

THE Signature

SIGONELLA, SICILY

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MAY 21, 2010

NCTS Sicily Marks Change of Command

By MCSN Whitfield M. Palmer
NPASE East Det Sigonella

Cmdr. Bruce J. Black, formerly of Commander Carrier Strike Group Ten relieved Capt. Kathleen M. Creighton as Commanding Officer of U.S. Naval Computer and Telecommunications Station (NCTS) Sicily in a ceremony held



Capt. John W. Chandler, Commanding Officer of Naval Computer and Telecommunications Area Master Station Atlantic (NCTAMS LANT), watches while outgoing Commanding Officer, U.S. Naval Computer and Telecommunications Station (NCTS) Sicily Kathleen M. Creighton hands over responsibilities of the command to Cmdr. Bruce J. Black during a Change of Command ceremony held at the Naval Air Station Sigonella Gym.

at the Fit District Gym at the Midtown Complex on Naval Air Station (NAS) Sigonella Friday, May 14.

The ceremony began with singing of the national anthems of Italy and the United States. Following a benediction from Chaplain Ronald Kennedy Capt. John J. Chandler, Commanding Officer of U.S. Naval Computer and Telecommunications Area Master Station, Atlantic offered words of praise to Capt. Creighton.

"Capt. Creighton has met her challenge superbly as Commanding Officer of NCTS Sicily and is well deserving of the accolades she will receive today," said Chandler. "The command's performance under Capt. Creighton's leadership has been outstanding. They have met and exceeded their goals of providing a reliable and effective base level information infrastructure."

After Capt. Chandler's opening remarks, Capt. Creighton was awarded the Meritorious Service Medal for her performance as NCTS Commanding Officer.

"The time has come for me to leave Sigonella," said Capt. Creighton. "The only thing that makes it easy is

knowing that every day for the past two years, I know just how fortunate I was: Fortunate to have the best job of my career without a doubt, and to be part of such a close knit community like Sigonella."

Following her remarks, Capt. Creighton read her orders and passed her responsibilities of NCTS Sigonella Commanding Officer to Cmdr. Black, who then read his orders and took a moment to introduce himself.

"I look forward to working with everyone," said Cmdr. Black. "I'm happy to be here and I am excited for this command."

The ceremony ended with a closing benediction from Chaplain Kennedy and was followed by a reception.



New NCTS Commanding Officer Cmdr. Bruce J. Black departs the change of command ceremony where he took charge of the command located at Naval Air Station (NAS) Sigonella.

U.S. Naval Hospital Sigonella Honors Nurses During National Nurses Week

By MCSN Whitfield M. Palmer
NPASE East Det Sigonella

U.S. Naval Hospital Sigonella Observed National Nurses Week and the Navy Nurse Corps' 102nd anniversary with a cake cutting ceremony held at the hospital Wednesday, May 12.

"This is a very special week for our nursing profession as we celebrate our 102nd anniversary," said Capt. Chung-Park of the Navy Nurse Corps. "I would like to express how proud I am of our Nurse Corps' commitment to deliver competent and compassionate nursing care to all of those entrusted in our care, including those deployed in harms way. Together, we demonstrate excellence and dedication to the nursing profession in our practice both as military and civilian nurses through our leadership, innovation, and clinical expertise, all in support of Navy medicine."

The Navy Nurse Corps recognizes its roots from a time during the Spanish American War when a group of women not enlisted in the Navy were hired to care for injured soldiers. The women were not even guaranteed payment, and several bills were presented to Congress to establish an official corps of nurses. Finally, on February 6,

1908 Congress passed a bill entitled "The Relief". The bill established payment guidelines, job descriptions, and duty station assignments. On May 13, 1908 The Navy Nurse Corps was born.

National Nurses Week is celebrated annually from May 6 through May 12, Florence Nightingale's birthday. Florence Nightingale is considered the founder of modern nursing.

CELEBRATING SIGONELLA'S NURSES, continued on Page 5



Capt. Chung-Park and Lt. j.g. Julee Smith, U.S. Naval Hospital Sigonella's most senior and most junior nurses, cut the cake during an observance of Nurse Corps week at United States Naval Hospital Sigonella. Nurse Corps Week this year was May 6-12 and is usually around the birthday of the Nurse Corps.

Supply Corps Rear Admiral Visits FISC Sigonella

By LT Curt Butler
FISC Sigonella

The stage was set throughout Europe, Africa, and Southwest Asia as Fleet and Industrial Supply Center (FISC) Sigonella awaited the arrival of Rear Admiral Mark Heinrich, Commander Fleet and Industrial Supply Centers (COMFISCS). The sweeping tour from April 5 to April 14 included visits to six different sites spanning three different continents. The vastness of

the FISC Sigonella area of responsibility (AOR) was the biggest challenge. The command is responsible for delivering Naval Supply Systems Command (NAVSUP) products and services to fleet and installation customers over a massive geographical area to include 5th and 6th Fleet areas of operation, U.S. & foreign bases overseas, and expeditionary warfighters serving downrange.

FISC, continued on Page 7



TOP STORIES

PAGE 2

HEALTH WATCH

Who Am I?
I answered the call and took an oath. One with my hand raised and one from my heart. Who am I?

PAGE 5



Happy Nurses Week to our Sigonella Nurses

PAGE 6



Italian News:
The spectacular Tatarata and Holy Cross Festival returns to Casteltermini, a beautiful town in the Agrigento province, this weekend (May 21 through 23)

PAGE 8-9



A Stone's Throw
Being the largest island in the Mediterranean Sea, Sicily covers more than 25,700 square kilometers of land, which is roughly the same size as Vermont. However, this autonomous region of Italy boasts as varied of a landscape as can be found in countries quite a bit larger than itself.

PAGE 11



On the Go With MWR
*Midtown Movie Schedule
*Father's Day Taormina Spa Weekend
*MWR ensures a safe arrival
*Get Crafty With Grillin'
*Get Fit the Right Way Personal Trainers Now available!

TRAFFIC NUMBERS

	Jan. 10- May 10	Jan. 09- May 09
Accidents	105	83
Injuries	9	4
DUIs	1	0
Traffic Deaths	0	0

PLEASE,
DON'T BECOME
A STATISTIC!

WEATHER UPDATE

May 21
H:79F
L:59F



May 22
H:81F
L:61F



May 23
H:82F
L:62F



May 24
H:82F
L:62F



May 25
H:83F
L:60F



May 26
H:84F
L:63F



May 27
H:84F
L:66F



DIRECT LINE NASSIG EXECUTIVE OFFICER CAPT. J.W. BEADLES

The 6 May Feedback Live received so many questions that some of them couldn't be covered in the allotted time, so we are devoting the 14 May and this Direct Lines to answer them. Please keep sending your questions via email but remember that it is a live call in show and you can get your question answered on the spot. Feedback Live is held on the first Thursday of each month, from 6:30 p.m. - 7:00 p.m. To call in live on the show, please dial 624-4265 or 095-56-4265.

Q1. Recently there seems to be a decline in the quality of child care being provided by the CDC. High employee turnover, children returning home with injuries not reported by the CDC, inadequate employee response to the children, etc. Is there a way to make the child care system better?

A1. First we want to acknowledge all the caregivers who are dedicated to providing a safe and nurturing experience for the children. They truly make a difference in the lives of the

children they care for. The CDC is experiencing an unusually high period of staff PCSing recently with few applicants to fill behind them. Highly motivated individuals that enjoy working with children may apply at HRO or MWR personnel office.

Unfortunately, the staff shortages have resulted in limiting some services offered. Rather than impacting quality, the hourly care classroom and 1 infant room have been temporarily closed and kindergarten children have been moved to the School Age Care program. Every effort has been made to ensure the highest level of continuity for the children as possible. Any concern for your child, great or small, may be brought directly to your child's teachers or the CDC Director. The CDC has an open door policy and it helps us respond to your personal concerns at the time the situation occurs.

There is a highly regulated system of monitoring for all DoD child and youth programs to ensure quality, availability and affordability of care.

The CDC recently had their annual unannounced CNIC inspection, which confirmed that quality care is being maintained as expected of a program accredited by the National Association for the Education of Young children (NAEYC).

Q2. The new internet in Marinai worked great for about 4-6 weeks. Now it is back to being just as slow as the old system was. With only one choice in providers, I am forced to continue to pay for substandard service. Out in town, people get the service they pay for, why can't we get the same quality in housing?

A2. There are many factors slowing down your connection that may not be the fault of the ADSL service provided by Base Communications office. BCO and Telecom Italia personnel are monitoring the ADSL performance. The performance overall is good.

We can stream a video without buffering or freezing and at the same time download a file at rates of 1.10 MB/s (8.80 Mb/s). Also, ADSL speed

testing from www.speedtest.net is constantly at 16 Mb/s download and 0.70 Mb/s upload. Telecom Italia solicited by the BCO is now aware of the Internet connection saturating at peak traffic times, due to specific use characteristics of our user community. Telecom Italia has accepted our request to upgrade the bandwidth to the Internet. We expect the upgrade by next month, June. Telecom Italia is committed to providing quality service, and they are showing their commitment by upgrading the bandwidth at no additional cost to the users. However, this will be a once time increase. We would pay an increased monthly fee for additional bandwidth.

This is because; the service provided on the economy is a residential service with no guaranteed bandwidth. Whereas, Telecom Italia provides the Sigonella residents a commercial



and guaranteed bandwidth. The questions, comments and concerns stated in this column do not constitute the official position of the U.S. Navy and are submitted by members of the community.

NH Sigonella and the Nation Celebrate Nurses

By: Lt. Lynn Skinner
US Naval Hospital Sigonella
In celebration of National Nurses Week, May 6-12, USNH Sigonella is proud to honor America's 2.5 million registered nurses for their compassion, strength, and professionalism. Did you know over 375,000 nurses earned master's degrees and over 40,000 hold

doctoral degrees? In the US, there are more than 2 4 0 , 0 0 0 advanced practice nurses - clinical nurse specialists, nurse anesthetists, nurse-midwives, and nurse practitioners.

Did you know the Bureau of Labor has reported nursing to be one of the top ten occupations for years and projects nursing to have the largest job growth in 2012. That is exciting news since at one point in our lives, we will all need a nurse!

The profession of Nursing has been surveyed in the Gallup

Polls since 1999. Gallup Polls measure society's view on certain aspects of different professions. Nursing has continually scored very high in integrity and honesty only falling second to Firemen following 9/11.

Nursing has been a time honored profession throughout the decades with many famous figures such as Clara Barton who

founded the American Red Cross in 1881. The American public along with several predominant citizens tried to have Congress recognize all nurses for their

services since 1953 when the first proposal went to the White House to proclaim a "Nurse Day," but it did not go through. The following year, National Nurses Week was observed from October 11-16 in observance of Florence Nightingale's nursing mission to Crimean

nurses, continued on page 12



NASSIG WORSHIP SERVICES

ROMAN CATHOLIC		PROTESTANT	
<u>Sunday</u>		<u>Sunday</u>	
0830	Catholic Mass (NAS I Chapel)	1000	Traditional Protestant (NAS I Chapel)
1200	Catholic Mass (Mineo Community Center)	1130	Contemporary Protestant (NAS I Chapel)
1600	Catholic Mass (NAS II Chapel)	CHURCH OF CHRIST LAY SERVICE <u>Sunday</u> 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)	
<u>Monday - Thursday</u>			
1130	Catholic Mass (NAS II Chapel)		

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Sunday 1300 Catania Chapel, Please email jarreb@yahoo.com or call 624-1393 or 095-705-6108

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan; Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

CHAPLAIN CORNER

Chaplain Coates

Quality Time

"Quality time is an accident of quantity time."

I first encountered that concept when I was a young man with a strong desire to make a positive difference in the lives of others. Just recently, the thought completely enveloped my mind once again.

What context would prompt the articulation of such a notion? Some twenty years ago, I commonly heard busy parents espouse the necessity, in the midst of such demanding schedules, to intentionally plan for substantive time with their children. Since they could not spend a great deal of time with them, they needed to make sure what precious time they could invest would be redeemed properly.

The quote challenged this mindset. It did not dispute the validity of intentionality or the recognition that limited time required due attention to correct imminent deficits that would result. I would be the first to applaud those well intentioned parents for attempting to make the most of every opportunity. The quote simply exposed the truth - without quantity time, the prospect for quality time diminishes significantly.

In 1985, Dr. Donald Joy wrote a book entitled Bonding. In the early pages, he documents evidence that humans, when they spend large amounts of time together, form relational bonds

with positive elements. This is true whether or not they intentionally seek to cultivate intimacy or trust. Simply spending time together is an investment that yields some degree of identity and connectedness.

I'm still surprised at this phenomenon. As a member of ship's company that deployed to sea several years ago, I was shocked at the level of my jealous pride for my shipmates after having served with them for only one year. The crew was so diverse; they seemingly had very little in common. But when somebody got hurt during a 10 day underway, someone who was not even particularly esteemed or well known, the crew worked diligently through the night to get this Sailor the assistance he needed. He was one of us and the exhausting work was nothing other than a pure labor of love. The bonding was undeniable.

A week ago Wednesday, I had a conversation with an individual who will soon leave the island. It was a great dialogue. Both of us were intent on listening, not as a discipline of courtesy, but because the other's words were so captivating and substantive.

By the end of the conversation, we rightly anticipated what the other was thinking - "Why didn't we have this conversation two years ago? If we had, we could have been enjoying a sustained diet of such discourse for months. That would have been good."

In the early days of this PCS season, I am already weary of saying good-bye to those whose lives have been an immeasurable blessing to me. At the same time, I am trying to learn a key lesson. I live in the very midst of a veritable sea of human wisdom and life experience. I can easily become distracted by the duties and routine of work and life. But these motions occur in the context of quantity time and bonds are developing day by day. Now is the time for intentionality. I will seek quality time with people, not in the absence of quantity time, but in the overwhelming ocean of it.



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NAVY NEWS

MCPON Visits Sailors and Celebrates Armed Forces Day

By MC1 (EXW) Jennifer A. Villalovos, Office of the Master Chief Petty Officer of the Navy Public Affairs

By Mass Communication Specialist 1st Class Master Chief Petty Officer of the Navy (MCPON)(SS/SW) Rick D. West traveled to San Diego and Chattanooga, Tenn., to visit Sailors and celebrate Armed Forces Day May 3-8.

In San Diego, West delivered opening remarks at the Divers Working Group at the Adm. Kidd Club Conference Center and then took a familiarization dive under the USS Midway museum with divers from Southwest Regional Maintenance Center (SWRMC).

"As a submariner, I've operated many years underwater and this dive took it to another level," said West. "I have the utmost respect for those that conduct their business underneath the water. The opportunity to work with our Navy divers provided me a snapshot of what they do. What a demanding and great job, which you can tell they love. HOOYAH!"

During his visit, West toured the guided-missile destroyer USS Sampson (DDG 102) and the amphibious transport dock ship USS Green Bay (LPD 20).

"It's important for me to get out and see what jobs our Sailors are doing," said West. "I enjoy it, and they enjoy showing me. It keeps me close to the fleet and the Sailors I love."

In Chattanooga, West was invited to the 61st Armed Forces Day Parade to be the Grand Marshal and Reviewing Officer. Chattanooga is one of the few cities that still hold an Armed Forces Day parade. Each year the parade highlights a branch of service and this year the focus was on the Navy.

Chief Yeoman Diana Fleshman marched along with Sailors from Navy Operational Support Center (NOSC) Chattanooga. Fleshman is a

kindergarten teacher at North Hamilton Elementary School and her students and parents were out to show their support and cheer her and the Armed Forces at the parade.

"I marched two years ago, and last year I was deployed," said Fleshman. "This year I felt it was really important for me to be out here again. We had 25 marchers out today from the NOSC and it was a great honor for MCPON to be here with us."

During his speech after the parade, West highlighted a few Sailors from Chattanooga including commanders, command master chiefs and hospital corpsmen who he knew were from the area. He also spoke of how proud he is of also being from the area and credits much of his success in the Navy to his upbringing there.

Operations Specialist 1st Class Arcenia Pierre, from NOSC Chattanooga, was chosen by the Women Veterans Network to represent all women veterans and sit on the reviewing stand for the parade and attend the Chattanooga Area Veterans Council luncheon, where West was the keynote speaker.

"In my 11 years in the Navy I never imagined I would meet the MCPON," Pierre said. "It was truly an awesome experience."

West finished his visit by attending the USS Haddo Base Submarine Veterans Group monthly meeting. During the meeting, he talked with World War II submariners and also met with Sea Cadets from Chattanooga and Sailors from USS Tennessee who were special guests to the meeting.

"It's always a great week when you can see fleet Sailors in action, interact with the local community and have a fireside chat with our veterans - all of that, and a paycheck too," said West.

For more news from Master Chief Petty Officer of the Navy, visit www.navy.mil/local/mcpo/.



Photo by MC1 Jennifer A. Villalovos

Master Chief Petty Officer of the Navy (MCPON) Rick West meets Con Crabb on the reviewing stand for the 61st Armed Forces Day Parade. Crabb was a radarman 3rd class during World War II. West was Grand Marshal and Reviewing Officer for the parade.

Personnel Systems have Scheduled Outage for Continued Cleaning

By Wm. Cullen James, Navy Personnel Command Public Affairs

Due to ongoing flood recovery efforts, some Navy Personnel Command (NPC) information technology systems are being taken offline for building cleaning and inspection May 14-17.

The following systems will be unavailable from 7 p.m. May 14 to 6 a.m. May 17, Central time:

- BUPERS Online and associated applications (including, but not limited to: Web Enabled Record Review, Navy-Marine Corps Mobilization Processing System, Physical Readiness Information Management Systems, Corrections Management Information System, Flag Fitness Reports, Overseas Screening, view orders, and e-submissions)
- Electronic Military Personnel Record System
- NMCI connectivity for all Millington

NMCI users (Internet, e-mail and shared drive access)

This scheduled outage is being performed to continue the cleanup and restoration efforts of the data server building following the flood that occurred at Naval Support Activity Mid-South, Millington, Tenn., May 1.

"Some of the electrical cabling needed additional cleaning to make it environmentally safe for our watch standers," said Randy Wyatt, NPC Application and Engineering Branch Head. "So we're going offline to perform a thorough cleaning."

According to the NPC IT Services Branch, scheduled outages are part of routine business.

For more information go to www.npc.navy.mil.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC3 Casey H. Kyhl

Chief Master-at-Arms Aaron Mitchem, assigned to the security department at Fleet Activities Sasebo, participates in a motorcycle safety class at the Akasaki Motorcycle Range. The class is designed to teach motorcycle mechanics and safety to both new and experienced riders.

New Hope

Tatoo

Muscle

Community Calendar						
MAY				FRIDAY	SATURDAY	SUNDAY
				21 FFSC ICR 8am-3:30pm	22 Sigonella MS/HS School Prom Spring Fair 3pm-9pm Nearly New Shop OPEN	23
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	28 FFSC Arrivederci 8am-11:30am Paying for College 1pm-2pm	29	30
24 FFSC ICR 8am-3:30pm Nurturing Program (wk4) 9:30am-11am TAP (Pre-Retirement) 8am-4pm IA Social Luncheon 11:30am-1pm	25 FFSC ICR 8am-3:30pm Stress, Anger & Suicide 9am-11am TAP (Pre-Retirement) 8am-4pm	26 FFSC ICR 8am-3:30pm Playgroup 1-4 Years Old 9:30am-11am Men's Group 1:30pm-3pm Home Buying Strategies 1pm-3pm TAP (Pre-Retirement) 8am-4pm	27 FFSC TAP (Pre-Retirement) 8am-4pm Cooking Class 9:30am-3:30pm Effective Communication 9am-11am Playgroup 0-12 Months Old 10am-11am			
31 Memorial Day Sigonella ES/MS/HS No School	1 JUNE	2	3 NMCRS Breastfeeding Class	4	5 Nearly New Shop OPEN	6

Gambino

Camping

Waxy

Nova Auto



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440

SEXUAL ASSAULT PREVENTION AND RESPONSE

SAPR offers a Sexual Assault Hotline staffed with trained advocates who man the SAPR Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

HAPPY NURSES WEEK TO OUR SIGONELLA NURSES



CARING TODAY FOR A
HEALTHIER TOMORROW

Agip Ovest

Marchi

Days Inn

Orso Scuro

	<p>Lt. Gina Romano Nursing since 2003 BSN 2003 Saint Mary's College Notre Dame, IN 2003-2006 Psychiatric Nursing and Medical-Surgical Nursing 2006-2009 Ambulatory Care Nursing 2010-present Medical-Surgical/Ambulatory Care Nursing</p>		<p>Lt. Michelle E. Sanabia Nursing since 2000 George Mason University BSN 2000 Civilian Experience in Interventional Radiology, Cosmetic Surgery, Medical Surgical 2000-2006 Emergency Medicine/Ambulatory Care 29 Palms 2006-2009 EMF Kuwait 2007 Currently at BHC Bahrain as Clinic Nurse DH of Ancillary Services Former Navy Corpsman!</p>
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<p>Lt. Tratchel -BSN 2003 Jacksonville University (Magna Cum Laude) -Forward Surgical Team-CJSOTF (Combined Joint Special Operations Task Force) 32-A FOB Ripley, Tain Kowt, Afghanistan ER/Trauma and Critical Care Dec 07-Jun 08 -Special Operations Forces Medical Handbook Publisher for Nursing Chapter Aug 07-Oct 07 -Naval Medical Center Portsmouth, VA Emergency Medical Department ADO/Charge RN/Triage RN/Staff RN Sep 06-May 09 -Combat Logistics Regiment-25/Shock Trauma Platoon (STP) Fallujah, Iraq Shock Trauma/Aeromedical - Enroute (ERC Mission) Critical Care Transport RN Aug 05 - Mar 06 -Naval Hospital Camp Lejeune, NC Emergency Medical Department Charge RN/Staff RN Apr 05 - Jul 05 -Naval Hospital Camp Lejeune, NC Intensive Care Unit Charge RN/Staff RN Mar 05 - Jul 05 -Naval Hospital Camp Lejeune, NC Multi-Service Ward Charge RN/Staff RN Sep 03 - Feb 05</p>	
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	<p>Lt. Cmdr. Justice Parrott Nursing since 1991 MS 2002 Georgetown University BSN 1994 Western Carolina University HM2 1989 - 1994 Certified Registered Nurse Anesthetist USUHS Adjunct Faculty</p>
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	<p>Lt. Cmdr. Christina Jamieson Nursing since 1994 BSN 1994 Old Dominion University MSN 2001 University of South Alabama Pediatric Nurse Practitioner Branch Health Clinic, Bahrain Deployed with EMF-Bravo to Kuwait-2006 I can whistle really loud!!</p>
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	<p>Lt. Patricia Butler Certified Inpatient Obstetric RN Active duty enlisted Marine 1991-1999 BA 1999 UMUC BSN 2004 Christopher Newport University MSN 2010 Independence University NRP Regional Trainer; PALS, ALSO Instructor. Next duty assignment: University of Washington, Seattle DUINS for Perinatal Clinical Nurse Specialist Program</p>
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	<p>Lt. Cmdr. Laura McMullen Enlisted Rate: RM2 Commissioning Program: Medical Enlisted Commissioning Program (MECP) Schools Attended: University of Northern Colorado-BSN University of Phoenix-MSN Ed</p>
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<p>Capt. Min Chung-Park Active Duty since 1985 Certified Nurse Practitioner Director for Nursing Services PhD 2005 University of San Diego MSN 1995 University of Washington BSN 1980 CSU Long Beach</p>

<p>Lt. Livingston, MeeDeessa Enlisted into the Navy in 1997 Completed Associate in Science in General Studies 2000 Completed Associate in Science in Nursing 2002 Completed Bachelor of Science in Nursing 2004 Commissioned in Navy Nurse Crop 2004 Worked in Maternal -Child Services for 5 years Completed Master of Science in Nursing-Family Nurse Practitioner 2009 Currently working In Primary Clinic Care as Staff Nurse.</p>

<p>Lt. Cmdr. Paul R Allen Nurse since 1994 1994 Seattle Pacific Univ. - BSN 2005 Univ. of Texas - MSN Emergency Department, Naval Hospital Sigonella</p>	<p>Lt. Erinn Gelakoska Prior enlisted YN3 BSN 2003 Florida State University, (Go Noles!) utilizing the Navy's Nurse Candidate Program Med/Surg Nursing background, dabbling in L&D and post partum here at NH Sigonella</p>
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Alberto Lunetta
The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle

Sword Dance and Holy Cross Festival This Weekend in Casteltermini

The spectacular Tataratà and Holy Cross Festival returns to Casteltermini, a beautiful town in the Agrigento province, this weekend (May 21 through 23). Amazing sword duels replicating the medieval lifestyle will be staged during a spectacular dance, whose origins are lost in time. "The festival is a unique combination of religious and pagan traditions," explains Dr. Fulvio Galione, the president of the association that annually organizes the celebrations and runs the school which trains the festival performers' folkloristic group. "We have about 60 trainees who learn the sword art since they are children. They are highly motivated and put a lot of effort in becoming skilled in this discipline. They feel the Tataratà rhythm inside, just as it happens when people dance Tango! We pick the best students to stage this ancient dance on a rotation basis," said Galione. The word Tataratà describes the obsessive rhythm of beating drums and clanging swords which characterize this dance. There are several theories about the origins of this festival. Some believe that it represents a fertility rite because it takes place in May during springtime. Historians maintain that the original ancestral fertility celebration gradually became a competition-like dance which symbolizes the fight between the greatest opposites in life, such as good and evil, life and death, and winter and summer. Other historians claim that Tataratà represents a legacy of the Arab rule in medieval Sicily as it has handed down to the modern generations the traditions of the ancient Berber peasants and shepherds, who used to live peacefully in the area along with the local Christian settlers. The traditional Arabic costumes worn by the re-enactors during the dance seems to support this theory, as they indicate that the Moors have strongly influenced the local culture with their traditions.

Believing that Tataratà is the only attraction of the festival would actually mean diminishing its essence. Indeed, this elaborate folk dance complements the Santa Croce or Holy Cross Feast. A religious celebration, the Holy Cross Feast commemorates the accidental discovery, of a wooden cross which occurred before the town's foundation in the 17th century. Casteltermini became a town in 1629 and was founded by baron Gian Vincenzo Maria Termini. According to legend, a local shepherd noticed that some cows would flee the herd to go to an area called Chiuddia where they would kneel down for hours. So, he decided to dig to see what was buried underground. Surprisingly, he discovered an ancient twelve foot-tall wooden cross. Legend has it that he tried to pull the cross out from the rock again and again, but he was unsuccessfully. The village elders then decided to erect a sanctuary on that holy site. In 1984, a local historian decided to investigate the age of the cross and sent it International Institute for Geothermal Research in Pisa. Based on the results of the Carbon 14 test, the analysis showed that the cross dates back to 12 AD, which means that it is probably one of the most ancient crosses of the Christianity. In 1967, Casteltermini community decided to celebrate an official festa to honor this precious relic. However, a country fair festival used to be held since the 17th century. Tradition also holds that during these ancient celebrations, devotees carved Latin inscriptions on the cross. Festivalgoers willing to see the original cross should pay a visit to the Eremito di Santa Croce (Hermitage of the Holy Cross), the sanctuary that is located about three kilometers from the city. If you don't go to the sanctuary, you can see a copy of the cross that is taken in procession

throughout the historic center during the festival. Over the past four centuries, the four city confraternities, (Real Maestranza, Pecorai, Borghesi and Celibi) named Ceti, have been involved in organizing and participating through a spectacular horseback parade at this amazing three-day festival. For those with a sweet tooth, Casteltermini offers some mouthwatering sweets. Try the delicious Cubbaita torrone (nougat with sesame seeds, honey and toasted almonds). Typical specialties also include ricotta cheese, lamb, pasta with fresh broad beans and "pitiiri" (thick porridge made with rice, flour, cabbage, onion, cauliflower, prickly lettuce and fennel). Make sure you also bring home one of traditional weaved basket! Take a tour of the town during the festival and enjoy the beautiful Baroque buildings and churches (Cathedral, Saint Joseph and Saint Anthony) architecture. Festival Schedule: Today (Friday, May 21) the festa kicks off with the gathering of the four city confraternities in piazza Madonna del Rosario at 5:30 p.m. Later, a procession leaving from via Verdi and heading towards piazza Duomo, (the main square) begins at 6:30 p.m. This spectacular historic parade, which is accompanied by the town bands, features the Holy Cross that is carried on an ox-drawn cart



and escorted by brotherhood members. It lasts through late evening and also includes a wreath laying ceremony at the Tomb of the Unknown Soldier. At the end of the parade, the first Tataratà dance is staged in piazza Duomo. Tomorrow (Saturday, May 22), the festival opens at 9 a.m. with bands playing music throughout the city. In the afternoon at 4 p.m., the period costume parade of Termini and Ferreri Princes is held throughout the historic center. Later, the Real Maestranza Brotherhood's horse parade, which is accompanied by flag wavers, begins at 6 p.m. Half an hour later, a 30-minute Tataratà dance is staged in piazza Duomo. The show is then replicated at 9:30 p.m. In the evening, a second parade still featuring the Real Maestranza fraternity kicks

SWORD, continued on Page 7

President Napolitano Slams Talks In Italy, Divorce of Secession is in the Air

(Story by ANSA)
Marsala (Sicily) - President Giorgio Napolitano last week slammed talk of the secession of northern Italy from the south, saying this would lead to a "leap in the dark". Celebrations for the 150th anniversary of the unification of Italy which kicked off this month and will wrap up in 2011 are a "brilliant occasion to create a new climate" in the country, he said. "There is nothing rhetorical in celebrating Italian unity. It is a way of renewing the founding pact of the nation," said Napolitano, in an indirect criticism of some Northern League politicians who have brushed off celebratory events as a waste of money and effort. Italian unity is "the only guarantee for our common future", said the president, speaking in the Sicilian city of Marsala. He also urged northern politicians to "reflect at length" on the "crucial fact" that Italy can grow only if "it does so together and if the underdeveloped resources, the potential and the energies of the southern regions can be made available". As reported by Salemi.co.uk, the process of the unification of Italy is known as the Italian Risorgimento. Back in 1860 in Italy there were 4 states namely the Austrians in Venetia, the Papal States, the new expanded Kingdom of Piedmont-Sardinia, and the "Kingdom of the Two Sicilies." In April 1860, separate insurrections began in Messina and Palermo in Sicily, both of which demonstrated a history of opposing Neapolitan rule. On May 6, 1860, Garibaldi and his cadre of about a thousand Italian "red shirts" volunteers (called I Mille),

steamed from Quarto near Genoa, and after a stop in Talamone on May 11 landed near Marsala on the west coast of Sicily to "liberate" southern Italy and Sicily from the centuries old rule of the Bourbon kings from Spain. Near Salemi, Garibaldi's army attracted scattered bands of rebels, and the combined forces defeated the opposing army at Calatafimi on May 13. Within three days, the invading force had swelled to 4,000 men. On May 14, Garibaldi proclaimed himself dictator of Sicily, in the name of Victor Emmanuel II of Italy. In less than a month, and against all odds, they had seized Palermo. The defeat of the 20,000-strong Bourbon army in Palermo sent a shiver up the spine of Italy and through the Bourbon monarchy in Naples, setting the stage for the unification of Italy and ultimately leading to the proclamation of the Kingdom of Italy (March 17, 1861) in Turin, Piedmont.



(Photo by Quirinale Press Office) Upon attending the celebrations for the 150th anniversary of Italy's unity, President Giorgio Napolitano, the head of Italy's State, harshly criticized Lega Nord or Northern League (a party seeking administrative autonomy for northern Italy) leader Umberto Bossi's comments calling those celebrations "useless things." "To celebrate the unity of Italy is not a waste of time or money," he said. He also urged Italians to show "a stronger sense of Italy and of being Italian."

(Story by Sonia Grezzi /AFP)
MILAN — Divorce, once a taboo topic in mainly Catholic Italy, has become a growth industry as increasing numbers emulate their flamboyant prime minister, in the throes of his second marital split. A weekend trade fair on the subject, the first of its kind here, came just as Silvio Berlusconi was finalizing a bulging pay packet for his future ex-wife, who will receive 300,000 Euros (380,000 dollars) a month in alimony. The fair, fittingly held in Berlusconi's native Milan, offered one-stop shopping for unhappy spouses, including divorce lawyers, dating services, seduction coaches and party ideas for those in the mood to celebrate a break-up. "For many people, divorce is the end of everything, while here you can think of it as a new starting point," said Rodolfo Due, one of about 1,000 visitors to the two-day fair who said his parents were divorced and that he came "out of curiosity". Since its legalization in 1974, divorce has been growing slowly but steadily in Italy -- tripling in the last decade -- but the rate is still far lower than in most other European countries. And the long and complex process still takes around three years, offering entrepreneurs a range of business opportunities. At the fair, "divorce planner" Milena Stojkovic proposed a "360-degree service to people who are going through difficult periods, from legal advice to psychological help," she said. Her company Ciao, Amore (Goodbye, Love) boasted 35 couples as clients last year, of whom seven decided to stay together after all, she told AFP-TV. Once the die is cast, however, Stojkovic helps the newly single find a new home, move out or find a babysitter, "small things that can seem unsurmountable when you are in full emotional chaos,

DIVORCE, continued on Page 7

Chiechio

Magnolia

Oxidana

FISC, continued from Page 1

Admiral Heinrich was joined by COMFISCS Executive Director, William Bickert and COMFISCS Command Master Chief, CMDCM (SW/AW) Jeffrey Pickering. Accompanying the COMFISCS leadership throughout the AOR was FISC Sigonella Commanding Officer, CAPT Dana Weiner; Executive Director, Bong Cabling; and Command Master Chief, CMDCM (SS) Brian Schell.

The tour of the region included Sigonella, site of the Logistic Support Center and co-located FISC Sigonella Headquarters. On the morning of April 9, the COMFISCS team was guided through the San Cusamano Bulk Fuel Facility and the NATO pier at Augusta Bay by Captain Emanuele Martina of the Italian Navy. The Italian military members greeted the Admiral warmly and presented comprehensive briefings on how they would support the U.S. Navy's mission in Europe into the future. Upon return to the Naval Air Station, RADM Heinrich presented awards to enlisted Sailors including the FISC Sigonella Sailors of the Year. Civilian and foreign national employees were given an opportunity to hear remarks and ask questions of the COMFISCS senior leadership.

In addition to Sigonella, RADM Heinrich and his staff visited FISC sites in Rota, Naples, Souda Bay, Bahrain, and Djibouti in order to gain a greater understanding and appreciation for the vast area of responsibility.

Motta

DIVORCE, continued from Page 6

and that can bring about a state of panic," she said.

Organiser Franco Zanetti said a handful of couples were among the visitors who paid 10 euros (12 dollars) to attend the two-day fair.

"There was never a stand without someone asking questions," Zanetti said. Other stands offered all kinds of ways to make a fresh start after the pain of divorce -- chilling out at a spa in Slovenia, redecorating your apartment or taking part in Milan's third marathon just for singles on June 6.

Seduction coach Andrea Favaretto, author of "Become an Ace of Hearts", shared some of his techniques on the spot with potential clients who stopped at his stand.

Visitors could also sign on to the services of a private eye who might charge between 60 and 120 euros per hour to catch an adulterous spouse, or arrange for paternity tests costing some 400 euros.

As a last resort, a company called Uniq offered the separated or newly divorced a night on the town with a gift pack including a voodoo doll and pins to take it out on their former partners.

SWORD, continued from Page 6

off at 10:30 p.m. and continues through late night.

The last day of the festa (Sunday, May 23) begins with the early morning traditional cattle and local produce fair at 5 a.m. in piazza N. Bixio. Later, the historic and religious parades take place at 10:30 a.m. and are followed by a Holy Mass 11 a.m. during which the benediction of the brotherhood's banners is given. At the end of the Mass, Tataratà is held in the main square at 12:30 p.m. The show will be staged again at 6 p.m. Several horses and religious parades will continue to tour the town through late night.

Castelermi is about two hours from Sigonella. It can be easily reached by exiting Caltanissetta on the Catania-Palermo highway. Follow directions for Agrigento, exit at the junction for Palermo/Aragona and then drive until you see the signs for Castelermi.

Please note that this schedule may be subject to changes. For more info and to confirm festival events' times, visit <http://www.tatarata.it>

NEW



ARRIVALS

Name Mateo Diaz
Gender: Male
Weight: 6 pounds, 8 oz.
Length: 18.5 inches
Parent's: Erika C. Castro
Carlos G. Diaz
Born: 9 May 10

Name: Natalie Jean Dodson
Gender: Female
Weight: 6 pounds, 7 oz
Length: 16 inches
Parent's: Nicole L. Dodson
Nathan J. Dodson
Born: 12 May 10

School News

VOLUNTEERS NEEDED FOR ELEMENTARY FIELD DAY FRIDAY MAY 28

School Field (behind the school)
0800-1000 (Grades 3-5)
1200-1400 (Grades 1-2)
Set-up / Run Events / Breakdown
Water Balloon Platoon needed on
Thursday
POC: Christy Cooper
Christy.cooper@eu.dodea.edu
or 624-4406

Dott Stella

NEWS BRIEFS

Navy Ball Committee 2010

is seeking donations for
a Silent Auction to be held
June 18, 2010

Do you or your command have a service or product that you would like to donate?

All proceeds will go to fund Navy Ball 2010

Please contact

Lt. Livingston

Meedeessa.livingston@med.navy.mil
for details

Alphio

Calling All Photo Junkies!

If you want to take in a new hobby or if you want to advance your photography skills, this club is for you. The Sigonella Photography Club is looking for new members to join for discussions on how to take better pictures, camera care, photo challenges, processing and monthly field trips. We meet every first Wednesday of each month at the Marina Community Center at 6PM. For more information contact Angela Andrieux x-0681 or find us on Facebook by searching for "Sigonella Photography Club".

It's PCS Season! Are Your Pets Vaccines Up To Date?

In order to travel by air, dogs and cats must have a rabies vaccine less than a year old and more than 30 days old. Pets must also have a valid health certificate. If you are traveling by military air, health certificates can be provided at the Veterinary Treatment Facility located on NAS I within 14 days of travel. If you are flying commercial, an official Italian veterinarian must examine your animal within 6 days of travel. More information on commercial travel is available at the clinic. Please stop by for our PCS packet which will walk you through getting an Italian health certificate.

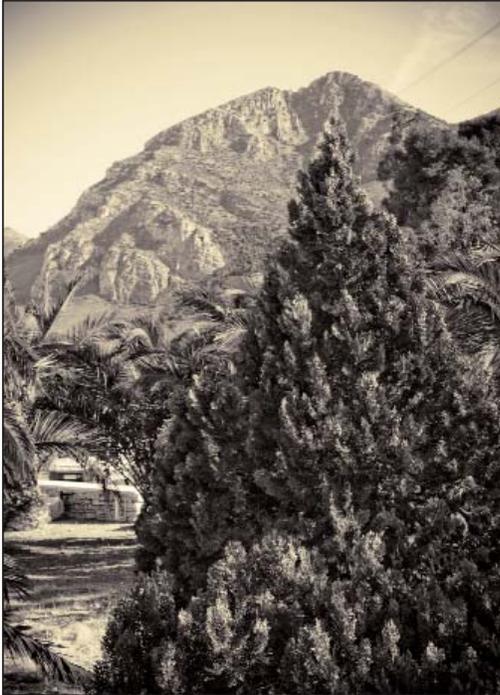
The veterinarian will by TDY 10-13 May, 21-31 May, and 7-11 June. Vaccinations cannot be given during this time, so please plan ahead and make sure your pet's rabies vaccine will be 30 days or older at the time of travel. If you are PCSing anywhere other than the continental United States, please ask your sponsor for specific pet import requirements. For example, pets traveling to Hawaii must start the process at least 120 days from expected arrival date! Please plan ahead and call the vet clinic at 624-4258 if you have any questions.

A Stone's Throw

THE HUB OF THE MED IS ALSO THE HUB FOR TRAVEL

THE SICILIAN LANDSCAPE

Article and photos by MC2 Joshua Wink
The Signature Staff



(Above Illustration) Conspicuously out of place amongst the dominance of palm trees, an evergreen stands alone in an otherwise tropical patch near Scopello.

(Below) A fortress stands high on a cliff, overlooking the sea, and guarding the coastal landscape near Licata.



Being the largest island in the Mediterranean Sea, Sicily covers more than 25,700 square kilometers of land, which is roughly the same size as Vermont. However, this autonomous region of Italy boasts as varied of a landscape as can be found in countries quite a bit larger than itself.

From the towering dominance of mount Etna, Europe's largest active volcano, to the lush green valleys of the west, through the Catania plains and low lying marsh lands up through the mountainous region of Enna, the highest city of the island, Sicily and its overpowering scenery can leave any traveler spellbound by the diversity of its land.

All along the coast, staggered on the perimeter of the island, still stand castles and fortresses of days only the annals of history still recall. Deserted and abandoned, these steadfast structures still reside atop the steep cliffs overlooking the sea and the beach, seeming no longer to protect the cities they once had, but now, to guard the backdrop of the Sicilian stage.

As quickly as the waves wash up upon the beach and spray against the rocks, the scenery while departing the coast can also change. Beaches give way to towering ridges, the mountains end in an abruptness seemingly foreshadowed by vertical cliffs that might as well have been

split by a chisel. Eventually, the flat land begins to come back to life as hills start to emerge and stretch the surface into something much softer. In the center of the island, patches of farmland seem to drift just over the top of the rolling hills, creating a vibrant quilt that hugs the ground. The ruins of ancient dwellings are the only noticeable protrusions from this organic quilt which adds to the ambiance of the countryside. There are very few cities inhabit the mainland, leaving it to be a quite retreat from the fervor of the coast. Here the tractors can outnumber the cars, and the cows are the copious inhabitant and just one look at the bails of hay that lie in the tracts of the farmland can leave a person with

the impression that they had traveled across the ocean and back to the open lands of Nebraska. Still, an hour or two away wait the white sands and blue waters that prevent the rest of the land from escaping.

Rarely noted as typically Sicilian, extensive forests can be found near Messina. Elsewhere are palm trees, cactus's, olive groves and orange groves. A tapestry of innumerable flowers decorate even the driest of areas, and with it, it will change throughout the seasons.

The rains of the winter bring these flowers to full bloom. Fields are filled with blue flax, pink and purple clovers, yellow mustard and poppies red as wine. The summer turns the land around to golden amber glow



An expansive bridge cuts through the fields and hills near Ragusa.

Millici



Considered some of the best coastline in Sicily, the mountains converge with the sea near Scopello.

only to give way to the fall when the cooling temperatures and the arrival of fresh rains yield the landscape lush and green once again. Sicily's natural beauty and unnoted treasures are not always found on a map. Sometimes the only accessible routes to these jewels are found at the end of unnamed and unpaved roads, literal diamonds in the rough. The true beauty of Sicily cannot be seen while through the guard rails that line the Autostrada. They are blind from the all the buildings in the city. But they are no less impressive than the Roman Catholic cathedrals. They have stood the test of time longer than the temples of Agrigento, and can define Sicily in a simple sunset.



Waves foam against the rocks on the beaches of Scopello.



Dusk approaches over a field in Sicily.



and hills near Ragusa.



(Above) Further inland, fields roll along the lush green hillsides near Corleone.

Palermo

Moroboshi

Stampa

Go Green Sigonella!

How To Use Green Energy Technology For Yor Benefits

Article by:
www.thinkgreenarticles.com

Energy deficiencies are a wide topic that is delivered into every home by the media. Although certain current economical straps have caused a distracting problem, global warming is still the biggest problem facing the entire world. People need energy to live comfortable, therefore the plentiful green energy solutions need applied in a hurry, to stop the glacier melting.

Recycling is probably the most popular method of helping to go green. Everything can be recycled now and there are plenty of people that will take the recycled goods in exchange for some money. Although money is important to everyone, recycle even if there is not any money changing hands, the real payoff is knowing that you are participating in a green energy solution to the world problem or waste.

There are a number of ways people can heat their residences or businesses. The fossil fuels used while burning a furnace or boiler allow deadly gases to go into the atmosphere. This originally caused the problems we are having now. The green energy solution that can be implemented in this situation is solar power, biodiesel, or wood pallet. Coal is the leader of releasing carbon monoxide into the air.

Alas, the electricity subject. Electricity is the cause of most of the waste products that sit in landfill for a long period of time. The newest member to the team of

green energy solutions is the zero point energy generators. This generator is safe, can work in under any weather conditions, and can generate as much power as the electric company. This mechanism is also very affordable.

More electricity green energy solutions can happen by installing a wind mill. Wind mills are already in use in the western United States, and are quite helpful to farms. The only reason farms are singled out is because these types of energy makers require more land than other self energy makers. Then all that is needed is a lot of wind, in which we get more wind now than ever. Plastic and rubber tires are the most difficult products to recycle. The tires are difficult because although rubber can be melted down, there are steel belts inside the layers of rubber that will not form a new rubber substance without problems. The crucial parts to recycle are plastic and rubber, whatever the case do not burn these two substances.

Pesticides play a big role on the pollution set. People should resort to the old fashioned way of pulling weeds or killing bugs. Pesticides filter into the ground and reach underground water supplies creating bad water. Also the food produced by the use of pesticides will cause cancer.

Green energy solutions are numerous and need applied right now to stop global warming from gaining anymore strength. Global warming has already gained the strength to begin melting glaciers. Think about that.



21	<p>*Breakfast: Rolled Oats, Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Apple Fritters.</p> <p>*Lunch: New England Clam Chowder, Lemon Pepper Catfish, Grilled Pork Chops, Steamed Rice, Garlic Roasted Potatoes, Asparagus, Creole Green Beans, Sugar Cookies, Cheese Cake, Vanilla Cream Pudding.</p> <p>Speed line: Grilled Hamburger/Cheeseburger, French Fries, Baked Beans, RIKPAK.</p> <p>*Dinner: Vegetable Supreme Soup, Italian Rice and Beef, Teriyaki Chicken Breast, Oven Browned Potatoes, Spinach, Stir Fry Vegetables, Sugar Cookies, Cheesecake, Vanilla Cream Pudding, RIKPAK</p>
22	<p>*Breakfast: Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Butterhorns.</p> <p>*Brunch: Breakfast Items, Logging Soup, Baked Tuna and Noodles, Pork Fried Rice, Cajun Oven Fries, Steamed Broccoli, Glazed Carrots, Almond Cookies, Blueberry Pie.</p> <p>*Dinner: Cream of Mushroom Soup, Beef Stir Fry, Jamaican Rum Chicken, Steamed Rice, Fried Okra, Corn Whole Kernel, Almond Cookies, Blueberry Pie.</p>
23	<p>*Breakfast: Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Butterflies.</p> <p>*Brunch: Breakfast Items, Bean & Bacon Soup, Cheddar and Chicken Broccoli, Rosemary Potato Wedges, Steamed Brussels Sprouts, Glazed Carrots, Hermits, Velvet Pound Cake.</p> <p>*Dinner: Pepper Pot Soup, Pasta Alla Siciliana, Jaegerschnitzel, Rice Pilaf, Cauliflower Polonaise, Seasoned Succotash, Garlic Bread, Hermits, Velvet Pound Cake.</p>
24	<p>*Breakfast: Hominy Grits, Minced Beef w/ Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Butterflies.</p> <p>*Lunch: Beef Noodle Soup, Fish Florentine, Yankee Pot Roast, Southwestern Rice, Parsley Buttered Potatoes, Calico Cabbage, Sprouts Superba, Almond Cake, Peach Crunch, Butterscotch Pudding.</p> <p>Speed line: Assorted Pizza, RIKPAK.</p> <p>*Dinner: Cream of Potato Soup, Salisbury Steak, Turkey Pot Pie, Brown Rice w/ Tomatoes, Collard Greens, Lyonnaise Wax Beans, Almond Cake, Peach Crunch, Butterscotch Pudding, RIKPAK.</p>
25	<p>*Breakfast: Farina, Oven Fried Bacon, Baked Sausage Patties, Biscuits and Gravy, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Butterflies.</p> <p>*Lunch: Arroz Caldo Soup, Chicken Adobo, Beef Caldereta, Steamed Rice, Cut Green Beans, Steamed Carrots, Fruit Cocktail Upside Down Cake, Chocolate Chip Cookies.</p> <p>Speed line: Philly Cheese Steak, Onion Rings, RIKPAK.</p> <p>*Dinner: Manhattan Clam Chowder, Creole Shrimp, Stuffed Green Peppers, Boiled Pasta, Cream Style Corn, Baked Hubbard Squash, Fruit Cocktail Upside Down Cake, Chocolate Chip Cookies, RIKPAK.</p>
26	<p>*Breakfast: Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Danish Diamonds.</p> <p>*Lunch: Mulligatawny Soup, Roast Turkey, Meatloaf, Steamed Rice, Mashed Potatoes, Chicken Gravy, Peas & Carrots, Steamed Cauliflower, Sweet Potato Pie, Shortbread Cookies, Peach Gelatin.</p> <p>*Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Shrimp Gumbo Soup, Mexican Pepper Steak, Fishwich, Steamed Rice, Lima Beans, Vegetable Stir Fry, Sweet Potato Pie, Shortbread Cookies, RIKPAK.</p>
27	<p>*Breakfast: Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Pineapple Carrot Muffin.</p> <p>*Lunch: Corn Chowder Soup, Pineapple Chicken, Beef Sauerbraten, Orange Rice, Mashed Potatoes, Steamed Asparagus, Summer Squash, Devils Food Cake, Fruit Nut Bar.</p> <p>*Speed line: Assorted Pizza, RIKPAK.</p> <p>*Dinner: Beef Noodle Soup, Mambo Roast Pork, Chicken Parmesan, Steamed Rice, Steamed Broccoli, Seasoned Carrots, Devils Food Cake, Fruit Nut Bar.</p>
28	<p>*Breakfast: Rolled Oats, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Apple Fritters.</p> <p>*Lunch: New England Clam Chowder, Fried/Baked Fish, Grilled Porkchops, Mushroom Gravy, Steamed Rice, Roasted Garlic Potatoes, Steamed Asparagus, Fried Cauliflower, Lemon Cookies, Cheese Cake, Chocolate Cream Pudding.</p> <p>Speed line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK.</p> <p>*Dinner: Cream Of Mushroom Soup, Cantonese Spareribs, Grilled Chicken Breast Sandwich, Pork Fried Rice, Steamed Whole Corn, Seasoned Spinach, Lemon Cookies, Cheese Cake, Chocolate Cream Pudding, RIKPAK.</p>

Medusa

Angela

ON THE GO WITH MWR

**NASSIG
Designated Driver
Entry Form**

Thank you for being a designated driver.

MWR Ensures a Safe Arrival

The Designated Driver (DD) Program is a reward system set up to encourage military and family members to have a friend always with them who is the acting designated driver. All patrons have to do is identify themselves as a designated driver entitling them to free non-alcoholic beverages all night at MWR facilities such as Connections Recreation Center, Jox Pub, and SpareTime Bowling Center. Plus, the DD is entered in a monthly drawing for a free NEX phone card. For more information on the designated driver program, call 624-4263.

On top of the Designated Driver Program, MWR has contracted a taxi service. Rates are available for locations on the economy as well. Taxi information fliers are available at all MWR facilities or on Facebook at www.facebook.com/mwrsigonella. For more information, stop by any MWR Facility.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



Friday, May 21

- 3:00pm Diary of a Wimpy Kid PG
- 5:00pm Iron Man 2 PG-13
- 5:30pm **Hot Tub Time Machine R**
PREMIERE
- 7:30pm Repo Man R

Saturday, May 22

- 2:00pm Diary of a Wimpy Kid PG
- 2:30pm The Last Song PG
- 4:00pm The Bounty Hunter PG-13
- 4:30pm Hot Tub Time Machine R
- 6:30pm A Nightmare on Elm Street R

Sunday, May 23

- 2:00pm How to Train Your Dragon PG
- 2:30pm **The Ghost Writer PG-13**
PREMIERE
- 4:00pm Our Family Wedding PG-13
- 4:30pm Hot Tub Time Machine R
- 6:30pm Repo Man R

Tuesday, May 25

- 5:00pm Diary of a Wimpy Kid PG
- 5:30pm **Robin Hood PG-13**
PREMIERE
- 7:30pm Repo Man R
- 8:30pm Hot Tub Time Machine R

Wednesday, May 26

- 5:00pm **Alice in Wonderland PG**
LAST SHOWING
- 5:30pm Iron Man 2 PG-13
- 7:30pm A Nightmare on Elm Street R
- 8:00pm She's Out of My League R

Thursday, May 27

- 5:00pm Robin Hood PG-13
- 5:30pm **Our Family Wedding PG-13**
LAST SHOWING
- 7:30pm The Bounty Hunter PG-13
- 8:00pm **Green Zone R**
LAST SHOWING

Friday, May 28

- 5:00pm Clash of the Titans PG-13
- 5:30pm Iron Man 2 PG-13
- 7:30pm **Why Did I Get Married Too PG-13**
PREMIERE
- 8:00pm Repo Man R

HOT TUB TIME MACHINE- John Cusack, Rob Corddy, Craig Robinson, Clark Duke, Chevy Chase

A group of best friends have become bored with their adult lives: Adam has been dumped by his girlfriend; Lou is a party guy who can't find the party; Nick's wife controls his every move; and video game-obsessed Jacob won't leave his basement. After a crazy night of drinking in a ski resort hot tub, the men wake up, heads pounding, in the year 1986. This is their chance to kick some past and change their futures - one will find a new love life, one will learn to stand up for himself with the ladies, one will find his mojo, and one will make sure he still exists! (99 min.)

THE GHOST WRITER- Ewan McGregor, Kim Catrall, Olivia Williams, Pierce Brosnan, Timothy Hutton

When a successful British ghostwriter, The Ghost, agrees to complete the memoirs of former British Prime Minister Adam Lang, his agent assures him it's the opportunity of a lifetime. But the project seems doomed from the start - not least because his predecessor on the project, Lang's long-term aide, died in an unfortunate accident. The Ghost flies out to work on the project, in the middle of winter, to an oceanfront house on an island off the U.S. Eastern seaboard. But the day after he arrives, a former British cabinet minister accuses Lang of authorizing the illegal seizure of suspected terrorists and handing them over for torture by the CIA -- a war crime. The controversy brings reporters and protesters swarming to the island mansion where Lang is staying with his wife, Ruth, and his personal assistant and mistress, Amelia. As The Ghost works, he begins to uncover clues suggesting his predecessor may have stumbled on a dark secret linking Lang to the CIA -- and that somehow this information is hidden in the manuscript he left behind. Was Lang in the service of the American intelligence agency while he was prime minister? And was The Ghost's predecessor murdered because of the appalling truth he uncovered? (128 min.)

ROBIN HOOD- Russell Crowe, Cate Blanchett, William Hurt, Mark Strong, Mark Addy

In 13th century England, Robin and his band of marauders confront corruption in a local village and lead an uprising against the crown that will forever alter the balance of world power. (148 min.)

WHY DID I GET MARRIED TOO- Tyler Perry, Sharon Leal, Janet Jackson, Malik Yoba, Jill Scott

Gathered together in the Bahamas for their annual one-week reunion, four close couples eagerly reconnect, sharing news about their lives and relationships. (121 min.)

REPO MAN- Jude Law, Forest Whitaker, Alice Braga, Live Schreier, Carice van Houten

Humans have extended and improved our lives through expensive mechanical organs created by a company called The Union. The dark side of these medical breakthroughs is that if you don't pay your bill, The Union sends its highly skilled repo men to take back its property, with no concern for your comfort or survival. Remy is one of the best organ repo men in the business. When he suffers a cardiac failure on the job, he awakens to find himself fitted with the company's top-of-the-line heart-replacement as well as a hefty debt. A side effect of the procedure is that his heart's no longer in the job. When he can't make the payments, The Union sends its toughest enforcer, Remy's former partner Jake, to track him down. Now that the hunter has become the hunted, Remy joins Beth, another debtor who teaches him how to vanish from the system. They embark on a chase across a landscape populated by maniacal friends and foes, one man will become a champion for thousands on the run. (111 min.)

HOT TUB TIME MACHINE- John Cusack, Rob Corddy, Craig Robinson, Clark Duke, Chevy Chase

A group of best friends have become bored with their adult lives: Adam has been dumped by his girlfriend; Lou is a party guy who can't find the party; Nick's wife controls his every move; and video game-obsessed Jacob won't leave his basement. After a crazy night of drinking in a ski resort hot tub, the men wake up, heads pounding, in the year 1986. This is their chance to kick some past and change their futures - one will find a new love life, one will learn to stand up for himself with the ladies, one will find his mojo, and one will make sure he still exists! (99 min.)

SCHEDULE IS SUBJECT TO CHANGE,
PLEASE CALL TO CONFIRM MOVIE
SHOWINGS.
MOVIE HOTLINE:
624-4248

For more information on MWR's
programs and services, call 624-3968.

County Fair Contests, Bake-Off and More!

On Friday, May 22 and Saturday, May 23 the fun starts at County Fair at 3 p.m. and doesn't stop until Midnight!

Friday, May 21

- 3-5 p.m. Martial Arts Demonstration
- 5 p.m. Cow Milking Contest
- Frozen T-shirt Contest
- Tryke-tor Pull
- 7:30 p.m. LIVE MUSIC with Flow to the Moon
- 9:30 p.m. Seed Spitting Contest & WOT performs LIVE!

Saturday, May 22

- 4:30 p.m. Gum Hunt Contest
- 5 p.m. Corn Hole Contest
- 5:30 p.m. Cow Milking Contest
- 6:30 p.m. NASCAR Pit Stop Contest
- 7:30 p.m. LIVE MUSIC PreLuna!
- 9:30 p.m. Appaloosa Victor performs LIVE!

Join the Fun Zone and help support all the commands/organizations fundraising efforts. Over 20 games and lots of cool prizes to be had. Community Activities is hosting an Apple Dessert Bake-Off and Pie Bake-

Off. Entries can be dropped off at the MWR Info Booth next to the main stage on Saturday, May 22, from 4 to 5 p.m. with judging immediately to follow. Entries will be judged on Appearance, Taste, Creativity, and Overall Impression. Contests are open to all ages unless specified as an Adult or Child event. Sign up for all contests at the MWR Info Booth located next to the Main Stage. Also, volunteers will be walking around the festival with a clipboard to sign participants up. For questions please call Community Activities at 624-4941.



County Fair Fun Zone Where the action is!

Support your local command and organizations with the new Fun Zone at the County Fair on Friday, May 21 and Saturday, May 22 from 3 p.m. to Midnight. Win prizes! Fun for all ages and enjoy an incredible variety of activities. Over 20 Fun Zone games such as Conk the Crow Toss, Food Fight Toss, Country Jamboree Shooting Gallery; just to name a few.

For a full listing of Fun Zone action call 624-4941 or friend us at www.facebook.com/mwrsigonella.



Put your name on the carwash Win 300 euro travel voucher!

Name that Carwash Contest starts Friday, May 14 and runs through Sunday, June 6. Come up with the winning name and win yourself a 300 euro travel voucher to Angie's Travel. The winner will be invited to take part in the Grand Opening of the Auto Skills Center Carwash on Wednesday, June 16 at 9 a.m.! Entry boxes will be at Take 5, Auto Skills Center, Flight Line Fitness Center, Connections, and Fit District (just to name a few). The contest is open to all US ID cardholders 18 years or older on the date of the entry assigned to NAS Sigonella or supporting tenant commands. For more info call Community Activities at 624-4941.

NURSES, continued
from page 2

War. Where within three months of her and her nurse's arrival the death rates of British soldiers were cut in half due to the nursing care and improved conditions these pioneering women established. The bill for National Nurses week was finally established in 1974 by President Nixon. The International Council of Nurses has celebrated International Nurses Day on May 12th since 1965 in remembrance of Florence Nightingale's birthday. Today, nurses get a whole week to be honored and remembered and like the International Council, American's chose the time period to include Florence's birthday. So now you can understand and appreciate why we celebrate National Nurse's Week and the historical significance behind choosing the dates.

Let us not forget another historic Nursing birthday to celebrate. The Navy Nurse Corps proudly celebrates its 102nd birthday on May 13th. Washington D.C. has many memorials, monuments and museums for all to enjoy and one very special comes to mind this week. The military nurse's museum located in Arlington Cemetery showcases military nurse's dedication, sacrifice and contribution to the profession of nursing in a very special way. I must confess visiting the museum was a contributing factor in my leaving "civilian nursing" after twenty years to become a Navy Nurse. Walking through the displays I was greatly moved and kept thinking I want to be part of this.

So take the time to check out this tradition rich in history and highly regarded profession at the sites below and wish all the nurses you know "Happy Nurse's Week".

www.nursing.org
www.redcross.org
www.nnca.org
www.nay.com/navy/careers/healthcare/nurse
www.womenmemorial.org

CELEBRATING SIGONELLA'S NURSES, continued
from page 5



Cdr. Chris Smith
Bachelor of Science in Nursing, 1992
Master's of Human Relations, 2002
Master's of Nursing 2006
Post-master's Family Nurse Practitioner 2009
Certified Nurse of Operating Room (CNOR) Department Head, Perioperative Services NH Sigonella



Cdr. Dan Swishelm
University of Rhode Island BSN
University of Mobile Alabama MSN
Georgetown Ethics
Critical Care Flight Nurse
Multi Service Care Clinical Excellence Advisor
Health Care Risk Manager
American Institute of Medical Law
American College of Health Care Executives
Sigma Theta Tau

Lt. Lynn Skinner
Nursing since 1986
BSN 1990 George Mason University
Open Heart and Heart Transplant
Medical Surgical/Neuro Science
Lipid, Diabetes and Weigh Management
Educator NH Sigonella Patient Safety Officer
Red Cross Volunteer CPR and PALS Instructor



RN Naomi Ramshur
Nursing since 2001
BSN 2001 Florida State University
General Pediatrics
Pediatric Intensive Care
Pediatric Emergency Department
Pediatric and Adult Post-Anesthesia Care W.I.C Overseas program coordinator
Emergency Department PALS and ACLS Instructor



Lt. Matella
Nursing since 2004
Georgetown University BSN 2004
Certified Critical Care Nurse (CCRN)
Cardiothoracic Intensive Care/Multiservice Intensive Care Units 2004-2007
Emergency Department (2008 - 2009)
EMF Kuwait "H" (PACU) December 2008 - July 2009
Currently at Flight Line Clinic - Nurse Manager
Prior Enlisted OS2 (SW/SAR) 1997-2000

RN Rudisill, Rosanna
Nursing since 2007
Completing Bachelor of Science in nursing to graduate 2012
Medical Surgical
Geriatrics
Orthopedics
General Pediatric
Mental Health
Currently working on the Multi Service Ward



RN Johnson, Nicole
University of South Alabama BSN 2007
Cardiac Intensive Care Unit
Oncology Nursing
NMCRS Visiting Nurse
Immunizations and Pediatrics Nurse



Cdr. Denise M. Gechas
Nursing since 1983
LPN 1983-Chicago Public School's Licensed Practical Nurse Program; ADN 1990-Gateway Community College Phoenix, AZ; BSN 1993-University of Phoenix; MSN/MPH 2001-University of Illinois at Chicago
Experience in: Med-Surg, Geriatrics, Mentally/Physically Challenged Pediatrics, Maternal/Newborn Health, Community/Public Health
Completing tenure as Nurse Corps Specialty Leader for Community/Public Health Nursing (1940); nationally Board Certified as Clinical Nurse Specialist Community/Public Health Nursing Medical Embedded Training Team (mETT), Individual Augmentee (IA) to Afghanistan Aug 2008-Oct 2009
Currently: Department Head, Primary Care and Senior Nurse Officer at Naval Branch Health Clinic, Bahrain; Regional NRP Instructor

Chiechio

Eno

Stampa

Military

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884. Send Il Mercato advertisements to thesig@eu.navy.mil

AUTOMOBILES

1994 HONDA CIVIC DX HATCHBACK 2DR FOR SALE: 4 CYLINDER 1.5 LITER (GREAT ON GAS!!!) 5 SPEED (Silver), Air Conditioning, Tilt Wheel, Power Steering, AM/FM Stereo Power Windows, Power Door Locks 177,000 KM, NEW Single Compact Disc (USB) Well maintained/EXCELLENT CAR! \$3,000 Or Best Offer!
*** PLEASE CALL #347-218-4184 ***

1999 Honda Civic 5 speed. Awesome running with 4 new tires. Heat and A/C work great. Available 1st week of June 2010. \$1800 or make offer. Call 624-0283

Honda HRV Year '02 1600cc 16v color blue 2 doors Manual Transmission PW/doors windows steering Air Cond. 2 Airbags CD player and new tires. Excellent condition body and engine, like new Complete tune-up it was make two months ago. The car is the best on the signature. Ask 6,000 euro OBO Call Nathali @ 3470431783 mobile or 095-309-193 home.

1996 Oldsmobile. Safe car, Automatic, electric locks/windows, airbags. Good condition for an island car. Ac might need to be charged. Asking \$1,600. call Chris @

348-298-9452 or 624-5970.

1994 Toyota Estima (Previa), right hand drive, island beater, runs good, needs shocks, passenger window, some TLC. Roomy, adjustable seats, great base to base transportation. \$800.00 Available June 8th Hm 095-791-0177, Wk 624-6522, Cell 335-760-0531

2002 Harley Davidson 1200 Sportster custom- red, chrome package upgrade, screaming eagle package. Comes with 2 seats-solo & double w/ detachable sissy bar, detachable windshield & Harley Davidson bike cover. Beautiful bike, excellent condition! \$5400 Call Tiffany X4278(work) or 345-481-1562 or email: nexsigonella-gen5@nexweb.org

1995 MITSUBISHI SPACE WAGON AUTOMATIC 4WD/AC/PW/PS VERY GOOD CONDITION CALL 335 7254 745

Trek 2200 Road Bike: Like New. Kept in storage, barely ridden. Carbon forks and seat post. Shimano and Bontrager components. 25 in frame. Incredibly Lightweight and Competitive. Bought for \$1750. Yours for \$750. Call Mike@ 340-942-8834

Honda 2008 Jazz has 23,000 miles, worth

9,000 Euro will sell for 9,000 Dollars a one for one exchange. Perfect Condition, still under warranty. A/C, P/W, PCSing in June. Must Sell. Contact # 333-443-6898. Must sell, make me and offer.

Renault Scenic Limited 2002. Towing PKG Ski/Snowboard rack, only dealer maintained, new tires, worth 4,000 Euro will sell for 4,000 Dollars. PCSing in June, contact me at 333-443-6898

2000 Ducati ST4. Great Condition. \$4000 OBO Call 346-316-4779

FOR SALE

Tired of your Island Beater's speakers. Upgrade to these Kenwoods. (2)6x9's & (2)5.25's Models KFC-X138 & KFC-X698 \$75 all 4 Research them on-line 300 watts. Disney's Cars kids bike bought at NEX \$80 selling \$50 Make offer 624-1640

Washburn D10SB Acoustic Guitar: Gloss Black Body, Solid Spruce Top, Mahogany sides/back, Mahogany neck, Rosewood fingerboard and bridge, Diamond inlaid rosette, Hard Case, Embroidered Strap, Electric Tuner included, Extra picks, Extra strings. Lightly used. Bought for \$499.00. Yours for \$250.

Call Mike @ 340-942-8834.

Vodafone Internet Key: Access the internet anywhere Vodafone works! Totally portable internet access from home, at work, or on the go! Includes original packaging and SIM chip. Easily setup up by Vodafone reps at the NEX. Price New: \$85. Yours for \$50. Call Mike @ 340-942-8834

Yamaha electric guitar, soft case, amplifier, only three hours of playing time. Entire package only 150.00 Euros. Contact: Juliana 346-583-6447 or Luisa 333-158-9244 for details.

2007 OPEL ZAFIRA People mover- 7 seats. Diesel power- 6 speed, manual transmission. 40,000 km. Great mileage- about 45 mpg highway and averages 28 mpg. Available mid June. Taxes paid through October. \$15,000. Roof bars and large roof box included. 095 791 6196.

220V items for sale. Transformer-\$20. Phone with answering machine \$15. Phone without answering machine \$10. Tall rotating cooling fan \$15. Hoover fold away bag less vacuum \$40. Iron \$5. Black and Decker hand held dust buster-\$10. Deep fryer \$5. ADSL wireless internet modem \$40. Char-Broil BBQ

grill with bombola tank \$25. Call 334-785-9019 for more info

BEDROOM SET. Includes dresser with attached mirror, 2 night stands and a queen size bed frame/head board, matching comfortable mattress and box spring. asking \$900.00 for complete set only, call Chris @ 348-298-9452 or 624-5970.

RCA 40" color TV non-multi system, remote, (CRT/NTSC). \$150.00 BMW car cover for any 300 series. \$25.00. Vodafone internet key w/three phone chips with time \$100.00 Transformer 500VAC kw \$25.00 Nokia Cell phone and charger, single band/chip/time. \$25.00 Hm 095-791-0177, Wk 624-6522, Cell 335-760-0531

Touch phone for sale. Samsung gt-s600. MP3 player, video camera, camera, SD slot, touch screen. need to sell it soon, PCSing soon. Comes with phone, box, earphone adapter, CD, USB cord, charger. only flaw is a small gash. Only asking for \$165 OBO. Let me know if you're interested 346-574-6456

Dining Room pub-height table with hidden leaf and six chairs. \$300 OBO Call 346-300-9549 (daytime) or 624-0158 (evenings) for more information.

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

H&R

Volcano

Carlitos

Calvary

Pantellaro

Volcano

Entertainment Center. Like New, quality construction, holds 42" TV, asking \$400. Call 346-300-9549 (daytime) or 624-0158 (evenings) for more information.

Touch phone for sale. Samsung gt-s5600. MP3 player, video camera, camera, SD slot, touch screen. need to sell it soon, PCSing soon. Comes with phone, box, earphone adapter, CD, USB cord, charger. Only flaw is a small gash. Only asking for \$165 OBO. Let me know if you're interested 346-574-6456

KLF 10 Klipsch legend series loud speakers. Floor standing loud speaker. \$300 OBO for pair. Please call 624-1717 or 346-978-8335.

Livingroom & Dining room Curtains w/hardware for use in Marana, \$100; Antique Dining Room Table w/3 leafs, \$450; Antique Amoire w/mirror, \$350; 2 Outdoor Restoration Hardware Gliders, \$150; and a 9 X 12 Rug, \$150. Please call 624-178.

New Seiko men's diving watch. Paid \$200, Sell \$80 Gary 335-706-5400

Samsung GT-S5600 (red and black) Phone for sale. Only had for about a few months. Honestly never been dropped no scratches no dents, nothing. still has protective screen and still has original sticker. Touch screen, MP3 Player, 3.2 Camera (video also), memory card slot. Original box, and little case included. Asking for \$230. If interested call 346-574-6456.

For sale Fisher Price kids Bops video/singing system with 4 game cartridges for \$20.00 My first Leap Pad pink with 4 preschool games \$15 VSmile game system with 8 game cartridges plus jamming gym class mat and cartridge, art studio drawing pad and cartridge, joy stick with writing pad. Valued over \$ 300.00 asking \$80 Please call Giovanna or Cliff cell 3466159689 / home 624 0613

2 BORNEO SIENNA "JANSPOURT" BACKPACKS BRAND NEW, never used. Are you going to travel soon? We have the bags for you High density polyethylene, airlift should straps many compartments and extra day back attached frame inside, drop down bin for storage.

Aluminum for support & comfort and many more great features Google style # T194-662 originally paid over \$200,each Will sell both for \$250.00 call 335-773-9696/624-3231

Pine table with 6 side chairs and 2 armed chairs plus a curio/china cabinet good condition \$600.00 set of 3 tables, Coffee table, End table and Sofa table \$50 Please call Cliff or Giovanna cell 346 615 9689/ 624 0613

Beautiful 100+ year old Golden Oak Dining Room Table with 3 matching leaves and 6 matching cane-seat chairs, in Excellent condition - Must Sell, \$400 or best offer. Also, antique Golden Oak cabinet with 2 drawers and 2 shelves, used as an entertainment center - \$100 or best offer. Please call 624-4214, or 335-578-8135.

RCA w/remote 40" color TV \$200.00 (CRT/NTSC)."New" never used screened awning 100.00.
 Leather bombardier jacket \$50.00 (size L).
 NK Sport Bike Rider Jacket fully padded w/liner. Black XL. \$50.00.
 Gazelle \$50.00, Abs slide machine \$30.00.
 Italian style wood shoe holders, oak color \$30.00 ea or \$50.00 for two. Large food pantry/storage cabinet light wood color \$40.00.
 BMW car cover for 300 series \$30.00.
 Hm 095-791-0177
 Wk 624-6522
 Cell 335-760-0531

SONY VAIO GRZ610:400MHZ, 2.0 GHz Intel Pentium 4, RAM:256 MB, exp. to 1024MB. RAM Type: DDR SDRAM L2 Cache: 512 KB. Operating System and Software: Windows XP Home Edition. Bundled Software: Microsoft Money 2003 Standard, Microsoft Works, Microsoft Encarta Online, Sony DVgate, Sony MovieShaker, Sony SonicStage, Sony PictureGear Studio Keyboard and Mouse PAD, Printer included. For info, email:hm1rod@yahoo.com

WANTED

We are a loving couple looking to start a family through adoption. Please call 335-831-4501.

DOG SITTER NEEDED - 11 yr old very

calm and easy wheaton terrier needs love and companionship for 5 weeks this summer. Easy money, food provided. Loves predictable kids over 5 yrs old. June 22 - Aug 1. Pls call 624-1209

Glider or Rocking Chair with or without an ottoman available for sale. Please Call 624-6496

Fantastic Italian babysitter, fluent in English, available to care for your children 1-3 days a week in Mariani. We're PCSing and would like to find her a new family before we leave. Call Jennifer at X0398 or email realtorjennifer@hotmail.com for more info.

PETS

Free to good home - 2 year old male Pointer/Chocolate Lab mix. Great around kids and other dogs, and loves to play. He is chipped and spayed, and has all current shots. He has food, toys, a dog house, a kennel, etc. that will come with him. Leaving the island and can not take him with me. Please call 345-859-6906.

SWittenberg

Class

JFC