



## Retention turns *Kitty Hawk* anchor gold for second straight year

By MC3 Juan Antoine King,  
*Kitty Hawk* Public Affairs

**U**SS *Kitty Hawk* (CV 63) was awarded the Golden Anchor Award by Commander U.S. Pacific Fleet (COMPACFLT) for its success in exceeding reenlistment and attrition goals.

carrier won the award," said Senior Chief Navy Counselor Charles Wright.

"It's a great accomplishment for an aircraft carrier stationed in the forward deployed naval forces (FDFN). This is the second year in a row we have won this award," he said.

Wright explained that the award means the Career Counseling Team has been successful at providing *Kitty Hawk* Sailors with a comprehensive comparison of the benefits of staying on active duty and what they can expect if they decide to leave the service.

"This award says *Kitty Hawk* is retaining the right personnel needed to keep the Navy running at optimal effectiveness," said Wright.

"With the unique challenges of life in the FDFN, this award is a testament of the hard work and dedication of the entire Career Counseling Team, a group of highly trained professionals that provide solid counseling to 3,200 Sailors on a daily basis."

*Kitty Hawk* is one of 11 aircraft carriers in the American naval fleet and the only permanently forward deployed aircraft carrier. Capable of sailing over 700 nautical miles a day, *Kitty Hawk* and embarked air wing can perform a wide range of missions, from peaceful diplomacy to combat operations, all in support of national objectives.

*Kitty Hawk* operates from Fleet Activities Yokosuka, Japan, and the air wing operates from Naval Air Facility Atsugi, Japan.

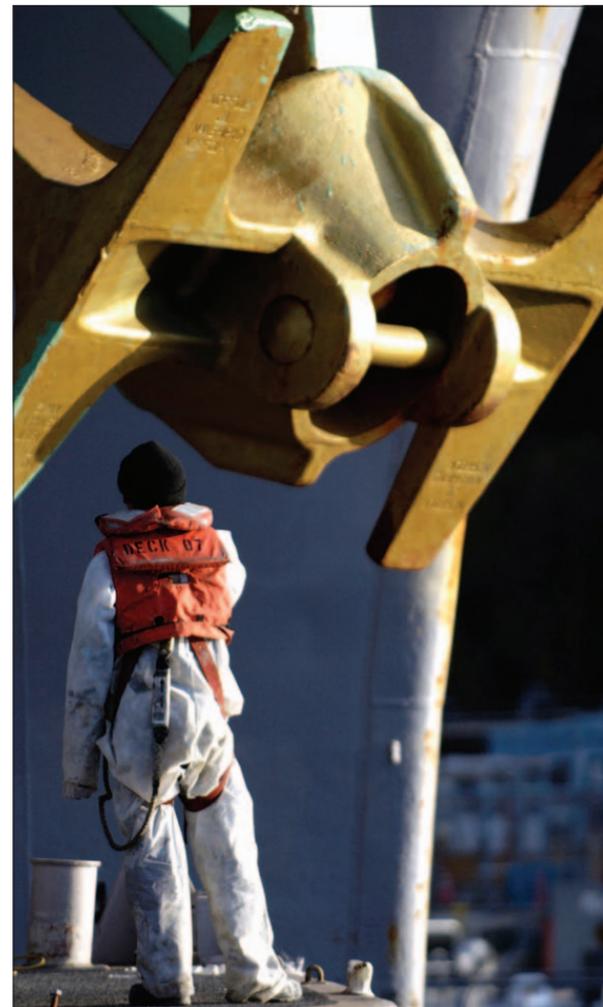


USS *Kitty Hawk* (CV 63) received its second consecutive Golden Anchor for exceeding the Naval Air Force's annual personnel retention goals for fiscal year 2007.

U.S. Navy file photo by MC3 Kyle D. Gahlau

The Golden Anchor Award is given out by COMPACFLT annually, at the end of every fiscal year. The number of candidates who receive the Golden Anchor Award is unlimited; it is given to all that meet the requirements of the award. That, however, doesn't mean that every ship gets it.

"This award means we met the Navy's retention and attrition goals for the year, only one other Pacific Fleet



QM3 Joe Sexton, 23, of Monona, Iowa, relays instructions to fellow Sailors while painting one of USS *Kitty Hawk's* (CV 63) 30 ton anchors Jan. 15 to commemorate *Kitty Hawk* receiving the Golden Anchor Award. It will take *Kitty Hawk* Sailors about three hours to paint the anchor in two, three-man teams. *Kitty Hawk*, the only permanently forward deployed aircraft carrier, operates from Fleet Activities Yokosuka, Japan.

U.S. Navy photo by MC3 Kyle D. Gahlau

## Yokosuka City celebrates national holiday "Coming of Age Day"

Story and photo by Kazuyuki Takagi, CFAY Public Affairs

Japanese *kimonos* are said to be one of the most beautiful garments worn anywhere in the world. Jan. 14 was a perfect day to see many different style *kimonos* throughout Japan.

The second Monday of January was Coming of Age Day (*Seijin-no-hi*), a Japanese national holiday for congratulating everyone who turned 20 years old during the past year.

On Coming of Age Day, each community holds a ceremony where girls go out in their best *kimonos* and most men wear suits. While the beauty of a *kimono* depends a lot on its color and pattern, the way it is worn gives the feeling of elegance.

In the past, *kimonos* used to be worn everyday in Japan, but most women today are so accustomed to wearing western style clothing that they are unable to put on a *kimono* correctly without the services of a professional *kimono* fitter.

Coming of Age Day is a good opportunity for Japanese women to show their knowledge of Japanese culture by wearing the *kimono* perfectly while also showing their awareness of traditional Japanese clothing.

"I'm happy to wear this beautiful *kimono*. For Japanese girls, Coming of Age Day is a special day, we feel like we are Cinderella," said Miyuki Suzuki, a resident of Yokosuka. "Every young girl looks forward to going to the coming of age ceremony in her best *kimono*. It's a dream that every girl has."

At the Yokosuka government sponsored ceremony, some guest speakers such as Yokosuka City Mayor Ryoichi Kabaya, gave a congratulatory speech to the attendees. After the ceremony the 20 year olds went out for a stroll around town to display their beautiful *kimonos* until the end of the day.



A group of women dressed in *kimono* head for coming of age ceremonies, held by their communities, where they became legally recognized as adults. Approximately 1.35 million young adults throughout Japan participated in coming of age ceremonies Jan. 14.



**Capt. Daniel L. Weed,**  
USN, Commander,  
Fleet Activities  
Yokosuka

**CMDCM Wayne E. Smith,**  
Command Master  
Chief

**Tax Center Volunteers Needed** – The Tax Center is looking for volunteers to help during the upcoming tax season. No prior experience necessary. Training will be provided. Contact Lt. Phil Hamon at 243-5141 or e-mail Philip.hamon@fe.navy.mil for more information.

**JN Dispensary** – The Japanese dispensary will be temporarily relocated to a pre-engineered building (PEB) fabricated behind the current dispensary building. Medical service is available at the PEB from Jan. 23 to July 3, while the existing dispensary is renovated.

日本人従業員診療所の改装工事が1月23日に始まる予定です。それにともない、診療所を仮設プレハブに移動して診療を続けることになっています。仮設プレハブは診療所の奥の空き地に設置し、1月23日～7月3日までの間プレハブでの診療を予定しています。

**Q:** I am a product distributor of an international company that promotes wellness products (supplements, etc). Is there any regulation that I have to comply with if I advertise or promote these products on base? Also, since these products have intriguingly gained so much acceptance among the Japanese consumers, is there any regulation concerning the promotion of these products off-base to the Japanese?

**A:** Commander Fleet Activities Yokosuka (CFAY) instruction 5300.5 applies to both your questions. You must seek approval from the CFAY Staff Judge Advocate's (SJA) office to engage in any business on or off base to include promotion of outside businesses. There are particular guidelines, both for on-base businesses and off-base businesses. Please go to [www.cfay.navy.mil](http://www.cfay.navy.mil) and review the instruction or come into the SJA office, Building C-31 for more information. Your request must be routed through your sponsor's chain of command for both on base and off base businesses, as well as through the Housing office and the Navy Exchange for on base businesses. Advertising on base is strictly monitored and limited to only the housing towers and the Defense Commissary Agency (DeCA). However, no advertising is allowed prior to specific approval from the SJA office for your business and for advertising. Additionally, after approval of your business, you may only advertise at the housing towers and DeCA with the prior approval of the Housing office and DeCA, respectively.

**Q:** My concern is parking at building 1997. The parking lot contains 137 unreserved spots and currently, there are over 220 people working inside the building complex for Afloat Training Group Western Pacific (ATGWP), Naval Criminal Investigative Service (NCIS), Fleet Public Affairs Center Det. Japan and others. Often, I find myself having to park at least a block away from my worksite and while at work, I continue to see dependents park their cars at my work place so they can use the Daiei gate. Can we mark these areas "Official Business Only" Mon-Fri, 8 a.m.-4 p.m.?

**A:** Thanks for bringing this to our attention. There are currently 137 parking spots for over 220 personnel working in the adjacent building. It is unfortunate, but currently parking is an ongoing issue onboard Commander Fleet Activities Yokosuka (CFAY) due to over 27,000 personnel in the Yokosuka base community. Sometimes, individuals are forced to park over a block away from their workplace, which is even more so when the fleet is in port. I can assure you that the Security department is aggressively patrolling this installation in an attempt to ensure vehicles are not illegally parked. It is our intention to make certain everyone adheres to the CFAY parking plan. If in the future you witness violators of the parking policy as it relates to illegal parking, please don't hesitate to contact us and we will take appropriate action to deal with the infractions. Thanks for your concern.

**Q:** There are programs that encourage military personnel and their spouses to become teachers, namely, Troops to Teachers and Spouses to Teachers. Why is there no Bachelor's level education classes offered on such a large base as Yokosuka? I know of a few people who are interested in becoming teachers but end up having to take classes such as basic English and Math either through Central Texas College or online. There are many people on this base who are qualified to be instructors in Bachelors level classes and the DoDDs schools are available for student teaching. The only education classes offered are at the Master's level at Yokota.

**A:** There are several schools that offer Baccalaureate level coursework that can be applied to an Education Degree. What courses a student enrolls in depends on a few things: What is the student's major, (English, Math, Sociology, etc.?) What school does the student wish to receive a degree from? Is online learning an option? Please keep in mind that almost any non-technical degree is achievable via using web-based courses and/or classroom based courses. If a student is interested in becoming a teacher, they have the option of achieving a degree in a specific subject and becoming certified to teach that subject. If the student is looking specifically for a Bachelor's Degree in Education they may inquire directly with the Navy College Office at 243-8131 about completion via an online program. Central Texas College offers an Associate's Degree in Early Childhood Education and the University of Phoenix offers a Master's Degree in Education. Please keep in mind that the Troops to Teachers programs are designed to allow you to teach while simultaneously earning your Teacher Certification. If you receive certification from a state other than the state in which you wish to teach, the certification might not have reciprocity in other states. <http://www.act2teach.org/> is an excellent resource for statewide teacher certification requirements. As always, we welcome all of your educational questions/inquiries at the Navy College Office Mon.-Thurs. 7 a.m. - 6 p.m. and Fri. 7 a.m. - 2:30 p.m.

**Q:** Why does a family of five have the same amount of trash receptacle space as a family of two? We obviously generate a larger amount of waste than a family of two, even though we are avid recyclers. Our outdoor trash bin is always overflowing on both of our trash pick up

days. This attracts stray animals that pick through the garbage and make a mess at night. We would like to know if there is any way possible for larger families to request and receive extra garbage and recycle cans to avoid the unsightly and unsanitary mess stray animals cause.

**A:** All townhouse units at Yokosuka, Ikego and Negishi are provided with two 50 gallon trash containers per housing unit. The blue "non-burnable waste" containers are emptied once a week and the grey "burnable waste" containers are emptied twice a week. The existing trash pick up schedule covers all family compositions. We need your cooperation to break down items that accumulate space so that the trash will fit in the provided containers. Additional trash containers cannot be provided at this time due to existing trash disposal contract conditions. Contact the Ikego Housing Manager, Mr. Christopher Churchill, at 246-8021, for more information.

**Q:** Our company is looking for in-store vendors at the Japan military exchanges to service the brands that we represent. I would like very much to place an ad in the base newspapers, etc. to find people interested in working part-time at the exchange. This is a great job for a military spouse/dependant or college student.

**A:** Persons interested in placing ads in the Seahawk should contact Asahi Advertising at [seahawk yokosuka@ys020407.americablecablejapan.com](mailto:seahawk yokosuka@ys020407.americablecablejapan.com), or call 243-3100 or 011-81-46-816-3100. In addition, the Navy Exchange would be happy to assist in the solicitation for vendor representation in the Navy Exchanges in Japan. We appreciate vendor support as this enhances the level of customer service provided to our most valued customers. Contact Rusti Rausch by e-mail at [rusti\\_rausch@nexweb.org](mailto:rusti_rausch@nexweb.org) for more information.

**Q:** How do I gain access to the Dog Park on Yokosuka base? I was there last week during the day to use the facility but was unable to because the gate to the field was locked. Do I have to contact MWR whenever I want to use the Dog Park?

**A:** There are no locks on the Dog Park however, there is a padlock on the gate accessing the soccer field. Pet owners may access the Dog Park from the Veterinarian/Kennel side of the athletic field.

**Q:** Who should I contact concerning the covered picnic area located directly behind the Yokosuka Middle School ball field and track, Building 1396? People are dropping off discarded furniture and the students are destroying it as they come and go to school. Yesterday I had to call base security because several students were tearing apart a Christmas tree as well as ripping the stuffing out of some discarded pillows that was left there. I am having trouble trying to find who is responsible for this area as this problem is getting worse.

**A:** Thanks for your input. The covered picnic area in question is the responsibility of Naval Facilities Far East (NAVFAC)/Public Works Department (PWD). We will work with NAVFAC FE and our Public Works Department to

address this concern. As for the issue with personnel dropping off furniture or other items, please bring it to the attention of the Security department when you observe this taking place. There is a bulk trash pickup that an individual can arrange if they have any items that are too large for the day-to-day trash collection. This is to avoid personnel leaving unwanted items on the curb or in other areas. Any issues that occur in this area that require Security response will be handled accordingly.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are greatly appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to [yo-cocorner@fe.navy.mil](mailto:yo-cocorner@fe.navy.mil). We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Feb. 7. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community.

To contact the Seahawk, call 243-5607/3003 or e-mail: [yo-cocorner@fe.navy.mil](mailto:yo-cocorner@fe.navy.mil).

#### Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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# Detailers from Naval Personnel Center visit *USS Kitty Hawk*

By MCSN Joseph A. Vernola, *Kitty Hawk* Public Affairs

**T**wenty-five detailers from the Naval Personnel Center in Millington, Tenn., spent a week on *USS Kitty Hawk* (CV 63) writing orders for about 2,000 Sailors transferring next year.

The Sailors are expected to remain on the ship until its decommissioning, which is tentatively scheduled for late 2008.

The detailers, some of whom represented Sailors in more than one rating, issued nearly 2,000 sets of orders.

*Kitty Hawk* will be turning over its duties in Yokosuka, Japan, to *USS George Washington* (CVN 73) this summer. More than 900 Sailors will be transferring to *George Washington* in 2008 and were not included in the detailing visit.

For many Sailors and detailers, this presented a rare chance to meet in person.

An opportunity like this doesn't happen often, said Senior Chief Navy Counselor (SW/AW) Charles Wright, *Kitty Hawk's* command career counselor.

"It's very rare," said detailer Aviation Electrician's Mate 1st Class (AW) Kristopher Stoessel who issued orders for some undesignated Sailors. "It's good for us too, being able to talk face to face is special."

This is also a good chance for junior personnel who have never gone through the process of getting new orders.

"A majority of junior Sailors have never met a detailer in their life and this gives them an inside look at how the detailing process works," said Chief Aviation Ordnanceman (AW/SW/FMF) William Roach, who handled orders for aviation ordnancemen.

Some Sailors on *Kitty Hawk* had an experience they weren't expecting.

"The detailer I had was extremely helpful as well as nice," said Aviation Electronics Technician 3rd Class Jacob Dube. "This is contrary to what I had been told [about detailers] throughout my Navy career. My overall experience was actually enjoyable."

Another advantage of the detailers being on board is that *Kitty Hawk* Sailors got the first opportunity at new job openings.

"There are a lot of different billets that they're getting the first look at," said Stoessel.

"They have the opportunity to pretty much go wherever they want to go."

Planning for this week has taken place over the course of two years since it was



(Right) *USS Kitty Hawk's* (CV 63) LN1 Tanica Bagmon meets with her detailer, YNC Darrel Mercer to negotiate for transfer orders from the ship. Bagmon, who has been in the Navy for 12 years, is seeking orders to the Navy Yard in Washington, D.C. Detailers met with about 2,000 *Kitty Hawk* crewmembers who are transferring before the ship's decommissioning next year.

U.S. Navy photo by MCSN Brendan Morgan.

announced *Kitty Hawk* will eventually decommission, according to Wright.

"The orders they receive this week will be the best our Sailors will ever negotiate for," Wright continued.

Some of the detailers were also excited about the trip.

"I'm just proud to be here," said Roach. "I have the opportunity to touch Sailors lives, hopefully in a positive direction."

## Shipmate contest draws huge response, enters judging phase

By MCCS(SW/AW)

Melissa F. Weatherspoon,  
COMPACFLT Public Affairs

The "What Being a Shipmate Means to Me" writing contest to redefine the term "Shipmate" officially closed to submissions Dec. 31 with 745 entries sent in by active-duty and Reserve Sailors, retirees, civilians and various other friends of the Navy.

The idea of the contest, which kicked off in mid-October, evolved from a senior leadership conference held days before in Pearl Harbor – a conference that focused on the quality of life, professional development and the diversity of today's Sailor.

The senior-enlisted quorum realized the traditional Navy term had lost some of its luster and had often taken on a negative connotation. U.S. Pacific Fleet Master Chief Tom Howard, the sponsor of the conference and the contest, believed it was time to revive the term and give today's Sailors a say in who they are and with whom they expect to serve. Navy

leadership counts on camaraderie, teamwork and esprit de corps among their crews to ensure mission success, he explained, and shipmates relying on shipmates is the backbone to such accomplishment.

"It is our responsibility to our commanders and to our Navy to listen to our Sailors and to provide advice to Navy leadership," Howard said. "So, we thought, who better to define 'what being a Shipmate means' than our Sailors – our Sailors who are willing to sacrifice everything. In an all-volunteer force, it's the personal sacrifices of today's Sailors who make the decision every day to fight for freedom, defend our seas, and provide humanitarian assistance to those in need."

Contest guidelines required submissions of 75 words or less and of original, unpublished construction. In honor of the concept, the word "Shipmate" was capitalized. Beyond the rules, however, Howard and his fellow master chiefs, who would make up the judges panel, hoped Sailors' words would come from the heart and breathe new life into

the word's meaning. The judges were more than pleasantly surprised.

"It was an honor to read the entries and see the heart and soul folks poured into each and every word," Howard said. "I am thoroughly convinced that our Sailors understand what it means to be a shipmate and what it is the word represents. I am proud to serve in this outstanding organization. What really surprised me, though, is that entrants were thanking me for giving them a voice to express their thoughts on serving in today's Navy with the finest Sailors in the world. How great is that?"

One Sailor from the National Naval Medical Center in Bethesda, Md., who entered the contest not only thanked the judges for the opportunity to participate in the contest but also for the experience that has built upon this hospital corpsman's development as a Sailor.

"I'd like to send my sincere gratitude to you all for taking care of your SHIPMATES and creating an opportunity for ALL HANDS with the writing contest," the Sailor wrote. "It's been a great experience for me to improve my writing, to be a better Sailor, and learn more from other veterans, and to understand more meanings of this great family of ours – the BEST NAVY."

Another Sailor wrote in and thanked those involved with the contest, as it offered a medium through which he could tell the story of how one Sailor proved what it means to be a Shipmate following an Improvised Explosive Device (IED)

attack that injured a fellow service member.

"Christmas Day 2005, NMCB 133 was in Fallujah, Iraq. It was the evening meal and a Marine (who) had been involved in an IED attack was being helped to his table by a local national. As the Marine sat down with two full arm casts, it was obvious he was unable to feed himself," the Navy Storekeeper wrote. "Marines, Soldiers and Sailors alike sat in awe as he struggled with his utensils. It was Marine Pride that wouldn't allow him to ask for help. Now my definition of the word SHIPMATE comes next; one of our Seabees noticed the prideful Marine and sat next to his side; picking up the Marine's utensils he let him know it's (okay) to ask for help, as he (proceeded to feed) him the evening meal."

The judges are currently reviewing the entries and are working toward narrowing the field to five. Once the top five have been identified, the fleet will once again be looked upon to determine the new definition of the word "Shipmate." The top five entries will be viewable on the Pacific Fleet Web site, [www.cpf.navy.mil](http://www.cpf.navy.mil). Voting will be done by e-mail to [cpf.fleetfeedback@navy.mil](mailto:cpf.fleetfeedback@navy.mil).

Howard will announce the winner soon after. The winner will then be recognized personally by Howard and Commander, U.S. Pacific Fleet, Adm. Robert F. Willard. The winning entry will also be published in All Hands magazine and posted on [www.navy.mil](http://www.navy.mil) as well as the U.S. Pacific Fleet Web site.

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# New Navy policy helps Sailors plan for financial freedom

By MC2 Trevor Andersen,  
Navy Personnel Command Public Affairs

Help is available for Sailors and their families who have resolved to get debt free in the New Year. The Secretary of the Navy Donald C. Winter recently released a new instruction that further promotes personal financial management training for our Sailors.

Secretary of the Navy Instruction (SECNAVINST) 1740.4, Department of the Navy Personal Financial Management (PFM) Education, Training, and Counseling Program outlines new PFM outreach efforts required of commanders, leaders and Sailors.

This policy was released just in time for the holidays when Sailors and their families can be inclined to overspend and also in time for Sailors to invest their new pay raises approved by Congress.

The 23-page instruction covers four major topics:

- Commanding officers are now required to designate a lead command financial specialist.
- Sailors will receive PFM training from the beginning of their career to the end and during transition to civilian life.
- Spouses and Navy youth program participants will be included in PFM training.
- Certified financial educators and counselors are now required at each Fleet and Family Support Center.

"Commanding officers' and first-line supervisors' knowledge of PFM programs and services is an important first step in protecting our Sailors and their families from unscrupulous predatory lending practices and mismanagement of personal finances," said Vice Adm. John C. Harvey, Chief of Naval Personnel.

According to professional financial advisors, if Sailors manage their finances and benefits properly, the sky's the limit.

"Between the money that you accumulate in your Thrift Savings Plan (TSP) and the equity from your condominium or home, when you leave the military, again, let's say that's 15 or 20 years from now, you can become a millionaire," said financial planner Kelvin Boston. Boston, host of Public Broadcasting Service's "Moneywise" and author of the best-selling book "Who's Afraid to be a Millionaire," visited Fleet Activities Yokosuka in October.

Also, the Military Lending Act provides Sailors and their families new legal protection against predatory lenders including limiting payday loans, vehicle title loans and tax refund anticipation loans to a maximum annual interest rate of 36 percent.

For more information on PFM, visit [www.npc.navy.mil](http://www.npc.navy.mil) and read SECNAVINST 1740.04. Or visit Fleet and Family support center Web site at <https://www.nffsp.org/> and go to the financial section.

# USS McCain Sailors maintain ship's preservation during upkeep period

By MC2(SW) Brock A. Taylor,  
Fleet Public Affairs Det. Japan

Sailors aboard the guided-missile destroyer *USS John S. McCain* (DDG 56) understand the importance of having



EM1(SW/AW) Randy Flowe paints around shore power receptacles during Arleigh Burke-class-guided-missile destroyer *USS John S. McCain's* (DDG 56) upkeep period at Commander Fleet Activities Yokosuka.

U.S. Navy photo by MC2 Nardelito Gervacio

time in their forward-deployed operating base of Yokosuka, Japan. That's why the ship's crew hasn't let a moment of the stand-down go to waste. Their focus and efforts will yield big returns to them this New Year – maintenance and preservation.

"A lot of ships call this a holiday stand down," said Chief Cryptologic Technician (Technical) (SW) Joseph Green. "We call it holiday upkeep."

While the crew enjoys much deserved time off during the holidays, duty section personnel step up everyday, passing the time sanding, grinding and painting the ship. Green says it is an extremely productive way to take advantage of being pier side in Yokosuka.

"Being forward deployed means that we have a lot of time at sea, so we have to take advantage of every moment in port Yokosuka," Green said.

*McCain's* crew understands the importance of keeping ship preservation efforts in constant motion - even during the holidays.

Fire Controlman Seaman Alexander Gendron, who reported aboard *McCain* less than a month ago, says he knows sanding the deck or applying a coat of paint where needed is a vital part of his duty day.

"My parents are prior military, so I understand the reason behind constant upkeep," said Gendron. "I'm just here to do my part, whatever it may be."

"The crew understands the pressure of being forward deployed and I think they also understand the rewards as well," said Gunner's Mate 1st Class Robert McCoy. "Spending a duty day on the deck plates sanding and grinding ensures that we are keeping our ship ready, so in the future when it comes time for SMA (ship maintenance availability) we won't have to work as hard and get more time off."

One of seven ships assigned to Destroyer Squadron (DESRON) 15, *John S. McCain* operates out of Yokosuka, Japan and is part of the forward deployed naval forces.

# Homeport Ashore



Sailors help unload new furniture for the Homeport Ashore program at Commander Fleet Activities Yokosuka. The homeport ashore program is a quality of life improvement initiative to provide quarters ashore for Sailors who would otherwise be required to live aboard their ship.

U.S. Navy photo by MCSR Kari R. Bergman

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## 日本人従業員空席情報

## 事務系

職種名	等級	広報番号	募集範囲	締め切り
管理分析職	7	FEC-09-002-08	I, II	Jan. 22, 2008
管理分析職	6	FEC-MS-001-08	I, II	Jan. 22, 2008
人事事務職	4	CNFJ-N13-01-08(A)	I, II, III	Jan. 22, 2008
管理専門職	5	SRFJRC-030-08	I, II, III	Jan. 20, 2008
化学職	6	SRFJRC-036-08	I, II, III, IV	March 7, 2008
技師職(環境)	7	SRFJRC-098-07(R3)	I, II, III, IV	Feb. 14, 2008
技師職(一般)	7	SRFJRC-146-07(R)	I, II, III, IV	Jan. 25, 2008
エンジニアリング専門職(造船技師)	6	SRFJRC-032-07(R3)	I, II, III, IV	Feb. 14, 2008
エンジニアリング専門職(船舶技師)	6	SRFJRC-92-06(OUF)(A2)	I, II, III, IV	空席広報参照
法律顧問職	7	TSO-02-06(OUF)	I, II, III, IV	空席広報参照
監督セールス・チェッカー	4	NEX-723-08	I, II, III, IV	Jan. 25, 2008

## 技能系

電気装置修理工	7	FEC-PRY31-005-08	I, II, III, IV	Jan. 29, 2008
電線工	7	FEC-PRY31-003-08	I, II, III, IV	Jan. 29, 2008
冷蔵及び空気調節機械工	7	FEC-PRY31-004-08	I, II, III, IV	Jan. 29, 2008
冷蔵及び空気調節機械工	7	FEC-PRY31-002-08	I, II, III, IV	Jan. 28, 2008
ジャンター	3	MWR-08-08	I, II, IV	Jan. 29, 2008
ハウスキーパー職・フォーマン A	4	NE-86-07(R)	I, II, III, IV	Jan. 28, 2008

## 期間限定従業員

エンジニアリング補助職(安全)/安全専門職	4/5	CFAY-004-01-07(R3)(A2)	I, II, III, IV	Feb. 19, 2008
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## 時給制従業員

カウンターアテンダント・フォーマン A	4	NE-HPT-38-07(R2)(A)	I, II, IV	March 12, 2008
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ストックハンドラー	3	NEX-HPT-055-08	I, II, IV	March 13, 2008
娯楽機修理工(現場)	5	MWR-HPT-07-08	I, II, IV	Feb. 6, 2008
ペーカー	4	NE-HPT-78-07(R2)	I, II, IV	Feb. 20, 2008
カウンターアテンダント	3	NEX-HPT-041-08	I, II, IV	Feb. 14, 2008
カウンターアテンダント	3	NE-HPT-CAY-06(OR)(A)	I, II, IV	空席広報参照
カウンターアテンダント・フォーマン B	5	NE-HPT-120-07(R5)	I, II, IV	Feb. 12, 2008
カウンターアテンダント・フォーマン A	4	NE-HPT-111-07(R5)	I, II, IV	March 7, 2008
カウンターアテンダント・フォーマン B	5	NE-HPT-82-07(R2)(A)	I, II, IV	Feb. 18, 2008
顧客サービス係	3	NE-HPT-35-07(R3)	I, II, IV	March 7, 2008
ジャンター	3	NEX-HPT-718-08(R)(A)	I, II, IV	Jan. 25, 2008
セールスチェッカー	3	NE-HPT-SCY-06(OR)	I, II, IV	空席広報参照
サービスワーカー	2	MWR-HPT-SWY-06(OR)	I, II, IV	空席広報参照
ウェ이터/ウェイトレス	2	MWR-HPT-WWY-06(OR)	I, II, IV	空席広報参照
倉庫係	4	NEX-HPT-724-08	I, II, IV	March 6, 2008
作業命令事務職	3	NEX-HPT-040-08	I, II, IV	Feb. 14, 2008

応募には「募集範囲」に該当することが第一条件です。募集範囲 I, II, III は現基地従業員、IV は外部応募者を対象としています。

I: 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合です。範囲は最も狭いものです。

II: 現 MLC/IHA 従業員(通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現 MLC/IHA 従業員(全在日米軍) - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

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### Position: Center Operations Manager

Location: USO Yokosuka, Japan - Yokosuka Base  
Closing Date: January 29, 2008

**Summary of Duties:** USO Yokosuka is seeking a Center Operations Manager. Responsibilities include the management and supervision of the day-to-day operations of the USO center. This is a full-time (30-40 hours/week) position with benefits. Applicant must be detail oriented, self motivated, reliable, and a team player. Strong communication skills and knowledge of Internet applications and computer programs is essential, knowledge of the military community is a distinct advantage. BA in Business Administration/Management or equivalent experience is desired.

**Qualification Requirements:** Minimum 2 years of experience in related field. Word, Excel, and Power Point experience is a must.

### Position: Administrative Assistant

Location: USO Japan - Yokosuka Base  
Closing Date: January 29, 2008

**Summary of Duties:** USO Japan is seeking an experienced Administrative Assistant to support the needs of the area Director, USO Japan. This is a full-time, non-exempt position with benefits. Applicant must be detail oriented, self motivated, reliable, and a team player. Strong communication skills and knowledge of computer programs essential, knowledge of military community is a distinct advantage, payroll experience is desired. Japanese language skills (oral, reading, and writing) a plus.

**Qualification Requirements:** Minimum 2 years experience in related field. Word, Excel, and Power Point experience a must.

**How to Apply:** Email resume and cover letter to [dir.japan@uso-pacific.org](mailto:dir.japan@uso-pacific.org) or fax to (DSN) 241-4896. Resumes must reach the USO Japan Director's Office by noon on January 29, 2008. E/O/E. AA

Point of Contact: Juliet Domingo 241-4893

## Scholarships for Military Children application deadline Feb. 20

By Caroline Williams,  
Defense Commissary Agency

Are you digging under the sofa cushions for misplaced change and rolling coins from your money jar to help pay for college tuition? Given the soaring costs of higher education, you certainly aren't alone. Perhaps a \$1,500 scholarship could help?

Applications for the 2008 Scholarships for Military Children Program must be turned into a commissary by close of business Feb. 20. They are available in commissaries worldwide or online, where they can be filled out on the computer and printed, or printed and filled out by hand. At least one scholarship will be awarded at every commissary location with qualified applicants.

The scholarship program kicked off in 2001 and, according to agency officials, has awarded more than \$5.5 million dollars in scholarships to 3,532 of the best and brightest children of military families.

Retired Marine Lt. Col. Fred Thomas's son Mark earned a scholarship in 2001. He said he's still paying for his son's undergraduate tuition, but every scholarship helps. "[This scholarship] was one more piece that allowed my son to attend a top university and excel by not having to work his way through," Thomas explained. Mark posted a 3.96 grade point average upon graduating from the University of Notre Dame, Notre Dame, Ind., with a Bachelor of Arts in theology, music and philosophy. He is presently a Senator Jacob K. Javits Fellow at Boston College, Mass., working on a doctorate of philosophy in religion.

The scholarship program is open to unmarried children under the age of 21 (23 if enrolled in school) of active-duty, Reserve, Guard and retired military personnel.



Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are currently enrolled in the DEERS database and that they have a current ID card. All applicants must be U.S. citizens.

The applicant must be planning to attend, or already attending, an accredited college or university full-time in the fall term of 2008. Students at community or junior colleges must be enrolled in a program of studies designed to transfer directly into a four-year program.

"Applications must be in the store by close of business Feb. 20," said Edna Hoogewind, DeCA's scholarship program liaison, "either by hand or mail." If you are not hand-delivering your application, Hoogewind recommends using a delivery method that supplies a return receipt. From April 15 through July 1, applicants can go online and verify receipt of their application in the "Verification of Receipt" section.

Hoogewind also advises students to check all their materials carefully for simple things, like making sure the application is signed or that they are using the 2008 application, not one from previous years. Everything applicants need to know about the program can be found in the Frequently Asked Questions section of the military scholar Web page.

The Scholarships for Military Children program is funded through donations by the general public and by product manufacturers and brokers that sell groceries in commissaries. Fisher House Foundation, a nonprofit organization best known for building comfort homes near military medical facilities, administers the Scholarships for Military Children program. Fisher House Foundation uses the services of Scholarship Managers, a professional firm that has handled more than 400 programs, to screen applicants and award scholarships. Neither Fisher House nor DeCA are involved in the decision process.

## NMCRS Quick Assist Loans alternative to predatory lenders

By MCSN Kari R. Bergman, Fleet Public Affairs Det. Japan

The New Year brings Yokosuka-based Sailors an additional means of financial assistance, thanks to the Navy-Marine Corps Relief Society (NMCRS) Quick Assist Loan (QAL), which will be available at every NMCRS full service office Jan. 23, the organization's 104th birthday.

Quick Assist Loans of up to \$300 are designed to help with emergency needs for basic living expenses. According to Andrea Bowen, director of the NMCRS Yokosuka branch, the program offers active duty Sailors and Marines a quick financial boost and serves as an alternative to predatory lenders.

"An active duty Marine or Sailor who has no outstanding loans with NMCRS can come into the office and can walk out the door within 15 minutes with a no interest \$300 loan to help with financial situations such as credit card payments and cellular phone bills," said Bowen. "Three-hundred dollars might not be a large amount, but it helps out with certain situations when it comes to predatory lenders that charge interest rates."

To be eligible for a QAL, individuals must be an active duty Sailor or Marine, have repaid any previous loans contracted by NMCRS and not received a financial assistance grant (money which does not have to be repaid) from the NMCRS in the past 12 months.

Service members may have two QALs in a 12-month period, but the first one must be paid in full before the second is issued.

If service members are eligible for one of these new loans, all they need to bring to

their local NMCRS office is a copy of their most recent Leave and Earnings Statement and active duty ID card.

There is also a short application that can be filled out online and brought in. This helps to speed up the process. The form is also available at the NMCRS office.

The QAL 2007 pilot-program featured eight locations offering a \$500 loan with a 12-month repayment plan. Due to the program's popularity, NMCRS loan activity increased more than 75 percent. As a result, the QAL was scaled down to \$300 with a 10-month allotment repayment period, ensuring that QALs are available to Sailors and Marines all over the world.

Bowen pointed out that QALs are just one of the many services offered by NMCRS. The Yokosuka branch offers emergency assistance, tuition assistance, and budgeting for a baby and financial counseling.

"The NMCRS mission is to provide no-interest loans and financial counseling to service members that are in a bind and the society is funded through fund drives, donations, loan repayments, thrift shop operations and interest from the group's investment portfolio," said Bowen.

NMCRS is a private non-profit charitable organization. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world. NMCRS provides financial, educational and other assistance to members of the U.S. Navy, eligible family members and survivors when in need. Contact the NMCRS office at 243-4450 or [www.nmcrs.org](http://www.nmcrs.org) for more information.

## MWR Fitness offers new "My first 5K" training sessions

By MC3 Bryan Reckard, Fleet Public Affairs Det. Japan

On Jan. 4, members of the Yokosuka community participated in the first of six training sessions designed by Morale, Welfare and Recreation's (MWR) Fitness Program to help new runners prep for their first 5K race.

According to the base's Fitness Program Coordinator, Luke Nelson, the "My first 5K" training program consists of two training sessions and a cross training exercise of the participants choice every week of the six week program. After a month and a half of training, participants test their fitness and training with a 5K race on base.

"The premise is to get someone that has thought about or contemplated getting into exercise and working out and give them a goal to shoot for," said Nelson. "By doing so, you motivate them and give them something to work for."

Nelson says he hopes that giving people motivation for being more physically active will hopefully lead to a healthier lifestyle.

According to Nelson many of the training sessions include interval training, which consists of running and walking and over the course of six weeks will include more running and less walking to reach the goal of running the race.

"It's interval training where they do a segment of running and a segment of walking and as the six week program that we've designed progresses, they run more and walk less until their body adapts to the physical stimulant," said Nelson.

While this program gets Sailors and their family members ready for a road race, Nelson says that this program and others provided by Yokosuka's fitness team are available for members of the community looking for things to do and a way to occupy their spare time – they just make sure the events promote health and fitness, which is a positive use of that time.



Sailors, Marines and family members take off at the start of the Morale, Welfare and Recreation 5K Toys for Tots Run outside Commander Fleet Activities Yokosuka Purdy gymnasium. The "My first 5K" training program consists of two training sessions and a cross training exercise of the participants choice every week of the six week program. After a month and a half of training, participants test their fitness and training with a 5K race on base.

U.S. Navy file photo by MC2 Barry R. Hirayama

# MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • January 18, 2008

Community Center



**碁 CLUB**  
**WHAT IS 碁 GO?**

**FREE 碁 DEMONSTRATION**

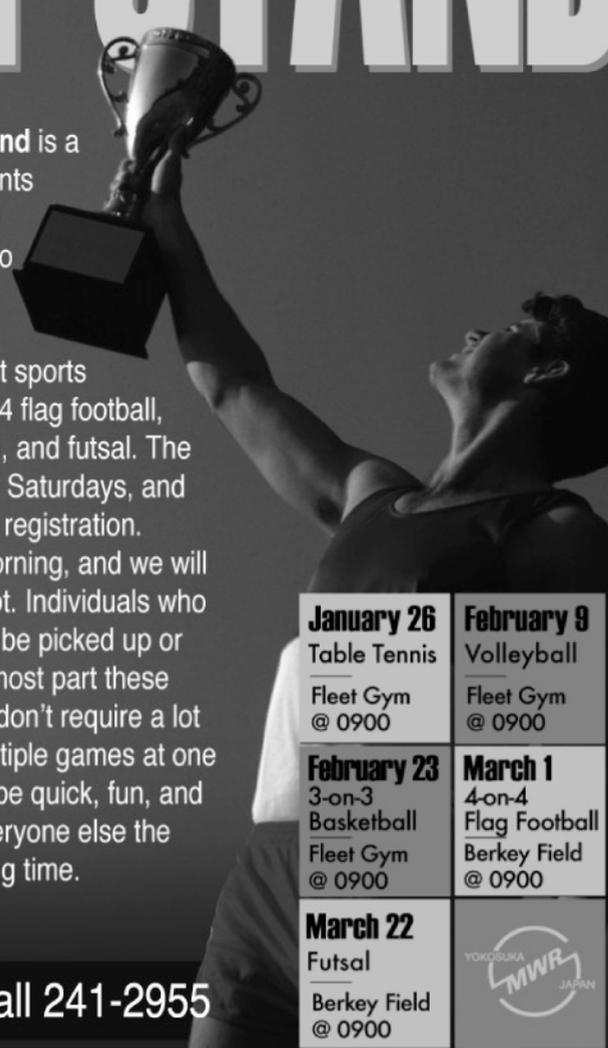
Thursdays: January 24, February 14, February 28  
from 1800 to 2000 in the Community Center Lecture Hall

Go classes will begin in March. For more details and pricing information call the Community Center at 241-4111.

Join us as we wish the Kitty Hawk farewell, **SPORTS Style!**

## KITTY HAWK'S LAST STAND

The Kitty Hawk's Last Stand is a series of one day tournaments designed to give teams and individuals the opportunity to compete with personnel from the Kitty Hawk one final time in several different sports including table tennis, 4 on 4 flag football, 3 on 3 basketball, volleyball, and futsal. The tournaments will be held on Saturdays, and they won't require any prior registration. Teams will show up that morning, and we will design a bracket on the spot. Individuals who aren't on a team can easily be picked up or placed on a team. For the most part these sports are small-sided and don't require a lot of space so we can run multiple games at one time. The tournaments will be quick, fun, and give the Kitty Hawk and everyone else the opportunity of a lot of playing time.



<b>January 26</b> Table Tennis Fleet Gym @ 0900	<b>February 9</b> Volleyball Fleet Gym @ 0900
<b>February 23</b> 3-on-3 Basketball Fleet Gym @ 0900	<b>March 1</b> 4-on-4 Flag Football Berkey Field @ 0900
<b>March 22</b> Futsal Berkey Field @ 0900	

For more details call 241-2955

## Guitar Lessons

Guitar instruction is now being offered at Ikego Community Activities. For dates and times, please call 245-8071 or stop by our office.

### Coolant/Antifreeze and Windshield Wiper Fluid

This three hour course will cover on how to check your radiator/coolant. Find out the location of the overflow/coolant reservoir and how to check the level in it. Windshield wiper fluid is very important in the winter time. We will show you how to refill and use the wiper fluid.

**Saturday, January 26 from 1300 to 1600**

For more info call 243-5456.

Single Sailor Liberty Program

## Karaoke Night

Tuesday, January 29 starting at 1830 in Spectrum Center

Yokosuka has talent! Sing for prizes. Prizes for 1st and 2nd place.

For more information, please call 243-7436.



# Outside the Gate

## Current ITT Tours (February/ March) - Sign up now

### Saturday, February 2

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I  
Spa Resort "Hawaiians" with Lunch Buffet  
\$70A/\$60J/\$50C/\$34I

### Sunday, February 3

Experience of Bullet Train Ride, Shiraito Waterfall and  
Fujisan Hongu Sengen Taisha Shrine  
\$100A/\$60C/\$31I  
Sanrio Puroland Amusement Park \$56A/\$50J/\$42C/\$17I

### Saturday, February 9

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle Tour \$65A/\$44C/\$39I  
Noritake Square, China Pete's and  
Camp Zama Shopping \$22A/\$16C/\$11I

### Sunday, February 10

Tokyo Sightseeing \$28A/\$23J/\$17C  
The 32nd One-day Sumo Tournament  
Transportation Service \$25A/\$18J/\$12C  
Yokohama Minato-Mirai 21 Amusement/Shopping District  
Transportation Service \$18A/\$13C/\$9I

### Tuesday, February 12

Ikea Kohoku Shopping \$10A/\$5C

### Saturday, February 16

Tokamachi Snow Festival 2008 \$62A/\$44C/\$30I

### Sunday, February 17

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I  
Tokyo Disneyland Amusement Park  
\$76A/\$63J/\$52C/\$10I

### Monday, February 18

Odawara Castle, Hakone Complex Mosaic Museum and  
Lunch Buffet at Hakone-Yumoto Fujiya Hotel  
\$62A/\$42J/\$24C/\$17I  
Tokyo DisneySEA Amusement Park  
\$76A/\$63J/\$52C/\$10I

### Thursday, February 21

Costco Kanazawa Seaside Shopping \$8A/\$4C

### Saturday, February 23

Mt. Fuji East Area Winter Sightseeing with Kubota  
Itchiku Dye-Art Museum \$49A/\$31C/\$27I

### Sunday, February 24

Sankei-en Japanese Garden, Italian Lunch Buffet and  
MM 21 Area Shopping \$58A/\$32/\$14I  
New Sanno Hotel Sunday Brunch and International  
Orchid Exhibition 2008 at Tokyo Dome  
\$59A/\$27C/\$16I

### Saturday & Sunday, March 8 & 9

Nagoya's History and Industry Overnight  
SGL \$190A TWN or TRL \$182A/\$150J/\$130C/\$65I

## Future ITT Tours (March/ April)

- Sign up begins Friday, February 1

### Saturday, March 1

Spa Resort "Hawaiians" with Lunch Buffet Tour  
\$70A/\$60J/\$50C/\$34I  
Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle Tour \$65A/\$44C/\$39I

### Sunday, March 2

Heiwajima Antique Fair Shopping \$17A/\$12C/\$9I  
Tokyo Sightseeing \$28A/\$23J/\$17C

### Saturday, March 8

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I

### Sunday, March 9

Experience of Bullet Train Ride, Shiraito Waterfall and  
Fujisan Hongu Sengen Taisha Shrine  
\$100A/\$60C/\$32I  
Tokyo DisneySEA Amusement Park  
\$76A/\$63J/\$52C/\$10I

### Tuesday, March 11

Ikea Kohoku Shopping \$10A/\$5C

### Saturday, March 15

Nagoya Fertility Festival \$50 Adult only

### Sunday, March 16

New Sanno Sunday Brunch and the 17th Annual  
St. Patrick's Day Parade in Harajuku \$40A/\$25C/\$14I  
Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I

### Monday, March 17

Tokyo Disneyland Amusement Park  
\$76A/\$63J/\$52C/\$10I  
Chiba Mother Farm and Strawberry Picking  
\$46A/\$37J/\$23C/\$19I  
Fuji Safari Park Tour \$62A/\$40C/\$31I

### Saturday, March 22

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I

### Sunday, March 23

Hakone Sightseeing with Open-Air Museum  
\$64A/\$54J/\$40C/\$27I  
Yunessun Hot Spring with Lunch Buffet \$54A/\$35C/\$19I

### Saturday, March 29

Wild Snow Monkey Park at Jigoku-dani Valley and  
Matsumoto Castle \$65A/\$44C/\$39I  
Fujikyū Highland Amusement Park \$74A/\$64J/\$53C/\$26I

### Sunday, March 30

Mt. Fuji East Area Winter Sightseeing with  
Kubota Itchiku Dye-Art Museum \$49A/\$31C/\$27I  
Tokyo International Anime Fair 2008  
\$32A/\$22J/\$18C/\$13I

### Thursday, April 10 thru Saturday, April 12

Kyoto Sightseeing Overnight  
SGL \$530A  
TWN \$400A/\$345C/\$100I  
TRL \$365A/\$310C/\$100I

## ITT Tickets

### Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot  
springs of Yunessun in beautiful Hakone! Tickets cost  
¥1,700 for adults (12 yrs old and above), and ¥1,000 for  
children (3 - 11 years old). Tickets are valid until June 30,  
2008.

### Discount Hakeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back!  
Tickets, good for admission to the aquarium, Dolphin  
Fantasy and all rides are now on sale at ITT for ¥4,600  
for adults 16 years and older, ¥3,300 for juniors 6 - 15  
years old and ¥1,900 for children 4 - 5 years old. Tickets  
are valid until March 31, 2008. \*All rides in the park will be  
closed from January 15 - 25 for general maintenance.

### Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets\* to Tokyo Disneyland and  
Tokyo DisneySea? Get yours today for only ¥5,800 for  
adults, ¥ 5,000 for juniors and ¥3,900 for children!

\*Tickets to both parks have expiration dates that tickets  
must be used prior to. Tickets may not allow entry into the  
park during high attendance times.

### 32nd One-day Grand Sumo Tournament

Don't miss the opportunity to see the national sport of  
Japan in person in this one-day event at Tokyo's

Ryogoku Kokugikan on February 10! ITT is now selling  
tickets for ¥5,500 (A seats) or ¥2,000 (B seats).  
Transportation will be available for \$25 for adults, \$18 for  
children and \$12 for infants. Sign-ups begin the same day  
as ticket sales.

*For details about any of the ITT events listed above,  
give them a call at 241-5056/5057.*

*Ticket sales are open to all DoD I.D. card holders,  
18 years old and above attached to CFAY and  
tenant commands. For more information about the  
Outdoor Recreation trips listed below, call  
243-5732.*

## Outdoor Recreation

### Beginner/Intermediate Rock Climbing at Jogasaki Seaside Cliff, Shizuoka Prefecture

Enjoy the warm sunshine on the east coast of Izu  
Peninsula on January 26. Jogasaki is known for its mild  
temperatures - even in winter - and is a perfect gathering  
place for climbers looking to escape the chill and enjoy a  
beautiful view of the ocean. This volcanic rock will give  
you a different experience of rock climbing. The cost is  
\$60 per person.

### Beginner/Intermediate Day Hike to Iyogatake & Tomisan, Chiba Prefecture

Hike two mountains on the Boso Peninsula on February  
2. Start by hiking Iyogatake that has a great view from its  
twin needle peaks. After lunch, continue your hike up  
Tomisan, which also has twin peaks but only a view from  
the north peak. Clear weather permitting, you can see the  
Miura Peninsula (where Yokosuka is located), Izu  
Peninsula and Mt. Fuji. Total hiking time is approximately  
5 hours. The cost is \$40 per person.

### One Day Ski Trip to Myoko Akakura, Niigata Prefecture

Join Outdoor Rec on February 2 as we travel north east  
of the Japan Alps near the border of Niigata and Nagano  
to enjoy dry powder, spectacular views and 28 lifts  
servicing 34 courses. The cost is \$45 per person for  
transportation only. ¥4,500 lift ticket is not included.

### Ski and Snowboard Lessons

Did you know Outdoor Recreation offers ski and  
snowboard lessons in English? Most resorts charge  
¥5,000 - ¥6,000 for two hours of instruction in Japanese.  
Outdoor Recreation charges \$25 for a two hour lesson  
taught by a certified English speaking instructor.

### Outdoor Recreation Sledding Tours

Not into skiing or snowboarding, but still want to get out  
and enjoy the snow? Did you know Outdoor Recreation  
offers sledding tours? We will be heading to Fuji-ten in  
Yamanashi Prefecture on February 24 for some  
slip-sliding fun...and you're invited! The cost is \$35 for  
adults (12 years and older) and \$25 for children (up to 11  
years old).

### St. Valentine's Day Massacre Paintball Scenario Game

Want something to do around Valentine's Day other than  
spending money on candy, flowers and cards? Come out  
to the Ikego paintball field on February 16 for this  
scenario-style woodsball game, get the drop on your  
buddy and celebrate Valentine's Day, Cupid style!  
The cost is \$45 if you have your own gear and \$55 to rent  
gear.

### Outdoor Recreation Special

Are you planning that special birthday party for the little  
one in your life? Make it a lot more fun with one of the  
Outdoor Recreation Center's two new indoor unit air toys  
available for rental on a first come, first served basis!

# MWR Positions

## Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations

- Lead Cook:** NL-08, \$13.07/hr. CPO Club (1 RFT).
- Food Service Supervisor:** NF-3, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT) Open to current MWR employees only.
- Cook:** NA-05, \$9.98/hr. Club Alliance (1 Flex), Food Court (1 RFT), Club Takemiya (2 RFT).
- Material Handler:** NA-05, \$9.98/hr. Food Court (1 Flex).
- Food Service Worker:** NA-03, \$8.64/hr. Food Court (10 RFT), Club Alliance (1 Flex), O' Club (2 RFT).
- Waiter/Waitress:** NA-03, \$8.64/hr. O' Club (1 RFT/7 Flex), CPO Club (1 RFT), Club Takemiya (1 RFT/2 Flex), Club Alliance (1 Flex), Negishi (1 Flex).
- Cashier:** NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (1 RFT), O' Club (1 Flex).
- Club Operations Assistant:** NF-02, \$8.39/hr. CPO Club (2 Flex).
- ID Checker/Security:** NF-01, \$6.70/hr. Club Alliance (1 RPT/5 Flex).

### Support Activities

- Air Conditioning Equipment Mechanic:** NA-08, \$11.62/hr. Maintenance (1 RFT).
- Electrician:** NA-08, \$11.88/hr. Maintenance (1 RFT).
- Facilities Maintenance Worker:** NA-05, \$9.98/hr. Maintenance (1 RFT).
- Accounting Technician:** NF-02, \$8.39/hr. Finance (1 RFT).
- Personnel Clerk:** NF-01, \$7.50/hr. Personnel Office (1 RFT).

### Child Development Programs

- Program Assistant:** GSE-02, \$9.50/hr. Negishi (2 Flex), Ikego (1 RFT/8 Flex), Main (2 Flex), Hourly (1 Flex).

### Community Activities

- Recreation Assistant:** NF-02, \$9.50/hr. Youth Center – Yokosuka (3 Flex), Ikego (1 RFT), Negishi SAC (1 RFT).
- Food Service Worker:** NA-03, \$8.64/hr. Bowling Center (1 RFT).
- Clerk/Driver:** NF-02, \$8.39/hr. Youth Center (1 RFT).
- Recreation Assistant:** NF-02, \$8.39/hr. Wood Hobby Shop (1 RFT/1 Flex), Youth Sports – Yokosuka (1 Flex).
- Recreation Aide:** NF-01, \$7.25/hr. Bowling Center (4 Flex).
- Cashier:** NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

### Recreation

- Recreation Assistant:** NF-02, \$8.39/hr. Rentals – Customer Service (2 Flex), Special Events (1 RFT).
- Duty Manager:** NF-02, \$8.39/hr. Theater (1 Flex).
- Paintball Attendant:** NF-01, \$7.00/hr. Ikego Campground (2 Flex).
- Recreation Aide:** NF-01, \$7.00/hr. Single Sailor (1 Flex).

### Athletics

- Field Maintenance Worker:** NA-05, \$9.98/hr. Athletics – Ikego (1 RFT), Yokosuka (3 RFT).
- Recreation Assistant:** NF-02, \$8.39/hr. Adult Sports (1 Flex).
- Gear Issue Attendant:** NF-01, \$6.50/hr. Athletics (2 RFT/1 Flex).
- Swim Instructor:** NF-02, \$10.00/hr. Aquatics (10 Flex).
- Head Lifeguard:** NF-02, \$9.50/hr. Aquatics (1 RFT/1 Flex).
- Swim Instructor/Lead Lifeguard:** NF-02, \$8.39/hr. Aquatics (1 RFT).
- Lifeguard:** NF-01, \$6.65/hr. Aquatics (7 Flex).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## Benny Decker Theater

### Friday, January 18

1730	August Rush	PG
2030	National Treasure: Book of Secrets	PG

### Saturday, January 19

1300	August Rush	PG
1730	Enchanted	PG
2030	National Treasure: Book of Secrets	G

### Sunday, January 20

1300	Enchanted	PG
1730	National Treasure: Book of Secrets	G
2030	This Christmas	PG13

### Monday, January 21 – Martin Luther King, Jr. Birthday

1300	Enchanted	PG
1730	Mr. Magorium's Wonder Emporium	G
2030	The Bucket List	PG13

### Tuesday, January 22 \$1 Movie Night

1730	August Rush	PG
2030	The Bucket List	PG13

### Wednesday, January 23

1730	Enchanted	PG
2030	Beowulf	PG13

### Thursday, January 24

1730	Mr. Magorium's Wonder Emporium	G
2030	National Treasure: Book of Secrets	PG

### Friday, January 25

1730	Cloverfield	PG13
2030	Cloverfield	PG13

## Fleet Theater

### Friday, January 18

1800	Hitman	R
2100	The Mist	R
2400	Hitman	R

### Saturday, January 19

1800	The Mist	R
2100	Hitman	R
2400	Charlie Wilson's War	R

### Sunday, January 20

1800	Charlie Wilson's War	R
2100	The Mist	R

### Monday, January 21

1800	The Mist	R
2100	Lions For Lambs	R

### Tuesday, January 22 \$1 Movie Night

1800	Beowulf	PG13
2100	Lions For Lambs	R

### Wednesday, January 23

1800	National Treasure: Book of Secrets	PG
2100	Hitman	R

### Thursday, January 24

1800	The Mist	R
2100	Charlie Wilson's War	R

### Friday, January 25

1800	The Mist	R
2100	Charlie Wilson's War	R
2400	The Mist	R

## Negishi Theater

### Friday, January 18

1900	Hitman	R
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### Saturday, January 19

1300	Enchanted	PG
1900	Hitman	R

### Sunday, January 20

1300	The Golden Compass	PG13
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#### Cloverfield

**Cast:** T.J. Miller, Michael Stahl-David, Mike Vogel, Lizzy Caplan  
**Synopsis:** Five young New Yorkers throw their friend a going-away party the night that a monster the size of a skyscraper descends upon the city. Told from the point of view of their video camera, the film is a document of their attempt to survive the most surreal, horrifying event of their lives.



#### The Bucket List

**Cast:** Jack Nicholson, Morgan Freeman, Sean Hayes, Rob Morrow, Beverly Todd  
**Synopsis:** Corporate billionaire Edward Cole and working class mechanic Carter Chambers have nothing in common except for their terminal illnesses. While sharing a hospital room together, they decide to leave it and do all the things they have ever wanted to do before they die according to their bucket list. In the process, both of them heal each other, become unlikely friends, and ultimately find the joy in life



#### The Mist

**Cast:** Thomas Jane, Marcia Gay Harden, Laurie Holden, Andre Brougier  
**Synopsis:** Following a violent thunderstorm, a small town community comes under vicious attack from creatures prowling in a thick and unnatural mist. Local rumors point to an experiment called the 'The Arrowhead Project' conducted at a nearby top-secret military base, but questions as to the origins of the deadly vapor are secondary to the group's overall chances for survival.



#### Hitman

**Cast:** Timothy Olyphant, Dougray Scott, Olga Kurylenko, Robert Knepper  
**Synopsis:** The "Hitman" is a genetically-engineered, elite assassin known only as Agent 47. His hallmarks are lethal grace, unwavering precision, and resolute pride in his work. But even 47 couldn't anticipate a "random equation" in his life exactitude: the unexpected stirring of his conscience and the unfamiliar emotions aroused in him by a mysterious Russian woman.



#### Charlie Wilson's War

**Cast:** Tom Hanks, Julia Roberts, Philip Seymour Hoffman, Ned Beatty  
**Synopsis:** Based on the true story of how Charlie Wilson, an alcoholic womanizer and Texas congressman, persuaded the CIA to train and arm resistance fighters in Afghanistan to fend off the Soviet Union. With the help of a rogue CIA agent, Wilson supplied money, training and a team of military experts that turned the ill-equipped Afghan's into a force that brought the Red Army to a stalemate and set the stage for conflicts in the Middle East that rage to this day.



#### National Treasure: Book of Secrets

**Cast:** Nicolas Cage, Diane Kruger, Ed Harris, Helen Mirren, Justin Bartha  
**Synopsis:** Treasure hunter Benjamin Franklin Gates looks to discover the truth behind the assassination of Abraham Lincoln, by uncovering the mystery within the 18 pages missing from assassin John Wilkes Booth's diary.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

MWR Fitness is committed to enhancing the quality of life for all families in Yokosuka by offering fitness programming for all ages and keeping families fit, healthy and happy.



WELCOME TO NAVY

# FitFactor

NAVY CTF GET UP - GET OUT - GET FIT



The Navy Youth and Teen Health & Fitness Program for ages 6-18.

The goal of the FitFactor program is to encourage you to make healthy choices and give you opportunities to participate in a variety of fun activities. By getting involved with the program you can reach fitness goals, increase your self-esteem, and set yourself on a healthy lifestyle path that will be continued throughout your adult years. Use the online incentive program to log points, gain levels, and get prizes! For more information or to schedule a FitFactor presentation please call 241-2952 and ask for the FitFactor coordinator.

**New Participant?**  
Visit your local Navy School Age Care Center or Youth Sports Office to get enrolled and join in the FitFactor fun!  
Check out the website at [www.navygetfit.com](http://www.navygetfit.com)

## Fit Family Class Schedule – All Families Welcome

### Movin' Mommas Stroller Class

Monday, Wednesday, Friday and Saturday from 0900 to 1000 in front of Purdy Fitness Center  
"Strollers available for checkout"

### Mom and Baby Yoga

Tuesday and Thursday from 0900 to 1000 in Purdy Fitness Center

### Mom and Toddler Yoga

Tuesday from 1000 to 1100 in Purdy Fitness Center

### Prenatal Yoga

Thursday from 1000 to 1100 in Purdy Fitness Center

### P.T. Tots (walking to 24 months)

Tuesday and Thursday from 0945 to 1030 in Thew Gym Martial Arts Room

### P.T. Tots (2 - 3 years old)

Tuesday and Thursday from 1030 to 1115 in Thew Gym Martial Arts Room

Special rates and discounts for all new moms. Contact MWR Fitness at 241-4486 for more details.



## WIRELESS INTERNET

- Club Alliance Sports Bar
- CPO Club Bar
- Officers' Club Bar
- Spectrum Liberty Center
- Fleet Rec, 3rd floor
- Yokosuka Library
- Green Beach Pool Deck
- Negishi All Hands' Club
- Negishi Library
- Ikego Pool Deck
- Ikego Club Takemiya
- Yokosuka Bowling Center
- Kosano Park
- Green Bay Marina
- ITT/Starbucks Outdoor Area

# WATCH THE SUPER BOWL



also...

NFL's ARIZONA CARDINALS CHEERLEADERS



**PREGAME/1ST QUARTER**  
OFFICERS' CLUB  
**2ND QUARTER**  
CPO CLUB  
**HALF-TIME**  
CLUB ALLIANCE

**3RD QUARTER**  
SINGLE SAILOR  
**4TH QUARTER**  
CLUB ALLIANCE

**OFFICERS' CLUB, CPO CLUB & CLUB TAKEMIYA**  
SUPER BOWL XLII PARTY STARTING AT 0600  
WATCH THE GAME OF THE YEAR ON THE BIG SCREEN TELEVISION IN THE LOUNGE WHILE ENJOYING A DELICIOUS BREAKFAST BUFFET FOR ONLY \$5 PER PERSON. WE'LL HAVE DOOR PRIZE RAFFLE WITH PRIZE GIVEAWAYS!

**CLUB ALLIANCE**  
CLUB A SUPER BOWL BLOWOUT STARTING AT 0600  
CHECK OUT THE BIG GAME LIVE ON THE BIGGEST SCREEN ON BASE OR THE TWO LARGE FLAT SCREENS! \$4.95 BREAKFAST BUFFET, ALL-YOU-CAN-EAT 10¢ WINGS, HALF-TIME GAMES AND GIVEAWAYS AND MORE! THIS IS THE PLACE TO BE ON SUPER BOWL DAY!

**SINGLE SAILOR**  
SUPER BOWL MONDAY STARTING AT 0800  
WATCH THE SUPER BOWL ON THE BIG SCREEN AND ENJOY FREE FOOD. DOOR PRIZES DURING THE GAME

**NEGISHI CLUB**  
SUPER BOWL MONDAY STARTING AT 0730  
BREAKFAST BUFFET 0800 TO 1000 \$5

**DON'T MISS THE ACTION MONDAY, FEBRUARY 4**

## FEBRUARY 6TH AT THE FLEET THEATER

# SINBAD

COME SEE ONE OF THE FUNNIEST STAND-UP COMICS OF ALL TIME!!!  
SHOW STARTS AT 1800  
ALL HANDS WELCOME!!!  
ADMISSION: \$5 (AGES 5 AND UNDER FREE)  
TICKETS GO ON SALE JANUARY 26TH AT ITT  
FOR MORE DETAILS PLEASE CALL THE MWR ENTERTAINMENT OFFICE AT 243-5215



# Realistic combat scenario prepares corpsmen for IA deployment

Story and photo by Jill Ward,  
USNH Yokosuka

The sounds of rapid gunfire and curt orders yelled across the field are not typical for Ikego West Valley Campground (Ikego Campground), but on some Friday afternoons, it happens by design.

The U.S. Naval Hospital (USNH) Yokosuka Staff Education and Training Department works hard to set the most realistic combat scenario possible for its future individual augmentee (IA) Sailors. The Ikego Campground combat experience is the culmination of several days of classroom studies and hands-on training for the Tactical Combat Casualty Care (TCCC) course.

The TCCC course is designed to train personnel to provide medical care in a combat environment following the principles of pre-hospital trauma life support. The Ikego Campground phase of the course focuses on care while under fire.

The scene is set with sound effects, weapons, bunkers and fully-weighted mannequins covered in blood. In this particular class, 14 Sailors are led through the simulated war zone by an armed escort, and are tasked to perform trauma support under intense time constraints and verbal pressure. The hospital corpsmen are instructed that all care must follow the guidelines of tactical combat care during combat operations.

During the training, the corpsmen simulate care for casualties, stop life threatening bleeding, and relocate casualties out of the line of fire, all while in full battle dress. While it is not truly a combat situation, the scene helps to develop the skills and knowledge base of the corpsmen for emergency medical care and evacuation.



During the Tactical Combat Casualty Care (TCCC) course, HM1(FMF) Charles Marchant and HN Raymond Piwinski transport an injured "casualty" from the simulated war zone created in Ikego Campground.

Lt. Cmdr. Roger Lankheet, department head for staff education and training, wants the course to be as real as possible "to give [the students] a taste of what it is really going to be like. War does not go as planned, it is always chaos." This scenario provides a glimpse into combat casualties versus what a day is like working in a more organized clinical setting.

Hospital Corpsman Carmen Carrillo is a graduate of the course. "The instructors put a lot of stress on you. It makes me want to learn more to take care of [the casualties] better." In addition, without the experience that the course provided, "I would have the bare minimum skills for this type of a situation. I'd be pretty lost," she said.

A dental technician at USNH Yokosuka, Hospital Corpsman 1st Class Erick Mancina, deployed to Kuwait at the end of December after completing the TCCC course. "I received special training in dental services, but once you get called up for an IA, you have to be prepared for everything and go back to corpsman skills."

Even the instructors are corpsmen helping corpsmen. "Instructors are other corpsmen or nurses trained in TCCC. They bring their own experience to help train others. Several have been deployed and use their experiences to help others," said Lankheet.

Both the classroom and the field training help prepare the corpsmen for life in a combat situation. This training provides the corpsmen the opportunity to learn how to protect themselves in the line of fire in order to provide the best trauma care for the wounded. USNH Yokosuka has deployed 117 officers and enlisted personnel since 2005.

## Q and A: Understanding, preventing antibiotic resistance

By Cmdr. Lorraine Nadkarni, USNH Yokosuka

**Who discovered antibiotics?** Antibiotics were discovered in the late 1800s by Ernest Duchesne, a French medical student, and then rediscovered around 1928 by Alexander Fleming, a physician from Scotland. Penicillin was the first antibiotic medical miracle; but, in less than 100 years, we have seen an overwhelming resistance to these prized medications.

**How have antibiotics become resistant?** Basically, the "survival of the fittest" theory comes into play. The organisms that we are trying to destroy with our antibiotics are desperately trying to survive. To prevent their destruction, the organisms continually change their structure to outsmart the antibiotic. Therefore, by treating every infection with an antibiotic, instead of using them for bacterial infections for which they were intended, we are contributing to the demise of our valuable antibiotics.

**How can I recognize which infections are viral or bacterial?** Viruses cause illnesses such as the common cold; sinus infections; non-streptococcal sore throats; acute bronchitis; and, influenza (flu). Bacteria may cause streptococcal sore throat; urinary tract infections; pneumonia; ear infections; and, sinus infections (occasionally bacterial if the sinus infection is prolonged and severe). If you are still unsure about what type of infection you may have, please consult your primary care provider.

**I understand that the common cold and some sinus infections are viral, but what if the mucous in my nose changes from clear to yellow or green? Does that mean I need an antibiotic now?** The color and thickness of your nasal discharge does not always mean that you have a bacterial sinus infection that will require an antibiotic.

During the beginning of a viral upper respiratory infection (i.e. a common cold with associated sinus symptoms), it is very common to see your nasal mucous appear green or yellow and thick. Do not be alarmed as an antibiotic is not needed in this case.

However, if you notice that your nasal mucous is green or yellow seven to 10 days after the sinus symptoms began, and it was white or clear before this time, this might be a sign that a bacterial infection is brewing and an antibiotic may be required.

**How can we prevent the occurrence of antibiotic resistance?** It is well known that antibiotic resistance has been increased by prescribing medication for diseases that are viral instead of bacterial.

We need to stop treating viruses with antibiotics. Antibiotics will not cure a viral infection. Please keep the following thoughts in mind in regard to antibiotics and avoiding infection.

- Taking an antibiotic for a viral infection will not make you feel better faster or prevent your family, friends or co-workers from becoming infected with your illness.

- When your doctor gives you an antibiotic for your bacterial infection, take all the pills as prescribed. Partial treatment also increases the risk of future antibiotic resistance.

- Do not save your antibiotics for future illnesses or share your pills with your friends. The infections you are treating may not require an antibiotic.

- Do not insist that your medical provider prescribe an antibiotic for you. If you take an antibiotic that is not needed, then you increase the likelihood that future illnesses will not respond to the antibiotic.

- Wash your hands thoroughly to prevent spreading infection to yourself and others.

- Wash all fruits and vegetables before using them. There have been many Escherichia coli (E.coli) scares in the past.

- Avoid eating raw eggs as they may be contaminated with salmonella.
- Refrain from eating undercooked meat (especially meat that is in the ground form) as you could be at risk for toxoplasmosis or E.coli infections.

For more information, go to the Center for Disease Control and Prevention at <http://www.cdc.gov/drugresistance/community/antibiotic-resistance.htm>, or talk to your primary care provider.

## Pet of the Week



This week's Pet of the Week is Stretch. He is a six year old gray and black tabby who has been litter box trained, microchipped and all his shots recently updated. Stretch is an outgoing cat that loves attention, is very playful and would be great for any family. If you are interested in adopting Stretch or any animal at P.A.W.S., contact them at 243-9996, or visit their Web site at [www.pawyokosuka.org](http://www.pawyokosuka.org).

U.S. Navy photo by Eric Boehler

# FISC preparing to roll out ERP with 'role-mapping' training

By H. Sam Samuelson, FISC Yokosuka

Three U.S. Fleet and Industrial Supply Center Yokosuka Support Services Department team leaders attended COMFISCS' symposium in San Diego recently to become familiar with "role-mapping" for Enterprise Resource Planning 1.0.

More widely known by its acronym, ERP, Enterprise Resource Planning is an integrated business management system that modernizes and standardizes Navy business operations, provides unprecedented management visibility across the enterprise, and increases effectiveness and efficiency.

While ERP 1.0 is being "rolled out" among various Navy commands over a multi-year period, FISC Yokosuka anticipates full implementation around October 2008.

The Support Services Department team members who attended the ERP planning session included Code 300 Department Head, Tim Sheppard; Business Management Division Head, John Lagrua and Metrics/Minor Property member Kenji Tokunaga.

The San Diego meeting was also hosted to provide an initial overview to user role management.

"The purpose of this session was to provide everyone involved with additional insight on ERP 1.0 roles, role mapping processes and procedures and to discuss the role mapping responsibilities of the FISC UM teams," Sheppard said.

Sheppard said that in Navy ERP Release 1.0 there are 125 end user roles but not all roles are applicable to every command or service.

"Some are DFAS, some supply, human resources and COMFISCS-only roles," Sheppard said. "However everyone in the FISC Yokosuka workforce will have a minimum of three basic 'roles.'"

"Between now and the October 2008 'go-live,' all personnel in the command will be assigned appropriate end user roles."

"Roles," Sheppard explained, relate to access within the Navy ERP solution and provide authorizations (or permissions) necessary to execute portions of a users' assigned job tasks. A person's role depends on the scope of his or her assigned tasks. For example, a user's role may include issue-funding, running fund-commitment and obligation checks, ordering supplies, using a purchase card and so on.

According to Kenji "KT" Tokunaga, "FISC Yokosuka's mission has been unchanged for the last five decades. However, FISC's business processes changed over time to improve productivity and quality.



Participants from FISCs worldwide gather for a photo at the close of the ERP 'role-mapping' symposium at FISC San Diego.

Photo courtesy of FISC San Diego

"In 2007, our way of doing business was so different from how we did it in the 70s, 80s and 90s. Navy ERP is a revolution and requires significant change in our business processes. All personnel were involved in shifting the way we do business. Prepare for shifting to the new business practices. We must be flexible to sustain FISC Yokosuka logistic support capabilities."

# FISC post offices 'deliver' during holiday season

By Tim Shannon, CFAY Public Affairs

Now that the holiday season is over, most people are heading back to work after a nice break. For the men and women of U.S. Fleet and Industrial Supply Center Yokosuka's postal division, the holidays are always the busiest time of the year and a time when they are asked to go above and beyond to meet their customers' needs.

According to FISC Yokosuka Postal Officer Dale Pinchart, the Fleet Mail Center in Yokohama processes, on average, approximately 2.9 million pounds of inbound and outbound mail throughout most of the year, but during the month of December, that weight increased to almost 5 million pounds.

To put that weight into perspective, the president's official jet, Air Force One, weighs 526 thousand pounds. The Fleet Mail Center moved the equivalent of nine of them during the month of December.

Processing that much inbound and outbound mail is a daunting task, but according to FISC's Tommy O'Neill, planning, teamwork and a can-do attitude made the job easier.

"Everyone's performance here during the holidays was fantastic," said O'Neill. "We have a workforce here that is simply excellent. We have a lot of hot-shots just out of A-school. We're training them and they have learned the job very quickly. They were a huge asset. We also had support from the reserves. The reservists came here for their two weeks of drilling. That also really helped a lot. With all that, we had no problems at all."

One of the "hot-shots" O'Neill spoke of is Postal Clerk Seaman Recruit John Horansky. This was his first holiday season at the FISC Post Office and one he will always remember with great pride.



PC1(SW/AW) Brian Garfield ensures a FISC Post Office customer has the appropriate customs paperwork to send a package.

U.S. Navy photo by Tim Shannon

"I think we did a pretty good job handling the mail during the holiday rush, not only doing it efficiently, but correctly, according to procedure, so yeah, I'd say I'm pretty proud of that," said the enthusiastic Seaman Recruit. "People love to get mail. It felt good to provide that service for the people who are stationed here in Yokosuka."

Horansky added that support from his chain of command made the difficult task a little easier.

"I think our command took pretty good care of us," he said. "On Christmas Eve, they came in and gave us cookies. That's one of the little things they did to make us all feel a little better. I thought that was really nice of them to support us like that and keep us in the Christmas spirit."

Along with having a well-fed and enthusiastic work force, FISC also made the holiday mailing rush a little easier on the post offices customers by offering a special service for those mailing multiple packages, according to Postal Clerk 1st Class (SW/AW) Brian Garfield.

"Postal Clerk 1st Class (SW) Maria Roldan, our Custodian of Postal Effects, implemented a holiday appointment list," said Garfield. "That gave our customers with multiple boxes a chance to come in (to the post office) before hours of operation and mail those parcels out without having to stand in line."

Operating hours were also extended on Christmas Eve, according to O'Neill, for those people waiting for last minute packages to arrive.

"On Christmas Eve, we stayed open until 8 p.m. for people picking up packages, instead of our normal closing time, which is 4:30," he said. "Quite a few people came in saying, 'I ordered something. It's a Christmas present. It's not here yet and I'm really worried.' Most of them got their presents on time and, obviously, those people were very pleased. That felt pretty good, from a customer service standpoint."

Garfield agreed.

"It's our goal to always provide our patrons with service at the highest level of quality," he said. "The holidays just carry a bit more meaning."



Postal clerks assigned to Fleet Mail Center Yokohama, unload a truck of incoming mail so that it can be inspected, processed and distributed.

U.S. Navy photo by MC1 Class Paul J. Phelps

# SRF-JRMC celebrates 127 years of dedicated service

By Keiichi Adachi,  
CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) bid farewell to four dedicated Japanese employees during a retirement ceremony held at SRF-JRMC headquarters Dec. 21.

SRF-JRMC Commanding Officer Capt. Stephanie Douglas, leaders, retirees supervisors and co-workers at SRF-JRMC gathered to celebrate the retirement ceremony.

Douglas served as mistress of ceremony and expressed her congratulations and appreciation for their many years of faithful and dedicated service.

"I am very proud to represent the U.S. Navy and the U.S. Naval Ship Repair Facility Yokosuka and Japan Regional Maintenance Center in commending these retirees for their many years of service that has so significantly contributed to the security of both Japan and the United States," said Douglas.

Douglas said the retirees have contributed greatly to the cause of world peace, possibly to a much greater extent than they realize, and that it was their hard work that has maintained the high state of readiness of the U.S. 7th Fleet and allowed them to meet any challenge to world peace.

"Our retirees have put in a combined total of 127 years of dedicated service to SRF-JRMC during a period that has seen the world change significantly," said Douglas. "Our world remains under the threat of global terrorism in places and times we could not have imagined 30 years ago. Both of our countries are now engaged together to fight the war on terrorism wherever we find it and to eliminate threats from those who wish to destabilize this region."

The SRF-JRMC mission, which the retirees help fulfill, remains unchanged; to keep the 7th Fleet operationally ready. They have done that exceptionally well every day, according to the captain.

Each of the retirees contributed immeasurably to the



(Left) Isao Ishida, Kazuo Kishi and Akira Ogura show smiles on their faces as they greet fellow employees gathered to bid farewell to the retirees.

Photo by Fumiyo Sato

石田功氏（左）、岸和男氏（中）、小倉明氏は笑みを浮かべながら、退職式に集った同僚に挨拶をする。

写真：佐藤典代

outstanding success and reputation that SRF-JRMC has earned over the years.

Kazuo Kishi entered code 360 as an engineering aide in November 1971, where he worked 36 years and one month.

Akira Ogura entered code 270 as an engineering technician (electrical) in August 1974, where he worked 33 years and four months.

Isao Ishida started as a production control clerk in code 330 in April 1982, where he worked 25 years and eight months.

Mitsugu Matsushashi entered X-99 shop as an interpreter-translator in April 1984, where he worked 23 years and eight months.

SRF-JRMC salutes the retirees for their long and faithful service. Their departures pose a great challenge for those they leave behind. It will be very difficult to replace their skills and dedication, according to Douglas.

"Each of you, our retirees, has served skillfully and faithfully for many years. On behalf of the United States Navy, I am honored to thank you for your dedicated service and wish you a long, happy, healthy and prosperous future," Douglas said. "I would like to recognize the spouses and families of our retirees and thank them for their unflinching support. Ship repair is a difficult business that is full of unexpected demands. Today's retirees could not have made it without their family's understanding. Please accept our sincere appreciation."

## SRF - JRMC、日本人退職者の栄光を称賛

文：安達慶一、CFAY広報課

昨年12月21日に、艦船修理廠及び日本地区造修統括本部（SRF-JRMC）に於いて、日本人従業員の定年退職式が行われ、4名の従業員に退職までの勤務の労を労った。

退職を祝うためSRF-JRMC司令官ステファニー・ダグラス大佐、SRF-JRMCの指導者、退職者の監督者とその同僚たちが一同に集まった。

ダグラス大佐は次の様な感謝の念を述べた。「米海軍並びにSRF-JRMCを代表し、長年にわたる勤務を通して、日米の安全保障に大きく貢献された退職者の皆さんに、ここでお礼の言葉を述べる機会を得ましたことを誇りに思います。」

ダグラス大佐は又、世界の平和維持活動に退職者自身で自覚しているよりも遥かに貢献してきたこと。彼らの働きによって米海軍第七艦隊は平和へのあらゆる難関に対し高いレベルで対応する準備を続けていると話した。

「退職される皆さんの勤務総年数は127年にも及び、在職の期間は目まぐるしい変化の時代でした」と話し、こう続けた。「我われの地球上では30年前に



(Right) Another retiree, Mitsugu Matsushashi, is all smiles as he receives joyful words from his co-workers.

Photo by Fumiyo Sato

同じく退職者の松橋貢氏は同僚の言葉に満面の笑みを返す。

写真：佐藤典代



Capt. Stephanie Douglas delivers a warm farewell speech to SRF-JRMC retirees.

Photo by Fumiyo Sato

それぞれの思いを胸にダグラス大佐の心温まるスピーチに聞き入る退職者の皆さん。

写真：佐藤典代

は想像できなかった場所や時間に、世界的規模のテロが起きています。そのテロが何処であろうと、この地域の不安定化を望む者からの脅威を排除し、テロとの戦いを共に打ち負かす為に日米両国は歩んでいます。」

日々、退職者が実現させた「第七艦隊の艦船を常に機能できる状態に保つ」という私達の使命が変わることはない」とダグラス大佐。

退職者の一人一人が、数年にわたって築き上げたSRF-JRMCの素晴らしい成功や名声に対して計り知れない貢献をしてきた。

岸和男氏は1971年11月、品質管理部に技術補佐として入廠。合計で36年1ヶ月勤務した。

小倉明氏は1974年8月、技術部に（電気）技術技師として入廠し、合計で33年4ヶ月勤務した。

石田功氏は1982年4月、造修部に生産管理職として入廠し、合計25年8ヶ月勤務した。

松橋貢氏は1984年4月、サービス工場に通訳・翻訳職として入廠し、23年8ヶ月勤務した。

SRF-JRMCは退職者一人ひとりの永年の誠意ある勤務態度に心から敬意を表し、彼らの退職は後に残された者に

とり、大きな挑戦になるだろう。何故ならば、彼らと同じレベルの技術の熟達度や献身的な態度を持った後継者を見つけることは容易ではないとダグラス大佐。

「退職者の一人一人に対し、アメリカ合衆国海軍を代表して、感謝をするとともに、末永く幸福で健康で実り多き第2の人生を迎えられますことをお祈りしております」とダグラス大佐は話し、こう締めくくった。「退職者のご家族によるたゆまないご支援に対し心よりお礼を申し上げます。艦船修理の業務は、多くの予期せぬ出来事に対し適切な処置を求められる困難を伴う仕事です。退職者の皆さんもご家族のご理解なしには決して十分に業務を遂行できなかったに違いありません。本当に有難うございました。」



(Center) SRF-JRMC Comanding Officer Capt. Stephanie Douglas and Kazuo Kishi and his wife cut the cake during the retirement ceremony.

Photo by Fumiyo Sato

SRF-JRMC司令官ステファニー・ダグラス大佐（中）と岸和男夫妻によるケーキカットが行なわれる。

写真：佐藤典代

## Head's Up Yokosuka! Community Announcements

**Tax Center Volunteers Needed** – The Tax Center is looking for volunteers to help during the upcoming tax season. No prior experience necessary, training will be provided. For more information, contact Lt. Phil Hamon at 243-5141 or e-mail Philip.hamon@fe.navy.mil..

**Youth Indoor Cheerleading Registration** – Registration is from now to Jan. 25 and is open to all youths ages 5 to 15. Practice will start the week of Jan. 28. Cost is \$40 for the first child and \$35 for every additional child. PAYS members receive a \$5 discount per child. Contact Youth Fitness and Special Events at 241-2952 for more information.

**Single Sailor Volunteer Program** – Enhance your military record and be rewarded for your efforts and contributions. Volunteer work includes helping out with various Morale, Welfare and Recreation events and programs. Volunteers must sign a "Volunteer Service Agreement (VSA)" at Spectrum. Sailors volunteering for programs will receive Letters of Appreciation and Liberty will track your hours and award you points for your efforts. Based on points earned, you will have the choice to "redeem" the points for prizes. For details, call 243-7346 and ask to speak to the Liberty staff.

**JN Dispensary** – The Japanese dispensary will be temporarily relocated to a pre-engineered building (PEB) fabricated behind the current dispensary building. Medical service is available at the PEB from Jan. 23 to July 3, while the existing dispensary is renovated.

**AFCEA Tokyo Chapter TechNet 2008 Exposition** – The Armed Forces Communications and Electronics Association (AFCEA) will hold their 2nd Annual Conference and Exposition at the New Sanno hotel Jan. 23 - 25. The AFCEA is one of the world's premier C4I professional societies. With more than 33,000 members on four continents, AFCEA is comprised of political, military and industrial leaders. AFCEA serves as an ethical bridge between government requirements and industry's capabilities, representing the top government, industry and military professionals. Contact Blair Obediah at 225-4641, e-mail obediah.bair@disa.mil or visit their Web site at <http://tokyo.afceachapter.org> For more information or to sign up for this exposition.



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## Bicycle Safety: Basics 101

By Odie Smith, CFAY Safety

A high school student pedaling his bicycle furiously down the sidewalk of a Tokyo neighborhood bowled over a housewife, breaking her femur. The district court, citing the student's "negligence in his obligation to ride safely," ordered him to pay her 1.4 million yen (approximately \$13,000) in damages. This is a true story that happened this past summer. As more cyclists take to the streets (and sidewalks), the number of casualties continues to mount.

Let's start with the basics: all bicycles on the base are required to be registered with base Security. This requires you to bring in an acceptable proof of ownership and an approved bicycle helmet. All riders are required to use standard hand signals when approaching intersections. All bicycles are required to be equipped with an operable front head light and reflectors mounted both front and back. Remember that the sun comes up later and goes down earlier this time of year, so dress appropriately both for visual safety and to avoid hypothermia. In Japan, bicycles are considered as another form of vehicle transportation and bike riders are therefore required to obey all the same traffic laws as motorists.

In accordance with Commander Fleet Activities Instruction (CFAYINST) 5800.2F, bicyclists entering or leaving the base must walk their bikes as well as anytime they use a crosswalk. While on the base, bicyclists ride their bikes on the far left side of the roadway, with the flow of traffic. On King and Howard Streets, bicyclists ride their bikes in the designated bicycle lane. This bike lane goes onto the pedestrian sidewalk going through the two tunnels on Howard Street; bike riding in the automobile traffic lanes through the tunnels is not permitted. When transiting the tunnels, bicyclists may ride either with or against the flow of traffic and must yield the right of way to anyone walking or jogging on the sidewalk.

Everyone knows that wearing an approved bicycle helmet is mandatory. It should be in good condition and not show signs of wear or weakness. The helmet should be properly fitted and be of a type approved by federally recognized safety organizations such as Consumer Product Safety Commission, American Society for Testing and Materials, American National Standards Institute (ANSI), or Snell Memorial Foundation. Workers riding bicycles in areas that require the use of ANSI-approved work helmets (hard hats) for protection from falling and flying objects are permitted to wear those helmets when bicycling between work sites with work helmet chin straps properly fastened under the chin. Approved bicycle helmets must always be worn whenever transiting to and from work. Riders should also be aware of the requirement to wear brightly colored outer garments with reflective materials during hours of darkness or periods of reduced visibility. Base Security officers routinely check to ensure that personnel riding onto the base in the morning adhere to this policy.

Also, both cycling with an open umbrella or while using a cell phone is not permitted. Cyclists are not to carry passengers except small children and only provided they are secured in a properly fitted child carrier seat. The child also must wear an approved helmet. Keep safe, stay alert and enjoy riding bicycles in Yokosuka and the rest of Japan.

## Preserving Japan's history

By Ryoko Araki and Christina Burke, CFAY PWD Environmental Division

Ship Repair Facility-Japan Regional Maintenance Center (SRF-JRMC) and Commander Fleet Activities Yokosuka (CFAY) Public Works Department (PWD) Environmental Division recently teamed up to preserve several tools once used by the Japanese Imperial Navy at the Yokosuka Naval Shipyard and later used by SRF. From 1865 to 1997, the tools were used to operate two steam hammers, which were an integral part of the Yokosuka Arsenal. The steam hammers, weighing one-half tons and three tons respectively, were designed in the Netherlands and purchased with the assistance of the French, who constructed the original arsenal in 1865. The two steam hammers were used at full capacity to provide for ship building and ship repair operations up through the 20th century. They have both since been donated to the City of Yokosuka and are officially registered in Japan as national cultural assets.



(Left) Ryoko Araki, Katsuhiro Kikuchi, Takehiko Ooshiro, Hiroyuki Yasuie, Anri Higa and Hisayuki Suzuki from SRF-JRMC and CFAY PWD Environmental, display the recently preserved historic steam hammer tools prior to donating them to the Yokosuka City Museum for display in a future exhibition.

Photo by Lily Mow

SRF-JRMC recently contacted CFAY PWD Environmental regarding the donation of the steam hammer tools to the City of Yokosuka. Prior to the donation, the CFAY PWD Environmental Natural, Cultural, and Historical Resources Manager surveyed their historical value. The Yokosuka City Museum, with assistance from CFAY PWD Environmental, then transported the tools to the museum's storage. They will be exhibited in a future display and will be made available for viewing at the Verna Commemorative Museum. Without the efforts of SRF-JRMC and CFAY PWD Environmental, the historically significant tools could have either been unrecognized and/or destroyed. Their prompt action and thorough understanding of the need to properly preserve Japanese cultural and historical resources play a significant role in bolstering positive relations between CFAY and the host country of Japan.

# The windows to the heart

By Chaplain Robert E. Bradshaw

As a part of my ministry, I have been doing counseling for more than 14 years. What I have learned through counseling others, experienced myself and even have made assumptions that proved incorrect, is that it is always worth the effort to get to know the people in which we travel life. Whether this is for a season or longer, everyone is valuable and everyone can add flavor to our lives. To truly get the benefit of this journey it is important to look into the windows to the heart, even our own.

It is extremely difficult to know someone's heart – what their motives are, whether they are truthful, and if they have an "agenda". Although it is difficult I say that it is worth the effort. If we fail to take the risk to trust others, to get to know them, or to be vulnerable to take a chance, much of the beauty of life will be missed. Of course there is a chance of pain and frustration but to not try is simply to exist in such a sad way as to never truly live life.

Another sticky and dangerous issue is that the times we have been hurt or betrayed paint our life for the future, if we are not careful. We enter new relationships and friendships with preconceived ideas of who we are dealing with. There are two problems with this. First, we miss out on many wonderful experiences of getting to know people for who they truly are and second, we almost fall into our own preconceived notions, getting what we expect because we created it. I admit that it takes time to really get to know someone. But if we make up our mind when we first meet them, we may never truly know someone. This is prevalent in today's society because we try to label everyone and put them in a box only to miss out on so much.

A personal for instance, although I am sure we have all experienced this in one form or another, I know that when someone fails to truly get to know me and see my heart and then make wrong assumptions on my integrity or my heart, that it is personally painful to work, live, or grow in that situation. But as I think about myself or have a pity party when I am misperceived, I am reminded that God is treated this way all the time by a much larger number of people. He is often blamed for everything that is wrong in our lives and we only want his "interference" when it benefits in the manner that we think is best. He is called the "cosmic-killjoy" who only wants us to be miserable or the "rule-judge" who is only interested in a list of rules. In truth he is love, seeking to reconcile to himself a lost world that he loves. His mercies are new every morning and he longs to bless us. He wants us to experience joy and contentment. He offers us a relationship with him.

My encouragement to all is to truly get to know the people in our lives and to know ourselves well enough to recognize our weaknesses and avoid labeling people and allowing our past experiences to be the first thing we turn to when things get a little tough. Most of all I challenge each of us to apply these steps in investigating the true heart of God. For when we seek him with all of our hearts, he will be found by us.

May each of us extend to others what we seek from them – an honest and pure heart. The windows to the heart are there. We only need to look to find them.

Have a blessed weekend.

## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at [hro.cnfj.navy.mil](mailto:hro.cnfj.navy.mil).

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

### Continuing

**Administrative Support Assistant** – YB-0303-1, CFAY-01-08. Open: 1-04-08, Close: 1-18-08.  
**Education and Training Technician** – YB-1702-1, CFAY-176-07. Open: 12-27-07, Close: 03-28-08. \*Duty location: Negishi.  
**Housing Management Assistant** – YB-1108-1, CFAY-168-07. Open: 12-14-07, Close: 2-14-08 (3<sup>rd</sup> C/O: 1/25/08).  
**Produce Department Manager** – GS-1144-07/08, COM-169-07. Open: 12/21/07, Close: 02-1-08 (2<sup>nd</sup> C/O: 1/18/08).  
**Produce Department Manager** – GS-1144-07/08, COM-169-07. Open: 12/21/07, Close: 01-18-08.  
**Sales Store Checker** – GS-2091-03, COM-171-07. Open: 12/21/07, Close: 01-18-08.  
 \*Part time, 64 hrs./biweekly.  
**Store Worker** – WG-6914-04, COM-170-07. Open: 12-21-07, Close: 01-18-08. \*Rotating shift work 7 a.m.-4 p.m./4 p.m.-1 a.m.

## HRO JN Positions

Vacancy information for Japanese National Employment is available at: <http://hro.cnfj.navy.mil>, Job Hotline 243-9000 or (046) 816-9000, or at HRO Gate Office bulletin board (1<sup>st</sup> floor of Club Alliance building next to ISO). Urgently seeking applicants for part-time jobs (Hourly Pay Employees, HPTs in IHA) for various positions at MWR Clubs, Navy Exchange, and BEQ/BOQ. Office work, professional occupations, craft work, fire fighters, security guards, etc. job opportunities are also available.

Eligibility for Master Labor Contract (MLC) Employment (for appropriate fund activities jobs): Japanese citizens or non-Japanese citizens with permanent resident visa; who are 18 years and older. SOFA members and their dependents are not eligible for MLC employment.

Eligibility for Indirect Hire Agreement (IHA) Employment (for MWR, NEX, BEQ/BOQ jobs): Japanese citizens or non-Japanese citizens with permanent resident, spouse/family member of Japanese citizens or permanent resident, or long term resident visa, or SOFA dependents; who are 18 years and older and not a U.S. citizen.

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

**Food Service Worker** – Food Services. \$7.99/hr.  
**Food Sales Supervisor** – Main Street Food Court. \$24,377-\$30,988/yr.  
**Food Delivery Operator** – Ikego. \$7.99/hr.  
**Sales Clerk (Specialty)** – Main Store. \$7-\$9/hr.  
**Sales Clerk** – Main Store, Fleet Rec, Autoport. \$6.50-\$8/hr.  
**Customer Service Clerk** – Main Store. \$7-\$9/hr.  
**Supervisory Customer Service Clerk** – Main Store. \$8.50-\$11/hr.  
**Store Worker** – Main Store. \$7.99/hr.  
**Hair Stylist** – Beauty Salon (Yokosuka, Negishi). Commission.  
**Personalized Services Clerk** – Personalized Services. \$7.25-\$8/hr.  
**Equipment Rental Clerk** – Equipment Rental. \$7-\$8/hr.  
**Security Guard** – Distribution Center, Main Store. \$8/hr.  
**In/Outbound Verification/Safety Spec.** – Distribution Center. \$8.39-\$11/hr.  
**LP/Safety Investigative Assistant** – Loss Prevention. \$7.50-\$9/hr.  
**Cashier** – Cash Office. \$7.79/hr.  
**Labor (Visual Merchandiser)** – Visual Merchandising. \$7.99/hr.  
**ID Checker** – Loss Prevention. \$6.50/hr.

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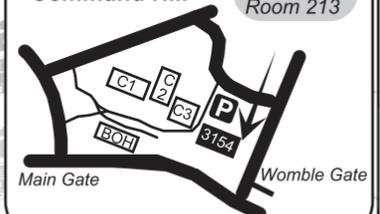
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# Worship Schedule

**YOKOSUKA: Chapel of Hope**  
• 243-6773/ 6774

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

**General Protestant**

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

**Protestant Liturgical**

SUN	Communion Service, Fellowship Hall	1100
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**Contemporary Christian**

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

**Gospel Praise Service**

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

**Filipino Christian**

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

**Church of Christ**

SUN	Worship, Kinnick Little Theatre	0900
MON	Bible Study, Classroom 10	1730
WED	Bible Study, Classroom 1, 2 and 4	1800

**The Church of Jesus Christ of Latter-Day Saints**

SUN	Sacrament	0900
SUN	Sunday School	1020
SUN	Priesthood/Relief Society	1110

**Location:** Across from the City of Yokosuka Post Office (Off base)

**Yokosuka Christian Fellowship**

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

**Jewish Faith Community**

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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**Soka Gakkai International (Buddhist)**  
2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 4 1830

**Specialized Ministries**

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***  
TUE Fellowship Hall/Classrooms 1615

**Yokosuka Student Ministries (Middle School and High School)\***  
WED Middle School - Quest 1600  
High School - One Way 1830

**Protestant Women of the Chapel\***  
TUE Bible Study, Classroom 10 1830  
THU PRECEPTS, Fellowship Hall 0930  
THU Bible Study, Classroom 7 1600

**Japanese Women's Bible Study\***  
TUE Main Chapel/Fellowship Hall, Classrooms 0900

**"Mom's Time"**  
Last WED of the month 0930

**COMPASS Spouse Support Group**  
WED, THU, FRI (Last week of month), Room 1 0900

**Men's Christian Fellowship**  
TUE Study Group (Fleet Rec. Center, 3<sup>rd</sup> Deck) 1130  
3<sup>rd</sup> SAT Breakfast (Location varies)

*\*Runs from September to June*

**NEGISHI: Chapel of the Rising Sun**  
• 242-4183

**Roman Catholic**  
THU CCD, classrooms 0900  
SUN Mass, Main Chapel 0800

**Protestant**  
SUN Worship Service, Main Chapel 1030

**IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)**

**Roman Catholic**  
SAT Vigil Mass 1900

**Pentecostal**  
SUN Worship Service 1000

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***  
WED Ikego Elementary School 1630

**Yokosuka Student Ministries (Middle School and High School)\***  
THU Middle School/High School - Q2 Kyoto Tower Party Room 1830

**Note:** In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

# Fleet and Family Support Center

## Congratulations on the birth of your baby!

William Padilla and Dana Padilla are the proud parents of **KANE DIESEL PADILLA** born Jan. 7, 2008 at 12:44 a.m., weighing 8 lbs 15 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

**Monday, Jan. 21**

Holiday

**Tuesday, Jan. 22**

**Area Orientation Brief and Intercultural Relations Class** 7:45 a.m. (4 days): **Jan. 22-25, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

**Ikego - Kid's Craft Class** 10 a.m. (1 hr.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children, while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

**Ombudsman Basic Training** 8:30 a.m. (3 days): The Fleet and Family Support Center will provide standardized Ombudsman Basic Training (OBT). OBT is required for all Command Ombudsmen. It is open to all Commanding Officers, Executive Officers, Command Master Chiefs, their spouses and any other command authorized attendees. Ombudsman training is thorough and continuous. It begins with orientation to the command's program. It includes basic training about the Navy's Family Ombudsman Program and skills to do the job.

**Wednesday, Jan. 23**

**Ikego Japanese Cooking Class** 10:30 a.m. (4 hrs.)

**Thrifty Savings Plan Overview** 1 p.m. (1.5 hrs.): Is it possible to become a millionaire on a military paycheck? Yes it is. The Thrift Savings Plan can be one of the vehicles to becoming a millionaire. This brief will provide an overview of the Thrift Savings Plan, How to enroll, TSP Investment Options, Contribution Limits, Withdraw Options, Retiring and Separating Options, L- funds and more.

**Thursday, Jan. 24**

**Car Buying Strategies** 12 p.m. (2 hrs.): Check out my ride! Do you know what a holdback is? If not, we'll see you in class. In this class, you'll learn all the ins and outs of buying a car. How to negotiate price, trade-in, financing, etc. We'll teach you lingo that car sales people speak, and the strategies they use. You'll learn about car insurance, premiums, deductibles, gap insurance, and a number of websites that will arm you with the knowledge to get the best deal on wheels.

**Ikego - Play Morning** 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

**Million Dollar Sailor and Spouse Series (Part I)** 6 p.m. (2 hrs.): The spending plan. Just about every millionaire who has ever written about becoming a millionaire talks about the importance of a written spending plan. In this course, you'll learn about money triggers, money gobblers and creative ways to make the most of even the tightest budget. You'll also learn about the importance of financial goal setting.

**Friday, Jan. 25**

**Government Employment Tips** 11 a.m. (1.5 hrs.): Simple step-by-step approach to correctly completing government application forms such as the SF-171, OF-612, OF-510, and the government-style resume. Definition of federal terms and how to address KSA's are some of the items that will be covered.

**Home Buying Basics** 1:30 p.m. (1.5 hrs.): Only the biggest financial decision you'll ever make. In this 2-hour session, you'll learn about the loan process, types of mortgages, how to choose a real estate agent, lending institutions, how to avoid costly mistakes, the VA program, and the correlation between FICO scores and interest rates. We'll talk hot markets, cold markets, prime rates and closing costs. Realtors, lenders and builders all make money off you. Don't let them get more than they should. You'll get 6 weeks of financial information in 2 jam packed hours!

**Stress Management** 5 p.m. (1.5 hrs.): Discuss what stress is and look at some physical, behavioral and psychological responses to stress and what one must do to manage stress.

**Yokosuka - Play Morning** 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

## Upcoming Classes

**Jan. 28** English as a Second Language CONSEP

**Jan. 29** Area Orientation Brief and Intercultural Relations Class Interview Techniques Your Japanese Home

**Jan. 30** No Classes

**Jan. 31** 10 Steps to a Federal Job

**Feb. 1** Yokosuka - Play Morning

**Negishi FFSC**  
242-4125

**Fleet and Family Support Center**  
243-FFSC (3372)

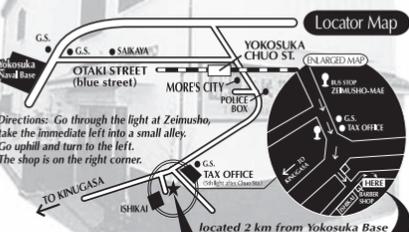
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246-8052

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**Professional Mobile DJ Services.** Want your party to be the best that it can be? With a large variety of Music from the OLD to the NEW and a cool lighting system. Don't delay book DJ Sound City now for your Special Event. Call 090-6011-7546, or e-mail: djsoundcity@gmail.com. URL: http://www.myspace.com/soundcity.  
**PROFESSIONAL TRANSLATION SERVICE.** Translate from Japanese and Chinese to English. Translation of all types of documents, legal, birth and marriage certificates, college transcripts, etc. For prompt service, contact Mrs. Mitchell at 080-5509-8418.  
**Relocating and need a Realtor?** I educate home buyers about the "Home Buying Process" and will refer you to an experienced Realtor specializing in the area where you will be relocating. This service is FREE! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, e-mail: kramossells@kw.com, website: www.2hdb.com/kramossells.

**Positions**

**University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program.** Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

**Wanted**

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available. オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか? 月曜 - 金曜 (Kitty Hawkが入港中) 4 a.m. - 8 a.m. は(2時間でOK) 運転好きな方、チップも入るし結構稼げますよ (普通免許でOK)。243-4511か090-3205-3472まで電話ください。  
**English Teacher for Children.** Part/Full-time positions are available in Yokosuka, Zushi and Yokohama area. Training is provided. For more information, please call (046) 865-8717, Mon.-Fri., 10 a.m.-6 p.m.  
**Looking for English teacher to teach in your Negishi base home.** Prefer who is available after 5 p.m. College degree or teaching experience needed. Have fun with students! Yuka, 090-4006-8414.  
**Looking for part-time English instructors teaching at home.** Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.  
**Wanted part-time help to work for Beer Company.** We need a dependable and diligent person to work in the Yokosuka Mini Mart and Ikego. Call 080-5504-3251 for interview.

**Lost and Found**

**Lost new iPod nano.** Black silicone case. Main NEX or furniture store area. Please return, no questions asked, it belongs to a 7 year old. Lacey, 246-5795.

**Announcements**

**BAYLEAF PRESENT'S ETHNIC INDIAN CUISINE IN YOKOSUKA CITY.** Wednesday is our Lady's day. 10% off all dishes and drinks. 1st and 4th Friday we take Indian cooking class. Reservation needed. Up to two kilometers taxi fare ¥710 we cash back in one taxi of three to four people. Year ending reservation going on. Land Tel: (046) 821-1922. Tel. Mobile: 080-3015-1749.  
**Christian Achievement Academy – where excellence is the standard!** Small classes. CAA is only a 5-minute walk from the Womble Gate. Accepting applicants for Pre-K-8<sup>th</sup> Grade for the 2007-2008 school year. Classes begin 8/27/07; Open positions Monitors needed. Call (046) 825-5521 and/or send resume to: caakingskids@yahoo.com.  
**Do You Teach English in a Japanese School?** You can now reclaim the tax you've paid to the Japanese taxman. It's easy. For further detail, contact: Robert@Japantaxhelp.com.  
**Home for Sale by Owner.** PCS'ing to Norfolk, Va. We have the perfect home for you. An immaculately kept 2 story. 4 bedroom/2.5 bath. Located in the beautiful neighborhood of Burbage Grant in Sunfolk. Formal living room and dining room, with eat in kitchen, large family room, master suite with sitting room, garden tub, dual sink, and large walk-in closet. Two car garage with custom cabinets and work area. 20 minutes from the base, and minutes away from shopping, restaurants and school. Neighborhood includes pool, tennis courts clubhouse and a park. Asking price of 356K, motivated to sale. Contact Perry or Angelia Wilson at (DSN) 241-3228, (vontage) 770-573-9474 or Wenscas 011-81-46816-3228.  
**Junes Modeling Agency in Tokyo is coming to Yokosuka.** Saturday, Jan. 26, Ajisai Tower Multi-purpose Room, 11 a.m.-4:30 p.m. Seeks models of all ages. New and existing clients all welcome. FMI Michele, 246-5610!  
**Room for rent.** Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$250/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.  
**World Friends International Party Yokohama, Jan. 19, Sat., 6:30-9 p.m., Bar Why Not.** The Biggest International Party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free Snacks. ¥3,000. http://www.worldfriends-party.com. Call 080-2001-0512, party@goover.co.jp.  
**YOKOSUKA BAPTIST CHURCH.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.  
**Yokosuka Bible Study Club.** Anyone interested in improving their knowledge of the Bible is welcome. Come and join the J Vernon McGee Bible Study Club. More information, samuraibillheath@yahoo.com, or 090-8347-0969.

**Adoption**

**Adoption home studies and adoption services.** Local licensed social workers can help. Call U.S. 001-888-687-3644. www.adopt-abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

**Asahi Advertising, Inc.**



**Valentine's Dinner Package**  
 Romance Dinner: Six course dinner \$49.95  
 Limited Rooms are Available on Friday and Saturday Nights for guests who have reservation to Wellington's Dinner  
 Special Room Set-up on Valentine's Weekend (15th & 16th February)  
**ADDITIONAL \$25**  
 ♥ A Bottle of Champagne, a Rose and Two "Tuxedo Strawberries" are waiting for you in the room when you check-in.



**Valentine's Escoffier Dinner**  
 An eight course dinner accompanied with a selection of fine premium wines and fabulous live entertainment to enhance the evening  
**Friday 15, February**  
**\$65.00 per person**  
 Seating at 19:00  
 Dinner at 19:30



Athletes from Afloat Training Group, Western Pacific (ATGWP) hoist trophies won during the Morale, Welfare and Recreation (MWR) 2007 Captain's Cup competition. Despite fierce competition from the other, younger, commands in the area, ATGWP won both the Men's and Co-Rec Division Championship trophies, and the Women's Division 2nd place trophy. More than 3,000 Sailors, Marines, soldiers and civilian employees from CFAY participated in the Captains Cup program.  
U.S. Navy photo by Lt. Ray Gonzalez



Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel L. Weed and CFAY Command Chaplain Cmdr. Derek Ross, present American Red Cross representative Alphonsa Oliver with a \$10,000.00 check to support the American Red Cross disaster relief efforts for victims of Cyclone Sidr in Bangladesh. The donation was a contribution from the Chapel of Hope congregation during a designated offering specifically for this relief effort.  
U.S. Navy photo by Tetaun Moffett



(Left) Dr. Arthur Waldron, Lauder Professor of International Relations from the University of Pennsylvania and Commander Fleet Activities Yokosuka (CFAY) Chief Staff Officer Cmdr. Jon Lundquist, look at a historical monument located in front of the Officer's Club. Waldron recently visited CFAY as part of his tour to historically important installations in Japan.  
U.S. Navy photo by Fumiyo Sato



The Arleigh Burke-class guided-missile destroyer *USS Curtis Wilbur* (DDG 54) rests in dry dock at Commander Fleet Activities Yokosuka (CFAY). *Curtis Wilbur*, one of seven ships assigned to Destroyer Squadron (DESRON) 15 and permanently forward deployed to Yokosuka is currently undergoing a regularly scheduled maintenance availability.  
U.S. Navy photo by MC3 Matthew R. White



(Left) U.S. Naval Hospital (USNH) Yokosuka Commanding Officer Capt. Michael J. Krentz, staff and families bid farewell and good luck to individual augmentees (IAs) who deployed Dec. 29 to Expeditionary Medical Facility (EMF) Kuwait. EMF Kuwait provides medical support to combat troops in Iraq.  
U.S. Navy photo by Jill Ward



Scoutmaster Kim McCann, presents a plaque from Yokosuka's Boy Scout Troop 35 to Fleet Reserve Association Branch 103 President Robert Dean, to show appreciation for their continuous help and support.  
Photo courtesy of Fleet Reserve Association branch 103