

Whiting Tower

Sixty-Eight Years of Aviation Training News



Naval Air Station Whiting Field, Milton, FL

Forging Wings for the Fleet

Vol. 68 No. 27

Wednesday, July 4, 2011

Pesile assumes command of HT-28



Lt. Col. Mark Thompson, the outgoing commanding officer of Helicopter Training Squadron TWENTY-EIGHT, salutes the sideboys as he departs from his change of command ceremony. The event also marked his retirement from military service after 20 years as a Marine. U.S. Navy photo by Ensign Charles Mann.

By Ensign Charles Mann, NAS Whiting Field Public Affairs

Following 15 months at the helm, Lt. Col. Mark Thompson passed command of Helicopter Training Squadron TWENTY-EIGHT to Cmdr. Christopher Pesile Friday, June 29, at 10 a.m. in the Naval Air Station Whiting Field atrium. The transition marked Thompson's final official duty in a Marine Corps career that spanned 20 years.

Before an assembly of friends, family and colleagues, Pesile accepted the command pennant symbolizing the passing of the squadron's reins.

The change of command ceremony is a time honored tradition that enables the crew to welcome the new commanding officer to the unit and to praise the efforts of the outgoing skipper. HT-28's ceremony was unique in that it served as both recognition of Thompson's successful tour with the squadron and a celebration of the retiring officer's of two-decade military career.

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Command guidance on readiness and resources

Let's be frank. Every year articles abound about the dangers of hurricanes and the need to be prepared.

And every year, people read the preparation articles, yawn, and move on to something more important, like the weekend birthday party or soccer game or family vacation. But every year, there is the chance that a hurricane could strike the area, and when it happens, most people are unprepared.

In 2004, there was Hurricane Charley. It was creeping up the Gulf of Mexico and the predictions were that it would continue its path and make landfall in the panhandle or Louisiana, Mississippi or even Texas.

On the afternoon of Aug. 13, Category 4 Charley made an unexpected right hand turn, slamming into an unprepared Cayo Costa, just west of Ft. Myers, Fla. Hurricane Charley had sustained winds of 150 mph and caused ten direct fatalities and an estimated \$14 billion in economic



losses.

Residents were not prepared because the prediction was that it wouldn't hit there, but it did. Preparation is the operative word. In order to mitigate the risks of hurricanes, preparation is key.

Do you know where your important documents are? Documents such as home owners insurance, wills, life insurance policies, marriage certificate, birth certificates, vaccination records.

Would you be able to get to them quickly if required?

Do you know where the local shelters are? Do you know what you would do with your pets? Do you have enough food and water to last at least three to four days? Do you have enough gas to get you out of town should you decide to evacuate? How about diapers, baby food, and medicine?

- (Cont. on Page 5)

Preparing for the heart of hurricane season

From the National Oceanic and Atmospheric Administration Gulf Coast Emergency Preparedness Guide

Hurricanes and tropical storms form over warm ocean waters, like those found in the Gulf of Mexico during the summer and fall of each year. On average, 11 tropical storms, 6 of which become hurricanes, develop in the Atlantic basin each hurricane season, which runs from June 1 to Nov. 30.

The peak hurricane threat for the western Florida panhandle, southwest Alabama and interior southeast Mississippi is in August and September, but hurricanes can strike during every month of the hurricane season.

Everyone living along the central Gulf Coast needs to be prepared for hurricanes and tropical storms. While the greatest damage resulting from land falling hurricanes or tropical storms is along the coast, inland areas well away from the coastline can also experience destructive winds, tornadoes and floods from tropical storms and hurricanes.

Ten (10) hurricanes have either directly struck, or had major impacts over interior southeast Mississippi and along the southwest Alabama and western Florida panhandle coasts since 1990.

The following definitions are used when issuing storm warnings:

*Tropical Cyclone: A general term used to describe a tropical depression, tropical storm or hurricane.

*Tropical Depression: An organized system of persistent clouds and thunderstorms with a closed low-level circulation and maximum sustained winds of 38 mph or less.

*Tropical Storm: An organized system of strong thunderstorms with a well defined circulation and maximum sustained winds of 39 to 73 mph.

*Hurricane: An intense tropical weather system with a well defined circulation and maximum sustained winds of 74 mph or greater.

*Storm Surge: An elevated dome of water above normal sea level that is built up and pushed toward shore by the force of the winds blowing around the tropical cyclone.

The National Hurricane Center (NHC) in Miami, Fla., is the official source for tropical cyclone advisories and forecasts, and is responsible for issuing tropical cyclone watches and warnings for the United States.

Hurricane force winds of 74 mph or more can destroy buildings, mobile homes, trees and power lines.



Hurricane Irene devastated locations along the eastern seaboard in August of 2011. This farmer's market in Woodstock, Vt. was destroyed by high winds and flooding. Photo by Wendell Davis/FEMA.

Debris such as signs, roofing material, siding and small items left outside become dangerous and damaging flying missiles during a hurricane.

A general rule-of-thumb is wind speeds will decrease by 50 percent within the first 12 hours of landfall. Therefore, the faster the hurricane is moving, the further inland the hurricane force winds will be experienced. It is imperative to ensure that your home is well constructed to minimize the damage from wind.

Mobile home residents must evacuate without

hesitation.

No mobile home or manufactured home-no matter how new it is-can provide safe shelter from hurricane force winds. Straps or other tie-downs will not protect a mobile home from the high winds associated with a hurricane. Mobile home residents must evacuate when told to do so by local authorities.

The Saffir-Simpson Hurricane Wind Scale describes hurricane severity in the following terms:

*Category 1 – Winds 74 to 95 mph

*Category 2 – Winds 96 to 110 mph

*Category 3 – Winds 111 to 130 mph (major hurricane)

*Category 4 – Winds 131 to 155 mph (major hurricane)

*Category 5 – Winds greater than 155 mph (major hurricane)

Hurricanes can also produce tornadoes, which add to the storms destructive power. Tornadoes are most likely to occur in the right-front quadrant of the hurricane, and are often found embedded in the rainbands well away from the center of the storm. However, they can also occur near the eyewall. Some hurricanes seem to produce very few tornadoes, while others develop multiple ones.

Studies have shown that more than half of the landfalling hurricanes produce at least one tornado. In 2004, Hurricane Ivan, which made landfall on the Alabama Gulf coast, spawned 117 tornadoes over a three day period. Tornadoes associated with hurricanes are generally less intense than those that are produced by supercell thunderstorms, but when added to the larger area of hurricane-force winds, they can still produce substantial damage and be potentially deadly.

Tropical watches and warnings can precede serious weather events such as tropical storms and hurricanes. They are announced in the following manner:

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News and Notes

Navy Fitness App - The Navy Operational Fitness and Fueling Series (NOFFS) is available. NOFFS provides Sailors with an evidence-based performance tool that will address injury prevention by physically training the movement patterns of operational tasks. The NOFFS new iPhone application provides the complete NOFFS program in a convenient format that is readily accessible to Sailors and portable anywhere in the world. The program was launched via card sets available at all Navy Fitness Centers and as a downloadable program available at www.navyfitness.org/noffs. The NOFFS iPhone application can be downloaded via the app store on all iPhones and iTouchs and was launched in January.

Leave Transfer Program - The following federal employees have been approved as leave recipients under the Volunteer Leave Transfer Program: Theresa Houston with HT-28 - Houston recently underwent surgery and will require follow-up treatment and an extensive recovery period, and George Mendez with Naval Support Activity, Orlando (Code N3AT1) - Mendez has been diagnosed with serious medical issues and will be out of work for an undetermined amount of time. It is unfortunate that Mendez has also experienced Leave Without Pay. Anyone wishing to donate to either of these individuals must complete a request to Donate Leave to Leave Recipient Form (OPM 630-A), which can be downloaded at: http://www.opm.gov/Forms/pdf_fill/opm630a.pdf.

ITT & Big Kahuna - Big Kahuna Water Park in Destin is now open. ITT has great prices on tickets: Daily passes for 48" and above are \$33.50, and under 48" are \$28.25. We also have the season platinum pass \$93.50. Platinum pass is good for anyday of the week, free parking and much more. For more info call ITT at 850-623-7032.

Ribs Gone Wild - The Naval Air Station Whiting Field Navy Ball Committee is sponsoring their First Annual BBQ Cook Off July 20 at noon in front of the command building. Bring your tongs and your best barbecue sauce and see how your ribs stack up



Retaining Our Best and Brightest
Aviation Structural Mechanic 1st Class Kieran Sanders congratulates Aviation Boatswain's Mate 2nd Class Kevin L. Heaton on his reenlistment. Heaton reenlisted for six years Friday, June 8. U.S. Navy photo by Lt. j.g. Tim Mosso.

to the competition. If you just want to eat, then a plate of ribs, side dish and drink will be \$5. Proceeds go toward the base's Navy Ball in October.

ITT Special - Disney World just increased their Season Pass ticket prices for Florida residents from \$280 to \$318. ITT has Disney World Season passes for \$263.00. We also have discounted rates for single day park tickets and multi-day park hopper tickets in limited quantities. Come by the ITT office to check out our special rates when planning your Disney World Vacation! For more information contact ITT at 850-623-7032



Rising Star
Rear Adm. Select Capt. C.J. Jaynes, Assistant Commander for Logistics and Industrial Operations, Naval Air Systems Command, visited CNATT Det Milton Thursday, June 21. Jaynes congratulated the graduates of AMO NAMP Indoc Class 12-060 and offered career progression advice to the Navy's newest professional aviation maintenance officers. U.S. Navy photo by Lt. j.g. Tim Mosso.

Oceana based aircraft to drill at NOLF Choctaw

F/A 18 Super Hornets attached to Carrier Air Wings THREE and EIGHT (CVW-3/8) will call Naval Air Station Pensacola "home" while performing Field Carrier Landing Practice (FCLP) at Naval Air Station Whiting Field's Navy Outlying Field (NOLF) Choctaw, July 2-19.

CVW-3 and 8 are stationed at NAS Oceana, Virginia and routinely performs the FCLPs at Navy Auxiliary Landing Field (NALF) Fentress. The runway at Fentress is currently undergoing maintenance and repairs that require curtailment of operations. Expected completion of repairs is projected to be later this year. Several Carrier Air Wings are expected to use NAS Pensacola and NOLF Choctaw until repairs are complete at NALF Fentress.

The majority of flight operations are scheduled to be conducted during afternoon and night hours. Residents near NAS Pensacola and NOLF Choctaw can expect increased noise levels as aircraft takeoff and land at the base.

To accommodate CVW 3/8 aircraft activity at NASP, the Blue Angels will change their practice schedule times on July 17 and 18th to 9:30 a.m.

Upcoming Events

July 9, 1400 - "Happy Hour" Comedy is the Cure Inc. with Bernie McGrenahan Show - Auditorium

July 13, 1300 - Winging Ceremony - Base Auditorium

July 20, 1000 - VT-6 Change of Command - Atrium

July 27, 1300 - Winging Ceremony - Base Auditorium

August 10, 1300 - Winging Ceremony - Base Auditorium

Fleet and Family Support Center Classes

Dating Series #1 - Monday, July 9 from 1 to 3 p.m.

This class will help you engage in a more secure and enjoyable dating process. Topics include: warning signs of a difficult partner, skills essential for a healthy relationship, five key areas you need to explore during the dating process, and how to "follow your heart without losing your mind." For more information, contact a Work and Family Life Specialist at 850-623-7177.

Money and the Move - Wednesday, July 11 from 9 to 11 a.m.

A Permanent change of Station (PCS) move can be one of the most exciting adventures of your career as well as one of the best benefits. However, a PCS move can also become a financial disaster that can take months to recover from if not properly prepared for. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 850-623-7177.

Common Sense Parenting (2-5 year olds) - Wednesday, July 11 from 1 to 3 p.m.

Unfortunately, children do not come with instruction manuals. As a result, FFSC is holding a class that will provide you with the tools that will equip you with the skills for raising responsible and well-adjusted children. This class is for any parent who wants to "brush up" on their parenting skills or new parents that are not sure where to begin. For more information, contact a Work and Family Life Specialist at 850-623-7177.

VA Representative - Friday, July 13 & 27 from 8 a.m. to 12 p.m. (By reservation only. Call 850-623-7177.)

Smooth Move - Friday, July 13 & 27 from 9 to 11 a.m.

Make your next change of duty station move a smooth one. Learn what resources are available to you and the five key steps to minimizing stress during the relocation and transition period. For more information, call NAS Whiting Field Fleet and Family Support Center at 850-623-7177.

Tips from the National Hurricane Center to help prepare for a storm

Discuss the type of hazards that could affect your family. Know your home's vulnerability to storm surge, flooding and wind.

Locate a safe room or the safest areas in your home for each hurricane hazard. In certain circumstances the safest areas may not be your home but within your community.

Determine escape routes from your home and places to meet. These should be measured in tens of miles rather than hundreds of miles.

Have a friend from out of state as a family contact, so all your family members have a single point of contact.

Post emergency telephone numbers by your phones and make sure your children know how and to call 911.

Check your insurance coverage - flood damage is not usually covered by homeowners insurance.

Use a NOAA weather radio. Remember to replace its battery every six months, as you do with your smoke detectors.

Make sure you have a hurricane kit on hand that includes: water - at least one gallon daily per person for three to seven days, food - at least enough for three to seven days - non-perishable packaged or canned food/juices, foods for infants or the elderly, snack foods, non-electric can opener, cooking tools/fuel, paper plates/plastic utensils, blankets and pillows, clothing - seasonal/rain gear/sturdy shoes, first aid kit/medicines/prescription drugs, special items for babies and the elderly, toiletries/hygiene items/moisture wipes,

flashlights and batteries, radio - battery operated and NOAA weather radio, telephones - fully charged cell phone with extra battery and a traditional (not cordless) telephone set, cash (with some small bills) and credit cards (banks and ATMs may not be available for extended periods), keys, toys, books, and games.

Keep important documents in a waterproof container or watertight resealable plastic bag including: insurance, medical records, bank account numbers, Social Security card, etc.

Tools - keep a set with you during the storm.

Keep vehicle fuel tanks filled.

Your home has either double or single entry doors. If they are solid wood or hollow metal they probably can resist wind pressures and hurricane debris. However, if you are not sure whether they are strong enough, take these precautions:

- Install head and foot bolts on the inactive door of double-entry doors.
- Make sure your doors have at least three hinges and a dead bolt security lock which has a minimum one inch bolt throw length.
- Since double entry doors fail when their surface bolts break at the header trim or threshold, check the connections at both places. Be sure the surface bolt extends into the door header and through the threshold into the subfloor.

Command guidance

- (Cont. from Page 1)

Do you know what your command requires? Do you have the duty office number readily available? Do you know what the installation's procedures are in the event of a hurricane?

The National Oceanic and Atmospheric Administration predicts this season to be near normal with a 70 percent chance of nine to 15 named storms with top winds of 39 mph or higher. Four to eight of those may strengthen to a hurricane with top winds of 74 mph or higher, and of those one to three will become major hurricanes with top winds of 111 mph or higher.

While the predictions may not become reality all it takes is one Category 3 or 4 hurricane to strike Santa Rosa County to wreak havoc on the area.

Hurricane season runs from June 1 – Nov. 30 and the Santa Rosa County Division of Emergency Management has prepared a Disaster Preparedness Guide that provides recommendations that can assist you to prepare for a hurricane so that when it happens, you will know what you will do and how you will implement your plan.

The top ten recommendations include the following measures:

- Keep a three-day supply of water on hand for each person and pet: one gallon per day per person in your household.
- Keep your gas tank full in case of evacuation.
- Always know evacuation routes and alternate routes.
- Maintain at least a three-day supply of non-perishable food.
- Fully charge your cell phone.
- Have a battery-powered or wind-up radio on hand so you can receive weather updates and instructions on what to do and where to go.
- Keep extra medications and health aids when possible, and maintain a first aid kit.
- Keep track of important papers such as passports, insurance papers, birth certificates, etc.
- Always have cash on hand.
- Make a plan for you, your family, and your pets.

Historically, when hurricanes are barreling down on an area, the store shelves deplete quickly and lines form at gas stations. If a plan has been created and implemented before the storm strikes, your attention can be focused on other issues, like making the decision to leave or stay. And regardless of which decision you make, you and your family will be prepared.

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This Week in Naval History

July 4

1776 - American colonies declare their independence from Great Britain.

1777 - John Paul Jones hoists first Stars and Stripes flag on Ranger at Portsmouth, N.H.

1801 - First Presidential Review of U.S. Marine Band and Marines at the White House.

July 5

1814 - Sloop-of-war Peacock captures British Stranger, Venus, Adiona, and Fortitude.

1815 - Commodore Stephen Decatur's squadron arrives at Tripoli to collect reparations for seizure of American merchant ships in violation of Treaty of 1805.

July 6

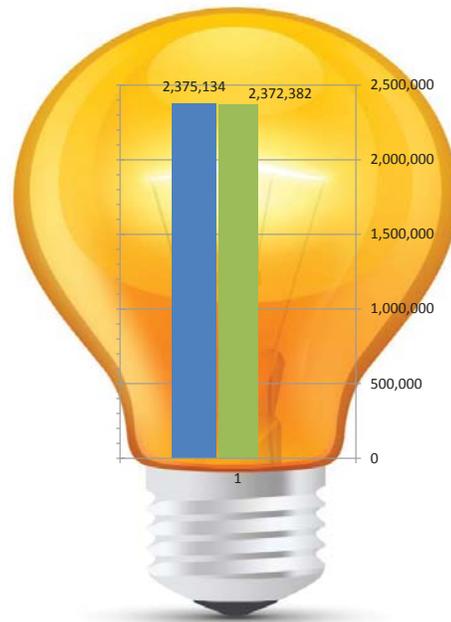
1747 - Birth of John Paul Jones at Arbigland, Scotland.

1898 - Armed Auxiliary Dixie captures Spanish Three Bells, Pilgrim and Greeman Castle.

1908 - Cmdr. Robert Peary sails in Roosevelt from New York to explore Arctic.

1911 - First naval aviation base established at Annapolis, Md.

1976 - First women enter U.S. Naval Academy.



Power Outage

Conserving energy continues to be one of the Navy's prime objectives, so each month we will display the energy usage comparisons for Naval Air Station Whiting Field between 2011 and 2012. As you can see, in May, the base consumed 2,752 fewer kilowatt hours of power than in May of the previous year.

HT-28 Change of command

- (Cont. from Page 1)

Training Air Wing FIVE Commodore Col. James Grace served as the guest speaker for the event. He offered a ringing endorsement of Thompson's performance with HT-28 and effusive praise for his fellow Marine's distinguished service.

"Lt. Col. Thompson is a passionate professional of the highest caliber."

During Thompson's tour, the "Hellions" flew over 40,000 mishap-free flight hours, completed more than 20,000 sorties, and winged 430 Navy, Marine, Coast Guard, and allied Naval aviators.

HT-28 enjoys unique status as the wing's newest aviation training command, having been established in 2007. As the Hellion's fourth Commanding Officer, he authored one of the first installments in the fresh history of the unit. Thompson maintained HT-28's stellar record of surpassing fiscal year pilot production goals. Additionally, the squadron volunteered in excess of 900 hours to community service projects including elementary school tutoring, fundraising for cancer research, and community outreach.

HT-28 was also recognized for the unit's exemplary safety record with the Chief of Naval Operations Safety Award for 2011 and for training excellence with the Vice Admiral Robert Goldthwaite award.

Thompson was awarded the Meritorious Service Medal for his career achievements and achievements during his tour at the squadron. Additionally for his retirement, Thompson also received recognition from the Commander in Chief and the Commandant of the Marine Corps.

The overarching message of all speakers was that cooperation between service branches, military and civilian staff, student and pilots, and Training Air Wing FIVE executives had been integral to Thompson's vision for HT-28. His

parting words as commanding officer lavished praise on each group for its respective contributions, and he reflected on key milestones from his tenure with the squadron.

"I want to thank those who left their thumbprint on me throughout my career . . . It's been an absolute pleasure and honor over the past three years," Thompson reflected.

Thompson reserved his final and most effusive praise for Pesile, whom he commended as a skilled pilot, a model officer, and an invaluable partner in leadership. Immediately after issuing his unqualified endorsement and gratitude to Pesile, Thompson formally relinquished command.

Pesile was introduced as the Commanding Officer, Helicopter Training Squadron TWENTY-EIGHT amidst a flourish of applause from family, friends, and colleagues.

The new squadron commander offered a final tribute to the departing Thompson, who Pesile thanked for "being a great CO, and turning over an awesome squadron."

Pesile graduated from the United States Naval Academy in May 1994 and earned his aviator's wings 15 months later. His first tour of duty upon completion of training at Helicopter Training Squadron EIGHTEEN was with Helicopter Anti-submarine Squadron ELEVEN (HS-11).

He returned to NAS Whiting Field in 2000 to serve as an instructor with Training Squadron SIX. He then transferred to Commander Carrier Strike Group FIVE in Yokosuka, Japan for two years before returning to the "Dragonslayers" of HS-11. Before his assignment with HT-28, Pesile served in the Pentagon as a Deputy Director of Operations Emergency Actions Officer and Presidential Strike Advisor on Operations Team ONE.

The squadron's new executive officer will be Lt. Col. Jeffrey M. Pavelko, USMC.

Heart of hurricane season

- (Cont. from Page 1)

*Hurricane/Tropical Storm Watch: Hurricane or Tropical Storm conditions POSSIBLE within 48 hours.

*Hurricane /Tropical Storm Warning: Hurricane or Tropical Storm conditions EXPECTED within 36 hours.

*Extreme Wind Warning: Short duration warnings issued by the NWS to provide the public with advance notice of the onset of extreme sustained winds, usually associated with the eyewall of a



A home in the Whiting Pines housing complex exhibits damage from one of the many downed trees and limbs during Hurricane Dennis. U.S. Navy file photo.

major storm.

Gulf Area Resources for Hurricane Preparation:

National Weather Service, Mobile
Jeff Garmon (WCM) or Jeff Cupo (MIC)

8400 Airport Blvd, Bldg 11

Mobile AL 36608

Phone: 251-633-6443

WWW.SRH.NOAA.GOV/MOB

<http://www.srh.noaa.gov/mob/?n=tropical>

<http://www.nhc.noaa.gov/>

Command guidance

- (Cont. from Page 5)

Free publications of the 2012 Santa Rosa County Disaster Guide are available at Naval Air Station Whiting Field's Fleet and Family Support Center, Santa Rosa County offices, or online at <http://www.santarosa.fl.gov/news/factsheet/2012%20Disaster%20Guide.pdf>.

The guide explains what to do before, during, and after a variety of disasters. The guide also provides the names and locations of all types of shelters, as well as other information that will assist you in preparing for hurricane season.

For military and civilian personnel, ensure you have updated the following data bases:

- NFAAS (<https://navyfamily.navy.mil>) Log in and select "My Info" tab at the top of the page. This site will be used to muster you and your family members after a storm.
- DEERS (<https://www.dmdc.osd.mil/appj/address/login/SelectLogin.do>) this site is for DEERS information (both civilian and military need to check/update information).
- TWMS (<https://twms.nmci.navy.mil/selfservice>) this site will be used to pull orders for you and your family members in case an evacuation is ordered by the CO.

The key is preparation. If you are prepared, you are less likely to end up stranded in a house that with no electricity, food, water and possibly no roof.

SECURITY CHECKPOINT



Question: I'm active duty and have a rental vehicle for a week; do I need a pass for the vehicle?

Answer: No you don't. Just place the rental agreement on the vehicle dash and show your Government ID (Military, CAC, Retired or Dependent).

Don't forget to visit us on

facebook

at

<https://www.facebook.com/#!/nas-whitingfield>

Taking care of your pets

- Before the storm hits, follow these steps to keep them safe

Your pets need to be taken care of before, during and after a storm just like your other family members. As always, contact your veterinarian or humane society for information on preparing your pets, however, here are a few tips.

BEFORE THE DISASTER

•Make sure that your pets are current on their vaccinations. Pet shelters may require proof of vaccines.

•Have a current photograph

•Keep a collar with identification on your pet and have a leash on hand to control your pet.

•Have a properly sized pet carrier for each animal - carriers should be large enough for the animal to stand and turn around.

DURING THE DISASTER

•Animals brought to a pet shelter are required to have: proper identification collar and rabies tag; proper identification on all belongings; a carrier or cage; a leash, an ample supply of food, water and food bowls; necessary medications, specific care instructions and trash bags for clean-up.

•Bring pets indoor well in advance of a storm - reassure them and remain calm.

•Pet shelters will be filled on a first come, first served basis. Call ahead for availability.

AFTER THE DISASTER

•Walk pets on a leash until they become re-oriented to their home - often familiar scents and landmarks may be altered and pets could easily be confused and become lost. Downed power lines, reptiles brought in with high water and debris also pose a threat for animals after a disaster.

•If pets cannot be found after a disaster, contact the local animal control office to find out where lost animals can be recovered. Bring along a photo of your pet.

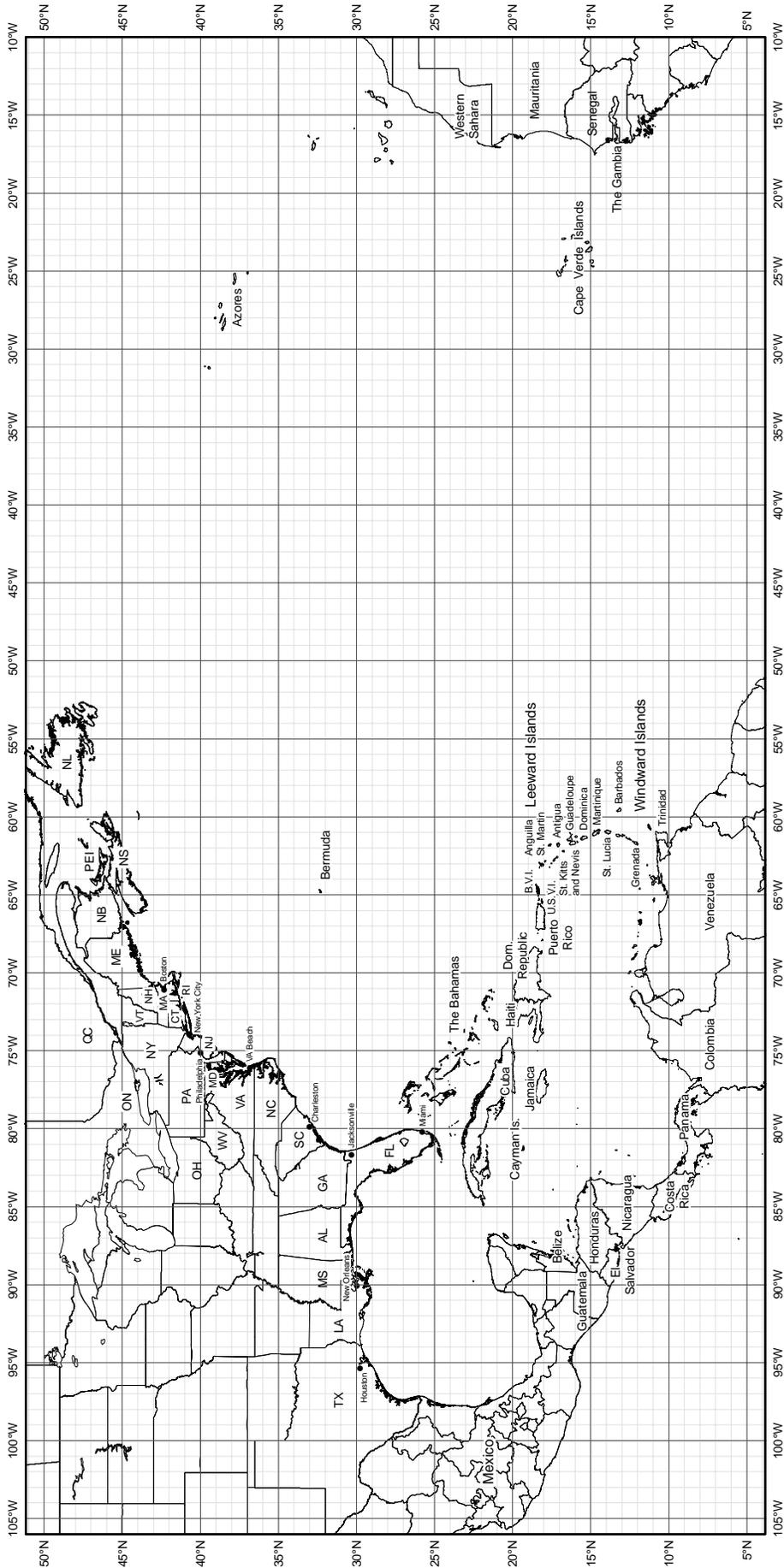
•After a disaster animals can become aggressive or defensive - monitor their behavior.

Don't forget your pet when preparing a family disaster plan. A pet disaster supply kit includes: proper identification including immunization records, ample supply of food and water, a carrier or cage sufficient for the pet's size, all medications, a photograph of your pet, a muzzle, a collar and a leash.



Atlantic Basin Hurricane Tracking Chart

National Hurricane Center, Miami, Florida



2012 National Hurricane Center Named Atlantic Storms

Alberto, Beryl, Chris, Debby, Ernesto, Florence, Gordon, Helene, Isaac, Joyce, Kirk, Leslie, Michael, Nadine, Oscar, Patty, Rafael, Sandy, Tony, Valerie, William