

Whiting Tower

Sixty-Six Years of Aviation Training News



Naval Air Station Whiting Field, Milton, FL

Forging Wings for the Fleet

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NASWF Job Fair Helps Job Seekers/Employers Alike

By Lt. j.g. Tyler Watters, NAS Whiting Field Public Affairs

More than 200 business attired residents from the local and military communities waited patiently for 9 a.m. to arrive last Thursday so the doors would open on Naval Air Station Whiting Field's 21st annual Job Fair. The event is one of the largest job fairs in Northwest Florida, and Sikes Hall on the base was filled with hopeful job seekers from beginning to end.

The eager citizens were among the total 1260 who attended the fair, making it the best attended event yet. The 52 employers who set up booths were kept busy with more than 12,600 contacts with potential employees. On average, each attendee spoke to 10 employers. By the end of the day, 258 on-site interviews were conducted with 157 hires, with additional follow-up interviews left to occur.

Potential careers ranged from field engineer at Southern Company to registered nurse recruit for Santa Rosa Medical Center.

Two eager representatives from Waffle House, Inc., Human Resource Specialists, Tracy Rhoades and Cindy Donovan stood out among the rest with their bright yellow



Moriko Turner, R.N., receives information from Marsha Posey, M.S.N., who is the Human Resources Specialist and Nurse Recruiter for Santa Rosa Medical Center. Turner is happy to be able to use her license in America, which she obtained in Japan. U.S. Navy photo by Lt. j.g. Tyler Watters.

nametags and flyers. Rhoades and Donovan attended for their fourth time and generally recruit a few job-seekers during each fair.

- (Cont. on Page 2)

DEFY Camp Seeks to Help Youths Avoid Drug Use



One of the Drug Education for Youth participants navigates one of the ropes course challenges during the five-day long camp. The program helps improve military childrens' self-esteem in an effort to keep them away from drugs. Photo courtesy of ACCS Trevor Rowe.

By Jay Cope, NAS Whiting Field Public Affairs

Twenty-nine youths running around playing "Capture the Flag," learning how to shoot a bow, playing tennis, or even just sitting around a fire telling ghost stories. It was much like any other camp Aug. 9-13, but there was an ulterior motive. The week-long program was not only designed as a way to enable the kids to have fun and motivate them to be physically fit, but also to help deter them from drugs.

The Drug Education for Youth program has been around for more than 15 years encouraging the self confidence necessary to avoid peer pressure and the allure of drug use. It is a year-long program and the camp is the kick-off for the season. The camp combined physical exercise and fun activities with a week of educational courses to inform the 9-12 year-old youths about the problems associated with drugs.

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DEFY

- (Cont. from Page 1)

The courses were interspersed with the physical activities to promote an active mind. More than 20 total topics covered such lessons as: "Drug Information," "Solving Conflicts," "Build Ups/Put Downs," "The Low Down," and more.

"We ultimately are trying to produce productive citizens and promote healthy lifestyles free from addictive substances," Senior Chief Trevor Rowe, the coordinator for the DEFY program at Naval Air Station Whiting Field, said.

The camp is free for the kids and is coordinated by volunteers and peer mentors. All participants must be military affiliated as are the staff members. The volunteers for this year's camp were: Senior Chief Air Traffic Controller Trevor Rowe, AC1 Aritha Gregory, AC2 Jesus Oterino, AC2 Ayanna Hodge, AC3 Brittane Brooks, Master-at-Arms Third Class Candance Willett, ACAN Eric Anderson, Corpsman Lisa Brau, ACAA Darrah Crow, Harley Carrion and Montana Holland.

Naval Air Station Whiting Field was one of the earliest bases to host the DEFY program, and the program has evolved over the years. What started out as a two-day program now has monthly activities throughout the year in addition to the five-day camp. Graduation from the program occurs in May. The digital age has also introduced some problems for the youths, and DEFY has adapted to that as

well.

"We don't allow video games," All the electronic equipment has to be left behind. It isn't allowed," Rowe stated. "They are left to the devices of what their bodies can do and the imagination they can provide."

With the help of the DEFY staff, that can be a lot!

On the first day of the camp, the kids were introduced to the week-long pirate theme where they had to "walk the plank", receive their treasure chests, and begin earning their "booty" - coins earned for good behavior or helping out. They also designed their own Shield-of-Armor as the day's craft event. The shield was the favorite craft of 12-year old Savanna, the daughter of Ensign Anthony and Kirsten Duncan.

The shield was broken up into three sections. One was for what the student would like to be known about them. A second highlighted something that the youth does well. The third had their name, and combined they created a Coat of Arms unique to each participant. For Savanna, the learning courses and the crafts were tops on her list for the week, but the experience as a whole has her looking forward to more.

"I'm really excited for school, and to do more things with the DEFY group," she said.

- (Cont. on Page 6)

NPC Establishes Single Point Site for Career Info

By Mass Communication Specialist 1st Class (AW) LaTunya Howard, Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- Navy Personnel Command (NPC) has an all new "My Personnel Information" link on the NPC homepage, directing Sailors to a single grouping of web links for personnel information and career management.

"This is all about the individual Sailor," said Capt. Hank Vitali, director of the Personnel Services Delivery Transformation Office at the Bureau of Naval Personnel.

"The 'My Personnel Information' page (the first listing under quick links) is a first step in response to requests from the fleet for a single self-service-online site for personnel service delivery capabilities," Vitali said. "We've heard the fleet loud and clear and are working to develop an enhanced 'portal' that provides Sailors direct access to the most commonly used applications and sources of career information."

The "My Personnel Information" page has four



main functions; personnel records, self-support, training and education, and Customer Service Center support. Sailors can access their official military personnel file, their physical readiness information, submit an electronic-leave request, enter the Defense Travel System or request a Sailor/Marine American Council on Education Registry Transcript.

"There are 20 links to personnel records information, self service and support sites, training and education, customer service - even post-incident personnel accountability via the Navy Family and Accountability System," said Vitali. "We'll leverage the feedback and lessons learned from the 'My Personnel Information' page into the requirements for the future Navy Human Resources Portal under development for our active and Reserve Sailors."

For more information or to provide direct feedback on "My Personnel Information" visit <http://www.npc.navy.mil> (quick links to the left), or contact NPC Customer Service Center at CSCMail@navy.mil or 1-866-U-ASK-NPC.

News and Notes

Bowling Center - The Bowling Center Snack Bar is now open six days a week. Come by or call 7545 for details or to place an order. New hours are Monday and Thursdays 6 a.m. to 6 p.m.; Tuesdays, Wednesdays and Fridays 6 a.m. to 9 p.m. and Saturdays 11 a.m. to 9 p.m. Additionally, the golf course snack bar is open every day (except holidays) from 6 a.m. to 2 p.m.

Web Address Change - The ID Card office has a new link to their automated appointment process. The new link is <http://appointments.cac.navy.mil>. The old address will redirect the customers for about two weeks. After that, patrons will need to huse the new address solely. Please call 623-7159 for details.

Milton Soccer Kicks - Registration for an eight-week program to teach soccer fundamentals to children between the ages of three and ten began at the Milton Community Center Aug. 2. The course will cost \$62 and will help youths develop hand-eye coordination, balance and agility. Registration is Monday through Friday from noon to 8 p.m., and classes are taught by Angela Stephens. The Saturday morning classes will begin Sept. 4. Call 983-5466 or check out www.miltonparks.webs.com for details.

Disney Tickets at ITT - Walt Disney World has extended the date to buy your Military Salute tickets to August 31. Military can get a Four-Day Base pass for only \$96! Tickets must be used by September 30. ITT can also book your Walt Disney World hotel also at a 40-60% discount. As of August 5, the regular gate prices at Walt Disney World increased. The ITT prices will remain the pre-Aug 5 prices until September 31, so buy your tickets now to get the best available price. Call Marcy Allen, MWR ITT, at 623-7032 for more information.

Wounded Warrior Golf Tournament - The Wounded Warrior Program will have its second annual charity golf tournament Sept. 11 at Tiger Point Country Club. The event will be a two-man scramble format with a 1 p.m. shotgun start. Registration will be between 10 a.m. and noon with an optional lunch available. Following the tournament, there will be a banquet dinner with the presentation of the prizes. Entry is \$75 per person. Please see www.911wwpgolftournament.com for additional information.

Allied Forces Soccer Fall Season - The area military soccer program is resuming for it's Fall season. Anyone interested in playing soccer is welcome to join us for either our competitive (college level), Recreational/Co-ed or the new Under-19 teams. Teams from NAS Whiting Field, Cory Station, Naval Hospital and NAS Pensacola of forming for full field and small sided teams. Games against the All-Navy, All-Air Force as well as other area Bases and universities are coming up this season. Practices and pick up matches are Thursdays at 6 p.m. and Sundays at 5 p.m. on the Barrancas Field complex. For more information see our Allied Forces Soccer group site on FaceBook or contact David Toellner (850) 382-5494, kiwi_soccer@yahoo.com.

Road Construction - There will be intermittent lane closures on Interstate 10 (I-10) at the Blackwater Bridge (near mile marker 28), today and tomorrow, August 26, from 8 a.m. until 3 p.m. CST. A Florida Department of Transportation (FDOT) maintenance crew will perform routine maintenance on the deck. Work will begin in the eastbound lanes and end in the westbound lanes. Motorists are reminded to use caution while traveling through the area.

Semper Fi Charity Run - Join the Marines and thousands of runners and participants Sept. 18, in this year's 5K run through



An Angel Comes Home

The Navy's incredible flight demonstration team, the Blue Angels, has generally been associated with Naval Air Station Pensacola for most of its 63 year history. However, the team had no association with NAS Pensacola during its origins, and what most people don't realize is that Naval Air Station Whiting Field has its own unique history with the Blue Angels in the infant years of jet powered Naval aviation.

NAS Whiting Field's Joint Training Unit ONE saw the first generation of the team's jet aircraft, the F9F-2 Panther. These carrier capable jets were the newest and most advanced naval aircraft of the time, and were flown in with their pilots in late September 1949, shortly after NAS Whiting Field received its first set of Lockheed TO-1 jet aircraft. NASWF became the team's second home following its inception at NAS Jacksonville.

The Blue Angel demonstration team was composed of three junior officer jet instructor pilots: Lt. j.g. J.H. Robcke, Lt. j.g. E.F. "Fritz" Roth and Lt. j.g. G.W. Hoskins. The fourth Blue Angel was one of the original members and a seasoned World War II veteran that was shot down by the Japanese and spent some time as a Prisoner of War.

During their stint at NAS Whiting Field, which lasted about a year, the Blues would eventually perform at air exhibits all over the country and would entertain more than 20 million awed spectators. The outbreak of the Korean Conflict in 1950 forced the Navy to temporarily disband the team and send them to the USS Princeton to fly for Fighter Squadron 191. In late 1951 the Blue Angels reorganized at the Naval Air Advanced Training Command in Corpus Christi, Tex.

scenic downtown Pensacola! All proceeds benefit local charities. The race will begin at 8 a.m. and will conclude with a post-race party at Seville Quarter. Participants may register online at www.semperficharityrun.org. Please refer questions to childrensrn5k@gmail.com.

Spouses Night Out - The Santa Rosa County Council of the Navy League and the Naval Air Station Whiting Field Fleet and Family Support Center will host their 2nd annual Spouse/Ombudsman Appreciation Dinner and Dance Saturday, Sept. 11 from 6 p.m. until midnight at the base's Sikes Hall. The event is free for all active duty military spouses with a \$25 ticket cost for additional guests. Reservations are required and are requested to be made to the Santa Rosa County Chamber of Commerce at 623-2339 by Sept. 6. The event is semi-formal and military dress is requested to be Service Dress Blue or better.

Upcoming Events

Aug. 27, 1300 - Winging Ceremony - Base Auditorium
Sept. 3, 1330 - NASWF Safety Standown - Base Auditorium
Sept. 6 - Labor Day Holiday

Sept. 9-10 - MCEC Transition Institute - Atrium
Sept. 10, 1300 - Winging Ceremony - Base Auditorium
Sept. 23, 1100 - Hispanic Heritage Luncheon - Auditorium

Fleet and Family Support Center Classes

Car Buying Strategy - Aug. 25 @ 2:00 – 3:00 p.m.

Many people begin the car buying process by visiting a dealership, which should be one of the last things you do. Come find out how to research and compare for the best prices, when and how to negotiate your trade-in, how insurance fits in, and your best option for financing. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Stress Management - Aug. 26 @ 10:15 - 11:15 a.m.

Are you constantly thinking about work and flight school? Are you having trouble sleeping? Are you having trouble staying focused on studies? The Fleet and Family Support Center has solutions – Study Skills, Self-Care and Relaxation Techniques, The Power of Positive Thinking and Attitudes for Success. For more information, call 623-7177.

VA Representative - Aug. 27 @ 8:00 a.m. – 12:00 p.m.

Veteran Service Representative Norman Freeman will help with processing compensation claims at the FFSC. Participants must have a minimum of 60 days and no more than 180 days left on active duty at time of filing; must provide an official copy of your service medical record to the VA; and must be available to participate in a VA physical examination within 30 days after filing the claim. For more information or to schedule an appointment, call 623-7177.

Eco-nomics

Change Furnace Filters

Yes it's easy to forget, but it's important to replace or clean furnace filters once a month during the heating season. Dirty filters restrict airflow and increase energy demand. Here's a worry-saving tip: mark a monthly check on your calendar. Better, consider switching to a permanent filter, which will reduce waste and hassle. Did you know that disposable fiberglass filters trap a measly 10 to 40% of debris? Electostatic filters trap around 88%, and are much better at controlling the bacteria, mold, viruses and pollen that cause illness and irritation. They cost \$50 to \$1,000 or more. Another good choice is a genuine HEPA filter (like the one pictured), which can remove at least 99.97% of airborne particles. HEPA filters are based on Department of Energy standards. But avoid "HEPA-like" filters, which can be vastly less effective. If your entire furnace is in need of replacement, it will cost a lot more -- but replacing an inefficient burner for a modern machine will save you every month through the heating season. Be sure to take advantage of federal tax credits for new furnaces, which can cover 30% of the cost, up to \$1,500.

Run Fans in Reverse

Most people think of fans only when they want to be cool, but many ceiling units come with a handy switch that reverses the direction of the blades. Counterclockwise rotation produces cooling breezes while switching to clockwise makes it warmer: air pooled near the ceiling is circulated back into the living space - cutting your heating costs as much as 10%!

See www.thedailygreen.com for more tips.

TRICARE Notes

TRICARE ENHANCES DENTAL BENEFIT FOR PREGNANT WOMEN

In response to research indicating the increased risk of dental disease during pregnancy, TRICARE recently approved and enhanced Maternity Dental Benefit through United Concordia, a dental contractor. The enhanced benefit authorizes an additional cleaning at no cost for all pregnant TRICARE Dental Program (TDP) enrollees.

The American Dental Association (ADA) stresses that maintaining good oral health is an important part of overall health, especially during pregnancy. Research suggests there may be a correlation between maternal gum disease, and pre-term and low birth weight babies and that pregnant women with gum disease may be more likely to develop gestational diabetes.

For more information about dental health during pregnancy, visit <http://www.ada.org> and search pregnancy. For more about the TRICARE Dental Program visit <http://www.tricare.mil/my-benefit/home/Dental/DentalProgram>.

Job Fair

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“We usually have picked from four to six applicants from every job fair that I’ve attended in the past,” Rhoades said. “Our company is expanding rapidly and we have many jobs available, especially managerial positions.”

The wide array of potential employers is certainly one of the main draws to the job fair. While many of the businesses specifically target transitioning military personnel, the selection is such that there is probably something to interest everyone.

“I am honestly seeking a job in business management or retail,” Sarah Losse said. A college graduate from Milwaukee, Wi., this was her first visit to the Whiting Field fair. “I can see that a lot of the businesses represented here are more industrial type business, but the University of West Florida and the University of Troy booths did interest me.”

Noriko Turner, who has been in the United States for about a year, is at NAS Whiting Field with her husband and is excited to use her transferrable nursing license from Japan.

“I love to walk around and have the ability to see what jobs are available – all in one room,” Turner said. “They don’t have these types of things as much in Japan.”



Some of the job seekers take a last minute glance at their resumes before submitting them to some of the 52 employers at this year’s Fleet and Family Support Center’s 21st annual Job Fair at Naval Air Station Whiting Field. Sikes Hall would eventually see over 1200 applicants where 157 job offers were made. U.S. Navy photo by Lt. j.g. Tyler Watters.

Join Us For The
NAS Whiting Field
NAVY BALL
Golf Scramble

\$35.00 per person
Four players per team
\$5.00 for
3 Mulligans and
1 Tee Buster
Prizes TBA
Start time 0800

FRIDAY
SEPTEMBER 24th

Proceeds from the tournament will benefit the 235th Navy Ball. Come out and make this a Great Navy Ball!

Contact information:
ACCS(AW/SW) Rowe - 623-7371 trevor.rowe@navy.mil
AC1 McGroarty evan.mcgroarty@navy.mil
AC3 Egerdahl timothy.egerdahl@navy.mil

Rain date October 1st

Bill Lawson, Fleet and Family Service Center Director, was pleased to see that there were slightly more attendees at this year’s job fair compared to last years. It was also pleasing that all 52 companies that were present said they would be interested in returning next year.

“I was told by many of the employers that this was a great facility with outstanding logistical support from the FFSC staff. The event was a resounding success, which required support from installation leadership, FFSC staff, Security, MWR, local chambers of commerce and the entire EscaRosa community.”

This Week in U.S. Navy History

Aug. 23

1963 - The first satellite communications ship, USNS Kingsport (T-AG 164) connected President John F. Kennedy with Nigerian Prime Minister Balewa for the first satellite relayed telephone conversation between heads of state.

Aug. 24

1814 - British invasion of Maryland and Washington, D.C.; Washington Navy Yard and ships burned to prevent capture by the British.

1912 - Launching of USS Jupiter (AC 3), first electrically-propelled Navy ship.

Aug. 25

1843 - Steam frigate Missouri arrives at Gibraltar completing first trans-Atlantic crossing by a U.S. steam ship.

1942 - Five Navy nurses who became POWs on Guam are repatriated.

DEFY

- (Cont. from Page 2)

And of course, creating those positive relationships are a vital part of the program. Peer relationships are part of that, as is a respectful relationship with the counselors, but the group mentors are just as integral to the process.

Air Traffic Controller Second Class Jesus Oterino, one of the senior mentors for the camp participated in the program for his second year. A prolific volunteer through several base committees and clean-up activities, he was looking for something to help with that was a little more fulfilling. The DEFY program with its emphasis on helping children was just what he was looking for - a chance to impact someone's life. Oterino says he got what he wanted, if not necessarily exactly what he expected, since he says he got as much out of the week as the students did.

"I went there thinking that we would basically be babysitting the kids," he said, "but at the end of the week, we had such a good bond, that I really missed them."

Establishing such a relationship is part of the program. Oterino emphasized that the mentors are there to help ensure safety, keep the kids active in the events, and help with the projects, but more importantly to build a trust with the kids and serve as a role model.

The senior mentors were assigned five youths each that they were responsible for, but he says the mentors got to

know all the kids well. So much so, that he is anxious to see the group again. He will get that chance, since the rest of the year's schedule involves activities such as: field trips to Exploreum and Gulfarium, bowling, movies, more educational classes, a community service project, a Phase II curriculum period and more.

The traditional camp games, sports and crafts during the camp were augmented by other activities like: a talent show, "Nerf wars," an evening dance, and a perennial favorite, the high ropes course. The ropes course challenges the students across a variety of ropes obstacles more than ten feet off the ground. It was one of the youths' favorites. Although closely monitored and wearing appropriate safety gear, the students pushed their limits and fought their fear of heights.

"It is something that really soars their self confidence," Rowe said, "because they are able to do things they are scared of and didn't think they could do. The course gets them beyond their fears. During the challenge, they learn to turn 'I can't' into 'I can.'"

The Department of Defense funds the program to help support the president's national drug control strategy. About \$250 per student is allocated to enable the young kids to attend the camp. This year's DEFY camp was held at



The poster features a central illustration of a fighter jet flying over a globe, surrounded by a large number '18' and a banner with the text '27th Annual SEMPER FI 5K CHARITY RUN 18 September 2010'. The background is a stylized American flag. Logos for the Marine Corps League and the Marine Corps Aviation Association are also present.



18 September 2010

8:00am Start at Seville Quarter

Register Today at:

www.semperficharityrun.org

Congrats TRAWING-5 Wingers and Scholars



Front Row: Cdr. Mathew R. Frost, USN, commander, HT-28; Lt. j.g. Fahad A. Al-Shammari, RSNF; Lt. j.g. Ibrahim A. Al-Fozan, RSNF; Lt. j.g. Danielle M. Stone-Krasnicki, USN; 1st Lt. Benjamin N. Cerniglia, USMC; 1st Lt. Jake F. Leeber, USMC; 1st Lt. John N. Gonzales, USMC and Capt. James Vandiver, USN, commander, Training Wing FIVE.

Second Row: Lt. Col. Shawn J. Coakley, USMC, commander, HT-18; 1st Lt. Richard D. Adams, USMC; Lt. j.g. Peter C. Forbes, USN; Lt. j.g. Molly C. O'Keefe, USN; Lt. j.g. Morgan L. Tuck, USN; 1st Lt. Julia N. Weber, USMC; Lt. j.g. Michael A. Salvemini, USN; 1st Lt. Andrew C. Britten, USMC and Lt. j.g. Joachim A. Kuhn, USN.

Third Row: Cdr. Hans E. Sholley, USN, executive officer, HT-8; 1st Lt. Walter C. Cunningham III, USMC; 1st Lt. Jacob M. Zaborowski, USMC; Lt. j.g. Jesse J. Ochoa, USN; 1st Lt. Clifton N. Rateike, USMC; Lt. j.g. David P. Williams, USN; Ensign Valerio Mariani, ITNAV; Lt. j.g. Justin D. Vitalis, USN; Lt. j.g. Donald G. Safford, USN and Capt. Terry Washburn, USN, USSOCOM.



Left Photo: 2nd Lt. Jared B. Howells, USMC; 1st Lt. Brian G. Kuebler, USMC; Ensign Justin B. Church, USCG; and Lt. j.g. Adam L. Mullins, USCG. Mullins earned the Advanced Academic Achievement Award while the others picked up their Academic Achievement Awards from TRAWING-5.



Right Photo: 1st Lt. Vincent J. Bernardino USMC, Commodore's List with Distinction, and 1st Lt. Benjamin P. Burns USMC, Commodore's List, receive their awards at the TRAWING-5 headquarters Aug. 20.