doors between the bar area and the dining room. There were changes in the kitchen and buffet service areas. Partitions were removed and relocated. The whole decorative scheme was changed during this project. Trim and finishes were updated.

1993 – Major renovations in this project resulted in the present Consolidated Club. A large addition provided enlisted personnel with their areas that included bars, restrooms, powder room and appropriate signage was added to include these enlisted personnel areas of access. New carpet and tile was installed in some areas of transition between old and new or common areas. The Sprinkler system was upgraded, as was the HVAC.

Another 1993 project involved extensive exterior repairs such as: a new standing seam roof, new brick veneer columns and wainscot, a patio and pool deck, new storefront doors and entry canopy, and an irrigation system. Asbestos abatement was included in this project due to the roofing job and asbestos siding removal.

1994 – The parking lot was repaved and sidewalks, lighting, landscaping and drainage system was brought up-to-date.

1998 – The sewer/waste drains were repaired which resulted in the removal of tiles and floor drains in several areas in the building. All had to be replaced to match the existing floor.

2010 – A solar hot water system was installed in 1460 as an energy conservation measure. This system was relocated prior to the planned demolition of building 1460.

## Outdoor Adventures

- (Cont. from Page 1)

Nearly 50 people entered two raffles for a zipline adventure for two, and a free rental from Outdoor Adventures – won by Master-at-Arms First Class Lynn Hults and Aviation Boatswain's Mate Second Class Darrell Zofcin. The grand opening was also a chance for everyone to meet with the new manager of the program, Adrienne Dahlberg, who hosted the event to promote interest in the new facility.

"A lot of people didn't know about the program," she said. "We want to get everyone here so we can show them all we have to offer."

Dahlberg is the guide for the various trips planned by Outdoor Adventures, and she only recently returned from training in Costa Rica from Outward Bound International. In addition to being a white water raft guide, she is also certified as a wilderness first responder, a scuba diver, swift water rescue, and several other necessary outdoor skills. Sign-ups are already being taken for the many trips advertised during the grand opening. These include local hiking, canoeing, and biking trips as well as white water rafting, camping and other excursions away from Pensacola.

"That's what I like to do. That's where my training is at. It depends on your interest. Everything we have is geared to the outdoors, so if you like being outside, we can help," Dahlberg said.



## BBCF scholarship deadline extended

The Balfour Beatty Communities Foundation, a non-profit organization committed to honoring military personnel – active, disabled and fallen – and their families, is pleased to share the news that the application deadline for its educational scholarship program has been extended to April 30, 2011. For high school and undergraduate students residing in Balfour Beatty Communities at NAS Whiting Field, this means another chance to be recognized with a contribution to their education.

One of the Foundation's three primary goals is to promote the pursuit of education and a commitment to community leadership through educational scholarships to the children of its active duty service members that live in Balfour Beatty Communities family housing. With this extension, the Foundation hopes to ensure widespread awareness of the opportunity and give more high school or undergraduate students the chance of being awarded a scholarship.

The scholarship program is one of many ways the Foundation strives to honor its commitment to active duty service members and their families. The scholarships are awarded to those students who are in need of financial assistance, recognizing not only their educational and leadership efforts, but also the contribution of their parents and the sacrifices the children have made in their parents' absences.

The application, details and requirements for these scholarships can be found at [www.bbcommunitiesfoundation.org](http://www.bbcommunitiesfoundation.org).

Ec-nomics

### Use Sunblockers

As much as 20 percent of summer heat enters your home as sunlight shining through windows. To cut "solar gain," add curtains or blinds to rooms that get direct sun and draw them in daylight hours. With the shades drawn, a well-insulated house will gain only 1 degree per hour when outdoor temperatures are above 85 degrees. Pay special attention to west-facing rooms late in the day. Shades and blinds to consider include roller shades (the least expensive option), venetian-type micro-blinds, reflective curtains and insulated curtains (the most expensive, at \$100 per window). Two exterior options are to install awnings or plant shade trees. Cost: \$8 to \$100 per window. Benefit: Up to 20 percent off your cooling bill

### Cook Smart

Any appliance that generates heat adds to your cooling load. An oven baking cookies can easily raise the room temperature 10 degrees, which in turn jacks up overall cooling costs 2 to 5 percent. Save cooking (especially baking) for cooler hours, or cook outdoors on your grill. It is also a good idea to run the dishwasher and clothes dryer at night. Cost: \$0.