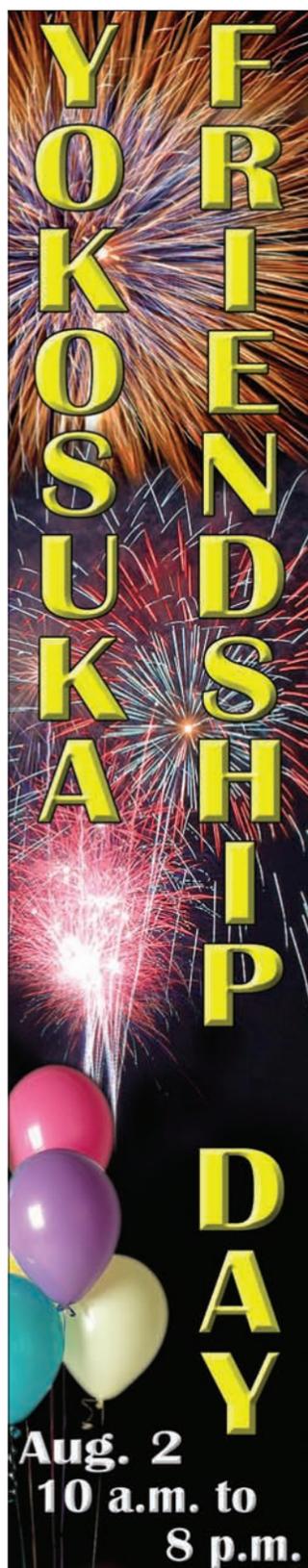


**NEX**  
debut  
new  
PT  
uniform

Pg. 4



**Aug. 2**  
10 a.m. to  
8 p.m.

## CFAY celebrates Fourth of July with birthday bash

By Dan Bowen,  
CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) celebrated America's 232nd birthday with live music, hot food, cold drinks, a giant yakitori stick, carnival style games, a petting zoo and a dazzling fireworks show July 4.

An estimated 5,500 people showed up and



MWR workers, led by Robert Fair of the Officer's Club, tend to the yakitori stick purported to be the world's biggest military yakitori stick created just for CFAY's Fourth of July celebration. The yakitori stick contained 135 pounds of chicken threaded over a 36 foot long bamboo pole cut from a forest in Ikego.

Photo by John Sullivan

helped give the celebration a small-town Anywhere, USA feel. "It reminds me of a block party like I would have back home," said Master-at-Arms Seaman Jessi Saunders of CFAY Security. "It's surprising how many people turned out. I am really glad I took the day off to enjoy myself."

Kids enjoyed a "Kid's Zone" with giant tricycle races, carnival style games, a petting zoo and other attractions at Kosano Park. The parking lot across the street from Kosano Park was set up to include a stage for live music and tables and chairs for dining. The Chief Petty Officer's Club, bowling alley and other Morale, Welfare and Recreation (MWR) booths dished out barbeque, yakitori and other summertime fare throughout the day.

MWR also decided to keep with the American tradition of "bigger and better" by building the world's longest military yakitori stick. "We just wanted to do something a little different for the MWR customer," said Officer's Club Assistant Manager Robert Fair, who was in charge of the operation. "It took an hour to thread the chicken on and marinate it and just over 30 minutes to cook it." The yakitori stick contained 135 pounds of chicken threaded over a 36 foot long bamboo pole cut from a forest in Ikego. After the stick was completed, it was cut up and handed out to the crowd.

CFAY Commanding Officer Capt. Daniel Weed spoke at the event reminding revelers to be thankful for the good weather this year and, more importantly, for the Americans "that are in Iraq, Kuwait, Afghanistan, off the Horn of Africa and throughout the world defending our freedoms."

The festivities concluded with a fireworks display over Green Bay between Kosano Park and Mikasa Park.

The Fourth of July, also known as Independence Day, is celebrated in every U.S. state and territory in recognition of the approval



Patrons of Commander Fleet Activities Yokosuka's Fourth of July celebration watch as dazzling fireworks light up the sky from Berkey Field.

Photo by John Sullivan

of the Declaration of Independence by the Second Continental Congress on July 4, 1776. The Declaration of Independence was used to explain the decision of the Congress to separate from Great Britain to the citizens of the new country and the rest of the world. The date of the legal separation of the United States and Great Britain is actually July 2, 1776, when Congress passed a resolution of independence that had been proposed in June by Richard Henry Lee of Virginia.

## John S. McCain hosts family, friends during day cruise

Story and photo by MC2 Byron C. Linder,  
Fleet Public Affairs Det., Japan

Sailors of USS *John S. McCain* (DDG 56) provided the opportunity for more than 100 friends and family members to experience life in the forward-deployed naval forces during a Friends and Family Day cruise June 28.

The eight-hour cruise was the *McCain* crew's opportunity to show their families the ship's operations and the activities and responsibilities a Sailor has while at sea, said Lt. Cmdr. Robert Ogden, *McCain*'s executive officer.

"This puts a human face on Navy activities out here, and shows we're about caring, serving the community and strengthening our ties. That's the most important thing," Ogden said.

For the guests, tours aboard the ship were conducted in a format familiar to Sailors: at each station, a subject matter expert would sign off on an abbreviated personal qualification standard, culminating in an honorary Enlisted Surface Warfare Specialist pin.

Visitors learned the basics by touring combat spaces, engineering control, the pilothouse, the forecabin and refueling stations. Hands-on training was available near the flight deck, as the proper use of firefighting equipment was being demonstrated and available for handling.

The familiarization format was a welcome innovation, according to Yeoman 1st Class (SW) James Gray, a native of Fairfield, Ohio.

"If you just bring people aboard and show them things, it gets kind



HT3 Josh Sabotta shows a flight deck firefighting ensemble to guests during a Friends and Family Day cruise aboard guided missile destroyer USS *John S. McCain* (DDG 56) June 28.

of boring," he said. "Here we have subject matter experts on hand, and you can learn a little more."

Gray added that by being aboard a smaller ship, subject matter experts were allowed more time to interact with the guests.

"With a smaller group of people, you have more quality, hands-on time, and the whole thing is much more manageable," he said.





Capt. Daniel L. Weed,  
Commander,  
Fleet Activities  
Yokosuka



CMDCM Wayne E. Smith,  
Command Master  
Chief

## 司令官の相談室

**Friendship Day 2008** – Commander Fleet Activities Yokosuka annual U.S. Forces Japan Friendship Day is scheduled for Aug. 2. Womble gate will be open to inbound visitors from 10 a.m. to 7 p.m. and closed to outbound flow at 9 p.m. The event will end with a fireworks display from 7:30 to 8:10 p.m.

**Sure Start program** – The Sure Start program is accepting applications for 2008/2009. Applications are available at The Sullivans School and at Ikego Elementary School. Call 243-7336 for more information.

**Narita Bus Schedule change** – Effective immediately, the last bus from Narita Airport will depart at 7:30 p.m. vice 7 p.m. Call 243-7777 for more information.

**BZ:** I love the Ikego Child Development Center (CDC)! My daughter goes to the pre-toddler drop-in and she has so much fun there, she barely bats an eye when I drop her off! The facility is clean and well cared for, the entire staff is kind, professional and wonderful. Specific mention for the folks in the pre-toddler room – Huiwen, Mitsu, Mike and all the others – they are just fantastic. I know when I leave my baby with them that she will be safe, nurtured and well cared for. I cannot say enough positive things about the great work being done by these people. I only wish I could take the entire CDC with me when we leave! Also, Chieko at the front desk is great – she is polite, responsive and always calls back when she says she will! Great job by the whole group!

**BZ:** First I would like to say how enjoyable the recent Friendship Day at Negishi was. I have been to several in previous tours here, but this one was the best. The international flavor that is often missing from these events was in full bloom. While pizza, hotdogs, hamburgers and nachos were

available, the majority of the vendors were selling various types of food from all over Japan (Okinawa, Hiroshima, Hokkaido) and other Pacific nations as well. I would highly recommend that the Negishi personnel, who made this event a success, pass along their expertise to the organizers of the Yokosuka and Ikego Friendship Day events. With that said, there was one area that appeared to be overlooked. As my family and I were walking around looking at the various booths, I came upon a vendor that had black, old minstrel show-like dolls prominently displayed in a Japanese vendor's booth. Not only were they displayed but some were actually hanging from the support structure of the booth. I am sure that no ill-intent was meant. Just as we would not allow anyone to sell drug paraphernalia or adult-oriented items at such an event, this also should not be tolerated. I suggest that in the future the responsible personnel ensure that all items being sold are in line with Department of Defense standards.

**Q:** What is the oversight for Americable's operation on base? \$5 dollars a month rate increase, monthly fees for each TV in a household ranging from \$3-\$12 dollars and loss of the 10 percent discount for paying for internet for a year. Why do those who are here for the full 12 months have to suffer for Americable's decision to cancel the internet discount? TV and internet is our best means of keeping up on what is happening in the United States. There standard answer for what programs to show is they are popular in the U.S. I understand, but how many times a week does one crime show need to be shown? There must be a process Americable uses, but I am unable to find out directly from them. Do you know the whole process for selecting channels and how to go about getting other channels added for review by the local viewers?

**A:** Dear valued customer, Americable regrets to inform you that effective July 1, we will no longer be offering the 10 percent discount for annual internet subscribers. Although this option was popular when we began offering internet services, the number of customers who take advantage of this promotion is now under 10 percent and

the work involved in tracking these customers and processing their refunds upon transfer is no longer economically feasible. We apologize for the inconvenience and would like to let everyone know that the 15 percent discount for subscribers who also have cable television will remain in place and unchanged. Thank you for your patience and understanding.

**Q:** One day we were shopping for cars. A sales person came up to us to sell a car. I gave him my cell phone number so that he could contact me. He never called me. On another day, another sales person came up to us, and we made an appointment to listen to his presentation. On the appointment day, he was sick, so he wasn't there. I can understand that, but he could ask people from his work place to contact us and tell us he was sick and wanted to cancel the appointment.

**A:** Dear valued customer, we sincerely apologize for our less than superior customer service. We have computerized our logs for all appointments and have changed our procedures. We will ensure all appointments are reconfirmed the evening prior to the meeting. If you wish to discuss this issue further, please contact Jeff Bailey, sales manager at 241-4762.

**Q:** I realize that school is out but I feel that this is something that needs to be addressed before school begins again in the fall. The signs for the speed limits in the school zones are not very noticeable. The signs are very small and the lettering is even smaller. I walk past The Sullivans Elementary School every day during lunch time. It seems like many of the cars driving past during that time do not seem to know that the speed limit should be 15 kph between the hours of 7 a.m. to 3 p.m. Most are doing 25 kph (the normal speed limit) but I also see many doing 30 kph and above. This includes privately owned vehicles, maintenance vehicles, government vehicles, taxis and buses. The sign which posts your speed works very well, but it is ignored. Is it possible to place several high-visibility pedestal-type signs stating that it is a school zone and the speed limit is reduced during school hours? I believe one should be placed before the intersections and midway along the roads (for all school zones). I have seen bigger signs in the States and at Yokota and they do help drivers slow down. The little round signs Yokosuka has just aren't very visible and there is no other way to know one is in a school zone.

**A:** Thank you for your question. You identified the actual underlying problem in your observation: "The sign which posts your speed works very well, but it is ignored." In fact, this comment really hits the nail on the head, and is the reason significant time is spent discussing school zone speed limits with all newly arriving personnel each Friday during the "Safe driving in Japan" orientation brief. There are actually three types of signs already in place to alert drivers to the maximum speed in school zone areas: the regulatory speed limit signs, the regulatory "school in

session" reduced speed limit signs and the solar powered vehicle speed detection signs: "YOUR SPEED IS." Whenever consideration is given to either installing more or increasing the size of traffic signs on the base, the expected results must outweigh the negative visual impact on the base that more or bigger traffic signs produce. With three different types of traffic signs already in place in multiple locations in the school zones, the real solution is both continued enforcement of posted limits by security and ultimately compliance with posted speed limits by motorists themselves.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Aug. 7. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to us at: Seahawk-Umitaka@fe.navy.mil.

### Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

Michelle Stewart Public Affairs Officer

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## TRAFFIC ADVISORY

A large rally and demonstration will be held at Verny Park July 13 from 1 to 5 p.m.

Access to Yokosuka Naval Base will be limited to inbound vehicle and pedestrian traffic only at Carney (main) Gate and outbound vehicle and pedestrian traffic only at Womble (back) Gate.

In addition, traffic congestion is expected in the following areas:

- Verny Park
- Shoppers' Plaza
- Fleet Activities Yokosuka main gate/Honcho Intersection
- Mikasa Ginza
- Seiyu Department Store
- Park in front of Yokosuka City Hall

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## USS Cowpens, JDS Uzushio foster goodwill through soccer

Story and photo by Ensign Alison E. Derr, *USS Cowpens* Public Affairs

The wind and rain at Yokosuka's Berkey Field couldn't keep the *USS Cowpens* (CG 63) soccer team away. In fact, nothing could keep the ship's Sailor-athletes from taking the field June 20, as they faced off with a talented squad from JDS Uzushio (SS 592) of the Japan Maritime Self-Defense Force (JMSDF).



The sporting exchange with the Japanese submariners started with each team displaying stingy defense until *Cowpens* forward, Gunner's Mate 3rd Class Casimir Saintcyr pushed through the Uzushio defense for a goal, putting *Cowpens* ahead 1-0.

The Thundering Herd's lead was short-lived, as Uzushio retaliated with a quick shot on goal that flew past goalkeeper Fire Controlman 3rd Class Christopher Powell, knotting the score up at one goal apiece.

"With good ball control and excellent passing they had far superior skills than us," said Powell.

Both teams took a breather during half-time, resting their legs and pumping themselves up for a riveting second half.

Uzushio and the Thundering Herd came out strong in the second half, keeping pressure on both defenses. In the final 10 minutes of regulation, Uzushio scored the game winning goal of a 2-1 nail biter.

"I feel that we played extremely well for not having had the opportunity to practice together in the past few weeks," said sweeper Ensign DeeDee Collins.

But, as much as this game was a match to determine the superior soccer skill set, it was an opportunity to foster the relationship between the U.S. Navy and Japan.

"Part of our role here in Seventh Fleet is to be ambassadors and representatives of the United States and to continue fostering relationships not only with Japan, but with all the countries we visit and interact with," said *Cowpens* Executive Officer Cmdr. Garry Wright. "This soccer game was another opportunity for us not only to represent our ship, but also for us to represent our country and to bond with our Japanese counterparts over a shared love for the game of soccer."

*Cowpens*, part of the forward-deployed naval forces, operates out of Commander Fleet Activities Yokosuka, Japan

**USS Cowpens (CG 63) and JDS Uzushio (SS 592) soccer players and shipmates congratulate each other after a well-played soccer match between the two teams June 20. Uzushio won the match by a score of 2-1.**

## Navy's new PT uniform debuts in Yokosuka's Navy Exchange

Story and photo by MC3 Gabriel S. Weber, Fleet Public Affairs Det., Japan

The Navy Exchange (NEX) Uniform Center at Commander Fleet Activities Yokosuka began selling the Navy's new physical training (PT) uniforms July 1.

Rusti Rausch, operations manager for the Navy Exchanges in Japan, said the NEX scheduled the distribution of uniforms to individual commands to make the process as smooth as possible.

"Today is the first day of a four-day rollout, and we decided to make things as easy as possible by scheduling commands to come in at a certain time so that we can take care of one group at a time," she said.

The new uniform consists of official Navy T-shirts and shorts with optional items such as long-sleeve T-shirts, socks and compression shorts.

"We have in excess of 3,000 pairs of shorts, and even more of the T-shirts," said Rausch. "But to make sure that everybody does get a set, we are limiting everyone to just one set of the full uniform for now."

Each Sailor will be required to purchase two sets of the uniform by Oct. 1, 2008, when the uniform becomes mandatory for all hands.

Storekeeper 2nd Class Scott Frederick from Monterey, Calif., said transitioning to an official PT uniform will be a simple change.

"We're pretty used to wearing uniforms in the Navy," he said. "So having an official PT uniform really isn't that big of a deal. When we do command PT at FISC Yokosuka (Fleet Industrial Supply Center, Yokosuka), we try to wear Navy colors anyway, so this isn't a big change for us."

"I think that's important because it helps give the Navy unity," said Rausch. "It's

nice and bright, and I think it really spells out 'Navy,' and I think it's going to give some camaraderie among our Sailors."

She added that Sailors should purchase their uniform items early to ensure they get the correct sizes.

"We think we're going to have everything that the Sailors need," she said. "But if we do happen to run out of a particular size, the uniform is available directly from the Uniform Support Center and can be mailed directly to your home address."



**Sailors of the forward-deployed naval forces make their selections during the rollout of the Navy's new Physical Training (PT) uniform at the Navy Exchange Uniform Center on Commander Fleet Activities Yokosuka. The new, standardized PT uniform becomes a mandatory seabag item Oct. 1, 2008.**

### Did you know...

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- Navy tax free allowances adds a considerable amount to our annual take-home pay; for example, an E5 will add an average of \$7,000 a year to actual E5 pay.

- To give you an idea of the tax advantages of the Thrift Savings Plan (TSP), if you are in the 15 percent tax bracket and contribute just 5 percent each month (about \$208 a month or \$2,500 a year), you will save \$375 in federal taxes. your tax savings will be greater if you pay state taxes. In addition, that \$2,500 will be earning tax-free interest! For more information on investing in TSP, visit [www.tsp.gov](http://www.tsp.gov).

#### The grass is not always greener

- According to the Department of Labor, civilian contributions for medical care premiums averaged \$313 a month for family coverage. This is free for the military, saving a married Sailor and family \$3,750 a year. Know your benefits. Go to [www.npc.navy.mil/CareerInfo/PayAndBenefits/](http://www.npc.navy.mil/CareerInfo/PayAndBenefits/) to learn more.

- Nearly half of all Americans who work in the private sector, including more than 75 percent of low-wage workers do not get a single paid sick day.

- According to a 2006 bureau of Labor Statistics and Department of Labor report on employee benefits, 76 percent of America's workers received paid leave or vacation, 71 percent of workers in the private sector had medical care plans available (at an average cost of \$300 a month for families) and 61 percent of employees had a retirement plan.



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## MCPON to chief selection board: What I expect of first classes

By MCCS(SW/AW) Bill Houlihan,  
MCPON Public Affairs

Master Chief Petty Officer of the Navy (MCPON)(SW/FMF) Joe R. Campa Jr., addressed the active duty chief petty officer selection board June 23 and outlined his expectations of first class petty officers being considered for selection to chief.

"You are the gatekeepers to our [CPO] community," Campa told the selection board. "What you do in the next several weeks will impact our [chiefs] mess and our Navy for years to come."

First line leadership, rating expertise, professionalism, communication, loyalty and heritage are all mentioned in the CPO precepts, the governing document each selection board uses as they deliberate and select Sailors whose records appear in front of a board.

"Those expectations are the things we expect our first classes to be doing. We expect them to generate deckplate results. The most important factor I want you to consider is leadership, what they're doing for those they lead. No one should be wearing an anchor on their collar if they can't lead Sailors," Campa said.

Language taken straight from the guidance,

"Expectations of the First Class Petty Officer" has been inserted into the selection board's precepts, and those Sailors who live up to them have the best chance of putting on anchors Sept. 16.

Campa introduced the Expectations in December 2007 and reinforced a number of characteristics effective first class petty officers have always demonstrated. Just seven months later, those expectations have been formally recognized as the most significant indicators of a candidate's potential to lead as a chief.

Campa followed a similar formula after he introduced the Chief Petty Officer's Mission, Vision and Guiding Principles. Within a year of their creation, they were inserted into senior and master chief selection board precepts.

"It's one thing to talk about what we expect from our leaders, it's a whole other matter to drive performance based on those expectations. That's what we do when we place the Guiding Principles or the Expectations into precepts.

"We're telling our Sailors that if they want to be advanced, the success of those they lead is what the board is going to look at," said Campa.

The results of the MCPON's message will be felt by the entire fleet when CPO results are released later this summer.



Master Chief Petty Officer of the Navy (MCPON) Joe R. Campa Jr., addresses the E-7 selection board during his Naval Support Activity Mid-South, Millington, Tenn., visit June 23.  
U.S. Navy photo by MC1 Jennifer A. Villalovos

## DESRON 15 tie to Japan Maritime Self-Defense Force spans decades

By Cmdr. Jensin W. Sommer, CTF 70 Public Affairs

For Capt. Mark Montgomery, commodore of Destroyer Squadron (DESRON) 15, permanently forward-deployed to Yokosuka, Japan, working with the Japan Maritime Self-Defense Force (JMSDF) is a family tradition that dates back nearly four decades. A recent visit from his mother, Jennifer Montgomery, provided an opportunity to highlight the strength of the bilateral relationship between the two navies.

From 1969 to 1972, the Montgomery family resided on Yokosuka Base where the commodore's father, Capt. George Montgomery, was assigned to the U.S. 7th Fleet staff. During that time, Jennifer taught English and American culture to officers at the JMSDF Second Service School in Funakoshi, a short distance across the harbor. Thirty-six years later, on May 28, she returned to the school for the first time and met with the Superintendent, Rear Adm. Kenji Takeguchi, who extended the invitation for an office call through her son.

"I am very honored to have been invited by Adm. Takeguchi and that the JMSDF would remember my time at the Second Service School," said the elder Montgomery, who then was among a handful of U.S. Navy wives teaching English and American culture to JMSDF officers to help them prepare for overseas duty in the United States.

On this return visit, she was accompanied by Carla Cuilik, a current instructor whose husband is chief of staff for Commander U.S. Naval Forces Japan.

During the office call, Takeguchi surprised her by displaying a photo album with

pictures of the school's English teachers in 1971 and 1972, the years she taught there.

"I was so surprised to see these meticulously maintained photographs and administrative records," she said. "They bring back wonderful memories of working with such bright young students, some of whom became quite senior officers and have since retired."

A few such former students have actually met her son in his capacity as DESRON 15 commodore, according to Montgomery.

"It's remarkable how things come full circle; to see Mark go from being a young smart whip running around Yokosuka 36 years ago to him now being a part of the two navies' partnership is a wonderful thing indeed," she said.

For Commodore Montgomery, his mother's experience with the school "is a positive reminder of how enduring professional and personal ties with the JMSDF can be."

"I was part of the [forward-deployed naval forces] as a kid when my dad was on the 7th Fleet staff and now I'm back with my own family enjoying the wonderful culture and friendship offered by our Japanese hosts a second time around."

"The bi-lateral relationship between the U.S. Navy and JMSDF to this day remains vitally important," said Commodore Montgomery. "Our two countries have shared principles of freedom and democratic values; my mother's return visit to the Second Service School highlights the strength of our alliance and the fact that it transcends generations."

DESRON 15 is comprised of seven Arleigh Burke-class guided missile destroyers and operates out of Yokosuka as part of the U.S. Navy's forward-deployed naval forces.



(Left) Jennifer Montgomery, mother of DESRON 15 Commodore Capt. Mark Montgomery, talks to Rear Adm. Kenji Takeguchi, superintendent of the JMSDF Second Service School May 28. The elder Montgomery taught English at the school 36 years ago when her husband, Capt. George Montgomery was assigned to the U.S. 7th Fleet staff.

U.S. Navy photo courtesy of CTF 70 Public Affairs

**USS George Washington**

**Family Assistance Support Team**

**(F.A.S.T.)**

Supporting all *George Washington* and cross-decking *Kitty Hawk* families.  
Call 243-5093/5081 or 080-2074-1837 for more information.

# 日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
<b>事務系 (MLC)</b>				
化学職	6	SRFJRC-088-08	I,II,III,IV	July 15, 2008
管理専門職	5	DDYJ-008-08	I,II,III,IV	July 22, 2008
予算専門職	5	SRFJRC-109-08	I,II	July 14, 2008
化学職	6	SRFJRC-088-08	I,II,III,IV	July 15, 2008
化学職	6	FEC-OPEV1-001-08	I,II,III,IV	July 14, 2008
技師職(電気)	7	SRFJRC-098-08	I,II,III,IV	Aug. 12, 2008
技師職(一般)	7	SRFJRC-146-07(R3)(A)	I,II,III,IV	July 29, 2008
技師職(一般)	7	FEC-CI-004-08(R)	I,II,III,IV	Aug. 6, 2008
技師職(一般)	7	FEC-CI-003-08(R)	I,II,III,IV	Aug. 7, 2008
技師職(一般)	7	FEC-OPBDR-002-07(R4)	I,II,III,IV	July 14, 2008
エンジニアリング専門職(一般)	6	FEC-PRY113-002-08(R3)	I,II,III,IV	Sept. 2, 2008
エンジニアリング専門職(材料)	6	SRFJRC-077-08(R)	I,II	July 29, 2008
エンジニアリング専門職(機械)	6	FEC-PRY2-008-08	I,II,III,IV	July 14, 2008
エンジニアリング専門職(船舶技師)	6	SRFJRC-92-06(OUF)(A2)	I,II,III,IV	空席広報参照
通訳 - 翻訳職	5	FEC-BM1-001-08	I,II	July 14, 2008
法律顧問職	7	TSO-02-06(OUF)	I,II,III,IV	空席広報参照
安全専門職	5	SRFJRC-076-08(R)	I,II,III,IV	Aug. 4, 2008
倉庫事務職	3	CFAY-1100-05-08	I,II,IV	July 22, 2008
翻訳職	6	RFD-010-08(R)	I,II	July 17, 2008
<b>事務系 (IHA)</b>				
事務職	3	MWR-31-08	I,II,IV	July 22, 2008
食堂支配人(交代勤務監督)	4	NEX-726-08(R)	I,II,III,IV	July 11, 2008
セールスチェッカー	3	NEX-404-08	I,II,IV	July 17, 2008
<b>技能系 (MLC)</b>				
自動車機械工	7	DDYJ-007-08	I,II,III,IV	July 11, 2008
電子機械及び圧力装置基準測定工	8	SRFJRC-096-08(R)	I,II,III,IV	Sept. 2, 2008
機械工	7	FEC-PRY31-006-08	I,II,III,IV	July 22, 2008
船舶整備工・フォアマンA	7	SRFJRC-072-08(R2)	I,II,III	July 23, 2008
<b>技能系 (IHA)</b>				
サービスワーカー	2	MWR-09-08(R2)	I,II,IV	July 8, 2008
ウェ이터/ウェイトレス	2	MWR-29-08	I,II,IV	July 14, 2008
ペーカー	4	NEX-HPT-106-08	I,II,IV	July 11, 2008
ペーカー	4	NE-HPT-78-07(R4)	I,II,IV	Aug. 11, 2008
<b>医療系 (MLC)</b>				
歯科衛生士	3	USNH-08-08	I,II,IV	July 18, 2008
<b>時給制従業員</b>				
ペーカー	4	NEX-HPT-106-08	I,II,IV	July 11, 2008
コック	4	NEX-HPT-089-08	I,II,IV	July 22, 2008
コック	4	MWR-HPT-34-08(R)	I,II,IV	July 23, 2008
コック	4	MWR-HPT-16-08(R2)	I,II,IV	Aug. 27, 2008
コック・フォアマンA	5	NEX-HPT-088-08	I,II,IV	July 22, 2008
カウンター・アテンダント	3	NE-HPT-CAY-06(OR)(A)	I,II,IV	空席広報参照
カウンターアテンダント・フォアマンB	5	NE-HPT-120-07(R7)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンB	5	NEX-HPT-085-08(R)	I,II,IV	Aug. 1, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-112-08	I,II,IV	July 14, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-105-08(A)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンA	4	NEX-HPT-095-08(R)	I,II,IV	Aug. 14, 2008
カウンターアテンダント・フォアマンB	5	NE-HPT-82-07(R4)	I,II,IV	July 11, 2008
カウンターアテンダント・フォアマンB	5	NEX-HPT-711-08(R3)	I,II,IV	Aug. 8, 2008
ハウスキーパー職	3	NEX-HPT-015-08(R3)	I,II,IV	Aug. 8, 2008
ジャンター	3	MWR-HPT-24-08(R)	I,II,IV	Aug. 18, 2008
ジャンター	3	NEX-HPT-402-08(R)	I,II,IV	Aug. 21, 2008
オフィスオートメーションクラーク	3	NE-HPT-737-08(R)	I,II,IV	Aug. 28, 2008
クォーターズヘルパー	3	CFAY-HPT-QHN-01-08	I,II,IV	July 16, 2008
セールスチェッカー	3	NE-HPT-SCY-06(OR)	I,II,IV	空席広報参照
セールスチェッカー	3	MWR-HPT-69-07(R2)	I,II,IV	July 23, 2008
セールスチェッカー	3	MWR-HPT-15-08(R2)	I,II,IV	Aug. 20, 2008
サービスワーカー	2	MWR-HPT-SWY-06(OR)	I,II,IV	空席広報参照
サービスワーカー	2	MWR-HPT-32-08(R)	I,II,IV	Aug. 18, 2008
ショートオーダーコック	4	NEX-HPT-120-08	I,II,IV	July 24, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-31-08(R)	I,II,IV	July 23, 2008
ウェ이터/ウェイトレス	2	MWR-HPT-WWY-06(OR)	I,II,IV	空席広報参照

応募には「募集範囲」に該当することが第一条件です。募集範囲I,II,IIIは現基地従業員、IVは外部応募者を対象としています。

I: 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合があります。範囲は最も狭いものです。

II: 現MLC/IHA従業員(通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現MLC/IHA従業員 - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくはHR0ホームページ(http://hro.cnfj.navy.mil/)、ジョブ・ホットライン(046)816-9000(軍電243-9000)または横須賀基地正門手前左、HR0日本人雇用課事務所(1階)掲示板をご覧ください。

## 7月の横須賀市内イベント

### おっぱまつり

歩行者天国でのパレードや山車、みこし、リオ・バカーニバルなど。

日時: 7月13日(月)11時~18時  
場所: 追浜銀座通り商店街

### うわまち『灯ろう夜市』

300基以上の灯籠が上町大通りに並ぶイベント『灯ろう夜市』を行います。夕やみに浮かぶ灯籠を楽しみながら、うわまち散歩に出かけてみては。

日時: 7月14日(月)18時30分~21時  
場所: 上町大通り  
内容: 灯籠300基以上、アイスキャンデーや白玉ぜんざいのサービスのほか、浴衣着用の方には抽選会などのお楽しみがあります。

### 灯籠流しの会

約2000個の灯籠が三笠公園沖合で流されます。灯籠、線香などの受付は当日10時から18時。

日時: 7月16日(水)18時30分~(荒天中止)  
場所: 三笠公園

### 第100回記念『どぶ板バザール』

日米フレンドシップフリーマーケット...19日・20日どぶ板イベント広場。横須賀在住アメリカ人によるアメリカンフード屋台、フリーマーケット出店、チアリーディング&ダンスパフォーマンス。ストリートライブ&パフォーマンスinどぶ板...19日~21日12時~17時30分、どぶ板イベント広場。第100回記念どぶ板オリジナル・エコバック販売...第100回を記念して製作された「どぶ板通りオリジナルデザインのエコバック」(通常500円)をバザール期間中は100円で提供。売上げ収益は全て環境問題対策基金に寄付されます。

よこすか海軍カレー飲食ブース...21日。カレーの街よこすか10周年を記念して、どぶ板イベント広場に横須賀海軍カレー飲食ブースを設置。クイズ、プレゼント抽選イベントもあります。スワップミート(フリーマーケット)&各ショップのセールイベント、横須賀スカジャン・オリジナル切手シート販売など。

日時: 7月19日(土)~21日(月)10時~18時まで(小雨決行)  
場所: どぶ板通り内、ショッパーズプラザ横須賀前広場

### 久里浜駐屯地納涼祭

普段は入ることのできない駐屯地内で繰り広げられる夏祭りをお楽しみください。駐屯地のグラウンドから打ち上げられる花火は、間近に見ることができて迫力満点です。

日時: 7月23日(水)雨天の場合は翌24日。開放は17時から。  
場所: 陸上自衛隊久里浜駐屯地

イベント:

17時	一般開放開始
17時30分~18時40分	演芸大会~隊員有志による勇壮な「久里浜太鼓」の演奏など
19時~20時5分	盆踊り
20時15分~20時30分	約200発の打ち上げ花火
21時	開放終了

駐車場が狭いので、お車でのご来場はご遠慮ください。当日は飲食をはじめとした模擬店が出店いたします。ごみは各人お持ち帰りいただくようお願いいたします。

# MWR's Camp Adventure: The name says it all

By Fumiyo Sato, CFAY Public Affairs

School is out and it is time to enjoy the summer time. For school age children, Morale Welfare and Recreation (MWR), offers Camp Adventure, a 10 week day camp program for children. Throughout the program, children will have the opportunity to experience different kinds of activities including making arts and crafts, swimming, bowling and playing outdoor games. Children also have a chance to go on a field trip to see a different part of Japan, such as Tokyo Disneyland, Yokohama Children's Science Museum and others.

The Camp Adventure program has five groups. Two groups are in the Ikego and Negishi housing complex area and in Yokosuka three groups are divided up by the children's age. Yokosuka currently has more than 140 children who participate in the program. "Camp A is for children who completed kindergarten and first grade, Camp B is for children who completed second and third grade and Camp C is for any children who are older than that up to 12 years old," said MWR Youth Development Specialist Alison Haynes.

The Camp Adventure program hires college students from the United States as counselors. The students can earn credits while working with children. This year the program has 16 counselors, five directors and a project coordinator. Approximately 15 MWR staff also work with the Camp Adventure program, Haynes said.

After completing their training, these students are sent to different locations to conduct the Camp Adventure program. Niki Xenakis, director of Camp B, started working with the Camp Adventure Program in 2005. Her group has approximately 60 children and has three counselors. The program took Xenakis to Italy, England and Hawaii in the past. Like Xenakis, directors have at least a couple of years of experience with the Camp Adventure program.



Children of the Camp Adventure Program line up to play a game of dodge ball at The Gym July 3. The Camp Adventure Program offers a variety of activities including making arts and crafts, swimming, bowling and playing indoor and outdoor games for children during their summer vacation.

Photo by Yuji Kawabe

"I've always wanted to come to Japan. I think it is an amazing country and I heard good things from everybody else who has done the Camp Adventure here, and I was excited to be able to have this opportunity," said Xenakis. "I love working with Camp Adventure because it gives you the opportunity to bond with children and teach them new ideas and new games. We always have such a good time at the summer camp."

John Werner, director of Camp C for this year, has worked with teenagers in Germany

before coming to the Camp Adventure in Yokosuka this summer. "My experience with the Camp Adventure in Yokosuka has been amazing," Werner said. College students of all majors and all areas of studies are eligible to work in the program. "All we have in common, though, is passion for work with kids," said Werner.

To make the camp more interesting and fun, camp counselors and directors have a special name for this year. This year, they all have plant name. Children guess their real name and they will find out at the end of summer. Xenakis is known as "Miss Bamboo" and Werner is known as "Mr. Oak." "We really work hard to work with kids and we want to put out an amazing summer and a magical moment for them and we love bonding with kids," Xenakis said.

Children will have a chance to make friends with other children whom they haven't met before through the program. "Camp Adventure is a great program for kids especially anybody coming from [USS] George Washington whose

children haven't had a chance to meet other children in the area. Even if you don't need child care, it is a great place to take them to meet other kids to know who will be in the class the next year," said Haynes. "We have spots available. We would love for people from the community who haven't come to Camp Adventure before to come check it out."

Contact the Yokosuka Youth Center at 243-3439 for more information.

## NSPS: Understanding the pay pool process

By Bill Shea, CNFJ HRO

Having worked hard to meet expectations, employees have a reasonable expectation that they will be rewarded for their achievements. While all employees are accountable for the results of their work, managers also are accountable for ensuring that employees are rewarded fairly. The pay pool process preserves the integrity of the National Security Personnel System (NSPS) performance management system by ensuring a higher level review takes place and that discussions regarding performance are made within the context of mission and organization. Under NSPS, an employee's pay and rewards are affected by work performance. The pay pool process is an important component of the performance management cycle of NSPS and was developed to ensure that all managers and supervisors apply fair and equitable standards when rating employees in the organization.

Communication between employees and their managers or supervisors is critical to the pay pool process. Just as managers are responsible for explaining how the pay pool process works, employees need to have a clear understanding about what the decisions are and how they are made, as well as their own responsibilities in ensuring the decisions made on their behalf are based on informed judgment. Below are some frequently asked questions and answers to help clarify everyone's role in the pay pool process:

*What are Pay Pools?*

Pay pools are groups of employees who work in an organization and share funding for performance payouts. Each employee is in only one pay pool at a time, and employees are informed about the pay pool they are in.

*What are Pay Pool Panels?*

Pay pool panels are groups of managers/supervisors that gather to review employee evaluations to ensure that the same standards for evaluating performance are applied, and that

performance payouts are consistent with the ratings.

*What are the employee's responsibilities to ensure their rating is fairly considered during the pay pool process?*

Employees should provide their rating official with accurate, relevant and candid self-assessments to be considered in rating their performance. This is the opportunity for employees to communicate to their supervisors and pay pool panel how their accomplishments have contributed toward meeting their objectives and the impact such accomplishments have had on mission achievement.

*Who is a rating official and what are their responsibilities during the pay pool process?*

Under NSPS, the rating official is a usually the immediate supervisor who is approved by the pay pool manager to evaluate and assess employee performance. The rating official is required to provide each employee with their job objectives and is responsible for preparing a mid-term and close-out assessment on each of their employees. In addition, the rating official is responsible for completing recommended performance ratings, share assignments, and payout distributions and forwarding these recommendations to the pay pool panel for further consideration. Upon final approval by the pay pool manager, the rating official is also responsible for conveying the final rating of record to the employee.

*What are the pay pool manager's primary responsibilities?*

Each pay pool has a designated pay pool manager who is responsible for managing the pay pool. The pay pool manager oversees the process of reconciling the rating and reward decisions and settles discrepancies between pay pool panel members.

*What are the Performance Review Authority (PRA) responsibilities?*

The PRA oversees the operation of pay pools established and ensures procedural and funding consistency among pay pools under their authority. They appoint the pay pool panel manager and ensure the funding for the pay pool is available consistent with Department of Defense (DoD) regulations. The PRA also hears and makes final decisions regarding requests for reconsiderations that weren't resolved at the pay pool manager's level.

*How are pay pool shares determined?*

The pay pool configuration, the available funding and the number of employees will govern the determination of a pay pool share. The number of shares an employee receives will be determined by their performance.

*Why don't we contract out the function of pay pool management and determining the mathematical functions?*

DoD has provided an automated system to assist in accomplishing performance management functions. Supervisors are vital to the success of performance management under NSPS.

These questions and answers are only a snapshot of the roles and responsibilities of those who take part in the pay pool process. Contact your performance management consultants at the CNFJ Regional Human Resources Office for more information.

# MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • July 11, 2008

**Saturday, July 12 race will start at the Green Bay Marina at 0700**

The distances and details of this event will be Top Secret until race morning, however, participants should anticipate getting wet and utilizing their running shoes. The event is limited to only the first few 5 member teams that must compete as a team. Registration is \$25 per team and must be done by calling the Wellness Center at 241-4486.

## Yokosuka 1st Annual Adventure Race

Yokosuka Teen Programs

## Monkey Island Trip

Tuesday, July 15

Hey Teens! Join us for a BBQ on the beautiful island beach. \$15 includes transportation, lunch and guides!



## International Saltwater Fishing Tournament

Saturday, July 19 from 1545 to 2115  
 Located at Seawall Area and High Tide at 1832  
 Open to 50 participants, 18 years old or accompanied by an adult sponsor. Includes International BBQ meal and drinks. Participants must bring their own equipment including ice and ice chest for the fish. Please register by Monday, July 14 at 1600. \$10



Development Center

Apply at HRO or MWR Personnel  
 Call 243-1246.

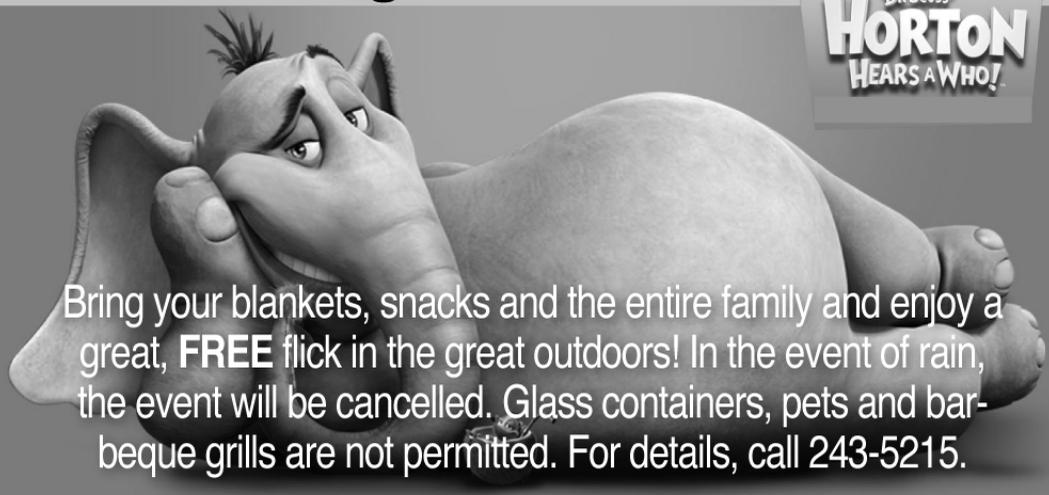
# Jobs NOW available!



- Free Certification & Training**
- Full-Time & Part-Time Positions**
- Paid Vacation Time & Sick Leave**
- Benefits & Pay Exceeds Private Sector**

## OUTDOOR MOVIE NIGHT

Saturday, July 19 at 2000  
 Negishi Ball Field



Bring your blankets, snacks and the entire family and enjoy a great, **FREE** flick in the great outdoors! In the event of rain, the event will be cancelled. Glass containers, pets and barbeque grills are not permitted. For details, call 243-5215.

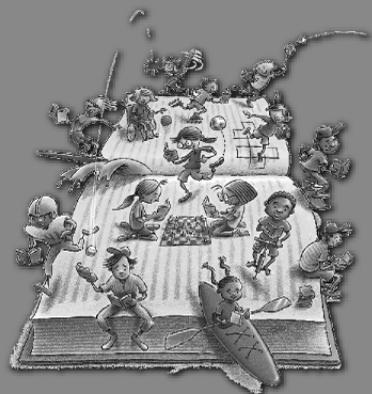
Get in the games,  
**READ!**

## 2008 SUMMER READING PROGRAM

Now thru Friday, August 8

Our theme "Get Into the Games" will get you ready for the upcoming summer Olympics in August. Prizes will be awarded for every 10 books read (ages 0 to 6); and 5 books read (ages 7 to 18). See the display of the great prizes at the library. Age appropriate Library books only.

For details please call 243-5574.





# Outside the Gate

## ITT Tickets

### Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

### Discount Hakeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

### Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea\*? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! \*Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

### Disney on Ice: Princess Dream

Don't miss the chance to see all of your favorite Disney Princesses live and on ice at Yokohama Arena from August 21 – 25! ITT is now selling tickets for ¥5,600 (3 years and older, reserved seating). ITT will have bus transportation available for the August 21 & 22 for \$15 for adults, \$10 for children and \$7 for infants.

### Blast II

Are you upset you missed all the fun and excitement of Blast I? Then you won't want to miss Blast II, live at Tokyo International Forum on August 6 – 10 & 13 – 17! ITT is now selling tickets for ¥11,000 per person for weekend shows and ¥10,500 per person for weekday shows.

### Hit Songs of Love and Youthfulness

Hit Songs of Love and Youthfulness brings together the music of South America, Europe and Asia on one stage for one night only at Yokosuka Art Theater! ITT will begin selling tickets June 7 for ¥5,700 per person.

*For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.*

## Outdoor Recreation

### Mt. Fuji Safety Briefing

Interested in climbing Mt. Fuji? Outdoor Adventure Program can help you prepare for your Mt. Fuji climb with their mandatory safety briefs every Wednesday in July and August in the Green Bay Marina Classroom (2nd floor above McDonalds). These briefs will help potential climbers know what to expect when climbing Japan's tallest mountain, and what items are needed for the trip. This will help make you climb easier and a more memorable experience. Please sign up at the Outdoor Recreation Center.

### Intermediate Day Hike to Mt. Fuji, Yamanashi Prefecture

What a story to tell back home! Trek, climb, scramble and in the end, taste the victory of climbing Japan's tallest mountain every Saturday from July 5 thru August 23. Considered by many to be an absolute must-do when visiting Japan. The hike, which will begin at Mt. Fuji's fifth station, will challenge even the fittest and most experienced hikers. The cost is \$60 per person.

### Sea Kayaking at Hayama, Kanagawa Prefecture

Experience the adventure of sea kayaking on the western side of Miura Peninsula on July 19. Participants will learn basic paddling strokes as well as the Eskimo Roll (depending on ability). Immediately following the one hour instructional class, we will paddle around the rocky shores of the small islands that trail along the coastline between Zushi and Chojagasaki. Trip location is subject to change depending on the weather. The cost is \$50 per person and includes transportation and sea kayak equipment.

### Intermediate Overnight Hike to Mt. Fuji, Yamanashi Prefecture

Experience the breathtaking view as the sun races across the vista over 12,000 feet below on August 19 – 20. On our first day, we will hike to the eighth station where will stay the night at one of the mountain huts. The second day, we will set out for the summit early and catch the sunrise as the rest of Japan lies in darkness. The cost is \$140 per person and includes lodging and transportation (meals not included).

# Enjoy Summer With MWR!

## Youth Sports

### Registration for Youth Soccer will run until Friday, August 8 Youth Soccer Season Registration

Practice begins the week of August 25 and games begin on Saturday, September 6. Visit the Youth Sports Offices if you wish to participate. You may register early if you are going to be on leave during the registration period. (Proof of leave documents must be presented for early registration). \$40 for the first child and \$35 for each additional child. PAYS members will receive a \$5 discount per child. Soccer Start Smart program, available for 3 to 4 year olds, introduces youth to the fundamentals of the game. 5 to 8 year olds will play in the coach play league, ages 9 to 15 will play in the Kanto Plains Leagues.

### Saturday, August 16 at 0830 at Green Beach Pool Youth Slash-N-Dash Biathlon

(please arrive by 0800 to sign in) Fourth annual event at Green Beach Pool for kids 6-18 years of age. All participants will receive a participation award. Open to all Ikego, Negishi and Yokosuka youth. Youth must be able to swim/run the following distances: 8 & Under - 50 Meter Swim - .5K Run • 9-10 Years -100 Meter Swim - 1K Run, 11-12 Years -100 Meter Swim-1.5K Run • 13-15 Years- 100 Meter Swim- 1.5K Run • 16-18 Years- 200 Meter Swim- 2K Run.

### Registration Policy

#### Please register early for all sports programs!

Youth Sports has a \$25 late fee for any registration taken after the deadline. This is due to a high volume of late registrants during each season, which causes delays in team rosters and scheduling. We will continue to accept late registration with no penalty for legitimate reasons (e.g. PSC orders or medical emergencies) and we would like to emphasize that this will not impact our current fees whatsoever which remain the same as long as you sign up during the normal registration period (usually over 30 days in length). As an additional option, early registrations are accepted for situations where families will be on leave during registration (see our office for details).

## Yokosuka Teen Programs (YTP)

*Yokosuka Teen Programs (YTP) is for grades seventh thru twelfth. The YTP program is designed for all eligible teens in the Yokosuka, Negishi and Ikego on and off-base areas. For details stop by any teen center for a copy of our monthly schedule on daily events or visit our website at [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr).*

### Wednesdays at 1200

#### AWOL Dragons Club

Meets at the Yokosuka Teen Center. Join your Teen Programs BGCA Keystone Club, otherwise known as the AWOL Dragons Club for our special summer programs. We work on leadership skills and have fun while doing it! Grades 9 thru 12.

### Saturday, August 16 at 1900 at Yokosuka Teen Center

#### No Talent Show

No talent needed. A crazy trick, a goofy song, anything (within reason) goes!  
Free

## School Age Care (SAC)

### Monday thru Friday until August 22

#### Camp Adventure

Stop by your local School Age program today and enroll your child in our exciting summer camp program. Children will be going on local tours, play fun and exciting games and meet new friends, all under the supervision of our great MWR and Camp Adventure staff. We are accepting registrations all summer, subject to space availability. Open for ages 5 thru 12. Cost will depend on total family annual income.

For more information on all of MWR's great youth programs, contact your local SAC, Youth Sports or Teen Program office, or log on to [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr).

# MWR Positions

## Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations

**Lead Cook:** NL-08, \$13.56/hr. CPO Club (1 RFT).

**Food Service Supervisor:** NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).

**Bartender:** NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).

**Cook:** NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (1 RFT), Food Court (1 RFT).

**Material Handler:** NA-05, \$10.35/hr. O' Club (1 RFT), Food Court (1 Flex).

**Food Service Worker:** NA-03, \$8.96/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), Food Court (5 RFT/1 Flex), O' Club (1 RFT).

**Waiter/Waitress:** NA-03, \$8.96/hr. O' Club (1 RFT/8 Flex), Club Takemiya (1 Flex) Club Alliance (1 Flex).

**Lead Cashier:** NF-02, \$8.39 - \$10.50/hr. CPO Club (1 RFT).

**Recreation Assistant (Bingo):** NF-02, \$8.39 - \$9.50/hr. CPO Club (1 RFT).

**Club Operations Assistant:** NF-02, \$8.39/hr. CPO Club (2 RFT/2 Flex), Club Takemiya (1 Flex), O' Club (4 Flex), Club Alliance (3 Flex), Negishi (1 Flex).

**Cashier:** NF-01, \$7.50 - \$9.50/hr. O' Club (2 Flex).

**ID Checker/Security:** NF-01, \$7.00/hr. Club Alliance (4 Flex).

### Support Activities

**Air Conditioning Equipment Mechanic:** NA-08, \$12.32/hr. Maintenance (1 RFT).

**Electrician:** NA-08, \$12.32/hr. Maintenance (1 RFT).

**Marketing Representative:** NF-03, \$10.54/hr. Marketing (1 RFT).

**Accounting Technician:** NF-02, \$8.39/hr. Finance (1 RFT).

**Personnel Clerk:** NF-01, \$7.50/hr. Personnel (1 RFT).

### Child Development Programs

**Program Assistant:** GSE-02, \$9.18/hr. Main CDC (5 RFT/4 Flex), Ikego (3 RFT/3 Flex), Hourly (2 RFT/3 Flex), Negishi (2 RFT/1 Flex).

### Community Activities

**Auto Worker Helper:** NA-05, \$10.35/hr. Auto Hobby Shop (2 Flex).

**Recreation Assistant:** NF-02, \$9.18/hr. Youth Center – Yokosuka (1 RFT/2 Flex), Ikego (1 RFT), Negishi (1 Flex).

**Clerk/Driver:** NF-02, \$8.39/hr. Youth Center (1 RFT).

**Duty Manager:** NF-03, \$10.54/hr. Bowling Center (1 RFT).

**Recreation Assistant:** NF-02, \$8.39/hr. Community Center (1 Flex), Wood Hobby Shop (2 Flex), Youth Sports (1 Flex), Teen Center (1 Flex).

**Recreation Aide:** NF-01, \$7.25/hr. Bowling Center (1 Flex).

**Cashier:** NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).

**Clerk Typist:** NF-02, \$8.39/hr. Veterinary Clinic (1 RFT).

**Supervisory Recreation Specialist:** NF-03, \$12.00/hr. Youth Center – Ikego (1 RFT).

### Recreation

**Recreation Assistant:** NF-02, \$8.39/hr. Outdoor Recreation – Customer Service/Rentals (1 RFT), Special Events (1 Flex).

**Paintball Attendant:** NF-01, \$7.00/hr. Ikego Campground (2 Flex).

**Recreation Aide:** NF-01, \$7.00/hr. Single Sailor (2 Flex).

### Athletics

**Athletics Maintenance Worker:** NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT).

**Field Maintenance Worker:** NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT/1 Flex), Ikego (1 RFT).

**Duty Manager:** NF-02, \$8.39/hr. Athletics (2 RFT/2 Flex).

**Recreation Assistant:** NF-02, \$8.39/hr. Adult Sports (5 Flex).

**Gear Issue Attendant:** NF-01, \$6.50/hr. Athletics (2 RFT).

**Swim Instructor:** NF-02, \$10.00/hr. Aquatics (8 Flex).

**Lifeguard:** NF-01, \$6.65/hr. Aquatics (1 Flex).

\*Due to publishing timelines, some jobs listed may not be available.

For the most up-to-date listing check out [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr)

## Benny Decker Theater

### Friday, July 11

1730 Hancock PG13  
2030 Hancock PG13

### Saturday, July 12

1300 Hancock PG13  
1730 Hancock PG13  
2030 Hancock PG13

### Sunday, July 13

1300 Speed Racer PG  
1730 Get Smart PG13  
2030 Hancock PG13

### Monday, July 14

1300 Kung Fu Panda PG  
1730 Wall-E G  
2030 Get Smart PG13

### Tuesday, July 15 \$1 Movie Night

1730 Made of Honor PG13  
2030 Baby Mama\* PG13

### Wednesday, July 16

1730 Wall-E G  
2030 Hancock PG13

### Thursday, July 17

1300 Chronicles of Narnia: Prince Caspian PG  
1730 Hancock PG13  
2030 Get Smart PG13

### Friday, July 18

1730 Wall-E G  
2030 What Happens in Vegas PG13

\*Final Showing

## Fleet Theater

### Friday, July 11

1800 Get Smart PG13  
2100 Wanted R  
2400 Wanted R

### Saturday, July 12

1800 Wanted R  
2100 Wanted R  
2400 The Strangers R

### Sunday, July 13

1800 Wanted R  
2100 The Strangers R

### Monday, June 14

1800 What Happens in Vegas PG13  
2100 Hancock PG13

### Tuesday, July 15 \$1 Movie Night

1800 Street Kings R  
2100 The Strangers R

### Wednesday, July 16

1800 The Strangers R  
2100 Wanted R

### Thursday, July 17

1800 Wanted R  
2100 What Happens in Vegas PG13

### Friday, July 18

1800 Hancock PG13  
2100 The Strangers R  
2400 Hancock PG13

\*Final Showing

## Negishi Theater

### Friday, July 4

1900 Made of Honor PG13

### Saturday, July 5

1300 Wall-E G  
1900 What Happens in Vegas PG13

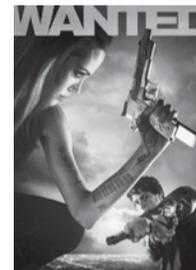
### Sunday, July 6

1300 Wall-E G



#### Hancock

**Cast:** Will Smith, Jason Bateman, Eddie Marsan, Charlize Theron  
**Synopsis:** Unpopular superhero Hancock saves the life of a PR executive who attempts to salvage his public image.



#### Wanted

**Cast:** Angelina Jolie, Morgan Freeman, James McAvoy, Common  
**Synopsis:** 25-year-old Wes is the most disaffected, cube-dwelling drone the planet has ever known. After his estranged father is murdered, Wes is recruited into the Fraternity, a secret society that trains him to avenge his dad's death by unlocking his dormant powers. With wickedly brilliant tutors—including the Fraternity's enigmatic leader, Sloan—Wes grows to enjoy all the strength he ever wanted. But, slowly, he begins to realize there is more to his dangerous associates than meets the eye.



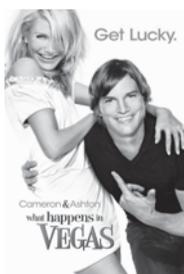
#### Wall-E

**Cast:** Jeff Garlin, Benjamin Burtt, Kim Kopf, Fred Willard, Sigourney Weaver  
**Synopsis:** What if mankind had to leave Earth, and somebody forgot to turn the last robot off? Wall-E, spends every day doing what he was made for. But soon, he will discover what he was meant for, as he adventures across the galaxy chasing his dream.



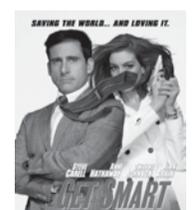
#### The Strangers

**Cast:** Liv Tyler, Scott Speedman, Gemma Ward, Laura Margolis  
**Synopsis:** Three mysterious strangers terrorize a young couple in a remote house after they return from a wedding.



#### What Happens in Vegas

**Cast:** Cameron Diaz, Ashton Kutcher, Rob Corddry, Lake Bell, Dennis Farina  
**Synopsis:** Two people discover they've gotten married following a night of debauchery in Vegas, with one of them winning a jackpot after playing the other's quarter. The pair try to undermine each other and get their hands on the money... falling in love along the way.



#### Get Smart

**Cast:** Steve Carell, Anne Hathaway, Dwayne Johnson, Alan Arkin  
**Synopsis:** Maxwell Smart is on a mission to thwart the latest plot for world domination by the evil crime syndicate known as KAOS.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

Friday and Saturday, July 25 and 26 at 1700

Tickets now on sale. For details call 243-5030.

# Hawaiian Luau

at the Officers' Club



Open to All Hands



## Voice Your Opinion!

### Annual Customer Satisfaction Survey



The survey will be available online beginning July 7 at the following URL:  
[www.cfigroup.net/ffr<file://www.cfigroup.net//ffr>](http://www.cfigroup.net/ffr<file://www.cfigroup.net//ffr>)



## Month of July and August Two Times The Fun Open Play Bowling Tournament

During July and August the bowling program at Yokosuka will host their first Doubles Open play event.

### Event #1 - Family Doubles Tournament

Mom and Dad may bowl with three children in this fun event. Cost will be \$2 per team. You may compete as many times as you wish in each month. There will be three different divisions of competition according to the ages of the children.

Group A - Youth ages 3-6

Group B - Youth ages 7-10

Group C - Youth ages 11-14

At the end of each month there will be a roll off of the top five teams in each division with the winners advancing to a super final in the second weekend in the month of September.

### Event #2 - Adult Open play Doubles Tournament

This fun event is open to all open play bowlers. Sign up with your partner before you start your open play session. Cost will be \$2 per team. Post your first three games of this session and stand a chance to win gift certificates redeemable for food and beverage from the Bowling program. Grand prize for this event consists of a bowling ball, bag and shoe package for each bowler on the winning team (valued at \$200 each). At the end of each month we will host a roll off for the monthly qualifiers and the two winning teams will roll off for the championship in the second weekend of September.

Please note: This is a scratch format; handicaps will not be used. Teams can bowl for scores anytime during open play. However, you must notify staff before bowling for scores. Only the first three games of any session will count towards scores. For details call 243-4200/5153.

Original creations by Heather Cantz

Pure Indulgence

## Culinary Fusion

Indulge yourself with an evening of pure culinary delight

Our eleven course tasting menu includes duck confit, green apple and vanilla intermezzo, a cheese course and other savory treats

Wednesday, July 30 - 1900 at CPO Club

Tickets on sale at CPO Club, Officers' Club and ITT Office  
\$35 per person

For details, please call 243-5030



## Live Entertainment SURVEY

We want to hear from YOU!

MWR would greatly appreciate if you would give us a few minutes of your time and let us know what live entertainment you would like for us to bring to you.

For the online survey, please copy and paste the following address into your web browser:  
[http://www.surveymonkey.com/s.aspx?sm=mxTqXHqaiQAQIHRBJLPC\\_2fQ\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=mxTqXHqaiQAQIHRBJLPC_2fQ_3d_3d)

Saturday, August 2 - Open Base

## 32nd Annual NAVY FRIENDSHIP DAY Festival

- |              |                                    |
|--------------|------------------------------------|
| 1000         | Mikasa Park Gate Opens to Visitors |
| 1000 to 1700 | 8th Annual Car Show                |
| 1000 to 1500 | Ship Visit                         |
| 1900         | Womble Gate Closes                 |
| 1930 to 2010 | Fireworks Display                  |

Rain Plan: Fireworks Only at 2000 on Sunday, August 3  
Event information line: 243-4731

Friendship Day is a great opportunity to enhance our relationship with our host nation and local communities by showing our appreciation for their support. Join us for a day of fun and fellowship with our host nation guests. There will be live entertainment, air toys, food and game booths, car show, and of course, the biggest fireworks display of the year. For more information, call 243-4731 or visit [www.cfay.navy.mil/mwr](http://www.cfay.navy.mil/mwr).

# DoD anti-tobacco campaign invades military markets

By TRICARE Management Activity

The Department of Defense (DoD) isn't just blowing smoke about its tobacco cessation campaign. "Quit Tobacco. Make Everyone Proud" is making its presence felt with enthusiastic marketing initiatives in 13 U.S. metropolitan markets containing 28 major military installations. "Quit Tobacco" focuses on the interactive web site.

The Web site Ucanquit2.org provides help to service members wanting to quit tobacco use and those helping others quit. The campaign positions military members as role models, particularly to children, as a motivation to quit using tobacco. On the site, users can get information; develop a personalized plan for quitting; play games; listen to podcasts; connect to federal, military, state, local and on-line cessation programs; and communicate privately with a trained cessation counselor seven days a week.

"Kicking the habit can be tougher than a lot of people think. Aside from the obvious nicotine dependency, psychological barriers may be just as difficult to overcome," said Assistant Secretary of Defense for Health Affairs S. Ward Casscells, in a recent blog on the Military Health System (MHS) Web site <http://www.health.mil/?MID=9493-59425-2056-1>. "The 'Quit Tobacco. Make Everyone Proud' campaign is designed to help service members quit by reminding them to do it for themselves and the people they love."

The social marketing initiative for the tobacco cessation campaign targets 702,000 military active duty personnel, junior enlisted E-1 through E-4. Marketing and advertising placements include major Web presence on [www.military.com](http://www.military.com), mobile and stationary billboards, direct mailings to 160,000 active duty, radio public service announcements and paid ads in many military focused publications. There are also placements in commercial theaters, on pizza delivery boxes and gas pump toppers at commercial locations within five miles of targeted military installations.

According to a DoD survey of health-related behaviors among junior enlisted active duty military personnel, the prevalence of smoking among 18-25 year olds was significantly higher than for their civilian counterparts, as well as for older, higher ranking service members. Tobacco use costs DoD an estimated \$1.6 billion a year in additional medical care through increased hospitalization, missed work days and decreased night vision among others. Ultimately, tobacco use affects military readiness. Eliminating harmful tobacco products keeps service members at their best and "fit to fight."

"Every year tobacco use leads to unnecessary compromises in the readiness of our troops and costs the DoD millions of dollars in preventable health care costs. I am personally encouraging all service members who use tobacco to visit [ucanquit2.org](http://ucanquit2.org) and open an account," said Dr. Casscells on his blog. "Develop your own quit plan."



U.S. Naval Hospital Yokosuka Respiratory Therapy Technologist HM2 Raul Huerta and HN Samuel Karr, show the effects of cigarette smoking on your lungs to fourth-graders at The Sullivans Elementary School, on Yokosuka Naval Base. The Department of Defense's anti-tobacco campaign positions military members as role models, particularly to children, as a motivation to quit using tobacco.

U.S. Navy file photo by Tom Watanabe

TRICARE Management Activity, the Defense Department activity that administers the health care plan for the uniformed services, retirees and their families, serves more than 9.2 million eligible beneficiaries worldwide in the MHS. The mission of the MHS is to enhance the DoD and national security by providing health support for the full range of military operations. The MHS provides quality medical care through a network of providers, military treatment facilities, medical clinics, and dental clinics worldwide.

## Sun smart habits can help reduce risk of skin cancer

By Lt. Cmdr. Norak Chhieng, USNH Yokosuka

With the official arrival of summer, we begin seeing more sun than before. What a welcome sight, especially after these many wet and gloomy days. However, not too many things in life are a free ride, so with this we also risk excessive exposure of dangerous sun rays that over time can lead to deadly skin cancer.

In fact, as many as 100,000 cases of melanoma, the most deadly form of skin cancer, will be diagnosed in Americans in 2008; and, expect that approximately 8,500 of those patients will die from it. To put things in perspective, more than one million new cases

of skin cancer are diagnosed yearly in the United States with one American dying of melanoma about every hour.

Because of its relationship to sun exposure, Major League Baseball (MLB) and the Major League Baseball Players Association (MLBPA) have teamed up with the American Academy of Dermatology (AAD) through the "Play Sun Smart" program that will educate players and fans about sun safety and skin cancer. In fact, MLB baseball Commissioner, Allan (Bud) Selig, was himself a skin cancer victim who sought treatment and was successfully cured from melanoma. "When it comes to the sun, we want all of our field personnel, front office staff and fans to play smart and defeat skin cancer," Selig said. And with this, the first day of summer has been dedicated as "Play Sun Smart" skin cancer awareness day by this organization which is now in its 10th successful year. But, smart skin care and screening is for everyone, not just baseball players and their fans.

Avoiding significant sun exposure is probably the best thing you can do for yourself because prevention is always the best medicine. To be sun smart, here are some tips from the AAD:

- Use a water-resistant sun screen with a sun protection factor (SPF) of at least 15, and it should state that it protects against damaging ultra-violet (UV) rays. Re-apply every two hours even if cloudy and after swimming or sweating. Make sure the AAD seal of approval or recognition is on these products. Also, check the expiration date to ensure it still provides adequate protection. If there is no date listed, repurchase sunscreen every year.
- Wear a long-sleeve shirt, wide-brimmed hat and sunglasses whenever possible. Umbrellas seem to be popular here, as well.
- Avoid excessive sun exposure between 10 a.m. to 4 p.m.; or, a good rule of thumb is if your shadow is shorter than you are, seek some shade.
- Be aware that water, snow, and sand all reflect the sun's rays which can cause even more damage, including sunburn.
- Do not seek sun exposure to get your daily dose of Vitamin D. A healthy, well-rounded diet should get you plenty.
- Tanning beds are dangerous. In addition to UV rays from the sun, they can cause skin cancer as well as wrinkles. Instead, save some money and use a sunless self-tanning lotion instead, also with sunscreen.
- Check your birthday suit on your birthday, and periodically when you shower. If you notice moles or bumps that are changing, growing or bleeding on your skin, see a doctor because these are suspicious and deserve careful evaluation, including possible surgical removal. A good way to check for suspicious moles is to think of the letters "A, B, C, D and E." That is, if the mole is "Asymmetric" (does not match if folded in half), has irregular "Borders" or "Colors," is large in "Diameter" (size of a pencil eraser) or "Evolving" (any mole that is changing over time, especially if this occurs rapidly in a few weeks to months). U.S. Naval Hospital Yokosuka has a dermatologist on staff who can help make these important decisions with your primary care manager (PCM), if necessary.

For more information on skin cancer, go to [www.PlaySunSmart.org](http://www.PlaySunSmart.org), [www.aad.org](http://www.aad.org) or make an appointment with your PCM. Remember, you can cure skin cancer if it is caught early.

## USNH Yokosuka buries time capsule to be unearthed in 2058



To celebrate the Hospital Corpsman's 110th birthday, U.S. Naval Hospital Yokosuka's enlisted community buried a time capsule containing photographs, cards, a kokeshi doll with staff signatures and newspaper clippings under the flag pole June 27. HM3 Yocelinda Diaz read the contents of the time capsule to be unearthed in 2058 to the command following morning colors with the Seventh Fleet Band.

Photo by Jill Ward

# FISC celebrates start of summer with 'Natsu Matsuri'

By Tim Shannon, CFAY Public Affairs

U.S. Fleet and Industrial Supply Center (FISC) Yokosuka's military, civilian and Master Labor Contract (MLC) employees heralded the arrival of summer with friends and family, during a *Natsu Matsuri*, or Summer Festival, on the FISC patio June 30.

The festival allowed those in attendance to try their hand at *shuji*, which is Japanese calligraphy and *mizu yo-yo tsuri*, or water yo-yo fishing, in which participants attempt to fish for colorful water-filled balloons, with a rubber-band string. The trick is that the balloons must be hooked by the loop at the end of the rubber-band and pulled out of a pool of water on a string made of thin



(Left) Maki Onozawa and Alley Benson try their hand at *mizu yo-yo tsuri*, while Kazuhiko Matsushita stands by to assist with new paper fishing string.

Photo by Tim Shannon

paper. Many participants needed more than a few tries to hook a *mizu yo-yo* before their paper fishing line broke. However, there was no shortage of volunteers for the very popular game.

"The festival was really fun," said FISC summer hire, Michael Solomon. "My favorite part was the water yo-yo fishing."



MLC Advisor Kumiko "Miko" Toi and FISC Commanding Officer Capt. Andy Benson participate in an *Obon* dance during the FISC *Natsu Matsuri* (Summer Festival) Jun 30.

Photo by Yohsuke Onda

Fellow summer hire, Jackie Perez also thought the water yo-yo fishing was "pretty cool," but that it was harder than it looked. She also jokingly added that Solomon's superior talent at the game may not have been natural.

"He cheated," Perez said with a laugh.

The participants of the festival weren't the only ones to enjoy the festivities, either. Many of the volunteers enjoyed seeing their own culture through the eyes of the non-Japanese in attendance.

"I never thought that it [Japanese calligraphy] was cool," said FISC MLC, Kumiko Ishii. "I was a little shocked that it was so popular. I feel happy that I could show others a bit of Japanese culture."

FISC's Hiroyumi Fujiyama also enjoyed helping out at the festival and was kept busy making the paper fishing line for the water yo-yo fishing game.

"Making the hook was kind of difficult, but it was still fun," he said. "It was a good time and the kids had a lot of fun."

Because no festival would be complete without food, FISC's *Natsu Matsuri* also included *bentos*, or boxed

lunch boxes, *yakitori* (grilled chicken on a stick) and cotton candy for people to enjoy.

Not only did FISC's *Natsu Matsuri* sound and smell like a traditional Japanese festival, it looked the part as well. FISC's patio was decorated with several bamboo leaves, streamers and a large colorful banner made by Yohsuke Onda of FISC's Marketing and Communication Office. Along with that, several ladies from FISC wore *yukatas*, or summer kimonos. Many other FISC employees wore the *happi* coats normally seen at festivals; a few Sailors were seen sporting decorative headbands, or *hachimaki*, with the American flag and Japan's Rising Sun flag adjacent to one another.

The festival concluded with several people performing a traditional *Obon* dance. FISC's *Natsu Matsuri* took on a special meaning for Commanding Officer Capt. Andy Benson, who is preparing to transfer, as he was able to say *sayonara* to many of his colleagues in a culturally festive atmosphere.



Yuuko Takano makes sure to keep her sleeve away from the wet ink while volunteering to help people write their names in Japanese. Takano, Kumiko Ishii and Yuki Sato all volunteered to teach *shuji* to their non-Japanese co-workers and friends.

Photo by Tim Shannon

## Navy postal experts discuss continued support to the fleet

Story and photo by NAVSUP Corporate Communications office

Experts in Navy postal operations met recently in San Diego, Calif., to share common practices and discuss how to meet the postal needs of military personnel throughout the world. The annual meeting hailed accomplishments in postal support since last year's conference, such as mail routing changes that improved delivery times and reduced costs, the update of postal petty officer course material and the availability of online training in five subjects on Navy Knowledge Online, facilitating access to classes.

This year's theme was "Support to the Fleet."

"It's a theme that resonates in all we do, but especially important in the services we provide our warfighters,"



Navy Postal Director Alan Hass leads a group discussion at the recently held annual postal conference in San Diego, Calif.

said Rear Adm. Ray Berube in his opening remarks.

The group, which included some 30 attendees, discussed metrics and handheld scanner technology that helps boost productivity. The Navy has been using such scanners at post offices overseas for three years and plans to request fleet approval to prototype them aboard ships.

Handheld scanner certification is required by the Navy and the Navy Postal Policy Division is working toward meeting this objective.

The group also discussed expanding the metering of official mail ashore for afloat units to relieve personnel afloat of extra duties, efforts in Japan to support forward deployed ships to assist them with postal operations and solutions for better serving ships in the Southern Command area of operations.

Fleet and Industrial Supply Center (FISC) Yokosuka, FISC Sigonella, FISC Puget Sound, and FISC Jacksonville representatives offered presentations on their operations, along with information on new initiatives to help Sailors and their families. The group also discussed the proper handling procedure of electoral ballots, with primary emphasis on the requirement to postmark all balloting material and deliver incoming ballots/dispatch outgoing ballots as soon as possible.

A Defense Threat Reduction Agency representative talked about vulnerability assessments of mail facilities, identifying areas for improvement and appropriate equipment for monitoring threats. A United States Postal Service postal inspector advised how the Navy can help reduce mail theft, particularly of small electronic items.

The day before the conference began, mail managers

from Naval Supply Systems Command (NAVSUP), Commander Fleet and Industrial Supply Centers (COMFISCS, and the seven FISCs worldwide (Yokosuka, Sigonella, San Diego, Puget Sound, Pearl Harbor, Jacksonville, Norfolk) met to discuss initiatives underway to improve the official mail program.

The postal conference takes place once a year, and is accompanied by teleconferences three times per month with various official mail managers and Navy postal clerks to maintain quality delivery and ensure continued success.

The conference ended with the retirement ceremony of Senior Chief Postal Clerk Noel Delos Santos. Santos' distinguished career included four shipboard assignments, a tour of duty at NAVSUP, Fleet Mail Center Yokohama, and his last assignment at FISC San Diego. The ceremony was highlighted by the attendance of many of his peers who agreed it was a great send-off to a professional Sailor who has given so much to the Navy and the postal community.

Jeff Gibbs, FISC Sigonella mail manager said, "Beneficial, good issues are being worked. I hope to continue to attend future conferences."

"The conference is always good, always helpful and very informative," said Chuck Ramey, FISC Jacksonville mail manager.

The Navy and Marine Corp processes more than 58 million pounds of personal mail annually, in addition to 2.5 million pounds of official mail. There are 777 Navy postal clerks, 206 Navy post offices, 55 mail centers in the United States, and 10 consolidated mail facilities located around the world.

**Post Office Limited Closure** – The finance section of the Yokosuka, Ikego and Negishi post offices will be closed July 18 in recognition of Postal Employee Appreciation Day. However, the post offices will be open for mail call and package pick-up from 8 to 9 a.m. Mail will still be collected and delivered to our shipboard customers and to those with individual mail receptacles. The finance section's normal hours of operation will resume Saturday, July 19. The FISC Post Offices thank everyone for your patience and understanding.

# SRF-JRMC mail room now open for business

By MC1 Oscar Adrian Troncoso,  
SRF-JRMC Public Affairs Office

Mail delivery at Yokosuka's Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) just got bigger and better. Thanks to a recent expansion, the SRF-JRMC mailroom will be ready to meet additional demands that will result from the arrival of *USS George Washington* (CVN 73) later this year.

"We're going to increase in customer base very soon. Fortunately, we recognized early on that our previous mailroom could only comfortably support approximately 275 customers. In January 2009, we anticipate an increase of between 500 to 600 customers due to the *George Washington's* arrival," said Ricky Banks, support services division head for Yokosuka SRF-JRMC.

The new mail room, which is in room 119 of the operations building, is now three times the size of the old facility. It includes new equipment, such as new bins, completely new mail boxes, an additional desk, additional computer and an entirely new attitude on how to better serve the customers. There is also an added feature never before included, a scanner, which will allow packages with bar codes to be scanned for purposes of tracking packages. While the previous mailroom squeezed in 275 mailboxes, the expanded facility easily fits in the 594 brand new mailboxes.

Phil Ergus and Marion Rush III, the two civilian contractors who perform the clerical duties at the mailroom, are both enjoying the recent extension of their work space.

"It was a closet before, or at least it felt like it. Now it looks like a real mailroom. We finally got a cage for registered mail and we each have our desk and own computer. We could only have one computer in here because there was no room. We were constantly in each others way due to lack of space," said Rush.

"Those two guys were literally walking on top of each other," said Banks. "The space was so limited. It was crowded and at our busiest time of the year, the Christmas holiday season. There were boxes all over the place and you could barely navigate around the boxes and packages. We went from adequate mail service to looking forward to the very best service," said Banks.

In addition to the added space, Ergus pointed out that there will also be an increase in efficiency.

"It cuts down on time it takes to do things. Before we had the extra space, we would take the mail upstairs and sort it out, and then distributed it to the distribution boxes.



While civilian contractor and co-worker, Marion Rush III, takes care of a customer in the back, Phillip Ergus sorts the daily mail into the colored plastic boxes. The new organizational structure of the mailroom was a result of their Lean event.

Photo by Keiichi Adachi

パートナーであるマリオン・ラッシュ三世さんが顧客に対応する間、郵便室の業務を取り仕切るもう1人の契約業者、フィル・アーガスさんは色分けされたプラスチックの箱に日々の郵便を仕分ける。色分けされたプラスチックの箱の使用は、リーン活動の賜物だ。

写真：安達慶一、CFAY広報課

Now we can sort all the mail here and then take it upstairs and distribute it in a matter of minutes. Also, it's changed the way we are separating mail. It's now more organized. We have a color code that was designed during a Lean event," said Ergus.

The effort to save time and cut waste was a direct result of a Lean event, according to Banks. A Lean event is an evaluation that may lead to a process improvement strategy, resulting in waste reduction.

"We decided to conduct a Lean event in order to identify the best method and process to support this increase in customers – not only to expand to support the new customers, but also to support our current customers. We brainstormed and discussed how we could get the best results. We made suggestions and developed metrics to try to eliminate waste. We came up with better solutions

and completely renovated the mailroom," said Banks.

According to Ergus and Rush, customers have also taken notice of the new and improved facility.

"They like the new mailboxes. They are easier to use. The other ones were old and would often break. They're happy and I'm happy," said Rush.

"The increased size will also mean better customer service. We revamped the whole process to not only serve more people, but to make a significant improvement in customer service. We're now ready to support the increase in customers with happier employees and faster service," said Banks.

The hours of operation for the SRF-JRMC mailroom are from 11:30 a.m. to 4 p.m., Monday through Friday. The mailroom is closed on Saturdays, except during the holiday season in December.



Marion Rush III, a civilian contractor who performs clerical duties at the mail room, delivers the daily mail, making sure that the mail is placed into the right mail boxes using a color code system.

Photo by Keiichi Adachi

郵便室の業務を取り仕切るの契約業者、マリオン・ラッシュ三世さんは、郵便箱用のカラーコードシステムを用いて、郵便が正しい郵便箱に入れるのを確認しながら、日々の郵便を仕分ける。

写真：安達慶一、CFAY広報課

文：MC1オスカー・トロンコソ、  
SRF-JRMC広報課

艦船修理廠及び日本地区造修統括本部（SRF-JRMC）は郵便配送業務を拡充し向上させた。最近終了した改修によって、

SRF-JRMC郵便室は今年配備が予定される空母USSジョージ・ワシントン（CVN 73）の到着から予想される新たな需要に応える準備が整った。

「近々我々の顧客数が大幅に増える予想されています。（郵便室の）改修前に対応出来る郵便箱の数は顧客275人分でした。新空母の到着により、来年1月には500から600人の顧客数の増加が予想されます」と話すのはSRF-JRMCの支援業務課課長のリッキー・バンクスさん。

## SRF-JRMC郵便室、改修を終え業務再開

改修された郵便室はSRF-JRMC本部ビルにあり、旧郵便室の3倍の広さを誇る。新しい集配箱、全く新たに改装された郵便箱、机やコンピューターなどの新しい機材を含め、顧客に良いサービスを提供する姿勢も整えた。更に、従来の業務では使用されていなかった機材も加えられた。それは小包などの追跡記録を目的とするバーコードの読み取りを行なうスキャナーだ。旧郵便室には275個の郵便箱しか用意できなかったが、改修後の郵便室では594個の郵便箱が利用できる。

郵便室の業務を取り仕切る2人の契約業者、フィル・アーガスさんとマリオン・ラッシュ三世さんは新しく拡張された職場に満足している。

「以前はクローゼットの中で働いていたように感じました。今は本当の郵便室になりました。速達用のケージも装備さ

れ、個人専用の机とコンピューターが備えられました。以前はスペースが無く配属されたコンピューター1台だけでした。スペースが十分に無くお互いの稼働に苦勞する事がしばしばありました」と回想するラッシュ三世さん。

「スペースに限りがあったため、2人は郵便室内では文字どうりぶつかりそうでした。クリスマスシーズンなど1年で一番忙しい時期などはこの問題が悪化し、郵便室中に多くの箱が置かれ、箱や小包の合間を動き回るのは至難の業でした。最善のサービスを目指して適切な郵便業務を開始しました」とバンクスさん。

スペースの拡張に加え、アーガスさんは業務効率を向上したと指摘した。

「業務時間の短縮です。以前は予備のスペースが無く、

郵便物を上の階に持ち運び、そこで分類整理をしてから又階下に戻り郵便箱に入れていました。現在は、郵便室で整理してから上の階に持ち運び、瞬間に配送ができます。郵便室の改修は郵便物の振り分け作業方法を向上し、より効率的になりました。リーン活動の成果として郵便箱の区分けの為、カラーコードを目印としています」とアーガスさんは業務の改善を話してくれた。

時間の節約と無駄の排除に対する努力はリーン活動の賜物だとバンクスさん。リーン活動は、無駄の軽減をもたらすプロセス改善戦略に通じる業績評価である。

「顧客サービスの向上とプロセスの改善策を見出す為にリーン活動の実施を決めました。それは単に新しい顧客だけでなく、従来の顧客にも同様に提供されます。どのようにしたら最善策が得られるか意見を出し、話し合いました。その結果、無駄を減らす為の基準を定めそれを展開しました。我々はより良い解決策を得て、郵便室を全体的に改修しました」とバンクスさんは改修への経緯を話した。

アーガスさんとラッシュ三世さんによると、顧客の皆さんも改善された新しい郵便室に着目していた。

「顧客の皆さんは新しい郵便箱が気に入っているようです。使い易く、従来のものは古くしばしば壊れることがありました。顧客の皆さんが喜んでますし、私たちもそのことを嬉しく思います」とラッシュ三世さんは笑顔で話してくれた。

「スペースの拡張はより良い顧客サービスをもたらすでしょう。より多くの顧客に対するサービスだけでなく、顧客サービスにおいて意義ある改善を行なう為の全体的なプロセスを刷新しました。楽しく働く従業員と迅速なサービスで顧客数の増加に準備万端です」とバンクスさんは言葉を締めくくった。

郵便室の窓口業務の時間は午前10時から午後4時、月曜から金曜日まで。12月のクリスマスシーズン中を除いて、土曜日は郵便室は業務を行わない。

## He's no Van Gogh, but...



CTRC(SW) Denver Doyle of the Center for Information Dominance (CID) paints part of Negishi's Chapel of the Rising Sun during an on base community relations event June 26. Doyle along with other CID members CWO3 Edward Fox, CTTC(SW/AW) Jasen Williams, CTTC(SW/AW) Ron McGinnis, CTTC(SW/AW/NAC) Sandy Rose, IT1(SW) Michael Jackson, FT2(SS) Timothy Rogers and CTT2 Domonique Clarke from Navy Information Operations Command (NIOC) took time out of their busy schedule to volunteer and participate in this event.

U.S. Navy photo by CTTC(SW/AW) Jasen Williams

## Head's Up Yokosuka! Community Announcements

**American Red Cross Youth Volunteer** – Calling all youth! Would you like to gain hands-on skills and experience, or give back to the community? Why not become a youth volunteer? Stop by our office located on the 2nd floor of the Community Center or call 243-7490 for more information on volunteer and leadership opportunities. Together, see what a difference we can make.

**American Red Cross Community Courses and Training** – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. CPR, First Aid, and Automated External Defibrillator (AED) certification is scheduled for Saturday, July 12 or July 16. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

**One Stop Fleet Medical and Dental Check-in** – USNH Yokosuka presents a convenient, one-stop medical and dental check-in process to assist fleet Sailors and their families. Please come to the USNH Command Auditorium on the third floor every Monday from now to Sep. 29 during the hours of 9 a.m. to noon. Sponsors and their families will be guided through the main medical and dental areas to check in to ensure family members receive the best care possible. Please bring medical records, sponsor's orders, family entry approval and command sponsorship letter for a seamless transition.

**Make yourself heard** – "Proceedings" a military publication produced by the U.S. Naval Institute (U.S.N.I.), is looking for enlisted personnel and junior officers from all services to submit essays and opinions to help the magazine maintain their "high intellectual energy level." You don't have to be a polished writer in order to submit; "Proceedings" only asks that you have something to say that matters. They will help you to get your words down. Some prestigious people such as Chairman of the Joint Chiefs of Staff Adm. Mike Mullen, Chief of Naval Operations Adm. Gary Roughead, Commandant of the Marine Corps Gen. James Conway, Commandant of the Coast Guard Adm. Thad Allen and author Tom Clancy have all contributed to USNI publications, often, when they were in junior positions. Go to <http://www.usni.org/magazines/AuthorGuidelines.asp> for more information.

**TRICARE Online offers prescription refills** – TRICARE Online (TOL) is now giving you more options for online management of your health care needs, including refilling your prescriptions using TOL. There are three unique components of this online capability: request prescription refills at U.S. Naval Hospital (USNH) Yokosuka, check refill status and request prescription refills from TRICARE Mail Order Pharmacy (TMOP). If you are a TRICARE Prime Pacific beneficiary and are registered with a TOL account - your account is power! Log onto [www.tricareonline.com](http://www.tricareonline.com) to access this new feature. Contact the TRICARE Service Center at 243-9528 or 243-8740 for more information.

**Veterans Benefits** – The Department of Veterans Affairs Overseas Military Services Coordinator visits Naval Air Facility Atsugi monthly to provide VA benefit information to active duty service members, family members and other veterans. You don't have to be retired or separated to qualify for some VA benefits. The VA representative provides a detailed briefing on benefits in conjunction with the Transition Assistance Program (TAP) and is also available for appointments. For Contact the Fleet and Family Support Center at 243-9632 for more information.

## November elections Absentee Ballot voting deadline announced

By Naval Supply Systems Command Public Affairs

The Navy Postal Director announced June 26 guidelines and upcoming deadlines for absentee ballot mailing. Following these guidelines and deadlines will ensure all Sailors at overseas locations and aboard deployed ships get their absentee ballots to their destinations on time.

"The ability to participate in our nation's electoral process requires advance planning and an awareness of key mailing dates and information resources," said Postal Director Alan Hass.

Guidelines and recommendations include:

- Review the 2008-09 Voting Assistance Guide for state requirements at [www.fvap.gov/pubs/pubforms.html](http://www.fvap.gov/pubs/pubforms.html).

- Request an absentee ballot by submitting an SF 76A (Registration and Absentee Ballot Request-Federal Post Card Application (FPCA)) from Operation Enduring Freedom (OEF) or Operation Iraqi Freedom (OIF) locations by Aug. 7. From other locations, ballots should be requested by Aug. 14. The online version of the application at [www.fvap.gov/pubs/fpca.html](http://www.fvap.gov/pubs/fpca.html) is an alternative to the cardstock Federal Post Card Application. It is important to provide a correct mailing address.

- Contact the command Voting Assistance Officer (VAO) for assistance in applying for an absentee ballot.

- If deployed in support of OEF/OIF and do not receive an absentee ballot by Sept. 30, obtain a Federal Write-in Absentee Ballot (FWAB) from the VAO. To meet the mailing deadline from other overseas locations, Federal Write-in Ballots should be completed by Oct. 7.

- If deployed in support of OEF or OIF, mail a completed ballot by Oct. 7. From other overseas locations mail completed ballots by Oct. 14.

- If transferring after ordering a ballot, ensure the complete and correct forwarding address is on file at the new command to ensure the ballot arrives in a timely manner.

For additional information on the Voting Assistance Program, send an e-mail to: [vote@navy.mil](mailto:vote@navy.mil) or call 901-874-6647/DSN 882-6647.

Additional information is also available at the Navy Personnel Command's Navy Voting Assistance Program Web site at [https://www.cni.navy.mil/cnic\\_hq\\_site/BaseSupport/CommandStaff/NavyVotingProgram/index.htm](https://www.cni.navy.mil/cnic_hq_site/BaseSupport/CommandStaff/NavyVotingProgram/index.htm).

The Navy Postal Director is employed by Naval Supply Systems Command (NAVSUP) Navy Family Support division. NAVSUP provides U.S. naval forces with quality supplies and services. With headquarters in Mechanicsburg, Penn., and employing a diverse, worldwide workforce of more than 25,500 military and civilian personnel, NAVSUP oversees logistics programs in the areas of supply operations, conventional ordnance, contracting, resale, fuel, transportation and security assistance.

In addition, NAVSUP is responsible for quality of life issues for naval forces, including food service, postal services, Navy Exchanges and movement of household goods.

## Pets of the Week



This week's Pets of the Week are our kittens. We have many kittens, male and female, long hair and short hair, 10 to 12 weeks old. One is looking for your family to call home! They are eating solid kitten food, litter box trained and are up to date on their shots. All are very playful and would be a great addition to a family with children five years old or older.

To find out more about our kittens or any animal at P.A.W.S., contact them at 243-9996, or visit the P.A.W.S. Web site at [www.paw yokosuka.org](http://www.paw yokosuka.org).

Photo by Vicki Boehler

# Interesting thoughts on God and life

By Chaplain Robert Bradshaw

Many people ask about such things as heaven and hell. They ask that, if God is all benevolent and loving, why in the world would God condemn people to hell? The problem rests not in God's doings, but they rest in our understandings. God created us all in his image and life was perfect. It is humankind that sinned and broke this perfect fellowship. God is full of mercy and grace but he is also a God of justice. God had to fix this problem. He offered the ultimate sacrifice to pay the price for our sins. God invites us to accept this. By not accepting this is what sends us to hell. We stand condemned already. It is God who is reaching out to us in order to restore us to a right fellowship. It is not God who condemns. We condemn ourselves. God provides the opposite – life. Because it is by grace that we are saved through faith. There is nothing we can do to earn it because it is a gift of God (Ephesians 2:8).

Another question concerns death. God's word tells us that it is destined for all of us to die once and that after this death we will face judgment. Salvation awaits those who wait for Jesus because he has already paid the price. Jesus has already died once and for all to take away our sins.

Linda Ellis wrote a beautiful poem to remind us that how we live really matters. It determines how people remember us. It more importantly determines our destiny.

Thoughts to ponder, questions to ask – seeking is the beginning of a great journey.

Blessings.

## The Dash Poem

*I read of a man who stood to speak  
At the funeral of a friend  
He referred to the dates on her tombstone  
From the beginning to the end*

*He noted that first came the date of her birth  
And spoke the following date with tears,  
But he said what mattered most of all  
Was the dash between those years*

*For that dash represents all the time  
That she spent alive on earth.  
And now only those who loved her  
Know what that little line is worth.*

*For it matters not how much we own;  
The cars, the house, the cash,  
What matters is how we live and love  
And how we spend our dash.*

*So think about this long and hard.  
Are there things you'd like to change?  
For you never know how much time is left,  
That can still be rearranged.*

*If we could just slow down enough  
To consider what's true and real  
And always try to understand  
The way other people feel.*

*And be less quick to anger,  
And show appreciation more  
And love the people in our lives  
Like we've never loved before.*

*If we treat each other with respect,  
And more often wear a smile  
Remembering that this special dash  
Might only last a little while.*

*So, when your eulogy is being read  
With your life's actions to rehash  
Would you be proud of the things they say  
About how you spent your dash?*

©1996 Linda Ellis

## HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnj.navy.mil>. Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the [www.donhr.navy.mil](http://www.donhr.navy.mil) Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement. Postmark dated, faxed or e-mailed applications will not be accepted.

## NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to [www.navy-nex.com](http://www.navy-nex.com), click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

**Food Delivery Operator** – Food Services. \$8.28/hr.  
**Food Service Supervisor** – Food Services. \$10.74/hr.  
**Food Service Workers** – Food Services. \$8.28/hr.  
**Food Service Worker Leader** – School Lunch. \$9.10/hr.  
**Motor Vehicle Operator** – School Lunch. \$9.66/hr.  
**Front Desk Clerk** – Navy Lodge. \$7-\$8/hr.  
**Desk Clerk Night Shift** – Navy Lodge. \$9.50 plus differential.  
**Department Manager** – Autoport. \$31,936-\$40,634/yr.  
**Automotive Mechanic** – Autoport. \$13.63/hr.  
**Department Manager** – Main Store. \$31,620-\$48,844/yr.  
**Customer Service Clerk** – Main Store. \$8.25-\$9/hr.  
**Sales Clerk** – Main Store. \$6.50-\$8/hr.  
**Specialty Sales Clerk** – Main Store. \$7-\$9/hr.  
**Supervisory Sales Clerk** – Main Store. \$8.39-\$11/hr.  
**Store Worker** – Main Store. \$8.28/hr.  
**Retail Operations Clerk** – Main Store. \$9-\$11/hr.  
**Service Clerk** – Personalized Services. \$7.25-\$8/hr.  
**Equipment Rental Clerk** – Rental Center. \$7-\$8/hr.  
**Hair Stylist** – Beauty Salon. Commission.  
**Receptionist** – Beauty Salon. 7-\$8/hr.  
**Vending Operations Clerk** – Vending. \$7-\$9/hr.  
**Warehouse Worker** – Distribution Center. \$9.66/hr.  
**Forklift Operator** – Distribution Center. \$10.35/hr.  
**Security Guard** – Distribution Center. \$7.50-\$9/hr.  
**Cashier** – Cash Office. \$7.50-\$9/hr.  
**Retail Operations Clerk** – Procurement. \$7.50-\$8.50/hr.  
**Security Guard** – Loss Prevention. \$7.50-\$9/hr.  
**Hair Stylist** – Negishi. Commission.  
**Food Service Worker Leader** – Ikego. \$9.10/hr.

## Miscellaneous

**Organist for the Chapel of Hope General Protestant Worship Service** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant Choir director and chaplain in charge of the service.

**Organist for the Chapel of Hope Protestant Liturgical Service** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Chaplain in charge of the service.

**Choir Director for the Chapel of Hope Roman Catholic Faith Group** – Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with Catholic organist and the chaplain in charge of the service.

**Organist for the Chapel of Hope Roman Catholic Mass** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Catholic choir director and the chaplain in charge of the service.

**Organist for the Chapel of Hope Gospel and Praise Faith Group** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with the Gospel and Praise choir director and the chaplain in charge of the service.

**Choir Director for the Chapel of Hope General Protestant faith group** – Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with the Protestant organist and the chaplain in charge of the service.

**Director of Religious Education for the Chapel of Hope Roman Catholic faith group** – Must be familiar with the Roman Catholic doctrine and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

**Director of Religious Education for the Chapel of Hope Protestant faith group** – Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

**Roman Catholic Priest is needed to officiate the Mass as needed at the Negishi Chapel of the Rising Sun on Saturday nights and Sunday mornings** – Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

**Roman Catholic Priest is needed to officiate the Mass as needed Ikego Housing Base on Saturday nights** – Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

**Youth Program Director for the Yokosuka Chapel of Hope Protestant faith group** – Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

**Youth Program Director for the Yokosuka Chapel of Hope Roman Catholic Faith Group** – Must be able to work a flexible schedule dependent upon youth program needs. Must be familiar with Catholic doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

**Organist for the Chapel of the Rising Sun Roman Catholic Mass** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Catholic choir director and the chaplain in charge of the service.

**Organist for the Chapel of the Rising Sun Protestant Service** – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant choir director and the chaplain in charge of the service.

Please call the Chapel of Hope at 243-6773 for more information.

# Worship Schedule

**YOKOSUKA: Chapel of Hope**  
• 243-6773/ 6774

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
TUE	Women's Bible Study	0900
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 <sup>nd</sup> TUE	Pre-Baptism Class	1830
THU	Choir Practice, Main Chapel	1700
FRI	Choir Practice, Choir Room	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

**NOTE:** Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

**General Protestant**

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

**Protestant Liturgical**

SUN	Communion Service, Fellowship Hall	1100
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**Contemporary Christian**

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

**Gospel Praise Service**

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

**Filipino Christian**

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

**Church of Christ**

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 2, 3 and 5	1800

**The Church of Jesus Christ of Latter-Day Saints**

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

**Location:** Across from the City of Yokosuka Post Office (Off base)

**Jewish Faith Community**

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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**Soka Gakkai International (Buddhist)**

2<sup>nd</sup> AND 4<sup>th</sup> THU Classroom 4 1830

**Specialized Ministries**

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

TUE Fellowship Hall/Classrooms 1615

**Yokosuka Student Ministries (Middle School and High School)\***

WED Middle School – Quest 1600  
High School – One Way 1830

**Protestant Women of the Chapel\***

TUE Bible Study, Classroom 10 1830  
THU PRECEPTS, Fellowship Hall 0930  
THU Bible Study, Classroom 7 1600

**Japanese Women's Bible Study\***

TUE Main Chapel/Fellowship Hall, Classrooms 0930

**COMPASS Spouse Support Group**

WED, THU, FRI (Last week of month), Room 5 0900

**Men's Christian Fellowship**

TUE Study Group (Fleet Rec 3<sup>rd</sup> Deck) 1130  
3<sup>rd</sup> SAT Breakfast (Location varies)  
*\*Runs from September to June*

**NEGISHI: Chapel of the Rising Sun • 242-4183**

**Roman Catholic**

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

**Protestant**

SUN Worship Service, Main Chapel 1030

**IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)**

**Roman Catholic**

SAT Vigil Mass 1900

**Pentecostal**

SUN Worship Service 1000

**Adult Bible Study**

WED Nikko Tower Party Room 1800

**A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)\***

WED Ikego Elementary School 1630

**Yokosuka Student Ministries (Middle School and High School)\***

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

# Fleet and Family Support Center

## Congratulations on the birth of your baby!

Cormac O'Conner and Jennifer O'Conner are the proud parents of MAEVE CATHERINE O'CONNER born June 20, 2008 at 7:49 a.m., weighing 8 pounds 8 ounces.

Quinn McDorman and Samantha McDorman are the proud parents of MYLEE LAINEY GRACE MCDORMAN born June 23, 2008 at 10:28 a.m., weighing 7 pounds 7 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

## Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

### Monday, July 14

**Elements of Successful Parenting** 9 a.m. (2 hrs.): Elements of Successful Parenting (E.S.P.) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.

**English as a Second Language** 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic, English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.

**Ikego – Home Buying Basics** 11 a.m. (1.5 hrs.): Only the biggest financial decision you'll ever make. In this 2-hour session, you'll learn about the loan process, types of mortgages, how to choose a real estate agent, lending institutions, how to avoid costly mistakes, the VA program, and the correlation between FICO scores and interest rates. We'll talk hot markets, cold markets, prime rates and closing costs. Realtors, lenders and builders all make money off you. Don't let them get more than they should!

**Enjoying Japanese Foods** 9 a.m. (4 hrs.): Come learn about Japanese cuisine. Join our bi-lingual staff on a trip to a local grocery store and traditional restaurant. Learn about basic Japanese ingredients, recipes and food etiquette.

### Tuesday, July 15

**Area Orientation Brief and Intercultural Relations Class (Pre-registration required)** 7:45 a.m. (4 days): July 15-18, this class will be held at the Benny Decker Theater. Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

**Credit Management** 11 a.m. (1.5 hrs.): Do you know your FICO score? You should! We'll teach you all you ever wanted to know about credit – how to build it, how to maintain it, when to use it, how not to abuse it, how to obtain your FICO score, how to opt out of those annoying credit card offers you get in the mail, along with a few other things. We'll also discuss your defenses against ID theft.

**Ikego – Employment Overview and Tips** 10 a.m. (1.5 hrs.): If you are interested in the local employment market, please join this class and talk with our full-time spouse employment assistance manager. Reservations are required for this crash course on employment availability in the Yokosuka/Ikego/Yokohama area: including government positions, teaching English, modeling and other lucrative opportunities.

**IA Spouse Support Group** 5:30 p.m. (1 hr.): FFSC offers a variety of services in support of individual augmentees (IAs) and their families. An IA Spouse Support Group is for spouses of current, former and soon-to-be IAs to get together and share their ideas and concerns; a counselor will be available for questions. Children are welcome!

**Time Management** 9 a.m. (1 hr.): Have you ever wondered where did the day go? What did I accomplish today and what can I do to make my day more productive. Fleet and Family Support Service Center is now offering a class that addresses time maximizers and time wasters.

### Wednesday, July 16

**Getting Started Teaching English** 10 a.m. (2 hrs.): Learn how to get started teaching English in Japan. We will discuss types of teaching positions, legalities, marketing yourself, average prices to charge, topics for lesson plans and much more.

**Basic Breastfeeding** 2 p.m. (3 hrs.): Learn the breastfeeding basics that will help you manage the whole breastfeeding process and make it a success! This class will give you the knowledge to help you prevent or overcome any problems that may occur.

**Elements of Successful Parenting** 9 a.m. (2 hrs.)

**Negishi – Home Buying Basics** 10 a.m. (2 hrs.): You'll get 6 weeks of financial information in 2 jam packed hours!

### Thursday, July 17

**English Teachers Networking Group** 10 a.m. (2 hrs.): New and experienced English teachers are invited to learn from, network with and support each other in this monthly session. Topics discussed will include developing age-appropriate lessons, sharing resources and off-base employment opportunities for teachers.

**Ikego – Play Morning** 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

**Pre-Marriage Seminar** 9 a.m. (1 1/2 days): Engaged to be married? Planning on tying the knot here in Japan? If so, then you need to attend this seminar. We will cover important areas regarding marriage procedures, command sponsorship, immigration, passport procedures, financial management, successful marriage and family planning. This course is a required prerequisite for marriage in Japan under COMNAVFORJAPAN instructions.

**Thrift Savings Plan Overview** 11 a.m. (1.5 hrs.): Is it possible to become a millionaire on a military paycheck? Yes it is. The Thrift Savings Plan can be one of the vehicles to becoming a millionaire. This brief will provide an overview of the Thrift Savings Plan, How to enroll, TSP Investment Options, Contribution Limits, Withdraw Options, Retiring and Separating Options, L – funds and more.

### Friday, July 18

**Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

## Upcoming Classes

July 21	English as a Second Language; Manage Your Transition (TAMP)
July 22	Area Orientation Brief and Intercultural Relations Class; The Basics of Retirement Planning Ikego – Kid's Craft Class
July 23	Youth Enrichment (Middle School)
July 24	Car Buying Strategies; FRG Leadership Meeting and Training; Ikego – Play Morning; Making Decisions
July 25	Home Buying Basics; Yokosuka – Play Morning; Separation or Retirement In Japan

**Negishi FFSC**  
242-4125

**Fleet and Family Support Center**  
243-FFSC (3372)

**Ikego FFSC**  
246-8052

Visit our Web site: [www.cfay.navy.mil/ffsc/index.htm](http://www.cfay.navy.mil/ffsc/index.htm)

## Automobiles

**'03 BMW M3 Convertible.** 21K miles. Extremely rare in Japan, never sold by BMW Japan. 100% U.S. specs. E plate. Drive it in Japan or the U.S. One owner. Imola Red/Red Nappa Leather/Black Power Top. SMG manual/automatic 6-speed transmission, cold weather package, aluminum interior trim, Harmon/Kardon stereo, park assist, CD, CD changer, ETC. Every option but 19" wheels and navigation. Never modified. Car cover. Windblocker. Next service due in 13K miles. Serious inquiries only. \$33,000. Call 080-5678-8198.

**'96 Toyota Hilux Surf SSX.** 15 months JCI remaining. Inspection due September 2009. Blue and silver. Looks good, runs great. Automatic transmission, power everything, four wheel drive, cold A/C. 107,000 miles. Call Mike: DSN 246-5975, cell 090-6532-5774, e-mail: rongoliath@gmail.com. Asking \$3,000 obo.

**'94 Toyota RAV4.** 2-dr, excellent vehicle. \$2,000 obo. '93 Mitsubishi RVR. Runs great. \$500. Mike, 080-5004-2619/(046)822-1775/243-6237, Michael.wyckoff@dla.mil.

**'93 Toyota Carina Station Wagon.** JCI good until 6/11/2010, base inspection good until 5/31/2010. Nothing is broken, full maintenance records at Autobachs and Toyota dealer. \$1,500. Available on July 14, 2008. 090-1906-3187.

**Angel Motors – Specializing in U.S.A. Spec (LHD) Models!** American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

**BMW Military Sales – Factory discount pricing.** Pre-purchase plan available for future purchase. Also available quality used European and Japanese cars. Int'l. Auto Emporium Office: (045)787-4335. Mobile: (090) 8485-4701. E-mail: LTM@viola.ocn.ne.jp.

**U.S. SPEC CARS!!** Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

## Services

**Birthday cakes and things is back open for business.** For my most recent retirement birthday, baby shower and cupcake cakes, please check out [www.myspace.com/tinanh27](http://www.myspace.com/tinanh27), or [birthdaycakesandthings.com](http://www.birthdaycakesandthings.com)

**Brute Force Photography Available for all your picture taking needs.** Birthday parties, command functions, family photos, maternity and holiday portraits, you name it, we do it. E-mail Jen at: [bruteforcephoto@gmail.com](mailto:bruteforcephoto@gmail.com), or call at 090-8489-4514 for more information or see us on the web at: [www.bruteforcephoto.com](http://www.bruteforcephoto.com).

**Contractors/DoD Civilians on TDY to Yokosuka?** Why stay in a hotel when you can have something better? SAVE most of the PERDIEM you are entitled to for food! Contact yamasmit@jcom.home.ne.jp.

**Hair salon in Yokohama hair expert for foreign Women and Men.** Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. [info@afrodita.jp](mailto:info@afrodita.jp), [www.afrodita.jp](http://www.afrodita.jp).

**Heroky's Swedish Sei-Tai Outcalls.** A male therapist with deep pressure comes to your home! 9 a.m. to 4 p.m. ¥6,000/60 min. ¥8,000/90 min. To book: 070-6656-2626, [herokee@gmail.com](mailto:herokee@gmail.com) or [www.heroky.com](http://www.heroky.com)

**LTO Runs and Free Junking.** Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: [reikoltoruns@yahoo.com](mailto:reikoltoruns@yahoo.com). 日本語もOKです!

**LTO runs and junking services.** Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: [always\\_roselle@hotmail.com](mailto:always_roselle@hotmail.com).

**LTO Runs and Junking Service.** New registration, JCI inspection, title transfer, de-registration. For a quick LTO Run, call Gino, 080-5405-3788 or 241-3788.

**LTO Runs and Junking Services.** New registration, JCI, inspections, road tax, temporary plates, title transfer, JCI renewal, minicars, change address. Please call Theresa, 241-3427 or 080-3392-4384.

**LTO Run and Junking Services.** New registration, Japanese inspection, renewal, transfer address, deregistration, road tax and title transfers. Call Elvie at 090-4585-8329.

**LTO Run Junking.** Please call Emma, 090-1813-5382, 080-3426-6890, or fax or leave message at (046) 825-1885 anytime.

**LTO Junking Service.** JCI inspection, registration, title transfer, address change, t-plate. Manual/Automatic OK. Ikego/Negishi OK. You can depend on me rain or shine. Derrick, 241-4415, 090-3592-8809.

**LTO Runs and Junking Services.** Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

**Need makeup artist on your special day?** Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: [makeupbytakako@hotmail.com](mailto:makeupbytakako@hotmail.com). Artist info: [www.makeupbytakako.com](http://www.makeupbytakako.com).

**PCS-ing?** Moving to Hampton Roads? I have an immaculate condition home for you! 4 bedrooms, 2 ½ baths. MLS# 0816098 go to <http://www.williamewood.com/jacoborbach>.

**PCS-ing?** Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate. Mobile: 360-535-3721, home: 360-692-7586, e-mail: [mae@pnwre.com](mailto:mae@pnwre.com). Web site: [maed.pnwre.net](http://maed.pnwre.net).

**PCS'ing and thinking about purchasing a home in today's Buyers Market?** I educate home buyers about the "Home Buying Process" and will refer you to an experienced realtor specializing in the area where you will be relocating. Save thousands of dollars on your new home purchase working with a realtor! FREE Service! Call Kim Ramos with Keller Williams Realty. Direct: 090-6503-9567, [kramossells@kw.com](mailto:kramossells@kw.com), web site: [www.2hdb.com/kramossells](http://www.2hdb.com/kramossells).

**Piano Lessons.** All ages and ability levels accepted. Six years experience, degrees in Piano Performance and Music Education. Contact Kayla, 246-8804.

**Princess House Party.** Come and be entertained using our "Princess House Products." Every Saturday one o'clock. Call Helen, 241-4811, [helenglen@yahoo.com](mailto:helenglen@yahoo.com). "SOFA sponsored personnel only." Best quality, elegant products. Catalogues available.

**Professional Resume Writing.** Military-to-Civilian Resumes. Federal, KSA, Resumes-from-scratch, Veteran owned and operated. Any resume consulting. [www.anyresume.com](http://www.anyresume.com), [anyresume@gmail.com](mailto:anyresume@gmail.com).

**Too Busy?** House cleaning service can be scheduled to meet your routine needs. On or off base. Fluent Japanese speaker. Call 080-3489-7657.

**Waxing (B.B. and all kinds), Manicure, Facials.** G's Salon "straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

**フェイシャルトリートメント (デコルテ、首、肩含) マッサージ+美白又は保湿パック。** お試し30ドル。フェイシャル+美白又は保湿パック。20ドル。マツゲカール20ドル。チップ不要です。4th Ave. 横須賀基地内、出張OK!090-8293-7685, e-mail: [matsuge-kururin5@ezweb.ne.jp](mailto:matsuge-kururin5@ezweb.ne.jp) お気軽にお問い合わせ下さい。

**整体 (Chiropractic in Yokohama for women)** 横浜駅東口3分! その痛み我慢しないで! 1 hr. - ¥6,000. ~ 女性限定。受付時間 11 a.m. - 7 p.m. (Closed every Sunday)。癒しの風ほっと屋 Call us now!! 080-5433-4533 (留守電の場合はメッセージをお願いします。)

## Wanted

**Drivers wanted for on-base taxi service.** Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

**オンベースタクシーの運転手 (パート) 募集。** MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか? 月曜 - 金曜 (Kitty Hawkが入港中) 4 a.m. - 8 a.m. は(2時間でもOK) 運転好きな方、チップも入るし結構稼げますよ (普通免許でOK)。243-4511が090-3205-3472まで電話ください。

**Looking for a part-time English instructors.** You can set your own lesson fee, teaching schedule and location. Please e-mail your resume at: [support@lily-ec.jp](mailto:support@lily-ec.jp) and get more information.

**Needed nanny from 7 a.m.-4 p.m., Monday-Friday in our home on Yokosuka main base.** Must care for two children (5 years old) before and after school and one all day (2 years old). Must care for all three when school is out or when students are released early. Light housework required. Pay: \$1,350/month. Interested individuals, call 090-9390-6806.

## Positions

**Facility Engineers (Heavy Electrical Machinery Division).** 1. Have educational background on electricity and understand electrical theory. 2. More than three years on-the-job experience for heavy electrical machinery. 3. Business level English and Japanese (speak, write). 4. Proper valid work visa. Workplace: Tokyo Metropolitan area. Pay: ¥350,000/month and above. Transportation cost paid (Max. ¥40,000). Paid vacation and holiday. Retirement age: 65 years old. E-mail your resume to: [m-watanabe@s-mt.co.jp](mailto:m-watanabe@s-mt.co.jp). Shi-ei Real Estate Business Co., Ltd.

**Receptionist.** \*Native level Japanese (Speak, write, read). \*Business level English (Speak). \*Daytime shift work (no weekend and holiday work). \*Work place: Kinshi-cho or Otemachi. \*Pay: ¥210,000/month. \*Uniforms are provided. \*Transportation paid up to ¥40,000/month. \*Paid vacation and holiday. \*E-mail your resume to: [m-watanabe@s-mt.co.jp](mailto:m-watanabe@s-mt.co.jp). Shin-ei Real Estate Business Co., Ltd.

**SoftBank Telecom is hiring energetic outgoing Sales Staff for the Yokosuka branch.** Dayshift only. Comp. wages. Apply in person 1st floor Fleet Recreation, or send resume to: [kharisma.sudler@tm.softbank.co.jp](mailto:kharisma.sudler@tm.softbank.co.jp).

**University of Phoenix Yokosuka is seeking qualified part-time practitioner faculty in the MBA program.** Candidate must have MBA or related degree. Please contact Jim, [jimparkins@email.phoenix.edu](mailto:jimparkins@email.phoenix.edu), or stop by our office.

## Yard Sales

**Moving Sale.** July 19, Saturday, Green St. 24. 8 a.m.-

**Moving Sale.** Kerosene heaters, transformers, Japanese style tread mill, Japanese telephone line with Japanese phone, plus more. Mike, 080-5004-2619/(046) 822-1775/243-6237, [Michael.wyckoff@dla.mil](mailto:Michael.wyckoff@dla.mil).

## Announcements

**A Chance to Be Rich is Now.** What you do now, will determine your future. Invest in prime properties close to Fabulous Las Vegas. Buy now while it is still low and affordable. Low down payment with HIGH PROFIT. No qualifying, No credit check, for sale by owner. Your money will NOT grow in the bank. It's the right time, the right location, the right terms. Don't be left out this time. Act now. Invest with us and grow rich. For info and details, e-mail: [LAND4INVEST@live.com](mailto:LAND4INVEST@live.com).

**Indian Ethnic Food in Yokosuka.** Our dishes amounts are good. Quality as perfect as Indian hotel's restaurant standard. We are 300 yards from Chuo Station. Enjoy real Indian ethnic dishes. Bayleaf Indian Restaurant. Tel. (046) 821-1922 and 090-3015-1749. Lunch from 11:30 a.m. to 3 p.m. Summer time dinner starts from 6 p.m. Monday closed.

**Moving to NAS Jacksonville, NAVSTA Mayport.** I have an immaculate home with 2-car garage, 3BR, 3 baths, refrigerator W/D deluxe home theater package. Please call 241-4494, 080-6744-5468 anytime. E-mail: [lenlenbj@msn.com](mailto:lenlenbj@msn.com).

**Room for rent.** Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: [yamadatoshinori@yahoo.co.jp](mailto:yamadatoshinori@yahoo.co.jp).

**TIF Miscellaneous International Party Shibuya, July 12, Saturday, 6:30-9 p.m., T's Salon.** Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. <http://www.miscellaneousparty.com>. Call 080-2001-0512, [party@goover.co.jp](mailto:party@goover.co.jp).

**Unable to locate jobs on military bases?** Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa - Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano - Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: [rikisan2007@hotmail.com](mailto:rikisan2007@hotmail.com), or visit my Web site at: <http://anderson.nsdreams.com>.

**World Friends International Party Yokohama, July 19, Saturday, 6:30-9 p.m., Bar Why Not.** Biggest international party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free snacks. ¥3,000. <http://www.worldfriends-party.com>. Call 080-2001-0512, [party@goover.co.jp](mailto:party@goover.co.jp).

**Yokosuka Baptist Church.** Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. [www.ybcjapan.org](http://www.ybcjapan.org).

## Adoption

**Thinking about adopting a child?** Yes - It can be done while living overseas! We can make it happen! Contact: [www.Adopt-Abroad.com](http://www.Adopt-Abroad.com).

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/ (046)816-3100, or contact them at:

[seahawk yokosuka@ys020407.americablejapan.com](mailto:seahawk yokosuka@ys020407.americablejapan.com)

The point of contact is Keiko or Tomomi, account executives. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

**Asahi Advertising, Inc.**



(Left) USO Yokosuka Operations Manager Mary Jane Reyes-Ford serves a free dinner to patron Gabriel De Los at the USO Center Yokosuka June 27. USO Yokosuka offers free dinners during non-payday periods to military and family members when their wallets run empty. The next scheduled free dinners at USO Yokosuka will be July 11 and July 25 from 5:30 to 7 p.m. For more information regarding USO programs, contact the USO Center Yokosuka at 241-3030.

Photo by Jose Reyes



Lt. Spencer Temkin, an aircraft "shooter," signals to launch an aircraft off *USS Kitty Hawk's* (CV 63) flight deck June 30. The ship will be taking part in the 'Rim of the Pacific' exercise off Hawaii in July with units from Australia, Chile, Japan, the Netherlands, Peru, South Korea, Singapore and the United Kingdom. Taking part are 35 ships, six submarines, more than 150 aircraft, and 20,000 Sailors, airmen, Marines, soldiers and Coast Guardsmen. This will be *Kitty Hawk's* last exercise before returning to the U.S. for decommissioning in early 2009.

U.S. Navy photo by MCSN Anthony R. Martinez



*USS Curtis Wilbur* (DDG 54) Sailor BM2(SW) Lois Walsh splices the jackstaff while the ship is at sea June 29. The series of splices while splicing the jackstaff are referred to as "fancy work" and represent Boatswain Mate pride onboard U.S. Navy ships. *Curtis Wilbur* is one of seven Arleigh Burke-class guided-missile destroyers assigned to Destroyer Squadron 15, operating out of Yokosuka, Japan, and part of the forward-deployed naval forces.

U.S. Navy photo by IS1 Chinyelu N. Free



Region Legal Service Office (RLSO) Commanding Officer Capt. Stuart Belt congratulates LNC(SW/AW) Fernando H. Meave for his more than 21 years of dedicated service to the U.S. Navy during a retirement ceremony at Commander Fleet Activities Yokosuka (CFAY) Headquarters Auditorium July 7.

Photo by Yuji Kawabe



(Left) Naval Meteorology and Oceanography Center Commanding Officer Capt. Eric J. Trehubenko congratulates AGC(AW/SW) Mary Strauss during her retirement ceremony at the Chief Petty Officer's Club June 27. Strauss transfers to the Fleet Reserve as she ends more than 23 years of active duty naval service.

U.S. Navy photo by AG2 Quinn Halverson

## Konnichiwa!



Carpenter Makoto Ikenaga sets the keel blocks for U.S. Coast Guard Cutters *Washington* (WPB 1331) and *Sequoia* (WLB 215) at Dry Dock 4.

Photo by Yuji Kawabe

- Where do you work? SRF-JRMC.
- How long have you worked on base? 17 years.
- What is your favorite food? Chocolate cake.
- Life goal? To enjoy a peaceful life with my wife and dog.