

THE Signature

SIGONELLA, SICILY

Vol. 25 No. 24

JUNE 20, 2008

CTF-67 Welcomes Moore, Says Farewell to Walter

Article by MC2 Jason T Poplin
Fleet Public Affairs Center
Detachment Sigonella

Capt. John W. Moore, the Maritime Patrol & Reconnaissance Warfighting Requirements Officer for Commander, Naval Air Forces, Atlantic Fleet is scheduled to take command as the new commodore of Task Force 67 at Naval Air Station Sigonella 10 a.m. June 25 in the Patron Sigonella Squadron Hangar during a change of command ceremony.

Capt. Moore will succeed Capt. George "Chip" J. Walter Jr. who will be relocating to the USCENCOM Washington Liaison Office.

The new commodore graduated from Southern New Hampshire University in 1983 with a Bachelors of Science degree in Management.

He entered the Navy in Aug. 1984, reporting to Aviation Officer Candidate School in Pensacola, Florida. Commissioned an Ensign on Jan. 18, 1985, he reported to Naval Flight Officer training at VT-10 and VT-86, subsequently receiving his NFO wings in March 1986.

After electronic warfare training at NTTC Corry Station,



Capt. George J. Walter Jr. will hand over command of Task Force 67 to Capt. John W. Moore in a ceremony held on June 25 at 10 a.m. in the PATRON SIG Hangar on NAS 2. Walter will go on to USCENCOM Washington Liaison Office.

ing at NTTC Corry Station,

Pensacola, Florida he reported to Tactical Electronics Squadron THIRTY THREE (VAQ-33) in Aug. 1986, for Fleet Replacement Squadron (FRS) training.

In October 1987, Moore reported to Fleet Air Reconnaissance Squadron TWO (VQ-2) where he qualified as an EA-3B Senior Electronic Warfare Evaluator (SEVAL) and flew as Mission Captain.

Three years later he attended Naval Post Graduate School in Monterey, Calif., where he earned a Master of Science in Computer Science.

From May 1993 to Oct. 1995, he was assigned to Patrol Squadron Special Projects Unit ONE (VPU-1) in Brunswick, Maine flying the P-3C.

In Nov. 1995, he attended the Naval War College and earned a Master of Arts in International Affairs and Strategic Studies.

Upon his return to VQ-2 in 1997 for his department head tour, he served as the squadron Maintenance Officer and flew as a Mission Commander in the EP-3E. Naval Air Systems Command became his next



Capt. John W. Moore will leave his current position as Maritime Patrol & Reconnaissance Warfighting Requirements Officer at Commander, Naval Air Forces, Atlantic Fleet to be the next commodore of Task Force 67.

home where he assumed the

responsibilities of Special Missions Systems Engineer, and later the Lead for the Maritime Surveillance Aircraft Program Office in Sep. 1998.

He was selected for Aviation Command, Captain Moore reported to Fleet Air Reconnaissance Squadron ONE as XO in June 2001 and began his Command tour in June 2002.

Moore's following tour took him to Commander, Patrol and Reconnaissance Group as the Operations Officer in June 2003.

Following his tour as Operations Officer, Captain Moore was then assigned to his current position as Maritime Patrol & Reconnaissance Warfighting Requirements Officer in April 2005 at Commander, Naval Air Forces, Atlantic Fleet.

Captain Moore's personal awards include the Bronze Star, Meritorious Service Medal, Air Medal (Combat "V" with Bronze Star), the Navy and Marine Corps Commendation Medal, and the Navy and Marine Corps Achievement Medal.

Sigonella Scholarships Council Assists 4 High School Students

Article courtesy of
MAC Michael Ewert
Schools Liaison Officer
NAS Sigonella

In 2008, the Sigonella Community Scholarship Council (SCSC) invited the community to apply for a scholarship to help defray the cost of post-secondary education.

The SCSC provided scholarships to Sigonella community members from funds donated by commands, organizations and individuals in the NAS Sigonella community.

The amount of the awards was determined by available funds. Scholarship awards may be used in payment of tuition, fees, books, etc., and it is sent directly to the educational institution.

One scholarship will be awarded in each of four categories: Academic, Athletics, Arts & Music and General. Many of the applicants applied in one or more categories.

Selection advisors representing the organizations contributing to the fund chose the scholarship recipients based on the following criteria:

- Grade Point Average (GPA) - The GPA of all high school classes, including applicable weighted grades, will be obtained from the Sigonella Middle/High School administration. For the applicants who do not attend Sigonella High School, a high school transcript was required. A minimum GPA of 3.0 was

required to apply.

- Recommendations - The applicants submitted two or more completed recommendation forms.

- Profile - The applicants submitted a summary of their participation in activities such as, sports, clubs, volunteer service, hobbies, student government, scouting, drama/musical productions, employment, etc., including only the activities in grades 9-12. All discipline and character conduct was reviewed.

- Essay - An essay between 250 and 500 words with the topic for the essay: "What is your most outstanding personal quality? How do you plan to utilize and develop that qualification to apply."

Story continued on page 13

Concert at Midtown featuring HINDER



Thursday, June 26th - Festivities start at 7pm with a live DJ on NAS 1 at the Midtown Plaza. Come out to listen to some great music and kick off the summer. A live DJ will play from 7 p.m. to 9 p.m. followed by Hinder, an Oklahoma City fivesome, who are collectively dedicated to bringing back the good old decadent days of Rock N' Roll. Bring out blankets and lawn chairs and enjoy a night of music under the stars for the entire community. Limited shuttle service is available, and people are authorized to escort up to three guests. Check with TIT at 624-4777 or Take 5 at 624-5602 for more information

WEATHER UPDATE

June 20
H:89F
L:64F



June 21
H:89F
L:65F



June 22
H:90F
L:67F



June 23
H:93F
L:70F



June 24
H:93F
L:71F



June 25
H:95F
L:70F



June 26
H:96F
L:70F



TOP STORIES

Air Force Lt. Gen. Henry "Trey" Obering III, Missile Defense Agency (MDA) director, announced the successful completion of the latest flight test of the sea-based Aegis Ballistic Missile Defense (BMD) element, conducted jointly with the U.S. Navy off the coast of Kauai, Hawaii.

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Balancing work, family, and friends is hard. Sometimes it may seem like you barely have enough time or energy to do the things you have to do, much less the things you want to do. But making time for yourself is important because it can give you the energy you need to tackle everything else that's going on in your life.

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The relationship between Acitrezza's fishermen and San Giovanni Battista (St. John the Baptist) is at the center of the religious festival which is annually held in June in this beautiful coastal village in the Catania province.

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Living in Sicily opens a window into the ancient past that most humans will never have the opportunity to experience. Vast amounts of Greek and Roman history actually took place on this island, with numerous architectural remnants left as a reminder of our ancestors and important periods in time.

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On May 26, PATRON Sigonella hosted sixteen Navy Junior Reserve Officer Training Corps Cadets from the Sigonella NJROTC unit along with their Naval Science Instructor, Capt. Flanagan, USN (ret.).

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TRAFFIC NUMBERS

	Jan.- June '08	Jan.- June '07	Diff.
Accidents	145	140	+5
Injuries	24	14	+10
DUIs	5	3	+2
Traffic Deaths	2	0	+2

PLEASE,
DON'T BECOME
A STATISTIC!

DIRECT LINE NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

Two events occurred this past week that I feel warrant attention in the Direct Line. First and foremost, on June 12 Capt. Dale Carson departed on the MAC flight which officially marked the beginning of Capt. Joe Beadles tour as my new Executive Officer. Welcome aboard Capt. Beadles!

Secondly, on June 15, NAS Sigonella quietly celebrated its 49th Anniversary as a U.S. Navy Base. 1959 was a different world than today with the Korean War fresh on American Minds and just months remained before Vietnam became an official conflict. The tensions that brought about the Berlin Wall were still building and Nikita Khrushchev had just taken over as the Soviet Union's Prime Minister.

The world was reshaping itself as communism and capitalism began to polarize the globe and the need for a centralized base in the Mediterranean became obvious to military planners. Naval Air Facility Sigonella, as it was known until the 1980s, became the answer to that need and solved the immediate problem of overcrowding at the Hal Far, Malta Air Facility while allowing room for future expansion.

The first Commanding Officer Capt. Walter J. Frazier, began his tour with less than 100 military and dependents, a crude runway and a handful of support buildings. Since then the base has grown to today's size of just over 5000 personnel and two bases that boast world class facilities.

I can only imagine the early chal-

lenges of building a base from the ground up and I would like to think that if I could give Capt. Frazier a tour of NAS Sigonella today he would be as proud of it as I am.

While change has marked NAS Sigonella's history, the mission remains the same: to provide logistics and fleet support to U.S. military and NATO forces throughout the Mediterranean and Middle East, while ensuring the highest quality of life for our Sailors and their families stationed here.

Each and every individual plays an important part in supporting that mission and I can say with complete confidence that there is no other Navy Base that compares to the quality of facilities and personnel at NAS Sigonella.



Health WATCH Hydration Tips for Summer

Article by Lt. Emily Bukauskas, RN
Naval Hospital Sigonella

The early weeks of summer have come upon us here in Sigonella, bringing multiple opportunities to take advantage of the warm weather. With the endless possibilities before us, it's important to keep in mind what we need to do to protect our bodies from the Sicilian heat.

Proper hydration is essential to maintain the everyday functioning of our bodies. Responsible for assisting with digestion, controlling body temperature, protecting internal organs and transporting nutrients, water is vital to our well-being. It's so important that without water, one cannot expect to survive more than seven days.

A state of dehydration occurs when your body has lost too much fluid. Fluid loss occurs on a daily basis with urination, sweating and breathing. In times of ill health, fever, vomiting

and diarrhea can contribute to fluid loss. Overexertion in extreme temperatures is also a risk factor for dehydration.

Signs of mild dehydration include thirst, dizziness when standing, weakness, mild cramping in the limbs, headache, dry mouth and flushed face. Moderate to severe dehydration can lead to low blood pressure, fainting, rapid breathing, convulsions and severe muscle contractions. If left untreated, dehydration can lead to death.

Fortunately, preventing dehydration is simple, and the following steps can be taken to maintain an adequate fluid supply. Carrying a water bottle with you at all times and refilling in throughout the day is an easy way to stay well hydrated. Additionally, juices, sports drinks, milk and even soda or coffee can make up part of your daily fluid intake. However, when treating dehydration, be sure to avoid alcohol and caffeine containing beverages.

Story continued on page 13

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NASSIG WORSHIP SERVICES

Chapel Office: 095-86-3975

<p>ROMAN CATHOLIC</p> <p>Sunday</p> <p>0845 Catholic Mass (NAS I Chapel)</p> <p>1100 Catholic Mass (Mineo Community Center)</p> <p>1600 Catholic Mass (NAS II Chapel)</p> <p>Monday - Wednesday, Friday</p> <p>1130 Catholic Mass (NAS II Chapel)</p>	<p>PROTESTANT</p> <p>Sunday</p> <p>0900 Protestant Worship (Mineo Community Center)</p> <p>1045 Protestant Worship (NAS I Chapel)</p> <p>Wednesday</p> <p>1700 Protestant Fellowship Dinner</p> <p>1800 Bible Studies for All Ages (NAS I Chapel)</p>
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OTHER SERVICES/ACTIVITIES

POINTS OF CONTACT

Church of Christ: Sunday - 1530, NAS I Chapel Room 4; Call 624-5128 or 335-841-8069
 Latter-day Saints: Please email ldssig@gmail.com or call 624-1671 or 349-1977-119
 Jewish Services: Please call 095-86-1205
 AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 339-344-9332



Who's Packing Your Parachute?

Article by Chaplin Ken Rodes

As I was searching the Internet, I came across the name of Charlie Plumb. Charlie Plumb'64 is a common man with an uncommon story. Raised in America's heartland, he graduated from the United States Naval Academy and became a jet fighter pilot. After 75 combat missions over North Vietnam, his plane was destroyed by a surface-to-air missile. He ejected and parachuted into enemy hands. He was captured and spent the next six years in a Communist prison undergoing degradation, humiliation, brutality and torture. Charles describes that experience as "a proving ground for basic psychological principles."

"My first prison cell in Vietnam was eight feet long and eight feet wide. I could pace three steps one way and three steps the other. Inside the cell, there were no books to read, no window

to look out, no TV, telephone or radio... I didn't have a real pencil or a piece of paper for 2,103 days. I didn't have a roommate for several months. What I had was three steps one way and three steps the other. I was going stir crazy in that cell. I finally decided, 'Charlie, you must come up with something to do or you're going to go nuts in here.' So I made a little game to play. I constructed a little deck of playing cards from 52 strips of toilet paper. I can tell you this with authority; it's tough to shuffle toilet paper!

Recently, my wife Cathy and I were sitting in a restaurant. A man about two tables away kept looking at me. I didn't recognize him. A few minutes into our meal he stood up and walked over to our table, looked down at me, pointed his finger in my face and said, 'You're Plumb.' I looked up and I said, 'Yes, sir, I'm

Story continued on page 13

Correction to Dental Assistant Article

The June 13 edition of the Signature ran an article that insinuated there were only seven graduates from the Red Cross Dental Assistant training program when there were nine. Congratulations to Tameka Thomas, Jennifer Sanford, Lilly Reeve, Lucy Somavilla, Elisa Hult, Maria Kayes, Louella Giles, Angel Valentine and Rebecca Castillo on their graduation. The Signature staff apologizes for the misprint.

WEEKLY TRAFFIC/ SAFETY UPDATE

Traffic Court Results

E4 - Negligent backing. Member was awarded 3 points and DIP.
 E5 - Negligent backing. Member was awarded 3 points and DIP.
 E5 - Speed too fast for conditions. Member was awarded 2 points and DIP.

NAVY News

Successful Sea-Based Missile Defense Intercept

Article courtesy of
Missile Defense Agency
Public Affairs

Air Force Lt. Gen. Henry "Trey" Obering III, Missile Defense Agency (MDA) director, announced the successful completion of the latest flight test of the sea-based Aegis Ballistic Missile Defense (BMD) element, conducted jointly with the U.S. Navy off the coast of Kauai, Hawaii.

The event, designated as Flight Test Maritime-14 (FTM-14), marked the fourteenth overall successful intercept, in 16 attempts, for the Aegis BMD program and the second successful intercept of a terminal phase (last few seconds of flight) target by a modified Standard Missile - 2 Block IV (SM-2 Blk IV) interceptor.

The mission was completed by the cruiser USS Lake Erie (CG 70), using the tactically-certified Aegis BMD shipboard weapon system, modified for a terminal capability, and the modified SM-2 Blk IV. This

is the 35th successful terminal and midcourse defense intercept in 43 tests since 2001.

Aegis BMD is the sea-based mid-course component of the MDA's Ballistic Missile Defense System (BMDS) and is designed to intercept and destroy short to intermediate-range ballistic missile threats.

In 2006, the program's role was expanded to include a sea-based terminal defense effort, using a modified version of the SM-2 Blk IV. Unlike other missile defense technologies now deployed or in development, the SM-2 Blk IV does not use "hit to kill" technology (directly colliding with the target) to destroy the target missile. Rather, it uses a blast fragmentation device that explodes in direct proximity to the target to complete the intercept and destroy the target.

At 8:13 a.m. Hawaii Standard Time (2:13 p.m. Eastern Daylight Time) a short range target was launched from a mobile launch plat-

form 300 miles west of the Pacific Missile Range Facility (PMRF), Barking Sands, Kauai, Hawaii. Moments later, the USS Lake Erie's Aegis BMD Weapon System detected and tracked the target and developed fire control solutions.

Approximately four minutes later, the USS Lake Erie's crew fired two SM-2 Blk IV missiles, and two minutes later they successfully intercepted the target inside the earth's atmosphere, about 12 miles above the Pacific Ocean and about 100 miles west-northwest of Kauai.

FTM-14 test objectives included evaluation of: the BMDS ability to intercept and kill a short range ballistic missile target with the Aegis BMD, modified with the terminal mission capability; the modified SM-2 Blk IV missile using SPY-1 cue; and system-level integration of the BMDS.

MDA and the U.S. Navy cooperatively manage the Aegis BMD Program. Lockheed Martin Maritime

Systems and Sensors of Moorestown, N.J. is the Combat System Engineering Agent and prime contractor for the Aegis BMD Weapon System and Vertical Launch System installed in Aegis equipped cruisers and destroyers.

Raytheon Missile Systems of Tucson, Ariz. is the prime contractor for the SM-2 and SM-3 missile and all previous variants of Standard Missile. The SM-2 program is managed by the Naval Sea Systems Command, Washington, D.C.



U.S. Navy photo courtesy of Missile Defense Agency

A modified Standard Missile 2 (SM-2) Block IV interceptor is launched Thursday, June 5, 2008 from the guided-missile cruiser USS Lake Erie (CG 70) during a Missile Defense Agency test to intercept a short-range ballistic missile target. The missile intercepted the target approximately 12 miles above the Pacific Ocean 100 miles west of Kauai, Hawaii on the Pacific Missile Range Facility. This was the second successful intercept in two attempts of the sea-based terminal capability and the fourteenth overall successful test of the Aegis Ballistic Missile Defense Program.

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC3 Kyle D. Gahlau

Sailors clear the landing area after as aircraft launch from the flight deck of the aircraft carrier USS Kitty Hawk (CV 63). Kitty Hawk is returning to the United States for decommissioning after 47 years of service and will be replaced by the aircraft carrier USS George Washington (CVN 73).

NEW Arrivals

Tracy B and Luis E Castro
Girl: Lilliana Rosa Castro
Born: May 31, 2008
Length: 19.5 Inches
Weight: 6 lbs 6 oz.

SEXUAL ASSAULT / VICTIMS INTERVENTION

SAVI offers a Sexual Assault Hotline
staffed with trained advocates
who man the SAVI Hotlines 24/7.
The number is 335-642-8312 or 335-606-6146.

Mond M o n d o Etna
o Animale
Anima

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NAVAL AIR STATION SIGONELLA COMMUNITY CALENDAR					20 Alcoholics Anonymous -7 p.m. -NAS II Chapel	21
22 Over 30 pick-up Basketball - Midtown	23 Alcoholics Anonymous -7 p.m. -NAS II Chapel	24 TSP 1000-1130	25 Survive & Thrive 0800-1430 Alcoholics Anonymous -7 p.m. -NAS II Chapel	26 Banking & Checkbook Management 1300-1430 Throwback Thursday Midtown Theater	27 Alcoholics Anonymous -7 p.m. -NAS II Chapel	28
29 Over 30 pick-up Basketball - Midtown	30 Alcoholics Anonymous -7 p.m. -NAS II Chapel	1 July	2 Motta Castle Tour 0930-1130 Alcoholics Anonymous -7 p.m. -NAS II Chapel	3 Throwback Thursday Midtown Theater	4 Independence Day Alcoholics Anonymous -7 p.m. -NAS II Chapel	5
6 Over 30 pick-up Basketball - Midtown	7 Alcoholics Anonymous -7 p.m. -NAS II Chapel	8 Car Buying 1300-1430	9 Alcoholics Anonymous -7 p.m. -NAS II Chapel	10 Survive & Thrive 1430 Throwback Thursday Midtown Theater	11 Developing a Spending Plan 1400-1530 Alcoholics Anonymous -7 p.m. -NAS II Chapel	12
13 Over 30 pick-up Basketball - Midtown	14 Alcoholics Anonymous -7 p.m. -NAS II Chapel	15 Smooth Move 1400-1600	16 Mens Group 1330-1500 Alcoholics Anonymous -7 p.m. -NAS II Chapel	17 Throwback Thursday Midtown Theater	18 Alcoholics Anonymous -7 p.m. -NAS II Chapel	19
20 Over 30 pick-up Basketball - Midtown	21 TAP (Pre-Retirement) 0800-1600 Alcoholics Anonymous -7 p.m. -NAS II Chapel	22 TAP (Pre-Retirement) 0800-1600	23 TAP (Pre-Retirement) 0800-1600 Alcoholics Anonymous -7 p.m. -NAS II Chapel	24 TAP (Pre-Retirement) 0800-1600 Throwback Thursday Midtown Theater	25 Alcoholics Anonymous -7 p.m. -NAS II Chapel	26
27 Over 30 pick-up Basketball - Midtown	28 Alcoholics Anonymous -7 p.m. -NAS II Chapel	29	30 Mens Group 1330-1500 Alcoholics Anonymous -7 p.m. -NAS II Chapel	31 Throwback Thursday Midtown Theater	1 August Alcoholics Anonymous -7 p.m. -NAS II Chapel	2

Motta

All Services

Stags

Marchi

Did you know?

Volunteering at your local Navy-Marine Corps Relief Office can be a rewarding experience. While helping clients solve their emergency needs, you can enhance your job skills and knowledge of oral and written communications, retail sales, customer service, public speaking, computer software programs, training, personnel management, and family budgeting. Opportunities for personal growth help you increase your self-confidence while you help clients achieve financial self-sufficiency.

NMCRS: Service with a Smile!

Contact your Sigonella NMCRS Office today! Call 624-4212 for more information. Office Hours: Monday - Friday 0900 - 1600.

NMCRS: Seeking New Volunteers!

Navy-Marine Corps Relief Society



Bldg. 319 (NAS I)
Monday-Friday
7:30 a.m.-4 p.m.
DSN 624-4291
Commercial 095-56-4291

Stress Management: Quick Tips for Making Time for Yourself

Article courtesy of Military One Source

Balancing work, family, and friends is hard. Sometimes it may seem like you barely have enough time or energy to do the things you have to do, much less the things you want to do. But making time for yourself is important because it can give you the energy you need to tackle everything else that's going on in your life.

Below you'll find some ways to make more time for yourself.

Decide that making time for yourself is important. Then schedule your favorite activities into your daily or weekly calendar. That way you won't put yourself last.

Stop trying to be perfect. It's OK to leave chores undone for a day or a weekend if it means making time for you.

Don't feel guilty about doing something for yourself. It's not selfish to make time for you. It's actually good for the other people in your life -- when you feel positive, your relationships with others are more positive, too.

Get up 30 minutes earlier in the morning and use that time to call a friend, read the paper, go for a walk,

or just sit and have a cup of coffee by yourself.

If the mornings are too hectic in your home, make some time for yourself at night after everyone else has gone to bed.

Find some activities that you enjoy that don't require a lot of time or preparation. You could go for a walk right after or before work, sew, or do light carpentry at home on the weekends. You might enjoy crossword puzzles, reading a magazine, or chatting with a friend on the phone.

Talk with family members about why it's important for you to have time for yourself. You can tell older children that you need some time when you come home from work to unwind before you start cooking or helping with homework. Talk with your spouse about how you can both make time for yourselves and still get everything else done.

Ask family members to share household responsibilities. Teach your kids to pack their own lunches or do their own laundry, or ask your partner to take over cooking dinner a few times a week. Use this "free" time to do something for yourself.

Sushi

Pentagon

Cold
Noses



WARM HEARTS

A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Signonella's Stray Animal Facility (SAWS) has many cats and dogs just looking for a warm home and someone to love. Each week the Signature will feature animals in need of adoption.



(Above) Jade is a sweet girl who would make a wonderful addition to any family.

(Below) Bianca is a beautiful dog that needs a loving home. For more information contact the Stray Animal Facility at 624-3936 or Rose Cummings at 334-383-8786.



EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water; Food, Heat, Cash, Radio; Family Communications Plan; Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

S.A.W.S. Adopt-A-Thon and Car Wash

On Saturday June 21st, S.A.W.S. will be having their adopt-a-thon and bake sale in front of the commissary along with a car wash in the NAS I CDC parking lot. It all starts at 10:00am and ends at 2pm. All proceeds go towards medical care, food, blankets, toys and other items the animals need. S.A.W.S. is always looking for volunteers if you can come and help please contact Rose at sawsanimals@yahoo.com or call the Red Cross at 624-4900. There will be some wonderful dogs up for adoption and who love to have a forever home. Please come and support our cause, "Pets are worth saving"!

Italian NEWS

Sicilian Culture, Events and Lifestyle



Alberto Lunetta
Signature Staff



Acitrezza Reveres St. John the Baptist

The relationship between Acitrezza's fishermen and San Giovanni Battista (St. John the Baptist) is at the center of the religious festival which is annually held in June in this beautiful coastal village in the Catania province.

"W San Giovanni", Dicemulu tutti ccu tuttu u cori evviva San Giovanni...Dicemulu tutti picciuli e ranni, evviva San Giovanni!" (Let's say it with all our hearts, long live St. John...all of us should say it, the young and the old, long live St John!) This is what Trizzoti (Acitrezza townspeople) scream during the throbbing processions honoring their beloved protector. They have been celebrating their festival for over 300 years and they are still very proud of it.

Acitrezza fishermen invoke St. John the Baptist for protection when they go out at sea to earn their living. It's a tough job and sometimes they risk death to bring home their livelihood.

But St. John the Baptist is not only invoked to protect fishermen but also to educate children and teenagers through Biblical teaching and role modeling because his life is an example of Christian virtue.

During this month-long festival, Acitrezza fishermen decorate their boats and stage the spectacular pantomime named "U pisci a mari" (The fish in the sea). Sicilian folklore historian Monsignor Giovanni Lanzafame wrote that this show is a metaphor of the fishermen's life: "Some say that the pantomime that is staged in Acitrezza is actually an ancient propitiatory rite aimed at bringing good luck to the fishermen during the swordfish fishing activity. Despite the jubilation displayed during the festival, I believe that the life of the fishermen is somehow imbued with a sense of melancholy. Even though they work hard, they don't always bring fish home."

The festival runs through June 25. Highlights include religious processions that will be held throughout the historic center and along the seaside. Spectacular performances such as the above mentioned "U pisci a mari" pantomime and the "Calata dell'Angelo" (Descent of the Angel) would also be staged.

The festival revolves around the "Parrocchia di San Giovanni Battista" (St. John the Baptist Parish) in which the wooden statue depicting San Giovanni Battista and the saint's relics are kept.

Origins of the Festival
Prince Stefano Riggio, the founder of Acitrezza, built the Parrocchia di San Giovanni Battista in 1693 to replace another church erected in 1678 and formally dedicated to San Giuseppe (Saint Joseph), which was destroyed by a violent earthquake. Shortly after the construction of that church, the people of Acitrezza made a statue depicting San Giovanni Battista to honor their celestial patron. Today, historians are still debating on who carved this beautiful sculpture. Some stories say that the sculptor was a trizzoto named Castorina or Lo Faro. Legend has it that the artist locked himself up inside the Palazzo del Principe di



Picture courtesy of Acitrezza's Saint John the Baptist Deanery

"U pisci a mari" (The fish in the sea) is a funny and spectacular pantomime which is one of the highlights of the upcoming St. John the Baptist Feast running through June 25 in Acitrezza and featuring processions, food events and arts and crafts.

Acitrezza (Palace of the Prince of Acitrezza) for three months and carved the statue, taking as a model a member of the Giletti family from Acitrezza.

Other legends say that the eccentric sculptor would accept food only if it was lowered from the palace's roof whose tiles were temporary removed. For that reason, nobody saw the statua (statue) until it was finished. When the sculpture was ready, it was placed in small niche above the main altar named "Cammaredda" where it is still preserved up to today. The statue is over 300 years old but it is still in excellent conditions, a detail that has contributed to the mystique surrounding this amazing piece of art.

Festival Highlights/Schedule

Tomorrow (Saturday, June 21) the festival opens with the first edition of the "Sagra del Pesce Spada di San Giovanni," a mouthwatering swordfish festival which is held at the Alaggio port at 8 p.m. The festival continues on Sunday, June 24 in the evening at 8 p.m.

On Monday, June 23, the festival's eve, Holy Masses are celebrated at 8 a.m. and 7 p.m. In the evening, the saint relics are brought in procession, (around 8 p.m.) escorted by the city band, through the town's historic center.

Tuesday, June 24 is the main festival day. After the early morning bell ringing and firecrackers, the "Maria SS. Del Rosario" town band from Fleri performs throughout the historic center starting at 8:45 a.m.

Later at 10 a.m. the unveiling of the statue, one of the most touching moments of the entire festival, takes place in a crescendo of enthusiasm for this once-a-year event. Later at 10:30, the archbishop of Acireale celebrates a solemn Holy Mass at the St. John the Baptist Parish which also features enchanting religious chants. In the afternoon, the Fleri town band performs again at 4 p.m. along with the "Giuseppe Verdi" band from Aci S. Antonio band whose concert follows at 4:45 p.m., both wandering throughout the historic heart of the town.

Those concerts announce one of the most folkloristic events of the entire festival: the "U pisci a mari"

pantomime that is staged in the Urnazza district at 5 p.m. The show begins with a group of fishermen in castoff clothing (a straw hat, a red shirt, tattered shorts, and a yellow sash; yellow and red are the colors of the saint, which are tied together by a rope) walking towards the pier while dancing and singing among a large crowd. Three performers jump on a boat that is decorated with flowers, and yellow and red ribbons. The fourth actor, a skilled swimmer who plays the swordfish, dives into the water. The fifth performer plays the Raisi or crew leader. He places himself on the highest point of the pier giving directions to capture the fish. Once the swordfish is sighted, the Raisi shouts phrases in ancient Sicilian inciting the fishermen to catch it. After several attempts, the fish is eventually caught. The fishermen hoist it aboard and try to butcher it. But the swordfish manages to escape twice.

The fishing goes on and the fishermen capture the swordfish again (this time it is a real one, usually a dead shark or tuna fish). But once again, while the fishermen are about to praise the tastiness of the fish, it escapes disappearing into the sea. The fishermen give up in despair, argue and overturn the boat. The pantomime is over.

Later at 7 p.m., a solemn procession starts from piazza Giovanni Verga. The statue of St. John is placed on a float called "fercolo" and is taken around among a rejoicing crowd of pilgrims who screaming: "Viva San Giovanni!" (Long live St. John!). The procession itinerary is as follows:

via Provinciale, Leopolda, Litteri, Calamenzana, Dietro Chiesa, Cappello, Fontana Vecchia, Lungomare Ciclopi, Porto Nuovo (a stop at the pier, where the Stele of S. Giovanni Battista is placed, is performed; flowers are offered to the saint), Magri, Gibuti, Gondar, Guarnaccia, Grasso, Tunisi, Capparelli, Piazza delle Scuole, Largo Medusa and back to the Parrocchia di San Giovanni.

The "Calata dell'Angelo" (Descent of the Angel) is staged in via Dietro Chiesa (8:30 p.m.) and piazza delle Scuole (10:30 p.m.).

This performance features the descent of an angel who pays homage, on behalf of the town districts, to the touring statue of the saint. At the end of the tour (around 11:30 p.m.), devotees perform the "Cussa" (the run) that consists of covering the last route of the procession (via Provinciale) by running while carrying the statue.

A spectacular firework show

ends the festivities after the arrival of the fercolo while the statue is placed back into the San Giovanni Parish.

On the last day of the festival, Wednesday, June 25, holy mass is celebrated at 11:30 a.m. at the St John Parish.

Band concerts are held in the historic center in the afternoon at 4 p.m. (Aci S. Antonio Band) and 5 p.m. (Monterosso Almo Town Band).

In the evening at 7 p.m., the solemn St. John procession leaves from piazza Giovanni Verga. The saint is paraded through the following roads: Provinciale, Ricca, Muscarà, Ferretti, Spagnola, Livorno, Scalazza (stopping at the Church of S. Maria la Nova), Dusmet, Calabretta, Marina, Vicu Musumeci until late at night. During the procession at 8 p.m., the Calata dell'Angelo show is repeated in via Provinciale. A spectacular concert is held in piazza Verga by the "Vincenzo Bellini" Wind Orchestra at 9 p.m.

At 11 p.m., amazing fireworks are staged along the waterfront to celebrate the festival's grand finale. The festival will then end at 11:30 with the arrival of the float in piazza Verga.

For more information and schedules visit www.festasangiovan-ni.it or www.parrochiaacitrezza.it

Ognina

New Hope

Oxidiana

Upcoming Concerts and Shows in Sicily



Here are my top event picks for this weekend and the upcoming week: Pippo Rinaldi "Kaballà" (above left) (vocals and guitar) and Massimo Germini (acoustic guitar) - Sicily-born artist and songwriter Pippo Rinaldi (picture above) presents an enchanting show which blurs the line between concert and theater. "Viaggio immaginario nella Sicilia della memoria" (Imaginary journey into the memory of past Sicily) is a performance which explores music, poetry and literature, inviting spectators to discover the cultural roots of Sicily. Rinaldi sings his own songs, which blend Sicilian folk, rock and world music, and reads excerpts from Sicilian novelists and authors such as Sciascia, Pirandello, Consolo and Brancati. (June 21 - 10 p.m., Y's Club); "Dance Spring Festival" (Sports Arena - Viale Autonomia, Caltagirone, June 21 and 22 - 9 p.m.); "Jazz & Wine" Francesco Cataldo/Francesco - Notorio: guitar and double bass (June 20 - Eunoé Bar Cantina - 10 p.m. - Siracusa); "Ancient Greek Drama Festival" (above right) at the Siracusa Greek Theatre through June 22. (For more information and tickets visit www.indafondazione.org); "Vittoria Jazz Festival": "Antonella Leotta Quartet"- Antonella Leotta (vocals) Osvaldo Corsaro (organ), Claudio Cusmano, (guitar) chitarra, and Pucci Nicosia (drums) - June 20 / "Giovanni Mazzarino Trio" - June 21 / "Francesco Cafiso Italian Quartet" - June 22 / piazza Enriquez - Vittoria (Ragusa province) - 10 p.m.; "IV Edition of Dance Gala" (Ambasciatori Theatre - # 17 via E.

D'angio - Catania); "Taormina Film Fest Gala Night" featuring Mediterranean movies and Turkish band "Baba Zula" which blends traditional Turkish folklore with electronic music (June 20 - Ancient Greek Theatre - 9 p.m.). "Music for the Movies," S. Nicolò Orchestra - Music by Morricone, Piovani, Piazzolla, Rota and Bacalov (June 21 - 9 p.m. Trinità Manenti Park - Mascalucia); "Blue in Blues" (June 21 - 9 p.m.), "Marta Capponi & Sicilian Guest" (June 22 - 9 p.m., Deneb - Ragalna, Catania province); "The Wall, Pink Floyd Tribute" (June 24 - 7 p.m. La Fungala - Acicastello # 38/b via Stazione); Belfiore/ Spina Duo - Music by Brahms, Mozart and Williams - (June 25) / "West Side Story" (1961) directed by Jerome Robbins (June 26) - Sangiorgi Theatre's Terrace - # 233 via A. Di Sangiuliano- Catania); "Appaloosa Victor" Country Music - (June 25 - 9 p.m. Stag's Head, # via Michele Rapisardi - Catania); "Al Qantara," Sicilian Medieval Music- (June 26 - 9 p.m. piazza Castello, Acicastello Castle). Please note that all the above events, performances' dates, fees and times are subject to be changed or canceled without notice. For the latest information and to get directions to the shows' venues, please contact the following tourist information offices: Catania (095- 7306266/277), Palermo (091- 6058111), Messina (090- 674236), Enna (0935- 24007), Ragusa (0932- 621421), Siracusa (0931-461477).



Experience a fun-filled weekend for the entire family in Bronte. On June 21 and 22, Bronte, the hub of the Sicilian pistachio industry, will host the "Fiera dei Prodotti Tipici" a festival of taste that celebrates pistachio, wine, strawberry, cheese, ice cream and many other produce from the Etna area. The event also offers entertainment, Sicilian folklore and arts and crafts. While at the festival goers can visit the famous Admiral Nelson Castle (phone: 095-690018) and the 18th century Real Collegio Capizzi, a former religious college, located across corso Umberto, which hosts an ancient Jesuits' library and a permanent art collection of paintings and pottery by Sicilian artists. The festival begins tomorrow (June 21) at 6 p.m. On Sunday, June 22, festival booths open at 9 a.m. For more information and detailed schedules call Bronte Tourist Information at 095-7747213.



(Left) Make sure you don't miss "Expo Sicilia città dell'olio," an exciting olive oil festival running in Ficarra (Messina province) through June 22 and featuring food stands and arts and crafts. Tomorrow (June 21) and on Sunday (June 22) festival booths open at 9 a.m. in piazza Monastero. Festival highlights also include guided tours to the main town attractions (Medieval churches and buildings) and magnificent olive trees as old as 800 years. For more information and detailed schedules contact the Ficarra Tourist Office at 0941- 582604.

Etnaland

Italy Increases DUI Consequences

Article by MC1 Brian Goyak
Fleet Public Affairs Center
Detachment Sigonella

Sailors stationed at Naval Air Station Sigonella now have more reason than ever not to drink and drive. In addition to punishments imposed by the U.S. Navy if stopped on base the Italian government has increased penalties for driving under the influence, which will result in longer suspension of licenses, jail time and confiscation of vehicles.

In an effort to decrease the number of traffic deaths related to drunken driving the Italian government enacted legislative decree #92 urgent measures for public security.

According to Captain Salvatore Catania of the Carabinieri, drivers whose blood alcohol exceed 0.15 or are under the influence of drugs can expect a fine of 1,500 to 6,000 euros, 3 to 12 months in jail and suspension of driver's license from 1 to 2 years.

Additionally these drivers will have their vehicle confiscated. If the person is convicted the vehicle can be auctioned off or used by the police.

A blood alcohol level between 0.08 and 0.15 will receive a fine of

800 to 3,200 euros, up to 6 months in prison and driver's license suspension from 6 months to 1 year.

Drivers, who have a blood alcohol of 0.05 (legally intoxicated) and 0.08 face fines of 500 to 2,000 euros, 1 month in prison and suspension of driver's license from 6 to 12 months.

Refusal to submit to blood alcohol testing will result in the driver receiving a fine from 1,500 to 6,000 euros.

"There has been a need for such a crack down. The figures have been very alarming, especially amongst the youngsters," said Catania. "One thing I would like to high light is that now we have the authority to confiscate the offender's vehicle. This is a good deterrent that hopefully will prevent drinking and driving."

If the prospect of going to Captain's Mast and being reduced in rank, put on restriction, forfeiture of half month's pay times two months, having on base driving privileges revoked and recommendation for separation isn't enough to convince you not to drink and drive. Then perhaps spending time in one of the local penal establishments and watching the police drive your car away might.

Kartodromo

A Stone's

THE HUB OF THE MED IS ALSO

The Town of Noto



(Above) A decorative fountain covered in flower pedals in front of the church of San Francesco.
(Below) The gardens in front of the church of San Francesco.

**Article by Jon Groveman,
Photos by Lt. j.g. Matt Knight
Sigonella Public Affairs Officer**

Living in Sicily opens a window into the ancient past that most humans will never have the opportunity to experience. Vast amounts of Greek and Roman history actually took place on this island, with numerous architectural remnants left as a reminder of our ancestors and important periods in time. The history of art and architecture have strong roots in Sicily, most of which can be enjoyed within a short car ride.

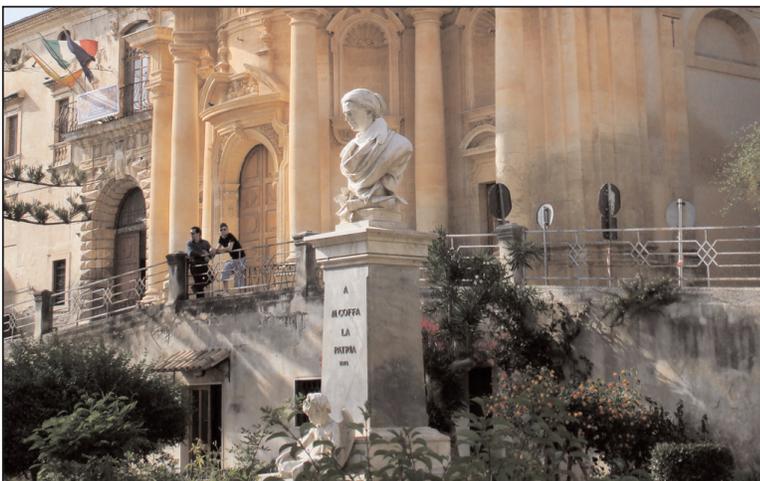
The town of Noto, located approximately 20 minutes south of Siracusa, is considered to be amongst Europe's finest examples of Baroque

Architecture. The town, in its present location since a destructive earthquake in 1693 destroyed a nearby ancient village of the same name, was built in the extremely popular and artistic Baroque style of that time, highlighting not only individual buildings but also the vast expanse of countryside just below the town. The urban layout was designed to provide easy passage through the town and to meet the living needs of its residents.

Baroque style evolved from the Renaissance period, which used Classical designs and formations to give balance and proportion to buildings. Movement and a sense of drama was the intended goal that architects strived for within this architectural



Magnolia



...e's Throw

ED IS ALSO THE HUB FOR TRAVEL



(Above and Middle) Decorative sculptures on balconies decorate Palazzo Nicolaci along Via Nicolaci.
(Bottom) The frescos on the ceiling of the Noto Cathedral.



(Above) A decorative water fountain provides water for passersby on via Roma.
(Left) A side view of the Noto Cathedral which is built in the classic baroque style.

style. Buildings typically incorporated an elliptical shape, with exterior formations protruding outward and upwards, a great deal of decoration, and a play on sunlight and shade.

Noto was inducted in 2002, along with 7 neighboring towns, into the UNESCO World Heritage Organization because, "This group of towns in south-eastern Sicily provides outstanding testimony to the exuberant genius of late Baroque art and architecture." UNESCO provides financial protection to these towns because of their proximity to Mt. Etna volcano and because of the town's unfortunate past. Crucial reconstruction to the town's historic landmarks is ongoing, preserving the life and beauty of this town for many

generations to come.

To get to Noto, take the SS114 towards Siracusa, following signs towards Siracusa Sud. You will be on the freeway for approximately 35 minutes, passing the South Beach shoreline and Augusta Bay Italian Navy Base along the way. Continue on the SS114 through Siracusa, all the way until the freeway ends at Avola. After this exit, continue following signs towards Noto, and finally Noto Centro once you start to ascend up the high hill leading you into the city center. A lot of great cafes' and boutiques are scattered among the historical sights. In addition, an ornate and popular flower exhibition happens in Noto each year in the spring timeframe.



Ipanea Beach

Protestant Women of the Chapel

Bible Study
Summer Program
ALL WOMEN WELCOME!
Tuesday: 9:00-11:00 am
June 24-July 29
Nas 1 Chapel
Free childcare ages 0-12
(crafts and games for school age kids) For more info www.pwocsig.com
<<http://www.pwocsig.co>



Auction Benefits Navy Ball, Booster Club

Article and photos by
Lt. j.g. Matt Knight
Sigonella Public Affairs Officer

The Navy Ball fundraising auction hosted by Public Works and facilitated with Jaguar Booster Club volunteer support was held at the NAS 1 gymnasium June 14.

The combined silent and live auctions were designed to generate funds for the 2008 Navy Ball and the Booster Club, featured Asian furniture and decorative items imported from Hong Kong by FooChow Art Co. LTD on the behalf of the Navy Ball Committee, and had over 150 people in attendance.

"This is our last big event right now that we are planning, from here on out it will be normal car washes and selling food," Said LT Chad Marshall, Chairman of the Navy Ball



Bidders watch as another Asian furniture item is put up for sale.

Committee. "The Navy Ball is October 18 and our fundraising will continue until the month of October."

Throughout the auction, Jaguar Booster Club members helped move

the auction items to the front to be bid on and then back to the staging area, as well as manning a baked goods table at the front door providing refreshments for potential buyers.

Master-at-Arms Chief, Bobby Warren, one of the volunteers manning the bake sale said, "We are here with the Booster Club doing a bake sale. It's by donation so persons coming by can pick what they want. It is to help the kids with all the sports teams in the schools. It helps with anything ranging from getting them things to eat when they go to Germany or Aviano, with lodging, food, uniforms."

Marshall mentioned that the Jaguar Booster Club helped with a large part of the coordination, planning and volunteers that went into making the auction a reality. He also commented that due to the outstanding turnout and the amount of people bidding on items the auction generated 15% of the funds needed for the Navy Ball.



Bidders view silent auction items along the sides of the gym while the live auction continues.

The Simplest Way to a Happy Lawn: Part 3

Article by [REDACTED]
Signature Volunteer

Mowing is a chore, and as your lawn grows healthier and thicker, unfortunately, it is a chore which needs to be done more frequently. To maintain the health of your yard, cutting the grass correctly is the last of the top three steps to maintaining a happy lawn.

The two top choices of mowers available to us here are the electric powered machines offered through self help, and gas powered mowers which can be purchased at the NEX. Both come with different features and can be environmentally beneficial, depending upon how you use them.

The electric mowers are clean-

er, in that they do not emit emissions like gas powered machines do. The clippings are collected in a bag, and the height can be adjusted.

In the spring, the NEX usually receives a shipment of lawn mowers ranging in price and features. Some of the features of the gas powered mowers you may find are self propelled, bagged, mulching, and differing horsepower. One feature which has a beneficial environmental impact is the mulching mower.

The mulching mower is specifically designed to break up the cut grass into much smaller pieces, which are allowed to settle into the lawn to decompose. This adds natural nutrients to your lawn and cuts

back on the amount of fertilizer needed. The added benefit is that there is no need to bag the cut grass.

If you choose to bag your clippings, an alternative to throwing them away is to start a compost heap. Composting organic waste such as grass clippings and kitchen scraps is a good way to add natural nutrients to your garden or potted plants.

A great place to learn about composting is at The New York City Compost Project; www.nyccompost.org/. Here, readers can learn the ins and outs of composting without using very much space.

Whether you choose to mulch or compost, it is important to cut the grass frequently. The rule of thumb is

to cut to a height of about two to three inches and cut no more than one third of the grass height. When the grass grows too long, and is then suddenly cut, your yard will look yellow or brown. This is because the height of the grass blocks sunlight to the lower portions of the plant, and when cut, only the underexposed part of the plant remains. Frequent mowing will avoid this.

Ensure that your mower blade is sharp. A dull blade can tear the grass rather than give it a clean cut, and can leave it more susceptible to disease.

Before removing the blade to sharpen it, make absolutely sure to disconnect the spark plug to avoid

accidentally starting the mower while your hands are under there. Simply remove the bolts on the blade and use a file to sharpen it, but ensure that you are working at the same angle as the blade.

A blade with many nicks in it should be replaced, but a few nicks are okay and don't need to be filed down flush. Use the same number of strokes on each side of the blade to maintain its balance.

In conclusion, remember that healthy lawns can resist weeds and pests far better than a weak lawn. By using proper maintenance methods on our grass, we are reducing chemical waste, unnecessary fertilizers, and we are saving water.

Military

MWR CORNER

Community Events

Concert in the Park

Armed Forces and Navy Entertainment

presents **HINDER**

June 26: Festivities begin at 7 p.m., Concert starts at 9 p.m.
NAS I

Midtown 2 Theaters

First Day of Summer - Movie in the Park

June 21: Spaceballs (PG) and There's Something About Mary (R)

Bring your blankets and chairs and join us for an outdoor theater adventure at the Land Annex on NAS I. Concessions will be available for sale.

Summer is here and that means Matinees at the Movies

June 13 -August 22
Every Monday, Wednesday, and Friday at 1 p.m. and 3 p.m.

Reduced admission: Adults: \$2, Children (6-12): \$1, Children (5 & under): Free

SpareTime Bowling Center

Colorama Glow-in-the-Dark Bowling

Saturday nights at 8 p.m.!

Lane reservations begin at 7 p.m.

Take 5

Happy Birthday June Babies! June 23

Spades Tournament: June 24

Wandering Cefalù: June 25

Job Pub

Texas Hold'em Poker Club:

Wednesdays: Dealing starts at 7 p.m.

Play every week to earn points!

This is a four-week competition.

FREE ENTRY EVERY WEEK

LIVE Classic Rock Band: Aramjam

June 27: 10:30 p.m. - 1:30 a.m.

Liberty

Kartodromo Go-Karting: June 21

Dinner in Taormina: June 27

ITT Gear-n-Go

MWR F.Y.I. Trip of the Month: Etnaland

June 27: Depart: Mineo 8:30 a.m., NAS I 9:15 a.m.,

Return: NAS I 5:30 p.m., Mineo 6:15 p.m.

Entrance Fees - Adults: 20 euros, Child under 4.5 ft: 12 euros

Modica Chocolate & Carrubo's Liquor Tasting and Marina di Ragusa

June 21: Depart: NAS II 7 a.m., NAS I 7:30 a.m.,

Return: 8 p.m.

\$28 + bring euro for lunch and fees (€25)

Summer Beach Shuttle

June 21: Depart: NAS II 8:30 a.m., NAS I 9 a.m.,

Return: 4 p.m.

\$15

Tandem Skydive Sicily

June 22: Depart: NAS I 7:30 a.m., Return: TBA

Jumps will be paid directly to the skydiving company in euro \$20 + bring euro for a jump, sack lunch,

snacks, & plenty of water

Cefalù Shopping & Beach Time

June 22: Depart: NAS II 7:30 a.m., NAS I 8 a.m., Return: 8:30 p.m.

\$34 + bring for fees and lunch (€25)

Syracuse by Night

June 27: Depart: NAS II 4 p.m., NAS I 4:30 p.m.,

Return: Midnight

\$60, includes lunch

Fitness

Navy Fitness Training Class

June 23, 24, and 25 from 8 a.m. - 4 p.m.

Splash-n-Dash Personal Challenge

June 28: 9 a.m. at Splashers Pool

Registration: \$5

Teen Center

3-on-3 Basketball Game: June 21 at 1 p.m.

Sports

Golf Tournament: June 21

Il Picciolo Golf Course: Tee Time: 8:30 a.m.

\$43, includes entry fee, lunch, awards and greens fee \$5, transportation

Sign-up at ITT or Take 5

Summer Basketball Tournament

Play begins June 23 at Flight Line Fitness Center

For more information contact 624-2711

Mineo Recreation Center

Halo 2 Tournament: June 21 at 5 p.m.

Pool Tournament: June 26 at 5 p.m.

JUNE 20 - JUNE 27

MIDTOWN MOVIE THEATER

MOVIE HOTLINE: 624-4248

SCHEDULE

MOVIE DESCRIPTIONS

Friday, June 20

1:00pm Garfield PG 85 min. FREE
3:00pm Kung Fu Panda PG 90 min.
5:00pm Baby Mama PG-13 99 min.
5:30pm You Don't Mess With Zohan PG-13 120 min.
7:30pm Sigonella Sky Tonight FREE
8:00pm Street Kings R 108 min.
9:30pm Smart People R 94 min.

Saturday, June 21

2:00pm Incredible Hulk PG-13 114 min.
2:30pm Prom Night PG-13 88 min.
4:30pm The Ruins R 91 min.
5:00pm 88 Minutes R 108 min.
7:30pm Forgetting Sarah Marshall R 111 min.
8:00pm Leatherheads PG-13 114 min.
9:30pm Movie At Land Annex

Sunday, June 22

2:00pm Nim's Island PG 94 min.
2:30pm Baby Mama PG-13 99 min.
4:30pm Indiana Jones PG-13 120 min.
5:00pm Forbidden Kingdom PG-13 113 min.
7:00pm Street Kings R 108 min.

Monday, June 23

1:00pm Kung Fu Panda PG 90 min.
3:00pm Nim's Island PG 94 min.
5:00pm Indiana Jones PG-13 120 min.
5:30pm Baby Mama PG-13 99 min.
7:30pm Leatherheads PG-13 114 min.
8:00pm The Ruins R 91 min.

Tuesday, June 24

5:00pm Prom Night PG-13 88 min.
5:30pm Leatherheads PG-13 114 min.
7:30pm Shine A Light PG-13 122 min.
8:00pm Smart People R 94 min.

Wednesday, June 25

1:00pm Nim's Island PG 94 min.
3:00pm Kung Fu Panda PG 90 min.
5:00pm Don't Mess With Zohan PG-13 120 min.
5:30pm Indiana Jones PG-13 120 min.
7:30pm Street Kings R 108 min.
8:00pm Forgetting Sarah Marshall R 111 min.

Thursday, June 26

3:00pm Incredible Hulk PG-13 114 min.
5:00pm Forbidden Kingdom PG-13 113 min.
5:30pm Shine A Light PG-13 122 min.
7:30pm THROWBACK THURSDAY
FREE ADMISSION
Pelican Brief PG-13 140 min.
8:00pm The Ruins R 91 min.

The Forbidden Kingdom (PG-13)

While hunting down bootleg kung-fu DVDs in a Chinatown pawnshop, Jason makes an extraordinary discovery that sends him hurtling back in time to ancient China. There, Jason is charged with a monumental task: he must free the fabled warrior the Monkey King, who has been imprisoned by the evil Jade Warlord. Jason is joined in his quest by wise kung fu master Lu Yan and a band of misfit warriors including Silent Monk. But only by learning the true precepts of kung fu can Jason hope to succeed - and find a way to get back home.

Baby Mama (PG-13)

Successful and single businesswoman Kate Holbrook has long put her career ahead of a personal life. Now 37, she's finally determined to have a kid on her own. But her plan is thrown a curve ball after she discovers she has only a million-to-one chance of getting pregnant. Undaunted, the driven Kate allows South Philly working girl Angie Ostrowski to become her unlikely surrogate. Simple enough. After learning from the steely head of their surrogacy center that Angie is pregnant, Kate goes into precision nesting mode: reading childcare books, baby-proofing the apartment and researching top pre-schools. But the executive's well-organized strategy is turned upside down when her Baby Mama shows up at her doorstep with no place to live. An unstoppable force meets an immovable object as structured Kate tries to turn vibrant Angie into the perfect expectant mom. In a comic battle of wills, they will struggle their way through preparation for the baby's arrival. And in the middle of this tug-of-war, they'll discover two kinds of family: the one you're born to and the one you make.

88 Minutes (R)

Dr. Jack Gramm is a college professor who moonlights as a forensic psychiatrist for the FBI. When Gramm receives a death threat claiming he has only 88 minutes to live, he must use all his skills and training to narrow down the possible suspects, who include a disgruntled student, a jilted former lover, and a serial killer who is already on death row, before his time runs out.

Forgetting Sarah Marshall (R)

After a devastating break-up with his girlfriend, TV sitcom star Sarah Marshall, a heartbroken and depressed Peter heads to Hawaii for a little vacation to try his best to forget every detail of his relationship. But love laughs at Peter, because Sarah is vacationing in the same exclusive resort as Peter, along with her new boyfriend.

Street Kings (R)

Tom Ludlow, a veteran LAPD Vice Detective, sets out on a quest to discover the killers of his former partner, Detective Terrance Washington. Captain Wander's, Ludlow's supervisor, duties include keeping him within the confines of the law--and out of the clutches of Internal Affairs Captain Biggs. Ludlow teams up with a young Robbery Homicide Detective to track Washington's killers through the diverse communities of Los Angeles. Their determination pays off when the two detectives track down Washington's murderers and confront them in an attempt to bring them to justice.

Kung Fu Panda (PG)

When threatened by a gang of snow leopards, the jungle animals call upon an inept panda to become a kung fu master and save the Valley of Peace.

The Incredible Hulk (PG-13)

Scientist Bruce Banner desperately hunts for a cure to the gamma radiation that poisoned his cells and unleashes the unbridled force of rage within him: The Hulk. Living in the shadows--cut off from a life he knew and the woman he loves, Betty Ross--Banner struggles to avoid the obsessive pursuit of his nemesis, General Thunderbolt Ross, and the military machinery that seeks to capture him and brutally exploit his power. As all three grapple with the secrets that led to The Hulk's creation, they are confronted with a monstrous new adversary known as The Abomination, whose destructive strength exceeds even The Hulk's own.

Get Smart (PG-13)

Maxwell Smart is on a mission to thwart the latest plot for world domination by the evil crime syndicate known as KAOS.

SHOWING FRIDAY JUNE 27

1:00pm Kung Fu Panda PG 90 min.
3:00pm You Don't Mess With Zohan PG-13 120 min.
5:00pm Made Of Honor PG-13 101 min.
5:30pm Iron Man PG-13 126 min.
7:30pm Get Smart PG-13 111 min.
8:00pm 88 Minutes R 108 min.
9:30pm Forgetting Sarah Marshall R 111 min.

COMING SOON

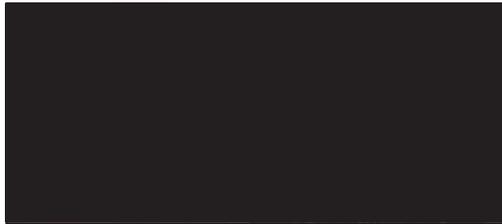
What Happens In Vegas

School NEWS

NJROTC Cadets Take to the Sky

Article by Lt. Raymond Gambel
 PATRON SIG
 Public Affairs Officer

On May 26, PATRON Sigonella hosted sixteen Navy Junior Reserve Officer Training Corps Cadets from the Sigonella NJROTC unit along with their Naval Science Instructor, Capt. Flanagan, USN (ret.). The day began with the cadets receiving an aeromedical exam by a U.S. Navy flight surgeon, followed by a capabilities brief for the P-3C Orion. The brief included an overview of the maritime patrol mission of the Orion as well as a description of the roles of each of the eleven aircrewmembers on a typical crew. Following an in-depth safety briefing and familiarization with their survival gear, the cadets were divided into two groups. The first group boarded the aircraft for



A Sigonella NJROTC Cadet flies a PATRON Sigonella P-3C Orion.

takeoff while the second group observed the linemen conduct engine start and taxi procedures on the flight line.

Once in flight, the PATRON Sigonella crew demonstrated the various mission systems of the aircraft while cadets rotated through the copilot's seat and flew the aircraft. The cadets also practiced parachute and survival suit donning procedures. After all cadets had the opportunity to get some "stick-time", the aircrew returned for a visual approach into NAS Sigonella, providing beautiful views of Catania, Lentini, and Sigonella. At the conclusion of the first flight, all cadets observed the ground maneuvering capabilities of the Orion when the aircrew backed the plane under its own power into the parking spot. After the first group

of cadets disembarked, the next group boarded the plane and enjoyed an equally thrilling flight.

the Cadet Commanding Officer of the NJROTC unit, said, "This is the first time I've flown anything besides a Cessna, and it was better than I could ever imagine it! Besides flying, we also had the chance to learn about all the separate components of the P-3; radar, sonar buoys, weapons etc. The entire PATRON Sigonella unit really turned out to make sure that we had a good time. It was definitely a blast being able to fly with these people!"

At the close of this exhilarating day, the "Jaguars" of the Sigonella NJROTC unit presented command coins to the aircrew of PATRON Sigonella to show their appreciation for this unique experience.

Capt. Flanagan said, "This was one of the most outstanding events the NJROTC cadets have ever had the privilege to participate in. The PATRON Sigonella team, from the Officer-in-Charge to the linemen, went out of their way to introduce

them to the operational world of Naval Aviation. Their professionalism, enthusiasm and courtesy created a learning environment that was exciting, intense and just plain fun. The cheerfulness of the aircrew disarmed the cadets and demonstrated the high morale of an outstanding unit. It couldn't have been better."



Aviation Warfare Systems Operator Second Class (AW2) Garrett Pope instructs an NJROTC Cadet in the proper wearing of an AIR-SAVE survival vest.

Sabbiadoro

Stampa

Military
 Media

Water Safety Important During Critical Days of Summer

Article by MCSA Jonathan Idle
Signature Staff

Going to the beach or spending time in the pool are popular summer activities for servicemembers and their families. Especially, given the beaches and weather found here in Sicily and the surrounding areas. These activities are a great way to enjoy the summertime it is important to be safe while doing so.

Every year Sailors and Marines are killed or injured in drowning and water related incidents.

Two Sailors and one Marine drowned during the 2007 Critical Days of Summer.

Luckily, Sigonella has been able to avoid any such incidents over the past few years, said Richard McKeown, the Naval Air Station Sigonella Aquatic Director for the last eight years. Despite that success it is still important to take precautions and be aware of possible hazards.

"The main thing in Sicily is the heat, especially in the summer," McKeown said. "You just have to be careful of the sun.

Don't only use sunscreen, but a hat. Definitely stay hydrated with water and some kind of electrolyte drink, especially if you're going to be out all day. If you start to get overheated seek the shade."

McKeown stated that the swimming facilities on base are safe way to escape the heat and have as long as all of the rules are followed closely.

"Most pool accidents come from diving into the shallow end," he said. "With so much shallow end that's a real hazard here. The lifeguards here try to stay on top of it and try to keep people from diving in the shallow end. A huge percentage of accidents at the pool come head, neck or back injuries in the shallow end."

He explained that the beaches here are also very safe compared to most other places.

"The ocean here is pretty safe," he said. "There are no deadly fish. There are no Portuguese Man O' Wars. There are jellyfish, they come and go. There will weeks with no jellyfish and a couple weeks with lots of jellyfish. There are no rips tides, no

undertows, no steep drop offs, it's a pretty safe environment for swimmers."

He did state that there are still things to be aware of when going into the ocean.

"The biggest danger here would be rocks," he said. "The water is pretty clear but you can be hurt on rocks by cliff jumping or running into water without looking where you're going."

McKeown also emphasized the need for parents to watch out for their children when going to the beach.

"Most beaches (here) don't have lifeguards," McKeown said. "So that's the number one thing parents should be aware of when they bring their kids to the beach, they're responsible for their kids. There is probably no one else watching."

He also recommended that children should wear sandals to avoid cutting their feet on the large amount of trash and broken glass lying around the beaches.

For more information on water safety and the local beaches you can contact the Morale, Welfare and Recreation office or the American Red Cross office.

SCSC continued from page 3

in the future?" was required and review by the SCSC.

- Letter of Acceptance: The requirement for the scholarship included a copy of a letter of acceptance to the institution of higher education the applicant was planning to attend after graduating from high school. Last month, The Sigonella Community Scholarship Council

convened and the following applicants were selected and awarded winners for \$1,000 in each category:

Winner for the Academic category was [redacted] Winner for the Athletic category was [redacted] Winner for the Arts & Music category -was [redacted] Winner for the General category was [redacted]

Winners were announced at the Sigonella Middle/High School's

Senior Awards Ceremony held on June 5, 2008. Donations toward the Sigonella Community Scholarship Fund came from the All Officer Spouse Club, Area Chief Petty Officers Association, Catholic Parish Council, Protestant Advisory Council, Parents Teachers, Students Organization, FIL-AM Organization and the Sigonella Wardroom.

PARACHUTE continued from page 3

Plumb.' He said, 'You flew jet fighters in Vietnam. You were on the aircraft carrier Kitty Hawk. You were shot down. You parachuted into enemy hands and spent six years as a prisoner of war.'

I said, 'How in the world did you know that?' He replied, 'I packed your parachute.'

I staggered to my feet and held out a very grateful hand of thanks. I was speechless. This guy came up with just the proper words. He grabbed my hand, pumped my arm and said, 'I guess it worked.'

'Yes, sir, indeed it did,' I said, " and I must tell you I've said a lot of prayers of thanks for your nimble fingers, but I never thought I'd have the opportunity to express my gratitude in person.'

He said, 'Were all the panels there?'
'Well, sir I must shoot straight with you,' I said, 'of the 18 panels, that were supposed to be in that parachute, I had 15 good ones. Three were torn, but it wasn't your fault, it was mine. I jumped out of that jet fighter at high rate of speed, close to the ground. That's what tore the panels in the parachute, it wasn't the way you packed it.'

I didn't get much sleep that night. I kept thinking

about that man. I kept wondering what he might have looked like in a navy uniform-- a dixie cup hat, a bib in the back and bell bottom trousers. I wondered how many times I might have passed him on board the Kitty Hawk. I wondered how many times I might have seen him and not even said good morning, how are you or anything because, you see, I was a fighter pilot and he was just a Sailor. How many hours did he spend on that long wooden table in the bowels of that ship weaving the shrouds and folding the silks of those chutes, doing a standard (or even mediocre) job? I could have cared less...until one day my parachute came along and he packed mine for me.

"Who's packing your parachute?"

Everybody needs someone to pack their parachute. We all need that kind of support, physical, emotional, mental and spiritual, in time of need. We all need those who step out in front and say, "Yes, I'll help." As you go through this week, this month, this year, recognize the people who packed or continue to pack, your physical, mental, emotional and spiritual parachutes: parents, spouses, coaches, teachers, ministers, co-workers and other significant people in your life and thank them for the help they gave or are giving you.

HYDRATION continued from page 3

In times of high temperatures, it is imperative that you hydrate prior to, during and after any physical exercise. An adequate fluid status is essential in preventing heat related illness. The summer heat increases your fluid loss beyond what your body would experience when exerting itself in a milder climate.

Be sure to acclimatize yourself to the heat, especially if you are new to the island. Build your

PT time up gradually, adding a few minutes each day, and take frequent water breaks. Try working out in the morning or evening to take advantage of cooler temperatures.

Finally, should you experience any of the moderate to severe symptoms of dehydration noted, please seek immediate medical attention.

Information from this article was obtained from www.acefitness.org and www.mdconsult.com



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Attention all good standing Catholic gentlemen!

Come join the ranks of Sigonella's newest Knights of Columbus Chapter!

We meet the first Thursday of every month at 1930 p.m. above Applebee's.

You may also contact a fellow Knight after the Sunday Mass service in the NAS I Fellowship Hall, or Mineo community Building. (Pizza and soft drinks provided at the meetings!)

For more information visit - www.kofc.org/

Stampa

Days Inn

IL Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale trade or giveaway.

No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 2 p.m. of the Friday of the week before publication. For more information call 624-5440 or 624-2798 or 095-86-last four digits.

Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884.

SEND IL MERCATO ADVERTISEMENTS TO THESIG@NASSIG.SICILY.NAVY.MIL

AUTOMOTIVE

2004 Black Honda Civic LX 4Dr Sedan Brand new condition low miles. Automatic, 4cyl, Pwr windows and lock with alarm. Retail Price 13,000 Asking Price 11,500. Available as soon as possible will be shipping car within a week if no buyers. Call or Text 346-724-4577

2003 Honda CBR1100XX. 16k miles, Helibar risers, Givi Wingrack II triple mounts, US specs, California model. Runs great, extremely smooth. \$8500 OBO. Call John at 624-1463.

Renaut 19 16 v Gray silver four doors A/C, power window, good condition \$1800
Mr Trovato 3920935457 or 624 4205

1964 Antique Fiat 500d convertible. Bone with suicide doors. Fully restored garage kept. This car is a MUST SEE asking 15,000 euro. call Tina 095 795-3353.

1996 Volkswagen Golf Must sell, 4 door, 5 speed, AC, runs well, good condition, clean. \$1700 OBO. Contact PO3 Staten at 624-4622 or 334-158-5176 or email at pstaten04@yahoo.com

Audi 100. 1992, 1900 C.C. engine is in excellent condition. Metallic blue, A/C, 4-door, 5-speed. 86,000 KM, 2800 Euro O.B.O. Call Antonio Cell: 339-4011979 or 624-2578

1992 Vespa Piaggio, 18,300 Km, 550 euro OBO. Call 346-687-2036

2007 Dodge Caliber R/T FWD

7900 miles, 2.4 liter 4 cyl, 5 speed manual t355 transmission, leather interior, am/fm stereo cd player, heated front seats, \$19,000 obo if interested call Paul or Ondrea 684-0695

1989 Renault Twingo AFI plated A/C, power window, radio, alarm, good condition and gas mileage asking \$700 must sell transferring call AECS Treglia cell 349 1922421

1996 Suzuki 1400 Intruder, 8,000 miles, new tires & brakes, great shape \$4,000 Call 3486298809

WANTED

Minivan, 3 to 5 years old, must have not been smoked in and have rear AC. Call 349-109-3877 or 095-705-6010 or email schmutzstreeter@yahoo.com

FOR SALE

Baby Boy Clothes 0-3 months up to 6-12 months. Onesies, Pants, PJ's, and more. Everything in excellent condition, worn once, or Brand New items. \$1.00 a piece Three semi-formal Maternity Sets from Motherhood \$20.00 each JJ Cole Sling/Carrier Infant up to 18 months (Brand New) \$25.00 Bumbo Seat \$20.00 Aquarium Mobile. Remote Control for Mom and Dad. Mobile lights up ceiling with fishes, plays music etc. \$25.00 Please call Stacey 624-0629

AFN Decoder box \$200, 1500w transformer \$50, Bombala Heater \$40 Call 347-526-8923 or 346-574-6475

19" Hitachi multisystem TV-\$50, 4-head NTSC VCR-\$20, DVD player-\$20. Call 624-1463.

Motorola Cell Phone, bought at NEX 3 weeks ago for \$89, asking \$45, charger included, will need new SIM card. Call 347-329-1102.

29 inch. multi system TV - \$75, Stroller car seat combo with two bases - \$75, High chair - \$25, Changing table - \$10, and Patio swing - \$40 all items are in very good condition. If interested please call 624-1343 before 7PM and ask for Anthony.

HP Pavilion Desktop, a1710N, 15" Flat Panel Monitor, 1024 MB, 320 GB, Memory Card Slots, Light Scribe cd/dvd Writer, Windows Vista, Practically New! Asking \$600 OBO. 35MM MINOLTA MAXUMM with Tamaron zoom lens. Asking 175 OBO. Dell all-in-one Printer Asking \$50 OBO. Brand New Magic Bullet in original packaging, Asking \$25 OBO. BISSELL Flip it, like new, Asking \$50.00 OBO. Rossignol, Bandit X, 177's (69") Skis. Included Salomon Ski Boots size 11.5 and carrying bag. Great Condition, freshly tuned. Will be sold as a set. Only used for one season. Asking \$550 OBO. For more information please call Aimee or Chris 624-1407, please leave message.

Sailboat & trailer. 12' x 4' Hobie cat. \$ 750 Call 3486298809

(5) 20in wheels and tires (Zinik Z9 Sabini black w/ chrome lip) Dimensions are Offset 15mm, Bolt Pattern 6-139 tire size is 265/50/20,

\$2,000 OBO, it will fit any 6 lug truck. Call Mac at 3394194857 or 0957275032

MISC.

AA meetings will be held Monday, Wednesday and Friday, each week, at 7 p.m. in the NAS II Chapel. For further information call the AA hot line at 346-693-6935.

PETS

Small white poodle mix found wandering the streets near Enna exit on the way to NAS 1 on June 2nd. 10 lbs, ridiculously cute, and in need of a lot of TLC and a loving home. I am fostering her until I find a family, because I can't house two dogs. Please email me if you are interesting or give me a ring. Shannon.astrum@gmail.com or 346 687 2091.

I am a cute white hair, male cat with a very friendly personality looking for a good home. My name is Alex. Unfortunately my current owner has an allergic reaction to me and I need to change

homes. I'm only two 1/2 years old. I am current on all my shots, I am neutered and I have been chipped! J Did I mentioned I love to play with a laser pointers?! I can also type 60 words a minute!!! Please call 333-760-2418 for more information

JOBS

The U.S. Naval Hospital, Sigonella, is looking to contract out the following healthcare contracts: three (3) full-time Certified Medical Assistants and two (2) full-time or part-time Registered Nurses. Sources must possess U.S. citizenship and be eligible to work overseas. The minimum requirements are specified in the solicitation packages. If you are interested please contact Ms. Agostina Randazzo at 095-563792 or DSN 624-3792.

Babysitter needed at my home in Valverde (5 minutes from the mall I Portali). Mother tongue English required. If interested call Leda at 347-952-1534.

Marchi

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@nassig.sicily.navy.mil.

Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian National/ American base employees. Ads must be 40 words or less and typed in regular upper case, lower case format.

The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals.

AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in The Signature they can call Stampa Generale @ 081-568-7884.

Centro
traslochi

Joes

Monika

We are looking for two English or either American mother tongue baby-sitters to work in San Nicolo' (Acitrezza hill) living area. If you or someone you know can apply for this job please contact any of these phone numbers: Connie: 095/7655710 (348/8130748)
Leda : 095/7210556 (347/9521534)

The Sigonella Commissary has two part time Store Worker (20 hpw) WG-04 vacancies available. Apply through www.cpol.army.mil select Employment, click on Search for Jobs, click on Country of interest, click on Get result for a list of vacancies. For further info please contact Cristina at DSN 624-4107

Embry-Riddle Aeronautical University is seeking candidates for the Assistant Director of Academic Support position at Sigonella. The position is full time and offers a variety of benefits to include education.

The person selected will start the first week in July.

Please send resume with cover letter to: stephanie.miller@erau.edu

Pet sitter needed for 1 year old energetic but sweet Shepard/Collie mix female dog. She is well trained, good with other dogs and older children. Prefer your home or fenced property June 20th to July 1st, also July 10th to August 22nd with some breaks when one of the owners is back in town. Please call Addie Roark 624-1497, home or 340-065-5340, cell for more information.

M o n d o Vento del-
Animale l'est

La Vecchia Volcano
Cascina

Medusa Volcano

Class

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