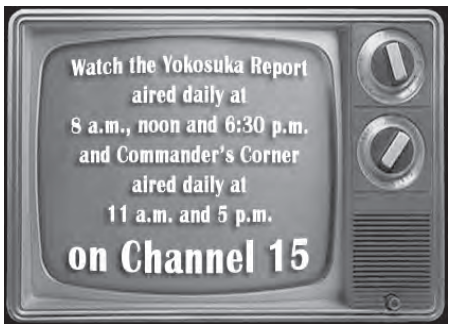
Capt. David A. Owen, Commander, Fleet Activities Yokosuka

CMDCM(AW/SW) Martin K. King, Command Master Chief

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an email to CFAYactionline@gmail.com. We welcome your feedback, especially if it is of a general nature and can help others. To contact the Seahawk office, call CFAY Public Affairs at 243-3003 or send an email to: CFAYactionline@gmail.com.



Commander Fleet Activities Yokosuka
Capt. David A. Owen

Michelle Stewart Public Affairs Officer
Sean Dath Lead PA Specialist

Editorial Staff

Keiichi Adachi Photojournalist
Yuhji Kawabe Photojournalist
Jeffrey Doepp Photojournalist
Joe Schmitt Photojournalist
MC2 John Smolinski Photojournalist
Paul Long Photojournalist
Mark Elrod Seahawk Editor
Hideo Kaihatsu Seahawk-Umitaka Editor

U & A Company Co., Ltd.
Kiyonori Goto Account Executive
Ai Yoshikawa Account Executive

COMFLEACT Yokosuka
Public Affairs Code N01PA
PSC 473 BOX 01
FPO AP 96349
Phone: 243-5607/3003

Fleet Activities, Yokosuka, Japan
SEAHAWK 海鷹 UMITAKA
Serving Yokosuka Base for more than 50 years

The editorial content of this newspaper is edited and approved by the public affairs office of Commander, Fleet Activities Yokosuka.

This newspaper is an authorized publication for members of the military services stationed overseas. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

The appearance of advertising in this newspaper, including inserts of supplements, does not constitute endorsement by the Department of Defense, the Navy, Commander, Fleet Activities Yokosuka or U & A Company of the products and services advertised.

Everything advertised in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Published by U & A Company, a private firm in no way connected with DoD or the U.S. Navy, under the exclusive contract with the U.S. Navy.

Follow CFAY on
twitter
facebook
shutterfly

Heads Up Yokosuka!
Community announcements/Action line

U.S. Naval Hospital Yokosuka Annual Sports Physical Exam Day and Health Fair – U.S. Naval Hospital Yokosuka's Pediatric Department is sponsoring an annual sports physical exam day and health fair, June 20, 1-3:30 p.m. at the Nile C. Kinnick High School multipurpose room. Sports physicals are good for one full year. We will be doing sports and NJROTC for students in high school during academic year 2012-13. Scouting physicals are also being done. Sports and NJROTC physical forms are available at the high school and middle school nurse's office; and at the Pediatrics and Family Medicine Clinic at the hospital. Both sides must be filled out and signed by parents or physical will not be done. Participants must wear P.E. or gym clothes or physical will not be done. Participants 12 years and older do not need a parent present to get a physical. For activity physicals not covered above or for those unable to make the sports physical day, physicals as always can also be obtained by making an appointment with your PCM. For more information about annual sports physical exam day and health fair, please contact the U.S. Naval Hospital Yokosuka's Pediatric Department at 243-5505.

Hospital bills: Your responsibility – Pay patients seen at military treatment facilities, have bills generated and sent to the patient's insurance carrier. Often, after payments are made by the patient's insurance carrier, there is a remaining co-payment that is the responsibility of the patients. These co-payments if unpaid leave a negative balance on the patient's account generating late notices 30 days after payment is due. If payment isn't made within an additional 30 days, a second notice is sent. A third and final notice will be sent at the 90-day mark if the bill remains unpaid. If, at the 90-day mark, the bill has not been paid or arrangements have not been made to pay the bill, patients with an outstanding balance will not be able to schedule routine appointments, or obtain non-urgent care. If you suspect you may have unpaid medical bills or have any questions on the billing process, please call the U.S. Naval Hospital Yokosuka Billing Office at 243-8574.

Unauthorized political activity – The Department of Defense (DoD) maintains a policy that DoD personnel acting in their official capacity may not engage in activities that associate the DoD with any partisan political campaign or election, candidate, cause, or issue. All military personnel, including National Guard and reserve forces, are prohibited from wearing military uniforms at political campaigns or election events. Military members may not:

- Fundraise
- Speak
- Canvass or advocate on behalf of a partisan candidate or cause.
- Military members are disallowed from placing partisan political signage in military housing onboard military installations.

Acceptable political activities:

- Members are allowed (in a private capacity) to support their candidate or cause in limited scope, as long as it is never in uniform and is not serving a large role within the cause (i.e., supervisory position).

Bicycle Helmets – All bicycle riders must wear an approved bicycle helmet in usable condition when entering the gates on Yokosuka base. No hard hats will be allowed for use on bicycles from the base entry point to the work centers nor from the work centers to the base exit points. Hard hats are only allowed for use by personnel after they report to the work place and their work requires use of a hard hat to perform their duties. Bicycle helmets that are found not safe must be replaced before being allowed to ride a bicycle on base. This is in accordance with CFAY instruction 5800.2G. Contact CFAY Traffic Safety at 243-7354 for more information.

自転車用ヘルメットに関するお知らせ – 横須賀基地及び関連施設に入出門する際、正規の自転車用ヘルメットを着用してください。通退勤時におけるゲートから職場までの区間、作業用保安帽を自転車用として代用することはできませんが、勤務中に職場及び業務上作業保安帽の着用が義務付けられている区域、またはその区域を自転車で通過する場合のみ、代用可能です。自転車用ヘルメットが安全な使用状態に無い場合、適切な物と交換されるまで基地内での自転車の運転は認められません。上記違反者は横須賀基地指令書第5800.2G号により取り締まりを受けます。詳しくは243-7354、CFAY交通安全課までお問い合わせください。

DBIDS Registration – Don't forget to register in the Defense Biometric Identification Data System (DBIDS)! Due to the updated Non-combatant Evacuation Operation (NEO) plan and increase in force protection and random anti-terrorism measures, all military, civilian employees, Navy contractors and their family members including children 10 years of age and older, Master Labor Contract (MLC) employees and local contractors on board Yokosuka base or assigned to forward-deployed afloat units are required to register in DBIDS. Personnel who are currently registered in DBIDS but have changes to their profile must come in and update their information. The DBIDS registration office is located at the main gate inside building 1495. Additional DBIDS registration locations are at the Community Readiness Center and Personnel Support Detachment Yokosuka.

指紋認識データシステム – 横須賀基地に関わる軍人、軍属、契約従業員及び10歳以上のご家族、MLC従業員、契約業者の方は指紋認識データシステム（DBIDS）に登録する必要があります。既に登録済みで、データに変更がある方は、1495ビル登録事務所でデータを更新してください。受付は月～金曜の午前7時から午後4時まで。

Deadline for Seahawk submissions – Deadline for submissions to the Seahawk is the Thursday before the next Seahawk edition. Email your submissions to Seahawk-Umitaka@fe.navy.mil. Contact the Seahawk editor by email at Seahawk-Umitaka@fe.navy.mil or call 243-2567/3003 for specific submission requirements or for more information.

Individual Augmentee – never forgotten

By Capt. David A. Owen,
Commander Fleet Activities, Yokosuka

For several years now, Navy service members have been serving in Individual Augmentation (IA) assignments. These have been all over the world, but typically not in the most friendly and safest of places. Some of the more common locations are Iraq and Afghanistan. There is a significant training period to prepare those selected to serve on these assignments for many times the sailor is going into a world he or she is not familiar with. Carrying a weapon and a back pack to do a patrol or guard duty was not something in the Navy's basic training curriculum. These assignments range in length from six months up to a year.

We have come a long way when it comes to supporting those who go on these assignments and their families. It is a tough road to go down. I currently maintain a listing with the e-mail addresses of every CFAY member on an IA on my desk at the ready hand and have sent them e-mails several times just to ensure they are doing all right. I have to admit though, it was an IA deployer when I had a previous command that I'll never forget.

We were underway on deployment one night when an e-mail popped into my in box from the Commodore back in the states. It was short, and simply said "Sorry to hear about your OS2." This took me by surprise, but immediately the first thing that came to my mind was the Petty Officer I had serving in Iraq. The follow-up communications revealed that he was reported as killed in action (KIA) earlier that day. The reality once the entire story was unraveled is that he actually took his own life. He had been having marital problems and essentially got a "Dear John" email from his spouse that she was leaving him and he would never see his daughter again. His name will never leave my mind.

So, as yet another warrior heads off from CFAY on an IA, MASN Bordner and his Military Working Dog Ssandar, please take time to remember those currently serving and those who have paid the ultimate price by not returning alive no matter what the reason. You can rest assured I'll continue to do the same for all our Heros, and a few special moments for Second Class Operations Specialist Alomar – REST IN PEACE MY FALLEN SHIPMATE, YOU'LL NEVER BE FORGOTTEN.