



Career Day unique opportunity for Kinnick High students

Story and photos by MC3 Bryan Reckard, Fleet Public Affairs Det., Japan

Active duty service members and civilians from the Yokosuka area discussed their professions with students at Yokosuka's Kinnick High School's Career Day April 25.

Weed followed by presentations designed to give students the opportunity to learn about occupations ranging from nuclear mechanics to rescue swimming.

According to Terry Lusinger, an art teacher at the school, the event gave students a look at careers both in the military and in the civilian sector.

"I think it was a unique opportunity," Lusinger said.

"The students got to see the professionals in the military and in the private sector and understand what they're about and look at the different careers."

Chief Explosive Ordnance Disposal Technician (EWS/FPJ/AW) Jason Kennedy, leading chief petty officer of the regional Explosive Ordnance Disposal detachment, appreciated the opportunity to meet and talk with students.

"I am just there to explain to them a little bit about what we do on a daily basis and what our job entails, basically just to get them the information" said Kennedy.

For some students, career day was especially helpful, because they have already made a commitment to join the Navy. Grant Rodgers, a senior at Kinnick High School has been surrounded by



MC2 Chantel Clayton, a photographer stationed at Fleet Public Affairs Center in Japan, speaks to students from Kinnick High School about photography.

the Navy all his life, having a father who's served for almost 20 years.

Rodgers said he was in the Naval Junior Reserve Officers Training Corps (NJROTC) for three years and plans to enter the Navy's submarine electronics field, but wanted to learn about other opportunities the Navy provides.

"I knew what I was going to be doing in the Navy, so I tried to focus this career day around what I'm going to be doing and what I'd like to be doing," Rodgers said. "This career day gave me some further knowledge on some of the jobs I'd like to do while I'm in the Navy."



ND2 Bryan Huffman, a Sailor stationed at Ship Repair Facility Yokosuka, speaks to students from Kinnick High School about diving during a career day presentation.

The career day started out with an introduction by Commander Fleet Activities Yokosuka Capt. Daniel L.

made a commitment to join the Navy. Grant Rodgers, a senior at Kinnick High School has been surrounded by

Town Hall meetings great opportunity to talk with base leaders

Story and photo by Sean Dath, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel L. Weed and other base leaders, held Town Hall meetings at Ikego housing April 24, Negishi housing April 29, and Yokosuka base April 30.

The meetings were a chance for residents to voice any issues, concerns or suggestions to leaders of various departments on the bases.

Some of the major topics discussed at the Yokosuka meeting were:

- Capt. Weed will meet with management of Chili's Restaurant to discuss reports of employee pay issues.
- A Drivers Improvement Course is mandatory for all personnel with major moving violations.
- Three lighted crosswalks were recently installed around the base. Each crosswalk cost \$30,000 and was purchased using recycling dollars.
- Directional signs will soon be installed throughout the base in an effort to help new base residents find their way around the installation.
- Air Mobility Command (AMC) flights have resumed with Northwest Airlines as the new carrier.
- The construction of Berth 12 is nearing completion and normal traffic flow in that area will resume in the near future.
- Moral Welfare and Recreation (MWR) is changing its contractor for commercial travel tickets from Information, Tickets and Tours (ITT) to International Association for Cultural Exchange (IACE) beginning June 1.

Topics discussed at the Negishi and Ikego meetings were:

- All of Negishi's playground equipment will be

upgraded in the upcoming months.

- The Negishi chapel is currently under construction but is open for services.
- MWR will install padded play areas in all workout rooms in Ikego and Negishi.
- Sponsors are still needed for incoming *USS George Washington* families. Contact Fleet and Family Support Center at 243-3372 for more information.
- CNFJ Regional Fire department stated that unattended cooking fires were on the rise and stressed the importance of keeping cooking fires in your line of sight.

- A second home-to-work bus will be added at Negishi starting June 1. The second bus will depart Negishi for Yokosuka at 6:45 a.m., and return to Negishi from Yokosuka at 3 p.m. The bus will run on a trial period for six months but will continue if the demand warrants it.

If you missed the chance to attend one of these Town Hall meetings, the Action Line on page two and the Commander's Corner live call-in television program, held the first Thursday of every month are other great ways to get your voice heard. Issues, concerns or suggestions can be submitted by e-mail to yo-cocorner@fe.navy.mil.

AOB/ICR class gets underway with GW



Commander Fleet Activities Yokosuka (CFAY) Fleet and Family Support Center (FFSC) Instructor Bob Long conducts an Area Orientation Brief (AOB)/Inter-cultural Relations (ICR) class onboard *USS George Washington (GW)* (CVN 73) during their current underway period. FFSC instructors have been conducting the day and night classes while underway and will have trained approximately 2,300 *GW* Sailors by the end of their six weeks onboard. Russ Tate of CFAY Safety was also onboard and provided driver safety training to more than 700 *GW* personnel and Lt. William Stewart from CFAY Chapel of Hope will join the *GW* later to provide more Japan-specific educational opportunities.

Photo courtesy of Cmdr. Mike Kelly



Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

司令官の相談室

Marine Corps Relief Society's (NMCRS) Spouse Tuition Aid Program (STAP) Term V will be accepting appointments from now to May 23. Qualified candidates could receive up to \$350 for undergraduate studies and up to \$400 for graduate studies, per term. Contact NMCRS Yokosuka at 243-7905 or 243-4450 to make an appointment.

JN Dispensary – The Japanese dispensary will be temporarily relocated to a pre-engineered building fabricated behind the current dispensary building. Medical service is available at the PEB through July 31, while the existing dispensary is renovated.

現在、日本人従業員診療所の改装工事が行われております。診療は診療所奥の空き地の仮設プレハブに移動して続けられています。仮設プレハブでの診療は改装工事の終了が予定される7月31日まで続けられる予定です。

Q: I purchased a Red Cross humidifier from the Navy Exchange a while back, and when it came time to change the filter, they don't sell them. I also can't seem to find them online. I recently saw that they got new humidifiers in the main store, and again, no filters. Also, why is the boy baby/toddler clothes selection so limited vice the girl selection? Other mothers have made comments about this as well. I went one day, and there was only one pair of 18 month boy pajamas, and when I asked an associate for help, she looked and said that was all they had.

A: Dear Valued Customer, we apologize for the low inventory levels in the toddler boy clothing area. We have contacted our buying office and they have committed to maintaining inventory in this area at proper levels with goods flowing monthly. With regards to the filters for the humidifier; the manufacturer advises they have opted not to sell the filters at retail stores, but may be purchased on line via their Web site LearningCurve.com. We currently offer a Sunbeam Humidifier that comes with a reusable filter. For further discussion, please contact Shelly Albright at 243-5577.

Q: I was refused service at the Yokosuka Base Community Bank. The reason provided is that I refused to provide my name, social security number and telephone number for them to input into their computer database. The Privacy Act of 1974 strictly forbids the collection of such data for the sole purpose of populating a database. I have no problem providing them my name and phone number or my social security and phone number, but will not provide all three. I asked the bank manager for the Department of Defense (DOD) or Navy directive giving permission and requiring them to establish that database and was provided information which is nothing more than a Community Bank "About Community Bank," pamphlet but nothing about requiring the Privacy Act information. Is this a legal database driven by DOD or the Navy and if so by what directive? If this is not a legal database please put a stop to the collection. By the way, Sasebo Community Bank does not require this information, I am not sure,

but the last time I was in Zama, they did not either.

A: Thank you for your recent e-mail regarding disclosing your personal information for a Community Bank transaction. The information below has been provided to us as a response to your comments. "We are allowed and required to obtain specific information about a customer to ensure and validate their identity as it applies to a specific transaction. We are also required to ensure that we know our customer based on the requirements of the USA PATRIOT Act and obtaining the requested information is one way we do that. The Privacy Law strictly prohibits sharing information outside of the purpose of a transaction, but it does not restrict the collection of the information for the purpose of conducting the transaction."

Q: First of all I would like to take this opportunity to thank you for the insight and accommodating the youth in this area by offering a Defensive Driving or Driver's Education course. This course is in great demand for many of our children who will be leaving the Yokosuka area to attend college this summer/fall. I feel that learning to drive on this base is one of the safer places for these students to learn. I was wondering about the possibility of accommodating these seniors more efficiently. Is there any particular reason that this course is being taught from 3 to 5 p.m. when many of these kids are involved in extra curricular activities such as baseball, softball, soccer and track? These kids started these sports/activities prior to any registration date for this course. I hate to see the kids start something and not be able to finish. Would it be possible to either move the course back by two weeks so that the sports schedule will be over and still be completed before school is dismissed for the summer? Another alternative would be to change the start time from 3 p.m. to 5 p.m.? This not only affects the student but the entire team as well. Your consideration in this matter is greatly appreciated.

A: Thank you for your concern. The schedule for the drivers' education course was determined by taking a number of factors into consideration. Given the backlog of high school students who were not able to participate in a drivers' education course for the past two and a half years, we wanted to begin as soon as possible. The idea was to offer one course before school adjourns for the summer, and at least two more over the summer. Another consideration was the schedule of the instructor; he is a teacher at the high school, and drivers' education is just one of the evolutions he is involved in. Additionally, the school's academic schedule was taken into account. While we realize that some students would indeed have a conflict because they participate in extracurricular sports/activities, we also had to consider that beginning the class much later would potentially impact all students - as all students must participate in final examinations at the school. According to the USFJ and CFAY Instructions governing drivers' education, the students must attend 45 hours of

instruction - to include 39 classroom hours. It would indeed be asking a lot of students, anytime during the school year, to attend drivers' education classes every evening. Therefore, we have tried to limit the classes to no more than three a week and still have the first program finish prior to June; we have had to include some Saturdays as well. As you can see, a lot of thought was put into the schedule for this first drivers' education class. We knew that we could not accommodate everyone, so we opted for accommodating the most.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Please address personal concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to yo-cocorner@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for June 5. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or e-mail: yo-cocorner@fe.navy.mil.

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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Yokosuka Cub Scout Pack 33 Regatta Boat Race – Kindergarten to fourth-grade boys in Yokosuka, Ikego and Negishi are invited to come and enjoy the fun of cub scouting at the Yokosuka Cub Scout Pack 33 Raingutter Regatta Boat Race at the Commissary Red Brick area May 10 at 1 p.m. Cub scouting information and registration will be available. Many year-round fun events are waiting for you in cub scouting. E-mail to pack33@gmail.com for more information.

Free USO Military Appreciation Day Carnival – The United Services Organization (USO) is inviting you to attend a free Military Appreciation Day Carnival at Kosano Park (rain location is Thew Gym) May 18 from noon to 4 p.m. Their will be food and beverage booths, game booths, air toys, live performances, giveaways and a magician and balloon maker. For more information or to volunteer for this event, contact the USO office at 241-4895. USO, until every one comes home.

DBIDS Registration – Don't forget to register in the Defense Biometric Identification Data System (DBIDS)! Due to the updated Non-combatant Evacuation Operation (NEO) plan and increase in force protection and random anti-terrorism measures, all military, civilian employees, Navy contractors and their family members including children 10 years of age and older, Master Labor Contract (MLC) employees and local contractors onboard Yokosuka Base or assigned to afloat units are required to register in DBIDS. Personnel that are currently registered in DBIDS but have had changes to their profile must come in and update their information. The DBIDS registration office is located at the main gate inside building 1495. Customer service hours are Monday through Friday from 7 a.m. to 4 p.m. 横須賀基地に關係する軍人、軍属、契約従業員及び10歳以上のご家族、MLC従業員、契約業者の方は全て指紋認識データシステム (DBIDS) に登録する必要があります。既に登録された方で、データに変更がある方は、1495ビルのDBIDS登録事務所7所でデータの更新を行って下さい。受付は月～金曜の午前7時から午後4時まで。

NMCRS Caseworker Training Class – The Navy-Marine Corp Relief Society (NMCRS) is a non-profit organization that depends on volunteer support from the community to service Navy and Marine Corps families. If you are interested in volunteering as a caseworker and attending the Caseworker Training class in May, contact the NMCRS Yokosuka office at 243-7905 or 243-4450. The training is free and you can get reimbursed for child care and commuting expenses.

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Blue Ridge senior chief saves shipmates life

Story and photo by MC2(SW) Peter D. Lawlor,
USS Blue Ridge Public Affairs

Senior Chief Damage Controlman (SW) Wesley Lief Lairson saved the life of Chief Master-at-Arms (SW) Mary McQuain April 29 by performing the Heimlich maneuver and dislodging some food that was blocking her airway.

Lairson was on his way to see the "sheriff" to get some information when he came into her office and saw her gasping for air. "I asked her if she was okay and she shook her head no, so my first instinct was to pat her on the back," calmly said Lairson. "I then asked her if she could breathe and she shook her head no and gave me the international choking sign"

Lairson said at that point his Navy training took over and he positioned himself behind the choking victim, made a fist with one hand and cupped the fist with his other and gave two upward and inward thrusts below her sternum and at the top of her abdomen.

"I thank God I was in the right place at the right time," said Lairson who also added that thanks to the life saving training he learned through the Navy he knew exactly what to do without hesitation.

McQuain publicly thanked her hero at his departmental quarters the following evening and told the engineers of his life saving efforts and how she may not be alive today had he not found her. "Senior Chief Lairson is my brother in the mess," McQuain told the engineers. "Now he is also my hero."

McQuain then gave him a sincere hug and thanked him once again for saving her life.



MAC(SW) Mary McQuain hugs her rescuer DCCS(SW) Wesley Lief Lairson, who she praised at his departmental quarters for saving her life just the day before. McQuain was choking on some food and unable to breathe until Lairson found her and performed the Heimlich maneuver to clear her airway.

Navy reestablishes U.S. 4th Fleet

By MC3 Alan Gragg, U.S. Naval Forces Southern Command Public Affairs

Chief of Naval Operations (CNO) Adm. Gary Roughead announced today the reestablishment of U.S. 4th Fleet and assigned Rear Adm. Joseph D. Kernan, currently serving as Commander, Naval Special Warfare Command, as its first commander.

U.S. 4th Fleet will be responsible for U.S. Navy ships, aircraft and submarines operating in the U.S. Southern Command (SOUTHCOM) area of focus, which encompasses the Caribbean, and Central and South America and the surrounding waters.

Located in Mayport, Fla., and dual-hatted with Commander, U.S. Naval Forces Southern Command (COMUSNAVSO), U.S. 4th Fleet reestablishment addresses the increased role of maritime forces in the SOUTHCOM area of focus, and demonstrates U.S. commitment to regional partners.

"Reconstituting the Fourth Fleet recognizes the immense importance of maritime security in the southern part of the Western Hemisphere, and sends a strong signal to all the civil and military maritime services in Central and Latin America," said Roughead. "Aligning the Fourth Fleet along with our other numbered fleets and providing the capabilities and personnel are a logical execution of our new Maritime Strategy."

U.S. 4th Fleet was original established in 1943 as one of the original numbered fleets, and was given a specific mission. During World War II, the U.S. needed a command in charge of protecting against raiders, blockade runners and enemy submarines in the South Atlantic. U.S. 4th Fleet was disestablished in 1950 when U.S. 2nd Fleet took over its responsibilities.

Initially, the new 4th Fleet will be headquartered with COMUSNAVSO and take advantage of the existing infrastructure, communications support and personnel already in place in Mayport. As a result, U.S. 4th Fleet will not involve an increase in forces assigned in Mayport.

"This is a significant change and presents us the opportunity to garner the right resources for the missions we run for Southern Command," said Commander, U.S. Naval Forces Southern Command Rear Adm. James W. Stevenson Jr.

U.S. 4th Fleet will retain responsibility as COMUSNAVSO, the Navy component command for SOUTHCOM. Its mission is to direct U.S. naval forces operating in the Caribbean, Central and South American regions and interact with partner nation navies within the maritime environment. Various operations include counter-illicit trafficking, Theater Security Cooperation, military-to-military interaction and bilateral and multinational training.

Navy College Centers resume ACT, GED, SAT exams

By Sharon Anderson,
Chief of Naval Personnel Public Affairs

Sailors can again take ACT, General Educational Development (GED) and SAT exams beginning May 1 at their local Navy College Center after Defense Activity for Non-Traditional Support (DANTES) officials gave the authorization to restart the testing.

Other Defense Activity for Non-Traditional Support (DANTES) paper-based testing for the Navy, both ashore and afloat, has not resumed. Sailors may take these tests electronically at National Testing Centers (NTC) located worldwide on numerous military installations.

ACT, GED and SAT tests are available only on paper.

"It was very important to start administrating these tests again so our Sailors can continue their education plans. We will continue working closely with DANTES to reestablish these testing privileges on shore and on ships," said Ann Hunter, voluntary education service chief.

Sailors applying for the Seaman-to-Admiral (STA-21) program should contact their local Navy College Office immediately to schedule the appropriate exam, she added.

All paper-based DANTES testing was halted in late February after tests were lost at some Navy installations and ships.

"The Navy is aggressively pursuing electronic testing through on-base NTCs," said Hunter. "The advantages of on-base NTCs are numerous, but the most significant to our Sailors is that they are able to deliver the results of the test immediately."

In addition, all veterans, active-duty, reserve and retired military members and their families that are getting ready to take the SAT or ACT college entrance tests can obtain free study preparation CDs by visiting the Web site <http://www.military.com/military-report/free-sat-act-prep-software>.



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ATGWP Sailors build relationship with Shiroyama Children's Home

Story and photo by MC3 Bryan Reckard,
Fleet Public Affairs Det., Japan

Sailors from Afloat Training Group Western Pacific (ATGWP) volunteered their time cooking food and passing out candy April 29 at the Yugawara Festival, an event coordinated by the Shiroyama Children's Home.

According to Sonar Technician (Surface) 1st Class (SW) Anthony Demangone, ATGWP's Shiroyama events coordinator, the festival is coordinated by the staff of the children's home and ATGWP's Sailors volunteered to participate in the event.

"The festival gives the Shiroyama Children's Home the opportunity to give back to the local community," Demangone, a Pittsburgh native said. "The coordinators from Shiroyama set up the booths, coordinate with the town and set up all kinds of activities, whether it is entertainment, food, or games for the children, and then we go up there and do our part to support them."

ATGWP has sponsored Shiroyama Children's Home for more than 40 years and coordinates dozens of annual projects and events for the home, including a Christmas party,

volunteering at the festival, performing maintenance on the facilities and gathering donations for the children.

"We've donated clothes, we've donated toys, and we've donated various things for all of the children," said Demangone. "They have 57 children up there and every year I come up with a list and the members of the command decide which ones they want to sponsor."

ATGWP Sailors also take pride in setting up a playground set, a sandbox and a wading pool at the children's home.

Demangone said that the reward for the work and time the Sailors devote to the children's home is felt when the children are enjoying themselves and the gifts provided to them.

"It's an awesome opportunity, not only for ATG as a command, but for us as individual Sailors and ambassadors from our country to have the chance to give back to our host nation's community," said Demangone. "You get out there and you put an industrial size playground in, you give them gifts and you provide them clothing. Anytime you have an opportunity like that and you see the children really enjoying themselves it's hard to call it a reward, because it feels like more than that. There is no underlying objective; you're doing it because you want to do it."

Sailors from Afloat Training Group Western Pacific (ATGWP) serve hot dogs at the Yugawara Festival, an event coordinated by the Shiroyama Children's Home April 29. ATGWP sponsors the children's home, a relationship both organizations have enjoyed for more than 40 years.



Navy Web site recognized with Webby Award distinction

By MC2(SW/AW) Jason McCammack, Navy News Service

The Webby Awards, the leading international honor for the Web, recognized Navy.mil as an "Official Honoree" April 10.

The Webby Awards recognize work exhibiting remarkable achievement. The Navy.mil web site is produced for the U.S. Navy by Naval Media Center.

Hailed as the "Oscars of the Internet" by the New York Times, The Webby Awards is the leading international award honoring excellence on the Internet, including Web sites, Interactive Advertising, Online Film and Video, and Mobile Web sites. The awards are judged by the International Academy of Digital Arts and Sciences, a global organization that includes David Bowie, Harvey Weinstein, Arianna Huffington, AKQA Global Creative Director Rei Inamoto, Matt Groening, Jamie Oliver, Internet inventor Vinton Cerf and RealNetworks CEO Rob Glaser.

"The Webby Awards honors the outstanding work that is setting the standards for the Internet," said David-Michel Davies, executive director of The Webby Awards. "Navy.mil's Official Honoree selection is a testament to the skill, ingenuity, and vision of its creators."

"What a thrill to be an official Webby Award honoree," said Navy.mil creative director and program manager Bill Spencer. "I am honored to have the Navy's Web site be mentioned alongside such esteemed fellow official honorees including CNBC, The Washington Post, CNN and the Royal Australian Navy. This is the icing on the cake on what has been an incredible year for our Web site. This is a great way to celebrate what we have been doing."

This year's Webby Awards received more than 8,000 entries from more than 60 countries and all 50 states. Of those, fewer than 15 percent were deemed Official Honorees.

Ultimately, there were five other "nominees" recognized for top honors in the government category. Navy.mil, however, was one of only 13 sites from around the world in the category receiving Official Honoree designation.

Using the printed word, video and electronic media, Naval Media Center supports



Hailed as the "Oscars of the Internet" by the New York Times, the Webby Awards recognized www.navy.mil as an "Official Honoree" April 10.

Image courtesy of CFAY Public Affairs

the Chief of Navy Information's mission of keeping the Navy and Marine Corps team up-to-date on issues that affect their careers and their lives.

"Our Navy.mil team has done a great job providing a rich, technically-advanced Web experience for our Navy family and the general public over the past year," said Naval Media Center Commanding Officer Capt. Gordon Hume. "Being recognized as a Webby Official Honoree helps validate our efforts to stay at the forefront of technology."

日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
事務系 (MLC)				
会計技術職	5	FEC-FM-007-08	I, II, IV	May 12, 2008
管理専門職	4	NCTSFE-007-08	I, II, III, IV	May 22, 2008
技師職 (電気)	7	FEC-PRY2-005-08(R3)	I, II, III, IV	May 15, 2008
技師職 (環境)	7	SRFJRC-098-07(R4)	I, II, III, IV	May 15, 2008
技師職 (一般)	7	FEC-OPBDR-002-07(R3)	I, II, III, IV	June 2, 2008
技師職 (材料)	7	SRFJRC-087-07(R2)	I, II, III, IV	June 5, 2008
エンジニアリング専門職 (電子)	6	NCTSFE-003-08(R)	I, II, III, IV	June 17, 2008
エンジニアリング専門職 (一般)	6	FEC-PRY114-003-08(R)	I, II, III, IV	June 2, 2008
エンジニアリング専門職 (一般)	6	FEC-PRY113-002-08(R2) (A2)	I, II, III, IV	June 17, 2008
エンジニアリング専門職 (一般)	5	SRFJRC-054-08(R2) (A)	I, II, III, IV	May 15, 2008
エンジニアリング専門職 (機械)	7	SRFJRC-065-08(R)	I, II, III, IV	June 26, 2008
エンジニアリング専門職 (船舶技師)	7	SRFJRC-92-06(OUF) (A2)	I, II, III, IV	空席広報参照
法律顧問職	6	TSO-02-06(OUF)	I, II, III, IV	空席広報参照
サブライシステム分析職	6	DDYJ-001-08(R)	I, II, III, IV	May 21, 2008
労務要求事務所	4	NCTSFE-006-08	I, II, III, IV	May 22, 2008
事務系 (IHA)				
食堂支配人 (交代勤務監督)	4	NEX-084-08	I, II, III, IV	May 22, 2008
技能系 (IHA)				
フォークリフト運転手	6	NEX-743-08	I, II, IV	June 19, 2008
ジャンター・フォーマン A	4	MWR-18-08(R)	I, II, IV	June 24, 2008
保安系 (MLC)				
緊急活動隊派遣職	4	RDC-02-08(R)	I, II	May 27, 2008
移動巡視警備員	2	CFAY-1200-01-08(R)	I, II, IV	May 20, 2008
期間限定従業員				
会計技術職	4	FEC-FM-003-08(R3)	I, II, III, IV	June 2, 2008
技師職 (電気)	7	FEC-PRY2-002-08(R3)	I, II, III, IV	May 15, 2008
翻訳通訳職	5	FEC-MS-002-08(R2)	I, II, IV	June 10, 2008
倉庫係	4	NEX-732-08(A)	I, II, III, IV	May 26, 2008
時給制従業員				
ペーカール	4	NE-HPT-78-07(R3) (A)	I, II, IV	May 21, 2008

コック	4	MWR-HPT-16-08(R)	I, II, IV	May 27, 2008
コック	4	MWR-HPT-20-08(R)	I, II, IV	June 11, 2008
コック	4	MWR-HPT-23-08(R)	I, II, IV	June 16, 2008
コック	4	MWR-HPT-34-08	I, II, IV	May 15, 2008
コック	4	MWR-HPT-59-07(R3)	I, II, IV	July 1, 2008
カウンター・アテンダント	3	NE-HPT-CAY-06(OR) (A)	I, II, IV	空席広報参照
カウンターアテンダント・フォアマン B	5	NEX-HPT-085-08(A)	I, II, IV	May 22, 2008
カウンターアテンダント・フォアマン B	5	NEX-HPT-711-08(R2)	I, II, IV	May 26, 2008
カウンターアテンダント・フォアマン A	4	NEX-HPT-095-08	I, II, IV	June 6, 2008
カウンターアテンダント・フォアマン A	4	NE-HPT-111-07(R6)	I, II, IV	May 21, 2008
ハウスキーパー職	3	NEX-HPT-015-08(R2)	I, II, IV	May 30, 2008
ジャンター	3	NEX-HPT-402-08(A)	I, II, IV	May 22, 2008
営繕工	5	NEX-HPT-742-08	I, II, IV	June 11, 2008
オフィスオートメーションクラーク	3	NE-NPT-737-08	I, II, IV	May 27, 2008
セールスチェッカー	3	NE-HPT-SCY-06(OR)	I, II, IV	空席広報参照
セールスチェッカー	3	MWR-HPT-15-08(R)	I, II, IV	May 13, 2008
セールスチェッカー	4	MWR-HPT-33-08	I, II, IV	May 15, 2008
サービスワーカー	2	MWR-HPT-SIY-06(OR)	I, II, IV	空席広報参照
サービスワーカー	2	MWR-HPT-32-08	I, II, IV	May 13, 2008
車両運転手	5	NE-HPT-501-07(R3) (A)	I, II, IV	June 16, 2008
ウェ이터 / ウェイトレス	2	MWR-HPT-64-07(R3)	I, II, IV	June 23, 2008
ウェ이터 / ウェイトレス	2	MWR-HPT-31-08	I, II, IV	May 13, 2008
ウェ이터 / ウェイトレス	2	MWR-HPT-WIY-06(OR)	I, II, IV	空席広報参照
倉庫係	4	NEX-HPT-727-08(R)	I, II, IV	July 1, 2008

応募には「募集範囲」に該当することが第一条件です。募集範囲 I, II, III は現基地従業員、IV は外部応募者を対象としています。

I: 部署 / 部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合です。範囲は最も狭いものです。

II: 現 MLC/IHA 従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現 MLC/IHA 従業員 (全在日米軍) - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくは HRO ホームページ (<http://hro.cnfj.navy.mil/>) ジョブ・ホットライン (046) 816-9000 (軍電 243-9000) または横須賀基地正門手前左、HRO 日本人雇用課事務所 (1階) 掲示板をご覧ください。

国際親善釣り大会 - 米海軍横須賀基地で釣りをしませんか？

日時: 6月7日(土) 午後4時から午後9時まで(雨天決行)
集合時間/場所: 午後3時30分/基地正面ゲート集合 * 参加費1500円(お釣りのないようお願いします) * 正面ゲートからの送迎、食事、飲み物が含まれます。
募集人数: 50名(先着順)

応募資格: 18歳以上(18歳未満の方は保護者同伴に限り)

基地入場に際し本人確認の為、身分証明書を必ず持参してください。尚、ベース保安部の規則により健康保険証等または、平成19年3月より導入されたICチップ付の免許証は受付出来なくなりましたので、運転免許証、パスポート、写真付の住民基本台帳カードのいずれかを持参して下さい。持参なき場合は入場をお断り致します。

応募方法: お電話、またはFAXにて、お名前、生年月日、国籍、連絡先をお知らせください。(FAXでの応募の方で、参加受付を確認されたい方はお電話ください)

応募締切: 6月2日(月) 午後4時まで。参加申し込み後のキャンセルは6月2日(月) 午後4時までにMWR国際交流企画部にご連絡下さい。締切日までにご連絡なき場合は損失補填金として1500円を頂戴致します。送金が確認されない場合は、次回よりご参加をお断りする場合があります。(送金方法はキャンセルの際お知らせ致します)

用意する物: 釣り竿(2本まで)、えさ、岸壁釣りの仕掛け、雨具、タオル等

狙える魚: スズキ、メバル、カサゴ、アイナメ、アジ等

釣り場範囲: 横須賀基地内の岸壁約300mの範囲

売店: 無し。飲み物販売機はあります。

表彰式: 同日午後9時15分より、一匹の重さにより表彰します。

* 入門の際手荷物検査がありますので当日は最小限の荷物でお越し下さい。

* 危険物の持ち込みは禁止されています。

* 基地内での事故につきましては一切責任を持ちません。

* ごみの後始末を忘れずをお願い致します。

お申し込み・お問い合わせ: 米海軍横須賀基地MWR国際交流企画部

Tel: (046)816-4731 FAX: (046)826-1698

(FAX申し込みの際、お名前はカタカナでご記入ください)

日本人従業員診療所の横浜銀行ATMが一時使用停止されます

現在工事中の日本人診療所の改装工事を安全に進めるため、5月12日(月)から7月31日(木)の間、横浜銀行ATMが一時使用止めになります。これは屋根の工事による雨漏りや外壁工事によって設備に損害を及ぼさないようにするための措置ですので、皆様のご理解・ご協力をお願いいたします。

Case Lot sale yields big savings for commissary customers

By Carrie Williams, Defense Commissary Agency

If last year's numbers are any indication, the worldwide case lot sale in May will yield fantastic savings for commissary customers. In May 2007, commissaries around the globe posted numbers that totaled more than \$12.5 million in sales and 1.8 million cases of product sold, proof of increasingly savvy shopping by commissary customers. Though overall savings are holding steady at 30 percent or more, case lot sales can increase those savings even more – which explains their popularity.

"We are optimistic about the numbers this year," said the Defense Commissary Agency's (DeCA) acting director, Rick Page. "Commissary shoppers love these sales, so we expect great customer support."

DeCA holds worldwide case lot sales twice a year – in May and September. The September sale started in 2001 and proved so popular another was added in May. The biannual event offers shoppers an opportunity to buy bulk quantities of their favorite products at increased savings, such as canned goods, beverages, paper products, pet supplies, cleaning or laundry products, and in some cases, fresh chicken, pork, beef and produce.

The Yokosuka Commissary will hold its May Case Lot sale on Saturday and Sunday, May 17 and 18 from 9 a.m. to 5 p.m., in front of the Commissary on the Red Brick area. There will be a bounce house for the kids to jump in, a DJ to play some great music to get you in the right mood for shopping, product demonstrations and giveaways. This will be a great time for the entire family, so gather them up and head down to the commissary.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a five percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices – savings worth about \$3,000 annually for a family of four. A core military family support element, and a valued part of military pay and benefits,



Customers line up for the May 2007 Case Lot sale at the Yokosuka Commissary. DeCA holds worldwide case lot sales twice a year - in May and September. The biannual event offers shoppers an opportunity to buy bulk quantities of their favorite products at increased savings.

Photo by Mark Kubo

commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

New Driver Education Course aims primarily at teens

Story and photo by Dan Bowen, CFAY Public Affairs

The new Driver's Education Course, aimed primarily at individuals aged 16 to 18, began its first session April 21 at building B39B in the traffic safety office training room.



(Center) Mike Adair, instructor for the new Driver's Education Course at the traffic safety office, addresses 24 kids eager to get behind the wheel. The new course which began its first session April 21 is aimed primarily at teens 16 and up.

"The purpose of the class is to provide kids with a certificate that will enable them to get their licenses when they go back to the states," said Mike Adair, a Kinnick High School teacher and instructor for the Driver's Education class. Although the class is open to anyone who is interested in obtaining a driver's license, priority will be given to high school aged individuals.

The course, which costs \$300, consists of 39 hours of classroom instruction and will cover topics such as traffic laws, driver preparation, vehicle movements, driving in adverse conditions, personal responsibility issues and Japanese rules of the road. In addition to the classroom work, students will also be required to complete one hour of driving observation with the instructor and five hours of driving instruction with a parent or licensed driver over the age of 30.

After completing the full 45 hours of combined classroom and behind-the-wheel training, students will be issued a certificate stating that they have successfully completed a driver's education course using a curriculum based on the Texas Driver and Traffic Safety Education Association (TDTSEA) program. This certificate should be recognized by local Departments of Motor Vehicles when individuals return home and wish to get their stateside driver's licenses.

For driving on base and in Japan, students who are 18 years or older will also be required to attend the driver's indoctrination course offered as part of the Area Orientation Brief and Inter-cultural Relations Course held on Fridays at the Benny Decker Theater.

Of particular note to parents is the fact that all supervised driving with the instructor will be conducted in the student's privately owned vehicle. Parents are expected to bring their student in the family vehicle to the appointed place for each 30 minute driving session. Students also need to be present for all classes. Students are allowed one absence, which will have to be made up with the instructor. If more than one class is missed, the student will automatically fail the course and will not be entitled to a refund.

For more information on future course dates or about the course itself, contact the Safety Office at 243-7314.

Memorial ceremony held at Japanese WWI monument

A memorial ceremony was held on a hillside onboard Commander Fleet Activities Yokosuka (CFAY) April 23 at a monument for Japanese sailors who died in World War I.

Japanese Buddhist monks, retired Japan Maritime Self-Defense Forces members, CFAY Chief Staff Officer Cmdr. Jon Lundquist, and other related people from Yokosuka city attended the ceremony.

Lundquist learned the existence of the monument from CFAY Public Works Dept. Environmental Div. in March, 2007. He visited it in June 2007 to trim the foliage which had concealed it from view for years. In March, 2008, Naval Facilities Engineering Command (NAVFAC) staff finished clearing the area and cleaned the monument. NAVFAC also provided a temporary stairway along the hillside which allowed access to it and enabled Lundquist to organize a memorial ceremony with the support of CFAY and NAVFAC personnel.

The stone monument is nearly 2.4 meters tall, and is inscribed with the words "War Memorial" in front, "Died on Oct. 20, 1914" and "Erected by Commanding Officer Masaki and his troops of Heavy Artillery" on the sides. The monument, located behind what was the site of an Imperial Japanese Navy Gunnery School turned out to have been erected for nine sailors who graduated from the school and died in a battle against German forces fighting in China in 1914.

Shigetora Masaki, a grandson of Imperial Japanese Navy Vice Adm. Yoshimoto Masaki who supervised the nine sailors, attended the memorial ceremony and said, "This memorial ceremony must comfort the spirits of the dead who served their country."

Photo by Kazuyuki Takagi



MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • May 9, 2008



LET'S GO TO THE MOVIES!

Advance Tickets for

SPEED RACER

On Sale May 13 - 15* at ITT
*Subject to change

Power Steering Fluid and Automotive Battery

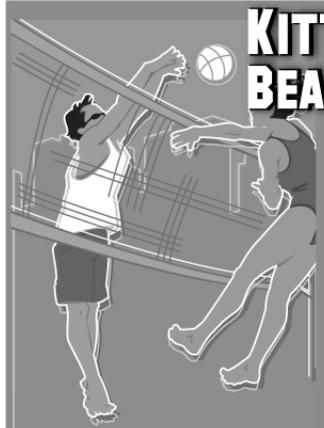
Saturday, May 10 from 1300 to 1600
Behind the Gas Station's car wash
This 3-hour course will entail on how and when to check the power steering fluid and if it needs to be changed. Want to know the purpose of the automotive battery? This is your chance to learn and also to find out on how to check the water level in your battery. For more information call 243-5456.



KITTY HAWK LAST STAND BEACH VOLLEYBALL TOURNAMENT

Saturday, May 10 at 0900
Sand Volleyball Courts

Come out and challenge the members of the USS Kitty Hawk in one final sports event! Event is open to ALL Commands. No pre-registration required. Teams should show up at 0830 on the day of the event. Tournament will be one day only. For details call 241-2955.



King Pin Promotion

Open to active duty open-play bowlers. \$1 per visit. Post your highest score for a lane. Every Tuesday morning of the month we will post and update the highest games for the lanes. At the end of the month, each lane winner will be awarded with a certificate printed with his or her name and lane number. Winners will also be eligible to roll off in a two-game tournament on last Friday of each month. Winners will receive gift certificates which are redeemable at the Pro Shop or Mean Genes. Amounts will vary depending on number of entries. Offer is not valid during a league or tournament play. For more information, please call the Bowling Center at 243-5158.



SWIM LESSON PROGRAM

Tuesday & Thursday

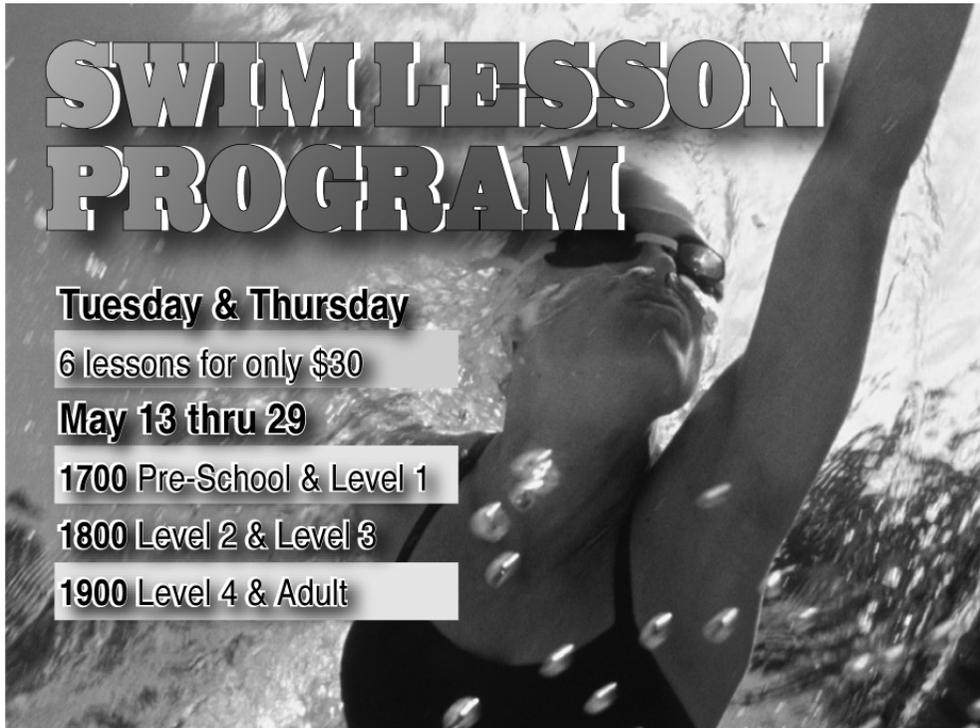
6 lessons for only \$30

May 13 thru 29

1700 Pre-School & Level 1

1800 Level 2 & Level 3

1900 Level 4 & Adult



Sunday, May 11 from 0900 to 1400 at CPO Club

Mother's Day Brunch Buffet

What's better than breakfast in bed? Mother's Day Brunch at the CPO Club with live entertainment! Where else can you get an exquisite array of breakfast and lunch items all at one place for a great price. For details, please call 243-5506.

\$12.95 per person
\$6.95 kids 8 to 11
\$4.95 kids 4 to 7



CABIN RENTALS

Enjoy the West Valley Campground's cabins with family and friends. These cabins will accommodate four to five people comfortably. Starting at \$40 a day! For details, please call 243-5732.





Outside the Gate

ITT Tickets

Attention Keikyu Passnet Users

Beginning March 15, all Keikyu train stations will no longer accept Passnet Cards. If you have an active card, please return it to the nearest Keikyu station for a refund on the balance of the card.

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until June 30, 2008.

Discount Hakejima Sea Paradise Tickets

Discount tickets for Hakejima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea*? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

Beginner's Surfing Class at Shonan Area, Kanagawa Prefecture

This class on May 24 includes surfboard/wetsuit rental, a one hour class in the water and a one hour mandatory briefing two days prior to the trip. The cost is \$65.

Beginner Sea Kayaking at Hayama, Kanagawa Prefecture

Experience the adventure of sea kayaking on the western side of Miura Peninsula on May 24. After a one hour class where participants will learn basic paddling strokes as well as the Eskimo Roll, depending on ability, we will paddle around the rocky shores of the small islands that trail along the coastline between Zushi and Chojagasaki. Trip location is subject to change depending on the weather. The cost is \$50 per person and includes transportation and sea kayak.

Intermediate Rock Climbing and Camping at Ogawayama, Nagano Prefecture

Enjoy Memorial Day weekend (May 25 & 26) in this fresh green forest, where Japanese free climbing started. Ogawayama is considered the "Little Yosemite" with granite cliffs and white birches surrounding the campground. Only a short hike to the rocks. Participants must attend a mandatory briefing on May 22 at 1700 in ORC. The cost is \$120 per person and includes instructions, transportation and tents. Participants will have to prepare their own meals and basic necessities.

Mt. Fuji Trip Leaders' Briefing

Are you interested in helping Outdoor Adventure Program with their Mt. Fuji hikes? Then join us on May 28 & 29 at ORC for our trip leaders' briefing! We are looking for potential trip leaders and helpers with good hiking experience with good hiking experience to assist us with our Mt. Fuji climbs for the months of July and August.

Mystery Intermediate Surfing Trip

Two days prior to this May 31 trip, our trip leaders will check the weather and wave forecast and determine the location of the trip. The cost is \$50 per person and includes transportation. Rental surfboards and wetsuits are available at Green Bay Marina (located on the 2nd floor at McDonald's) for an additional charge.

Advanced Day Hike at Mizugakiyama, Yamanashi Prefecture

Join Outdoor Recreation on May 31 as we hike this picturesque pile of huge standing rocks and enjoy the amazing views and beautiful rhododendrons blossoming in the woods. Due to its rugged travel, this hike can be tough and is not recommended for beginners. The cost is \$60 per person

Paintball

For a fun day of shooting your friends, Ikego's Paintball Paradise is open for walk-in play every Saturday and Sunday from 1000 to 1600. Open Play is \$20 for one day's field fees, air and basic rental package. The field is also available Monday thru Friday for birthday parties, command functions, team building or just a group of friends. Reservation fees include field fees, air, basic rental package and 200 ball. A 2-hour reservation costs \$20 and a 4-hour reservation costs \$36.

Earth Day Part 47 Comes To Yokosuka

Story by MIYUKI TAKEZAWA, MWR International Program Office
Photos by BRAD TAMURA, MWR Slot Machine Manager

On Saturday, April 26, MWR's International Program Office hosted Earth Day Part 47 onboard Fleet Activities Yokosuka. What set this Earth Day apart from previous ones, is the addition of divers to help clean Green Bay behind McDonald's (This part of the event had been cancelled twice previously due to bad weather). Seven members of "The Bubble Club" (base dive club) braved the early spring temperature water to help make our planet a little better for everyone. They were assisted by four volunteers on the surface and a pusher boat provided by CFAY Port Operations to dispose of trash. A MWR boat stood-by during dive operations. A large amount of refuse was collected, including an old automobile tire, a broken electric motor, a badly deteriorated marine battery and various rubbish, cans, bottles broken glass, broken fishing line, and lures. Some of the bottles were of a design more than 20 years old. Divers also recovered a lost tool box for a marina customer whose boat had capsized sending the tool box to the bottom. "We enjoyed this event very much and hope to participate again next year" said "Bubble Club president, MA1 Bill Stewart, who is a member of CFAY Security Department. While the dive operation was taking place, clean-up around base was being done simultaneously. There were 22 U.S members representing different commands from around the base along with 12 Japanese nationals covering two routes that both began at Club Alliance near the main gate and ended behind Thew Gym. Afterwards, everyone enjoyed a BBQ and awards presentation. GSCS (SW) Romualdo Uy of ATGWP, received a Letter of Appreciation signed by CFAY's Commanding Officer, Captain Daniel L. Weed for participating in his 10th Earth Day and ENC (SW) Armand Balilo, also of ATGWP, received a Letter of Appreciation signed by MWR Director, John C. Kinnamon for participating in his 5th Earth Day. The next Earth Day event will be held Saturday, August 30 and will be cleanup of Chiba Beach (directly across Tokyo Bay from Yokosuka). This will also be a joint effort with local Japanese nationals. If you are interested in participating in this, or any International Program event, please call Miyuki at 243-4731. For a complete list of MWR events, from International Programs to Adult Sports, check out our website at www.cfay.navy.mil/mwr.



Japanese and American divers braved the chilly springtime waters to do their part in cleaning up Green Bay. Participants pulled up several loads of debris ranging from car tires to 20 year old cans and bottles.



Divers weren't the only ones pitching in to do their part, volunteers also came out to clean up the streets and sidewalks between the main gate and Thew Gym.

MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

Lead Cook: NL-08, \$13.56/hr. CPO Club (1 RFT).
Food Service Supervisor: NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).
Administrative Assistant: NF-03, \$10.54/hr. O'Club (1 RFT).
Cook: NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (2 RFT), CPO Club (1 RFT).
Bartender: NA-05, \$10.35/hr. Club Alliance (1 Flex).
Food Service Worker: NA-03, \$8.96/hr. Club Alliance (1 Flex), O' Club (2 RFT).
Waiter/Waitress: NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), CPO Club (1 RFT), Club Takemiya (1 RFT/1 Flex) Club Alliance (1 Flex).
Lead Cashier: NF-02, \$8.39/hr. CPO Club (1 RFT).
Administrative Assistant: NF-02, \$8.39/hr. CPO Club (1 RFT).
Club Operations Assistant: NF-02, \$8.39/hr. CPO Club (2 RFT/3 Flex), O' Club (2 Flex), Club Takemiya (1 Flex).
Cashier: NF-01, \$7.50 - \$9.50/hr (DOE). CPO Club (1 RFT), O' Club (1 Flex).
ID Checker/Security: NF-01, \$6.70/hr. Club Alliance (1 RPT/7 Flex).

Support Activities

Air Conditioning Equipment Mechanic: NA-08, \$12.32/hr. Maintenance (1 RFT).
Electrician: NA-08, \$12.32/hr. Maintenance (1 RFT).
Material Handler: NA-07, \$11.68/hr. Central Warehouse (1 RFT).
Marketing Representative: NF-03, \$10.54/hr. Marketing (2 RFT).
Office Automation Clerk: NF-02, \$9.00/hr. Marketing (1 RFT).
Personnel Assistant: NF-02, \$8.39/hr. Personnel (1 RFT) – Internal applicants only.

Child Development Programs

Food Service Worker: NA-02, \$8.28/hr. Ikego CDC (1 RFT).
Program Assistant: GSE-02, \$9.50/hr. Ikego (5 Flex).

Community Activities

Auto Worker Helper: NA-02, \$10.35/hr. Auto Hobby Shop (2 Flex).
Recreation Assistant: NF-02, \$9.50/hr. Youth Center – Yokosuka (1 RFT/2 Flex), Negishi (1 RPT), Ikego (1 RFT), Teen Center – Yokosuka (1 Flex).
Food Service Worker: NA-03, \$8.96/hr. Bowling Center (1RFT).
Administrative Assistant: NF-02, \$8.39/hr. Community Activities (1 RFT).
Lead Slot Cashier: NF-02, \$8.39/hr. Bowling Center (1 RFT).
Recreation Assistant: NF-02, \$8.39/hr. Wood Hobby Shop (2 Flex), Youth Sports – Yokosuka (2 Flex), Ikego (1 Flex), Community Center (1 RFT/2 Flex).
Recreation Aide: NF-01, \$7.25/hr. Bowling Center (4 Flex).
Cashier: NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

Recreation

Food Service Worker: NA-03, \$8.96/hr. Theater (3 Flex).
Duty Manager: NF-02, \$8.39/hr. Theater (2 Flex).
Operations Clerk: NF-02, \$8.39/hr. Entertainment (1 RFT) Internal applicants only.
Administrative Assistant: NF-02, \$8.39/hr. Outdoor Recreation (1 RFT) – Internal applicants only.
Recreation Assistant: NF-02, \$8.39/hr. Special Events (1 Flex).
Ticket Seller: NF-01, \$5.85/hr. Theater (5 Flex).

Athletics

Field Maintenance Worker: NA-05, \$10.35/hr. Athletics (1 RFT/1 Flex).
Recreation Assistant: NF-02, \$8.39/hr. Adult Sports (1 Flex).
Clerk Typist: NF-01, \$7.30/hr. Athletics (1 RPT).
Gear Issue Attendant: NF-01, \$6.50/hr. Athletics (1 RFT/5 Flex).
Swim Instructor: NF-02, \$10.00/hr. Aquatics (10 Flex).
Head Lifeguard: NF-02, \$9.50/hr. Aquatics (2 RFT/1 Flex).
Lifeguard: NF-01, \$6.65/hr. Aquatics (8 Flex).
Pool Attendant: NF-01 \$5.85/hr. Aquatics (3 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, May 9
 1730 Horton Hears A Who G
 2030 Horton Hears A Who G
Saturday, May 10
 1300 Horton Hears A Who G
 1730 Horton Hears A Who G
 2100 Horton Hears A Who G
Sunday, May 11
 1300 Penelope PG
 1730 Horton Hears A Who G
 2030 Penelope PG
Monday, May 12
 1730 Penelope PG
 2030 Iron Man PG13

Tuesday, May 13 \$1 Movie Night
 1730 College Road Trip G
 2030 Iron Man PG13
Wednesday, May 14
 1730 Horton Hears A Who G
 2030 Never Back Down PG13
Thursday, May 15
 1730 Penelope PG
 2030 Iron Man PG13
Friday, May 16
 1730 Speed Racer PG
 2100 Speed Racer PG
 2400 Speed Racer PG

Fleet Theater

Friday, May 9
 1800 Never Back Down PG13
 2100 Domsday R
 2400 Domsday R
Saturday, May 10
 1800 Witless Protection PG13
 2100 Domsday R
 2400 Never Back Down PG13
Sunday, May 11
 1800 Never Back Down PG13
 2100 Domsday R
Monday, May 12
 1800 Domsday R
 2100 The Bank Job R

Tuesday, May 13 \$1 Movie Night
 1800 Witless Protection PG13
 2100 Never Back Down PG13
Wednesday, May 14
 1800 Iron Man PG13
 2100 Domsday R
Thursday, May 15
 1800 Never Back Down PG13
 2100 The Bank Job R
Friday, May 16
 1800 Iron Man PG13
 2100 Tyler Perry's Meet the Browns PG13

Negishi Theater

Friday, May 2
 1900 Iron Man PG13
Saturday, May 3
 1300 Iron Man PG13
 1900 The Bank Job R

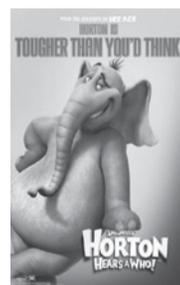
Sunday, May 4
 1300 Iron Man PG13



Speed Racer
Cast: Emile Hirsch, Christina Ricci, Matthew Fox, Susan Sarandon
Synopsis: Born to race cars, Speed Racer is aggressive, instinctive and, most of all, fearless. His only real competition is the memory of the brother he idolized, whose death in a race has left behind a legacy that Speed is driven to fulfill in the thundering Mach 5.



Iron Man
Cast: Robert Downey Jr, Terrence Howard, Gwyneth Paltrow, Jeff Bridges
Synopsis: Tony Stark is a billionaire industrialist and genius inventor who is kidnapped and forced to build a devastating weapon. Instead, using his intelligence and ingenuity, Tony builds a high-tech suit of armor and escapes captivity. When he uncovers a nefarious plot with global implications, he dons his powerful armor and vows to protect the world as Iron Man.



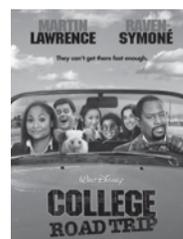
Dr. Seuss' Horton Hears A Who
Cast: Jim Carrey, Steve Carell, Dan Fogler, Carol Burnett, Seth Rogen
Synopsis: Imaginative elephant Horton hears a cry for help coming from a tiny speck of dust floating through the air. Suspecting there may be life on that speck and despite a surrounding community which thinks he has lost his mind, Horton is determined to help.



Domsday
Cast: Rhona Mitra, Bob Hoskins, Alexander Siddig, Adrian Lester
Synopsis: A lethal virus spreads throughout the British isles, infecting millions and killing hundreds of thousands. To contain the threat, authorities quarantine the country. Three decades later, the virus violently resurfaces in London. An elite group of specialists is urgently dispatched to retrieve a cure by any means necessary. Shut off from the rest of the world, the unit must battle through a landscape that has become a waking nightmare.



The Bank Job
Cast: Jason Statham, Saffron Burrows, Stephen Campbell Moore, Daniel Mays
Synopsis: Based on the true story of the 1971 London Baker Street bank robbery which was prevented from being told for over thirty years because of a Government gag order. The real story of how one of the biggest robberies in British history took place with no arrests ever made nor money ever recovered.



College Road Trip
Cast: Martin Lawrence, Raven Symone, Arnetia Walker
Synopsis: When an overachieving high school student decides to travel around the country to choose the perfect college, her overprotective cop father also decides to accompany her in order to keep her on the straight and narrow.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

School Age Care

Rock and Roll Night Grade K-6

Friday, May 16 from 1800 to 2100

Spend an evening of excitements with your friends and

"Let's Rock the Boat." Bring your favorite music (appropriate)

CD's and showcase your talents. There will be a competition on Rock and Roll Dance and Cupid Shuffle. Prizes will be awarded to the best Groups. Please register by May 9. For more information, please call 243-5492 or stop by Yokosuka Youth Center.



AFAA Group Exercise Personal Training Workshop

Friday thru Sunday, May 16 thru 18 from 0800 to 1700
at Fleet Rec Group Exercise Room, 5th Floor

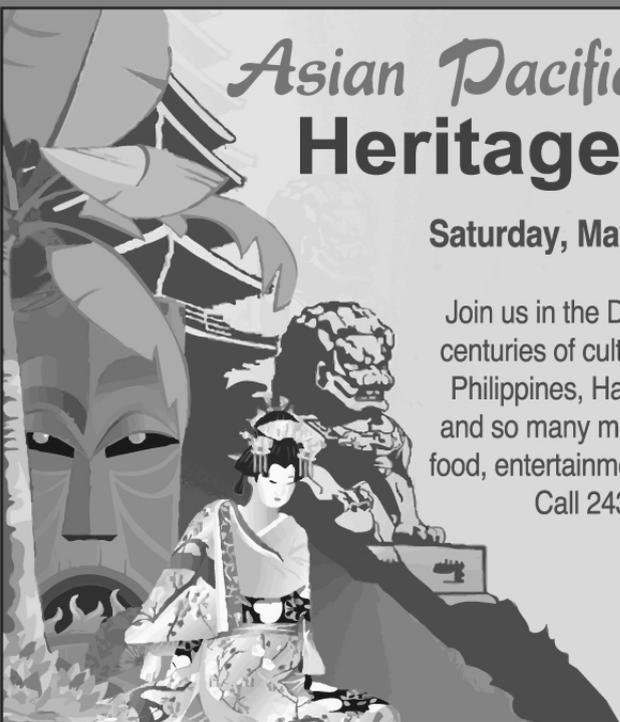
If you like to workout and would like to get paid for it, we have the perfect opportunity for you. MWR Fitness will be hosting Aerobics and Fitness Association of America (AFAA) courses to certify you as a Group Exercise instructor as well as courses to expand your fitness knowledge. To register and make payment, please come to the MWR Wellness and Fitness Office. For more details, please call 241-4486.

Course	Date	Cost
Primary Group Exercise <i>- includes course, study guide, exam fee and two year international certification.</i>	Friday, May 16	\$254
Practical Pilates Instructor Training Floor, Core & More	Saturday, May 17	\$110
	Sunday, May 18	\$110

Asian Pacific American Heritage Festival

Saturday, May 17 from 1100 to 1500

Join us in the DECA Courtyard to celebrate centuries of cultures from Japan, China, the Philippines, Hawaii, Polynesia, Micronesia, and so many more. There will be family fun, food, entertainment, and air toys for the kids. Call 243-5215 for more information.



Armed Forces Sports & Fitness Day

Saturday, May 24 from 1000 to 1300 at Thew Gym

Events:

Kick off the day with Adult 5K Run at 0830.

Follow by the America Kid's Day Fun Run at 0930.

Immediately following the Kid's Day Fun Run, will be the "Tot Tots" for youth under 5 years of age. Event will include health/wellness/fitness/nutrition booths, along with demonstrations from martial arts, Hip Hop Dance, Zumba for all ages, Kids Yoga and Gymnastics. A variety of non-traditional sports such as Dodgeball and Blong-o-Ball will be offered for the entire family. Adults will have the chance to compete in a "Power-lifting" competition comprised of 3 or 4 lifts. This annual event is for all ability levels and focuses on fun for all. All participants are winners and the youth fun run event will not be timed. Each youth fun run participant will receive a FREE "America's Kids Day Run" t-Shirt!



9-13 age group (2 mile), 7-8 age group (1 mile)
5-6 age group (1/2 mile)
Please arrive 15 minutes early for registration.



Club Alliance Backyard Blowout and Prizes and Free Food!

Special Farewell to the 'Hawk!' 25th Anniversary Special
Saturday, May 24 at 1400

Relax outdoors grillin and chillin with DJ O, FREE FOOD and the Club A crew! Check out the Non-Alcoholic Quarters Championship, Birthday Cake Balancing Challenge with great prizes plus iPod, Boombox and Gift Card giveaways! Celebrate 25 years of entertainment and a special "farewell" to the 'Hawk!' Open to all-hands 18 and up! Entrance is FREE!



COMMANDER FLEET ACTIVITIES YOKOSUKA SINCERELY THANKS AND APPRECIATES THE SPONSORS OF THIS EVENT. HOWEVER, NEITHER THE NAVY NOR ANY OTHER PART OF THE FEDERAL GOVERNMENT OFFICIALLY ENDORSES ANY COMPANY, SPONSOR, OR THEIR PRODUCTS OR SERVICES.

"End of School Year Bash"

Monday, May 26 from 1200 to 1500
Ikego Field #4b

Join MWR on Memorial Day for a fun filled day of activities on the ball field as we officially kick-off summer. This event includes air toys game booths, food and drinks, cotton candy and music throughout. For more details call 246-8071.



YOUTH SPORTS SUMMER REGISTRATION

Youth Swim Season

Registration for the Youth swim teams will run until June 13. Program is for children ages 6-18 Swimming teams from Negishi, Ikego and Yokosuka will compete at four swim meets. \$40 for the first child and \$35 for each additional child. \$5 discount for PAYS members. Season begins mid June and runs through mid August. For details, please contact your local Youth Sports Office. **Please note: Child must be able to swim at least one length of the pool without assistance or stopping for rest.**



Teen Summer Basketball

Registration for Teen Summer Basketball will run until June 13. Great summer program for teens 13-18! Season runs from June 16 to August 2. Games are mostly on Saturdays and a few games on weekdays. Teams are Co-ed. \$40 for the first teen and \$35 for each additional teen. Discount for PAYS members.



Youth Dodgeball Season

Registration for Youth Dodgeball will run until May 18. Great summer program for youth age 7-15! Season runs from June 9 to July 19. Games are mostly on Saturdays and a few games on weekdays. Teams are Co-ed. \$40 for the first child and \$35 for each additional sibling. Discount for PAYS members.

FitFactor

NAVY CYP GET UP - GET OUT - GET FIT
The Navy Youth and Teen Health & Fitness Program for ages 6-18.

The goal of the FitFactor program is to encourage you to make healthy choices and give you opportunities to participate in a variety of fun activities. By getting involved with the program you can reach fitness goals, increase your self-esteem, and set yourself on a healthy lifestyle path that will be continued throughout your adult years. Use the online incentive program to log points, gain levels, and get prizes!

For more information or to schedule a FitFactor presentation please call 241-2952 and ask for the FitFactor coordinator.



New Participant?
Visit your local Navy School Age Care Center or Youth Sports Office to get enrolled and join in the FitFactor Fun! Check out the website at www.navygetfit.com

TRICARE coverage during Permanent Change of Station

By Lora Sanders-VanNoy, USNH Yokosuka

Permanent Change of Station (PCS) season is now in full swing and will continue over the next few months. Whether TRICARE beneficiaries are enrolled in Standard or Prime, be assured that healthcare coverage will move with them with minimal effort.

Before leaving Japan, all beneficiaries should stop by the TRICARE Service Center (TSC) for more information. The TSC representative can answer questions on enrollment or program benefits. Prime members will also complete a PCS form, which lets TRICARE know the beneficiary is leaving the Pacific Region. Also available at the TSC is a travel card containing valuable phone numbers if care is needed during a member's transition back to the United States.

TRICARE Prime is designed to be easy and convenient, but there are a few things beneficiaries must keep in mind to avoid unnecessary costs, ensure access to quality care and prevent a break in Prime coverage.

It is important to update the Defense Enrollment Eligibility Reporting System (DEERS) record upon arrival at the new duty station. If Prime enrollment is available, Prime beneficiaries should transfer their enrollment as soon as possible by simply completing the proper paperwork at the new TSC. Prime beneficiaries have 60 days from when they leave the Pacific to transfer their enrollment to enjoy uninterrupted TRICARE Prime coverage. If beneficiaries do not transfer their enrollment within the 60 days they will revert to TRICARE Standard for their health care coverage.

Standard beneficiaries may want to consider enrolling in Prime at their new duty station if it is available. The TSC at the member's new duty station can provide

information about locally available TRICARE programs, helping beneficiaries to make an informed decision on their family's health care coverage.

Members that choose Standard enrollment can see any TRICARE authorized provider but must meet associated

which results in out-of-pocket costs, deductibles and cost shares for the beneficiary. All beneficiaries needing urgent care during transit can visit the nearest MTF for available appointments. When care is not available at a MTF they should call the responsible regional TSC to obtain a listing of available civilian network providers. This number can be found on the Travel Card. In case of an emergency, all beneficiaries should go immediately to the nearest MTF or civilian emergency department.

If civilian care is obtained during the PCS move, a claim for payment or reimbursement must be submitted to the appropriate claims processor. All network providers will file the claim for the beneficiary. However, beneficiaries may be expected to pay at the time of service and then file a claim if seen by a non-network provider. In either event claims for Continental United States (CONUS) active duty care and family members enrolled in TRICARE Pacific Prime are managed by two separate addresses. Claims for active duty members are mailed to WPS-AD Overseas, P.O. Box 7698, Madison WI 53707-7968; and claims for family members are mailed to WPS-Foreign Claims, P.O. Box 7985, Madison, WI 53707-7985. Standard beneficiary claims are filed with the claims processor for the region where the care was received.

Families also need to plan for dental care when transitioning back to the United States. TRICARE recommends enrolling the family in the United Concordia TRICARE Dental Program (TDP) at least 30 days prior to leaving Japan. Premiums range from \$11.58 for the single plan (one family member) to \$28.95 for the family premium (more than one family member). Visit www.tricare dental program.com for enrollment information or call 243-5509.

Visit the TRICARE Service Center or call 243-9528 for more information.



(Left) Melissa Pinillo of TRICARE Dental assists beneficiary Claribel Macalma by clarifying an explanation of benefits document.

Photo by Jill Ward

deductibles and cost shares. Currently, the annual deductible is \$50 per individual and \$100 per family for E-1 through E-4; \$150 per individual and \$300 per family for E-5 through O-10 sponsors. In addition there is a cost-share for outpatient care received outside of the military treatment facility (MTF). For active duty family members this amount is 20 percent of the TRICARE Maximum Allowable Charge (TMAC).

Receiving health care while in transit - Prime beneficiaries are encouraged to wait until they transfer their enrollment to their new region for any routine appointments. This is to avoid exercising the Point-of-Service option,

“Give me five for stroke” and save a life

By Lt. Cmdr. Norak Chhieng, USNH Yokosuka

Stroke is the third leading cause of death in America. Shaving off a few minutes at the beginning of the condition could make the difference between death, disability or a full recovery.

A stroke is usually caused by blockage in a blood vessel that supplies the brain therefore starving it of vital oxygen-rich blood. If this is not treated quickly, that area of brain tissue dies. To an emergency doctor faced with a stroke victim “time is tissue,” and quicker treatment generally means better outcome.

Because early medical intervention is so important, the Stroke Collaborative Campaign was formed to help better educate the public about the warning signs of stroke so that it is recognized earlier, and thus treated sooner. The campaign is a team of medical experts from the American Academy of Neurology (AAN), the American College of Emergency Physicians (ACEP) and the American Stroke Association (ASA).

Recent research has shown that the general public is not very aware of the signs and symptoms of stroke. Even if these symptoms disappear completely, immediate care is still necessary. As a result, the campaign came up with the catch phrase “Give me 5 for stroke” to help with identifying the signs of stroke. The five things to look

for in a possible stroke victim are:

- Walk – Is their balance off?
- Talk – Is their speech slurred or face droopy?
- Reach - Is one side weak or numb?
- See - Is their vision all or partly lost?
- Feel - Is their headache severe?

Seek care at the nearest emergency department if any of the above signs are present, and say “I think this is a stroke.” Dial 911 on base and 119 off base.

Of particular concern is the fact that women account for almost 70 percent of deaths from stroke; and new research released in February 2008 has shown a tripling in the rate of stroke among middle-aged women, the focus of this campaign.

The actress, Morgan Fairchild, joined the campaign. She took care of her mother who suffered multiple debilitating strokes until her death in 1999. Dr Diana Fite, an emergency medical specialist who has since fully recovered from her stroke in 2006 at the age of 53, is also on the campaign trail.

For more information, visit the Web site www.giveme5forstroke.org or call the U.S. toll free number, 1- 888- 4STROKE. You may also contact the U.S. Naval Hospital (USNH) Yokosuka's emergency department with any questions or concerns at 243-5137.

FISC Yokosuka brokers local \$49 million lodging contracts

Story and photos by Tim Shannon,
CFAY Public Affairs

With a symbolic stroke of the pen, U.S. Fleet and Industrial Supply Center (FISC) Yokosuka Commanding Officer Capt. Andy Benson finalized a deal between the U.S. Navy and local businesses worth approximately \$49 million over the next five years.

Awarding the contracts assured comfortable housing on the local economy will be provided for up to 600 civilians from Puget Sound Naval Shipyard (PSNS), temporarily assigned to Yokosuka. This effort will contribute to the smooth turnover between *USS Kitty Hawk* (CV 63) and *USS George Washington* (CVN 73) and to provide routine maintenance on *George Washington*.

"This initiative is extremely important," Benson said at the contract signing ceremony, "I'm very pleased that we could play this role in helping to arrange comfortable, local accommodations for all PSNS workers and to assist

in the continuous sustainment of *USS George Washington*. I'm very proud of FISC's Code 200 [Contracting Department] team. I think they did a wonderful job to make this happen."

PSNS Yokosuka Detachment Director William McDonald also spoke at the contract signing ceremony. He said the efforts put forth by FISC's Contracting Department eased many of the concerns his chain of command had about sending people to Japan.

"When we learned of our need to bring our workforce here to perform maintenance on *George Washington*, one of the largest concerns we had was determining how we were going to adequately house our people," said McDonald. "We soon found out that the FISC Yokosuka team opened the doors wide for us. We were very pleased with the outcome of the contracts. This is a very big win for all of us."

Also attending the contract signing ceremony was FISC Contracting Department Deputy Director Charles Dupray, who seconded the notion that the U.S. Navy and local businesses benefitted greatly from this contract.

Dupray was quick to add that the majority of the credit for negotiating the contract between the Navy and five local businesses went to FISC Contracting Specialist Minako Shibuya, who was recognized at the end of the ceremony for her efforts.

"This contract was the most difficult one I have ever done because the contract required a lot of requests related to quality of life issues," said Shibuya. "Incorporating those requirements into the contract wasn't easy since many lodging facilities in Japan don't have those sorts of things. I'm so glad this contract will take a lot of the

difficulty out of their [the PSNS workers] TDY (temporary duty assignments). My co-workers and supervisors really helped me to complete this task. I couldn't have done it without their support," she added.

McDonald praised Shibuya and her co-workers' efforts and was extremely pleased with the results.

"The quality of the housing that has been made available to us is outstanding," he said. "We look forward to not only being good neighbors in the Yokosuka and Yokohama communities, but also to continue our partnership with Benson and his wonderful staff for years to come."

Of the five contracts awarded by FISC, the majority of the \$49 million will go to the Hotel Yokosuka Company and Hello Housing Limited, with smaller contracts awarded to Plaza Homes Limited, Kinki Nippon Tourist Company and Japan Travel Bureau Tokyo Metropolitan Corporation.



FISC Commanding Officer Capt. Andy Benson symbolically signs a contract for lodging for workers from Puget Sound Naval Shipyard.



(Right) FISC Contracting Department Deputy Director Charles Dupray discusses the specifics of the \$49 million lodging contracts for workers from Puget Sound Naval Shipyard.



FISC Contract requisition cut-off dates

Due dates for expiring funds requisitions are fast approaching. Please keep the following dates in mind when submitting purchase requests for contractual action. Customers are encouraged to communicate with U.S. Fleet and Industrial Supply Center (FISC) Yokosuka personnel as early as possible in the acquisition process. This will ensure adequate lead time for market research to locate commercially available items and services, prepare documentation, evaluate offers and ensure timely delivery of products and services.

For more information, call the FISC Yokosuka Contracting Office at 243-7622 for shore based contracts or 243-7861 for afloat-based contracts.

Estimated Amount	Type of Action	Due Date
\$3,000 or less	Micropurchase per NAVSUPINST 4200.99	Aug. 22
\$3,001 ~ \$25,000	Purchase/Delivery Order	Aug. 22
\$25,001 ~ \$100,000	Purchase/Delivery Order	Aug. 8
Up to \$100,000	Annual Rental and Maintenance (ARM) requirements	Aug. 8
Over \$100,000	Delivery Orders	June 14
Over \$100,000	Annual Rental and Maintenance (ARM) requirements	May 30
\$100,001 ~ \$1 million	Contract	May 30

FISC Post Offices prepare for postage stamp rate increase

Story and photo by Tim Shannon, CFAY Public Affairs

U.S. Fleet and Industrial Supply Center Yokosuka's post office and United States Postal Service (USPS) facilities worldwide will experience a postal rate increase May 12.

The price for a standard letter weighing up to one ounce will increase to 42 cents, vice the current rate of 41 cents, and the rate for sending postcards will increase from 26 cents to 27 cents.

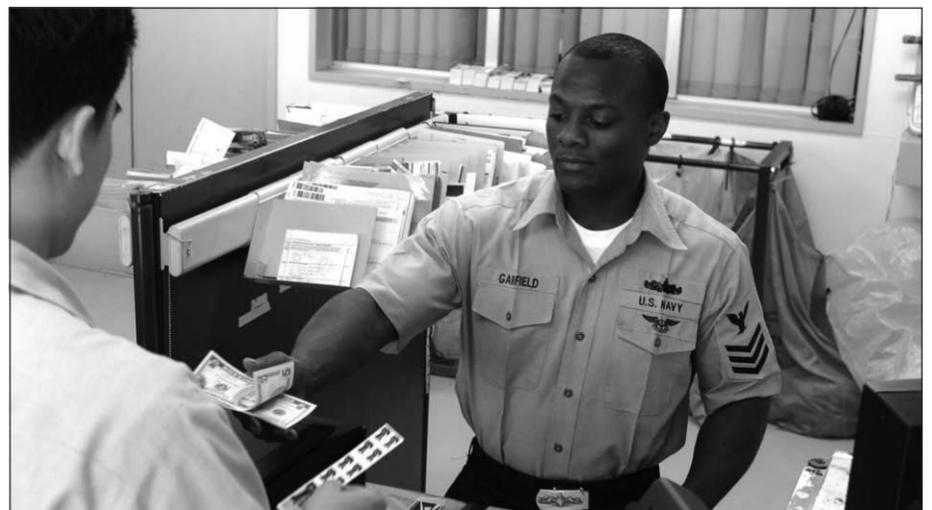
According to FISC Postal Clerk 1st Class (SW/AW) Brian Garfield, FISC's postal facilities are preparing to assist postal customers who cannot use up their old stamps before the May 12 deadline.

"If you still have 41 cent stamps, don't throw them out. We will have a surplus of one cent stamps available when the new rates are rolled out May 12," he said.

Along with having plenty of one cent stamps on hand, the USPS has also provided its customers a way to mail standard one-ounce first-class letters "forever" without the worry of postal rate increases.

"The 'Forever Stamp' is a very beneficial stamp," said Garfield. "Let's say, for example, that three years from now, the price to mail a one-ounce first-class letter increases again. That 41 cent stamp will still get your letter where it needs to go."

According to a recent news release from the USPS, the "Forever Stamp" has become very popular. USPS customers have been buying Forever Stamps at a rate of about 30 million per day, bringing the amount sold to more than 6 billion since they were first offered by the USPS in April 2007.



PC1(SW/AW) Brian Garfield sells a book of "Forever Stamps" to a customer at the FISC post office onboard Fleet Activities Yokosuka.

SRF-JRMC supports Afghanistan through their VCR

Story and photos by Keiichi Adachi, CFAY Public Affairs

Every Thursday at 11a.m., volunteer members of Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) meet in the Operations Building at SRF-JRMC to begin sorting new and used shoes, clothing, school supplies, candies and snacks, toys and other items into the designated donation drop-off boxes, packing those boxes and moving them to the mail room to begin preparation for shipping.

SRF-JRMC is supporting a Volunteer Community Relations or VCR Project, which started March 20.

Lt. Mitchell Perrett, who is taking the lead of the VCR, said that one of the United States' humanitarian missions in Iraq and Afghanistan is to help the Iraqi and Afghani people. "The VCR program provides the opportunity for U.S. Soldiers, Sailors, Airmen and Marines to provide items like clothing, fuel, food, toys and school supplies to local families within these countries," Perrett stated.

Chief Electronic Technician (SW/AW) John H. Maze at the combat systems office, said that he enjoys helping out and it is always fun being with people who help others, no matter how hard or easy the work is. Also, Maze shared his thoughts on the idea of the VCR. "For me, it is a personal belief that we all should care for people who can not help or provide for themselves. Caring for each other is how we as a nation succeed. Volunteer community relations events are great examples of how our two nations, Japan and U.S.A., come together for the betterment of others as well as strengthening our unity."

What was the trigger for VCR at SRF-JRMC? One member of the SRF-JRMC family, Lt. Jason Deutsch is now in Afghanistan as an Individual Augmentee as one of three engineering department heads and is responsible for more than 100 millions dollars of construction in direct support of U.S. Forces in Kabul, Afghanistan. Lt. Deutsch is also part of the crew that sorts and delivers the donated items to the local people near his base every Friday. SRF-JRMC is supporting one of their own by supporting Deutsch and sending the donation to Afghanistan.

Junko Isozaki, deputy commander secretary at SRF-JRMC, said that she wants to join whatever she can to support others and that she is always willing to help.

"I think this is a good project for SRF-JRMC employees to participate in. There are lots of ways to make contributions like bringing clothes, donating boxes and tapes, helping sort and packing items and other ways," said Isozaki.

With a variety of people at SRF-JRMC, including officers and enlisted military personnel, U.S. civilians, and Japanese employees, each group gathers and helps sort, pack and ship the donated items.

According to Chief Yeoman (SW) Renee Green, the VCR at SRF-JRMC has been active for 6 weeks as of April 24, and volunteers and donated items for the VCR are much more than she expected for each week. She said that everyone who assists the VCR on Thursdays does great work by donating time to sort, pack, and ship, and she gave thanks to the SRF-JRMC team for lending a hand. She also stated, "I think the



Volunteers of the VCR project at SRF-JRMC are busy sorting the donated items from numerous SRF-JRMC employees and families.

毎週水曜日、SRF-JRMCのVCRへのボランティアは、多くのSRF-JRMCの従業員とその家族からの寄付された物の分類に追われる。

current shipment figure is 2,743 pounds and is as a result of the generosity of all members of the SRF-JRMC family both American and Japanese alike. Everyone has a sense of accomplishment knowing that giving of their cloths, toys, candy and time is for a great cause."

Michael Crippen, store manager at the Defense Commissary Agency (DeCA) Yokosuka, has provided the VCR at SRF-JRMC with lots of used cardboard boxes since the VCR started. Perrett was looking for cardboard boxes to pack donated items and ship them to Deutsch. The DeCA needs to get rid of a number of emptied cardboard boxes from provisions and various goods they carry, according to Crippen.

"When Lt. Perrett came to see me and told me about the VCR at SRF-JRMC, I thought that the story would be a good opportunity to recycle the boxes and to support the VCR activity at his command. I will continue to support SRF-JRMC with boxes as long as they need," said Crippen.

Perrett said that he is very surprised and grateful for the outpouring of support. It takes about seven to eight days for packages to reach Deutsch in Afghanistan through the military postal service; but there is no cost for the shipping, according to Perrett. "We will continue to collect items until September, so there is still time for those that choose to donate to do so," said Perrett.

SRF - JRMC、VCRを通じてアフガニスタンを支援

文・写真:安達慶一、CFAY広報課

毎週水曜日午前11時になると、艦船修理及び日本地区造修統括本部（SRF-JRMC）のボランティアの面々が本部ビルの1階に集り、指定された寄付箱に集った新品・中古品の靴、衣料品、学用品、お菓子、スナック類、玩具などを分類、梱包して発送する為に郵便室に運び込む。

SRF-JRMCは今年の3月20日より始めた地域住民関係活動（VCR）を支援している。

VCRの音頭をとるミッチェル・パレット大尉が話すには、イラク、アフガニスタンで米国が行っている人道支援任務の一つに、イラク、アフガニスタンの人々の援助がある。「VCRは米国陸軍、海軍、空軍及び海兵隊の兵士たちに、両国内の地域住民への衣料、燃料、食糧、玩

具や学用品など提供する格好の機会をもたらしている」とパレット大尉は述べた。

コンバットシステム部に所属するETC(SW/AW)ジョン・メイズによると、作業が楽でもまた辛くても、援助や他の人々を手伝う人々と一緒にいることはいつでも楽しいと話し、VCRに対する思いをこう続けた。「自分たちではどうする事も出来ない人々の面倒を見るべきだというのが、私の個人的な信念です。お互いを大切にすることが、国家としての成功をもたらします。VCRは我々の結束を強めるだけでなく、様々な向上対して日米両国がいかに協力するかを表す素晴らしいことです。」

VCRの発端は何だったのか。SRF-JRMC家族の一員であるジェイソン・ドイッチ大尉が、現在（主に米陸軍の人員補強として）個人有志派兵兵としてアフガニスタン派遣され、3人の技術工学部門長の一人としてカブールの米軍を支援とする10億ドル以上の建設工事の責任を負っている。更に、ドイッチ大尉は毎週金曜日、彼の滞在する基地に近接する集落を訪れ、住民に寄付された物を分類し配る隊員の一人でもある。支援し寄付された物資をドイッチ大尉のいるアフガニスタンに送ることが、SRF-JRMC家族の一員を支える証となっている。

SRF-JRMC副指令の秘書を務める磯崎純子さんによると、どんな形であれ人道的に人々を支援する活動に積極的に参加したいし、いつでも手伝いたいと言う。

「SRF-JRMCの従業員

にとり、このVCRプロジェクトは参加するに値するものだと思います。衣料を持寄り、ダンボール箱や梱包テープの寄付、分類や梱包などのあらゆる手段による多くの貢献方法がある」と磯崎さんは述べた。

SRF-JRMCの将校、下士官、軍属、日本人従業員が一丸となって寄付された物を分類、梱包、発送している。

YNC(SW)レニー・グリーンによると、VCRは4月28日現在、活動開始以来6週間とても活発であり、VCRに対するボランティアや寄付された物は、毎週期待したよりも遥かに多いという。更に、木曜日に手伝いに来る誰もが、分類、梱包、発送の時間を提供して素晴らしい作業を行ってくれていて、彼女は手を差し伸べてくれるSRF-JRMCチームに感謝の念で一杯だ。「現在、発送した物資の重さは1,235キログラムあり、これは日本人と米国人によるSRF-JRMC家族が持つ厚意の賜物です。慈善に対して個人の衣料品、玩具、お菓子や時間を提供することによって、誰にでも達成感がこみ上げて来るでしょう」とYNC(SW)レニー・グリーンは語った。

防衛購買部横須賀支所（DeCA）でストアマネジャーのマイケル・クリベンさんは、VCRが始まってからSRF-JRMCに使用済みのダンボール箱を提供してきている。パレット大尉がドイッチ大尉に寄付された物を梱包し発送する為のダンボール箱を探していた。DeCAでは扱う食料品やあらゆる製品から出る多数の空のダンボール箱の処分が必要だとクリベンさん。

「パレット大尉が会いに来てくれて、SRF-JRMCで行っているVCRの話聞いた時に、ダンボール箱の再利用と彼の部隊でのVCRの手伝うのに良い機会だと思いつきました。今後必要とされる限りは、SRF-JRMCへの支援は続けます」と電話インタビューで話した。

限らない支援に対して驚きと感謝の念を隠せないとパレット大尉はしみじみ語った。軍事郵便サービスを通じてドイッチ大尉にパッケージが届くには7~8週間かかるが、パレット大尉によると郵送料は掛からないという。

「9月まで活動は続ける予定です。ですから支援の為に寄付という選択をする時間は十分にあります」とパレット大尉は言葉を締めくくった。



The donated items to SRF-JRMC VCR are sorted, packed and shipped to Lt. Jason Deutsch in Afghanistan for donating to local families near his base.

SRF-JRMCのVCRに寄付された物は、分類し梱包されアフガニスタンに居るドイッチ大尉に発送され、滞在する基地に近接する集落を訪れ、住民に寄付される。

Attention all motorcycle riders

By CFAY Safety office

The Navy has released its latest version of OPNAVINST 5100.12H, Navy Traffic Safety Program. For a copy of the instruction in its entirety please visit the Naval Safety Center web page. It has some major updates for personnel that operate motorcycles both on and off base.

Motorcycle Safety Training Recertification – All military personnel who operate a motorcycle on and off base, and all DOD civilian personnel who operate a motorcycle on base shall complete an experienced rider course or additional Commander Naval Safety Center approved training every three years.

Here's the action item. Check your Motorcycle Safety Foundation (MSF) Cards. If you have never taken the Experienced Rider Course (ERC) or have not had the suite in more than three years you must recertify. The good news is that Commander Fleet Activities Yokosuka (CFAY) provides just the course to help you keep the rubber side down. The ERC is coached by seasoned professionals certified by MSF and instructs not only motorcycle fundamentals but cover the unique aspects that accompany riding in Japan.

CFAY Safety office provides the MSF ERC and Basic Riders Course (BRC) on a monthly basis but seating is limited. Senior riders should take a look at their commands and ensure that younger junior riders have had ample training and mentoring. If you are interested in riding or you need to recertify contact the safety office to sign up at 243-7354 or cfaysafety@fe.navy.mil. You can also find the annual calendar on the CFAY Safety home page at <http://www.cfay.navy.mil/safety.htm>.

Collection, disposal of household hazardous waste guide offered

By CFAY Public Works Environmental Division

Leftover household products that contain corrosive, toxic, ignitable or reactive ingredients are considered to be household hazardous waste (HHW). Products, such as paints, cleansers, oils, Lead-Acid batteries, pesticides, solvents, automotive products, garden products and et cetera that contain potentially hazardous ingredients require special care when you dispose of them. To properly manage the collection and disposal of HHW, the Navy Family Housing Self Help Center and Commander Fleet Activities Yokosuka (CFAY) Public Works Department (PWD) Environmental Division are providing the Yokosuka, Negishi and Ikego a guide to collect and dispose of HHWs. All Navy housing residents should:

- Completely use up the products listed in the attached Household Hazardous Waste Turn-In Guide.
- Give usable, leftover products listed in the Household Hazardous Waste Turn-In Guide to friends, neighbors, or donate to churches, schools, or community groups.
- Use non-hazardous or less hazardous alternative whenever possible.
- Follow the instructions in the Household Hazardous Waste Turn-In Guide for the proper disposal of HHW. The Household Hazardous Waste Turn-In Guide also lists the location of the HHW collection points at Yokosuka, Negishi and Ikego Navy Family Housing Self Help Facilities and their hours of operation.

This program is an effort to reduce the amount of HHW being disposed of as solid waste within the Yokosuka Naval Complex. A successful HHW collection and disposal program requires only a small effort at the source resulting in conserving natural resources and protecting the environment. It makes sense and it's the right thing to do for the U.S. Navy, our host nation of Japan and the planet Earth.

To obtain a copy of the guide contact the Navy Family Housing office at 243-7263 for Yokosuka, 246-8027 for Ikego, 242-4250 for Negishi or CFAY PWD at 243-2732.

Head's Up Yokosuka! Community Announcements

Free Military Appreciation Day Carnival – The United Services Organization (USO) is inviting you to attend a free Military Appreciation Day Carnival at Kosano Park (rain location is Thew Gym) May 18 from noon to 4 p.m. There will be food and beverage booths, game booths, air toys, live performances, giveaways and a magician and balloon maker. For more information or to volunteer for this event, contact the USO office at 241-4895. USO, until every one comes home.

Armed Forces Sports and Fitness Day - The Armed Forces Sports and Fitness Day will be held May 24 from 10 a.m. to 1 p.m. at Thew Gym. The event will kick off with the Adult 5K run at 8:30 a.m. followed by the America Kid's Day Fun Run at 9:30 a.m. Immediately following the Kid's Day Fun Run, will be the "Tot Trots" for youth under 5 years of age. Event will include health, wellness, fitness and nutrition booths along with demonstrations from martial arts, Hip-Hop dance, Zumba for all ages, Kids Yoga and gymnastics. A variety of non-traditional sports such as dodgeball and Blong-o-Ball will be offered for the entire family. Adults will have the chance to compete in a "powerlifting" competition comprised of three or four lifts. This annual event is for all ability levels and focuses on fun for all. All participants are winners and the youth fun run event will not be timed. Each youth fun run participant will receive a free "America's Kids Day Run" T-shirt.

Healthy Relationships: for your child's future – Learn how family interactions will influence your child well into adulthood. The class is offered by Fleet and Family Support Center every second Tuesday of the month from 5 - 6:30 p.m., in the Take room, FFSC Annex. Call 243-7878 for more information or to sign up.

FFSC Renovation – The Fleet and Family Support Center (FFSC) will be undergoing renovations from now to May 23. Call 243-3372 or 243-7878 for assistance or more information.

Compass Program Class – The next available class will be held May 28 through 30 at the Chapel of Hope in classrooms 1, 2 and 4. Compass, a three-day, 12 hour course is a peer-to-peer mentorship program designed to help Navy spouses adapt to military life. Contact Shelle Napier at 241-3282, for more information or to make a reservation.

Individual Augmentee (IA) Spouse Support Group Meetings – Share your challenges and success strategies with others. Meet other IA spouses going through similar challenges. Take time out for yourself. For more information and dates on meetings, call the Fleet Family Support Center (FFSC) at 243-3372 or e-mail to lanie.jamison@fe.navy.mil.

NMCRS Caseworker Training Class – The Navy-Marine Corp Relief Society (NMCRS) is a non-profit organization that depends on volunteer support from the community to service Navy and Marine Corps families. If you are interested in volunteering as a caseworker and attending the Caseworker Training class in May, contact the NMCRS Yokosuka office at 243-7905 or 243-4450. The training is free and you can get reimbursed for child care and commuting expenses.

Negishi Leisure Classes - Negishi leisure classes include ballet, karate, piano, ball room, Ikebana, origami, tea ceremony, kimono dressing and Japanese language lessons. Available on the first and second floor of the Community Center Building. Please download schedule at www.cfay.navy.mil/mwr/commctr.pdf for class schedules. Call the Negishi Community Center at 242-4760 for more information.

Pet of the Week



This week's Pet of the Week is Kublai. He is a 2 year old black Tabby who is litter box trained, microchipped, neutered and has all his shots updated. Kublai is a shy but affectionate cat who gets along well with children and would be a great addition to your family. To find out more about Kublai or any animal at P.A.W.S., contact them at 243-9996, or visit the P.A.W.S. Web site at www.pawsyokosuka.org.

Photo by Vicki Boehler

Mother's Day, nurses, skin care products

By Chaplain Jack Carver

The eyes of the 67-year-old mother and grandmother I had come to visit in the hospital were closed as she calmly breathed. Not knowing if she was asleep, I felt hesitant to disturb her. Finally, remembering how far I had driven to see her and how much her Marine son-in-law said she needed a pastor to visit her, I made the decision to let her know I was in the room. Doctors had told the family the cancer treatments had failed to improve her condition.

A voice gently responded, "Oh, hello. I was just resting my eyes."

In talking, we learned several things we shared in common. She once served as a nurse in the hospital in which I was born. Her husband's family operated a general store with which my grandfather conducted business in southeast Missouri. The conversation progressed to talking about the size of mosquitoes in Missouri and then about God.

We were amused how two strangers separated by thirty years, who once lived in the same small, rural town in Missouri, could somehow meet in North Carolina.

"Only God could do that," she said.

The visit came to an end. As usual, I offered to pray with Mrs. Jones. After wording the prayer, I noticed she did not let go of my hand. She gazed at me in a rather unique manner.

Continuing to hold my hand, she asked, "Could you come closer?"

"Sure," I said, as I bent over an inch or so closer.

Still holding my hand, she repeated, "Closer, please."

I leaned toward her several inches closer.

"Just a little closer."

You know that feeling you get when someone within close proximity of you is staring right at you. My heart began to beat faster with discomfort. My palms were sweating. Looking at her, I noted how the treatments had taken the toll on her. I wondered to myself what was going to happen if she asked me to get closer.

Once again, "Just a little closer, please."

I leaned as close as I could get. My nose was almost touching her cheek.

Then came the words that changed my life forever. "Your complexion is awful. What do you use for your pores?"

I didn't even know what she meant by "pores".

"Didn't your mother teach you to take care of your complexion?"

I had no idea what Mrs. Jones meant.

She released her grip and directed my attention to the end table.

I noted about two dozen boxes of skin care products. She had a variety of skin care products, including soaps, toner and creams.

"Look on the nightstand. Do you see all those boxes?"

"Yes. You sure have a lot of cosmetics here, Mrs. Jones."

"Well, they're not for me, they're for you. Grab one soap, one toner, and a cream."

I was taken back. "Mrs. Jones, just to be clear, you want me to grab a box of soap, a bottle of toner, and a tube of face cream."

"Yes. I won't charge you this time, because my policy is to give samples for first-time customers."

"Well, uh...are you sure?"

"Yes, please. First, you wash your face with the soap. Then you apply the toner with a cotton ball, then the face cream. In that order. Can you remember it, or do you need me to write it down?"

"No, no, I can remember it. Soap. Toner. Cream."

"That's right."

We shared good-byes and then I headed out the door toward the nurse's station.

One of the nurses asked, "How much did she hit you up for?"

"I got free samples because I'm a first-time customer."

"You're lucky, the going rate here lately has been about 50 bucks." The other nurses began chuckling.

On the way home, I wrestled with the question of what had just happened? I walked into the hospital room of a person dying of cancer. I walked out of the room carrying skin care products. How is God working in this? Am I a bad pastor? Am I selfish for walking out of a hospital room with a free sample from a patient? Is this legal and ethical?

Several weeks later, on Mother's Day, 2001, Mrs. Jones died. At her funeral were several friends and loved ones. Some of those who provided care for her at the hospital were present. One care provider noted, "She hit me up for 200 bucks from her death bed!"

To this day, I continue to use the line of skin care products Mrs. Jones sold me. More importantly, I bought something else of much more significance. I bought into the principle that we can always find meaning and purpose in life, no matter what our circumstances might be. Even from her death bed, Mrs. Jones was determined to make her life meaningful.

Every Mother's Day, I search for a venue to share this story as a means to honor Mrs. Jones, motherhood and National Nurses Week.

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by 8 a.m. the following workday to be accepted as having been received the previous workday.

Postmark dated, faxed or e-mailed applications will not be accepted.

New

Health System Specialist – YA-0671-2, NH-80-08. Open: 4-29-08, Close: 5-13-08.
Practical Nurse – YI-620-1, NH-81-08. Open: 5-1-08, Close: 5-15-08.

Continuing

Housing Support Assistant (OA) – YB-303-2, CNFJ-70-08. Open: 4-18-08 Close: 5-15-08. *Not to exceed one year.
Education and Training Technician – YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08. *Six months open register.
Library Technician (OA) – YB-1411-1, CFAY-67-08. Open: 4-18-08, Close: 5-15-08.
Social Services Technician – YB-0186-1, CFAY-64-08. Open: 4-18-08, Close: 5-15-08.

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Service Worker – Yokosuka Food Services. \$8.28/hr.
Food Delivery Operator – Yokosuka. \$8.28/hr.
Food Service Supervisor – Food Services. \$10.74/hr.
Sales Clerk (Specialty) – Retail. \$8-\$9/hr.
Sales Clerk – Retail. \$7-\$8/hr.
Customer Service Clerk – Main Store. \$8.25-\$9/hr.
Supervisory Sales Clerk – Retail and Autoport. \$8.39-\$11/hr.
Store Worker – Main Store. \$8.28/hr.
Hair Stylist – Beauty Salon (Negishi). Commission.
Receptionist – Beauty Salon. \$7-\$8/hr.
Personalized Services Clerk – Personalized Services. \$7.25-\$8/hr.
Equipment Rental Clerk – Rental Center. \$7-\$8/hr.
Security Guard – Main Store. \$7.50-\$9/hr.
Automotive Mechanic – Autoport. \$13.63/hr.
Desk Clerk – Navy Lodge/Night Audit. \$9.50 plus differential.
Warehouse Worker Leader – Distribution Center. \$10.64/hr.
Store Worker Supervisor – Main Store. \$10.10/hr.
Warehouse Worker – Retail. \$9.66/hr.
ID Checker – Loss Prevention. \$6.50-\$7.50/hr.

The Chapel of Hope
Cordially invites everyone to join in a
FAREWELL BLESSING SERVICE
FOR
USS KITTY HAWK (CV 63)
AND THEIR FAMILIES
6 p.m., May 16
at the Chapel of Hope
Fellowship to follow with free refreshments
Contact the Chapel of Hope at 243-6773 for more information

Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1530
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 1, 2 and 4	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Yokosuka Christian Fellowship

SUN	Fellowship Service (Ichiban Tower)	1230
WED	Youth Meeting (Chapel of Hope)	1800

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)
2nd AND 4th THU Classroom 4 1830

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE	Fellowship Hall/Classrooms	1615
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Yokosuka Student Ministries (Middle School and High School)*

WED	Middle School – Quest	1600
	High School – One Way	1830

Protestant Women of the Chapel*

TUE	Bible Study, Classroom 10	1830
THU	PRECEPTS, Fellowship Hall	0930
THU	Bible Study, Classroom 7	1600

Japanese Women's Bible Study*

TUE	Main Chapel/Fellowship Hall, Classrooms	0900
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"Mom's Time"

Last WED	of the month	0930
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COMPASS Spouse Support Group

WED, THU, FRI	(Last week of month), Room 1	0900
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Men's Christian Fellowship

TUE	Study Group (Fleet Rec 3 rd Deck)	1130
3 rd SAT	Breakfast (Location varies)	

**Runs from September to June*

NEGISHI: Chapel of the Rising Sun
• 242-4183

Roman Catholic

THU	CCD, classrooms	0900
SUN	Mass, Main Chapel	0800

Protestant

SUN	Worship Service, Main Chapel	1030
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IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

SAT	Vigil Mass	1900
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Pentecostal

SUN	Worship Service	1000
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Adult Bible Study

WED	Nikko Tower Party Room	1800
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A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED	Ikego Elementary School	1630
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Yokosuka Student Ministries (Middle School and High School)*

THU	Middle School/High School – Q2 Kyoto Tower Party Room	1830
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Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Congratulations on the birth of your baby!

Daniel Moore and Cheryl Moore are the proud parents of BENJAMIN GRANT MOORE born April 22, 2008 at 2:23 p.m., weighing 8 pounds 7 ounces.
If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, May 12

Elements of Successful Parenting 9 a.m. (2 hrs.): Elements of Successful Parenting (E.S.P.) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.
English as a Second Language (ESL) 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an every-day setting.
Enjoying Japanese Foods 9 a.m. (4 hrs.): Come learn about Japanese cuisine. Join our bilingual staff on a trip to a local grocery store and traditional restaurant. Learn about basic Japanese ingredients, recipes and food etiquette.

Tuesday, May 13

Area Orientation Brief and Intercultural Relations Class 7:45 a.m. (4 days): May 13-16, this class will be held at the Benny Decker Theater. Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.
Baby Basics 11:30 a.m. (2 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.
Healthy Relationships: For Your Child's Future 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.
Welcome to Ikego 9 a.m. (5.5 hrs.): We invite both old and new residents of Ikego to meet your Ikego Community Leaders and learn what the Ikego community has to offer. Representatives from various Ikego offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Ikego to Yokosuka. Our guided walking tour of Zushi City will help you to enjoy your new home in Zushi.

Wednesday, May 14

Elements of Successful Parenting 9 a.m. (2 hrs.)
Japanese Conversation 5 p.m. (1.5 hrs.) (10-part Series): Are you tired of feeling like a foreigner? Come join us to learn the language of our host nation, and start fitting in! This class will run from May thru July and will help increase your command of the Japanese language. This popular offering frequently has a waiting list, so don't delay, call us and reserve your spot today!
Welcome to Negishi 10 a.m. (5 hrs.): We invite both old and new residents of Negishi to meet your Negishi community leaders and learn what the community has to offer. Representatives from various Negishi offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Negishi to Yokosuka.

Thursday, May 15

Family Readiness Leadership Meeting 11 a.m. (2 hrs.): This is an opportunity for Family Leadership Readiness Group Leaders to discuss the opportunities and challenges facing family readiness groups here in Yokosuka as well as to share ideas and ask questions of other groups. All FRG leaders, Command Leadership, and Command Leadership Spouses are encouraged to attend.
Ikego – Play Morning 9:30 a.m. (2 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.
Pre-Marriage Seminar 9 a.m. (1 1/2 days): Engaged to be married? Planning on tying the knot here in Japan? If so, then you need to attend this seminar. We will cover important areas regarding marriage procedures, command sponsorship, immigration, passport procedures, financial management, successful marriage and family planning. This course is a required prerequisite for marriage in Japan under COMNAVFORJAPAN instructions.

Friday, May 16

Japanese Conversation 10 a.m. (1.5 hrs.) (10-part Series)
Play Morning 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.
Sponsor and Sponsor Coordinator Training 2 p.m. (2.5 hrs.): This class provides volunteer or designated command sponsors with background information and useful tips so that they can help new personnel before and after their relocation to Japan. Creative communication and support is discussed as a means to make newcomers feel that they are a valued part of the team as quickly as possible. Adult and teen family members are welcome to attend. Basic instruction in the management of an effective Command Sponsor Program in accordance with OPNAVINST 1740.3 will also be covered.

Upcoming Classes

- May 19** Managing Your Transition (TAMP)
English as a Second Language (ESL)
- May 20** Area Orientation Brief and Intercultural Relations Class
Ikego – Employment Overview and Tips
IA Family Evening: Spouse Support Group
- May 21** Basic Breastfeeding
Getting Started Teaching English
Japanese Spouse Group
Ikego – Enjoying Japanese Food
- May 22** English Teachers Networking Group
Ikego – Play Morning
- May 23** Separation or Retirement in Japan
Yokosuka – Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit Our Web site

Go to: www.cfay.navy.mil. Click the "FFSC" Tab

Automobiles

'94 Toyota Curren. \$800. 69,400km. Good condition. Silver, 2-dr. A/C, power windows, AM/FM, 12 disc CD player, new front brakes. 2008 road tax paid. Contact kgraewert@hotmail.com.

For Sale 1996 Toyota Crown. 4-dr, new tires, very cold A/C, 12 disc CD changer, nice reliable car. JCI good until September 2009. Owner PCS'ing, must sell. 246-5795, 090-6481-3457.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **ANGEL MOTORS MAY U.S.A. CAR SPECIALS!** 1. Beautiful '99 U.S.A. BMW 323i Sedan AT and 68K miles, black, leather, sports package and extras for \$12,900! 2. Gorgeous '97 U.S.A. BMW M3 Coupe 5MT and 52K miles, silver, leather, "angel eye" headlights, crystal tail lights for \$13,900! 3. One owner '95 U.S.A. BMW 525i Sedan AT and 31K miles, full specs, premium and winter packages for \$8,900! Visit us: www.angelmotorsjapan.com. Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

Dodge Grand Caravans, Nitro, Patriots, Wrangles and Jeep Grand Cherokees. American specifications. Drive them in Japan then take them back to the states with you. Warranty work available while you are here in Japan. For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

Returning to the states by September 2009??? Now is the time to special order your new Ford or Chrysler vehicle. Order now and pick it up the day you get back to the states! For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

U.S. SPEC CARS!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Motorcycles

'05 Honda C90 Supercub Motorbike. 555K odo. Like-new condition. \$1,800 or best offer. 241-3564.

'94 Honda Rebel. \$950 obo. 250cc, great starter bike. Perfect for BRC and ERC! Runs perfect. 8,600 km. Call Jason at 090-8090-6421, or e-mail at: usvislander@hotmail.com.

Miscellaneous

Subaru Alloy Wheels and Tires. 195/60/R15. Slightly used. In excellent condition tires. Four available now for \$120. Call 080-6556-8390.

Services

Brute Force Photography Available for all your picture taking needs. Birthday parties, command functions, family photos, maternity and holiday portraits, you name it, we do it. E-mail Jen at: bruteforcephoto@gmail.com, or call at 090-8489-4514 for more information or see us on the web at: www.bruteforcephoto.com.

Contractors/DoD Civilians on TDY to Yokosuka? Why stay in a hotel when you can have something better? SAVE most of the PERDIEM you are entitled to for food! Contact yamasmit@jcom.home.ne.jp.

Hair salon in YOKOHAMA hair expert for foreign Women and Men. Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

Hair services provided. Specializing in Highlights/color by Redken Relaxers and Ethnic styles with products from Kera Care. Monday and Friday closed. Call for appointment, (046) 826-2218. Aski for Kay.

Help Whip Cancer! Join Pampered Chef and the American Cancer Society raise money for breast cancer awareness. Check out www.pamperedchef.biz/cbourgeois for new HWC products. Call Colleen at 241-4766 to order.

HEROKY'S Swedish Sei-Tai Outcalls. A male therapist with deep pressure comes to your home! 9 a.m. to 4 p.m. ¥6,000/60 min. ¥8,000/90 min. To book: 070-6656-2626, herokee@gmail.com or www.heroky.com

Japanese classes in Oppama. Cost is ¥100. E-mail: janetteachesenglish@yahoo.com. We meet once a week Cooking classes, calligraphy, field trips.

LTO Junking Service. JCI inspection, registration, title transfer, address change, t-plate. Manual/Automatic OK. Ikego/Negishi OK. You can depend on me rain or shine. Derrick, 241-4415, 090-3592-8809.

LTO runs and junking service. Car or paperwork. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Admin Services. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko, 241-3100/080-5497-2600 or e-mail: reikorunstto@yahoo.com. 日本語もOKです!

LTO runs and junking services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO runs and junking service. Will drive your car/minicar to LTO for Japanese inspection, new registration, renewal, transfer registration, deregistration, change address, road tax, temporary plate. Six years experience. Please call Gemma, 241-2709 or 080-5022-8399.

LTO Runs And Car Services. New registrations, Japanese inspections, registration renewals, title transfers, transfer address, and deregistration services. Call Cherry, 080-5046-0689, or e-mail: Harn_Che@yahoo.com.

LTO Runs and Admin Service. New registration, JCI inspection, title transfer, de-registration. For a quick LTO Run, call Gino, 080-5405-3788 or 241-3788.

LTO Runs and Junking Services. New registration, JCI, inspections, road tax, temporary plates, title transfer, JCI renewal, minicars, change address. Please call Theresa, 241-3427 or 080-3392-4384.

LTO Run and Junking Services. New registration, Japanese inspection, renewal, transfer address, deregistration, road tax and title transfers. Call Elvise at 090-4585-8329.

LTO Run Junking. Please call Emma, 090-1813-5382, 080-3426-6890, or fax or leave message at (046) 825-1885 anytime.

MAGICIAN. Children's Birthday Parties. Magic, Music, Comedy, and More! Complimentary Birthday Gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike" DSN 243-4801 (after 2 p.m.) or 090-6199-4993 (24/7), magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

PCS-ing? Moving to Hampton Roads? I have an immaculate condition home for you! 4 bedrooms, 2 1/2 baths. MLS# 0816098 go to http://www.williamewood.com/jacoborbach.

PCS-ing? Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Web site: maed.pnwre.net.

PCS'ing and thinking about purchasing a home in today's Buyers Market? I educate home buyers about the "Home Buying Process" and will refer you to an experienced realtor specializing in the area where you will be relocating. Save thousands of dollars on your new home purchase working with a realtor! FREE Service! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, kramossells@kw.com, web site: www.2hdb.com/kramossells.

PIANO TUNING SERVICE – Spring Campaign 2008 (April-May). Upright Pianos ¥11,000 10,000; Grand Pianos ¥14,000 12,000. *The price may depend on the condition or type of piano. Please contact Edward Fukushima (Member of Japan Piano Technicians Association). (042) 473-4604 (Tel./Fax), 080-5441-1802, efukushima2@hotmail.com, efpiano442@ezweb.ne.jp.

Princess House Party. Come and be entertained using our "Princess House Products." Every Saturday one o'clock. Call Helen, 241-4811, helenglen@yahoo.com. "SOFA sponsored personnel only." Best quality, elegant products. Catalogues available.

Waxing Services provided. Brazilian, Eyebrow, etc. Thursday through Saturday, 10 a.m.-7 p.m. (046) 826-2218. Sakura Beauty Salon.

Positions

Christian Achievement Academy Positions Available. Qualified Administrative Staff, full-time and substitute teachers for all grades, and monitors needed. Call (046) 825-5521, or send resume to: humanresource@caajapan.org, or visit web site at: www.caajapan.org.

URGENT!! Facility Engineers (electricity). Requirements: 1. Have educational background on electricity and understand electrical theory. 2. More than three years' on-the-job experience. 3. Business level of English and Japanese (speak, write). 4. Proper valid work visa. Workplace: Tokyo Metro area. Pay: ¥360,000-¥400,000/month and above. Transportation cost paid (Max. ¥40,000/month). Paid vacation and holiday. E-mail your resume to: m-watanabe@s-mt.co.jp. Shin-ei Real Estate Co., Ltd.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(Kitty Hawkが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きなら、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

Friendly female Japanese instructor offers authentic Japanese lesson and calligraphy at your house or Oppama class. Private lesson, ¥2,000. Group, ¥1,500/person. Call 080-5646-2952. Web camera lesson acceptable. rosydreams@hotmail.co.jp.

Goover English School Looks for Teachers. ¥3,500/hr. We look for experienced native English teachers who live on military bases. Negishi, Yokosuka, Yokota, Camp Zama, Atsugi, Sagami-Depot, Ikego, SHA. Web site provides more information. APPLY NOW! http://www.goover.co.jp/english/(042) 727-8508.

Looking for a part-time English instructors. You can set your own lesson fee, teaching schedule and location. Please e-mail your resume at: support@lily-ec.jp and get more information.

PINOKIO English School in Tokyo is looking for English teachers. Flexible working day schedule. One day, two days or three days a week. *Monthly wages: One day a week is ¥36,000/month. *Two days a week is ¥75,600/month. *Three days a week is ¥113,600/month. Spring, winter and Japanese holidays paid, plus transportation fee. Located: 35 min's from Yokohama. Please call: Ms.Dena or Ms.Chiko. Tel. (03) 3752-0361. Fax. (03) 3752-0335.

Witty English Tutors wanted. Collegiate level desired but not essential. Call 856-5048 (between 6 and 7 p.m. at night). E-mail: wittytutors@gmail.com.

Personals

Is there a life for you in Japan after you get out?? You bet!! Everything you need to know to make living here work for you is in the info that "RETIRED IN JAPAN, THE WHAT, HOW & WHEN OF IT" contains, all for the price of four beers!! Send U.S. \$20 via cash, N.F.C.U. check or International P.M.O. to: J.V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken, Japan.

Announcements

Did you know there is a CHRISTIAN SCHOOL in Yokosuka?

Christian Achievement Academy – where excellence is the standard! Offers the A Beka curriculum and Small classes. Registration for 2008-2009 school year has begun for Pre-K-6th grade. For tour or more information, call (046) 825-5521, or go to our web site at: www.caajapan.org.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

TIF Miscellaneous International Party Shibuya, May 10, Sat., 6:30-9 p.m., T's Salon. Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

World Friends International Party Yokohama, May 17, Sat., 6:30-9 p.m., Bar Why Not. Biggest International Party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free snacks. ¥3,000. http://www.worldfriends-party.com. Call 080-2001-0512, party@goover.co.jp.

YOKOSUKA BAPTIST CHURCH. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/(046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executive. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



(Second from left) USNH Yokosuka Executive Officer Capt. Marcia "Kim" Lyons and Cmdr. Karen Kasowski pose with fellow guests at the Prime Minister of Japan's Cherry Blossom Viewing Party at Gyoen Garden in Shinjuku April 12.
U.S. Navy photo by Cmdr. Eric Kasowski



(Left) Document Automation & Production Service (DAPS) Printing Specialist Yuko Kondo explains the procedure of DAP's printing operations to visitors at its Open House event April 16. DAPS has been providing printing service to Yokosuka base for 59 years. Every other year DAPS holds an open house event to show appreciation for their customers' support.

Photo by Fumiyo Sato



The CFAY Clear Vision Committee hosted a 5K fun run in front of Thew Gym April 25. The event was well attended with more than 100 combined participants from at least 10 Yokosuka commands showing their support of the recently kicked off alcohol deglamorization campaign. Clear Vision thanks and all those who participated and made this event a success.

Photo courtesy of PS1(SW/AW) George Smythe



The Japanese-American Wives (JAW) club held their end of year event at the Chief Petty Officer's Club April 25. Traditional Hawaiian luau style was the theme as Hawaiian melodies were played by the Luna Hawaiian Band and graceful dancing performed by the Halau O'Kuulei Mamo dancers. JAW is a long standing culture exchange club designed to help foster the intricate relationship between the U.S. and our host nation Japan by experiencing each others cultures through various activities on and off base.

Photo by Mindy Flores



CSSN Jessica Mistic prepares the lunch line at the Jewel of the East galley at Yokosuka Naval Base April 24. The Jewel of the East serves three meals a day to local service members and approximately 250 patrons for lunch alone.

U.S. Navy photo by MC2 David Hewitt

Konnichiwa!



Financial Management Administrative Specialist Miki Yoshida creates an instruction document for the Financial Management Department.
Photo by Yuji Kawabe

- How long have you worked on base? 20 years
- Where do you work? Naval Facilities Engineering Command Far East
- Favorite Sport? Karate
- Life goal? To live in Jamaica