



Summer Reading Program kicks off Spam, more than just a name



Photo by MC3 Jonathan Idle, The Signature Staff

Base personnel participated in the Summer Reading Program, "Read on the Wild Side" at the Library on NAS I Wednesday, July 8. The summer reading program will be held every Wednesday during the month of July from 10 a.m. until 11 a.m.

Article by Lt. Matt Knight,
Naval Air Station Sigonella Public Affairs Officer

Spam. A short, sweet, and really meaningless word that originated with Hormel foods in 1937 as an abbreviation of "SPiced hAM." SPAM jumped the cultural divide from a food to a term that embodied something over used when it was featured in a skit by Monte Python in 1970 wherein a couple of characters went on and on about SPAM and it's use in everything. It finally came to embody the modern day usage in 1994 when a couple of inventive advertisers hired a programmer to post their ad on every usenet server on the web and their resulting barrage was married with the pop culture term by the other users.

Spam in all forms, but especially email, is a part of every day life, both personally and professionally in the 21st century. In recent times,

spam has begun including not only the usual annoying junk mail, but also the more sinister and dangerous phishing versions which try to steal the recipient's identity.

The second category is increasingly becoming more clever and often looks legit, which makes it all the more dangerous. So make sure that any email that is asking for your personal information is coming from a legitimate source before replying.

Identity theft is increasingly becoming a threat to service members and their families and everyone needs to stay alert when it comes to suspicious emails.

If you receive any sort of spam on your One Net email account, don't just delete it. Deleting it might save you from being a victim, but it allows the spammer to send the same email to someone else. Send the email to

SPAM, continued on page 12

Tourist passports make traveling around from Europe and beyond simple

Article by MCSN Whitfield Palmer,
Navy Public Affairs Support Element East Detachment Sigonella

Many Sailors enter Italy for their shore duty in Sigonella with only their orders and military identification cards, as allowed by the Status of Forces Agreement (SOFA). However, it is recommended that Sailors also obtain a tourist passport.

While the SOFA generally allows travel off of the island to places that fall under the agreement, a tourist passport greatly facilitates personal travel outside of Sicily.

For example, it is Italian law to provide official identification when checking into a hotel. Many hotels outside of Sicily and Naples are unfamiliar with the SOFA and often looks of bewilderment will be given when presenting a military ID to check in. A passport is just normal business.

Obtaining a tourist passport is a



Photo by Tracie Barnhouse, The Signature Editor

Obtaining a tourist passport is a great idea if you have plans to travel while you are stationed at NAS Sigonella. The process is simple and there is a small fee involved. Sign up to get your passport today.

relatively painless procedure. Personal Support Detachment (PSD) handles this for Sailors and dependants. Simply take your birth certificate, two passport sized photos, the application, and the current fee. They will then submit the application and in about six weeks the passport will be available for pick up at PSD. Passport photos are available at the Navy Exchange for about ten dollars.

There are additional requirements for babies born on the island. Sailors should check with PSD or Tricare to find out exactly what is needed for a newborn's passport.

Additionally, Sailors who deploy to countries that require a visa to enter may need to apply for an official passport as well. These are free of charge and are also available at PSD.

For further information, contact PSD at 624-5656.

Memorial service

The Sigonella community and Explosive Ordnance Disposal Unit Mobile Unit Eight experienced a loss on July 6, when EOD2 Tony

Randolph was killed in Afghanistan when an IED detonated near his vehicle. Randolph has been assigned to EODMU EIGHT since March 2008. Two EODMU EIGHT Techs were also wounded in the explosion. The EODMU EIGHT community will hold a memorial service for EOD2 Randolph and the two wounded Sailors

on Monday, July 20 at 3 p.m. at the NAS I Chapel. Attire is service dress blues. The NASSIG community is invited and encouraged to attend.

WEATHER UPDATE	July 17	July 18	July 19	July 20	July 21	July 22	July 23
	H:99F L:74F	H:96F L:63F	H:92F L:68F	H:93F L:71F	H:97F L:67F	H:93F L:71F	H:91F L:69F

TOP STORIES	July 17		July 18		July 19		July 20		July 21		July 22		July 23	
	I am not a computer game aficionado. For those who are, I admire their reflexes and skills. I prefer competitions of face-to-face athleticism – the major sports plus ultimate frisbee, tennis, ping-pong, etc. This is not a moral judgment. It is simply what I like.	The latest upgrade to the Navy's detailing system empowers Sailors by allowing them to submit their own job applications when negotiating for permanent change of station (PCS) orders, according to NAVADMIN 200/09, released July 7.		Most of the neighbors you encounter in a civilian community take short business trips to safe areas. However, your Navy neighbors are different. They take business trips, sometimes to hostile areas, that can last anywhere from three to fifteen months.		On July 24 and 25, the community of Caltagirone will renew an ancient religious tradition by honoring Saint James, the town patron saint.		To visit Villa Romana del Casale located outside of Piazza Armerina, Sicily, is to step back in time to the height of the Roman Empire's power and decadence.		Page 2	Page 3	Page 5	Page 6	Page 8

INSIDE	Direct Line	Navy News	Community Calendar	MWR Corner	Il Mercato
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TRAFFIC NUMBERS

	Jan. 09- July 09	Jan. 08- July 08
Accidents	116	180
Injuries	13	30
DUIs	0	5
Traffic Deaths	0	2

PLEASE,
DON'T BECOME
A STATISTIC!

DIRECT LINE NASSIG COMMANDING OFFICER, CAPT. THOMAS J. QUINN

Several factors play a key role in preventing sexual assault. For starters in nearly every case of sexual assault, alcohol is involved. Simply put, drunk people do stupid things, and in many of these cases, alcohol use was directly related to the assault. This can range from the aggressor being intoxicated and doing something they normally wouldn't do, or more often the victim being too drunk to stop or avoid the assault. So first and foremost, always drink responsibly and never get so intoxicated that things get out of control.

A second prevention factor is to pick your friends wisely and stick by them when you go out. A good friend will step in when you are going too far and being inappropriate as well as come to your aid if you are in a dangerous situation that can lead to an assault. If you are that friend, don't just stand by and let your buddies do something he or she will

regret. We need to look out for our shipmates and have the courage to tell them when they are out of line, or to step in when they are intoxicated and being taken advantage of. Friends that don't have the courage to step in and do the right thing are not friends worth having.

A final factor is to always have situational awareness about the place you are at. This especially applies if you are going out on the town and having drinks. A study done in Australia showed that the chance of being assaulted almost doubled in hotels and clubs. These are places where you really need to be aware of yourself and the friends who are with you. Use common sense, stay in a group, and watch you and your friends' drinks so nothing is slipped into them.

Sexual assault has no place in the military and it will not be tolerated. I think it is safe to say that

everyone on this base knows how seriously I take drinking and driving incidents. Let me assure you that if there is one thing I tolerate even less than a DUI is someone who commits a sexual assault. So remember to drink responsibly, pick your friends wisely and stick with them, and always be aware of your surroundings. Keeping these factors in mind will make a big step towards ending sexual assault on our shipmates.



Health WATCH

Know the signs of heat exhaustion

Article by Lt. Skinner,
Naval Hospital Sigonella
Public Affairs Officer

Heat exhaustion can be very dangerous.

The first step is to understand what it is.

Heat exhaustion occurs when the body loses excessive amounts of water and salt from sweating. The next step is to recognize the warning signs that indicate heat exhaustion.

These can include: heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea or vomiting and fainting.

The skin may be cool and moist or feel warm. As the victim's pulse becomes weak and rapid, the breath rate will also increase and become shallow.

Heat exhaustion must be treated, otherwise the victim's condition could worsen and result in heat stroke and possible death.

Help the victim to cool down and if signs and symptoms worsen or victim has a heart condition, please seek immediate medical attention.

Cooling methods are as fol-

lows: If victim is in the sun, provide shade or return indoors and to air conditioning. Provide a cool, non-alcoholic beverage to drink slowly not guzzle down. Take a cool shower or sponge off with cool water. Make sure the person is wearing light weight clothing that allows the skin to breathe. Do not leave this person alone until the symptoms resolve.

Anyone can suffer from heat exhaustion. You are at more risk if you work outdoors during the hot weather months, suffer from high blood pressure or are over 65 years of age.

To avoid heat exhaustion, stay hydrated, especially if you are planning on doing strenuous activity in the hot summer sun. Try and avoid such activities during the hottest part of the day. While outdoors, limit caffeine and alcohol products as they can lead to dehydration, and seek some shade. Eat light meals and avoid hot ones.

If you have any questions or concerns please contact your Sigonella health care provider. You can find additional resources and insight at Health Promotions.

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NASSIG WORSHIP SERVICES

Chapel Offices: NAS I 095-56-3975, NAS II 095-86-9049

ROMAN CATHOLIC

Sunday
0830 Catholic Mass (NAS I Chapel)
1100 Catholic Mass (Mineo Community Center)
1600 Catholic Mass (NAS II Chapel)

Monday - Thursday
1130 Catholic Mass (NAS II Chapel)

PROTESTANT

Sunday
0900 General Protestant (Mineo Community Center)
1000 Traditional Protestant (NAS I Chapel)
1130 Contemporary Protestant (NAS I Chapel)

CHURCH OF CHRIST LAY SERVICE

Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Please email ldssig@gmail.com or call 624-1314 or 349-1977-116
AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745



On target

Editor's Note: this is the sixth in a series of articles on character.

Article provided by Chaplain Steve Coates

I am not a computer game aficionado. For those who are, I admire their reflexes and skills. I prefer competitions of face-to-face athleticism – the major sports plus ultimate frisbee, tennis, ping-pong, etc.

This is not a moral judgment. It is simply what I like.

My first experience at sea was a one-week ride aboard a fast-attack nuclear submarine. To me, Control looked like a computer game. At 2200, after 10 hours of surface transit, we finally crossed the hundred fathom curve of the continental shelf. "Dive. Dive." Within moments we were five hundred feet below the surface with hundreds of fathoms of water beneath us. I looked at the personnel. They were all seated at terminals, their faces aglow with the illumination of the panels. An arcade?

During those brief days, I spent some time journaling my thoughts as I sat near weapons in the torpedo room. Is it easier to kill from a distance? If so, is that a good thing? Can hundreds of miles and the quiet of the sea dull our senses to the roar of lethal missiles upon impact?

Other than the inherent risk of being "in" the ocean, I felt safe. I slept well. I ate well. This was a lot different than my recollections of Das Boot. My pre-9/11 sub ride bore no resemblance to what those who served before me endured under water in WW II.

Despite appearances and technology, we do not participate in virtual war. Virtual means 'existing in essence though not in actual fact.' There is nothing virtual about real people dying. Destroying real targets and killing fellow human beings should never "feel" like a game being played using the latest advances in technology. We can become morally numb if we do not acknowledge the true moral weight of our actions. If we dehumanize our enemy by seeing them only as blips on a monitor, we will only have succeeded in surrendering our own humanity – not theirs.

Our technology allows us to be far more humane through precision. We have a heavy moral burden to fight as clean a war as possible in minimizing noncombatant casualties simply because we can. How ironic

TARGET, continued on page 12

EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan: Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

NAVY News

Navy unveils self-apply option for permanent change of station orders

Article courtesy Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- The latest upgrade to the Navy's detailing system empowers Sailors by allowing them to submit their own job applications when negotiating for permanent change of station (PCS) orders, according to NAVADMIN 200/09, released July 7.

Career Management System Interactive Detailing (CMS/ID), is a Web-based system that allows Sailors to view available job assignments and make applications through their command career counselors when looking for PCS orders. Beginning with the July 9 CMS/ID application cycle, many Sailors will have the ability to submit applications on their own.

"More senior Sailors already

understand the detailing system and know what they should be looking for. The self-apply option is good for them. This frees up the career counselor to work with junior Sailors who may have never negotiated orders before and need help navigating the system," said Chief Warrant Officer Samuel Kirkland, assigned to OPNAV N16 Fleet Introduction team.

The OPNAV N16 Fleet Introduction Team tests and validates manpower, personnel, training and education applications currently being used by Sailors. CMS/ID Self-Apply option was tested at 15 different commands including ships, shore units and squadrons during a five-month period.

"The feedback has been very positive. We found that Sailors liked the empowerment," said Kirkland.

"Sailors have been asking for it, and the Navy really delivered," said Senior Chief Navy Counselor (SW) Veronica Holliday, assigned to Navy Region Southwest in San Diego. Holliday's command participated in the CMS/ID Self-Apply operational test earlier this year.

"We love it. It is like what a lot of major businesses already do, where you apply online or at an application kiosk," said Holliday.

While this new option allows Sailors to apply for jobs on their own, the career counselor will still retain the option to review and modify requests.

"It does not take the command out of the process because we have to review the applications to make sure Sailors apply to the right jobs for their career path," said Holliday, who verifies applicants at her command

meet physical readiness standards, sea-shore flow requirements and other factors.

Before getting started, Sailors must meet Perform to Serve requirements as outlined in NAVADMIN 017/09 and 161/09 and be within their orders negotiation window in order to submit applications. Sailors can access CMS/ID online at <https://www.cmsid.navy.mil>. A com-

mon access card (CAC) and a card reader are required to log in.

Sailors without Internet access should continue to communicate with their detailers through the career counselor and the chain of command.

For more details read NAVADMIN 200/09.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

Yeoman 2nd Class Artez Davis, assigned to the administrative department of the aircraft carrier USS Nimitz (CVN 68), processes administrative paperwork. Nimitz and Carrier Air Wing (CVW) 11 are conducting a Composite Training Unit Exercise off the coast of Southern California in preparation for a scheduled deployment to the western Pacific Ocean.



U.S. Navy photo by MC3 Matthew Patton/Released

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by PO1 Mark O'Donald

U.S. Navy sailors assigned to the gun drill team of the USS Constitution demonstrate historic drills using a 24-pound naval long gun in Charlestown, Mass., July 5, 2009. The display is part of Boston Navy Week, one of 21 Navy Weeks planned across America in 2009.

NEW



ARRIVALS

Calvary Monika

Volcano

 COMMUNITY CALENDAR				FRIDAY	SATURDAY	SUNDAY
				17 JULY	18	19
				Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Babysitting Bootcamp Red Cross 3:30 p.m. - 7:30 p.m. x4900	Babysitting Bootcamp Red Cross 3:30 p.m. - 7:30 p.m. x4900	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
20	21	22	23	24	25	26
Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	Credit/Debt Management FFSC 12 p.m. - 1 p.m. x4291 Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710	Men's Group FFSC 1:30 p.m. - 3 p.m. x4291 Survive & Thrive FFSC 8 a.m. - 3 p.m. x4291 FA/CPR/AED Red Cross 4:30 p.m. - 8:30 p.m. x4900	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 SAVI POC training FFSC 8 a.m. - 12 p.m. x4291 FA/CPR/AED Red Cross 4:30 p.m. - 8:30 p.m. x4900	Babysitting Bootcamp Red Cross 3:30 p.m. - 7:30 p.m. x4900 Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	Babysitting Bootcamp Red Cross 3:30 p.m. - 7:30 p.m. x4900	
27	28	29	30	31	1 AUGUST	2
Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745	Tobacco Cessation Flight Line Clinic 12 p.m. - 1 p.m. x4710	Motta Castle Tour FFSC 10:30 a.m. - 1 p.m. x4291 Men's Group FFSC 1:30 p.m. - 3 p.m. x4291 Shelter Tabletop Exercise Red Cross 4:30 p.m. - 5:30 p.m. x4900	Cooking Class FFSC 9 a.m. - 3 p.m. x4291 SAVI Command Liason Training FFSC 7:30 a.m. - 4 p.m. x4291	Alcoholics Anonymous NAS II Chapel 7 p.m. 346-840-7745 Shelter-in-Place Info Booth Marinai Community Center 5 p.m. - 6:30 p.m. x4900		

Motta

Marricriu

Funny Island

Magnolia

Did you know that . . .

Vehicle repair loans may be available to you through the Navy-Marine Corps Relief Society? Based on need, we offer interest-free loans for essential repairs necessary for the safe operation of a vehicle when you do not have sufficient resources to repair the vehicle yourself.

- You'll need a:
- Driver's License
 - Registration
 - Insurance

- Viable Spending Plan for Repayment
- Estimated Cost of Repairs (two sources)
- Repayability

When you need help, visit your local Navy-Marine Corps Relief Society Office.

NMCRS: A Helping Hand!
www.nmcrs.org



Fleet and Family Support Center Administration Building 319 NAS I	Monday-Friday 0730-1630 DSN 624-4291 Commercial 095-56-4291
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IA Discussion Group is going to the beach

Article by the FFSC Staff

Most of the neighbors you encounter in a civilian community take short business trips to safe areas. However, your Navy neighbors are different. They take business trips, sometimes to hostile areas, that can last anywhere from three to 15 months.

Military members and their families live a different life than other professionals, and the FFSC recognizes the challenges faced with this unique lifestyle.

The FFSC understands the challenges that deployments may pose and offers a variety of services to assist you before, during and after deployments.

With the summer in full swing, the beach is the place to be while on the island. What a better time to catch some rays while building support and discussing

Individual Augmentee (IA) issues in a less formal surrounding. The natural calm of the sea is the most soothing background to get the information you could use well before you need it.

The FFSC will be treat-

ing IA families to a very special field trip at the Playa of Catania on July 27th. The trip is an opportunity for the FFSC to show their appreciation for the sacrifices made by IA's and their families. The summer holiday season finds service members deployed throughout the world, which translates to many families passing the summer holiday without a father, mother, son, daughter, brother or sister.

This field trip gives IA's and family members the opportunity to meet and discuss topics related to deployment while enjoying a splendid panorama of the beach and relaxing views of Mt. Etna. The group is open to all IA's, service members who have deployed or will deploy and their families. If you are expecting an IA or debating whether to seek an IA, this group is a chance for you to talk with those who have gone, learn from their experiences, and prepare for an assignment of your own.

FFSC staff will be on hand to provide information and support to the families

in attendance. Additionally, the center is actively involved with the Navy's IA program by providing monthly groups, readiness briefs, online family connection meetings, and monthly newsletters containing information and opportunities exclusively for IA families. The Family Connection Newsletter is a constant resource of new policies, updated procedures, feature stories, and tips all about IA.

Separate from the above activities, the FFSC offers a variety of different classes and workshops to meet the challenges of every day military life. Whether you are planning to buy a home, dealing with stress, caring for a new baby, relocating or starting a career search, there are classes and professionals ready to assist. Stop by the center and pick up a monthly calendar that includes all the classes for the month or request information through our email at sign9@eu.navy.mil.

Fleet and Family Support Center
Administration Building 319,
NAS I
Monday-Friday, 0730-1600
DSN 624-4291, Commercial
095-56-4291

Kartodromo

Sushi

Cafe

d e

Brasil

Cold Noses

WARM
HEARTS



A reminder to the community that feeding feral or wild animals on the installation is prohibited.

Signonella's Stray Animal Facility (SAWS) has many cats and dogs looking for a warm home and someone to love. Each week, *The Signature* will feature animals in need of adoption.



NIX (above) is a great girl. She needs a patient family who can show her love, affection and how to belong. She would love a warm bed to snuggle in each night.

SKREET (below) is kind and well-behaved. He is one of our larger dogs and would be a great addition to an outdoorsy family.



For more information, contact the Stray Animal Facility at 624-3936 or a SAWS representative at 345-502-2266.

SEXUAL ASSAULT / VICTIMS INTERVENTION

SAVI offers a Sexual Assault Hotline staffed with trained advocates who man the SAVI Hotlines 24/7.

The number is 335-642-8312 or 335-606-6146.

Alberto Lunetta
The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle

St. James Festival and summer events in Caltagirone

On July 24 and 25, the community of Caltagirone will renew an ancient religious tradition by honoring Saint James, the town patron saint. The "Festa di San Giacomo" or Saint James' Feast was celebrated for the first time on July 25, 1090, when Count Roger the Norman freed the town from the Saracen rule.

According to tradition, St. James appeared during the battle riding a white horse to support Roger, whose armies eventually defeated the Saracens. The Norman Count erected a temple to thank the saint for the victory. In 1457, Giovanni Burgio, the Bishop of Manfredonia donated a relic of St. James (a part of the arm's

bone) to the town. The relic is kept inside a blessing hand-shaped reliquary. Fifteen years later, Antonello da Messina, a famous Sicilian painter, portrayed St. James, but, in 1693, a terrible earthquake destroyed this precious painting along with the church that hosted it.

In 1518, Vincenzo Archifel,

a sculptor from Catania, made a statue depicting St. James. Ever since, the celebrations for St. James have been enriched by an external procession during which his statue tours the streets of the historic heart. In 1691, the relic of St. James was moved to a magnificent silver box made by the Gagini brothers. The box is among the masterpieces of Italian sacred art.

This must-see religious festival is part of the upcoming Caltagirone Summer Season highlights which include the following shows and events: Wooden miniature and gold embroidery exhibition (St. James Parish / July 18 through 26); "Vespa gathering" an event celebrating the legendary Italian scooter (Sunday, July 19/ 9 a.m. / historic center); Violin concert (San Luigi Girl Boarding School Courtyard - Friday, July 17/ 9 p.m.); "Jazz in the Wood" & couscous and wine tasting featuring Italian jazz and swing songwriter Ivan Segreto (Santo Pietro Wood / Monday, July 20 / 9 p.m.); "Mediterranean Night Orchestra" concert (San Luigi Girl Boarding School Courtyard - Tuesday, July 21/ 9 p.m.) and Harley Davidson bikers' gathering (Wednesday, July 22, public gardens / 9 p.m.).

The festival opens on Thursday, July 23 at 10 p.m. at the public gardens with a concert of the local town band that is followed by a spectacular firework with music show at midnight.

Friday, July 24 is the historic parade day. The Corteo Storico del Senato Civico e delle Autorità Cittadine is a lavish parade in period costumes featuring actors depicting local aristocrats of the 18th century City's Senate. The corteo leaves from piazza Municipio (Main Square) at 7:30 p.m. and is attended by all the town military and civilian authorities.

In the evening, hundreds of people will simultaneously light about 4,000 coppi (colored oil lamps or lanterns) at 9:30 p.m. illuminating the magnificent Santa Maria del Monte Stairs. It's a breathtaking optical effect designed by Angelo Murgo. Those beautiful majolica-decorated steps, which are the hallmark of Caltagirone, will stay lit throughout the festival.

Later at 10 p.m., a music and fashion show is held at the public gardens.

On July 25, the parade in



Design by Architect Giacomo La Puzza and photo by Andrea Annaloro

Caltagirone summer events offer a variety of attractions for those of all ages including a religious festival featuring historic parades and the breathtaking stairs illumination's display as well as concerts, art exhibits, bike and vintage motorcycles gatherings, food events and more.

THE
Signature
SIGONELLA, SICILY

Morobishi

World Music festival kicks off in Mascalucia

If you love traditional sounds from different countries, you should mark this exciting festival on your calendar. Mascalucia will host a top quality not-to-miss music event featuring a stunning lineup of world-renowned guest artists.

"Festival Sete Sois Sete Luas," the annual world music event which has been held with great success for over ten years in Mascalucia, begins on Tuesday, July 21 with the performance of Israeli Eyal Sela and Darma Ensemble who will present "Call of the Mountain." The show will feature music inspired by the ancient and mysterious melodies and dances of the Mountain Meron celebrations. Eyal Sela is a classic music trained artist specialized in ethnic music from different cultures ranging from the Balkans to India. He performed at the ceremony for the awarding of the Nobel Peace Prize in Oslo and has toured all over the world (United States, Australia, Europe, Hong Kong etc.). Eyal has performed with internationally reputed world music artists such as Palestinian ud player Adel Salame and the lyre player Ross Daly. Other highlights include the following concerts:

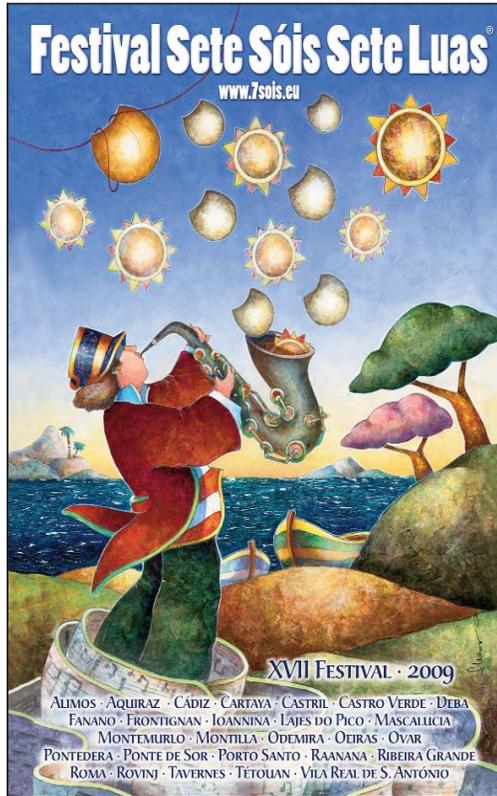
Tété and Sara Alinhos (Wednesday, July 22): Tété Alinhos has been nicknamed as one of the "ambassadors" of Cape Verdean music "Morna," a traditional melancholic song's genre. She performs regularly in Mexico, Cuba and several European countries, especially in Portugal. Tété Alinhos will share the

stage with her talented daughter Sara. Portuguese band "Navegante" (Thursday, July 23), a music group specialized in playing traditional Portuguese instruments such as "cavaquinho", "viola braguesa" diatonic button accordion or melodeon, "a gaita de fole (Portuguese bagpipe) and percussions. Their music encompasses love, labor and religious themes.

Juan Pinilla (Friday, July 24): Pinilla is a young and inspired Flamenco Andalusian singer/song-writer and "cante" (chant) teacher. Despite his young age, he has already been awarded the "Lámpara Minera," the most important prize at the "Festival Internacional del Cante de las Minas de la Unión" contest, and one of the most prestigious world's flamenco awards. Pinilla has performed in Iran, England, Germany, Morocco and the Czech Republic. He has put to music poems from Angel González, José Hierro and Ramon Gaya. Pinilla teaches at the "cante school" of the "Instituto Andaluz de la Juventud."

"7Luasorchestra" (Saturday, July 25): an exciting concert featuring seven Mediterranean artists who will perform under the umbrella of the "Sete Sois Sete Luas" festival.

All concerts will start at 9:30 p.m. and will be held at the Trinitá Manenti Amphitheater. The cost of a single ticket is € 3, subscriptions cost € 10. For more information and tickets visit www.ctbox.it



Carreras concert and Roberto Bolle in Taormina

Opera legend Spanish tenor José Carreras will perform tomorrow (July 18) at 9:30 p.m. at the breathtaking Greek Theater in Taormina. Carreras will share the stage with the prestigious orchestra of the Teatro Regio di Parma, one of the most famous Italian opera houses.

Signonella ballet lovers should not miss the performance of Italian classic ballet star Roberto Bolle and Friends who will perform on Thursday, July 23 at 9 p.m. at the Greek Theater. A graduate from the La Scala Theatre Ballet School, Bolle has performed as a solo dancer and with the best ballet companies across the world, earning several prestigious awards.

For more information visit www.ctbox.it

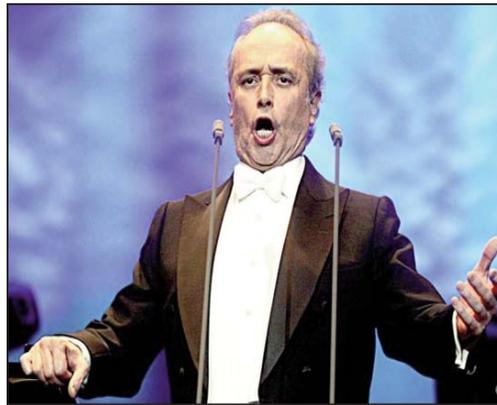


Photo by DPA

THE Signature
SIGONELLA, SICILIA

Do you go on cool trips and ever think, "Hey, I bet other people would love to experience this place!"? Why not do a quick write-up about your trip and email it to us at thesig@eu.navy.mil to get it printed in *The Signature*? Submit your article, along with at least six photos and see your name in print!

Alphio

NEWS BRIEFS

Get ready for VBS

The NAS Sigonella Chapel invites all children to go the edge this summer for Vacation Bible School. CAMP E.D.G.E.: Experience + Discover God Everywhere is an extreme adventure camp taking kids on exciting bible treks to experience and discover God everywhere, every day. VBS is free for all members of the NASSIG Community. The fun begins on August 17 and ends on August 21 from 8:30 a.m. to 12 p.m. at the NAS I Chapel.

Each Bible trek is supported with science activities, songs, crafts, games, and snacks.

To be a part of the extreme fun at CAMP E.D.G.E.: Experience + Discover God Everywhere, call the Chapel Office at 624-3975 (095-85-3975) or email Charlotte Greeson at charlotte.greeson@eu.navy.mil

National Night Out

National Night Out is an event that takes place across the United States and the world for neighbors to come together to help build a stronger and safer community. National Night Out this year is on August 4 at the Sports Field at Marina. The event will be kicked off by a parade at 1700. The parade will start at the main gate and end at the sports field. There will be food, games and many great activities for the children to get better acquainted with their community. There will also be a demonstration by the Military Working Dogs, a watermelon eating contest, and the Pie-in-the-Eye event will take place here. This is the perfect event and perfect night to get to know your neighbors.

Job Opportunity

MWR is looking for a driver for the Weekend Liberty Shuttle. This is a contracted position. Vehicle is provided. Driver's License and/or Italian translation are required. Open to U.S. and Italian citizens. Call 624-0405 for more information or email john.lenz@eu.navy.mil.

Ombudsman Basic Training (OBT)

Does your Department or Command Ombudsman need to attend OBT? Is your current Ombudsman PCS'ing within the next 6 months? Will your new ombudsman need OBT?

The Fleet and Family Support Center is pleased to announce that the Ombudsman Basic Training (OBT) course will be offered here at Sigonella 4-6 August 2009. Your ombudsman can now attend this required training without leaving the island.

Anyone interested in the Ombudsman program, and all those ombudsmen wishing to attend OBT are invited to participate. Please contact Fleet and Family Support Center at 624-4291 for more information on this very important class.

A Stone's

THE HUB OF THE MED IS ALSO Villa Romana del Casale



(Above & Below) An outside view of the partially excavated Calidaria, which are the steam baths of the Villa Romana del Casale.



Article and photos by
Lt. Matt Knight
Sigonella Public Affairs Officer

To visit Villa Romana del Casale located outside of Piazza Armerina, Sicily, is to step back in time to the height of the Roman Empire's power and decadence. Time has taken a heavy toll on most of the buildings themselves, but what makes the site truly world class are the mosaics that cover the floors of the entire complex.

The site is being actively restored and the majority of it has permanent structures and scaffolds in place which give onlookers a birds eye view of the magnificent mosaics. Each mosaic adorning the rooms of the expansive complex depict every aspect of Roman life from the Roman gods in the entryway to the "bikini girls" demonstrating athletic abilities

in a back room.
Site:

The overall site rating is three stars. The three star rating is due to current construction at the site that has closed half of the mosaics from public viewing. When the construction is complete, Villa Romana del Casale will most certainly rate five stars.

The site contains world class mosaics in pristine condition and a view of the Roman Empire not easily found anywhere else. The sheer scale of the complex is amazing with over 4200 square yards of mosaics covering the indoor and parts of the outdoor complex. Each room offers a new experience, allowing the viewer to be pulled into the complex mosaics that convey not only an image, but a story played out throughout the villa. The villa is relatively inexpensive to



Gelso Bianco

THE



Signature

SIGONELLA, SICILY

...e's Throw

ED IS ALSO THE HUB FOR TRAVEL



(Above) A view of the Atrium located between the entrance arch, the latrine, the thermal baths and the tablinum leading to the centre of the villa.
 (Below) The Room with Girls in Bikini is a cubicle located between the peristyle, the Corridor of the Great Hunt and the Hall of Orpheus and depicts young girls in sporting activities.



(Above & Below) The central room of the Triclinium has a mosaic depicting men and animals related to the 12 Labours of Hercules and has 12 separate depictions across the room.



view with a couple Euros parking fee and a three Euros entry fee per person which is pro-rated for the construction. There are gift shops on site as well as a café and restaurant.

Family Friendly:

Villa Romana Del Casale gets a two star rating for family friendliness because of several factors. There is only one bathroom on the complex and it is a five minute walk from the villa. The only access to the villa itself is from a steep staircase which leads to a path that goes to the villa. Once at the villa several narrow stairs have to be climbed to get on the scaffolding which allows the mosaics to be seen from above. These stairs and scaffolds are neither wheel chair nor stroller friendly and could be very difficult if accompanied by young children. Due to the stairs and some gravel walking paths a good pair of walking shoes is recommended.

Accessibility:

Villa Romana Del Casale gets three stars for accessibility due to the complexity of the drive. The number one piece of advice is do not try to use a GPS to locate the site. Several individuals have reported similar frustrating experiences with Garmin and TomTom units with the newest maps and yet still became very lost

while the GPS unit directed them in circles once they were within ten minutes of the villa. Also, the Garmin unit likes to suggest taking SS 288, which is extremely scenic and does offer a beautiful and winding trip through Sicily, but greatly increases the difficulty of the drive with many narrow roads, and tight winding hillside turns.

The easiest way to arrive at the villa from NAS II or I is to get on A19 towards Enna, drive 53 km to the "Mulinello" exit and follow the signs for Piazza Armerina which should lead to SP7A, SS192, then SP4 which turns into SS117bis intersecting in Piazza Armerina.

If departing from Mineo housing, simply continue down SS417 towards Caltagirone and take SS117bis to Piazza Armerina.

Once in Piazza Armerina follow the abundant signs to Villa Romana del Casale.

Travel Time:

The travel time rates 3 stars because it takes an hour and a half to two hours to arrive there from NAS II. The travel time for Mineo residents should be just under an hour and a half.

REVIEW SUMMARY

Site:



Family Friendly:



Accessibility:



Travel Time:



These ratings are out of five stars, and are the opinion of *The Signature* staff and in no way constitute a professional travel review. If you have comments or questions on this review contact thesig@eu.navy.mil

Protestant Women of the Chapel



Protestant Women of the Chapel Summer Program June 23-July 28 10-11:30 a.m. NAS I Chapel Childcare provided to age 12! www.pwocsig.com

Oxidiana

Agip

Go Green Sigonella!

Helpful tips and advice for saving energy

Article provided by energyquest.ca.gov

Fight the Light!

Don't leave lights on when no one is in the room. If you are going to be out of the room for more than five minutes, turn off the light.

If you know of a light that everyone forgets to turn off, make a sticker or a sign to hang next to the switch that says "Lights Out!" or "Don't Forget!"

Where possible, use compact fluorescent light bulbs. Those funny-looking bulbs produce the same amount of light by using 1/4 of the electricity. Plus, they last for years and years without burning out.

Don't Leave Things Turned On

Turn off the TV when no one is watching it. The same goes for computers, radios and stereos - if no one using it, turn it off. Turn off all the appliances at the surge protector/control strip - that four- or six-plug extension chord that you plug all your computer things into. Some devices, like modems or other networking boxes are drawing small amounts of power all the time. Check with your

folks first, but the best thing to do is turn them ALL off at the surge protector.

It's a Matter of Degrees!

In warm weather, the thermostat at home should be set at 78 degrees. (Don't do this, of course, if it will cause health problems for anyone in your family.) When no one is home, set the thermostat at 85 degrees. That way, you'll reduce the need for air conditioning and you will save energy. If you have ceiling fans or other fans, turn them on. The blowing air can make you feel 5 degrees cooler, without running the family's air conditioner. Fans use a lot less electricity than air conditioners!

In the Bathroom

Wasting water wastes electricity. Why? Because the biggest use of electricity in most cities is supplying water and cleaning it up after it's been used!

About 75 percent of the water we use in our homes is used in the bathroom. Unless you have a low flush toilet, for example, you use about five gallons to seven gallons of water with every flush! A leaky toilet

can waste more than 10,000 gallons of water a year. Wow!



Drippy faucets are bad, too. A faucet that leaks enough water to fill a soda bottle every 30 minutes will waste 2,192 gallons of water a year.

Another simple way to save water AND energy is to take shorter showers. You'll use less hot water - and water heaters account for nearly 1/4 of your home's energy use.

Shocking News About Batteries

Did you know that Americans use an average of about eight batteries a year per person? Wow!

Batteries that are thrown away produce most of the heavy metals - dangerous substances like lead, arsenic, zinc, cadmium, copper, and mercury - that are found in household trash. These metals are toxic. They can be harmful to humans and wildlife. When discarded batteries from our trash wind up in landfills, these dangerous metals can seep into the ground water and eventually into the food chain. So, instead of throwing batteries in the trash, we should all take them to a toxic waste disposal area, if at all possible.

Turn off the toys and games (like GameBoys TM) that use batteries when you are not playing with them. That makes the batteries last longer, and you won't need as many of them.

Outside the House

Remember how saving water saves energy? Use a broom instead of a hose to clean off the driveway, patio or deck - this will save hundreds of gallons of water each year.

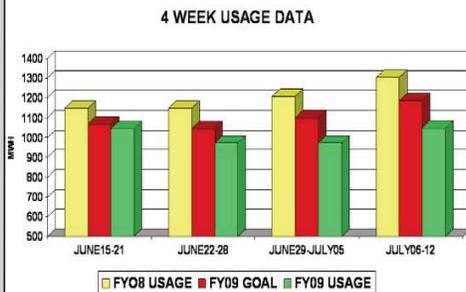
If you only have a small lawn, consider getting a manual push mower. It doesn't use any energy except your own. Pushing the mower spins the rotating wheels, which spins the cutter. Consider it good exercise!

Don't use an electric or gasoline leaf blower. Instead, use a rake.

Electrical Consumption at NASSIG

The following graph charts the last four weeks of energy consumption on both NAS 1 and NAS 2 in comparison to the same week last year, as well as our target usage for the week.

NASSIG WEEKLY ELECTRICAL USAGE FOR NAS 1 & 2 COMBINED



THE Signature
SIGONELLA, SICILIA

Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Chiechio

Marchi Oro



Galley Menu Hours	
Monday-Friday	Saturday-Sunday-Holiday
Breakfast 0600-0830	Breakfast 0700-0900
Lunch 1100-1300	Brunch 1000-1300
Dinner 1630-1830	Dinner 1630-1830

17 **Breakfast:** Rolled Oats, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Apple Fritters.
Lunch: New England Clam Chowder, Fried/Baked Fish, Grilled Pork Chops, Penne Ala Norma, Mushroom Gravy, Steamed Rice, Roasted Garlic Potatoes, Steamed Asparagus, Fried Okra, Lemon Cookies, Cheese Cake, Chocolate Cream Pudding.
Speed line: Grilled Cheese/Hamburger, Turkey Burger, Pork and Beans, French Fried Potatoes.
Dinner: Cream Of Mushroom Soup, Cantonese Spareribs, Grilled Chicken Breast Sandwich, Pork Fried Rice, Steamed Whole Corn, Seasoned Spinach, Lemon Cookies, Cheese Cake, Chocolate Cream Pudding.

18 **Breakfast:** Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Butterhorns.
Brunch: Breakfast Items, Beef Vegetable Soup, BBQ Beef Sandwich, Chicken Nuggets, French Fries, Mixed Vegetables, Broccoli, Sweet & Sour Sauce, Chocolate Drop Cookies, Apple Crisp.
Dinner: Manhattan Clam Chowder, El Rancho Stew, Southern Fried Chicken, Mashed Potatoes, Chicken Gravy, Steamed Rice, Green Kales, Peas & Mushroom, Chocolate Drop Cookies, Apple Crisp.

19 **Breakfast:** Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Asstd Doughnuts, Kolaches.
Brunch: Breakfast Items, Bean & Bacon Soup, Grilled Reuben Sandwiches, Chili Conquistador, Italian Roasted Potatoes, Seasoned Green Beans, Glazed Carrots, Yellow Cake w/ Frosting, Hermits.
Dinner: Split Pea Soup, Kiezbasa w/ Sauerkraut & Apples, Turkey Ala King, Aztec Rice, Blackeye Peas, Fried Cauliflower, Yellow Cake w/ Frosting, Hermits.

20 **Breakfast:** Hominy Grits, Minced Beef on Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Streusel Coffee Cake.
Lunch: Chicken Noodle Soup, Rosemary Roast Turkey, Baked Ham, Shrimp Farfalle w/ Tomato Sauce, Mashed Potatoes, Sweet Potatoes, Seasoned Summer Squash, Steamed Peas, Turkey Gravy, Cranberry Sauce, Oatmeal Raisin Cookies, Banana Cake, Dutch Apple Pie.
Speed line: Sub Sandwich, Cartocciata, Pasta Primavera.
Dinner: Pepper Pot Soup, Steak w/ Onions, Grilled Chicken Breast Sandwich, Baked Potatoes, Collard Greens, Calico Cabbage, Brown Gravy, Oatmeal Raisin Cookies, Banana Cake, Dutch Apple Pie.

21 **Breakfast:** Farina, Oven Fried Bacon, Baked Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Blueberry Muffins.
Lunch: Cream of Asparagus Soup, BBQ Spareribs, Southern Fried Chicken, Spaghetti Carbonata, Chicken Gravy, Mashed Potatoes, Hopping John, Corn on the Cob, Southern Style Greens, Jalapeno Corn Bread, German Chocolate Cake, Cherry Pie.
Speed line: Philly Cheese Steak Sandwich, Hotdogs, Onion Rings, Macaroni & Cheese.
Dinner: Beef Rice Soup, Roast Veal w/ Herbs, Spaghetti w/ Meatballs, Lyonnaise Rice, Vegetable Stir Fry, Steamed Asparagus, Brown Gravy, German Chocolate Cake, Cherry Pie.

22 **Breakfast:** Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Bear Claw.
Lunch: Beef Vegetable Soup, Breaded Pork Steaks, Savory Baked Chicken, Potatoes Au Gratin, Oriental Rice, Eggplant Parmesan, Tangy Spinach, Cherry Cheese Cake, Chewy Nut Bars, Cream Puffs.
Speed line: Grilled Cheese/Hamburger, Turkey burger, Baked Beans, French Fried Potatoes.
Dinner: Minestrone Soup, Salisbury Steak, Sicilian Submarine, Steamed Rice, Brown Gravy, Peas & Carrots, Wax Beans, Cherry Cheese Cake, Chewy Nut Bars, Cream Puffs.

23 **Breakfast:** Hominy Grits, Oven Fried Bacon, Corned Beef Hash, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Raisin Muffin.
Lunch: Onion Soup, Asian Barbecue Turkey, Beef Stroganoff, Mashed Potatoes, Farfalle Pesto, Boiled Pasta, Chicken Gravy, Mix Vegetables, Simmered Cauliflower, Vanilla Cookies, Devil's Food Cake.
Speedline: Hotdogs, Assorted Pizza, Baked Potatoes, Sautéed Mushrooms, Bacon Bits, Shredded Cheese, Fishwich.
Dinner: Chicken Noodle Soup, Spinach Lasagna, Grilled Chicken Breast, Oven Browned Potatoes, Corn O''Brien, Simmered Carrots, Vanilla Cookies, Devil's Food Cake.

Stampa II

ON THE GO WITH MWR

Oktoberfest is here!

Strap on your Lederhosen and grab a pretzel, Oktoberfest is here! ITT Gear-n-Go is once again providing a trip to this 176 year-old German festival celebrating German culture and, of course, beer.

Started in 1810 in Munich, Germany, the original Oktoberfest was held in honor of the marriage between Crown Prince Ludwig and Princess Therese of Saxe-Hildburghausen (for whom the festival ground is named). Today, this 16-day festival allows travelers from all over the world to experience what is the largest Volksfest (People's Fair) in the world. Visitors can stop at the many beer halls and sample traditional Bavarian fare, such as schnitzel, bratwurst, and gingerbread.

ITT has arranged for a 5-day excursion into Bavaria with lodging in the center of Munich. From September 28 to October 2, travelers will be able to visit the fair and plan excursions to other sites, such as Garmish, Stuttgart Army base, or former concentration



camp Dachau. ITT also provides a walking tour of the majestic city of Munich.

Space is still available. Sign up by August 31. For more information, stop by ITT Gear-n-Go or call 624-4777 for more information.

July 25- Youth Splash-n-Dash



A Splash-n-Dash participant races toward the finish line.

Get the kids and come to the second Youth Splash-n-Dash of the summer. Saturday, July 25 at Splashers pool, youth of all ages can jump in the water and then hit the

road. Start time is 9 a.m. Fruit and water is provided and all participants receive a finishers medal.

Pre-registration is encouraged. Call 624-4945 for more details.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



Friday, July 17

1:00pm Bee Movie PG FREE
3:00pm Up PG
5:00pm Transformers: Revenge PG-13
5:30pm Drag Me to Hell PG-13
7:30pm Public Enemies R
8:30pm Star Trek PG-13

Saturday, July 18

2:00pm Ice Age: Dawn of Dinosaurs PG
2:30pm Night at the Museum PG
4:30pm Transformers: Revenge PG-13
5:00pm Public Enemies R
7:30pm Drag Me to Hell PG-13
8:00pm The Soloist PG-13

Sunday, July 19

2:00pm Ice Age: Dawn of Dinosaurs PG
2:30pm Transformers: Revenge PG-13
4:30pm Battle for Terra PG
5:30pm Terminator Salvation PG-13
7:00pm Public Enemies R

Monday, July 20

5:00pm Battle for Terra PG
5:30pm Ice Age: Dawn of Dinosaurs PG
7:30pm Transformers: Revenge PG-13
8:00pm Public Enemies R

Tuesday, July 21

5:00pm Ice Age: Dawn of Dinosaurs PG
5:30pm Drag Me to Hell PG-13
7:30pm Angels and Demons PG-13
8:00pm Star Trek PG-13

Wednesday, July 22

1:00pm Garfield PG FREE
3:00pm Night at the Museum PG
5:00pm Obsessed PG-13
5:30pm Public Enemies R
7:30pm Terminator Salvation PG-13
8:00pm Star Trek PG-13

Thursday, July 23

1:00pm Ice Age 2: Melt Down PG FREE
3:00pm Ice Age: Dawn of Dinosaurs PG
5:00pm Dance Flick PG-13
5:30pm Night at the Museum PG
7:30pm Transformers: Revenge PG-13
8:00pm The Soloist PG-13

Ice Age: Dawn of the Dinosaurs (PG)

Ray Romano, John Leguizamo, Denis Leary, Queen Latifah

The sub zero heroes are back. Scrat is still trying to nab the ever elusive nut, while maybe finding true love. Manny and Ellie await the birth of their mini-mammoth. Diego the saber toothed tiger wonders if he's growing too soft and Sid the sloth gets into trouble when he creates his own makeshift family by hijacking some dinosaur eggs. On a mission to rescue the hapless Sid, the gang ventures into a mysterious underground world, where they have some close encounters with dinosaurs, battle flora and fauna, run amuck and meet a relentless, one eye, dino-hunting weasel named Buck. (94 min.)

Transformers: Revenge of the Fallen (PG-13)

Shia LaBeouf, Rainn Wilson, Megan Fox, Josh Duhamel

Sam Witwicky again joins with the Autobots against their sworn enemies, the Decepticons. (140 min.)

Night at the Museum: Battle of the Smithsonian (PG-13)

Ben Stiller, Amy Adams, Owen Wilson

Ben Stiller returns to the role of night watchman Larry Daly. This adventure takes him to Washington D.C. (104 min.)

The Taking of Pelham (R)

Denzel Washington, John Travolta, James Gandolfini

New York City subway dispatcher Walter Garber's ordinary day is thrown into chaos by an audacious crime: the hijacking of a subway train. Ryder, a criminal mastermind, leads a highly-armed gang of four, threatening to execute the train's passengers unless a large ransom is paid within one hour. As the tension mounts beneath his feet, Garber employs the vast knowledge of the subway system in a battle to outwit Ryder and save the hostages. But there's one riddle Garber can't solve: even if the thieves get the money, how can they possibly escape? (95 min.)

Public Enemies (R)

Johnny Depp, Christian Bale, Marion Cotillard, Channing Tatum

No one could stop John and his gang. No jail could hold him. His charm and audacious jailbreaks endeared him to almost everyone on his girlfriend Billie to an American public who had no sympathy for the banks that had plunged the country into the depression. But while the adventures of the Dillinger gang, later including Baby Face Nelson and Alvin Karpis thrilled many, J. Edgar Hoover made Dillinger America's first public enemy number one and sent in Melvin Purvis, the dashing Clark Gable of the FBI. However, Dillinger and his gang outwitted and outgunned Purvis' men in wild chases and shootouts. Only after importing a crew of Western ex-lawmen and orchestrating epic betrayals, from the infamous lady in red to the Chicago crime boss Frank Nitti, were Purvis, the FBI and their crew of gunfighters able to close in on Dillinger. (130 min.)

Movie dates and times are subject to change.

SHOWING FRIDAY, JULY 24

1:00pm Igor PG FREE
3:00pm Up PG
5:00pm Transformers: Revenge PG-13
5:30pm Harry Potter and the Half Blood Prince PG
8:00pm Land of the Lost PG-13
8:30pm The Hangover R

COMING SOON

Imagine That

Tween Center open!



Signonella Tweens now have their own place to go and hang out! The Marinai Tween center now has open recreation from 5-6 p.m. on weekdays and 5-7 p.m. on Saturdays. Tweens can stop in and play video games, foosball, use the computers and much more.

"We have basketball, ultimate

Frisbee, and soccer available for the kids," said Tween Program Director Lynn Syrcle. "Best of all, tweens can come here on their own."

The Tween Center is free and will be open during the school year as well. For more information, stop by the Youth Center or call 624-3711.

Movies in the Park returns

Bring out your lawn chairs or blankets for Movies in the Park! MWR invites everyone to enjoy the beautiful summer night while watching a great family film. Saturday, July 18, "Madagascar: Escape 2 Africa"

plays in Mineo at the ball field. Saturday, July 25, "Bolt" plays in Marinai at the ball field. Showtime is 8:30 p.m. for both shows and concessions are available. For more information call 624-4216.

When you're off duty, MWR is on the job with more than 30 programs and services. MWR is your access point for fun, fitness and travel. For more about MWR's programs and services, hot jobs, and special events, call 624-3968.

MOVIE HOTLINE:
624-4248

TARGET, continued from page 2

that this same technology can threaten our honor if we are not careful.

That's the nature of values. Honor, courage and commitment always challenge us. Time, maturity, and technology will never lead us to a place of attainment devoid of the necessity for careful deliberation. Rather, we must remain vigilant to think through the tough questions and act nobly in accordance with new challenges. The value of human life endures.

That submarine was incredible. But honestly, here's what I remember most: I remember a young man, just recently enlisted, who attended seminary for a year before realizing he was not willing to live according to God's moral law.

I remember a young JAG officer that wanted to know how to deal with conflicting views of truth as espoused by various religions.

I remember sitting with a Sailor who developed appendicitis and had to settle for antibiotics and pain killer while waiting to be first off the boat and into a waiting ambulance.

I remember praying with the captain for his crew and for his leadership.

Nothing virtual in those memories – just real people, real choices, real war.

SPAM, continued from page 1

the Naples Service Desk so that they can block the sender. To do this, click on the spam email to highlight it, then go to "Edit" and select "copy." Open a new email and right click in the email and select "paste" copying the spam email into the new one. This allows the service desk to block the address. Address the email to "ServiceDesk" and send it to the technicians. If you receive one on your civilian email, many providers offer spam blocking or junk mail filters which will prevent future ones from that sender.

The term "spam" has come a long way in the last 72 years morphing from a clever name for a processed meat to a word embodying everything annoying and sometimes dangerous. So when dealing with modern spam in the form of email remember to treat each one with caution and report them to your administrator while at work to prevent others from being taken advantage of in the future.



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440.

Commander, U.S. Fleet Forces Command discusses IAs, summer safety

Article by MC1 (SW/AW) Bleu Moore, U.S. Fleet Forces Public Affairs NORFOLK (NNS) -- The commander of U.S. Fleet Forces Command (USFF) discussed current individual augmentee (IA) concerns and summer safety with Sailors in a podcast recorded July 7.

Adm. Jonathan Greenert recently returned from a trip to the Gulf Coast, where he talked directly with Sailors in Jacksonville, Fla.; Mayport, Fla.; Gulfport, Miss. and Stennis Space Center, Miss. about how they are doing before and after deployment. Greenert received feedback and ideas on how to continue to improve the entire IA process.

"It is always good to get out and talk to our constituency, as I like to call them," said Greenert, "The focus of my trip was to speak to IAs and to see the littoral combat ship that recently went through builders trials."

"We are making progress with our IAs both with the in-process and the out-process areas," said Greenert, "I think the folks believe an IA tour is a good thing for their career. Recently E-7 through E-9 advancement percentages were ten to thirteen percent above the Navy average; E-6 and E-5 were one to two percent better than the average. In the end for us the most important aspect for an IA is our support to their family, and the centerpiece is a good command coordinator. We are finding that it pays in great dividends."

During the trip, Greenert visited the Navy's newest warship USS Independence (LCS-2). The Navy christened Independence Oct. 4, 2008, during a ceremony at Austal USA in Mobile, Ala. Independence is the Navy's second littoral combat ship and features a distinctive trimaran hull.

"This is an all aluminum ship. I will tell you it's fast; it's maneuver-



U.S. Navy photo by MC3 Bryan Reckard (Released)

Vehicles move past a damaged vehicle displaying an anti-drinking and driving message at the main entrance to Fleet Activities Yokosuka. The display, placed by members of the base's "None for the Road" campaign, is part of an effort to eliminate drunk driving.

able; it's agile, and it's got great volume and adaptability," said Greenert, "This is cutting-edge technology right in front of your eyes, and it will fit very well in our maritime strategy. It's a great ship, and I look forward to integrating her into the fleet."

Greenert also had a message to pass to Sailors about summer safety.

"If I could ask the folks to do one thing, it's manage your risk," said Greenert, "If you are going to a barbecue, remember that alcohol and sun will dehydrate you. We have regretably lost two Sailors in the last few weeks due to their lack of sufficient

swimming skills. In both cases, they were not wearing life vests, so we need to be careful," he said.

Greenert also reminded Sailors about the Navy's current policies on DUI and how to exercise safe drinking habits.

"Our policy on DUIs is a tough policy, and we will continue to ratchet down on this," said Greenert. "Driving under the influence does not affect just you, it affects your friends, and your family and your command."

"The Navy's new policy states if you incur a second DUI or DWI you will be processed for administrative

separation," he said, "I want to remind folks that buzzed driving is the same thing as drunk driving, and it's not a good idea."

The podcast, a pre-recorded audio program posted to the USFF Web site, is used as a platform to speak to the fleet and is available for download to personal computers or mobile devices.

For more news from U.S. Fleet Forces Command, visit www.navy.mil/local/clf/.



Attention all good standing Catholic gentlemen!
Come join the ranks of Sigonella's newest Knights of Columbus Chapter!
We meet the first Sunday of every month at 1000 a.m. (after Catholic Mass) at the NAS I Chapel. You may also contact a fellow Knight after the Sunday Mass service in the NAS I Fellowship Hall, or Mineo community Building. (Pizza and soft drinks provided at the meetings!)
For more information visit - www.kofc.org/

NAS Sigonella Ombudsman Program

- Our Mission:**
- Primary liaison between families and the command
 - To be an advocate for families and single sailors
 - To disseminate information regarding command policies, services available, deployments, and Individual Augmentee (IA) support
 - To be the primary POC for families and single sailors and to refer them to the appropriate agency for questions, concerns, help, or intervention
- Our Commitment:**
- We are committed to representing and supporting the command as well as the families and single sailors
 - We are committed to presenting accurate and up-to-date information for referrals
 - We are committed to COMPASSIONATE and CONFIDENTIAL advocacy within the guidelines of OPNAVINST 1750.1F
 - We are committed to being available 24/7. Please keep calls between 0900-2000 unless you are experiencing an emergency. Call us at 624-4291 or 24/7 at 335-580-1269 for more information.

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THE SPORTS LINE

Crush dominate Festa 2009

Article provided by NAS
Signonella Crush Softball Team

The Naval Air Station Signonella men's softball team, the "Crush," went undefeated and took home the championship at the 2009 Festa Americana Softball Tournament July 3-5 at Carney Park at Naval Support Activities Naples.

"Once again, we made it happen and that's all that matters." That was the final word from the Signonella Mens Crush Softball Coach, Gunners Mate Chief Jason Payne after their 12-10 victory against Ramstein 2 N Q in the tournament championship. It was a hot weekend with temperatures ranging around 95 to 105 degrees.

The Crush started playing Fri. July 3 and beat Aviano 19 to 10. This set the tone of a 7 and 0 run that included a 58 to 8 victory over Naval Hospital Naples.

"We haven't beat Aviano in so long. So, once we had them first, it made you think we were something special in the making," said Payne. "The energy and team unity was priceless. The hardest part about starting big is finishing big."

Finishing big, they did, combining for 190 runs in seven games and allowing only 48. You do the math. Simply dominant.

Air Traffic Controller 1st Class Gary Ashley pitched a dominant 6 games, giving up only 7 homeruns the entire tournament and allowing only 38 runs in his six games.

"Gary is our MVP this year bar

none. No one can hit him. It's a great feeling hearing the other teams from other branches asking if he is going All Navy this year and wondering if they can even smell a pitch. He was the hype of the tournament," Payne said.

MA3 Trenton McKibben was the dominant offensive performer batting .871 with 29 RBI's and 13 homeruns.

"Every time he got up all you heard was 'walk him,' and you couldn't with bases loaded in front of him. When you did, our next three could go yard also," commented Payne. "We were on our 'A' game. Sending MM2 William Read out on a high note was our team's goal, and when our standards of high note is to win it all, well enough said. This was Read's last Festa.

"I'd like to thank PS1 Michael Elder for his efforts assisting in the dugout. He's been on the DL since

Europeans so he took the initiative to be a leader else where, he runs a tight ship in there."

Up next for the Crush is the Aviano Dragon Classic, where they look to improve on their streak and add to the trophy case. "Like I said at the European Championships, where we placed fourth, we are going to win Festa and I went on the air with that, so again I will call out we will win the Dragon Classic," said Payne.

"I honestly have to thank Capt. Quinn, Master Chief Wilson, all the tenant commands chain of commands, and the MWR staff for their support this year," Payne said. "Most of all, a special thanks to the spouses and families that support us. They travel with us and hold the homefront down so we can play a little ball. Their support is greatly appreciated at the hotels and camp sites we stay at because they keep us in order and that is a huge help. Thanks ladies."

Lesnar, St. Pierre retain titles at UFC 100

Article by Joe Hall
Sherdog.com

Brock Lesnar learns quickly.

Just 17 months after losing to Frank Mir via submission in his UFC debut, Lesnar avenged the defeat and unified the UFC heavyweight title Saturday at the Mandalay Bay Events Center in Las Vegas.

Mir had won their first encounter with a kneebar, and he tried another one in the opening minute of the rematch.

The attempt was thwarted by Lesnar, who then spent much of the round smothering Mir from half guard and pounding on him.

Mir wore a smile out for the second period, though. He clipped Lesnar with a short left hand and followed with a knee and a jumping knee. It was his best and only offense. What happened next was especially violent.

Lesnar took Mir down, pinned him against the cage and pummeled his face until referee Herb Dean shoved his way in to

stop the fight at 1 minute, 48 seconds.

Mir was clearly hurt. Lesnar taunted him, which brought booing while Joe Rogan interviewed Lesnar after the fight.

"I love it!" Lesnar screamed back at his detractors. "Keep going, keep going!"

The massive heavyweight extracted his mouthpiece.

"Frank Mir had a horseshoe up his a--," Lesnar said. "I told him that a year ago. I pulled the sum b---- out and beat him over the head with it."

Mir was understandably less enthusiastic in defeat.

"He did a good job. He neutralized the stand-up," Mir said. "I got against the cage and made a dumb mistake. I let a guy that big and strong catch my wrist, and I guess I still got more stuff to work on."

St. Pierre sweeps aside Alves Georges St. Pierre disposed of yet another top-notch welterweight challenger by earning a unanimous decision over Thiago Alves. Scores were 50-45, 50-44, 50-45.

It was a dominant showing for St. Pierre, 28, who tied Randy Couture for the fourth most wins in UFC history at 14. The welterweight champion's wrestling superiority was evident from beginning to finish. He grounded Alves, 25, several times in the first round, but he could not control him on the canvas. Back on the feet, Alves kicked harder, but St. Pierre snuck in his own strikes, as well, to win the stanza.

St. Pierre hurt Alves on the mat in the second. After luring Alves into striking, St. Pierre took him down and mounted him. He held the position only for a moment, but he busted open the American Top Team product's nose from there and also battered him from inside the guard.

Alves had a better round for most of the third. He got his hands going and kicked well, but St. Pierre knocked him down with a straight right with roughly 35 seconds remaining. The welterweight champ then pounced on Alves with more strikes before the period closed.

A quick and easy takedown from St. Pierre started the fourth. The French-Canadian moved into the mount at one point but later missed an armbar and gave up the top position. Alves could have won the round with his offense from the top, but St. Pierre likely stole it by getting to his feet, finishing a takedown and taking Alves' back.

Between rounds, St. Pierre told trainer Greg Jackson that he had pulled his groin.

"I don't care," Jackson said, rallying his charge for the final round.

The period played out the same as the four before it. Alves, whose face was swollen and bruised, was gutsy in climbing back to his feet each time he was taken down, but St. Pierre's wrestling was unstoppable.

"I don't know what happened, but I am in real bad pain," St. Pierre commented after the fight on his injury. "It happened in the third round and when I was on

my back. ... It could have been a very bad night for me if this thing would have turned bad."

It didn't, though, and now St. Pierre will face inevitable questions about a move to 185 pounds to challenge champion Anderson Silva.

"It's a question of timing," he said of the possibility. "I walk around at 185 pounds. I am not that big for a welterweight either. ... So if I move up, like I said, I don't fight to be champion anymore because I am a champion. If I do it, it's for a challenge, but I am going to have to take the time to gain weight and really take care of business."

Fitch thrashes Thiago

Jon Fitch outgrappled Paulo Thiago to prevail in their welterweight fight. Thiago neutralized the American Kickboxing Academy standout during the first round by working on a guillotine after giving up a takedown.

Fitch turned it on in the second and third rounds. He took Thiago down, took his back numerous times and also advanced to the mount briefly to win a unanimous decision (30-27, 29-28, 29-28).

Henderson handles Bisping

Dan Henderson flattened Michael Bisping 3:20 into the second round of a middleweight matchup between opposing coaches from the most recent season of "The Ultimate Fighter."

Henderson stalked Bisping around the cage throughout the fight while winging a heavy right hand. In response, Bisping kept circling and tried to counter without success.

The end came after Bisping flicked a left hand, which dropped his guard, and then ate a big right Henderson had loaded up on. A follow-up punch from Henderson on the ground stiffened Bisping, who lost for the first time at 185 pounds.

"I think that one was just to shut him up a little bit," said Henderson of the last punch on the already unconscious Bisping.

Henderson said he might have quieted his opponent for "a little while."

Akiyama edges Belcher

In a middleweight opener to the main card, Yoshihiro Akiyama won a split decision over Alan Belcher (30-27, 29-28, 28-29).

Both men landed big shots in an entertaining first round. Akiyama, who was debuting in the UFC, scored more points by connecting with kick-punch combinations and a Superman punch. However, Belcher also did damage with kicks and dropped Akiyama with a left hook.

Akiyama tripped his opponent to begin the second round. He had to win a scramble to stay in the top position, where he postured up and hammered Belcher with a pair of punches before slowing down.

Back on the feet, Akiyama looked tired, as Belcher kicked at his legs and rallied back in what was a close period. Belcher went back downstairs with kicks in the third. He worked Akiyama's lead leg and mixed in body shots and short punches that closed the judo black belt's left eye. The best strike came when Belcher shoved off the cage and drilled his foe with a Superman punch. Akiyama had a solid chin, however, which helped him win the fight.

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