

DIRECT LINE NASSIG COMMANDING OFFICER CAPT. THOMAS J. QUINN

The 1 April Feedback Live received so many questions via the web that some of them couldn't be covered in the allotted time, so we are devoting this Direct Line to answer them. Please keep sending your questions via email but remember that it is a live call in show and you can get your question answered on the spot. Feedback Live is held on the first Thursday of each month, from 6:30 p.m. - 7:00 p.m. To call in live on the show, please dial 624-4265 or 095-56-4265.

Q1. Concerning the Telecom Italia internet service we can get in housing, do we have a local email address from their server? ISPs's often provide email capability along with the internet connection so customers can use Outlook. This also gives us more

secured email instead of using email. A1. Telecom Italia, NCTS Sigonella BCO's prime contractor, does not provide an email account with the ADSL service provided to the US Navy. Telecom Italia is associated with Alice mail that offers free email accounts. At present, MS Outlook cannot be configured with Alice mail. We are working with Telecom Italia to overcome this issue so our customers can use Outlook with Alice MAIL. In the mean time Hotmail has been checked and can be configured to work with Outlook. Other ISP's that offer email can be researched with Google to find how to configure to Outlook.

Q2. How come you cannot make appointments for car repairs at the NEX AUTO PORT?

A2. The Autoport can only take appointments for the Safety Inspections. Since the store opened, the NEX has not provided appointments for several reasons:
 1) All or majority of the work is completed the same day without the need of an appointment
 2) Customers can drop off their vehicle prior to opening with our early bird drop box
 3) The Auto Port does not have a backroom with spare parts, so our technicians are to inspect vehicles and determine parts needed for replacement. Once that is completed, some parts for European vehicles can be ordered through local suppliers, while U.S. spec vehicles parts may require a special order from U.S. Once parts are ordered and received, our customers are called and if their

car is at the shop, it will be worked on the next business day. If not, they can drop it off early in the morning for next day service.
 4) Customers can also provide their own parts and if they do have them, they can call the Autoport and request to drop off their vehicle for repair early in the morning. As long as vehicles arrive at opening or within a reasonable time, work will be accepted at location.

The questions, comments and concerns stated in this column do not constitute the official position of the U.S. Navy and are submitted by members of the community.



Preventing Infections After Surgery

By HM3 Rambo and LT Skinner
 Naval Hospital Sigonella

Patients usually consider pain or nausea as their first concerns when scheduled for a surgical procedure. The last thing on a patient's mind is getting a post operative infection. Did you know that the Center of Disease Control estimates 22% of hospital infections are from surgical sites?

Naval Hospital Sigonella wants to ensure you or your family member does not become a statistic.

The single most effective way to prevent any kind of infection is hand washing!

We want to empower you with asking not only your family and visitors to wash their hands, but your health care team as well. Anyone who comes into your room, whether to spread cheer or evaluate your progress, should be washing their hands. Hospital rooms have conveniently located hand sanitizers as well as sinks in each room to ensure access and promote good hand hygiene.

Next, keep your surgical site clean and make sure you understand the discharge instructions regarding wound care. It is also important to know when you are allowed to resume bathing and if there is a stipulation as to which technique you may use. For example did the physician okay you taking a shower or using a bath tub? This is par-

ticularly important if you have a special skin sealant, such as derma bond, which is often used with outpatient surgical procedures. If you submerge the post operative area too soon, the wound may open. This would interfere with proper healing allowing the chance for an infection to set in.

You will be asked to monitor your surgical site for signs of infection. The signs of an infection to monitor are: redness, swelling, drainage,

pus and increased pain at the site. Also remember a temperature of 101 degrees Fahrenheit or higher is considered to be a fever and should be reported to your doctor as it may also indicate an infection.

It is important to follow your wound care instructions regarding follow up appointments and if necessary, having the staples or stitched removed as prescribed.

Do not hesitate at anytime, in- or out-patient, to contact your health care provider with questions or concerns related to your recovery. Upon discharge you will be given the best contact number in which to follow up or call after hours.

So, take care Sigonella and do your part to ensure a smooth recovery and avoid the pitfalls of post operative infections. For more ways to protect you and your family check out www.cdc.gov



NASSIG WORSHIP SERVICES

ROMAN CATHOLIC

Sunday
 0830 Catholic Mass (NAS I Chapel)
 1200 Catholic Mass (Mineo Community Center)
 1600 Catholic Mass (NAS II Chapel)

Monday - Thursday
 1130 Catholic Mass (NAS II Chapel)

PROTESTANT

Sunday
 Traditional Protestant (NAS I Chapel)
 Contemporary Protestant (NAS I Chapel)

CHURCH OF CHRIST LAY SERVICE
Sunday 1530 NAS I Chapel Rooms 3 & 4 (Call 624-5128 or 335-841-8069)

JEWISH SERVICES: Please call 095-86-1205

OTHER SERVICES/ACTIVITIES POINTS OF CONTACT

Latter-day Saints: Sunday 1300 Catania Chapel, Please email jarreb@yahoo.com or call 624-1393 or 095-705-6108

AA Meetings: Monday, Wednesday, Friday - 1900, NAS II Chapel, 346-840-7745

CHAPLAIN CORNER



Chaplain Wilson

Do you remember the beginning of the movie Black Hawk Down? At the beginning of this movie is a slight hint of the things taking place in Somalia. The scene shows a truck of food coming in that was provided by the United Nations. The food arrives and is quickly confiscated by a local militia.

Is it really that big of a deal?

As the people approach the truck to receive aid the gunmen open fire and slaughter many in the group.

While this was merely a movie, it was a true representation of what the people of Somalia were experiencing at the time. I am here to let you know that this does not take place only in a movie, or simply in Somalia. It actually takes place in places like Djibouti today. As I was doing humanitarian missions in Djibouti, I heard a story from the week prior. I was told by the Elder that the US Aid that had arrived to provide food for his people had been stolen by a group of individuals.

Why do I tell you this? Well, for me this was a simple reminder that other places in the world are dealing with

real life issues. Everyday they wonder where their food will come from, were they will sleep, or if they will be able to feed their children. They even wonder if they will be killed or hurt trying to survive. This is a real issue. Here is a big deal. People are really hurting in this world we live in.

So often we live in a perceived world; one in which we are the only one hurting. Not only that but we are hurting from things that are not really even issues. We spend many hours worrying or dealing with things that are in all actuality... no big deal. We make them a big deal because we look at them from our very narrow world view. These things end up consuming our minds, our energy, and efforts that can ultimately become a distraction or even a life consuming plague. Some things that we see as a big deal in the bigger scope of life are really not that big of a deal.

I often talk to people whose lives are riddle with the disease of making the littlest of things a really big deal. The reality is that in the real world, these things are minute in comparison to what is going on around us. STOP... look around you for a little while, get outside of your box, otherwise known as "your world" and see what others are experiencing. Is that thing that has so consumed your life really that big of a deal? If you think that it is and you desire to live with blinders on then I would encourage you to take a trip to such a place as Djibouti... People are hurting, that is a big deal. Now, look at that thing in your life again and ask yourself? "Is it really that big of a deal?"

Chaplain Wilson

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EMERGENCY MANAGEMENT OFFICE

Be prepared to be on your own for at least three days. Seven is better! The BASIC FIVE: Water, Food, Heat, Cash, Radio; Family Communications Plan: Phone Numbers & Rally Points; Public Protection Strategies: Evacuation and Shelter-in-Place; Web info: Ready.gov; Emergency info: AFN 106.0 FM; Questions? Call the EM office at 624-2630, 8265 or 2621.

NAVY NEWS

Tools for Sailors to Maintain Their Personnel Records Online

From Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- The Navy is planning to phase out enlisted field service records, and Sailors, who are ultimately responsible for maintaining their service records, need to access their records online.

Tools currently available, such as the self-service Electronic Service Record (ESR) and Web-Enabled Record Review (WERR), help Sailors review their records to determine if anything is missing or out-of-date.

ESR and WERR are two separate tools with differing functions. Some of the differences are illustrated below in order to clarify confusion between the two.

ESR is an online version of the service record and replaces the paper service record used in the past. Sailors review and update their personal emergency contact information and other service record items through their ESR self-service account. Service members with a Common Access Card access their accounts through the Navy Standard Integrated Personnel System (NSIPS) Web site at <https://nsips.nmci.navy.mil>. Sailors afloat access their ESR self-service account through the ship's NSIPS server.

ESR was implemented in 2006 via NAVADMIN 292/06. The more recent NAVADMIN 043/09 directs all Navy commands to use NSIPS/ESR as the single data entry point at the field level for all Sailors. "This means that clerks and supervisors working in the personnel office, as well as individual Sailors accessing their ESR, have this one place to enter personnel transactions, including those personnel transactions that affect pay," said Art Tate, NSIPS/ESR/CIMS implementation manager. "Sailors should review their ESR data and pages and then work with their personnel support office to ensure their data accurately reflects their personal and professional

achievements." It's helpful to remember that ESR is used to track a service member's status while serving. But once retired or separated from service that Sailor's ESR is turned off. ESR is simply an electronic version of the service record, not a permanent account like the Official Military Personnel File (OMPF), which Sailors view when using WERR. Sailors use WERR online to review documents in their OMPF, commonly known as the "microfiche." WERR, available through the BUPERS Online Web site, <https://www.bo1.navy.mil>, displays individual scanned service record pages. Service members use WERR to view, download and print Page 13s, performance evaluations and other service record items.

Sailors should review their WERR to determine if any items are missing from their records. This is especially important, because the information in WERR is what selection boards review when considering candidates for advancement and special programs.

"Sailors should do a periodic validation of their records. Missing 'evals,' training documentation, etcetera, can cause a lot of problems such as missing a promotion," said Chief Personnel Specialist (AW) Catherine Diaz, customer support leading chief petty officer at Navy Operational Support Center Fort Worth. "This doesn't have to happen."

When the paper records close out, scanned copies will be submitted for documentation in the OMPF and the original paper record will be given to the Sailor for historical retention. The Sailor should then ensure the self-service ESR account established, with the ESR data verified.

If service members find any discrepancies in either system, Diaz advises members to seek assistance with their servicing personnel office for correction. To learn more about the differences between ESR and WERR

and other tools used to validate personnel records information, see the Sailor Career Toolbox posted on the Navy Personnel Command Web site at <http://www.npc.navy.mil/CareerInfo/StayNavyTools/CareerTools/>. For more news from Navy Personnel Command, visit <http://www.news.navy.mil/local/npc/>.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.



100129-N-8374E-411 FORT WORTH, Texas (Jan. 29, 2010) Chief Hull Technician Alicia L. Hutton, left, assigned to Reserve Unit USS Emory S. Land (AS-39), verifies field service records pulled for elimination by Seaman Lynette M. Sessoms, assigned to Navy Operational Support Center (NOSC) Support Unit. Hutton and Sessoms are assisting the NOSC Fort Worth personnel department to purge nearly 1,000 reserve component field service records as the Navy transitions to electronic service records. (U.S. Navy photo by Chief Mass Communications Specialist Maria R. Escamilla/Released)

PHOTO FROM THE FLEET

Check in weekly to find out what our fellow shipmates are doing around the fleet.



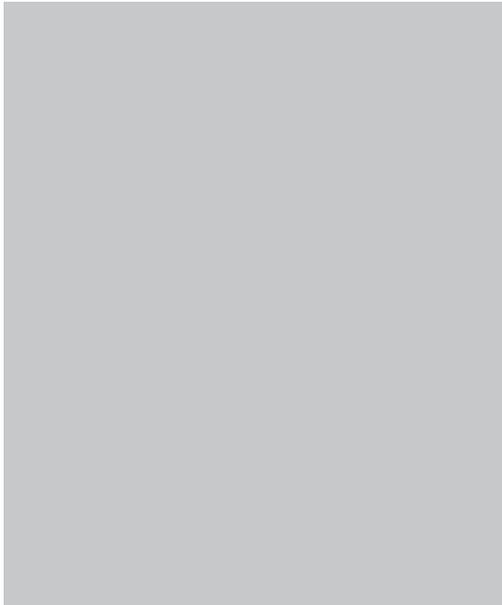
U.S. Navy photo by MC2 Kevin S. O'Brien

100331-N-55490-040 ANDREWS AIR FORCE BASE, Md. (March 31, 2010) President Barack Obama, with the Navy's F/A-18 Green Hornet, announces today addition measures to boost domestic energy production for the Nation to include strategic efforts by Department of Defense to enhance energy security. The Green Hornet is part of the Navy's biofuel fuel program to develop alternative fuel sources to reach the Secretary of the Navy's energy reform targets.

Community Calendar

APRIL

				FRIDAY	SATURDAY	SUNDAY
				9 Sigonella MS/HS School Teacher Work Day No School FFSC Successful Single Parenting 9am-11am Sigonella Youth Activity Day 12pm-6pm	10 FFSC Infant Massage Marinai Community Center 10am-11:30am	
				12 FFSC Nurturing Program(wk 9) 9:30am-11am ICR 8am-4pm	13 NMCRS Volunteer Orientation 10am-11:30am Tobacco Cessation NAS I - EDIS Conference Room 10am-11am FFSC Effective Communication 9am-11am	14 NMCRS Budget for Baby x-4212 FFSC Playgroup 1-4 years old 9:30am-11am Men's Group 1:30pm-3pm
SPRING BREAK - NO SCHOOL						
19 FFSC CONSEP 8am-4pm ICR For Youth Topolino 8am-11:30am IA Social Luncheon 11:30am-1pm	20 FFSC CONSEP 8am-4pm Infant Massage Marinai Community Center 10am-11:30am	21 FFSC CONSEP 8am-4pm Men's Group 1:30pm-3pm Playgroup 1-4 years old 9:30am-11am	22 FFSC CONSEP 8am-4pm Playgroup 0-12 Months 10am-11am ICR For Youth Benvenuti 8am-12pm Daddy Bootcamp 4:30pm-6pm	23 FFSC ICR 8am-4pm Sigonella Elementary School No School	24 FFSC Infant Massage Marinai Community Center 10am-11:30am Sigonella MS/HS School Soccer @ Vicenza Jr. Class Carwash	25



Do you have a passion for writing or are you looking for a little experience in journalism? The Signature is seeking volunteers to help cover base wide events as well as feature stories. If this sounds like an opportunity for you please call the Public Affairs Office at 624-5440

SEXUAL ASSAULT PREVENTION AND RESPONSE

SAPR offers a Sexual Assault Hotline staffed with trained advocates who man the SAPR Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.



Fleet and Family Support Center Administration Building 319 NAS 1

**Monday-Friday 0730-1630
DSN 624-4291
Commercial 095-56-4291**

April is Sexual Assault Awareness Month

By: FFSC Staff

April is nationally observed as Sexual Assault Awareness Month (SAAM) and is used as a means to raise awareness about sexual violence in our communities. Through this year's theme, "HURTS ONE. AFFECTS ALL... PREVENTING SEXUAL ASSAULT IS EVERYONE'S DUTY," the focus will be on the impact that sexual assault has on mission readiness. Mission readiness is the ability for a command or unit to perform their mission quickly and efficiently. Sexual assault degrades readiness by harming the life of the victim and the military's ability to work effectively as a team. Sexual assault not only affects the victims, it affects everyone in the community. We all have the responsibility of mission readiness. We all have a role to play in standing up against

violence. The only way to stop violence is to stand up to those who are making the choice to hurt others. The vast majority of people in this world will never commit a sexual assault. The vast majority of people will never intentionally hurt another person. Therefore, by standing together the vast majority of people CAN make a difference. You can make a stand and resolve that violence is NOT acceptable in YOUR community. Make a green dot! This year, the Sigonella community will be hosting the 5th annual SAPR Walk. The walk will take place on April 23 at 1630, outside of the Fleet and Family Support Center building on NAS 1. Let's join the cause together; community leaders, military and civilian personnel, and their families to show that sexual assault is not acceptable

in our community. In addition, there will be several other activities in Sigonella during SAAM including command trainings, SAVI informational tables, radio, and AFN announcements. Posters displayed throughout the community will remind us all about awareness and how we can become involved in stopping the violence. For information about how you can help, please contact the Sexual Assault Response Coordinator at 624-4291. If you or someone you know is in need of assistance due to a sexual assault, please call a trained victim advocate, 24 hours a day, seven days a week, on the SAVI Hotline at 335-642-8312 or the SARC at 624-4291.

Italian Air Force celebrates birthday; Honors NAS Sigonella XO

By MC3 Whitfield M. Palmer
NPASE Det East

SIGONELLA, Sicily – Italian Air Force 41 Stormo stationed at Base Sigonella celebrated the 87th anniversary of the Constitution of the Air Force on Tuesday, March 30. The ceremony was held with all personnel from the Wing and veterans associations from various municipalities and included a parading of the Italian flag and a presentation of various awards. Naval Air Station (NAS) Sigonella Executive Officer Capt. Joseph W. Beadles was on hand for the celebration and was presented the Carlo Sala Medal of Valor from 41 Stormo

Commanding Officer, Col. Luca Tonello. "Capt. Sala was a pilot for Aeronautica Militare Wing 41 and died when his plane crashed, but before doing so he avoided a local town saving countless lives," said Tonello. "He is a great example of a hero and every year we like to give awards to those that represent that example." "The receipt of the award was a complete surprise and an immense honor and is definitely the highlight of my career. I am extraordinarily honored to be selected," said Beadles. "Carlo Sala was a true hero and professional whose thoughts and actions were always towards ensuring the safety of others and to completing the mission.

To receive this award and all that it stands for, truly leaves me speechless. More important than any personal recognition is the fact that it further highlights the positive unity and synergy we enjoy with our Italian Air Force brethren. I am proud of this relationship and know that we will continue to work well together with the ultimate goal being the continued success of Sigonella Italian and US military communities." Base Sigonella is the largest military installation in Southern Europe and shares its installation with U.S. Naval Air Station (NAS) Sigonella. The two militaries have had a synergistic relationship since the base was formally created in 1969.



Personnel from Italian Air Force Stormo 41 observe the 87th Anniversary of the Italian Air Force at the Sigonella Base Hangar. The Italian Air Force is the second oldest Air Force in the European Union after the United Kingdom's Royal Air Force



Naval Air Station (NAS) Sigonella Executive Officer Joseph W. Beadles shakes hands with Italian Air Force Stormo 41 Commanding Officer Pilot Col. Luca Tonello after being presented the Carlo Sala Medal of Valor during the 87th anniversary of the Italian Air Force observance. The medal is awarded to exceptional personalities throughout the Sigonella community.

Alberto Lunetta
 The Signature Staff



Italian NEWS

Sicilian Culture, Events and Lifestyle



Romeo and Juliet Ballet to Debut in Catania

Signonella ballet buffs will be happy to hear that Sicilian dancer Eleonora Abbagnato, the prima ballerina of the Opéra de Paris, will make her long-awaited debut at the Bellini Opera House from April 16 - 22, 2010 with Sergei Prokofiev's Romeo and Juliet. The program features seven performances with the Catania Opera House Orchestra, conducted by Maestro Giuseppe La Malfa.

According to Dance.about.com, Prokofiev's Romeo and Juliet is based on Shakespeare's tragic love story. Prokofiev composed the music in 1935 or 1936 for the Kirov Ballet. The incredible ballet score has inspired many great choreographers to try their hand at Shakespeare's story. BalletMet's reports that the first known ballet based on Shakespeare's tale, Giulietta e Romeo (Romeo and Juliet), was performed in 1785. Using the music of Luigi Marescalchi, Eusebio Luzzi choreographed this 5-act ballet at the Théâtre Samuele in Venice, Italy. Also in Italy, but three years later, Filippo Beretti choreographed a production at La Scala Milan to the music of Vincenzo Martin.

The ballet begins with feuding between the Capulets and the Montagues. Wearing a disguise, Romeo Montague crashes a party at the Capulet house, where he meets Juliet Capulet. He falls instantly in love with her. The two secretly proclaim their eternal love for each other, on the balcony. Hoping to finally put an end to the family feud, Friar Laurence secretly marries the couple. But the feuding continues: Juliet's cousin Tybalt kills Romeo's friend Mercutio during a fight. A distraught Romeo kills Tybalt in a fit of revenge, and is sent into exile. Juliet turns to Friar Laurence for help, so he devises a plan to help her. Juliet is to drink a sleeping potion to make her appear dead. Her family will then bury her. Friar Laurence will then tell Romeo the truth; he will rescue her from her

tomb and take her away, where they will live together happily ever after. That night, Juliet drinks the potion. When her distraught family finds her dead the next morning, they proceed to bury her. The news of Juliet's death reaches Romeo, and he returns home desperately grieving. (He never received the message from Friar Laurence.) Believing that Juliet is really dead, he drinks poison. When Juliet awakens, she sees that Romeo is dead and stabs herself.



Photo by Bellini Opera House Press Office

Paris Opera Etoile Eleonora Abbagnato, one of the most admired dancers in the world, makes her Catania debut at Bellini Opera House on Friday, April 16.

Many people believe that Prokofiev's Romeo and Juliet is the greatest ballet score ever written. The ballet consists of four acts and ten scenes, with a total of 52 separate dance numbers. The version most well-known today was first presented in 1940 at the Kirov Theater in Leningrad, with choreography by Leonid Lavrovsky.

A native of Palermo Eleonora Abbagnato began her dance training in 1990 at the Formation à l'Académie Princesse Grâce in Monaco and then at the Centre Rosella Hightower in Cannes. In 1992, she entered l'Ecole de danse de l'Opéra. She entered the POB Corps de ballet in 1996, became "coryphée" in 1999, "sujet" in 2000 and finally in 2001 première danseuse. Repertoire includes: Princess Florine in Sleeping Beauty, Gamzatti in La Bayadère, Henriette and Clémence in Raymonda (Nureyev), Marie in Clavigo, Esmeralda in Notre-Dame de Paris (Petit), Titania in Midsummer Nights Dream, title role in Sylvia (Neumeier), Anastasia in Ivan le terrible (Grigorovitch), Myrtha in Giselle and Kitri in Don Quixote (Nureyev).

The seven performances of "Romeo and Juliet," are scheduled for April 16 (8:30 p.m.), April 17 (5:30 p.m.), April 18 (5:30 p.m.), April 20 (with dancer Letizia Giuliani playing the title role - 4 and 9 p.m.), April 21 (5:30 p.m.) and April 22 (5:30 p.m.). For single tickets call ITT at 624-4777 or log on to <http://www.teatromassimobellini.it>

NASSIG participates in FIDAPA Candle Lighting Ceremony



Photo by Orietta Scardino

CWO3 Shirley Johnson and former NASSIG CMDCM Rosa Wilson participated in the annual "Candle Lighting Ceremony" recently hosted by the Catania FIDAPA, a local chapter of BPW International, the International Federation of Business and Professional Women which "develops the professional, leadership and business potential of women on all levels through advocacy, mentoring, networking, skill building and economic empowerment programs and projects around the world." The ceremony was attended by FIDAPA and Catania and provincial civilian and military authorities, including Catania Mayor Raffaele Stancanelli. FIDAPA and the Navy enjoy a longstanding friendship as they both share a common interest in supporting equal opportunities for women and community relations between Italy and the US.

Berlusconi Coalition Triumphs In Local Polls

By Sky.news

Silvio Berlusconi's coalition has made significant gains in Italy's local elections, taking four regions from the centre-left opposition. The Prime Minister Faction took six of the 13 regions up for grabs, although turnout was at its lowest for 15 years.

Mr Berlusconi's People of Freedom party (PDL) gained control of the Lazio region, which incorporates Rome, despite almost being excluded from taking part in the election. Following a mix-up, the deadline to register candidates for Lazio was missed because the man responsible was "eating a sandwich". However, a law which retroactively changed the rules was passed, allowing the party to be readmitted.

The Northern League, the anti-immigration party which makes up the coalition with the PDL, emerged as the surprise package of the elections, winning two regions for the first time. It became the largest party in the northern region of Veneto and also edged out the opposition in Piedmont, part of Italy's industrial north, traditionally a safe area for the centre-left Democrat party. Northern League leader Umberto Bossi said: "The people want federalism, and we will give it to them quickly ... the Left no longer exists in the North."

The Democrat coalition, which is currently on its fourth leader in two years, did manage to keep strongholds in central and southern Italy - although the right did win Campania and Calabria.

Of the 41 million Italians eligible to vote, only 64% did, which was 8% lower than the last regional polls in 2005. Analysts claim the disappointing turnout is an indication of voters' disenchantment with politics, after candidates failed to address public concerns over unemployment and the economic crisis.

After romping home in the country's general election in 2008, this week's polls were seen as a serious test for Mr Berlusconi's popularity following a catalogue of political and personal scandals.



Italy's ruling center-right coalition, led by Prime Minister Silvio Berlusconi, made notable gains in the recently concluded regional elections, regaining several seats that were previously held by the opposition.

SIGONELLA YOUTH ACTIVITY DAY SCHEDULE MARCH 9, 2010 12PM-6PM

INFORMATION TABLES

INFORMATION TABLES	12PM-6PM @ ATRIUM
WORKING DOGS DISPLAY	12PM-6PM @ COURTYARD
FACE PAINTING AND BALLOONS	12PM-6PM @ ATRIUM
CHARACTER GREETINGS	12PM-6PM @ ATRIUM AND COURTYARD
BOUNCY HOUSE	12PM-6PM @ RACQUETBALL COURT
EOD DISPLAY	12PM-3PM @ COURTYARD
FIRE TRAILER AND FIRE SAFETY	12PM-6PM

DEMONSTRATIONS

12:30	CHILDREN'S RUN - REGISTRATION IN THE COURTYARD
1:00	HULA HOOP @ THE COURTYARD
1:30	DOUBLE DUTCH @ THE COURTYARD
2:00	OBSTACLE COURSE @ THE COURTYARD
2:30	COURTYARD
3:00-4:00	K-9 DEMO @ THE COURTYARD
3:30	STORY TIME @ THE ATRIUM
4:00	HULA HOOP @ THE COURTYARD
4:30	MARTIAL ARTS DEMO @ THE COURTYARD
5:00	DOUBLE DUTCH @ THE COURTYARD K-9 DEMO @ THE COURTYARD



Give Your Infant a Massage

Provided by Naval Hospital Sigonella

As adults we enjoy a nice massage, but did you ever think about giving your baby a massage? Yes, you read that correctly-- Give your baby a massage and reap the benefits for the both of you!

Early sensory input, especially through tactile stimulation (the sense of touch), is crucial for your baby's development. Infant massage is a wonderful way to provide tactile input as well as other types of sensory stimulation. It allows you to spend quality time with your baby on a daily basis. Infant massage can be performed by moms, dads, grandparents, baby-sitters, and other caregivers!

The benefits of massage for your baby are:

- reduces gas and colic
- helps your baby sleep better (deeper and for longer periods of time)
- increases communication between you and your baby
- helps strengthen muscles for sitting, crawling and walking

- helps your baby learn to relax and decrease high muscle tone (stiffness)
- aids in regulating your baby's heart rate and respiration



- enables your baby to form a secure attachment
- increases baby's blood circulation

The benefits of massage for YOU are:

- increases your ability to recognize and respond to your baby's cues
- increases communication and emotional bonding
- helps you to relax and relieve stress
- gives you quality time to spend with your baby
- increases your confidence in parenting skills

Naval Hospital Sigonella EDIS and FFSC New Parent Support are teaming up to offer the community a 5 week course on infant massage. One class will be held on Saturday's beginning April 10th from 10:00-11:30am and another on Tuesday's beginning April 13th from 10:00-11:30am. Both classes will be held at Marinai Community Center. To register for the Saturday class you may contact Pam Cooper at 624-4536 or email Pamela.Cooper@med.navy.mil. To register for the Tuesday class please contact New Parent Support at 624-4291 or email sign9.ffsc@eu.navy.mil.

Did you know that . . .

The Navy-Marine Corps Relief Society has a Vision? "We are a private, non-profit, Volunteer, service organization. As a Center of Excellence, we are committed to ensure that all available resources are used to assist personnel of the Naval Service - active, retired, and their eligible family members - to achieve financial self-sufficiency and find solutions to emergency needs."

Located at approximately 250 offices ashore and afloat throughout the world, the Society's work is accomplished mainly by its 3,600 dedicated, trained and caring Volunteers who are supported by a small cadre of employees.

NMCRS: A Helping Hand!
www.nmcrs.org

Feste di Sicilia

CELEBRATING SICILIAN CULTURE

FOR THE LOVE OF ARTICHOKES...RAMACCA SAGRA DEL CARCIOFO

Article and photos by Lt. Matt Knight,
NAS Sigonella Public Affairs Officer

During the weekend of April 9-11, the town of Ramacca will host their 20th annual "Sagra del carciofo" or Artichoke Festival.

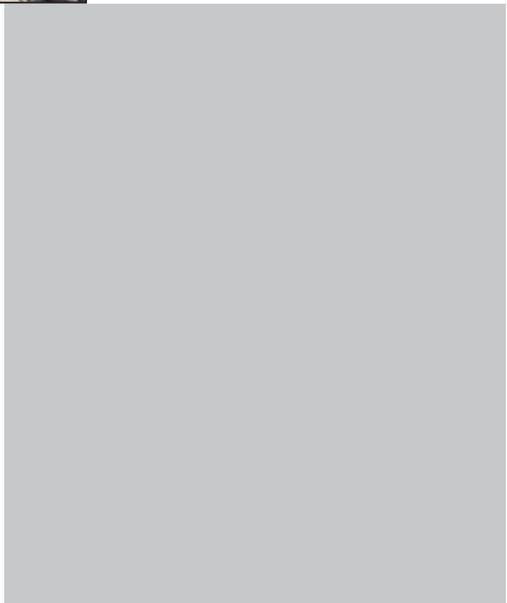
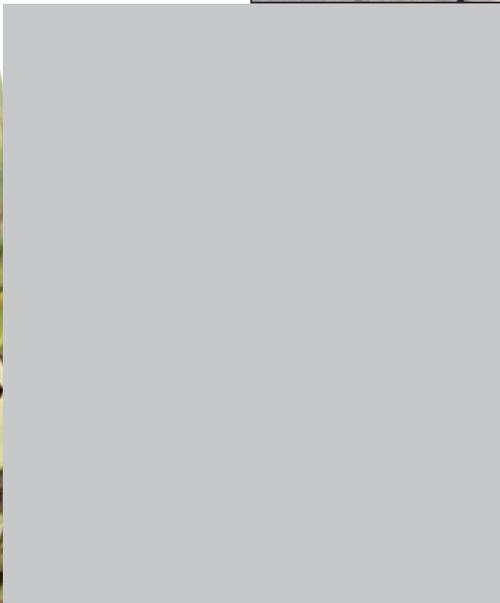
For three days thousands of visitors from surrounding communities will converge on Ramacca to take part in a delightful celebration of everything artichoke; one of the primary agricultural products of the town. The three-day event will countless vendors offering artichokes in every variety from raw to roasted as well as a many other local delicacies.



The landscape around Ramacca this time of the year is filled with wildflowers that line the streets and green covered rolling hills.



The festival includes an assortment of events including a parade of flag wavers, a folklore parade, majorettes, marching band parade, ballroom dancing, car show featuring Fiat 500's, artichoke dish tasting and entertainers.



COME OUT & ENJOY THE ARTICHOKE FESTIVAL THIS WEEKEND STARTING FRIDAY, APRIL 9 - SUNDAY, APRIL 11. LOCATED IN RAMACCA'S HISTORICAL CENTER.

HOURS: FRIDAY, APRIL 9: 5PM TO LATE NIGHT - SATURDAY, APRIL 10: 9AM TO LATE NIGHT - SUNDAY, APRIL 11: 9AM TO LATE NIGHT

Throughout the town the streets will be filled with the mouth watering smoky smell of artichokes roasting in nearby open charcoal pits. In Ramacca, roasting artichokes are generously doused with olive oil and stuffed with spices and chopped up onions making a tasty treat. For a couple Euros a festival attendee could walk away with a plate full of the smoky green treats to be enjoyed with friends or family.



(Above) As part of Saturdays festivities, a parade including majorettes and a local band marched through the town square and past all the food booths on the main avenue. (Left) The festival brought not only food vendors but also a variety of artists who offered their creative wares to passerby's for a small fee. This vendor painted artistic renditions of a name which included birds and animals in the letters.

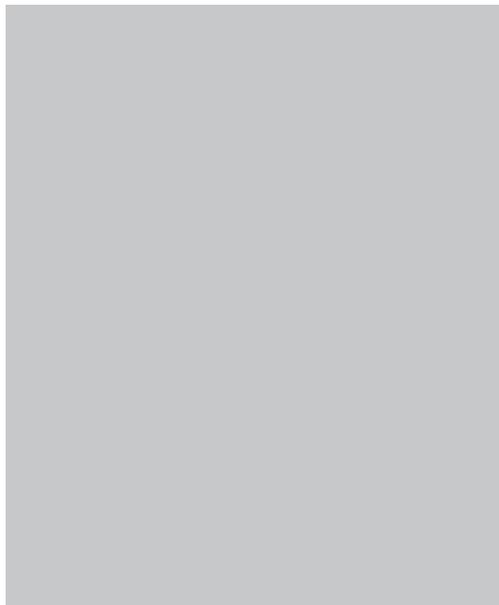
During the festival, vendors were on hand to sell candies, nuts and toys for the kids.



One of the specialties offered during the festival was fish battered in a blend of spices and then deep fried.



The trip to Ramacca is an easy 30 – 45 min trip from NAS II and much shorter if going there from Mineo Housing. Simply take SS 417 from NAS II towards Mineo and about 2/3rds of the way to Mineo Housing take the exit labeled Ramacca which will wind its way into the town.

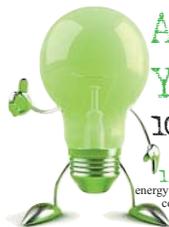


Go Green Sigonella!

Do You Know How to Dispose of All Used Appliances?

By **Wayne Hagwood CECM / HWPM**

All personnel generating waste appliances (e.g., refrigerators, freezers, televisions, washing machines, air conditioners, computers, etc.) shall turn them over to DRMO. The temporary storage requirements include (but will not be limited to) removing all doors from large household appliances. To make an appointment to dispose of any of the above items, please contact the DRMO rep. Mr. Dino Garofalo at 624-5319, or the NASSIG Environmental Division, Mr. Wayne C. Hagwood at 624-2463. Marinai and Mineo residents will continue to follow the Housing curbside pick-up policy.



Are You Doing Your Part?

10 Easy Tips To Go Green

1. **Turn Off Your Computer** - Save energy and wear and tear on your hardware by shutting down your computer at night. The Department of Energy recommends shutting off your monitor if you aren't going to use it for more than 20 minutes, and the whole system if you're not going to use it for more than two hours.
2. **Turn Down your Thermostat** - Every degree lower in the winter or higher in the summer you put it is a 10% decrease on your energy bill.
3. **Get rid of junk mail** - There are many services that can help you get rid of junk mail. That will lead to a lot less trees being cut down to take up room in your mailbox.
4. **Give things away** - Take things that you are not going to wear or use and give it to a charity or someone who will use it.
5. **Stop Idling** - Every moment you spend idling your car's engine means needlessly wasting gas, as well as rougher wear on your vehicle. Idling for more than 10 seconds wastes more gas than is needed for startup.
6. **Wash Your Laundry in Cold Water** - An easy way to clean green is to turn the dial on your washing machine to cold. Most loads don't need hot water, and 90% of the energy used by washing machines goes into heating. The higher the water temperature, the higher the cost to you and the planet.
7. **Pay Bills Online** - Save natural resources -- as well as late fees -- by enrolling in online bill-paying options. Paperless billing not only saves trees, it also eliminates the fossil fuel needed to get all those billing envelopes from them to you and back again. Plus, you'll save money on stamps.
8. **Buy Rechargeable Batteries** - Even though it will take a good investment to buy these you will find yourself gaining it back in no time.
9. **Get a reusable bag** - You can't recycle plastic bags, instead get yourself a reusable bag so that you won't have to worry about carrying your necessities.
10. **Maintain your automobile(s)** - Check your tire pressure and keep pressure at the manufacturer's recommended level. Low tire pressure uses more fuel. Maintain a clean air filter. Clean air filters use less fuel. Remove unnecessary items from your truck. Heavier vehicles use more fuel.

Ristorante Bella Etna

9	<p>*Breakfast: Hot Oatmeal, Grilled Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Cinnamon Rolls. *Lunch: Cream of Potato Soup, Beef with Broccoli, Baked Fish, Tempura Fish, Tossed Green Rice, Seasoned Mix Vegetables, Summer Squash, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding. Speed Line: Grilled Hamburger/ Cheeseburger, French Fried Potatoes, Baked Beans, RIKPAK. *Dinner: French Onion Soup, Baked Oriental Pepper Steak, Grilled Chicken Breast, Steamed Rice, Spinach, Cauliflower Polonaise, Oatmeal Raisin Cookies, Chocolate Cake, Vanilla Pudding, RIKPAK.</p>
10	<p>*Breakfast: Farina, Grilled Ham Slices, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Buttermilk Pancakes, Asstd Doughnuts, Crumb Cake. *Brunch: Breakfast Items, Beef Barley Soup, Chicken Caesar Roll Up, Buttered Pasta, Brown Gravy, Sprouts Superba, Fried Cabbage w/ Bacon, Snickerdoodle Cookies, Apple Crisp. *Dinner: Pepper Pot Soup, Baked Parmesan Fish, El Rancho Stew, Mediterranean Brown Rice, O'Brien Potatoes, Peas w/ Celery, Okra Melange, Snickerdoodle Cookies, Apple Crisp.</p>
11	<p>*Breakfast: Farina, Grilled Minute Steak, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Italian Croissant. *Brunch: Breakfast Items, Chicken Gumbo Soup, Chili Macaroni, Stir Fry Vegetable, Lima Beans, Peach Cobbler, White Cake w/ Frosting. *Dinner: Manhattan Clam Chowder Soup, Teriyaki Chicken, Ginger Pot Roast, Paprika Buttered Potatoes, Pork Fried Rice, Normandy Carrots, Cream Style Corn, Peach Cobbler, White Cake w/ Frosting.</p>
12	<p>*Breakfast: Hot Grits, Minced Beef on Toast, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Butterfly Rolls. *Lunch: Creole Soup, Turkey Curry, Baked Fish, Steamed Rice, Savory Style Beans, Cauliflower, Crisp Drop Cookies, Cherry Crumble Pie, Strawberry Gelatin. *Speed line: Assorted Pizza, RIKPAK. *Dinner: Tomato Bouillon Soup, Baked Stuffed Pork Chops, Grilled Chicken Breast, Steamed Rice, Brown Gravy, Green Beans Nicoise, Carrot Slices, Crisp Drop Cookies, Cherry Crumble Pie, Strawberry Gelatin, RIKPAK</p>
13	<p>*Breakfast: Farina, Oven Fried Bacon, Baked Sausage Patties, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Biscuits and Gravy, Asstd Doughnuts, Bran Muffins. *Lunch: Spanish Soup, Beef and Fish Tacos, Burritos, Chicken Fajita, Mexican Rice, Refried Beans, Calico Corn, Herbed Broccoli, Jalapeno Cornbread, Raspberry Filled Cake, Pecan Pie. *Speed line: Philly Cheese Steak Sandwich, Onion Rings, Macaroni and Cheese, RIKPAK. *Dinner: Navy Bean Soup, Barbecued Beef Cubes, Roast Turkey, Steamed Rice, Mashed Potatoes, Chicken Gravy, Seasoned Asparagus, Honey Dijon Vegetables, Raspberry Filled Cake, Pecan Pie, RIKPAK.</p>
14	<p>*Breakfast: Rolled Oats, Creamed Ground Beef, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Blueberry Pancakes, Asstd Doughnuts, Danish Diamonds. *Lunch: Puree Mongole Soup, Fish Amandine, Country Fried Steak w/ Gravy, Potatoes Au Gratin, Steamed Rice, Collard Greens, Peas w/ Carrots, Strawberry Shortcake, Vanilla Cookies, Tapioca Pudding. *Speed line: Grilled Hamburger/Cheeseburger, French Fries, Baked Beans, RIKPAK. *Dinner: Beef Barley Soup, Shrimp Curry, Sicilian Submarine, Steamed Rice, Savory Squash, Club Spinach, Vanilla Cookies, Strawberry Shortcake, Tapioca Pudding, RIKPAK.</p>
15	<p>*Breakfast: Hominy Grits, Corned Beef Hash, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, French Toast, Asstd Doughnuts, Danish Diamonds. *Lunch: Velvet Corn Soup, Shrimp Jambalaya, Braised Beef and Onions, Oriental Rice, Oven Browned Potatoes, Steamed Cabbage, Cauliflower AuGratin, Easy Chocolate Cake, Crisp Drop Cookies. *Speed line: Assorted Pizza, RIKPAK. *Dinner: Cream of Asparagus Soup, Chicken Tetrizzini, Baked Italian Sausage, Ratatouille Eggplant, Lyonnaise Rice, Mustard Greens, Easy Chocolate, Crisp Drop Cookies, RIKPAK.</p>
16	<p>*Breakfast: Rolled Oats, Sausage Links, Oven Fried Bacon, Asstd Omelets, Eggs to Order, Roasted Potatoes, Waffles, Asstd Doughnuts, Apple Fritters. *Lunch: New England Clam Chowder, Lemon Pepper Catfish, Grilled Pork Chops, Steamed Rice, Garlic Roasted Potatoes, Asparagus, Creole Green Beans, Sugar Cookies, Cheese Cake, Vanilla Cream Pudding. Speed line: Grilled Hamburger/Cheeseburger, French Fries, Baked Beans, RIKPAK. *Dinner: Vegetable Supreme Soup, Italian Rice and Beef, Teriyaki Chicken Breast, Oven Browned Potatoes, Spinach, Stir Fry Vegetables, Sugar Cookies, Cheesecake, Vanilla Cream Pudding, RIKPAK.</p>

ON THE GO WITH MWR

Roll in to Spring with Kayaking

There is no better way to explore the Sicilian coastline than by kayak. Become a skilled kayaker by taking the new Kayak Rolling Clinic offered by a certified instructor from Adventures Unlimited.

Kayak Rolling Clinic is Thursdays, April 15 and 22 at 5 pm. Learn the rolling basics with the luxury of a heated pool with Splashers on NAS I. Each session is approximately two



swimming suit, towel, and sunscreen. Bring your lunch or bring euro to dine out. If you don't want to bring lunch there will be the possibility to stop in some restaurant, along the coast, to have lunch. Trips departs NAS I at 8:30 a.m. and returns 4:30 p.m. Minimum age is 16 years old. For more information and pricing call ITT Gear-n-Go/Adventures Unlimited at 624-4777.

hours. Take your skills learned on the Kayaking Sicily: Giardini Naxos and Taormina day trip on Saturday, April 24. Bring a

MIDTOWN MOVIE THEATERS

SCHEDULE & DESCRIPTIONS



ALICE IN WONDERLAND- Mia Wasikowska, Johnny Depp, Helena Binham Carter, Anne Hathaway

19-year-old Alice returns to the whimsical world she first encountered as a young girl, reuniting with her childhood friends: the White Rabbit, Tweedledee and Tweedledum, the Dormouse, the Caterpillar, the Cheshire Cat, and of course, the Mad Hatter. Alice embarks on a fantastical journey to find her true destiny and end the Red Queen's reign of terror. (109 min.)

EXTRAORDINARY MEASURES- Brendan Fraser, Harrison Ford, Keri Russell, Jared Harris, Meredith Droeger

From his working class roots, John Crowley has finally begun to taste success in corporate America. Supported by his beautiful wife Aileen and their three children, John is on the fast track. But just as his career is taking off, Crowley walks away from it all when his two youngest children, Megan and Patrick, are diagnosed with a fatal disease. With Aileen by his side, harnessing all of his skill and determination, Crowley teams up with a brilliant, but unappreciated and unconventional scientist, Dr. Robert Stonehill. Together they form a bio-tech company focused on developing a life-saving drug. But when it appears that a solution has been found, the relationship between the two men faces a final test - the outcome of which will affect the fate of John's children. (109 min.)

HOW TO TRAIN YOUR DRAGON- Jay Baruchel, Gerard Butler, America Ferrera, Jonah Hill, Craig Ferguson

A Viking teenager who is being trained to fight dragons encounters and ultimately befriends one of the flying fire breathers. (93 min.)

CLASH OF THE TITANS- Sam Worthington, Gemma Arterton, Mads Mikkelsen, Alexa Davalos, Jason Flemyng

Born of a god but raised as a man, Perseus volunteers to lead a dangerous mission to defeat Hades before he can seize power from Zeus and unleash hell on earth. (110 min.)

SHUTTER ISLAND- Leonardo DiCaprio, Mark Ruffalo, Ben Kingsley, Michelle Williams, Max von Sydow

Two U.S. marshals, Teddy Daniels and Chuck Aule, are summoned to a remote and barren island off the coast of Massachusetts to investigate the mysterious disappearance of a murderer from the island's fortress-like hospital for the criminally insane. (138 min.)

PRECIOUS- Mo'Nique, Paula Patton, Mariah Carey, Gabourey Sidibe, Sherri Shepherd

Clareece "Precious" Jones is an overweight illiterate African-American teen in Harlem. Just as she's about to give birth to her second child, Jones is accepted into an alternative school where a teacher helps her find a new path in her life. (109 min.)

THE TOOTH FAIRY- Dwayne Johnson, Ashley Judd, Stephen Merchant, Ryan Sheekler, Seth MacFarlane

"The Tooth Fairy," also known as Derek Thompson, is a hard-charging hockey player whose nickname comes from his habit of separating opposing players from their bicuspids. When Derek discourages a youngster's dreams, he's sentenced to one week's hard labor as a real tooth fairy, complete with the requisite tutu, wings and magic wand. At first, Derek "can't handle the tooth" - bumbling and stumbling as he tries to furtively wing his way through strangers' homes, doing what tooth fairies do. But as Derek slowly adapts to his new position, he begins to rediscover his own forgotten dreams. (102 min.)

WHEN IN ROME- Kristen Bell, Jon Heder, Dax Shepard, Josh Duhamel, Anjelica Huston

After stealing coins from an Italian fountain, a young American woman receives visits from numerous strangers who, having previously thrown coins into the fountain, are now in love with her. (91 min.)

SCHEDULE IS SUBJECT TO CHANGE,
PLEASE CALL TO CONFIRM MOVIE
SHOWINGS.

MOVIE HOTLINE:
624-4248

For more information on MWR's
programs and services, call 624-3968.

Friday April 9

- 2:00pm Planet 51 PG
FREE
- 2:30pm The Princess and the Frog G
FREE
- 5:00pm How to Train Your Dragon PG
- 5:30pm Clash of the Titans PG-13
PREMIERE
- 7:30pm The Craziest R
PREMIERE
- 8:00pm From Paris With Love R

Saturday, April 10

- 2:00pm How to Train Your Dragon PG
- 2:30pm Percy Jackson & The Olympians PG
- 5:00pm Clash of the Titans PG-13
- 5:30pm Dear John PG-13
- 7:30pm The Craziest R
- 8:00pm Edge of Darkness R

Sunday, April 11

- 2:00pm Tooth Fairy PG
- 2:30pm Percy Jackson & The Olympians PG
- 5:00pm Extraordinary Measures PG
- 5:30pm When in Rome PG-13
- 7:30pm The Wolfman R

Tuesday, April 13

- 2:00pm Planet 51 PG
FREE
- 2:30pm Sherlock Holmes PG-13
FREE
- 5:00pm How to Train Your Dragon PG
- 5:30pm The Last Song PG
PREMIERE
- 7:30pm The Craziest R
- 8:00pm From Paris with Love R

Wednesday, April 14

- 5:00pm Tooth Fairy PG
- 5:30pm Clash of the Titans PG-13
- 7:30pm When in Rome PG-13
LAST SHOWING
- 8:00pm The Wolfman R

Thursday, April 15

- 5:00pm The Last Song PG
- 5:30pm Clash of the Titans PG-13
- 7:30pm The Craziest R
- 8:00pm Edge of Darkness R
LAST SHOWING

Friday, April 16

- 2:00pm Avatar PG-13
FREE
- 2:30pm Night at the Museum 2 PG
FREE
- 5:00pm Dear John PG-13
- 5:30pm Shutter Island R
PREMIERE
- 7:30pm The Craziest R
- 8:30pm From Paris With Love R

April 15 - Customer Suggestions Day

Help us make Connections better for you and receive a free non-alcoholic drink (1 per person)

COMING SOON
@
CONNECTIONS

TEXAS HOL'EM POKER - EVERY THURSDAY @ 5:30 PM

Come join Connection's 10 week Texas Hold'em Tournament. Show up by game time to reserve your spot. First and second places are advanced to the final table and can receive prizes. For more info call Connections @624-4264.



Memorial Day Camping on Lipari

Spend Memorial Day camping on the Aeolian Island of Lipari with ITT Gear-n-Go Friday, May 28 through Monday, May 31. Stop by the near by town to visit museums and shops or catch a ferry and tour any of the other Aeolian Islands. Explore the Mediterranean scuba diving, snorkeling, or kayaking through the crystal blue waters or simply relax and catch some sun on one of the black volcanic beaches.

The trip includes transportation, camping gear, ferry and camping fees, and a campsite BBQ. ITT also provides bikes and kayaks for enjoying this tour. Adult and Children prices are available for both tents and bungalows. Reserve a spot today with a deposit at ITT. Please reserve camping gear at time of sign up. Final payment is due Monday, May 3. For more info call 624-4777.



The Perfect Birthday Gift at SpareTime

Strike it big with a bowling birthday party! SpareTime Bowling Center now offers youth birthday party packages. Packages are available for a two hour party and can include tableware, pizza, soda, gift bags and much more! Kids, along with at least 10 of their friends, can party while SpareTime takes care of the rest. Various party themes and options, such as bumpers or cosmic bowling, are available and all packages include shoe rental and

games. Parties are also available for command functions and reunions. Functions scheduled outside of SpareTime's hours of operation. SpareTime Bowling Center can even be reserved for closed, private functions, up to four hours long. SpareTime is open Monday through Thursday from 3:30 to 9 p.m., Friday and Saturday from 3:30 p.m. to Midnight and Sunday from 11 a.m. to 7 p.m. For more pricing and information, call 624-4302.





Naval Air Station Commanding Officer, Capt. Thomas J. Quinn and Naval Hospital Sigonella Commanding Officer, Capt. Cynthia M. Feller cut a ribbon to mark Naval Hospital Sigonella's operating room re-opening on March 29, 2010.



Staff from Fleet and Industrial Supply Center (FISC) Sigonella join Naval Hospital Sigonella Commanding Officer, CAPT Cynthia Feller; Executive Officer, CAPT Gina Jaeger; and FISC Executive Officer, CDR Jeffrey Schmidt in a ceremonial cake cutting to celebrate Women's History Month on March 25 at the Fleet Mail Center on NAS II

MWR'S SIGONELLA COUNTY FAIR IS FRIDAY, MAY 21 & SATURDAY, MAY 22, FROM 3 PM TO MIDNIGHT ON BOTH DAYS.

THIS FAIR OFFERS A GREAT OPPORTUNITY FOR COMMANDS AND PRIVATE ORGANIZATIONS TO BE A PARTY OF AN ENERGETIC AND FUN COMMUNITY-WIDE EVENT. WE WILL FEATURE FUN CONTESTS FOR ALL AGES, LOCAL CRAFT VENDORS, CARNIVAL RIDES AND MUCH MORE!

LIKE EVERY FESTIVAL, MWR OFFERS TWO COMMAND AND PRIVATE ORGANIZATION INFORMATIONAL MEETINGS FOR FOOD BOOTHS, VOLUNTEERING AND GAMES.

THE MEETINGS ARE:

APRIL 14: COMMAND & PRIVATE ORG. INFO SESSION FOR FOOD BOOTHS, VOLUNTEERING AND GAMES AT 10 AM IN MIDTOWN 2 THEATERS IMMEDIATELY FOLLOWED BY A HANDS-ON GAME DISPLAY AND INFO SESSION ON THE FIT DISTRICT GYM FLOOR.

APRIL 21: SECOND COMMAND & PRIVATE ORG. INFO SESSION FOR FOOD BOOTHS, VOLUNTEERING AND GAMES AT 10 AM IN MIDTOWN 2 THEATERS. GAME BOOTHS WILL BE SELECTED DURING THIS MEETING.

FOR ANY ADDITIONAL INFORMATION PLEASE CONTACT MWR COMMUNITY ACTIVITIES DIRECTOR, TOKEN BARNHOUSE, AT 624-4941.

School NEWS

Sigonella Girls Soccer European Drill Competition

By Amy Shattuck

The Sigonella girl's soccer team is kicking off a great season. They began by defeating AOSR 1-0. This was followed by a victory against the Milan Panthers 2-1. In the Milan game, the goals were scored by striker Elizabeth Frost and midfielder Kendra Coates. Shawn McCarthy, soccer coach, is pleased with the girls' effort. "We're doing the best we can," McCarthy said. "And right now our best is better than the other two teams we've played." Starting Striker Mackenzie Jacks thinks a key to the Jaguar's success is teamwork. "We work together as a team," Jacks explained. "We're a family of Jaguars and we show that on the field." It's not just the team and their coaches that are thrilled about the success. The fans are excited that the team is doing so well and playing skillfully. "I think the girls are doing much better than the pre-game expectations," Tony Peppers, sophomore, said. The Jaguars are going to be a tough team to beat this year. Their next game is against Aviano, good luck Jags!

By Bailey Skeet

Nine NJROTC Sigonella cadets competed in an All European Drill Competition in Kaiserslautern, Germany in March. The competition was attended by 215 cadets from more than 12 European schools. The cadets worked hard and strived for perfection. In the end, Sigonella returned home with eight trophies and one medal. Cadet Ensign Ricky King was awarded first places for Best Color Guard Commander and Best Armed Drill Team Commander. He also earned eighth place in the Individual Drill Routine, and third place for Armed Duo with Cadet Seaman Roman Duenas. Cadet Lieutenant Commander Jordan Rettie received first place in the Individual Drill Routine and second place in the Solo Drill Exhibition. "It was Outstanding!" Rettie said. "For the first time in a long time, we had teams place high against other schools. I was proud to lead the Sigonella NJROTC to the Drill Competition." Rettie said the cadets performed well and were proficient in their

performances. The remaining Sigonella trophies were second place for the Color Guard Team, second place for the Armed Drill Exhibition Drill Team, and third place for the Regulation Drill Team. "I'm proud of the Sigonella NJROTC Color Guard for taking second place during the All European Drill Competition, after a five year drought!" Master Sergeant Anel Montero exclaimed. The nine cadets were: Cadet Lieutenant Commander Jordan Rettie, Cadet Ensign Ricky King, Cadet Petty Officer 1st Class Cyara Meza, Cadet Petty Officer 3rd Class Mark Takakura, Cadet Seaman Roman Duenas, Cadet Seaman Tristan Morris, Cadet Seaman Apprentice Bailey Skeet, Cadet Seaman Apprentice Damero Mingo, and Cadet Seaman Recruit Tai McGee. These cadets were accompanied by NSI Master Sergeant Anel Montero and female chaperone LS2 Dianne Brathwaite. "It was an interesting time competing in Germany," Cadet Seaman Morris remarked. "We did great in Color Guard and Drill, and I'm proud to have been a part of it."

SIGONELLA COMMUNITY SCHOLARSHIP

The Sigonella Community Scholarship Council invites students to apply for a scholarship to help defray the cost of post secondary education. THE SCSC provides scholarships to Sigonella community members from funds donated by commands and organizations and individuals from out community. Scholarships will be awarded in the following categories: Academics, Athletics, Leadership, Arts & Music and General. Application deadline is May 14th Applications can be picked up at the community bank, the school front office and the School Liaison Office (Elem building room 102a).

THE SPORTS LINE

MARCH MADNESS

A Fourth Title For Duke, Thanks To The 'Big 3'

Taken from NCAA.com

INDIANAPOLIS (AP) -The Cameron Crazies found a new use for one of their favorite taunts.

When the NCAA title game was over, they broke out the "Four! Four! Four!" chant that's usually the preferred way to harass Duke's foul-prone opponents.

This time, they were counting championships.

And they have the Blue Devils' "Big Three" to thank for it, because Jon Scheyer, Kyle Singler and Nolan Smith simply wouldn't be denied the title they so desperately craved.

The Blue Devils held on to beat Butler 61-59 Monday night for their first national title since 2001, and once again, the three stars did most of the heavy lifting - though they needed some timely help from the biggest player on the roster.

"People have said we don't have the first-team All-Americans, and this and that, but we have guys who do all the little things," Smith said. "We work so well together, and this team has done whatever it takes to get wins. We did that today."

Singler scored 19 points, Scheyer added 15 and Smith 13. All three made the all-tournament team, and Singler was selected the most outstanding player at the Final Four.

But title No. 4 wasn't secure until 7-foot-1 center Brian Zoubek got a hand in Gordon Hayward's face on a missed shot with 7 seconds left, hit a free throw with 3.6 seconds to go and - after missing the second one on purpose - held his breath as Hayward's half-court heave at the buzzer clipped off the glass and the rim.

Once the Blue Devils exhaled, they were on top again.

"It's hard for me to say it, to imagine that we're the national champions," coach Mike Krzyzewski told the crowd.

Maybe, but there's no doubting that the "Big Three" made it all possible.

They had to.

The Blue Devils (35-5) relied on them so heavily all season that there were moments during the championship game when it seemed they might crumble under the weight of their teammates.

The Singler-Scheyer-Smith trio, the nation's most productive threesome, entered averaging 53.4 points per game and had scored 69 percent of the Blue Devils' points this season.

So it was no surprise that Duke went to its "Big Three" down the stretch.

With less than 5 minutes left and the Blue Devils leading by one, the ball was inbounded to Scheyer. He swung it to Smith, who found Singler cutting to the wing and passed to the junior sharpshooter. His jumper swished through to make it 58-55 with 4:46 left.

That wound up being the final field goal of the season for the Blue Devils, whose only three points the rest of the way came on free throws.

"It really wasn't about me shooting the ball," Singler said. "It's about the team, and we needed everyone in these last two games to get where we are right now."

Some more than others. Duke's bench went scoreless against Butler, and managed only three shots, while the guys who do the dirty work - Zoubek and forward Lance Thomas - struggled for a while inside.

The Bulldogs had outrebounded the Blue Devils by seven at halftime and threatened to become the first team in the tournament to hold a rebounding edge against the biggest team in Coach K's three decades in Durham.

The Blue Devils eventually eked out a 37-35 edge on the boards - perhaps none bigger than the one Zoubek grabbed after Hayward's forced fall-away jumper in the final seconds.

"I knew that me getting a rebound would be a huge play," Zoubek said. "We really stepped it up in the second half."

That, and Hayward's last-gasp miss, helped put these Blue Devils in the elite company of players who hung championship banners at Cameron Indoor Stadium: Laettner, Hurley, Hill, Battier - and now Smith, Scheyer and Singler, after they helped Duke avoid the supporting role in Butler's real-life version of "Hoosiers."

"I think we won because of these guys," Krzyzewski said. "And as good as the Butler story is and was, their story is pretty good, too."

When it was finally over, those clever Cameron Crazies who made the trip to Hoosier Country busted out their chant, letting everyone know how many titles they have. They're only one behind top rival North Carolina, which claimed its fifth tournament crown last year. Then the Crazies chanted "One more year" toward Singler, who hasn't said yet whether he will return for his senior season. And when Coach K finally clipped the final piece of championship net, he kissed it and held it aloft for the Duke fans to savor.

"I love this team and it's our last day together, and what a way to celebrate our last day together," Krzyzewski said.

Il Mercato

All classified ads are free to the community. Their intent is for advertising personal property for sale, trade or giveaway. No commercial ads will be accepted. Ads run for two weeks. Classified ads are due no later than 5 p.m. of the Friday before the week of publication. For more information, call 624-5440 or 095-86-5440. Requests for commercial classifieds must be made to Stampa Generale at 081-568-7884. Send Il Mercato advertisements to thesig@eu.navy.mil

Anyone interested in sending ads via email should leave a phone number and point of contact name at thesig@eu.navy.mil. Ads run for two weeks on a space available basis and must be sponsored by active duty military members, family members or Italian/American base employees. Ad must be 40 words or less and typed in regular upper case, lower case format. *The Signature* does not accept ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. AFRTS/AFN decoders must be sold only to another authorized individual: active duty or retired U.S. military, DoD direct-hire employees, and their spouse. If someone would like these types of services in *The Signature*, call Stampa Generale @ 081-568-7884.

