

## Military Saves Week helps Sailors build wealth, not debt

By Sean Dath, CFAY Public Affairs

Commander Fleet Activities Yokosuka, (CFAY) Capt. Daniel Weed, signed a proclamation Feb. 6 designating the week of Feb. 24 through March 2 as the installation's Military Saves Week.

Military Saves Week is an annual opportunity for the entire Department of Defense (DoD) to focus attention on helping service members and their families establish savings goals and habits that set money aside for the emergencies and future wants and needs. Public relations and marketing efforts by the DoD, the military services, and partner organizations culminate in a force-wide push for individuals and families to set savings and debt reduction goals, and make simple plans to reach those goals. Sailors can set their goals on-line through the Military Saves Web site at [www.militarysaves.org](http://www.militarysaves.org).

According to the Military Saves Web site, Military Saves is a social marketing campaign to persuade, motivate, and encourage military families to save money every month, and to convince leaders and organizations to be aggressive in promoting

automatic savings. The campaign is a growing network of organizations and individuals committed to helping and supporting military members and their loved ones build personal savings arsenals to provide for their immediate and long term financial needs.

Military Saves was developed and tested by its non-profit sponsor, Consumer Federation of America (CFA) and the military services from 2003 to 2006 and launched throughout the DoD on Feb. 25, 2007. It is part of two larger campaigns, the DoD Financial Readiness Campaign, and the national America Saves campaign.

Building wealth starts with a commitment to save and setting reasonable, achievable goals. Whether the participant is saving to buy a home, a new car or get out of debt, they must first have a savings strategy and a game plan on how to achieve their financial goals. Over the coming year, the Military Saves Campaign will provide saving tips, strategies, awareness and initiatives through a variety of mediums that will provide Sailors and their families with savings tools to help them reach their goals.

By registering as a Military Saver on the secure Web site, Sailors and their families can form a partnership by sharing their financial goals, whatever those goals may be. Research has shown that when goals are identified, written down and shared with someone, they are twice as likely to become a reality. In addition to the tools provided by the Military Saves Web site, Sailors will receive e-mail reminders about the goals they have set in order to help achieve them.

For more information on Military Saves Week, the Military Saves Campaign, or to register a savings or debt reduction goal, log onto [www.militarysaves.org](http://www.militarysaves.org).

### Military Saves Week

#### A Proclamation by Commander Fleet Activities Yokosuka

Whereas, personal and household savings is fundamental to America's stability and vitality; and whereas, adequate emergency savings, retirement fund and safe debt-income ratios are critical components of personal financial security; and whereas, personal financial security of service members is a crucial aspect of military readiness; and whereas Military Saves is a national social marketing campaign to persuade, encourage and motivate service members and their families to take financial action in building wealth through saving money and reducing debt; and whereas, Commander Fleet Activities Yokosuka is a partner in the Military Saves campaign and is committed to helping its service members, civilian employees and family members take immediate financial action to build wealth, not debt;

NOW THEREFORE, I, DANIEL L. WEED, Commander Fleet Activities Yokosuka do hereby proclaim February 24, 2008 to March 2, 2008, as Military Saves Week on this installation. I call upon all service members, civilian employees and family members to set a personal savings or debt reduction goal, make a simple savings plan and take action on that plan, or take another positive wealth-building action during Military Saves Week, and pledge to sustain that action during the following year.

IN WITNESS WHEREOF, I have hereunto set my hand his sixth day in February, in the year of our Lord two thousand and eight, and of the Independence of the United States of America, the two hundred and thirty-second.

D. L. WEED



Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed, signs the Military Saves Week proclamation Feb. 6, while Kimberly Thomas of CFAY Public Affairs office and Mike Spiltener of Fleet and Family Support Center, look on.

Photo by Yuhji Kawabe

## COMPASS program helps Yokosuka spouses adapt to military life

Story and photo by MC2 Derek J. Hurder, Fleet Public Affairs Det. Japan

Husbands and wives of Sailors stationed at Fleet Activities Yokosuka learned about Navy life in Japan, by completing the Compass program course Jan. 30 through Feb. 1.

The three-day, 12-hour course is a peer-to-peer mentorship program designed to help Navy spouses adapt to military life.

COMPASS includes lectures and discussions dealing with travel benefits, personal property management, learning to read a leave and earnings statement, improving family relationships through better communications and preparing for a deployment.

"We mainly focus toward new spouses coming into the Navy," said Andrea Harris, COMPASS mentor manager. "We teach them about their benefits and all the different things that go along with being a Navy spouse."

Harris said the class mentors are quite familiar with Navy life. "Each of them has over three years' experience with being a Navy spouse. They're given a two-day course in

learning how to do the mentoring training."

The mentors' range of experience as Navy spouses varies, Harris added. "We have some with over 20 years' experience and some of them with just three years."

Harris said the course strives to use that experience-

base to help Navy spouses adapt to their new lifestyles.

"A lot of the new spouses get into this community and they're so lost and they just want to have somebody to be able to go to who's been there and survived it," she said.

According to Harris, the stress associated with a new marriage can be compounded by the added burden of adapting to military life.

"It's definitely an adjustment," Harris said. "Our goal is to provide that adjustment and to let them know what services they have. It's really beneficial for that transition so you have the keys and you have the tools to help your life in the Navy be a little easier."

Although the program is aimed at newly married spouses, Compass can help veteran spouses regain the bearings as well. "Every single time I go through a session, I still come out learning something new," Harris said. "Somebody else has done something different to make their life in the Navy a little bit easier, or has gone through a trial and has overcome that trial. They share that, and I think that helps out."



Andrea Harris, a mentor for the COMPASS program, shows off one of many goodies given to Navy spouses who attend the COMPASS course.

See COMPASS, pg. 8



Capt. Daniel L. Weed,  
USN, Commander,  
Fleet Activities  
Yokosuka

COMDCM Wayne E.  
Smith,  
Command Master  
Chief

## 司令官の相談室

NMCRS at 243-7905/4450 to make an appointment.

**YOSC Scholarship Opportunity** – The Yokosuka Officer's Spouse Club (YOSC) is offering scholarship opportunities to Kinnick High School seniors. Applications will be available at the Guidance Counselor's office starting March 28. Contact your guidance counselor for more information.

**JN Dispensary** – The Japanese dispensary will be temporarily relocated to a pre-engineered building fabricated behind the current dispensary building. Medical service is available at the PEB from Jan. 23 to July 3, while the existing dispensary is renovated.

日本人従業員診療所の改装工事が1月23日に始まる予定です。それとともない、診療所を仮設プレハブに移動して診療を続けることになっています。仮設プレハブは診療所の奥の空き地に設置し、1月23日～7月3日までの間プレハブでの診療を予定しています。

**BZ:** I would like to compliment the manager and staff of Club Alliance for putting on a fabulous Valentine's Dinner Feb. 14. They provided a wonderfully romantic dining experience with an excellent menu at an affordable price. The dining hall was beautifully decorated and the service was 4-stars. Great Job!

**Q:** I am aware that students are supposed to board the Home-to-Work bus at the last stop at the Naval Hospital on a space available basis. Can students accompanied by a parent get on the same bus at the same stop with the accompanying parent?

**A:** The purpose of the Home-to-Work (HTW) bus service is to help alleviate the traffic and parking congestion at Fleet Activities Yokosuka. Students have both regular school buses and after-school activity school buses available for them to ride. Students are allowed to ride on a space available basis and only to board the bus at the last stop to avoid being asked to leave the bus to provide a seat to an adult rider. Parents are more than welcome to board with your student child at the last stop if they so desire.

**Q:** I am concerned with the many new drivers here in Yokosuka, especially the young drivers. I recently observed a very young driver with a young passenger

driving recklessly between Ikego and Yokosuka. She was passing on the left and in tunnels with solid yellow lines and improperly using turn signals. Could you please remind everyone that driving here is a lot different than in the states so we can avoid some accidents that are just waiting to happen?

**A:** Thanks for giving me this opportunity to emphasize to our community yet again just how important it is that you drive safely here in Japan. I see the reports on every traffic accident, and the vast majority could be avoided with greater attention to detail. Most accidents occur due to simply not leaving enough stopping distance between vehicles, inattention at pedestrian crosswalks and failure to pay close attention to motorcycles and moped riders. Passing the driving test and getting the license is only the first step. Drivers should routinely refresh their knowledge on signs and road markings, and pay careful attention to speed limits. Always wear a seat belt, have toddlers placed in approved car seats and avoid distractions (cell phones, pagers, etc). Never consume alcohol and drive. Plan ahead. Parents should also reinforce with younger drivers the importance of driving safely and defensively. If you see a "Y" plate driving erratically please get their license number and report it to Security at 243-5000 so we can contact their parent command to remind them to drive safely.

**Q:** I am completely in support of the dress code standards. My question is who enforces it? I still see a great deal of people in "questionable" compliance with these standards. Who stops them? Who should we contact to report these violations?

**A:** In short it's everyone's responsibility as naval leaders or as responsible members of our community to enforce the CNFJ dress code. You can also report violations that you observe to Security at 243-5000.

**Q:** While I was stateside, I paid \$95 a month for high speed internet access and 90 channels of television with a digital recording box to record my favorite shows if I was to miss them. Now I know that we cannot get that kind of service here, but the service we have makes me crazy at times. Tonight I am watching my cable

and there are a least 4 channels (English) that have programs that are skipping or stopped. Is there something that can be done to improve the quality of our cable service? Can they please record these DVD's at a higher quality so we can enjoy the whole program without interruption?

**A:** Americable is aware of the problem and has ordered a new batch of blank DVD's for recording purposes. Additionally, they have proposed an upgrade of their system to live streaming thereby eliminating the DVD playback system. Their proposal is currently being reviewed.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are greatly appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to yo-cocorner@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for March 6. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: yo-cocorner@fe.navy.mil.

**Oriental Bazaar** – Yokosuka Middle School Advancement Via Individual Determination (AVID) is sponsoring an Oriental Bazaar from 9 a.m. to 4 p.m., in the school's multi-purpose room March 1 and 2. Some of the items available are oriental furniture and rugs, pottery, Koeshi dolls and Vietnamese art. Contact Ed Fielder at 243-3926 or e-mail to edwin.fielder@pac.dodea.edu for more information.

**DD-214's now available online** – The National Personnel Records Center has provided a Web site for veterans to gain access to their DD-214's and other documents from their military files. Go to <http://vetrecs.archives.gov> to access the new Web site. E-mail Kenneth.yakle@navy.mil for more information.

**Kannonzaki beach Clean-up** – Fureai Volunteer group will conduct a beach clean-up community relations event at Kannonzaki Beach from 9:30 a.m. to noon March 9. Red flags will mark the area of clean-up. Parking is very limited, please arrive by train or carpool. Call 046-821-1709 for more information.

**USPS offers mailing discount** – The U.S. Postal Service (USPS) recently approved a \$2 discount while using the new Priority Mail Large Flat-Rate Box if shipped to an Army Post Office or Fleet Post Office (APO/FPO) address. The new box is 50 percent larger than the current flat-rate box and will be available in post offices beginning March 3. Go to [www.usps.com](http://www.usps.com) for more information.

**NMCRS Spouse Tuition Aid Program** – The Navy-Marine Corps Relief Society's Spouse Tuition Aid Program (STAP) Term IV will be accepting appointments Jan. 28 to March 14. Qualified candidates could receive up to \$350 for undergraduate studies and up to \$400 for graduate studies, for each term. Contact

### Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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## Survey says...

The Yokosuka City and Chamber of Commerce is looking for ways to better serve the Yokosuka Base community by asking for your response to the following survey questions:

- What is your favorite restaurant in Japan and why?

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- What is your favorite store in Japan and why?

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Submit your response by e-mail to [Seahawk-Umitaka@fe.navy.mil](mailto:Seahawk-Umitaka@fe.navy.mil) or in person to Commander Fleet Activities Yokosuka Public Affairs office, building 3154, room 213, by **March 7**.

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# USS George Washington conducts multiple live-fire exercises

By MC3 Najah M. Stanford, *USS George Washington Public Affairs*

**U**SS *George Washington* (CVN 73) (GW) completed several live-fire exercises Feb. 7-9 using the North Atlantic Treaty Organization Sea Sparrow, Rolling Airframe Missile (RAM) and the Phalanx Close-in Weapons System (CIWS) in preparation of its scheduled transition to serve as the Navy's only permanently forward-deployed aircraft carrier.

GW Commanding Officer, Capt. Dave Dykhoff, hailed the exercises as a success, while noting how important these tests were for ensuring future readiness.

"Exercising these systems and knocking down several targets gives us great confidence in our ability to defend ourselves against airborne threats," he said. "It's an important step in ensuring we're fully ready to replace *USS Kitty Hawk* (CV 63) this summer as the forward-deployed carrier."

One of GW's Tactical Action Officers, Lt. Michael Greentree, lauded the teamwork involved and acknowledged his Sailors' achievement.

"An event like this has many moving parts, but everyone worked extremely well together to ensure we had several safe and successful exercises," said Greentree. "The effectiveness of these systems is matched in every way by the men and women who maintain and operate this great equipment."

The Sea Sparrow is an all-weather, all-altitude capable missile that can attack high-performance aircraft, missiles and surface combatants. RAM is an all-weather, high-firepower, low-cost, self-defense system against anti-ship cruise missiles and other airborne threats. The CIWS is a 20-millimeter Gatling gun with search and tracking radar to provide surface ships with terminal defense against anti-ship missiles.

Testing the ship's self defense system by conducting live-fire exercises develops crew proficiency and confidence. Both traits are essential aspects of readiness for maritime security operations that will be a large part of GW's tasking as the forward-deployed aircraft carrier.

"We do these exercises because we have to ensure all the weapons used for the ship's defense work properly," said Combat Systems department Fire Controlman 2nd Class Sam Fikes.

Another important aspect of these exercises was to test the upgrades installed during GW's recent Planned Incremental Availability plus Docking at Norfolk Naval Shipyard.

"This was GW's first live-fire missile exercise since we left the shipyard in August,



**USS George Washington (CVN 73) fires a ship launched, intercept aerial guided missile (RIM-7) from the NATO Sea Sparrow launcher in order to check the ships radars, missile launcher and telemetry of the missile. GW is currently undergoing carrier qualifications and flight deck certification in preparation for its assignment to Yokosuka, Japan.**

US Navy photo by MC2(AW) Clifford L. H. Davis

and the outstanding success of our engagements really validated the quality of the new systems and all the hard work that got us here," said Combat Systems Officer, Cmdr. Mark Loose.

For some Sailors the greatest reward comes from just being involved in something most civilians never get to see. "I would say the best part of my job would have to be seeing these machines in action," said Combat Systems department Fire Controlman 2nd Class Colleen Nollet. "Who doesn't want to see things blow up?"

# USS Blue Ridge earns food service excellence 2007 NEY Award

By MC2(SW) Peter D. Lawlor, *USS Blue Ridge Public Affairs*

The food services division aboard *USS Blue Ridge* (LCC 19) received a message Feb. 6 from the Secretary of the Navy announcing their galley earned the 2007 Capt. Edward F. Ney Award for large afloat ships in the Pacific Fleet.

*Blue Ridge* Commanding Officer, Capt. David A. Lausman proudly announced the accomplishment to the crew via the IMC (general announcing system) Wednesday morning and expressed his gratitude for their commitment to excellence. "Our CS's [culinary specialist] have been rated number one among an entire fleet of non-aircraft carrier large platform ships. That in itself is impressive, but we also managed to do this during one of the most intrusive maintenance avails. I appreciate your dedication and I know the crew appreciates your efforts as well - job well done," exclaimed Lausman to the crew.

"The award is only the second awarded to the 37 year old flagship," said Senior Chief Culinary Specialist (SW/AW) Paul Marshall who after 20 years of serving in the Navy as a mess

specialist and culinary specialist can lay claim to his first NEY. "Some ships can go an entire lifetime without ever winning a single NEY Award. That's why it is an honor and a privilege to win this award and represent

*Blue Ridge* and 7th Fleet, but more importantly it's for my troops because they are the ones who truly put in the hard work to get this award."

Marshall added winning the NEY required other divisions working behind the scenes to help dazzle the NEY inspectors on inspection day such as mass communication specialists in the print shop who designed and created decorations and deck department for their consistent upkeep and beautification of the ship.

Culinary Specialist Seaman Matthew Miller has been aboard *Blue Ridge* for less than a year and admitted he has not been in the Navy long enough to appreciate the significance of winning the NEY Award, but is still honored. "I'm sure years from now I'll look back and be very proud of what we've accomplished. I know Senior Chief Marshall is proud of us for what we did and that's good enough for me."

As a reward for winning the NEY, Marshall said the ship will receive funding from Naval Supply Headquarters to send about ten culinary specialists to a fine culinary arts training school in St. Augustine, Fla., to improve their skills and allow them to continue to lay claim to the ship's "5-Star" service motto.



**(Left) CS1(SW/AW) Enrico A. Matias receives assistance from CSC Joeslyn A. Sabas as he prepares shrimp fried rice for the evening meal. USS Blue Ridge (LCC 19) was awarded the 2007 Capt. Edward F. Ney Award for food service excellence Feb. 6.**

U.S. Navy file photo by MC3 Charles T. Green

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**www.ybcjapan.org**  
 Map showing location near Yokosuka Baptist Church, Mikasa Ship, Shopper's Plaza, Womble Gate, Main Gate, Saikaya, City Hall, Seiyou, Blue Road.

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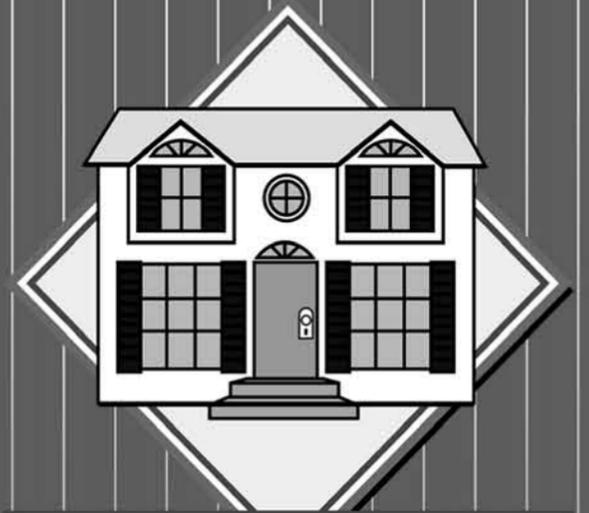


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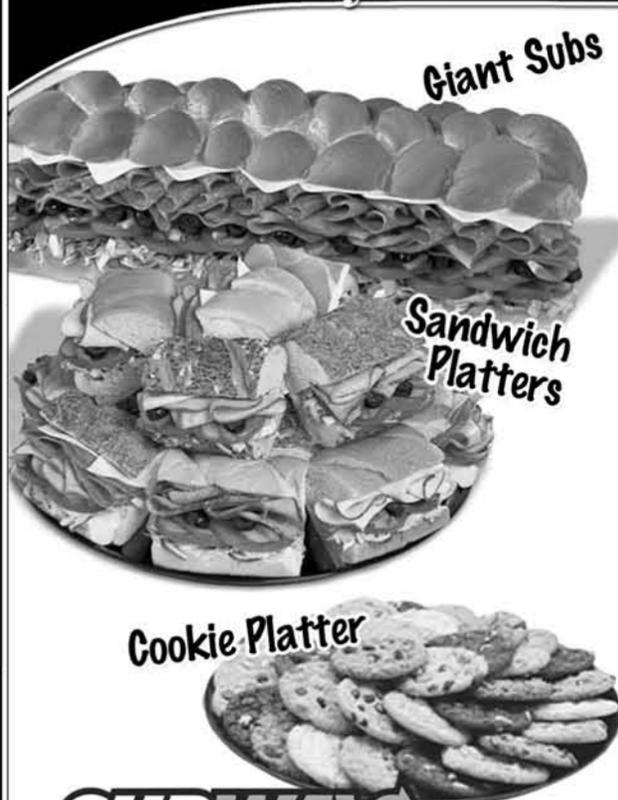
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# CFAY CMC challenges Sailors on naval history knowledge

Story and photo by MCSN Kari R. Bergman, Fleet Public Affairs Det. Japan

Commander Fleet Activities Yokosuka's (CFAY) Command Master Chief, CMDCM (SW) Wayne Smith spent the afternoon of Feb. 5, interviewing E-5 and below Sailors for his "Questions and Answers with the CMC" segment featured on CFAY's Channel 12.

According to Smith, the "Question and Answers with the CMC" segment challenges Sailors on their knowledge of naval history.

"This show is targeted to E-5 and below Sailors to keep them thinking about other portions of the advancement exams that some people tend not to study as much," said Smith.

"I think that it is a good thing seeing the CMC out talking to the junior Sailors asking them questions about things that are important to help them advance in their Navy careers," said Information Systems Technician 2nd Class Jonathan Donate, a participant in the segment.

Smith said talking with the Sailors lets them know there is other information out there that they need to study along with material for their rate.

"Hopefully by going around the base and talking to Sailors and asking them questions about our history, they can take that back to their command, so the 1st classes and chiefs can include Navy heritage into the training in the work centers," said Smith.

Smith said his man-on-the-street approach to improving knowledge in naval history and heritage is a relatively new concept on base; he plans to continue to hit the deckplates and talk with junior Sailors.

"I have been doing this for about two weeks and hope to continue to do it every other week for as long as I am here in Yokosuka," he said.



CFAY Command Master Chief, CMDCM (SW) Wayne Smith asks CTM2 Erin Anderson a few naval history questions during a "Questions and Answers with the CMC" segment on CFAY's Channel 12, the base television channel. The segment is targeted at Sailors E-5 and below to keep them thinking about Navy heritage sections of their advancement exams.

# ATGWP chief gunner's mate commissioned to chief warrant officer

By MC3 Bryan Reckard, Fleet Public Affairs Det. Japan

Chief Warrant Officer (CW02) Albert Rubio of Afloat Training Group (ATG) Western Pacific was formally commissioned at a ceremony held at the Club Alliance ballroom onboard Commander Fleet Activities Yokosuka Feb. 1.



Newly commissioned CW02 Albert Rubio receives the officer's cover from his wife Kelly. Rubio, a former chief gunner's mate was commissioned as a chief warrant officer during a ceremony held at the Club Alliance ballroom Feb. 1.

U.S. Navy photo by Lt. Raymundo Gonzalez

Rubio, a former chief gunner's mate, submitted his package for chief warrant officer (CWO) in 2006 and was selected for commissioning in February of 2007.

"It was probably about a year-and-a-half ago that I put the package in," Rubio said. "I put a package in for both security and ordnance to give myself the best opportunity to make warrant, and they picked me up for the ordnance portion of it."

For Rubio, who has been in the Navy for 18 years and a chief petty officer (CPO) for five; becoming a chief warrant officer was a great option to extend his career in the Navy.

"I wanted to give myself the best opportunity to go 30 years," said Rubio. "This was one of the avenues that I

could take."

Rubio says he is looking forward to the challenges and opportunities of his new position in the Navy, as he brings his CPO mess experience to the wardroom.

"I think the biggest change now, is going to be the opportunity to be even more widespread in my leadership abilities - to be able to touch the Chief's Mess, and touch the blue shirts, as well as the wardroom," said Rubio.

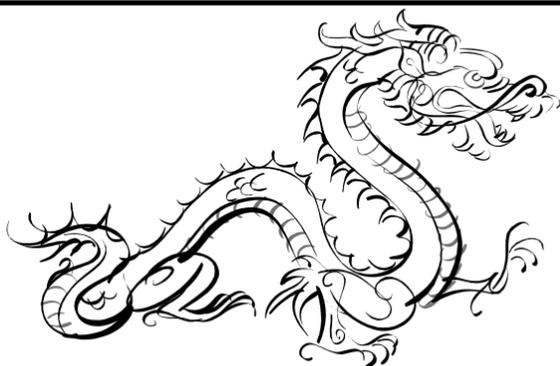
Rubio says CWO's have to be technically qualified for the job and a specialist in technical operations.

"You're the go-to guy; if there's something wrong you're going to be the guy they come to," said Rubio. "You're going to be the guy that has the answers for the commanding officer, and that's what he's going to expect from you."

## Fitzgerald celebrates Black History Month

USS Fitzgerald (DDG 62) Commanding Officer Cmdr. Daniel Dusek, prepares to cut the cake during a celebration of Black History Month while underway in the Western Pacific. The celebration included biographical readings from influential African-Americans, a trivia game and movie night for the crew. The official celebration of black history was established by American historian Carter G. Woodson. The first celebration occurred Feb. 12, 1926 and for many years, the second week of February was set aside for this celebration. In 1976, as part of the nation's bicentennial, the week was expanded into Black History Month.

U.S. Navy photo by MC3 Gabriel S. Weber



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# 名所物見の旅 - 其の参拾貳 七面山幻想紀行

文・写真：河辺雄二、CFAY広報課

「見たか！」  
友人が耳元で囁く。「あれは狐憑きだ、な」  
私は息を凝らして無言で頷いた。  
見てはならないものを見たような、なにやらとんでもなく恐ろしい未知の世界。言うなれば霊界のようなところに足を踏み入れてしまったかの恐怖心で、私たちは青ざめていた。

時は昭和四十年代後半、場所は山梨県の霊山“七面山”。

七面山は身延山を開山した日蓮上人の弟子の日朗上人が、その意志を継いで鎌倉時代末期の永仁五年(1292)に労苦の末開山したと伝わる。

信仰とは何の縁もない十六歳の少年二人は、頂上からの富士山の展望と、お坊に泊まるという好奇心から七面山登山を決定したのであった。しかし実際に来てみると、霊験あらたかな山の雰囲気の中、老若男女皆信仰のために登山する姿を見て、なんとなく我々は場違いな人間のような気がしてきた。健脚者でさえ三時間以上かかる急な登山道を、お年寄りが黙々と登る姿は、深く根ざした信仰心をしみじみと感じさせるものであった。

霊山が醸し出す独特の空気に気圧されていた我々は、昼なお暗い森の中の茶店で出会った狐顔の女性を、失礼にもすっかり狐憑きなるものと思ひ込み、勝手に勘違いしたのが事の顛末であろう。今どき狐憑きなんてものを持ち出せば、時代遅れも甚だしい迷信だと非難されるだろうし、この三十数年前の出来事は今考えれば笑い話であるが、とにかく当時の少年たちを震え上がらせるに十分な雰囲気と御面相を持った不思議な女性と出会ったのであった。

体力だけは有り余っていた私たちは、気を取り直して信仰登山の人たちをどんと追い抜いて尾根に出た。急登は終わり、道はなだらかになって展望が開け、つい鼻歌も出る。しばらく行くと境界が張られ、ここからはお坊のテリトリーとなり、魚肉類などの生臭物や精力の付くラッキョウ、ニンニク類は持ち込み禁止となっている。お坊には一切その手の食べ物は持ち込めないで、境界の外に置いていかなければならないという。我々は登山中の食料として持ってきた缶詰類やスルメなどを近くの木の根元に置いて、翌日の下山の際に食べるつもりで隠した。ほどなく予定時間を40分近くも短縮するハイペースで、今夜の宿である敬慎院に到着した。

敬慎院はかなり大きな宿坊で、毎年たくさんの信者が参詣に訪れて泊まるという。この宿坊は信者でなくとも誰でも泊まれるが、朝夕の勤行に出なければならぬ。宿泊代は当時二千元ぐらいであったと思う。宿坊から七面山頂上へはナナイタガレと呼ばれる危険な大崩壊のガレ場の縁沿いに登り、約50分で草原の広がる頂上へ出る。また頂上まで登らなくても、敬慎院のすぐ近くから真正面に富士を眺めることができるので、大半の人はここで富士山を拝んで下山の途に着く。

敬慎院に泊まったこの時のことは見るものすべてが珍しく、それらは三十年以上たった今でも強く印象に残り、楽しい思い出となっている。



七面山から望む弘暁の富士。敬慎院の宿泊客はご来光を拝んだ後、講堂での朝の勤行に出るのが慣わしとなっている。

到着後さっそく入った宿坊の風呂は、山の上という悪条件のため十分に湯を使うことができなかった。夕食は夕方五時半とかなり早く、宿泊者全員で食べる大広間での夕食のメニューは、ご飯、味噌汁、野菜の煮物、ひじきの煮付け、漬物といったシンプルなもので、動物性たんぱく質の品は一切なかった。その代わり膳には“般若湯”と称して燗酒が一本付き、飲兵衛らしき客の一人のおじさんが、酒を飲まない女性客たちの“般若湯”を意地汚くかき集めてまわっていた。どういう手違いか我々の膳にも“般若湯”が付いていて、未成年にもかかわらず晩酌は欠かせないというツワモノであったわが友人は、あっという間に私の分まで飲んでしまった。

夜七時に始まった勤行は、私たちには初めての体験でもあり、入門したての小僧のような気分させてくれたが、読経と仏像御開帳の約一時間は足が痺れてたいへんな思いだった。

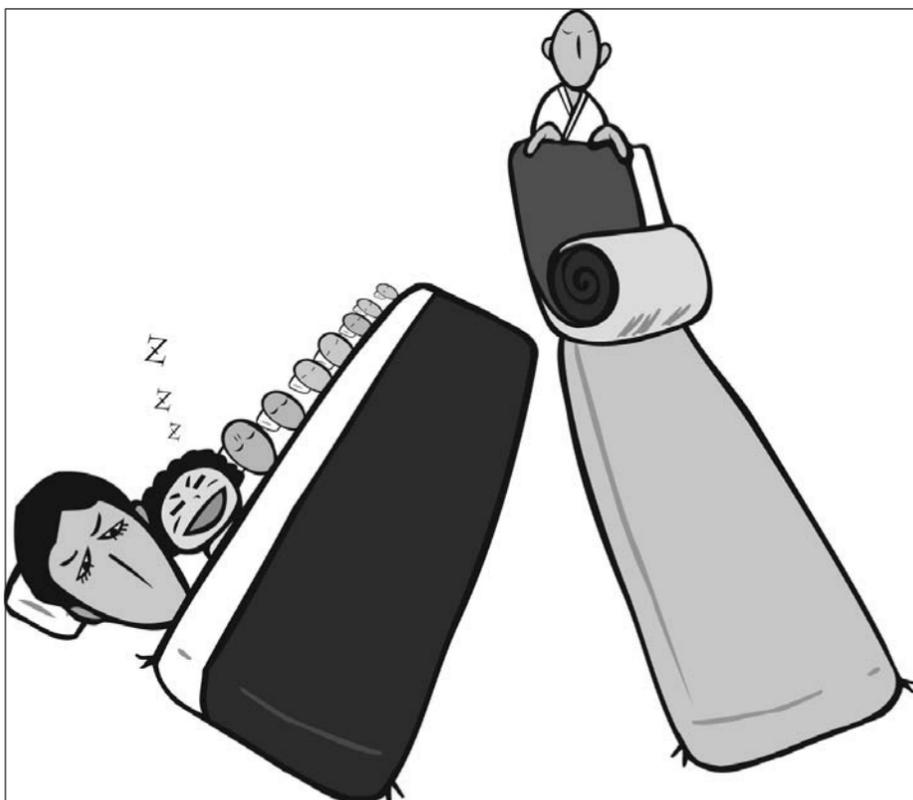
傑作だったのは夜具で、ロール状に巻かれた巨大な敷き布団を転がして大広間いっぱい広げて敷きつめ、掛け布団もこれまた巨大な一枚の長い布団に行列数十人がもぐり込むような格好になる。枕の間隔がやたらと近く、隣に野のうるさいおじさんやおばさんがくると悲劇である。私たちの周りはおばさんばかりだったので、我々を孫のように思ったのか、いろいろ親切に世話を焼いてくれた。

翌朝は暗い内に起き、眠い目をこすりながら外に出ると、キーンと張り詰めた

冷気に眠気は一気に吹っ飛んだ。富士山と真正面に対峙できる御来光場に三脚を立てる。いよいよ日の出の時間である。皆外に出てきて、富士山に向かって手を合わせている。七面山からの富士は、富士山の撮影で第一人者であった岡田紅陽の数々の傑作で知られていて、私たちも岡田氏にあやかるうとカメラを構えて日の出を待ったのであるが、そう簡単に傑作が撮れるわけはなかった。

七面山は富士山の真西に位置しているのだから、彼岸の中日の春分、秋分の日には、富士山の頂上から太陽が昇るところを眺めることができる。この神秘的な光景を目にすれば、信者たちの信仰心もいっそう高まるのであろう。日朗上人が七面山を開山した理由も、ここにあったのではないかと考えられる。私は写真的にはこういったものにあまり興味がないので、この時期に来ようと思ったことはないが、当日の朝この一帯は信者やカメラマンで大変な混雑だという。“ダイヤモンド富士”と呼ばれるこの現象が起きる時は、色彩的に一番美しい日の出直後の太陽は富士山の後ろに隠れていて、だいぶ時間がたってから富士山頂に太陽が現れるわけで、珍しくはあるが荘厳で色彩豊かな美しい富士山の写真とはならない。

昔の七面山参詣を思い出しているうちに、不摂生な生活を送る最近の私には、また久しぶりに七面山に登って敬慎院に泊まり、日頃の垢をきれいさっぱり落とす必要があるような気がしてきた。そこで子供に面白いから登ろうと誘ってみたのだが、即座に「絶対行かない！」と言われてしまった。



敬慎院では大広間いっぱい敷かれた巨大な一枚の布団に皆と一緒に就寝する。(イラスト：平野智美)

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# Exchange New Car Sales takes fear out of buying a car

Story and photo by Tetaun Moffett, CFAY Public Affairs

**B**uying a new car is often difficult. Many people purchase vehicles for various reasons but, in the end, everybody wants their car to be as perfect and dependable as can be and nobody wants to pay too much money.

The Yokosuka Exchange New Car Sales (ENCS) program offers service members an advantage to buying a car here rather than waiting and buying one when they return to the U.S. by making the process easier and more affordable.

Since 1964, the ENCS program has provided services throughout Far East Japan and Korea to meet the needs of military families and single Sailors looking for new cars.

When military members purchase a car with ENCS they are provided with quality manufacturers who are contracted directly from Daimler Chrysler and Ford and motorcycle manufacturers Harley-Davidson or Buell. ENCS delivers an estimated 2,500 vehicles a year and portions of their profit are donated to Navy Exchange and Morale Welfare and Recreation.

"Unlike stateside dealers where their job is to sell a car for as much money as they can, we aim to save buyers money," said Jeff Bailey ENCS Manager Japan.

"One of the biggest ways we help protect the military is that we are not salesmen that have the ability to negotiate. Many of the vehicles have exclusive rebates, guaranteed low prices and 100 percent price protection."

Purchasing a car through ENCS offers advantages that are not found at a local dealership. A buyer can conveniently order the kind of car they desire (color, style and etc.); pay a price lower than the manufacturer's price and ENCS will ensure the vehicle is delivered to the military member, whether stateside or stationed in Japan.

Aviation Boatswain's Mate airman Josh Hardell from USS Kitty Hawk recently purchased a 2008 Ford Ranger after receiving Individual Augmentee (IA) orders to Iraq. According to Hardell buying a vehicle through ENCS has been one of the best decisions he has made to date.

"You can't beat the prices, the rebates and the customer service is outstanding," said

Hardell. "This was a grade 'A' deal, the price were affordable and I got exactly what I came for in five days. Once I leave IA duty I can enjoy my new Ford Ranger at my next duty station."

With various options to choose from and so many questions, the process of buying a car can feel intimidating. ENCS provides potential buyers with a myriad of information and resources that can guarantee total satisfaction. Like most

## Top 10 reasons to buy from Exchange New Car Sales

- 1. Lowest Price Guarantee** - We'll pay you the difference if you get a bona fide offer with a lower price from a franchised dealer in the Continental U.S. or Puerto Rico for the same vehicle, delivery date and location. We'll give you up to 14 days after delivery to submit your claim.
- 2. Money Back Guarantee** - Your vehicle will be delivered exactly as specified on your order acceptance, or we'll give you a full refund.
- 3. Guaranteed Delivery Date** - We guarantee that your vehicle will be delivered at the exact location and time promised on your Order Acceptance.
- 4. Exclusive Military Rebates** - We offer exclusive rebates, discounts, and benefits not available anywhere else.
- 5. One Pre-Negotiated Low Price** - Prices on every car are pre-negotiated between AAFES and the manufacturers, so that you will never have to haggle.
- 6. Special Orders Available** - You can custom order a vehicle exactly the way you want it, direct from the factory, and have it delivered to your next duty station - overseas or in the U.S.
- 7. Worldwide Delivery** - Take delivery almost anywhere in the U.S.A. or at most overseas duty stations.
- 8. 100 Percent Price Protection** - You're not subject to manufacturer price increases, or reductions in the rebate amount, before you take delivery. The price you agreed to pay on your Order Acceptance is the price you will pay - no surprises.
- 9. Cancellation without Penalty** - Military members know that travel plans sometimes change unexpectedly. If a change in your PCS or TDY orders affects the delivery of your new car, you have the right to cancel your order and receive a full refund.
- 10. Choice of Financing Sources** - Your sales representative will advise you on a wide range of financing sources including the Factory-Direct Financing Plans of Chrysler Services NA, Ford Motor Credit and Harley-Davidson Credit. If for any reason you do not secure financing within 10 days of your order we will refund your deposit.

For more information, contact ENCS in the Fleet Recreation Center at 243-4998, or Navy Exchange Courtyard at 241-4762; ask for the Car Guy!



Exchange New Car Sales representative Gabe Webb gives Tom Kiper a potential customer, an inside look at the 2008 Jeep Wrangler. Eligible customers must be a member of the U.S. Military on active duty and assigned overseas for 30 days or more; or civilian Department of Defense government employee or contractor.

buyers, the total cost is likely a major factor to consider when choosing which new car to buy.

"Once a customer has made their selection we can assist them with applying [for a loan] to the auto manufacturer's finance division or they can apply with Navy Federal Credit Union," said ENCS Independent Factory representative Kelly Nathaniel. "We are here to provide a service and to help the customer get into the best deal possible without any strings attached."

## 2008 Road Tax information

Vehicle road tax is paid every spring. Payments, which must be made in yen, can be made at the Kanagawa tax office for regular sized cars and trucks. Payments for motorcycles and mini-cars can be made at the local City Hall or Ward Office, starting April 1. In accordance with U.S. Forces Japan Policy Letter, vehicles are to be registered at the closest military installation of which vehicle owners are assigned.

Road Tax will be collected at the Fleet Theater, March 21, 24 - 25 from 9 a.m. to noon and 1 - 2:30 p.m. and April 3 - 4 from 9 a.m. to noon and 1 - 2:30 p.m. This service is also intended for Ikego residents. Road tax collection for those vehicles registered in Negishi will be at the MWR classroom, building 19045, in Negishi, April 10 - 11 from 9 - 11:30 a.m. and 12:30 - 2:30 p.m.

The amount of road tax to be paid depends on the type of vehicle, which can be determined by the number shown on the top of the license plate. The respective tax amount is as follows:

- 44Y, 400Y, and 56Y, 57Y, 58Y, 500Y, 529Y plates - 7,500 yen
- 33Y, 300Y, 329Y plates 4.5L and below - 19,000 yen and 22,000 yen for 4.6L and above.
- 11Y, 100Y plates - 32,000 yen

Affix base decals at the top center of the front windshield, next to the Japanese inspection sticker. The current Japanese inspection sticker, base decal, installation sticker and rank decals (if applicable) should be the only decals affixed to the windshield. Contact the Vehicle Registration office at 243-5011/5896 for more information.

COMPASS, cont'd from pg. 1

While Compass is a Navy-wide program, the Yokosuka team tailored its program to match life in the local community.

"We are very unique to the Compass program," Harris said. "We've taken the entire course manual and translated it to the Japanese language." The Yokosuka mentors also employ translators to make local spouses more comfortable with the course.

Harris said the program also helps spouses new to the base interact with their peers.

"Friendships do develop through this," she said. "Life-long friendships develop. My best friend, I met through Compass. We're still best friends to this day."

Harris said she hopes course participants take away a better understanding and knowledge of what Navy life offers.

"It's a wonderful service to be a part of, and a very rewarding service when you have the tools," she said. "We really hope that people can come out of here with a positive attitude."

Compass was developed by the Naval Services Family Line and is modeled after the Marine Corps spouse program L.I.N.K.S. (Lifestyle, Insights, Networking, Knowledge and Skills).

Compass will be conducting their next session of night classes March 25, 26 and 27 from 5:30 to 9:30 p.m., in the Fleet and Family Support Annex.

For more information or to make a reservation, go to [www.lifelines2000.org/familyline/compass/compass.asp](http://www.lifelines2000.org/familyline/compass/compass.asp) or contact Shelle Napier at 241-3282.

## ITT helps Sailors, families see Japan

By MC3 Bryan Reckard, Fleet Public Affairs Det. Japan

The Information, Tours and Ticketing (ITT) office at Commander Fleet Activities Yokosuka (CFAY) provides an extensive view of Japan for Sailors and their families stationed here.

According to Gaku Yamada, a recreational specialist, ITT provides a variety of tours around the Kanto Plain region of Japan, giving Sailors a chance to see things they might not have the opportunity to see.

"We have sightseeing tours of the more popular areas along the Kanto region," said Yamada. "The drive normally takes about three or four hours from Yokosuka."

Yamada says the tour buses ITT uses can accommodate up to 36 people, and with enough interest in tours, additional buses can be chartered for a trip.

While the ITT office has dozens of tours for Yokosuka area residents every month, they also have discount tickets for selected events throughout the year and provide travel information for those choosing to see the sights on their own.

According to Yamada, to make sure that everyone who participates in tours are fully satisfied, they include guides who can provide helpful information and background information on the areas ITT tours visit.

For individuals looking for an even broader view of Japan, ITT is located in the same office as the Universal Touring Corporation (UTC) which offers tours and flights for those wishing to travel outside the local area.

ITT also provides single Sailors in Yokosuka discounted tour prices. "For single Sailors we have a 10 percent discount on our tours," Yamada said. "To get the discount they only have to have a Single Sailor card that they can pick up at the Spectrum Center on base."

The ITT office is located across from the Navy Exchange. A list of upcoming tours and events can be found on CFAY's Morale, Welfare and Recreation Web page at <http://www.cfay.navy.mil/mwr/itt.html>

# MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • February 22, 2008

## The Backwoods Olympics

Saturday, February 23 from 1000 to 1300  
at Ikego West Valley Campgrounds



This event is open to all ID Cardholders and their sponsored guests. For more information, call or visit Ikego MWR Community Activities at 246-8071 or 046-806-8071 or e-mail at [ronald.ketron@fe.navy.mil](mailto:ronald.ketron@fe.navy.mil).

Negishi Teen Center

## Barbecue Late Night Closing

Saturday, February 23 from 1500 to 2400  
Stay up until midnight playing games, watching movies, listening to music and hanging out! Must be 13 years old or older. For more info call 242-4121.



Captain's Cup



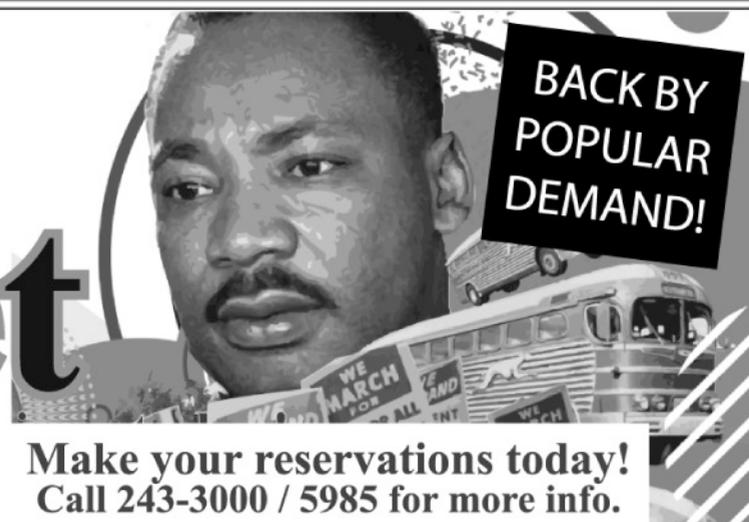
## MARDI GRAS 5K RUN

This will be the first Captain's Cup run of the 2008 series. Compete for age group awards while earning points for your command's bid for the overall championship. A special prize will be awarded to the **Best Mardis Gras Costume!** T-shirts will be given away on a first come, first served basis, so come early. Strollers welcome. For details call 241-4486.

**Friday, February 29 Run starts at 1130  
in front of Thew Gym**

# Southern Comfort Buffet

Friday, February 29 from 1700 to 2100  
at Italian Gardens in Club Alliance



Make your reservations today!  
Call 243-3000 / 5985 for more info.

## MWR is Closed (or almost!) Monday, March 3

Most MWR facilities will close at 1800 on Monday, March 3 in support of an MWR employee recognition function.

The following facilities **WILL** remain open: **Fleet Theater • Fleet Gym • Single Sailor Liberty Center.**

We sincerely regret any inconvenience and appreciate the understanding and support of our loyal customers!

For additional info please call 243-1215.



# Outside the Gate

## ITT Tickets

### Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

### Discount Hakkeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until March 31, 2008. \*All rides in the park will be closed from January 15 - 25 for general maintenance.

### Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets\* to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! \*Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

### Wiener Sangerknaben

Don't miss the Wiener Sangerknaben Boy's Choir of Vienna, Austria performing live at the Yokosuka Art Theater on April 27. ITT is now selling tickets for ¥5,200 (reserved seats). Children 6 years of age and younger cannot attend this concert.

### Sumo Yokosuka Basho

Japan's national sport is coming to our own backyard for a one day tournament at Yokosuka Sogo Taikukaikan on April 6 and MWR can get you there! ITT will begin selling tickets on February 23 for ¥10,000 ( S seats), ¥7,000 (A seats) and ¥3,500 (B seats). Gift sets can be purchased for an additional ¥3,500.

*For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.*

## Outdoor Recreation

### Beginner Rock Climbing at Yugawara Makuiwa, Kanagawa Prefecture

Join Outdoor Recreation on March 9 as we travel to Yugawara Makuiwa on the northern part of Izu Peninsula, a relatively mild place even in winter. The plum trees are expected to blossom during this period. The rocks provide a variety of routes; most are short and beginner friendly. The cost is \$50 per person.

### Beginner Day Hike at Miura Fuji & Takeyama, Yokosuka, Kanagawa Prefecture

This hike on March 9 will go from Tsukui to Miura Fuji and traverse the ridge to Takeyama. After lunch, hike down the trail to Hodaiyama. Before returning to Miura Fuji, take the opportunity to view several of the mounts used to support the large guns that protected Tokyo during WWII. Upon returning to Miura Fuji, continue the trek to Nagasawa. The cost is \$15 per person.

### Overnight Snow Hike and Ice Climbing at Yatsugatake, Nagano Prefecture

Hike through the snow to the west side of Yatasugake, surrounded by alpine scenery and a breathtaking view on March 16 & 17. Experience ice-climbing at the man made 40ft ice-pillar. The trip includes transportation and lodging in a mountain hut with 2 light meals (call for pricing). Participants must attend the briefing at 1700 on March 13.

### 3-Day Ski Trip to Gassan, Yamagata Prefecture

Due to the abundance of snow, Gassan ski resort doesn't open until April, so join Outdoor Recreation from April 11 thru 13 and enjoy world-class skiing while most resorts are closing for the season! The resort is located on a national park that has a huge backcountry terrain. Gassan is a completely different experience with a mountaineering skiing/snowboarding feel. This resort also offers areas for children to go sledding or to build snowmen. A pre-trip briefing is required before registering. The cost is \$220 per adult (12 years and older) and \$200 per child (up to 11 years old). Trip includes transportation, two dinners, two breakfast and lodging (from 2 - 5 people per Japanese or western-style room without bathroom).

### Ski/Snowboard Service

Do your skis or snowboard need a tune-up or waxing? We offer repair and tune up services for your convenience:

**Hot Wax only: \$10**

**Full Tune-up: \$20**

P-Text Repair is also available - charges vary depending on the amount of repair needed. Free estimates.

# The Many Faces of Tokyo

Story and Photo courtesy of JESSICA WILSON-MCFARLANE



*Asakusa Kannon Temple is the oldest temple in Tokyo and is considered a must-see for anyone visiting Tokyo.*

Looking for a little adventure? Try the Tokyo Sightseeing Trip offered by the MWR Information, Tours, and Ticketing, (ITT) program. Now, I've been to Tokyo before--guidebook in one hand, English-to-Japanese dictionary in the other, with a train schedule clenched between my teeth. Recalling the hours I spent wandering from one tourist spot to another, I decided to let ITT do the hard work so I could knock out a few Tokyo hot spots in one day.

Our informative guide immediately began chatting about Japanese culture, the upcoming sights and about Japan in general while the tour bus zipped down the toll road on our way to our first sight, the Meiji Shrine. We were there in no time!

Dedicated to the Emperor and Empress of the same name, the Meiji Shrine is tucked in a forested park that itself is buried in the concrete jungle of Harajuku. One of the most impressive sights on this first leg of the tour is the short stroll to the temple itself. Monstrous Torii gates constructed from 1,500 year-old Japanese Cypress trees guard the entrances and looking upward while walking through them is truly humbling. There are many additional sights including an Iris Garden, (only a few hundred yen,) Treasure Museum, and serene footpaths leading away from the temple.

Our next leg of the tour took us to an architectural icon of Japan's capital--Tokyo Tower. This giant antennae, built in 1958 to broadcast network television, enjoys the architecture of Paris's Eiffel Tower and the entertainment complex of Seattle's Space Needle, all in a thick coat of Safety Orange-colored paint! A visit to the observation tower is included in the ITT trip, but for a few yen more, visitors can go straight to the top. There are also plenty of restaurants, souvenir shops, an aquarium, a wax museum and a "trick art gallery." We had several hours to explore the many sights within the tower.

The highlight of the tour--and perhaps of Tokyo--is the city's oldest temple, Asakusa Kannon Temple, also known as Sensoji. There's much to see, touch, smell, and taste in this busy area that surrounds the temple dedicated to the Buddhist goddess of mercy. A popular ritual is for a visitor to cleanse his or her spirit in the clouds of incense smoke from the giant urn directly in front of the Kannon Temple. Nearby is a Buddha sculpture that is said to improve a person's physical ailment if he or she rubs the ailing body part on the Buddha, and then rubs him or herself.

Artisans and merchants line the people-packed walking street, Nakamise Dori, which leads to the temple. Traditional businesses cling to old-school style as they prepare food like osembe, or rice crackers, in the same shop front from which they sell it. I suggest keeping your appetite in check until you arrive in Asakusa. It's fun to nibble on everything that is being cooked along the way, from sweet bean cakes, or youkan, to grilled, pounded rice, or mochi.

The final leg of the Tokyo tour is a short stroll from Asakusa. A riverboat winds its way through the Sumida River, and tourists can now enjoy a contrasting view of Tokyo's more modern architecture. The boat tour is included in the price of the ITT tour and the tour bus is at the port waiting to take the group back to Yokosuka.

Whether you're a travel procrastinator or are brand new to Yokosuka, do yourself a favor and see the capital city of Tokyo. If you want to save cash and sweat--yes, sweat!--try ITT's Tokyo Sightseeing Tour. Rather than making the trek by foot, train and subway, the MWR tour bus equipped with bathroom will zip you from site to site. The tour is jam packed with sites and can also help a newcomer get his or her bearings in the giant, Japanese metropolis.

The next Tokyo Sightseeing trip is Sunday, March 2. For more details, visit the ITT office or call 243-5613/7257. Happy Trails!

# MWR Positions

## Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations

- Lead Cook:** NL-08, \$13.56/hr. CPO Club (1 RFT).
- Food Service Supervisor:** NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).
- Night Operations Manager:** NF-03, \$10.54/hr. Club Alliance (1 RFT).
- Cook:** NA-05, \$10.35/hr. Club Alliance (1 Flex), Food Court (1 RFT), Club Takemiya (2 RFT).
- Food Service Worker:** NA-03, \$8.96/hr. Food Court (5 RFT), Club Alliance (1 Flex), O' Club (2 RFT).
- Waiter/Waitress:** NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), CPO Club (1 RFT), Club Takemiya (1 RFT/2 Flex), Club Alliance (1 Flex), Negishi (1 Flex).
- Cashier:** NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (1 RFT), O' Club (1 Flex).
- Club Operations Assistant:** NF-02, \$8.39/hr. CPO Club (1 RFT), Club Alliance (1 Flex), Club Takemiya (1 Flex).
- ID Checker/Security:** NF-01, \$6.70/hr. Club Alliance (1 RPT/7 Flex).

### Support Activities

- Air Conditioning Equipment Mechanic:** NA-08, \$12.32/hr. Maintenance (1 RFT).
- Electrician:** NA-08, \$12.32/hr. Maintenance (1 RFT).
- Facilities Maintenance Worker:** NA-05, \$10.35/hr. Maintenance (1 RFT).
- Accounting Technician:** NF-02, \$8.39/hr. Finance (1 RFT).

### Child Development Programs

- Program Assistant:** GSE-02, \$9.50/hr. Ikego (6 Flex), Hourly (2 Flex), Main (1 Flex), Negishi (2 Flex).

### Community Activities

- Recreation Assistant:** NF-02, \$9.50/hr. Youth Center – Yokosuka (3 Flex).
- Recreation Assistant:** NF-02, \$8.39/hr. Wood Hobby Shop (1 RFT/1 Flex), Youth Sports (1 Flex).
- Recreation Assistant:** NF-02, \$8.39/hr. Youth Sports (1 RFT). Open to current CFAY MWR employees only
- Recreation Aide:** NF-01, \$7.25/hr. Bowling Center (4 Flex).
- Cashier:** NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

### Recreation

- Recreation Assistant:** NF-02, \$8.39/hr. Rentals – Customer Service (1 RFT/2 Flex), Special Events (1 RFT/1 Flex).
- Duty Manager:** NF-02, \$8.39/hr. Theater (1 Flex).
- Paintball Attendant:** NF-01, \$7.00/hr. Ikego Campground (1 Flex).
- Recreation Aide:** NF-01, \$7.00/hr. Single Sailor (1 RFT).

### Athletics

- Field Maintenance Worker:** NA-05, \$10.35/hr. Athletics – Yokosuka (4 RFT).
- Admin Assistant:** NF-02, \$8.39 - \$9.00/hr (DOE). Fitness/Wellness Center (1 RFT).
- Duty Manager:** NF-02, \$8.39/hr. Athletics (1 Flex).
- Clerk Typist:** NF-01, \$7.30/hr. Athletics (1 RFT/1 Flex).
- Recreation Assistant:** NF-02, \$8.39/hr. Adult Sports (2 Flex).
- Gear Issue Attendant:** NF-01, \$6.50/hr. Athletics (2 RFT/2 Flex).
- Swim Instructor:** NF-02, \$10.00/hr. Aquatics (10 Flex).
- Head Lifeguard:** NF-02, \$9.50/hr. Aquatics (1 RFT/1 Flex).
- Swim Instructor/Lead Lifeguard:** NF-02, \$8.39/hr. Aquatics (1 RFT).
- Lifeguard:** NF-01, \$6.65/hr. Aquatics (8 Flex).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## Benny Decker Theater

### Friday, February 22

1730 The Spiderwick Chronicles PG  
2030 The Spiderwick Chronicles PG

### Saturday, February 23

1300 The Spiderwick Chronicles PG  
1730 The Spiderwick Chronicles PG  
2030 P.S. I Love You PG13

### Sunday, February 24

1300 The Spiderwick Chronicles PG  
1730 P.S. I Love You PG13  
2030 The Kite Runner PG13

### Monday, February 25

1730 The Water Horse: Legend of the Deep PG  
2030 Jumper PG13

### Tuesday, February 26 \$1 Movie Night

1730 The Water Horse: Legend of the Deep PG  
2030 The Kite Runner PG13

### Wednesday, February 27

1730 The Spiderwick Chronicles PG  
2030 P.S. I Love You PG13

### Thursday, February 28

1730 The Kite Runner PG  
2030 Jumper PG13

### Friday, February 29

1730 The Water Horse: Legend of the Deep PG  
2030 Juno PG13

## Fleet Theater

### Friday, February 22

1800 Alien vs. Predator: Requiem R  
2100 Walk Hard: The Dewey Cox Story R  
2400 Alien vs. Predator: Requiem R

### Saturday, February 23

1800 One Missed Call PG13  
2100 Alien vs. Predator: Requiem R  
2400 Walk Hard: The Dewey Cox Story R

### Sunday, February 24

1800 Walk Hard: The Dewey Cox Story R  
2100 One Missed Call PG13

### Monday, February 25

1800 Jumper PG13  
2100 Alien vs. Predator: Requiem R

### Tuesday, February 26 \$1 Movie Night

1800 P.S. I Love You PG13  
2100 Walk Hard: The Dewey Cox Story R

### Wednesday, February 27

1800 One Missed Call PG13  
2100 Jumper PG13

### Thursday, February 28

1800 Alien vs. Predator: Requiem R  
2100 One Missed Call PG13

### Friday, February 29

1800 Sweeney Todd R  
2100 Jumper PG13  
2400 Sweeney Todd R

## Negishi Theater

### Friday, February 22

1900 Jumper PG13

### Saturday, February 23

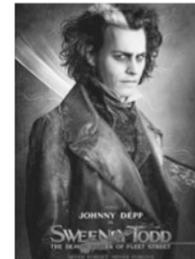
1300 Jumper PG13  
1900 The Water Horse: Legend of the Deep PG

### Sunday, February 24

1300 The Water Horse: Legend of the Deep PG



**Sweeney Todd:**  
**The Demon Barber of Fleet Street**  
**Cast:** Johnny Depp, Helena Bonham Carter, Sacha Baron Cohen  
**Synopsis:** Unjustly imprisoned by a lecherous judge, Benjamin Barker returns as Sweeney Todd and exacts revenge.



**Juno**  
**Cast:** Ellen Page, Michael Cera, Jennifer Garner, Justin Bateman  
**Synopsis:** Juno is a whip-smart teen confronting an unplanned pregnancy by her classmate Bleeker. With the help of her best friend Leah, Juno finds her unborn child a "perfect" set of parents: an affluent suburban couple, Mark and Vanessa, longing to adopt. Luckily, Juno has the total support of her parents as she faces some tough decisions, flirts with adulthood and ultimately figures out where she belongs.



**Alien vs. Predator: Requiem**  
**Cast:** Reiko Aylesworth, Steven Pasquale, Gina Holden, David Hornsby  
**Synopsis:** Warring alien and predator races descend on a small town, where unsuspecting residents must band together for any chance of survival.



**The Spiderwick Chronicles**  
**Cast:** Michael Khan, Freddie Highmore, Sarah Bolger, David Strathairn  
**Synopsis:** Upon moving into the run-down Spiderwick Estate with their mother, twin brothers Jared and Simon Grace, along with their sister Mallory, find themselves pulled into an alternate world full of faeries and other creatures.



**Jumper**  
**Cast:** Hayden Christiansen, Samuel L. Jackson, Jamie Bell, Diane Lane  
**Synopsis:** A genetic anomaly allows a young man to teleport himself anywhere. He discovers this gift has existed for centuries and finds himself in a war that has been raging for thousands of years between "Jumpers" and those who have sworn to kill them.



**The Water Horse: Legend of the Deep**  
**Cast:** Emily Watson, Ben Chaplin, Alex Etel, David Morrissey, Geraldine Brophy  
**Synopsis:** Angus, a young Scottish boy, finds an enchanted egg. Taking it home, he soon finds himself face-to-face with an amazing creature: the mythical "water horse" of Scottish lore. Angus begins a journey of discovery, facing his greatest fears and risking his life to protect a secret that would give birth to a legend.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

NEGISHI CLUB WILL BE

**CLOSED**

EVERY MONDAY  
STARTING MARCH 3, 2008

*We apologize for the inconvenience - Negishi Club*

Captain's Cup Co-Rec

# Dodgeball Tournament

Saturday, March 8 at 0900 at Fleet Gym Court A

Teams must register by 1700 on Wednesday, March 5 at the Adult Sports Office. Coaches/Captain's meeting at 1100 or 1700 on Thursday, March 6 at the Adult Sports Office on the third floor of the Fleet Recreation Center. Tournament will run one day. For more info call 241-2955.



MWR Fitness is committed to enhancing the quality of life for all families in Yokosuka by offering fitness programming for all ages and keeping families fit, healthy and happy.



## Fit Family Class Schedule – All Families Welcome

### Movin' Mommas Stroller Class

Monday, Wednesday, Friday and Saturday from 0900 to 1000 in front of Purdy Fitness Center  
"Strollers available for checkout"

### Mom and Baby Yoga

Tuesday and Thursday from 0900 to 1000 in Purdy Fitness Center

### Mom and Toddler Yoga

Tuesday from 1000 to 1100 in Purdy Fitness Center

### Prenatal Yoga

Thursday from 1000 to 1100 in Purdy Fitness Center

### P.T. Tots (walking to 24 months)

Tuesday and Thursday from 0945 to 1030 in Thew Gym Martial Arts Room

### P.T. Tots (2 - 3 years old)

Tuesday and Thursday from 1030 to 1115 in Thew Gym Martial Arts Room

Special rates and discounts for all new moms. Contact MWR Fitness at 241-4486 for more details.



# SUPER

Sunday, March 9  
Thew Gym, Yokosuka

Doors open at 1000.  
Early Bird Special from 1200 to 1245.  
\$5 to play and worth \$3,000 in prizes.



# BINGO

# \$60,000

In 56 numbers or less.

# \$40,000

guaranteed consolation prize.



Tickets are \$90 in advance (good for one bingo package) and \$120 at the door. Additional packages are \$55. Participants must purchase one package for entry. Advanced tickets available at Yokosuka clubs, Ikego Club Takemiya, Negishi All Hands' Club, Camp Zama Community Club, Atsugi Club Trilogy, and Yokosuka ITT office. Advance tickets are for paper bingo packages and can not be exchanged for electronic handsets. Tickets on sale until close of business on Saturday, March 8. SOFA-sponsored personnel and their guests may play; however, only SOFA-sponsored personnel may sign for prizes. Children, non-players and immediate family members of the staff are prohibited. Outside food and beverages prohibited. Food and beverages available for sale at 1000. For more information call 243-3000.

# Handwriting: basic ingredient to classroom success

By Lt. j.g. Davia Christiansen, USNH Yokosuka

Whenever you make bread, whether from a package or scratch, a few main ingredients are required: flour, sugar, salt, oil, water, yeast and eggs are all essential for any bread recipe. However, if you take away the one main ingredient, flour, you no longer have bread. In a classroom setting, the basic ingredient is handwriting. By being equipped with this particular skill, an individual has the tool to succeed.

Handwriting is a fundamental part of language and communication. Writing begins with basic hand strengthening and handwriting skills such as drawing simple lines. These processes help an individual develop letter recognition, word awareness, and sentence completion.

Children need to learn handwriting through consistent and correct instruction. Writing each letter becomes more effortless with practice. Consistent handwriting allows the child to concentrate more on the content of what the child is writing.

It is interesting to note that handwriting is the number one referral for pediatric occupational therapists in many school districts.

Children who struggle with their classroom writing assignments may have lower grades because of the legibility of their written assignments or tests. Occupational therapists can educate parents and teachers on different ways to assist in the child's education, and when needed give direct support to students.

There are many activities you can do to prepare your child to have a successful experience with handwriting.

Prepare for handwriting exercises by strengthening the shoulder, trunk and arms by

performing wheelbarrow walks or other weight-bearing activities. The hand is only one anatomical component in the handwriting process. The wrist, elbow, shoulder and trunk all play a vital role to support the functional hand.

Place a flat piece of clay in a tray and write letters or play tic-tac-toe using the child's index finger or a pencil. Resistance items such as clay build the inner strength of the hand muscles.

Use various writing tools to promote correct grasp pattern such as markers, gel pens, crayons and small pieces of chalk. Have the pad of the thumb, pointer and middle finger holding the pencil while the ring finger and little finger rest on the paper.

Draw letters in shaving cream or in a bin of rice, beans, salt or sand. These items give a different type of tactile, or touch, feedback to the brain which promotes an alternate way of learning shapes and letters for any type of learner.

Cut letters out of sheets of sandpaper and have your child trace each shape before writing it on paper. Again, this is similar to the example given above in terms of another hands-on learning approach.

Form letters out of Play-Doh or clay, giving assistance as needed. Have the child trace each letter several times with his/her



Educational and Developmental Intervention Services occupational therapist Lt. j.g. Davia Christensen works on handwriting and hand strengthening skills with Andrew Enoch of Sullivans School.

Photo by Jill Ward

dominant hand.

The most important factor is consistency. Always start letter formation from the top. Research has shown that this decreases issues in size, spacing, and letter reversals. And, most of all, have fun and make it an enjoyable time – this is the start of your child's love for learning, and as parents, you are the most influential educator in your child's life.

For more fun activities to do with kids, please see the following Web sites: [www.abcteach.com](http://www.abcteach.com), [www.learningpage.com](http://www.learningpage.com) and [www.kidsrcrafty.com/dot-to-dot.htm](http://www.kidsrcrafty.com/dot-to-dot.htm).

## Japan's allergy season has arrived

By Fumiyo Sato,  
CFAY Public Affairs

When the weather begins getting milder at the end of winter, many people in Japan start suffering from itchy eyes and runny noses. It is Kafun-sho (hay fever), a seasonal allergy symptom influenced by cedar pollen. The allergy season usually starts from the middle of February and ends in April. In December 2007, the Ministry of Environment announced the amount of cedar pollen in 2008 will be up to three times more than the past year.

The symptoms of hay fever seem similar to that of the common cold. When you have hay fever, you have itchy eyes and a runny nose for a long period of time. If the symptoms do not go away after two weeks, it is likely to be hay fever. When it gets worse, some people get digestive problems, itchy skin and migraine headaches.

Although Kafun-sho is also caused by other plants including Japanese cypress, Artemisia and ragweed, Japanese people suffer more from cedar pollen. Cedar trees occupy about 12 percent of the land in Japan today due in part to the Japanese government's afforestation program. According to

the Ministry of Health, Labor and Welfare's official Web site, more than 16 percent of the Japanese population suffers from the allergy. Most hay fever sufferers live on the mainland of Japan, and the number is increasing every year.

In addition to the numbers of cedar trees, Japan's modern industrialization is also a cause of the suffering. The auto emission and air pollution weakens the lining of the nose.

The cedar pollen circulates in the air under specific conditions such as windy and dry air. Due to the recent cold weather and snow, the cedar pollen does not circulate much now. However, when the highest temperature of the day gets over 15 C (59 F) and the humidity is under 60 percent, the pollen circulates more in the air.

The best way to combat hay fever is to avoid cedar pollen as much as you can. People who are new to Japan might get surprised to see Japanese citizens wearing a pollen mask during this period of the season. The mask prevents the inhalation of the cedar pollen. Experts also suggest wearing a jacket made of nylon because it's harder for the pollen to stick. Gargling and washing your hands after being outside is essential.

## Clear Vision: think outside the bottle

Commander Fleet Activities Yokosuka (CFAY) kicked off Clear Vision, an alcohol awareness campaign Jan. 16, that will run through mid-April. The following is a brief overview of the campaign:

### Goals:

- CFAY's goal for 2008 is to reach all naval personnel, civilians and their families in order to eliminate the number of alcohol related incidents through education and intrusive leadership.

### Statistics:

- 78 Alcohol related incidents (ARI's) in 2007.
- 60 percent were E-5 military members, and civilians or military dependents.

- In the last two year's ARI's have not changed significantly.

### Personal responsibility:

- All hands must recognize the effects of alcohol abuse on themselves, on others (including family members) and on their careers.

- Understand they are responsible and accountable for their actions.

- Promote positive attitudes and behaviors about avoiding alcohol abuse.

### The "Don'ts" of alcohol consumption:

- Don't drink and drive!
- Don't drink to the extent that it impairs judgment!
- Don't over-indulge in alcohol or exhibit public drunkenness!

### Shipmate responsibility:

- Shipmates take care of shipmates – 24 hours a day. All hands must know alcohol warning signs and take positive steps to ensure shipmates stay on the right course.

- Intervene before excessive drinking occurs.

- Stop a shipmate from driving while under the influence of alcohol.

- Challenge inappropriate behavior resulting from alcohol use on and off duty.

### Leadership responsibility:

- All hands in positions of authority must set a strong personal example of responsible behavior by demonstrating responsible conduct on and off duty.

- Foster a climate that motivates subordinates to conduct themselves at all times as professional Navy members.

- All hands are Navy ambassadors and must live up to this image.

## Hearing loss and Levitra

By Lt. Cmdr. Gloria Garner, USNH Yokosuka

If your significant other doesn't seem to listen to you after he takes that miracle pill, Levitra, there may be a reason.

There have been reports of sudden hearing loss in men after taking this medication. Twenty-nine post-marketing reports of sudden hearing loss, both with and without accompanying ringing in the ears, vertigo or dizziness were discovered.

In most cases the hearing loss involved only one ear. The hearing loss was either partial or complete loss of usual hearing.

In approximately one-third of cases the hearing loss was temporary. This strong relationship between the use of this drug and sudden hearing loss resulted in a product labeling change for all drugs in this class such as Viagra and Cialis.

Levitra and certain other medications can negatively interact with each other. If you experience sudden changes such as hearing loss, consult your provider about any and all medications you're taking, prescription and non-prescription medicines to include vitamins and herbal supplements.

Should side effects occur, please contact your provider immediately. More information can be found by visiting this Web site, [www.fda.gov/cder/drug/DrugSafety/DrugIndex.htm](http://www.fda.gov/cder/drug/DrugSafety/DrugIndex.htm).

# FISC Sailor wins NAVSUP Bluejacket of the Year

Story and photo by Tim Shannon,  
CFAY Public Affairs

For the second year in a row, U.S. Fleet and Industrial Supply Center (FISC) Yokosuka's postal division has represented Naval Supply Systems Command (NAVSUP) as one of their Sailor's of the year.

Last year, Postal Clerk 1st Class (SW) Tim Lyon was the NAVSUP Senior Sailor of the Year and this year, Postal Clerk Seaman Erinn Hayes represents FISC as the NAVSUP Bluejacket of the year.

Hayes' supervisor, Chief Postal Clerk (SW/AW) Veronica Sellers was extremely proud of Hayes' selection, but not overly surprised.

"I am ecstatic [over her selection] because she has worked hard to achieve her goals in life and this recognition illustrates to other Sailors, what can be attained, if they are determined to excel in their career," said Sellers. "Seaman Hayes established career and personal goals upon reporting to the command and she communicated her desires when I conducted her check-in career development board (CDB). She is a dedicated and motivated Sailor, who works hard to accomplish her goals."

"She acquired rating knowledge to perform her duties that were above and beyond her peers. She volunteered within the command and community and she furthered her education by taking college courses in pursuit of a degree. She represents the model Sailor for her peers to emulate and she is driven to succeed in today's Navy," said Sellers.

Master Chief Postal Clerk

(SW) Otilio Santos agrees with Sellers that Hayes is a truly outstanding Sailor, but added that the competition for Bluejacket of the Year, was stiff.

"We had quite a few hard chargers to pick from, but that's a problem that you want to have," quipped Santos. "The thing is, all of our Sailors, whether they are postal clerks (PCs), storekeepers (SKs) or ship's servicemen (SHs) who work at the various post offices and at Fleet Mail Center (FMC) Yokohama have pride in the fact that they have to work hard on a daily basis to provide our community outstanding customer service and this translates into them being very competitive for awards."

Hayes' selection as NAVSUP Bluejacket of the Year

is a source of great personal pride, even though she admits that it did come as a surprise.

"In all honesty I was completely shocked," she said. "I never expected to win at the NAVSUP level, but then again, I hadn't expected to win for FISC either. After the shock began to wane, I was just extremely excited. The first thing I did after I found out was to call home and tell my mother."

Hayes is also quick to point out that although she received the recognition, it was a team effort. She received a great deal of guidance and mentoring from her peers and her chain of command.

"I have an extremely supportive and encouraging chain of command," she said. "I've always received good advice and many opportunities to better my naval career from them. Aside from my chain of command, I also have a few seasoned Sailors both here and back home who make sure that I walk a straight line."

Another factor that worked strongly in Hayes' favor is that she truly enjoys her job and the opportunities that have been afforded her by joining the Navy and coming to Japan.

"Being here is definitely a learning experience," said Hayes. "I see it like this. I'm 21, living in Japan, meeting a ton of new people and having many experiences that my peers back home may never enjoy."

Hayes has no intentions of resting on her laurels either. She is currently working on her package for the Seaman to Admiral (STA) - 21 program. If selected, she will embark on the next phase of her Navy career as a commissioned officer.



Naval Supply Systems Command (NAVSUP) Bluejacket of the Year PCSN Erinn Hayes, weighs a box to determine the shipping price while working at the U.S. Fleet and Industrial Supply Center (FISC) Ikego Post Office. For the second year in a row, FISC Yokosuka's postal division has represented NAVSUP as one of their Sailor's of the year.

# CHRIMP provides cradle to grave HAZMAT management

Story and photo by Tim Shannon,  
CFAY Public Affairs

One of the many challenges Navy leaders face every day is accomplishing their mission, while juggling considerations like environmental regulations and budget constraints.

U.S. Fleet and Industrial Supply Center (FISC) Yokosuka's Regional Hazardous Material Management Division makes this daunting task a little easier, due in part, to the Consolidated Hazardous Material Reutilization and Inventory Management Program, or CHRIMP, for short.

"The idea of our CHRIMP is to operate and manage a single Hazardous Material (HAZMAT) Minimization and Consolidation Center," said FISC General Supply Specialist and Regional Shelf Life Coordinator Thevepharkhorn "Ed" Malyvong. "We provide cradle to grave hazardous material (HAZMAT) procurement, receipt, issue, reuse, shelf-life management, tracking and disposal."

According to Malyvong, the Navy benefits from CHRIMP in several ways.

"CHRIMP is a real win-win deal for the Navy," he said. "The program reduces [HAZMAT] procurement costs, it promotes reuse which prevents unnecessary purchases, it

reduces the amount of HAZMAT that enters the waste stream and enhances safety by ensuring proper disposal of HAZMAT."

Malyvong also mentioned that, on average, CHRIMP saves the Navy approximately \$1.6 million annually and helps the Navy maintain compliance with United States, Department of Defense (DoD) and Japanese environmental governing standards regarding HAZMAT

storage and disposal.

The concept behind CHRIMP may sound familiar to anyone who has ever worn hand-me-down clothes. The difference is, instead of jeans or sweaters getting passed from one child to another, HAZMAT is passed from one command to another. However, that doesn't necessarily mean that the second command to receive the items are getting used goods, according to FISC Hazardous Material Minimization Center (HAZMINCEN) employee, Machinist's Mate Fireman Chris Hudgens.

"A lot of the materials that are turned into us are still new," said Hudgens. "So, we can make sure that they still get used and don't go to waste."

FISC's Chief Storekeeper (SW/AW) Lawrence Degracia stated that 80 percent of all Naval installations within the Commander U.S. Naval Forces Japan (CNFJ) area of responsibility (AOR) are using CHRIMP, and that the process requires a lot of oversight.

"The program is not completed, even after we've completed the CHRIMP implementation," said Degracia. "We must maintain communication between the HAZMINCEN and the customers, order and issue products, store the materials, ensure that only items on a command's authorized use list (AUL) are issued and that proper material safety data sheets (MSDS) are used."



(Left) U.S. Fleet and Industrial Supply Center Hazardous Material Minimization Center (HAZMINCEN) SK1(SW) Del Halfacre, explains how to read a material safety data sheet to MMFN Chris Hudgens prior to delivering a can of paint thinner to a tenant command onboard CFAY.

# SRF-JRMC commanding officer briefs 2008 Strategic Plan in Sasebo

Story and photo by Keiichi Adachi,  
CFAY Public Affairs

Core members of the Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) 2008 Strategic Plan team recently traveled down to Commander Fleet Activities Sasebo, SRF-JRMC Sasebo detachment, to attend the All-Hands briefing of the 2008 Strategic Plan.

Cmdr. Stephen Williamson, Sasebo detachment officer in charge, provided opening remarks to 347 employees in the Showboat Theater. Capt. Stephanie Douglas, commanding officer, SRF-JRMC, reported 2007 Strategic Plan results and introduced the 2008 plan. SRF-JRMC Executive Steering Committee Members were introduced via photographs followed by a presentation of Tactical Goals (TG) for the 2008 Strategic Plan by TG team leaders.

"One of our goals last year was to begin to share resources with our parent command, to support each other with our talented workforce," stated Williamson. "I am happy to say we did that on a number of occasions and will continue to do so. We have had many workers from Yokosuka come down to support us during our critical times and right now we have workers from Sasebo up in Yokosuka supporting them."

During her remarks, Douglas stated that within the last few years, SRF-JRMC has updated the deliverables within each TG to ensure the necessary work is done to prepare their people processes and infrastructure for their new challenge. "I understand one key difference this year...there is no room for error. We have deadlines we must meet and there is a lot left to do. However, I have no doubt we will succeed because I know that SRF-JRMC is the best shipyard on the planet," said Douglas.

According to Williamson, the Strategic Plan All Hands briefing for the Sasebo detachment was an outstanding event full of energy and excitement for the impending arrival of the *USS George Washington* (CVN 73). Having many Yokosuka command leaders in Sasebo reinforces what Williamson and his workforce at the detachment believe is their motto – SRF-JRMC and the detachment are ONE SRF-JRMC.

"Since the Strategic Plan is of utmost importance to the command, it is being introduced to our workforce from



(Left) Masami Sato from SRF-JRMC Sasebo detachment Rigger shop along with leaders of both SRF-JRMC Yokosuka and the Sasebo detachment, leads the group in shouting "Ganbaroh" (Do your best) at the closing of the All-hands briefing.

全体説明会の閉会式として、SRF-JRMC横須賀と佐世保分所の指導者が壇上に集り、佐世保分所索具工場の佐藤正美さん（左白服）の音頭により「頑張ってコール」を行う。

the very top of our chain of command, our commanding officer," said Alicia Akashi, director of Strategic Planning Division at SRF-JRMC. Although the briefing is at a higher level that provides broader understanding of the entire plan, Akashi believes it is important that everyone at the Sasebo detachment have a shared understanding of their strategic intent, so that they can understand how the bits and pieces are so important to achieve their goals.

The briefing provided SRF-JRMC Sasebo members with an opportunity to gain a better understanding of the overall direction of the command, a broader awareness of what everyone else is engaged in and how our own work is related to the entire plan. It also prepares SRF-JRMC for future changes that may require re-structuring the way they think and do their own work in order to more effectively support the plan.

Akashi said the briefing also helps SRF-JRMC understand that obtaining good results isn't just happening by accident, it is something that they achieve through their concerted and deliberate effort. She continued, "If we are not pulling together, aren't working together, it represents a wasted effort. If we move ourselves in concert toward the common vision, we can achieve our goals without difficulty and will truly elevate SRF-JRMC to a higher level of excellence and greatness."

Izumi Hamada, Engineering and Planning Department, Sasebo detachment, said that the briefing they received was a good opportunity to get to know the future direction of the command. "As a matter of fact, I am sure everyone understands what we are really all about and how each of us has a role in helping the SRF-JRMC achieve its strategic intent," said Izumi.

## SRF - JRMC 司令官、2008年度経営戦略計画を佐世保で語る

文・写真:安達慶一、CFAY広報課

艦船修理廠及び日本地区造修統括本部（SRF-JRMC）の2008年経営戦略チームの主要メンバーが九州にある佐世保基地（CFAS）にあるSRF-JRMC佐世保分所を訪れ、2008年経営戦略の要点を伝えた。

CFASのショウボートシアターでSRF-JRMC佐世保分所所長のステファン・ウィリアムソン中佐が開会の挨拶を347人の従業員に行なった。SRF-JRMC司令官ステファニー・ダグラス大佐は2007年度経営戦略計画の達成結果報告、2008年度経営戦略計画の骨子を発表した。写真スライドによる上級監督者委員会（ESC）メンバーの紹介、ESCメンバーから成る実務ゴールチームリーダーによる各実務



Capt. Stephanie Douglas, commanding officer of SRF-JRMC, reported results of the 2007 Strategic Plan and introduced the 2008 Strategic Plan during the 2008 SRF-JRMC Strategic Plan All-Hands Briefing in Sasebo. SRF-JRMC司令官ステファニー・ダグラス大佐は2007年度経営戦略計画の達成結果報告、2008年度経営戦略計画の骨子を佐世保の全体説明会で語る。

ゴール毎の発表があった。

「昨年の実務ゴールの一つに、お互いをサポートし合うために、優れた人材の相互派遣を始めることができました」と佐世保分所所長のステファン・ウィリアムソン中佐は開会挨拶のスピーチで話し、こう続けた。「何度にもわたってそれが実現できたこと、また今後も続けて行くことに私自身、とてもうれしく思っています。私たちにとって大変だった時期に横須賀から多くの従業員に来てもらい、助けてもらいました。そして、現在、私たちは佐世保から横須賀に従業員を送り、支援を行っています。」

ダグラス大佐はスピーチで前年度同様、SRF-JRMCの新しいチャレンジに備えて人材や設備の準備を進めていけるよう各実務ゴールの達成課題を改良したと述べ、こう続けた。「しかし、今年と前年の違いは『間違いは起こせない』ということです。SRF-JRMCには守らなくてはならない期限があり、まだやるべきことが残っています。しかし私には成功させる自信があります。なぜなら、SRF-JRMCは最高の造修所だからです。」

ウィリアムソン中佐によると、佐世保分所の従業員への経営戦略計画全体説明会は、空母ジョージ・ワシントン（CVN 73）の到着を間近に控え、活気と興奮がみなぎる素晴らしいモノであった。さらに部隊本部の横須賀から佐世保に多くの指導者を迎えたことは、ウィリアムソン中佐と彼の従業員たちが信ずる座右の名、「SRF-JRMCと佐世保分所は一体のSRF-JRMCである」という言葉をさらに強めた。

「経営戦略計画はSRF-JRMCにとり大変重要なものなので、我われの指揮系統のトップである部隊司令官から従業員に直接語られてきています」と話すのはSRF-JRMC経営戦略部部長のアリシア・アカシさん。アカシさんによると、全体説明会は戦略計画の全体像に対する幅広い理解をもたらすものだが、佐世保分所の新従業員が戦略計画の目的を部隊本部従業員たちと共有し理解を得る事はとても重要だ。それによって、佐世保分所の従業員が自分たちの実務ゴール達成にとりかき説明会での詳細が重要であるかを理解できるからだ。

全体説明会は佐世保の従業員に、部隊の全体的な方向



During the session at the Showboat Theater, 347 employees of SRF-JRMC Sasebo detachment were briefed on the results of the 2007 Strategic Plan and introduction of the 2008 Strategic Plan.

セッションで347人のSRF-JRMCの従業員がショウボートシアターに集り、2007年度経営戦略計画の達成結果報告、2008年度経営戦略計画の骨子を共有する。

性と何に個々の従業員誰が関わっているかという幅広い認識を得る場をもたらす。全体説明会は従業員の業務の手順や考え方の再構築を迫られる将来的な変化に対応する準備ともなる。

また全体説明会は良い結果が偶然の賜物ではなく、一致協力して達成したものであるとSRF-JRMCに納得させる一助であるとアカシさんは述べた。そしてこう続けた。「仮に我われが協力せず共に働かなければ、それは無駄に使われた努力となります。我われ自身が共有のビジョンに向かって協力して進めば、困難も無く実務ゴールを達成でき、真にSRF-JRMCにより高いレベルの優秀さと名声をもたらすでしょう。」

佐世保分所の企画部の濱田泉さんは、組織の今後の方向性を知る上での良い機会になっていると思うと話した。「実際のところ、誰もが我われがの現状を知り、従業員一人一人が戦略計画の意図を達成する役割を担っているかを理解できたと思います」と濱田さんは満足した様子。

## Head's Up Yokosuka!

### Community Announcements

**Obi Art** – Do you need a new decoration for your home? Would you like something unique and beautiful to remember your time here in Japan? The Community Center is offering classes on Obi Art, where you can design your obi as an excellent decoration piece for your home. Visit or call the Community Center at 243-6713 for more information.

**Learn to speak Japanese** – Have you ever walked out in town and wished that you could understand the Japanese language? It is never too late to learn. The Community Center is offering two Japanese Language classes; one with textbook and one without. This is a wonderful opportunity to learn the language of our host country. If you are interested in attending these classes, visit or call the Community Center at 243-6713 for more information or to sign up.

**Individual Augmentee (IA) Spouse Support Group Meetings** – Share your challenges and success strategies with others. Meet other IA spouses going through similar challenges. Take time out for yourself. For more information and dates on meetings, call the Fleet Family Support Center (FFSC) at 243-3372 or e-mail to lalanie.james@fe.navy.mil.

**Yokosuka Housing Welcome Center** – Effective March 1, The Yokosuka Housing Welcome Center, located next to the Navy Lodge, will start their new office hours. The new hours will be 8 a.m. to 4:30 p.m. Monday through Friday and 11 a.m. to 4:30 p.m. the first Wednesday of each month. Call the Yokosuka Welcome Center at 243-9067 for more information.

**NMCRS Spouse Tuition Aid Program** – The Navy-Marine Corps Relief Society's Spouse Tuition Aid Program (STAP) Term IV will be accepting appointments Jan. 28 to March 14. Qualified candidates could receive up to \$350 for undergraduate studies and up to \$400 for graduate studies, for each term. Contact NMCRS Yokosuka at 243-7905/4450 to make an appointment.

**Pay USNH Yokosuka Medical bills online** – Payment of USNH Yokosuka medical bills can now be paid using the [www.pay.gov](http://www.pay.gov) Web site. Patients should select the "Search Public Forms" field and then "USNH Yokosuka MSA." Contact Lt. Cmdr. Kevin Haug at 243-8574 or e-mail [kevin.haug@med.navy.mil](mailto:kevin.haug@med.navy.mil) for more information or assistance.

**Oriental carpets and rugs auction** – An oriental carpets and rugs auction will be held at the Naval Air Facility Officer's Club, Feb. 23 from 2 - 3 p.m. The collection includes items of high pedigree from major studios to include Turkey, Kashmir and Central Asia. All lots come with certificates of origin, authenticity and realistic retail replacement value. Contact Erich Schloegl at 264-2780 for more information.

## Pet of the Week



This week's Pet of the Week is Samson. He is a five year old black and gray tabby who is litter box trained, microchipped and has all his shots updated. Samson is a very cuddly cat that loves children. He would be a great addition to any family. Please come to P.A.W.S. and learn more about Samson. If you are interested in adopting Samson or any animal at P.A.W.S., contact them at 243-9996, or visit their Web site at [www.pawsyokosuka.org](http://www.pawsyokosuka.org).

U.S. Navy photo by Eric Boehler

## "Boot Camp" for new Dads offers glimpse into future

Story and photo by MC3 Bryan Reckard, Fleet Public Affairs Det. Japan

Yokosuka area fathers-to-be got a glimpse of what their futures have in store during a Boot Camp for New Dads class held at Commander Fleet Activities Yokosuka (CFAY) Feb 5.

Boot Camp for New Dads, which is coordinated by the Fleet and Family Support Center, brings veteran fathers together with those awaiting their first-born to share their experiences and knowledge.



Fathers and men preparing to be fathers talk about the obstacles that one faces when preparing to have a child during CFAY's "Boot Camp for New Dads" class. The class brings veteran fathers together with soon-to-be dads to share their knowledge about taking care of newborn babies.

According to Jaime Coston, a volunteer teacher for Boot Camp for New Dads, a wide variety of topics are covered during the class. Talking points range from communication with partners to what to anticipate from a newborn baby.

"We cover a gamut of topics in the short time of the class. From discussing our own parent's style of raising us, to discussing changes in the relationship, to how to help and improve those changes and to adapt to the new lifestyle," said Coston. "We also talk about fundamental skills to open up dialogue with our partners and discuss our concerns with them, to how to change a diaper, deal with gas, hold a baby and what to expect with a newborn. We try to cover it all."

Coston feels the class is very important to new fathers, because it is very informal and it gives them a chance to voice their concerns with other men who are feeling the same way.

For dads who have little or experience taking care of babies, the class teaches the basics of how to take care of your newborn, which can be one of the biggest concerns for some soon-to-be fathers.

Master-at-Arms 3rd Class Reuben Bolden, a student in the class says he's trying to learn what he can from the class, so that when his baby is born he is a little more prepared.

"I don't have any knowledge of taking care of a baby, changing diapers or anything like that," said Bolden. "I know I won't be the best when the baby is born next month, but I'll have something under my belt."

Coston said expectant dads might feel overwhelmed by the idea of having their first child, but those concerns will disappear when the child is born and their only concerns will be for them.

"Be prepared to fall in love," Coston told the class. "When you see that newborn and hold them in your arms for the first time, all those fears and doubts get washed away. You lose yourself and your only concerns become vested for that little person. Sure, that may sound overly romantic but it is the truth. It's going to be okay. Trust me."

## *I'll bet you didn't know that...*

...when George Washington was born on Feb. 11, 1732, England and her colonies used the Julian calendar. The Julian calendar is based on the lunar cycle, where the Gregorian calendar is based on the solar cycle. The Julian calendar lost time every year at a greater rate than the Gregorian calendar and people began to notice that winter and summer started earlier and earlier every year. The Gregorian calendar was adopted in Britain by an act of parliament in 1752. The day following Dec. 31, 1751 was decreed to be Jan. 1, 1752 and Sept. 2, 1752 was followed by Sept. 14. Since England had taken the year 1700 to be a leap year, the difference between the Julian and Gregorian calendars amounted to 11 days. The changes were to apply to all the dominions of the British Crown, including the North American colonies, so George Washington's birthday moved from Feb. 11 to Feb. 22. He had to wait an additional 11 days to celebrate his 21st birthday in 1753.

# A lesson from Nemo

By Chaplain William Stewart

Becoming a father has been one of the greatest blessings ever bestowed upon me; a lot of hard work, but definitely a tremendous blessing. Along with parenthood comes many benefits as well. One of my favorites is that I get to sit down with the kids and watch children's movies, claiming all along that I'm just doing it for the kids. If the truth be known, what usually happens is we start the movie, and a little ways into it, I look around and I'm the only one still watching; and yes, I most always keep watching it to the very end! And I could swear that sometimes I hear the kids say, "Let's just get daddy started on a movie so we can get some 'real work' done around here." Truth is, I just love the kids' movies and some of them have such wonderful lessons of life embedded in them.

"Finding Nemo" is one of my favorites. Being an extremely overprotective clown fish stemming from past events, Nemo's father Marlin simply doesn't want to let them leave the protection of their home in the anemone. Later on he is asked why he can live in an anemone and why it doesn't hurt him when he is stung by sea creatures. He sort of explains why he can do it, but there's actually a fascinating story as to why clown fish can really live safely within the stinging tentacles of an anemone. The phenomenon is called "symbiosis" and exists many places in nature. The general concept is that two life forms live together, provide for one another and many times protect one another from enemies unique to each. In this case, the clown fish protects the anemone from other fish that would otherwise eat the anemone while the anemone provides domestic protection for the clown fish from predators that would normally eat them. They simply would not be able to make it without one another.

After watching this movie again the other day (for about the 100<sup>th</sup> time), something occurred to me. We really aren't so different here on this base. Granted, we are not different species, but there are so many people with so many different jobs, many of which I don't understand or probably even know about. More importantly though, our jobs and lives are actually interconnected, even if we sometimes don't see the relationship. I could go down the list of how this happens, but just take the food we enjoy, for example. Everyone needs food, but how it gets to us takes so many people to make it happen. We have folks at the galley getting up at wee hours in the morning to make sure meals are waiting on us; we have folks at the commissary, Navy Exchange and various shops around the base working hard every day ensuring we have what we need. We have the many clubs on base that give us a great escape, we have security making sure the truck drivers delivering the food are getting where they need to go, we have laundry services ensuring the uniforms and linens are clean . . . the list just doesn't stop. And that's just one example of how everything and everybody are interconnected. We simply cannot make it without each other!

I believe that God understands this more than anyone. Scriptures in the Bible continually mention the need to recognize, love and help one another; to think of others at least as much as we think of ourselves. This world in which we live is so mysterious and so beautiful, but it is most beautiful when we see it as a home for all creation living together. We are indeed a family here in Yokosuka; a family that depends on one another. The Chapel of Hope is yet another warm home for you and I to visit as this family. I invite you to come and share time together and worship with us at one of the many services we provide. May God bless you and thank you so much for the incredible work that you do each day for all of us!

## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at [hro.cnfj.navy.mil](http://hro.cnfj.navy.mil).

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

### New

**Human Resources Technician (Staffing/Classification)** – YB-203-2, CNFJ-27-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08). \*Temporary, not to exceed six months. \*Location Atsugi.  
**Mail Assistant** – GS-305-4/5, NH-25-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).  
**Medical Support Assistant** – GS-679-4, NH-24-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08). \*Not to exceed 13 months.  
**Medical Support Assistant** – GS-679-4, NH-26-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).  
**Office Automation Clerk** – GS-326-4, NH-23-08. Open: 02-15-08, Close: 03-14-08 (1<sup>st</sup> C/O: 02-29-08).  
**Office Automation Technician** – YB-326-1, CFAY-22-08. Open: 02-22-08, Close: 03-21-08 (1<sup>st</sup> C/O: 03-7-08).

### Continuing

**Clinical Nurse** – GS-610-5/7/9, NH-11-08. Open: 02-1-08, Close: 02-29-08 (1<sup>st</sup> C/O: 02-15-08)  
**Education and Training Technician** – YB-1702-1, CFAY-176-07. Open: 12-27-07, Close: 03-28-08. \*Location: Negishi.  
**Financial Technician** – YB-503-2, NLSO-14-08. Open: 2-5-08 Close: 03-04-08.  
**Human Resources Specialist (Staffing/Classification)** – YB-201-2, CNFJ-18-08. Open: 2-8-08 Close: 03-07-08 (1<sup>st</sup> C/O: 2-22-08). \*Temporary, not to exceed one year.  
**Human Resources Technician (Staffing/Classification)** – YB-203-2, CNFJ-16-08. Open: 2-8-08 Close: 03-07-08 (1<sup>st</sup> C/O: 2-22-08). \*Temporary, not to exceed one year. \*Japan wide.  
**New Parent Support Specialist** – YA-0101-2, CFAY-14-08. Open: 2-8-08 Close: 3-7-08 (1<sup>st</sup> C/O: 2-22-08).  
**Nurse Specialist** – GS-610-11, NH-12-08. Open: 02-1-08, Close: 02-29-08.  
**Supervisory Child Development Center Director** – YA-1701-2, CFAY-17-08. Open: 2-8-08 Close: 03-07-08 (1<sup>st</sup> C/O: 2-22-08). \*Japan wide.

## HRO JN Positions

Vacancy information for Japanese National Employment is available at: <http://hro.cnfj.navy.mil>, Job Hotline 243-9000 or (046) 816-9000, or at HRO Gate Office bulletin board (1<sup>st</sup> floor of Club Alliance building next to ISO). Urgently seeking applicants for part-time jobs (Hourly Pay Employees, HPTs in IHA) for various positions at MWR Clubs, Navy Exchange, and BEQ/BOQ. Office work, professional occupations, craft work, fire fighters, security guards, etc. job opportunities are also available.

Eligibility for Master Labor Contract (MLC) Employment (for appropriate fund activities jobs): Japanese citizens or non-Japanese citizens with permanent resident visa; who are 18 years and older. SOFA members and their dependents are not eligible for MLC employment.

Eligibility for Indirect Hire Agreement (IHA) Employment (for MWR, NEX, BEQ/BOQ jobs): Japanese citizens or non-Japanese citizens with permanent resident, spouse/family member of Japanese citizens or permanent resident, or long term resident visa, or SOFA dependents; who are 18 years and older and not a U.S. citizen.

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Service Worker – Yokosuka Food Services, Negishi School Lunch. \$8.28/hr.  
**Food Delivery Operator** – Ikego/Yokosuka. \$8.28/hr.  
**Food Service Supervisor** – Food Services. \$10.74/hr.  
**Food Sales Supervisor** – Food Services. \$24,377-\$30,988/yr.  
**Sales Clerk (Specialty)** – Retail. \$7-\$9/hr.  
**Sales Clerk** – Retail. \$6.50-\$8/hr.  
**Customer Service Clerk** – Main Store. \$7-\$9/hr.  
**Supervisory Customer Service Clerk** – Main Store. \$8.50-\$11/hr.  
**Store Worker** – Main Store. \$8.28/hr.  
**Hair Stylist** – Beauty Salon (Yokosuka, Negishi). Commission.  
**Personalized Services Clerk** – Personalized Services. \$7.25-\$8/hr.  
**Inventory Technician** – Inventory Control. \$8.50-\$10/hr.  
**Cashier** – Cash Office. \$7.79/hr.  
**Warehouse Worker** – Receiving, Storage (J1234). \$9.66/hr.  
**Labor (Visual Merchandiser)** – Visual Merchandising. \$8.28/hr.  
**Visual Merchandiser** – Visual Merchandising. \$8.39-\$9.50/hr.  
**ID Checker** – Loss Prevention. \$6.50/hr.  
**Security Guard** – Main Store, Distribution Center. \$7.50-\$9/hr.

## VOLUNTEER OPPORTUNITY



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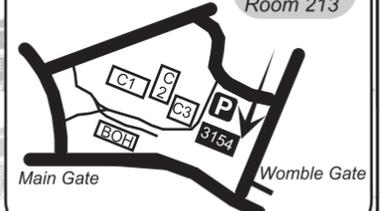
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DSN : 243-3100

Email : [seahawk yokosuka@ys020407.americablejapan.com](mailto:seahawk yokosuka@ys020407.americablejapan.com)

### Seahawk Office

Command Hill Bldg. 3154 Room 213



# Worship Schedule

## YOKOSUKA: Chapel of Hope

• 243-6773/ 6774

### Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

### General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

### Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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### Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

### Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

### Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

### Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 1, 2 and 4	1800

### The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	0900
SUN	Sunday School	1020
SUN	Priesthood/Relief Society	1110

**Location:** Across from the City of Yokosuka Post Office (Off base)

### Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

### Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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## Soka Gakkai International (Buddhist)

2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 4 1830

### Specialized Ministries

#### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\*

TUE Fellowship Hall/Classrooms 1615

#### Yokosuka Student Ministries (Middle School and High School)\*

WED Middle School – Quest 1600  
High School – One Way 1830

#### Protestant Women of the Chapel\*

TUE Bible Study, Classroom 10 1830  
THU PRECEPTS, Fellowship Hall 0930  
THU Bible Study, Classroom 7 1600

#### Japanese Women's Bible Study\*

TUE Main Chapel/Fellowship Hall, Classrooms 0900

#### "Mom's Time"

Last WED of the month 0930

#### COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 1 0900

#### Men's Christian Fellowship

TUE Study Group (Fleet Rec. Center, 3<sup>rd</sup> Deck) 1130  
3<sup>rd</sup> SAT Breakfast (Location varies)

\*Runs from September to June

#### NEGISHI: Chapel of the Rising Sun

• 242-4183

#### Roman Catholic

THU CCD, classrooms 0900  
SUN Mass, Main Chapel 0800

#### Protestant

SUN Worship Service, Main Chapel 1030

#### IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

SAT Vigil Mass 1900

#### Pentecostal

SUN Worship Service 1000

#### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\*

WED Ikego Elementary School 1630

#### Yokosuka Student Ministries (Middle School and High School)\*

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

**Note:** In the event of an emergency (after 1630 and before 0730 the next day), the Chaplain on Duty can be reached by calling Commander, Fleet Activities, Yokosuka Security at 243-2300.

# Fleet and Family Support Center

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

### Monday, Feb. 25

**English as a Second Language (ESL)** 10 a.m. (1.5 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.

### Tuesday, Feb. 26

**Area Orientation Brief and Intercultural Relations Class** 7:45 a.m. (4 days): **Feb. 25-29, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

**Ikego – Kid's Craft** 10 a.m. (1 hr.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children, while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

**Your Japanese Home** 8 a.m. (4 hrs.): *Tatami* got you down, or mildew taking over? Come learn from our local resident expert how to make your new *uchi* a comfortable home. We'll take you on a field trip to a local store to point out products that can solve your household cleaning problems. We'll also discuss temperature control without thermostats, using your *ofuro*, and taking out the trash Japanese style.

### Wednesday, Feb. 27

No Classes

### Thursday, Feb. 28

No Classes

### Friday, Feb. 29

No Classes

## Upcoming Classes

- March 3** English as a Second Language
- March 4** Area Orientation Brief and Intercultural Relations Class  
Boot Camp for New Dads  
Developing Your Spending Plan
- March 5** Japanese Spouse Group
- March 6** NMCRS Budget for Baby  
Saving and Investing  
Yokosuka – Employment Overview  
Ikego – Play Morning
- March 7** Effective Resume Writing  
Negishi – Kid's Craft Class  
Yokosuka – Play Morning

Negishi FFSC  
242-4125

Fleet and Family Support Center  
243-FFSC (3372)

Ikego FFSC  
246-8052

Visit Our Web site

Go to: [www.cfay.navy.mil](http://www.cfay.navy.mil). Click the "FFSC" Tab

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The Kanagawa is the prefecture's distinguished daily newspaper. The newspaper contains articles on a wide variety of topics ranging from international news to detailed local city news from Yokohama, Yokosuka and Atsugi. The sports pages also contain many and varied articles about MLB and NBL, as well as children's sporting events and more. Begin to learn Japanese with The Kanagawa, "The paper that even junior high school students can read!"

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## Automobiles

'02 Mitsubishi Lancer Cedia for Sale. Only 36K km in excellent driving condition. A very reliable vehicle. Price is \$3,500 obo. For further information, please contact Ana at: pekam@ddg62.navy.mil.

'96 Honda Odyssey. \$2,300 obo. Runs great! 104,400 km (64,871 miles). Dark green with tan interior. JCI good until Summer 2010. Call Jenny, 246-8818.

'96 Mercedes-Benz C240. 65,000 km. Shaken until 10/08. One non-smoking owner. Dealer maintained and very clean. Navigator system included. Please call Tom at 090-3452-6645. \$5,000.

**Angel Motors – Specializing in U.S.A. Spec (LHD) Models!** American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors February Car Specials!** \*Beautiful '97 U.S.A. BMW 528i with 59K miles, automatic transmission, in Alpine white, gray leather, with "angel eye" headlights, crystal tail lights for \$13,900. \*Gorgeous '97 U.S.A. BMW M3 3.2 liter with 52K miles, 5MT in silver with black leather, "angel eye" headlights, crystal tail lights for \$13,900! Visit our Web site for photos and all details! Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

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## Miscellaneous

**Holistic therapy designed for you.** Japanese pressure point and other massage techniques. Aura soma color therapy. Diet plans. References. English speaking, close to base. Special Introductory offer \$25. Call (046) 854-4985, blessed@colorsofangel.com. Next to Horinouchi Train Station. Treat yourself with kindness!

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**LTO Runs And Car Services.** New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn\_Che@yahoo.com.

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**LTO Run.** Car registrations, JCI inspections, registration renewals, title transfers, road tax, deregistration, new in Japan, need someone to help, call Derrick at 241-4415 or 090-3592-8809.

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**LTO Runs and Admin Services.** Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-3100/080-5497-2600 or e-mail: reikorunsto@yahoo.com. 日本語もOKです!

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## Positions

**Facility Project Manager and engineer Sought!** 1. Have educational background on electricity and understand electrical theory. 2. Have technical skill on actual electrical wiring work and cable conduit work experience more than 5 years. 3. Speak, write and read Japanese and English (business level). 4. Must reside in Japan. 5. Proper valid work visa. Workplace: Metropolitan area and near Narita Airport. Pay: ¥260,000-¥440,000/month. Transportation cost paid (Max. ¥40,000/month). Paid vacation and holidays. Retirement age: 65. Contact Masae Watanabe at: m-watanabe@s-mt.co.jp, or fax: (03) 5722-6180.

**Receptionist Sought!** 1. Computer literacy. 2. College graduate. 3. Valid work visa. 4. Speak, write and read Japanese and English (business level). Sat., Sun. and holidays are off. Pay: ¥230,000/month. Transportation paid (Max. ¥40,000/month). Uniforms are provided. Paid vacation and holidays. Workplace: Metropolitan area and near Narita Airport. Contact Masae Watanabe at: m-watanabe@s-mt.co.jp, or fax: (03) 5722-6180. Shin-ei Real Estate Business Co., Ltd.

**University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program.** Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

**Urgent! Assistant Language Teachers wanted by W5SS.** Full time at public schools in Yokosuka city. April 2008 to March 2009. Mon. to Fri., 8:30 a.m.-5 p.m. ¥250,000/month plus transportation fee. Need BA/BS, teaching experience, minimum Japanese conversation skill. Send CV and job number. Job#506 to: w5tokyo\_recruit@w5ss.com. (03) 3780-1830.

## Wanted

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜-金曜(Kitty Hawkが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きな方、チップも入るし結構稼げますよ(普通免許でOK)。243-4511が090-3205-3472まで電話ください。

**Looking for part-time English instructors teaching at home.** Private lesson ¥2,500 and group lesson ¥1,500 each student per hour. Please e-mail your resume at: support@lily-ec.jp and get more information.

## Lost and Found

**Lost necklace white gold with plain pendant.** If found, please contact 080-3278-1112. Reward will be given.

## Announcements

**Bible Believers Discipleship.** Learn the Bible, prayer, witnessing and loving others. Money not accepted. Only a desire to grow in Christ. Call brother Bill at 090-8347-0969, or e-mail: qt\_bible@hotmail.com.

**Did you know there is a CHRISTIAN SCHOOL in Yokosuka? Christian Achievement Academy** – where excellence is the standard! Offers the A Beka curriculum and small classes. Registration for 2008-2009 school year has begun for Pre-K- 5th grade. Positions available: Qualified Administrative Staff, Full-time/Substitute Teachers for all grades, and Monitors needed. Call (046) 825-5521 and/or send resume to: caakingskids@yahoo.com.

**Ethnic Indian Restaurant in Yokosuka City.** Yes we are making perfect Indian ethnic dishes. On the first and last Friday of each month we have a cooking class from 2:30 to 4 p.m. Fee is ¥850. Closed Monday. If you come in a group by taxi, we will refund you up to ¥710 (with receipt). Bayleaf Indian Restaurant. Tel (046) 821-1922 and 090-3015-1749.

**Grand Opening 20% Off.** Facial waxing and manicure. Appointment, 241-2474. 73 Ume Heights G's Salon.

**Room for rent.** Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$250/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

**World Friends International Party Shinjuku, March 1, Sat., 6:30-8:50 p.m., Shinjuku Tokyo Loose. The full-scale International Party in Shinjuku.** Meet 200 people. 20 kinds of free cocktails. Free snacks with sandwiches. Male, ¥3,500. Female, ¥3,000. http://www.world-friend.com. Call 080-2001-0512, party@goover.co.jp

**YOKOSUKA BAPTIST CHURCH.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

## Adoption

**Adoption home studies and adoption services.** Local licensed social workers can help. Call U.S. 001-888-687-3644. www.adopt-abroad.com.

**Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!**

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

**Asahi Advertising, Inc.**

# Easter Sunday Brunch

**Sunday 23, March**

Serving from 10:00 -15:00

Adults: \$22.95 / Children: \$10.95(4-12)



**THE NEW SANNO**  
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For more information 229-7151 or 03-3440-7871 EXT.7151 or events@thenewsanno.com



Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed honors the Combined Federal Campaign (CFC) program award winners for their contributions during an awards ceremony at the CFAY auditorium Feb. 14. Eligible commands received the platinum, gold, silver and bronze award depending on their participation.

Photo by Yuhji Kawabe



The nozzleman simulates cooling a hot spot during a main-space fire drill aboard the guided-missile cruiser *USS Shiloh* (CG 67). U.S. Navy photo by MC2 Chantel M. Clayton



U.S. Naval Hospital Yokosuka Dental Clinic and Sullivans School staff judge "Fight Tooth Decay 24/7" posters submitted by the students as part of Children's Dental Health Month.

U.S. Navy photo by HM1 Michael Gideon



*USS Lassen* (DDG 82) Commanding Officer Cmdr. Anthony L. Simmons and QM2 Cody L. Newton, explain the navigation equipment to visitors on the ship's bridge during a tour Feb. 9. A group of nine industry officials representing major engineering firms from Osaka, Japan toured *Lassen* as part of the U.S. Navy's continuing goal of open public relations and goodwill with our host nation.

Photo courtesy of Ensign Daniel Bradshaw



Zushi resident Yasuhito Watanabe assists Yokosuka Coop student Sierra Cook, during Ikego's Mochi Pounding Event Feb. 10. Cook was encouraged with a Japanese "Yoisho" (said for power) from Watanabe as the mallet struck the sticky rice in the mortar.

Photo by Carrie Mattingly

## Yokosuka Hodokyo nearing completion



Pedestrians cross the street using a crosswalk under a *hodokyo* or pedestrian overpass bridge which is under construction in front of Commander Fleet Activities Yokosuka's main gate. The new pedestrian overpass bridge is being built to alleviate the heavy traffic at the Honcho intersection. Once the new overpass bridge is opened to the public, the pedestrian crosswalk on the street will be removed.

Photo by Yuhji Kawabe