

Reducing and Preventing Mold

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MOLD

NAVAL AIR FACILITY ATSUGI, Japan – Region Japan Fleet and Family Readiness Housing Services (N93) would like to remind residents living on and off Japan installations of the dangers associated with mold growth and how to react if abnormal growth is discovered.

Mold growth is common during the warm spring and summer months, but it can also grow in colder months as well. One example of mold growth, specifically related to Japanese homes, comes from indoor heating units and drying units. A lot of these units vent moist air in the home creating a perfect environment for mold growth. Other things to consider this winter is venting warm air out of bathrooms and showers after use, and periodically opening doors, cabinets and closets to allow dry air flow.

The Key element in combating mold lies in removing moisture. Something as simple as opening a window a couple of times a week to vent out moist air could limit mold from growing.

If large mold growth is discovered, residents are urged to contact their housing office immediately and off base residents to contact the building manager or landlord. Also precautions should be taken when cleaning and removing mold. Mold spores are known to cause symptoms similar to virus and bacterial infections when inhaled or ingested.

A handout is available for download at the following URL:

http://www.cnic.navy.mil/navycni/groups/public/@cnrj/documents/document/cnicp_a280545.pdf