

Task Force/Life Work to visit Fleet Activities Yokosuka

By Lt. Cmdr. Kim Dixon, CNP Diversity Directorate Public Affairs

The Task Force Life/Work (TFLW) Roadshow will be visiting Navy commands in the Japan Region Jan. 14 - 16, hosting events at Fleet Activities Sasebo, Fleet Activities Yokosuka and Naval Air Facility Atsugi.

These events provide an opportunity for everyone in the Navy to learn about current and future initiatives and to provide direct feedback on how the Navy can infuse better balance between the personal and professional life of its members.

The Task Force is looking for the thoughts, opinions and insights of those who are, and will be, the leaders of the 21st century Navy. With that input, the Task Force can work to effect the changes necessary to recruit and to retain competitive talent.

The term life/work balance refers to the level of satisfaction a person has about his or her personal life and professional life and the feedback received so far has highlighted both aspects.

The Task Force has completed five roadshows to date and the feedback received has focused on topics regarding childcare costs and availability, off-duty education opportunities, individual augmentee concerns, higher operational tempo, arduous inspection criteria and aggressive ship schedules. There was also feedback on dual-military family support and sea-shore rotation plans.

"We are really excited to hear from the members of the forward deployed naval forces in Japan because of the unique nature of their operational tempo," said Cryptologic Technician (Administration) Senior Chief Dee Allen, member of Task Force Life Work. "We have heard from thousands of Sailors stationed throughout the United States, so this will be our first chance to hear directly from Sailors stationed overseas. We fully anticipate we will hear some new ideas and topics introduced into the life/work discussion."



Capt. Ken J. Barrett, director of Task Force/Life Work (TFLW), addresses Sailors during the TFLW Road Show held in Sharkey's Theater onboard Naval Station Pearl Harbor Nov. 7. TFLW will be at Fleet Activities Yokosuka Jan. 15.

U.S. Navy photo by MC3 Paul D. Honnick

The Task Force representatives record each feedback comment for inclusion in a report to the Chief of Naval Personnel (CNP). Written comments submitted at the Roadshow events via comment card are also tallied and presented to CNP. With this information, the Task Force has begun work on several initiatives to include Paternity Leave and an Off/On Ramp pilot.

There have also been several ideas presented that can be implemented immediately, at

the command level, without a change in policy. These ideas include: Instituting flexible work hours or telecommuting, encouraging education through flexible work hours, providing more hands-on training for juniors, increasing respect or recognition from enlisted and officer leadership, training leadership on life/work balance and differences in inter-generational communication, and providing challenging work for junior Sailors and officers that will lead to better advancement opportunities.

Besides the Roadshow, Sailors have two additional options available for providing feedback to the Task Force. The first is the TFLW Web site, www.npc.navy.mil/commandsupport/taskforcelifework.

The site details the mission and vision of TFLW, lists announcements, briefs, and the Roadshow schedule and provides an e-mail link to submit direct feedback to Task Force representatives.

The second is the TFLW online community blog, accessed through the

TFLW Web site. Anyone can request to join the blog by using an official military e-mail account. Current discussion threads include telecommuting, education opportunities, work environment and life coaches. Members of the blog can either comment on existing discussion threads or begin a new one.

The TFLW Roadshow for Fleet Activities Yokosuka is scheduled for Jan. 15. There will be a 7:30 a.m., all hands session at the Fleet Theater and a 10 a.m., junior officer roundtable at the Officer's Club.

On Jan. 16, there will be an 8 a.m., all hands event at the Naval Air Facility Atsugi Base Theater.

USNH Yokosuka helps deliver in "first baby of the year race"

Story and photos by Jill Ward, USNH Yokosuka

New Year's Eve 2007 was a relatively quiet night in the obstetrics and gynecology department, known commonly as "3AOB," at U.S. Naval Hospital (USNH) Yokosuka. There was one mom-to-be in labor and the first baby of the New Year seemed to be determined. But, that was before a surprise arrival.

Jennifer Weber, spouse of Lt. Michael Weber, Submarine Group Seven, expected to be induced the day after Christmas, but the induction was rescheduled to Dec.

31. Since she was in labor as the clock hit midnight, the staff thought the Weber baby was a certain "first baby" winner as she was the only one in labor on the ward. "I did not even think about having the first baby. I was thinking about other things at the time," she said.

However, the race suddenly had a second contestant. Aviation Maintenance Administrationman 2nd Class Valarie Roberts, who is currently assigned to Aircraft Intermediate Maintenance Detachment, Naval Air Facility, Atsugi, arrived at 10 p.m. on New Year's Eve, but went to the Stork's Nest because her contractions were still relatively far apart.

Roberts was not due until Jan. 6, so her husband thought he had plenty of time to arrive from San Diego. Postal Clerk 2nd Class Cornilus Burr, who is stationed on the *USS Ronald Reagan* (CVN 76), was in flight to Tokyo while Roberts was in labor, but hoped the new arrival would wait a little while. "I was trying to get there, and when I finally got here, I went straight to the Stork's Nest. I did not try the hospital first."

Roberts knew that her baby was about to make a quick entrance, so she came back to 3AOB at around 2 a.m. "When I checked in the second time, I knew the baby was coming fast," she said. Her daughter, Daija Henderson, age 9, was with her the entire time. Roberts was a little worried about how Henderson would react, but she was a great help and support.



(Left) PC2 Cornilus Burr, daughter and AZ2 Valarie Roberts with newborn son. Burr and Roberts newborn son was the first child born at USNH Yokosuka for 2008.



Lt. Michael Weber and wife Jennifer greet their daughter, the second newborn child born at USNH Yokosuka for 2008.

Even though Weber had been in labor for nearly 20 hours at this point, Robert's baby arrived first. Devin Burr was born on Jan. 1 at 4:25 a.m. at a healthy six pounds, 12 ounces. Unfortunately, his father did not arrive until the next evening, but was very glad to hold his new son.

Caitlin Weber was born a few hours later at 6:43 a.m. and weighed in at nine pounds, 2 ounces.

Both of the moms and babies are doing well at home, and both laughed about the birthday parties that would have dual meanings for years to come.

Outside the Gate

ITT Tickets

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

Discount Hakkeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until March 31, 2008. *All rides in the park will be closed from January 15 - 25 for general maintenance.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets* to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

32nd One-day Grand Sumo Tournament

Don't miss the opportunity to see the national sport of Japan in person in this one-day event at Tokyo's Ryogoku Kokugikan on February 5! ITT is now selling tickets for ¥5,500 (A seats) or ¥2,000 (B seats). Transportation will be available for \$25 for adults, \$18 for children and \$12 for infants. Sign-ups begin the same day as ticket sales.

For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

One-day Ski Trip to Shiga Kogen (Yakibitai-yama), Nagano Prefecture

Join us on January 23 and enjoy skiing at Japan's largest ski resort with 21 interlinked ski resorts...all with one lift ticket! Yakibitai-yama is the most modern of all the resorts and has 2 gondolas and 8 lifts that cover the huge terrain. The cost is \$45 for transportation only. Lift tickets cost an additional ¥4,800 and can be purchased at the resort.

Ski and Snowboard Lessons

Did you know Outdoor Recreation offers ski and snowboard lessons in English? Most resorts charge ¥5,000 - ¥6,000 for two hours of instruction in Japanese. Outdoor Recreation charges \$25 for a two hour lesson taught by a certified English speaking instructor.

Beginner/Intermediate Rock Climbing at Jogasaki Seaside Cliff, Shizuoka Prefecture

Enjoy the warm sunshine on the east coast of Izu Peninsula on January 26. Jogasaki is known for its mild temperatures - even in winter - and is a perfect gathering place for climbers looking to escape the chill and enjoy a beautiful view of the ocean. This volcanic rock will give you a different experience of rock climbing. The cost is \$60 per person.

Beginner/Intermediate Day Hike to Iyogatake & Tomisan, Chiba Prefecture

Hike two mountains on the Boso Peninsula on February 2. Start by hiking Iyogatake that has a great view from its twin needle peaks. After lunch, continue your hike up Tomisan, which also has twin peaks but only a view from the north peak. Clear weather permitting, you can see the Miura Peninsula (where Yokosuka is located), Izu Peninsula and Mt. Fuji. Total hiking time is approximately 5 hours. The cost is \$40 per person.

Outdoor Recreation Sledding Tours

Not into skiing or snowboarding, but still want to get out and enjoy the snow? Did you know Outdoor Recreation offers sledding tours? We will be heading to Fuji-ten in Yamanashi Prefecture on January 27 & February 24, and Snowtown Yeti on February 3 for some slip-sliding fun...and you're invited! The cost is \$35 for adults (12 years and older) and \$25 for children (up to 11 years old).

Outdoor Recreation Special

Are you planning that special birthday party for the little one in your life? Make it a lot more fun with one of the Outdoor Recreation Center's two new indoor unit air toys available for rental on a first come, first served basis!

Bicycle Storage at Outdoor Recreation

Are you tired of worrying about your bicycle? Do you hate getting the rust off of your gears and chain? Do you want to ensure that your bike stays clean, dry and ready for use? The store it at Outdoor Recreation for only \$15 a month!

MWR Gets Into The Spirit of the Holidays

In a true Yokosuka holiday tradition, MWR recently awarded the first and second place finishers in our annual Best Decorated Holiday Lighting Contest. MWR would like to extend a sincere congratulations to the winners in each category!

• Large Ship (Tie)



First Place: USS Blue Ridge (LCC 19)



First Place: USS Kitty Hawk (CV 63)

• Surface Combatant Ship



First Place: USS John S. McCain (DDG56)

• Tugboat



First Place: YTB 762

• Bachelor's Quarters



First Place: TPU

• Tenant Command



First Place: SRF

• Tower Balcony



First Place: The Hatton Family
(Bara Heights)



Second Place: The Lardin Family
(Ajisai Heights)

• Town House



First Place: The Orgill Family
(Vandergriff Lane)



Second Place: The Davis Family
(Seabald Street)

Best Decorated Balcony (Ikego)

First: The Miller Family
Asuka Heights
Second: The Ellery Family
Asuka Heights

Best Decorated House (Negishi)

First: The Calhoun Family
B Street
Second: The Dadufalza Family

Best Decorated House (Ikego)

First: The Behimino Family
F Street
Second: The Forseth Family
D Street

Best Decorated BQ Door (Negishi)

First: J. Cocking
Second: J. Montgomery

MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

- Lead Cook:** NL-08, \$13.07/hr. CPO Club (1 RFT).
- Food Service Supervisor:** NF-31, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).
- Cook:** NA-05, \$9.98/hr. Club Alliance (1 Flex), Food Court (1 RFT), Club Takemiya (2 RFT).
- Material Handler:** NA-05, \$9.98/hr. Food Court (1 Flex).
- Food Service Worker:** NA-03, \$8.64/hr. Food Court (10 RFT), Club Alliance (1 Flex).
- Waiter/Waitress:** NA-03, \$8.64/hr. O' Club (1 RFT/7 Flex), CPO Club (1 RFT), Club Takemiya (1 RFT/2 Flex), Club Alliance (1 Flex), Negishi (1 Flex).
- Cashier:** NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (1 RFT).
- Club Operations Assistant:** NF-02, \$8.39/hr. CPO Club (2 Flex).
- ID Checker/Security:** NF-01, \$6.70/hr. Club Alliance (1 RPT/5 Flex).

Support Activities

- Air Conditioning Equipment Mechanic:** NA-08, \$11.62/hr. Maintenance (1 RFT).
- Electrician:** NA-08, \$11.88/hr. Maintenance (1 RFT).
- Facilities Maintenance Worker:** NA-05, \$9.98/hr. Maintenance (1 RFT).
- Accounting Technician:** NF-02, \$8.39/hr. Finance (1 RFT).
- Personnel Clerk:** NF-01, \$7.50/hr. Personnel Office (1 RFT).

Child Development Programs

- Program Assistant:** GSE-02, \$9.50/hr. Negishi (2 Flex), Ikego (1 RFT/8 Flex), Main (2 Flex), Hourly (1 Flex).

Community Activities

- Recreation Assistant:** NF-02, \$9.50/hr. Youth Center – Yokosuka (3 Flex), Ikego (1 RFT).
- Food Service Worker:** NA-03, \$8.64/hr. Bowling Center (1 RFT).
- Clerk/Driver:** NF-02, \$8.39/hr. Youth Center (1 RFT).
- Recreation Assistant:** NF-02, \$8.39/hr. Wood Hobby Shop (1 RFT/1 Flex), Youth Sports – Yokosuka (1 Flex).
- Recreation Aide:** NF-01, \$7.25/hr. Bowling Center (4 Flex).
- Cashier:** NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

Recreation

- Recreation Assistant:** NF-02, \$8.39/hr. Rentals – Customer Service (2 Flex).
- Duty Manager:** NF-02, \$8.39/hr. Theater (1 Flex).
- Paintball Attendant:** NF-01, \$7.00/hr. Ikego Campground (2 Flex).
- Recreation Aide:** NF-01, \$7.00/hr. Single Sailor (1 Flex).
- Recreation Assistant:** NF-02, \$8.39/hr. Single Sailor (1 RFT).

Athletics

- Field Maintenance Worker:** NA-05, \$9.98/hr. Athletics – Ikego (1 RFT), Yokosuka (3 RFT).
- Recreation Assistant:** NF-02, \$8.39/hr. Adult Sports (2 Flex).
- Gear Issue Attendant:** NF-01, \$6.50/hr. Athletics (1 RFT).
- Swim Instructor:** NF-02, \$10.00/hr. Aquatics (10 Flex).
- Head Lifeguard:** NF-02, \$9.50/hr. Aquatics (1 RFT/1 Flex).
- Swim Instructor/Lead Lifeguard:** NF-02, \$8.39/hr. Aquatics (1 RFT).
- Lifeguard:** NF-01, \$6.65/hr. Aquatics (11 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, January 11

1730 National Treasure: Book of Secrets PG
2030 The Bucket List PG13

Saturday, January 12

1300 Mr. Magorium's Wonder Emporium G
1730 I Am Legend PG13
2030 National Treasure: Book of Secrets PG

Sunday, January 13

1300 National Treasure: Book of Secrets PG
1730 National Treasure: Book of Secrets PG
2030 The Bucket List PG13

Monday, January 14

1730 August Rush PG
2030 This Christmas PG13

Tuesday, January 15 \$1 Movie Night

1730 National Treasure: Book of Secrets PG
2030 Beowulf PG13

Wednesday, January 16

1730 Mr. Magorium's Wonder Emporium G
2030 I Am Legend PG13

Thursday, January 17

1730 Team M & M Family Variety Show Free

Friday, January 18

1730 August Rush PG
2030 National Treasure: Book of Secrets PG

Fleet Theater

Friday, January 11

1800 Lions For Lambs R
2100 American Gangster R
0030 I Am Legend PG13

Saturday, January 12

1800 American Gangster R
2130 The Bucket List PG13
0030 Lions For Lambs R

Sunday, January 13

1800 Lions For Lambs R
2100 Beowulf PG13

Monday, January 14

1800 I Am Legend PG13
2100 Charlie Wilson's War R

Tuesday, January 15 \$1 Movie Night

1800 I Am Legend PG13
2100 Charlie Wilson's War R

Wednesday, January 16

1800 American Gangster R
2100 National Treasure PG

Thursday, January 17

1800 Beowulf PG13
2100 Lions For Lambs R

Friday, January 18

1800 Hitman R
2100 The Mist R
2400 Hitman R

Negishi Theater

Friday, January 11

1900 This Christmas PG13

Saturday, January 12

1300 August Rush PG
1900 Charlie Wilson's War R

Sunday, January 13

1300 August Rush PG



The Mist

Cast: Thomas Jane, Marcia Gay Harden, Laurie Holden, Andre Brougner
Synopsis: Following a violent thunderstorm, a small town community comes under vicious attack from creatures prowling in a thick and unnatural mist. Local rumors point to an experiment called the 'The Arrowhead Project' conducted at a nearby top-secret military base, but questions as to the origins of the deadly vapor are secondary to the group's overall chances for survival.



Hitman

Cast: Timothy Olyphant, Dougray Scott, Olga Kurylenko, Robert Knepper
Synopsis: The "Hitman" is a genetically-engineered, elite assassin known only as Agent 47. His hallmarks are lethal grace, unwavering precision, and resolute pride in his work. But even 47 couldn't anticipate a "random equation" in his life exactitude: the unexpected stirrings of his conscience and the unfamiliar emotions aroused in him by a mysterious Russian woman.



Charlie Wilson's War

Cast: Tom Hanks, Julia Roberts, Philip Seymour Hoffman, Ned Beatty
Synopsis: Based on the true story of how Charlie Wilson, an alcoholic womanizer and Texas congressman, persuaded the CIA to train and arm resistance fighters in Afghanistan to fend off the Soviet Union. With the help of a rogue CIA agent, Wilson supplied money, training and a team of military experts that turned the ill-equipped Afghan's into a force that brought the Red Army to a stalemate and set the stage for conflicts in the Middle East that rage to this day.



National Treasure: Book of Secrets

Cast: Nicolas Cage, Diane Kruger, Ed Harris, Helen Mirren, Justin Bartha
Synopsis: Treasure hunter Benjamin Franklin Gates looks to discover the truth behind the assassination of Abraham Lincoln, by uncovering the mystery within the 18 pages missing from assassin John Wilkes Booth's diary.



Lions For Lambs

Cast: Robert Redford, Tom Cruise, Meryl Streep, Michael Pena, Derek Luke
Synopsis: Injuries sustained by two Army Rangers in Afghanistan set off a sequence of events in America involving a congressman, a journalist and a professor.



I Am Legend

Cast: Will Smith, Alice Braga, Dash Mihok, Salli Richardson-Whitfield
Synopsis: Robert Neville is a brilliant scientist, but even he could not contain the terrible virus that was unstoppable, incurable, and man-made. Somehow immune, Neville is now the last human survivor in what is left of New York City and maybe the world. But he is not alone. Mutant victims of the plague lurk in the shadows watching his every move. Perhaps mankind's last hope, Neville must find a way to reverse the effects of the virus using his own immune blood.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).



碁 CLUB WHAT IS 碁 GO?



FREE 碁 DEMONSTRATION

Thursdays: January 24, February 14, February 28
from 1800 to 2000 in the Community Center Lecture Hall
Go classes will begin in March. For more details and pricing information call the Community Center at 241-4111.

Guitar Lessons

Guitar instruction is now being offered at Ikego Community Activities. For dates and times, please call 245-8071 or stop by our office.



Join us as we wish the Kitty Hawk farewell, SPORTS Style!

KITTY HAWK'S LAST STAND

The Kitty Hawk's Last Stand is a series of one day tournaments designed to give teams and individuals the opportunity to compete with personnel from the Kitty Hawk one final time in several different sports including table tennis, 4 on 4 flag football, 3 on 3 basketball, volleyball, and futsal. The tournaments will be held on Saturdays, and they won't require any prior registration. Teams will show up that morning, and we will design a bracket on the spot. Individuals who aren't on a team can easily be picked up or placed on a team. For the most part these sports are small-sided and don't require a lot of space so we can run multiple games at one time. The tournaments will be quick, fun, and give the Kitty Hawk and everyone else the opportunity of a lot of playing time.



January 26 Table Tennis Fleet Gym @ 0900	February 9 Volleyball Fleet Gym @ 0900
February 23 3-on-3 Basketball Fleet Gym @ 0900	March 1 4-on-4 Flag Football Berkey Field @ 0900
March 22 Futsal Berkey Field @ 0900	

For more details call 241-2955

WATCH THE SUPER BOWL



also...

NFL's ARIZONA CARDINALS CHEERLEADERS



- PREGAME/1ST QUARTER**
OFFICERS' CLUB
- 2ND QUARTER**
CPO CLUB
- HALF-TIME**
CLUB ALLIANCE
- 3RD QUARTER**
SINGLE SAILOR
- 4TH QUARTER**
CLUB ALLIANCE

OFFICERS' CLUB, CPO CLUB & CLUB TAKEMIYA
SUPER BOWL XLII PARTY STARTING AT 0600
WATCH THE GAME OF THE YEAR ON THE BIG SCREEN TELEVISION IN THE LOUNGE WHILE ENJOYING A DELICIOUS BREAKFAST BUFFET FOR ONLY \$5 PER PERSON. WE'LL HAVE DOOR PRIZE RAFFLE WITH PRIZE GIVEAWAYS!

CLUB ALLIANCE
CLUB A SUPER BOWL BLOWOUT STARTING AT 0600
CHECK OUT THE BIG GAME LIVE ON THE BIGGEST SCREEN ON BASE OR THE TWO LARGE FLAT SCREENS! \$4.95 BREAKFAST BUFFET, ALL-YOU-CAN-EAT 10¢ WINGS, HALF-TIME GAMES AND GIVEAWAYS AND MORE! THIS IS THE PLACE TO BE ON SUPER BOWL DAY!

SINGLE SAILOR
SUPER BOWL MONDAY STARTING AT 0800
WATCH THE SUPER BOWL ON THE BIG SCREEN AND ENJOY FREE FOOD. DOOR PRIZES DURING THE GAME

NEGISHI CLUB
SUPER BOWL MONDAY STARTING AT 0730
BREAKFAST BUFFET 0800 TO 1000 \$5

DON'T MISS THE ACTION MONDAY, FEBRUARY 4

USNH labor and delivery staff trains on new birth simulator

Story and photo by
MC2 Chantel M. Clayton,
Fleet Public Affairs Det. Japan

The labor and delivery staff at the U.S. Naval Hospital Yokosuka, Japan had the opportunity to practice their delivery and life-saving skills on a new simulator Dec. 19.

The hospital trained on "Noelle," a labor and resuscitation mannequin, which enables labor and delivery staff to practice deliveries without a live patient.

According to Lt. Aaron C. Myers, a labor and delivery nurse at the hospital, Noelle can simulate almost anything and give the staff a true-to-life training experience.

"It's a labor simulator with a motorized mechanism that makes the birth actually happen," said Myers. "It also has two interactive monitors that I can program using a remote laptop for different scenarios, then there's another baby where we can practice resuscitation."

Myers says the scenarios during the training experience are real, making the training more effective.

"We can simulate vaginal deliveries and c-sections with this model," said Myers. "We can simulate heart-rate tracings, vital signs, and can also simulate cardiac arrest functions, to go along with CPR on the model. We

can do the same with the baby. We can simulate giving medications and starting IVs on the baby."

According to Myers, the hospital purchased the system about a month ago for about \$20,000. The labor and delivery staff plans to use this training system often.

"We plan to do the training once a month, but also make the training available for whenever things around here are slow," said Myers. "When we're not actually delivering babies we can train to deliver babies."

The labor and delivery staff benefited from the training and value the hands-on experience.

"It was a really good training experience," said Amylisa Myers, a labor and delivery nurse at the hospital. "Usually when we do drills we talk through the process. With this we have a room where we can move around and it mimics the experience of a true delivery, versus talking through it. It makes it more real. I've never experienced training like this. I've been doing this for six years, and wished this were around during my first time in labor and delivery."

HN Nicholas Ullrich performs artificial ventilation on a baby mannequin during a training evolution at the U.S. Naval Hospital Yokosuka, Japan. The hospital received a \$20,000 labor and delivery training system with a mannequin capable of delivering a baby.



New USNH Yokosuka Internet site offers instant information

By Matt Crandell and Jason Gray, USNH Yokosuka

With the help of a new look and new features, USNH Yokosuka's Web site promises to be an even more valuable resource for patients and staff.

The revamped site provides up-to-date information and convenient links for our Sailors and other beneficiaries. On the home page, the user finds contact information for frequently called phone numbers such as central appointments, dental clinic appointments and TRICARE.

Hospital Corpsman 3rd Class Anthony Bagnerise, who works at Desk B at USNH Yokosuka, thinks the new site will make it easier for patients to find critical information. "This site is broken down for the patient, you just have to click and it is all right there. Before, everything was more scattered, but now I do not have to look for it. The important phone numbers are right there in bold so you can't miss them."

The header of the home page contains direct links to Defense Enrollment Eligibility Reporting System (DEERS) registration for changing family member data, TRICARE, Interactive Customer Evaluation (ICE) comments and frequently asked questions about medical records. These topics were chosen based on previous ICE comment cards and Bureau of Medicine and Surgery requirements.

It is now easier to schedule medical appointments and locate dental information. The TRICARE online link allows a member to become a registered guest on the site. Once registered, the member can schedule a medical appointment any time of the day, offering an alternative to calling central appointments. The dental services page lists clinic phone numbers for ease of scheduling appointments, and also contains dental service and dental insurance information.

To save patients time, the header contains a handy link to the online pharmacy refill system, a commonly used links that carried over from the previous site. Any patient who holds a refillable prescription can click connect to the pharmacy, fill in the sponsor's last four, the prescription number and the pharmacy location for efficient refill service. Within hours, the pharmacy will process the request and have up to 10 prescriptions ready for pick-up. Other pharmaceutical information includes the on-hand pharmaceutical list and a link to the TRICARE Mail Order Pharmacy.

Patients can also find valuable information on physical exams, labor and delivery and immunizations. Physical exams are needed for separation, retirement, enlistment and visas. Labor and delivery offers one-stop information for support classes, newborn forms and community resources. Walk-in hours are posted in the immunizations section.

Newcomers to Yokosuka, whether prospective patients or staff, gain easy access to various links that will help with transitioning to Japan. A wealth of relocation resources is a click away for newly assigned personnel and their families: Department of Defense

Dependents Schools (DoDDS); Morale, Welfare and Recreation (MWR); tourist information, local restaurants, and much more. The site also provides links to Commander Fleet Activities, Yokosuka (CFAY); Commander, Naval Forces Japan (CNFJ); and Military One Source, which provides Sailors with additional information about their new command and home. "I've had to search for these links before, and now they are right there," said Bagnerise.

Yokosuka residents may not know that USNH Yokosuka is the parent facility for eight branch clinics, and now each has its own page. Contact phone numbers, hours of operation and services provided are listed for personnel in Sasebo, Atsugi, Iwakuni, Negishi, Chinhae, and even Diego Garcia. Many of the branch clinics are equipped to provide medical services that Sailors and families in Yokosuka enjoy. These sites will continue to be expanded and updated. Go to www.nhyoko.med.navy.mil to access the new USNH Yokosuka Web site.

Chili's Grill and Bar Yokosuka Naval Base, Japan Job Title: Restaurant Manager

PUT A LITTLE SIZZLE IN YOUR CAREER! Are you a great leader and manager? Do you want a stable job with a growing company? Are you looking for a company that cares about its employees? Do you like fun, high-energy environments? If you've answered "yes" to all of the above, then Chili's is the place for you.

We are looking for leaders. Leaders with the ability to manage high volume in a casual-dining concept. Leaders who possess good decision making skills within an employee base of 120 employees. Leaders with a culinary passion for food and a dedication to guest service. Leaders who will execute all company policies, procedures and maintain the highest of ethical standards for an award-winning concept. We are looking for experienced full service restaurant managers with:

Minimum two years experience
Some culinary knowledge
Excellent written and verbal communication skills
The ability to coach and lead others
A passion for guest service and food
Some restaurant financials experience
Japanese language proficiency a plus

For interested candidates, please
e-mail your resume to:
stanleyko@hasmoreltd.com

chili's
Like No Place Else.

United States Naval Hospital - Yokosuka, Japan
Patient Centered Health Care Excellence

Main Menu

- Command Information
 - Leadership
 - Mission and Vision
 - History
 - Helpful Links
- Patient Services
 - Dental Services
 - EDIS
 - EFMP Overview
 - FAQ's
 - Immunizations
 - Labor and Delivery
 - Medevac
 - Patient Admin
 - Pharmacy
 - Physical Exams
 - Wellness Center
- Staff Information
 - CO's Welcome
 - Externships
 - Family Readiness Group
 - Internships
 - Ombudsman
 - Reserve Liaison Office
 - Sponsorship
- Branch Clinics
 - Atsugi

HEALTH ALERT: Facts regarding Hib vaccine recall - [click here for more information](#)

Home

Contact Information

Ambulance
On Base: 911
Off Base: 119

Central Appointments
US: 011-81-6160-43-5352
DSN: 243-5352
Off Base: 046-816-5352

Dental Clinic Front Desk
US: 011-81-6160-43-8808
DSN: 243-8808
Off Base: 046-816-8808

Emergency Room
US: 011-81-6160-43-5137
DSN: 243-5137
Off Base: 046-816-5137

Quarterdeck (24 hour)

Welcome to USNH Yokosuka

U.S. Naval Hospital, Yokosuka is the largest U.S. military hospital in mainland Japan: a 47-bed core hospital in Yokosuka, near Tokyo (with contingency expansion capability to 197 beds). We have branch medical clinics at Sasebo, Iwakuni, Atsugi, Camp Fuji, and Yokohama in mainland Japan; Chinhae, Korea on the southern tip of South Korea; and Diego Garcia in the Indian Ocean. We serve 43,000 beneficiaries throughout the Far East, providing quality services to "Fleet, Force, and Family."

Go to www.nhyoko.med.navy.mil to access the new USNH Yokosuka Web site.
U.S. Navy image courtesy of CFAY Public Affairs

FISC Yokosuka, JMSDF pound out New Year's tradition

By Tim Shannon, CFAY Public Affairs

U.S. Fleet and Industrial Supply Center Yokosuka and Defense Distribution Center Yokosuka, Japan (DDYJ) staff members and Japan Maritime Self-Defense Force (JMSDF) Ship Supply Depot, Yokosuka personnel took part in an annual *mochi* pounding ceremony or *mochi-tsuki* recently at the JMSDF base in Taura.

The yearly event gave FISC employees the opportunity to mingle with their counterparts in the JMSDF in a relaxed environment while partaking in a Japanese ritual traditionally meant to bring friends and families closer together.

The event started after FISC Yokosuka employees were shuttled to the supply depot and greeted with warm smiles and hot food from their JMSDF counterparts.

The food was a combination of Japanese and western favorites, including fried chicken, sushi, finger sandwiches and of course, several types of *mochi*.

To make *mochi* the traditional way, rice is first washed and then left to soak over night. The next day, the rice is cooked and placed in a large bowl or *usu*, sometimes made from a hollowed out stone or large tree stump. Then,

using large wooden mallets called *kine* in Japanese, the rice is pounded in to a taffy-like paste known as *mochi*. To keep the *mochi* from sticking to the wooden mallet, as participants pound away in a steady rhythm, one brave participant is required to stick their hand in to the *usu*, adding small amounts of water, at the same time, turning the rice, so that it is evenly pounded.

FISC Director of Corporate Communications Sam Samuelson was a first-time *mochi-tsuki* participant who appreciated the hospitality shown by the JMSDF logisticians.

"It was pretty exciting," said Samuelson. "I'm new to Japan so I'm new to the culture as well and seeing something like this was pretty important for me. It gives me the chance to experience an interesting part of Japanese culture. It's also really great that the JMSDF would open their doors and invite us to be a part of this tradition."

The JMSDF also provided some entertainment for those in attendance. Several ladies from the JMSDF entertained the crowd with a hip-hop dance exhibition, then had their pictures taken with several Sailors and civilians.

The focal point of the event, however, remained the food and the interaction between the JMSDF and their American counterparts.

"I am proud that FISC Yokosuka has been able to partner so closely, and share many military and logistic practices with SSD (ship supply depot)," said FISC Commanding Officer Capt. Andy Benson during a short speech that was translated into Japanese by FISC Master Labor



FISC's YN2(SW) Lorraine Pablo takes a turn at pounding rice into a taffy like substance called *mochi*, during an annual celebration held between FISC, DDYJ and the JMSDF at the Ship Supply Depot in Taura, Japan.

Photo by Yohsuke Onda

Contract (MLC) employee Masako Suzuki.

"Allow me to quickly express my appreciation for a partnership that I believe helped both our facilities serve our respective navies more quickly and efficiently," Benson said.

FISC Yeoman 2nd Class (SW) Lorraine Pablo also enjoyed the food and the camaraderie shown by the JMSDF during the *mochi-tsuki* and hopes to take part in next year's event as well.

"I had a really great time," said Pablo. "It was my first time to participate in a *mochi*-pounding festival. I want to come again next year. I enjoyed the food and meeting the people. They talked to me and came and said, 'hi' and 'how are you?' and they asked me a lot of questions about what I do. Everyone was very friendly. If I can come again next year, absolutely, I will be here."



Lt. Rich Jones and Lt. Cmdr. Eric Bach from FISC discuss logistics with a supply officer from the JMSDF during a *mochi-tsuki* at the Ship Supply Depot in Taura Japan.

Photo by Tim Shannon

FISC volunteers bring holiday cheer to Tokyo children's home

By Ray Denny, FISC Yokosuka

When the children and nuns from Saint Joseph's Children's Home in Tokyo saw the big blue bus arrive they knew that their friends from U.S. Fleet and Industrial Supply Center (FISC) Yokosuka had arrived.

Sixty-eight children, a few nuns and a handful of school workers at the home braved the early morning winter chill to cheerfully greet the more than 30 volunteers from FISC Yokosuka and begin a day of food, fun, games and singing which brought the spirit of Christmas to life for children and adults alike.

While some volunteers ran off to play with the children, others sliced and diced vegetables for soup or grilled hamburgers and hot dogs. Before lunch was served, the children assembled to join their visitors in singing a few Christmas carols; but before they could begin to sing, they received an unexpected but pleasant surprise - a visit from Santa Claus!

The jolly old elf himself joined forces with U.S. service members, master labor contractors (MLCs), and U.S. civil servants and their collective families to deliver more than 100 toys. Each of the children was able to visit with Santa and was given presents donated by FISC family members who had sponsored a child. Santa even left



Santa Claus gives a friendly pat on the head to one of the children of the Saint Joseph's Children's Home. The children enjoyed a visit from Santa and a day of games and food provided by volunteers from FISC Yokosuka.

Photo by Marie Denny

several extra presents for those children and employees of the home who were not able to attend the party.

About half the toys were donated by the local coordinators of the U.S. Marine Corps' Toys for Tots program. Marine Gunnery Sgt. Maurice Williams, who helps to run the Toys for Tots program for the Yokosuka Semper Fi Society explained, "The objectives of Toys for Tots are to help children in need to experience the joy of Christmas; to unite the members of our local communities in a common cause during our annual toy collection and distribution campaign; and to reinforce a positive image of Marines within their communities, their host nations, and the world. Today we met those objectives and helped to strengthen the bond between the United States and Japan."

Saint Joseph's Children Home receives several visits from FISC personnel throughout the year, but

few are as rewarding for the children and volunteers as the Christmas party.

"Throughout the year we visit and spend time at the home to clean the school grounds, play with the children, and have cookouts, but our December visit is always something special. FISC family members donate presents to each and every child during this season of giving, and therein, lies the true spirit of Christmas," said FISC Storekeeper Chief (SW) Gary Seibel, one of the coordinators of the event.

SRF-JRMC shares holiday spirit with Miura Shiratori-en

Story by Keiichi Adachi,
CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) brought holiday joy to mentally and physically challenged students and residents at Miura Shiratori-en in Nagasawa, Yokosuka City Dec. 17.

"Today is the 45th time that SRF-JRMC has visited Miura Shiratori-en during the Christmas holiday season. This is my sixth opportunity to enjoy a wonderful Christmas party with you. We always look forward with great anticipation to this annual event," said Capt. Stephanie Douglas, commanding officer of SRF-JRMC at the beginning of her speech.

This visit was a joint effort of the Friendly Society of Master Labor Contract (MLC) Japanese employees and volunteers from the U.S. military and civilian personnel at SRF-JRMC. They have coordinated and conducted this holiday visit since 1963 without fail.

"I have heard that the relationship between SRF-JRMC and Shiratori-en started in April 1963, by a few U.S. Navy personnel and Japanese employees when the precursor Nagasawa Gakuen was established for the mentally challenged children. Since then, they promoted other staff by the words 'loving light to Nagasawa Gakuen,'" said Shuuzou Katsuura, director of Miura Shiratori-en.

Katsuura also said that he is very appreciative of Capt. Douglas and Takenobu Sekiguchi, the president of Friendly Society, and the staff of SRF-JRMC.

"The benefit is for personnel who are physically and mentally challenged to have an opportunity every year to look forward to a fun shared event. The residents greatly look forward to and are constantly excited about this annual event," said Fire Controlman Master Chief Sean Mannion, command master chief at SRF-JRMC.

The most pleasant gift for the children, however, may have been getting the chance to dance hand-in-hand with the SRF-JRMC volunteers to cheerful holiday music which was played by a band called "Swing Stars."

"Our visit gives us an opportunity to share the true spirit of friendship of this holiday season with you the



Capt. Stephanie Douglas, commanding officer of SRF-JRMC, one of the facility's residents and Shuuzou Katsuura, director of Miura Shiratori-en, cut a cake during the Christmas party.

Photos by Fumiyo Sato

クリスマスパーティーの中、SRF-JRMC司令官ステファニー・ダグラス大佐、園児、三浦しらとり園園長の勝浦修造氏によるケーキカット。

写真：佐藤典代、CFAY広報課

residents, your friends and families, and the wonderful Miura Shiratori-en staff and faculty," said Douglas during her speech.

SRF-JRMC U.S. Navy personnel, U.S. civilians and Japanese employees worked very hard all year to raise money to support the party and provide financial support for things they really needed at the facility. This time SRF-JRMC donated 396,371 yen (more than 3,900 dollars) for Miura Shiratori-en to purchase their needs.

"It was a great success. We shared our Christmas spirit and traditions with the residents of Shiratori-en. You only had to see the joy in their faces to know we brought

happiness. I truly wish for a very happy holiday season for all of the SRF-JRMC family and our friends at Miura Shiratori-en," said Douglas.

"Success is strictly attributed to teamwork and volunteers. This could not be conducted without a combined team of MLC, U.S. civilians and USN members," said Mannion.

Capt. Douglas concluded her speech with the words, "It is heart warming to see the anticipation and happiness in all your faces. On behalf of all SRF-JRMC employees and their families, we wish you good health, happiness, prosperity and peace now and in the coming year."

SRF - JRMC が今年も三浦しらとり園にクリスマスの喜びを届ける

文：安達慶一、CFAY広報課

昨年12月17日、横須賀艦船修理廠及び日本地区造修統括本部(SRF-JRMC)の日米従業員が神奈川県知的障害者施設「三浦しらとり園」(横須賀市長沢)を訪問。園生たちに一足早いクリスマスプレゼントした。

「皆さんとクリスマスパーティーをするのは、今日で45回目です。私にとっては6回目です。私達は、毎年この行事を楽しみにしています」と話したのはSRF-JRMC司令官のステファニー・ダグラス大佐。

この訪問は、日本人従業員で構成される親睦会と米軍人・軍属のボランティアらによって1963年から絶え間なく行われてきた。

「SRF-JRMCとしらとり園のご縁は、当園の前身、知的障害を持つ児童のための施設「長沢学園」がオープン

したばかりの1963年4月に、SRFの海軍士官と日本人従業員数名の方々が園を慰問されたことに始まったと伺っております。この素晴らしい方々からの『愛の光を長沢学園へ』との呼びかけによって、その年からクリスマスパーティーをはじめとして、様々なボランティア活動が米海軍軍人とその御家族、日本人従業員の皆様に受け継がれております」と語るのは「三浦しらとり園」の園長を務める勝浦修造氏。

ダグラス大佐、SRF-JRMC親睦会会長である関口文信氏をはじめとするSRF-JRMCのスタッフの方々に心から感謝しますと勝浦氏は続けた。

「身体的・精神的に障害を持った方々が毎年このイベントを楽しみにしてくれということは我々にとっても大変価値あるものです」とSRF-JRMCコマンドマスターチーフのFCCM(SW)ショーン・マニオンさんは話した。

様々な寄贈品もさることながら、三浦しらとり園生にとり最大のクリスマスプレゼントとなったのは、「スイング・スターズ」のバンド演奏のもと彼らのためにクリスマスキャロルを歌い、SRF-JRMCのボランティアと手に手をとって踊る機会かもしれない。

「私達にとって、このクリスマスパーティーの訪問は、三浦しらとり園の園生の皆さん、友達、家族、そして、すばらしい職員の皆さんと、お互いを理解し、また友好を深め合うことの出来る本当に良い機会です」とダグラス大佐は話した。

SRF-JRMC親睦会の呼びかけや米軍人、軍属の協力により、一年を通じて部隊内外の様々な組織やグループが



While members of Miura Shiratori-en staff and faculty look on, the residents look forward to waiting for his or her turn to receive Christmas gifts from Santa Claus.

三浦しらとり園の職員が見守る中、サンタからの贈り物の順番を待つ園児たち。

ら募金が集まり、この募金はクリスマスパーティーの支援、三浦しらとり園が必要とする備品などを購入する資金となった。三浦しらとり園が必要とする備品購入に今回は396,371円ほどの寄付をSRF-JRMCが行なった。

「募金活動には大満足です。私たちは、しらとり園の伝統と共にクリスマス精神を分かち合うことができ、本当に幸せです。私たちが持ち寄った心が、しらとり園生それぞれの喜びとなり、笑みで満たされた顔を見ることができただけでいいのです」とダグラス大佐は話した。

「今回の成功はまさにチームワークとボランティア精神の賜物です。日本人従業員、米軍軍属そして米海軍人の団結なしでは実現できませんでした」とFCCM(SW)マニオンさんはクリスマスパーティーの感想を話した。

ダグラス大佐は彼女のスピーチをこう締めくくった。「期待と幸せに満ちた皆さんの顔を見て、心暖まります。SRF-JRMC従業員とその家族にかわり、皆さんの新年のご健康、ご多幸とご発展そして平和をお祈りいたします。」



U.S. members from SRF-JRMC, along with the Swing Stars band sing Christmas carols during the Christmas party.

クリスマスパーティーでSRF-JRMCの米従業員がスイング・スターズの演奏に合わせクリスマスキャロルを披露する。



University of Maryland University College

Education: Just a click away!

Register Online



Returning UMUC Asia students can now register online! Just visit our student portal at
www.asia.umuc.edu/portal

Pay by personal check, money order, credit card, or TA — all the usual options are available to you!

Your local Field Representative is still available to assist you!

Yokosuka DSN: 243-4613

New to UMUC? Visit your Field Representative before registering.

Term III (Spring session 1) starts January 21 at Yokosuka and February 4 online

Register today!

VTC reenlistment connects military family

Story and photo by Ensign Alison Derr, USS Cowpens Public Affairs

Modern-day technology connected a family separated by thousands of miles as Electronics Technician 2nd Class Christopher C. Smith, of *USS Cowpens* (CG-63), pledged to continue his career for another six years in the United States Navy, Nov 21.

Smith's older brother, Army Maj. Craig Smith, recited the Oath of Enlistment via video teleconference (VTC) from an undisclosed location in Iraq. As Smith recited the oath at Commander U.S. Naval Forces Japan Headquarters, his father, a 32-year retired master chief, his mother, an eight-year veteran naval lithographer and younger brother watched the ceremony via video teleconference courtesy of Fleet Forces Command Norfolk, Va.

Reenlistments tend to be momentous occasions. When a Sailor raises his or her right hand to take the Oath of Enlistment, that individual recommits his or herself to the values, ideals and morals that the Navy upholds today. The words "true faith" and "allegiance" ring true in the ears of the Sailor and those around. But they were especially poignant as the Major read them aloud to Smith that morning. As a member of Task Force 16, the Major works intricately with the communications suites utilized in operations in the Middle East. Faced daily with the peril of imminent, life threatening danger, the Major's presence at the ceremony was not only appreciated by his family members, but it was an opportunity for everyone present at the ceremony to remember the service members deployed to difficult and dangerous parts of the world.



ET2 Smith from *USS Cowpens* recites the Oath of Enlistment via video teleconference at Commander U.S. Naval Forces Japan while his older brother, Army Maj. Craig Smith, administers the Oath of Enlistment from an undisclosed location in Iraq. Smith's mother, father and younger brother watched the ceremony via video teleconference from Fleet Forces Command, Norfolk, Va.

In his comments to Smith and the rest of the crowd before the ceremony began, The Major joked about his brother's antics when they were much younger. But he quickly reminded him of the spirit and strength that service members must carry with them, especially in the face of adversity and difficult times. "Our military faces many challenges right now, but it is the dedicated and steadfast airmen, soldiers, Marines and Sailors, like you, of today who are making a difference in what we do both for our country and the rest of the world, he said."

In the past month, *USS Cowpens* has reenlisted five Sailors. "I continue to be amazed at the level of talent we have in our young Sailors and I'm extremely proud to have the honor to see these young men and women further their careers in the Navy," said *USS Cowpens* Commanding Officer Capt. Terry Mosher.

Raised in a family deeply rooted in the importance of national service and patriotism, Smith says he has wanted to be in the Navy as long as he can remember. "Like my father and my brother, I am not yet finished serving my country. We have roughly over 60-years of military experience between my father, brother, and I," Smith said, "and I want that number to continue to grow. We are a military family and hopefully that tradition will continue to carry on."

Clear Vision

I gaze into the mirror
Eyes like sharp diamonds
My vision so clear
My future so near
Nothing to fear

I gaze into the mirror
Eyes dulled by drink
My vision unclear
My future doth sink
Something to fear



**Think about your next drink
— do you really need it!**

The value of relationships

By Chaplain Scott Shafer

Christmas was wonderful! We all got great gifts. My favorite gift was the Bible that my older daughter gave to our younger daughter. It was a family moment worth remembering! My favorite wrapping paper was the one I received wrapped in aluminum foil and duct tape. I couldn't peek in to save my life! But in the middle of all of these celebrations we received somewhat disturbing news from home.

My parents wrote to us after spending Christmas with my sister in North Carolina and explained to us that they were thinking about moving from Arkansas to North Carolina. Wow! My girls were upset...I was upset...this was moving "Home." This was one of those unintended consequences of joining the military at a late age. It never occurred to me when my father commissioned me, that while seventy now, he will be ninety in twenty years.

I grew up in Charleston, South Carolina. For my middle school and high school years this city was home. After I graduated I went off to college and didn't return for over 15 years. In that time there were hurricanes, base closings, marriage, and the birth of at least two children...many things changed. When I finally returned, we exited the interstate and went by our old house the very first night. It was pristine. Nicely painted, the yard was mowed...it looked so much better than when I lived there. Yet it was a shell, the people who had once been there had moved on. The relationships were no longer contained within brick and mortar.

I was at a church once and we had a parlor. You know those rooms where people are supposed to be welcomed, or where the bride's family can wait before a wedding? In most churches these are the nicest rooms in the church. There's great furniture, a nice carpet, and it all looks so nice...that no one ever uses the room! The carpet is so nice that plastic will be put down. The couches are so good that they'll be covered with plastic. The room is so special that children will be chased out of it. What happens is that the room

becomes so well preserved that it either looks like a museum, or it looks like you're going to start painting. In the end it is no longer about welcoming people in the present, but more about preserving something from the past. It becomes about things, rather than about people.

There are many different things that we can pay attention to in this life. We pay attention to power, money, titles, buildings, possessions, but not a one of these things are eternal. A building will fall, cars will rust, books will become dusty and moldy...all of these things will pass away. I have a ring of gold on my finger, and even though it is made of the stuff of stars...it too will pass. A ring is much more fragile than the relationship it symbolizes. Out of the many things that we obsess about in this life there is only one thing that is eternal, and that is our relationships.

In the book of Revelation Chapter 21, verse 3, we read, "See, the home of God is among mortals. He will dwell with them as their God." The Chapter goes on to describe the celestial city, where there is no temple because God dwells in the city itself. There are no lights because the glory of God shines there. The relationship with God is what gives the city its beauty. It is our relationships that give our buildings, our homes, our lives meaning. Everything else is a mere shell that only contains what the relationship symbolizes.

As for my parents, even though I think that they are making this decision a bit hastily, I am glad that they are moving closer to my sister. They will be leaving some friends and relationships behind, but as they grow older they are moving closer to someone who will be able to care for them in the years to come. The house that they have inhabited for years in Arkansas will become a shell of what it once was, but our relationship will remain vital and continue to grow in the years ahead. A building is a building, but a person and our relationships with them are eternal. Home is definitely where the heart is.

Amen.

KICK 'N SCORE

INSTANT WIN GAME*



SCORE BIG

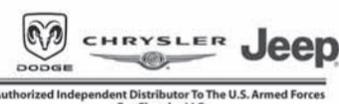
WITH SAVINGS ON 2008 MODELS

**LIMITED TIME OFFER!
PLUS FREE GIVEAWAYS!****

**HUNDREDS OF WINNERS,
REVEALED INSTANTLY!**

**TO PLAY VISIT YOUR LOCAL EXCHANGE NEW CAR SALES
WWW.ENCS.COM**

*No purchase necessary to enter. See complete rules and regulations at all entry locations. **While supply lasts. All illustrations and specifications are to the best of our knowledge correct as of the date of publication. They are subject to changes made by the manufacturer and the laws or regulations of any federal, state or local government agency. Vehicles shown are for illustration only, and may contain optional equipment at additional cost. All programs and guarantees are subject to terms and conditions. Visit www.encls.com or see your sales representative for complete details. Chrysler LLC and Ford are authorized contractors of AAFES and NEXCOM. Exchange New Car Sales is an authorized distributor to sell and distribute Chrysler, Ford and Harley-Davidson vehicles. This advertisement does not express or imply endorsement by AAFES, NEXCOM, the DOD components, or the Federal Government and is not sponsored by them. (C 501)



Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
-----	------------------------------------	------

Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0900
MON	Bible Study, Classroom 10	1730
WED	Bible Study, Classroom 1, 2 and 4	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	0900
SUN	Sunday School	1020
SUN	Priesthood/Relief Society	1110

Location: Across from the City of Yokosuka Post Office (Off base)

Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
-----	---	------

Soka Gakkai International (Buddhist)
2nd AND 4th THU Classroom 4 1830

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*
TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*
WED Middle School – Quest 1600
High School – One Way 1830

Protestant Women of the Chapel*
TUE Bible Study, Classroom 10 1830
THU PRECEPTS, Fellowship Hall 0930
THU Bible Study, Classroom 7 1600

Japanese Women's Bible Study*
TUE Main Chapel/Fellowship Hall, Classrooms 0900

"Mom's Time"
Last WED of the month 0930

COMPASS Spouse Support Group
WED, THU, FRI (Last week of month), Room 1 0900

Men's Christian Fellowship
TUE Study Group (Fleet Rec. Center, 3rd Deck) 1130
3rd SAT Breakfast (Location varies)

**Runs from September to June*

NEGISHI: Chapel of the Rising Sun
• 242-4183

Roman Catholic
THU CCD, classrooms 0900
SUN Mass, Main Chapel 0800

Protestant
SUN Worship Service, Main Chapel 1030

IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic
SAT Vigil Mass 1900

Pentecostal
SUN Worship Service 1000

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*
WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*
THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

Fleet and Family Support Center Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, Jan. 14

Elements of Successful Parenting 9 a.m. (2 hrs.)
English as a Second Language (ESL) 10 a.m. (2 hrs.)
Labor and You 1 p.m. (5 hrs.)
Managing Your Transition (TAMP) 7:30 a.m. (4-1/2 days)
Ikego – More Bang for your Buck 11 a.m. (2 hrs.)

Tuesday, Jan. 15

Area Orientation Brief and Intercultural Relations Class 7:45 a.m. (4 days): Jan. 15-18, this class will be held at the Benny Decker Theater.
Baby Basics 11:30 a.m. (2 hrs.)
Ikego – Employment Overview and Tips 10 a.m. (2 hrs.)
Ikego – Japanese Culture Series – Japanese Craft for Adult 10 a.m. (2 hrs.)
Negishi – More Bang for your Buck 11 a.m. (2 hrs.)
WIC 10 a.m. (1.5 hrs.)

Wednesday, Jan. 16

Basic Breastfeeding 2 p.m. (2 hrs.)
Elements of Successful Parenting 9 a.m. (2 hrs.)
Getting Started Teaching English 11 a.m. (2 hrs.)
Japanese Conversation 5 p.m. (1.5 hrs.) (10-part series)
Japanese Spouse Group 10 a.m. (2 hrs.)

Thursday, Jan. 17

English Teachers Networking Group 11 a.m. (2 hrs.)
Pre-Marriage Seminar 9 a.m. (1 1/2 days)
Ikego – Play Morning 9 a.m. (1.5 hrs.)

Friday, Jan. 18

Japanese Conversation 10 a.m. (1.5 hrs.) (10-part series)
Play Morning 9:30 a.m. (1.5 hrs.)

Upcoming Classes

- Jan. 21 Holiday
- Jan. 22 Area Orientation Brief and Intercultural Relations Class
Ikego – Kid's Craft Class
Ombudsman Basic Training
- Jan. 23 Ikego – Japanese Cooking Class
Thrift Savings Plan
- Jan. 24 Car Buying Strategies
Ikego – Play Morning
Million Dollar Sailor and Spouse Series (Part 1)
- Jan. 25 Government Employment Tips
Home Buying Basics
Stress Management
Yokosuka – Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit Our Web site

Go to: www.cfay.navy.mil. Click the "FFSC" Tab



We are looking for you!

**COOKS • SERVERS
BARTENDERS
HOSTS • BUSSERS**

Got what it takes to have a great time?
Then come in and apply for a position at
Chili's Grill & Bar today!

OUR EXCELLENT HOURLY BENEFITS INCLUDE:

- Flexible hours
- Hands-on training
- Competitive pay
- Relaxed, casual atmosphere
- Management career path

Chili's Grill and Bar
Yokosuka Naval Base, Japan



We are hiring NOW! For interested candidates, please call us at
241-3847 or e-mail us today at mail@chilis yokosuka.com

DISCOUNTED AIR TICKETS

WE CAN BEAT THE PRICES OF ANY TRAVEL AGENCY

This Week's Special Package (Based on double occupancy)

GUAM
3 NIGHTS 4 DAYS
FROM JANUARY 25, 2008
• Prices are per person
• Tax is not included (\$145)
TOUR INCLUDES: Round trip airline ticket & 3 nights hotel. PLEASE ASK OUR AGENTS FOR DETAILS!!

¥50,500~(¥463~)
(ASK agents for extra night fee)

MINIMUM OF 2 PASSENGERS REQUIRED

KYOTO
1 NIGHT 2 DAYS
ALL YEAR ROUND
• Prices are per person
TOUR INCLUDES: Round trip airline ticket & 1 night hotel. PLEASE ASK OUR AGENTS FOR DETAILS!!

¥19,500~(¥181~)
(extra night fee: ¥6,500)

MINIMUM OF 2 PASSENGERS REQUIRED

BANGKOK
3 NIGHTS 4 DAYS
DEPARTURE Mar 1, 2008 ~
• Prices are per person
• Tax is not included (6,640 yen)
TOUR INCLUDES: Round trip airline ticket & 3 nights hotel. PLEASE ASK OUR AGENTS FOR DETAILS!!

¥61,900~(¥574~)

MINIMUM OF 2 PASSENGERS REQUIRED

SPECIAL AIRLINE TICKETS

ASIA Special Airline Ticket
Tax (\$85-\$170) is not included

MANILA (DIRECT)	SEOUL (DIRECT)	TAIPEI (DIRECT)	BEIJING (DIRECT)	SINGAPORE (DIRECT)
\$313~	\$83~	\$175~	\$156~	\$181~
1/24-31	1/24, 28	1/27-30	1/25-28	1/24-31

USA Special Airline Ticket
Tax (\$275-\$336) is not included

LOS ANGELES (DIRECT)	SAN FRANCISCO (DIRECT)	EAST COAST MAJOR CITY
\$336~	\$209~	\$403~
1/22-31 (exc Sat & Sun)	1/24-31 (exc Sat & Sun)	1/21-31 (exc Sat & Sun)

Join "TABI CLUB" for latest information
(See our website for details)

- *EASY ACCESS FROM YOKOSUKA BASE (1 minute WALK from the MAIN GATE)
- *CREDIT CARDS ACCEPTED (Visa/Master/Amex/Discover)
- *US DOLLARS ACCEPTED
- *PRICES MAY VARY DEPENDING ON DEPARTURE DATE
- *SUBJECT TO AVAILABILITY
- *CAMPAIGN PRICES APPLY FOR PAYMENTS MADE IN CASH
- *TAXES ARE NOT INCLUDED IN THESE PRICES
- *--* MEANS STARTING FROM THOSE PRICES
- *MOST PACKAGE DEALS REQUIRE RESERVATIONS 10 DAYS IN ADVANCE

IACE TRAVEL
www.iace.co.jp/english

YOKOSUKA OFFICE

CALL 046-828-6471
FAX 046-828-6755 EMAIL yks@iace.co.jp

BUSINESS HOURS
Mon. to Fri. 9AM to 6PM
Sat. 9AM to 5PM
CLOSED ON SUN & HOLIDAYS

THIS ADVERTISEMENT IS VALID UNTIL JANUARY 17, 2008



Automobiles

'95 Nissan Skyline GT-R. \$16,000. Call Mic at 080-5452-8942 for more information.

A.A. MOTORS THE NAME YOU KNOW. Can you trust buying a non-maintained car from somebody leaving? If not, then AA Motors is there for quality cars at unbelievable prices. All the cars with one month engine transmission warranty, two years JCI, base inspection included. We can do all the paper work and LTO run, so you just sit back and relax. 1: Yokosuka Showroom only five-minute drive from the base. 2: Atsugi Showroom on Atsugi base with MWR together. Check it out: '96 Odessey, \$3,200. '96 Skyline, \$3,100. '97 Estima, \$4,500. '91 Legend, \$1,800. '96 Stepwagon, \$3,300. '95 RVR, \$2,500. '99 Accord, \$3,900 and many more. Tel: 080-5462-0735. E-mail: sales@aamotors.us. Web site: www.aamotors.co.jp.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **ANGEL MOTORS JANUARY CAR SPECIALS!** *Gorgeous '97 U.S.A. BMW M3 3.2l with 52K miles, 5MT in silver with leather and service records for \$13,900! *Custom '95 Nissan Skyline R33 2.5 turbo in silver with 5MT with many options now for \$7,500! Visit our web site for photos and all details! Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

Did you know VOLVO Military Sales offers: American specification vehicles that you can drive in Japan then take them back to the states with you. We also offer a 4/50/000 warranty valid in Japan, Europe and U.S. For more information, contact Romulus Augustus at (046) 825 3265, or e-mail: romulus@usmilsales.com.

U.S. SPEC CARS!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the Base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Motorcycles

'04 Harley-Davidson Electra Glide Ultra Classic. Immaculate condition. \$16,500 obo. If interested, call Frank at 090-6132-3206, or e-mail: fmisiura@gmail.com

Miscellaneous

Holistic therapy designed for you. Japanese pressure point and other massage techniques. Aura soma color therapy. Diet plans. References. English speaking, close to base. Special Introductory offer \$25. Call (046) 854-4985, blessed@colorsofangel.com. Next to Horinouchi Train Station. Treat yourself with kindness!

Services

Brute Force Photography. Are you interested in beautiful, long lasting momentos of the great and wonderful milestones that life brings you? Contact Brute Force Photo for all your picture taking needs. Birthday parties, command functions, family photos, maternity and holiday portraits, you name it, we do it. E-mail Jen at: bruteforcephoto@gmail.com, or call 090-8489-4514 for more information.

Computer & Networking Services offer low cost computer repair and networking services. TCGBH can setup networks, install software, hardware and recover data. For technical assistance, contact CJ, 080-6603-2336. E-mail: TCGBHservices@yahoo.com. Remember "We will Come To You"

Chinese cooking class. Established in 1986. Learn to make 40 to 60 Chinese dishes in 9 lessons. Learn to make better Chinese food than most Chinese restaurants serve. New classes are always beginning. Classes are held in an American style home in Zushi. For more information, contact Alan at (046) 871-3513.

Face Painting! PartyPaints face painting is perfect for birthday parties, school and office events. Availability is filling up fast, so call us today! Call PartyPaints 241-2907, e-mail: Artist@partypaints.com, www.partypaints.com.

Hair salon in YOKOHAMA hair expert for foreign Men and Women. Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide Nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp

HEROKY'S Swedish Outcalls. Graduated a massage school in the States. 1 hr.: ¥6,000, 1.5 hrs.: ¥8,000. At your home! 070-6656-2626, herokee@gmail.com or www.heroky.com.

HOUSE HUNTING. We have many houses and apartments for immediate rent or sale. Base pickup and drop off provided. Let's go house hunting. Ideal Real Estate, John: 090-3805-1737.

Japanese and English lesson on-base house. Please contact Harumi at harumichanjp@yahoo.com, or 241-2822 for details. 英語も基地内

の自宅で教えています。特に初心者や年配の方にお勧めです。詳細は上記e-mail addressか(046) 896-2822 (チャーチハルミ)までご連絡下さい。

Let us clean 4U! Do house cleaning on your schedule (weekly, biweekly, monthly). We also specialize in PCS cleaning. Honest, reliable and hardworking. Contact Yoko at 090-3572-5147 today!

LTO runs and junking services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO runs and junking service. Will drive your car/minicar to LTO for Japanese inspection, new registration, renewal, transfer registration, deregistration, change address, road tax, temporary plate. Six years experience. Please call Gemma, 241-2709 or 080-5022-8399.

LTO Runs And Car Services. New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn_Che@yahoo.com.

LTO Run. New registration, Japanese inspection, renewal, transfer address, deregistration and title transfers. Call Elvie at 090-4585-8329.

LTO Run. Car registrations, JCI inspections, registration renewals, title transfers, road tax, deregistration, new in Japan, need someone to help, call Derrick at 241-4415 or 090-3592-8809.

LTO runs and junking service. Car or paperwork. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates. Seven years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Admin Services. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-2481/080-5497-2600 or e-mail: reikorunsto@yahoo.com. 日本語もOKです!

MAGICIAN. Children's Birthday Parties. Magic, Music, Comedy, and More! Complimentary Birthday Gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike" DSN 243-4801 (after 2 p.m.) or 090-6199-4993 (24/7), magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

Nicole's Photography, you come to me or I come to you. For more information, check my website at: www.nicolesphotography.bravehost.com, or call me at 241-3828 or 080-3013-8096.

PARTY PALS! The fun starts here! Invite a life-sized character, princess, or even a fairy to your next birthday party or company event. Book early to ensure availability – call today! 241-2907. View our characters on line: www.birthdayparty.pals.com.

PCS-ing? Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Website: maed.pnwre.net.

Professional Mobile DJ Services. Want your party to be the best that it can be? With a large variety of Music from the OLD to the NEW and a cool lighting system. Don't delay book DJ Sound City now for your Special Event. Call 090-6011-7546, or e-mail: djsoundcity@gmail.com. URL: http://www.myspace.com/soundcity.

PROFESSIONAL TRANSLATION SERVICE. Translate from Japanese and Chinese to English. Translation of all types of documents, legal, birth and marriage certificates, college transcripts, etc. For prompt service, contact Mrs. Mitchell at 080-5509-8418.

Relocating and need a Realtor? I educate home buyers about the "Home Buying Process" and will refer you to an experienced Realtor specializing in the area where you will be relocating. This service is FREE! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, e-mail: kramossells@kw.com, website: www.2hdb.com/kramossells.

Relocating? Retiring? Consider Houston Texas where you can find great values for your dream home and investment opportunities. Call Isabela of Keller Williams at 713-557-5143 or 281-496-7400 ext. 2274.

Positions

University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program. Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available. オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜 - 金曜 (Kitty Hawkが入港中) 4 a.m. - 8 a.m.は(2時間でOK)運転好きな方、チップも入るし結構稼げますよ(普通免許でOK.)。243-4511か090-3205-3472まで電話ください。

English Teacher for Children. Part/Full-time positions are available in Yokosuka, Zushi and Yokohama area. Training is provided. For more information, please call (046) 865-8717, Mon.-Fri., 10 a.m.-6 p.m. **Looking for part-time English instructors teaching at home.** Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.

Lost and Found

Lost a necklace with pendant, emerald with diamonds around it. Reward will be given. Contact 243-4757 or (046) 844-6099.

Announcements

BAYLEAF PRESENT'S ETHNIC INDIAN CUISINE IN YOKOSUKA CITY. Wednesday is our Lady's day. 10% off all dishes and drinks. 1st and 4th Friday we take Indian cooking class. Reservation needed. Up to two kilometers taxi fare ¥710 we cash back in one taxi of three to four people. Year ending reservation going on. Land Tel: (046) 821-1922. Tel. Mobile: 080-3015-1749. **Christian Achievement Academy – where excellence is the standard!** Small classes. CAA is only a 5-minute walk from the Womble Gate. Accepting applicants for Pre-K-8th Grade for the 2007-2008 school year. Classes begin 8/27/07; Open positions Monitors needed. Call (046) 825-5521 and/or send resume to: caakingskids@yahoo.com.

Do You Teach English in a Japanese School? You can now reclaim the tax you've paid to the Japanese taxman. It's easy. For further detail, contact: Robert@Japantaxhelp.com.

Home for Sale by Owner. PCS'ing to Norfolk, Va. We have the perfect home for you. An immaculately kept 2 story, 4 bedroom/2.5 bath. Located in the beautiful neighborhood of Burbage Grant in Sunfolk. Formal living room and dining room, with eat in kitchen, large family room, master suite with sitting room, garden tub, dual sink, and large walk-in closet. Two car garage with custom cabinets and work area. 20 minutes from the base, and minutes away from shopping, restaurants and school. Neighborhood includes pool, tennis courts clubhouse and a park. Asking price of 356K, motivated to sale. Contact Perry or Angelia Wilson at (DSN) 241-3228, (vontage) 770-573-9474 or Wenscas 011-81-46816-3228.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$250/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

TIF Miscellaneous International New Year Party Shibuya, Jan. 12, Sat., 6:30-9 p.m., T's Salon. Held by Japan's biggest International Friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

World Friends International Party Yokohama, Jan. 19, Sat., 6:30-9 p.m., Bar Why Not. The Biggest International Party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free Snacks. ¥3,000. http://www.worldfriends-party.com. Call 080-2001-0512, party@goover.co.jp.

YOKOSUKA BAPTIST CHURCH. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Adoption home studies and adoption services. Local licensed social workers can help. Call U.S. 001-888-687-3644. www.adopt-abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



FAIR WINDS PRESENTS

SUPER BOWL

Monday 4 February, 2008
Bar opens at 6:00 a.m.

AFTERNOON SHOW
Pre-game show (taped) 4:00 p.m. - 6:00 p.m.
Game 6:25 p.m.
25¢ Hot wings and regular bar menu offered

- ◆ Pre-game show (live) 6:00 a.m. - 8:00 a.m.
- ◆ Breakfast Buffet 7:00 a.m. - 10:00 a.m. \$7.95 per person (includes coffee and juice)
- ◆ Kickoff (live) 8:25 a.m.

FAIR WINDS

 **THE NEW SANNO**
www.thenewsanno.com

For more information 229-7151 or 03-3440-7871 EXT.7151 or events@thenewsanno.com



Capt. Daniel L. Weed,
USN, Commander,
Fleet Activities
Yokosuka

CMDCM Wayne E. Smith,
Command Master
Chief

January Navy-wide Advancement Exam – Advancement worksheets for the January Chief Petty Officer advancement exam were due back to PSD on Dec. 1. If you have not yet received a worksheet, contact your departmental Educational Services Officer (ESO). The E7 Navy-wide advancement exam for cycle 198 is scheduled for Jan. 17 and will be held on the third floor of Club Alliance in the main ballroom.

JN Dispensary – The Japanese dispensary will be temporarily relocated to a pre-engineered building (PEB) fabricated behind the current dispensary building. Medical service is available at the PEB from Jan. 23 to July 3, while the existing dispensary is renovated.

日本人従業員診療所の改装工事が1月23日に始まる予定です。それにともない、診療所を仮設プレハブに移動して診療を続けることになっています。仮設プレハブは診療所の奥の空き地に設置し、1月23日~7月3日までの間プレハブでの診療を予定しています。

BZ: I wanted to comment on the excellent staff members at the Child Development Center (CDC) in Ikego. Deng Palalia, Liza Boyle and Yuko Noda in particular go above and beyond their job scope every morning. They make my son and I feel that we are entering into our extended family's home as opposed to just another daycare center. To them, it seems as if this job is their passion, and not just a paycheck. Their love of the kids and daily progress reports make me feel that I have a good handle on what has been happening throughout the day. It gives me great piece of mind on a daily basis that my son is well taken care of. I can concentrate on the mission knowing that these ladies at the Ikego CDC are getting the job done.

BZ: Please send my sincere appreciation to both Rachel Possert and Noel Villamora of Navy Exchange Personalized Services for their help and assistance in recovering the lost money that was transmitted through Western Union during the holiday season. Rachel Possert exhausted all means to help us and then referred me to Noel Villamora who went out of his way to pursue and follow up with the company until the money was recovered and re-transmitted for us. Their professionalism and customer service is one of a kind. Thank you very much! Bravo Zulu!

Q: I have lived here for more than two

years and love it. The base is great, transportation is great and the activities that are offered are great. My concern is the radio station, Eagle 810 that is based out of Yokota. They advertise so much for Zama and Yokota, but you really don't hear much for Yokosuka. I was wondering what it would take to get our own radio station here that could actually promote events on this base. I think it would benefit all involved, by informing those here of pertinent events. Yokota's base is half the size of ours, and I think we deserve a station; we are a great base and can use it for moral and for emergency purposes. During typhoons and tsunami warnings, what better way to get information across to the public quickly and efficiently than through a Yokosuka based radio station? During the last Typhoon warning, there was very little information given about this base and the closures on Eagle 810.

A: Radio stations in foreign countries are governed by the host nation and we are fortunate to have what we have with our one AM signal as it is. In fact, Armed Forces Network (AFN) Tokyo has one of the most powerful signals, commercial or military, anywhere. No other military station anywhere is allowed to broadcast at 50 kilowatts. In Europe, U.S. military stations are rapidly approaching going all digital due to European Union and host-nation restrictions. The Japanese government has been extremely generous in allowing us to retain our AM band and broadcast at the power that we do. It takes years to do the paperwork and get not only host-nation approval but approval of an international body that governs over-the-air radio transmissions. In today's world the chances of the U.S. military obtaining a new broadcasting bandwidth in a non-war zone situation are probably less than zero. That is something that would require extremely high-level government-to-government negotiations. But, it does not prevent communities from using their base commander's access cable channel from getting information out to the community, a capability Commander Fleet Activities Yokosuka recognizes and does a great job of taking full advantage. We take our lead for typhoon Condition of Readiness information from U.S. Forces Japan through a well-coordinated information plan developed over several years. It does get tweaked from time to time and is reviewed every year before the typhoon season starts to see if any information is obsolete or needs changing. We can certainly look at making any and all changes necessary to better serve the Yokosuka community. We welcome any suggestions to help improve the process. AFN Tokyo serves the entire Kanto Plain, an audience of 73,000 that includes all U.S. military installations and the U.S. Embassy in Tokyo. We do our absolute best to disseminate as much command information as possible in support of all of

our communities. We actually produce a fairly high volume of command information products that service the Yokosuka community. Much of that is geared towards MWR services and activities. They just happen to be one of our biggest and most proactive customers. We also provide a forum for the CFAY commander once a month to address the Yokosuka community in a live, call-in radio program, one of only two communities on the Kanto that have that availability. We also do two live remote broadcasts from the Yokosuka community to promote the command and activities.

Q: I'm writing concerning general safety of personnel, bicyclists and motor vehicles in and around Afloat Training Group Western Pacific (ATGWP) Building 1997. Due to the location of the Daiei (Shoppers Plaza) gate, the increased pedestrian traffic, which includes bicycle riders going the wrong direction and generally not following traffic guide lines has on occasion caused or nearly caused safety concerns. My question is this; why are the rules of the road not enforced in this area? The road wraps around in a one way direction, but many times I've nearly been hit or hit someone riding their bicycle the wrong direction. Pedestrians now have a walkway that is blocked off and are asked to stay within this area, but again this is not enforced and on many occasions I must wait until they leave the road so I may proceed with my vehicle. The safety boundaries don't seem to be respected.

A: Thank you for your comments and staying engaged in our Traffic Safety Program efforts. Bicyclists and pedestrians that violate traffic laws are putting themselves and others at risk for injury. Base management constantly provides traffic safety rules and regulations to all personnel living and working in Yokosuka via numerous methods including local area traffic safety briefings, newspaper, plans of the day and television. If you are not aware of the rules and regulations for bicycling, walking or driving, visit the Safety office's website at <http://www.cfay.navy.mil/safety.htm> or drop by the Safety office in Building B39B for further information. Security does enforce traffic regulations in and around Daiei Gate, as well as all other areas of the base. They can not be everywhere all the time so it is up to each one of us to regulate our own behavior. Have the inner discipline to do the right thing even when you think someone is not watching. Character counts!

Q: Is there a policy forthcoming to ban smoking in the towers? My neighbor smokes and my family and school age children inhale the second-hand smoke on a daily basis. I assume the ventilation doesn't filter the smoke. I know my children are affected by this due to their sneezing

and coughing. Maybe certain floors could be designated as nonsmoking.

A: Currently there is no policy prohibiting residents from smoking on their balconies. Please speak with your neighbor the next time this happens. Your neighbor may not be aware this is an issue for you and your family. Tower living is very different from other military family housing, normally, there will be families residing above, below and on either side of one another calling for more consideration of others. If you have any questions or have approached your neighbor and not able to reach a compromise, please contact the housing office for assistance.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are greatly appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to yo-cocorner@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Jan. 10. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: yo-cocorner@fe.navy.mil.

Commander, Fleet Activities Yokosuka Capt. Daniel L. Weed

Michelle Stewart Public Affairs Officer

Editorial Staff

Hideo Kaihatsu Seahawk/Umitaka Editor
Jeff Doepf Seahawk Editor
Tim Shannon Logistics Management Editor
Tetaun Moffett Photojournalist
Keiichi Adachi Photojournalist
Yuhji Kawabe Photojournalist
Kazuyuki Takagi Photojournalist
Sean Dath Photojournalist
Fumiyo Sato Photojournalist
Tony Hill Webmaster

Asahi Advertising

Kiyoshi Tsuchiya Advertising Director
Fusayo Shimizu Advertising Manager
Tomomi Hirano Account Executive
Keiko Kishi Account Executive

COMFLEACT Yokosuka
Public Affairs Code 013
PSC 473 BOX 01
FPO AP 96349

Phone: 243-3003/5607



The editorial content of this newspaper is edited and approved by the public affairs office of Commander, Fleet Activities Yokosuka.

This newspaper is an authorized publication for members of the military services stationed overseas. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

The appearance of advertising in this newspaper, including inserts of supplements, does not constitute endorsement by the Department of Defense, the Navy, Commander, Fleet Activities Yokosuka or Asahi Advertising of the products and services advertised.

Everything advertised in this newspaper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity by advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Published by Asahi Advertising, a private firm in no way connected with DOD or the U.S. Navy, under the exclusive contract with the U.S. Navy.

NLSO Tax Center offers tax assistance

By Lt. Phil Hamon, NLSO Tax Officer

The Naval Legal Service Office (NLSO) Pacific tax centers officially open on Jan. 28 with its promise of generous tax refunds for many military personnel.

Historically, the Tax Center has provided an important service to the military and their dependents with free tax return preparation and e-filing. Last year, the Tax Center processed more than 3,100 tax returns with tax refunds totaling more than \$3,706,000 and saved its clients more than \$375,000 in tax preparation fees.

In addition to "Full Service" tax preparation, this year the tax center is offering "Self-Service" preparation by setting up computers and software for the clients to use directly, with

the help of a trained tax specialist to assist in the preparation of the returns.

Learning to prepare one's own taxes can be fun, educational, and benefits the Sailor monetarily. Capt. Gregory Belanger, Commanding Officer of Naval Legal Service Office Pacific, summarized this year's effort to increase the Sailors knowledge of tax preparation.

"It ultimately does a disservice to Sailors if they become dependant on the NLSO to prepare their taxes year after year," Belanger said. "They will become beholden to professional tax preparation services when they get out and incur fees down the road. We want to train our Sailors to prepare their own returns, take responsibility for their financial futures, and become self-sufficient. That is in our client's best interests."

TOYS FOR TOTS

Special thanks to:

Commands/Organizations

C7F
 CNFJ
 CFAJ
 CSG-7
 USS Kitty Hawk
 USS Mustin
 USS Blue Ridge
 USS Lassen
 Fleet Anti-terrorism Security Team
 Navy Federal Credit Union
 Navy Exchange
 Base Chapel
 FISC Chief Petty Officer Association
 Far East Chiefs Mess
 Stars & Stripes
 The Seahawk

Marine Volunteers

GySgt Maurice Williams
 GySgt Tony Smith
 SSgt Robert Wiggins
 SSgt Elton Yu
 Sgt Paul Ylanan
 Cpl Rajon Goolsby
 Cpl Jeremy Galvan
 Cpl Welicka A.
 Cpl Joshua Zabler

LCpl Steven Pires
 LCpl Mark French
 LCpl Timothy Geary
 LCpl Patrick Belcher
 LCpl Owen Mercer
 LCpl Gabriel Ramirez
 LCpl Rogelio Fierro
 LCpl Matthew Harris
 PFC Zachary Stell

Navy Volunteers

EN1 Woods
 BM2 Gasca
 BM2 Bailey
 OS2 Anita Stark
 YN2 Tynesia Gundy
 OS2 William Davis
 PCC Shawn Glinn
 FC2 Kingston Stark
 MA2 Lindsey Jackson
 SH2 Saville Carr
 CS2 Jabari Logan
 QM1 Myeshia Randle
 SK2 Gordon Rudolph
 PS1 Michael Terry
 MA1 Alexander
 PS1 Dushane Richards
 CSC Randall Clift
 ITCM Perry Wilson
 SK2 Styron Linder

AN Walter Wallace
 OS2 Latrice Cox
 MA1 Talia Woods
 AM3 Brian Grimes
 CTACS Donnee Sneed
 PSC Mariano
 MMCS John Johnson
 PC1 Lloyd Powell
 DC1 Daniel T. Butler
 BU2 Farley
 YN1 Michael Milam
 CS1 Nicholas

Civilian Volunteers

Ray Denny
 Beth Bogard
 Robin Smith
 Terri Urban
 Rey Soriano
 Marie Denny
 Liezel Spencer
 Cynthia Evans
 Max MacAvoy
 Sakura Martin
 Francine Depew
 Stephanie Martin
 Julie Glinn
 Paul Lopez
 Rachel Fuelling



Santa joins Marines and members of the Fleet Industrial Supply Center (FISC) Yokosuka Chief Petty Officer Association to bring toys and Christmas cheer to the St. Joseph's Childrens Home in Tokyo, Japan.

U.S. Navy photo by Marie Denny



Marines from Fleet Anti-terrorism Security team cheer on runners during the Toys for Tots 5K run.

U.S. Navy photo by Tim Shannon



(Photo left) Staff Sgt. Elton Yu from the Fleet Industrial Supply Center (FISC) Yokosuka Marine Liaison team shares the spirit of Christmas with a child from the Ajiien Orphanage in Kawasaki, Japan.

U.S. Navy photo by Tim Shannon



Volunteers held a bake sale and raised more than \$100 which was used to purchase toys that were donated to Toys for Tots.

U.S. Navy Photo by May Martin

Thai Restaurant
Thai Erawan ENJOY Real Thai Food
 Restaurant operated by Thailanders

Ingredients and spices are supplied from Thailand & used by our Thai cooks to make delicious food!!

MENU

- Pan-Fried Morning Glory
- Spicy Shrimp Soup with Lemon Grass
- Fried Minced Shrimp
- Fish with Hot Sour Sauce
- Fried Fish Cakes
- Thai Style Fried Rice
- Shrimp Spring Rolls
- Spicy Pork Salad

CHOOSE SPICINESS OF FOOD ALWAYS GET A DESSERT!

MAIN GATE R16 HERE (3F)

Yokohama bank Blue Street T.G.I. FRIDAY'S

YOKOSUKA CHUO STA. More's City

Enjoy dining in a comfortable Thai atmosphere. Workers speak Thai, Japanese & English. Thai T.V. programs are aired everyday!!

3F MITSUHASHI, 1-2 Wakamatsu-cho, Yokosuka
046-825-6352

Mon-Fri 11:30AM-2:00PM (last orders at 1:30PM)
 4:00PM-10:00PM (last orders at 9:30PM)
 Sat, Sun & American Holidays 11:30AM-10:00PM (last orders at 9:30PM)
 CLOSED 3 DAYS A MONTH ON WEDNESDAYS

Get One FREE Thai Tea Drink
 One drink per CUT OUT AD (except for lunch hours) VALID UNTIL JAN 31, 2008



Fleet Industrial Supply Center (FISC) Yokosuka's local Santa, Ray Denny, distributes Toys for Tots to patients at the Yokohama City University Hospital.

U.S. Navy photo by Marie Denny

Sale Prices Good Jan 15-21, 2008



139⁹⁹

APPLE® IPOD® 4-GB NANO. #MA978LL/A
Quantities limited.



Authorized Reseller

\$299

BOSE® QUIET COMFORT HEADSET 2. Reduces unwanted distractions, fold-flat design for easy storing, carrying case. #QCII



BOSE

46" 1080p **1,849⁹⁹** SHARP® 46" 1080P HD LCD TV. Full 1080p HD resolution, enhanced black level, 2 HDMI inputs, built-in NTSC/QAM/ATSC tuners. #LC46D64U. Extended service plan TV11 129.99. Limit one per household.

FREE SHARP BLU-RAY™ PLAYER **329⁹⁹ value!**
Blu-ray Disc™ Blu-ray™ player #BDHP20 with purchase of this TV

As low as \$73* a month on your MILITARY STAR card

SHARP AQUOS HDMI

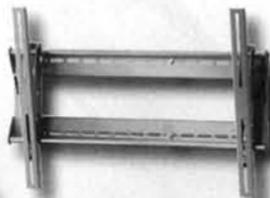
329⁹⁹

SHARP® BLU-RAY™ PLAYER. 1080p output via HDMI, upscales standard DVD to 1080p, quick start, AQUOS link, 1080p/24Hz output. #BDHP20



199⁹⁹

OMNIMOUNT® TILT WALL MOUNT. Holds 32" to 63" flat-panel TVs, max. load 200 lb. #U3TP



10% off ALL OTHER OMNIMOUNT™ TV BRACKETS
Limited to stock on hand. Discount off regular prices taken at register. Selection will vary by location. Styles shown are representative of assortment.

\$899 after \$50 mfr. mail-in rebate. Price at register \$949

HP® NOTEBOOK COMPUTER WITH 17" DISPLAY. AMD® Turion™ 64x2 Dual Core TL58 processor, 160-GB hard drive, 2-GB system memory, WXGA HD BrightView widescreen, dual-layer SuperMulti DVD LightScribe™ drive, nVIDIA® GeForce® Go 7150UMA graphics, 802.11a/b/g wireless LAN+Bluetooth®, WebCam and microphone, 5-in-1 card reader, QuickPlay™ with remote and earbuds, Windows® Vista™ Premium. #DV9626US

999 DANE-ELEC® 1-GB USB FLASH DRIVE. #DAZMP1024TR. Reg. 19.99

While supplies last. Computer products not available at all locations. Layaway is not available on computers, peripherals and software



TV STARTER KIT FROM MONSTER CABLE®

POWER CENTER. #FSMPHTS400. 69.99

HDMI CABLE. #MC700HD. 79.99

SCREEN CLEANER. #TVCLNKIT MNS. 19.99

YOUR CHOICE 349⁹⁹

MERIT® 720E ELLIPTICAL. 6 preset programs, hand-grip pulse sensors, 275-lb. capacity. #720E. Reg. 399.99

MERIT® 720T TREADMILL. 2.25 hp, 1-10 mph range, 18"x50" deck, power incline, 4 preset programs, 4 window LCD display, contact hand-grip pulse, ton, 250-lb. capacity. #720T. Reg. 399.99



BUY 1, GET 1 **50% off** UNIVERSAL NUTRITION SPORTS NUTRITION SUPPLEMENTS of equal or lesser value. MAKERS OF "ANIMAL" PRODUCTS

149⁹⁹ PROFORM® BENCH AND SELECT-A-WEIGHT SYSTEM. #PFBE1506

99⁹⁹ IMPEX® POWER TOWER. Multi-use lat pull, chin up and pull up bar, no head restrictions, angled dip handles, elevated push up handles, special angled arms/pads/handles for proper body placement. #TC3500

CLEARANCE!

TAKE AN ADDITIONAL **20% off** our everyday low prices on ENTIRE STOCK of SPORTING GOODS

Does not apply to prior purchases. WITH 96c AND 97c PRICE ENDINGS. FINAL SAVINGS OF 40%-60% OFF ORIGINAL PRICES

YOKOSUKA Main Exchange Daily: 0900-2000 Main Mini-Mart Daily: 0700-2100 Autoport Mini-Mart Daily: 0600-2300

IKEGO Mini-Mart Monday: 1000-2100 Sat-Sun: 0900-2100

NEGISHI NEX Mart Daily: 1000-2000

"How did your shopping go?" Please take a few moments to fill out a Navy Exchange Questionnaire so that we can better serve you in the future.

YOUR NAVY EXCHANGE PROFITS SUPPORT MWR PROGRAMS & SERVICES



take me **HOME!**

WITH OUR HOME LAYAWAY PROGRAM ...and pay the difference in 6 or 12 installments. Your Choice!

Want to take it home? **Now you can!**

Be prepared for furniture sales, carpet sales, major appliances, electronics, outdoor sales and events, & the Bazaar (at applied locations).

Complete the application and attach your current Leave and Earning Statement and orders with PRD date. Either fax to 243-6780 (Yokosuka) or bring in to your closest NEX Customer Service Department. It will take approximately five (5) working days to process...

Please ask our associates at NEX Customer Service Counter for more details.

USS George Washington recognized for environmental stewardship

By MC3(SW) Charise Cunningham,
USS George Washington Public Affairs

USS George Washington (CVN 73) (GW) was awarded the Navy Environmental Stewardship Flagship Award 2007 in recognition of the tremendous number of hours GW Sailors spent volunteering throughout the Hampton Roads area.

Receiving the award in the large seagoing command category, GW Sailors were recognized for "selflessly volunteering to protect, preserve and enhance our environment."

"The crew put in a lot of hard work raising awareness about community service," said Chief Religious Programs Specialist (SW) Edward L. Snyder. "We have a lot of dedicated people up and down the chain of command who not only helped work in the local community, but also inspired and motivated others to do the same."

The many community relations projects GW took on over the past year happened concurrently with preparations for the ship's transition to the forward deployed naval force (FDNF) in Japan during the summer of 2008 when the GW relieves the *USS Kitty Hawk* (CV 63) as the Navy's only forward deployed aircraft carrier.

In total, 1,769 GW Sailors volunteered 6,882 hours of community service at more than 80 different work sites, picking up more than 47,000 pounds of trash over the past year.

On one project during GW's maintenance availability at Norfolk Naval Shipyard, 367 Sailors contributed 1,309 volunteer hours and removed 11,068 pounds of trash and litter as part of the Undocking Day Community Relations Project held on April 26.

On another project on June 1, 150 GW Sailors removed 5,924 pounds of trash from the area surrounding Campostella Bridge and Paradise Creek in Portsmouth, Va.

"I think it is so important for us as military service members to give back to the community we serve in," said Intelligence Specialist 1st Class (SW/AW) Brandi Gutierrez, who was recognized for her volunteer efforts as a finalist for the 2007 Samuel



The Nimitz-class aircraft carrier *USS George Washington* (CVN 73) was awarded the Navy Environmental Stewardship Flagship Award 2007 in recognition of *George Washington* Sailors volunteer service. In total, 1,769 Sailors volunteered 6,882 hours of community service at more than 80 different work sites, picking up more than 47,000 pounds of trash over the past year.

U.S. Navy file photo by PH3 Christopher Stephens

B. Northern Military Citizen of the Year Award. "It's our way of showing our appreciation for our community and the environment."

Cub Scouts from Tokyo visit 7th Fleet flagship USS Blue Ridge

Story and photos by
MC2(SW/AW) Andrew Meyers,
USS Blue Ridge Public Affairs

Cub Scouts from Pack 51 visited *USS Blue Ridge* (LCC 19) to receive an



SHSN Herbert Tejada-Martinez explains the inner workings of the Forecastle to a cub scout from Pack 51.

education and to show appreciation for the Sailor's service to our nation.

Pack 51 is based out of Tokyo and chartered by the Tokyo American Club, and consists of 75 scouts ranging from first through fifth graders. The pack is internationally integrated with about 60 percent American, 20 percent Japanese, and 20 percent other nationalities.

"We are thrilled about learning American heritage," said Dan Peterson the packs registrar and special events coordinator. "This tour gives the scouts a chance to see first hand what the role of the Navy is and how they operate in Japan."

Voluntary service is a common bond between the two honor bound organizations. Engineman 3rd Class Christian V. Shields carried out his duty as a tour guide for the inquisitive cubs with great honor and purpose. "I feel the families really enjoyed getting to see where we live and what we do," said Shields about the scouts and their leaders. Shields also recalled, "I remember being in their shoes as a scout and so I wanted to give the best VIP tour I could."

As the 7th Fleet flagship, *Blue Ridge* entertains a wide-variety of community organizations, foreign dignitaries and distinguished guests further helping



On the bridge of *USS Blue Ridge* (LCC 19), EN3 Christian V. Shields explains his job and responsibilities to Cub Scouts of Pack 51. The tour shows scouts what Sailors do, where they work and how they live. The pack is from Tokyo and is sponsored by the Tokyo America Club.

promote diplomacy in the 7th area of operation.

Blue Ridge is commanded by Capt. David A. Lausman and serves under Commander, Expeditionary Strike Group (ESG) 7/ Task Force (CTF) 76, the Navy's

only forward-deployed amphibious force. *Blue Ridge* is the flagship for Commander, U.S. 7th Fleet. Task Force 76 is headquartered at White Beach Naval Facility, Okinawa, Japan with an operating detachment in Sasebo, Japan.

R's Gown
OUTLET SALE 2008
We are having a 2-DAY NEW YEAR'S DRESS SALE on **JANUARY 19th (Sat) & 20th (Sun)** from 10a.m. to 6p.m. at R's Gown Office
Prices starting from **Price : ¥1,000~**
Size : XS~3XL (U.S. model)
ALL NEW DRESSES are ¥2,000 OFF!!
MAP: Yokosuka Chuo Sta. Docomo Shop. ROUTE 16. To Mabori. YOKOSUKA NAVAL BASE. R's GOWN (blue & white building, 3F). Work Yokosuka.
For details, call Tel/Fax : 046-820-2302
www.rs-gown.co.jp

YOKOSUKA BAPTIST CHURCH
Service Schedule:
Sundays: 1000.....Sunday school
1100.....AM Service
1800.....Evening Service
Wednesdays: 1900.....Midweek Service
1900.....Patch the Pirate Club
Call Pastor Mark Sage at (0803) 179-9516 or the church at (046) 823-4654. We are just outside the Womble gate, take an immediate left, go 400 meters through one traffic light and then a right. We are on the left hand side.
www.ybcjapan.org
Map showing location near Yokosuka Baptist Church, Mikasa Ship, Shopper's Plaza, Main Gate, Saikaya, City Hall, Seiyou, and Blue Road.

H.I.S. YOKOSUKA SPECIAL
You will find the BEST PRICES to anywhere in the world!!
WE ACCEPT CREDIT CARDS
★WE HAVE ENGLISH & SPANISH SPEAKERS IN OUR OFFICE!!★
WE ARE HAVING A BIG SALE! PLEASE CALL US!
USA SPECIALS:
*GUAM ¥32,000~ (14-DAYS MAX STAY) 1/15-29 SUN-WED DEP (Need to be purchased 7 days in advance)
*HONOLULU ¥47,000~ (14-DAYS MAX STAY) 1/15-30 MON-WED, FRI, SAT DEP
*LOS ANGELES ¥38,000~ (1-MONTH MAX STAY) 1/15-31 WEEKDAYS DEP
*SAN FRANCISCO ¥29,800~ (1-MONTH MAX STAY) 1/15-31 WEEKDAYS DEP
*NEW YORK ¥56,000~ (1-MONTH MAX STAY) 1/15-17 DEP
ASIA SPECIALS:
*SEOUL ¥17,000~ From Narita (7-DAYS MAX STAY) 1/15-30 MON-WED DEP
*HONG KONG ¥20,000~ (9-DAYS MAX STAY) 1/15-31 DEP
*BANGKOK ¥24,700~ From Haneda (6-DAYS MAX STAY) 1/15-29 TUE DEP
MANILA SPECIALS:
*AIRLINE UNFIXED ¥34,000~ (9-DAYS MAX STAY) 1/21-23,28-30 DEP (Need to be purchased 7 days in advance)
*NORTHWEST AIRLINES ¥43,000~ (10-DAYS MAX STAY) 1/18-31 DEP (Need to be purchased 7 days in advance)
*PHILIPPINE AIRLINES ¥49,000~ (14-DAYS MAX STAY) 1/11-31 DEP
*JAPAN AIRLINES ¥47,000~ (14-DAYS MAX STAY) 1/11-31 DEP (Need to be purchased 7 days in advance)
Prices for JANUARY and after, Please call and find out!!
TEL 046-821-5141
OPEN MON to FRI 10:00AM~6:30PM
SAT, SUN & HOLIDAYS 11:00AM~5:00PM
E-MAIL: his044a@his-world.co.jp
http://www.his-j.com/branch/04_ysk.htm

Home & White Sale ★★ ★ Now thru Jan 21, 2008

25% QUILT SETS FROM TRADEWINDS TEXTILES
 SALE 67.49-74.99
 Reg. 89.99-99.99

Example of your savings:
MINI QUILT SET.
 Full/queen quilt and 2 pillow shams
 SALE 67.49 Reg. 89.99
 Other sizes also on sale

25% ENTIRE STOCK OF BLANKETS

Example of your savings:
MICROPLUSH SPA BLANKET.
 SALE 22.49 Reg. 29.99

25% ENTIRE STOCK OF BED-IN-A-BAGS FROM ELLISON
 SALE 37.49-59.99
 Reg. 49.99-79.99

"RIO"

Example of your savings:
BED-IN-A-BAG.
 Queen comforter, bedskirt, 2 pillow shams and 4-pc. sheet set.
 SALE 52.49 Reg. 69.99
 Other sizes also on sale

HOME MORE
25% off
Sale!

our everyday low prices on ENTIRE STOCK of **BED AND BATH** ITEMS ON THESE PAGES

25% ENTIRE STOCK OF SHEET SETS
 SALE 37.49-44.99
 Reg. 49.99-59.99

Example of your savings:
"SYMMETRY" BATH RUGS.
 SALE 12.74 Reg. 16.99

25% ENTIRE STOCK OF BATH RUGS

"SAND SEA STRIPE"

25% ENTIRE STOCK OF COORDINATING BATH ACCESSORIES
 SALE 3.74-22.49
 Reg. 4.99-29.99

25% ENTIRE STOCK OF BATH ACCESSORIES FROM CREATIVE BATH
 SALE 44.99
 Reg. 59.99

Limited to stock on hand. Discount off regular prices taken at register. Selection will vary by location. Styles shown are representative of assortment.

Example of your savings:
 SALE 11.24
 Reg. 14.99

25% ENTIRE STOCK OF DECORATIVE PILLOWS

Example of your savings:
 SALE 11.24
 Reg. 14.99

25% ENTIRE STOCK OF DECORATIVE RUGS



Manchu WOK

FAST & FRESH CHINESE CUISINE

Manchu Wok is now open
 Please come and join us for a course of fresh Chinese cuisine
 Main Street Foodcourt, Yokosuka base.
 Hours of operation: 1000 - 2100

NAVY EXCHANGE BARBER SHOP AT BOQ

Located in the building 1556, Yokosuka

Hours of operation:
Monday - Friday: 0900-1700
 (Last appointment 1620)
Saturday: 0900-1200
 (Last appointment 1120)
Sundays and Holidays: Closed

Appointments suggested,
 Walk-ins accepted if the barber is available

Phone 243-5871
 for an appointment



YOKOSUKA
 Main Exchange Daily: 0900-2000
 Main Mini-Mart Daily: 0700-2100
 Autoport Mini-Mart Daily: 0600-2300

IKEGO
 Mini-Mart
 Monday: 1000-2100
 Sat-Sun: 0900-2100

NEGISHI
 NEX Mart
 Daily: 1000-2000

"How did your shopping go?"

Please take a few moments to fill out a Navy Exchange Questionnaire so that we can better serve you in the future.

Blue Ridge earns best maintenance efficiency rating on waterfront

By MCSA Heidi McCormick, *USS Blue Ridge* Public Affairs

USS *Blue Ridge* (LCC 19) received the best maintenance team performance ranking among a 10 ship port average in Yokosuka during the ship's 2007 Selected Restricted Availability (SRA) period for efficiently and safely performed work.

Blue Ridge Sailors and Ships Repair Facility (SRF) obtained a 98.42 rating among a 10 ship port average in the Yokosuka waterfront with an overall average of 94.71.

Averages were gathered from each ship in Yokosuka with the exception of *USS Kitty Hawk* (CV 63) and then an average assessment was tallied for the ships on the waterfront collectively.

Hull Maintenance Technician 2nd Class (SW) James Harrod is a *Blue Ridge* Sailor responsible for mediating efforts between ship's force and SRF. Harrod also monitors job progress of the SRF worker's related maintenance and jobs that have been submitted for ship's force.

Harrod explained that *Blue Ridge's* high maintenance efficiency rating is in large part attributed to Sailor's



USS Blue Ridge (LCC 19) recently received the best maintenance team performance ranking among a 10 ship port average in Yokosuka during the ship's 2007 Selected Restricted Availability (SRA) period for efficiently and safely performed work.
U.S. Navy file photo by MC2 Byron C. Linder

performing their repairs and maintenance correctly. "High efficiency is defiantly one of our goals," said Harrod commenting on the ship's near perfect rating. "However safety is always our first priority. We are constantly on alert for any safety violation that could endanger anyone working on the ship."

Chief Warrant Officer Felix Salter, the Ship's Maintenance and Materials Officer (SMMO), oversees the ships maintenance projects and coordinates job efforts of ship's force and SRF. Salter said he was extremely pleased with the crew's performance over the SRA period as well as their Japanese counterparts in getting *Blue Ridge* ready for sea and modestly looked forward to a better rating next year. "It's a team effort and there's always room for improvement."

Blue Ridge is commanded by Capt. David A. Lausman and serves under Commander, Expeditionary Strike Group (ESG) 7/Task Force (CTF) 76, the Navy's only forward-deployed amphibious force. *Blue Ridge* is the flagship for Commander, U.S. 7th Fleet. Task Force 76 is headquartered at White Beach Naval Facility, Okinawa, Japan, with an operating detachment in Sasebo, Japan.

Fitzgerald Sailors gain appreciation for pepper spray during non-lethal weapons training

Story and photo by
MC2 (SW) Derek J. Hurder,
Fleet Public Affairs Det. Japan

Nearly 30 Sailors stationed aboard the Guided Missile Destroyer *USS Fitzgerald* (DDG 62), forward-deployed to Yokosuka, Japan, experienced the devastating effects of oleoresin capsicum (OC), more commonly known as "pepper spray" during a non-lethal weapons training course Dec. 27.

The course was an opportunity for participants to gain an appreciation for the effects of the spray, which include an intense burning sensation, vision impairment and difficulty breathing. After course instructors administered the spray, each participant underwent a six-station, hand-to-hand and non-lethal weapon course, using punches, knee strikes and training batons.

"You'll know how to fight through it whereas someone you're spraying has never gone through this before," said Master-at-Arms 1st Class Ryan Radtke, one of the course participants. "It's

going to affect them a lot more. Once you have a level of confidence, you can work your way through it."

The course also serves a secondary purpose. "It gives us another ladder of force," Radtke said. "It gives you something to deter people rather than just going straight to your nine millimeter."

Fire Controlman 1st Class (SW) William VanOsdel described the effects of the spray as "incapacitating. Personally, my eyes slammed shut right away, and I was blind."

The spray is longer-lasting than the CS gas administered during basic training. "I was sprayed about 40 minutes ago, and my eyes are still tearing up," VanOsdel said. "But, I can see. It'll wear off."

VanOsdel endorsed the value of the training. "It's good to know that if we have to use OC on someone, it really can shut them down. If you can't see where you're hitting, it gives us an advantage. I think it's really valuable for all personnel, ship or shore, to go through this course. It's good training."



MA1 Ryan Radtke of *USS Fitzgerald* (DDG 62) receives a stream of oleoresin capsicum (OC), or pepper spray, during a non-lethal weapon training course. The course is designed to give Sailors an appreciation for the incapacitating effects of OC spray.

AIRNET TRAVEL
LIC. No. 4421

www.airnetjapan.com
E-mail: seahawk@airnetjapan.com

VISA MasterCard AMERICAN EXPRESS JCB

FRIENDLY AIRNET CHEAP TRAVEL U.S. DOLLARS & CREDIT CARDS ACCEPTED
USA TO JAPAN SPECIAL FARES AVAILABLE, PLEASE CALL

"WE'LL CUT YOU THE BEST DEAL... ANYWHERE!"

SEOUL \$122~ ¥13,500~(1/14-1/31)	TAIPEI (MON-THU) \$140~ ¥15,500~(1/14-1/26)	S.F., SEATTLE (DIRECT) \$240~ ¥26,500~(1/14-1/31)	PORTLAND \$240~ ¥26,500~(1/14-1/31)	JANUARY CAMPAIGN BEIJING, SHANGHAI \$227~ ¥25,000~ 1/14-1/31
N.Y., FLORIDA, WASHINGTON \$350~ ¥38,500~(2/5-2/29)	HONOLULU \$350~ ¥38,500~(1/14-1/31)	SINGAPORE \$236~ ¥26,000~(1/14-1/31)	BANGKOK \$254~ ¥28,000~(1/13-1/31)	HONG KONG, MANILA, VIETNAM \$236~ ¥26,000~ \$263~ ¥29,000~ 1/14-1/31

STARTING PRICES (JAN-MAR) ALL ROUND TRIP FARES TRAVEL INSURANCE AVAILABLE. WE WILL MATCH ALMOST ANY PRICE!!!

★日本語でのお問い合わせも承ります★

YOKOSUKA BRANCH FAX 046-820-1181

046-820-1180

SHIBUYA HEAD OFFICE
03-5456-5677

LOOK JTB
JTB TOUR OFFICIAL AGENCY

MAP TO AIRNET TRAVEL YOKOSUKA BRANCH

ROUTE 16
U.S. BASE Main Gate

Shopper's Plaza
Dobuita St.
Hotel New Yokosuka

HERE 3F
AIRNET TRAVEL

Yokosuka Chuo-Sta. (East exit)

AIR & HOTEL 2 PAX~

★ **SEOUL** (3 DAYS / 2 N)
\$177~ ¥19,500~ 1/20-1/29

★ **GUAM** (4 DAYS / 3 N)
\$268~ ¥29,500~ 1/20-1/30

★ **SAPPORO SNOW FESTIVAL** (2 DAYS / 1 N)
\$209~ ¥23,000~ 2/14-2/18

★ **KYOTO** (2 DAYS / 1 N / TRAIN)
\$168~ ¥18,500~ 1/14-1/31

*WEEKEND & NATIONAL HOLIDAYS-PLEASE ASK. *PRICES MAY VARY DEPENDING ON TRAVEL DATES *OPEN: MON-FRI 9:30-18:30, SAT 10:00-15:00

Technics
DOWN SOUTH HIP-HOP, REGGAE, R&B

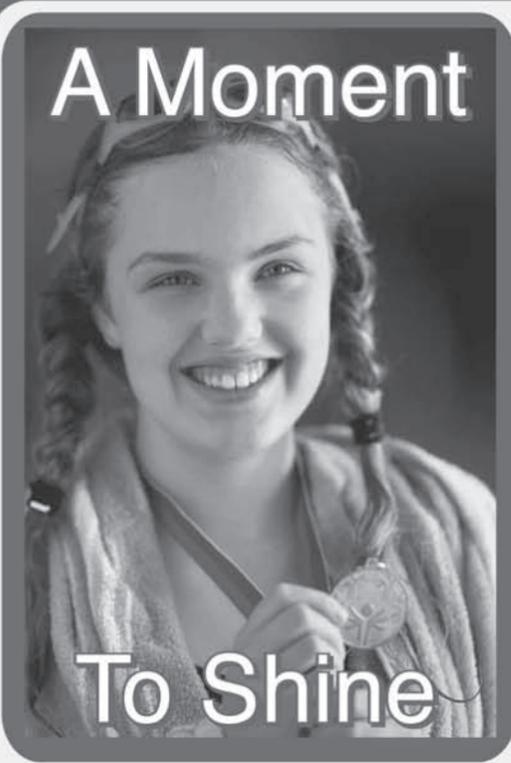
FRIDAY NIGHT

INTERNATIONAL WEEKLY MILITARY SPECIAL

CLUB
Quest
YOKOHAMA
(X:CLUB-B)

EVERY FRIDAY OPEN 22:00

SPECIAL DISCOUNT
GET DISCOUNT WITH MILITARY or BASE ID
1000yen + 1Drink w/ MILITARY or BASE I.D. (REGULAR PRICE 1500yen + 1Drink)



COMMISSARY SPECIALS

P&G brandSAVER™

P&G has been a proud supporter of Special Olympics for 28 years with over \$38 million in donations. Please pick up a Special Olympics brandSAVER at your local commissary with over \$73 in savings on your favorite products. Help the Special Olympics athletes achieve their dreams and give them a moment to shine!



Special Olympics

www.specialolympics.org
www.brandsaver.com

Prices Effective 12/16/07 - 1/31/08

Sale Price
\$11.99

PAMPERS®
SWADDLERS
Mega Pack
New Baby Diapers
Size 1, 66 ct.
or Size 2, 60 ct.



All products may not be available in all stores.
*Sale dates may vary in overseas locations.
Special Olympics, Inc., does not endorse advertised products.

Sale Price
\$7.79



CHARMIN® Bathroom Tissue
Ultra Soft or Ultra Strong
18 big rolls, 200 ct., 427 sq. ft.

Sale Price
\$5.99



FOLGERS® Ground Coffee
Classic Roast, 39 oz. or
100% Colombian or
Special Roast, 34.5 oz.

Sale Price
\$2.29

DAWN® DIRECT FOAM™
Dishwashing Foam
Citrus Kick Antibacterial,
Fresh Rapids or
Lime Surge, 13.5 oz.



Sale Price
\$5.69

BOUNTY® Paper Towels, 8 rolls
White, 56 ct., 376.4 sq. ft. or
Select-a-Size, 96 ct., 352 sq. ft.



Sale Price
\$2.99

CREST® PRO•HEALTH™
Oral Rinse
Refreshing Clean Mint
or Cool Wintergreen
33.8 oz.



UMUC

Distance Education Term III Schedule

Reservation Request Period: Nov 19 - Feb 1
Course (Instruction) Dates: Feb 4 - Apr 13
All courses are ten weeks except * six weeks.



University of Maryland University College Asia

Copyright © 2008 University of Maryland University College

Course	Title	EDCP 103	Fundamentals of Writing and Grammar	MATH 001	Pre-Algebra
ACCT 220	Principles of Accounting I	ENGL 102	Composition and Literature	MATH 009	Introductory Algebra
ACCT 221	Principles of Accounting II	ENGL 221	American Literature: Beginning to 1865	MATH 012	Intermediate Algebra
ACCT 311	Intermediate Accounting II	ENGL 240	Introduction to Fiction, Poetry, and Drama	MATH 107	College Algebra
ACCT 326	Accounting Information Systems	ENGL 294	Introduction to Creative Writing	MATH 140	Calculus I
ANTH 102	Introduction to Anthropology: Cultural Anthropology	ENGL 439	Major American Writers	MGST 140	Personal Financial Management
ASTD 135	Introduction to Japanese Language and Culture	ENGL 454	Modern Drama	MGST 160	Principles of Supervision
ASTD 150	Introduction to Asian Studies I	FINC 310	Entrepreneurship and New Venture Planning	MGST 198D	The U.S. Stock Market* (1 c.h.)
ASTD 155	Introduction to Korean Language and Culture	FINC 321	Fundamentals of Building Wealth	MRKT 310	Marketing Principles and Organization
ASTD 301	The Japanese: Adapting the Past, Building the Future	FINC 330	Business Finance	NSCI 110	Introduction to Oceanography
ASTD 333	Japanese Life and Culture I	GEOG 110	The World Today: A Regional Geography	NUTR 100	Elements of Nutrition
ASTD 485	Great Issues in Asian Studies	GEOG 100	Physical Geology	PHIL 100	Introduction to Philosophy
ASTR 100	Introduction to Astronomy	GEOG 110	Physical Geology Laboratory (1 c.h.)	PHIL 140	Contemporary Moral Issues
BIOL 101	Concepts of Biology	GVPT 100	Introduction to Political Science	PHIL 307	Asian Philosophy
BIOL 102	Laboratory in Biology (1 c.h.)	GVPT 170	American Government	PSYC 100	Introduction to Psychology
BIOL 160	Human Biology	GVPT 200	International Political Relations	PSYC 301	Biological Basis of Behavior
BIOL 181	Life in the Oceans	HIST 116	World History II	PSYC 305	Research Methods in Psychology
BMGT 110	Introduction to Business and Management	HIST 156	History of the United States to 1865	PSYC 321	Social Psychology
BMGT 364	Management and Organization Theory	HIST 157	History of the United States Since 1865	PSYC 338	Psychology of Gender
BMGT 365	Leadership and Change	HIST 255	African American History	PSYC 339	Educational Psychology
BMGT 380	Business Law I	HIST 361	America in the Revolutionary Era: 1763-1815	PSYC 355	Child Psychology
BMGT 464	Organizational Behavior	HIST 482	History of Japan to 1800	PSYC 361	Survey of Industrial and Organizational Psychology
BMGT 482	Business and Government	HIST 300	Human Resource Management	PSYC 415	History of Psychology
CCJS 105	Introduction to Criminology	HRMN 302	Organizational Communication	PSYC 432	Introduction to Counseling Psychology
CCJS 234	Criminal Procedure and Evidence	HRMN 400	Human Resource Management: Analysis and Problems	SOCY 100	Introduction to Sociology
CMIS 102A	Fundamentals of Programming I	HUMN 334	Understanding Movies	SOCY 300	American Society
CMIS 141A	Fundamentals of Programming II	IFSM 201	Introduction to Computer-Based Systems	SOCY 443	The Family and Society
CMIS 310	Computer Systems and Architecture	IFSM 300	Information Systems in Organizations	SPCH 125	Introduction to Interpersonal Communication
CMIT 265	Networking Essentials	IFSM 302	Workplace Productivity	STAT 200	Introduction to Statistics
CMIT 320	Networking Security	IFSM 304	Ethics in the Information Age	THET 110	Introduction to the Theatre
CMST 311	Advanced Electronic Publishing	IFSM 310	Software and Hardware Concepts	WRTG 101	Introduction to Writing
CMST 340	Computer Applications in Management	IFSM 438	Project Management	WRTG 391	Advanced Expository and Research Writing
CMST 385	Internet and Web Design	IFSM 450	Telecommunications Systems in Management	WRTG 393	Technical Writing
ECON 201	Principles of Macroeconomics	LIBS 150	Information Literacy and Research Methods* (1 c.h.)	WRTG 394	Business Writing
ECON 203	Principles of Microeconomics				

For more information, see www.umuc.edu → Asia → Distance Education, or call your local UMUC Field Representative at 243-4613

ATGWP dominates 2007 Captain's Cup sports program

By Josh Davis, MWR Adult Sports

The Captain's Cup is a year-long sports program that is intended to provide a well-rounded sports program that encourages maximum participation by all eligible personnel. In Captain's Cup competition, commands must participate as a unit, thereby helping build esprit de corps. Commands onboard Commander Fleet Activities Yokosuka (CFAY) competed in more than 30 events throughout the course of the year, with winners being crowned in Men, Women and Co-Rec divisions.

In contrast to the close finishes of the 2006 program, 2007 was all about domination. The story of the year was the strong performance of Afloat Training Group Western Pacific (ATGWP). The "Forgers" carried over the momentum from their 2006 title to open a commanding lead, one which they never let go of, to win the Men's division by an astounding 1,266 points over *USS Stethem*. ATGWP started the year off with wins in both the darts and billiards events and capped the year with their third straight win in the Tug-of-war event.

The closest race of the year was the Co-Rec division, in which both men and women compete against each other, where ATGWP finished strong capturing the title. The results came down to the final two events, flag football and volleyball, and ATGWP was able to hang on to the lead over *USS Shiloh* and the hard-charging *USS Stethem*.

In the Women's division, the United States Naval Hospital (USNH) Yokosuka had consistently strong performances throughout the year to capture the Women's division over



Players from *USS Shiloh* and the United States Naval Hospital (USNH) Yokosuka battle for the ball in Captain's Cup Co-Rec soccer at Berkey Field. The soccer tournament is one of more than 30 sporting events held annually as part of the Captain's Cup Sports Program.

Photo courtesy of MWR Sports

ATGWP. The second place finish by the "Forgers" capped a great year for ATGWP. No command has dominated the Captain's Cup standings like ATGWP did in 2007 since Commander Submarine Group Seven (CSG-7) swept all three divisions in the 2005 program. ATGWP became the first command to win back-to-back Men's division titles and surely have their eyes on a third straight. Although *USS Stethem* had to give back the championship trophies from the Women's and Co-Rec divisions, they had a very strong year, with two third-places and a second-place finish.

The final awards to be presented are the "Most Improved." In the Men's division, Naval Computer and Telecommunications Station Far East (NCTSFE) went from 18th place in 2006 to 3rd place in 2007, while participating in nine more events than the previous year. In the Women's division, overall champion USNH was also the most improved, finishing nine places higher in the standings while competing in nine more events. The most improved Co-Rec command was the Ship Repair Facility (SRF); they went from 22nd place in 2006 to 7th in 2007, the biggest improvement of all commands, in any division.

Other highlights from the year include *USS Kitty Hawk* winning their fourth-straight Flag Football Tournament, the start of the extremely successful Captain's Cup Running Series and the introduction of several new events.

In total, 3,332 Sailors, Marines, soldiers and civilian employees from CFAY participated in the Captain's Cup program, a 5 percent increase from the record breaking numbers of 2006. Overall, 33 of the 37 commands on base competed in at least one event throughout 2007, with several competing in every single event.

Kaigun Warriors, IFFL Third Division champions

By Lt. Anthony Pangjogie, ATGWP Public Affairs

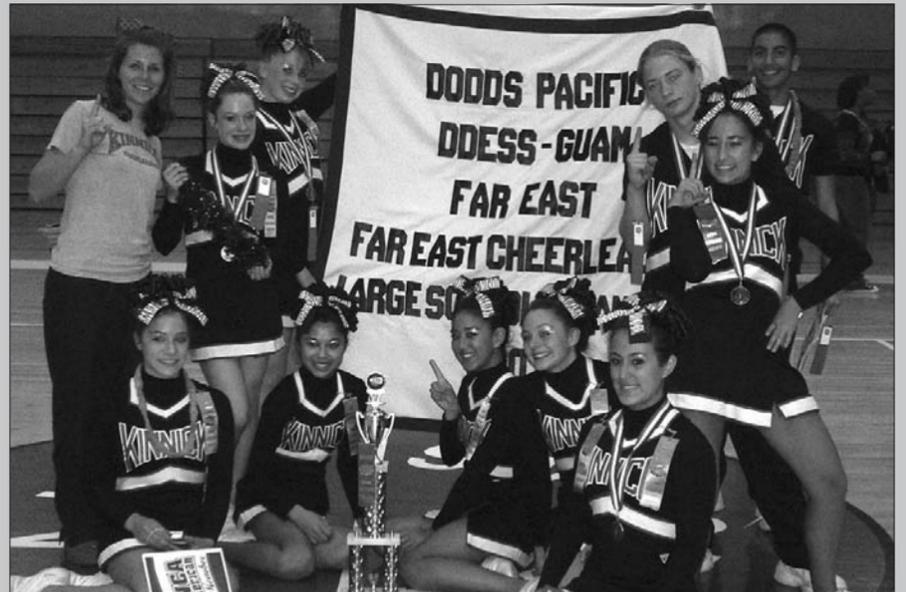
The Yokosuka Naval Base soccer team, the "Kaigun Warriors," were crowned champions of the Third Division of the Tokyo International Friendship Football League (IFFL) after handily defeating the fourth place Vietnam Family FC (VNNFC) team 5-2. The team ended the season with the most points earned by any team in the entire league and finished with an overall record of eight wins, one draw and one loss. Their only draw was against a team sponsored by Sony Corporation and it was a result of playing two games in one day. Their one loss was a forfeiture of their last game because the championship was already wrapped up.

In November, the IFFL managers voted unanimously to promote the Warriors to the First Division and skip the Second Division altogether. This vote of confidence was a result of the Warriors defeating the Second Division champions, Green G Triplets FC - Mexican Club, and the probable champions of the First Division, Golo Doido FC - Brazilian Club, in a friendly held at the Ikego Housing Complex. The league director was also amazed at the technical skills and the workmanlike attitudes displayed by the entire Warrior team.

This year the Kaigun Warriors not only accomplished their goal of winning the Third Division championship, but were also successful in their primary goal of positively promoting the United States Navy throughout the Japanese community. The team, aware that they are also representing the United States, give it their all at every game to be the best diplomats for their country.

If you are interested in becoming a member of the Yokosuka Soccer Club, contact Anthony Pangjogie at pjnavy1990@aol.com. More information about the IFFL and the team schedule can be found at: <http://home.att.ne.jp/sun/iffil/index.htm>.

Kinnick High Cheerleaders win Far East competition



(Left) Coach Brynn Woods and the Nile C. Kinnick High School cheerleaders won the first place Performance Top Team 2007 award for the second consecutive year in the National Cheerleaders Association competition held recently in Seoul, Korea. The team would like to thank the entire Fleet Activities, Yokosuka community for all the support received in achieving their fund raising goals.

Photo by Rich Moran

Military Special!!
Bring this Ad and get ONE FREE "CHUHA"
*ONE PER CUSTOMER PER VISIT

yokosuka
MALT'S

It's time to party!! Come on out to MALT'S.

Thursdays @ malt's
Ladies night
for Ladies
All drinks 300 yen

HAPPY HOUR 5PM-9PM ALL DRINKS ¥500
OPEN 5pm ~

OUR LOCATION:
Across from the main gate.
Next to Galley take out.
Take the stairs going down.

MALT'S
TEL 046-824-7891

www.maltsbar.com
malts@cool.interq.or.jp

Imagination
has no limits

For inquiries concerning advertisements rates & graphic designs in the Yokota Fuji Flyer, contact Ayumi Kadokura or Eros Rivers at 042-551-8142 or send email to fujifyer@eight-jp.net

eight
EIGHT CO., LTD.
designed by Eros D. Rivers

Like a Japanese textbook



The Kanagawa is the prefecture's distinguished daily newspaper. The newspaper contains articles on a wide variety of topics ranging from international news to detailed local city news from Yokohama, Yokosuka and Atsugi. The sports pages also contain many and varied articles about MLB and NBL, as well as children's sporting events and more.

Begin to learn Japanese with The Kanagawa, "The paper that even junior high school students can read!"

Monthly subscription rate

Kanagawa prefecture:
¥3,100
Other prefectures:
¥4,660
(postage included)

How to subscribe

Call your nearest delivery agent or call the circulation department:
0120-446709(toll-free)
Access to Web side:
URL: <http://www.kanagawa-np.co.jp/>

MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • January 11, 2008

Monday, January 14 at 1730
at Fleet Gym

Captain's Cup Basketball Tournament

Teams/commands must register by 1700 on Wednesday, January 9 at the Adult Sports office. Coaches/captain's meeting at 1100 or 1700 on Thursday, January 10 at the Adult Sports office on the third floor of the Fleet Recreation Center. Tournament will run 3 to 4 weeks. For details call 241-2955.



Martin Luther King Jr.

*The ultimate tragedy
is not the brutality
of the bad people
but the silence
of the good people.*

Remembering
Martin Luther King, Jr.
1929-1968



Negishi Club

Tuesday, January 15

open for Breakfast in honor of MLK.

In appreciation of MLK Day we will be having an evening buffet in his honor. For more information please call 242-4151.

Club Alliance

Saturday, January 19

from 1700 to 2100

Southern Comfort Buffet in Honor of Dr. Martin Luther King, Jr. For more information please call 243-3000.

teamM&M

Navy Entertainment and Armed Forces Entertainment presents



www.everythingbutthemime.com

This talented and renowned husband and wife act puts on a performance that is fun for all ages. With entertainment from face and body painting to magic, balloon art and comedy, their performances are crowd-pleasing and family-friendly. Be wowed by this pair of performers and their delightfully amusing show.

Not your
Garden Variety Show
Thursday, January 17
@ the Benny Decker
Show starts at 1730

For details call the Entertainment Office at 243-5215.

COMMUNITY BONFIRE NIGHT

Negishi - Saturday, January 12 from 1700 to 2000 at Negishi Ball Field

Ikego - Saturday, January 26 from 1700 to 2000 at West Valley Campgrounds

Looking to do something fun during the colder months?

MWR invites you to join us for the Community Bonfire.

This will be a great opportunity to meet your neighbors and share in music, food and games/activities for the kids. You are welcome to bring your favorite dish and MWR will provide the snacks and marshmallows. The fun starts at 1700 and the bonfire will be lit at 1800. FREE

For Ikego details, call 246-8071 or 046-806-8071.

For Negishi details, call 242-4120 or 045-281-4120.