Japanese citizens unload food and water from an HH-60H Sea Hawk helicopter assigned to the Black Knights of Helicopter Anti-Submarine Squadron (HS) 4 March 16. HS-4 is embarked aboard the aircraft carrier *USS Ronald Reagan* (CVN 76), off the coast of Japan providing humanitarian assistance as directed in support of Operation Tomodachi.

U.S. Navy photo by MC3 Dylan McCord

MA3 Matt Maroney, assigned to CFAY Security, directs traffic at the Womble Gate entrance March 14. Every weekday morning the Security Department provides security personnel at Womble Gate and other locations to ensure the safe transit of motorists and pedestrians.

U.S. Navy photo by MC3 Mikey Mulcare

S & K Merchandiser Mariefe Villacorta presents gift vouchers to Commissary Coupon Savers Challenge single Sailor and civilian category winners for the Military Saves Campaign in front of the commissary store entrance counter March 9.

Photo by Yuji Kawabe

Konnichiwa

IS3 Victoria Krajeski assigned to Commander U.S. 7th Fleet sorts collected donations into boxes at the commissary for earthquake and tsunami disaster relief efforts.

Photo by Yuji Kawabe

Where is your home town? Fishkill, NY.

How long have you been in Japan? One and a half years.

What is your favorite food? Yakiniku.

What is your life goal? To travel around the world and see many places.