

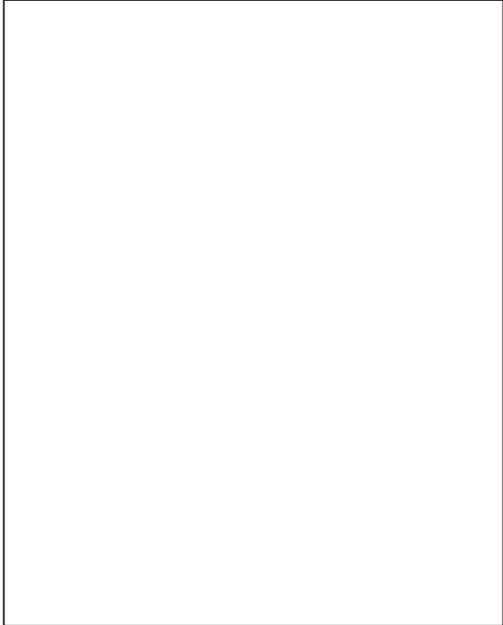
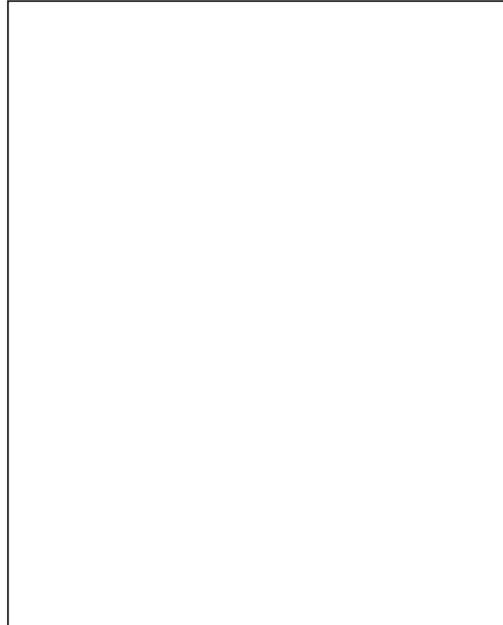


Sigonella egg hunters come out for the Eggstravaganza

Article and photos by
Tracie Barnhouse
The Signature Editor

Things were hopping on Saturday, April 11 at Naval Air Station (NAS) Sigonella's Midtown Complex. Hundreds of children and parents came out to participate in Morale, Welfare and Recreation's (MWR) Child and Youth Programs (CYP) Eggstravaganza event, which included egg hunts, arts and crafts, inflatable bouncers and more.

Due to unstable weather conditions around Sigonella, the egg hunt was moved from the Land Annex field to Midtown, but the fun was still alive as kids ages under 1, 1-2, 3-5, 6-8 and 9-12 participated in age specific egg hunts around Midtown. The smallest kids crawled to their colorful eggs, whereas with the older kids, it was an all out sprint to get the most eggs. According to Nicole Knight, Child Development Center Director, CYP staff and volunteers stuffed over 4,000 eggs the week prior to the event. She said that planning for the event started in January and culminated in the free eggstravaganza on Saturday. "The event is a fun tradition for the Sigonella community," said



x looks up at his mom, x, with bewilderment at what he's supposed to do to get the eggs at the Eggstravaganza.

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x spends some time at the arts & crafts table at the Eggstravaganza event on April 11.

Marines deliver educational books to Nagad, Damerjog

Article and photos by
MC3 Jonathan Idle,
The Signature Staff
CAMP LEMONIER, Djibouti -

Marines from the 9th Provisional Security Force (9th PSF), a reserve unit stationed in St. Paul, Minn., delivered educational books and bookcases Mar. 26 to the villages of Damerjog and Nagad, Djibouti.

The deliveries to the two villages marked the end of a week-long community relations (COMREL) mission to raise the educational capabilities of local Djiboutian schools and help end the book famine in Africa.

Over the last week, the 9th PSF delivered more than 6,000 books and over 50 bookcases to five local villages.

"This is a gigantic addition to the libraries these schools used to have," said Marine Chief Warrant Officer Jay Testa, the organizer for the COMRELS. "Many of them were working with old dilapidated books, and we were able to provide very up-to-date textbooks in mass quantity."

Testa believes the project was very successful in developing, and continuing to build, relationships with the local villages.

"The entire evolution, from start to finish, is not what I would call smooth, but I would call it very successful," Testa said. "We've been able to do a pretty good thing here. Although we had some hurdles along the way, the end-state was well worth

DJIBOUTI, continued on page 12



(Left) Local Djiboutian students read newly delivered educational books that were delivered by the Marine 9th Provisional Security Force (9th PSF), stationed in St. Paul, Minn., Mar. 26 in Nagad, Djibouti. The 9th PSF delivered 650 educational books and seven new bookcases to the school. Nagad is one of five villages across Djibouti that will receive shipments of educational books that were sent here by the Books for Africa program in St. Paul, Minn. Camp Lemonier, located in the Horn of Africa, is the only U.S. military infrastructure located in Africa.

WEATHER UPDATE

April 17
H:73F
L:52F



April 18
H:69F
L:55F



April 19
H:72F
L:53F



April 20
H:71F
L:49F



April 21
H:64F
L:54F



April 22
H:65F
L:56F



April 23
H:70F
L:55F



TOP STORIES

It's that time of year again: The rain has gone and the long days of sun are here. With this gorgeous, warm weather many of us will start to venture outside to bask in the warmth of the sun and enjoy weekend getaways around the beautiful island of Sicily.

Page 2

The U.S. military's rescue of a kidnapped American ship captain yesterday was "textbook," but the issue of piracy is likely to worsen in the absence of a systemic solution, Defense Secretary Robert M. Gates said April 13.

Page 3

Each April, the Department of Defense and other organizations across the nation observe Sexual Assault Awareness Month. This annual event provides the opportunity to highlight the efforts that the DOD and Military Services are taking to combat the crime and promote prevention.

Page 5

Unless you have a food allergy, there is no excuse to miss out on attending the annual Ricotta Cheese festival, an exciting food festival running this weekend in Buscemi, a beautiful village located in the Siracusa province.

Page 6

Want to learn how to cook authentic Sicilian food? Every month, the Fleet & Family Support Center holds a class at a local restaurant to teach interested chefs the secrets inside a Sicilian kitchen. This month, participants learned how to make a shrimp salad and shrimp kababs.

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TRAFFIC NUMBERS

Jan. 09- Jan. 08-
Apr. 09 Apr. 08

Accidents	74	84
Injuries	8	12
DUIs	0	5
Traffic Deaths	0	2

PLEASE,
DON'T BECOME
A STATISTIC!

DIRECT LINE NASSIG COMMANDING OFFICER, CAPT. THOMAS J. QUINN

In the Navy, change is a way of life and is always good for a naval career. It gives you the opportunity to learn new things and gain different experiences. As spring rolls into full swing, it is nearly time for some of you to change jobs and move on. We are quickly approaching the summer PCS period that indicates the major turnover time here at NAS Sigonella. With each PCS move, there are numerous things you and your family can do to make it go smoothly.

Base Education and Training strongly recommends all members at or within four to six months of their PRD or EAOS sign up for their Arriverderci class. This class is mandatory for all service members leaving the island and is only a half-a-day out of the office; orders are not required to attend class. It is held several times a month and provides you with a wealth of insights on what to do next. Topics that are covered during this class include selling your car, checking out of housing, arranging household goods, shipment of pets, and more. It is also great if your spouse can attend with you. Call 624-9407 to sign up.

With school ending on June 12, the kids will be ready to get back to the states or to your next duty station. With

that, they may have some additional stresses on them about leaving their friends. If you have a child who is asking questions about the upcoming move or you feel he or she needs someone to talk with, please contact the Chaplain's Office at 624-3804 or the counselors at Fleet Family Support Center at 624-4291.

For those parents who are not PCSing don't forget to register your children for next year's term. Registration for ALL children who will be attending Sigonella Elementary, Middle, or High School will be held today from 0800-1100 a.m. and 1 - 3 p.m., as well as tomorrow, April 18, from 0900-1200. The Middle/High School and Elementary School registrars, DoDDS' Transportation Department, Sure Start, and the Elementary School nurse will have stations set up to assist in registering your students for the next school year. For any questions or concerns call the School Registrar at DSN 624-3002.

For those who are PCSing, one of the most important things for you to do is to contact Personal Property Shipping Office to arrange your shipment of household goods. Domenico Messina and his staff are eager to help

you get things ready for a smooth transition back to the states or to your next station and can be reached at 624-4123. Sailors can prepare for shortfalls and unforeseen changes in their move plans by being informed, planning ahead, remaining flexible and using the SMART WebMove on-line moving tool. You can access SMART WebMove at www.smartwebmove.navsup.navy.mil.



Proper planning can prevent any bad PCS move...start now and make the smooth transition back home.

Health WATCH

Skin and sun

Article by Paola Klein
Health Promotion

Naval Hospital Sigonella

It's that time of year again: The rain has gone and the long days of sun are here.

With this gorgeous, warm weather many of us will start to venture outside to bask in the warmth of the sun and enjoy weekend getaways around the beautiful island of Sicily.

As you enjoy this time of year don't forget to protect yourself. Protect yourself from what you ask?

Though the temperature has not reached scorching highs and the clouds are still lingering, your skin still needs protection. Often times we overlook using sun block during the winter and spring time seasons, however, we must remember that we are still being hit by the sun's dangerous UV rays.

Most people know that using sunscreen is essential to protection from the sun but do you know how to

properly use it? Here are some helpful tips:

*Naval sunscreen everyday if you will be outside for more than 20 minutes.

*Apply sunscreen 15 to 30 minutes before going outdoors, and reapply every 2 hours or after swimming or sweating.

*Don't be shy when you apply! Use one ounce per application.

*When choosing sunscreen look for one with SPF 15 or greater.

*Throw out old bottles of sunscreen which can lose strength throughout the years.

*Don't forget to apply sunscreen to your ears and the top of your feet.

Love the skin your in. Start incorporating proper wear of sunscreen today and make it a habit for life! For more information on skin and summer safety contact Health Promotion at 624-4710.

NASSIG WORSHIP SERVICES

Chapel Office: 095-86-3975

ROMAN CATHOLIC		PROTESTANT	
Sunday		Sunday	
0830	Catholic Mass (NAS I Chapel)	0900	General Protestant (Mineo Community Center)
1200	Catholic Mass (Mineo Community Center)	1000	Traditional Protestant (NAS I Chapel)
1600	Catholic Mass (NAS II Chapel)	1130	Contemporary Protestant (NAS I Chapel)
Monday - Wednesday, Friday		Wednesday (NAS I Chapel)	
1130	Catholic Mass (NAS II Chapel)	1700	Protestant Fellowship Dinner
		1800	Bible Studies for All Ages

CHURCH OF CHRIST LAY SERVICE

Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Please email ldssig@gmail.com or call 624-1314 or 349-1977-116

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745



A fresh new perspective!

Article by
Chaplain Hank Wilson

My in-laws are in town! Some of you may be thinking: "that poor guy," or even "man I hate when my in-laws come to visit." Well, this is not the case for me. Don't be concerned for me because I am glad that my in-laws are here. No, I am not just saying that because this is in print, and no I am not being nice to gain their favor in any way. I really do love it when people, friends or family, direct or extended, come to visit. "Why?" You might ask. Well, it is simply because I get a fresh new perspective on life. When people come to visit it is great to once again take them around the island or Europe. As we travel around I always hear things like: "Hey, look at that," or "Wow, that is pretty." As I travel with my in-laws I am reminded once again of the beauty of Sicily. I receive a break

in my stagnant life.

Often we get stuck in a rut. We live life as if it is a duty we must fulfill, without even looking at the greatness around us. We travel the same roads without turning our heads to the left or to the right. Things become boring and even burdensome to us. We look at life as nothing more than another task. We become consumed by the negativity that stagnation brings to our life. Our life goes from an exciting, challenging and wonderful world, to a burden to be trudged through. Our kids become a chore. Our job becomes a yoke around our neck. People become a nuisance or hindrance. And family, well they

PERSPECTIVE, continued
on page 12

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EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan; Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

NAVY News

Navy's rescue mission 'textbook,' but piracy still looms, Gates says

Article by Jim Gilmore, American Forces Press Service QUANTICO, Va., (NNS) -- The U.S. military's rescue of a kidnapped American ship captain yesterday was "textbook," but the issue of piracy is likely to worsen in the absence of a systemic solution, Defense Secretary Robert M. Gates said April 13.

Off the Somali coast yesterday, U.S. special operations snipers on the USS Bainbridge shot and killed three pirates who had held hostage the captain of the Maersk-Alabama cargo ship on a lifeboat for five days. Military officials said Capt. Richard Phillips' life was in imminent danger at the time of his rescue.

"It was textbook," Gates said of the operation. "They were patient. They got the right people and the right equipment in place, and then did what they do."

Gates, speaking at the Marine Corps War College here, said two groups of military operators were involved in the rescue -- one based in the region and one based in the United States -- with each requiring separate authority from President Barack Obama. "And the approval was given virtually immediately in

both cases," Gates said.

Despite the operational precision of the rescue, however, the question of how to deal with the broader issue of piracy still looms large, with 111 incidents reported last year on the east coast of Somalia and the Gulf of Aden, according to the International Chamber of Commerce.

"Is there a way to deal with this in a systemic way that reduces the risk and brings the international community together in a productive way to deal with the problem?" Gates said. "I think we're going to end up spending a fair amount of time on this in the administration, seeing if there is a way to try and mitigate this problem of piracy."

Gates said the historical case of Southeast Asia's solution to its piracy problem does not generally apply to the current Somali-based issue. In Indonesia, Malaysia, Thailand and other countries, for instance, central governments played a role in stemming piracy, he said.

"[They] acquired some capabilities -- and we helped them in some of those capabilities in terms of surveillance and patrolling -- and because each of those countries has a func-

tioning government, the piracy problem in Southeast Asia has been dramatically reduced," he said.

"The problem is easier to deal with when the surrounding land -- as in the case of Southeast Asia and the Straits of Malacca -- is controlled by real governments that have real capabilities, which is not the case in Somalia," he explained. "So it is a serious international problem, and it's probably going to get worse."

Gates, emphasizing the limitations of a purely military approach, said some have suggested bypassing the central government of Somalia and instead establishing relationships with officials of functioning local governments there.

"There is no purely military solution to it," he said. "And as long as you've got this incredible number of poor people and the risks are relatively small, there's really no way in my view to control it unless you get something on land that begins to change the equation for these kids."

Gates noted the four pirates involved in kidnapping the Maersk-Alabama captain were 17 to 19 years old, and he cited the dangerous combination of untrained youth and arms.

"Untrained teenagers with heavy weapons," he told the group of 30 students and faculty members at the Marine Corps War College. "Everybody in the room knows the consequences of that."

Gates underscored that the piracy issue will likely be an important

agenda item in coming weeks.

"All I can tell you is I am confident we will be spending a lot of time in the situation room over the next few weeks trying to figure out what in the world to do about this problem," he said.



Official U.S. Navy Photo
SOMALI BASIN (April 12, 2009) -- Maersk-Alabama Capt. Richard Phillips, right, stands alongside Cmdr. Frank Castellano, commanding officer of USS Bainbridge (DDG96) after being rescued by U.S. Naval Forces off the coast of Somalia. Phillips was held hostage for four days by pirates.

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by MC3 Jonathan Idle
Aviation Machinist's Mate 1st Class Luis Medina slips an O-ring onto the dome of a propeller from a P-3C Orion at Naval Air Station Sigonella. NAS Sigonella provides logistical support for commander, 6th Fleet and NATO forces in the Mediterranean area.



U.S. Navy photo by MC3 Jonathan Idle
Aviation Machinist's Mate 2nd Class Joseph Arpin, from Beaumont, Texas, performs measurements on the jet engine of P-3C Orion Apr. 9 at Naval Air Station (NAS) Sigonella.

Torva Monika Volcano
to

				FRIDAY 17 APRIL FFSC Volunteer Open House FFSC 3 p.m. - 4 p.m. x4291 SAVI Walk FFSC 4 p.m. x4291	SATURDAY 18 NMCRS Nearly New Shop Open 10 a.m. - 1 p.m. x4212 SAWS Adopt-A-Thon Commissary 10 a.m. - 2 p.m.	SUNDAY 19
				MONDAY 20 Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	TUESDAY 21 Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710 Credit/Debt Management FFSC 11 a.m. - 12:30 p.m. x4291	WEDNESDAY 22 Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Motta Castle Tour FFSC 10 a.m. - 12 p.m. x4291 Men's Group FFSC 1:30 p.m. - 3 p.m. x4291
MONDAY 27 Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Stress Management FFSC 9 a.m. - 11 a.m. x4291	TUESDAY 28 Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710	WEDNESDAY 29 Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Survive & Thrive FFSC 8 a.m. - 3 p.m. x4291 Men's Group FFSC 1:30 p.m. - 3 p.m. x4291	THURSDAY 30 Cooking Class FFSC 9:30 a.m. - 3 p.m. x4291 Conflict Resolution FFSC 1 p.m. - 2:30 p.m. x4291	FRIDAY 1 MAY Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	SATURDAY 2	SUNDAY 3

Motta

Days Inn

Alphio

Magnolia

Did you know that . . .

The Budget for Baby program is an informative class and at its conclusion parents are presented with a Volunteer- assembled layette? The layette includes terry sleepers, handmade blankets, sheets, towels, and more. In 2008 there were 6,230 families that participated in the Budget for Baby program.

Let the Society help you welcome the newest member of your family. Get a spending plan review which helps you understand the sometimes hidden costs associated with a growing family and receive a layette for your new baby.

NMCRS: Your First Resource!
www.nmcrs.org



Fleet and Family Support Center
 Administration Building 319
 NAS I
 Monday-Friday 0730-1630
 DSN 624-4291
 Commercial 095-56-4291

Sexual Assault Awareness Month

Article edited from US DOD
 Sexual Assault Prevention
 and Response at
www.sapr.mil

Sexual Assault is a crime.
 Each April, the Department of Defense and other organizations across the nation observe Sexual Assault Awareness Month. This annual event provides the opportunity to highlight the efforts that the DOD and Military Services are taking to combat the crime and promote prevention. This year's theme is Our Strength is for Defending. The theme was chosen as a reminder that national defense is not our only mission... we are also to defend fellow shipmates, families, and friends. Lack of action puts our friends, families and co-workers in jeopardy. When you see someone who looks like they could use assistance, ask them if they need help. When they ask for help, be sure to step in and assist. If someone doesn't recognize trouble, do something to intervene and prevent the situation from becoming worse. Within the last few years, the DOD and military services have created new policies to address sexual assault prevention. There are several goals in this new approach. First, sexual assault and the attitudes that promote it will

not be tolerated. Victims of sexual assault will receive the care and support they need and offenders will be held accountable for their actions.
A crucial part of sexual assault prevention is the bystander's role.
 A sexual assault has consequences for the victim, their Command, and family/friends long after the incident. In some cases, sexual assault can be avoided when people take responsibility for each other and get involved when a fellow human being is at risk. A bystander who does nothing doesn't defend the values of safety, trust, and honor that are central to our community. Researchers conducted an experiment in which a student pretended to have a seizure. The experimenters recorded how often others stopped to help. When only one bystander was watching the scene, the student was helped 85% of the time. However, if there were five bystanders, the student was only helped 31% of the time. Does this make sense? Shouldn't having more people present increase the chances that some-

one will get help? Amazingly, this is not the case. We all take cues from those around us about how to act in different situations. In emergency situations, many things prohibit bystanders from intervening. If no one else is acting, it is hard to go against the crowd. People may feel that they are risking embarrassment. (What if I'm wrong and they don't need help?) They may think there is someone else in the group who is more qualified to help. They may think that the situation does not call for help since no one else is doing anything. With each person taking cues from people around them, a common result is that no one does anything to help.
What can we do about this problem?
 As members of the military community we all have a responsibility to help each other. Avoid being a bystander! Intervene regardless of what others are doing and don't be worried about being wrong; it is better to be wrong than to have done nothing at all. "Sexual assault can be prevented by individuals, both male and female, who stay aware of poten-

ASSAULT, continued on page 12

Strike

Brasil

Pentagon

Cold Noses

WARM
 HEARTS



A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Signonella's Stray Animal Facility (SAWS) has many cats and dogs looking for a warm home and someone to love. Each week,

The Signature will feature animals in need of adoption.

For more information, contact the Stray Animal Facility at 624-3936 or a SAWS representative at 345-502-2266.



PETUNIA (left) is one of our newest dogs. She is a large, mellow and playful girl. She enjoys getting out for some fresh air and is looking for a home to call her own.



SCIPIO (right) is another one of our newest dogs. He is energetic and loves to jump around. He is also quiet and cooperative and would be a great addition to a family looking for a smaller dog.

The next SAWS (Signonella Animal Welfare Society) adopt-a-thon is on Saturday, April 18 from 10 a.m. until 2 p.m. in front of the commissary.

SEXUAL ASSAULT /
 VICTIMS INTERVENTION

*SAVI offers a Sexual Assault
 Hotline*

*staffed with trained advocates
 who man the SAVI Hotlines 24/7.
 The number is 335-642-8312 or
 335-606-6146.*

Alberto Lunetta
 The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle

Ricotta Cheese Festival in Buscemi this weekend

Unless you have a food allergy, there is no excuse to miss out on attending this annual exciting food festival running this weekend in Buscemi, a beautiful village located in the Siracusa province.

The town sits atop a hill overlooking the Anapo River. Its origins date back to the Bronze Age. According to historic sources, the ancient town's name was "Qal'at Abi Samah," but it was later changed to Buxema or Buscema. A devastating earthquake that occurred in 1693 destroyed the town, just like the rest of Southeast Sicily. A few years later, Buscemi residents rebuilt a magnificent town in Baroque style.

Tomorrow evening (April 18), the first day of the sagra (festival) will kick off around 8 p.m. in piazza Roma with the traditional Mescita (the preparation of ricotta). Local cheese makers will tempt festival goers' taste buds by demonstrating how they still make ricotta in the old way.

In the evening, a live music concert will be performed in the historic center.

On Sunday, Apr. 19, festival booths will be open at 9 a.m. This celebration will offer a fun

day for the entire family including Sicilian cart parades, flag waver shows, street artists, entertainment for children, cheerleader performances, music and ricotta making demonstrations and tasting.

Sicilian folklore group "Ciauda" will perform in piazza Roma at 9 p.m.

Ricotta was already popular among ancient Romans who prepared it for gala dinners. The Latin word

ricotta (Recocta) means cooked twice. Ancient Romans used to serve it to important guests and offered as a sacrifice at religious ceremonies. Ricotta, which is much closer to a dairy product than cheese for its pure

white color and granular consistency, became very popular in the Middle Ages, especially at the court of Sicilian king Frederick II.

Sicilian novelist Bartolomeo Sacchi described the secrets of this ancient "cheese making art" in the 15th century: "When the cheese is taken from the caldron, the whey is heated so that any remaining fat will float to the surface. The country people call it ricotta because it is cooked twice to extract the cheese from the buttermilk. Ricotta is extremely white and has a rather pleasant flavor."

In Sicily, Ricotta is made from sheep or cow whey that is leftover from making mozzarella and cheese. The whey is first poured into a copper pot, named "Quarara" and heated over a gas burner and stirred continuously using the traditional "Zubbu" wooden spoon. Ricotta forms when proteins from the whey separate, rise and coagulate.

Ricotta is eaten fresh or used in baking and in fillings for lasagna, ravioli, and other pasta dishes. When it is mixed with sugar, candied fruits, and chocolate drops it becomes a mouthwatering filling for cassata, cannoli and other pastries such as raviola etc.

Ricotta salata (salted and pressed fresh ricotta) is typically shredded over pasta and other dishes such as pasta alla Norma, the famous Catania specialty, which is dressed with eggplant and tomato sauce.

Before you leave the festival, don't forget to visit the breathtaking town's Baroque churches.

Buscemi is about one hour and a half from Siracusa. Exit Siracusa Sud on State Road 194 and follow the signs to Canicattini Bagni, proceed to Palazzolo Acreide and then Buscemi.

For more information and detailed festival schedules call Buscemi Tourist Office at 0931-878911.



Photo by Giopuo

The annual Buscemi Ricotta Cheese Festival promises family fun for the whole weekend. Sample tasty ricotta, watch flag wavers and street artists shows, listen to some good Sicilian folk music and enjoy this picturesque Sicilian town located in the Siracusa. That's what this exciting festival, kicking off tomorrow night, is all about!

Cittadinanza Attiva visits Sigonella



A Catania citizen action group called "Cittadinanza Attiva" (Tribunale per i Diritti del Malato) recently received a comprehensive tour of the NASSIG and 41st Stormo facilities. Visitors had a chance to visit the VP-4 Squadron. Cittadinanza Attiva is a patient safety awareness nonprofit organization

advocating better health-care, life improvement, public policy and rights of consumers.

The group, which toured both the Italian and American sides, was offered a static display of the P3 aircraft.

"Participants showed a genuine interest in what the U.S. Navy does in Sicily.

They all have been enthusiastic about the experience," Catania Cittadinanza Attiva leader Dr. Luigi Anile said.

"I think it was very fun to show our Sicilian guests what we do around here. This contributes to enhance the friendship relationship between the Italian and the Americans," Lt. j.g. Kevin Laughary said.

Medusa

Fidapa Candle Lighting Ceremony



Photo by Orietta Scardino

Lt. Emily R. Bukauskas lights a candle symbolizing North America during the annual "Candle Lighting Ceremony" recently hosted by the Catania FIDAPA, an international organization advocating gender

equality and upholding women's rights by empowering them politically, socially and economically. LT Bukauskas represented the Navy at the ceremony which was attended by FIDAPA and Catania civilian and

military authorities. FIDAPA and the Navy enjoy a strong friendship, sharing a common interest in supporting equal opportunities for women and community relations between Italy and the US.

Deadly earthquake hits central Italy



L'Aquila - Italy is still grieving and in shock after last week's devastating 6.3-magnitude quake which shook several medieval towns of the Abruzzo region in central Italy, killing about 300 people, including sixteen children and leaving tens of thousands homeless. Some towns were completely destroyed. The Italian Government declared a state of emergency and allocated over \$130 million for emergency aid. The earthquake, which struck around 3:32 a.m. on Monday, April 6, was felt as far away as Rome. Rescue workers coming from all over Italy worked restlessly around the clock to find

bodies and survivors, thousands of tents were set up for the homeless. Aftershocks continued to rattle those ancient mountainous towns for a week.

President Barack Obama spoke with Italian Prime Minister Silvio Berlusconi to give his condolences to the victims of the earthquake and offer material help. Premier Berlusconi suggested that the United States and other countries would provide financial assistance to restore historic churches and other monuments damaged by the terrible earthquake. A mass state funeral for the victims was held last Friday in L'Aquila.



Do you have a passion for writing or looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Gegomotor

Loreen McKennitt to perform at Taormina Arte Festival this summer

Canadian musician Loreena McKennitt's concert is one of the highlights of the annual Taormina Arte Festival which will held this summer at the breathtaking Taormina Greek Theatre. "This will be the only concert the world-renowned Celtic music artist will play in Italy during 2009, and her fans from all over the world are rushing to get tickets which are on sale now and selling fast," festival organizers said.

McKennitt, whose music blends world, folk, Celtic and Mediterranean



sounds, will perform on Wednesday, June 24 at 9:30 p.m. Tickets cost €44 and €28. For more information and tickets contact Box Office (095-7225340 /www.ctbox.it) or Ticket One (892-101 / www.ticketone.it.).

Kartodromo

NEW Arrivals

Francesca and Franklin Morse Girl
March 28, 2009
Weight: 5 lbs 8.3 oz
Length: 18.1 in

Lindsay and Zachariah Stachurski Boy
April 8, 2009
Weight: 8 lbs 14.9 oz
Length: 21 in



Cin! Cin!

CELEBRATING THE FOOD & WINE OF SICILY Shrimp salad and shrimp kababs make for a great Sicilian meal

Photos by MC2 Jason Poplin
Navy Public Affairs Support
Element-East Detachment
Sigonella

Shrimp Salad

Ingredients:
shrimp
mayonnaise
paprika
ketchup
salad greens
Method:

1. Boil a package of shrimp in a large pot for 1.5 min.



2. After boiling for 1.5 minutes, the shrimp should float to the top of the water. This is how you know it's time to remove them from the heat.



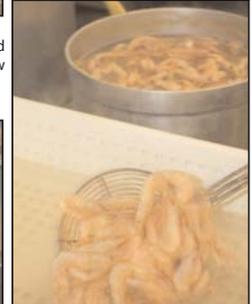
3. Drain the shrimp in a colander.



4. After draining, immediately put the cooked shrimp in a bowl that's filled with ice to stop the cooking process.



5. After letting the shrimp cool, remove from the ice bath.



7. Begin peeling the outer layer of the shell.



8. Take a big scoop of mayonnaise and place it into a bowl.



9. Squeeze a bit of ketchup into the bowl with the mayonnaise.



10. Add a dash of paprika. Taste to make sure it's spicy enough for your liking.



11. Mix it all together.



12. Take a bed of salad greens and place them on a plate.



13. On top of the salad greens, place some of the cooked and deshelled shrimp.



14. Top the shrimp with some of the mayonnaise/ketchup dressing.



15. Buon appetito!

6. Move the prepared shrimp to the assembly table, where you'll have the mayo, ketchup and salad greens.



Gelso Bianco

Oxidiana

Protestant Women of the Chapel



ALL WOMEN WELCOME!
Women's Ministries
Tuesdays: 9:15 a.m. NAS I
Chapel, 7 p.m. Mineo & Marinal
Community Centers
For more info
www.pwocsig.com

Shrimp Kababs

Ingredients:

King Prawn shrimp
olive oil
sesame seeds
cucumbers
salad greens (for garnishing)
quarter of an orange (for garnishing)
Kabab sticks

Method:

1. Begin by pouring the sesame seeds out onto a big platter. Have the shrimp nearby.



2. Peel all of the shell off of the shrimp except for the bit by its head.



3. Drizzle olive oil over the top of the peeled shrimp.



4. Make sure you coat both sides with the olive oil.



5. Dip the oiled shrimp into the sesame seeds, making sure to coat all around it.



6. Cut up some cucumber and place into a large bowl.



13. Lay some salad greens onto a plate and top with the cucumber and shrimp kababs. Garnish with a quarter of an orange.



8. Push two pieces of shrimp through the kabab stick.



9. Sprinkle with any leftover sesame seeds.



10. Grease a baking dish.



11. Lay the cucumber and shrimp kababs on top of the greased sheet and sprinkle with salt.



12. Bake in a 350 degree oven for 40 minutes.



Don't miss April's cooking class, where we will head to a local restaurant to learn the skills and techniques used in a traditional Sicilian kitchen. To sign up for this class, stop by the Fleet & Family Support Center or give them a call at 624-4291.

NEWS BRIEFS

Immediate Job Openings

U.S. Naval Hospital Sigonella is seeking applicants for three full-time and part-time Nurses.

Nurse Clinical (Emergency Room Nurse) Nurse Consultant (Patient Safety Manager) Nurse Clinical (Multi-Service Ward Nurse)
For inquires concerning job applications, call the Human Resources Office at (095) 56-4165/ or DSN 624-4165 or visit: www.sicily.navy.mil and click local job vacancies.

FISC Sigonella is soliciting for one full-time DENTAL ASSISTANT personalized service contract for the Dental Department at the Naval Hospital, Sigonella. Closing date is 13 March 2009. Source must be eligible for US employment. Solicitation packages will be available at the FISC Department, NAS II. Point of contact are Mr. Guiffreda, at 095-865725 (DSN 624-5725) or Ms. Randazzo, at 095-563792 (DSN 624-3792).

Director - NMCRS Sigonella

Navy-Marine Corps Relief Society (NMCRS) has an opening for a part-time (30 hrs/wk) experienced Director to manage operations at our office in Sigonella, Italy. Applicants must have all the following attributes to be considered: (1) Be a command-sponsored spouse of an active duty service member or be the spouse of a member of the U.S. civilian personnel component; (2) Be a U.S. citizen. Candidates must also possess the following: A minimum of an earned AA degree (or two years completed college level coursework) from an accredited college or university recognized by the U.S. Dept of Education; Experience in recruiting, retaining, motivating, and working with Volunteer staff in an organization similar to NMCRS; Experience in public speaking or as a training facilitator; Two or more years supervisory experience; and Superior leadership, interpersonal and communication skills. In-depth knowledge of military command structure, pay and allowance systems, and experience providing financial management/counseling to others are highly desirable. Prior association with NMCRS as an employee or volunteer, will be significant factor in evaluating a candidate's qualifications for this position.

Starting annual salary for this position is low - \$40K plus benefits (negotiable based on experience and other factors). Interested parties may call NMCRS Sigonella at 624-4212 DSN or 011-39-095-56-4212 International. You may also request an application via email at hr@nmcrs.org. Please mail or fax completed and signed applications and copy of sojourn permit by COB Friday, April 24, 2009 to:

NMCRS Headquarters
Attn: Human Resources
875 N. Randolph St., Ste 225
Arlington, VA 22203
Fax (703) 696-0144

Although we acknowledge receipt of all applications, only those selected for interviews will receive further notification. Visit NMCRS on the web at www.nmcrs.org. E.O.E.



Palermo

Tamoil

Mondo
Animale

Go Green Sigonella!

Five great energy saving tips

Tips provided by stopglobal-warming.org

LIGHTBULBS MATTER
Switch from traditional incandescent lightbulbs to compact fluorescent lightbulbs (C.F.L.). If every American household replaced one regular lightbulb with a C.F.L., the pollution reduction would be equivalent to removing one million cars from the road. A 30-watt C.F.L. produces about as much light as an ordinary 100-watt bulb. Although the initial price is higher, C.F.L.'s can last 12 times as long. C.F.L.'s are available at most home-improvement stores and at bulbs.com.

DITCH PLASTIC BAGS RINSE NO MORE

Californians Against Waste (cawrecycles.org), a nonprofit environmental advocacy group, estimates that Americans use 84 billion plastic bags annually, a considerable contribution to the 500 billion to one trillion used worldwide. Made from polyethylene, plastic bags are not biodegradable and are making their way into our oceans and waterways. According to recent studies, the oceans are full of tiny fragments of plastic that are beginning to work their way up the food chain. Invest in stronger, re-usable bags, and avoid plastic bags whenever possible.

According to Consumer Reports,

pre-rinsing dishes does not necessarily improve a dishwasher's ability to clean them. By skipping the wash before the wash, you can save up to 20 gallons of water per dishload. At one load a day, that's 7,300 gallons over the course of the year. Not to mention that you're saving time, dishwashing soap, and the energy used to heat the additional water.

FORGET PRE-HEATING

Ignore cookbooks! It is usually unnecessary to pre-heat your oven before cooking, except when baking bread or pastries. Just turn on the oven at the same time you put the dish in. During cooking, rather than opening the oven door to check on your food, just look at it through the oven window. Why? Opening the oven door results in a significant loss of energy.

A GLASS ACT Recycle glass (think beer bottles, jars, juice containers) either through curbside programs or at community drop-off centers. Glass takes more than one million years to decompose; Americans generate almost 13 million tons of glass waste a year. Glass produced from recycled glass reduces related air pollution by 20 percent and related water pollution by 50 percent.

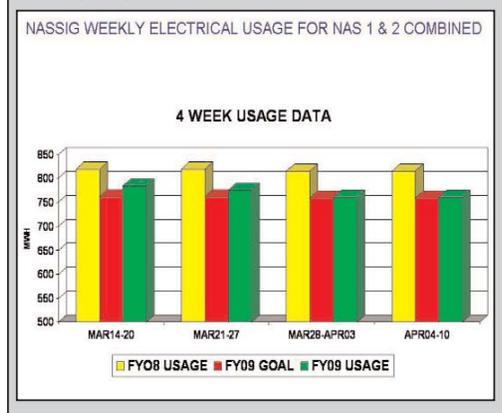
BANKING ON THE ENVIRONMENT Want to have a more energy-efficient home or office? Save green by being green. Purchase appliances and electronics with the Energy Star certification.



Ristorante Bella Etna

- 17** **Lunch:** Chicken Corn Chowder, Tempura Fish, Beef & Broccoli, Penne Ala Norma, Paprika Buttered Potatoes, Glazed Carrots, Fried Okra, Spiced Cake w/ Frosting, Crisp Drop Cookies.
Speed line: Grilled Cheese/Hamburger, Turkey Burger, Pork & Beans, French Fried Potatoes.
Dinner: Chicken Noodle Soup, Baked Fish, Tossed Green Rice, Corn Kernel, Lima Beans, Spiced Cake w/ Frosting, Crisp Drop Cookies.
Made to Order: Turkey Wrap, French Fries.
- 18** **Breakfast:** Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake.
Brunch: Breakfast Items, Creole Soup, Hot Pastrami Sandwich, Teriyaki Chicken, Beef Fried Rice, Steamed Broccoli, Calico Corn, Cherry Pie, Abracadabra Bars.
Dinner: Vegetable Soup, Baked Lasagna, Roast Veal w/ Herbs, Seasoned Asparagus, Steamed Cauliflower, Garlic Bread, Cherry Pie, and Abracadabra Bars.
- 19** **Breakfast:** Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant.
Brunch: Breakfast Items, Puree Mongole Soup, Cheddar Chicken Broccoli, Fishwich Sandwich, Onion Rings, Eggplant Ratatouille, Southwestern Rice, Club Spinach, Almond Cake, Crisp Toffee Bars.
Dinner: Chicken Vegetable Soup, Sauerbraten, Mustard Dill Baked Fish, Spring Garden Rice, Mashed Potatoes, Natural Pan Gravy, Steamed Cut Green Beans, Seasoned Carrots, Almond Cake, Crisp Toffee Bars.
- 20** **Lunch:** Creamed of Broccoli Soup, Roast Beef, Lemon Baked Catfish, Shrimp Farfalle w/ Tomato Sauce, Steamed Rice, Mixed Vegetables, Eggplant Parmesan, Yellow Cake w/ Icing, Fruit Ambrosia.
Speed line: Sub Sandwich, Pasta Primavera, Cartoccia.
Dinner: Mulligatawny Soup, Swedish Meatballs, Rice Pilaf, Brown Gravy, Peas & Onions, Corn on the Cob, Yellow Cake w/ Icing, Fruit Ambrosia.
Made to Order: Grilled Chicken Breast Sandwich, Tuna Salad on Wheat Bread, Potato Chips.
- 21** **Lunch:** Chicken Vegetable Soup, Roast Turkey, Braised Beef Cubes, Steamed Rice, Mashed Potatoes, Turkey Gravy, Penne Amatriciana, Carrots and Orange Amandine, Club Spinach, Fruit Cocktail Upside Down Cake, Oatmeal Cookies.
Speed Line: Philly Cheese Steak Sandwich, Onion Rings, Pasta Primavera.
Dinner: Zesty Bean Soup, Baked Stuffed Fish, Orange Rice, Southern Greens, Seasoned Mixed Vegetables, Fruit Cocktail Upside Down Cake, Oatmeal Cookies.
Made to Order: Turkey Wrap, French Fries.
- 22** **Lunch:** Beef Rice Soup, Blackened Catfish, Chicken Cordon Bleu, Farfalle Alfredo, Garlic Cheese Potatoes, Rice Pilaf, Eggplant Parmesan, Brussels Sprouts Polonaise, Cheese Cake, Chocolate Pudding.
Speed Line: Grilled Cheese/Hamburger, Turkey burger, Baked Beans, French Fried Potatoes.
Dinner: Cream of Chicken Soup, St. Louis BBQ Pork Ribs, Steamed Rice, Greens Beans Nicoise, Steamed Peas, Cheese Cake, Chocolate Pudding.
Made to Order: Sicilian Submarine, Grilled Cheese, Onion Rings.
- 23** **Lunch:** Corn Chowder Soup, Roast Pork, Chinese Five Spice Chicken, Mashed Potatoes, Rigatoni Alla Boscaiola, Brown Gravy, Steamed Rice, Seasoned Carrots, Asparagus, Peanut Butter Cookies, Cherry Pie.
Speed Line: Baked Potatoes, Bacon Bits, Sautéed Mushroom, Sour Cream, Shredded Cheese, Assorted Pizza.
Dinner: Minestrone Soup, Stuffed Cabbage Rolls, Ginger Rice, Mexican Corn, Steamed Broccoli, Cherry Pie, Peanut Butter Cookies.
Made to Order: Turkey Wrap, French Fries.

Electrical Consumption at NASSIG
The following graph charts the last four weeks of energy consumption on both NAS 1 and NAS 2 in comparison to the same week last year, as well as our target usage for the week.



Geico

ON THE GO WITH MWR

Touchdown in Catania

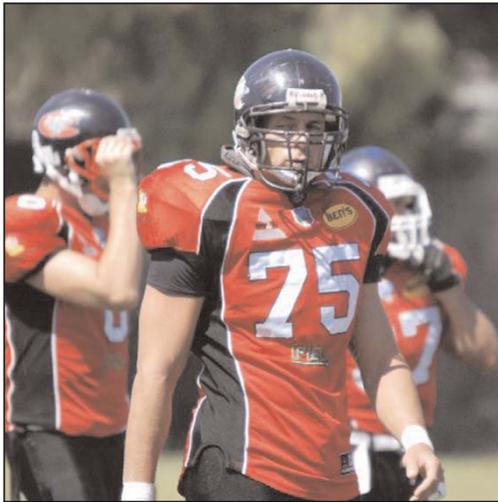
Fans of John Grisham's "Playing for Pizza" know that American football in Italy is alive and well. If you're missing football as we know it, MWR will get you to the local games.

The Catania Elephants will begin their 25th season playing home games at the Catania University Sportivo in the heart of Catania. This year's team features three American players and coaches.

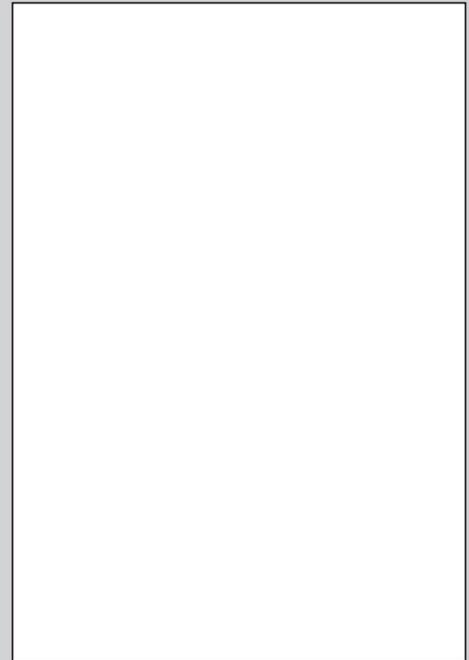
Home games will be played as follows: Saturday, April 25; Sunday, May 10; Sunday, May 31. The Championship Game will be held on Sunday, June 28. Admission to games is free.

Join MWR for the pre-game tailgate party. Bring your own coolers, cooking utensils, food, beverages, folding chairs and tables and MWR will provide the grills and charcoal.

ITT Gear-n-Go will provide game day transportation for \$5 from both bases, as well as Mineo and Maranai housing. For more information call 624-4777.



Spin your way to better health



MWR's certified fitness instructors can help you fast track your fitness goals with weekly indoor spin classes, designed for all fitness levels.

Spinning® was introduced to the fitness world in the 1980s by Jonathan Goldberg, an ultra-endurance athlete. It was later introduced as the trademarked program called Spinning by Mad Dogg Athletics, Inc.

Some of the benefits of indoor cycling are as follows:

Burning Calories – A workout can burn as much as 500 calories, with longer workouts, of up to one hour, burning at least 1,000

calories. Progress at your own pace – with a simple turn of a knob, the amount of resistance applied is up to the individual.

Work the Core – Get an upper body workout as indoor spin helps to tone and define your core.

Increase Mental Focus – Self discipline of the mind gained in indoor spin can be applied to all areas of life as spinning helps develop a positive "can do" attitude.

Stop by Fit District or Flight Line Fitness Center for a copy of the monthly indoor spin schedule.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



The Uninvited (PG-13)

Anna returns home after spending time in the hospital following the tragic death of her mother. Her recovery suffers a setback when she discovers her father has become engaged to her mother's former nurse. Anna is visited by her mother's ghost, who warns her of Rachel's intentions. Together, Anna and her sister try to convince their father that his current fiancée is not who she pretends to be, and what should have been a happy family reunion becomes a lethal battle of wills between stepdaughters and stepmother. (87 min.)

Madega Goes to Jail (PG-13)

After a high speed freeway chase puts Madega in front of the judge, her grievance is short lived as anger management issues get the best of her and land her in jail. When former drug addict Candace finds herself in jail, Madega befriends her in a motherly way. (103 min.)

Monsters vs. Aliens (PG)

When California girl Susan Murphy is unwittingly clobbered by a meteor full of outer space gunk on her wedding day, she mysteriously grows to 49 feet 11 inches tall. Alerted to the threat of this new monster, the military jumps into action and Susan is captured and secreted away to a covert government compound. There she is renamed Ginormica and placed in confinement with a ragtop group of other monsters: the brilliant but insect-headed Dr. Cockroach, The Missing Link, BOB and Insectosaurus. The President is persuaded to enlist the motley crew of monsters to combat the Alien Robot to save the world from imminent destruction. (94 min.)

Confessions of a Shopaholic (PG)

Rebecca Bloomwood is a sweet and charming New York City girl who has a tiny, little problem that is rapidly turning into a big problem: she's hopelessly addicted to shopping and drowning in a sea of debt. While Rebecca has dreams of working for a top fashion magazine, she can't quite get her foot in the door -- that is, until she snags a job as an advice columnist for a new financial magazine published by the same company. Overnight, her column becomes hugely popular, turning her into an overnight celebrity, but when her shopping and debt issues threaten to destroy her love life and derail her career, she struggles to keep it all from spiraling out of control. (105 min.)

Coraline (PG-13)

Coraline Jones is an 11 year old girl who is feisty, curious, and adventurous beyond her years. She and her parents have just relocated from Michigan to Oregon. Missing her friends and finding her parents to be distracted by their work, Coraline tries to find some excitement in her new environment. She uncovers a secret door in the house discovering a "new family" and has to muster all of her resourcefulness, determination and bravery to get back home and save her real family. (101 min.)

Friday, April 17
12:00pm Surf's Up PG FREE
1:00pm The Pink Panther 2 PG
3:00pm The Uninvited PG-13
5:00pm Push PG-13
5:30pm Coraline PG
7:00pm Fired Up PG-13
8:00pm The International R
9:00pm Forgetting Sarah Marshall R
FREE

Saturday, April 18
2:00pm The International R
2:30pm Hannah Montana The Movie G
4:00pm Fired Up PG-13
5:00pm Coraline PG
6:00pm Friday the 13th R
7:30pm Push PG-13
8:00pm Crash R FREE

Sunday, April 19
2:00pm Hannah Montana The Movie G
2:30pm Monsters vs. Aliens PG
4:30pm The Pink Panther 2 PG
5:00pm The International R
7:00pm The Uninvited PG-13

Monday, April 20
5:00pm Coraline PG
5:30pm Monsters vs. Aliens PG
7:30pm Madega Goes to Jail PG-13
8:00pm The International R

Tuesday, April 21
5:00pm Hannah Montana The Movie G
5:30pm Fired Up PG-13
7:30pm Confessions of a Shopaholic PG
8:00pm Friday the 13th R

Wednesday, April 22
3:00pm Monsters vs. Aliens PG
5:00pm The International R
5:30pm The Pink Panther 2 PG
7:30pm The Uninvited PG-13
8:00pm Not That Into You PG-13

Thursday, April 23
3:00pm Hannah Montana The Movie G
5:00pm The International R
5:30pm New In Town PG
7:30pm Taken PG-13
8:00pm The Bodyguard R
FREE - Throwback Thursday

MOVIE HOTLINE:
624-4248

Movie dates and times are subject to change.

SHOWING FRIDAY, APRIL 24

3:00pm Monsters vs. Aliens PG
5:00pm Push PG-13
5:30pm Race to Witch Mountain PG
7:00pm Fired Up PG-13
8:00pm Watchmen R
9:00pm Mr. Brooks R FREE

COMING SOON

Street Fighter: The Legend of Chun Li
The Last House on the Left

MWR names April Towel Amnesty Month

This month Sigonellans are invited to check their homes for gym towels and return them. No questions asked.

Those orange towels have become an MWR signature and are a free benefit to gym users. More than 150 towels go unreturned every month at a cost of thousands of dollars a year.

"Gym towels are a wonderful privilege for Sigonellans," says Zee Herb, fitness director. "Even high-end private fitness clubs don't always offer free towels for their clients. We encourage those who use our facilities to respect the privilege so that towels continue to be offered."

Towels can be dropped off at either MWR gym.



Stephen Kellogg and the Sixers make St. Patrick's Day memorable at Jox Pub on Tuesday, March 17.

For more information on MWR's programs and services, call 624-3968.

PERSPECTIVE, continued from page 2

become less than friends.

In the Navy we have a unique family. No matter your immediate family situation, in the U.S. Navy you have a family. Everyone that you serve with, live with, work with . . . this is your family. No, you will not like them all just as we do not like everyone in our biological family. But, they are your family nonetheless.

As you trudge through this life full of burdens I challenge you to begin to allow some of these family members to visit you. I mean let them into your life. Talk to them about the burdens you have. Talk with them about the things that challenge you. Travel with them around the island, so to speak, to get a fresh perspective. We view the world through one set of eyes, our own. Often we miss the beauty and greatness that is all around us. Talk with your family members and begin to see the world in a whole new light. Allow their perspectives and views to challenge you and bring a fresh new way of looking at life.

Yes, life can be mundane and we can often be stuck in a rut. But, it does not have to be that way. Visit with your family for a while and get a fresh new perspective on your life. Trust me, when you do this a few times you will say as I do: "Wow, I love it when my in-laws come to visit!"

DJIBOUTI, continued from page 1

the work."

Mohamad Soubane Adan, a teacher at the Nagad Schoolhouse, stated that educational material will go a long way in advancing the reading, writing and all around learning capabilities of his students.

"These books are very important for us and these students, because we did not have the books and the bookshelves needed for these students," Aban said. "So, when we got this donation from the U.S. we felt very happy. It's going to do great things for us."

The Damerjog Schoolhouse received 1,400 books and 14 bookcases, and Nagad received 650 books and seven bookcases.

The books were part of a shipment of more than 15,000 donated by the Books for Africa program, a non-profit organization from St. Paul. The remaining books will sent to the University of Djibouti and villages in more remote locations of the country.

ASSAULT, continued from page 5

tially dangerous situations and elect to intervene before a sexual assault takes place. Stopping sexual assault in the military community requires everyone's involvement. Be a leader, not a bystander!

Want to be a leader?

Learn how to recognize indications of potentially dangerous situations. Here are some examples of "red flag" behaviors related to sexual assault: Inappropriate touching or disregarding set boundaries, suggestive remarks, inappropriate intimacy, attempts to isolate someone, pressuring someone to drink, violent behaviors and targeting someone who is visibly impaired. If a situation makes us uncomfortable, we may try to dismiss it as not being a problem. We may tell ourselves that the other person will be fine, that he or she is not as intoxicated as we think, or that they are able to defend him/herself. This is not a solution! That person may need our help more than we think! When in doubt, TRUST

YOUR GUT. Instincts are there for a reason. When a situation makes us feel uncomfortable, it is generally a good indicator that something is not right. It is better to be wrong about the situation than do nothing. Many people feel reluctant to intervene in a situation because they are afraid of making a scene or feel as though a person would ask for help if it were needed. We have a responsibility to intervene. When we fail to act, we condone the bad behavior. We may be thinking: No one else is helping; it must not be a problem, Jim's really responsible and he's not intervening...why should I? Many people do not intervene in a potentially dangerous situation because they are looking to others for cues on how to act or they believe someone else will intervene. But, as a member of the military community, IT IS OUR DUTY to act. You would not abandon a fellow warrior on the battlefield. Would you not assist off the battlefield, too? You have the skills to act!

- Watch out for other members of the military community
- Come up with a plan beforehand
- Talk to your friends about how they would want you to intervene if they are in an uncomfortable situation.
- Choose the intervention strategy that is best for the situation
- Take a breath and make your move
- Get support from someone in charge, when possible

Adapted with permission from Sexual Assault Resources and Education Office, College of William and Mary

NAS Sigonella Ombudsman Program
Our Mission:
 -Primary liaison between families and the command
 -To be an advocate for families and single sailors
 -To disseminate information regarding command policies, services available, deployments, and Individual Augmentee (IA) support
 -To be the primary POC for families and single sailors and to refer them to the appropriate agency for questions, concerns, help, or intervention

Our Commitment:
 - We are committed to representing and supporting the command as well as the families and single sailors
 -We are committed to presenting accurate and up-to-date information for referrals
 -We are committed to COM-PASSIONATE and CONFIDENTIAL advocacy within the guidelines of OPNAVINST 1750.1F
 -We are committed to being available 24/7. Please keep calls between 0900-2000 unless you are experiencing an emergency.

Call us at 624-4291 or 24/7 at 335-580-1269 for more information.

Sushi



A local Djiboutian student reads newly delivered educational books that were delivered by the Marine 9th Provisional Security Force (9th PSF), stationed in St. Paul, Minn., Mar. 26 in Nagad, Djibouti. The 9th PSF delivered 650 educational books and seven new bookcases to the school. Nagad is one of five villages across Djibouti that will receive shipments of educational books that were sent here by the Books for Africa program in St. Paul, Minn. Camp Lemonnier, located in the Horn of Africa, is the only U.S. military infrastructure located in Africa. The camp supports more than 23 tenant commands and activities which support Commander, Combined Joint Task Force - Horn of Africa (CJTF-HOA), under Africa Command (AFRICOM).



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THE Signature
SIGONELLA, SICHA

Do you have a passion for writing or are you looking for a little experience in journalism? Do you ever read the stories here and think you'd like to add to our growing archive of travel articles? Does your command have something special going on that you think deserves to be in the paper? If so, The Signature is looking for you! We are seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Stampa

**EGGSTRAVAGANZA,
continued from page 1**

Knight. "It brings the community together and we are able to kick off spring. It's also a chance for Sigonellans to get to know each other and also learn more about some of the programs MWR and CYP offer."

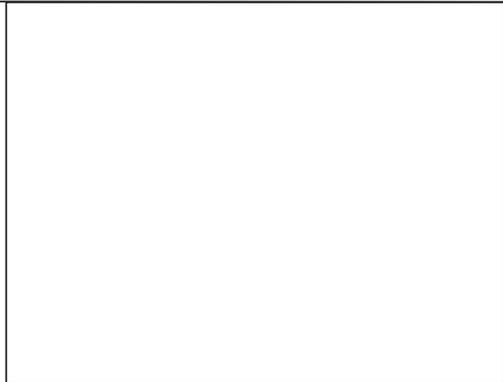
MWR estimates that hundreds of children participated in the event, and by the line that formed outside of the inflatable bouncer, it's not hard to believe. x brought her infant son, x, who participated in the egg hunt for the smallest of children. "Everything is wonderful. I've been here for three years and this is the first time they've had an infant hunt," she said. x's son x was in the 1-2-year old egg hunters group. That age group had a lot more children than expected, so MWR staff limited the number of eggs each child could 'hunt.' "He was the first one in the room and wouldn't stop collecting eggs," said x. "I made him put some of them back."

In addition to the wildly popular egg hunt, children could also participate in coloring, pictures with the bunny, a free movie and free bowling the whole day at Midtown.

For more information about upcoming MWR or CYP events, call 624-0506 or 624-3736.



Stampa



x spend time at the arts & crafts table at the Eggstravaganza event held on April 11 at the Midtown Complex.



x gives the bunny a big hug at the Eggstravaganza event on April 11.

DoD takes steps to protect your privacy

Article courtesy Navy Pay and Personnel Support Center

In response to an increasing awareness of the growing need to protect the safety of Service members and their families' identity information, DoD has begun to eliminate the Social Security Numbers (SSN) from DoD ID cards. Utilizing a three phased approach over the next several years, eventually full SSNs will no longer be visible on the cards. This action will affect all entitled to hold a CAC or ID Card, including active and reserve military, family members, retirees and contractors.

As detailed below, the removal of SSNs will occur in three phases, each of which will be implemented as ID cards are issued or renewed.

Phase One, now underway, will remove the printed dependent SSN from Dependent Identification and Privilege cards (DD Forms 1173 and 1173-1) and replace it with "XXX-XX-XXXX." At this point, the sponsor's SSN will remain visible on the card.

Phase Two will remove printed SSNs from all DoD ID cards, with the exception of Geneva Conventions identification cards, which will retain the last four digits of the SSN for Geneva Conventions purposes. This phase is scheduled to begin by the end of calendar year 2009.

Phase Three will remove SSNs from barcodes on all cards and is scheduled to begin during calendar year 2012.

In an effort to provide more detailed information in preparation for this transition, the following frequently asked questions and answers are provided:

Q-1: What is changing on the card?

A1: SSNs will be systematically removed from DoD ID cards. When current cards expire, (consistent with the timeline in A4), they will be replaced with new cards with XXX-XXX-XXXX printed in the Social Security Number field. The SSN will also be removed from the bar codes (See A4).

Q2: Why are the cards changing?

A2: These changes are consistent with the overall DoD policy to reduce the use of the SSN and reinforce the growing DoD Culture of Protection for Personally Identifiable Information. Consistent with this, the planned changes are designed to reduce the risk of identity theft to the DoD ID card populations while maintaining continuity of DoD business processes.

Q3: Who will be affected by the card change?

A3: All DoD ID cardholders and those business processes that use the SSN from any DoD ID card.

Q4: When is the card changing?

A4: Changes to ID cards will occur when the cardholders' expired

cards are renewed.

The removal of SSNs will occur in three phases:

Phase One: To begin by end of calendar year 2008:

Dependent SSNs will be removed

Sponsor SSNs will remain visible

Cards Affected - DD Forms 1173 and 1173-1

Phase Two: To begin by end of calendar year 2009:

All printed SSNs will be removed

Geneva Conventions cards will retain the last four digits of the SSN

Cards Affected - All DoD ID cards

Phase Three: To begin during calendar year 2012:

SSNs embedded in barcodes will be removed

Cards Affected - All DoD ID cards

Q5: When can I get the new card?

A5: Go when your current card expires.

Q6: Where can I get the card?

A6: Contact your nearest Real-time Automated Personnel Identification System (RAPIDS) site or go to www.dmdc.osd.mil/rsl/owa/home to find a location near you. Over 1,500 RAPIDS sites with over 2250 workstations worldwide issue identification cards.

Q7: What do I need to bring with me?

A7: Two forms of ID from the OMB I-9 document list. One must be a federal or state issued photo ID. Visit www.formi9.com for more information.

Q8: Where can I use my new ID card?

A8: The new ID card can be used at all locations where current ID cards are accepted.

Q9: Will my ID be rejected without a visible SSN?

A9: No, your ID should not be rejected without a visible SSN; however, you may be asked to verbally state your SSN.

As an additional helpful hint, anyone needing a new CAC or ID Card, whether active or reserve, family member, retiree or contractor, can utilize the convenient appointment system, eliminating wait time for your new card. Click on this website to make your appointment <https://es.cac.navy.mil/>.

Days Inn

New Hope

Calvary

Stampa

Volcano

Casablanca

Stampa

AFC