

Panorama

56TH YEAR, No. 46

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, DECEMBER 9, 2011

Congratulations to our new petty officers!

Finally, time to dive in



Construction on the Capo FitZone pool is complete, and patrons can now use the facility.

WHAT'S INSIDE

Preventing drug and alcohol incidents

The base's Drug and Alcohol Program Advisor and Command Management Equal Opportunity Advisor share their advice.

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Avoiding holiday fire hazards



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Combined Federal Campaign continues



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Weekly crime statistics

Review what happened between Nov. 28 and Dec. 4.

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FRIDAY

High 63 / Low 52
Chance of rain



SATURDAY

High 64 / Low 48
Chance of rain



SUNDAY

High 63 / Low 45
Chance of rain



On the road in Austria



See page 13: The small Austrian village of Hallstatt is one of many places to visit in the Salzkammergut, land of lakes. (Photo by Gary Rice)

Board retains 12,261 sailors, cuts nearly 3,000

From Chief of Naval Personnel Public Affairs

A total of 12,261 out of nearly 16,000 sailors reviewed by the Enlisted Retention Board (ERB) were selected for retention, the Navy announced Dec 2.

Additionally, a total of 125 sailors not selected for retention by the ERB were able to stay in the Navy after qualifying for a rating conversion. Conversion waivers were introduced in NAVADMIN 160/11 to increase options for ERB eligible sailors. Conversion applications were held until the ERB had completed deliberations. Only sailors not selected for retention in-rate by the ERB were considered for conversion, and all applicants had to satisfy eligibility requirements to be considered for the limited number of vacancies in undermanned career fields.

"The decision to establish the ERB was made after careful consideration," said Vice Adm. Scott R. Van Buskirk, chief of naval personnel. "Our sailors have served honorably and we are committed to doing all we can to help them transition."

The ERB was announced earlier this year after record high retention and low attrition among active duty sailors left the Navy overmanned. The purpose was to help the Navy rebalance the force in terms of seniority, experience and skills.

The ERB reviewed the records of nearly 16,000 selected third class petty officers through senior chief petty officers from 31 overmanned ratings, who had greater than seven, but less than fifteen years of cumulative service as of October 2011.

The quota-based board was held in two phases. Phase I convened in late August and reviewed the records of 7,625 sailors in pay grades E4 and E5. Of the sailors reviewed in Phase I, 5,588 were selected for retention.

Of the sailors reviewed in Phase I, 1,922 sailors were not selected for retention.

All about the Navy's Transition Assistance Program

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Tuberculosis case under investigation

By Melissa Kabukuru
Panorama editor

Following a case of active tuberculosis identified at Naval Support Activity (NSA) Naples Dec. 2, the base and U.S. Naval Hospital Naples have been performing an investigation to ensure the health and well-being of the community.

Experts from Navy Environmental and Preventive Medicine Unit Number 2 in Norfolk, Va., flew in to Naples Sunday to help investigate the tuberculosis case. The investigators identified a small group of people as "close contacts" of the person who tested positive and began screening them Monday. An additional group of people who may have had close interaction with the person who tested positive were contacted Tuesday and Wednesday to be evaluated.

As of Wednesday morning, no additional active cases had been identified.

The person who tested positive for tuberculosis worked in the Child Development Center. Capt. Scott Gray, NSA Naples Commanding Officer, held town hall meetings Dec. 2, Dec. 3 and Dec. 5 to address concerns from parents and the community.

"We are going to test and treat close to 100 people as a precaution," Gray said. "I will ensure you that we will go the extra mile to ensure that the community and our children are protected."

Cmdr. Brian Riley, U.S. Naval Hospital Naples' director of public health, said Wednesday that the person who tested positive for tuberculosis was "removed from the work setting and has complied with all health care recommendations, including isolation."

"Based on the information from the early stages of the contact investigation, there is a low risk that any transmission of active TB has occurred," Riley said.

Additionally, hospital officials emphasized that tuberculosis isn't transmitted easily.

"Even though TB is spread from person to person through the air, TB germs do not persist in the environment," said Cmdr. Michael Cassidy, head of the hospital's preventative medicine department. "It is not spread by shaking someone's hand, kissing or sharing toothbrushes or food."

At Monday's town hall meeting at the Support Site, Gray fielded questions about the screening procedures and whether children who weren't selected for screening as part of the investigation could still be evaluated.

While Gray said "the net was spread far and wide" for those being screened already, he encouraged parents to contact their primary care physician to schedule a test if they were still concerned.

"I don't want anyone at home staying up nights worrying about the health of their child," Gray said. "By all means, go in to give yourself peace of mind."

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Captain's Corner

By Capt. Scott Gray
NSA Commanding Officer



As many of you are aware, a child care provider from the Child Development Center (CDC) tested positive for an active case of tuberculosis Dec. 2. Since then, we have had three town hall meetings and have continually put out updates to keep everyone informed as more information is gathered. We are also publishing updates daily. U.S. Naval Hospital Naples and Navy Environmental Preventive Medicine Unit 2 (NEPMU) conducted testing, and while initial testing results are not yet available preliminary indications are encouraging. There has been no medical evidence thus far of tuberculosis transmission to any child or staff. While the hospital has identified individuals for testing, if anyone is concerned, they may contact their primary care provider or call the hospital to arrange for testing. Please continue to check the PAO notes as well as the CNIC website and the NSA Naples Facebook page.

On Wednesday Dec. 7 we held a Pearl Harbor Remembrance Ceremony in the piazza at Capodichino. On the morning of December 7, 1941, America's naval base at Pearl Harbor, Hawaii was attacked by the forces of the Empire of Japan. More than 2,400 Americans were killed and more than 1,100 were wounded. That momentous event precipitated our presence in Italy today. It is important for all of us to take time and think about the sacrifices and remember those who lost their lives in defense of our nation. Thanks to all of those who had a hand in making the ceremony a success.

If you were at the Town Hall meeting on Monday you may have heard me discuss the NATO tax-free gas coupons program. Starting Jan. 1, 2012 the NATO forces tax-free gas coupons can only be redeemed at AGIP (ENI) gas stations. You may continue to use your coupons at ESSO stations up until Dec. 31.

Another change that will occur beginning Jan. 3, 2012 is meal prices for students participating in the DoD Student Meal Program will increase by 35 cent per meal. We have known that this was coming and now it is here.

Now for some good news: the Capodichino pool is open again! I really want to thank all of you for your patience while the pool has been under construction. The pool is now available for everyone and the Tiger Shark's training should be a little easier. Also, I suspect the Tiger Shark parents will look better-rested in the coming days. I look forward to hanging a championship banner in the facility when we bring home the European gold. The pool looks fantastic and I encourage everyone to take advantage of this wonderful new facility.

Lastly, when walking, jogging, skateboarding or bike riding, please wear reflective gear or clothing. As we enter the winter months, the skies get darker and it is VERY difficult to see someone crossing the road at night. Think about your children and your own safety, and if you're out at night wear something that drivers can easily see.

Again, keep up the great work and have a safe and happy holiday season!

Base Notes

From Panorama staff reports

NATO Forces tax-free gas coupons change

Starting Jan. 1, 2012 the NATO forces tax-free gas coupons can only be redeemed at AGIP (ENI) gas stations. However, gas coupons can be used at ESSO or AGIP stations until Dec. 31, 2011. Beginning January 1, 2012, NATO Forces gas coupons will no longer be accepted at ESSO stations.

Housing power outages on Support Site continue

Annual preventative maintenance on Support Site electrical substations continues through December. Go here for the full schedule: http://www.cnic.navy.mil/Naples/CNICP_A278690. Expect facilities without power to have limited services or to be closed during that period.

USO events this month

• *USO Sunday Supper Club (Single Sailor Event) Dec. 11:*

If you love to cook, eat and try different cuisines, come by the USO Supper Club once a month at the Support Site BEQ Kitchen. Learn about local products and taste delicious dishes. To sign up or to find out more, email sabrina.pullido@uso.it

• *USO Ho-Ho Holiday Breakfast Dec. 15:*

At 9 a.m. Dec. 15, join the USO for treats like mini-cornetti, muffins, hot chocolate and freshly baked cookies. There will be also coffee and some

giveaways from the USO. Event takes place at the USO Capo Lounge at the Air Terminal.

• *USO Holiday Wine and Dine for Single Sailors Dec. 30:*

The USO Naples will be offering the opportunity for unaccompanied service members to attend a holiday dinner on Dec. 30 for a cost of 5 euro. This special event will give the opportunity to sailors to spend a nice evening out experiencing the local culture and foods at a reduced cost. For more information, call the USO Naples at 081-568-5713 or 081-811-4903.

Capodichino pool reopens

As of this week, the pool at the Capodichino FitZone has reopened, completing months of construction to update the facility. Personnel can now begin using the new pool.

Holiday Events Dec. 9

Everyone is invited to an afternoon of holiday cheer on Dec. 9 from 1 to 3 p.m. in Hangar 406 at Capo. There will be snacks, beverages, children's activities, static aircraft displays and holiday music from the Naval Forces Europe Band. Please bring an unwrapped toy for the U.S. Marine Corps Toys for Tots program. For more information, contact Lt. Moton at 081-568-5450 or MMC Sanchez at 081-568-5097. Families of local national employees are invited to this event.

The Holiday Tree Lighting will take place at the Support Site from 5:30 to 6 p.m. near the electronic sign board. Festivities include holiday caroling, cookies, hot chocolate/cider, and the announcement of the Holiday Card Contest winner.

"A Musical Wonderland" at the Support Site Chapel will start at 6:30 p.m., featuring the U.S. Naval Forces Europe Band.

MVRO, PPO, Tax-Free Office, and Vehicle Processing Center holiday hours

Dec. 20: Close at noon for command Christmas party
Dec. 26: All offices closed
Jan. 6: Limited services

Post Office holiday hours

Dec. 24: Support Site and Capo Post Offices will be open for Command Mail Orderlies to pick up mail for their commands until noon. The Support Site will be open for all services until noon.
Dec. 25-27: All sites closed.
Dec. 30-Jan. 2: All sites closed.

CNE-CNA-C6F/CNREURAFSWA IG HOTLINE

Report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General, Naples, Italy

Leave a recorded message 24/7:.....081-568-2983

Speak to the CNREURAFSWA Investigator:.....081-568-2600

Speak to the CNE-CNA-C6F Investigator:081-568-2964

E-mail: ighotline@eu.navy.mil

Website: www.cnic.navy.mil/europe/index.htm

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Panorama

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Italian choir entertains base community

The Coro Polifonico di Sant' Ambrogio sul Garigliano rendered a concert of traditional Italian and international Christmas songs at the Support Site Chapel on Dec 4. Capt. Scott Gray, commanding officer of Naval Support Activity (NSA) Naples, attended the musical event, along with Command Chaplain Philip Pelikan, other chaplains and a number of NSA community members. Under the direction of Annibale Messore, the choir of 45 members has previously performed at the Montecassino Abbey, accompanied the Roman Philharmonic Orchestra and participated in several music competitions in Italy. Sant' Ambrogio sul Garigliano is a hilltown in Frosinone province of the Lazio region.



(Photo and info provided by J. and Lou Freed)

Running and crossing safety

From Lt. Cmdr. Ray Brown, NSA Naples Safety Officer

As a community, we take for granted that we can either run around on base, or take our family out for a leisurely stroll without incident. We must take into consideration, however, that we have entered the winter months and it gets very dark, very quickly. The safety department has received a few complaints of people jogging at night, crossing streets or allowing the children to do the same without being clearly visible.

Running Tips:

- Be visible — help motorists see and

avoid you. Wear a reflective vest before sunrise and after sunset.

- When you approach a vehicle at an intersection or at an entrance to a roadway, such as at the housing area, make eye contact with the driver if possible. If uncertain, pass behind the vehicle.
- Wear light-colored clothing, and or reflective material/ shoes.
- Carry an I.D. or "dog tag." The information on them should suffice in case you get hurt.

Always follow these steps when crossing a street:

- Before crossing, stop at the curb, edge of the road, or corner before proceeding.

- Look left-right-left and, if it's clear, begin crossing, looking over your shoulder for turning vehicles.
- Continue to check for traffic while crossing.
- Always cross at corners, within marked crosswalks where available.
- Obey traffic signals, especially "Walk/Don't Walk."
- Remain alert! Don't assume that cars are going to stop.
- Wear reflective clothing when walking at night.
- Stay sober. Walking while impaired greatly increases your chances of being struck. Remember to make eye contact with drivers, if possible, to ensure they see you. Just because you see headlights coming at you, it does not mean the driver sees you!

Italian News Briefs

Compiled by Teresa Merola

Mozzarella factories open their doors

"Buffalo Dairies Open Day" is an initiative that will take place between Caserta and Salerno between Dec. 10 and 12. Ten mozzarella production factories will open their doors to the public from 10 a.m. to 4 p.m. each day, with guided tours, tastings and opportunities to help make this famous cheese. There is also a "lottery" which awards up to 20 pounds of the fresh product. Games and entertainment will take place for the enjoyment of the entire family. Restaurants will offer menus at a special price of €35. For a list of some of the mozzarella places open in Caserta and Salerno, visit solocaser-taeventiesagre.blogspot.com/2011/12/caserta-bufala-open-day.html.

Alitalia wins "Best Airline Cuisine" award

Alitalia, the largest airline in Italy, won for the second time the prize for the "Best Airline Cuisine" in the world by the U.S. magazine Global Travel. The winner was selected based on the feedback of more than 36,000 frequent flyers who participated on a survey promoted by the magazine. This award was bestowed thanks to the introduction of a new regional Italian cuisine in the Magnifica business class, which features a wide variety of products certified as authentically Italian. The service of offering wine, food and products made in Italy on board the flights

will be also extended to the "Classica" class and the "Economy" class on Alitalia long-haul flights.

Bologna named most livable city in Italy

The city of Bologna in northern Italy was named the most livable city in the country according to the national business daily Il Sole-24 Ore. The survey took place after assessing the quality of life in 107 provinces, looking at a number of issues like work, health and hospital services, public services and availability of free time. Naples improved of two positions in the rankings this year, placing at the 105th position, preceded by Caserta.

Naples night bus routes increase

Naples public transportation service improved with a new service called "bus by night" to meet the needs of those who travel by night for entertainment or work. The service started on Dec. 7. The plan redoubled the number of buses from 7 to fifteen on 7 night routes that link the city center with suburbs. More than 130 runs per night are guaranteed from midnight until dawn, and with a frequency of every 25 minutes. The Metro and funicolare will also extend of one hour their service on the weekends in December. Users can share their experiences on the social network sending pictures, messages and stories.

THE INSIDE PAGE...

UPCOMING FFSC NAPLES DECEMBER EVENTS

Call FFSC at 081-811-6372 to reserve your spot for events and classes.

- 9 **THE FEDERAL EMPLOYMENT PROCESS** (9 a.m. - 12 p.m.) Want to land a federal job? This workshop focuses on the key steps to gain federal employment. Topics covered vary from job searching guides to interview tips. The third hour, hands-on practice, is optional.
- 9 **YOUR INSURANCE NEEDS** (9:30 - 11:30 a.m.) Are you covered if the unexpected happens? Learn about the different types of insurances available to be an informed and protected consumer.
- 13 **CULTURAL TIPS** (9 a.m. - 10 a.m. at the Navy Lodge coffee shop at Support Site.) Chat with Tiziana, an ICR Specialist, who will be available to answer you cultural questions on food, holidays, trips, etiquette, transportation, the Italian language and more.
- 13 **RETIREMENT PLANNING W/ TSP** (9:30 - 11:30 a.m.) "L-Funds, G-Funds, I-Funds, oh my!" Get information on your opportunities with TSP and other ways to save and plan for retirement.
- 13 **EMPLOYMENT OPPORTUNITIES IN NAPLES** (12:30 - 2:30 p.m.) Looking for a job in Naples? This educational session is great for spouses and family members who want to explore the various employment opportunities available in Naples.
- 13 **INTRODUCTION TO LOVE AND LOGIC PARENTING** (12:30 - 2 p.m.)
- 14 **CHRISTMAS MARKETS** (8:30 a.m. - 2 p.m. Departs from JFC.) Visit one of the most important Christmas Markets in Naples.
- 14 **EFFECTIVE RESUME WRITING** (1 - 4 p.m.) Having a difficult time creating your resume? This seminar provides a basic introduction to the design and purpose of a resume. Special attention is given to the federal employment resume.
- 15 **NEAPOLITAN CHRISTMAS TRADITIONS** (10 a.m. - 12 p.m.) Participants will learn how Neapolitans celebrate these holidays, including what are the traditional foods, which games do people play, and what is a Presepe. The day after the group will go to Christmas Alley, leaving from Support Site.
- 16 **CHRISTMAS ALLEY** (8 a.m. - 3 p.m.) Travels to Christmas Alley from the Support Site. Buy 2 Unico Campania U3 Tickets (2.80 euro each) from ITT. Wear comfortable walking shoes.

UPCOMING GAETA DECEMBER EVENTS

Call FFSC Gaeta at 081-568-8354/7 to sign up for a class.

- 14 **CHOCOLATE MUSEUM & VALVISCIOLO ABBEY** (8:30 a.m. - 4:30 p.m.) In Norma, a town an hour away from Gaeta, we find one of the finest museums on the art of Chocolate Making. Following the visit we will have a quick lunch and then proceed to visit the Abbey of Valvisciolo, a place associated with legends of the Templars. In the entry architrave a crack is still visible that some say formed when the Gran Maestro of the Templars was killed. We will carpool to this location.
- 15 **CERAMICS ART HANDS-ON WORKSHOP** (9 a.m. - 1 p.m.) A half-day pottery class designed to give beginners a taste of several ceramic-making techniques. Will include discussion of techniques and the history of Italian art ceramics. Cost: 15 euro per person. We will need to car pool to the location.

DECEMBER

- 9, 13, 16, 20 **CLEP/DSST TESTS** Make an appointment to take these tests at the National Test Center at CAPO, ADMIN II, main floor. Tests are free for military. 081-568-6673/6675. The National Test Center is closed the week of Dec. 27-30.
- 10 **GIRL SCOUTS EVENT: DON'T LET ALL THE BOYS HAVE ALL THE FUN** Science, technology, engineering and math (STEM) - these topics are everywhere and where the fun careers are going to be. Attend this session from 1 to 4 p.m. at the Support Site Community Center with a STEM specialist while advancing toward earning Journey Awards. Register today for this first event of the STEM Series in Naples at <https://usagsona.wufoo.com/forms/dont-let-the-boys-have-all-the-fun-naplesdec-10/>.
- 12 **SEMINAR: FUNDING A COLLEGE EDUCATION** 11:30 a.m. in ADMIN II at Capo. Open to all but geared toward active duty military members. Learn about additional ways to fund college courses. Call 081-568-6684/6683 for more information.
- 13, 20, & 27 **DLPT LANGUAGE TESTS** Contact the Navy College Office (NCO) for information on how to sign up for the DLPT tests. If you do not have access to the ONE-NET computer system, you must sign up two weeks in advance. Open to all military services. Call or visit the NCO for more information.
- 15 **MONTHLY BABY BASICS CLASS** offered by NCMRS Visiting Nurses from 9 a.m. - 12 p.m. at the Navy-Marine Corps Relief Society Office, ADMIN II, G-016. Topics include newborn care (i.e. bundling, diapering & bathing), feeding, crying & comforting, health & safety, etc. Contact NCMRS at 081-568-3913 to register.
- 15, 22 & 29 **WEB TA BRIEF FOR SAILORS** All sailors using WEB TA for the first time are required to attend a WEB TA brief. The Dec. 15 and Dec. 29 briefings will be at 1 p.m.; the Dec. 22 briefing will be at 9 a.m. Briefings are held at CAPO in ADMIN II, room G-014. For more information or if you are unable to attend a brief at these times, contact the Navy College Office at 081-568-6683/6684/6678 or at nco.naples@eu.navy.mil.
- 15 **CISSP TEST** The NCO will administer the CISSP test on Dec. 15. You must have a government issued I.D. card to take the test at the NCO. Candidates must register for the test on-line. Call the Navy College Office for more information.

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BOARD

Continued from Page 1

The second phase convened in September and reviewed the records of 7,761 sailors in pay grades E6, E7 and E8. Of the sailors reviewed in Phase II, 6,673 were selected for retention.

Of the sailors reviewed in Phase II, 1,025 were not selected for retention.

An additional 53 sailors who were not selected for retention had their ERB results vacated in accordance with NAVADMIN 129/11, after they were advanced in rate from the September 2011 Navy advancement examination cycle. These sailors will remain in their current rate.

The Navy is taking an active role in helping the sailors not selected for retention through this transition. Specifically, the Navy is offering employment outplacement services and enhanced

transition benefits for ERB-affected sailors who will not be able to serve out the duration of their contract.

Sailors transitioning from Navy through ERB will also have access to Navy's transition assistance programs, are eligible for involuntary separation pay, and will retain commissary and Navy Exchange privileges for an additional two years after separation.

Navy Personnel Command (NPC) established a transition assistance webpage providing sailors and leadership a central location to find transition assistance information and resources. NPC's customer service center is also available to assist sailors in locating transition assistance resources.

For more information visit the NPC ERB webpage at www.npc.navy.mil/boards/ERB/, contact the NPC customer service center at 1-866-U-ASK-NPC (1-866-827-5672) or email cscmailbox@navy.mil.

If you are the victim of a crime, report the incident to Security Dispatch at 081-568-5638.



Naples class learns cooking in Sorrento

Students in the University of Maryland University College (UMUC) Italian 112 class travelled to Sorrento Dec. 3 to learn about cooking Italian food. The field trip group, comprised of 13 Naples-area service members and dependents, attended a cooking class where they prepared miniature pizzas, ravioli, fish and dessert.

Above: Students watch a cooking demonstration. Right: Some of the ravioli made by the students. For more information about UMUC classes, call UMUC Naples at 081-568-6675. (Photos by MC2 Joshua Nistas)



All about the Navy's Transition Assistance Program

By MC3 Caitlin Conroy,
Navy Public Affairs Support
Element-East Detachment Europe

The Fleet and Family Support Center (FFSC) aboard Naval Support Activity (NSA) Naples offers the Transition Assistance Program (TAP) to service members and their families.

TAP is a Navy-wide program that is used to help service members, whether leaving active duty or retiring, adjust to the transition from the military to civilian community.

"TAP provides military members and their families with the necessary skills, tools and self-confidence needed for successful re-entry into the civilian work force," said Tammantha Metcalf, FFSC training instructor. "The program also provides service members with an awareness of the benefits available to them post-military."

TAP classes are provided free of charge and are available on most military installations. In Naples, workshops are held at NSA Naples Support Site and schedules are arranged to accommodate separating or retiring military members on an alternating monthly schedule.

Each TAP workshop lasts five days and runs from 8 a.m. to 4 p.m. daily.

In order to attend a TAP workshop, those separating and retir-

ing must first go through pre-separation counseling with their command career counselor and request to be signed up.

"Regardless of whether you choose to sign up or not, we will provide you with tools and resources to help you succeed in the civilian world," said Navy Career Counselor First Class Jorge Delgado, NSA command career counselor. "TAP is a really useful workshop that's designed to help you and your family with the transition process, so why not sign up?"

Classes cover a variety of topics geared toward helping separating and retiring service members successfully find a job and stability once they leave the military. To help facilitate this transition, a Department of Labor contractor teaches class three of the five days.

"During this portion, attendees learn about job searches, career decision-making, current occupational and labor market conditions, resume and cover letter preparation and interviewing techniques," said Metcalf. "Participants are also provided with an evaluation of their employability relative to the current job market," said Metcalf.

The last portion of the workshop provides information on veterans' benefits. A representative from the U.S. Department of Veterans

Affairs provides participants with information about the most current benefits and which ones may be applicable to them. One-on-one time is also set aside to assess individual needs.

"We are here to help you and your families," said Delgado. "We will help you set goals during your pre-separation counseling session so you can start working on them early. This can help set you up for success once you are out of the military."

Planning ahead is an important factor to remember to help make the process flow easier for you and your family, Delgado said.

"You have to be flexible and willing to put in a lot of hard work because transitioning isn't easy," said Delgado. "But having TAP workshops and outside assistance available to you, and utilizing them, helps ease the process."

Additional classes and resources are also available through the FFSC that help build on information covered in TAP workshop and provide additional transition assistance.

For more information about TAP workshops aboard NSA Naples, call the FFSC at 081-811-6372.

The main website for the Navy-wide Transition Assistance Program, including downloadable manuals, can be found at: <http://www.dol.gov/vets/programs/tap/> and www.turbotap.org.

Hospital displays Annual Performance Improvement Fair projects

By Lt. Cmdr Kathryn A. Garner, NC, USN

U.S. Naval Hospital (USNH) Naples held its 9th Annual Performance Improvement (PI) Fair last month in the hospital atrium to showcase various projects from across the command. Projects focused on processes that affect everything from direct patient care to administrative and operational programs. The projects will remain on display at USNH Naples throughout the year.

"I thought last year's fair was very good, with lots of participation and many worthwhile projects. But I thought this year's effort was even better," said Capt. Craig Bonnema, commanding officer of USNH Naples.

Participation in the Performance Improvement Fair was an opportunity for staff to make a positive impact within their respective departments while being a part of the process improvement team and thereby affecting the entire organization. Trophies were awarded for the following categories:

- **Best Overall:** "A Piece of the Pyxis P.I. II" – Lt. Dean Hawkins, HA Elizabeth Laster, HN Jesus Alegria, RN Amy Collins from the Multiservice Unit; LCDR Michael Cleveland and HM2 Juan Sandoval from the Pharmacy and Reggie Haines from the Information Management Departments.

- **Best Evidence of Efficiency:** "Genesis Transcription Development" – Lt. Sheena Neal, HMC David Ocheltree, HM1 Isreal Thompsonfilip, HM2 Trevor Paar, HM1 Victor Ibarra, HM2 Adams Amisu, HM3 Josue Garavito, HN Michael Laduke and HN Nadine Lampson from the Patient Administration Department.

- **Best Evidence of Improving Patient Safety and Error Reduction:** "Surgical



U.S. Naval Hospital Naples Commanding Officer Capt. Craig Bonnema congratulates Mr. Ralph Sgambato, representative of the Health Care Business Department, for receiving the CO's Excellence Award for the department's submission detailing USNH Naples' Network Appointment Process. (Photo by HM3 Jeremy King)

Safety Checklist, Saving Lives" – Lt. Melani Harding, Lt. Cmdr. Michael Murrany and HM2 James Scholz from the Main Operating Room (MOR) and Ancillary Procedure Unit (APU).

- **Best Use of Data:** "Incomplete Encounter Close-out" – Capt. Kim Lebel and Rosalina Cervantes from the Family Medicine Department; Lt. Landria Russell from BHC Capodichino; Braxton Toler, Michael Barnabee and Reggie Haines from the Information Management Department.

- **Best Use of the Plan-Do-Check Act or Lean Six Sigma Methodology:** "Equipment Custody Program" – Lt. Leah Durkin and HM2 Maria Cordero from the Multiservice Unit.

- **Best Use of Innovation:** "Automated Heat Stress Monitoring" – Cmdr. Michael Cassady from the Preventive Medicine Department, Cristina Maccora and Alessandra Carfora from Information Management.

- **CO's Award for Excellence:** "Pediatric Registry: The 3 C's" – Lt. Sabrina Mork and HM3 Stephanie Gibson from the Pediatrics Clinic; "Network Appointment Process" – HM3 David Tapia from Healthcare Business Operations; "The Medical Home Telephone Consult Process" – Marco Pecce, Raffaele Esposito and Cmdr. Kendra Manning from Healthcare Business Operations; "Infection Control: Transvaginal Probe Cleaning" – HM3 Daja Adams, HN Cassandra McBurney and HN John Bishop from the OB/Gyn Department; "Compliance With Glasswear Policy by Italian Law" – HM3 Joshua Dalrymple and HM2 Steven Harris from the Optometry Department; "U.S. Navy Frozen Blood Program" – HM2 Maria Cubero from the Laboratory Department; "Command Training: Training For You!" – HM2(FMF) Kody Watkins and HM3 Michael Oketcho from the Staff Education and Training Department.

U.S. Naval Hospital Naples Dental Clinic celebrates Retiree Appreciation Day

From U.S. Naval Hospital Naples

For Retiree Appreciation Day Thursday, Nov. 10, the U.S. Naval Hospital Dental Clinic brushed aside normal scheduling and saw 91 veterans and their dependents. Usually, retirees, members of NATO forces and their family members are only seen on a stand-by basis for routine care. Active duty members and their command-sponsored dependents have priority and receive scheduled appointments. DoD civilians, GS employees, and their family members are also eligible for routine care on a stand-by basis, but are billed for any services rendered.

"This was a special day for us as healthcare providers to open our doors specifically to veterans and say thanks for all they have done," said Cmdr. Masoud Eghtedari, the director for Dental Services at U.S. Naval Hospital Naples.

Beverages were provided by the dental clinic, and some retirees donated cakes and other treats to celebrate the day.

"We are grateful for the appreciation shown to the retiree community by the naval hospital. It really shows us that we are an important part of the community and will remain important," said Wylie Miller, president of the US Military Association of Southern Italy.



Fires caused by unattended Christmas trees and holiday lights caused 21 deaths and more than 40 injuries in the United States last year. (Photo by Melissa Kabukuru)

Holiday safety for the home

By Hans K. Christian, Lead Fire Inspector
NSA Naples Fire Prevention

Every year we love to decorate our homes and businesses just in time for the holiday season. Unfortunately, the decorations that you use can increase the chance of fire in these areas. The National Fire Protection Association (NFPA) and the U.S. Fire Administration (USFA) estimate that over 250 home fires annually are caused by not attending to Christmas trees and another 170 home fires involve holiday lights that overload circuits or are not properly installed. Last year these types of fires caused 21 deaths and more than 40 injuries.

As we approach this joyous holiday season, we ask that you follow some simple safety tips and rules. Naval Support Activity Naples Fire and Emergency services wants to make sure that each family takes into consideration the use of Christmas lights, decorations and that ever-popular Christmas tree.

Christmas tree safety:

1. Make sure needles are green and fresh.
2. The trunk of the tree should be sticky with sap.
3. If needles easily fall off, this could be a sign of an dry tree.
4. Never place your tree near a heat source.
5. Do not smoke around the tree.
6. Always keep fresh water in the tree stand.
7. Never put a tree up too early or leave the tree up for longer than two weeks.
8. Always discard the tree properly by taking it to a local drop-off area.
9. If using an artificial tree, make sure it's flame retardant and UL-listed

Holiday Lights:

1. Inspect all lights for frayed wires before plugging into an outlet.
2. Replace lights if they have excessive kinks or damage to the sockets.
3. Turn all lights off when going to bed and leaving the home.
4. Never use extension cords as permanent electrical source.
5. Use surge protectors that are UL-listed.
6. Check wires periodically to see if there warm to the touch. If so, unplug lights.

Decorations:

1. Use flame retardant and non-flammable decorations.
2. Keep decorations clear of heating vents and candle flames.
3. Once the holiday season is over, take down decorations in a timely manner.

As we close out 2011 and approach New Year's Day, NSA Naples Fire and Emergency Services would like to wish everyone a safe holiday and a happy new year.

FFSC Tip of the Week: Managing holiday stress

By Louise Cappiello, Family Advocacy Program Social Services Assistant, Fleet and Family Support Center

Holidays are usually associated with family and friends, reunions, large meals, exchanging gifts and social gatherings. But many of these events can also be seen as triggers, especially by military families that are far away from home or worry about their deployed loved one. Other triggers we might experience during the holidays are about the added expenses, getting ready, entertaining and trying to make everything look perfect. As a matter of fact, one of the primary reasons for holiday stress is our unrealistic expectations of what they should be. Because of this we might at times feel irritable, anxious, sad, depressed, overwhelmed, or detached from others, as though we don't quite "fit in."

How can one deal with all of this?

- The first tip is to recognize when you're stressed. Take some time to understand your feelings and where they come from. There are no bad or wrong feelings. Just acknowledge them with a non-judgmental attitude.

- Take care of yourself and learn how to relax.

- Get organized at home and try to delegate chores. You may be surprised how involving your children or your spouse in family activities can add more fun and enjoyment in what you do.

- Simplify your life. Learn to assert yourself and say no if you don't have time, energy or resources to do something. Simple things are sometimes the most meaningful. Let me give you a little example of what I mean by this. Last year I was reflecting on how we lost over the years the real Thanksgiving spirit: the feeling of gratitude that keeps us connected with other people in our lives. This gave me the idea of making cards for family members and friends, each of them different, in which to express my gratitude towards them in my own words. I used the cards as table tents. It changed the whole Thanksgiving luncheon atmosphere.

- Change the meanings of the holidays in what they mean to you. Celebrations can occur in a number of different ways. You don't need to stick to rituals. Make your own rituals and get connected with what really matters to you. You will experience an increased sense of satisfaction and happiness.

To learn more about stress management techniques or to sign up for a stress management class, call Louise Cappiello at 081-811-6533.

If you are the victim of a crime, report the incident to Security Dispatch at 081-568-5638.

NSA Naples aims to reduce drug and alcohol incidents

By MC2 (SW) Jeff Troutman,
Navy Public Affairs Support Element-East
Detachment Europe

In response to several alarming incidents involving drugs and alcohol this past summer, the Drug and Alcohol Program Advisor (DAPA) attached to Naval Support Activity (NSA) Naples is taking a proactive approach to deglamorize drugs and alcohol within the community.

Chief Air Traffic Controller Patrick Mick, the NSA Naples DAPA, and the command Drug and Alcohol Advisory Council are actively pursuing new ways to help sailors and their dependants make healthy decisions regarding the use of alcohol while continuing to stress the Navy's zero tolerance policy on the use of drugs.

"One of the first things we are asking each other at our meetings is, 'Why is this happening?'" Mick said. "I believe that stress is a contributing factor to the incidents we see. There are a large number of young sailors at this command, many of whom are away from home for the first time or stationed overseas for the first time."

The base's commanding officer, executive officer and command master chief are informed of every incident that occurs, Mick said.

"When we're seeing multiple incidents involving drugs and alcohol in a short period of time, it's obvious that a dangerous trend is occurring here," Mick said.

Mick said involvement by the chain of command in sailors' lives plays a pivotal role in the decisions those sailors will make.

"It's important for the leadership to know what their sailors are doing, what's going on in their lives and what their liberty plans are," said Mick.

Additionally, when people walk into the DAPA's office and say they have a problem with alcohol, there shouldn't be a stigma associated with that, Mick said.

"There's a common perception that if you see the command DAPA, you're in trouble," Mick said. "That's not the case. We're here to help you identify a problem, and then work to get you the help you need to overcome it."

Chief Master at Arms Carrie Wesby, the NSA Command Management Equal Opportunity (CMEO) program manager, said that sailors should never be afraid to ask for assistance.

"It's better to get help before there's an incident rather than after," Wesby said. "If you know you have a problem, contact anyone in your chain of command, the DAPA or any of your leadership to get help."

Wesby said that one of the best decisions a sailor can make when they plan to drink is to have a plan. Having someone who is not going to drink and who can monitor activity or provide sober transportation is an easy way to avoid an alcohol-related incident.

"All sailors should watch out for each other," said Wesby. "The Coalition of Sailors Against Destructive Decisions (CSADD) is

starting to play a big role in the decision-making process of young sailors. It's a great program for peer-to-peer mentorship to reinforce our culture of 'Shipmates helping Shipmates.'"

The Navy's current policy prohibits alcohol consumption among sailors and their dependents younger than 21, but military personnel stationed in Naples are permitted to drink at the age of 18 as long as they are doing it responsibly, added Mick.

"Know what you're doing and think about your actions. Actions have consequences and you need to have a good support system if you plan on drinking," said Mick. "Talk to your leaders for guidance. It would be a huge help to the command and the Navy if people who are using alcohol just thought about their actions beforehand."

Mick noted that NSA Naples has recently issued a command-wide incentive to its active duty personnel. If the command can maintain an alcohol and drug-free incident environment through Jan. 30, everyone will be awarded a day off for this achievement.

"Nobody says you can't drink. All we're asking is that you do it responsibly," said Mick. "If it's a part of your mindset that you have to be drinking in order to have fun, then it's likely you have a problem and you should seek help for it before it's too late."

For more information concerning drug and alcohol awareness, or to seek help for an existing problem, contact the command DAPA at 081-568-5620.

Recent violations

Three individuals were taken to Captain's Mast last month for alcohol offenses. All three received the maximum punishment, though one of the members did have some of the punishment suspended.

Nov. 4: An E-2 was taken to Captain's Mast for a suspected violation of Article 112 (drunk on duty) and was found guilty. Punishment received: restriction for 45 days, extra duty for 45 days; forfeiture of half a month's pay for two months, and reduction in grade to E-1.

Nov. 4: An E-3 was taken to Captain's Mast for a suspected violation of Article 112 (drunk on duty) and was found guilty. Punishment received: restriction for 45 days (15 days suspended), extra duty for 45 days (15 days suspended); forfeiture of half a month's pay for two months, and reduction in grade to E-2.

Nov. 4: An E-3 was taken to Captain's Mast for a suspected violation of Article 92 (failure to obey order or regulation), Article 112 (drunk on duty), Article 128 (false official statement), and Article 134 (disorderly conduct, drunkenness) and was found guilty. Punishment received: restriction for 45 days, extra duty for 45 days; forfeiture of half a month's pay for 2 months, and reduction in grade to E-2.



A student jumps to kick a pad held by Master Marino Pascucci, a fifth-degree black belt in Tae Kwon Do, during an advanced Tae Kwon Do class at Naval Support Activity Naples' Support Site Fitness Forum. Tae Kwon Do classes last for 12 weeks and are divided into beginning and advanced classes for children ages four to 12 years old. (U.S. Navy photo by MC2 Felicito Rustique)

Kids get a kick out of Tae Kwon Do

By MC2 Felicito Rustique, Navy Public Affairs Support Element-East Detachment Europe

Naval Support Activity (NSA) Naples' Morale, Welfare and Recreation (MWR) offers Tae Kwon Do courses to children ages four to 12 years old.

The courses, which meet at the Support Site Fitness Forum, last for 12 weeks. Students learn key martial arts concepts in self-defense through the art of Tae Kwon Do, such as striking with kicks and punches, blocking, and stances. Students can also learn how to use nunchakus and short batons.

Marino Pascucci, a fifth-degree black belt in Tae Kwon Do, is the course instructor. The 50-year-old has been practicing Tae Kwon Do for 36 years and also has experience in judo and boxing.

"I want the kids to practice and learn something, but also have fun at the same time," said the 50-year-old Pascucci. "I try to teach kids respect for others and to understand that when something is difficult, to keep practicing and never quit. If you want something, you have to work at it."

Pascucci said he enjoys teaching Tae Kwon Do in particular to American kids at NSA Naples.

"Most of the kids here have discipline and a good attitude, and the parents appreciate my teaching methods," said Pascucci.

Deniz Serinken, a defense contractor who has lived in Naples with his wife and son Devin for about two years, enrolled Devin in the Tae Kwon Do classes when the family first moved to Naples.

"Devin's benefitted immensely from the classes with Master Marino ever since we got here," said Mr. Serinken. "The classes have helped him develop good mental and physical health, and respect for elders. And what he's learned from Tae Kwon Do has also helped him with other activities as well."

Another Tae Kwon Do student, 10-year-old Isaac



Master Marino Pascucci, a fifth-degree black belt in Tae Kwon Do, shows a student proper hand position for striking and blocking during an advanced Tae Kwon Do class at Naval Support Activity Naples' Support Site Fitness Forum. (U.S. Navy photo by MC2 Felicito Rustique)

Fritz, said he's been taking lessons for about a year.

"The classes are really fun because we get to stretch and I learn cool things like kicking movements," said Fritz. "Master Marino is a good teacher. He teaches us a lot of techniques."

Beginner and advanced Tae Kwon Do classes meet at the Support Site Fitness Forum twice a week. For more information on Tae Kwon Do classes, contact the Support Site Fitness Forum at 081-811-6604.

MORE INSIDE PAGE...

DECEMBER continued

- 18 HOLIDAY EXPRESS COLLEGE MINI-TERM REGISTRATION** UMUC Maryland is offering two holiday mini-term courses from Dec. 20 to Jan. 11: ITAL 333, Italian Life and Culture and IFSM 201, Concepts and Applications of Info Technology. FMI, Call 081-568-6673/6675 or visit the UMUC office at Capo.
- 27-30 NAVY COLLEGE OFFICE OPEN** The NCO will be open the week between the two holidays. Take advantage of this time to visit the NCO and learn more about college and how you can earn a degree. Make an appointment by visiting the NCO in Admin II, sending an email to nco.naples@eu.navy.mil or calling 081-568-6683/6684/6678.
- 30 REGISTER FOR WINTER/SPRING TERM** On-Site Undergraduate College Classes. Most classes run from Jan. 16 to March 9. Register early. Most evening classes are at the high school. Most lunchtime classes are at CAPO. Call or visit the Navy College Office for more information.

VOLUNTEERS NEEDED

- THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS.** We need a webmaster, a publicity coordinator, a volunteer coordinator, a bazaar chair, a historian and a parliamentary authority. No experience necessary! For more information, please email club president Antonietta Alfieri Ciccone at ascpresidentjfc@gmail.com.
- ATTENTION PHOTOGRAPHERS!** Are you interested in taking photos of Naples Elementary School students during 2011-2012? Contact Dr. Johnson at 081-811-4159 or donita.johnson@eu.dodea.edu.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS.** ARC needs volunteer instructors for various courses. Those interested in becoming instructors can contact the ARC office at 081-568-4788.
- NAVY LEAGUE OF THE U.S./NAPLES COUNCIL** is seeking board members. Contact Betty Reese at 081-526-8051 or breeese@cybernet.it.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES** Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.
- NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE (coupons):** 081-568-3913.
- GAETA/NAPLES AREA GIRL SCOUTS** Now accepting registration for the 2011-12 school year. We are still in need of leaders and co-leaders. Training and support provided. FMI, contact naplesgs@yahoo.com.

ONGOING/ON THE HORIZON

- SECURITY NOTE:** All DoD military or civilian personnel hosting an event off base must complete a Special Event Force Protection Plan (SEFPP) 45 days in advance, regardless of organization, if the event will involve 50 or more personnel, include distinguished visitors or involve personnel wearing uniforms. FMI, contact the AT/FP Division at 081-568-5525 or visit their office in the Capodichino Security Precinct, Bldg. 403.
- RECEIVE DAILY REFLECTION** an inspirational thought-for-the-day e-mailed throughout the work week. To receive Daily Reflection, e-mail Chaplain Charles Luff at charles.luff@eu.navy.mil.
- CATHOLIC WOMEN OF THE CHAPEL** invites community members to join the Rosary Prayer Group that meets every Wednesday at 10:30 a.m. in the Support Site Chapel. For more information, e-mail CWOCNAPles@gmail.com.
- PROTESTANT WOMEN OF THE CHAPEL** PWOC Woman's Bible Study meets every Tuesday from 9-11:30 a.m. in the Support Site Fellowship Hall. Free child care provided. For questions, contact Audrey de Rivera at 345-872-9947.
- ATTN MILITARY RETIREES AND SURVIVORS** Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.
- ALCOHOLICS ANONYMOUS** hosts English-speaking AA meetings on and off base in the Naples area. For more information, call 347-544-0254 or visit <http://www.aa-europe.net/countries/italy.htm>.
- SURE START** is a unique program committed to providing the highest quality of education for command-sponsored children of enlisted personnel (priority to E1-E4) who are 4 years old by Sept. 1. FMI, call Karen Rodrigues at 081-811-4682 or the school at 081-811-4037.
- TOASTMASTERS** meets the first and third Tuesdays of every month. Meetings are held at the Support Site Community Center. FMI, contact Toastmasters President Leonard Augustine at 346-771-7506.
- PROSPECTIVE MEMBERS WELCOME AT ALL CONNECT THE TOTS CLUB ACTIVITIES!** The CTT Club hosts events, crafts and outings designed for you and your child (infancy through preschool). For more information on the club, visit www.meetup.com/Connect-the-Tots-Club/.
- RELIGIOUS SERVICES AT U.S. NAVAL HOSPITAL NAPLES** Tuesday Meditation & Prayer (7:15-7:45 a.m.) in the hospital chapel. Traditional hymn and praise and worship music will be provided during this time. Wednesday Roman Catholic Mass (11:30 a.m.-12 p.m.) in the hospital chapel. Call 081-811-6451 to confirm that Mass is being held. Thursday Men's Fellowship and Bible Study (6-7 a.m.) in the hospital galley.
- FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY** meets every 1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact Christian Rodriguez at christian.rodriguez@eu.navy.mil, Catherine Katimbang at catherine.katimbang@eu.dodea.edu or visit their Facebook page: Fil-Am Naples.
- CATHOLIC WOMEN OF THE CHAPEL** meets monthly in the Support Site Fellowship Hall for prayer and fellowship. Child care provided. For information, contact Eileen Mayette at cwocnaples@gmail.com.
- THE KNIGHTS OF COLUMBUS**, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/home>.
- HARRY S. TRUMAN LODGE** No. 649 meets every Friday at 7:30 p.m. FMI, contact Kevin Baker at 338-479-7023 or hst649sec@yahoo.com. Visit <http://www.hst649.org>.
- NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION** meets regularly to support families on their homeschooling journey. FMI, contact Susan Van Cleave at sdwvanleave@msn.com.
- BOY SCOUT TROOP 007** holds troop meetings every Monday from 6:30-8 p.m. in the Support Site Community Center. FMI, contact Scoutmaster Dennis Smith at 081-811-5585 or dennis@sulfurcreek.com.
- SAIL WITH THE NAPLES NATO YACHT CLUB (NNYC) AMERICAN TEAM.** We are looking for Americans interested in participating in dinghy races sailed at the NNYC facilities on the island of Nisida. Experience not required. FMI, contact Kate Royal at kathryn.royal@gmail.com.
- WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM** is offered at NSA Naples. Women who are pregnant, breastfeeding, postpartum or have an infant or child under the age of five may qualify for the program. WIC Overseas is a nutrition education program that provides nutritious supplemental foods. Contact WIC Overseas at 081-811-4962.
- EDIS SCREENINGS NOW AVAILABLE** Room W09, Support Site Village Forum. For eligible children who have not reached their third birthday. If you are concerned about your child's development, contact EDIS at 081-811-4676.
- NAPLES AMERICAN RED CROSS** holds orientation the first Wednesday of every month at their Capo office from 8:30-10 a.m. and the first Tuesday of every month at the hospital from 9:30-11 a.m. Call 081-568-4788 for info.



- Friday, Dec. 9**
4:30 p.m. The Big Year, PG
Premiere Showing
7 p.m. Happy Feet 2, PG
8 p.m. The Thing, R
Premiere Showing
- Saturday, Dec. 10**
Noon Hugo, PG
3 p.m. The Muppets, PG
5 p.m. The Big Year, PG
5:30 p.m. Twilight Saga: Breaking Dawn PG-13
7:30 p.m. Real Steel, PG-13
8 p.m. The Ides of March, R
- Sunday, Dec. 11**
3 p.m. Arthur Christmas PG
5:30 p.m. Hugo, PG
8 p.m. The Thing, R
- Monday, Dec. 12**
4:30 p.m. The Big Year, PG
5:30 p.m. Space Chimps, G
Free admission
7 p.m. The Ides of March, R

- Tuesday, Dec. 13**
4:30 p.m. Hugo, PG
5:30 p.m. Tangled, PG, 100 min.
Free admission
7 p.m. Twilight Saga: Breaking Dawn PG-13

- Wednesday, Dec. 14**
4:30 p.m. Dolphin Tale, PG
Last Showing
5:30 p.m. The Big Year, PG
7 p.m. The Thing, R

- Thursday, Dec. 15**
4:30 p.m. Happy Feet 2, PG
5:30 p.m. Real Steel, PG-13
7 p.m. What's Your Number? R, *Last Showing*

- Friday, Dec. 16**
4:30 p.m. Hugo, PG
7 p.m. New Year's Eve PG-13
Premiere Showing
8 p.m. Paranormal Activity 3, R
Premiere Showing

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

NEW YEAR'S EVE, PG-13 for language including some sexual references, Romance and Comedy, 117 min. Cast: Halle Berry, Jessica Biel, Jon Bon Jovi, Robert De Niro, Josh Duhamel. The intertwining stories of a group of New Yorkers as they navigate their way through romance over the course of New Year's Eve.

THE THREE MUSKETEERS, PG-13 for sequences of action adventure violence. Action/Adventure and Romance, 111 min. Cast: Logan Lerman, Milla Jovovich, Mathew Macfadyen, Ray Stevenson, Luke Evens. The hot-headed young D'Artagnan joins forces with three rogue Musketeers in this reboot of Alexandre Dumas' story. They must stop the evil Richelieu and face off with Buckingham and the treacherous Milady.

PARANORMAL ACTIVITY 3, R for some violence, language, brief sexuality and drug use. Horror and Sci-Fi, 84 min. Cast: Chloe Csengery, Jessica Tyler Brown, Christopher Smith, Dustin Ingram, Maria Olsen. In 1988, young sisters Katie and Kristi befriend an invisible entity who resides in their home.

JOHNNY ENGLISH REBORN, PG for mild action violence, rude humor, some language and brief sensuality. Action / Adventure, Comedy, Sequel and Thriller, 102 min. Cast: Rowan Atkinson, Gillian Anderson, Pierce Brosnan, Dominic West, Rosamund Pike. In his latest adventure, the most unlikely intelligence officer in Her Majesty's Secret Service must stop a group of international assassins before they eliminate a world leader and cause global chaos. In the years since MI-7's top spy vanished off the grid, he has been honing his unique skills in a remote region of Asia. But when his agency superiors learn of an attempt against the Chinese premier's life, they must hunt down the highly unorthodox agent. Now that the world needs him once again, Johnny English is back in action. With one shot at redemption, he must employ the latest in hi-tech gadgets to unravel a web of conspiracy that runs throughout the KGB, CIA and even MI-7. With mere days until a heads of state conference, one man must use every trick in his playbook to protect us all.

THE IDES OF MARCH, R for pervasive language. Drama, 101 min. Cast: Ryan Gosling, George Clooney, Philip Seymour Hoffman, Paul Giamatti, Evan Wood. During the frantic last days before a heavily contested Ohio presidential primary, an up-and-coming campaign press secretary finds himself involved in a political scandal that threatens to upend his candidate's shot at the presidency.

THE BIG YEAR, PG for language and some sensuality. Comedy, 100 min. Cast: Steve Martin, Jack Black, Owen Wilson, Brian Dennehy, Anjelica Huston. Everyone is searching for something — and Stu Preissler, Brad Harris and Kenny Bostick are determined to not only find their "something," but to

be the very best at it. For Stu, Brad and Kenny, that means being the world's greatest birder. An extraordinary race becomes a transformative journey for wealthy industrialist Stu, computer code-writer Brad, and successful contractor Kenny, who race across the continent on a "Big Year," a whirlwind competition to see who can spot the most species of birds in North America within one calendar year.

THE THING, R for strong creature violence and gore, disturbing images, and language. Suspense/Horror and Science Fiction/Fantasy, 103 min. Cast: Mary Winstead, Joel Edgerton, Ulrich Thomsen, Eric Olsen, Adewale Agbaje. Paleontologist Kate Lloyd has traveled to a desolate region for the expedition of her lifetime. Joining a Norwegian scientific team that has stumbled across an extraterrestrial ship buried in the ice, she discovers an organism that seems to have died in the crash eons ago. But it is about to wake up. When a simple experiment frees the alien from its frozen prison, Kate must join the crew's pilot, Carter, to keep it from killing them off one at a time. And in this vast, intense land, a parasite that can mimic anything it touches will pit human against human as it tries to survive and flourish.

ARTHUR CHRISTMAS, PG for some mild rude humor. Kids/Family, Holiday and Animation, 98 min. Cast: James McAvoy, Hugh Laurie, Bill Nighy, Jim Broadbent, Imelda Staunton. "So how does Santa deliver all those presents in one night?" The answer: Santa's exhilarating, ultra-high-tech operation hidden beneath the North Pole. But this year, Santa's son Arthur has an urgent mission that must be completed before Christmas morning dawns.

HUGO, PG for mild thematic material, some action/peril, and smoking. Drama and Kids/Family, 121 min. Cast: Asa Butterfield, Chloe Morteza, Sacha Cohen, Ben Kingsley, Jude Law. Hugo is a wily and resourceful boy whose quest to unlock a secret left to him by his father will transform him and all those around him, and reveal a safe and loving place he can call home.

REAL STEEL, PG-13 for some violence, intense action, and brief language. Action/Adventure, Science Fiction/Fantasy and Sports, 127 min. Cast: Hugh Jackman, Dakota Goyo, Kevin Durand, Anthony Mackie, Evangeline Lilly. In the near-future, where the sport of boxing has gone hi-tech, Charlie Kenton is a washed-up fighter who lost his chance at a title when 2000-pound, 8-foot-tall steel robots took over the ring. Now, nothing but a small-time promoter, Charlie earns just enough money piecing together low-end bots from scrap metal to get from one underground boxing venue to the next. When Charlie hits rock bottom, he reluctantly teams up with his estranged son Max to build and train a championship contender. As the stakes in the brutal, no-holds-barred arena are raised, Charlie and Max, against all odds, get one last shot at a comeback.



Upcoming USO Tours
Capodichino Office 081-568-5713
Support Site Office 081-811-4903
www.uso.it

USO DAILY TOURS

- Dec. 16 Christmas Shopping in Downtown Naples after Work €20
Dec. 17 Saturday in Sorrento ... €30
Dec. 18 Wine Tasting in Taurasi .. €45
Dec. 23 Christmas Alley and Veiled Christ €20

WEEKEND TOURS

- Dec. 15-19 Christmas markets in Northern Italy €329
Jan. 14-15 Florence and Pisa Weekend .. €165
Feb. 4-5 Perugia and Assisi Weekend .. €158
Feb. 17-20 Carnevale in Venice €228
March 15-19 St. Patrick's Day in Dublin ... €649
April 7-8 Easter in Florence and Pisa .. €165
April 12-15 Milan and Lake Como over Spring Break €228

If you have been sexually assaulted or need to speak with a S.A.P.R. victim advocate, call 335-640-6621 24/7 for information and support.

NSA Naples Weekly Crime Report for Nov. 28 - Dec. 4

- Traffic Accidents5	(5 off base)
- Vehicle Break-In3	(3 off base)
- Burglary1	(1 off base)
- Larceny of Personal Property	..2	(1 on base, 1 off base)
- Shoplifting1	(1 on base)
- Stolen Vehicle2	(2 off base)

Burglary (off base). On Nov. 28 at approximately 7:29 a.m., E-5/USN reported a burglary that occurred earlier that day in Lago Patria, Italy. Victim reported that unknown individuals gained access to the residence and stole multiple items from the house. Victim further reported that the individuals stole her vehicle.

Stolen Vehicle (off base). On Nov. 29 at approximately 1:30 p.m., E-3/USN reported a vehicle theft that occurred Nov. 27 in Gricignano, Italy. Victim reported that he had secured the vehicle and upon returning later that morning, noticed it missing.

Larceny of Personal Property (on base). On Nov. 30 at approximately 11:45 a.m., DEP reported a larceny of personal property that occurred on Nov. 23 on NSA Naples Support Site. Victim reported that Mirabella workers were conducting preventive maintenance while the victim was on vacation. Upon returning, the victim noticed that approximately 200 liters of gas coupons were missing from the residence.

Larceny of Personal Property (off base). On Nov. 30 at approximately 3:13 p.m., CIV reported a larceny of personal property that occurred on Nov. 29 in Teverola, Italy. Victim reported that contractors were inside her residence, unescorted, installing an alarm system. Victim upon returning noticed jewelry missing from the residence.

Shoplifting (on base). On Nov. 30 at approximately 3:40 p.m., a NEX loss prevention officer notified

NSA Naples Security that a CIV was being detained for shoplifting at the NEX. The loss prevention officer informed military police that the subject was caught on the surveillance camera failing to pay for an item.

Stolen Vehicle (off base). On Nov. 30 at approximately 5:40 p.m., E-5/USN reported a vehicle theft that occurred earlier that day in Caserta, Italy. Victim reported that he had parked his motorcycle at the Campania Mall and upon returning noticed his motorcycle missing.

Vehicle Break-In (off base). On Dec. 1 at approximately 9:10 p.m., E-6/USN reported a vehicle break-in that occurred Nov. 30 in Teverola, Italy. Victim reported that he had parked his vehicle at the Medi Mall, and upon returning, noticed his driver's side lock damaged and multiple items missing from the vehicle.

Vehicle Break-In (off base). On Dec. 1 at approximately 11:25 a.m., E-6/USN reported a vehicle break-in that occurred Nov. 30 in Pozzuoli, Italy. Victim reported that he had parked his vehicle at his residence and upon returning, noticed his front passenger window broken but nothing missing from the vehicle.

Vehicle Break-In (off base). On Dec. 1 at approximately 11:30 a.m., E-5/USA reported a vehicle break-in that occurred Nov. 30 in Pozzuoli, Italy. Victim reported that he had parked his vehicle at the Nuovo Mall, and upon returning, noticed his front passenger window broken and multiple items missing.

Traffic Accident with Minor Injuries (off base). On Dec. 4 at approximately 4:50 a.m., E-4/USA reported a traffic accident with minor injuries that occurred on the same date in Lago Patria, Italy. Driver reported that he was driving home and while attempting to turn the corner, he collided with a vehicle. Driver was transported to the hospital and the two passengers complained of minor pains.

TUBERCULOSIS

Continued from Page 1

Some parents at the town hall meetings said that the information they received helped alleviate some of their worries.

"Of course, when I first heard about it, I was on edge," said Kizzy Grier, whose 3-year-old son, Keelon, goes to the Child Development Center. She also attended a town hall meeting that Gray held three days earlier.

"He took the time to answer people's questions and calm people's nerves," Grier said. "When we got there, we felt he was being open, and that was comforting."

Hearing at Monday's meeting that no additional tuberculosis cases had been identified so far was reassuring, said Sherlisa Steele, who has a 5-year-old daughter.

"This being such a close-knit community, you feel like you would be more at risk than you would be in the States," Steele said. "You just want to know what you need to do, and what the next step is going to be."



Harry S. Truman Lodge #649 gives to local orphans

Harry S. Truman Lodge #649 held an annual charity event Dec. 3 for the Casa Famiglia Orphanage together with the Sorrento Orphanage at Carinaro. The Brethren of Harry S. Truman and their families prepared delicious meals and donated a food basket for the orphanage. The Naval Support Activity Security Charlie Section provided Christmas gifts for the 13 orphans, ages 5 months to 18 years old, and the 10 nuns. The NCTS Second Class Petty Officer Association donated two 40" televisions, basketball hoop and balls, and footballs for the two orphanages. Additionally, the Trismegisto No. 1019 donated 120 Euro, helping make the charity function a successful event. (Photo and information courtesy of Gil Sayoc)

Energy conservation

Simple ways to start saving water

From the NSA Naples Emergency Management Office

If you haven't taken the following steps towards water conservation in your home, then today is the day to start.

- Fix all leaks. This is the most obvious thing that you can do to stop wasting water at home.
- Replace your showerhead with a low-flow alternative. You shower every day, so it's important to reduce the amount of water that you're using when you do.
- Install aerators in your other faucets. Your showerhead isn't the only faucet that has too much water is coming out at once. Add aerators to your other faucets to reduce the amount of water flow.
- Convert your toilet to a low-flush toilet. Waste less water every time that you flush. One simple way to do this is to fill a plastic milk jug halfway with pebbles or gravel and put it inside of your toilet tank.
- Insulate all of your hot water pipes. You waste a lot

of water by running it to heat it up. This is a lot less likely to be a problem if your water pipes are properly insulated.

- Water your plants with your extra water. Collect rainwater as well as safe greywater around the house and use this water in landscape watering around your home.
- Turn off the water when you are at the sink. When brushing teeth and shaving at the sink, stop letting the water run. Learn to wash your face with cool water instead of letting it run to heat up. These little things do make a difference day after day.
- Do full loads of everything that requires water. Dishwashers and washing machines should never be run when they are only half-full. It's a waste of water.
- Find ways to replace water use with other options. For example, if you usually use running water to thaw your frozen meats, then consider stopping that practice and thawing them in the refrigerator instead.



Source: www.greenandsave.com



Hurricane safety tips

From the NSA Naples Emergency Management Office

Information compiled by EN2 Miguel Huerta, NSA Naples EM Office Disaster Preparedness Specialist

A hurricane is a tropical cyclone, a low-pressure system that originates in the tropics. The cyclone usually includes intense thunderstorms and strong winds that can exceed 155 mph. Hurricanes and tropical storms can further result in tornadoes and heavy flooding. Hurricanes can cause extensive damage through both strong winds and high flood waters from rain and storm surges.

HOW TO PREPARE FOR A HURRICANE

• Stay informed and know your hurricane terminology:

Tropical depression — A system of clouds and thunderstorms with a defined surface circulation and sustained winds that do not exceed 38 miles per hour.

Tropical storm — A system of clouds and thunderstorms with a defined surface circulation and sustained winds of 39 to 73 miles per hour.

Hurricane — A system of clouds and thunderstorms with a defined surface circulation and sustained winds 74 miles per hour or higher.

Storm surge — A dome of water pushed ashore by winds during tropical storms and hurricanes. Storm surges can reach 25 feet high and be 50 to 1,000 miles wide.

Storm tide — A combination of a storm surge with normal tide, increasing the amount of water (e.g., a 15-foot storm surge with a 2-foot normal tide creates a 17-foot storm tide).

Hurricane/ tropical storm watch — Hurricane/ tropical storm conditions are possible within 36 hours in specified areas. Stay tuned to radio or TV for further information.

Short-term watches and warnings — These provide detailed information about specific threats during hurricanes, such as flash flooding or tornadoes.

WHAT DO I DO IF THERE IS A HURRICANE?

Tune into AFN TV or AFN Radio at 106 FM and 107 FM.

If you are told to evacuate:

- NEVER ignore an evacuation order.
- Follow the guidelines given regarding times and routes.
- Take only essential items and your emergency kit.
- Turn off gas, electricity and water if you have not already done so.
- Disconnect all appliances.
- Make sure your car's gas tank is full. Do not walk in moving water.



WHAT DO I DO AFTER A HURRICANE?

- Listen to news reports to make sure water supplies are not contaminated.
- Avoid flood waters, standing or moving, as they may be contaminated or deeper than expected.
- Beware of downed power lines.
- Avoid any roads where flood waters have receded, as they may have weakened and could collapse under the weight of a car.
- Be extremely cautious when entering buildings and homes as there may be unseen damage.

WHERE CAN I FIND ADDITIONAL INFORMATION?

U.S. Department of Homeland Security: <http://www.ready.gov>

FEMA: <http://www.fema.gov/hazard/volcano/index.shtm>

Vesuvius Observatory: <http://www.ov.ingv.it/nglese/vesuvio/vesuvio.htm>

NFAAS: <https://navyfamily.navy.mil>

School meal prices to increase in January

By MCI (SWAW) Monique K. Hilley, Commander, Navy Installations Command Public Affairs

Beginning Jan. 3, students headed back to school at Department of Defense Dependents Schools (DoDDS) after the holidays will face an increase in student meal prices mandated by The Healthy, Hunger-Free Kids Act (Public Law 111-296).

Students participating in the DoD Student Meal Program who pay full price for their lunches will begin paying 35 cents more per meal. The new prices will be \$2.40 for elementary students and \$2.55 for secondary students.

The January 2012 school meal cost increase marks the first time in more than seven years that prices have risen. The last price increase was ten cents per meal in 2004.

Households qualifying for the Free and Reduced Meal Program will not be affected by the meal cost increases. The cost



Starting Jan. 3, prices for student meals will increase at Department of Defense Dependents Schools. (Photo by Melissa Kabukuru)

of a reduced-price meal will remain unchanged at 40 cents per meal through school year 2013-2014.

The DoD Student Meal Program is an overseas school program authorized under the Richard B. Russell National School Lunch Act and the Child Nutrition Act. It will remain a subsidized, U.S. Department of Agriculture (USDA)-approved and nutritious option for Navy families with school-age children.

"The Public Law requires a review and adjustment to student meal prices. This law, plus the fact that meal prices have not kept pace with the increased costs to provide meals during the past seven years, have led to an increase in prices," said Charles S. Clymer Jr., program manager for Child and Youth Programs for Commander, Navy Installations Command Headquarters' Fleet and Family Readiness.

"Just like everything else, the cost of quality food, labor and

equipment increase each year, and this increase will help ensure school food authorities have funding available to support serving nutritious meals to all students," said Clymer.

The Healthy, Hunger-Free Kids Act of 2010, signed into law by President Barack Obama Dec. 13, 2010, mandates changes to school lunch and breakfast programs nationwide, with a focus of improving child nutrition.

The legislation authorizes funding and sets policy for USDA's core child nutrition programs: the National School Lunch Program, the School Breakfast Program, the Special Supplemental Nutrition Program for Women, Infants and Children (WIC), the Summer Food Service Program, and the Child and Adult Care Food Program.

For more information on DoD meal programs, families are encouraged to contact their local school's Navy Liaison School Officer.

Individual Force Protection Plans (IFPP)

All Department of Defense personnel and their adult family members on official or unofficial travel outside of Italy must complete an Individual Force Protection Plan (IFPP). IFPPs are mandatory if one of the following criteria is met:

- If the destination country or region has a State Department Public Announcement or Travel Warning in effect.
- A U.S. Mission (Embassy/Consulate) is not present and the State Department or responsible Chief of Mission cannot extend normal consular protection services to U.S. Citizens.
- Travel includes any of the following countries: Russia, Latvia, Lithuania, Estonia, Belarus, Ukraine, Moldova, Georgia, Azerbaijan, Turkey, Israel, Lebanon, Albania, Kosovo, Serbia, and all Africa Nations.
- Travel is out of Area of Responsibility (AOR) as required by AOR Commander. (CONUS, Alaska, Hawaii, and U.S. Territories are exempt).

For more information, please contact the Anti-Terrorism/Force Protection Division at 081-568-5525 or 081-568-5595, or visit the office in the Capodichino Security Precinct in Bldg. 403, open from 8 a.m. to 4 p.m. Monday through Friday.

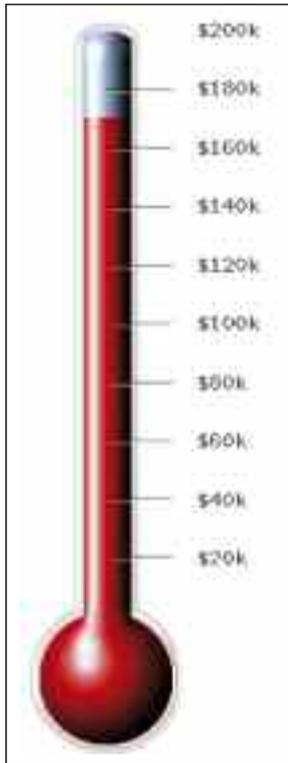
2011 Combined Federal Campaign-Overseas extended through Dec. 15

Each fall, Department of Defense (DoD) uniformed and civilian personnel demonstrate their generosity by making contributions through the Combined Federal Campaign-Overseas (CFC-O). The 2011 campaign began on Oct. 3, and in just nine weeks since the campaign's launch, personnel in the five overseas combatant commands have pledged more than \$11 million to help people in need in military communities, across the nation and around the world. Recognizing the need is greater than ever this year, the AFRICOM, CENTCOM, EUCOM and SOUTHCOM have extended their campaigns for an additional 12 days through Dec. 15.

The campaign, managed by Global Impact, comprises more than 2,500 organizations working to address critical needs and aid recovery efforts throughout the world. Many of the charities who benefit from the CFC-O resources support reintegration programs for service members overseas, as well as various other programs for veterans, active duty service members and their families.

CFC-O contributors have the option of donating through traditional paper pledge cards or e-Giving. Contributors can also elect to support their local overseas military communities through the Family Support and Youth Programs (FSYP). Donations to FSYP are returned to the installation to support quality of life programs.

The CFC-O is one of the most successful charitable workplace giving campaigns in the world. The five combatant commands raised more than \$13.8 million in 2010 to reach out with life-saving and life-enriching services benefiting millions of people. For more information, visit www.cfc-overseas.org or contact your local CFC-O representative.



Right: Through this year's Combined Federal Campaign-Overseas, Naval Support Activity Naples has raised \$170,000 so far toward its \$200,000 goal.



One of the organizations that benefitted from the Naples Overseas Spouses Club's recent Have a Heart Fundraiser was the Maiella Home in Casaluce, a foster home for nine children. Each child received a gift card to the Auchan shopping center, where they could buy something personal.

NOSC helps the Italian community

Story and photo by Maria Ederlin, Naples Overseas Spouses Club

Many in the Naples community recognize the name The Naples Overseas Spouses Club (NOSC) as the group that operates the Forgotten Treasures thrift shop. Just this year, Forgotten Treasures volunteers worked endless hours to earn \$130,000 to support our military community in charitable giving and scholarships.

But for our NOSC volunteers, it still was not enough.

Since all monies earned at Forgotten Treasures stay inside the military community, NOSC volunteers wanted to do more and reach beyond our gates and help those in need in our host country.

Thus the concept of the Have a Heart Fundraiser was born. For the event, NOSC volunteers gathered varied and outlandish clothing throughout the year and selected themed songs to accompany the outfits during a fashion show. NOSC collected donations from Italian and American sponsors and put everything together for a fabulous auction night.

Through networking with local Italians who work on the base and by word of mouth, the NOSC volunteer committee selected 24 Italian organizations to receive the funds raised through the Have a Heart event.

One group that benefitted was Imparare Giocare in Villaricca. The center offers an afterschool program for many children who can't return immediately home because both parents are working. The center used the money to buy a foosball table.

Another organization, Centro Teresa Bianco in Quarto, is a learning center for children with Autism and Downs Syndrome. NOSC provided Centro Teresa Bianco with a new stove to help children learn new skills and an audio system for music lessons. A third organization, The Maiella Home in Casaluce, is a foster home for nine children, four of whom are siblings. NEX gave each of them a gift card to the Auchan shopping center, where they could buy something personal. It was a unique and wonderful experience watching their faces light up as they realized the generosity of the gift.

NOSC's commitment to this project is strong, and its involvement is truly life-changing. Even though the traditional giving season is right around the corner, remember the needs in our local community are yearlong. Find the time to get involved and become a part of the NOSC team. You can help make the next Have a Heart event a big success. NOSC is actively searching for new volunteers to become involved. For additional information, contact Celeste at noscpresident4@gmail.com.

Abbigliamento invernale / Winter clothing

Practice your vocabulary. Find the Italian words.

K V I E J O J Y B T F M J F W
O D F G O Y T O G U S B T U R
M P W S W F Y T V U C S V F Q
U O K M N X A S O P N V Q H M
C N R I U Y G J Q P Z U B P X
K Z S G W S U Q C B P V L E S
I T N A U G K G H E Y A J X C
N T M I E B V S N N Z I C S S
D O L L E P P A C O N G C P T
A U I X H G P L E I A D Y P I V
G N J Z I P G P Z L A T G I V
M F A A S Q P L T G P R Z A A
I R C L J C A W E A W S P S L
T C B R O C E F I M M Z F A I
A K I O J F D S C I A L L E N

CALZINI / Socks
CAPPELLO / Hat
CAPPOTTO / Coat
GIACCA / Jacket
GUANTI / Gloves

LANA / Wool
MAGLIONE / Sweater
SCIALLE / Shawl
SCIARPA / Scarf
STIVALI / Boots

CAPODANNO / New Year's Christmas
NATALE / Christmas
REGALO / Gift
ALBERO DI NATALE / Christmas Tree
CANDELA / Candle
PRESEPE / Nativity scene
EPIFANIA / Epiphany
BABBO NATALE / Santa Claus
STELLA / Star
FESTEGGIARE / To celebrate
REGALARE / To give
PANETTONE / Traditional Christmas cake

Answer to last week's puzzle

Le feste / The holidays

Obtaining your Sojourner Permit

Italian law requires all foreign personnel working or living within Italy, other than an active-duty member under military orders, to obtain a Sojourner Permit within eight days of arrival in Italy. This is different from a visa, which is merely an approval for entry into the country.

All applicants over 14 years of age must apply in person, as each person's signature is required at the time of application.

NATIONALS OF ANY STATE OF THE EUROPEAN COMMUNITY COMING TO ITALY DO NOT REQUIRE ANY VISA OR SOJOURNER PERMIT.

As part of the Area Orientation process, the U.S. Region Legal Service Office (RLSO EURAFSWA) assists in the preparation and oversees the acquisition of the Sojourner Permit for all personnel attached to U.S. Navy commands in the Naples area. Army and Air Force personnel stationed at JFC must apply through the Carabinieri at the JFC Provost Marshall's Office, Building L.

Contact Connie Henderson, RLSO EURAFSWA liaison advisor, at 081-568-4639 for more information.

A photo safari through the Salzkammergut

Story and photos by Gary Rice

The Salzkammergut: land of lakes, mountains, and salt. It's one of the most beautiful and scenic places in Europe. Located on the northern edge of the Alps in Upper Austria, it is a region of picturesque Alpine lakes and quaint villages nestled in verdant valleys between soaring limestone peaks. And it's an easy trip from Naples. I flew into Munich, rented a car, drove into Austria, and spent five days driving around the region on a photo safari.

The Salzkammergut lakes are just a short drive east of Salzburg. There are five main lakes and many smaller ones (76 in all) scattered over an area that is one of Austria's most popular attractions. There are many hotels and B&Bs around the lakes, and all the usual sporting and recreational activities associated with mountains and lakes are available. I was a bit surprised to see that the lakes are very popular with Scuba divers.

Salt (salz) was mined in the region all through prehistoric, ancient and medieval times. Many salt mines still exist in the area, and some of them are open to the public for tours. Since the 19th century, the Salzkammergut has also been well-known for its thermal mineral springs, and its spas are still a major attraction today.

My first stop was Salzburg, the gateway to the



The 11th-century Hohensalzburg Fortress, built on the crest of the Mönchsberg Mountain above the Salzach River, commands scenic views over the city of Salzburg and the surrounding countryside.

Salzkammergut. Salzburg is a beautiful city with many scenic sights and attractions. It is a cultural and artistic center that is famous as the birthplace of Mozart, whose birth house is now a nice museum. The magnificent Hohensalzburg Fortress overlooks the city from its rocky perch high above the Salzach River. Built in the 11th century, the fortress is open to the public and offers great views of the surrounding countryside, along with informative museums and exhibits.

The Salzkammergut is "Sound of Music" country, and locations

in both Salzburg and the lake district were used as settings for many of the scenes in that 1965 blockbuster starring Julie Andrews and Christopher Plummer. In the city's Mirabell Gardens, visitors can see the fountains and palace steps that were prominently featured in the film. Around the lakes, places like Schafberg (Sheep Mountain) and Hohenwerfen Castle provided scenic backdrops for the film's songs and scenes.

One of my favorite places in the lake district is the small village of Hallstatt, with its picturesque houses and churches clustered on the slope and shore of the lakeside. On a ridge above the village is the Pfarrkirche, the Catholic parish church that dates to the 15th century. In the cemetery around the church is a small chapel called the Beinhaus (Bone House), in which about 1200 human skulls, many colorfully decorated with floral designs, are on display. With a limited amount of space in the cemetery, the skulls and bones were disinterred and moved to the chapel between 1720 and 1995 to make room in the graves for new occupants.

Having a rental car enabled me to get almost everywhere I wanted to go. But I also took advantage of cable cars and a cogwheel train to get me to the top of several towering peaks overlooking the lakes, and the



Above: This view of the mountains, as seen from the courtyard of the Hohenwerfen Castle near the town of Werfen, is typical of the scenery in the Salzkammergut.

Page 1: The Protestant Christ's Church in Hallstatt was built in 1861 on the shore of the lake.

views were spectacular. At Krippenstein on the Dachstein massif above Hallstätter Lake, a metal platform called the Five Fingers provides the optimum viewpoint.

I wrapped up my tour of the Salzkammergut with a stop at the town of Branau-am-Inn before heading back to Munich. Branau is a quaint and historic place with many scenic sights to attract photographers. But Branau is also famous for a more ominous reason – in the historic old center of town is the

house where Adolf Hitler was born. The house is not marked in any way as Hitler's birthplace, and the town does not advertise the fact. It is not open to the public. On the sidewalk in front of the house is a large stone that was brought from the former Nazi concentration camp at Mauthausen in Upper Austria. An inscription in German on the stone, roughly translated, reads, "For peace, freedom and democracy, never again fascism, millions of dead remind us."



The Salzburg Cathedral dominates this overview of the city, as seen from a tower of the Hohensalzburg Fortress.

Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <http://cnic.navy.mil/Europe/About/Jobs/index.htm>

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are: Monday through Friday, from 8 a.m. to 3:30 p.m. Applications are accepted at the Security Pass and ID Office at Capodichino, OR at the HRO, located in Admin 1, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

NEW CUSTOMER SERVICE OPERATION HOURS: Starting Monday, Oct. 31, 2011, the Commander Navy Region Europe, Africa, Southwest Asia (CNREURAFSWA) Human Resources Office (HRO) at Capodichino will begin new customer service hours for some services.

On Monday, Wednesday and Fridays, the following HRO services will be open only from 9 a.m. to 11 a.m. and from 1 p.m. to 3 p.m.:

- ID/CAC CARDS (DD1172-2)
- Requests for an Official Passport (DD1056)
- Logistical Support Letters
- Work Certificates

U.S. POSITIONS

For a current list of U.S. vacancies and application process information visit our website at: <http://cnic.navy.mil/Europe/About/Jobs/index.htm>

CLOSING DEC. 15

Financial Management Analyst, GS-0501-05 KPP 07/09, ANN#EUR12-202206-JC, Full Time Permanent

Medical Support Assistant, GS-0679-05, ANN#EUR12-215-282-AG, Full Time Permanent
Operations specialist, GS-0301-09, ANN#EUR12-211410-SC, Full Time Permanent

Electronics Technician, GS-0856-12 (Multiple Positions), ANN#EUR12-176066-SC, Full Time Permanent

CLOSING DEC. 22

IT Specialist (INFOSEC/SYSANALYSIS), GS-2210-12, ANN#EUR12-213811-JC, Full Time Permanent

IT Specialist (SYSANALYSIS), GS-2210-12, ANN#EUR12-215124-JC, Full Time Permanent

Supervisory Recreation Specialist, GS-0188-09, ANN#EUR12-209491-AG, Full Time Permanent

IT Specialist (SYSADMIN/CUSTSPT), GS-2210-11 KPP 12 or GS-2210-12, ANN#EUR12-206978-AV, Full Time Permanent

Range and Targets Program Manager, GS-0301-12, ANN#EUR12-196510-EG, Full Time Permanent

COURTESY U.S. VACANCY ANNOUNCEMENTS

Percussion instructor(s) needed for marching band percussion line. Experience in marching a plus. If interested contact Gary Marvel, director of Naples High School's bands, at 340-681-3432 or gary.marvel@eu.dodea.edu.

Navy Federal Credit Union is hiring full-time branch management and supervisor and full- and part-time member service representatives. Apply at the branch or www.navyfederal.org, select "Careers" and "Employment Opportunities," or inquire at the branch.

OPEN CONTINUOUS ANNOUNCEMENT

Educational Aid (CDC/CYP), GS-1702-02 KPP 03 KPP 04,

ANN#EUR11-920861-AG, (Multiple Positions), Full Time Permanent, Next Cut Off-Date: Dec. 22, 2011

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: <http://cnic.navy.mil/Europe/About/Jobs/index.htm>

CLOSING DEC. 22

Secretary (O/A), UA-0318-06, ANN#62588-211516-AG, Full Time Permanent

If you have any questions, contact the front desk at 081-568-5409. You can also contact the HRO Naples helpdesk at: <http://cnic.navy.mil/Europe/About/Jobs/AboutWorkingHere/index.htm>. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input, whether negative or positive so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO Representative is available for the bi-weekly "Meet & Greet" at the NSA, Support Site Base, Navy Exchange Food Court area from 8 a.m. to 9 a.m. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to the HRO office and you will be provided an answer or a call back the same day. The next "Meet & Greet" is Dec. 19, 2011.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at: <https://www.cnic.navy.mil/Naples/FleetAndFamilyReadiness/AboutFleetAndFamilyReadiness/Jobs/index.htm>

The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Child Program Assistant, CY-1702-I/II, ANN#11-024, (Multiple Positions) flexible, Child Development Centers, School Age Care, Capodichino/ Support Site. Performs routine, day-to-day care of infants and children rang-

ing from 6 weeks to 5 yrs old.

Youth Program Assistant, CY-1702-I/II, ANN#10-069, (Multiple Positions) flexible/regular Youth Programs, Support Site/Carney Park. Assembles or gathers materials and equipment necessary to execute School Age Care for children ranging from 6 years old to 9 years old, School-Age Care Pre-Teen for children ranging from 10 years old to 12 years old, and Teen Center Program for children ranging from 13 years old to 18 years old. Receives and releases children to/from authorized parents or guardian.

Recreation Aid, NF-0189-01, ANN#10-022, flexible, NOR Center, Carney Park. Provides and maintain recreation and athletic equipment issue.

Recreation Aid, NF-0189-01 ANN#10-064, flexible part time, Bowling Center, Support Site. Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01 ANN#10-065, flexible part time, Liberty Division, Capodichino. Helps the customers in the recreation center with recreational events.

Recreation Aid, NF-0189-01, ANN#12-002, flexible, Auto/Skills Center, Support Site. Provides information concerning facility, operation and regulations. Ensures adherence to regulations and safety procedures.

Recreation Aid, NF-0189-01, ANN#10-113, flexible, Community Services, Capodichino. Provides information concerning facility, operation and regulations.

Recreation Aid, NF-0189-01, ANN#10-119, flexible, Golf Course, Carney Park. Collects green fees (monthly and daily), locker fees and fees for electric cart rentals. Employee will act as starter when needed on weekdays and assist when needed as cashier.

Motion Picture Projectionist, NA-3910-07, ANN#10-084 flexible part time, Reel Time Theater II, Support Site. Operates permanently installed 35 mm motion picture projectors, insuring a standard quality of sound and picture projection.

Recreation Aid, NF-0189-01, ANN#11-082, flexible, Reel Time Theater II, Support Site. This position transacts the sale of refreshments at the theater snack bar. Open until filled.

Recreation Aid, NF-0189-01, ANN#11-086, flexible, Fitness Branch, Capodichino. Performs maintenance on various types of recreation and athletic equipment

to ensure that all equipment is in good condition and safe for patron use. Open until filled.

Food Service Worker, NA-7408-04, ANN#11-136, Flexible, Bowling Center, Support Site. Performs a variety of tasks such as grilling or frying pancakes, hamburgers, hot dogs, bacon, eggs, sausage, by watching while the items are cooking, turning as required; regulating temperature and removing when done. Open until filled.

CNREURAFSWA NRBO NAF U.S. POSITION

Accounting Technician, NF-525-03, ANN#11-094, flexible full time, NRBO, Capodichino. Maintains and reconciles budget and accounting records by implementing principles of accounting and double entry bookkeeping. Open until filled.

NAF LOCAL NATIONAL POSITION

Financial Technician, Ua-0503-06, ANN#12-026, temporary full time, CNREURAFSWA NAF Regional Business Office, Naples. Open Until Filled.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
Monday through Friday
8 a.m. to 3:30 p.m.

NEX Job opportunities are now posted on the Web at <http://www.navy-nex.com>

Submit completed applications to NEX Human Resources Office located above the Main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-

COMPETITIVELY CHANGED TO REGULAR POSITIONS
GRICIGNANO MAIN STORE
Ann#068-11 Security Guard/LP/NF-01/Flex. Closes: 12/09/11. Pay Rate: \$8.00-10.00 Performs assignments on a patrol basis or at a fixed post with responsibility for enforcing security measures.

DISTRIBUTION CENTER, GRICIGNANO

Ann#028-11 Warehouse Worker/72/NA-05/Flex. Closes: 12/16/11. Pay Rate: \$12.75. Responsible for one or more functions (receiving, storing, issuing and shipping, etc.) within a warehouse area. May be assisted by several lower grade associates.

GRICIGNANO MINI MART

Ann#059-11 Sales Clerk/MM/NF-01/Flex. Closes: 12/16/11. Pay Rate: \$8.00-\$10.00. Responsible for selling general merchandise to customers exercising professional selling techniques.

CAPODICHINO NEX MART

Ann#050-11 Lead Cashier Checker/CC/NF-01/RFT. Closes: 12/16/11. Pay Rate: \$8.00-\$11.00. Responsible for leading a minimum of three (3) associates engaged in the operation of cash registers to record sales in retail check out areas.

Ann#061-11 Customer Service Clerk/NF-01/RFT (2) POSITIONS. Closes: 12/09/11. Pay Rate: \$8.00-\$10.00. Performs various customer service duties which involve inventory management control, taking special orders, assisting customers with special requests, providing layaway services and resolving customer complaints.

JFC-NATO MINI MART

No Vacancies

LOCAL NATIONAL POSITIONS

No Vacancies