

DIRECT LINE NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

This past week was nationally recognized as Teacher Appreciation week honoring those who selflessly dedicate their lives to teaching our youth. Especially here at NAS Sigonella, the teachers and staff at the Sigonella Elementary School and the Sigonella Middle/High School are the cornerstone to the education and future of our kids. During INDOC I always mention to the newcomers that if the base can provide safe housing and a quality education, most people can put up with anything. I know that the great teachers at our school are taking care of issue two. Teacher Appreciation week is being recognized from May 3rd - 7th and teachers all over America, and over-

seas, are being honored for their dedication, passion, and the caring nature they give. Teachers are the backbone of the educational system and they need our support and cooperation on a daily basis. The teachers and staff make a lasting contribution to the community and in their classrooms. From reading, writing and arithmetic, to career development and college prep classes, they make learning fun and leave a lasting impression. According to the National Parent-Teacher Association, schools with strong parent involvement programs experience profound benefits for students, parents, teachers, and administrators. Research shows that when

parents are involved in a students' education, those students generally have higher grades and test scores, better attendance, and more consistently completed homework. It is my own belief that the combination of the teachers, students, parents and volunteers make our school an incredible learning environment. Parent to teacher communication and involvement is paramount in the school system. We have parents volunteer in classrooms, on the School Advisory Committees and the Parent-Teacher Organization and associations on base. The School Advisory Committees (SAC) meet once a month, so please contact your student's school to find out the day

and time. Any parent is welcome to attend these meetings. These organizations make your school a better learning environment for your child, but, they can only do so with your participation. If you haven't already, take time to let your child's teacher know how much you appreciate them for what they are doing for your child. They often work hard and long hours preparing for their classes. Please take the time to say "thanks" to the teachers and staff at the Sigonella Schools and remember to volunteer if you can.



Skin and Sun

By Paola Klein
Health Promotion
US Naval Hospital Sigonella

It's that time of year again: The rain has gone and the long days of sun are here.

With this gorgeous, warm weather many of us will start to venture outside to bask in the warmth of the sun and enjoy weekend get-aways around the beautiful island of Sicily. As you enjoy this time of year don't forget to protect yourself. Protect yourself from what you ask?

Though the temperature has not reached scorching highs and the clouds are still lingering, your skin still needs protection. Often times we overlook using sun block during the winter and spring time seasons, however, we must remember that we are still being hit by the sun's dangerous UV rays. Most people know that using sunscreen is essential to protection

from the sun but do you know how to properly use it? Here are some helpful tips:

*Wear sunscreen everyday if you will be outside for more than 20 minutes.

*Apply sunscreen 15 to 30 minutes before going outdoors, and reapply every 2 hours or after swimming or sweating.

*Don't be shy when you apply! Use one ounce per application.

*When choosing sunscreen look for one with SPF 15 or greater.

*Throw out old bottles of sunscreen which can lose strength throughout the years.

*Don't forget to apply sunscreen to your ears and the top of your feet.

Love the skin you're in. Start incorporating proper wear of sunscreen today and make it a habit for life! For more information on skin and summer safety contact Health Promotion at 624-4710.



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NASSIG WORSHIP SERVICES

ROMAN CATHOLIC

Sunday

0830 Catholic Mass (NAS I Chapel)
1200 Catholic Mass (Mineo Community Center)
1600 Catholic Mass (NAS II Chapel)

1000
1130

PROTESTANT

Sunday

Traditional Protestant (NAS I Chapel)
Contemporary Protestant (NAS I Chapel)

CHURCH OF CHRIST LAY SERVICE

Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Sunday 1300 Catania Chapel, Please email jarreb@yahoo.com or call 624-1393 or 095-705-6108

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan; Phone Numbers & Rally Points; Public Protection Strategies; Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM Office at 624-2630, 8265 or 2621.

CHAPLAIN CORNER



Chaplain Wilson

Respect for Mankind

If you have watched the news anytime in the past ten years you have probably heard about Haditha. It is a village in Iraq, north west of Baghdad, that is infamous for the killings of civilian citizens by US Marines. It is a topic of much debate and misunderstanding. It ended with 24 civilians, including young children, dead and a long drawn out investigation and media storm. Only about eight of the 24 were insurgents. The Marines went from house to house hunting insurgents and in the meantime killing what some would call innocent lives. How do things like this happen? Some would argue bad training, some would argue the civilians were guilty. I feel however there is something less sinister, but something that is left unchecked could be equally as evil as murder itself. I suspect these Marines were suffering from an extreme degree of a lack of respect for their fellow mankind. Well, they were Iraqis after all, and not US citizens. They had lost the perspective of distinguishing between the innocent citizen and the insurgent. Now, as complex as insurgency is it is not my goal to second guess these Marines after the fact. That job belongs to the justice system. I do however, simply want to point out that when we deval-

ue life so much, we can rationalize even murder. Concerning the civilians of Haditha, in his book *The Gamble*, Thomas E. Ricks says that they were seen as "the playing field on which the contest occurs."

Marines from the top down within the command had approached the war in Iraq with a mindset that devalued human life. And in a culmination of this ideology we see a horrific event such as the one that took place in Haditha. When we begin to look at others as less than what they truly are we run the risk of devaluing them in order to justify even our own sin toward them. When we simply see others as less than ourselves we can justify anything we think or say about them and become more likely to do so in the future.

Now, we may never have the opportunity to go from house to house with a weapon and shot those we see as less valuable. But, we daily interact with people that we treat in a similar manner. Rather than seeing people, created in the image of God, equal to you in every way in their value, we often see them as different. It is true that we all have different gifts and talents that make us different people, but the underlying value we have is the same. It is when we begin to allow ourselves to disrespect this value that we place ourselves, incorrectly, in an arrogant position. We place more value on ourselves and ignore the value of others. My challenge to you is this: let's begin to look at our neighbors with due respect. In the eyes of God they are Kings and Queens in the same world we live in. Let's begin to treat our neighbors with the respect they deserve. Start speaking to them with words of kindness and gentleness. Let's help them in their times of trouble. Let's stop the backstabbing and bitterness due to differences of opinion. Let's renew our respect for our fellow man.

NAVY NEWS

Flooding Impacts Navy Personnel Systems, E-8 Board

From Chief of Naval Personnel Public Affairs

The flooding at Naval Support Activity Mid-South in Millington, Tenn., caused by heavy rains in the region are impacting personnel systems and processes.

As of May 3, all Navy Personnel Command (NPC) offices are closed and only mission essential personnel are allowed on base. Decisions regarding the rest of the week will be made as the situation is assessed.

According to NAVADMIN 159/10, major systems currently down affecting all Navy personnel are Bupers Online (BOL), Physical Readiness Information Management System (PRIMS), and the Web Enabled Record Review (WERR). The NPC website, www.npc.navy.mil, is also offline.

Access to NMCI in Millington is unavailable and orders cannot be issued due to the loss of the Navy Messaging System.

The telephone system in Millington has been restored however phone messages are not being monitored since personnel do not have access to their office spaces.

"With the events in Millington, many services that Sailors and their families have come to rely on have been temporarily affected," said Rear Adm. Don Quinn, commander, Navy Personnel Command, deputy chief of naval personnel. "Assessments are being made to evaluate the damage and estimate when the services will be restored. This may take some time so your patience is greatly appreciated." The E-8 selection board has been placed on hold until selection board services and access to Electronic Military Personnel Records System (EMPRS) is restored.

Sailors can continue to conduct reenlistment and detailing activities as normal using Career Management System Interactive Detailing (CMS/ID) although detailers have no access to this system. Perform to

Serve (PTS), Fleet Rating Identification Engine (FleetRIDE), Enlisted Assignment Information System (EAIS) and Officer Assignment Information System (OAIS) are unaffected by the flooding. According to a NSA Mid-South public affairs release, all base personnel and residents have been evacuated and there are no known casualties following a door-to-door inspection by NSA Security personnel.

The flooding was brought on by torrential rains and thunderstorms that swept through the area and caused creeks that run adjacent to the base to swell beyond protective levees. In addition to the base, the surrounding Millington community, as well as parts of Tipton County to the north of the base, encountered similar flooding according to the news release.

For updates, follow NPC on Facebook at NPCPAO and on Twitter at twitter.com/npcpao.

For more news from Chief of Naval Personnel, visit www.navy.mil/cnp/.



U.S. Navy photo by Mark Wilson

An aerial photograph showing flooding at Naval Support Activity Mid-South in Millington, Tenn. Two days of rain dumped more than 14 inches in the area, causing a levee to become overrun, flooding the base and surrounding community. The base is closed to all but mission-essential employees until further notice. Naval Support Activity Mid-South hosts several commands, including Navy Personnel Command and Commander, Navy Recruiting Command.

CNO Assures Millington Naval Community

By Chief of Naval Operations Public Affairs

"Our Navy leaders in Millington have been updating me continuously on the very serious flooding that began at the Naval Support Activity there yesterday. I'm very pleased with the swift response of the command team and our Sailors and their families in this extraordinary circumstance. Their preparedness and quick reaction ensured everyone's safety. We are assessing the damage to our housing and facilities, and determining the recovery plan. The entire Navy team will support our shipmates in Millington as they recover in the days ahead."

CNO Meets with Navy Families Displaced by Flooding in Millington

By MCI (SW/AW) Tiffini Jones Vanderwyst, Chief of Naval Operations Public Affairs

Chief of Naval Operations (CNO) Adm. Gary Roughead visited Naval Support Activity Mid-South command to meet with Sailors and families affected by severe flooding and survey the damage to the base on May 3.

CNO was accompanied by Chief of Naval Personnel (CNP) Vice Adm. Mark Ferguson and Commander, Navy Installations Command (CNIC) Vice Adm. Mike Vitale. The Navy leaders got a firsthand look at the condition of the base and discussed the path ahead for the Sailors, Navy civilians and their families as they recover from the flooding that overtook the base Saturday, May 1.

CNO said the Sailors' and Navy civilians' swift reactions to the flooding ensured the safety of those who work and live on the base.

"I can't say enough about how prepared this base was and how responsive everyone who serves here was," said Roughead, "First and foremost [to] safety, but then volunteering and making sure that everybody was taken care of."

During a town hall meeting with Sailors, families, volunteers and other base personnel, Roughead told those affected that the entire Navy is working to ensure they remain safe and cared for during the difficult time.

"I want to assure everyone here that the entire Navy is going to lean forward to make sure that we take care of your needs, that we meet the needs of your family and that we get the base restored and get your lives back to normal as soon as we possibly can," said Roughead. Roughead also expressed the importance of a quick recovery due to the business of the Navy that takes place in Millington.

"There is a lot that goes on here that affects everybody [in the Navy]," said Roughead. "I also want to make sure everybody understands we are going to do everything necessary to get Millington and the Navy personnel system back in battery, back in business and back to serving the fleet."

For more news from the Chief of Naval Operations, visit www.navy.mil/local/cno/.

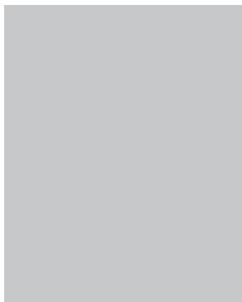
PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



U.S. Navy photo by Patrick Nichols

Contract employees with BP America, Inc. load an oil containment boom onto a work boat at Naval Air Station Pensacola to assist in oil recovery efforts from the Deepwater Horizon oil spill in the Gulf of Mexico. Deepwater Horizon was an ultra-deepwater oil rig that sank April 22, causing a massive oil spill threatening the U.S. Gulf Coast.



Community Calendar

MAY

	FRIDAY	SATURDAY	SUNDAY
7	FFSC ICR 12:30pm-3:30pm Sigonella MS/HS School Soccer @ Naples Baseball @ Naples Softball @ Naples	FFSC Infant Massage Marinai Community Center 10am-11:30am Sigonella MS/HS School Soccer @ Naples Baseball @ Naples Softball @ Naples	
10	14	15	16
10 FFSC ICR 8am-3:30pm Successful Single Parenting 2pm-4pm AAA Driver's Improvement Course 8am-4pm BETD Bldg. 407	14 FFSC Arrivederci 8am-11:30am	15 Sigonella MS/HS School Prom NMCRS Nearly New Shop OPEN	
11	13	17	18
11 FFSC ICR 8am-3:30pm Infant Massage Marinai Community Center 10am-11:30am Sponsor Training 9am-10:30am NMCRS Vounteer Orientation	13 FFSC Ombudsman Assembly 3pm-5pm Survive and Thrive 8am-3pm Credit Management 9am-11am Playgroup 0-12 Months 10am-11am	17 FFSC 10 Steps to a Federal Job 8am-12pm	18 FFSC Interview Techniques 1pm-3pm Basic Riders Course 8am-4pm BETD Bldg. 407
12	19	21	22
12 FFSC ICR 8am-3:30pm Playgroup 1-4 Years Old 9:30am-11am Men's Group 1:30pm-3pm NMCRS Budget for Baby	19 FFSC Men's Group 1:30pm-3pm Ricotta Cheese Workshop 9am-2pm Basic Riders Course 8am-4pm BETD Bldg. 407	21 FFSC ICR 8am-3:30pm	
13	20	23	
	20 FFSC Stress, Anger & Suicide 1pm-3pm Resume Writing 9am-11am		

NEWS BRIEFS

2010 Navy Ball Committee Asian Antiques and Furniture Auction

Saturday, June 5th 2010
NAS I Gymnasium
Naval Air Station Sigonella Sicily

Preview/Silent Auction 10:00a.m.
Live Auction 11:00a.m.

Over 300 items including:
Antique Furniture, Decorated
Porcelain, Lamps, Hand Tied
Rugs, Clocks, Carved Jade,
Mirrors, Paintings, Nautical
Collection, Crystal, Screens,
Cloisonne plus many One-of-a-
Kind items.

"Fantastic Buys!"
*"A fun new experience to shop
here"*
*Greatest furniture for the lowest
price"*
*"An exciting opportunity to get great
bargains"*

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Fleet and Family Support Center
Administration Building
Bldg. 319 (NAS I)

Monday-Friday 7:30 a.m.-4 p.m.
DSN 624-4291
Commercial 095-56-4291

Reverse Culture Shock Relocation Assistance Program

Article provided by FFSC
Sigonella

Returning home can be as great an adjustment as going abroad. Just as most of you had a period of adjustment upon arrival abroad, many of you also may experience a period of transition and readjustment to the United States. During your time away, you no doubt gradually adopted or accepted many of the ways of your host country, maybe without even realizing it. This new cultural perspective often leaves people feeling somewhat ambivalent about being back in the States; while happy to see family and friends, it sometimes may seem that you were strangely more at home abroad. Such sentiments, often referred to as reverse culture shock or re-entry shock, are common. Like culture shock, which you experienced while abroad, re-entry shock, too, has distinct stages.

Stage One: Disengagement may happen before you leave your host country and often occurs because of the pace of final goodbye dinners. As a result, you begin to distance yourself from friends and host-country nationals.

Stage Two: Initial euphoria also may occur as a result of leaving your host country and returning to the United States. This is where you may have formed idealistic views of home and what will happen upon your return. You are happy to be home! This feeling of euphoria may last a few weeks but

may inevitably give way to feelings of loneliness.

Stage Three: Irritability and hostility may occur when you realize that life at home went on without you, and as you were learning new things and making subtle changes, they were too. You may feel that friends and family don't understand or want to hear what you experienced abroad.

The Challenges:

Back on U.S. soil, you may experience a number of challenges, including:

- Boredom
- Restlessness
- Realizing that people at home do not appear to think beyond the U.S. bubble
- Realizing you cannot fully articulate your experience
- Realizing relationships have changed
- Homesickness for your host country
- The belief that people misunderstand
- Feelings of alienation

These are all natural reactions to having spent a great deal of time and energy in adapting to a new country, culture, language and way of life, only to pack up and leave four months later. It takes time to process what you have experienced and the sense of loss once you leave.

For many of you it may be months or even years before you truly can express how this experience has shaped your values, beliefs, politics

and goals for the future. But you will come through it, and below are a number of tips on staying connected without alienating those around you.

Managing Stage Three: Irritability and Hostility

- Stay connected with host-country nationals you befriended as well as the U.S. students with whom you have shared this experience.
- Share your experience with others who were abroad at the same time.
- Like you may have done while you were abroad, continue to write in a journal about your new journey at home.
- Try to be patient with friends and family who may appear uninterested or who want to talk about what happened to them while you were abroad
- Read a book in your host-country language or rent a foreign movie.

Stage Four: Readjustment and adaptation. Patience and continued reflection will lead to Stage Four. You may see the world through a different lens now but are quick to find that the cultural differences you once thought so great are, in reality, infinitesimal. You have learned to incorporate the changes you've made within yourself, into new goals and ideas that don't negate your own culture's norms and values. You have attained a balance between both cultures.

Sigonella Community Scholarship Fund: Deadline May 14, 2010

Provided by YNC Robert Frye

It is springtime; a time of new beginning, a time for the birds to chirp, the time for flowers to blossom and the time for the sun to shine longer. It is also the time for the annual "Sigonella Scholarship Fund". The Sigonella Community Scholarship Council (SCSC) invites you to apply for a scholarship to help defray the cost of post-secondary education. The SCSC provides scholarships to Sigonella community members from funds donated by commands, organizations, and individuals in the NAS Sigonella community. The amount of the awards will be determined by available funds. Awards may be used in payment of tuition, fees, books, etc., and will be sent directly to the educational institution. The scholarship is open to seniors in high school, family members who desire to continue their education, and active duty personnel. Scholarships will be awarded in the following 5 categories: Academic, Athletics, Leadership, Arts & Music,

and General. You may apply in one or more categories, but you can win in only one category. The application process is pretty easy. A grade point average of 3.0 is the first criteria that you should have achieved. A copy of your high school transcripts with an acceptance letter from an accredited university if you are currently a senior in high school. If you are continuing your education, you will need to have a current college transcript (if you have attended school in the past). Everyone will have to complete an essay which needs to be 250 and 500 words, double-spaced, and typewritten or printed. The topic for the essay is: "What is your most outstanding personal quality? How do you plan to utilize and develop that quality in the future?" and have two letters of recommendation that are part of the package. Sigonella Community Scholarship Applications on NAS I can be picked up at the School's Liaison office located at the Sigonella Elementary School, room 102a, at the Sigonella Middle/High

School Front Office or the Community Bank. On NAS II, Chief Frye will have applications available for pickup at the Command Building 476 located across the street from the air terminal and with Mr. Michael Boyle at the Community Bank. Please complete the application forms and attach it to the materials you submit. Your completed application package must be submitted no later than May 14, 2010 in a sealed envelope in two areas. The School Liaison Office w/Mrs. Miki Gilbert and on NAS II with YNC(AW) Frye at the Command building 476 in Admin located across the street from the air terminal. Congratulations on applying for the Sigonella Community Scholarship. The Sigonella Community Scholarship Council wishes you continued success as you continue your education. If you have any questions about the application or selection process, please contact Lieutenant Commander John Montinola, at 624-5975/5711 or john.montinola@eu.navy.mil.

Alberto Lunetta
The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle

Outdoor Activities in Motta This Weekend



Come and enjoy the beauty of the Sieli hills and the plain of Catania by hiking the local trails. The 11th edition of the Motta Sant'Anastasia outdoor festival offers you a unique chance of understanding the local natural environment and mingling with the local population. Show up at 9 a.m. on Sunday, May 9 in piazza Umberto and join the Italian hikers' group. The event will begin with a guided tour of the enchanting medieval castle. At the end of the walk, the Pro Loco Motta Tourist Office will offer a free tasting of freshly baked bread to all participants. Admission is free. For more information call Motta Tourist Office at 095-308161.

Three Patron Saints Festival Returns to Trecastagni

Just like parents share love among all their children, Trecastagni townspeople share their faith among three saints. The Martyr Brothers or "Alfio, Filadelfo and Cirino," are the three town's patrons. Devotees believe these saints have the power to win divine aid for mortal petitioners by interceding with God. Celebrations, which go back to the 16th century, also include a spectacular Sicilian carts parade and the traditional garlic fair that seems to be very popular among the Sigonella community. Garlic is considered as a symbol of the pilgrim's participation in the festival and is traditionally believed to keep evil away and grant health and protection from illness. So make sure you make a good supply of it! Sicilian anthropologist Giuseppe Pitre gives a vivid description of the festa (festival) writing that "surging crowds of devotees" attend the celebrations "singing, dancing, playing, laughing and swaying like waves in a stormy sea."

Feasts of the Three Saints are also held in other parts of Sicily (St. Alfio, St. Fratello and Lentini), Italy (Vaste near Lecce) and the world (Lawrence, Massachusetts (USA) and Sidney (Australia)). Celebrations actually begins on May 1 with hundreds of pilgrims performing under all weather conditions the Viaggio di Sant'Alfio (St. Alfio's journey). It is a visit to the sanctuary that is paid daily from May 1 through 10, to fulfill the vows they have made to the saint for granting a wish or bringing themselves or their beloved relatives and friends safely through an accident or an illness. Although, this pilgrimages might seem less "picturesque" than the ones performed by the Nudi (in the night devotees wearing white shorts and a red band on the chest also walk (some barefoot) from Catania and other Etna towns to the Sanctuary of St. Alfio)

FESTIVAL, continued on Page 7



This weekend, the community of Trecastagni will honor their three patron Saints, the Martyr Brothers or "Alfio, Filadelfo and Cirino," with a spectacular religious festival featuring processions, parades of Sicilian carts, religious plays performances fireworks, food booths, a garlic fair and local band concerts.

Sciacca's Carnival, an Ancient Tradition of Merry-Making

Don't be surprised to hear that "Carnevale di Sciacca," one of the most ancient merrymaking festivals in the island, will be held next week. Those amazing merrymaking celebrations, which are typically held in February, just as it happens with the

other carnival festivities across the island, were postponed to May due to a landslide which hit the town's historic center. So get ready for four days of blast running from Thursday, May 13 through Sunday May, 16.

Sciacca, an ancient coastal town in the Agrigento province, is mainly famous for its thermal baths, but also for its anchovy and sardine industry and ceramic and coral craftsmanship. Sicilian clergyman Mario Ciaccio was the first historian to describe the Carnival of Sciacca in 1890. However, historic sources tell us that the carnival has been actually celebrated since the 17th century.

At the beginning, Sciacca's Carnival was mainly a celebration of country life with food and wine. Peasants, fishermen and herdsmen with painted faces and funny hats, played pranks and exchanged insults, played role reversals and made political satire. This was called "lu gabbu" (the mockery). Nobody was offended because that was what carnival was all about. The grand finale for the celebrations was the burning of "lu Nannu," (today named "Peppi 'Nnappa") a straw dummy who represented the manifested spirit of carnival. Doing so, bad luck and sins were burned away, leaving the town pure and filled with hope for good things to

come. Today, the allegorical "Carri" or floats are the highlights of the celebrations. Associations including amateur musicians, ceramists, costume designers, poets, craftsmen and decorators begin creating these majestic parading papier-mâché



Photo by Skyscrapercity.com

floats after the summer. At the end of every working day around midnight, everyone who is involved in building a float gathers for the "Schiticchio (dinner among friends). This is an important social moment as it enhances group cohesion. The "carri allegorici" (allegorical floats) depict political and social satire. Ballets and performances are held during the parades. In Sciacca food is always a big deal and especially at carnival. Traditional foods and dolci (sweets) associated with Carnevale include "cucchitelle" (cookies made with pumpkin and covered with frosting), cannoli , chiacchiere, (irregularly shaped pieces of dough, fried and

dusted with powdered sugar) "Maccaruna di zitu" (maccheroni pasta with pork ragu sauce) and "pasta con le sarde" (pasta with sardines) among others. During the festival, stands selling typical carnival food are open all day long in the historic center.

"Float parades schedule"

Here are some of the must-see events of this amazing carnival. Amazing parades of dazzling masqueraded groups and allegoric floats will be held in the towns' historic heart at 4 p.m. on May 14, 15 and 16, a morning parade will also be held on Sunday, May 16 at 11 a.m. Music shows and entertainment will be held every night at 9 p.m.

On the last day of carnival, May 16, celebrations come to a spectacular symbolic end around 2 a.m. (May 17) with the burning of the "Peppi 'Nnappa" puppet in piazza La Rosa. I know it's late but really, it's worth it! Celebrations will also include a vintage Vespa scooters gathering (May 16 at 10 a.m. in piazza Duomo), carnival activities for children (May 16 at 11 a.m. historic center), street artists' entertainment, Brazilian dancers and carnival performances featuring a Misterbianco group. Sciacca is about two hours and half from Catania. It is fairly easy to reach. Exit Caltanissetta on the Catania-Palermo highway. Take the Agrigento-Caltanissetta national road. Once you get to Agrigento. Take the Agrigento-Sciacca and follow directions for Sciacca. For more information and detailed schedule call the following numbers: Sciacca City Hall at 0925-20111.

Italy First in World to Monitor Underwater Volcanoes

(Story by XINHUA)

Rome- The Italian government last week signed a special decree for the creation of an international scientific body aimed at studying and monitoring the country's underwater volcanoes, the civil protection chief and undersecretary of state Guido Bertolaso said.

Italy will be the first country in the world to adopt such a groundbreaking approach, according to a statement by the civil protection headquarters.

The goal is to assess Italy's volcanic risk, with a particular focus at controlling the activity of the 12 "invisible" submarine volcanoes all located between the Tyrrhenian Sea and Sicily's Canal.

Bertolaso warned that these underwater volcanoes were even more terrifying than the rest because they are difficult to track being below the

VOLCANO, continued on Page 7

John Lennon: Remembering the Working Class Hero

Article by Giovanna De Gennaro

"As soon as you're born they make you feel small, By giving you no time instead of it all, Till the pain is so big you feel nothing at all, A working class hero is something to be..."

Put together musical talent, personal charisma and a genuine desire for social and political change and you've got John Lennon. Finding the right words to define the Lennon-phenomenon is something to be found in people's hearts rather than in the hall of fame, pop charts or music billboard. The end of 2010 marks the thirtieth anniversary of the ex-Beatle's death but his image and pathos for social and humanitarian concerns are anything but dead. They are alive and kicking.



John Winston (he later changed the hated middle name to Ono) Lennon was a Liverpoolian born in 1940 to a working class family in the midst of a German air raid. John's father went out to sea with the Merchant Navy so he was mostly raised by his mother until she was killed - from thereon he was raised by his maternal aunt. The lack of a unified family is partly responsible for the development of young John's rebellious and anti-conformist nature. "I was a troublemaker...I did not conform and I would influence their kids...I did my best to

disrupt every friend's home...Partly, maybe, it was out of envy that I didn't have this so-called home." said Lennon about his childhood. It was Lennon who later created and spear-headed the Beatles. He met Paul McCartney at the age of 16 and the two formed a band called The Quarrymen. Eventually George Harrison and Ringo Star joined the

JOHN LENNON, continued on Page 12

VOLCANO, continued from Page 7

sea-level. Speaking at the foreign press association, Bertolaso analyzed Italy's volcanic risk observing that alongside Iceland it had the most active volcanoes in Europe. The most perilous, in need of constant monitoring, are Naples' Vesuvius (an eventual eruption is set to impact on millions of people living in the area), Stromboli, Etna and the island volcano of Ischia.

According to Bertolaso, Ischia's was even more hazardous than the others given that the top of the volcano had recently grown up to 800 meters with inside pure magma.

But there's much more to be worried about. "Among these 12 underwater volcanoes is the Marsilio, with a surface of 50x20 km that makes it the world's largest active volcano. But we know nothing on it," he added.

Four ships will be needed in the monitoring activity. It will take about 3 years and cost 10 million euros to have an efficient underwater mapping, said Bertolaso.

NEW ARRIVALS



Name: Alexander Robert Gagnon
 Gender: Male
 Born on: 21 APR 2010
 Weight: 7 lbs, height: 18 3/4 in
 Parents: Michelle and Ryan Gagnon

Name: Nicole Coston
 Gender: Female
 Born on: 27 APR 2010
 Weight: 6 lbs 2 oz, height: 17.75 in
 Parents: Cristina and Stephen Coston

FESTIVAL, continued from Page 7

the St. Alfio's journeys are still a genuine and low-profiled display of true devotion.

Historic chronicles tell us that, in the year 1516, "The Three Saints" began to be venerated with a particular fervor in Trecastagni after the finding of their relics in a monastery near Messina.

Throughout the centuries the festival was enriched with more elements like the representation of the life of the Three Saints.

"Life of the Three Saints" Accounts of the life and the martyrdom of the three saints can be found in a manuscript by a monk who lived in the 11th century and in a book, dating back to 1691, written by priest Filadelfio Mauro. Both lived in Lentini. The Three Saints were born in Vaste (Lecce) in the III century. During the persecutions made by the Romans against the Christians, they were arrested and forced to leave Sicily to go to Rome where they were convicted and tortured. Historic chronicles tell of miracles worked by the saints like for instance the fact that every place they visited became a Catholic community. Since they belonged to a noble family, Romans feared that they could influence other aristocrats therefore they used them as scapegoats to convince the others to stay away from the Catholic religion.

After being tortured in Pozzuoli and then back in Sicily, they were eventually martyred in Lentini on May 10, 253 AD. Although the festival was meant to celebrate all three saints, the devotion of St. Alfio somehow darkened the memory of the other two saints. This is probably due to the fact that Alfio was the elder brother and consequently was the one who always spoke on behalf of his family.

During the centuries, people tended to ask St. Alfio rather than to his

brothers intercession for healing from serious illnesses and injuries. Once the miracle is granted, devotees feel obligated to thank the saint. That is why today the Nudi still perform with spectacular processions carrying heavy wax candles that can weigh up to 220 pounds. Around the candle a red ribbon with a picture of the saints is tied.

Throughout the centuries, the desire to give thanks to the saints has also been driving pilgrims, who were healed after praying the saints, to paint or commission ex-votos that are pictures on wood, cardboard or canvas describing the accident for which the saint help was invoked. Trecastagni boasts an impressive collection of hundreds of those ex-voto- icons, which also includes artificial limbs donated after the healing to the sanctuary by the pilgrims. Visiting the collection is a touching experience, every painting tells a story of joys and sorrows. Acì Sant'Antonio Sicilian carts' craftsmen have been the authors of those art pieces. They are among the few artists who keep alive this ancient decorating tradition. Don't miss it!

"Festival Schedule Highlights"

The festival starts on May 6 with the procession of the three candle, (heavy wooden floats, about six meters in height, with a big main wax candle surrounded by sculptures representing the martyrdom of the three saints) leaving from the Saint Alfio's sanctuary. At 5 p.m., these beautiful decorated floats are carried in procession throughout the city historic center. These processions will be repeated daily through May 11. On the second day of the festa (May 7), the Sagra delle Musiche, a music show is performed at 6 p.m. by local bands in piazza Saint Alfio.

On May 8 at 7:30 p.m. the relics of the Saints are brought in procession from the main church to the Saint

Alfio sanctuary. The procession lasts until late evening. During the tour of the relics, the city band will be performing in piazza dei Bianchi throughout the night.

In the evening, at 9 p.m. a religious play telling the story of the saints' lives is staged right outside the St. Alfio Sanctuary.

The highlight of May 9 (the third day of the festival) is undoubtedly the spectacular fireworks' show that is performed at 5:30 p.m. in piazza Marconi (the main square) and the local soccer field. Several pyrotechnic operators from all over Sicily will be competing for the best performance. But even more spectacular is the long and exhausting journey that is undertaken by barefoot pilgrims coming from all Trecastagni's surrounding towns, who walk all night long until they get to the Sanctuary, to show their faith to the saints.

The celebrations highlight is May 10 when the unveiling of the Three Saints' Statues is performed before a huge crowd of devotees at 9 a.m. The ceremony takes place at the Saint Alfio's Sanctuary, located in piazza St. Alfio, where the statues are usually kept. After that, the statues are placed on the carriage to be ready for the long procession. Later on, the first solemn procession during which the statues will be carried in procession throughout the historic center begins at 1 p.m. After the stop at the main church (Chiesa madre di San Nicola) the procession is repeated at 5 p.m. and lasts until late night.

The last day of the festival (May 11) features a solemn Holy Mass, held at 7 p.m. at the main church, at which the Catania Archbishop will preside. During the mass a choir and organ concert is performed.

As the schedule might be subject to changes, call the St. Alfio Sanctuary at 095-7806502 or the Trecastagni City Hall at 095-7020011 (both Italian speaking only) before you decide to attend the Festa.

Cin! Cin!

CELEBRATING THE FOOD & WINE OF SICILY

Shrimp Salad and Shrimp Kababs Make for a Great Sicilian Meal

Photos by MC2 Jason Poplin
NPASE East Det Sigonella

Shrimp Salad

Ingredients:

Shrimp
Mayonnaise
Paprika
Ketchup
Salad greens

Method:



1. Boil a package of shrimp in a large pot for 1.5 min.



2. After boiling for 1.5 minutes, the shrimp should float to the top of the water. This is how you know it's time to remove them from the heat.



3. Drain the shrimp in a colander.



4. After draining, immediately put the cooked shrimp in a bowl that's filled with ice to stop the cooking process.



5. After letting the shrimp cool, remove from the ice bath.



6. Begin peeling the outer layer of the shell.



7. Take a big scoop of mayonnaise and place it into a bowl.



8. Squeeze a bit of ketchup into the bowl with the mayonnaise.



9. Add a dash of paprika. Taste to make sure it's spicy enough for your liking.



10. Mix it all together.



11. Take a bed of salad greens and place them on a plate.



12. On top of the salad greens, place some of the cooked and deshelled shrimp.



13. Top the shrimp with some of the mayonnaise/ketchup dressing.



14. Buon appetito!

Shrimp Kababs

- Ingredients:**
King Prawn shrimp
Olive Oil
Sesame Seeds
Cucumbers
Salad Greens
(for garnishing)
Quarter of an Orange
(for garnishing)
Kabab sticks

Method:

1. Begin by pouring the sesame seeds out onto a big platter. Have the shrimp nearby.



2. Peel all of the shell off of the shrimp except for the bit by its head.



3. Drizzle olive oil over the top of the peeled shrimp.



4. Make sure you coat both sides with the olive oil.



5. Dip the oiled shrimp into the sesame seeds, making sure to coat all around it.



6. Cut up some cucumber and place into a large bowl.



7. Place one slice of cucumber through the kabab stick.



8. Push two pieces of shrimp through the kabab stick.



9. Sprinkle with any leftover sesame seeds.



10. Grease a baking dish.



11. Lay the cucumber and shrimp kababs on top of the greased sheet and sprinkle with salt.



12. Bake in a 350 degree oven for 40 minutes.



13. Lay some salad greens onto a plate and top with the cucumber and shrimp kababs. Garnish with a quarter of an orange.



NAS Sigonella Ombudsman Program

Our Mission:

- Primary liaison between families and the command
- To be an advocate for families and single sailors
- To disseminate information regarding command policies, services available, deployments, and Individual Augmentee (IA) support
- To be the primary POC for families and single sailors and to refer them to the appropriate agency for questions, concerns, help, or intervention

Our Commitment:

- We are committed to representing and supporting the command as well as the families and single sailors
- We are committed to presenting accurate and up-to-date information for referrals
- We are committed to COMPASSIONATE and CONFIDENTIAL advocacy within the guidelines of OPNAVINST 1750.1F
- We are committed to being available 24/7. Please keep calls between 0900-2000 unless you are experiencing an emergency. Call us at 624-4291 or 24/7 at 335-580-1269 for more information.

Go Green Sigonella!



Are You
Doing Your
Part?

10 Easy Tips To Go
Green

1. Shorten your shower - Every minute you cut from your shower is roughly 5 gallons of water. The less time your shower takes, the lower your impact on the environment.

2. Get a reusable bag - You can't recycle plastic bags, instead get yourself a reusable bag so that you won't have to worry about carrying your necessities.

3. Wrap Presents Creatively - Without going out to get wrapping paper you can use newspaper, an old map, or anything else. It would look a whole lot more creative.

4. Walk or Ride Your Bike When you Can - If you have to go somewhere close consider riding your bike or walking there instead of your car. It's better on the environment and healthier.

5. Turn off your lights - An easy one. Turn off your lights when you are not using them. The benefits are obvious.

6. Recycle Glass - If you do not recycle this, it will take a million years to decompose.

7. Get rid of baths - Don't take baths, take showers. You will in average save about half the amount of water that you would if you were taking a bath.

8. Change to Fluorescent Bulbs - If every house in the United States changed all of the light bulbs in their house, that would be equivalent to taking one million cars off the streets.

9. Go paperless when possible - Make it a habit to think before you print: could this be read or stored online instead? When you receive unwanted catalogs, newsletters, magazines, or junk mail, request to be removed from the mailing list before you recycle the item.

10. Be bright about light - Make it a habit to turn off the lights when you're leaving any room for 15 minutes or more and utilize natural light when you can.

Ristorante Bella Etna

7	<p>*Breakfast: Rolled Oats, Grilled Sausage Patties, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls. *Lunch: Chicken Corn Chowder, Tempura Fish, Beef & Broccoli, Paprika Buttered Potatoes, Glazed Carrots, Fried Okra, Spiced Cake w/ Frosting, Crisp Drop Cookies. *Speed Line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK. *Dinner: Chicken Noodle Soup, Baked Fish, Grilled Steaks, Tossed Green Rice, Corn O'Brien, Lima Beans, Spiced Cake w/ Frosting, Crisp Drop Cookies, RIKPAK.</p>
8	<p>*Breakfast: Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake. *Brunch: Breakfast Items, Creole Soup, Teriyaki Chicken, Fried Rice, Steamed Broccoli, Calico Corn, Cherry Pie, Abracadabra Bars. *Dinner: Vegetable Soup, Baked Lasagna, Jaegerschnitzel, Steamed Rice, Seasoned Asparagus, Steamed Cauliflower, Garlic Bread, Cherry Pie, and Abracadabra Bars.</p>
9	<p>*Breakfast: Rolled Oats, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast Puff, Asstd Doughnuts, Italian Croissant. *Brunch: Breakfast Items, Puree Mongole Soup, Cheddar Chicken Broccoli, Fishwich Sandwich, Onion Rings, Eggplant Rataouille, Southwestern Rice, Club Spinach, Almond Cake, Crisp Toffee Bars. *Dinner: Chicken Vegetable Soup, Sauerbraten, Mustard Dill Baked Fish, Spring Garden Rice, Mashed Potatoes, Natural Pan Gravy, Steamed Cut Green Beans, Seasoned Carrots, Almond Cake, Crisp Toffee Bars.</p>
10	<p>*Breakfast: Hot Hominy Grits, Minced Beef on Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Streusel Coffee Cake. *Lunch: Creamed Broccoli Soup, Roast Beef, Lemon Baked Catfish, Steamed Rice, Mixed Vegetables, Eggplant Parmesan, Yellow Cake w/ Icing, Fruit Ambrosia. *Speed Line: Assorted Pizza, RIKPAK *Dinner: Mulligatawny Soup, Cajun Meatloaf, Grilled Chicken Breast, Rice Pilaf, Brown Gravy, Peas & Onions, Corn on the Cob, Yellow Cake w/ Icing, Fruit Ambrosia, RIKPAK.</p>
11	<p>*Breakfast: Hot Farina, Oven Fried Bacon, Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Biscuits and Gravy, Asstd Doughnuts, Streusel Coffee Cake. *Lunch: Chicken Vegetable Soup, Roast Turkey, Braised Beef Cubes, Steamed Rice, Mashed Potatoes, Turkey Gravy, Carrots and Orange Amandine, Club Spinach, Fruit Cocktail Upside Down Cake, Chocolate Chip Cookies. *Speed Line: Assorted Pizza, RIKPAK. *Dinner: Zesty Bean Soup, Baked Stuffed Fish, Baked Lasagna, Orange Rice, Southern Greens, Seasoned Mixed Vegetables, Fruit Cocktail Upside Down Cake, Oatmeal Cookies, RIKPAK.</p>
12	<p>*Breakfast: Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Bear Claws. *Lunch: Beef Rice Soup, Baked Fish w/ Cherry Tomato Sauce, Honey Ginger Chicken, Garlic Cheese Potatoes, Rice Pilaf, Eggplant Parmesan, Brussels Sprouts Polonaise, Cheese Cake, Chocolate Pudding. *Speed Line: Grilled Cheese/Hamburger, Baked Beans, French Fried Potatoes, RIKPAK. *Dinner: Cream of Chicken Soup, St. Louis BBQ Pork Ribs, Tortellini, Steamed Rice, Greens Beans Nicoise, Steamed Peas, Cheese Cake, Chocolate Pudding, RIKPAK.</p>
13	<p>*Breakfast: Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Raisin Muffins. *Lunch: Corn Chowder Soup, Roast Pork, Chinese Five Spice Chicken, Mashed Potatoes, Brown Gravy, Steamed Rice, Seasoned Carrots, Asparagus, Peanut Butter Cookies, Cherry Pie. *Speed Line: Assorted Pizza, RIKPAK. *Dinner: Minestrone Soup, Salisbury Steak, Baked Fish, Ginger Rice, Mexican Corn, Steamed Broccoli, Cherry Pie, Peanut Butter Cookies, RIKPAK.</p>
14	<p>*Breakfast: Hot Oatmeal, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls. *Lunch: Cream of Potato Soup, Beef with Broccoli, Baked Fish, Tempura Fish, Tossed Green Rice, Seasoned Mix Vegetables, Summer Squash, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding. *Speed Line: Grilled Hamburger/ Cheeseburger, French Fried Potatoes, Baked Beans, RIKPAK. *Dinner: French Onion Soup, Oriental Pepper Steak, Grilled Chicken Breast, Steamed Rice, Spinach, Cauliflower Polonaise, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding, RIKPAK.</p>

ON THE GO WITH MWR



NASSIG
Designated Driver
Entry Form

Thank you for being a designated driver.



MWR Ensures a Safe Arrival

The Designated Driver (DD) Program is a reward system set up to encourage military and family members to have a friend always with them who is the acting designated driver. All patrons have to do is identify themselves as a designated driver entitling them to free non-alcoholic beverages all night at MWR facilities such as Connections Recreation Center, Jox Pub, and SpareTime Bowling Center. Plus, the DD is entered in a monthly drawing for a free NEX phone card. For more information on the designated driver program, call 624-4263.

On top of the Designated Driver Program, MWR has contracted a taxi service. Rates are available for locations on the economy as well. Taxi information fliers are available at all MWR facilities or on Facebook at www.facebook.com/mwrsigonella. For more information, stop by any MWR Facility.

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



Friday, May 7

- 5:00pm Date Night PG-13
- 5:30pm **Remember Me PG-13**
PREMIERE
- 7:30pm **She's Out of My League R**
PREMIERE
- 8:30pm Crazy Heart R

Saturday, May 8

- 2:00pm **Diary of a Wimpy Kid PG**
PREMIERE
- 2:30pm Alice in Wonderland PG
- 4:30pm Remember Me PG-13
- 5:00pm Our Family Wedding PG-13
- 7:00pm **She's Out of My League R**
- 7:30pm Green Zone R

Sunday, May 9

- 2:00pm Alice in Wonderland PG
- 2:30pm Diary of a Wimpy Kid PG
- 4:30pm Remember Me PG-13
- 5:00pm **She's Out of My League R**
- 7:00pm Shutter Island R

Tuesday, May 11

- 5:00pm Diary of a Wimpy Kid PG
- 5:30pm **A Nightmare on Elm Street R**
PREMIERE
- 7:30pm Shutter Island R
- 8:00pm **She's Out of My League R**

Wednesday, May 12

- 5:00pm Alice in Wonderland PG
- 5:30pm Remember Me PG-13
- 7:30pm **A Nightmare on Elm Street R**
- 8:00pm **Cop Out R**
LAST SHOWING

Thursday, May 13

- 5:00pm Our Family Wedding PG-13
- 5:30pm Date Night PG-13
- 7:30pm **Shutter Island R**
LAST SHOWING
- 8:00pm Green Zone R

Friday, May 14

- Friday, May 14
- 3:00pm Diary of a Wimpy Kid PG
- 5:00pm Our Family Wedding PG-13
- 5:30pm **The Bounty Hunter PG-13**
PREMIERE
- 7:30pm Brooklyn's Finest R
- 8:00pm Crazy Heart R

REMEMBER ME- Robert Pattinson, Emilie de Ravin, Chris Cooper, Lena Olin, Tate Ellington

Tyler, a rebellious young man in New York City, has a strained relationship with his father ever since tragedy separated their family. Tyler didn't think anyone could possibly understand what he was going through until the day he met Ally through an unusual twist of fate. Love was the last thing on his mind, but as her spirit unexpectedly heals and inspires him, he begins to fall for her. Through their love, he begins to find happiness and meaning in his life. But soon, hidden secrets are revealed, and the circumstances that brought them together slowly threaten to tear them apart. Remember Me is an unforgettable story about the power of love, the strength of family, and the importance of living passionately and treasuring every day of one's life. (112 min.)

SHE'S OUT OF MY LEAGUE- Jay Baruchel, Alice Eve, TJ Miller, Mike Vogel, Nate Torrence

Kirk, an average Joe, can't believe his luck. Though he's stuck in a seemingly dead-end job as an airport security agent, against all odds, Molly, a successful and outrageously gorgeous babe, has fallen for him. Not only is Kirk stunned, but his friends, family and his ex-girlfriend, too. Now he has to figure out how to make the relationship work, even though he'd be the first to admit she's totally out of his league. (105 min.)

DIARY OF A WIMPY KID- Zachary Gordon, Robert Capron, Rachael Harris, Steve Zahn, Devon Bostic

Follows the travails of wise-cracking middle school student Greg Heffley over the course of an academic year. (91 min.)

A NIGHTMARE ON ELM STREET- Jackie Earle Haley, Rooney Mara, Kyle Gallner, Katie Cassidy, Thomas Dekker

A group of suburban teenagers share one common bond, they are all being stalked by Freddy Krueger. A horribly disfigured killer who hunts them in their dreams. (96 min.)

COP OUT- Bruce Willis, Tracy Morgan, Adam Brody, Kevin Pollak, Ana De La Reguera

Two longtime NYPD partners on the trail of a stolen, rare, mint-condition baseball card find themselves up against a merciless, memorabilia-obsessed gangster. Jimmy is the veteran detective whose missing collectible is his only hope to pay for his daughter's upcoming wedding, and Paul is his "partner-against-crime" whose preoccupation with his wife's alleged infidelity makes it hard for him to keep his eye on the ball. (110 min.)

SHUTTER ISLAND- Leonardo DiCaprio, Mark Ruffalo, Ben Kingsley, Michelle Williams, Max von Sydow

Two U.S. marshals, Teddy and Chuck, are summoned to a remote and barren island off the coast of Massachusetts to investigate the mysterious disappearance of a murderer from the island's fortress-like hospital for the criminally insane. (138 min.)

THE BOUNTY HUNTER- Jennifer Aniston, Gerard Butler, Jeff Garlin, Jason Sudeikis, Christine Baranski

Milo Boyd, a down on his luck bounty hunter gets his dream job when he's assigned to track down his bail-jumping ex-wife. (106 min.)

OUR FAMILY WEDDING- Forest Whitaker, America Ferrera, Carlos Mencia, Regina King, Diana Maria Riva

"Our marriage, their wedding." It's lesson number one for any newly engaged couple, and Lucia and Marcus are no exception. They learn the hard way that the path to saying "I do" can be rife with familial strife. When they return from college and too suddenly announce their marriage plans, they soon discover that their fathers - two highly competitive over-the-top egos - can wreak a major amount of havoc on their special day. With insults flying and tempers running high, it's anyone's guess if the alpha dads will survive to make it down the aisle in one piece. Lucia's mother is busy planning the wedding of "her" dreams and the only levelheaded one in the bunch is Angela, the groom's father's best friend and lawyer, who manages to keep her cool when the madness reaches a crescendo. With only weeks to plan their wedding, Lucia and Marcus soon discover the true meaning of love and find there is truth to the saying - that when you marry someone, you marry their entire family. (103 min.)

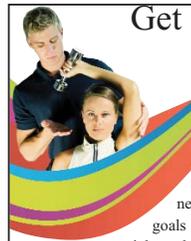
HOW TO TRAIN YOUR DRAGON- Jay Baruchel, Gerard Butler, America Ferrera, Jonah Hill, Craig Ferguson

A Viking teenager who is being trained to fight dragons encounters and ultimately befriends one of the flying fire-breathers. (93 min.)

SCHEDULE IS SUBJECT TO CHANGE,
PLEASE CALL TO CONFIRM MOVIE
SHOWINGS.
MOVIE HOTLINE:
624-4248

For more information on MWR's
programs and services, call 624-3968.

Get Fit the Right Way Personal Trainers Now available!



MWR now has certified personal trainers available. Stop by Fit District or Flight Line Fitness Center to make your appointment. Benefits from a personal fitness training program designed with your goals in mind. Whether you are looking to lose weight and keep it off, build lean muscle, or just look and feel great, our personal trainers will help get you there. 5, 10, 20 session packages available (includes free fitness assessment). For info call 624-4951.

Get Crafty With Grillin'

Leisure classes expand to the grill

MWR now offers a host of crafty classes and this month our local chef will show you how to get crafty on the grill. Fees apply for all classes. Payment due at time of registration at ITT Gear-n-Go. For more info, or to teach a skill, contact the Community Activities Office at 624-4941 or ITT Gear-n-Go at 624-4777.

- May 4 Fabric Flower Accessories
- May 6 Outdoor Cooking Class; Grilling and a lot more!
- May 12 Wire-Wrapped Bracelets
- May 20 The Art of BBQ

ART CLASSES with Patrizia Greco Elements of Art

- Ages 6 to 12: Tuesdays 3 - 4 pm
- Ages 13 to 17: Thursdays 3 - 4 pm
- Ages 18 +: Wednesdays 5 - 6 pm



Father's Day Taormina Spa Weekend

Everyone needs a spa weekend! Enjoy a Father's Day Spa Weekend in Taormina, Friday, June 18 to Sunday, June 20. Slip away from it all with a relaxing weekend at a spa located in Taormina beach area of Letojanni, Sicily. Stay at Hotel Olimpo which is part of a unique complex of three hotels in the Parc Hotel chain, and home to a beautiful spa facility, where you can indulge in relaxing massages, thermal baths, or facial treatments.

Reservations for spa treatments for the well-being and relaxation treatments will be taken at ITT Gear-n-Go for the weekend. Payment for spa treatments is to be made directly through the hotel. Please note that appointments cancelled less than one day before trip departure will be charged a cancellation penalty by the hotel. A list of spa treatments is available at ITT Gear-n-Go.

Package price includes roundtrip charter bus transportation, 2 nights at the 4-star Hotel Olimpo, 2 breakfasts, 2 dinners, use of the wellness center (gym, covered pool and Jacuzzi®), and ITT escort for the entire trip.

Please note: This trip is appropriate for adults and children over 15 years old.

Price does not include spa treatments, tips, and anything else not expressly stated by ITT Gear-n-Go upon signing up. Please bring euro for lunch and spa treatments, swimsuit, bathrobe, swim cap, and shower shoes for use in the spa.

ITT is now taking deposits for this trip. ITT reserves the right to modify or cancel tour itineraries in the event of unforeseen circumstances. This tour requires a minimum of 20 participants to go.

For info on fees and packages call ITT Gear-n-Go at 624-4777 or 624-4396.



**JOHN LENNON, continued from
Page 12**

group which changed its name to the Beatles. McCartney explained, "Lennon was always considered the leader of the group..."we all looked up to John. He was older and he was very much the leader—he was the quickest wit and the smartest and all that kind of thing".

After nearly a decade of hits and success with the Beatles the mop-head image and concert-touring life were wearing thin. The band had been a launching pad for Lennon - it paved the way to fame but life after the Beatles would be a revelation of Lennon's true colors. The solo musician and Paul McCartney mutually "divorced" from the Beatles with no regrets after the official split in 1970. Lennon would later say about the split, "...people keep talking about it as if it's the end of the earth, it's only a rock group that's split up, it's nothing important, you know you have all their records there if you want to reminisce..." said Lennon, "You have to be a bastard to make it, and that's a fact. And the Beatles are the biggest bastards on earth." The ex-Beatle employed his musical virtuoso for worthy causes and became a campaigner for a number of social causes. Lennon's music and lyrics came across as simple but an in-depth analysis revealed a complex character with a deeply rooted desire for social change. He was a non-conformist and a full member of the '60s and '70s counterculture. The social revolution originated in the 1950s but it exploded with full force throughout the '60s and '70s - with its rejection of social norms, the public agitated against the Vietnam War, racial segregation and also turned its attention to women's rights and gay rights.

When the Beatles were granted Member of British Empire (MBE) medals in 1965 Lennon said, "Lots of people who complained about us receiving the MBE received theirs for heroism in the war - for killing people. We received ours for entertaining other people. I'd say we deserve ours more." John returned his in 1969 as part of his antiwar protest against England's involvement in war-torn Biafra.

Lennon's first solo album after the Beatles split, John Lennon/Plastic Ono Band, featured the song Working Class Hero. The song hails the working class proletariat as opposed to capitalism - a display of Lennon's iconoclasm that speaks out against the conventions of mainstream society. "Why doesn't somebody write something for the people now... that's what my job and our job is," said Lennon when he composed it. He had always eschewed the social elite in favor of the more humble "commoners." A few years earlier during a Royal Command Variety Performance for Princess Margaret and the Queen Mother when Lennon introduced the finale song Twist and Shout, he turned toward the royal box and announced, "Would the people in the cheaper seats clap your hands? And the rest of you - if you'd just rattle your jewelry..." The recurring theme embraced by Lennon and his alter ego Yoko Ono was socio-political in nature: they appeared on television programs and released albums such as Rape, a documentary, Give Peace a Chance/Remember Love their first single, Live Peace in Toronto, released by Apple in 1969, and the album Power to the People which was a chart hit in 1971.

The decades that spanned the late '60s, '70s and '80s marked a period of social unrest engendered by wars and natural disasters. The severe drought in Eastern African countries in the mid 1980s translated into images of poverty and misery as emaciated Ethiopian women and skeleton-like children gazed hopelessly from television sets around the world, these images remained indelible in the consciousness of millions of viewers. Pop artists and musicians alike in Britain and America organized musical events and concerts to raise funds for famine relief in Africa. When Band Aid, Live Aid, and USA for Africa were broadcasted on a large-scale satellite link-up from both sides of the Atlantic concert organizers of Live Aid ensured that at least one surviving member of the Beatles, Paul McCartney, participated - but Lennon preceded them with the singles Give Peace a Chance in 1969 and Happy Christmas (War is Over) recorded in the U.S. in 1971 and posthumously re-released in 1982.

His unwavering faith in social causes rested on his self-fulfilling prophecy, "You either get tired fighting for peace, or you die." During a crucial time when humanity was crippled by the scourge of war and the negative consequences

that went with it his militant conduct in favor of several causes drew the attention of the Nixon administration who considered the Brit an undesirable guest in America. He shed every shred of stardom and glitter when he and wife-to-be Yoko Ono bared it all by posing for the controversial cover of their first album together, the Unfinished Music No.1: Two Virgins. Shortly after in a TV interview Lennon explained with much candor to millions of viewers that he and Ono quite simply, "... really felt like two virgins!"

In 1971 Imagine was released as a single in the United States where it reached number three on the Billboard Hot 100, the music and lyrics were undeniably simple but the impact it had on the public was spellbinding. The song achieved the noble status of peace anthem and later became the official song of Amnesty International. Reportedly composed by Lennon in a few hours its notes struck a collective chord that beckons goodwill among all humankind and Lennon was the new messiah who delivered the magic words. Imagine was no utopian reverie, it was an invitation to engage in a collective dream, as Lennon explained, "A dream you dream alone is only a dream. A dream you dream together is reality...reality leaves a lot to the imagination." Re-released in 1982 Imagine earned Lennon the status of quasi-sainthood which has not diminished over the years.

The influence and aura surrounding the musician, his work and persona are still a powerful source of inspiration for many. In 2009 Hard Rock International Announced IMAGINE THERE'S NO HUNGER Campaign to Raise Awareness and Funding for WHY, a non-profit organization that fights against hunger and poverty in the United States and around the world, its motto being LOVE ALL, SERVE ALL, Lennon couldn't have sung it better himself. The event launched Hard Rock International's SERVE4 digital album, a project dedicated to helping those in need, that includes Lennon's Gimme Some Truth, donated by Ono, and also features many other artists and previously unreleased tracks donated by some of music's influential artists. SERVE4 is available at Hard Rock locations around the world. To commemorate the 40th anniversary of the Plastic Ono Band's slogan Give Peace a Chance, Yoko Ono, Sean Lennon and Julian Lennon are donating the net proceeds from the sale of a 40th anniversary digital single to the United Nations Peace-Building Fund (UN PBF). On April 17 Capitol Records/EMI Music released a limited edition John Lennon Vinyl Package sold exclusively by participating independent music retailers in the U.S. The package includes individually-wrapped limited edition 45 RPM vinyl singles.

Recently Lennon was also remembered in an exhibition called John Lennon: The New York City Years created for the NYC Annex by Yoko Ono and curated by Jim Henke, Vice President of Exhibitions and Curatorial Affairs for the Rock and Roll Hall of Fame and Museum in Cleveland. "I have a love of this country. Two thousand years ago, we would all have wanted to live in Rome; and now this [NYC] is Rome. This is where the action is." used to say John.

"He loved this city," said his widow, "because he was an intellectual...because it's the most culturally developed city in the world...he felt a part of that." The exhibition featured a chronology of objects, artifacts and photographs as well as handwritten lyrics including Working Class Hero, Lennon's drawings, and the Green Card he was finally granted by the U.S. Immigration office, and rare video footage of Lennon and Ono in New York. These and other memorabilia evoked the highlights and the less shining moments of the years he spent in NYC leading up to the shooting by a deranged fan on the night of December 8 1980. Yoko Ono's decision to include Lennon's blood-stained glasses and the clothes he wore the night he was murdered was as painful as it was heartfelt, but it was fuelled by her wish to send out a powerful message, "...it's very important now for people to understand what



violence is about." A message John Lennon would have approved and supported.

The Working Class Hero would have been 70 in December 2010. The musician and social agitator was Everyman's hero - in his own words, a Working Class Hero, "...if you want to be a hero, just follow me..."

IMAGINE THERE'S NO HUNGER
www.hardrock.com
Working Class Hero Anthology
http://www.youtube.com/watch?v=yWELJhFdYIA



BRAIN TEASERS

Learning The Language

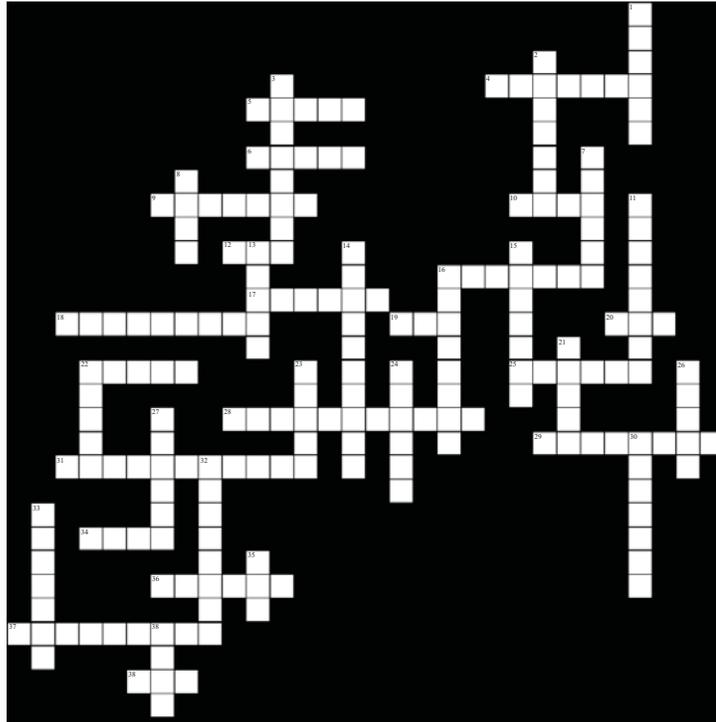
Translate the Following Numbers & Colors from English to Italian

ACROSS

- 4. Thirteen
- 5. One Thousand
- 6. Ten
- 9. Ninety
- 10. Pink
- 12. Gold
- 16. Four
- 17. Sixteen
- 18. Two Hundred
- 19. Six
- 20. One
- 22. Purple
- 25. Thirty
- 28. Fourteen
- 29. Seventy
- 31. Seventeen
- 34. Eight
- 36. Five
- 37. Fifty
- 39. Three

DOWN

- 1. Eleven
- 2. Twenty-One
- 3. Eighteen
- 7. White
- 8. Nine
- 11. Forty
- 13. Red
- 14. Nineteen
- 15. Eighty
- 16. Fifteen
- 21. Green
- 22. Twenty
- 23. Seven
- 24. Twelve
- 26. One Hundred
- 27. Yellow
- 30. Blue
- 32. Sixty
- 33. Orange
- 35. Two
- 38. Black



Sudoku Rules

Rows

There are 9 rows in a traditional Sudoku puzzle. Every row must contain the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9. There may not be any duplicate numbers in any row. In other words, there can not be any rows that are identical.

Columns

Sudoku Rule For Columns There are 9 columns in a traditional Sudoku puzzle. Like the Sudoku rule for rows, every column must also contain the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9. Again, there may not be any duplicate numbers in any column. Each column will be unique as a result.

Regions

Sudoku Rule For Regions A region is a 3x3 box like the one shown to the left. There are 9 regions in a traditional Sudoku puzzle.

Like the Sudoku requirements for rows and columns, every region must also contain the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9. Duplicate numbers are not permitted in any region. Each region will differ from the other regions.

In summary, the Sudoku rule is: Complete the Sudoku puzzle so that each and every row, column, and region contains the numbers one through nine only once.

8	6		2					
		7				5	9	
				6	8			
4								
	5	3					7	
2					6			
	7	5	9					

			7		1			
		9						2
3	4			8				
6	7	1					2	
		5		1	9			
2						6	8	1
			6				4	9
5				9				
	6		8					

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884. Send Il Mercato advertisements to thesig@eu.navy.mil

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.



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