

## Sigonellan's pay to have co-workers arrested for charity



Lt. William Knight and Aviation Boatswain's Mate 1st Class Keith Faulkner wait out their time in a holding cell after their co-workers paid to have them arrested during the Combined Federal Campaign "Arrest a co-worker" fundraiser Nov. 4 on NAS II.

By MC3 Jonathan Idle

The Signature Staff

Members of the Sigonella community donated money to watch their co-workers dragged away in handcuffs during the "arrest a co-worker" fundraiser for the 2009 Combined Federal Campaign (CFC) Nov. 4 on NAS II.

The CFC is a group of group of charitable organizations that have approved for donations by govern-

ment employees.

According to Chief Master-at-Arms Eduardo Perez, Sigonella CFC fundraising coordinator, this type of fundraiser is something that is used year-round in Sigonella community.

"The reason we do it is because it's fun watching your co-worker get arrested and it doubles the money we possibly make," Perez said. "You pay 20 dollars to have your co-worker arrested and he doesn't want to go to

jail then he just matches that amount. So, now you've got 40 dollars being made."

To date, Sigonella has raised 35,000 thousand dollars for this year's CFC and 1,200 off of the "arrest a co-worker" fundraiser, said Perez.

"The CFC comes around once a

**CFC, continued on page 12**

## WWI fallen honored at memorial service



Cmdr. Alfonso Concha offers communion to sailors of Naval Air Station Sigonella and congregation members of the church of Parrocchia S. Antonio during a service held in celebration of Italian Armed Forces Day and the end of WWI.

By MC2 Jason Poplin

NPASE East Det. Sigonella

American and Italian service members gathered together in the town of Motta Sant'Anastasia to honor Italian Armed Forces Day and World War I fallen brothers-in-arms during a joint memorial service held Nov. 4.

The ceremony began with a procession through the town with sailors of Naval Air Station Sigonella and members of the Italian Military and Police forces, veterans associations, and town council members, to the church of Parrocchia S. Antoni

**MEMORIAL, continued on page 12**

## Sicilians, Sailors gather in Cassibile for WWII Memorial



U.S. Navy Chaplain, Cmdr. Alfonso Concha performs a blessing for a wreath placed on the WWII Memorial in town square of Cassibile, a province of Siracusa, Sicily on November 3, 2009.

By MC2 Gary Prill

NPASE East Det. Sigonella

"I can remember the Allied soldiers, from the day they landed here on July 10th 1943. We used go out into the square and play with them," said Graziella Calcagno, recalling when she was 7 years old, and living 150 meters from General Eisenhower's headquarters.

Calcagno, whose father died during the British landing in Sicily, was an honored guest of the memorial ceremony Nov. 3, 2009, in remembrance of the armistice signed at the town center in Cassibile, a province of Siracusa, Sicily. Included in the guests, were former WW2 veterans, City Council Members, Representatives from the Italian Military, and volunteer U.S. Navy Sailors including U.S. Navy Chaplain, Cmdr. Alfonso Concha, who recited the prayer for the ceremony.

In 1943, Italian Gen. Giuseppe Castellano met with Army Gen. Bedell Smith, acting in place of Gen. Dwight D.

Eisenhower, to sign the armistice in secret and begin the immediate disarmament of the Italian fleet, and aircraft.

We hold this so people remember what happened here, if we can remember the past, we can build a better future, said Paolo Roman, Siracusa City Councilmen and member of Kakiparis Cultural Association, the original founders, and organizers for the memorial

The memorial normally held on September 3, marked the official date of the signing of the armistice, in city's plaza where a ceremonial wreath was laid by family members in honor of those who gave their lives during the war. This year the memorial was postponed by members of the city council for a day of remembrance for a local family who perished in a plane crash, on September 2nd.

As a new part of the memorial the city council is currently in the process of securing a location to begin the building of a WW2 cultural center and museum in the for the city of Syracuse.

### WEATHER UPDATE

November 13  
H:69F  
L:50F



November 14  
H:70F  
L:56F



November 15  
H:73F  
L:54F



November 16  
H:74F  
L:61F



November 17  
H:71F  
L:52F



November 18  
H:72F  
L:54F



November 19  
H:72F  
L:53F



### TOP STORIES

This article is dedicated to all men and women who have served and continue to serve today in the U.S. Military Forces. We celebrate Veterans Day 11 Nov by honoring all of you who are currently serving and those who have served in the past.

Page 2

In ALNAV 069/09, released Oct. 30 to all Navy and Marine Corps personnel, Secretary of the Navy (SECNAV) designated November 2009 as Warrior Care Month.

Page 3

You're 10 minutes late, you spilled coffee on your shirt, and your ice-breaking joke only created an awkward silence. You say to yourself, "I am doomed," and give up before the interview has even started.

Page 5

The Sigonella girl's volleyball team traveled to Rome for the last two games of their season Oct 23. They competed against the Aviano Saints and the Marymount Royals.

Page 7

Castelmola, Sicily is an ancient and beautiful little village nestled high above Taormina on a cliff overlooking the surrounding towns. The village's roots trace back to the Greeks who built it as a more protected extension of their Taormina colony.

Page 8

### TRAFFIC NUMBERS

	Jan. 09- Nov. 09	Jan. 08- Nov. 08
Accidents	231	266
Injuries	24	44
DUIs	3	5
Traffic Deaths	1	2

PLEASE,  
DON'T BECOME  
A STATISTIC!

# DIRECT LINE NASSIG COMMANDING OFFICER, CAPT. THOMAS J. QUINN

The 5 November Feedback Live received so many questions via the web that some of them couldn't be covered in the allotted time, so we are going to devote the Direct Line to answer them. The show was really successful but unfortunately, there were no phone calls into the show while we were on the air. If anyone had called they would have received a free mouse pad courtesy of our local AFN. Please keep sending your questions via email but remember that it is a live call in show and you can get your question answered on the spot. Feedback Live is held on the first Thursday of each month, from 6:30 p.m. - 7:00 p.m. To call in live on the show, please dial 624-4265 or 095-56-4265.

Question 1. I was wondering is there a solution in place to allow Industry Standard Certification testing at BETD again. I know it is cur-

rently unavailable but in the IT field we are required to attain certain certifications so we can keep our job for example: security+, network+. Without having a testing center here on base, it hinders all NCTS Sailors as well as the Hospital Sailors that have to meet certain DOD requirements. If we don't meet these requirements our administrative access to networks will be revoked.

Answer 1. Pearson VUE has resumed testing for certification here at NAS Sigonella. Testing takes place at NAS II, bldg. 407 at Base Training. Testing will resume in November 2009. If you have been waiting to take a certification test now is the time.

Due to the high volume of test takers starting November 2009, Pearson VUE will be offering two testing sessions at 0700 and 1000 on the second and fourth Tuesday of

each month where different tests can be administered at one time. Everyone has approximately 120 minutes to complete their exam. There is limited seating for testing and only 4 computers available, so please plan accordingly or e-mail the Test Administrator. Candidates scheduled for testing are required to arrive 30 minutes prior to their scheduled time. At this time Pearson VUE Sicily Staff is waiting for the security equipment enhancements to arrive to comply with increased security requirements for CISCO testing. Once installed and tested you will be notified to resume your CISCO certification. Any further questions e-mail the Pearson VUE Site Administrator at BETD [luis.galvezmeraz@eu.navy.mil](mailto:luis.galvezmeraz@eu.navy.mil) or [jefrey.love@eu.navy.mil](mailto:jefrey.love@eu.navy.mil)

Question 2. Please verify the status of the SP-106. Are base per-

sonnel allowed to pass through this road or not? I was notified by Security that they highly encourage people from passing through and will be issuing tickets, but I still see base personnel take a left towards that road from Marinai especially in the morning to avoid being stuck behind the buses.

Answer 2. The road is actually SP-208 and yes it has been closed by the host nation. We do not actively try to ticket motorists for using SP-208, but the road is closed. If you transit that road you may be ticketed by the host nation. The best bet would be stay off that road to avoid damage to your vehicle and to your wallet.

The questions, comments and concerns stated in this column do not constitute the official position of the



U.S. Navy and are submitted by members of the community.

## Naval Hospital Sigonella Goes Tobacco Free

Article provided by Naval Hospital Sigonella

Did you know that there are several Naval Hospitals that have gone tobacco free?

The benefits of a tobacco free hospital are overwhelming supportive and encouraging to the health of non-smokers and smokers alike.

On November 19th, 2009 Naval Hospital Sigonella will be amongst the other Naval Hospital that have gone tobacco free around the globe.

The purpose of becoming a tobacco free facility is to support Navy Medicines endeavors to be tobacco free, but to ultimately ensure the healthiest environment for our active duty, staff, patients, and visitors.

Here are some advantages to going tobacco free:

- Decrease in inpatient hospital stays:
- Better wound healing
- May facilitate long-term cessation maintenance.
- No more "permission to smoke" inpatient orders.
- Staff Benefits:
- Increased productivity, decreased sick time, equitable break time, overall healthier environment.

Here are some questions you

might be asking yourself:

What are the specific provisions of the new tobacco use policy?

1. No tobacco use on NH Sigonella property and it's surrounding areas.

2.No tobacco use while in uniform or while on duty.

3. No tobacco use or evidence of tobacco use while in the presence of patients

No tobacco use while on travel in support of Navy Medicine.

Does the policy apply to the use of tobacco products besides cigarettes?

1.The policy pertains to all tobacco and nicotine delivery devices including smoke and smokeless tobacco, and electronic cigarettes. Gum, patches, etc. when used for quitting purposes do not fall under this restriction.

Does the policy prohibit me from bringing cigarettes or other tobacco products on the property?

Possession of tobacco products is not addressed in the policy.

To whom does the policy apply?

This policy pertains to all staff—**TOBACCO, continued on page 12**

## HEALTH WATCH

### CHAPLAIN CORNER



Chaplain Concha

## Honoring all who serve

This article is dedicated to all men and women who have served and continue to serve today in the U.S. Military Forces. We celebrate Veterans Day 11 Nov by honoring all of you who are currently serving and

that we can talk to our own families and children about war and the price of freedom that so many have paid on our behalf.

To refresh your memory, World War I officially ended with the Treaty of Versailles on June 28, 1919 but fighting has ended back on November 11, 1918 when the armistice between the Allied nations and Germany went into effect (eleventh hour of the eleventh day of the eleventh month). For that reason, November 11, 1918, is actually considered the end of "the war to end all wars."

President Woodrow Wilson named November 11, 1919 the first commemoration of "Armistice Day" with the quote: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

**HONOR, continued on page 12**

those who have served in the past.

But, who is a veteran? The free encyclopedia Wikipedia tells us that a war veteran (from Latin vetus, meaning "old") "is a person who has or is serving in the armed forces, or a person who has had long service or experience in an occupation or office".

Veterans Day is now both a federal and a state holiday. It is our day off but most of all is a time to gratefully remember those who preceded us and those of us who continue serving today all over the world. This is the day

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# NAVY NEWS

## SECNAV Designates November as Warrior Care Month

By Zona Lewis

Navy Safe Harbor Public Affairs

In ALNAV 069/09, released Oct. 30 to all Navy and Marine Corps personnel, Secretary of the Navy (SECNAV) designated November 2009 as Warrior Care Month.

Throughout November, the Navy and Marine Corps will focus its attention on one of the Department of the Navy's highest priorities – caring for wounded, ill and injured Sailors, Marines and Coast

Guardsmen.

"More than 10,000 Marines and Sailors have been wounded since September 11, 2001," stated Ray Mabus, SECNAV. "The Department of the Navy remains committed to supporting and assisting our wounded, ill and injured service members and their families through the Navy Safe Harbor program and Marine Corps Wounded Warrior Regiment."

These programs offer a variety of non-medical assistance to wounded, ill and

injured service members through a comprehensive approach designed to optimize their recovery, rehabilitation and reintegration.

Non-medical care support covers a wide range of areas including pay and personnel issues, invitational travel orders, temporary lodging and housing adaptation, child and youth care, transportation needs, legal and guardianship issues, education and training benefits, commissary and exchange access, respite care,

traumatic brain injury/post traumatic stress support services and transition assistance.

Warrior Care Month is a way to highlight these programs across the Department of the Navy so wounded warriors and their families are aware of the various programs, services and support available to them.

"Integral to supporting our wounded warrior is supporting their family," stated Mabus. "I ask all Department of the Navy personnel to join me in expressing our heartfelt gratitude and support for our wounded, ill and injured Sailors, Marines, their families and caregivers."

For information on Warrior Care Month activities or about the Department of the Navy's wounded warrior programs, contact Navy Safe Harbor toll free at (877)-746-8563 or visit [www.safeharbor.navy.mil](http://www.safeharbor.navy.mil).

Contact the Marine Corps' Wounded Warrior Regiment via the Sergeant Merlin German Wounded Warrior Call Center toll free at (877)-487-6299 or go to [www.woundedwarriorregiment.org](http://www.woundedwarriorregiment.org).

The Bureau of Medicine and Surgery's Wounded Ill and Injured Warrior Support may be contacted at (202) 762-3043.

### PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC2 Joshua J. Wahl

Boatswain's Mate 3rd Class Solomon Michel loads supplies and equipment onto a Marine Corps CH-53E Sea Stallion helicopter aboard the amphibious dock landing ship USS Harpers Ferry (LSD 49). Harpers Ferry is part of the Denver Amphibious Task Group participating in the annual bilateral Korean Integrated Training Program exercise.



U.S. Navy photo by MC2 Kevin S. O'Brien

Secretary of the Navy (SECNAV) the honorable Ray Mabus awards the Bronze Star with Valor medal and a Purple Heart medal to Navy SEAL Lt. Dan Crossen at the National Medical Center in Bethesda, Md. Crossen was wounded by an improvised explosive device in Afghanistan.

COMMUNITY CALENDAR				FRIDAY	SATURDAY	SUNDAY
				<b>13 NOVEMBER</b> Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	<b>14</b> FFSC Surviving the Holidays Financially 10 a.m. - 11 a.m.	<b>15</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY			
<b>16</b> Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745  FFSC TAP 8 a.m. - 4 p.m.  ICR for youth Topolino 8 a.m. - 11:30 a.m.	<b>17</b> Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710  FFSC TAP 8 a.m. - 4 p.m.	<b>18</b> Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745  FFSC Mens Group 1:30 p.m. - 3 p.m.  TAP 8 a.m. - 4 p.m.	<b>19</b> FFSC TAP 8 a.m. - 4 p.m.  Ricotta Cheese Workshop  ICR for youth Benvenuti 8 a.m. - 12 p.m.	<b>20</b> Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745  FFSC ICR 12:30 pm. - 3:30 p.m. Anger Management 9 a.m. - 11 a.m. Arrivederci 8 a.m. - 11:30 a.m.	<b>21</b> Babysitting Training American Red Cross 9 a.m. - 4 p.m. x4900	<b>22</b>
<b>23</b> FFSC ICR 8 a.m. - 3:30 p.m.  IA Pancake Breakfast 8 a.m. - 10 a.m.  Stress & the Holidays 1p.m. - 2 p.m.	<b>24</b> FFSC ICR 8 a.m. - 3:30 p.m.  Consumer Awareness 1p.m. - 2 p.m.	<b>25</b> FFSC ICR 8 a.m. - 3:30 p.m.  Men's Group 1:30 p.m. - 3 p.m.	<b>26</b> Thanksgiving Day	<b>27</b> Day off	<b>28</b>	<b>29</b>

Marricriu

Motta

Funny Island

Magnolia

**Did you know that . . .**

Money gobblers eat away at your cash flow week after week? Want a shock? Record what you spend on miscellaneous items for a week, then multiply by 52. A partial listing might include magazines, paperback novels, soft drinks, beer and alcohol, fast food restaurants, video games, movies and VCR rentals, lottery tickets, photo/film supplies, cassette tapes and CDs, exercise classes, long-distance telephone calls, cigarettes, arts and crafts, toys, and pet supplies.

If you'd like additional information on how to better budget your hard-earned income, contact your local NMCRS Office. You'll be glad you did!

NMCRS: Service with a Smile!  
[www.nmcrs.org](http://www.nmcrs.org)



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**Commercial 095-56-4291**

## 5 tips to rescue a sinking interview

### Article courtesy of the Fleet and Family Support Center

You're 10 minutes late, you spilled coffee on your shirt, and your ice-breaking joke only created an awkward silence. You say to yourself, "I am doomed," and give up before the interview has even started. Confidence, charm, and honesty can still salvage this trainwreck of an interview. Instead of getting beaten by bad luck, take a deep breath, relax, and smile. Use the 5 methods discussed below to turn the interview around.

1. Be upfront. The last thing an interviewer wants to hear is a list of excuses he or she has heard a thousand times before. Trying to cover your tracks like this is just a waste of breath and could potentially insult your interviewer's intelligence. Take a different approach. Replace a list of excuses with the following sequence of events.

1. Identify the problem first - tell the interviewer about the mistake before he can address it.

2. Admit fault - apologize for the problem and recognize your shortcomings as the cause.

3. Explain typical behavior - let the interview know that mistakes, like being late, are unforeseen occurrences and that you normally don't make them.

2. Ask questions. Occasionally, you may start to feel uncomfortable during an interview. If you do not manage to regain composure, the interview will only go downhill. Taking focus away from you buys time. Sometimes turning the tables can also turn the interview around. Asking questions will force the interviewer to talk and possibly mention characteristics he is looking for. In keeping questions as a

back up plan, be sure to:

1. Prepare - come up with some questions ahead of time and make sure they are appropriate to the particular company and position.

2. Pay attention - don't just ask a question and then zone out as you regroup. The interviewer could be giving you valuable information or ask you a question in response.

3. Get feedback. One easy way to lose your cool is to get halfway through answering a question only to discover that the interviewer is bored beyond belief. There is no need to be scared...yet. This is another place where questions can help. Instead of using questions to get comfortable, use questions to get information. Your response may not be answering the right question, the question may have been unclear, or you may be spouting an incoherent nonsense. If you are caught in this situation:

1. Stop - Do not be afraid to break mid-answer to ask a clarification question.

2. Be direct - if clarification does not put you at ease, ask the interviewer if he has any concerns about you as a candidate for the position.

4. Try flattery. A good mood is contagious. If you can get the interviewer into a happier state of mind, you may manage to give the mood of the entire interview a boost. Plus, nobody minds the occasional compliment. Whether it's a nice word about the company, the office, or the culture, a compliment can go a long way in a rough interview. Choosing which compliments to pay, however, is not a simple task. Take to heart these suggestions before you start dropping kind words:

1. Show preparation - consider paying a compliment that shows you have done research on the company, such as commenting on a shift in strategy or other recent business decision.

2. Be sincere - a compliment has the ability to make you appear to be an upbeat person; do not let a poor attitude offset that.

3. Don't push It - compliments should not be too numerous, too personal, or too emphatic; eventually an interviewer will see through your ploy.

5. Move on. Sometimes you can be fully qualified, answer every question perfectly, and make all the right decisions, but still get a cold shoulder from an interviewer. At these times, you have to remember: it's not your fault. No matter how confident and qualified you are, you are not in complete control of the interview. You have bad days from time to time. Interviewers can have bad days too, and that can affect your interview. It's not fair, but it's the truth. An interview could be going badly due to no fault of your own. This is when your best bet is to just keep trying and move on. Maintain your composure and continue with the interview as if nothing is wrong. You may be able to pull the interviewer out of his or her rut; at the very least, you will still appear confident and professional, which never hurts.

Conclusion. You win some and you lose some, not every interview will be flawless. Learning to stop an interview from becoming a disaster can put you far ahead of the competition. So the next time you are in an interview, remember: if it feels like things can't get any worse, it means things can get better.

# Italian NEWS

Sicilian Culture, Events and Lifestyle

Alberto Lunetta  
The Signature Staff



## Montemaggiore Belsito Fall Festival to tempt your taste buds this weekend

If you love good traditional Sicilian food, you cannot miss the 6th edition of the "Sagra degli Antichi Sapori" (Ancient Flavors' Festival) taking place this weekend in Montemaggiore Belsito, a beautiful medieval hill-top town in the Palermo province.

The Festival, which will take place in piazza Roma, showcases a diverse sampling of local mouthwatering specialties. Festival organizer Gianni Pace, who belongs to Associazione Azzurra that has been organizing festival since 2003, explained that the aim of this exciting food event is to promote home-made cooking of the local women who keep local traditions alive. "All the organic and natural foods available at the festival will be absolutely fresh and prepared exclusively at home. Visiting this festival will give you a true farm-to-fork experience," Pace said.

This mouthwatering two-day celebration of natural food

will begin tomorrow (Saturday, Nov. 14) at noon with a Cotognata (dried cotogne apple jam cake) tasting. Later, after the festival ribbon-cutting ceremony hosted by the town authorities, there will be a salsiccia di suino e pane (pork sausage and bread) tasting at 7 p.m. One our later, the "Quagghiata" or ricotta making demonstration will begin. Festival goers will get a chance to sample Tuma, the first cheese that is made from the ricotta-making process, as well as a tasteful Zuppa di Ceci (chickpeas soup) and Sfinci and Pignulata fritters. A music show will follow later at 10 p.m.

On Sunday, Nov. 15, food booth will open at 8:30 a.m. A ricotta-making demonstration called Zabbinata will be performed at 11 a.m. offering visitors the chance to enjoy a scrumptious fresh ricotta and bread Sicilian-styled breakfast. If you love spaghetti, show up at the pasta preparation taking place

at 1:30 p.m. But if you are looking for something unique to sample, try the Ghiotta, a traditional Montemaggiore Belsito sweet and sour vegetables (zucchini, eggplant, onions, wild fennel, artichoke thistle etc.) mix specialty whose recipe is still secret! But the surprises are not over. There will also be a wine tasting with a Sicilian poetry reading by "U Zu Pinu u' cuntadinu" (Uncle Pino, the farmer) at 5 p.m., the Amastra group folklore show (8 p.m.), a Favi Ugghiuti (boiled broad beans) tasting (9 p.m.), arts and crafts, entertainment, guided tours to local attractions and more fun activities.

All festival tasting will require a "free offer" ticket.

Before you leave the festival, make sure you visit the local enchanting churches such as the Basilica di S. Agata V.M, Chiesa del SS. Crocifisso, Chiesa dell'Immacolata and Chiesa S. Benedetto.

Montemaggiore Belsito is



Photo by Associazione Culturale Azzurra

**The Montemaggiore Belsito Fall Festival features a plethora of food booth featuring traditional sweets, produce and homemade specialties from the Palermo and Madonie Mountains areas.**

about two hours from the base and is fairly easy to reach. Exit Buonfornello on A-19 Catania-Palermo highway and follow signs to Cerda and then

Buonfornello.

For more information and detailed schedule, call the local tourist office at 091-6211.

## Human rights ruling against classroom crucifixes angers Italy

Article taken from  
The Guardian

There was uproar in Italy last week over a ruling by the European court of human rights that the crucifixes that hang in most Italian classrooms are a violation of religious and educational freedoms.

The seven judges, whose decision could prompt a Europe-wide review of the use of religious symbols on public premises, said state schools had to "observe confessional neutrality".

Except on the far left, the ruling met with condemnation among Italian politicians and was denounced by the Vatican. Silvio Berlusconi's education minister, Maria Stella Gelmini, said: "No one, not even some ideologically motivated European court, will succeed in rubbing out our identity."

A Vatican spokesman, Federico Lombardi, said the crucifix was a fundamental sign of the importance of religious values in Italian history and culture, and was a symbol of unity and welcoming for all of humanity, not one of exclusion.

A European court had no right intervening in such a profoundly Italian matter, he said, adding: "It seems as if the court wanted to ignore the role of Christianity in forming Europe's identity, which was and remains essential."

The ruling marked the end of an eight-year battle by a Finnish-born mother, Soile Lautsi. She took her cause to court after failing to get crucifixes removed from the school at which her two children were being taught at a town in north-east Italy.

Lautsi appealed to Strasbourg three years ago when her case was thrown out by Italy's constitutional court.

Although more than 7% of Italy's population is now of immi-



Photo by APCOM

**European court of human rights rules crucifixes that hang in Italian classrooms violate religious and educational freedoms.**

grant origin, multiculturalism has made few inroads and most Italians argue passionately, as did their government's advocate in Strasbourg, that the crucifix is a symbol of national identity.

The court disagreed. "The presence of the crucifix could easily be interpreted by pupils of all ages as a religious sign, and they would feel that they were being educated in a school environment bearing the stamp of a given religion," it ruled, ordering the Italian state to pay Lautsi €5,000 (£4,476) in damages.

Classroom crucifixes were made compulsory by two laws in the 1920s when Italy was a fascist state. They have been applied less rigorously since 1984, when Catholicism ceased to be the state religion. One government minister, Roberto Calderoli, of the Northern League, said yesterday: "The European court has trodden on our rights, our culture, our history, our traditions and our values."

Claudio Scajola, a member of Berlusconi's Freedom People party, said: "The crucifix is a universal symbol of love, meekness and peace. Preventing it from being displayed is an act of violence against the deep-seated feelings of the Italian people and all persons of goodwill." The mayor of Rome, Gianni Alemanno, said he was flabbergasted. And the new, ex-communist leader of Italy's biggest opposition group, the Democratic party, Pierluigi Bersani, protested: "An ancient tradition like the crucifix cannot be offensive to anyone." On the Facebook website, 23,000 people signed up to two pages opposed to the court's decision within hours of the news breaking. The government's lawyer said he would seek leave to appeal to the Strasbourg court's 17-member Grand Chamber. If his petition is rejected, or if an appeal is subsequently thrown out, then Italy would be obliged to comply.



oxidiana

Medusa

# School NEWS

## Season ends for girl's volleyball

By **Adrienne Moore**  
Sigonella High School Student

The Sigonella girl's volleyball team traveled to Rome for the last two games of their season Oct 23. They competed against the Aviano Saints and the Marymount Royals.

The Lady Jaguars faced the Aviano Saints in an intense game of five matches. During the first two matches, the girl's lost 20-25 and 18-25. Before playing the third match, the girls pumped themselves up because they knew they had to win in order to continue playing.

As the Jaguars and Saints stepped onto the court, the fans cheered for their players as loudly as they could. "Cheer-offs" rang throughout the gym.

"The gym was so loud, that

it was almost impossible for our players to hear each other," Shawn McCarthy, coach, said about the noise.

After the first serve of the match, it was all or nothing. Their hard work paid off because the Jaguars went into the fourth match victorious.

"Our team is capable of anything," Christel Custodio, returning sophomore, said. "We were down 0-2, and then we came back with a win of the third match."

Wanting to win more than ever, the girls played smarter and more carefully. They anticipated the ball and had each other's backs. The final score was 25-17, bringing the overall scores of the Lady Jaguars and Saints to a tie.

## Tribute to the Sigonella Varsity Football Team

By **Rachel Sherrick**  
Sigonella High School Student

"We are proud of you! We said, we are proud of you!"

The cheerleaders of Sigonella High School chanted this cheer after the varsity football team was defeated by the Alconbury Dragons. The postgame talk between the coaches and players was extremely emotional. The football team was distressed over the game and many tears were shed.

"I didn't know what to do," Hailey Flanagan, cheerleader, said. "It was hard to watch them cry. We are so proud of them and they deserved that win."

The Jaguar's 5-0 football season was an exciting shock to the Sigonella community. The team really stepped up this year and

dominated the field game after game. This was the best season any Sigonella varsity football team has ever had.

"It's embarrassing walking around school," Gregg Nichols, senior, said.

The Sigonella Football team should not be embarrassed. The community is proud of them and couldn't be happier to have these players represent them and Sigonella. The boys did a great job.

It wasn't the ending of the perfect season that many had hoped for, but it was the ending the team received. It was unfair, the Jaguars being 5-1 and Alconbury a mere 2-4, but the Dragons won the chance to participate in the championship games in Germany. The Sigonella Jaguars worked hard for their wins and worked hard in their final game. They truly did deserve the

chance to play in Germany.

What made the loss even harder on the boys was when Ryan Lastrella, senior and team captain, said, "Jaguars, for the last time, on three."

This was the last game the football team would play together. Many of the players were seniors and were looking forward to ending their last year playing high school football with the title of champions.

Jaguars who yelled out their final count on three were Gregg Nichols, Brett Gilbert, Ryan Lastrella, Julian Lopez, Andrew Barclay, Anthony Belecina, Tyron Andrews, and James Campbell. They will be missed. The school and community are proud of them, as well as the entire 2009 Sigonella Varsity Football team.

The fifth match was the one to win.

After winning the third and fourth matches, the Lady Jaguars hustled onto the court ready to fight. Each ball counted and the rallies were long and hard.

Despite their hard work, the final score was 13-15, with a loss for the Jaguars.

"It's possible to play successfully, but be beaten on the court," McCarthy said about how the girls played.

On Saturday, the Jaguars competed against Marymount International School of Rome (MMI). They faced the Marymount Royals for a tough three matches.

The first match was close with a score of 21-25. Although the Jaguars lost, they still wanted to show the Royals what they were capable of doing.

Despite their many efforts, the Royals beat the Jaguars in the second match 17-25. Burning with intensity more than ever, the Jaguars started the third match ready to bring it back. After long rallies and many spikes, the girls played until the whistle blew signaling the end of the game. Unfortunately, Marymount beat the Jaguars with a tight score of 21-25.

"It wasn't the best way to end the season," Erica Cartwright said about the matches. "But we still tried and we gave it our all."

## The finish line

By **Kayla Simmons**  
Sigonella High School Student

Nine runners from the Jaguars cross country team participated in the Dodds Cross-Country European Championship Oct. 31 in Heidelberg, Germany. The five kilometer race was the team's final competition of the season.

The traveling Jaguars consisted of seniors Jordan Rettie, Dylan Blomgren, Conor Quinn, George Corey, and Denice Patron. Junior runners were Thomas Berak, Samantha Niemann, Amanda Bay, and Kayla Simmons.

Coach Miki Gilbert encouraged the runners to put everything into their race, and to achieve their personal best times.

"This is the final race everyone," Coach Gene Rinaldi shouted. "Let's bring it home!"

The Jaguars did just that.

The girl's team took second place for Division III, and the boy's team ran their best races of

the season.

"We had some struggling moments," Denice Patron, girl's team captain, said. "But we overcame them and had a good season."

Whether there were illnesses, injuries, or conflicts, the team captains and coaches agreed that everyone tried their hardest and had a great season.

"I couldn't be prouder of them," Rinaldi said.

When asked what they could do better next year, the team all had the same answer.

"To run faster," they said with a smile.

Though the season has just come to a close, the junior runners have their goal in place for next year, and are already working hard to achieve it.

"The team did great this year," Jordan Rettie, boy's team captain, said. "I look forward to hearing about the improvements they'll make next year."

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Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

# A Stone's Throw

THE HUB OF THE MED IS ALSO THE HUB FOR TRAVEL

## Take a trip to Castelmola

**Article and photos by  
Lt. Matt Knight  
Public Affairs Officer**

Castelmola, Sicily is an ancient and beautiful little village nestled high above Taormina on a cliff overlooking the surrounding towns. The village's roots trace back to the Greeks who built it as a more protected extension of their Taormina colony. Today, the village has a variety of shops, restaurants and coffee bars, which are complimented by the absolutely stunning views of Mt. Etna, Taormina, and the bay of Giardini Naxos. The village offers a relaxing and quiet break from the noise and exhaust of all the cars and busses around Taormina, because all of the streets are walking paths and are closed to scooters and are too small for any vehicular traffic.

**Site: Five Stars**

Castelmola earns a full five stars for having the perfect combination of interesting sites, historic buildings, peaceful surroundings and breathtaking views. The town is best known for its scenic views, castle ruins and Vino di Mandorla, or Almond wine, which is a sweet almond flavored white wine that is made locally. Other interesting things to see in the town are the International Eagle and Falcon show centre - which is above the town square and has daily shows April through October - Bar Turrisi, a coffee bar known for its phallic décor; although it should be noted to parents that even though it is only a coffee bar, Bar Turrisi's décor makes it an adult establishment that many would find inappropriate for younger viewers. Other sites around the town include the imposing church "La Chiesa Madre," or Duomo, as it is common-

ly called, and the smaller "Chiesa di San Giorgio."

**Family Friendly: Two Stars**

Castelmola is a wonderful and enchanting village, but loses three stars due to its precarious location on top of the cliff. Because of its location and many winding roads filled with tight turns, narrow alleys and many stairs, it may be difficult for a family with children to navigate. Also, the adult nature of many of the gift shops due to the fame of one of Castelmola's local coffee shops may make for some very discretionary shopping for parents with young children who don't want to explain what the phallic gift shop items are.

**Accessibility: Five Stars**

Castelmola is very easy to reach from NAS I or NAS II and has basically the same directions as Taormina. To reach Taormina in a personal vehicle, simply get on A19 Autostrada towards Catania. Follow signs to Catania/Messina and exit on A18. Take the exit for Taormina Nord. A18 is a toll road so remember to bring along a couple euros for each leg of the trip. Since there is no parking in Castelmola and only limited parking on the way there, the best

route is to park in the Taormina parking garage that charges roughly 1.50 euro an hour. Take the free orange colored shuttle to up to Taormina. Right across from where the free shuttle drops off, a blue Interbus picks up passengers for Castelmola about once every other hour and charges 1.50 euros each way. A note on the parking garage; if driving a vehicle that is larger than a small SUV, choose the "Bus or Minibus" parking. The car parking is only accessible via a spiral ramp that a long or wide vehicle won't fit in. Those desiring a more athletic approach can try the half day hike via the pedestrian path from Taormina to Castelmola. Simply climb the steps which ascend to the sanctuary of the Madonna della Rocca. This can be found above the Church of San Giuseppe off one of Taormina's main squares.

**Travel Time: Four Stars**

Castelmola rates four stars for travel time because the overall trip is approximately one hour from NAS I if driven directly. Times may vary based on bus schedules or hiking time.



**REVIEW SUMMARY**

**Site:**



**Family Friendly:**



**Accessibility:**



**Travel Time:**



These ratings are out of five stars, and are the opinion of the Signature staff and in no way constitute a professional travel review. If you have comments or questions on this review contact: [thesig@eu.navy.mil](mailto:thesig@eu.navy.mil)



Clockwise from top left: A view of Taormina, and the bay of Giardini Naxos from the International Eagle and Falcon show centre located above the Castelmola Town square. The scenic side streets of Castelmola add to the inherent charm of the village and hide many interesting discoveries around each corner. A view of La Chiesa Madre in Castelmola with Taormina and the bay of Giardini Naxos in the background. Castelmola is located on a cliff that rises above Taormina giving the village an amazing view of the surrounding landscape.

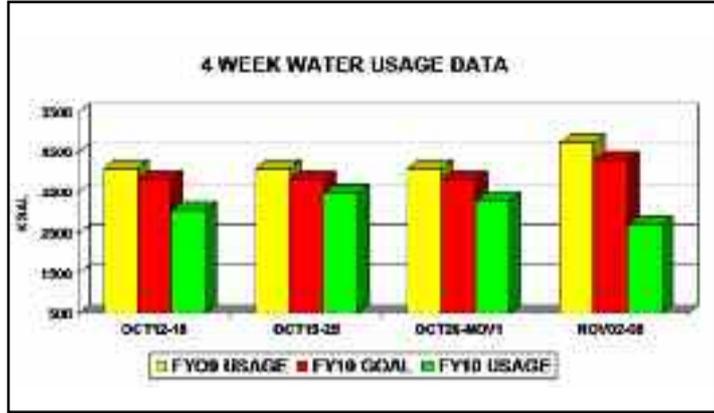


Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

# Go Green Sigonella!

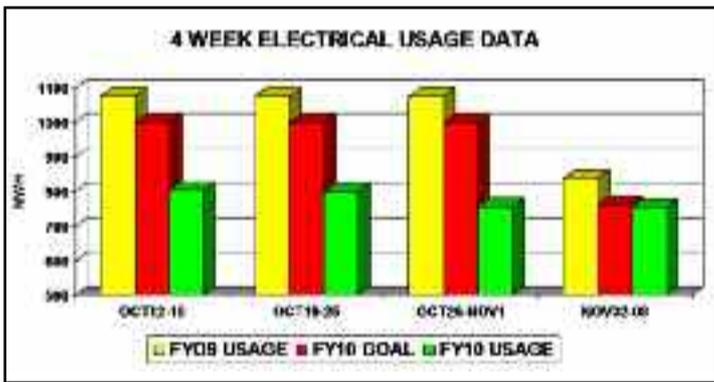
## Water Consumption at NASSIG

The following graph charts the last four weeks of energy consumption on both NAS I and NAS 2 in comparison to the same week last year, as well as our target usage for the week.



## Electrical Consumption at NASSIG

The following graph charts the last four weeks of energy consumption on both NAS I and NAS 2 in comparison to the same week last year, as well as our target usage for the week.



# Ristorante Bella Etna

- 13

**Lunch:** Chicken Corn Chowder, Tempura Fish, Beef & Broccoli, Paprika Buttered Potatoes, Glazed Carrots, Fried Okra, Spiced Cake w/ Frosting, Crisp Drop Cookies.  
**Speed line:** Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.  
**Dinner:** Chicken Noodle Soup, Baked Fish, Grilled Steaks, Tossed Green Rice, Corn O'Brien, Lima Beans, Spiced Cake w/ Frosting, Crisp Drop Cookies, RIKPAK.
- 14

**Breakfast:** Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake.  
**Brunch:** Breakfast Items, Creole Soup, Grilled Reuben Sandwich, Teriyaki Chicken, Beef Fried Rice, Steamed Broccoli, Calico Corn, Cherry Pie, Abracadabra Bars.  
**Dinner:** Vegetable Soup, Baked Lasagna, Roast Veal w/ Herbs, Steamed Rice, Seasoned Asparagus, Steamed Cauliflower, Garlic Bread, Cherry Pie, and Abracadabra Bars.
- 15

**Breakfast:** Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant.  
**Brunch:** Breakfast Items, Purée Mongole Soup, Cheddar Chicken Broccoli, Fishwich Sandwich, Onion Rings, Eggplant Ratatouille, Southwestern Rice, Club Spinach, Almond Cake, Crisp Toffee Bars.  
**Dinner:** Chicken Vegetable Soup, Sauerbraten, Mustard Dill Baked Fish, Spring Garden Rice, Mashed Potatoes, Natural Pan Gravy, Steamed Cut Green Beans, Seasoned Carrots, Almond Cake, Crisp Toffee Bars.
- 16

**Breakfast:** Hot Hominy Grits, Minced Beef on Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Streusel Coffee Cake.  
**Lunch:** Creamed of Broccoli Soup, Roast Beef, Lemon Baked Catfish, Steamed Rice, Mixed Vegetables, Eggplant Parmesan, Yellow Cake w/ Icing, Fruit Ambrosia.  
**Speed line:** Assorted Pizza, RIKPAK  
**Dinner:** Mulligatawny Soup, Cajun Meatloaf, Grilled Chicken Breast, Rice Pilaf, Brown Gravy, Peas & Onions, Corn on the Cob, Yellow Cake w/ Icing, Fruit Ambrosia, RIKPAK.
- 17

**Breakfast:** Hot Farina, Oven Fried Bacon, Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Biscuits and Gravy, Asstd Doughnuts, Streusel Coffee Cake.  
**Lunch:** Chicken Vegetable Soup, Roast Turkey, Braised Beef Cubes, Steamed Rice, Mashed Potatoes, Turkey Gravy, Carrots and Orange Amandine, Club Spinach, Fruit Cocktail Upside Down Cake, Chocolate Chip Cookies. **Speed Line:** Assorted Pizza, RIKPAK.  
**Dinner:** Zesty Bean Soup, Baked Stuffed Fish, Baked Lasagna, Orange Rice, Southern Greens, Seasoned Mixed Vegetables, Fruit Cocktail Upside Down Cake, Oatmeal Cookies, RIKPAK.
- 18

**Breakfast:** Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Bear Claws.  
**Lunch:** Beef Rice Soup, Blackened Catfish, Honey Ginger Chicken, Garlic Cheese Potatoes, Rice Pilaf, Eggplant Parmesan, Brussels Sprouts Polonaise, Cheese Cake, Chocolate Pudding.  
**Speed Line:** Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.  
**Dinner:** Cream of Chicken Soup, St. Louis BBQ Pork Ribs, Sicilian Submarine, Macaroni and Cheese, Greens Beans Nicoise, Steamed Peas, Cheese Cake, Chocolate Pudding, RIKPAK.
- 19

**Breakfast:** Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Raisin Muffins.  
**Lunch:** Corn Chowder Soup, Roast Pork, Chinese Five Spice Chicken, Mashed Potatoes, Brown Gravy, Steamed Rice, Seasoned Carrots, Asparagus, Peanut Butter Cookies, Cherry Pie.  
**Speed Line:** Assorted Pizza, Hotdogs, RIKPAK.  
**Dinner:** Minestrone Soup, Stuffed Cabbage Rolls, French Fried Shrimp, Ginger Rice, Mexican Corn, Steamed Broccoli, Cherry Pie, Peanut Butter Cookies, RIKPAK.

# ON THE GO WITH MWR

## MWR November Fitness Schedule

NOVEMBER FITNESS SCHEDULE						
Fit District	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7 am		Spin w/ Sarah		Spin w/ Sarah		
8:30-9:30 am	Kickboxing w/ JFB	ABC w/ Lisa	Kickboxing w/ JFB	ABC w/ Lisa	Yoga w/ Danielle	
9:30-10:30 am	Pilates w/ Danielle	Spin w/ JF	Pilates w/ Danielle	Spin w/ JF		Kickboxing w/ Angelica
4:30-5:30 pm	Circuit w/ Danielle	Pilates w/ Danielle		Pilates w/ Danielle		
5:15-6:15 pm		Spin w/ Lisa		Spin w/ Lisa		
5:30-6:30 pm	Yoga w/ Lisa	10/20/20 w/ Angelica	Yoga w/ Lisa	Zumba w/ Angelica		

Flight Line Fitness Center				
	Monday	Tuesday	Wednesday	Thursday
4:15-5:15 pm			Spin w/ Sarah	
5:15-6:15 pm	Funk It Up w/ Angelica		Funk It Up w/ Angelica	
5-6 pm		Yoga w/ Lisa		Yoga w/ Lisa

Mineo Community Center				
	Monday	Tuesday	Wednesday	Thursday
8:30 am - 9:30 am		Sup w/ Michele		Sup w/ Michele
5:30-6:30		Trialo Star w/ Malinda		Trialo Star w/ Malinda

## Race home for the holidays



Dare to chase, race and challenge your way to great travel and adventure opportunities this holiday season. Teams of two compete in stages from November 20 through December 12.

The Challenges will not be disclosed until the day of the event. Two-person teams must consist of two active duty members, two active duty member spouses, or one active duty mem-

ber and one active duty member spouse.

Winners receive great travel prizes. Other prizes will be awarded for runner up contestants. Prizes are not redeemable for cash and are non-refundable. This contest is only open to active duty and/or active duty spouses. Register at Fit District by Friday, Nov. 13. For more information call 624-4941.

## MIDTOWN MOVIE THEATERS

### SCHEDULE & DESCRIPTIONS



#### Friday, November 13

- 1:00pm Ice Age 2: The Melt Down PG FREE
- 3:00pm Land of the Lost PG-13 FREE
- 5:00pm Fame PG
- 5:30pm Michael Jackson's This Is It PG
- 7:30pm Jennifer's Body R
- 8:00pm Whiteout R

#### Saturday, November 14

- 2:00pm Where the Wild Things Are PG
- 5:00pm Disney's A Christmas Carol PG FREE PREMIERE!
- 5:30pm Jennifer's Body R
- 7:30pm Inglorious Basterds R
- 8:00pm Gamer R

#### Sunday, November 15

- 2:00pm Disney's A Christmas Carol PG
- 2:30pm All About Steve PG-13
- 5:00pm Michael Jackson's This Is It PG
- 5:30pm Love Happens PG-13
- 7:30pm Jennifer's Body R

#### Monday, November 16

- 5:00pm Michael Jackson's This Is It PG
- 5:30pm Love Happens PG-13
- 7:00pm Jennifer's Body R
- 7:30pm The Informant R

#### Tuesday, November 17

- 5:00pm Disney's A Christmas Carol PG
- 5:30pm I Can Do Bad All By Myself PG-13
- 7:00pm Whiteout R
- 7:30pm Jennifer's Body R

#### Wednesday, November 18

- 5:00pm All About Steve PG-13
- 5:30pm Love Happens PG-13
- 7:00pm Inglorious Basterds R
- 7:30pm Sorority Row R

#### Thursday, November 19

- 5:00pm Julie & Julia PG-13
- 5:30pm Michael Jackson's This Is It PG
- 7:30pm Inglorious Basterds R
- 8:00pm Gamer R

#### All About Steve

*Sandra Bullock, Thomas Hayden Church, Bradley Cooper, Ken Jeong*  
 Mary Horowitz is a cruciverbalist - a crossword puzzle constructor. Her brain spins at warp speed with an endless stream of arcane information. She can come up with the perfect word - and dozens with the same meaning - at a moment's notice, but "normal" behavior eludes her. For Mary, nothing is typical, especially relationships. When she is set up on a blind date with handsome cable-news cameraman Steve, Mary thinks the chemistry is undeniable - that Steve is "the one." Steve, on the other hand, thinks Mary is crazy. Mary, who just knows she's found her soul mate, decides to do anything and go anywhere to be with him. She begins to pursue Steve relentlessly as he crisscrosses the country, covering breaking news stories. Mary's escalating infatuation with Steve is encouraged by the self-serving actions of news reporter Hartman Hughes, who enjoys torturing his insolent cameraman at every opportunity. With Mary never far behind and Hartman urging her on, Steve becomes increasingly unhinged. But when Mary becomes embroiled in the news story of the year, Steve and Hartman begin to see her differently. Hartman is plagued by guilt, knowing his game of one-upmanship with Steve has placed her squarely in harms way, while Steve is feeling his own pangs of remorse at his callous behavior. Despite the media storm surrounding her, Mary with her upbeat, unaffected manner brings together a small community of new friends. And all who encounter Mary will realize that sometimes the ones who don't fit in are the ones who really stand out. (98 min.)

#### Jennifer's Body

*Megan Fox, Amanda Seyfried, Johnny Simmons, JK Simmons, Amy Sedaris*  
 A cheerleader with the perfect life becomes the girl from hell when she gets possessed and begins killing boys in a small town. (102 min.)

#### Michael Jackson's This is it

*Michael Jackson*

A rare glimpse into the final days of Michael Jackson, the documentary is compiled from an estimated 80 hours of rehearsal and behind-the-scenes footage of the legendary entertainer preparing for his 50 sold-out shows at London's O2 Arena that were scheduled to commence in July 2009 before his untimely death in June at age 50. Interviews with collaborators and close friends of the late performer are also featured. (111 min)

#### Disney's A Christmas Carol

*Jim Carey, Gary Oldman, Bob Hoskins, Colin Firth, Robin Wright Penn*  
 Ebenezer Scrooge begins the Christmas holiday with his usual miserly contempt, barking at his faithful clerk and his cheery nephew. But when the ghosts of Christmas Past, Present and Yet to Come take him on an eye-opening journey revealing truths Old Scrooge is reluctant to face, he must open his heart to undo years of ill will before it's too late. (76 min.)

#### Love Happens

*Aaron Eckhart, Jennifer Aniston, Dan Fogler, Martin Sheen*  
 When a self-help author arrives in Seattle to teach a sold-out seminar, he unexpectedly meets the one person who might finally be able to help him help himself. (102 min.)

### Movie dates and times are subject to change

SHOWING FRIDAY, NOVEMBER 20

- 3:00pm Michael Jackson's This Is It PG
- 5:00pm 2012 PG-13 PREMIERE
- 5:30pm The Invention of Lying PG-13
- 7:30pm Zombieland R
- 8:00pm Jennifer's Body R

**For more information on MWR's programs and services, call 624-3968.**

## Gobble up a great time



Start the Holiday season off on the right foot with Sigonella's Annual Turkey Trot Saturday, Nov.21, at 10 a.m. at the Marinai Community Center. Bring the family for a free, fun walk/run around housing. Hot Chocolate will be provided. All participants will be entered in a drawing to win a turkey just in time for Thanksgiving (one per family). Registration begins on the day of the event at 9:30 a.m., walk/run begins at 10 a.m. For more information, call 624-4483.

## Sicily comes alive with ITT

Through language and culture, ITT Gear-n-Go offers Sigonellans an opportunity to expand their appreciation of this Mediterranean jewel.

This month, dissect the Italian language with Conversational Italian I. Alfina Rapisarda-Parker teaches students the basics of Italian in this four-week course. Classes are held from Monday, Nov. 30, to Monday, Dec. 21, 9 a.m. to Noon in the Midtown Classroom.

In addition to Italian language, ITT has also added a new Sicilian Culture class. This class allows students to explore, learn, and celebrate the unique culture of Sicily. Students learn how cultural influence has



molded residents of this island with an incredible appetite for life, art, and tradition. The class is held on Wednesday, Nov. 18, from 9 a.m. to Noon or 5 to 8 p.m. in the Midtown Classroom. For pricing and more information, call ITT at 624-4777.

**MOVIE HOTLINE:  
624-4248**

**MEMORIAL, continued from page 1**

where Roman Catholic mass was held.

At the conclusion of mass, the group then proceeded from the church to the war memorial in the town square. At the war memorial, local Italians and service members paid their respects while a wreath-laying took place.

"Today is a very important day as we commemorate Italian

Armed Forces day and the soldiers who have fallen," said Mayor Angelo Giuffrida. "But the presence of our Americans friends that are here is very significant for us as well. The relationship that we have with them dates back a long time and the large group of Americans that are here shows that the relationship is strong and that we want it to continue to be strong."

The ceremony continued and concluded with speeches of peace

and remembrance offered by various community officials.

"For me the best part was seeing the various age groups that turned out for this event," said Aviation Support Equipment Technician 2nd Class Toby Via. "I was impressed when the school band performed, but especially how some of the smaller children composed and recited poems on their interpretation of peace and what it means to them."

**HONOR, continued from page 2**

For the most part, war veterans are treated with great respect and honor for their contribution to the world and country. Many countries have longstanding traditions, ceremonies, and holidays to honor veterans. "To those on guard today, and to the veterans of every war on whose shoulders they stand -- the living, the departed, and the missing -- you have our deepest gratitude for your service and your sacrifice". Donald H. Rumsfeld Secretary of Defense

Today, we honor you and each and everyone who have served in years past. We pray and ask the Lord

for choice blessings on all those who have served their country in the armed forces. We ask for healing for the veterans who have been wounded, in body and soul, in conflicts around the globe. We pray especially for the young men and women, in the thousands, who are coming home from Iraq and Afghanistan with injured bodies and traumatized spirits. Bring solace to them, O Lord; may we pray for them when they cannot pray. We pray for peace as a way to honor all veterans. May God bless you all. And may God continue to bless the United States of America.

**TOBACCO, continued from page 2**

active duty, local national, civilian and contract employees. It also pertains to visitors, inpatients and patients with routine clinic appointments.

Is the policy in effect at all times or only during regular working hours?

NH Sigonella is a tobacco-free facility 24 hours a day, 7 days a week, 366 days a year.

How will the policy be enforced?

Though difficult to enforce we encourage our staff and employees to inform patients and staff that are seen smoking on NH Sigonella property of the new policy and instruct them to the new location.

Where does the new policy apply? Are any locations exempted?

This policy applies to NH Sigonella building and immediately adjacent area, generally from EDIS building south to the hospital loading dock, and from the helicopter pad east to the perimeter fence. The former smoking cabana is permanently secured

Branch Clinics Souda Bay and Bahrain are encouraged to adopt similar policies in accordance with their base commanders.

Where is the new smoking location?

Smokers are to go smoke in designated smoking areas located before the EDIS building. No smokeless tobacco shall be used on the property.

I have questions and/or am in need of quit support?

Contact Health Promotion at 624-4950/4710.

the use of tobacco products besides cigarettes?

1. The policy pertains to all tobacco and nicotine delivery devices including:

- 1. all forms of smoke and smokeless tobacco and
- 2. nicotine delivery devices such as electronic cigarettes.

3. Nicotine replacement therapy is not under this restriction when it is used for the cessation of tobacco products.

4. Does the policy prohibits me from bringing cigarettes or other tobacco products to work?

1. Possession of tobacco products is not addressed in the policy.

5. To whom does the policy apply?

1. This policy pertains to all staff – active duty, local national, civilian and contract employees. It also pertains to visitors, inpatients and patients with routine clinic appointments.

6. Is the policy in effect at all times or only during regular working hours?

1. NH Sigonella is a tobacco-free facility 24 hours a day, 7 days a week, 366 days a year.

7. When does the policy take effect?

1. This policy will take place on 19 November 2009.

8. Where does the new policy apply? Are any locations exempted?

1. This policy applies to NH Sigonella building and immediately adjacent area, generally from EDIS building south to the hospital loading dock, and from the helicopter pad east to the perimeter fence. The former smoking cabana is permanently secured

2. Branch Clinics Souda Bay and Bahrain are encouraged to adopt similar policies in accordance with their base commanders.

9. How do I know where the tobacco-free area begins and ends?

1. Please see maps attached to final instruction

10. Does the policy prohibit smoking in organization-owned vehicles (e.g., government vehicles) only while those vehicles are on NH Sigonella property?

1. Tobacco use in all federal vehicles is already banned.

11. Where can I smoke during my workday?

1. Tobacco use at other locations on NAS 1 and NAS 2 is governed by NASSIG's policies.

12. Am I allowed to take breaks to leave MTF property to smoke?

1. The existing policy on break times does not change

13. Will employees who smoke get longer breaks than nonsmoking employees?

1. No. Break break policy is set by HRO and employment contracts.

14. I'm a supervisor and my employee has violated this policy. What should I do?

1. Supervisors are responsible for informing their staff of the new policy and encouraging compliance. If the policy is violated supervisors should consult with that employee. If the problem persists, then further action up the chain may be necessary.

15. If I see someone smoking on MTF governed property, what should I do?

1. Gently remind them tobacco use aboard NH Sigonella is not permitted.

16. I currently smoke. Does this mean that I have to quit?

1. No, but you will need to comply with the new policy.

17. What resources are available to help employees who want to take advantage of this opportunity to quit smoking?

1. All staff may access Health Promotion for tobacco cessation counseling and stress management.

2. Active duty staff will contact their primary care provider to access any pharmacotherapy that they and their provider agree on.

3. Employees who are TriCare Beneficiaries can contact their primary care provider to access any pharmacotherapy that they and their provider agree on.

18. Is NH Sigonella making assistance available to contractors, local nationals, and other non-full-time employees who would like to quit smoking?

1. Absolutely, within the rules and regulations that apply.

19. Is NH Sigonella making assistance available for spouses and other family members who would like to quit smoking?

1. TRICARE eligible dependents of staff are always eligible for tobacco cessation assistance through the Health Promotion Department and pharmacotherapy through either the tobacco clinic or their primary manager.

20. Can I obtain telephone cessation counseling, visit the MTF/clinic to obtain cessation medications, or otherwise access cessation assistance during my workday?

1. For all staff and dependents, cessation education is always available through Health Promotion as well as the patient education areas of the MTF and clinics.

2. For active duty and dependents, cessation medications are available though their primary care provider with an additional consult to Health Promotion placed at the time of the visit.

3. Civilian and contract employees can access pharmacotherapy through occupational health in the Flight Line Clinic on NAS 2

21. Is it a Joint Commission "hit" to have a tobacco free campus?

1. No. Joint Commission will cite a facility if they have any policy that is not enforced.

**CFC, continued from page 1**

year," Perez said. "It's a group of nonprofit organizations where you can find anything from veterans of foreign wars to breast cancer research. It's for a good a good cause and helping others. That's what the whole CFC is about, people helping people."

This year Sigonella's goal is

to raise 150 thousand dollars for the CFC and Perez believes that fundraisers such as this can help meet that goal.

"It's been very successful," said Perez. "We've had a lot of people participating, a lot of people wanting to arrest their co-worker, and at the same time raise money for a good cause."



**Frequently Asked Questions**

1. What are the specific provisions of the new tobacco use policy?

1. No tobacco use while in uniform or while on duty

2. No tobacco use aboard NH Sigonella and it's immediate surrounding areas.

3. No tobacco use or evidence of tobacco use while in the presence of patients

4. No tobacco use while on travel in support of Navy Medicine

2. How does the new policy differ from the previous policies?

1. The new policy designates no tobacco use:

- 1. aboard NH Sigonella
- 2. Tobacco use while in uniform, or during patient care is already prohibited

3. Does the policy apply to

# THE SPORTS LINE

## PIGSKIN PICKS

9 Iowa at 11 Ohio State  
 Notre Dame at 12 Pittsburgh  
 17 Arizona at California  
 14 Utah at 4 TCU  
 Dallas at Green Bay  
 Philadelphia at San Diego  
 Chicago at San Francisco  
 Kansas City at Oakland

## Game of the Week: New England at Indianapolis

 Overall Record: 59-30 NFL: 27-12 NCAA: 32-18 SN Kaminski, PSD	Ohio St.	Pitt.	Cal	TCU	Packers	Eagles	Bears	Raiders
 Overall Record: 57-32 NFL: 26-13 NCAA: 31-19 D Day	Iowa	Pitt.	Cal	TCU	Packers	Eagles	49ers	Chiefs
 Overall Record: 55-34 NFL: 23-16 NCAA: 32-18 MC3 Idle, Exec Admin	Ohio St.	Pitt.	Cal	TCU	Cowboys	Chargers	Bears	Raiders
 Overall Record: 55-34 NFL: 26-14 NCAA: 29-20 Joe Cunningham, NCTS	Iowa	Pitt.	Cal	TCU	Cowboys	Eagles	Bears	Chiefs
 Overall Record: 50-39 NFL: 24-15 NCAA: 26-24 Capt. Jaeger, USNH Sigonella	Ohio St.	ND	Cal	TCU	Packers	Eagles	49ers	Raiders
 Overall Record: 47-42 NFL: 22-17 NCAA: 25-25 Chief Payne, Weapons	Ohio St.	ND	Arizona	Utah	Cowboys	Eagles	49ers	Raiders

**MC3 Idle: Patriots**

The Patriots have been on a role lately and if anyone knows how to get to Peyton Manning it's Bill Belichick. I think this is where the Colts undefeated season will come to an end. I think Tom Brady is finally back into the groove of the game and that offense is scary when it's firing on all cylinders. Peyton Manning has been my favorite quarterback to watch since Joe Montana hung up his cleats, but the Pats are his Achilles heel. The GQ cover boy, Moss and Welker will tear up the Colts secondary and Manning will throw a couple of picks in a shootout.

**Capt. Jaeger: Colts**

Going with the Colts! Go Peyton!

**Joe Cunningham: Colts**

If there is one player who has put his team on his back and carried them to win after win this season, that player is Peyton Manning and the team HIS Colts (can anyone even name the Colts new coach?). Tom Terrific, aka Mr. Gisele

Bundchen, now comes to Indy, after beating up on the league dregs (that's Tampa Bay and Tennessee). But I think the Colts slew the Patriots dragon a couple of seasons ago, and playing at home will do so again. Colts win.

**PSSN Kaminski: Colts**

Indianapolis over New England - Peyton for MVP. Even though New England is on a roll here. Manning will find a way to win. Colts win with minutes left in the fourth.

**D-Day: Patriots**

This should be a close one. On one hand, Indy is at home, but overall I have to give the edge to the Pats because of Belichick. He is the master of dumbing down opposing offenses and I think he'll do that here. I just don't think Indy matches up well in this one the way the Pats are playing now, Pats squeak through with a win here.

**GMC Payne: Colts**

Peyton has played better teams this year... Manning and the Colts for my Mother..

# Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884.

Send Il Mercato advertisements to [thesig@eu.navy.mil](mailto:thesig@eu.navy.mil)

Anyone interested in sending ads via email should leave a phone number and point of contact name at [thesig@eu.navy.mil](mailto:thesig@eu.navy.mil). Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

Nero Cenere

Volcano

Stampa

