

# Whiting Tower

Sixty-Six Years of Aviation Training News



Naval Air Station Whiting Field, Milton, FL

Forging Wings for the Fleet

Vol. 66 No. 33

Wednesday, August 18, 2010



## Hail to the (Soon to Be) Chiefs

Command Master Chief Hari Singh presents the chief selectees with their letters from MCPON Rick West shortly after their selections for advancement to Chief Petty Officer were announced. The selectees are: ACC (SEL) Carl Proffin, ACC (SEL) Jacqueline Williams, ABEC (SEL) John Perez, ACC (SEL) Cecelia Knight-Holton, and HMC (SEL) Jerald LaPalm. U.S. Navy photo by Jay Cope.

## Navy League Honors Local Sailors

By Lt. j.g. Tyler Watters, NAS Whiting Field Public Affairs

Three of Naval Air Station Whiting Field's top Sailors were recognized for their outstanding achievements Friday, July 30 at Oops Alley bowling center in Pace, Fla.

The Chamber of Commerce, local business and the Santa Rosa County Council of the Navy League teamed up for their quarterly recognition of service members attached to commands at NAS Whiting Field. The groups honored a senior Sailor, a junior Sailor and a blue jacket, each for quarterly awards for their outstanding efforts and accomplishments in their own field.

The ceremony was held behind the pool tables in a room decorated with delicately folded silverware atop a few rows of linen covered tables. After a bit of socializing, people began to filter through the buffet breakfast with all the amenities.

To start things off, one of the National Directors of the United States Navy League, Southern Region, retired Navy Capt., Walt Reese welcomed the attendees and provided a brief update about Navy League activities. JoAnn Sisson, vice-

*(Cont. on Page 6)*

## Electrical Power to be Shut Down at NAS Whiting Field Aug. 22

Electrical power to Naval Air Station Whiting Field will be shut down Sunday, Aug. 22 from 3 a.m. to 2 p.m. to conduct required maintenance on the electrical distribution system for the base. This will affect all buildings and facilities at NAS Whiting Field.

The NAS Whiting Field golf course and Liberty Center will remain open during the power outage, but all other Morale, Welfare and Recreation (MWR) facilities at the base will be closed the entire day. Whiting Park, given its remote location, will remain open.

Facilities at the Whiting Pines housing complex will be unaffected and the Mini-Mart will be open for normal business. The CBQ Mini-Mart's normal operating hours of 3 to 9 p.m. should not be affected.

Employees are reminded to turn off computers, lights and any other electrical devices prior to leaving work Friday.

Any questions pertaining to the power outage should be addressed to Lt. j.g. Lonny Sleeper, Naval Facilities Engineering Command Southeast, at 623-7022.

# Enlisted Warfare Qualifications: A Mandatory Requirement

*- New NAVADMIN Cites Requirement to Achieve Pin and to Requalify*

By Chief Mass Communication Specialist (SW/AW)  
Sonya Ansarov, Office of the Master Chief Petty Officer  
of the Navy

WASHINGTON (NNS) -- Initial enlisted warfare qualifications are now mandatory for all Sailors per the recent release of NAVADMIN 268-10.

The NAVADMIN announces the release of OP-NAVINST 1414.9, Navy Enlisted Warfare Qualification Programs Instruction, which issues the basic overarching requirements for the qualification and designation of all enlisted warfare programs.

The arduous and often unforgiving environment we operate in as a Navy and Sailor dictates the need for all personnel to have a basic understanding and operating knowledge of the platform or command to which they are assigned.

Warfare programs are essential in ensuring our Sailors understand and are able to effectively engage a casualty, operate equipment or platforms safely and ensure backup as needed. Warfare qualifications are about ship, shipmate and self, and ensure the safety and safe operation of each command and platform on a daily basis.

"It's a standard every Sailor must achieve. The warfare device itself is a symbol that the Sailors who are wearing it have a basic level of knowledge to ensure they are capable of fighting the ship, saving a shipmate and ensur-



Master Chief Petty Officer of the Navy (MCPON) Rick West pins a submarine warfare qualification insignia on Machinist's Mate Seaman Shannon Coon during a visit aboard the Los Angeles-class attack submarine USS Topeka (SSN 754). West is visiting the U.S. Central Command area of responsibility. U.S. Navy photo by Mass Communication Specialist 2nd Class Nathan Schaeffer.

ing the safety of themselves at all times," said Master Chief Petty Officer of the Navy (MCPON), Rick D. West. "Having every Sailor at or working toward that level will only strengthen the war-fighting ability of that command and the Navy."

*- (Cont. on Page 5)*

---

## Navy Prepares Sailors, Families for Seasonal Flu

**From Bureau of Medicine and Surgery  
Public Affairs**

WASHINGTON (NNS) -- The Navy recognizes August as Immunization Awareness Month.

With flu season quickly approaching, Navy leadership are urging service members, veterans and family members to be aware of the risks of seasonal flu and to receive vaccinations.

Influenza or "flu" has the potential to significantly impact Navy force readiness and missions. In the United States, influenza results in more than 25 million reported cases, more than 150,000 hospitalizations due to serious complications and more than 30,000 deaths annually.

According to the Navy Surgeon General Vice Adm. Adam M. Robinson Jr., immunization is one of the best ways to prevent the spread of seasonal flu.

"Influenza is not the common cold," said Robinson. "It can be a severe

to life-threatening disease and getting an annual flu vaccine immunization protects us from getting the disease or becoming severely ill. The seasonal flu vaccine not only helps protect vaccinated individuals, but also helps protect entire communities by preventing and reducing the spread of the disease."

Navy medical officials anticipate the supply of vaccine to Navy medical treatment facilities will arrive by late September and do not anticipate any availability issues like those experienced last fall.

This year's seasonal influenza vaccine contains three inactive virus components based on an estimate of the most prevalent strains for the upcoming season. The 2009 H1N1 pandemic strain is incorporated as one of the three 2010-2011 seasonal influenza vaccine components. New influenza strains with the potential to become pandemic have not yet been identified for 2010-2011 but the

possibility remains that a new virus strain could emerge, become a pandemic and require an additional influenza vaccine. The Armed Forces Health Surveillance Center will closely monitor the emergence of potential new virus strains.

"Let me assure you that the vaccine is safe, effective, and will be widely available beginning next month," said Robinson.

Robinson also states that all personnel and their family members can limit the effects of the seasonal and H1N1 flu by adopting some basic preventive health practices such as covering their mouth when they cough, washing hands often, and avoiding touching your eyes, nose or mouth.

"Following these simple good practices will help us all stay healthy during this flu season," said Robinson.

For more information about Navy Medicine, visit [www.med.navy.mil](http://www.med.navy.mil) and [www.navy.mil/local/mednews/](http://www.navy.mil/local/mednews/).

# News and Notes

**Bowling Center** - The Bowling Center Snack Bar is now open six days a week. Come by or call 7545 for details or to place an order. New hours are Monday and Thursdays 6 a.m. to 6 p.m.; Tuesdays, Wednesdays and Fridays 6 a.m. to 9 p.m. and Saturdays 11 a.m. to 9 p.m. Additionally, the golf course snack bar is open every day (except holidays) from 6 a.m. to 2 p.m.

**Back 2 School Bash** - The Santa Rosa County Back to School Bash will be held Aug. 21 from 10 a.m. to 1 p.m. on the church grounds next to Pea Ridge Elementary School behind CiCi's pizza. There will be lots of door prizes including the grand prize of a limosine ride to school. There will also be opportunities to get free school supplies, haircuts, inoculations and more. Static displays, inflatables, and demonstrations will also be in place to entertain attendees. Call 994-6213 for more information.

**People Skills Workshop** - A "Sharpening Your People Skills" workshop will be conducted by Chaplain Raymond Summerlin, Aug. 19. Through the use of a personality inventory participants will gain insight into their strengths, weaknesses and ideal work environment. You will also develop a greater appreciation of others as you look at how people are different in 12 distinct categories. Come to the Atrium Bldg., Room 169A in civilian clothes for some great training. The class will start at 8 a.m. and finish at noon. Call 623-7211 and speak to one of the chaplains' assistants to register or get additional information.

**Lifeguard Training** - Morale Welfare and Recreation will hold Lifeguard classes Aug. 21-22 and 28-29. The cost of the class is \$160 and will train participants in Lifeguarding, CPR for the Professional Rescuer, and First Aid. The course is certified by the American Red Cross. For details call Kelsey Holmes at 665-6250.

**Web Address Change** - The ID Card office has a new link to their automated appointment process. The new link is <http://appointments.cac.navy.mil>. The old address will redirect the customers for about two weeks. After that, patrons will need to huse the new address solely. Please call 623-7159 for details.

**Milton Soccer Kicks** - Registration for an eight-week pro-



### Three Amigos

Aviation Boatswain's Mates Marquis Clark, Shawn Henderson and Jerry Lowe sign their paperwork following their reenlistment ceremony Aug. 6. The three Sailors reenlisted in the Mid-Field Hangar at the same time with Lt. Jitindra Sirjoo serving as the reenlisting officer. U.S. Navy photo courtesy of Navy Counselor First Class Gwendolyn King.

gram to teach soccer fundamentals to children between the ages of three and ten began at the Milton Community Center Aug. 2. The course will cost \$62 and will help youths develop hand-eye coordination, balance and agility. Registration is Monday through Friday from noon to 8 p.m., and classes are taught by Angela Stephens. The Saturday morning classes will begin Sept. 4. Call 983-5466 or check out [www.miltonparks.webs.com](http://www.miltonparks.webs.com) for details.

**Disney Tickets at ITT** - Walt Disney World has extended the date to buy your Military Salute tickets to August 31. Military can get a Four-Day Base pass for only \$96! Tickets must be used by September 30. ITT can also book your Walt Disney World hotel also at a 40-60% discount. As of August 5, the regular gate prices at Walt Disney World increased. The ITT prices will remain the pre-Aug 5 prices until September 31, so buy your tickets now to get the best available price. Call Marcy Allen, MWR ITT, at 623-7032 for more information.

**Fish Fry** - The Santa Rosa County Council of the U.S. Navy League will host an Old Fashioned Fish Fry Aug. 19 at 11:30 a.m. in the Milton Community Center. Reservations are requested. Please call 623-2339 to confirm attendance. The event will cost \$15 per person.

**Wounded Warrior Golf Tournament** - The Wounded Warrior Program will have its second annual charity golf tournament Sept. 11 at Tiger Point Country Club. The event will be a two-man scramble format with a 1 p.m. shotgun start. Registration will be between 10 a.m. and noon with an optional lunch available. Following the tournament, there will be a banquet dinner with the presentation of the prizes. Entry is \$75 per person. Please see [www.911wwpgolftournament.com](http://www.911wwpgolftournament.com) for additional information.

**Volunteer Workshop** - Covenant Hospice will host a workshop for individuals interested in volunteering with the non-profit organization. The event will be held at the Milton Covenant Hospice at 6479 Caroline St. Suite B from 9 a.m. to 5 p.m. The workshop will provide an overview of hospice care and help prepare people to volunteer in a variety of ways. Free food and drinks will be provided. Call Angie Schlosser at 202-5948 to register.



### Recognizing Our Top Performers

Capt. Pete Hall, Naval Air Station Whiting Field commanding officer, presents the Navy Achievement Medal to Aviation Boatswain's Mate Third Class Benjamin Goebeler for his efforts while still attached to the USS Kearsarge (LHD-3) U.S. Navy photo by Jay Cope.

## Upcoming Events

Aug. 19, 0900 - FFSC Job Fair - Sikes Hall

Aug. 27, 1300 - Winging Ceremony - Base Auditorium

Sept. 3, 1330 - NASWF Safety Standown - Base Auditorium

Sept. 6 - Labor Day Holiday

Sept. 9-10 - MCEC Transition Institute - Atrium

Sept. 10, 1300 - Winging Ceremony - Base Auditorium

# Fleet and Family Support Center Classes

## **Car Buying Strategy - Aug. 25 @ 2:00 – 3:00 p.m.**

Many people begin the car buying process by visiting a dealership, which should be one of the last things you do. Come find out how to research and compare for the best prices, when and how to negotiate your trade-in, how insurance fits in, and your best option for financing. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

## **Stress Management - Aug. 26 @ 10:15 - 11:15 a.m.**

Are you constantly thinking about work and flight school? Are you having trouble sleeping? Are you having trouble staying focused on studies? The Fleet and Family Support Center has solutions – Study Skills, Self-Care and Relaxation Techniques, The Power of Positive Thinking and Attitudes for Success. For more information, call 623-7177.

## **VA Representative - Aug. 27 @ 8:00 a.m. – 12:00 p.m.**

Veteran Service Representative Norman Freeman will help with processing compensation claims at the FFSC. Participants must have a minimum of 60 days and no more than 180 days left on active duty at time of filing; must provide an official copy of your service medical record to the VA; and must be available to participate in a VA physical examination within 30 days after filing the claim. For more information or to schedule an appointment, call 623-7177.



### **Recycle More Cans**

It may not be immediately obvious, but one of the benefits of recycling is saving fuel that would otherwise be used to extract and process virgin materials. A typical family consumes 182 gallons of soda, 29 gallons of juice, 104 gallons of milk, and 26 gallons of bottled water a year, and all those containers add up! Recycling one aluminum can save enough energy to run a TV for three hours -- or the equivalent of half a gallon of gasoline. So if you recycle two cans a day that would save 365 gallons of gas a year.

When it comes to plastic, recycling saves twice as much energy as burning it in an incinerator. And the 29 billion water bottles we use a year require 17 million barrels of oil to make, enough to keep a million cars going for twelve months. We also use 25 billion Styrofoam cups a year, which are difficult to recycle. The energy saved from recycling one glass bottle is enough to run a 100-watt light bulb for four hours or a compact fluorescent bulb for 20 hours. Savings: 365 gallons of gas equivalent per year.

### **Wash Tip**

If you must dry clean, try to go less frequently. You will not only save on drive time and fuel, you'll save plastic. Dry cleaners bunch items together into plastic garment bags, so the more you bring once, the better. If one in ten households took one less trip to the dry cleaners per year and saved two plastic garment bags, the plastic saved could be stitched together to make more than nine thousand hot air balloons.

## **TRICARE Notes**

### **REFERRALS AND PRIOR AUTHORIZATIONS: WHAT ARE THEY AND WHEN ARE THEY NEEDED?**

**While TRICARE Standard does not require referrals coordinated through a primary care manager, some services may require prior authorization.**

#### **What is a Referral?**

**A referral is a recommendation from a doctor to see another health care provider (a specialist) for services that the doctor cannot provide.**

#### **What is Prior Authorization?**

**Prior Authorization occurs when a service or procedure is reviewed to determine whether it is medically necessary at the level of care requested. Your provider must contact Humana Military to obtain prior authorization for you. You can visit Humana Military's prior authorization list to find out if prior authorization is required.**

## **This Day in Naval History**

1911 - First Navy Nurse Corps superintendent, Esther Voorhees Hasson, appointed.

1965 - First major amphibious assault in Vietnam, Operation Starlight captures 2,000 Viet Cong.

1966 - First ship-to-shore satellite radio message sent from USS Annapolis (AMGR 1) in South China Sea to Pacific Fleet Headquarters at Pearl Harbor.

# Warfare Designation

- (Cont. from Page 2)

According to the NAVADMIN, qualification and/or re-qualification is mandatory for all enlisted Sailors assigned to designated warfare qualifying commands.

Warfare sponsors (Type Commanders) will establish specific qualification and re-qualifying timelines however, the maximum allowable time for initial qualification of all enlisted Sailors assigned to designated warfare qualifying commands will not exceed 30 months. Timelines for warfare qualifications are set by the Type Commander's instructions and each TYCOM will have oversight of their programs.

According to West, some of the biggest questions he hears from Sailors are:

- What happens if a Sailor doesn't qualify in time? West stated that failure to qualify in the specific warfare program within the prescribed time requirements shall immediately result in a special performance evaluation that removes promotion recommendation, but the promotion recommendation may be restored with a special performance evaluation when qualification is achieved.

- Will a Sailor be penalized if their command doesn't offer the opportunity for warfare qualification? According to West, Sailors without the opportunity to qualify in a warfare specialty will not be penalized. However Sailors should look for follow-on opportunities to obtain a warfare device when able.

- Will having mandatory qualifications water down the existing programs? West stated, quite the contrary; by mandating warfare qualifications for all enlisted personnel, it will significantly "raise the bar" across the command regarding level of knowledge of the command and the systems our Sailors operate. It is incumbent on those that wear the warfare pin of the command to ensure the integrity and strength of the existing programs.

- How will Sailors stand-out amongst peers if everyone is required to have a warfare pin? According to West, Sailors stand out every day. Performance and the Sailor's overall command support should be the biggest factors to "break out" individuals.

"I often highlight efficient manning and future platforms such as LCS as examples of the need to ensuring our Sailors have a good, basic understanding of the systems and fighting capabilities of the command to which they are assigned," said West.

For more information see NAVADMIN 268-10.

# Homeowners May See Increase in Taxes

Greg Brown, Santa Rosa County Property Appraiser, will be mailing Truth in Millage (TRIM) notices this week informing taxpayers of the assessment on their property. Santa Rosa County's assessments have dropped \$500 million over last year. Unfortunately, taxpayers may still see an increase in taxes due to the constitutional amendments dealing with the "Save Our Homes" and Non-homesteaded properties.

"Save our Homes" is an amendment to the Florida constitution that took effect in 1995. It limits the annual increase in the assessed value of homesteaded properties to three percent or the National Consumer Price Index (CPI), whichever is less.

This year the Florida Department of Revenue has determined the Consumer Price Index rose 2.7 percent. What this means is your homestead assessment could increase. For instance, if in 2009 you had a difference between your Just (Market) Value and your Assessed Value, then you will see an increase in your assessment of 2.7 percent. Additionally, the school millage has slightly increased which will also impact the amount of taxes owed. The TRIM notices will include information on how citizens can participate in the county and school budget hearings.

Taxpayers should receive their TRIM Notices this week. If you do not receive your TRIM Notice, please call the Santa Rosa County Property Appraiser at (850) 983-1880.



<p><b>\$35.00 per person</b> <b>Four players per team</b> <b>\$5.00 for</b> <b>3 Mulligans and</b> <b>1 Tee Buster</b> <b>Prizes TBA</b> <b>Start time 0800</b></p>	 <p><b>FRIDAY</b> <b>SEPTEMBER 24th</b></p>	<p>Proceeds from the tournament will benefit the 235th Navy Ball. Come out and make this a Great Navy Ball!</p>
---	--	---

Contact information:

ACCS(AW/SW) Rowe - 623-7371 trevor.rowe@navy.mil  
AC1 McGroarty evan.mcgroarty@navy.mil  
AC3 Egerdahl timothy.egerdahl@navy.mil

Rain date October 1st

# Navy League Honors

- (Cont. from Page 1)

president of the local Navy League chapter followed with the Sailors of the Quarter introductions.

Sisson takes pleasure in the annual and quarterly award ceremonies for the Sailors and feels it is just a small repayment for the services the military personnel provide.

"This is something that I look forward to every year; I wish I could do it more. I enjoy recognizing just a few of the many military members that lay their life on the line every day for our freedom," Sisson commented.

After many years of working with the Navy and NAS Whiting Field, Sisson also noticed how the Sailors she has spoken with appreciate the surrounding community.

"I have military members come to me every day and say how they have never felt as much love from a community surrounding a military base as they receive from Santa Rosa County," Sisson said.

The awards were presented to Aviation Boatswain's Mate Third Class Tony Fuller and Hospital Corpsman First Class John Muok as the blue jacket and junior Sailor of the quarter. Command Master Chief Hari Singh received the Sailor of the Quarter award on behalf of Air Traffic Controller First Class Cecilia Knight-Holton who was unable to attend the ceremony.

To Sisson, it is clear that the businesses and community members of Santa Rosa County enjoy their relationship with the personnel working at NAS Whiting Field, and the awards breakfast was just one way of recognizing them.

"More and more people from all over Santa Rosa County come to me and say 'what can I do?' They are truly appreciative of everything these fine sailors do," Sisson said.

The Sailors were presented with a congratulatory certificate of acknowledgment each by Congressman Jeff Miller and the Navy League of the United States, along with \$100 from the Navy League; a free breakfast, courtesy of PenAir; and several gift certificates, including one for Texas Roadhouse Steakhouse.

The quarterly recognitions are just a small portion of the Navy League's schedule. The Southern Region of the Navy League of the United States is already planning the remaining schedule for 2010 and the beginning of next year including: honoring the Sailors of the Year in late January 2011 at its annual Dinner Dance, honoring two cadets selected to be recipients of the Navy Junior Reserve Officers

Training Corps from each high school in the area and the Spousal Appreciation Dinner Dance on Sept. 11 at Sikes Hall on Naval Air Station Whiting Field.

The Navy League of the United States is a civilian organization founded in 1902 by President Theodore Roosevelt dedicated to informing the American people and their government that the United States of America is a maritime nation and that its' national defense and economic well being are dependent upon strong sea services composed of the United States Navy, United States Marine Corps, United States Coast Guard and United States Merchant Marines Corps.

The goal of the Navy League of the United States Navy League is to educate national leaders and the nation, support the men and women of the United States sea services, provide assistance to sea service families and support youth programs of America.

## 21st Annual

# Job Fair



**When:** August 19, 2010  
9:00 a.m. to 3:00 p.m.

**Where:** Sikes Hall  
NAS Whiting Field  
Milton, Fl.

## OPEN TO THE PUBLIC

**Local, Regional, and National Employers will be present. Please bring your most current resume and come prepared to be interviewed!**

*For more information please contact the NAS Whiting Field Fleet and Family Support Center at 623-7177.*

