



Naval Air Station Whiting Field, Milton, FL

Forging Wings for the Fleet

Vol. 68 No. 32

Wednesday, August 8, 2012

Whiting recognizes Sailors of the Quarter

By Lt. j.g. Tim Mosso,
NAS Whiting Field
Public Affairs

NAS Whiting Field has recognized its distinguished enlisted personnel for the Third Quarter of 2012.

Three of the base's Sailors will be honored for comprehensive excellence in the discharge of their professional duties and breadth of community involvement.

"Naval Air Station Whiting Field would like to congratulate our Third Quarter Sailor and Junior Sailor of the Quarter along with our BlueJacket of the Quarter,"



AC1 Nina Buruca



ABH2 Derrick Watkins

Command Master Chief Rafael Rosado beamed.

"The competition was fierce, all are deserving of recognition, and all are winners. Their 'can do' spirit

also infects others to give and do more," he added with pride.

Air Traffic Controller 1st Class Nina Buruca was selected as Sailor of the Quarter. Buruca serves as the South Field Tower Leading Petty Officer for Training Air Wing FIVE's rotary-wing training operations. Buruca was lauded for her "innate ability to motivate, lead, and mentor..."

resulting in two reenlistments and three Perform-to-Serve approvals" by her Leading Chief Petty Officer, Chief

- (Cont. on Page 5)

Youths launch military careers at NASWF



Keifer Boyett works on his pull-ups during a morning workout. Pull-ups are one of the core exercises he will have to complete as part of the Air Force's Physical Ability Stamina Test (PAST) to enter into the Pararescue field he desires. His recruiter, Staff Sgt. Richard Brookes is helping him prepare for the test. U.S. Navy photo by Jay Cope.

By Jay Cope, NAS Whiting Field Public Affairs

With physically demanding careers hopefully ahead of them, two area students are working with their military recruiter to get them through the difficult entrance examinations. Using Naval Air Station Whiting Field as a training facility, the high school seniors are preparing themselves to fulfill their future dreams serving their country.

Working with Air Force Staff Sgt. Richard Brookes, Keifer Boyett and Alex Spivey are preparing themselves for the Air Force's Physical Ability Stamina Test (PAST). The test is a requirement for the career fields the two teens want to pursue in the Air Force. Boyett chose Pararescue and Spivey is working towards being a Survival, Evasion, Resistance, and Escape (SERE) instructor.

Boyett, a Central High School student, got interested in Pararescue watching a Discovery Channel

- (Cont. on Page 6)

Chalkboard Minute

With school starting back up August 20, it is a good time to review some of the key parts of the 2012-13 school year schedule. The following are the start and end times for our area schools:

Woodlawn Beach Middle will start at 7:20 and dismiss at 1:20. Sims Middle will start at 7:25 and dismiss at 1:30. Chumuckla Elementary will go from 7:40 to 1:40 and Jay Elementary will attend from 7:50 until 1:50.

Bagdad, Berryhill, East Milton, Pea Ridge, and Rhodes Elementary Schools will all start at 7:30 and end at 1:30, as will Gulf Breeze Middle and Holley Navarre Intermediate and Primary.

These schools will all start at 8:25 and end at 2:25: Bennett Russell Elementary, SS Dixon Intermediate and Primary, Gulf Breeze Elementary, Hobbs and King Middle, Oriole Beach Elementary, and West Navarre Intermediate and Primary.

All High Schools except for Jay and Central begin at 9:15 and end at 3:15. Jay and Central will both start at 8:00 and dismiss at 2:00.

Did you know that you can view your child's grades from home? What used to be called Pinnacle is now called



Chris Hendrix

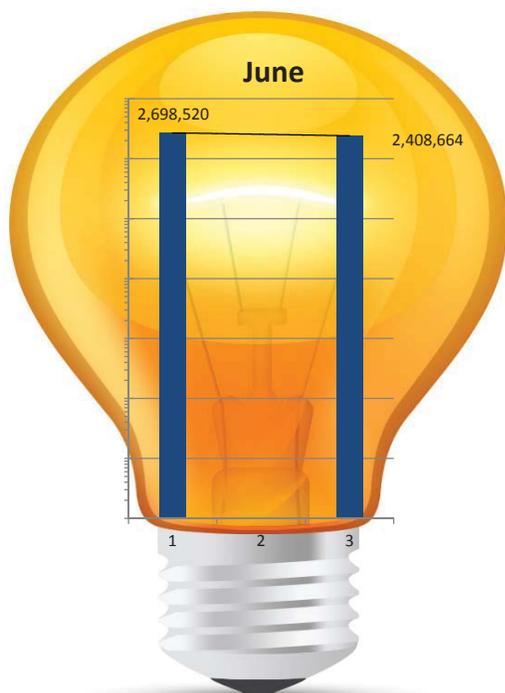
the Parent/Student Portal. After you register with the school, go here <https://students.santarosa.k12.fl.us/Account/LogOn> to begin.

You can go here <https://www.santarosa.k12.fl.us/files/srschoolgrades11-12.pdf> to view the county's school grades. High school grades have not yet been released.

You can visit here <https://www.santarosa.k12.fl.us/files/2012districttestnrks.pdf> to see how Santa Rosa County compares to the other counties in Florida.

Are you looking for your child's school supply list? I have a copy of all the Elementary Schools that I can email you or you can pick up at the CDC. You can also find them on the schools' websites.

If you have questions about this article or concerns about an educational issue affecting your child, please contact me via email at Christopher.p.hendri@navy.mil or by phone at (850) 665-6105 [office] or (850) 324-1154 [cell]. Or if you would like to visit me in person, my office is at the Naval Air Station Whiting Field Child Development Center (CDC).



Power Outage

Conserving energy continues to be one of the Navy's prime objectives, so each month we will display the energy usage comparisons for Naval Air Station Whiting Field between 2011 and 2012. As you can see, in June, the base consumed 289,956 fewer kilowatt hours of power than in 2011.

This Week in Naval History

Aug. 7

1782 - Badge of Military Merit (Purple Heart) established.
1942 - Navy Amphibious Task Force lands Marines on Guadalcanal, Solomon Islands, in first U.S. land offensive of World War II.

Aug. 8

1959 - Announcement of Project Teepee, electronic system to monitor 95 percent of earth's atmosphere for missile launchings or nuclear explosions. System developed by William Thaler, Office of Naval Research physicist.
1972 - Women authorized for sea duty as regular ship's company.

Aug. 9

1815 - Captain Stephen Decatur concludes treaty for the United States with Tripoli.
1842 - Signing of Webster-Ashburton Treaty under which United States and Great Britain agreed to cooperate in suppressing the slave trade.
1865 - Return of Naval Academy to Annapolis, Md. after four years at Newport, R.I.
1941 - Atlantic Charter Conference is first meeting between President Franklin Roosevelt and British Prime Minister Winston Churchill.
1945 - Atomic bomb dropped on Nagasaki, Japan. Navy weaponeer arms the atomic bomb.
1949 - First use of pilot-ejection seat for emergency escape in U.S. made by Lt. Jack I. Fruin of VF-171 near Walterboro, S.C.
From - http://www.navy.mil/search/display_history.asp

News and Notes

Back-to-School Brigade - Operation Military Homefront's 2012 Back-To-School Brigade program provides backpacks full of school supplies to local military kids in need. Items donated for the campaign include spiral notebooks, pens, pencils, markers, crayons, notebook paper, rulers, colored pencils, calculators, and erasers. This program saves military families a major education expense, especially for those experiencing financial hardships. To register your child, please go to: <http://www.backtoschoolbrigade.net/>. The date for the pickup is incorrect on the website and it has been changed to Friday, August 10 from 1500-1700 at the Cory CDC. For more information, Please contact Chris Hendrix, the NASWF School Liaison Officer, at 850-665-6105.

ITT Special - DeLuna Fest 2012 tickets are now available at ITT. The three-day beach concert features Pearl Jam, Foo Fighters, and the Zac Brown Band, Sept. 21-23. Tickets are \$177 for a three day pass. ITT also has discounted hotel stays at the Days Inn on Pensacola Beach for \$121 per night. There are only a limited number of passes and hotel rooms available. Please call 850-623-7032 or 850-665-6250 for additional information. For a complete concert lineup, check www.delunafest.com.

Extended Hours - Dine 1-1 North Field Snack Bar is now open 6 a.m. to 5 p.m., Monday thru Friday. For your convenience, new services provided include delivery on base (\$1.00 delivery charge will be applied to each order) and call-ahead orders for pickup. Please call or text (850) 281-5923 to place your order!

Armed Forces Guides - The Armed Forces Benefits Association, 2012 Financial Planning Guides are finally in! These financial planning guides are filled with information on but not limited to: Military Pay & Allowances, Tri-care Benefits, Military Retirement, The Survivor Benefit Plan, Veteran's Benefits, Civil Service Pay & Retirements, Principles of Financial Planning, Wills & Trust, Saving & Investing, Social Security & Medicare, and much, much more. Swing by the Fleet & Family Support Center to pick up your free copy and a copy for your staff, co-workers, etc.

New Bridge Construction - Chipley-Scott Bridge Company of Opelika, Ala. has been awarded a \$14.7 million bridge construction contract to replace bridges over the White River



Community Commendation

Santa Rosa County Chapter of the Navy League representative, Retired Navy Captain Walt Reese recognizes Hospital Corpsman 1st Class Michael Reed (center left) and HM2 Christa Liammayty as the Navy League's Sailor of the Quarter and Junior Sailor of the Quarter. Capt. Philip Blaine (right) and Master Chief Lennis McNutt from the NAS Whiting Field Naval Branch Health Clinic were on hand at Oops Alley July 27 to support their Sailors. Photo courtesy of Santa Rosa County Chamber of Commerce.

and Bass Hole Cove on U.S. 90 between Pace and the Escambia River Bridge in Santa Rosa. In addition, crews will resurface the westbound lanes, make minor drainage improvements, construct guardrail and place new signs and pavement markings. Temporary bridges will be constructed and utilized during the project. There will be no lane restrictions allowed between 6 a.m. and 8 p.m. Construction should begin August 2012, with completion scheduled for summer 2016. Drivers are reminded to pay attention to the speed limit when traveling through the construction area and to use caution. For more Florida Department of Transportation District Three information follow us on twitter @myfdot_nwfl <http://www.twitter.com/myfdot_nwfl

Vet Clinic - The veterinarian will be in residence to hold clinic hours at Bldg. 1496 on the NAS Whiting Field Sports Complex, Tuesday, Aug. 14 from 8 to 11:30 a.m. and from 1 to 3:30 p.m. Call 850-452-6882 for appts.

Navy vs Troy Football - If there is enough interest locally, Troy University would like to sponsor 2,000 active duty military and their family members for the Troy Trojans vs Navy Football Game on Saturday, Nov. 10, 2012, at Veterans Memorial Plaza in Troy, Ala. Included: bus transportation to/from the game, ticket(s) to the game, lunch and a free t-shirt. All active duty military are eligible - please contact David Durham at (850) 458-4722 or by email: dbdurham@troy.edu if you are interested.

Movie Night - The Liberty Center will be hosting their second Movie Night event at Sikes Hall Friday, Aug. 10 featuring "The Avengers." The evening is free and the movie will start at 7:30 p.m.

Special Disney Cruise: Disney Cruise Line is offering a military cruise rate of \$1,423.00 for a family of 3 on Sept. 23, or Sept. 30, 2012 sailings. Cruise to the Bahamas on a four-day cruise initiating from Port Canaveral on the Disney Dream. Stateroom is an oceanview verandah. Call ITT at 850-623-7032 for this and other bookings.



Cram the Van

ABH1 Juneamor Tango, ABH2 Magdalena Serrano, ABH2 Kendrick Phoenix, and ABH1 Oscar Ruelas volunteered to help the annual Cram the Van program by passing out flyers and taking donations at the Gulf Breeze Walmart last week. U.S. Navy photo by ABH1 Ryan Parrish.

Upcoming Events

August 10, 1300 - Winging Ceremony - Base Auditorium

August 16, 0900-1500 - FFSC Jobs Fair - Sikes Hall

August 24, 1300 - Winging Ceremony - Base Auditorium

August 31, 1330 - NASWF Safety Standown - TBD

Sept. 14, 1300 - Winging Ceremony - Base Auditorium

Oct. 2, 1000-1300 - Health and Fitness Expo - Gymnasium

Fleet and Family Support Center Classes

VA Representative - Friday, Aug. 10 & 24 from 8 a.m. to 12 p.m. (By reservation only. Call 850-623-7177)

Dating Series #2 - Monday, Aug. 13 from 1 to 3 p.m.

This class will help you engage in a more secure and enjoyable dating process. Topics include: warning signs of a difficult partner, skills essential for a healthy relationship, five key areas you need to explore during the dating process, and how to “follow your heart without losing your mind.” For more information, contact a Work and Family Life Specialist at 850-623-7177.

Married to the Military - Tuesday, Aug. 14 from 1 to 3 p.m.

This class will introduce you to the traditions, culture and lifestyle of the military. We will cover things such as where to go to get information, do's and don'ts, PCS orders, reading an LES, military time and much more. If you are new to the military or just want to find out what having a military ID means sign up for this class at 623-7177.

Anger Management - Wednesday, Aug. 15 from 1 to 2 p.m.

Is anger affecting your health, your relationships, or your work performance? Learn to understand the causes and effects of unhealthy anger and how to express and release that anger in a healthy way! Class will be held in the FFSC conference room. For more information, contact a Work and Family Life Specialist at 850-623-7177.

FFSC Job Fair - Thursday, Aug. 16 from 9 a.m. to 3 p.m.

This is one of the largest and best attended job fairs in the Florida panhandle each year. Spaces are set aside for immediate interviews and job offers are sometimes issued during the event. Attendees are recommended to bring their resumes and to dress for success. The event is open to the public. Contact Darryl Johnson at 850-623-7177 for more information.

CNIC addresses mold concerns in Navy housing

Editor's Note: The following is a blog post placed by Commander Naval Installations Command to address recent stories of mold in Navy housing, most recently in Pascagoula, Miss. The post is online at <http://navylive.dodlive.mil/>

“As a Navy leader – and someone who lives in Navy housing – I am committed to ensuring service members and their families have suitable, affordable and safe housing. Recent events pertaining to mold in Navy barracks, and government owned and family privatized housing have indicated a need to more clearly communicate assistance available on all issues, but particularly when pertaining to health or safety issues.

This is a personal issue for me. I am determined to ensure we are providing the very best housing throughout the fleet – but I also need your help. If you help me by reporting your housing issues, we can help ensure you maintain a house or barracks room that you can feel proud to say is your home.”

Should a health or safety issue arise during a Sailor's stay in Navy barracks, government owned, or privatized family housing, we'll work with the Sailor as an advocate for their needs until we find a solution. If the issue cannot be resolved, we will work with the Sailor to find alternate accommodations. Whether in a barracks room or home, if you live



Vice Adm. William French

in Navy housing and suspect a health or safety condition exists, please report it to the local Private-Public Venture (PPV) office, the local Navy Housing Office or your barracks manager. Use your chain of command; talk to your LPO, LCPO, division officer, Ombudsman and even your commanding officer until you feel you're getting the right amount of attention on your issue. If you feel you are having health issues that may be related to conditions in your home or barracks room, see your medical provider immediately and then report the issue to your command medical officer or representative and your chain of command.

Taking personal responsibility to prevent issues like mold before it gets out of hand is essential. In many environments mold can grow no matter how well we maintain the home or condition the air quality. Be vigilant and ensure areas of your home or barracks room that tend to have more moisture, like kitchens and bathrooms, are kept clean on a regular basis. Often times, all it takes is a once weekly wipe down with mold/mildew cleaner.

As a ready and resilient force, 21st Century Sailors and their families must feel confident they can report personal and housing concerns in order to stay safe and healthy in the places they live so we can all focus on our mission, our duties and those we care about.

Sailors

- (Cont. from Page 1)

Air Traffic Controller Jacqueline Williams.

The air station's Sailor of the Quarter has amassed 13 professional qualifications and five supervisory designations over the course of a ten-year Naval career.

Beyond her dedication to the immediate challenge of safely guiding the student aviators, the base's Sailor of the Quarter tackles a vast array of collateral challenges.

Buruca provides comprehensive guidance to 65 Sailors in her capacity as Departmental Career Counselor. In this role, she offers professional and personal guidance including advice concerning continuing education and direct mentorship.

In her collateral capacities, Buruca serves the air station as the Command Voting Assistance Officer, First Class Petty Officer Association Treasurer, and Crash Division Dependent Care Manager.

Buruca's supervisors lauded her dedication to the greater Milton, Fla. community via her efforts as Assistant Command Drug Education for Youth Program Coordinator. She provides guidance to area youths concerning avoidance of illicit substances, promotion of self-confidence, and the importance of teamwork.

Attuned to broad academic horizons, Buruca has committed to in-depth study across a diverse spectrum of disciplines. Buruca holds an Associate of Arts degree in General Studies, a Bachelor of Arts in Criminal Justice, and she has completed her Master of Arts in Homeland Security.

"I feel happy. It's rewarding to be selected, and I'm glad to do well while serving the Navy. I'm thankful for my chain of command and my mentors who have been there for me," Buruca said.

Aviation Boatswains Mate 2nd Class Derrick Watkins was recognized as the air station's Junior Sailor of the Quarter.

Watkins' leadership as the Crash Division Training Petty Officer provided stellar guidance to the 117 Sailors in his charge. Divisional personnel have secured 87 qualifications under Watkins' tutelage.

Watkins' commitment to aviation safety training has made a profound impact on each of the base's nine Navy Outlying Landing Fields manned by his trainees. Their competence in emergency procedures and preventative routines reflect their exposure to Watkins' subject matter mastery and his talents as a peer mentor.

"Possessing a wealth of knowledge and technical expertise, [Watkins] consistently strives to share his



ABH3 Andan Rempel

knowledge with other Sailors," Williams declared.

The Junior Sailor of the Quarter has demonstrated commitment to professional and personal growth.

Watkins holds dual warfare qualifications as a Surface Warfare Specialist and an Aviation Warfare Specialist. He is a strong proponent of physical fitness and seeks to advance command fitness standards through his role as Command Fitness Leader.

A service-oriented Sailor in all respects, Watkins has sought to impart new perspectives and ideas to fellow Sailors through his efforts as president of the Command Diversity Committee. Off duty,

Watkins has been an active volunteer with Habitat for Humanity, the Children's Home Society, and East Milton Elementary.

Aviation Boatswains Mate 2nd Class Andan Rempel was selected as NAS Whiting Field's Bluejacket of the Quarter. Rempel has been recognized as an indispensable contributor to safe operations and personnel training at the air station and its outlying fields.

Rempel's supervisors cited his commitment to excellence as a key contribution to over 300,000 safely-executed flight operations. Moreover, his performance in several instances of actual emergency reinforced command confidence in this Junior Sailor's competence and depth of character.

"He has proven to be a top-quality leader. He shows genuine concern for his Sailors' professional growth... his take-charge attitude and initiative to job accomplishment consistently produces positive results," Crash Division Officer Chief Aviation Boatswain's Mate John Coger praised.

A true leader-by-example, Rempel exhibits dedication to reaching his personal potential while assisting peers to attain theirs.

His professional accomplishments include qualification in Air Warfare and collateral duties as Hazmat Petty Officer and [Navy instructional] Publications Petty Officer. He actively pursues continuing education and has completed college courses in economics, geography, American history, psychology, and Human Relations.

A practitioner of the old Navy aphorism "one hand for the self, one for the ship," Rempel exhibits a magnanimous dedication to the advancement of his fellow Sailors. In 2012, this budding leader's mentoring has been a key factor in the Aircraft Fire Fighting qualification of three

- (Cont. on Page 7)

Youths

- (Cont. from Page 1)



Alex Spivey does some box jumps to workout before heading to the track as part of the workout routine he does at the Naval Air Station Whiting Field gymnasium to prepare for entry into the Air Force. U.S. Navy photo by Jay Cope.

show about military special forces. The nature of the job meshed with his desire to help people.

Pararescue is a demanding field that can require specialists to parachute, scuba dive, rock climb or snowmobile into a hostile environment to retrieve a wounded service member. Pararescue combines the qualities of an emergency medical technician with the skills of a special forces combat expert.

“These people are the best of the best. They get people out and make sure that are able to see their families again,” Boyett stated enthusiastically. “I want to be there to help get them out.”

Spivey, a Milton High School student, was planning to join the military even before he learned about the SERE instructor field. However, after viewing some videos and speaking to people who worked as SERE instructors, he was hooked.

“I wanted to be involved with training, so this was the perfect field. I was preparing myself for the military even before I started talking to the recruiter. Both my parents were in the military, and it is just something I always wanted to do,” he said.

SERE instructors teach aircrewmen from every branch of the military how to survive in any environment should their aircraft go down.

Regimens of instruction include concepts such as building shelters, navigation on land, obtaining water and evading enemy forces. It is about preparing the students to return home from a mishap that might put a crew behind enemy lines.

As would be expected, entry into these fields requires strong ASVAB test scores as well as a high level of physical fitness. Brookes emphasized that qualified candidates for the two programs are rare, and he wanted to help ensure his recruits are ready to meet the demands of the program before they enter boot camp. Spivey and Boyett are both scheduled to attend recruit training after their graduations next spring.

Brooks has been working out with the youths for a few weeks and is gradually increasing the intensity to a level recommended by a special tactics liaison he contacted. The liaison emphasized that ideally, recruits would be capable of passing the PAST test back to back.

Considering the test for both fields include a mile and one-half run, pull-ups, sit-ups, push-ups, and swimming drills with only minimal rest in between, this PAST is a rigorous test for an entry-level requirement. The fitness regime gets more strenuous after the candidate is admitted into the program.

To help them, Brookes brings them to NAS Whiting Field three times a week to work in the swimming pool, use the fitness center, and run on the track. He says the test is more about endurance than strength, but he includes plenty of strength building exercises as well. Brookes works out with the students most of the time to keep his own fitness level up, but the effort is really focused on them.

“It’s physically intense,” Brooks stressed. “You have to want it. This is the first time I have had kids serious about these fields, and I want to make sure they make it.”

He has been recruiting out of the Pace office for about a year now, and he has heard of other recruiters helping to prepare recruits for entry into their chosen programs, but he wasn’t aware of any that actually worked out with the youths. Usually, they were expected to work out on their own wherever they could find appropriate facilities.

To help make the process easier, Brooks worked with air station Morale, Welfare, and Recreation to arrange access for the kids to the base as his guests. He developed a program for them based on ideas he gleaned from Hurlburt Field instructors.

“It’s pretty incredible they are doing this stuff. I wasn’t near this far ahead when I was in high school,” Brookes said.

“I am really grateful to Whiting Field for letting us use the facilities. I am really lucky, not many recruiters have access to a base like this.”

Sailors

- (Cont. from Page 5)

Sailors at NOLF Pace.

“He readily accepts increased responsibilities without hesitation and constantly produces outstanding results,” Williams noted.

Off duty, Rempel is active within the base and Milton communities.

His charitable engagement reflects the same energy and depth of involvement that defines his professional character. Rempel’s contributions include 30 volunteer hours as a fitness instructor for children, home construction with Habitat for Humanity, and work with East Milton Elementary.

Rempel is an avid competitor in the air station’s Captain’s Cup softball, Frisbee golf, and kickball leagues.

The Sailor of the Quarter Program is sponsored by the Chief of Naval Operations.

Sailor of the Quarter is reserved for the command’s outstanding performer of enlisted rank E6; Junior Sailor of the Quarter is awarded to the top E5; Bluejacket of the Quarter encompasses ranks E1 through E4.

All selectees gain automatic eligibility for the CNO’s Navy-wide Sailor, Junior Sailor, and Bluejacket of the Year recognition.

“The Sailor of Quarter Program is designed to recognize our Sailors’ hard work both on and off duty. These Sailors are often selected without their knowledge which speaks to the humility and commitment to the Navy core values they have,” Rosado explained.

Quarterly awardees represent the leaders in their respective military professions, and selection is a highly competitive process. Regardless of ultimate selection, NAS Whiting Field’s nominees represent exemplars in their fields and role models for their peers.

Rosado extended his congratulations to all of the candidates.

“They stand as a testament to our Navy’s and Nation’s future. BRAVO ZULU to all participants as they represented their departments very well... and to the winners; I hope to see you in khaki soon.”

SECURITY CHECKPOINT



NEW OPNAV INSTRUCTION 5100.12J /NAVY TRAFFICE SAFETY PROGRAM

Subject: Civilian Motorcycle Drivers.

Civilian Motorcycle Operator Training. All civilian motorcycle operators who have a current State motorcycle operator license, endorsement, or permit are not required to complete any of the following training.

Level I. Level I courses include: the Motorcycle Safety Foundation (MSF) BRC, any State approved curriculum intended to provide novice riders the skills, and knowledge needed to obtain a drivers license motorcycle endorsement.

Level II. These courses are intended to build upon the skills and knowledge that riders obtain in level I courses. The MSRC and Advanced Rider Course are examples of level II courses for sport bike riders.

Level III. These courses are intended to improve the riders’ skills and knowledge through a curriculum that includes practice maneuvers conducted at street or highway speeds, challenging cornering techniques, and other realistic scenarios in a controlled environment.

Civilians are, as per OPNAV INSTRUCTION 5100.12J, DoD or DON Civilian Personnel (all DoD or DON civilian workforce personnel to include non-appropriated funds employees and master labor contract employees who are on duty) and Civilian (all other persons not described above to include retired members of DoD, dependents, contractors and sub-contractors, etc.)

23rd Annual

Job Fair



**When: August 16, 2012
9:00 a.m. to 3:00 p.m.**

**Where: Sikes Hall
NAS Whiting Field**

OPEN TO THE PUBLIC

Local, Regional, and National Employers will be present. Please bring your most current resume and come prepared to be interviewed!

For more information please contact the NAS Whiting Field Fleet and Family Support Center at 623-7177.

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facebook**

at

<https://www.facebook.com/#!/naswhitingfield>