

# Service members honor Martin Luther King Jr.

By MC2(AW) Johansen Laurel  
Staff Writer

MANAMA, Bahrain — Members of the Naval Support Activity (NSA), Bahrain Multicultural Committee and other participants gathered in front of the Freedom Souq Courtyard Jan. 18 to honor Dr. Martin Luther King Jr. at 11:30 a.m. They marched to the Single Sailor Liberty Center in remembrance of Dr. King's march on Washington Aug. 28, 1963.

Electronic Technician 1st Class Latica Woods assigned to Naval Computer and Telecommunication Station, Bahrain gave the opening remarks at the program that followed the march.

"Without the efforts of Dr. King and many others like him, we wouldn't have the opportunity to be here today working together side-by-side," said Woods. "Many people came from different backgrounds, nationalities and color and are working side-by-side to achieve a common goal."

Woods followed the speech with a quote from Dr. King, "Darkness cannot drive out darkness; only light can do that. Returning violence for violence; multiplies violence. Hate cannot drive out hate; only love can do that."

Two musical selections were performed by the NSA Gospel Choir then followed by guest speaker, Rear Admiral Sinclair M. Harris, Commander, Expeditionary Strike Group 5 and Commander, Task Force 51/59.

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Photo by MC2(AW) Johansen Laurel

Members of the multicultural Committee and other participants walk from the Freedom Souq Courtyard to the Single Sailor Liberty Center, Jan. 18, in remembrance of Dr. Martin Luther King Jr.'s march on Washington Aug. 28, 1968.

## MCPON runs with Naval Security Force



Photo by MC2(AW) Johansen Laurel

Master Chief Petty Officer of the Navy (MCPON) Rick West runs with Naval Security Force personnel during an annual Martin Luther King Jr. Fun Run aboard Naval Support Activity Bahrain, Jan. 14.

By MC2(AW) Johansen Laurel  
Staff Writer

MANAMA, Bahrain — The master chief petty officer of the Navy (MCPON) participated in a 3K Fun Run with Naval Security Force (NSF) on board Naval Support Activity Bahrain during the Martin Luther King Jr. day celebration, Jan. 14.

MCPON Rick D. West told NSF personnel that the run he participated in wasn't just a regular physical training session, but it was to commemorate Martin Luther King Jr. day.

"It's all about breaking down barriers, and that's what that man did," said West. "There are still more barriers to

break down and I tell you what, we've got work to do."

MCPON said the important message he wants the sailors to take away is that there are going to be challenges in their careers but no matter what they are, it's up to the individual how he or she will deal with them.

"People are going to set up barriers, and you are going to do one of two things. You will help either setup those barriers and walk away, or you're going to take those barriers down," said West. "You have too much talent to let people say you can't do something."

West talked briefly about officer programs and how they can benefit an individual.

"I need leaders in the Navy. I've had people ask me, why are you talking about 3rd Classes in leadership MCPON? Our 3rd Classes are leaders, our Seamen are leaders, you are and you will be, said West. "You have to take charge and move out."

West said he's stressing proactive leadership instead of reactive and that every Sailor must be willing to help one another make course corrections if necessary. MCPON's message was well received by NSF.

"I was running this morning with a smile on my face and someone asked me why I was smiling," said West. "Let me tell you why. Take one second to look around you. That's why I'm smiling because I've got the world's finest Navy that I know right behind me."

West said he was honored to be with NSF and stated that he works for every single sailor in the fleet.

"I'm your representative to Navy leadership and I'm damn proud to be doing that," said West.



Photo MC1(AW) Felix Garza Jr.

Deputy Commander, U.S. Naval Forces Central Command, Rear Adm. Thomas A. Cropper, Director of Child Development Center(CDC) and Youth Teen Center, Beatrice Broadnax, and Commanding Officer, Naval Support Activity (NSA) Bahrain, Capt. Rick Sadsad cut a ceremonial ribbon during an opening ceremony held at the CDC on board NSA, Jan. 19.

## Ribbon Cutting Ceremony held at Child Development Center

By MC1(AW) Felix Garza Jr.  
Staff Writer

MANAMA, Bahrain — A ribbon cutting ceremony was held at the Child Development Center (CDC) and the Youth Teen Center (TYC) on board Naval Support Activity (NSA), Bahrain Jan 19.

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THESE STORIES AND MORE...

# Family Life at NSA Bahrain



Photo MC1(AW) Felix Garza Jr.

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More than forty people attended the event. Morale Welfare and Recreation (MWR) provided snacks and beverages.

"Having our doors open for the first time after being closed for five years is just so rewarding," said Beatrice Broadnax, Director of the CDC.

The Child Development Center provides full time and hourly programming based on space and availability. Groups focused on relative ages and abilities will be created to ensure proper supervision and care of young children.

The School Age Care (SAC) program is designed to enhance the school day by pro-

viding before and after School Care, Summer Camp and Hourly Care.

A teen welcome event was also held at the YTC to allow teens to become familiar with their new facilities and play games. Pizza and drinks were provided by MWR.

"This is a major milestone in our ongoing efforts to support families arriving here in Bahrain," said Captain Rick Sadsad, Commanding Officer, NSA Bahrain.

Parents who have requested care through the website will be contacted shortly for orientation and registration. Families seeking care or information can contact Beatrice Broadnax, Child and Youth Program Director at 439-9125.



**CLOCKWISE:** Commanding Officer, Naval Support Activity, Bahrain, Captain Rick Sadsad, Director of Child Development Center and the Youth Teen Center, Beatrice Broadnax, David Scheller and Deputy Commander, U.S. Naval Forces Central Command, Rear Adm. Thomas A. Cropper cut a ceremonial ribbon during an opening ceremony held at the Youth Teen Center; Director of Child Development Center and the Youth Teen Center, Beatrice Broadnax, addresses service members, their families and Department of Defense employees; David Scheller returns Deputy Commander, U.S. Naval Forces Central Command, Rear Adm. Thomas A. Cropper's hat; David Scheller tries out a new foosball table during an opening ceremony held at the Child Development Center and Youth Teen Center on board Naval Support Activity, Bahrain, Jan 19.

## The NSA Bahrain Family Group welcomes new family members to Bahrain

Meet and Greet Coffee Hours are held on the 1st and 3rd Wednesday of each month

For more information about this group or the time and location of the Coffee Hour please call or text 3644-2379

the Bahrain **DESERT TIMES**

[www.cnic.navy.mil/bahrain](http://www.cnic.navy.mil/bahrain)

**Commanding Officer**  
U.S. Naval Support Activity Bahrain  
Capt. Rick Sadsad

**NSA Bahrain Executive Officer**  
Cmdr. Patrick J. Moran

**Public Affairs Officer**  
Jennifer L. Stride

**Managing Editor**  
MC2(AW) Johansen Laurel

**Staff Photojournalists**  
MC1(AW) Felix Garza Jr.  
MC1 Melvin Nobeza  
MC2(AW) Johansen Laurel

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## Child Youth Program Professionals visit Naval Support Activity Bahrain Child Development Center



Photos by MC1 Melvin Nobeza

Child Youth Program Professionals (CYPP) from the U.S. visit Naval Support Activity Bahrain Child Development Center Jan 12. CYPP will stay on board for 45 days to conduct classes and demonstrate how programs operate in other facility.



Photo by MC1 Melvin Nobeza

Commander Navy Medicine East, Rear Adm. Bob Kiser met with service members and their families stationed at Naval Support Activity Bahrain during a Medical Town Hall Meeting.

## Naval Branch Health Clinic holds Town Hall Meeting

By MC1 Melvin A. Nobeza  
Staff Writer

Commander Navy Medicine East, Rear Adm. Bob Kiser, visited Naval Branch Health Clinic (NBHC) on board Naval Support Activity (NSA) Bahrain Jan 11.

Kiser and his staff came to NSA to conduct a medical town hall meeting for all tricare eligible service members, family members, and Department of Defense employees, and to tour several hospitals in Bahrain.

"People need good healthcare in Bahrain," said Kiser. "We appreciate the family members who came out to make sure that their issues are addressed."

Personnel attended the meeting seeking more information about healthcare and to address their medical concerns. Some of the topics discussed were women's health, command sponsorship, emergency services, medical/dental providers, and clinics out in town.

"It's always good to hear the issues folks have," said Kiser. "We are going to make some adjustment based on what we heard today. We want to be part of the solution and never part of the problem."

More than fifty personnel attended the meeting and the town hall format allowed for maximum interaction between the Admiral, his staff, and the attendees.

"We are taking it step by step to ease the transition for members by providing a bigger budget and additional personnel. We're looking to improve the flow of the clinic itself," said Kiser. "Most importantly, we partner with local communities to provide a single seamless system of healthcare from primary care to secondary care as well as off base medical services."

The admiral will have another meeting in April; he would like to invite every one to come back and share information about the care they receive in the upcoming three months.

## Chaplain's Corner

### God Is Present Even In The Terrible

By Chaplain (Cmdr.) Michael Hall  
NSA Bahrain Chaplain

Watching the images on television over the past few days of the devastation in Haiti as a result of the earthquake has been so painful. It is a place that seems to be overwhelmed with misery and despair. It is a place it seems that hope has left. The tragedy I know has left us a lot of questions. Why did it happen in one of the poorest places on earth? Haven't these people suffered enough already? Why and how could a loving God allow this to happen? I know these questions are on the hearts of people because I have heard them say so.

Well I can't even begin to know the mind of God. But several years ago I worked the Korean Airline crash on Guam and it was a terrible crash. People were basically burned alive after they hit the ground. And the question there was the same. How could a loving God allow this to happen?

I knew that I had to prepare a Memorial Service for our command and I was struggling with how I was going to answer that question. What I realized was that I did not have to defend God because I saw God everywhere. I saw God when a corpsman refused to leave the side of a dying flight attendant because he did not want her to die alone. I saw God when a surgeon told me that in the operating room it was like God took his hands and performed the surgery on a young girl when he himself had recent-



ly lost a daughter and dreaded working on children. I saw God when my congregation prepared plates of food for me because I was working long and crazy hours with no time to eat. I saw God in the smiles and care of the people.

I know the same is happening in Haiti. The US military has sent ships, planes and personnel and you know they are giving their all to help. There are relief agencies and churches responding to the need. Compassion and concern is coming in from all corners of the world. We will never be able to understand the why, but we can see that even in the midst of the terrible that God is there because when we look we can see Him everywhere.

#### Applied Suicide Intervention Skills Training (ASIST)

Applied Suicide Intervention Skills Training will be offered February 2-3rd at the Chapel. This is an program that teaches suicide first aid helping participants to learn how to evaluate the risk level and get the person to help. This is not suicide prevention training. The training will be two full days beginning at 0830.

To register please contact RPI Willis or Chaplain Michael Hall at the Chaplain's Office.

#### CREDO In Bahrain

CREDO, Navy Chaplains' retreat ministry, is coming to Bahrain to offer a Personal Resiliency Weekend--formerly, Personal Growth Retreat. The Weekend is at the Gulf Hotel, Thursday-Saturday, 4-6 February 2010 and is free. There is room for 23. U.S. Armed Forces Members, DoD civilian employees, dependent spouses, and adult dependent children are eligible.

Please contact RPI(FMF) Michael Willis at NSA Chaplain's Office

To register: DSN 439-4303/3209

This retreat is for individuals and not couples. First come, first serve! A waiting list will be maintained in the event of over booking.

## UK Military Band plays at local schools

By Commander, Combined Maritime Forces Public Affairs

**MANAMA, Bahrain** — Members of the Queens Division band visited local Manama schools playing a selection of popular songs for the children, during their recent tour.

A five man brass quintet of 3 trumpets, a trombone and a tuba, treated the children at the Regional Institute for Active Learning (RIA) School to an hour of music. Their repertoire included many children's favorites such as 'Teddy Bear's Picnic' and 'Happy Birthday'. The music was very much appreciated by the school children who listened in the warmth of the school garden to the sound of brass instruments echoing off the buildings of Adliya.

To get the children at RIA school involved, the band played tunes that allowed the children to join in. The school brought out tambourines which the children enthusiastically used to play along with the music.

UK military bands are famous for their prowess at marching and there was no exception for the children and teachers who practiced their marching skills under the watchful eyes of Sergeant Tim Hammond and the Commanding Officer of the band, Captain Simon Haw, who said: "The band members got a real sense of accomplishment by playing to these children, watching the children's faces light up was a real pleasure."

The RIA school is a non-profit special needs school which houses approximately 100 students of varying educational and physical abilities.

"The school and the US and British military have enjoyed a wonderful relationship for the past five years," said Christine Gordon, Director of RIA School. "I am so thankful for all of the time, maintenance, and donations given to the school."

While in Bahrain the band also visited the Sacred Heart School and St Christopher's School.



Royal Navy photo by Lt. Iain Jones

Members of the Queens Division Brass Quintet perform with children from the Regional Institute for Active Learning (RIA) School as part of a community relations project coordinated by the UK Maritime Component operating at Naval Support Activity Bahrain. After the performance, children were invited to play along with instruments provided by the RIA school.

# Range Safety Officers provide weapons training



Photos by MC1(AW) Felix Garza Jr.

**FAR LEFT:** Line coaches observe targets and inform shooters of their progress enabling them to make corrections during M-a qualifications Jan. 17. **TOP:** Range Safety Officer's Master at Arms 2nd Class Garrett Vargas, demonstrates weapon handling techniques to Private First Class Thomas Lugo. **LEFT:** Shooters preparing to qualify with the M-16 service rifle listen to instructions and safety briefs prior to "getting on the line."

By MC1(AW) Felix Garza Jr.  
Staff Writer

**MANAMA, Bahrain** — Naval Security Force (NSF) Weapons Department, Naval Support Activity (NSA), Bahrain continues the challenging task of safely training and qualifying personnel at NSA, NSF, over 80 tenant commands, and U.S. Naval Forces Central Command in weapons familiarization, maintenance and proficient usage before being deployed down range within the region.

In the past year, an estimated 2,605 Sailors have qualified on the navy course of fire and more than 172,558 rounds have been expended. All weapons training conducted at NSA has been completed without a single mishap. This mission

is accomplished by training the best to teach the rest.

"Regarding all these numbers the most important number is zero, zero mishaps, that's the number I like most." Said Master at Arms 2nd Class Arkerless Pelzer.

The Range Safety Officer (RSO) is overall responsible for all Sea Warriors weapons training here at NSA.

"I enjoy being an RSO, I get the opportunity to help people accomplish things that they previously believed not possible". Said Master at Arms 2nd Class Garrett.

In order to qualify as an RSO the sailor must first complete Small Arms Marksman Instruction Schools in San Diego, Calif, or Chesapeake, Va. An RSO is a trained range coach and instructs each shooter individually, teaching proper shooting stance, grip,

targeting and trigger skills, as well as enforcing range safety and procedures.

Personnel, who carry a service pistol or rifle, must undergo three stages of firing exercises.

First personnel must pass a static phase testing the accuracy of the shooter from different distances on the course requiring a minimum score of 180 out of 240 to pass.

Second, a low-light phase, designed to familiarize personnel with the inherent handicaps of low-visibility firing and the necessary compensations.

Finally a practical phase, designed to test the ability of personnel to effectively engage targets while moving throughout the course.

"A lot of people get frustrated or fear the weapon, but once we teach them the func-

tions and techniques everything will flow and the students become much more confident." Said Pelzer.

The RSO's real office is on the range. Range Safety Officers currently conduct training at any of the three ranges belonging to NSA. Two eighteen wheeler trailers are modified as ranges, rated to withstand a 7.62mm round. These are used for small arms qualification and low light firing conditions. Training conducted with the M4 service rifle is done at an outdoor range.

"A lot comes into play when trying to keep yourself, the shooter, the other shooters and your line coaches safe". Said Garrett, "Being able to maintain patience and calm is not only a necessity but a challenge that I gladly accept."



Photo by MC2(AW) Johansen Laurel

**Master Chief Petty Officer of the Navy (MCPON) Rick West addresses Naval Security Force personnel aboard Naval Support Activity Bahrain, Jan. 14.**

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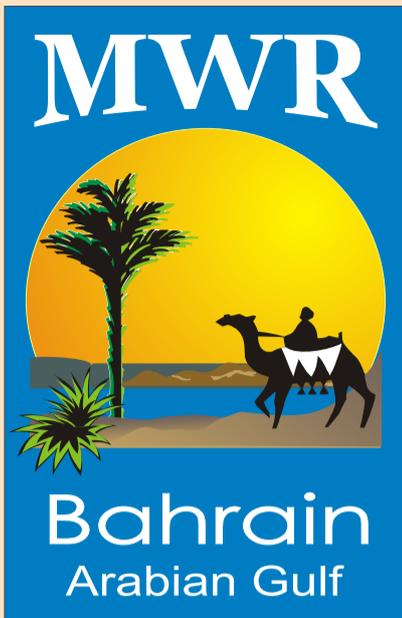
"Everybody can be great because everybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know Plato and Aristotle to serve. You don't have to know Einstein's Theory of Relativity to serve. You only need a heart full of grace, a soul generated by love and you can be that servant. These are not my words but the words of Dr. Martin Luther King," said Harris. "We are called to remember, to celebrate but most of all to act in memory of one of the greatest American hero, the Reverend Dr. Martin Luther King Jr."

Harris also mentions highlights from Dr. King's biography. Dr. King was born, Jan. 15, 1929 and assassinated April 4, 1968. He said the effects of Dr. King's dedication to civil rights movement can be seen in every aspect of America with the U.S. mili-

tary being one of the most diverse organizations in the nation. Dr. King knew that America and the world would be better for embracing the diversity of its people. Today 42 years after Dr. King's death, lessons from his life live on.

"What do you think Dr. King would think of us today?" said Harris. "From where I stand, I believe there would be things that would bring him joy, but there are also things that would not. I believe that he'll be happy to see a country led by a man like President Obama and I believe that Dr. King would not be happy to know more than over half of the inmates in prison are men of color."

Harris concluded that even though Dr. King is a man of peace and not a man of war, he believes that Dr. King would be pleased to see America's military as diverse as it is and how it reflects the society that we serve.



**ITT**

**Belly Dancing Dinner Show**  
*Thursday, January 21*

- Time: 8:00 p.m.
- ITT Price: \$30
- Minimum of eight people required

**Group Sunset Cruise**  
*Friday, January 22*

- Time: 4:00 p.m. to 7:00 p.m.
- ITT Group price for maximum of ten people: \$160 (\$16 per person)

**Shopping at City Center Mall**  
*Saturday, January 23*

- Time: 9:30 a.m. to 3:00 p.m.
- ITT Price: \$4
- Minimum of five people required

**Guided Cultural Tour of Grand Mosque**  
*Sunday, January 24*

- Time: 9:30 a.m. to 11:00 a.m.
- ITT Price: \$2
- Minimum of five people required

**Hummer 4x4 Obstacle Rides**  
*Thursday, January 28*

- Time: 2:00 p.m. to 7:00 p.m.
- ITT Price: \$27
- Minimum of eight people required

**\*\*Please arrive 15 minutes prior\*\***

**All dates and times are subject to change**

**Comments & Suggestions**

All are welcome to send comments or suggestions to MWR Bahrain. Please e-mail them to: [MWRsuggestionBox@me.navy.mil](mailto:MWRsuggestionBox@me.navy.mil)

If you would like to receive MWR Bahrain's e-mail announcements, just send your official e-mail address to the above e-mail address.

**Movie Schedule**

**Thursday, January 21**

**Theater A**

- 10 a.m. - All About Steve (PG13)
- 12 p.m. - The Grinch (PG)
- 2 p.m. - Post Grad (PG13)
- 4 p.m. - 500 Days of Summer (PG13)
- 7 p.m. - District 9 (R)
- 9 p.m. - The Hurt Locker (R)

**Theater B**

- 11 a.m. - Fame (PG)
- 1 p.m. - Gentlemen Broncos (PG13)
- 3 p.m. - Surrogates (PG13)
- 5 p.m. - I Can Do Bad All by Myself (PG13)
- 7 p.m. - Gamer (R)
- 9 p.m. - Zombieland (R)

**Friday, January 22**

**Theater A**

- 10 a.m. - The Natural (PG)
- 12 p.m. - Fame (PG)
- 2 p.m. - Hellboy (PG13)
- 4 p.m. - Surrogates (PG13)
- 7 p.m. - White Out (R)
- 9 p.m. - Jennifer's Body (R)

**Theater B**

- 11 a.m. - Muppet Christmas Carol (G)
- 1 p.m. - Post Grad (PG13)
- 3 p.m. - Whip It (PG13)
- 5 p.m. - Love Happens (PG13)
- 7 p.m. - District 9 (R)
- 9 p.m. - Inglorious Basterds (R)

**Saturday, January 23**

**Theater A**

- 10 a.m. - G-Force (PG)
- 12 p.m. - Time Traveler's Wife (PG13)
- 2 p.m. - Love Happens (PG13)
- 4 p.m. - Camille (PG13)
- 7 p.m. - The Goods (R)
- 9 p.m. - Orphan (R)

**Theater B**

- 11 a.m. - Up (PG)
- 1 p.m. - Fame (G)
- 3 p.m. - I Can Do Bad All by Myself (PG13)
- 5 p.m. - Shorts (PG)
- 7 p.m. - Gamer (R)
- 9 p.m. - Zombieland (R)

**Black Widow entertains NSA Bahrain**



Photo by Amanda Schwilch

Celebrity pool player Jeanette "The Black Widow" Lee, entertains the patrons at the Beach Club during her visit on board Naval Support Activity Bahrain Jan 15.

**Liberty Center hosts Martin Luther King Jr. dinner**



Photo by MC1 Melvin Nobeza

Patrons select from a variety of food during Liberty Center's Martin Luther King Jr. buffet dinner on board Naval Support Activity Bahrain Jan 18. Liberty hosts several free events each month for all single and unaccompanied service members.



**Saturday, January 23**

**Volunteer at the Local Animal Shelter**

- Departs at 8:00 a.m.; Free Gold City & Arabic Dinner
- Time: 5:00 p.m.
- E6 & Below: \$3; E7 & above: \$5
- Modern Warfare**
- 6:00 p.m.

**Thursday, January 21**

**Special Birthday:** Were you born on this day? If so, come get a prize from our grab bag.

**Rock Band**

- 5:00 p.m.
- Night Wahoo Water Park**
- Departs at 5:00 p.m.
- E6 & Below: \$20; E7 & above: \$27.50
- Halo**
- 5:00 p.m.

**Friday, January 22**

**Rootbeer Float Day**

- Free while supplies last.

**Madden**

- 6:00 p.m.

**8-Ball**

- 6:00 p.m.

**Sunday, January 24**

**Poker Bowling & Lunch**

- Free. Includes pizza, shoe & game
- 12:00 p.m.

**Seef Mall**

- 6:00 p.m. Free transport

**Monday, January 25**

**Madden**

- 6:00 p.m.

**Tuesday, January 26**

**India's Republic Cultural Day**

- Free Dinner and Entertainment
- 6:00 p.m.

For more information call the Liberty Center at 439-3192

**106.3 FM The Heat**

**Morning Mix (Variety Music)**  
Hosted by Johnny Bravo or Lady Vee  
Sunday - Thursday 6 a.m. - 9 a.m.

**Urban Nation Hip Hop/R&B**  
Hosted by DJ Jefe  
Tuesday 11 a.m. to 1 p.m.

**Distinctively Jazz**  
Hosted by Lady Vee or Maestro  
Sunday 11 a.m. to 1 p.m.

**Classic Rock**  
Hosted by Johnny Bravo  
Wednesday 11 a.m. to 1 p.m.

**Rock Block**  
Hosted by Lady Luxe  
Monday 11 a.m. to 1 p.m.

**Wolf Country**  
Hosted by various guest DJ's  
Thursday 11 a.m. to 1 p.m.

**Have a song request?**

- 439-4036 (from base phone) • 1785-4036 (from off base)

## HR Classified Ads

### CIVIL SERVICE POSITIONS IN BAHRAIN:

#### Announcement Number: SE9-0301-02-N5544919-05-IN

Position: SUPV MOBILIZATION READINESS SPECIALIST, YC-0301 -2 Open Date: 11/30/2009 1st Cut-Off Date: 2/09/2009 Closing Date: 05/30/2010

#### Announcement Number: SE0-0343-02-N5544920-05-IN

Position: PROGRAM ANALYST, YA-0343 -2 Opening Date: 11/23/2009 / 1st Cut-Off Date: 12/04/2009 Closing Date: 5/23/2010

#### Announcement Number: EUR9-YC1102-02-N5362476-1

Position: SUPV CONTRACT SPECIALIST YC-1102-2 Opening Date: 06/04/2009 Closing Date: 06/18/2009

#### Announcement Number: SE9-0101-2-N5534571-05-IN

Position: SOCIAL SCIENCE SPECIALIST, YA-0101 -2 Open Date: 11/18/2009 1st Cut-Off Date: 11/30/2009 Closing Date: 05/18/2010

#### Announcement Number: SE9-0343-02-N5530372-05-IN

Position: MANAGEMENT ANALYST, YA-0343-02 Open Date: 11/25/2009 1st Cut-Off Date: 12/07/2009 Closing Date: 05/25/2010

#### Announcement Number: SE9-1173-02-N5442990-05-IN

Position: HOUSING SPECIALIST, YA-1173-02 Open Date: 12/10/2009 1st Cut-Off Date: 12/21/2009 Closing Date: 02/15/2010

### SPOUSE POSITIONS:

**Who May Apply:** Eligible Military Spouses and DoD Civilian Spouses and family members

#### Announcement: NSA 09-048

Position: Housing Referral Assistant (OA- NTE one year) YB-0303-01 / Department: Housing Welcome Center / Opening Date: 07-23-09 / Open Until filled

#### Announcement: NSA 09-087

Position: Materials Handler Supervisor, WS-6903-03 / Department: MWR / Opening Date: 10-21-09 / Open Until filled

#### Announcement: NSA 09-086

Position: Sup recreation Tech (ITT Manager), YC-0189-01 / Department: MWR / Opening Date: 10-21-09 / Open Until filled

#### Announcement: NSA 09-081

Position: Secretary, YB-0318-02 / Department: Office of the Commanding Officer, NSA Opening Date: 11-24-09 / First Cut off: 12-08-09 Open Until filled

#### Announcement: NSA 09-095

Position: Contact Representative (OA), YB-0962-01 / Department: Medical, NSA Bahrain / Opening Date: 11-25-09 / First Cut off: 12-08-09 / Open Until filled

#### Announcement: NSA 09-080R

Position: Management & Program Analyst, YA-0343-02 / Department: IG Office, NSA Bahrain / Opening Date: 11-25-09 / First Cut off: 12-08-09 / Open Until filled

#### Announcement: NSA 09-104

Position: Supply Technician (QA), YB-2005-02 / Department: Medical, NSA Bahrain / Opening Date: 12-30-09 / Closing Date: 01-12-10

#### Announcement: NSA 09-105

Position: Health Technician, YI-0640-02 / Department: Medical, NSA Bahrain / Opening Date: 12-30-09 / Closing Date: 01-12-10

### LINK FOR OVERSEAS POSITIONS:

<https://chart.donhr.navy.mil/index.asp>

### BG POSITIONS:

#### Announcement: NSA-09-091

Position: Loss Prevention Investigator, BG-0083-06 / Department: Navy Exchange / Opening Date: 11-12-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-044

Position: Store Worker (Consumables), BG-6914-03 / Department: Navy Exchange / Opening Date: 07-09-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign, Nationals, or Current BG employees

#### Announcement: NSA 09-067

Position: Waiter/Waitress, BG-7420-03 / Department: MWR

/ Opening Date: 09-03-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-074

Position: Cash Clerk, BG-0530-04 / Department: MWR / Opening Date: 09-10-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-070

Position: Recreation Aid, BG-0189-03 / Department: MWR / Opening Date: 09-10-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-068

Position: Food Service Worker, BG-7408-03 / Department: MWR / Opening Date: 09-03-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-063

Position: Management & Program Analyst, BG-0343-07/09/11/12 / Department: Environmental, NAVFAC / Opening Date: 08-06-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-027

Position: Cashier/Stockier, BG-2091-04 / Department: Navy Exchange (AV Unit) / Opening Date: 04-02-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-013

Position: Customer Service Clerk, BG-2091-05 / Department: Navy Exchange / Opening Date: 02-12-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-069

Position: Recreation Assistant, BG-0189-06 / Department: MWR / Opening Date: 09-10-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-096

Position: Cashier/Stockier, BG-2091-04 / Department: NAVY EXCHANGE, BAHRAIN / Opening Date: 12-10-09 / Open Until filled / Who May Apply: Current BG employees only.

#### Announcement: NSA 09-100

Position: Child and Youth Program Assistant, BG-1702-05 (Temporary - NTE One year) Department: MWR, NSA Bahrain / Opening Date: 12-17-09 / First Cut off: 12-30-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-102

Position: Recreation Aid (Lifeguard), / Department: MWR, NSA Bahrain / Opening Date: 12-24-09 / Open Until filled / Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees

#### Announcement: NSA 09-103

Position: Medical Support Assistant, BG-0679-05 / Department: Medical, NSA Bahrain / Opening Date: 12-31-09 Open Until filled / Who May Apply: Current BG employees only.

#### Announcement: NSA 10-003

Position: Financial Technician. Department: Comptroller, NSA Bahrain Opening Date: 01-14-10 Open Until filled Who May Apply: Current BG employees of UIC 61108/3049B only.

#### Announcement: NSA 10-104

Position: Inter Cultural Relation Assistant Department: FFSC, NSA Bahrain Opening Date: 01-14-10 Open Until filled Who May Apply: Bahraini Citizens (1st Priority consideration) GCC Nationals, Local Foreign Nationals, or Current BG employees.



Photo by MC1(AW) Felix Garza Jr.

Fleet and Industrial Supply Center, Sigonella, site Bahrain, Fleet Mail Center warehouse contain tri-walls filled with incoming and outgoing mail. The mail is distributed throughout NSA, to more than 80 tenant commands, forward-deployed ships and more than 150 transient units operating within the 5th Fleet area of responsibility.

# The Navy moves more than three million tons of mail

By MC1(AW) Felix Garza Jr.

Staff Writer

**MANAMA, Bahrain** — Fleet Industrial Supply Center (FISC) Sigonella, Site Bahrain's Fleet Mail Center (FMC) is the single massing point for the movement of all Department of Defence employee mail in and out of the 5th Fleet area of responsibility.

The Aviation Unit (Av-Unit) handles the sorting and movement of mail utilizing Combined Task Force -53 (CTF-53) Air Mobility Command assets. They service over 34 commands afloat in the region, U.S. Navy shore detachments in Fujairah & Jebel Ali located in the United Arab Emirates, Combined Joint Task Force Camp Lemonnier on the Horn of Africa (Djibouti), contingency operations in Seychelles and all Marine units located in Iraq, Afghanistan and Kuwait.

FMC also provides mail delivery to Naval Support Activity Bahrain Post Office which services over 80 commands and holds mail calls for 9 commands located at the Av-Unit.

During of December 2009 the Av-Unit received 1,188,409 pounds of fleet mail, dispatched 1,169,900 pounds fleet mail and received and dispatched 3,929,948 pounds of Marine contingency mail, for a grand total of 6,288,257 pounds.

"Mail is a universal morale booster and will never be replaced by technological advances. Said Logistics Specialist 1st Class Michael Hendricks. "To be such a big part of so many thousands of military members getting a taste from home or a card or letter from a loved one is an honor."

With the responsibility of moral, information, and maintaining a military force that can consistently move parcels from one location to another, it is no surprise their mission statement is "Accuracy, Cost-effectiveness and Timely delivery of all mail."

Consisting of more than 13 military members and more than 25 DHL contractors on any given day it is a team effort between the CTF-53 routers, load planners, Air Traffic Operations Center (ATOC), load masters and civilians to move the large amounts of mail that arrive in the region.

"Working with foreign nationals is just like working with any other group of civilians." Said Hendricks. "It is vitally important, especially with this being the largest and busiest FMC in the Navy, we engage, train, and project positive leadership to our civilian counterparts. The foreign nationals we have at the FMC are the hardest working individuals I have ever met."

The combined efforts of FISC Sigonella, FMC, and CTF-53, ATOC, and contractors provide an efficient means of mail distribution throughout the region, service most individuals take for granted.

"This experience has taught me that team-work is not just a word or a concept, it has to be a way of life in order for everything to work and move in a high op-tempo environment like this." Said Logistics Specialist 3rd Class Joesph Wadowski.

With all the technology that exists today, still no mail moves without people. The mail handlers understand the importance of their service and sometimes operate around the clock to support the fleet.



Photo by Jennifer Stride

Navy Exchange Bahrain held a ribbon cutting ceremony for the opening of the new Mini Mart at Shhaikh Isa, Jan. 6.

## University of Maryland University College Europe



### GRADUATION CHECKLIST

UMUC Europe May graduation application deadline is 15 February.

To be eligible to march at commencement, you must be able to demonstrate that you will complete all degree requirements by the May degree deadline (15 February).

If your application is received after this deadline, you will be considered for the next scheduled graduation. If you are applying for a certificate, you must apply in accordance with the same deadline.

All Spring associate's bachelor's, and master's degree candidates are invited to attend the commencement ceremony in Heidelberg, Germany, in early May. Ceremony details and information on ordering commencement materials will be available in February.