



## LOCAL VENDORS MAKE PITCH AT HAWAII FOOD SHOW



**Randy Dela Cruz**  
Contributing Writer

Eighty-two food-based Hawaii businesses put their best foot forward, as Defense Commissary Agency (DeCA) buyers sampled a wide array of products at the 12th Annual American Logistics Association (ALA) Hawaii Food Show at Hawaii Prince Hotel on Aug. 20.

The yearly event gives local vendors an opportunity to pitch their food products to DeCA buyers in hopes of having their items offered to military personnel and their families in five base commissaries that include Pearl Harbor, Hickam Air Force Base, Schofield Barracks, Kaneohe Bay Marine Corps Base Hawaii and Barbers Point (Kalaheo).

"We depend on our businesses to do well and our partnership with the military is very important," said Honolulu Mayor Mufi Hannemann, who handed out two proclamations that recognized DeCA and ALA for their contributions to Hawaii.

"I thank the 80-plus companies for working with the commissaries and DeCA to insure that our products are being sold in the commissaries, but most importantly it employs our people and contributes to our economy," added the mayor.

Besides Hannemann, the show welcomed other dignitaries, such as, Deputy Under Secretary of Defense for Military Community and Family Policy Tommy T. Thomas, DeCA Director and CEO Philip Sakowitz Jr., and U.S. Rep. Neil Abercrombie.

Sakowitz, who has headed DeCA for the past 16 months, noted that the show is not only a great way to preview potential products for the commissary, but it also gives patrons a taste of Hawaii among the store's wealth of national items.

"Having a show like this, allows us to see products that we don't normally see in our huge (selection) national products," said Sakowitz. "In particular, these shows have garnered about 14 percent of all that is sold in our five Hawaii stores. So the success of this show has helped, and we couldn't be any happier."

This year's show continued to make a big impact among local businesses by selecting a host of new food products that commissary shoppers can expect to see on the shelves in the near future.

According to DeCA Public Affairs

Officer Nancy O'Neil, a total of 158 items were chosen, which includes products from nine businesses that participated in their very first show.

Among the treats that wowed DeCA buyers are May's Hawaiian Style pork katsu and chicken katsu, taro sweet bread from Gold Coin Food Industries, natural fruit sorbets from Island Way, curry sauces from India Café and Italian ice from La Gelateria.

As Deputy Under Secretary of Defense for Military Community and Family Policy, Thomas is responsible for the oversight of all community support to service members and families on quality of life issues, family and casualty assistance, and morale, welfare and recreation programs.

He stated that having commissaries that cater to the needs of the armed forces and their families is a tremendous asset that supports them financially and personally.

In looking over the show, Thomas said that he was impressed by the diversity and selection of products, which is a far cry from the initial event that had only a dozen vendors.

"The show is just fabulous," announced Thomas. "Look at where they started, and the fact that we can choose local products and bring them into our commissary system, that is tremendous."

Although Eyvinne Umamoto has held the position of Pearl Harbor store director for five years, he said that he is always surprised by something different whenever he attends the food show.

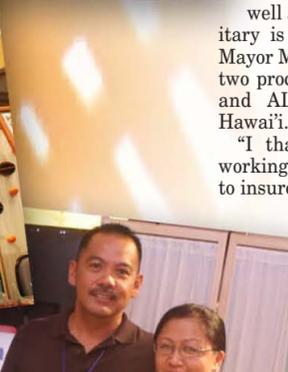
He pointed out that maintaining a line of local products is very important to keeping his customers happy and satisfied. The Pearl Harbor commissary is ranked at No. 3 among 255 nationwide stores.

"A lot of our customers live in the islands along time, and it's amazing how many military folks are stationed here along time too," he said. "Then we have a large guard and reserve community and retirement base as well."

Meanwhile, for Hickam commissary director Rick Means the show took on a special meaning.

Means will be leaving his position by the end of the year, but admitted that he will always remember his stay in Hawaii and the role that the food show played in making the Hickam commissary a customer-friendly location.

"It's amazing how interested people get in this Hawaii Food Product show," he said. "People get to try things that they don't get to try at other bases. I've gotten calls from the mainland, from people that were stationed here, wanting some of these Hawaiian products in their commissaries up there."



# Fobulous outlasts Lake Erie to stay in first

Story and photo by  
Randy Dela Cruz

Contributing Writer

Fobulous used a steady attack to beat out a team representing USS Lake Erie (GC 70), 25-16 and 25-15, in a Morale, Welfare and Recreation Women's Volleyball League game at Naval Station Gym at Naval Station Pearl Harbor on Aug. 22.

The Women's Volleyball League is open to ladies who are at least 18 years old and are active duty Navy, family members or Department of Defense employees.

By beating second-place Lake Erie, Fobulous increased its regular-season record to 5-1 and remained in a tie for the league lead with Wotevaz. Lake Erie saw its record drop to 4-3.

In the first set, Lake Erie matched its foe point for point and was tied at 7-7, before Fobulous, aided by the serving skills of Alisandra Vaomu, went on an 8-0 run to gain total control of the game.

Vaomu, who used an underhand serve to record three aces, said that accuracy played a big part in serving Fobulous to the lead.

"I was just placing it (serve) in the right spot," explained Vaomu. "Mainly, it was just basic volleyball."



Fobulous hitter Angel Welfren spikes a kill during a Morale, Welfare and Recreation Women's Volleyball League game versus a team representing USS Lake Erie (CG 70) at Naval Station Gym at Naval Station Pearl Harbor on Aug. 22. Fobulous defeated Lake Erie in straight sets to remain in a tie for first place.

Although Lake Erie was able to put together short runs of three and four points, the team was thwarted from getting back into the game by its failure to keep its serves in play.

Lake Erie had three service errors in the first eight points of the set and the team continued to struggle throughout the game.

"It was a bit frustrating," noted Lake Erie hitter Casey McCartney. "If you can't get the serve over, you're never going to get a string of points."

Match two started off very similar to the first, as the teams traded points with Lake Erie ahead 2-1.

However, another service error by Lake Erie put the

teams in a deadlock at 2-2, and that, along with Vaomu serving once again, led to six straight points by Fobulous.

Lake Erie tried to rally at the end of match two by reeling off four consecutive points, with McCartney getting tallies on a kill and block.

But needing only one point to win, Fobulous ended any

hopes of a Lake Erie comeback, when hitter Angel Welfren scored the final kill to end the game.

Although Fobulous showed enough firepower to defeat Lake Erie in straight sets, Vaomu said that defense was the key that pushed her team to victory.

Throughout the afternoon, Lake Erie mustered only one

run of four consecutive points, while losing service after one point on 11 occasions.

"For the most part, we had good communication," stated Vaomu. "We move together as one. That's the best thing."

Welfren, who has been playing for Fobulous for the past three years, agreed with Vaomu about everyone on the team being on the same page.

"It's good that we always remind each other of who's got who and if we're blocking," said Welfren.

Following the match, McCartney commended Fobulous for playing a solid game, but said the Lake Erie was far from playing at its best.

Despite falling in two sets to Fobulous, McCartney said that she is optimistic about the team's chances in the future.

"I felt like we were flat," she acknowledged. "I'm glad to know that Fobulous is tied for the lead because that gives me hope for the playoffs."

Meanwhile, as Fobulous keeps rolling on, Welfren said that no one on the team is feeling any pressure.

"We're not hard on each other," she said. "Of course we want to win, but as long as we have fun and feel that we've played good, it's rewarding."

## Naval Station Great Lakes MWR sponsors free Fantasy Football League

Morale, Welfare and Recreation (MWR)

The Morale, Welfare and Recreation (MWR) Department of Naval Station Great Lakes is sponsoring a free, online Fantasy Football League for all eligible Navy MWR customers, ages 18 and older. The MWR competitor with the top score at the end of the season will win a trip to Super



Bowl XLIV in Miami.

This year, Navy competitors have an opportunity to enroll in MWR's free "Rapid Draft" Fantasy Football League, where Fantasy

Football meets reality TV. The league is hosted by "World Fantasy Games," one of the top online Fantasy Sports companies. Each player will draft their team and play against eleven simulated "pros" from the Fantasy Football industry and compete directly with them throughout the season. Players will also acquire overall points, which allow them to compete with all Navy MWR players

worldwide.

All eligible Navy MWR participants are allowed only one free entry, a \$9.99 savings (Active Duty members from other services are eligible, if they are stationed on or with a Navy installation or command). Once players are registered for their one free team, they may then draft their team anytime before the actual deadline. Outside of the Navy MWR

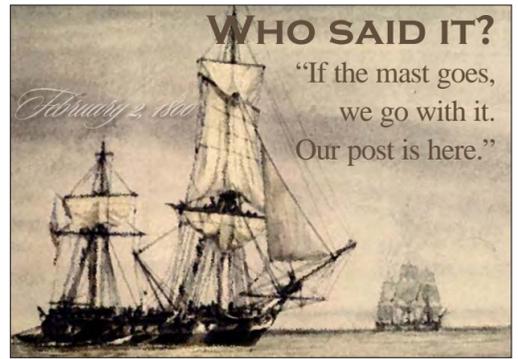
Fantasy Football League, participants can also choose to purchase additional "Rapid Draft" teams to compete in the national contest with a grand prize of \$250,000!

For complete rules and eligibility, visit <http://mwrgl.cnrc.navy.mil/fantasyfootball.htm> or go directly to [www.mwrfantasysports.com](http://www.mwrfantasysports.com) and register for a free team. The deadline for registration is Sept. 11.

# Skylark CENTRAL

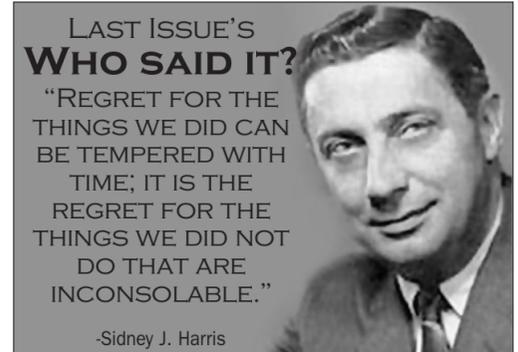
**WORD SEARCH**  
Find the these 62 cities that INTERSTATE-95 passes through

HOULTON	LEVITTOWN	D O O W Y L L O H L L Y N L E R U A L W N K S
STAMFORD	ST. AUGUSTINE	B B R U N S W I C K M L I V C K S P L N T E R
PETERSBURG	BOSTON	W F B O R O B X O F U E M T N L R R N V A N B
ORONO	PHILADELPHIA	N B A D N O T G N I X E L L E H C O R W E N E
GREENWICH	DAYTONA BEACH	R A L Y V O C V X M N T Y B R E T V Y L A E E
ROCKY MOUNT	FOXBORO	N O T N E R T K J A U N D T O K E I A W L B O
BANGOR	CHESTER	E K I E O T S G Y I H A A A L U E D W N E U M
MAMARONECK	TITUSVILLE	L U M B E R T O N M R S Y E F N R E I T X N T
BENSON	PAWTUCKET	N S O R A L A E A I O P T W O E E N E T A K T
AUGUSTA	WILMINGTON	S N R M P T M O V E H U O D D W O C E K N O I
NEW ROCHELLE	MELBOURNE	T O E F O T F K C I W S N U R B W E N D D O T
FAYETTEVILLE	PROVIDENCE	M T O U R E O R L E O A T L U N L U O R R U
PORTLAND	ELKTON PORT	T A I I T E R A T T L L B W A R W I C K I B S
NEW YORK	ST. LUCIE	E R H A S E D W E W T S E E C Y L I R O A Y V
LUMBERTON	WARWICK	K A H T T E A E E F O R A A T P H S K P P A I
KITTERY	BALTIMORE	C C P H L T T N R K K C C E J O U O E S L S L
TEANECK	WEST PALM BEACH	U O H P U A B L E I C T H A B R H T S O E D L
FLORENCE	NEW LONDON	T B H C C O W T T C C E C B H T E B A Z I L E
PORTSMOUTH	LAUREL	W I L M I N G T O N K K N N U R E A A H C O V
NEWARK	BOCA RATON	A L L C E W E W H B S C S O S T L K C Y H R I
SANTÉE	OLD SAYBROOK	P L D I T R N T W O O A M B R I D G E P O R T
KENNEBUNK	WASHINGTON	O M R F Y A E E N I T S U G U A T S U G U A T
ELIZABETH	FT. LAUDERDALE	O A N E W H A V E N T R T G Y R M L N B L N O
SAVANNAH	NEW HAVEN	D N O M H C I R E R G A E O E T G A R E T K W
NEWBURYPORT	ALEXANDRIA	N N D N A L T R O P G N O S N E B E M P O N N
NEW BRUNSWICK	HOLLYWOOD	C L E N L J N P R U L T T T E S A V A N N A H
BRUNSWICK	BRIDGEPORT	O A W E S T P A L M B E A C H E S T E R E U H
LEXINGTON	FREDERICKSBURG	
TRENTON	MIAMI	
JACKSONVILLE	DARIEN	
WALTHAM	RICHMOND	



## WHO SAID IT?

"If the mast goes, we go with it. Our post is here."



## LAST ISSUE'S WHO SAID IT?

"REGRET FOR THE THINGS WE DID CAN BE TEMPERED WITH TIME; IT IS THE REGRET FOR THE THINGS WE DID NOT DO THAT ARE INCONSOLABLE."

-Sidney J. Harris

**WORD SEARCH SOLUTION**  
Find these 26 words that mean PUZZLE

ANAGRAM	MIND-BOGLER	Z M Z T R E S A E T N I A R B
ENIGMA	REBUS	Y R E T S Y M E N E A O E O A
POSER	CLOSED BOOK	T T E R C E S O L L Y H O Y A
BRAIN-TEASER	MYSTERY	I C R O L U I W R D P C T M R
HEAD-SCRATCHER	RIDDLE	X R C B O T R A O I D R G E E
PROBLEM	CONUNDRUM	E N O R S O B S C U R I T Y H
BRAIN-TWISTER	OBSCURITY	L R N E E A T G R S N S R Y C
JIGSAW	SECRET	P D U P D L K I Y E I U R R T
PUZZLE	CRYPTOGRAM	R O N M B N G J P W O B E R A
CHARADE	PARADOX	E N D U O M A G T A A E S Y R
KNOT	STUMPER	P I R T O N A N O I D R O C C
QUESTION	DILEMMA	U R U S K P I M G B S A P Q S
CIPHER	PERPLEXITY	Z C M M P A P A R A D O X P D
		Z C H A R A D E A K E N J U A
		L O N B A O A A M M E L I D E
		E O R M E M U A N A G R A M H

## This Week's Trivia

In the national anthem, what type of rocket was Francis Scott Key referring to in the line, "the rockets red glare?"



### Last Issue's Question:

What U.S. submarine was the first to circumnavigate the globe while submerged?

### Answer:

USS Triton

# Navy Region Hawai'i Manawa Nanea

## Morale Welfare & Recreation

**FAMILY FUN AND MOVIE NIGHTS IN AUGUST**  
Come out for family fun and a movie, courtesy of Navy Region Hawai'i Morale, Welfare and Recreation (MWR) and Forest City Residential Management. The event will be held tonight.  
FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or 471-8658.

**SINGLE SAILORS – LADIES NIGHT**  
Single ladies are invited to get pampered at Liberty in Paradise on Sept. 4 at 5:30 p.m. Start the weekend with Zumba, manicures, pedicures and massages. Bring clothes, books, purses and other items to trade in the clothing swap. Snacks and punch will be served. The event is free and open to all female, single Sailors.  
FMI: call 473-4279.

**YOUTH FITNESS ORIENTATION**  
A Youth Fitness Orientation will be held at 9 a.m. on Sept. 5 at Bloch Arena. This free program is designed for youth ages 10 to 14 years. The orientation includes an equipment introduction, safety guidelines, an exercise demo, and a review of the rules and regulations. Youth must be accompanied by an adult for the orientation. Registration is required by the Thursday prior to each class. FMI: call 473-0793 to reserve a space.

**LABOR DAY WEEKEND SOFTBALL AND BASKETBALL TOURNAMENT**  
Morale, Welfare and Recreation athletics will host a Labor Day weekend softball and basketball tournaments from Sept. 4-6. Participation is open to active duty, family members (18 years and older) and Department of Defense employees. The tournaments are also open to intramural teams. The cost is \$175 per team. Registration ends today. FMI: call 473-2494.

**MINI-YOUTH ORIENTATION**  
A Mini-Youth Fitness Orientation will be held at 10 a.m. on Sept. 5 at Bloch Arena. This free program is designed to show parents how to supervise their children, ages 6 to 9 years, in the Fit Kids center. The session reviews standard safety practices, how to operate the equipment, plus proper warm-up and stretching exercises.  
FMI: call 473-0793.

For more information on Navy Region Hawai'i MWR events, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com)

## Community Calendar

### August

**29** – Pacific Aviation Museum will host "Hangar Talk" with Rob Yonover, noted inventor and author of "Air & Sea Survival Technology: Born in Hawaii." Yonover will give a presentation from 1 p.m. to 2 p.m. at the Pacific Aviation Museum Theatre on Ford Island. Free with paid admission.  
FMI: call 441-1013.

### September

**5** – Operation Homefront of Hawai'i will host "Aloha Holiday Care Package Collection Drive" from 12 p.m. to 4 p.m. at the Windward Mall. Local goodies such as Kona coffee, mochi crunch, macadamia nuts, crack seed, cookies, cuttlefish, University of Hawai'i logo wear, Hawai'i calendars, slippers, as well as small holiday decorations are requested. The collected items will be mailed free of charge to troops overseas in time for the holidays.  
FMI: [www.operationhomefront.net](http://www.operationhomefront.net).

**7** – Home of the Brave Quilt Project will be at Pacific Aviation Museum from 10 a.m. to 2 p.m. on Ford Island. Volunteers will be making quilts for visitors to sign that will be presented to families of fallen Hawai'i soldiers. FMI: call 441-1013

**12** – UFC Lightweight Champion BJ Penn will be at the Navy Exchange (NEX) from 12 p.m. to 2 p.m. to promote his new clothing line "Prodigy" and his new DVD release "BJ Penn - 90 Days." He will also be available for autographs.  
FMI: call 423-3274

## Sharkey Showtimes



### G-Force (PG)

Armed with the latest high-tech spy equipment, highly trained guinea pigs discover that the fate of the world is in their paws. Along the way G-Force, a team of trained secret agent guinea pigs, encounters myriad other members of the animal kingdom.

#### TODAY

7:00 PM Harry Potter and the Half Blood Prince (PG)

#### SATURDAY

2:30 PM Ice Age: Dawn of the Dinosaurs (PG)  
4:45 PM I Love You, Beth Cooper (PG 13)  
7:00 PM Public Enemies (R)

#### SUNDAY

2:30 PM G-Force (PG)  
5:00 PM Harry Potter and the Half Blood Prince (PG)

#### THURSDAY

7:00 PM The Ugly Truth (R)

