

Despite weather, inaugural “CFAY Sunday” a success

Story and photo by Tetaun Moffett, CFAY Public Affairs

Hundreds of Japanese guests within the Yokosuka community pressed their way through the rainy weather for Commander Fleet Activities Yokosuka’s (CFAY) first “CFAY Sunday” open base event June 22.

This inaugural community relations event provided the host nation an opportunity to enjoy access to the base from Mikasa park gate, where guests can sight see, enjoy American foods and relax in Kosano Park.

Between McCormick Street and Clements Boulevard, volunteers from various commands on base teamed up to help welcome Japanese guests to the base. Many of the guests, more than 250, stood in line to receive a copy of the “CVN 73” manga or comic book featuring the character Ohara, a fictitious Japanese-American Sailor stationed onboard *USS George Washington* (CVN 73).

“CFAY Sunday” aims to help broaden the installation’s community relations through social and cultural interaction,” said Commander Fleet Activities Yokosuka Capt. Daniel Weed. “The Japanese citizens are gracious to us and I would like to return the hospitality.”

“CFAY Sunday” will occur as a monthly open base event that will allow both American and Japanese communities to come together more often. Many other open base events feature various food booths and entertainment but the “CFAY Sunday” event opens the door for a time to fellowship and get to know one another better.

“This was my first time hearing about “CFAY Sunday” and for us having access to the base is good,” said Hiroko Kazama, a Yokosuka Base Master Labor Contract (MLC) employee. “Most of the time we visit for the festivities but this type of event can help better our relationships with one another by meeting people and making new friends.”

Although the conditions of the weather limited the amount of off base participation, Captain Weed said, “We are continually striving to provide base personnel with opportunities for social interaction that strengthens U.S. Japanese cultural relations. This event provides a low stress environment and the means for citizens of both countries



Japanese guests make their way through the rain to attend Commander Fleet Activities Yokosuka inaugural “CFAY Sunday” open base event June 22. The “CFAY Sunday” open base event will occur on a monthly basis to help promote both Japanese and American communities to interact and socialize with each other.

to just sit and talk.”

As you know, everyday will not be a rainy day and there is an expectation of sunshine to accompany future open base events. That next event will be the second “CFAY Sunday” to be held July 20 followed by the Yokosuka Base annual Friendship Day Aug 2.

Edward E. Carlson Award honors Yokosuka’s Navy Lodge

By Fumiyo Sato, CFAY Public Affairs

The Navy Exchange Service Command presented the Edward E. Carlson Award to Yokosuka Navy Lodge at an awards ceremony and luncheon at Sbarros’ Restaurant June 19.

Established in 1989, the Edward E. Carlson Award is presented annually to Navy Lodges worldwide that demonstrate superior performance in operations and guest services.

During the ceremony Yokosuka Navy Lodge and Navy Exchange general managers received a pyramid trophy in recognition of their achievements and Yokosuka Navy Lodge staff received recognition certificates for their individual contributions from Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed.

This year, Yokosuka Navy Lodge was selected for the second time after competing with 16 other Navy Lodges in the large size category. The award is also presented to Navy Lodges that fall into the small size category and medium size category.

Yokosuka Navy Lodge, with a 165 room property, is one of the largest Navy Lodges. In 2003 Yokosuka Navy Lodge won the Edward E. Carlson Award for the first time, said Yokosuka Navy Lodge Manager Michael Rabideau. “Yokosuka’s Navy Lodge is usually the first spot after they arrive in the airport [in Japan]. We would like to offer the best to

accommodate,” Rabideau said after the ceremony.

“It is a tremendous honor to win the Carlson award as it is in competition with every other Navy Lodges worldwide,” Director of Operations of Navy Lodge Program John Giattino said after the award ceremony. “I am very, very

takes care of the quality of life for military families.”

The award is named after Edward E. Carlson (1911-1990) who was a former president and CEO of United Airlines and a former member of the Secretary of the Navy Exchange and Commissary Advisory Committee.

He was also a board of director of Western International Hotels (Westin Hotels). In addition to serving as the leader in the hospitality industry, Carlson had served in the U.S. Navy as a lieutenant commander with the Navy Supply Corp earlier in his career.

Yokosuka Navy Lodge met all the requirements to be qualified as the award winner. The requirements include meeting or exceeding more than 10 percent return of comment cards by registered guests. Although system wide average is 19 percent, Yokosuka Navy Lodge received 25 percent. Comment card scores also needed to exceed the current overall system wide mean.

“The award comes from working with our customers, making them happy, being caring, greeting them with genuine care and concern with friendliness [and] making sure that their stay is memorable and positive throughout the entire experience, which is

communicated back to us by comment cards and by interviews we get throughout the year during our quality assurance process. So the pinnacle of that, of course, is winning this award,” said Giattino.



Yokosuka Navy Lodge staff smile after receiving recognition certificates for their individual contributions at the Edward E. Carlson Award Presentation and Luncheon June 19.

Photo by Yuhji Kawabe

proud of the people here who work so hard day in and day out to take care of our guests and families and traveling military members. It really is an honor to be here to celebrate their success and an honor to be part of a program that





Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

司令官の相談室

We have come to more fully appreciate the sacrifices of those who serve our country abroad. We wish all of America could know the brave and humble hearts of these military families. We will always remember this time at Yokosuka with smiles. Thank you to the many people who made our duty station abroad a time of "sweet memories."

The following are a few letters of thanks to Commander Fleet Activities Yokosuka (CFAY) from students of Hokubu Jr. High School in Aichi prefecture who attended a base and ship tour May 27:

Thank you for teaching us a lot of things during our school trip. I learned that the U.S. Navy is amazing. I was excited to see a lot of huge U.S. warships. I was surprised to see a lot of Americans on base. Before I came here, I felt unsure of them, but I found the ones I met to be very kind and friendly when they spoke to us. I was very pleased to have such a unique experience to tour the USS John S. McCain. I want to make good use of the knowledge I learned from the tour at school. Thank you again. – Yuki Koyama
先日は修学旅行の訪問学習でいろいろのことを教えていただき、ありがとうございました。今回の訪問で、米軍基地のすごさを学びました。たくさんの大きな船があって、びっくりしました。基地内は外国の人たちばかりで、外国の人は怖いイメージがあったけどすごく気楽に話しかけてくれて、ほっとしました。普段はできない船の見学は、すごい経験になって嬉しかったです。これらのことを学校で生かしていきたいです。 - 小山夕貴

Everything I saw on Yokosuka base was interesting to me. The very first thing that made me surprised was the Japan Maritime Self-Defense Force submarine I saw on the way to Yokosuka base, because I could not imagine that I would be able to see a submarine. I was really amazed to see such a large hamburger when we had lunch on base. The hamburger I had was much, much bigger than the Japanese ones. I was happy to visit various facilities and to see U.S. Navy ships. I was impressed when I found a photo of Tadamas Oguri on the wall at one of the buildings we visited. The highlight of the day was to visit *USS John S. McCain*. I really enjoyed visiting the ship. It was difficult for me to walk around inside because the stairway was steep and passage through the ship was narrow. Also, I was glad to see *USS Kitty Hawk* up close. I really enjoyed my day visiting Yokosuka base. – Katsuhito Kobayashi

様々な艦船や施設を見ることができて嬉しかったです。中でも小栗上野介忠順の写真が飾ってあったことは驚きでした。一番感動したことはジョン・S・マッケイン号を見学できたことです。 - 小林克仁

Thank you for teaching us lots of things. I think my point of view about U.S. military personnel stationed in Japan has changed since we visited Yokosuka Naval Base. I had thought they would be really scary and didn't know why they are here in Japan. But, after the tour, we understood that U.S. military is here in Japan is to help defend our country. I have also changed my point of view about people from other countries. I had thought foreigners were scary. But, many of the Americans were friendly and said "Hello" to us. We discovered that they are very kind, especially when I saw them have conversations with each other in a friendly atmosphere. I am looking forward to finding more good things about them. Thank you again. – Hiroshi Fukatsu

今回の訪問で自分の中で何かが変わりました。今までは軍隊は物騒だとか、何故日本にいるのかと思ったけど、説明を聞いているうちに僕たちを守ってくれるためにいるとわかりました。今までは怖いなどと思っていたけど、気軽に挨拶してくれました。 - 深津弘至

This was my first time visiting CFAY. I felt a little intimidated to see so many foreigners when I arrived. However, I got used to it and I was able to enjoy the tour. I learned so much about CFAY, such as history including war time and Navy ships. The most memorable places at CFAY were dry dock 1 and 2. I didn't know anything about Navy ships before, but I was able to learn about the ships and ship repair work because your explanation was easy to understand. It was a great learning experience. I would like to use this learning experience in my future studies. Thank you very much for everything. I pray for your health. Please take care. – Masae Mizuno

CFAY was much larger than I expected. I was so impressed to see American, military-type buildings there. We were able to go to various parts of the base by bus. Before I visited CFAY, I wondered if Navy people would be intimidating. However, I saw many Navy personnel who seemed to be friendly and I thought that CFAY was a nice place. I was really glad that we were allowed to see inside the ship *USS John S. McCain*. I was really surprised to see military personnel carrying a gun. Although our visit to CFAY was short, my thoughts and opinions regarding U.S. military forces in Japan changed a lot. Before I visited CFAY, I didn't know anything about U.S. military forces' duties in Japan. This base tour made me realize that U.S. servicemen stationed in Japan are working so hard to help protect Japan. I was really glad to visit CFAY. – Yuta Nakamura

My first visit to CFAY changed my opinion and idea about U.S. military forces in Japan. Before I visited CFAY, I was expecting to observe intense Navy training. However, what we saw was Navy personnel wearing their work clothes doing regular work. I was so excited to take my first Navy ship tour. I was also able to see ship repair work at one of the dry docks. I saw U.S. military personnel carrying a gun. I was scared to see that. The biggest culture shock I had at CFAY was the hamburgers that we ate at lunchtime. I knew that foreign hamburgers are bigger than Japanese, but it was beyond my imagination. It took 30 minutes to finish eating the hamburger. I want to eat it again if I have a chance. I was really glad to visit CFAY, a place I would never have imagined visiting. Thank you very much for everything. – Takuma Hida

Q: It seems that nearly every evening when I go to Chili's restaurant with my family there is a lot of young Sailors smoking and swearing right outside the doorway on the walk way. Earlier tonight I addressed the Sailors who were there smoking and one said there is no sign saying this is not a smoking area. I explained to them that I was a chief petty officer and that you can plainly see the ash trays in the courtyard and that swearing in public is not at all acceptable. They seemed put out but moved on. Can "No Smoking" signs be placed in that area?

A: We applaud your efforts! You did exactly the right thing by bringing this inconsiderate and unauthorized

behavior immediately to the attention of the individuals involved. It is always inappropriate to smoke immediately in front of entrances to public buildings, regardless of whether there is a "No Smoking" sign or not. And as discussed previously in this column and elsewhere, inappropriate language is always unacceptable. We need more concerned leaders and community members to take actions just as you did in order to help minimize these occurrences. We sincerely regret the fact that we inadvertently forgot to replace the "no smoking" sign outside the Chili's entrance following the renovation but we will do so shortly. Thank you very much for your feedback and your personal efforts to make Yokosuka a better place to live and work.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for July 3. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to us at: cfay.pao.watch@fe.navy.mil.

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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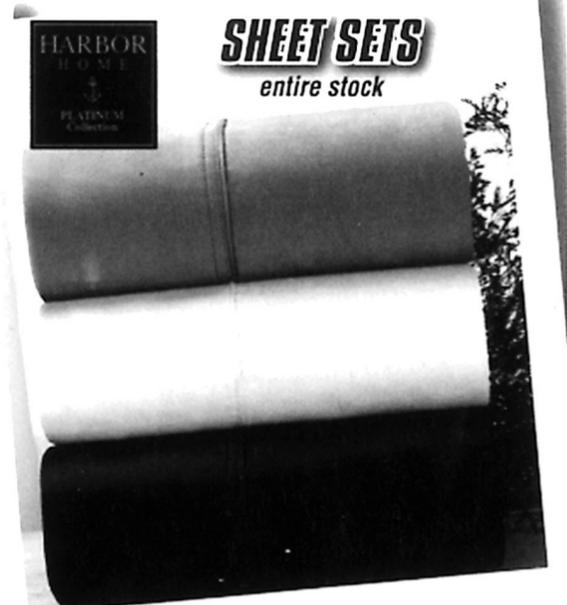
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Kitty Hawk Sailor one of top nine finalists on Nashville Star

By MC1 Kimberly deJong, Navy Recruiting District Nashville

Machinist Mate Fireman Tommy Stanley is not an ordinary Sailor; he is one of the finalists on NBC's country music reality show Nashville Star.

Stanley was working as an engineer on *USS Kitty Hawk* (CV 63) when the opportunity arose to try out for Nashville Star.

"I saw the posters hanging around the base in Yokosuka, Japan and that was my first sight of Nashville Star," said Stanley. "I saw the posters and had chills and said I am going to do it, I didn't know I would make it this far, but I thought I would give it a try."

His quest for stardom began when he filmed a video audition tape for Nashville Star aboard *Kitty Hawk*.

"The *Kitty Hawk* has the greatest set of shipmates. The engineering department has been behind me from the beginning," said Stanley. "Whenever I play they were supporting me and pushing me."

"You can find some of the greatest friends in the Navy who will be there for life."

After making it through the first round of auditions, Stanley competed in the "All Services" auditions held on *USS Iwo Jima* (LHD 7) in April. Following that performance, Stanley was invited to take part in the final casting in Nashville, Tenn. From there, Stanley became one of the final 12 contestants who made the first episode of Nashville Star, which aired June 9.

During the opening number of the first show Stanley sang the Rascal Flatts song "Life is a Highway" with his fellow contestants. Dancing and singing around the stage in his dress white uniform Stanley showed the pride he has for the Navy.

Stanley sang his heart out during the first show and through the fan votes made it on to the second round. During the second performance he impressed the judges with his performance of the Big and Rich song, "Save a Horse, Ride a Cowboy."

"The experience with Nashville Star has been amazing," said Stanley. "This is what I have wanted my whole life and I couldn't ask for more."

Stanley is currently in the top nine and has made it on to the next round of eliminations, which will air June 30.



USS Kitty Hawk (CV 63) Sailor MMFN Tommy Stanley, 24, of Kirbyville, Texas, became one of the top nine finalists on NBC's country music reality show Nashville Star. Nashville Star is similar to American Idol; however, on Nashville Star the contestants are limited to country music with one contestant eliminated each week until the next Nashville Star is crowned.

U.S. Navy file photo by MCSN John J. Mike

Nashville Star is similar to American Idol; however, on Nashville Star the contestants are limited to country music. The judges for the show include John Rich, Jeffrey Steele and Jewel, with host Billy Ray Cyrus.

The show airs Monday nights with one contestant eliminated each week until the next Nashville Star is crowned.

USS Blue Ridge completes INSURV

By MC3 Heidi McCormick, USS Blue Ridge Public Affairs

USS Blue Ridge (LCC 19) successfully completed the Board of Inspection and Survey (INSURV) June 25, marking the end of a three-day inspection of the ship's spaces and equipment.

INSURV inspectors examined the ship's damage control abilities, safety, habitability, and physical condition and overall shipboard readiness to ensure its overall readiness for deployment.

"Our purpose is to validate the ship's ability to self assess and determine that the ship is fit to go and conduct sustained and prompt operations at sea," said INSURV Senior Inspector Capt. Mike Brannon.

Blue Ridge Sailors' daily efforts to maintain the ship's status as a deployable, seaworthy warship was brought to light by the inspectors in only three days when they deemed the ship fit for sea. Typically INSURV inspections span a period of five days, however with a ship wide effort to assist inspectors and fellow departments with tracking discrepancies the inspection was wrapped up in considerably less time.

"INSURV encourages you to take a more detailed look at your spaces and equipment to make sure that everything is operating sufficiently," said Electronic's Technician 2nd Class (SW) Hugh Briggs who was actively showing spaces and demonstrating the operability of communications

systems and equipment on board. "We cleaned harder, made sure everything was in place, and double checked that systems were operating satisfactory."

Blue Ridge's engineering department, one of the more critical areas of the inspection, learned the value of continuously examining its material condition.

"This inspection made us look at some things we wouldn't normally look at," said Chief Engineer Lt. Cmdr. Lee Rosenberry. "Each division made sure everything was where it should be and was operating properly."

The INSURV inspection strengthened *Blue Ridge's* resolve to maintain its status as "the Navy's finest flagship."

"I think the crew is well-trained; they know what is wrong and right with the ship and they know how to operate it," said Executive Officer Timothy Van Cooke. "I have no hesitation whatsoever that this ship can perform its mission in peace and at war."

Blue Ridge is commanded by Capt. David A. Lausman and serves under Commander, Expeditionary Strike Group (ESG) 7/Task Force (CTF) 76, the Navy's only forward deployed amphibious force. *Blue Ridge* is the flagship for Commander, U.S. 7th Fleet. Task Force 76 is headquartered at White Beach Naval Facility, Okinawa, Japan, with an operating detachment in Sasebo, Japan.

Attack of the killer tomato



Sailors aboard USS Shiloh (CG 67) deploy a "killer tomato" target prior to a gunfire exercise in the western Pacific Ocean June 25.

U.S. Navy photo by MC3 Matthew R. White

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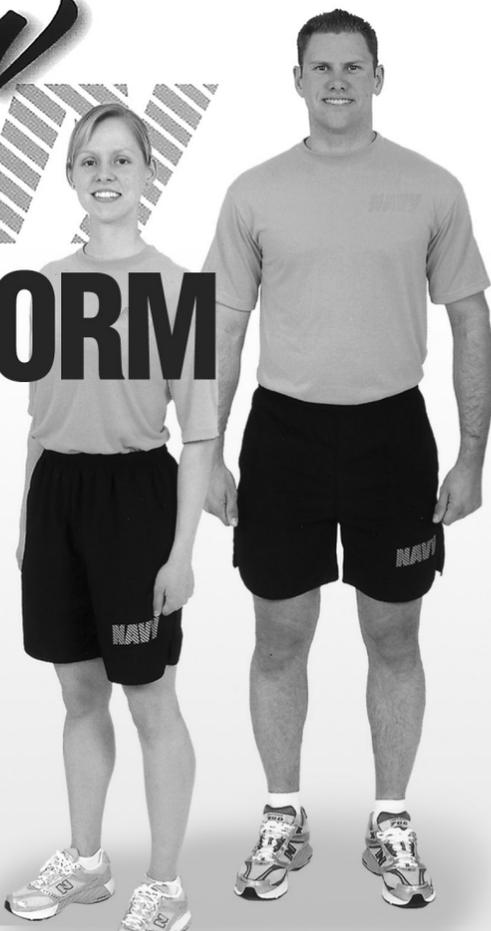
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Connor takes leadership reigns during CSG 7 change of command

By Commander Submarine Group 7 Public Affairs

Commander Submarine Group Seven (CSG 7) Rear Adm. Douglas J. McAneny passed the reigns of leadership to the 41st commander of CSG 7, Rear Adm. Michael J. Connor, in a change of command ceremony held at the Fleet Theater June 20.

Commander U.S. Seventh Fleet Vice Adm. Doug Crowder presided over the ceremony as the guest speaker and congratulated McAneny for his achievements at CSG 7.

"For the past 18 months Adm. McAneny has skillfully and superbly supported two of the major operational fleet commanders [U.S. Seventh Fleet and U.S. Fifth Fleet] whose regions are very active," said Crowder during his remarks. Crowder also congratulated McAneny for his promotion to rear admiral (upper half). McAneny received his second star just hours before the ceremony began.

At the ceremony, McAneny spoke about the lessons he has learned while serving in Yokosuka, focusing on the importance of the strong international relationships that he forged and supported.

"I set sail for Hawaii, with a new, fresh perspective made possible by meaningful relationships with many regional allies and a renewed drive to move forward and look for new opportunities to further strengthen existing ties," McAneny said.

McAneny also commented on four truths that were reaffirmed to him during his time as CSG 7.

"In today's world the security of the U.S. and its allies is linked," McAneny said.



(Right) Rear Adm. Michael Connor salutes his new boss, Commander, U.S. Seventh Fleet Vice Adm. Douglas Crowder, as he assumes command of Commander Submarine Group 7 during their change of command ceremony held at the Fleet Theater June 20.

Photo by Sean Dath

"The interconnectedness of the interests of the free world demands that the U.S. and its allies keep commercial sea lanes open by maintaining their position as the world's strongest sea power." He also remarked upon the quality of the leadership in Yokosuka and forward deployed bases all over the world and how combined with, "... the finest men and women serving their nation proudly," the U.S. and its allies are able to maintain the highest standards of readiness.

Connor, a native of Weymouth, Mass., is no stranger to the demands of the job that awaits him. He commanded Submarine Squadron 8 from 2003 to 2004, during which time ships under his command participated in Operation Iraqi Freedom. Connor has also served as Assistant Deputy Director for Regional Operations on the joint staff and, most recently, he oversaw the development and execution of the Navy Operations, Maintenance and Manpower Budgets at the Office of the Chief of Naval Operations as Director, Operations Division.

CSG 7 was activated as Commander Task Force 157 (CTF 157) October 15, 1992 to direct all submarine operations and mission tasking in the Central Command area of responsibility (AOR), including the Red Sea and Arabian Gulf.

On July 1, 1995, upon establishment of U.S. Fifth Fleet, CTF 157 was redesignated as Commander Task Force 54.

CSG 7 is comprised of submarines

deployed to the Western Pacific and a permanently forward deployed submarine tender. Commands and units under operational control of CSG 7 include Submarine Squadron 15 in Guam, which was reactivated in February 2001 and the Guam based tender, *USS Frank Cable* (AS 40). Additionally, CSG 7 has a representative stationed in Singapore in support of the Republic of Singapore Navy submarine force.

Maximizing exam points: Education credit submission deadline Sept. 1

By Chief of Naval Personnel Public Affairs

Sailors with an associate's or bachelor's degree can get either two or four additional points toward advancement for the September 2008 examination cycle.

Educational transcripts and records need to be submitted to the Navy College Office by Sept. 1, as announced in NAVADMIN 301/07.

Sailors competing for advancement to paygrades E4-E6 will be awarded two points for an accredited associate's degree, and four points for an accredited baccalaureate degree or above. Education points will be awarded for the highest degree held, and will increase the overall final multiple score (FMS) points with no reduction in points from other factors.

"The implementation of these points, and the emphasis on education in precept language, reflect the importance of critical thinking skills required for a more efficient, more technically capable future force," said Jennie Humes, deputy director of Voluntary Education (VOLED) for the Navy.

Sailors must ensure transcripts with degree information are forwarded directly from their academic institution to the Navy College Center at:

Navy College Center, N211
Voled Detachment, CPPD
6490 Saufley Field Road
Pensacola, FL 32509-5204
Phone (877) 253-7122 or (850) 452-1828/DSN 922

Sailors are strongly encouraged to verify degrees are documented in their Sailor Marine American Council on Education Registry Transcript (SMART) by visiting <https://smart.navy.mil>.

To allow sufficient time for the Navy College Center to process all documents, transcripts for Sailors competing for advancement to E4-E6 must be received no later than Sept. 1.

"By planning ahead and remaining diligent, Sailors can verify paperwork is processed promptly, reduce delays between completion and awarding of a degree, and ensure timely receipt of the transcript by the Navy College Center," said Humes.

For more information about the Navy College Program visit <https://www.navycollege.navy.mil/>.

Latest Small Arms Safety Course available on NKO

By Darryl Orrell, Center for Security Forces Public Affairs

The Center for Security Forces (CSF) released its latest addition to the small arms safety series titled, "Small Arms Instructor Toolset" (SAIT) June 9, 2008, on Navy Knowledge Online (NKO).

The SAIT course is designed for the small arms instructor to serve as a reinforcement or refresher training tool that emphasizes and reinforces the skills necessary for instructors to hone and employ sound teaching techniques and safety principles throughout the fleet. Subject areas within the course feature shooting fundamentals, dry fire procedures, guidance and effective line coaching.

"The small arms instructor must first understand the textbook definition of each of the subject areas within this course and then develop innovative methods to effectively pass this knowledge on to students in a way that can be understood and applied," said Jim Hoever, safety officer at the CSF. "This computer-based course defines, demonstrates and provides the teaching strategies for many shooting methodologies and will assist in the standardization and continuity of small arms training throughout the Navy."

Between 2001 and 2006, the Navy experienced a steady decrease in the number of negligent small arms discharges by 67 percent. This reduction has been attributed to the success of earlier courses within this series that teach fundamentals of the M9 service pistol, M500 service shotgun, and M16A3 service rifle. In late 2005, it was reported that more than 200,000 Sailors stationed around the world had successfully completed small arms training available on NKO.

"In a post Sept. 11 naval era faced with the ever-continued presence of global terrorism, Sailors, regardless of their rating, duty assignment and geographical location, can be called to arms at a moments notice to enforce the security posture and execute security measures necessary in our nation's defense," said Larry McFarland, executive director at CSF. "This course as proven by those before it, will quickly become an invaluable asset to small arms instructors throughout the fleet."

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<p>PALAU 3 NIGHTS, 5 DAYS Palau Hotel \$1,254~(¥133,900~) MILITARY SPECIAL</p>	<p>GUAM 3 NIGHTS, 4 DAYS Imperial Suites \$728~(¥77,340~) MILITARY SPECIAL</p>	<p>HOKKAIDO 2 Nights, 3 DAYS ECONOMY CLASS HOTEL \$399~(¥41,000~)</p>
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<p>ASIA Special Airline Ticket Tax (\$222-\$444) is not included</p>		
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<p>MANILA \$280~(¥28,800~) 7/14</p>		

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日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
事務系 (MLC)				
化学職	6	SRFJRC-088-08	I,II,III,IV	July 15, 2008
化学職	6	FEC-OPEV1-001-08	I,II,III,IV	July 14, 2008
コンピューターオペレーター	4	DECA-6-08	I,II,III	July 8, 2008
技師職 (電気)	7	SRFJRC-098-08	I,II,III,IV	Aug. 12, 2008
技師職 (一般)	7	SRFJRC-146-07(R3)(A)	I,II,III,IV	July 29, 2008
技師職 (一般)	7	FEC-CI-004-08(R)	I,II,III,IV	Aug. 6, 2008
技師職 (一般)	7	FEC-CI-003-08(R)	I,II,III,IV	Aug. 7, 2008
技師職 (一般)	7	FEC-OPBDR-002-07(R4)	I,II,III,IV	July 14, 2008
エンジニアリング専門職 (環境)	6	FEC-PRY4-001-07(R4)	I,II,III,IV	July 8, 2008
エンジニアリング専門職 (材料)	6	SRFJRC-077-08(R)	I,II	July 29, 2008
エンジニアリング専門職 (機械)	6	FEC-PRY2-008-08	I,II,III,IV	July 14, 2008
エンジニアリング専門職 (船舶技師)	6	SRFJRC-92-06(OUF)(A2)	I,II,III,IV	空席広報参照
法律顧問職	7	TSO-02-06(OUF)	I,II,III,IV	空席広報参照
安全計画管理職	7	SRFJRC-084-08(R)	I,II,III,IV	July 9, 2008
安全専門職	5	SRFJRC-076-08(R)	I,II,III,IV	Aug. 4, 2008
事務系 (IHA)				
食堂支配人 (交代勤務監督)	4	NEX-726-08(R)	I,II,III,IV	July 11, 2008
救命職	3	MIR-27-08	I,II,IV	July 10, 2008
オフィスオートメーションクラーク	3	NEX-746-08	I,II,IV	July 9, 2008
セールスチェッカー	3	NEX-404-08	I,II,IV	July 17, 2008
技能系 (MLC)				
自動車機械工	7	DDYJ-007-08	I,II,III,IV	July 11, 2008
船内通信電気工 (船舶)	8	SRFJRC-079-08(R3)	I,II,III,IV	July 8, 2008
技能系 (IHA)				
サービスワーカー	2	MWR-09-08(R2)	I,II,IV	July 8, 2008
サービスワーカー	2	MWR-26-08	I,II,IV	July 10, 2008
ウェ이터/ウェイトレス	2	MWR-29-08	I,II,IV	July 14, 2008
期間限定従業員 (MLC)				
会計技術職	4	FEC-FM-008-08	I,II,III,IV	July 9, 2008
時給制従業員				
ベーカー	4	NEX-HPT-106-08	I,II,IV	July 11, 2008
ベーカー	4	NE-HPT-78-07(R4)	I,II,IV	Aug. 11, 2008
当直事務職	4	CFAY-HPT-QHY-05-08	I,II,IV	July 7, 2008
事務職	3	NEX-HPT-118-08	I,II,IV	July 15, 2008
コック	4	MWR-HPT-65-07(R4)	I,II,IV	July 8, 2008
コック	4	NEX-HPT-089-08	I,II,IV	July 22, 2008
コック	4	MWR-HPT-34-08(R)	I,II,IV	July 23, 2008
コック	4	MWR-HPT-16-08(R2)	I,II,IV	Aug. 27, 2008
コック・フォアマンA	5	NEX-HPT-088-08	I,II,IV	July 22, 2008
カウンターアテンダント	3	NE-HPT-CAY-06(OR)(A)	I,II,IV	空席広報参照
カウンターアテンダント・フォアマンB	5	NE-HPT-120-07(R7)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンB	5	NEX-HPT-085-08(R)	I,II,IV	Aug. 1, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-112-08	I,II,IV	July 14, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-105-08(A)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-095-08(R)	I,II,IV	Aug. 14, 2008
カウンターアテンダント・フォアマンB	5	NE-HPT-82-07(R4)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンB	5	NEX-HPT-711-08(R3)	I,II,IV	Aug. 8, 2008
ハウスキーパー職	3	NEX-HPT-015-08(R3)	I,II,IV	Aug. 8, 2008
ジャンター	3	MWR-HPT-24-08(R)	I,II,IV	Aug. 18, 2008
ジャンター	3	NEX-HPT-402-08(R)	I,II,IV	Aug. 21, 2008
オフィスオートメーションクラーク	3	NE-HPT-737-08(R)	I,II,IV	Aug. 28, 2008
クォーターズヘルパー	3	CFAY-HPT-QHN-01-08	I,II,IV	July 16, 2008
セールスチェッカー	3	NE-HPT-SCY-06(OR)	I,II,IV	空席広報参照
セールスチェッカー	3	MWR-HPT-05-08(R2)(A)	I,II,IV	July 8, 2008
セールスチェッカー	3	MWR-HPT-69-07(R2)	I,II,IV	July 23, 2008
セールスチェッカー	3	MWR-HPT-15-08(R2)	I,II,IV	Aug. 20, 2008
サービスワーカー	2	MWR-HPT-SWY-06(OR)	I,II,IV	空席広報参照
サービスワーカー	2	MWR-HPT-32-08(R)	I,II,IV	Aug. 18, 2008
ショートオーダーコック	4	NEX-HPT-120-08	I,II,IV	July 24, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-31-08(R)	I,II,IV	July 23, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-WWY-06(OR)	I,II,IV	空席広報参照

応募には「募集範囲」に該当することが第一条件です。募集範囲 I,II,III は現基地従業員、IV は外部応募者を対象としています。

I: 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合があります。範囲は最も狭いものです。

II: 現MLC/IHA従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現MLC/IHA従業員 - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

詳しくはHR0ホームページ (<http://hro.cnfj.navy.mil/>)、ジョブ・ホットライン (046) 816-9000 (軍電243-9000) または横須賀基地正門手前左、HR0日本人雇用課事務所 (1階) 掲示板をご覧ください。

7月の神奈川県内花火大会

7月12日 久里浜ペリー祭花火大会

午前中はよこすか開国バザールやゴーオンジャーショー、夕方には日米親善パレードなど、さまざまなイベントが催されます。夜はスターメインなど3500発の花火が打上げられます。

開催時間 19:20 ~ 20:10

打ち上げ数 3500発

会場 久里浜海岸

荒天時 翌日に順延

駐車場 なし

交通規制 あり (15:00 ~ 21:00、会場周辺。マイカーでの来場不可)

7月20日 横浜開港記念みなと祭国際花火大会

横浜港が1859年に開港されたことを記念して行われるみなと祭。フィナーレの花火では人気キャラクターの型物花火や尺玉、特大スターメインが打上げられます。

開催時間 19:30 ~ 20:40

打ち上げ数 約6000発

会場 赤レンガパーク、山下公園、臨港パーク

荒天時 翌日に順延

駐車場 なし

交通規制 あり (会場周辺は大幅な交通規制を予定)

7月28日 貴船まつりの花火

開催時間 19:40 ~ 20:10

打ち上げ数 500発

会場 真鶴港

荒天時 雨天決行 (貴船まつり)

駐車場 真鶴港付近には駐車場なし。真鶴駅両側に有料駐車場あり

交通規制 あり (18:00 ~ 21:00、一部通行止め)

7月30日 逗子海岸花火大会

音楽と花火をシンクロさせた花火大会。ラスト10分間の5000発連射は必見。

開催時間 19:45 ~ 20:30

打ち上げ数 7000発

会場 逗子海岸一帯

荒天時 翌日に順延

駐車場 なし

交通規制 あり (18:30 ~ 21:30、逗子駅から海岸までの一部が一方通行または車両通行止。マイカーでの来場不可)

7月31日 芦ノ湖夏まつりウィーク湖水まつり

芦ノ湖の守護神、九頭龍明神に赤飯を奉じる祭典。湖上に1000個以上の灯ろうを浮かべた幻想的な雰囲気の中、夜空には鮮やかな花火が打上げられます。

開催時間 19:45 ~ 20:45

打ち上げ数 4000発

会場 芦ノ湖、元箱根

荒天時 8月8日に順延

駐車場 あり (350台)

交通規制 あり (18:00 ~ 22:00、道路への駐車禁止や一方通行実施)

Summer vacations require caretaker for government quarters

By Tetaun Moffett, CFAY Public Affairs

Summertime means hot, humid weather but it also means summer vacations. The two combined could invite unwelcomed surprises for you when you return home from your family getaway. By planning ahead, on-base residents can almost guarantee a successful summer vacation if they follow the proper check-off list.

Those assigned to government quarters who plan to be away for seven days or longer, need to contact Commander Fleet Activities Yokosuka's (CFAY) Housing office and complete an Absent from Quarters form 11101/46. This form certifies that while on vacation, living quarters will be adequately cared for. This notice will include emergency contact numbers, a SOFA sponsored caretaker's contact information and a completed certification questionnaire.

This requirement is not only for accountability purposes, but to prevent a home from being invaded by mold and mildew, and to allow air circulation throughout the unit. The caretaker is responsible for the upkeep and

overall care of the quarters while the resident is away.

"Caretakers are normally friends or neighbors who look after your living quarters," said Pauline N. O'Reilly CFAY resident relations coordinator.

"Right after the rainy season, mold and mildew often find its way throughout your house and when there is no air conditioning running or consistent air flow, you're in for quite a surprise," she said.

When one family returned home from leave last summer, they found mold and mildew all over their bedroom furniture and had to replace the entire set.

"This is why it's so important that they contact us and fill out the absence from quarters notice. If there is a caretaker assigned, they can open up the windows or frequently turn on their air conditioning in order to prevent mold or mildew. Any time you leave your residence for seven days or longer, whether it is an emergency or a family vacation, you will need to contact the Housing office."

In case of an emergency and housing needed to enter the home, they would have to contact the resident or caretaker to discuss any emergency actions that may have

been taken. Without the absence from quarters notice there is no accountability for the safety of the home in case of fire, flood or mishap. Families are to ensure that when they leave to lock all doors and windows and never leave pets at home alone. Housing encourages families to leave pets with a friend or neighbor.

"We are responsible for over 3,000 units combined at Ikego, Yokosuka and Negishi housing and one of our main concerns is those that live in town homes," O'Reilly said.

Residents of town homes and single-detached units are responsible for the care of their lawns. Grass should not exceed three inches in length and trees less than six feet tall may be trimmed by the resident. On several occasions during the summer, families go on vacation and there is no one available to keep up with the lawn. So the Housing office has to hire a contractor to cut the lawns and later bill the family upon their return.

Remember, if you are going on vacation for seven days or more, be sure to fill out the Absent from Quarters form 11101/46 or when you return you just might be welcomed back to mold, mildew and a lawn bill. Contact the Housing office at 243-9067 for more information.

Japanese MLC/IHA employees: Workforce behind the workforce

By Kazuyuki Takagi, CFAY Public Affairs

Visitors to Commander Fleet Activities Yokosuka (CFAY) may be surprised to see a lot of Japanese people working here on the base.

The United States Forces stationed in Japan have many Japanese employees as well as U.S. military working toward the same goal.

The Japanese employees are hired by the Japan Defense Bureau for the purpose of accomplishing the mission of the U.S. Forces in Japan and work on the United States Forces Japan (USFJ) facilities.

Approximately 25,000 Japanese employees are now working throughout Japan to support the activities of USFJ. The workforce covers a wide range of positions necessary to operate USFJ facilities. Jobs range from sales clerks, firefighters and guards to accountants, engineers and technical specialists.

Their employment status is mainly divided into two types, one is Master Labor Contract known as MLC, and the other is Indirect Hire Agreement known as IHA.

MLC is a contract concerning USFJ Japanese employees who work at the headquarters or units providing services such as accounting clerk, vehicle drivers, forklift operators, engineers, technicians, security guards and fire fighters.

IHA is an agreement concerning USFJ Japanese employees who work at USFJ food service facilities or at the Navy Exchange (NEX)/Army and Air Force Exchange Services (AAFES) such as sales clerks, cooks, waiters and waitresses.

There are approximately 5,600 Japanese employees currently working on Yokosuka Naval Base.

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) is the largest single tenant command on Yokosuka Base, and Master Labor Contract employees make up more than 1,800 of the command's 2,000 employees.

CFAY Public Works Department Yokosuka has approximately 1,000 Japanese employees working to support the forward-deployed naval forces. They are the pillar to smooth operations of Yokosuka Base by providing facility planning and building, procurement, and development and maintenance of infrastructure.

Fleet Industrial Supply Center is also one of CFAY's major tenant commands,



Japanese employees of Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) perform timely and effective dry docking services and maintenance repairs for the ships of the forward-deployed naval forces.

Photo by Yuhji Kawabe

providing logistic support to the entire western pacific region in a joint partnership with the Defense Depot Yokosuka.

Japanese employees play an indispensable part of accomplishing USFJ's mission and Yokosuka Naval Base is one of the many successful examples of the hard work and daily interaction that goes on between the U.S. military and Japanese employees.

What's your poison?

By CFAY Safety office

Now that the weather is getting warmer and we are eating and playing more outdoors, we are quickly reminded what other living creatures annoy us: insects, weeds overtaking the lawn and mildew growing on our children's toys outside. Here are some facts and tips for making sure that you don't harm yourself, your family or your pets while fighting off these common pests.

Facts:

- Pesticides are the second leading cause of household poisonings in America. At least two million people have harmful exposures to aerosol bug killers and repellents and other sorts of household pesticides. More than half of those who die from pesticide-related poisoning are children.

- Toddlers and preschoolers are the most likely to be poisoned, because they are curious, unpredictable and fearless. They imitate what they see grownups doing, which includes getting things out of cabinets and taking medicines.

- Don't assume there is such a thing as a "child-

proof" cap. Some are "child resistant," but none are child proof. Child resistant could mean that they may just take a little longer for an inquisitive and determined child to open.

Tips:

- Read the Material Safety Data Sheet (MSDS) and labels carefully for each hazardous chemical prior to initial use and follow the instructions for application.

- Always wear personal protective equipment, such as gloves, safety glasses and/or respiratory protection while using the hazardous material.

- Try to substitute non-toxic insecticides. If you have to dilute a pesticide, use a special container and clearly mark it with the contents and the word "poison." Never use a bottle or jug that once contained food or drink.

- Don't mix pesticides in an area that your family or pet uses.

- Unless the label says differently, don't store diluted pesticide sprays. They often don't remain effective. Instead, follow the instructions for disposal.

- Store all chemicals, medicines and undiluted pesticides separately and in their original containers. Ideally, keep them in a cabinet or closet that you can lock.

It should be dry and well-ventilated. Don't remove the label. Putting them on a high shelf is worthless when it comes to kids who can climb.

- Never leave a container of hazardous material unattended, even for a brief time. Poisonings often happen when an adult gets interrupted while using a product and leaves to answer the phone or to see who's at the door.

- Know what to do in case of a poisoning. Don't wait to see if the child or pet appears sick. Have the phone number for the nearest Poison Center available, and post it near the telephone.

- Ipecac syrup and activated charcoal are sometimes used as treatments for poisonings. Keep them in your first aid kit, but don't give them to a child or pet unless someone at a Poison Center tells you to.

- If poisoning is suspected, call one of the following numbers:

On-base emergency response: 911

Off-base emergency response: 119

California Poison Control Hotline (in English) from base: 99-1-800-222-1222

Japan Poison Control (in Japanese): 03-7001-1415



MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • July 4, 2008



INDEPENDENCE DAY CELEBRATION

Friday, July 4 from 1600 to 2000

Bring the entire family to celebrate the United States' Independence Day at Kosano Park in a fair setting.

Fireworks display at 2000 Recreation Bay (Best view from Berkey Field)

Rain Plan: Fireworks only on Saturday, July 5 at 2000.

Event Information Line: 243-4731

Kids Zone Activities

Petting Zoo (1600 to 1800), Game Booths, Air Toys, Tattoos, Entertainment, Contests

1 ticket: \$0.50 20 tickets: \$8
10 tickets: \$4.50 40 tickets: \$15

Athletic Events

Captain's Cup Firecracker 5k Run
0830 at Thew Gym

Come and earn some points for your command. The first will receive a red, white and blue T-shirt. Strollers are welcome.

Pool Parties

Green Beach Pool, Ikego Pool and Negishi Pool will be having BBQ, games and fun for the whole family from 1200 to 1500

Entertainment

Dandy Go (Juggler)
1600 to 1700 at Kid's Zone Stage

Eagles Tribute Performance*
1700 to 1750 at Main Stage

Fleetwood Mac Tribute Performance*
1820 to 1900 at Main Stage

Madonna Tribute Performance*
1910 to 1950 at Main Stage

Adult and Youth Contests

Tricycle Races, Twinkie Eating Contest, Chili Cook Off, Watermelon Eating Contest
- Prizes will be awarded

*In case of rain, Eagles Tribute, Fleetwood Mac Tribute and Madonna Tribute will move to Club Alliance. Performance will begin at 2000.

FREE YAKITORI



MILITARY

World's Longest Yakitori

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36 FOOT YAKITORI

COOKING BEGINS AT 1700 OFFICIAL MEASURING AT 1800 FREE YAKITORI GIVEAWAY AT 1810



Outside the Gate

ITT Tickets

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

Discount Hakkeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

Disney on Ice: Princess Dream

Don't miss the chance to see all of your favorite Disney Princesses live and on ice at Yokohama Arena from August 21 - 25! ITT is now selling tickets for ¥5,600 (3 years and older, reserved seating). ITT will have bus transportation available for the August 21 & 22 for \$15 for adults, \$10 for children and \$7 for infants.

Blast II

Are you upset you missed all the fun and excitement of Blast I? Then you won't want to miss Blast II, live at Tokyo International Forum on August 6 - 10 & 13 - 17! ITT is now selling tickets for ¥11,000 per person for weekend shows and ¥10,500 per person for weekday shows.

Hit Songs of Love and Youthfulness

Hit Songs of Love and Youthfulness brings together the music of South America, Europe and Asia on one stage for one night only at Yokosuka Art Theater! ITT will begin selling tickets June 7 for ¥5,700 per person.

For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

Mt. Fuji Safety Briefing

Interested in climbing Mt. Fuji? Outdoor Adventure Program can help you prepare for your Mt. Fuji climb with their mandatory safety briefs every Wednesday in July and August in the Green Bay Marina Classroom (2nd floor above McDonalds). These briefs will help potential climbers know what to expect when climbing Japan's tallest mountain, and what items are needed for the trip. This will help make you climb easier and a more memorable experience. Please sign up at the Outdoor Recreation Center.

Intermediate Overnight Hike to Mt. Fuji, Yamanashi Prefecture

Experience the breathtaking view as the sun rises across the vista over 12,000 feet below on July 13 - 14, 19 - 20 and August 19 - 20. On our first day, we will hike to the eighth station where we will stay the night at one of the mountain huts. The second day, we will set out for the summit early and catch the sunrise as the rest of Japan lies in darkness. The cost is \$140 per person and includes lodging and transportation (meals not included).

Intermediate Day Hike to Mt. Fuji, Yamanashi Prefecture

What a story to tell back home! Trek, climb, scramble and in the end, taste the victory of climbing Japan's tallest mountain every Saturday from July 5 thru August 23. Considered by many to be an absolute must-do when visiting Japan. The hike, which will begin at Mt. Fuji's fifth station, will challenge even the fittest and most experienced hikers. The cost is \$60 per person.

Snorkeling at Futo, Izu Peninsula, Shizuoka Prefecture

Enjoy snorkeling at the dynamic coastline on the eastern Izu Peninsula on July 13. After snorkeling, unwind in a hot spring or relax on the boat deck! The cost is \$45 per person and includes transportation and shower room at Futo. Snorkel, mask, wet suit, fins and gloves are available for rent for an additional fee at Green Bay Marina (above McDonald's). Last day to sign up is July 10.

Resource Information Center

We rent a wide variety of extreme outdoor videos, DVD's and how-to books for only \$2 per week.

Youth & Teens Get Fit With Fit Factor

Story by Eugene McClelland & Brandon Bergeron, Fit Factor Administrators

Fit Factor is a Navy Health and Fitness Program designed for youth and teens ages 6-18 intended to help stimulate interest and awareness of the importance of making healthy choices in life. Fit Factor is a web based fitness program that offers incentives to youth and teens for being physically active and making healthy food choices everyday. The main goal is to get youth and teens actively involved to reach their fitness goals, increase their self-esteem and set them on a healthy lifestyle path that will expectantly be continued throughout their adult years, promoting the "GET UP, GET OUT, GET FIT" philosophy.

According to the former US Surgeon General, Vice Admiral Richard M. Carmona, "As a society, we can no longer afford to make poor health choices such as being physically inactive and eating an unhealthy diet; these choices have led to a tremendous obesity epidemic." Fit Factor encourages youth to be physically active for at least sixty minutes each day through a variety of activities. This program promotes activities for every ability level and interest from star athlete to couch potato.

How Fit-Factor Works

- First, participants will need to become enrolled. Once that is completed, they will have created their own user name and password to log into the Fit Factor site at www.navygetfit.com. (Parental Consent Forms must be completed for children under age 13)
- New enrolled participants will receive a confirmation e-mail containing their username and password.
- Once logged in, participants can review and select from a variety of individual and group activities (listed activities range from household chores to competing in team sports).
- After youth participate in their chosen activities, they log points in their account online and earn incentives and rewards for reaching their level goals.
- Participants can only log up to 100 points per day.
- Prizes will be awarded to youth and teens as they accomplish each new level.

Fit Factor offers five exciting levels for youth and teens to complete as they participate in any physical activity. The Fit Factor levels are: Energy, Strength, Agility, Adventure and Endurance.

Point Levels & Prizes

Receive a Wallet Card, Cool Fit Factor Dog Tag and Chain when you register!

1. ENERGY - 1000 points: Energy Bracelet & Energy Dog Tag and Nylon Flier
2. STRENGTH - 3000 points: Strength Bracelet & Dog Tag and Pedometer
3. AGILITY - 8000 points: Agility Bracelet & Dog Tag and Compressed T-shirt
4. ADVENTURE - 15,000 points: Adventure Bracelet & Dog Tag and Visor
5. ENDURANCE - 25,000 points: Endurance Bracelet & Dog Tag and Sling Bag

FEEL THE POWER! - 35,000 points: "Feel the Power" Bracelet and Carabineer Watch

Youth and Teens, what are you waiting for? "Get Up, Get Out, Get Fit" by participating in Fit Factor. Go to the youth or teen center to sign up. For more information, please contact the youth center at 243-5492 or teen center at 241-4100.



MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

Lead Cook: NL-08, \$13.56/hr. CPO Club (1 RFT).

Food Service Supervisor: NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).

Bartender: NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).

Cook: NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (1 RFT), Food Court (1 RFT).

Material Handler: NA-05, \$10.35/hr. O' Club (1 RFT), Food Court (1 Flex).

Food Service Worker: NA-03, \$8.96/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT).

Waiter/Waitress: NA-03, \$8.96/hr. O' Club (8 Flex), Club Takemiya (1 Flex) Club Alliance (1 Flex).

Club Operations Assistant: NF-02, \$8.39/hr. CPO Club (2 RFT/2 Flex), Club Takemiya (1 Flex), O' Club (3 Flex), Club Alliance (3 Flex).

Cashier: NF-01, \$7.50 - \$9.50/hr (DOE). O' Club (1 Flex).

ID Checker/Security: NF-01, \$7.00/hr. Club Alliance (6 Flex).

Support Activities

Air Conditioning Equipment Mechanic: NA-08, \$12.32/hr. Maintenance (1 RFT).

Electrician: NA-08, \$12.32/hr. Maintenance (1 RFT).

Marketing Representative: NF-03, \$10.54/hr. Marketing (1 RFT).

Accounting Technician: NF-02, \$8.39/hr. Finance (1 RFT).

Child Development Programs

Food Service Worker: NA-02, \$8.28/hr. Ikego CDC (1 Flex).

Program Assistant: GSE-02, \$9.18/hr. Ikego (3 Flex), Main CDC (5 Flex), Hourly (3 Flex), Negishi (1 Flex).

Community Activities

Auto Worker Helper: NA-05, \$10.35/hr. Auto Hobby Shop (2 Flex).

Recreation Assistant: NF-02, \$9.18/hr. Youth Center – Yokosuka (1 RFT/2 Flex), Ikego (1 RFT), Negishi (1 Flex).

Clerk/Driver: NF-02, \$8.39/hr. Youth Center (1 RFT).

Duty Manager: NF-03, \$10.54/hr. Bowling Center (1 RFT).

Recreation Assistant: NF-02, \$8.39/hr. Community Center (1 Flex), Wood Hobby Shop (2 Flex), Youth Sports – Yokosuka (1 Flex), Ikego (2 Flex), Teen Center (1 Flex).

Recreation Aide: NF-01, \$7.25/hr. Bowling Center (3 Flex).

Cashier: NF-01, \$6.50/hr. Bowling Center Snack Bar (1 Flex).

Clerk Typist: NF-02, \$8.39/hr. Veterinary Clinic (1 RFT).

Supervisory Recreation Specialist: NF-03, \$12.00/hr. Youth Center – Ikego (1 RFT).

Recreation

Recreation Assistant: NF-02, \$8.39/hr. Outdoor Recreation – Customer Service/Rentals (1 RFT).

Paintball Attendant: NF-01, \$7.00/hr. Ikego Campground (2 Flex).

Athletics

Athletics Maintenance Worker: NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT).

Field Maintenance Worker: NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT/1 Flex), Ikego (1 RFT).

Duty Manager: NF-02, \$8.39/hr. Athletics (2 RFT/2 Flex).

Recreation Assistant: NF-02, \$8.39/hr. Adult Sports (5 Flex).

Gear Issue Attendant: NF-01, \$6.50/hr. Athletics (2 RFT).

Swim Instructor: NF-02, \$10.00/hr. Aquatics (8 Flex).

*Due to publishing timelines, some jobs listed may not be available.

For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, July 4

1000	Wall-E	G
1300	Wall-E	G
1730	Wall-E	G
2030	Wall-E	G

Saturday, July 5

1300	Wall-E	G
1730	Wall-E	G
2030	Wall-E	G

Sunday, July 6

1300	Kung Fu Panda	PG
1730	Wall-E	G
2030	Iron Man	PG13

Monday, July 7

1300	Speed Racer	PG
1730	Wall-E	G
2030	What Happens In Vegas	PG13

Tuesday, July 8 \$1 Movie Night

1730	Iron Man	PG13
2030	The Incredible Hulk	PG13

Wednesday, July 9

1730	Wall-E	G
2030	What Happens in Vegas	PG13

Thursday, July 10

1300	Wall-E	G
2030	Get Smart	PG13

Friday, July 11

1730	Hancock	PG13
2030	Hancock	PG13

Fleet Theater

Friday, July 4

1800	What Happens In Vegas	PG13
2100	Made of Honor	PG13
2400	What Happens In Vegas	PG13

Saturday, July 5

1800	Made of Honor	PG13
2100	What Happens In Vegas	PG13
2400	The Forbidden Kingdom	PG13

Sunday, July 6

1800	What Happens In Vegas	PG13
2100	The Forbidden Kingdom	PG13

Monday, June 7

1800	Get Smart	PG13
2100	Made of Honor	PG13

Tuesday, July 8 \$1 Movie Night

1800	Baby Mama	PG13
2100	Smart People*	R

Wednesday, July 9

1800	88 Minutes*	R
2100	The Forbidden Kingdom*	PG13

Thursday, July 10

1800	What Happens in Vegas	PG13
2100	Made of Honor	PG13

Friday, July 11

1800	Get Smart	PG13
2100	Wanted	R
2400	Wanted	R

*Final Showing

Negishi Theater

Friday, July 4

1900	Get Smart	PG13
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Saturday, July 5

1300	Get Smart	PG13
1900	Street Kings	R

Sunday, July 6

1300	Speed Racer	PG
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Hancock

Cast: Will Smith, Jason Bateman, Eddie Marsan, Charlize Theron

Synopsis: Unpopular superhero Hancock saves the life of a PR executive who attempts to salvage his public image.



Wall-E

Cast: Jeff Garlin, Benjamin Burt, Kim Kopf, Fred Willard, Sigourney Weaver

Synopsis: What if mankind had to leave Earth, and somebody forgot to turn the last robot off? Wall-E, spends every day doing what he was made for. But soon, he will discover what he was meant for, as he adventures across the galaxy chasing his dream.



Get Smart

Cast: Steve Carell, Anne Hathaway, Dwayne Johnson, Alan Arkin

Synopsis: Maxwell Smart is on a mission to thwart the latest plot for world domination by the evil crime syndicate known as KAOS.



Wanted

Cast: Angelina Jolie, Morgan Freeman, James McAvoy, Common

Synopsis: 25-year-old Wes is the most disaffected, cube-dwelling drone the planet has ever known. After his estranged father is murdered, Wes is recruited into the Fraternity, a secret society that trains him to avenge his dad's death by unlocking his dormant powers. With wickedly brilliant tutors—including the Fraternity's enigmatic leader, Sloan—Wes grows to enjoy all the strength he ever wanted. But, slowly, he begins to realize there is more to his dangerous associates than meets the eye.



What Happens In Vegas

Cast: Cameron Diaz, Ashton Kutcher, Rob Corddry, Lake Bell, Dennis Farina

Synopsis: Two people discover they've gotten married following a night of debauchery in Vegas, with one of them winning a jackpot after playing the other's quarter. The pair try to undermine each other and get their hands on the money... falling in love along the way.



The Incredible Hulk

Cast: Edward Norton, Liv Tyler, Tim Roth, William Hurt, Christina Cabot

Synopsis: Fugitive Dr. Bruce Banner must utilize the genetic accident that transforms him into a giant, rampaging hulk to stop a former soldier that purposely becomes an even more dangerous version.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

Voice Your Opinion!

Annual Customer Satisfaction Survey

The survey will be available online beginning July 7 at the following URL:
www.cfigroup.net/ffr-file://www.cfigroup.net/ffr



Month of July and August Two Times The Fun Open Play Bowling Tournament

During July and August the bowling program at Yokosuka will host their first Doubles Open play event.

Event #1 – Family Doubles Tournament

Mom and Dad may bowl with three children in this fun event. Cost will be \$2 per team. You may compete as many times as you wish in each month. There will be three different divisions of competition according to the ages of the children.

Group A - Youth ages 3-6

Group B - Youth ages 7-10

Group C - Youth ages 11-14

At the end of each month there will be a roll off of the top five teams in each division with the winners advancing to a super final in the second weekend in the month of September.

Event #2 - Adult Open play Doubles Tournament

This fun event is open to all open play bowlers. Sign up with your partner before you start your open play session. Cost will be \$2 per team. Post your first three games of this session and stand a chance to win gift certificates redeemable for food and beverage from the Bowling program. Grand prize for this event consists of a bowling ball, bag and shoe package for each bowler on the winning team (valued at \$200 each). At the end of each month we will host a roll off for the monthly qualifiers and the two winning teams will roll off for the championship in the second weekend of September.

Please note: This is a scratch format; handicaps will not be used. Teams can bowl for scores anytime during open play. However, you must notify staff before bowling for scores. Only the first three games of any session will count towards scores. For details call 243-4200/5133.

Saturday, July 12 race will start at the Green Bay Marina at 0700

The distances and details of this event will be Top Secret until race morning, however, participants should anticipate getting wet and utilizing their running shoes. The event is limited to only the first few 5 member teams that must compete as a team.

Registration is \$25 per team and must be done by calling the Wellness Center at 241-4486.

Yokosuka 1st Annual

Adventure Race

Yokosuka Teen Programs

Monkey Island Trip

Tuesday, July 15

Hey Teens! Join us for a BBQ on the beautiful island beach.

\$15 includes transportation, lunch and guides!



International Saltwater Fishing Tournament

Saturday, July 19 from 1545 to 2115

Located at Seawall Area and High Tide at 1832 Open to 50 participants, 18 years old or accompanied by an adult sponsor. Includes International BBQ meal and drinks. Participants must bring their own equipment including ice and ice chest for the fish. Please register by Monday, July 14 at 1600. \$10



Development Center

Apply at HRO or MWR Personnel
Call 243-1246.

Jobs NOW available!



Free Certification & Training
Full-Time & Part-Time Positions
Paid Vacation Time & Sick Leave
Benefits & Pay Exceeds Private Sector

Friday and Saturday, July 25 and 26 at 1700

Tickets now on sale. For details call 243-5030.

Hawaiian Luau

at the Officers' Club



Open to All Hands

Gift of life: CFAY service members donate during blood drive

Story and photo by MC2 Nardelito Gervacio,
Fleet Public Affairs Det., Japan

Members of the Commander Fleet Activities Yokosuka community gave the gift of life by donating blood during the Armed Services Blood Program (ASBP) blood drive held at the Fleet Recreation Center June 23 -25.

Donors took time out of their busy schedules to contribute during the three-day event.

Sonar Technician (Surface) 1st Class (SW) Danny Limes of Pikeville, Tenn., figured his donation could make a difference.

"I ran across an e-mail saying there was a blood drive," Limes said. "Since I have a universal blood type, I figured I'd get up here and do my part and donate, because not only local shipmates may need it, but family members need blood too."

The ASBP plays a critical function by providing a direct supply of blood to service members and their families. As a joint-service operation, it coordinates with Army, Navy and Air Force components to collect, process, store, distribute and transfuse blood worldwide.

According to Air Force Master Sgt. Lora Garcimagregory, ASBP's non-commissioned officer in charge, benefits of the program are far reaching.

"We support the entire Pacific Command," Garcimagregory said. "Which means Korea, Guam, Mainland Japan, Okinawa and any deployed forces and ships going through the area are going to get their blood supply from us."

The ASBP provides a front-line supply of blood to military members in need, by relying on fellow soldiers, Sailors, airmen and Marines to take care of their own through blood donation and getting involved with collection efforts.

"There's always a need for blood whether it's the Marines units going out, special forces heading out, humanitarian missions – everything," Garcimagregory said.

"Our blood supply is low and we need people to re-supply it everyday," Limes added.

Re-supplying blood banks is essential when the shelf life of donated blood is short.



STG1(SW) Danny Limes watches as his blood is drawn by HM3 Oliver Arceo during an Armed Services Blood Program (ASBP) blood drive held onboard Commander Fleet Activities Yokosuka at the Fleet Recreation Center June 23. The ASBP plays a critical function by providing a direct supply of blood to service members and their families. The organization coordinates with Army, Navy and Air Force components to collect, process, store, distribute and transfuse blood worldwide.

"I really don't think people understand that blood doesn't last forever, so when you give one unit of blood, it's good for a maximum of 42 days," Garcimagregory said. "It's not something that's going to be sitting around in a warehouse waiting and so there's always a need."

Inhalants: Addictive, dangerous, deadly

By Lt. Amanda Neal, USNH Yokosuka

Inhalant abuse is the intentional inhalation of chemical vapors to attain a mental 'high' or euphoric effect. It is difficult to assess the extent of the problem due to challenges in testing; however, short term effects may cause heart failure within minutes of inhalation.

Heart failure can occur after a single use or prolonged use. Asphyxiation, aspiration and suffocation are also common causes of death. Some long term effects include irreversible brain damage evidenced by diminished cognitive functioning, memory impairment and personality changes, to name a few. Some inhalants have been shown to cause leukemia. The risks are many.

Although inhalant abuse can be difficult to recognize, there is some basic information which can provide assistance to take care of service members and their families. Signs and symptoms to look for include, but are not limited to: chemical odors on the breath; stains on clothing or skin, especially repeated stains, suggesting regular use; empty spray cans or containers; rags soaked in solvents; disorientation or a "drunk" appearance; lack of attention and concentration; decline in work performance; depression; loss of appetite and weight loss.

If there is a concern about the use of inhalants, it is best to address the issue with the individual promptly so that appropriate referrals and treatment can be initiated.

Most inhalants produce an effect similar to alcohol intoxication (varying with different substances). The high

has been described as initial excitation, followed by drowsiness and disinhibition, lightheadedness and agitation. Inhalants can be addictive and users may develop a compulsive need to use. Withdrawal symptoms are similar to alcohol withdrawal symptoms and include excessive sweating, rapid pulse, hand tremors, insomnia, hallucinations and even grand mal seizures.

Treatment for inhalant abuse and addiction generally follows an addictions model: combining biopsychosocial and spirituality systems and using placement criteria to "place" individuals along a spectrum; noting their readiness for change. Depending on the severity of the case, treatment may occur on an outpatient basis, or for more severe cases, an inpatient setting may be indicated. Recommendations for suitable treatment are best determined by an addictions trained specialist.

The Substance Abuse Rehabilitation Program (SARP) at U.S. Naval Hospital (USNH) Yokosuka is available to assist adult beneficiaries, 18 years and older, who may have concerns about inhalant abuse. SARP can be reached at 243-5489. For those under 18 years old, please contact a pediatrician at USNH Yokosuka or the Addictions and Substance Abuse Counselor at Kinnick High School for assistance. Help is available.



(Right) Rodney Sturgis of USNH Yokosuka Substance Abuse and Rehabilitation Program (SARP) conducts an educational demonstration on common inhalants such as air fresheners, keyboard cleaners and felt-tipped markers for HM2 Ivan Bell, HM1 Phillip JeanGilles and AD1 Scott Sargent.

Photo by Jill Ward



Imperial Japanese Navy Surgeon General ancestor pays visit to USNH

(Left) Dr. Akira Momose, Chairman of the Institute of Clinical Ophthalmology in Kiryu City, Gunma Prefecture, visited U.S. Naval Hospital (USNH) Yokosuka and met with USNH Yokosuka acting Executive Officer Cmdr. Karen Kasowski June 20. Momose visited USNH Yokosuka because his maternal grandfather, Rear Adm. Kankai Totsuka, was the eighth Commanding Officer of the Imperial Japanese Navy Medical Center that stood on the grounds of the present USNH Yokosuka, and later became the third Surgeon General of the Imperial Japanese Navy.

Photo by Tom Watanabe

FFSC class provides 'Life Choices' for FISC junior Sailors

Story and photos by Tim Shannon,
CFAY Public Affairs

Junior Sailors from U.S. Fleet and Industrial Supply Center (FISC) Yokosuka participated in a "Life Choices" class at the Fleet Theater onboard Commander Fleet Activities Yokosuka (CFAY) June 24.

The class included topics on time management, decision making, goal setting, suicide prevention, stress and anger management and was facilitated by Fleet and Family Support Center's (FFSC) Anita Ray and Scott Keehn.

"These classes are intended to address choices that some of the younger Sailors have to make while they are living and working here in Japan," said Ray. "We focus on issues they might encounter on the job and off the job – how to make appropriate decisions and how to manage their time."

Along with lectures, the FISC Sailors participated in



Fleet and Family Support Center Educator Anita Ray conducts a group discussion with FISC junior Sailors at the Fleet Theater during a "Life Choices" class facilitated by Ray and Scott Keehn June 24.

several group discussions that, according to FISC's Postal Clerk 2nd Class (SW) Xavier Harvey, were beneficial on a personal and professional level.

"I think the class was very beneficial for our guys," said Harvey. "I've been to classes before in my Navy career where you have a small group of people in the class who don't want to interact. But this class has had a lot of interaction. Everyone has been able to say their piece and provide some input. I think that has helped everyone have a better understanding of the people we work with and we can use that information to make a better work environment."

Harvey was not alone in enjoying the class, several of the participants provided enthusiastic answers and spirited discussion throughout the day, much to the delight of the FFSC instructors.

"I absolutely enjoy facilitating this class," said Ray. "I think the thing that is special for me is when I see the light bulb go on – that I said something that made sense to someone and helped someone, or when someone comes up to me after the class and makes an inquiry about what they can do differently on the job or in their personal life as well. I think that is what I get the most enjoyment from when I teach courses like this."

Ray stated that she was contacted at the FFSC by Chief Postal Clerk (SW/AW) Veronica Sellers, who inquired about the class for not only her postal clerks, but all the junior Sailors at FISC.

"My thought process for scheduling the 'Life Choices' training workshop was to provide additional guidance that would enable our Sailors to make better decisions when it comes to 'real life scenarios' that would benefit their careers and lifestyle," said Sellers.



FISC's PC2(SW/AW) Demetrius James asks a question during the Life Choices class given to Sailors from FISC by the Fleet and Family Support Center June 24.

Sellers' concern for her Sailors was not lost on Harvey.

"A lot of times people are too busy to really show their Sailors that they are concerned," he said. "But this class kind of showed me that even though my chain of command is busy, they are concerned about us, and that helps morale. This class shows that the command is willing to help their Sailors and get them the training and the knowledge they need."

One of the most popular subjects discussed during the one-day class was time management, in which Ray and Keehn challenged the Sailors to "think outside the box" and to better prioritize their time.

"One of the things we focus on for time management is a grid that I show everyone, broken down into what is urgent, what isn't and what is important and what is non-important," said Ray. "Some of the things they shared were the choices they face to better develop their work center into something that would be more applicable and would work better for them."

The "Life Choices" class was the first of two. The second class is scheduled for July 16.

Omedeto Gozaimasu!



FISC Regional Services Officer Cmdr. Bob Reichart presents a plaque to FISC master labor contractor (MLC) and postal employee, Noriko Hoshino on the occasion of her retirement from government service during a ceremony outside the FISC mail room June 20.

Photo by Tim Shannon

DDYJ Detachment Okinawa celebrates grand opening with ribbon cutting

Story and photo by Eric Cady,
Defense Distribution Center Yokosuka Japan

The newest Defense Distribution operation, Defense Distribution Center Yokosuka Japan (DDYJ) Detachment Okinawa celebrated its grand opening recently.

Located at building 502, Bay-4 Camp Kinser, Okinawa, Japan, this 40,000 square foot facility will be stocking more than 6,000 line items for ready distribution to the island's local customers, as well as customers worldwide. DDYJ Detachment Okinawa will be providing valuable support to the U.S. Marine Corps' 3rd Military Expeditionary Force (MEF) and 3rd Military Logistic Group (MLG), the U.S. Air Force's 18th Fighter Wing, and the U.S. Army's 10th Area Support Group, as well as a host of military units assigned throughout the island of Okinawa.

Cmdr. Paul Bourgeois, commander, DDYJ, thanked and welcomed all those who attended and supported the opening of the new detachment.

"A special thanks to Brig. Gen. Peter J. Talleri, 3rd MEF, 3rd MLG and all the folks at Camp Kinser Marine Corps Base who welcomed us and allowed us to use their facilities. Thanks to Maj. Pete Borghouts and the staff of the Defense Distribution Center (DDC), as well as the 400 hard working military, U.S. civilian and Master Labor Contract (MLC) personnel at DDYJ," said Bourgeois.

Defense Distribution Center Commander Brig. Gen. Lynn A. Collyar was on hand to officially open DDYJ Detachment Okinawa.

"Most important of all is the Defense Logistic Agency (DLA) and

the DDC's goal of providing the best value support we can to our service customer. You really can't do that if you are not there with them," said Collyar.

Three teams from DDC's Deployable Depot (DDXX) and parent depot, DDYJ were at Camp Kinser March 24 to April 14 to initially set up the depot operations in conjunction with the Joint Military Utility Assessment (JMUA).

"The exercise was a success and the transition to a fully functional facility has been equally successful, thanks to the hard working personnel from DDYJ and DDXX," said Collyar.

Collyar then introduced DDYJ Detachment Okinawa's new Officer in Charge (OIC) Rodolfo "Rudy" Reyes. Reyes served with distinction at Defense Distribution Depot Kuwait and is looking forward to his new position in the fast moving, continually evolving organization at Camp Kinser.



(Left) Brig. Gen. Lynn Collyar, Cmdr. Paul Bourgeois and Rodolfo "Rudy" Reyes cut the ribbon to officially open DDYJ detachment Okinawa.

Lean principles permanent part of Ship Repair Facility

By MC1 Oscar Adrian Troncoso,
SRF-JRMC Public Affairs

The concept of reducing waste, also known as "Lean," is a familiar one to the Japanese industry. Its origin goes back to Taiichi Ohno, former Chairman of Toyota Motors and widely considered the father of the Toyota Production System. This concept of reducing waste in order to increase production efficiency has filtered into the Ship Repair Facility in Yokosuka. One of the tactical goals of Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) is "Lean Acceleration."

SRF-JRMC recognized two of its departments, the marine internal combustion engine shop (X38ER) and the lifting and handling department (C700), as the first recipients of its "Lean" award during a recognition ceremony held at the Oasis dining facility on the fourth floor of building 2043 June 21.

Youchi Saito, of the marine internal combustion engine shop, said, "I think that all shop members eagerly take part in Lean activities and each member has a high level of motivation."

"Each team member expressed a strong desire to continually improve and change and reach consensus and share common thoughts and realize that we needed to standardize work flows and improve our cluttered work space," said Mitsuyoshi Kimura, of the lifting and handling department SRF-JRMC.

"The main purpose of this ceremony is to recognize the efforts of the people who continue to work to make SRF-JRMC better. We are awarding the two groups that both started Lean at SRF-JRMC and really keep it going, C700 and X38ER. In the future, the trophy will be given to the team that has the best event of the quarter," said Kevin Schilling, director of the continuous improvement office at SRF-JRMC.

During her speech, Capt. Stephanie Douglas, commanding officer of SRF-JRMC, said, "We are presenting this award to these two departments for their pioneering efforts in 'Lean' here at SRF. It's exciting for me to see the great energy of the workers to figure out what's wrong with their processes and apply their ideas to solve the problems they're facing. It's been absolutely amazing."

Douglas also highlighted the importance of Tactical Goal 5 (TG5) of the SRF-JRMC 2008 Strategic Plan. According to the 2008 Strategic Plan, Lean Acceleration will "make Lean principles a permanent part of the work



(Center) Capt. Stephanie Douglas, SRF-JRMC commanding officer, presents the first Lean trophy to two representatives, Youchi Saito from the Marine Internal Combustion Engine shop, and Mitsuyoshi Kimura from the Lifting and Handling department during the first Lean awards ceremony.

Photo by Keiichi Adachi

第1回リーン報賞授与式でSRF-JRMC司令官のステファニー・ダグラス大佐が内燃機関工場代表の斉藤陽一さん(左)とクレーン管理部門代表の木村光良さんに、第1回リーントロフィーを授与する。

写真: 安達慶一、CFAY広報課

culture to continuously reduce waste and improve processes." TG5 sets to deliver a minimum of 100 command's approved Lean events, including at least 25 value stream generated events.

"At the halfway point we've had 54 events and 13 value stream events. Everyone is helping us reach this target. You're helping us to eliminate waste, increase capacity, reduce our cycle times and ultimately reduce our costs," said Douglas to the crowd of Japanese and American workforce employed at SRF-JRMC.

Also recognized at the ceremony were the designers of the "Lean Mascot." There were 82 applications submitted for the mascot. According to Schilling, the idea of the mascot came from the South East Regional Maintenance Center.

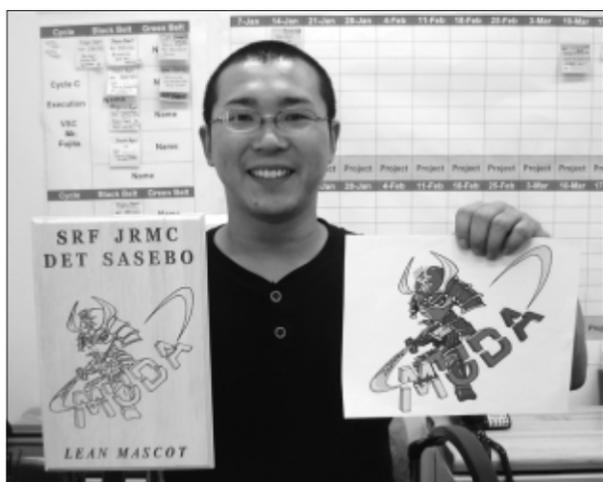
"South East Regional Maintenance Center uses a hedgehog as their mascot for the command. They use it for a variety of contests and other ways to motivate

employees. We decided it would be a good idea for SRF-JRMC to have one as well. Ultimately, we chose the Lean Samurai because of its artistry, its association with Japan, and most importantly the way it truly captures what Lean is all about: cutting waste and continuous improvement," said Schilling.

Naoki Maeda, of the S100CI office, who submitted the winning entry, said that his design evolved from something that began as something of a "joke."

"I just happened to know that SRF-JRMC was looking for a mascot as the symbol of the Lean activities. I drew a mascot half in joke on the back of the A4 sizes paper with a pencil," said Maeda.

Douglas took notice of the enthusiasm that was generated by the mascot contest. "It's a perfect example of how the momentum builds and enthusiasm builds, and energy builds, to do better and better and more and more to make SRF a better place to work."



With a delighted smile on his face, Naoki Maeda, from the continuous improvement office at SRF-JRMC Detachment Sasebo proudly shows his original and final design which was selected as the Lean mascot at SRF-JRMC.

Photo by Yuusuke Hirano

笑みを浮かべながらSRF-JRMCの「リーン」のマスコットとなったデザインのオリジナル版とカラー版を誇らしげに見せる、SRF-JRMC佐世保分所の改善推進室の前田直紀さん。

写真: 平野裕祐

文: MC1オスカー・トロンコソ、SRF-JRMC広報課

無駄の削減という概念は「リーン」として日本企業に知られていることの1つだ。その起源はトヨタ生産方式の父として知られる自動車株式会社の旧社長大野耐一氏まで遡る。効率的に生産性を上げる為の無駄削減の概念は、艦船修理廠及び日本地区造修統括本部(SRF-JRMC)に上手に取り入れられている。SRF-JRMCの掲げる戦略計画実務ゴールの1つに「リーン活動の推進」がある。

SRF-JRMCは6月21日に行われた表彰式で内燃機関工

活発なSRF-JRMCでの「リーン」活動

場とクレーン管理部門の2つの部署を、第1回リーン報賞受賞者として表彰した。式典はSRF-JRMCの中にある施設「オアシス」で行なわれた。

内燃機関工場代表(X38ER)の斉藤陽一さんはこう感想を述べた。「我われのショップでは全員がリーン活動に参加し、意識が高いと思います。」

「チームメンバー一人一人が継続的な改善、変化、合意、アイデアの共有化や、仕事の流れの統一化と整理が行き届いている職場の改善を意識する事への固い注意を示した」と話すのは、クレーン管理部門代表(C700)の木村光良さん。

「今回の表彰式の目的は、SRF-JRMCをより良い職場にするための貢献をした従業員の努力を称えることです。SRF-JRMCでのリーン活動を始めて、たゆまなく活動を継続しているX38ERとC700を表彰しました。これからは、四半期毎に最善のリーン活動を行なった部署にリーン賞のトロフィーが贈られます」と述べるのはSRF-JRMCの改善推進室長のケビン・シリングさん。

スピーチの中で、SRF-JRMC司令官ステファニー・ダグラス大佐は、受賞者をこう励ました。「SRF-JRMCでのリーン活動に対する先駆的努力はを行ってきた2つの部署にこのリーン賞を贈呈しています。職場の業務の中で、何が無駄なプロセスであるかを見出し、直面する問題の解決に結びつく方法を見出す従業員のエネルギーを目の当たりにして、驚きの一言です。」

また、ダグラス大佐はSRF-JRMCの2008年度戦略計画に記されている実務ゴール(TG)5の重要性を強調した。戦略計画によると、リーン活動の推進は、「リーン活動の原則を、継続的な無駄の削減とプロセス改善を行なうという永続的な職場環境をもたらす」TG5では少なくとも25のバリューストリーム活動を含む、100の部隊が容認したリーン活動を行なうとある。

「現時点では13のバリューストリーム活動を含め、

54のリーン活動を達成しています。従業員の誰もが目標達成に尽力しています。従業員の皆さんが、無駄の削減、能力の向上、プロセスに掛かる時間を短縮することによって、そのことが結果として業務経費の削減につながっていくのです」とダグラス大佐は、SRF-JRMCの日本従業員に語った。

尚、同式典では『リーンマスコット』のデザイナーが紹介された。82件の応募があったという。シリングさんによると、マスコット作成のアイデアは、フロリダ州メイポートにある南東造修統括本部(SERM)から来たものだと意図。

SERMではリーン活動のマスコットとしてハリネズミを使用しています。マスコットは、SERMで行なわれる多種多様なコンテストや従業員を啓蒙する手段に使われています。同様にSRF-JRMCでもマスコットを持つことが決定され、最終的に芸術性、日本との関連、無駄を切り継続的な改善という「リーン」の具考えを具体的に取らんでいるという理由で『リーン侍』を選びました」と審査の経過を話したのはシリングさん。

佐世保分所改善推進室の前田直樹さんのデザインがマスコットになり、デザインはちょっとした冗談から生まれたと言う。

「マスコットを募集していることを知って、冗談半分でA4の紙の裏に鉛筆で書いたのが、最初でした。最初、鉛筆画には『無駄・即・斬』との文字が入っていました。そこから連想して行き『無駄を斬る何か』から『無駄を斬る侍』となり、あのマスコットは描かれました」と前田さん。

マスコットコンテストに対する従業員の熱心さを見逃さなかった。「より良く、更に良くSRF-JRMCを働きやすい職場にする為に、勢い、熱心さ、エネルギーがどの様に構築されていくかを示す素晴らしい見本です」とダグラス大佐は言葉を締めくくった。

Head's Up Yokosuka! Community Announcements

American Red Cross Youth Volunteer – Calling all youth! Would you like to gain hands-on skills and experience, or give back to the community? Why not become a youth volunteer? Stop by our office located on the 2nd floor of the Community Center or call 243-7490 for more information on volunteer and leadership opportunities. Together, see what a difference we can make.

American Red Cross Community Courses and Training – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. CPR, First Aid, and Automated External Defibrillator (AED) certification is scheduled for Saturday, July 12 or July 16. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

One Stop Fleet Medical and Dental Check-in – USNH Yokosuka presents a convenient, one-stop medical and dental check-in process to assist fleet Sailors and their families. Please come to the USNH Command Auditorium on the third floor every Monday from now to Sep. 29 during the hours of 9 a.m. to noon. Sponsors and their families will be guided through the main medical and dental areas to check in to ensure family members receive the best care possible. Please bring medical records, sponsor's orders, family entry approval and command sponsorship letter for a seamless transition.

Make yourself heard – "Proceedings" a military publication produced by the U.S. Naval Institute (U.S.N.I.), is looking for enlisted personnel and junior officers from all services to submit essays and opinions to help the magazine maintain their "high intellectual energy level." You don't have to be a polished writer in order to submit; "Proceedings" only asks that you have something to say that matters. They will help you to get your words down. Some prestigious people such as Chairman of the Joint Chiefs of Staff Adm. Mike Mullen, Chief of Naval Operations Adm. Gary Roughead, Commandant of the Marine Corps Gen. James Conway, Commandant of the Coast Guard Adm. Thad Allen and author Tom Clancy have all contributed to USNI publications, often, when they were in junior positions. Go to <http://www.usni.org/magazines/AuthorGuidelines.asp> for more information.

TRICARE Online offers prescription refills – TRICARE Online (TOL) is now giving you more options for online management of your health care needs, including refilling your prescriptions using TOL. There are three unique components of this online capability: request prescription refills at U.S. Naval Hospital (USNH) Yokosuka, check refill status and request prescription refills from TRICARE Mail Order Pharmacy (TMOP). If you are a TRICARE Prime Pacific beneficiary and are registered with a TOL account - your account is power! Log onto www.tricareonline.com to access this new feature. Contact the TRICARE Service Center at 243-9528 or 243-8740 for more information.

Veterans Benefits – The Department of Veterans Affairs Overseas Military Services Coordinator visits Naval Air Facility Atsugi monthly to provide VA benefit information to active duty service members, family members and other veterans. You don't have to be retired or separated to qualify for some VA benefits. The VA representative provides a detailed briefing on benefits in conjunction with the Transition Assistance Program (TAP) and is also available for appointments. For Contact the Fleet and Family Support Center at 243-9632 for more information.

Keeping military, private life insurance policies updated

By Lt. j.g. Alexander R. Sevald,
Navy Legal Service Office Pacific

You've recently divorced your spouse and have moved on with your life. You've got a divorce decree, all the property has been divided and you make all of your child support payments on time. In fact, you've even remarried and started another family. The problem is you never changed the beneficiary designation on any of your life insurance policies. Maybe you just didn't have time. Maybe you figured the divorce would automatically change your beneficiary designation. Regardless, if you die now, chances are that your loved ones are going to be shocked and disappointed.

Recently, courts in the United States have faced the unpleasant situation of determining who to pay the Service members' Group Life Insurance (SGLI) proceeds to when a Sailor or Marine dies and his or her former spouse is still listed as the primary beneficiary. While it seems unfair and certainly contrary to what the Sailor or Marine would have wanted, courts have awarded the money to the ex-spouse instead of the current spouse or children.

In legal terms, life insurance is a contract, and the insurance company is contractually obligated to pay the proceeds to the person named in the policy even when the named beneficiary is a former spouse. In response, many states have passed laws which revoke the existing beneficiary designation of a spouse upon divorce. While this may affect some of the private policies you have taken out (depending on the state), SGLI is different. SGLI is governed by federal law, and federal courts have consistently ruled that whoever is named as the beneficiary of an SGLI policy, including a former spouse, will receive the proceeds of that policy.

What should you do to avoid this situation from happening to you and to ensure your SGLI goes to the right people? Simple: go to your Personnel Support Detachment (PSD) or your command's administrative department and update your SGLI beneficiary designation to list your current loved ones. Revising your will, having a divorce decree deny your former spouse any right to your SGLI or merely updating your military Service record page 2 or other personnel files (ID cards, etc.) will not automatically change your SGLI beneficiary designation. The only way to update SGLI beneficiary designations is the SGLV Form 8286, Servicemembers' Group Life Insurance Election and Certificate, which is available at your personnel office. Private life insurance policies can be updated by contacting the insurance company. Don't get caught unprepared and leave your loved ones empty handed – update your SGLI and other life insurance policies today!

EEO news bits

By CNFJ Equal Employment Opportunity office

Commander U.S. Naval Forces Japan (CNFJ) Equal Employment Opportunity (EEO) office has a new location. It is no longer located in the Human Resources Office building 1472. We have moved to the Regional Workforce Development Office Building A-20. A-20 is the two story building located across from the main entrance of the Ship Repair Facility. The EEO Program Manager is located on the second floor. We also have office space on the first floor of the building. Contact the EEO office at 243-8163 for directions or more information. Our telephone numbers and mailing address remains the same.

The CNFJ EEO office has published an online EEO training course for supervisors and managers titled "Responding to Request for Reasonable Accommodation." The training can be found on the HRO Web site at <http://hro.cnfj.navy.mil>. The training is designed to provide guidance to supervisors and managers on providing reasonable accommodation for employees with disabilities. The training covers the following topics:

- Legal statutes and regulations governing the reasonable accommodation process and who is covered.
- What constitutes a disability.
- Reasonable accommodation and the interactive process.
- Command and supervisory roles and responsibilities in responding to request for accommodation.
- Obtaining and protecting medical documentation.
- Resources available to assist in making determinations on reasonable accommodation.

The course takes approximately 90 minutes to complete. It also satisfies the annual requirement for EEO training for supervisors. At the end of the training, participants can send a certificate of completion to their command's training point of contact or e-mail the Regional Workforce Development office to document completion of the training.

If you have questions relating to the reasonable accommodation process or information contained in the training, contact the Regional EEO office at 243-8163.

Pet of the Week



This week's Pet of the Week is O'Brian. O'Brian is a two-year-old Silky Terrier who is house-broken, microchipped, neutered and has all his shots updated. O'Brian is a very playful dog who enjoys walks, is very loving and would be a great addition to any home with children of all ages. To find out more about O'Brian or any animal at P.A.W.S., contact them at 243-9996, or visit the P.A.W.S. Web site at www.pawsyokosuka.org.

Photo by Vicki Boehler

What is freedom worth?

By Chaplain William M. Stewart

Growing up as a child in rural Oklahoma, the Fourth of July was always a time I associated with hamburgers off the grill, cold watermelon, followed by spitting seeds everywhere (oftentimes at my little sister), and yes, those exciting fireworks! It was a wonderful holiday where all of our family would get together and celebrate. Looking back on it now I smile a bit with embarrassment, because I'm not so sure I ever realized what we were celebrating. Maybe it was just the invention of fireworks! Today, it means something much different... much more.

A little more than 230 years ago, our forefathers made a decision that would not only impact our lives now, but the entire future of the world. The magnitude of this critical decision must not ever be underestimated. There were principles involved that caused 13 colonies to place their lives on the line with faith that their creator would bless. On July 4, 1776, our forefathers signed the Declaration of Independence. The brave people of these colonies spent the next five years standing by that declaration, many of them sacrificing their lives in order to see it come to fruition. What principle, value or belief could have been so important to these people that they would be willing to sacrifice everything they had, including life itself? It is the very same thing that you and I believe in and are willing to make sacrifice for still today... Freedom!

The second sentence in the Declaration of Independence summarizes these believes. It says, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness" (and note which words they capitalized for emphasis). This golden and core belief of our forefathers contends that without freedom, life cannot be enjoyed to its fullest. Without freedom, we can never see our loved ones, both now and in generations to come, have the opportunity to live out their lives in a way that they themselves determine instead of someone else. And, that the attainment of these principles should never be dictated by man, but are indeed unalienable rights granted by our creator, God.

How can we possibly begin to calculate the worth of this gift called freedom? The declaration made by our forefathers was just that, and only that. It was the beginning of a long and bloody struggle between a nation who wanted domination, and a small group of 13 colonies that wanted to be free and be called, states. It would not be until 1781 in York, Va., that Lt. Gen. Cornwallis would send his men out to surrender. Today, it is called "Surrender Field" and it is a landmark that well represents the start of a new nation called the United States. While it is a serene field today with deer grazing on the meadow grass, the truth is, that it will forever be stained with the blood of many men who gave their lives for our freedom.

What is freedom worth? Well, I guess each person will need to make that decision for his or her self. I myself appreciate it more than words can express, and I thank you so much for helping carry on the torch. May God bless you all and I hope you have a wonderful celebration of freedom on this very special day.

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

- II Corinthians 3:17

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnj.navy.mil>. Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement. Postmark dated, faxed or e-mailed applications will not be accepted.

New

Language Technician - YB-1046-1, CFAY-98-08. Open: 6-27-08 Close: 7-10-08. *Temporary, not to exceed one year.

Continuing

Education and Training Technician - YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08. *Six months open register.
Public Affairs Technician - YB-1002-2, NH-84-08. Open: 6-27-08, Close: 7-18-08.

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

- Food Delivery Operator** - Food Services. \$8.28/hr.
- Food Service Supervisor** - Food Services. \$10.74/hr.
- Food Service Workers** - Food Services. \$8.28/hr.
- Food Service Worker Leader** - School Lunch. \$9.10/hr.
- Motor Vehicle Operator** - School Lunch. \$9.66/hr.
- Front Desk Clerk** - Navy Lodge. \$7-\$8/hr.
- Desk Clerk Night Shift** - Navy Lodge. \$9.50 plus differential.
- Department Manager** - Autoport. \$31,936-\$40,634/yr.
- Automotive Mechanic** - Autoport. \$13.63/hr.
- Customer Service Clerk** - Main Store. \$8.25-\$9/hr.
- Supervisory Sales Clerk** - Main Store. \$8.39-\$11/hr.
- Store Worker** - Main Store. \$8.28/hr.
- Retail Operations Clerk** - Main Store. \$9-\$11/hr.
- Service Clerk** - Personalized Services. \$7.25-\$8/hr.
- Equipment Rental Clerk** - Rental Center. \$7-\$8/hr.
- Hair Stylist** - Beauty Salon. Commission.
- Receptionist** - Beauty Salon. 7-\$8/hr.
- Vending Operations Clerk** - Vending. \$7-\$9/hr.
- Warehouse Worker** - Distribution Center. \$9.66/hr.
- Forklift Operator** - Distribution Center. \$10.35/hr.
- Security Guard** - Distribution Center. \$7.50-\$9/hr.
- Cashier** - Cash Office. \$7.50-\$9/hr.
- Retail Operations Clerk** - Procurement. \$7.50-\$8.50/hr.
- Security Guard** - Loss Prevention. \$7.50-\$9/hr.
- Hair Stylist** - Negishi. Commission.
- Food Service Worker Leader** - Ikego. \$9.10/hr.

Miscellaneous

Organist for the Chapel of Hope General Protestant Worship Service - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant Choir director and chaplain in charge of the service.

Organist for the Chapel of Hope Protestant Liturgical Service - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Chaplain in charge of the service.

Choir Director for the Chapel of Hope Roman Catholic Faith Group - Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with Catholic organist and the chaplain in charge of the service.

Organist for the Chapel of Hope Roman Catholic Mass - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with the Catholic choir director and the chaplain in charge of the service.

Organist for the Chapel of Hope Gospel and Praise Faith Group - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with the Gospel and Praise choir director and the chaplain in charge of the service.

Choir Director for the Chapel of Hope General Protestant faith group - Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with the Protestant organist and the chaplain in charge of the service.

Director of Religious Education for the Chapel of Hope Roman Catholic faith group - Must be familiar with the Roman Catholic doctrine and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Director of Religious Education for the Chapel of Hope Protestant faith group - Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Roman Catholic Priest is needed to officiate the Mass as needed at the Negishi Chapel of the Rising Sun on Saturday nights and Sunday mornings - Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

Roman Catholic Priest is needed to officiate the Mass as needed Ikego Housing Base on Saturday nights - Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

Youth Program Director for the Yokosuka Chapel of Hope Protestant faith group - Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Youth Program Director for the Yokosuka Chapel of Hope Roman Catholic Faith Group - Must be able to work a flexible schedule dependent upon youth program needs. Must be familiar with Catholic doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Organist for the Chapel of the Rising Sun Roman Catholic Mass - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Catholic choir director and the chaplain in charge of the service.

Organist for the Chapel of the Rising Sun Protestant Service - Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant choir director and the chaplain in charge of the service.

Positions above:

- Must be fluent English speaker and be able to work a flexible schedule dependent upon religious service needs.
- Previous experience at a Navy Chapel preferred.
- Please call the Chapel of Hope at 243-6773 for more information.

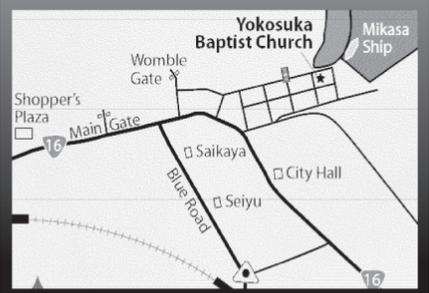
YOKOSUKA BAPTIST CHURCH

Service Schedule:

Sundays: 1000.....Sunday school
 1100.....AM Service
 1800.....Evening Service
 Wednesdays: 1900.....Midweek Service
 1900.....Patch the Pirate Club

Call Pastor Mark Sage at (0803) 179-9516 or the church at (046) 823-4654. We are just outside the Womble gate, take an immediate left, go 400 meters through one traffic light and then a right. We are on the left hand side.

www.ybcjapan.org



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Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
TUE	Women's Bible Study	0900
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 2, 3 and 5	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)

2nd AND 4th THU Classroom 4 1830

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*

WED Middle School - Quest 1600
High School - One Way 1830

Protestant Women of the Chapel*

TUE Bible Study, Classroom 10 1830
THU PRECEPTS, Fellowship Hall 0930
THU Bible Study, Classroom 7 1600

Japanese Women's Bible Study*

TUE Main Chapel/Fellowship Hall, Classrooms 0930

COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 5 0900

Men's Christian Fellowship

TUE Study Group (Fleet Rec 3rd Deck) 1130
3rd SAT Breakfast (Location varies)
**Runs from September to June*

NEGISHI: Chapel of the Rising Sun
• 242-4183

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

Protestant

SUN Worship Service, Main Chapel 1030

IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

SAT Vigil Mass 1900

Pentecostal

SUN Worship Service 1000

Adult Bible Study

WED Nikko Tower Party Room 1800

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*

THU Middle School/High School - Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Congratulations on the birth of your baby!

Kay Resurreccion and Sheralyn Resurreccion are the proud parents of **FRANKLIN RAJAN T. RESURRECCION** born June 7, 2008 at 2:07 a.m., weighing 5 pounds 15 ounces.

Carlos Bonnett-Castillo and Erin Bonnett-Castillo are the proud parents of **LONDON JACOB BONNETT-CASTILLO** born June 11, 2008 at 3:48 a.m., weighing 7 pounds 7 ounces.

William Grimm and Becky Grimm are the proud parents of **BENJAMIN ALEXANDER GRIMM** born June 13, 2008 at 8:35 a.m., weighing 7 pounds 15 ounces.

James Crawley and James Crawley are the proud parents of **JOI KIANA CRAWLEY** born June 13, 2008 at 5:56 p.m., weighing 7 pounds 9 ounces.

Tyrone Brinkley and Miki Brinkley are the proud parents of **KENYON TYRELL BRINKLEY** born June 23, 2008 at 1:58 a.m., weighing 7 pounds 13 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, July 7

Accelerated Transition Assistance (ATAP) 7:30 a.m. (4 days): This is a four-day seminar for military members and families with less than eight years of service. Topics include transition assistance, veteran's benefits, separation documents, job search skills and lifestyle changes. Eligible candidates are recommended to attend this workshop one year prior to projected separation. Reservations are required through your Command Career Counselor.

English as a Second Language (ESL) 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an every-day setting.

Elements of Successful Parenting 9 a.m. (2 hrs.): Elements of Successful Parenting (E.S.P.) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.

Labor and You 1 p.m. (5 hrs.): Bundles of joy take lots of preparation and planning. No need to "go it" alone! We have helped hundreds of families prepare for their new arrival with the knowledge needed to make informed choices during and after pregnancy.

Tuesday, July 8

Area Orientation Brief and Intercultural Relations Class (Pre-registration required) 7:45 a.m. (4 days): **July 8-11, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, *kanji*, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

Baby Basics 11:30 a.m. (2 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

Developing Your Spending Plan 12 p.m. (1 hr.): Too much month at the end of the paycheck? In this interactive class, you'll learn the importance of a written spending plan. You'll learn about the Financial Pyramid, the Financial Planning Worksheet, and creative ways to find extra cash on even the tightest budget. We don't tell you how to spend it, we teach you how to keep more of it.

Healthy Relationships: For Your Child's Future 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.

Welcome to Ikego 9 a.m. (4.5 hrs.): We invite both old and new residents of Ikego to meet your Ikego Community Leaders and learn what the Ikego community has to offer. Representatives from various Ikego offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Ikego to Yokosuka. Our guided walking tour of Zushi City will help you to enjoy your new home in Zushi.

Wednesday, July 9

Elements of Successful Parenting 9 a.m. (2 hrs.)

Welcome to Negishi 10 a.m. (5 hrs.): Representatives from various Negishi offices will speak about their services. Meet new friends and neighbors, plus learn to take the train from Negishi to Yokosuka.

Thursday, July 10

Ikego - Japanese Culture Series - Japanese Ikebana for Adult 10 a.m. (2 hrs.): Ikebana Class is a Japanese flower arrangement class. This class uses flowers and other things from nature to make decorative center pieces. This class will be taught by a certified Ikebana Instructor. The Instructor will give a demonstration and then the participants will make their own flower arrangement.

Ikego - Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

Saving and Investing 11 a.m. (1.5 hrs.): In this class, we'll teach you the difference between a stock and a bond. You'll learn about your risk tolerance, your time horizon, and what investment vehicles match your investor style. You'll learn about mutual funds, expense ratios, money markets. You'll even learn about dividend reinvestment plans and how you can buy stock directly from certain companies.

Friday, July 11

Ikego - Japanese Culture Series - Ukulele (1.5 hrs.): Immerse yourself in the Japanese culture by joining us to learn how to cover eggs in traditional Japanese *washi* paper. These delicate treasures make excellent souvenirs and add that special touch to any décor.

Play Morning 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

PCS Workshop 8 a.m. (4 hrs.): This 4-hour workshop provides service members and their families an opportunity to prepare for their next PCS move. Participants will benefit by receiving pre-move information from subject matter experts that represent the offices that handle the logistics of PCS moves. A wide variety of informative PCS materials are available at this class, free of charge.

Negishi - Kid's Craft Class 10:30 a.m. (1.5 hrs.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

Upcoming Classes

July 14	English as a Second Language; Ikego - Home Buying Basics Your Japanese Home; Elements for Successful Parenting (ESP)
July 15	Credit Management; Ikego - Employment Overview and Tips; IA Spouse Support Group
July 16	Getting Started Teaching English; Basic Breastfeeding Elements for Successful Parenting (ESP); Negishi - Home Buying Basics
July 17	Ikego - Play Morning; Thrift Savings Plan Pre-Marriage Seminar; English Teachers Networking Group
July 18	Play Morning; English as a Second Language

Negishi FFSC 242-4125 Fleet and Family Support Center 243-FFSC (3372) Ikego FFSC 246-8052

Visit our Web site: www.cfay.navy.mil/ffsc/index.htm

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'98 **Toyota Corsa**. Dark blue, 2-dr hatchback, auto, A/C, AM/FM, 42,000 km. Recent tune-up. JCI to 12/08, base inspection due 11/08. \$550. Please call (046) 876-0354 AWH.

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Needed nanny from 7 a.m.-4 p.m., Monday-Friday in our home on Yokosuka main base. Must care for two children (5 years old) before and after school and one all day (2 years old). Must care for all three when school is out or when students are released early. Light housework required. Pay: \$1,350/month. Interested individuals, call 090-9390-6806.

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Announcements

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Indian Ethnic Food in Yokosuka. Our dishes amounts are good. Quality as perfect as Indian hotel's restaurant standard. We are 300 yards from Chuo Station. Enjoy real Indian ethnic dishes. Bayleaf Indian Restaurant. Tel. (046) 821-1922 and 090-3015-1749. Lunch from 11:30 a.m. to 3 p.m. Summer time dinner starts from 6 p.m. Monday closed.

Moving to NAS Jacksonville, NAVSTA Mayport. I have an immaculate home with 2-car garage, 3BR, 3 baths, refrigerator W/D deluxe home theater package. Please call 241-4494, 080-6744-5468 anytime. E-mail: lenlenbj@msn.com.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

TIF Miscellaneous International Party Shibuya, July 12, Saturday, 6:30-9 p.m., T's Salon. Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. http://www.miscellaneousparty.com. Call 080-2001-0512, party@goover.co.jp.

Unable to locate jobs on military bases? Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: rikisan2007@hotmail.com, or visit my Web site at: http://anderson.nsedreams.com.

World Friends International Party Shinjuku, July 5, Sat., 6:30-8:50 p.m., Shinjuku Tokyo Loose. The full-scale international party in Shinjuku. Meet 200 people. 20 kinds of free cocktails. Free snacks with sandwiches. Male, ¥3,500. Female, ¥3,000. http://www.worldfriend.com. Call 080-2001-0512, party@goover.co.jp.

Yokosuka Baptist Church. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

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The point of contact is Keiko or Tomomi, account executives. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.



(Left) Japan Maritime Self-Defense Force (JMSDF) Midshipman Toshihiro Miyoshi asks DC1 Adam Gee a question during a tour of *USS Shiloh* (CG 67) June 25. The JMSDF Midshipmen spent three days aboard *Shiloh*, learning how the U.S. Navy operates, which will help improve interoperability between the two navies.
U.S. Navy photo by MC3 Matthew R. White



(Left) Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed congratulates Yuko Kobayashi after presenting her the Civilian Meritorious Service Medal June 24 on the occasion of her retirement and for her dedicated and outstanding service to the U.S. Navy. Kobayashi worked 21 years as a Japanese Master Labor Contract (MLC) employee for the U.S. Navy, eight of which was as military liaison and civil affairs to CFAY.
Photo by Yuhji Kawabe



MM2(SW) Rogelio Soriano Jr. mans the Boiler Technician of the Watch console during a condition two main space fire drill aboard *USS Blue Ridge* (LCC 19) while being assessed by the ships damage control training team to ensure the crew could contain an actual casualty.
U.S. Navy photo by MC2 Peter D. Lawlor



Commander U.S. Naval Forces Japan Regional Fire Department entry team, wearing high level protective suits, are decontaminated in the "warm zone" after responding to a chemical problem during a demonstration for the Japan Ground Self-Defense Force Chemical School and Ministry of Defense visitors as part of a base tour June 4.
Photo by Yuhji Kawabe

Konnichiwa!

BM1 Wayne Wemppy operates tug boat YTB 787 Kittanning from Commander Fleet Activities Yokosuka (CFAY) Port Ops.
Photo by Yuhji Kawabe

Where do you work? CFAY Port Operations.

How long have you been in Japan? 8 years.

What is your favorite Japanese food? Sushi.

Life goal? To have a big, happy family.

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Restaurant operated by Thailanders

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Yokohama bank

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