



## WNBA's Tari Phillips Makes Unexpected Visit to Sigonella

Article by Lorie Warchol  
MWR Marketing

On March 4, a very special unexpected guest, Woman's National Basketball Association (WNBA) player, Tari Phillips, visited the Youth Sports Basketball game.

"I have had the honor of coming on to Sigonella a few times. My first time here was in 2000 and I am amazed at how much the base has changed," Phillips exclaimed. "I am honored to be back and get the chance to see the kids playing and having so much fun."

The children were very excited and honored to show off their skills and passion for the game.

"I want to be a professional basketball player when I grow up and play in the WNBA," Mydeasha Stallworth said.

Phillips has been playing for the WNBA for seven years and is currently playing for the Houston Comets as their Center/Forward. She holds a career average of 10.1 points and six rebounds in her 205 WNBA games. In 2000, she was named WNBA Most Improved Player earned All-WNBA Second-Team honor in 2002, and he has been a four-time All-Star.

When asked what she would like to tell all of the children at Sigonella she stated, "follow your dreams, stay true to your heart and with passion and drive, you can do anything. I am living proof that it can take you anywhere in the world."

For the past six years, during the WNBA off-season, Phillips plays in the European League to maintain her skills and keep fit. This season she has signed with the Acer Priolo team part of the

EuroBasket League. The Acer Priolo Team is located in the Province of Syracuse, Sicily. The team is very diverse with a mix of different nationalities incorporating Italian, French, Romanian, Cuban and Australian. Phillips is the only American team member.

The European season is, depending on play-offs, October to May. Then Phillips will return to the Comets for the WNBA season.

"Sigonella, come down to Priolo Gargallo and check out a game. The experience is definitely worth it," encourages Phillips.

The Priolo team only has two home games left. If you are interested in checking out a game contact PO1 Dwight Tomlin 624-6383.



Tari Phillips challenges the youth basketball players to a game of keep-away.

## Taking Time for the Community

Article and photo by SK2 Jason Williams  
Sigonella AIMD



The AIMD Second Class Petty Officer Association (SCPOA) did it again with another community project. This time taking on community relations right here on their home base of NAS II, in an effort to help keep Sigonella clean by taking "Sig Pride" to the next level, and adopted the AIMD Barracks, Bldg. 562. With some help from the Security Association, they scrubbed and cleaned all front entrances of AIMD's Barracks, pulled weeds and other unwanted shrubs from and around the building, swept and swabbed all hallways and cleaned the interior walls. According to President of the AIMD SCPOA, Jason M. Williams SR, "We, here at AIMD, have a lot of pride in what we do. AIMD SCPOA extends pride to the community in which we live in."

## Fit Factor: Europe in 2nd Place!

Article by Courtney Genovese  
Fleet and Family Readiness Marketing

Hey Kids! Have you signed up for Fit Factor? Hey Parents! Have your kids signed up?

Morale, Welfare & Recreation (MWR) is excited to announce that Navy Region Europe is currently in second place for the most enrollments in Fit Factor Navy-wide. However, participation is essential! Parents and children need to work together and get involved in order to benefit from this fun, interactive and life-changing program.

For those who still haven't heard the buzz, Fit Factor is a youth and teen fitness program that encourages healthy choices that our

children can carry on in adulthood. Ten minutes, one time per week and internet access is all you need to reach your fitness goals, increase your self-esteem and find a healthy routine that fits your lifestyle.

Cool ideas on how to stay fit, fun snack recipes and nutrition tips are at your fingertips in addition to the incentives offered along the way.

Check out the website at [www.navyfit.com](http://www.navyfit.com) for more information. If you are interested in signing up, call or visit the youth center or fitness center in your community. And remember, enrollment is only the first step!

### WEATHER UPDATE

Mar. 14  
H:72F  
L:53F



Mar. 15  
H:74F  
L:52F



Mar. 16  
H:78F  
L:50F



Mar. 17  
H:66F  
L:52F



Mar. 18  
H:61F  
L:49F



Mar. 19  
H:65F  
L:53F



Mar. 20  
H:67F  
L:52F



### TOP STORIES

Spring is in the air and that means that the observance of St. Patrick's Day is also here. Why is it, that even those of us who are not born Irish, almost wish we were on March 17th? The answer must lie in the happiness and celebrations of St. Paddy's Day. But who was the real Saint Patrick? Find out in this week's chaplain's corner.

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A civilian diver was rescued March 6 off the coast of Florida after the U.S. Coast Guard requested USS Theodore Roosevelt's (CVN 71) assistance in a search effort. The diver was rescued with the assistance of a SH-60F Seahawk helicopter assigned to Helicopter Anti-Submarine Squadron (HS) 5 the "Nightdippers."

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"The Card Sharps," painted by Michelangelo Merisi da Caravaggio (1571-1610) was recently purchased by 97-year-old British art critic, collector and historian Sir Denis Mahon at Sotheby's auction for \$100,000. It is one of the masterpieces by Italian Baroque master that are currently on display in Trapani through March 31.

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Mr. Rinaldi's sixth grade class collaborated with MWR, Military Saves and the Liberty program for a day filled of bikes, trikes, savings bonds and piggy banks filled with cash. Around fifty bikes, large and small, took off for distance rides of 5k, 10k and 20k on courses marked around the NAS II perimeter.

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On Saturday, March 1st 2008. The bell rings giving sign to the public that it is time to take their seat. The curtains open and Trovatore begins. Take some time and learn the story of this beautiful opera.

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### TRAFFIC NUMBERS

	Jan.- Mar. '08	Jan.- Mar. '07	Diff.
Accidents	72	66	+6
Injuries	9	5	+4
DUIs	4	1	+3
Traffic Deaths	2	0	+2

PLEASE,  
DON'T BECOME  
A STATISTIC!

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## DIRECT LINE

Here are the answers to your Feedback Live questions sent in during the last month. Please keep e-mailing me or calling in your questions and I will do my best to answer them.

In addition, has someone provided you Great Service on base, in the Exchange, Commissary or in Housing? Are you thrilled about a service or program offered on base? Feedback Live is a perfect opportunity to tell the community about this good news. Feedback Live is held on the first Thursday of each month, from 6:30 p.m. - 7:00 p.m. To call in live to the show, please dial 624-4265 or 095-56-4265.

I live in Maranai Housing, and my family is careful to separate our recyclables into the colored bins provided. The bins are color coded for paper, aluminum & glass, and plastic. However, I recently observed a dump truck emptying all recycle bins into the same compartment of the dump truck. So, it

## NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

appears the recycle carrier is mixing all the recyclables after households (like mine) are taking the time to separate trash. I don't like double work and feel as though I'm wasting my time by separating recycled materials.

Answer: In family housing, we are required to recycle, which is the law in Sicily. The refuse/recycling subcontractor for the lessor is required to follow the recycling regulations in Sicily. In Mineo, the recycled material goes to Caltagirone and the regular trash goes to Motta. In Maranai, both the recycled material and regular trash go to Ramacca. The contractor has the responsibility to deliver the recycled material and regular trash to these sites separately. The dumps are strictly regulated and if a truck arrives with mixed recycle material and regular trash, then the subcontractor is required to separate or pay the dumpsite for this service. If necessary, the specific recycled materials (paper, aluminum & glass, plastic) are re-sorted at the collection

site.

2. If I leave my six year child with a 17 year old babysitter, they are allowed to be almost anywhere on base such as the library, the NEX, the gym, the bowling alley, the food court, etc. They are not allowed to be in a G or PG rated movie, which requires that an adult 18 or older accompany my child. Summer is approaching and many kids have been babysitters. The Red Cross trains babysitters from the age of 12, so why can't a babysitter take their charges to a movie?

Answer: The policy is in place to ensure proper etiquette in the movie theater. It also ensures that appropriate supervision is provided to minors.

The MWR Movie Instruction is below, and is the correct policy for our members here at Sigonella:

G - All ages admitted - general audiences, children under 10 must be accompanied by a parent or guardian who is an ID card

holder and 18 years of age or older.

PG - All ages admitted - parental guidance suggested, children under 10 must be accompanied by a parent or guardian who is an ID card holder and 18 years of age or older.

PG-13 - All ages admitted. Parental guidance suggested, Children under 13 must be accompanied by a parent or a guardian who is an ID card holder and 18 years of age or older.

R - Restricted. A parent or legal guardian must accompany children age 10-16 (with an ID card). No children under 10 allowed. Must be 17 with proper ID to enter.



# Health WATCH

## General Training Guidelines Prior to PRT

Article by Diana Settles

Manager, Injury Prevention Physical Fitness Programs, Navy Environmental Health Center

Two major principles of training related to the improvement of cardiovascular function are overload and specificity.

For optimal results, it is recommended to practice these principles at least 4 to 6 weeks prior to the PRT.

**Overload Principle:** If a muscle is caused to work against a load to which it is not accustomed, instead of wearing out and becoming weaker, it becomes stronger. For example, if you are preparing for the PRT run and you are interested in improving your run time, you need to exercise at a higher exercise intensity. Push yourself a little harder than you normally run. I.e., don't expect to improve your PRT run time by walking.

**Specificity of Training:** Specificity of training is one of the "golden rules" in exercise science. For an individual to become proficient at any given movement, that movement itself must be trained and practiced. In other words, if you want to improve your PRT Run time, you need to run. Though activities such as cycling and swimming are other examples of aerobic activities, these exercises will not be as effective as running to prepare you for the PRT

run. If you are swimming during the PRT, then you need to focus specifically on the swim event as your primary mode of aerobic activity. If you want to improve your PRT run time, you need to run.

The same "specificity" concept applies toward the muscular and flexibility components of the PRT. The best way to prepare for push-up testing is to practice push-ups. There are several different types of sit-ups that can be performed, but for the purpose of preparing for the PRT curl-up test, it is important to perform the curl-up exercise - using correct form that will be required of you during the PRT.

### Some Tips for Injury Prevention

Remember to warm-up and stretch at least 5 -10 minutes before running. Proper fitting running shoes are important; replace shoes every 6 months old.

To reduce risk of stress fractures, a slow and progressive training program that gradually increases strength and endurance of the back and lower extremities is recommended.

Proper hydration during pre-activity and actual activity participation is recommended to

*Story continued on page 13*

## NASSIG WORSHIP SERVICES

**DS Chapel in Catania**  
Sunday  
1 p.m. Church of Jesus Christ  
Latter-day Saints

**NAS II Chapel**  
Monday  
11:30 a.m. Catholic Mass  
Tuesday  
11:30 a.m. Catholic Mass  
Wednesday  
11:30 a.m. Catholic Mass  
Friday  
11:30 a.m. Catholic Mass  
Sunday  
4 p.m. Catholic Mass

**Alcoholics Anonymous Meetings**  
Monday, Wednesday and Fridays  
11:30 a.m.

**NAS I Chapel**  
Sunday  
8:45 a.m. Catholic Mass  
10:45 a.m. Protestant Worship  
5 p.m. Fellowship Meal  
6 p.m. Bible Study

**Mineo Community Center**  
Sunday  
9 a.m. Protestant Worship  
12 p.m. Catholic Mass

**Maranai Community Center**  
11 a.m. Protestant Traditional Service

Call 095-86-3801 for the Chaplains Office  
Call 095-86-1205 for weekly Jewish services



## Happy Saint Patrick's Day!

Article courtesy of Chaplain Paul Rumery

Can you believe it? March is already here, and the year steadily "marches"

on, proving once again that time waits for no one. Spring is in the air and that means that the observance of St. Patrick's Day is also here. Why is it, that even those of us who are not born Irish, almost wish we were on March 17th? The answer must lie in the happiness and celebrations of St. Patrick's Day. But who was the real Saint Patrick?

St. Patrick was a Christian missionary and patron saint of Ireland. He was born in Roman Britain, was captured by Irish raiders around age 16 and was made a slave serving in Ireland

for six years prior to an escape and return to his family. There are many stories that are attributed to St. Patrick including the myth of his banishing snakes from Ireland, which were most likely exaggerations of his dealings with the Druids, confronting their philosophies and putting an end to their pagan practices. Following studies and ordination, he served as a priest in Ireland and ministered to the Christians living there and worked to make converts of the Irish people. It was St. Patrick who used symbolism to make his points. He superimposed a sun, a powerful Irish symbol, onto the Christian cross to create what is now called a Celtic cross, making it more of a natural symbol to the Irish. It is believed that he died on the 17th of March

*Story continued on page 13*

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## Expression of Gratitude

Realizing that each tomorrow is not ours to understand and knowing that God never hurts needlessly and never wastes our pain, for every loss he sends to us if followed by rich gain. Today in our loss, in our pain, we recognize our gains in you, our family and friends, for flowers, cards and your whispered prayers in every deed of kindness, which have been a source of strength and comfort. Your presence and other deeds will be treasured forever. God bless you and thank you.

In loving memory of  
LT j.g. Terry James Dugas, Jr.

From Mrs. Eva Dugas

# NAVY News

## Civilian Diver picked up off Florida Coast

Article by MC3 Nathan Lockwood  
USS Theodore Roosevelt Public Affairs

A civilian diver was rescued March 6 off the coast of Florida after the U.S. Coast Guard requested USS Theodore Roosevelt's (CVN 71) assistance in a search effort.

An SH-60F Seahawk helicopter assigned to Helicopter Anti-Submarine Squadron (HS) 5, the

"Nightdippers," participated in the Coast Guard-led search, and they successfully located the diver. The Nightdippers helicopter transported the diver to Naval Air Station Jacksonville, Fla., where he was transferred to civilian medical care.

"Providing assistance to

mariners in distress is the obligation of every ship and Sailor at sea," said Capt. Ladd Wheeler, commanding officer, USS Theodore Roosevelt. "We were ready and willing to join in the search effort, and extremely pleased that the individual was rescued."

Theodore Roosevelt is currently conducting operations off the Florida coast.

An SH-60F Seahawk helicopter from Helicopter Anti-submarine Squadron Five (HS-5), the "Nightdippers," performs channel guard duty as the Nimitz-class aircraft carrier USS Dwight D. Eisenhower (CVN 69) transits the Strait of Gibraltar. Eisenhower is deployed in support of Maritime Security Operations (MSO) and the global war on terrorism.



## PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy Photo by MC3 Ricardo J. Reyes

Sailors assigned to the Crash and Salvage division aboard the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75), wait on the flight deck as first responders to all aircraft related mishaps during flight operations. Truman and embarked Carrier Air Wing (CVW) 3 are deployed supporting Operations Iraqi Freedom, Enduring Freedom and maritime security operations.

## NEWS BRIEFS

### Find Your Diamond in the Rough at the NHS/ NJHS Silent Auction

Is there something that you have but don't necessarily need anymore? If so bring them to Ms. Lara (Building 220 Room 135) and Ms. Arnold's (Building 216, Room 308) rooms for donation to the NHS/NJHS Silent Auction. All donations should be in by Wednesday, March 12th. Come join us at the 4th Annual Silent Auction next Friday! A small \$3.00 registration fee gets you a bidder number for all kinds of great treasures and refreshments. All proceeds will be donated to the "Little Sisters of the Poor" for 75 fire-proof beds. The 4th Annual NJHS/NHS Silent Auction Benefit will be held March 14, 2008 from 5:00 pm - 7:00 pm at Sigonella Middle/High School, Building 216 in the Cafeteria. Find Your Diamond in the Rough @ The NHS/NJHS Silent Auction

### AOSC Cookbook Sale

The AOSC will be selling its fundraising cookbook "Etna Edibles" in front of the Navy Exchange from 1000 until 1400 on Saturday March 8 and Saturday March 15. The cookbook is just \$10.00 and is filled with the delicious favorite recipes of Sigonella spouses.

### A Babysitter in Training

The American Red Cross will be conducting a Babysitter

Training course at the American Red Cross Classroom on Saturday March 22, 2008 at 08:00 a.m. - 5:00 p.m.

This course will give participants 11 years and older the safety skills and confidence to be a great babysitter. They will learn how to handle an emergency or illness, interview for a babysitting job, make good, responsible decisions, supervise children, keep kids and themselves safe, perform care of infant and children & learn basic care for life threatening emergencies. This course will be held at the NEW Red Cross office on NAS I next to the library. For registration & cost information, Call: 624-4900

### Navy College Graduation

The Navy College Office will hold a Graduation Recognition Ceremony at the Base Chapel on NAS I on 20 June 2008.

Active Duty, Family Members and Civilians are welcome to attend as graduates for having earned their GED and any Certificate, Associates, Bachelor's, Master's and Doctoral Degree from any accredited institution on and off-base.

All of you who have completed your degree since Summer 2006 or will be completing it by Summer 2008 please contact Navy College at 624-4514/4516/4517 or the Representatives of the local schools to get more information.

Cap and gown can be purchased locally through University of Maryland University College or you can purchase them on-line or directly from the school you have attended.

Please provide the following information by May 30:

Name, degree earned, date or projected date, name of institution.

We look forward to hearing from you!

Stam  
Monika  
pa

Etna

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>NAVAL AIR STATION SIGONELLA</b> <b>COMMUNITY CALENDAR</b>					<b>14</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel	<b>15</b>
<b>16</b> Over 30 pick-up Basketball - Midtown	<b>17</b> <b>St. Patrick Day</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Saving & Investing -2 p.m. -FFSC	<b>18</b> CONSEP Mid-Term -9 a.m. -FFSC	<b>19</b> Early Release - School Alcoholics Anonymous -7 p.m. -NAS II Chapel CONSEP Mid-Term -9 a.m. -FFSC	<b>20</b> Throwback Thursday Midtown Theater CONSEP Mid-Term -9 a.m. -FFSC	<b>21</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel CONSEP Mid-Term -9 a.m. -FFSC	<b>22</b>
<b>23</b> Over 30 pick-up Basketball - Midtown	<b>24</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel IA Discussion Group -11 a.m. -FFSC	<b>25</b> Predatory Lending -1 p.m. -FFSC	<b>26</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Motta Market ICR -9:30 a.m. -FFSC	<b>27</b> Throwback Thursday Midtown Theater Spending Plan Development -9 a.m. -FFSC	<b>28</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel	<b>29</b> Latin Quarters - Jox
<b>30</b> Over 30 pick-up Basketball - Midtown	<b>31</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel TAP Pre-Separation -8 a.m. FFSC	<b>1</b> <b>April</b> TAP Pre-Separation -8 a.m. FFSC	<b>2</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel TAP Pre-Separation -8 a.m. FFSC	<b>3</b> Throwback Thursday Midtown Theater TAP Pre-Separation -8 a.m. FFSC	<b>4</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Car Buying Strategies -3 p.m. -FFSC	<b>5</b>
<b>6</b> Over 30 pick-up Basketball - Midtown	<b>7</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel	<b>8</b> Anger Management -8 a.m. -FFSC Manage Life Money -10 a.m. -FFSC	<b>9</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Men's Group -1:30 p.m. -FFSC	<b>10</b> Throwback Thursday Midtown Theater Ombudsmen Assembly -9 a.m. -FFSC	<b>11</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel	<b>12</b>
<b>13</b> Over 30 pick-up Basketball - Midtown	<b>14</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel	<b>15</b> Career Exploration -10 a.m. -FFSC	<b>16</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Men's Group -1:30 p.m. -FFSC	<b>17</b> Throwback Thursday Midtown Theater Identity Theft -1:30 p.m. -FFSC	<b>18</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel Banking & Checkbook Management -10 a.m. -FFSC	<b>19</b>
<b>20</b> Over 30 pick-up Basketball - Midtown	<b>21</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel CFS Training -8 a.m. -FFSC	<b>22</b> CFS Training -8 a.m. -FFSC	<b>23</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel CFS Training -8 a.m. -FFSC	<b>24</b> Throwback Thursday Midtown Theater CFS Training -8 a.m. -FFSC	<b>25</b> Alcoholics Anonymous -7 p.m. -NAS II Chapel CFS Training -8 a.m. -FFSC	<b>26</b> Latin Quarters - Jox

Motta Perla d'oriente

Stags Magnolia

*Did you know?*

Living beyond your means is a prescription for disaster? Does more than 25% of your take-home pay go to paying bills? Are you making only minimum payments on bills due? Are you taking out new loans to pay off old ones? Are you missing payments? Are you stalling one creditor to pay another? Are you having frequent family arguments over money? The Navy-Marine Corps Relief Society can help you improve your financial picture. NMCRS Volunteers and employees work hard to help Sailors, Marines, and their families pull themselves out of deficit budgets and into savings plans. Call today to schedule an appointment.

NMCRS: Service with a Smile!

Contact your Sigonella NMCRS Office today! Call 624-4212 for more information. Office Hours: Monday - Friday 0900 - 1600.

NMCRS: Seeking New Volunteers!

**Navy-Marine Corps Relief Society**



Bldg. 319 (NAS I)  
Monday-Friday  
7:30 a.m.-4 p.m.  
DSN 624-4291  
Commercial 095-56-4291

## Common Core Values Found in Military Spouses

Article by Vivian Carrasco  
Adapted by Military Spouse Career Center

Learning to identify your most important values is critical to your overall success. Ideally, every career choice you will make will reflect your values. The most difficult decisions often involve conflicting values in your personal and professional life. Understanding what you value, and what priority you give each of those values, will help you to select the choices that bring the greatest sense of fulfillment.

When your actions reflect your values, you not only feel a greater sense of control over your life, but also experience satisfaction when you make those tough decisions.

Common Characteristics Found in Military Spouses:

**Adaptability:** The ability to make frequent and rapid adjustment to new environments is refined with each Permanent Change of Station (PCS), whether CONUS or O-CONUS.

**Courage:** Sometimes, the

demands of military service are unpopular with our friends and family. There have even been times when our actions are questioned through the lens of our nation and the international community. We have developed an ingrained capacity for meeting strain or difficulty with fortitude and resilience.

**Dependability:** Being reliable -- either in a social or work environment -- is a trait often found in military spouses. We are fiercely loyal to our convictions and our commitments.

**Social Skills:** The military lifestyle doesn't change our basic personality styles, such as introversion or extroversion. However, military spouses often develop a robust set of social skills through strong friendships, networks and relationships within our communities.

**Spirit:** Military spouses face extreme difficulty in juggling social and professional obliga-

tions while holding down the home front, often single-handedly! In the face of hardship, our dynamic nature enables us to hold things together as we keep up our own morale, and that of those around us.

**Patriotism:** Military spouses are inspired by an intense love of country, and devotion to a life partner who serves as a defender of things held sacred and just.

These broad characteristics are valuable and sought after by employers.

For additional information, regarding identifying your professional values, contact the Family Employment Readiness Program Coordinator at the FFSC, 624-4291.

Cold  
Noses



WARM HEARTS



A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Signonella's Stray Animal Facility (SAWS) has many cats and dogs just looking for a warm home and someone to love. Each week the Signature will feature animals in need of adoption.

Jade (Above) is a great girl who needs a good and loving home to call her own.

Paxton (Right) is a wonderful boy who loves to run and play, if you are interested in adopting him or any other dog please stop by the Stray Animal Facility.

For more information contact the Stray Animal Facility at 624-3936 or Rose Cummings at 334-383-8786.



## SEXUAL ASSAULT / VICTIMS INTERVENTION

SAVI offers a Sexual Assault Hotline  
staffed with trained advocates  
who man the SAVI Hotlines 24/7.  
The number is 335-642-8312 or 335-606-6146.



## Protestant Women of the Chapel

Bible study every Tuesday: 9:15 a.m. at NAS 1 Chapel  
(With free child care and Home school study/gym class)  
6 p.m. at NAS 2 Chapel, and 7 p.m. at the Mineo  
Community Center  
Find us at [www.pwocsig.com](http://www.pwocsig.com) or [pwocsig@yahoo.com](mailto:pwocsig@yahoo.com)

# Pentagon

# Italian NEWS



*Sicilian Culture, Events and Lifestyle*

Alberto Lunetta  
Signature Staff



## Easter Week begins in Caltanissetta

The "Settimana Santa" or Holy Week in Caltanissetta is a unique blend of folklore and religious devotion that has its origins in ancient Spanish rule.

On Palm Sunday, (March 16), the "U Siguri 'na la varca" (the lord on the boat) procession will begin in piazza Garibaldi at 6 p.m.

On March 19, the Real Maestranza brotherhood, which has been around since 1806 when it offered a spectacular parade to King Ferdinand IV, will officially start this year's Easter Week celebrations. The "Captain" of this ancient religious club will wear a black period costume

just like all the other members of the brotherhood. He will lead the parade, which will begin at 10:30 a.m. in the historic center, by holding a crucifix veiled in black. The tone of this parade is mournful as it recalls the Passion of Jesus. Later, after a stop for prayer at the Cathedral, the parade will begin again, but this time, it will be replaced by a gleeful celebration. All the members of the Real Maestranza will change clothes switching from black to white while the city bands will perform joyful marches. In the evening, the traditional "Varicedde" procession will start at 8 p.m. "Varicedde" are groups of small papier-mâché statues depicting the Passion of Christ, which date back to the 18th century. A similar vibrant procession featuring bigger statues called "Vare," depicting the same religious subjects and starting at the same time, will mark the sec-

ond day (March 20) of the Easter Week.

On Friday, March 21, it will be penitence time. The mournful Good Friday "Procession of the Black Christ" will feature devotees dressed in black, clergymen led by the local bishop and "Fugliamari" (wild herbs pickers), who will all take part in this solemn and mournful procession starting around 7 p.m. in the most ancient part of the city (lower Caltanissetta). Fugliamari will sing sorrowful chants called "Lamintanze" and will carry on their shoulders a black wooden crucifix that is called "Signore della Città" (The Lord of the City or "Cristo Nero" (Black Christ). Before 1625, the "Black Christ" was venerated as the city patron. According to legend, Fugliamari found this wooden crucifix that was placed inside the Sabbucina cave between two lit candles. For more information and detailed schedules, call the Caltanissetta Tourist Office at 0934-530471.

## A Caravaggio Exhibition in Trapani

An earlier version of "The Card Sharps," which was recently purchased by 97-year-old British art critic, collector and historian Sir Denis Mahon, is one of the masterpieces by Italian Baroque master Michelangelo Merisi da Caravaggio (1571-1610) that are, currently, on display in Trapani through March 31.

The painting owner and the exhibit curator, who is one of the greatest living experts of Caravaggio, has authenticated that this painting is a predecessor of "The Card Sharps" that is located at the Kimbell Art Museum in Fort Worth, Texas.

"The Card Sharps" sold at Sotheby's auction for only \$100,000. Mahon explained that the painting was at first listed just as the work by an "anonymous Caravaggio follower." Shortly after the purchase, Mahon discovered that it was an original Caravaggio and dated it to 1595. Now, the painting, which is being showcased for the first time, is probably worth millions of dollars. During his brilliant career, Mahon has already authenticated three other

Caravaggios.

"Caravaggio: Images of the Divine," commemorates the 400th anniversary of painter's arrival in Sicily. The exhibit is made up of 14 works of the Italian Baroque painting genius and explores the artist's religious works.

Through modern scientific analysis of two Caravaggio paintings, which was carried out by Dr. Rossella Vodret, one of the exhibit curators, visitors will get a chance to learn how the artist was thinking and what were his techniques, as well as take a closer look at the different layers of the paintings, which show that the artist was making several changes as he worked.

Caravaggio is regarded as a revolutionary painter. He was a genius who created his own style called "chiaroscuro" which consists of painting dark scenes illuminated by ray of lights. He created scandal as he often used courtesans and street boys for his models to depict saints and Madonna. His realistic approach brought a revolution of style in the world art history. For that reason, the Catholic Church often rejected his paintings and forced him to paint a new version.

Caravaggio was a passionate and violent man. In May 1606, dur-

ing a game of racquets, he had an argument with his opponent and eventually stabbed him to death. He then was forced to flee Rome. His journey of escape brought him around southern Italy (Naples and Sicily) and Malta. Everywhere Caravaggio traveled, he left tormented paintings that mirrored his troubled life.

Three years later, he was severely injured in a brawl in a tavern in Naples. The following year, Caravaggio was pardoned for the murder he had committed in Rome. Later, in July of that year, he was found dead on the beach of Porto Ercole (near Grosseto).

The Pepoli Museum, which hosts an amazing permanent collection of Sicilian majolica and coral work, is located in # 200 via Conte Agostino Pepoli (close to the Sanctuary of the Madonna di Trapani).

Admission to "Caravaggio: Images of the Divine" is € 8 for adults, €5 for college and school students, children 7 through 18 and people over 60. Children under 6 are free. Hours: 10 a.m. to 7 p.m. (last admission 6 p.m.), Tuesday through Sundays. Closed on Mondays. Information: 0923-553269 or 06-44252170.



Photo by Arts-Comunicazione.com Cuoredisicilia.it

The "U Siguri 'na la varca" (The Lord on the boat) procession is the first event of the upcoming Caltanissetta Easter Week celebrations, taking place from Palm Sunday until Easter Sunday in the city historic center.

It will begin in piazza Garibaldi at 6 p.m. on March 16. Easter Week is one of the most important annual weeklong religious festivals in Sicily.



"The Card Sharps," is one of the highlights of "Caravaggio: Images of the Divine," an exhibition celebrating the 400th anniversary of Caravaggio's arrival in Sicily.

One of the most-attended events art events in the island, this exhibition, which has already been visited by thousands of tourists, features fourteen masterpieces by the Italian Baroque master of light and shadow. The exhibit will remain through March 31 at the Pepoli Museum in Trapani.

## All Services

## Antique Fair Opens in Catania

Make sure you don't miss out on the fifth edition of "Catania Antiqua" a fun-to-browse antique fair featuring precious period furniture, arts and crafts, ceramics, deco objects, paintings, rugs, antique prints and books, jewelry, tableware, accessories, collectibles and other objects of art. It will run in Catania at the Ciminiera Convention Center (piazzale Asia, near the Train Station) through March 17. Stalls will feature a plethora of prestigious dealers from Milan, Naples, Venice, Padua, Bolzano, Genoa, Rome, Turin, Sicily and around the world. There will also be, on display, over 30 drawings from Italian painter Natale Attanasio. Opening hours: March 14-16, 10 a.m. - 10: 30 p.m. Monday, March 17: 10 a.m. - 2 p.m. Admission: €5.



## Symphonic Concert in Catania



Maestro Lu Jia, one among the most internationally acclaimed young music directors, will conduct the Catania Bellini Opera Orchestra tonight at 9 p.m. and tomorrow (March 15) at 5:30 p.m.

The program will include: Mozart's Symphony No. 36 in C major, KV 425, (known as the "Linz Symphony") and Dmitri Shostakovich's Symphony no 1 in F minor, Op. 10.

Lu Jia has been performing all over the world with the most prestigious orchestras including Leipzig Gewandhaus, Saarbrücken Radio, Oslo Philharmonic, Chamber Orchestra of Europe, Bamberg Symphony and Orchestre National de Lyon, Chicago Symphony Orchestra, Melbourne, Sydney and Tasmanian Symphony Orchestras, Scottish Chamber, Hallé Orchestra etc.

He was Chief Conductor of the Trieste Opera and Principal Conductor of both the Orchestra Regionale di Toscana in Florence and Lazio Chamber Orchestra in Rome. For more information and tickets visit <http://www.teatromassimobellini.it>

## St. Joseph's Altars in Ramacca and Niscemi



Photo by Giuseppe Stimolo

As it happens every year, Ramacca and Niscemi will honor St. Joseph through the ancient tradition of the "Altari di S. Giuseppe" or St. Joseph's Altars (see above picture).

St. Joseph is celebrated pretty much everywhere around the island. These festivals are both a public and private display of devotion. Visitors are invited to tour the houses of devotees who set up special altars and tables to thank the saint for the fulfillment of a promise made to him during a time of need or danger.

Those beautiful tables showcase religious objects, flowers, candles and food galore including vegetables and local specialties such as omelet with local vegetables (amareddi, broad beans, artichokes, fennel and chickpeas), pastries, and breads that are formed and decorated in a variety of symbolic shapes. Those tables have all sorts of delicacies with the exception of meat, as Catholics abstain from eating that during Lent.

Altars can be typically visited from midday until late night.

On the evening of March 18, "Luminarie" or bonfires are lit in Niscemi's street corners. On the following day (March 19), ritual meals are held in at midday in several private houses that have prepared the traditional St. Joseph tables.

In Ramacca, the festival will be held this weekend to avoid overlaps with the upcoming Easter Week that will begin this Sunday, March 16. If you would like to see the festival, call the Agorà Association (cell. phone

329-3142263) this afternoon to book a free English-speaking tour of the St. Joseph tables, which will kick off at 6 p.m. Tomorrow, an impressive altar will be set up at midday in the main square where the traditional lunch takes place. Just as it happens in Niscemi, three needy people repre-

senting the Holy Family ("i tri pir-suni") are served the food that is displayed on the altar. Stick around and you will sample a free a portion of the traditional "Pasta Co' Maccu" (pasta with lentils and mashed broad beans).

Later in the afternoon around 3 p.m., the foodstuff is sold for charity.

## Bank of Mserica

## Alphio

## Tatoo

THE Signature  
SIGNONELLA, SICILY

Do you have a passion for writing or looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

# SPORTS & Fitness

## Sigonella Sports and Stuff: Triple S *The Greatest*

Article by CWO 4 Ronald Herb  
Signature Volunteer

A few short weeks ago, the sports world was consumed with the possibility of the New England Patriots running the table going 19-0 and having a perfect season. Well the New York Giants ended that talk with a classic Super Bowl performance. Triple S posted in a sports blog the next day that the closest thing to perfect in sports was "Tiger Woods". That comment was meant to be a shot at the Pats not a "shout out" to Tiger.

Well, Woods with his recent play has forced Triple S to wonder if he is the most dominant athlete in his sport.

Let us look at it for a minute; Woods has 63 tour titles out of 218 starts with the last seven being consecutive. Woods only trails Ben Hogan, Jack Nicklaus and Sam Snead who have had 64, 73, and 82 titles respectively. Both Nicklaus and Snead have more than 420 starts and Hogan had 245. Tiger looks to be the most dominant of this group and at 32, he is only, now, entering his "golfer's prime".

Who challenges Woods? The big team sports get the first look. I am unable to get a who is the greatest quarterback ever answer, so to say any one NFL player is the most dominant is a bridge too far.

Baseball is more of the same, hitters vs. pitchers, dead ball vs. home run era. No single name outshines the other.

Hockey has the "Great One" Wayne Gretzky, whose 892 goals is the record for that sport. He is on the

short list, no doubt, but much of the success he had was due to the "Enforcers" making sure no one got too rough with him. When talking all time greatest anything to discredit, no matter how small, comes into play.

Many will say Muhammad Ali was the greatest boxer of all time. Ali was 56-5, 37 KO's with four world title belts. He lost a lot of time due to his absence in the late 60s from the ring. His impact on the social scene tends to raise his standing some. In boxing, it is hard to argue against Rocky Marciano [Triple S also saw that scene from Barber Shop- the facts remain] and his 49-0 record with 43 KO's. His time lasted four years. Not too bad!

When talking about time at the top, Edwin Moses, has to be part of this conversation. His dominance in the 400-meter hurdles was clear. With 122 consecutive wins and having set the World Record four times, in this event, he truly set the standard. Add-in Olympic Gold Medals in 1976 and 1984 [U.S. did not play in the 1980 Olympics] and his rein was more than eight years. How about Lance Armstrong and his four wins. Close very close.

Most will go with his airness, Michael Jordan. I don't think we need to go over his records. All sports fan over 35 can most likely name a dozen items. For Triple S, what makes MJ special is that he dominated in a team sport. It is truly special when a team can win basically six straight titles. Winning in a

team sport makes it even more outstanding. Sorry, Bill Russell was often outplayed by Wilt Chamberlin.

For Triple S, the ultimate choice is Dan Gable. Some of you may be asking who?

Dan Gable is wrestling. Here are his stats: high school 64-0 and at Iowa State 118-1. That makes 182-1. Gable's performance in the 1972 Olympics stands alone. The Russians had the single mission of beating Gable heading into the Olympics. Gable in this 21 Olympic qualification and Olympic matches had 12 pins and outscored his opponents 130-1 to win his gold medal. Only gave up 1 point! As head coach at Iowa from 1977-1997, his teams were 355-21-5 with nine consecutive NCAA Championships. A .932 winning percentage.

Again, Woods is 32. Ask Triple S this question in 10 years and we may not be able to put anyone ahead of him.

Remember Sigonella you can enter the Yahoo Sigonella Brackets for March Madness. Yahoo- Private League- Sigonella, Sports, and Stuff- League ID 1701-pw sss2008. For baseball Fantasy baseball league, go to "Yahoo Sports", Free Fantasy Baseball, Private League and ID 114708 password sss2008. League Name is Sigonella, Sports, and Stuff. Limited number for baseball. If you disagree with anything posted drop us a line at "bmc27nyg@aol.com" and we can talk it through. Till next time.

## BASKETBALL STANDINGS

Week 5  
Power Rankings

### POWER RANKINGS

	Team	W	L	%
1.	Supply	7	1	87.5
2.	Hospital	9	1	90.0
3.	Comsta	6	4	60.0
4.	Sec A	5	5	50.0
5.	PWD	5	5	50.0
6.	Weapons	5	5	50.0
7.	CTF-67	2	4	50.0
8.	Patron Sig	3	7	30.0
9.	SEC B	2	10	16.6

## Youth Sports

Tuesday, March 25

4pm Valentine vs. Ashburn at Fit District  
5pm Syrcle vs. Price at Fit District  
6pm Gardner vs. Keller

Thursday, March 27

5:30pm Richardson vs. Hernandez at JAG Gym

## BASKETBALL League's Leading Scorers

Top 5

CODER	21.0 PPG	SEC A
LAZENBY	18.5 PPG	CTF-67
JOHNSON, D	18.2 PPG	HOSPITAL
STUBBS	17.5 PPG	SUPPLY
SCHMIDT	16.7 PPG	PWD

## EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan: Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

## Rigattiere

## Signonella Men's Bowling Association Shows Outstanding Results At The First Mediterranean Bowling Tournament

Article by **Melissa Okamura**  
MWR Marketing

Eight members of the Signonella Men's Bowling Association participated in the first ever Mediterranean Armed Forces Bowling Championships held at Aviano Air Force Base Italy from February 28 to March 2, 2008, with the sponsorship of Signonella MWR. The tournament consisted of four days of competition in four different events. Starting out was an individual Icebreaker Tournament, which held 28 participants from Aviano Air Base, Vincenzo Army Base and Signonella Air Base. The night resulted in MACS Robert Stout, Security Department Signonella, defeating the final six qualifiers in a heads up match. Followed closely by retired Senior Chief Jeff Gibbs and current government service worker at FISC Signonella, finishing fifth.

The Team event was held the following night, which consisted of 10 teams and resulted in Signonella's two teams placing third and fifth.

Saturday, March 1, began the Doubles event, which ended with First Class Petty Officer John Milam (CTF-67) and Jeff Gibbs domination of the competition. Together they combined their scores to beat out the competition by over 200 pins. The other teams from Signonella placed 6th (Robert Stout and Senior Chief Frank Cannizzaro, NCTS), 7th (Second Class Petty Officer Mack Mayfield (Weapons) and Second Class Petty Officer Aaron Dilly, Weapons) and 8th (Chief Petty Officer Jason Payne, Weapons, and Second Class Petty Officer Adam Gipson, NCTS).

The Singles event started off with John

Milam throwing a 289 game, missing the often sought after bowlers dream of 300 by one standing 10 pin in the eleventh frame, which he also repeated three games later when he left a solid 7 pin ending with yet another 289. It did not end there, he continued his reign of strikes throughout the six-game set and ended with 2- 700+ series, tournament high game scratch and the title of Mediterranean all events and singles champion. Jeff Gibbs was entered in the handicap division of the singles event, and with dominating fashion, won the singles division and was crowned the all around 18 game handicap division all events champion, also setting the pace with the tournaments high game with handicap and high series with handicap scores. Despite a challenging and slow beginning the first two days, Jason Payne arrived and with humorous fashion finished the competition placing second in the singles scratch event and third in all events. Other notable places were Robert Stout finishing 5th in singles and 7th in all events. Aaron Dilly finished 5th in singles handicap and 4th in all events handicap. Frank Cannizzaro finished 9th in singles and 9th in all events. Mack Mayfield finished 5th in handicap singles and 6th in all events handicap.

In all, this was an outstanding showing by the Signonella men's teams. The warm hospitality of the Aviano Air Base Community greatly appreciated. The individuals who participated in this event extend a valued thank you to Signonella MWR, TSGT Eric Hill and bowling managers Martin Sibley and Melissa Okamura.

## FIL-AM Basketball Team Wins in Messina League

Article and photo by **Nito Rosal**

On Sunday March 2, active duty members and their families representing the Filipino-American Association in Signonella made their way to Messina to participate in a local basketball league. A total of four teams competed in the afternoon-long event. FIL-AM won their first game 98-82 against Pampang. Playing Coach Ed Sanpascual aggressively gave his instructions to his team

members ensuring everyone understood what to do.

During their second and final game, FIL-AM defeated Blue Sky 111-72 to capture the championship. FIL-AM cultivates camaraderie and local national relationships by performing such community events that promotes interaction and camaraderie between the Signonella military and the local community.



Playing coach Ed SanPascual gives his team directions on how to dominate inside the paint. From left clockwise: K. Sar, Nick Geisinger, Richard Monterola, Nito Rosal, Steven Reyes, and Art Pascua. Not in picture: Paul Oeur, Doug Tennyson, Marc Maribao, Butch Carlos, Abby Guevarra, Zimuel Platil, and Nito Rosal. \

## Pumped-up and Rode!

Article by **Lorie Warchol**  
MWR Marketing

NAS II, Flight Line Fitness Center was all a buzz on Saturday, March 1 with bicycles in all sizes.

Mr. Rinaldi's sixth-grade class collaborated with Morale, Welfare and Recreation (MWR), Military Saves and the Liberty program for a day filled of bikes, trikes, savings bonds and piggy banks filled with cash.

Around 50 bikes, large and small, took off for distance rides of 5k, 10k and 20k on courses marked around the NAS II perimeter. There were many levels of riders ranging from bikes with training wheels to a 3-person tandem bike.

"The event was very good all around. I would have liked to see some high-school kids at this event. My class did a tremendous amount of publicizing and hard work to get this event advertised and I am very proud of them.

For the first event of this kind, it is great to see so much involvement," stated Mr. Gene Rinaldi, Physical Education teacher.

The event started out with bike safety checks

provided by Signorello Bike Shop. Participants added their own flair by signing the sidewalk with chalk and trike races around cones. Military Saves provided a drawing for two lucky partici-

pants that received a piggy bank filled with more than \$27 in cash. The Liberty Program gave away savings bonds to a few lucky single and unaccompanied sailors.



## Oxidiana

# A Stone's Throw

## THE HUB OF THE MED IS ALSO THE HUB FOR TRAVEL "Trovatore" Plays at the Reknowned Bellini Opera House

Article and photos by Sandra Levenduski  
Signature Volunteer



(Above) Azucena, the gypsy, has just been captured by Count Luna in the second act of the opera.

On Sat. March 1st 2008, the bell rings giving sign to the public that it is time to take their seat. Slowly the lights die down and the crowd comes to a complete silence.

This atmosphere is revived by the orchestra that starts playing the motif of "the Trovatore". Shortly after, the curtains withdraw revealing the actors ready to begin the first act. Composed by Giuseppe Verdi, "the Trovatore" is the story of a gypsy Azucena whose mother was burnt at the stake for witchcraft. Azucena wants revenge, so she kidnaps one of the Count's sons to throw him in the fire.

In the commotion, she throws in her own son. The revenge is not complete. This child, Manrico, grows with the gypsies and becomes the Trovatore. He meets Leonora and they fall in love. Leonora is the promised bride of Count Luna who denies being Manrico's brother. The two men are rivals in love and engage in several duels. Finally, Count Luna imprisons Manrico.

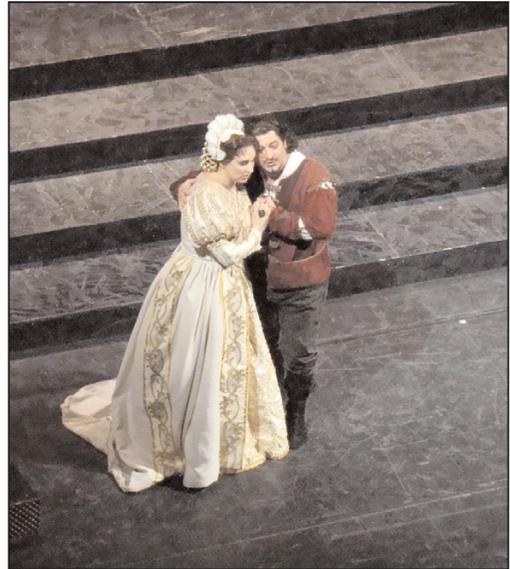
Desperation drives Leonora to promise the Count her love in exchange for the Trovatore's freedom. The woman's love, for Manrico is so strong that she drinks poison; the Count can have her dead. As Leonora dies in the arms of her love

microphones, and their voices arrive clear no matter where the spectator sits. The last scene shows Azucena saying that her mother received her revenge. The talent of the actors was incredible; however, Azucena's voice was the most vibrant of all.

The Bellini's theatre acoustic is perfect, indeed it is. The actors are able to perform without the help of

microphones, and their voices arrive clear no matter where the spectator sits.

The amazing experience is completed by the beautiful style and frescoes that contribute together with the velvet seats and the wonderful lighting of the structure to the elegant environment that makes the Bellini's theatre one of the most important



(Right) Leonora and Manrico have run away and are getting married. (Below) Manrico comforts Leonora as she dies from being poisoned by the Count



# Military Media

# Feudo san vito

# MWR CORNER

## Special Events

**Eggstravaganza:** March 15, 10 a.m. - 1 p.m.  
This annual event takes place at the Land Annex on NAS I with inflatables, games, crafts, refreshments, music, and a special visit from the Easter Bunny.

## Jox Pub

**St. Patrick's Day Bash:** March 17  
Don't miss the biggest party of the year.  
Extended Hours!  
**Appaloosa Victor, Live:** March 20  
9pm - Midnight

## SpareTime Bowling Center

**Colorama Glow-in-the-Dark Bowling:** Saturday nights at 9 p.m. - \$10 includes three games, shoes, and entry into drawings

## ITT Gear-n-Go

**Agrigento: Valley of the Temples & Museum**  
March 15: Depart: NAS II 8 a.m., NAS I 8:30 a.m., Return: 5 p.m.  
\$34; includes entrance fees + bring euro for food  
**Easter Cooking Class for Children (ages 4 - 10)**  
March 15: Depart: NAS II 8:30a.m., NAS I 9 a.m., Return: 2 p.m.  
\$54; adults are free (max. 2 adults/child)  
**Gangi Palm Sunday Procession**  
March 16: Depart: NAS II 7 a.m., NAS I 7:30 a.m., Return: 7 p.m.  
\$36 + euro for lunch

## Fine Art of Camping Series: Gourmet "Camp Stove" Cooking

March 20: 11am - noon  
\$5/person (one point class)  
**Caltanissetta on Holy Thursday**  
March 20: Depart: NAS II 4 p.m., NAS I 4:30 p.m., Return: 11 p.m.  
\$24 + euro for shopping and food  
**Enna on Good Friday**  
March 21: Depart: NAS II 2:30 p.m., NAS I 3 p.m., Return: 11 p.m.  
\$24 + euro for food and fees

## Take 5

**Patty's Day Mocktail Madness:** March 17  
**PlayStation 3 Tournament:** March 18  
**Will Smith Movie Marathon:** March 19

## Liberty

**Taormina Day Trip:** March 15  
**Pantalica Gorge Hike:** March 16  
**Mexican Dinner in Catania:** March 21

## Scuba

**Advanced Open Water Diver Class**  
March 14 at 5 p.m.

## Extended Trips 2008

**Taormina Spa:** April 10 - 13  
**Giro d'Italia:** May 10 - 12

**Corfu, Greece:** May 22 - 26  
**Camping in Tropea:** May 23 - 26  
**Legoland Deutschland (Germany):** June 13 - 16  
**Camping in Lipari:** July 4 - 7  
**Citta del Mare, Sicily:** July 4 - 7

## Fitness

**Rome Marathon:** March 16  
**Perimeter St. Patrick's Day Fun Run:** March 17  
7:10 a.m. at Flight Line Fitness Center.  
Take the 10k challenge with the luck of the Irish.  
T-shirts for the first 50 runners to sign up at event.  
Wear green and get a special prize.

## Teen Center

**Spa Delight:** March 14 at 2:30 p.m.  
**Money Matters: Make It Count:** March 14, 21 and 28 from 5 - 6 p.m.  
Money Matters promotes financial literacy among teens by helping to instill basic money management skills for youth ages 13-18. Teens are provided many opportunities to earn money during the school year and summer months. Participation in Money Matters can help teens learn practical ways to save, spend, and invest the money they earn now and in the future.  
**Movie night:** March 15 at 5 p.m.  
**Bowling:** March 21 at 5 p.m.

## Mineo Recreation Center

**St. Patrick's Day Party:** March 15 at 5:30 p.m.

MARCH 14 - MARCH 20

## MIDTOWN MOVIE THEATER

MOVIE HOTLINE: 624-4248

### SCHEDULE

### MOVIE DESCRIPTIONS

#### Friday, March 14

12:00pm Cloverfield PG-13 84 min.  
3:00pm The Pirates Who Don't Do Anything G 85 min.  
5:00pm 27 Dresses PG-13 111 min. PREMIERE  
5:30pm Vantage Point PG-13 84 min.  
7:30pm Mad Money PG-13 101 min. PREMIERE  
8:00pm The Great Debaters PG-13 124 min.  
9:30pm Alien vs. Predator-Requiem R 94 min.

#### Saturday, March 15

2:00pm Spiderwick Chronicles PG 97 min.  
2:30pm First Sunday PG-13 98 min.  
4:30pm Juno PG-13 96 min.  
5:00pm One Missed Call PG-13 87 min.  
7:30pm The Bucket List PG-13 97 min.  
8:00pm 10,000 B.C. PG-13 109 min. PREMIERE  
9:30pm Semi Pro R 90 min.

#### Sunday, March 16

2:00pm The Pirates Who Don't Do Anything G 85 min.  
2:30pm Mad Money PG-13 101 min.  
4:30pm Cloverfield PG-13 84 min.  
5:00pm The Great Debaters PG-13 124 min.  
7:00pm 27 Dresses PG-13 111 min.

#### Monday, March 17

12:00pm The Bucket List PG-13 97 min.  
3:00pm Spiderwick Chronicles PG 97 min.  
5:00pm Cloverfield PG-13 84 min.  
5:30pm 10,000 B.C. PG-13 109 min.  
7:30pm Sweeney Todd R 117 min.  
8:00pm Semi-Pro R 90 min.

#### Tuesday, March 18

5:00pm Mad Money PG-13 101 min.  
5:30pm 27 Dresses PG-13 111 min.  
7:30pm The Kite Runner PG-13 128 min. LS  
8:00pm First Sunday PG-13 98 min.

#### Wednesday, March 19

12:00pm Spiderwick Chronicles PG 97 min.  
3:00pm Juno PG-13 96 min.  
5:00pm One Missed Call PG-13 87 min. LS  
5:30pm The Great Debaters PG-13 124 min.  
7:30pm 10,000 B.C. PG-13 109 min.  
8:00pm Vantage Point PG-13 84 min.

#### Thursday, March 20

3:00pm The Pirates Who Don't Do Anything G 85 min.  
5:00pm First Sunday PG-13 98 min.  
5:30pm Mad Money PG-13 101 min.  
7:30pm FREE ADMISSION  
THROWBACK THURSDAY -  
Rambo 3 R 101 min.  
8:00pm Alien VS Predator-Requiem R 94 min. LS

#### 10,000 B.C. (PG-13)

In a remote mountain tribe, the young hunter, D'Leh, has found his heart's passion- the beautiful Evolet. When a band of mysterious warlords raid his village and kidnap Evolet, D'Leh is forced to lead a small group of hunters to pursue the warlords to the end of the world to save her. Driven by destiny, the unlikely band of warriors must battle saber-tooth tigers and prehistoric predators and, at their heroic journey's end, they uncover a Lost Civilization. Their ultimate fate lies in an empire beyond imagination, where great pyramids reach into the skies. Here they will take their stand against a powerful god who has brutally enslaved their people.

#### First Sunday (PG-13)

Durell and LeeJohn are best friends and bumbling petty criminals. When Durell learns that his ex-girlfriend plans to move to another state with their son--unless they can get her \$17,000 to pay off a debt--they come up with a desperate scheme to rob their neighborhood church. But when the duo fumbles their way through the break-in, they discover someone has beaten them to the punch. In order to get their hands on the money, Durell and LeeJohn are forced to spend the night in the presence of the Lord and his followers--and end up getting a lot more than they bargained for.

#### The Great Debaters (PG-13)

Inspired by a true story, "The Great Debaters" chronicles the journey of Professor Melvin Tolson, a brilliant but volatile debate team coach who uses the power of words to shape a group of underdog students from a small African American college in the deep south into a historically elite debate team. A controversial figure, Professor Tolson challenged the social mores of the time and was under constant fire for his unconventional and ferocious teaching methods as well as his radical political views.

#### Juno (PG-13)

Juno is a whip-smart teen confronting an unplanned pregnancy by her classmate Bleeker. With the help of her hot best friend Leah, Juno finds her unborn child a "perfect" set of parents: an affluent suburban couple, Mark and Vanessa, longing to adopt. Luckily, Juno has the total support of her parents as she faces some tough decisions, flirts with adulthood and ultimately figures out where she belongs.

#### Mad Money (PG-13)

A comedy about three ordinary women who form an unlikely friendship and decide to do something extraordinary--rob one of the most secure banks in the world. Bridget Cardigan is shocked to learn that she is on the verge of losing her home and comfortable upper middle class lifestyle when her husband Don is downsized from his job. Armed only with a decades old English degree

and years as a dedicated mother and corporate wife, Bridget is forced into the unfamiliar labor market with no job skills. Finally, she accepts the only position she can find--janitor at the Federal Reserve Bank. The one-time suburban mom soon discovers she has more in common with her new co-workers than she thought. Bridget forges an unexpected bond with Nina, a hard-working single mom with two kids to raise, and Jackie, an exuberant free spirit with nothing to lose. Caught up in a system that underestimates their talents and keeps their dreams just out of reach, Bridget, Nina and Jackie set out to even the score. After a lifetime of playing by the rules, the three devise a plan to smuggle soon-to-be destroyed currency out of the supposedly airtight Reserve. As the unlikely crime syndicate amasses piles of cash, it looks like they have pulled off the perfect crime--until a minor misstep alerts the authorities. With more money than they know what to do with, the women are pushed to the limits of their ingenuity to stay one step ahead of the law!

#### Pirates Who Don't Do Anything (G)

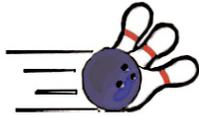
Working at the 'Pieces of Ate' Dinner Theater is less than exciting when you're a busboy. For three moping misfits--Elliot, Sedgewick and George (Larry the Cucumber, Mr. Lunt and Pa Grape)--all they dream of is the day when they can ditch their dish rags and take stage to star in the big pirate show. But with Elliot's timidity, Sedgewick's laziness and George's lack of self-confidence, it seems as if the day to prove who they really are will never come. Things are about to change when a mysterious ball drops from the sky and lands at the unlikely seafarers' feet. A "Helpseeker" sent from the past in search of heroes, the artifact sets in motion a series of events that drags the friends back to the 17th century--and into the belly of certain danger. 'The Pirates Who Don't Do Anything' must each face their fears--becoming unlikely heroes in a battle to rescue a royal family from an evil tyrant, and themselves from living the life of common couch potatoes.

#### Semi-Pro (R)

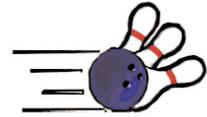
Jackie Moon is one-hit wonder who used the profits from the success of his chart-topping song "Love Me Sexy" to achieve his dream of owning a basketball team. But Moon's franchise, the Flint Michigan Tropics, is the worst team in the league and in danger of folding when the ABA announces its plans to merge with the NBA. If they want to survive, Jackie and the Tropics must now do the seemingly impossible -- win

COMING SOON

The Eye  
Over Her Dead Body  
Untraceable



# NMCRS 40 Frame Game Bowling Tournament



For anyone looking for a little action and excitement, the Navy-Marine Corps Relief Society is hosting a 40 Frame Game Bowling tournament on March 22, 2008. What does that mean? A 40 Frame Game consists of a variety of frames that are scored differently and which make up one continuous 40 frames as a single game. The best part is that no prior bowling experience is required - anyone can win as a result of the format of the game. In addition, automatic scoring will take care of the score sheets so the players just have to sit back and enjoy the game. The types of frames that make up a 40 Frame Game include:

- 9 Pin No Tap (9 or 10 pins on your first ball is the same as a strike)
- 8 Pin No Tap (8, 9, or 10 pins on your first ball is the same as a strike)
- Bonus Frame (A strike earns you 10 additional points)
- Pay Day (A strike in a Pay Day frame wins you a prize!)
- Sour Grapes (2 points are subtracted for each pin left standing on your first ball of the frame)

- Super Sour Grapes (5 points are subtracted for each pin left standing on your first ball of the frame)
  - Mulligan (Don't like your first ball results? Erase the score and do it over again!)
  - Classic/Regular Ten Pin Scoring (Just like regular bowling; nothing different)
  - The Big Kahuna (A strike on your first ball is worth 25 extra points)
  - Auto Strike (You automatically get a strike for that frame!)
  - Bingo-Bango-Bongo (Each strike is worth a prize)
- Confused? Don't be - scores are calculated automatically! Just relax, have some fun, and enjoy the game. There are up to 60 entries available, so sign up! The tournament includes automatic scoring, prizes and a fun and different tournament for all: anyone can win!  
No previous experience is required and all entry fee's support NMCRS Drive 2008.  
If interested, contact GMC Payne @ 624 6416 or GM1 Bartlett @ 624-2119

## Coalition Forces Train To Keep Sea Lanes Open

Article by MC2 Nathan Schaeffer

Commander, U.S. Naval Forces Central Command/Commander, U.S. 5th Fleet Public Affairs



The British mine countermeasures ship HMS Blyth (M 111) participates in a combined maritime forces mine countermeasure exercise in the Persian Gulf.

U.S., U.K. and Kuwait forces completed a mine countermeasures exercise (MCMEX) March 6 in the Persian Gulf.

The exercise demonstrated the ability of Combined Maritime Forces (CMF) to counter potential mine-laying and maintain open sea lanes, as well as to increase interoperability between coalition partners.

Commander, Mine Countermeasures Division 31, USS Scout (MCM 8), HMS Ramsey (MN 110), HMS Blyth (M 111), the "Blackhawks" of Helicopter Mine Countermeasures Squadron (HM) 15, Commander Task Force (CTF) 56 Explosive Ordnance Disposal (EOD) divers and Kuwaiti divers located, identified and destroyed four dummy mines planted in a simulated mine threat area.

Royal Navy Lt. Cmdr. John Craig, Blyth's commanding officer, emphasized the importance of the exercise.

"It's important that we're out here, not just to find mines after they've been laid, but to do exercises like this with our American and Kuwaiti partners," he said. "It acts as a deterrent to those who would consider laying mines. Freedom of the seas is what we're all about."

Throughout the exercise, Kuwaiti navy observers embarked Scout, Ramsey and Blyth as the coalition forces

demonstrated their MCM capabilities.

Kuwaiti divers also performed joint dives with the Royal Navy and discussed EOD tactics with CTF 56 EOD divers, which they found to be a valuable training opportunity.

"It's really important to work with both the U.K. and U.S. to learn from their experiences with mine hunting and to train with their EOD teams," said Kuwaiti navy Senior Chief Petty Officer Khalid Mohammed Ashad. "I want to thank the U.K. and U.S. It's a great honor for us to be here."

The mine countermeasures capability is an element of Maritime Security Operations (MSO). Coalition forces conduct MSO under international maritime conventions to ensure security and safety in international waters, so that all commercial shipping can operate freely while transiting the region.

MSO help set the conditions for security in the maritime environment, which promotes stability and global prosperity.

These operations complement the counterterrorism and security efforts of regional nations and seek to disrupt violent extremists' use of the maritime environment as a venue for attack or to transport personnel, weapons or other material.

# Sabbiadoro

# Gurrieri



Lt. Cmdr. Lloyd Reinhold, commanding officer of the mine countermeasures ship USS Scout (MCM 8), speaks with Kuwaiti navy Capt. Faisal al-Majed aboard Scout during a mine countermeasure training exercise involving American, British and Kuwaiti naval forces. Coalition sea services operate across the full spectrum of operations to including mine countermeasure capabilities, a key element of maritime security operations.

## WEEKLY TRAFFIC/ SAFETY UPDATE

*Weekly Safety Statistics*  
Theft from motor vehicle - 3

*Traffic Court Results*

- E4 - Operating an unsafe vehicle. Member was awarded 2 points and DIP.
- E5 - Failure to yield right of way. Member was awarded 3 points and DIP.
- E5 - Driving too fast for conditions. Member was awarded DIP.

## Notice To All Military Service Members Currently Living In Private/ Personal Leased Housing Off-Base

The Sigonella housing department is currently conducting its 2008 Overseas Housing Allowance (OHA) Utility and Recurring Maintenance Survey. This survey is all service members currently in private/personal leases under the OHA program. Civilians are excluded.

### Preparation

To prepare for the utilities portion, service members receiving OHA should collect their actual bills or records of utilities and maintenance expenses for the last 12 months.

### Web Link

The survey is available only on-line; no paper copies are available. The respondent can close out an unfinished survey and then complete it later. However, the unfinished survey can only be accessed on the same computer on which it was begun. If the service member is able to access this survey at home, he may take it from home.

The address to the electronic survey is provided below. This is the only address to be used by Italy survey respondents. <https://www.perdiem.osd.mil/oha/survey/maroha.html>

You may review this link in advance of the start of the survey; however, it will NOT be operational until 18 March 2008 to actually submit your OHA survey.

Only cost data from the electronic survey web link cited above will be considered in updating utility rates. No hard copies will be accepted. The service member cannot take the survey at the demonstration link (<https://www.perdiem.osd.mil/cha/survey/demo.html>). This demo link will only give you a format view.

### Survey Period

The Annual Overseas Housing Allowance (OHA) Utility and Move In Expenses Survey for uniformed U.S. Service members is scheduled for Italy from 18 MARCH through 17 APRIL 2008.

### Questions/Clarifications?

Call John Hoffpauir, Planning Officer @ 624-2626 or e-mail [jhoffpau@nassig.sicily.navy.mil](mailto:jhoffpau@nassig.sicily.navy.mil)

## Navy Recruiting Offers Incentives for Referrals

Article by MC2 Gabriel Owens  
Commander, Navy Recruiting Command Public Affairs

Commander, Navy Recruiting Command (CNRC) is offering incentives to active-duty and Reserve Sailors who help in the Navy's efforts to recruit the nation's best and brightest.

"The Recruiting Referral Recognition Program was set up to reward people for giving names to recruiters and referring those interested in the naval service," said Chief Navy Counselor (SW) Davis Stone, CNRC policy analyst.

The program offers non-recruiters rewards such as Navy/Marine Corps Achievement and Navy/Marine Corps Commendation Medals to those officers and enlisted Sailors who refer qualified individuals to the Navy. The program is also open to federal employees and Delayed Entry Program Personnel. It excludes those working directly for CNRC.

"Many of our active and Reserve Sailors are in one-on-one contact with the population and often get people interested in joining the Navy," Stone said. "This is a way to reward them for that invaluable help in the tough job of recruiting."

For every person who joins the Navy and cites an individual

as the one who referred them (within one calendar year), that individual receives recognition.

Additionally, enlisted Sailors can refer officers and vice versa. The program accepts referrals with prior service back into active or Reserve status; Navy Veterans and Other Service Veterans are also included.

"This program has been around a long time in one form or another," Stone said. "I think it's important to remind and inform Sailors who may not be aware of the program or have forgotten."

"Our recruiters work long and hard hours to bring in the next generation of Sailors," he said. "Nothing makes their job easier than getting a call from an interested person who was motivated by a conversation with someone in the service."

For more information and to see a full list rewards, refer to CNRC instruction 5305.1, visit [www.cnrc.navy.mil/5305.1K.pdf](http://www.cnrc.navy.mil/5305.1K.pdf), or contact your local Navy recruiter.

### PRT continued from page 2

prevent fatigue and heat illness. Runners should be trained to recognize early signs of heat injury.

If you have done very little to prepare for the PRT, don't do too much too soon. Pace yourself.

After the PRT (until approx. 6 weeks before next PRT test date), have some fun! Enjoy selecting and performing the exercises you most enjoy.

You can include a variety of aerobic and muscular activities into your weekly exercise schedule. In fact, participating in a variety of exercise activities decreases your chances of injury and

improves exercise adherence (it also prevents boredom). Exercise variety also reduces the chances of exercise plateaus. What is an exercise program plateau? The body is constantly accommodating to the stresses that you place on it.

Physical activity is a stress, so if you perform the same mode of activity repeatedly, the body will "accommodate" to this stress...thus causing the exercise progression to plateau. The activity actually may even become more difficult to perform if the exact same mode and intensity is performed repeatedly. Add variety into your exercise routine. Try something new. Have fun! Good luck on the PRT!

### ST. PATRICKS DAY continued from page 2

around 460 A.D.

Now this holy man is remembered with a holiday, parades and even green beer. Actually, the first St. Patrick's Day parade took place in the United States where in 1762, Irish soldiers serving in the English military marched through the streets of New York City. Now, there are 34.7 million U.S. residents who claim Irish ancestry. (A number that is almost 9 times the population of Ireland itself).

St. Patrick's Day has traditionally been a religious occasion in Ireland. Somewhere along the historical time line we lost touch

of the man behind the holiday. Let us remember his sufferings and his calling as a priest and missionary of the Christian faith that transformed an island nation. He was a man who lived the Gospel of love in a difficult period of human history. It was St. Patrick who described himself in one of his writings as a, "most humble-minded man, pouring forth a continuous paean (hymn) of thanks to his maker for having chosen him as the instrument whereby multitudes who had worshipped idols and unclean things had become the people of God." Now there's a good reason to wear green and remember this remarkable man and his achievements!

# Armed Forces

# IL Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 2 p.m. of the Friday of the week before publication. For more information call 624-5440 or 624-2798 or 095-86-last four digits. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884.

SEND IL MERCATO ADVERTISEMENTS TO [THESIG@NASSIG.SICILY.NAVY.MIL](mailto:THESIG@NASSIG.SICILY.NAVY.MIL)

## AUTOMOTIVE

**1995 Chevy Astro** Red American Specs, just had tune up. 85000 miles, a/c, heater, p/w, p/l \$4000 OBO. Mygig infotainment CD/DVD/Navigation for 2007 and up dodge/chrysler vehicles. \$600 firm. Hitachi projector \$600 obo. Call Bernie at 3401013952 or Hung at 3405482778

**1995 Nissan Skyline** GTS Sedan, right hand steering, burgundy, 1998cc, 76000 km, automatic, takes 300 liters, climate control A/C and heat, CD/radio, recently safety inspected, new tires. Drives great. Interior and exterior good. \$1,500 OBO. Call at 393464901294.

**2003 Ford Ranger XL** - Black, 4 new tires (under warranty) In excellent condition 5-speed manual transmission. For more information please call Terry or Chris (h) 624-1558 (w) 624-5543, if no answer please leave a message.

**1995 Ford Windstar** Van, Automatic. New Brakes, Rotors, Belts. Efficient. Good condition. US Spec. Contact: 624-5282, Cell-333-982-4968. Asking \$1,700 O.B.O

For Sale 1998 Seat Ibiza 2 door in good condition great on Gas/MLG very reliable price Euro 1700,00 for info call Cell 346-6082330 ask for Joe

**1990 Lancia Thema**, 2.4 L 16 valves, gas engine, air conditioning, Green. 70,000 miles. Euro 2000. Call 338-2566505

**Ford Escort** convertible, 1600cc, 105 hp, 5 speed manual, brand new! Electric hood, alarm, pwr windows(4)/locks/steering, alloy wheels, new tires, recent tune-up, original 31k miles, excellent con-

ditions. Available immediately. Must see! Ask \$4600. FMI call 3477725236 anytime or e-mail [fimau@katamail.com](mailto:fimau@katamail.com) for pictures.

**Yamaha R1** (1000cc) electric blue colour, year 2003, 152 Horse power km 27,000 certified service. A must see bike, it looks new!! Euro 7,000 non negotiable.

One owner only, never been on a circuit. The motorbike is in Niscemi and you can try it at anytime. Call 389 678 0073 (italian speaker only) or e mail me in English or Italian: [roberto.inter-nullo.it@nassig.sicily.navy.mil](mailto:roberto.inter-nullo.it@nassig.sicily.navy.mil)

**1998 Seat Ibiza** 2 door in good condition great on gas/mlg very reliable price Euro 1700,00 for info call cell 346-6082330 ask for Joe

**Lancia K**, black, excellent condition, full optional, 5 cylinders, A/C, on board computer, has new brakes, 4 doors, and has a very large trunk. Asking 4,300.00 Euro negotiable. Call 348-8242543.

**1997 Mazda Protege LX** Automatic, 4 cyl. 1.5 liter, white in color, front air bags, radio, CD player, a/c, heat, power steering. Excellent transportation. Must sell PCSing (300 liter gas coupon). Kelly Bluebook value is \$4,600. Asking \$3,000. Call me at: 346-740-6364.

**1994 Opel Tigra** - 2dr hatchback, Purple in color, Excellent condition! Runs great and Outstanding on gas! All maintenance done on schedule. \$2,500 OBO. Call Blake at H/624-1625 or C/3334735191.

**1990 Mercedes Station wagon** 200TE, 200cc engine, A/A. All powered, ABS, metal green.

Good conditions Asking Euro 3000. If interested call 3898350314or 624 6871

**2005 Chrysler PT Cruiser** Convertible 2.4 Turbo, Champagne Color, like new, fully load, auto start, tint window. Call for more details : 624-1499 or 3315347851

**Mercedes Benz C Class 180 Elegance**, Silver, 4 door. 5 speed Stickshift. Great condition and excellent stereo. New tires. Asking \$4800. Manny HM: 1399 WK 3797

**1990 US spec Nissan Pathfinder** automatic V6 gets 400L, AC/Heat/Radio/Sunroof good condition. You can switch to 4x4 or just 2 wheel drive. 4 Brand new BIG tires (\$170), exhaust and brakes for recent safety inspection. Great reliable car for you or family. Daily driven from Mineo to NAS I and have been to Rome, Florence, Pisa and Venice. Available 2nd wk of April, reserve it now. POC:624-0109 Ask: \$3,200 (make me offer)

**1992 Toyota Previa** Mini Van. Runs great-New A.C., Radio, and Oil Change. Tires only have 7,000 miles on them. It's not your typical Island Beater-we're only the 2nd owners!! \$2,500, Call Jordan at 624-1344 or 346-518-2984 for more information.

## FOR SALE

Treadmill for sale. ProForm Crosswalk 395CW Space Saver Fold-up Treadmill asking \$100. Call 624-1227.

Sauder Entertainment Center. Cherry finish. Bought a year and a half ago for \$375. Asking \$200 o.b.o. Has no marks or scratches. For more information please call Terry or Chris (h) 624-1558 (w)

624-5543, if no answer please leave a message.

Kids brand new (still in package) full drum set \$150, Call Karrie at 624-1723 or email [leinaar@gmail.com](mailto:leinaar@gmail.com)

Saturday Night Live-Season 2 Collector set-\$40, Call Karrie at 624-1723 or email [leinaar@gmail.com](mailto:leinaar@gmail.com)

Children's brand new (still in package) digital camera-\$40, Call Karrie at 624-1723 or email [leinaar@gmail.com](mailto:leinaar@gmail.com)

Charmed DVD set - Seasons 1-6, Each season \$30 or all for \$150, Call Karrie at 624-1723 or email [leinaar@gmail.com](mailto:leinaar@gmail.com)

Polaroid Portable DVD player-\$100, Call Karrie at 624-1723 or email, [leinaar@gmail.com](mailto:leinaar@gmail.com)

Italian mountain bicycle (Lombardo K250 Full Suspension) Red in color, almost new. Paid 250 Euros last year, used only for 2 mos. Selling because bought it a racing bike. Asking 200 dollars. Call me at: 346-740-6364.

JVC AV-65WP55 65 inches broadcast Format supported 1080I (HDTV) Paid \$2,000 at the

NEX. Asking \$1,100 and still under warranty until 25 August 2009. Perfect condition, it's a huge screen. A Bachelor's or Sports Man's Dream! Must sell PCSing in April. Call me at: 346-740-6364.

Cell phone Has a Camera, video, plays music, internet and blue tooth capabilities. 100 euros new 1 year ago, will sell for \$50 obo Call Cam 3921059769

Graco pedic travel system-car seat, car seat base and cover, stroller. Memory form in the car seat-ultra comfy, stroller easy to fold up, cream and brown. \$40.00 call Kim 3334400885

Trampoline for sale! 13 feet with net enclosure for safe fun all summer long! Call Kim 3334400885

Pro court Basketball hoop-portable, base on wheels, adjustable height 7 1/2 feet to 10 feet \$50.00. Kolocraft tot rider2 walker-large tray, padded easy to remove and clean seat, toys, JPMA certified, wont go down stairs. 220 Breadmaker-\$25.00 220 Electric orange juicer-\$15.00 220 3 1/2 quart Crockpot-\$10.00 call Kim 3334400885

2 Nice Rubbermaid outdoor storage units-6 feet tall, 27 inches

## Marchi

Anyone interested in sending ads via email should leave a phone number and point of contact name at [thesig@nassig.sicily.navy.mil](mailto:thesig@nassig.sicily.navy.mil). Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian National/ American base employees. Ads must be 40 words or less and typed in regular upper case, lower case format. The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in The Signature they can call Stampa Generale @ 081-568-7884.

Centro  
traslochi

Joes

Assomondo  
animale

wide and 16 inches deep \$50.00  
ea 2 Beach umbrellas-5.00 ea  
Patio umbrella with plastic stand,  
green \$15.00 call KIM  
3334400885

Couch for sale. Bought one  
month ago out in town. Burgundy  
with flower print material.  
Storage under cushions. \$150  
dollars firm (paid 190 euro). Call  
095-91-3678 or cell 3401190706  
Ken

**MISC.**

AA meetings will be held  
Monday, Wednesday and Friday,  
each week, at 7 p.m. in the NAS  
II Chapel. For further information  
call the AA hot line at 346-693-  
6935.

**PETS**

Free to good home. Light brown  
sicilian mix dog. 2yr old named  
Petie. Great with kids and potty  
trained. We PCS in 2 months.  
Call Bernie at 3401013952 or  
Hung at 3405482778

For Sale-7 mo. old male, tricolor  
Basset Hound. All shots,  
microchipped, housebroken.  
Loves children, great family pet.  
Serious inquiries please. Call  
624-1484 for info.

**YARD SALE**

Yard Sale rain or shine! Mineo  
1035D Intrepid. Saturday March  
15th and 22nd, 9am-12pm. Both  
Saturdays!

# DiFra

# Mammut

# Mondo

# Vulcano

# Grande Cina

# Classified

# Stampa