

Blue Ridge holds Change of Command ceremony

By MC2(SW) Matthew Bradley, *Blue Ridge* Public Affairs

Capt. Thom W. Burke relieved Capt. David A. Lausman as *USS Blue Ridge* (LCC 19) commanding officer at an official change of command ceremony held onboard July 15.

Lausman served as commanding officer for 15 months and saw the ship and crew through several deployments, inspections and awards.

During his tenure, *Blue Ridge* earned the Capt. Edward F. Ney Award for best food service on a large deck ship, successfully completed a Board of Inspection and Survey assessment and earned the Blue "E" for logistics excellence.

Rear Adm. Richard B. Landolt, Commander, Expeditionary Strike Group 76, presented Lausman with the Legion of Merit at the ceremony.

"This award is not for me but for the crew," said Lausman. "I will

think of each and everyone of you and the hard work you have put into this award each time I put it on."

Burke comes from Pre-Commissioning Unit (PCU) *George H. W. Bush* (CVN 77) where he served as executive officer. His previous tours include

Helicopter Squadron (HS) 8, HS-6 and serving at the Joint Staff as the desk officer for Central Asia and Afghanistan during Operation Enduring Freedom.

Burke said he is excited to be serving in Japan.

"I am delighted to have this opportunity to serve in the forward deployed forces. I am also extremely excited about my chance to work with my Japanese colleagues," he said.

Burke is the 22nd captain to hold the title of *Blue Ridge* commanding officer since the ship was commissioned Nov. 14, 1970.

Blue Ridge serves under Commander, Expeditionary Strike Group 7/Task Force

(CTF) 76, the Navy's only forward deployed amphibious force. *Blue Ridge* is the flagship for Commander, U.S. 7th Fleet.



The official party salutes as the national anthem is performed during *USS Blue Ridge* (LCC 19) change of command ceremony held July 15 when Capt. Thom W. Burke relieved Capt. David A. Lausman as commanding officer.

U.S. Navy photo by MC2 Peter D. Lawlor

Lassen departs Maizuru, Japan after goodwill port visit

Story and photo by Lt. j.g. Daniel Bradshaw, *USS Lassen* Public Affairs

USS Lassen (DDG 82) departed Maizuru, Japan July 14 following a scheduled 3-day port visit.

During the visit, Sailors had the chance to meet local citizens, experience local customs and traditions, and enjoy the many recreational activities offered in Japan.

Several events with Japanese sailors gave the *Lassen* crew a chance to improve relations with their Japanese allies. "Maizuru had a small town feel to it. The people were friendly, and the food, particularly the *yakiniku* and octopus, was extraordinary," said Storekeeper Seaman Michael Mclean.

The officers and crew of *Lassen* participated in several exchanges with their Japanese counterparts, including a class on *ikebana*, the Japanese art of flower arrangement and a hiking tour of the city. Many Sailors were also able to explore nearby Osaka and Kyoto, the ancient capital of Japan.

Another highlight pitted *Lassen's* best against the local Japan Maritime Self-Defense Force (JMSDF) soccer team. The hot and humid weather left everyone tired, but feeling happy about the goodwill game. Personnel Specialist 2nd class Kurt Hartig said, "I scored a goal, but we still lost 5-3. There were no hard feelings about that, though, because we were just people from two countries getting together to play a game we both love."

Lassen Sailors also traveled to the Yasuragi Garden Home for the Elderly for a community relations project, where crewmembers visited residents and spent several hours helping with maintenance and upkeep of the facilities and grounds. The coordinator for the event, Operational

Specialist 2nd class Delrick Traylor said, "It was moving to see how appreciative the staff and residents were for our work. We even got to sing "Happy Birthday" to one young lady named Toyoko who was turning 93 the next day."

Lassen crewmembers were also able to see the sights in Maizuru and interact with the local community.

Cmdr. Anthony Simmons, *Lassen's* commanding officer, made visits to the offices of the Commandant of the JMSDF Region, the Mayor of Maizuru, the Speaker of the Maizuru City Assembly, the chairman of the city's Chamber of Commerce and Industry, and the Chief of the Maizuru Coast Guard Station. "We

received a very warm and hospitable welcome. Maizuru is a city whose population is almost 15 percent military, and they made us feel as though we were a part of their extended family," Simmons said.

Lassen, the 32nd ship in the Arleigh Burke class of Aegis guided-missile destroyers, is underway on a routine deployment in the 7th Fleet area of responsibility in the Western Pacific. At 509.5 feet long, it has a displacement of 9,238 tons, four gas-turbine engines and can travel in speeds in excess of 30 knots. *Lassen* operates out of Yokosuka, Japan, as part of Destroyer Squadron 15.



Sailors from *USS Lassen* (DDG 82) clean wheelchairs as part of a community relations (COMREL) project at the Yasuragi Garden Home for the Elderly July 12 during a recent goodwill port visit to Maizuru, Japan.

司令官の相談室



Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

H.I.T. Travel Agency Bankruptcy – The Tokyo-based company, H.I.T. Travel Agency filed for bankruptcy June 26. People who have purchased or reserved tickets through the travel agency are being instructed to file for claims through the Tokyo Tourism Bureau by July 31 to obtain a refund. For more information and instructions for filing claims, contact your base legal service office or go to www.usfj.mil and click on the H.I.T. Travel bankruptcy Information link under the Public Affairs section.

Government Travel Credit Card change – Government Travel Credit Cards (GTCC) issued by Bank of America (BOA) will expire Nov. 29. Cardholders will receive a new GTCC from Citi sometime during the summer 2008. Cards will be shipped in a deactivated status, which means they are not available for immediate use. Cardholders will need to verify receipt of the new travel card by following the instructions on the sticker affixed to the front of the card. The card will be activated and ready for use Nov. 30. Your agency program coordinator will provide specific instructions on disposal procedures. Card disposal should only occur after Nov. 29. BOA will accept payments after the changeover for any charges applied to the old card. Cardholders need to pay all outstanding undisputed charges prior to Nov. 29. If your current GTCC issued by BOA is in good standing, you will automatically receive a new card. Keeping your account information up-to-date will

ensure that you receive your card this summer. Only new applicants after Nov. 29 will need to apply for a card. Individuals whose accounts were deemed ineligible for a card under BOA will need to reapply for eligibility under the Citi contract. Your new card will be mailed to your mailing address on file with BOA, so ensure this address is current. Cardholders who do not receive their card by Oct. 31 should notify their agency program coordinator. Cardholders can visit the following Web sites at <https://www.navsup.navy.mil/ccpmd>, www.defensetravel.dod.mil or www.gsa.gov/smartpay for more information

Friendship Day 2008 – Commander Fleet Activities Yokosuka annual U.S. Forces Japan Friendship Day is scheduled for Aug. 2. Womble gate will be open to inbound visitors from 10 a.m. to 7 p.m. and closed to outbound flow at 9 p.m. The event will end with a fireworks display from 7:30 to 8:10 p.m.

BZ: I would like to send a Bravo Zulu to the Labor and Delivery staff at U.S. Naval Hospital Yokosuka. I delivered my daughter almost three weeks ago after being induced. It was a long day, but all the staff members made me feel really comfortable. I would like to say thank you to Dr. O'Connor, Lt. Aaron Myers, Ensign Erika Schilling, Lt. Cmdr. Tuttle, HM3 Manzano, Hospitalman Jeffrey Kent and all of the other amazing nurses and corpsmen. You are all true professionals and among the best the Navy has to offer. You certainly made such an important event an even more positive and happy one!

BZ: I had an eye appointment in the afternoon of July 11. Due to unforeseen circumstances, the appointments ran very late. Yet, Hospitalman Daniel Harmon stayed the course, as did one intern Andrea Hands, who was most thorough, even way past their regular

hours. Lt. Robert Senko finished off the exam despite the late hour. All three have to be commended for their dedication to serve their patients. They were friendly and courteous and never waived in their obvious dedication to their craft. To receiving care like that, made me feel like a person again, not like just a number in a waiting room. My eyes and I are grateful to know that such dedicated staff is present here at U.S. Naval Hospital Yokosuka. Thank you all very much.

Q: What is the possibility or feasibility of the Navy Exchange (NEX) and Commissary implementing a plastic bag recycling program? Many grocery stores offer this "environment friendly" option to bag disposal.

A: Dear Valued Customer, the NEX does not have plans to implement a recycling program. A program of this type would not be cost effective and there could be sanitary issues as well. There are plenty of bins around the base for the collection of plastic. We appreciate your idea and invite you to try our new green reusable bags which are also available insulated.

Q: I recently reported to U.S. Naval Hospital Yokosuka. I have been advised that I need permission from Commander Fleet Activities Yokosuka commanding officer for an additional vehicle. I am accompanied by my wife so I plan to register two cars. In addition, I have a motorcycle the Vehicle Registration Office (VRO) advises me that I need permission to register this vehicle. My wife has a 125cc Honda scooter that I was told did not need this approval, however, there seems to be some question whether it is required or not. I have rented a house in Zuishi that has a spacious two car port. Would you please advise me what my next step is to obtain permission to register these two bikes?

A: In accordance with CFAY instruction 5800.2F, article 16, section five, paragraph five states: "Married personnel E-5 and above and/or civilian equivalent are authorized one vehicle per licensed driver up to a maximum of two vehicles per family." Article 16, section five, paragraph six states: "An exception to the number of vehicles registered policy will be granted to active MSF rider coaches." You can submit for an exception to the policy for two additional vehicles.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Aug. 7. This is your opportunity to call in and speak with Commander, Fleet Activities, Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to us at:

Seahawk-Umitaka@fe.navy.mil

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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Asahi Advertising

Tomomi Hirano Account Executive
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COMFLEACT Yokosuka
Public Affairs Code 013
PSC 473 BOX 01
FPO AP 96349

Phone: 243-5607/3003



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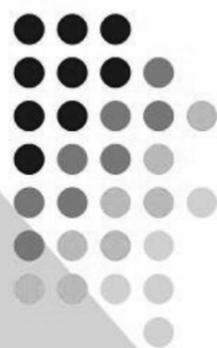
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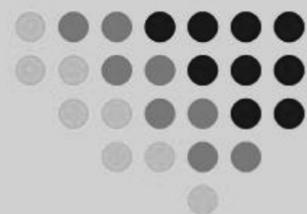
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Private Organization Financial Training for all board members (presidents, vice-presidents, treasurers and secretaries) onboard Fleet Activities Yokosuka will be held at the Fleet Theater from 9 a.m. to noon, Aug. 6.

The training is provided to introduce the new rules that govern private organizations and to provide training on various aspects of private organizations including financial management.

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Contact Commander Fleet Activities Yokosuka
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USS Mustin's CIWS crew blows away competition, earns award

By Ensign Brian Greenert, *USS Mustin* Public Affairs

The guided-missile destroyer *USS Mustin* (DDG 89) was awarded the 2007 Phalanx Close-In Weapons System (CIWS) Excellence Award July 2.

Commander, Naval Surface Forces recognized *Mustin* as the superior CIWS ship in the Pacific Fleet, the first time the ship and crew earned this honor, while guided-missile frigate *USS Taylor* (FFG 50) won for the Atlantic.

The Phalanx CIWS is a 20mm, rapid-fire, Gatling gun utilized as a last defense against anti-ship cruise missiles. CIWS has its own radar, which is capable of detecting, tracking and engaging air and surface targets at a rate of 3,000 rounds per minute. Part of what is unique about the CIWS is that it contains both electronic and mechanical components and related maintenance.

"We run electronic and mechanical systems at the same time, so we have to deal with both problems," said Fire Controlman 2nd Class (SW) Christopher Mach.

The award is based on several criteria, including the age of the weapon, ability to conduct maintenance without technical assistance, days the weapon is out of commission, and total rounds fired in the year.

Mustin received the award thanks to the efforts of their CIWS technicians, specifically Fire Controlman 1st Class (SW/AW) Timothy Esler, Mach, and Fire Controlman 3rd Class Nathaniel Oversen.

"We do our maintenance properly and take pride in our mount," said Mach. "We tend to go above and beyond...when the requirement says 'wipe', we scrub."

The award is particularly notable considering the increased operational readiness required of forward-deployed naval forces (FDNF) ships. *Mustin's* busy operational schedule makes it essential that all of the ship's equipment is always combat ready.

"Our CIWS team has worked hard to keep the mount up under challenging conditions," said *Mustin* Commanding Officer, Cmdr. James T. Jones. "Their dedication has ensured that *Mustin* is always mission ready."



USS Mustin (DDG 89) Sailor FC1 Timothy Esler conducts maintenance on *Mustin's* Close In Weapons System (CIWS). *USS Mustin* was awarded the 2007 CIWS Excellence Award as the best CIWS ship in the Pacific Fleet.

U.S. Navy photo by FC3 Nathaniel Oversen

Mustin will have its name engraved in a trophy located at Commander, Surface Forces headquarters, receive a plaque with the names of all CIWS maintenance members, and a \$1,000 contribution will be made to the ship's Morale Welfare and Recreation fund.

CNP: Future workforce requires innovative ideas, leadership

By MCC Rhonda Burke,
NR Midwest Public Affairs

The Chief of Naval Personnel (CNP) addressed senior enlisted leaders at the Manpower, Personnel, Training and Education (MPTE) Command Master Chief Training Symposium, held at Recruit Training Command, Great Lakes, July 10-11.

Vice Adm. Mark E. Ferguson III discussed several issues on the scope of the Navy today.

He emphasized how critical it is that leaders support Individual Augmentee (IA) Sailors and their families during the service members' tour and after their return. He also wanted to ensure IA's receive the follow-up care necessary to help them readjust to their normal duties.

Currently 5,400 active-duty Sailors and 4,000 Reserve Sailors serve as 'boots on the ground,' with approximately another 1,700 preparing to go at any time. Ferguson noted the Deployment Health Assessment is a key tool for the Navy as it aims to take care of Sailors pre- and post-deployment.

"It's critical that these Sailors are completing their deployment health assessments prior to departing on an IA mission, just before they redeploy and again after they return, at about the 90 to 180 day mark. This is an important part of our understanding our Sailors' baseline psychological health and then our ability to recognize when they need help.

"This is a vital step in our ability to take care of our Sailors and families, and I need leadership to ensure that process is happening."

He also lauded NAVADMIN 160/08 which announced the assignment of U.S. Fleet and Forces Command (USFF) as the executive agent and supported command for IA and IA family support across the IA continuum.

"It's paramount in ensuring coordinated support to Sailors and their families. It's our sacred duty," said Ferguson.

In addition, the Chief of Naval Personnel asked senior enlisted leaders for their continued support on new uniform policy, retention, diversity and Task Force

Life Work (TFLW).

He asked senior enlisted leaders to take an innovative look at how we do business in today's Navy, explaining that TFLW was established to meet the changing expectations of the workforce and a far more diverse generation of 21st century Sailors. The task-force is charged with conducting an in-depth examination of how the Navy routinely does business and how the sea service can deliver on a new generation's expectations for personal and professional development and a positive work environment.

According to Ferguson, 70 percent of the recruitable workforce today is women and minorities.

"We can not ignore the changing culture of the workforce. We need ideas, innovative ideas, on how we can look at flexibility in the workforce in order to attract, recruit and retain the talent in the changing workforce. It will require a change in our thought process and a cultural change to look for ways we can explore virtual staffs, telecommuting and flexibility in how we serve.

"I am counting on you to look for these options, to discuss them amongst yourselves and bring forth the ideas of your young Sailors."

CNP said the concepts may be new to the military lifestyle, and assured leaders the Navy is not talking about telecommuting for operational units but exploring ways to capitalize on Sailor's shore duty tours to maximize quality of a life for Sailors and their families.

"If I have an officer working for me here, but living across the country and telecommuting from a Naval Operational Support Unit (NOSC), I am not only providing a creative means for that Sailor to serve individually, but I am likely saving money in housing costs, commuting time, PCS transfer moves and in other ways. This has been very successful in industry and allows people to better balance their life/work demands."

The Navy's manpower officer also implored the senior enlisted leaders to look at the opportunity to promote and increase diversity in the Navy ranks, particularly in encouraging minority Sailors to seek roles in the officer community.

"By 2030, one in five Americans will be Hispanic, by 2050, 50 percent of the population will be what we today consider. Our enlisted force reflects our national demographic now, and that's great.

He added the Navy competes well as a starting opportunity for these young men and women because of training and education programs such as The Navy Credentialing Opportunities On-Line, or COOL program, tuition assistance and the new GI bill.

"The challenge now is for us to attract more diverse candidates who are college graduates for our officer programs and to develop diverse enlisted Sailors into our officer ranks.

"It is imperative that a productive workforce is representative of the population it serves at all levels of the organization," Ferguson said.

The Navy's workforce of the future will continue to be a blend of active duty, Reserve and civilian. He also addressed an issue of concern for senior enlisted leaders, which is fitness.

"The Navy needs to continue its emphasis on our culture of fitness. You have to be physically fit to do the job the Navy requires of you today. It's a leadership issue and we must execute the policy."

CNP concluded his remarks by



Vice Adm. Ferguson assumed duties as the Navy's 55th Chief of Naval Personnel April 16.

Official U.S. Navy photo

addressing the new chiefs' evaluation and the important role commanding officers will play in its implementation.

"Commanding officers need to sit down with their chief's mess and discuss the criteria, roles and functions of the chief petty officers to ensure the success of this revised tool. I believe this new eval speaks to the values we expect from our chiefs -- deckplate leadership."



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New chief petty officer evaluation takes effect September

By MCCS(SW/AW) Bill Houlihan,
MCPON Public Affairs

The chief of naval personnel announced the Chief Petty Officer Mission, Vision and Guiding Principles will form the basis upon which chief, senior chief and master chief petty officers will be evaluated.

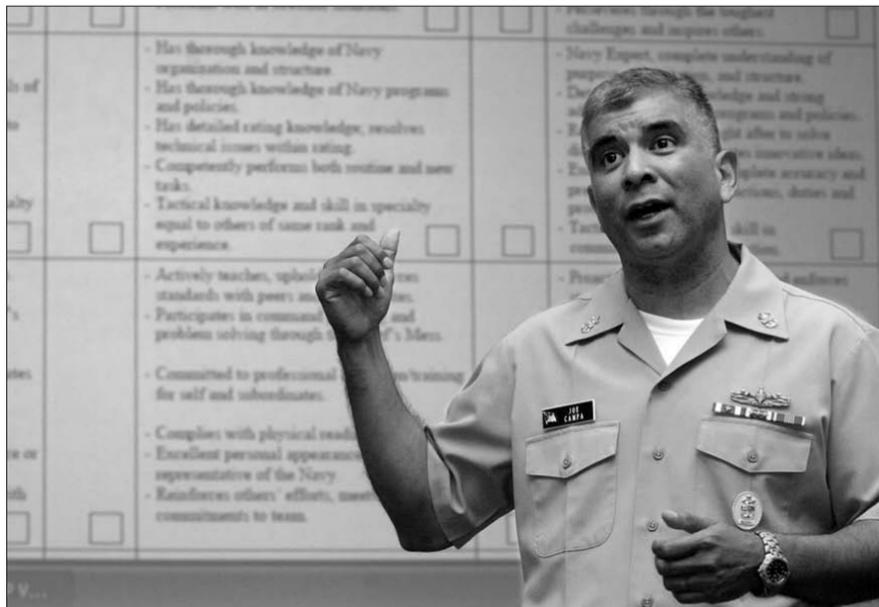
Chief of Naval Personnel Vice Adm. Mark E. Ferguson directed via NAVADMIN (176/08) June 27 that commanding officers employ a new E7-E9 Evaluation and Counseling record (CHIEFEVAL), starting with the Sept. 15 chief petty officer (CPO) and senior chief petty officer evaluation cycles.

For the past decade chiefs, senior chiefs and master chiefs had been evaluated on a fitness report (FITREP) form identical to that used by the officer community. The new CHIEFEVAL clearly separates the two, incorporating the guiding principles as the performance traits.

"The CHIEFEVAL ensures our chiefs are evaluated based on the expectations we've traditionally had of them. The guiding principles reaffirmed those expectations. Incorporating them as performance traits was the next logical step in a process we started almost two years ago," said Master Chief of the Navy (MCPON) (SW/FMF) Joe R. Campa Jr.

Since their introduction to the fleet in September 2006,

the guiding principles have been included in chief's mess training, chief selectee training, selection board precepts for E7-E9, the command master chief instruction and the Senior Enlisted Academy curriculum.



Master Chief Petty Officer of the Navy (MCPON) Joe R. Campa Jr. introduces the E7-E9 Evaluation and Counseling Record (CHIEFEVAL) that will replace the current fitness report starting Sep. 15 as the form used to evaluate all chiefs, senior chiefs and master chiefs.

U.S. Navy photo by MC1 Jennifer A. Villalovos

The guiding principles -- deckplate leadership, institutional and technical expertise, professionalism, loyalty, character, active communication and a sense of

heritage -- replace the previous performance traits. Earlier traits included professional expertise, command or organizational climate/equal opportunity, military bearing/character, teamwork, mission accomplishment and initiative, leadership and tactical performance.

"This bold initiative led by MCPON Campa proves again the adage, chiefs run our Navy," said Rear Adm. Sonny Masso, commander, Navy Personnel Command (NPC).

"As a member of the wardroom, who has personally benefited from the leadership of the chief's mess, I look forward to making the most of this opportunity to align our chiefs' evals with the guiding principles."

Masso played an integral role in the transition from the FITREP to the new CHIEFEVAL, as personnel at NPC have engineered the new form, which will use Adobe as a platform rather than the previous NAVFIT 98A program. Masso said shifting from one software application to another was not difficult due to the fact that much of the language transferred over verbatim.

"The form itself changed little," said Masso. "In fact, seventy-five percent of the language from the FITREP was transferred over to the CHIEFEVAL, only now it complements the new performance traits."

See *CPO EVAL*, pg. 12

Navy seeking applicants for Limited Duty Officer, Chief Warrant Officer programs

By MCC(SW) Maria Yager, Navy Personnel Command Public Affairs

The Navy seeks applications from highly qualified Sailors in pay grades E-6 through E-9 for the fiscal year 2010 Active Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs. Applications must be postmarked no later than Oct. 1.

"Limited duty officers and chief warrant officers bring a variety of experience and perspective into the wardroom from their enlisted service," said Chief of Naval Personnel, Vice Adm. M.E. Ferguson.

The LDO community has 28 designators in the surface, submarine, aviation, general series and staff corps communities. The CWO community is also comprised of 28 designators in similar fields.

LDO and CWO career paths provide additional leadership opportunities for Sailors and enhances their ability to contribute to the Navy. LDO's and CWO's serve in a variety of leadership billets within their technical fields, ranging from division officer to commanding officer ashore.

Eligibility requirements for LDO include U.S. citizenship, serving in pay grade E-7 through E-9 or an E-6 who has passed the exam for E-7. Active-duty applicants for LDO must have at least eight, but not more than 16 years of active-duty service.

Eligibility requirements for CWO include U.S. citizenship, serving in pay grade E-7 through E-9. Active-duty applicants for CWO must have at least 12, but not more than 24 years of active-duty service.

These programs do not require applicants to have a college degree.

Complete application procedures, eligibility requirements and a listing available designators can be found in OPNAVINST 1420.1A.

Due to ongoing rating mergers, eligible Sailors are encouraged to apply for the designator for which they are most qualified, regardless of their current rating. Each applicant and their parent command must ensure that their application is complete and accurate, as an incomplete application could result in a non-selection. Upon commissioning, Sailors selected for LDO/CWO will attend the four-week Officer Development School in Newport, R.I.

Active-duty applicants should read NAVADMIN 181/08 or contact Neal Dawson at (901) 874-4416/DSN 882, for application and eligibility questions or contact CWO3 Sandra Southall at (901) 874-3044/DSN 882, for general LDO/CWO career path and policy information.

For the most up-to-date application process and mailing information, visit the limited duty officer/chief warrant officer Web site at: <http://www.npc.navy.mil/boards/administrative/lodocwo/>. This site contains application information and guidance for monitoring the receipt and status of applications after Naval Personnel Command (NPC) review and reconciling applications if additional items or corrections are required for completeness or eligibility. For the most up-to-date designator codes, click on the application and LDO/CWO designator links on the LDO/CWO/Officers/Community Managers Web site at: <http://www.npc.navy.mil/officer/communitymanager/lodocwo/cm/identifyingcandidates/theapplication>.

Asian Antiques and Furniture Auction

sponsored by

FY09 CPO SELECTEES

Saturday, August 16, 2008

Yokosuka Middle School Gymnasium

Preview 10:00 a.m.

Live Auction 11:00 noon

Over 300 items including:
Antique Furniture from Asia and Tibet, Decorated Porcelain, Lamps, Hand tied Rugs, Clocks, Carved Jade, Mirrors, Paintings, Nautical collection, Crystal, Screens, Cloisonne plus many One-of-a-kind items.



Don't Miss This Special Event !!

For information please call Senior Chief Edison at DSN 315-243-6202 / 6201 / 6111

名所物見の旅 其の参拾七 - 獅子の都・新嘉坡



朝日に輝くシンガポールの街。ウェスティン・スタンフォードホテルの六十二階客室バルコニーから撮影。

文・写真：河辺雄二、CFAY広報課

街に朝日が差し込んでくると、光は高層ビルに反射してキラキラと輝き、川沿いの家々は赤や黄色に染まりはじめた。赤道直下の熱帯に属するこの土地にも、早朝は涼しい風が流れ爽やかで心地よい。マライオン公園には人影もなく、まだ人々の一日の営みは始まったばかりで、昼間の喧噪が嘘のようだ。日の出と共にホテルのバルコニーに出て南国の空気を吸ったなら、昔この街を歩き廻った日々を思い出して郷愁のようなものを感じた。

マレー半島の先端にあるシンガポールは淡路島を少し大きくした程度の国土で、国名はサンスクリット語でライオンの街を意味している。その昔、トラに駆逐されるまで西アジアを中心に生息していたライオンは、このマレー半島の先端にもいたのだろうか。

近年シンガポールの街は訪れるたびにその表情を変え、近代的でクリーンな国際都市へとすさまじいスピードで変化を遂げている。古き時代の面影はどんどん破壊され、更地にされた土地には無機質なビルが林立し、私は大事な撮影ポイントを失って戸惑い、困惑するばかりである。古くて汚いものをすべて排除するシンガポール政府のやり方には違和感もあるが、安全で綺麗な街並みは一般の日本人ツアー客には概ね好評で、一流ホテルに泊まるとのグルメ、ショッピングなどシンガポールツアーは人気が高い。

シンガポールのホテル

シンガポールの観光ポイントやショッピングは中心街から近くにあり、観光客にとって滞在時間の長くなるホテルライフは重要な要素となってくる。宿泊施設が充実しているシンガポールの中でも、特にショッピングの中心街オーチャードロード沿いには一流ホテルが建ち並び、世界中からのツアー客が宿泊している。グッドウッドパーク、シャングリラ、シェラトンタワーズなどの超高級ホテルをはじめ、高級から中級クラスまで揃っていて選択肢は広い。昔はオーチャードロードから何処へ行くにもタクシーに頼っていたが、二十年前ほど前に地下鉄が開通してからはとても便利になった。

マリーナ湾に面するシティホール近辺も滞在するには便利な所で、ここにはシンガポールで一番有名な1887年創業のラッフルズホテルがある。伝統あるコロニアルスタイルの歴史的建造物でもあるラッフルズは、1991年にリニューアルされて今でも最高級ホテルとして命脈を保っている。もうひとつの最高級ホテルがザ・フラトンシンガポール。マライオン近くの中央郵便局の建物を利用して7年前に営業を始めた。外観は1928年創建のコロニアル風ながら内部は最新の設備を備え、滞在中の便利さ、快適さでもトップクラス。ラッフルズやザ・フラトンは日本人にとって一度は泊まりたい人気ホテルということだが、サマースーツの似合うお洒落なレディやジェントルマンならともかく、私のような撮影機材を背負ってヨレヨレの格好で歩き廻る人間にはちょっと敷居が高い。このエリアでの私のお勤めはウェスティンスタンフォードホテル。周辺はビルが建ち並んで風情に欠けるが、73階建てのこのホテルの高層階からはシンガポールの街を一

望でき、ここ以上の眺望を誇るホテルは他にない。ウェスティンスタンフォードに泊まるなら、50階以上のシンガポール川に面した部屋をあらかじめ日本で予約してから行くともいだろう。

シンガポール今昔

マレー半島縦断鉄道に乗って、初めてシンガポール駅に降り立ったときのことは昨日のように覚えている。駅構内は雑然として人や物が溢れ、東南アジア特有の活気があった。二十世紀初頭の世界中から富と人を引き寄せた交易港の面影があちこちに見られ、昭和初期に描かれた吉田博の版画や金子光晴の小説の世界を探しながら私は街を彷徨し、混沌の極みのような露店や安宿が並ぶ裏町の、エキゾチックな雰囲気と匂いに酔いしれていた。表向きの気取った顔もちょっと裏に回れば驚くほど古きシンガポールらしさを残している、私は感激して夢中でシャッターを切ったものだった。

だが冒頭で述べたとおりシンガポールは訪れるたびに再開発が進み、今では以前の街の姿は幻であったかのように跡形もない。特にここ数十年の間にマライオン公園近くのラッフルズプレイス駅周辺が大きく整備され、その変貌ぶりに驚いている。以前汚いビル街にはインド人両替商の店や昔前の秋葉原を思わせる電器屋が所狭くと店を並べていたが、今では綺麗なビルとモダンな店ばかりになった。またシンガポールに流れ着く瀬の溜まり場のような様相を呈していたクリフォード棧橋も、水際はほとんど埋め立てられてしまい、まったく昔日の面影はない。クリフォード棧橋の裏に広がっていた怪しげな闇とそこに潜む得体の知れない人たちは何処へ消えてしまったのだろうか。

ポート・キーと呼ばれるシンガポール川の川岸は、倉庫であったコロニアル風の古い建物を利用したオープンレストランが軒を並べている。このスタイルのレストランは特に欧米人に人気があるので、観光客向けに改装されたのであろう。



ラッフルズホテルはシンガポールを代表する最高級ホテルとしての伝統と風格を持っている。

上流に向かって歩くとサテークラブと呼ばれる串焼きの屋台がたくさんあって、肉の焼けるおいしそうな匂いについ誘われてしまう。サテークラブはタレがちょっと甘すぎるのが難点だが、客は地元の若者が多く活気があって楽しい。サテークラブは以前は違う場所にあった筈だが、あちこち再開発されているので何処にあったかまったく思い出せない。屋台といえば昔から有名なニュートンサーカスもリニューアルされていた。オーチャードロードに近いせいもあり、こちらは観光客が圧倒的に多い。安心して東南アジアの屋台の味と雰囲気を味わいたい向きには、一度は訪れてみるのもよいだろう。

シンガポールの味の秘密？

私が写真を習った先生の一人、日本最初の本格派フォトジャーナリストと言われるO氏は新聞社の写真部員として昭和初期に中国やシンガポールに長年赴任していたことがあり、その頃の話をよく聞かせてもらった。或るとき学生の一人がシンガポールで撮ってきた猫が写っている裏町の写真を見せたところ、「猫が写っているのは珍しいね。シンガポールでは猫の写真は簡単には撮れなかったよ。なにしろ猫がこのこ歩いてもいたら、すぐ地元の人が争って捕まえてしま

んだ。」と言う。理由を聞くと「あちらでは猫で料理のダシを取るんだね。あの味は今でも忘れられないよ。それに比べて日本の中華料理は猫のダシを使っていないからうまくないんだ。」と真顔で言うのであった。そんな話を聞いていたので初めてシンガポールに行ったときは、食堂に入ると厨房を覗いて猫らしき痕跡がないか探したものであった。もっとも何回かのシンガポール滞在中、人々が猫を争奪しているところなど一度も目撃していない。

人間の環境順応能力に驚く

昼食に小さな食堂に飛び込んだ。ツミレが入った麺と海南鶏飯を頼む。テーブルにある調味料は青唐辛子入りナンブラー、酢、赤唐辛子、ピーナッツパウダー、砂糖。麺にはそれらを適量に入れて混ぜれば東南アジア特有の汁そばの味になる。蒸し鶏ライスの方は辛いナンブラーをかけるとパクチー（香菜）の香りと一緒に食欲をそそる。冷房も入っていない店なので汗だくになって食事していると、目の前に座るスーツを着たビジネスマンらしき男二人が額に汗ひとつかかずに熱い麺を食べているではないか。この気候に慣ればなんともないのだろうか。いかにも真面目そうな顔をした華僑らしきその人たちを見ていたら、人間の能力に感心するやら不思議やらで笑いがこみ上げてきた。

人種の坩堝シンガポール

シンガポールは華僑が七割以上を占めるが、街には色々な人種の人種がいる。マレー系をはじめインド人やアラブ系の人もよく見かける。旧宗主国の英国人もけっこういて、街のグラウンドで草サッカーの試合を見ていたら、元イングランド代表で栄光のW杯優勝メンバー、ボビー・ムーアそっくりのおじさんがいてびっくりした。

商店も人種でだいぶ対応が違い、品物を薦めてこちらの買う気がないと分かるともう相手にしないのが一般的華僑であるが、マレー系の方がフレンドリーで買わなくても世間話をしてくれる人が多い。インド人は両替商に多く、お金のことならミクロの単位までこだわるのではないかなと思わせような細かい計算をする。

私が二十代の頃のこと、デパートでジーンズを買ったとき若い店員に「どこから来たの。」と尋ねられたことがある。「どこだと思う。」と聞き返すと、タイだとかマレーシアだとか言うのであった。周りの店員も数人集まってきて、やれ香港だとかビルマだとか（当時の国名はミャンマーではなかった）勝手に言っている。しまいには若い女の店員が「分かった、フィリピンよ。」などと言い出す。確かに日焼けして南方系の雰囲気になっていたと思うのだが……。

「日本人だよ。」と言うと、皆爆笑して「ワハハ……、あなたは日本人じゃないよ。」と口々に言う。その笑いにはそんな汚い格好しているのに気取って日本人のふりをしても駄目よ、といった軽い侮蔑も含まれているようであった。シンガポールは人種の坩堝で雑多な人種の人たちがいて分かりにくいのだろうが、なにやら自分のアイデンティティーを失いそうな気分させる一件であった。



古き面影を残すシンガポールの裏町。現在は一部を残すのみだが、昔は街全体がこのような雰囲気でもカメラの被写体に事欠かなかった。ところでこの後の猫の運命や如何に。

Bicycle safety in Japan: Protecting yourself and others

Story and photo by Fumiyo Sato,
CFAY Public Affairs

Bicycles are an economical and convenient transportation method for commuters in Japan. Since revised traffic regulation laws have been made tougher over the past several years, the number of overall traffic accidents have been decreasing nationwide. However, bicycle accidents haven't been decreasing as much as automobile accidents.

A Japanese traffic regulation law was revised and put in effect June 1 that includes a couple of changes to increase bicycle safety.

In Kanagawa Prefecture, the number of bicycle accidents increased in other cities in Japan; however, the number in Yokosuka has been steadily decreasing. "Yokosuka has more motorcycle accidents than bicycle accidents," said Yokosuka Police Department Traffic Assistant Inspector Masaaki Kikuchi. "Because of the city's terrain which has many mountains and hills, Yokosuka has fewer bicyclists than other cities."

Since bicycles are considered "vehicles," the same as four wheeled vehicles under Japanese law, bicyclists need to ride on the very left side of the road unless there is a sign that allows bicyclists to ride on the sidewalk. However, the new regulation allows children under 13, elderly people over 70, and physically handicapped people to ride their bicycles on the sidewalk.

"In addition, the new law has an exception. Under the circumstances of adverse road conditions, such as ongoing construction and other traffic-related situations, bicyclists are allowed to ride their bicycles on the sidewalk," Kikuchi said. "But you need to yield or walk your bicycles depending on the traffic situation. When riding your bicycle on the sidewalk, you need to stay on

the very right side of the sidewalk."

Onboard Commander Fleet Activity Yokosuka (CFAY), you need to register your bicycle first. The bicycle needs to have a front and tail light, front and back reflectors, a bell and riders must wear helmets at all times. Bicyclists need to ride on the bike lane or on the very left side of the road.

Crosswalk issues also apply to the Japanese community. Basically you need to get off the bicycle and walk across the crosswalk, but you may ride a bicycle across the crosswalk when there is a bike lane.

Most bicycle accidents tend to happen during commuting hours, according to the Kanagawa prefecture police department's official Web site. The research also shows that students under 15 years old are more likely to get injured and more than sixty percent of bicyclists who lost their lives died due to head injury. It is an obligation for parents in the Japanese community to have their children under 13 years old to wear helmets when riding on bicycles under the new regulation.

Onboard CFAY, it is required for all bicyclists, including adults and children, to wear helmets when riding bicycles. Purchasing an American standard approved or Japanese equivalent helmet is important. "Parents and guardians have to be fully responsible for their children's behavior while they are riding their bicycles," Tate said.

It is important for bicyclists to protect themselves and pedestrians. Since the new regulation law allows bicyclists to ride on the sidewalk, Kikuchi says bicyclists need to be considerate when riding a bicycle. "Unlike four wheeled vehicles, riding a bicycle does not require a license or insurance, but you will be responsible for damages if you have an accident," said Kikuchi. "There was a case in another city where a bicyclist was charged



This bicycle traffic sign off base means bicyclists are allowed to ride their bicycles on the crosswalk although it is recommended that you walk your bike across it. Onboard CFAY, you must walk your bicycle across the crosswalks.

45 million yen after hitting a pedestrian. In Yokosuka, there was a case where a bicyclist hit an elderly person. The person had to pay for medical expenses and damages. The lesson here is to not minimize the fundamental dangers that bicyclists face and may cause, because bicyclists will be punished as vehicle operators."

Ikego campgrounds: One of Yokosuka's best kept secrets

Story and photo by Kazuyuki Takagi, CFAY Public Affairs

Japan's long rainy season has ended and summer is here. That means that it's time for some outdoor fun. Moral, Welfare and Recreation (MWR) offers great outdoor activity opportunities to the Commander Fleet Activities Yokosuka community at the Ikego campgrounds.

"The Ikego campgrounds have been active for about the last five years, said MWR Outdoor Recreation Director Steve Marksberry. "We've been slowly developing it and building it up. We started with 10 or so primitive campsite which we still have. And they hold as many as 20 people and are quite huge. "We also have five cabins for rental with some very beautiful scenery and the surrounding area is quiet and peaceful."

The campgrounds also have two great hiking trails. The short trail next to the Clam Rock exhibit takes about 30 minutes. After going up the trail about 10 minutes, there is a rest stop at the top which has a table so hikers can rest while enjoying the view. Then hikers walk down the trail to the campsite. The longer trail is located next to the camping area. This trail takes about 50 minutes to hike and leads you out near the entrance to the housing area. Some of the trails in Ikego are more than 300 years old, and are the original trails that once led to Kamakura City.

You can never be bored at Ikego campgrounds because of the variety of activities that are waiting for you. If you are interested in paintball games, Ikego's Paintball Paradise is open to all hands for walk-in play every weekend. "We have all the gear you need. So, if you know nothing about paintball, you can come out and rent everything you need. Paintballs, markers and most importantly masks. Everybody has to wear a mask," Marksberry said.



The Ikego campgrounds are well-known for its lush greenery where people can get away from the hustle and bustle of everyday life, rent one of the five cabins available and enjoy the quiet and peaceful beautiful scenery.

Other activities available aside from camping are wall climbing, archery and "Frisbee Golf." "The campground is probably the best kept secret in Yokosuka. Lots of people don't even realize it's here," said Marksberry.

Visit the Outdoor Recreation Center or call 243-5732 for campsite reservations or for more information.



If you have information pertaining to any criminal activity:



Call or e-mail the NCIS Yokosuka Tip Line and leave a detailed message:

24-Hour Tip Line: 243-6102

E-mail: Tipline@ncis.navy.mil

In emergencies, please call 911 (on base) or 119 (off base)

MWR Happenings

Morale, Welfare & Recreation • Yokosuka, Japan • July 25, 2008

Open to All Hands

Hawaiian Luau

at the Officers' Club

Friday and Saturday,
July 25 and 26 at 1700

MA'OHINUI

POLYNESIAN ENTERTAINMENT

Join us for this tasty feast, while enjoying a 13-person Hawaiian/Polynesian show flown in direct from Hawaii. Buy your tickets early. Sold out last three years.

Tickets on sale now.

For details call 243-5030.

MENU

from 1730 to 1930

- 🍷 Kalua Pig Roasted on a Spit
- 🍷 Huli Huli Chicken
- 🍷 Hawaiian Poi
- 🍷 And more!

Adult | \$39.95 / ¥4500

Child (4 to 11) | \$24.95 / ¥3000

Yokosuka Teen Programs



Wednesday, July 30 at 0900 at Ikego Teen Center

Join us for a day of summer fun, rides and swimming at the water park. Payment and permission slips due by Friday, July 25. For more information please call 241-4100.

Original creations by Heather Cantz

Pure Indulgence

Culinary Fusion

Indulge yourself with an evening of pure culinary delight

Our eleven course tasting menu includes duck confit, green apple and vanilla intermezzo, a cheese course and other savory treats

Wednesday, July 30 · 1900 at CPO Club

Tickets on sale at CPO Club, Officers' Club and ITT Office
\$35 per person

For details, please call 243-5030





Outside the Gate

ITT Tickets

Discount Yunessun Hot Spring Tickets

ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

Discount Hakeijima Sea Paradise Tickets

Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

Tokyo Disneyland and DisneySea Tickets

Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea*? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

Disney on Ice: Princess Dream

Don't miss the chance to see all of your favorite Disney Princesses live and on ice at Yokohama Arena from August 21 – 25! ITT is now selling tickets for ¥5,600 (3 years and older, reserved seating). ITT will have bus transportation available for the August 21 & 22 for \$15 for adults, \$10 for children and \$7 for infants.

Blast II

Are you upset you missed all the fun and excitement of Blast I? Then you won't want to miss Blast II, live at Tokyo International Forum on August 6 – 10 & 13 – 17! ITT is now selling tickets for ¥11,000 per person for weekend shows and ¥10,500 per person for weekday shows.

For details about any of the ITT events listed above, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about the Outdoor Recreation trips listed below, call 243-5732.

Outdoor Recreation

Mt. Fuji Safety Briefing

Interested in climbing Mt. Fuji? Outdoor Adventure Program can help you prepare for your Mt. Fuji climb with their mandatory safety briefs every Wednesday in July and August in the Green Bay Marina Classroom (2nd floor above McDonalds). These briefs will help potential climbers know what to expect when climbing Japan's tallest mountain, and what items are needed for the trip. This will help make you climb easier and a more memorable experience. Please sign up at the Outdoor Recreation Center.

Intermediate Day Hike to Mt. Fuji, Yamanashi Prefecture

What a story to tell back home! Trek, climb, scramble and in the end, taste the victory of climbing Japan's tallest mountain every Saturday from now thru August 23. Considered by many to be an absolute must-do when visiting Japan. The hike, which will begin at Mt. Fuji's fifth station, will challenge even the fittest and most experienced hikers. The cost is \$60 per person.

Rock Climbing in Takatori-yama, Kanagawa Prefecture

Are you interested in challenging yourself but don't want the long drive? Then join us on August 10 as we travel to nearby Takatori-yama (only 30 minutes from Yokosuka). After a short hike up a trail where locals used to cut stones for building materials, we will arrive at the climbing area. The rock is tuff (a pile of volcanic ash) and a little but crumbly, but is fit for beginners to advanced climbers. The cost is \$30 per person. The last day is August 4.

Snorkeling at Okinoshima, Tateyama, Chiba Prefecture

Enjoy snorkeling at a small coral island in Tokyo Bay on August 10! The cost is \$45 per person and includes transportation. Snorkels, masks, wet suits, fins and gloves are available for rent at Green Bay Marina (behind McDonald's). Last day to sign up is August 7.

Intermediate Overnight Hike to Mt. Fuji, Yamanashi Prefecture

Experience the breathtaking view as the sun races across the vista over 12,000 feet below on August 19 – 20. On our first day, we will hike to the eighth station where will stay the night at one of the mountain huts. The second day, we will set out for the summit early and catch the sunrise as the rest of Japan lies in darkness. The cost is \$140 per person and includes lodging and transportation (meals not included).

MWR Community Center

“So that's what that class is about!”

If you've been to our website recently (www.cfay.navy.mil/mwr), you've probably seen the link to our Community Center class schedule. Clicking on that link takes you to a complete listing of all the classes we offer, but you may ask yourself “what exactly is this class about?” Below is a list of some of our more popular classes and what they entail to help make your class selection a little easier.

Chigiri-E: Fine pictures done completely with Washi paper. Chigiri-E is a Japanese art form in creating a picture from washi paper torn to various sizes and shapes. This class will teach you the techniques on how to create a detailed picture using washi paper and glue.

Gakken: External learning establishment for students to further enhance fundamentals taught at school as well as information not taught in regular classes. In other words, Group Tutoring.

Ikebana: Paintings are artistic expressions brushed on to canvas. Ikebana is a 3-dimensional artistic expression composed of flowers. In Japan, it is thought that a good flower arrangement brings balance and harmony to a room. Ikebana Kofu is the Japanese form of flower arrangement. In this class you will create attractive pieces using the flowers purchased at this class. Ikebana Sogetsu is similar to Kofu but on a larger scale using other elements from nature.

Japanese Calligraphy (Sho-Do): Sho-do is an ancient way of writing letters and also creating wall decor. Using a brush and sumi (black ink) you will learn to write Japanese characters with an artistic appeal. Again, elegance and simplicity is what makes Sho-Do such a popular art form. Japanese Tea Ceremony: The tea ceremony is a traditional Japanese art form. As well as serving tea to entertain the guests, the tea ceremony trains the mind and helps us to understand the essence of human relationships.

Kimekomi Dolls: Kimekomi or “insert into wood groove” is one of Japan's many styles of constructing a traditional doll, dating back to the 18th century. Originally, the body and face of the doll were made of wood. Grooves were then carved for inserting the thin fabric for the dress and other elements. Though wood is not commonly used today, we will show you how to construct a doll using similar material with the same methods.

Kimono Dressing: Kimono is, perhaps, one of Japan's most beautiful treasures. This class will show you the proper methods of wearing a kimono. We will also show and explain the beauty of the fabric and its pattern, other types of Japanese clothing, culture and history of this Japanese treasure.

Koto: The Koto is a traditional Japanese musical string instrument. The Koto has 13 bow strings. Unlike guitar strings, the bow strings are all the same thickness. The Koto is tuned by moving pillars, along each string, back and forth (in guitar terms, it would be considered as moveable fret crowns). Tones are made by plucking the strings with a TSUME (clip on picks for each finger) while pressure is put on the strings with the other hand.

Kumon: The Kumon method is one of the largest math and language tutoring systems in the world. Kumon was founded by Toru Kumon. It was learned that repeating the same equations and questions in an allotted time limit helped students achieve a perfect score and this became the Kumon method.

Obi Art: Obi is the sash belts used with Japanese kimono. Part of such a beautiful treasure, the patterns and fabric of the Obi alone is an art itself. This class will teach you to make beautiful decorations using the Obi sash belt.

Origami: Origami, which translates to ‘folding paper’, is an ancient Japanese art of folding paper into various shapes and forms. This class will teach you how to be creative with great detail in this Japanese art form.

Shamisen: This is a 3 string instrument (similar to the banjo) which originally came to mainland Japan via the Ryukyu islands (Okinawa). The length is similar to the banjo and is played with a plectrum (miniature spatula). The shamisen has no fret crowns therefore provides the freedom of creating different tones and finger slides made with ease.

Sumi-E: Sumi-E means ‘Black Ink Painting’. Black ink on white paper with simplicity, elegance and serenity, with simplicity being the most outstanding characteristic of Sumi-E. You will learn the proper brush strokes and techniques of this fine art.

Tea Box Covering: The history of the Tea Box goes back hundreds of years. Originally created for tea storage, the simple wooden tea box is now commonly used for storing other personal items. This class will show you how to decorate your very own tea box.

MWR Positions

Come join the MWR team!

Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Club Operations

Lead Cook: NL-08, \$13.56/hr. CPO Club (1 RFT).
Food Service Supervisor: NF-03, \$11.47 - \$13.00/hr. Club Takemiya (1 RFT).
Night Operations Manager: NF-03, \$10.54 - \$15.00/hr. Club Alliance (1 RFT).
Bartender: NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).
Cook: NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (1 RFT), Food Court (1 RFT).
Material Handler: NA-05, \$10.35/hr. O' Club (1 RFT), Food Court (1 Flex).
Food Service Worker: NA-03, \$8.96/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), Food Court (5 RFT/1 Flex), O' Club (1 RFT).
Waiter/Waitress: NA-03, \$8.96/hr. O' Club (2 RFT/8 Flex), Club Takemiya (1 RFT/1 Flex) Club Alliance (1 Flex), CPO Club (1 RFT).
Lead Cashier: NF-02, \$8.39 - \$10.50/hr. CPO Club (1 RFT).
Recreation Assistant (Bingo): NF-02, \$8.39 - \$9.50/hr. CPO Club (1 RFT).
Club Operations Assistant: NF-02, \$8.39/hr. CPO Club (2 RFT/2 Flex), Club Takemiya (1 Flex), O' Club (4 Flex), Club Alliance (3 Flex), Negishi (1 Flex).
Cashier: NF-01, \$7.50 - \$9.50/hr. O' Club (2 Flex), CPO Club (1 RFT).
ID Checker/Security: NF-01, \$7.00/hr. Club Alliance (5 Flex).

Support Activities

Air Conditioning Equipment Mechanic: NA-08, \$12.32/hr. Maintenance (1 RFT).
Electrician: NA-08, \$12.32/hr. Maintenance (1 RFT).
Marketing Representative: NF-03, \$10.54/hr. Marketing (1 RFT).
Office Automation Clerk: NF-02, \$9.00/hr. Marketing (1 RFT).
Accounting Technician: NF-02, \$8.39/hr. Finance (3 RFT).
Personnel Clerk: NF-01, \$7.50/hr. Personnel (1 RFT).

Child Development Programs

Program Assistant: GSE-02, \$9.18/hr. Main CDC (5 RFT/6 Flex), Ikego (3 RFT/4 Flex), Hourly (2 RFT/4 Flex), Negishi (2 RFT/1 Flex).

Community Activities

Auto Worker Helper: NA-05, \$10.35/hr. Auto Hobby Shop (1 Flex).
Recreation Assistant: NF-02, \$9.18/hr. Youth Center – Yokosuka (1 RFT/2 Flex), Ikego (2 RFT), Negishi (1 Flex).
Clerk/Driver: NF-02, \$8.39/hr. Youth Center (1 RFT).
Duty Manager: NF-03, \$10.54/hr. Bowling Center (1 RFT).
Recreation Assistant: NF-02, \$8.39/hr. Wood Hobby Shop (1 Flex), Youth Sports – Ikego (2 Flex).
Recreation Aide: NF-01, \$7.25/hr. Bowling Center (1 Flex).
Cashier: NF-01, \$6.50/hr. Bowling Center Snack Bar (1 RFT/1 Flex).
Clerk Typist: NF-02, \$8.39/hr. Veterinary Clinic (1 RFT).
Supervisory Recreation Specialist: NF-03, \$12.00/hr. Youth Center – Ikego (1 RFT).

Recreation

Food Service Worker: NA-03, \$8.96/hr. Theater (1 Flex).
Recreation Assistant: NF-02, \$8.39/hr. Outdoor Recreation – Customer Service/Rentals (1 RFT), Special Events (1 Flex).
Administrative Assistant: NF-02, \$8.39/hr. Theater (1 RFT).

Athletics

Supervisory Rec Specialist (Fitness Director): NF-04, \$16.05/hr. Athletics (1 RFT).
Athletics Maintenance Worker: NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT).
Field Maintenance Worker: NA-05, \$10.35/hr. Athletics – Yokosuka (1 RFT/1 Flex), Ikego (1 RFT).
Duty Manager: NF-02, \$8.39/hr. Athletics (2 RFT/3 Flex).
Recreation Assistant: NF-02, \$8.39/hr. Adult Sports (2 Flex).
Gear Issue Attendant: NF-01, \$6.50/hr. Athletics (2 RFT).
Swim Instructor: NF-02, \$10.00/hr. Aquatics (8 Flex).
Lifeguard: NF-01, \$6.65/hr. Aquatics (1 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr

Benny Decker Theater

Friday, July 25

1730 The Dark Knight PG13
 2130 The Dark Knight PG13

Saturday, July 26

0900 The Dark Knight PG13
 1300 The Dark Knight PG13
 1730 The Dark Knight PG13
 2130 The Dark Knight PG13

Sunday, July 27

1300 Indiana Jones 4 PG13
 1730 Kung Fu Panda PG
 2030 Indiana Jones 4 PG13

Monday, July 28

1300 Kung Fu Panda PG
 1730 Hancock PG13
 2030 The Dark Knight PG13

Tuesday, July 29 \$1 Movie Night

1730 Speed Racer* PG
 2030 Chronicles of Narnia: Prince Caspian PG

Wednesday, July 30

1730 What Happens in Vegas PG13
 2030 The Dark Knight PG13

Thursday, July 31

1300 Wall-E G
 1730 The Dark Knight PG13
 2100 You Don't Mess With The Zohan PG13

Friday, August 1

1730 Kung Fu Panda PG
 2030 Hancock PG13

*Final Showing

Fleet Theater

Friday, July 25

1800 Sex and the City R
 2130 Wanted R
 2400 Sex and the City R

Saturday, July 26

1800 Wanted R
 2100 Sex and the City R
 0030 Wanted R

Sunday, July 27

1800 The Dark Knight PG13
 2100 The Dark Knight PG13

Monday, June 28

1800 Sex and the City R
 2130 The Strangers R

Tuesday, July 29 \$1 Movie Night

1800 The Strangers R
 2100 Wanted R

Wednesday, July 30

1800 Wanted R
 2100 Sex and the City R

Thursday, July 31

1800 Indiana Jones 4 PG13
 2100 Hancock PG13

Friday, August 1

1800 The Happening R
 2100 Wanted R
 2400 The Happening R

*Final Showing

Negishi Theater

Friday, July 25

1900 Hancock PG13

Saturday, July 26

1300 Hancock PG13
 1900 The Strangers R

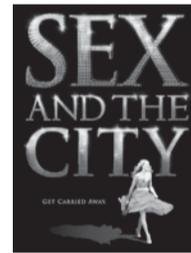
Sunday, July 27

1300 Wall-E G



The Dark Knight

Cast: Christian Bale, Heath Ledger, Aaron Eckhart, Maggie Gyllenhaal
Synopsis: The Caped Crusader returns, protecting Gotham City from the mad criminal mastermind, The Joker.



Sex and the City

Cast: Sarah Jessica Parker, Kim Cattrall, Cynthia Nixon, Kristin Davis
Synopsis: The continuing adventures of Carrie, Samantha, Charlotte and Miranda as they live their lives in Manhattan four years after the series ended.



Hancock

Cast: Will Smith, Jason Bateman, Eddie Marsan, Charlize Theron
Synopsis: Unpopular superhero Hancock saves the life of a PR executive who attempts to salvage his public image.



Wanted

Cast: Angelina Jolie, Morgan Freeman, James McAvoy, Common
Synopsis: 25-year-old Wes is the most disaffected, cube-dwelling drone the planet has ever known. After his estranged father is murdered, Wes is recruited into the Fraternity, a secret society that trains him to avenge his dad's death. With wickedly brilliant tutors Wes grows to enjoy all the strength he ever wanted. But, slowly, he begins to realize there is more to his associates than meets the eye.



Wall-E

Cast: Jeff Garlin, Benjamin Burtt, Kim Kopf, Fred Willard, Sigourney Weaver
Synopsis: What if mankind had to leave Earth, and somebody forgot to turn the last robot off? Wall-E, spends every day doing what he was made for. But soon, he will discover what he was meant for, as he adventures across the galaxy chasing his dream.



The Strangers

Cast: Liv Tyler, Scott Speedman, Gemma Ward, Laura Margolis
Synopsis: Three mysterious strangers terrorize a young couple in a remote house after they return from a wedding.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution. For the most up-to-date movie information call 243-6703. Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

32 Annual

NAVY FRIENDSHIP DAY

Saturday, August 2 - Open Base

Join us for a day of fun and fellowship with our host nation guests. There will be air toys, food and game booths, live entertainment, car show and the biggest fireworks display of the year.

Friendship Festival 10k Run - 0830 at Thew Gym: The first participants to register on race morning will receive a free T-shirt. Please remember that strollers are always welcome.

IM Friendship Day Softball Tournament - 0900 at Main Softball Field: Come out and watch American and Japanese softball teams.

Friendship Football Game - 1500 at Berkey Field: Watch the Yokosuka Seahawks battle the Meiji-Yasuda Pirates of the Japanese X-League in American Football.

JMSDF Open Base "Summer Festa" - 1000 to 1600: Free boat transportation from Yokosuka base to JMSDF across from Fleet Recreation and free shuttle busses located around Fleet Theater.

In the event of inclement weather:
Fireworks only on Sunday, August 3 at 1930. Call 243-4731 for news and updates.
For more information call 243-4731 or visit www.cfay.navy.mil/mwr



1000	Womble Gate Opens	1200 to 1800	Manga Books
1000 to 1500	Ships Visit	1200 to 1800	Seventh Fleet Band
1000 to 1700	8th Annual Car Show	1900	Womble Gate Closes
1000 to 1800	Skateboard Exhibit	1930 to 2010	Fireworks Display
1200 to 1245	Official Ceremony		

FRIENDSHIP DAY PARKING LOT CLOSURES

Beginning Wednesday, July 30 at 2330 and ending Saturday, August 2 at 2330, the following parking lots will be secured in order to accommodate the 32nd Annual Navy Friendship Day: Benny Decker Theater • Bowling Center (east & west side) • PSD • Officers' Club (backside) • Hart Street (road between Kosano Park and McDonlad's). Purdy Fitness Center Parking will be secured from Thursday, July 31 at 2330 to Saturday, August 2 at 2330. Purdy Fitness Center will be open from 0530 to 1000 on Saturday, August 2 in honor of Friendship Day.

Development Center

Apply at HRO or MWR Personnel Call 243-1246.

Jobs NOW available!



- Free Certification & Training**
- Full-Time & Part-Time Positions**
- Paid Vacation Time & Sick Leave**
- Benefits & Pay Exceeds Private Sector**

Live Entertainment SURVEY

We want to hear from YOU!



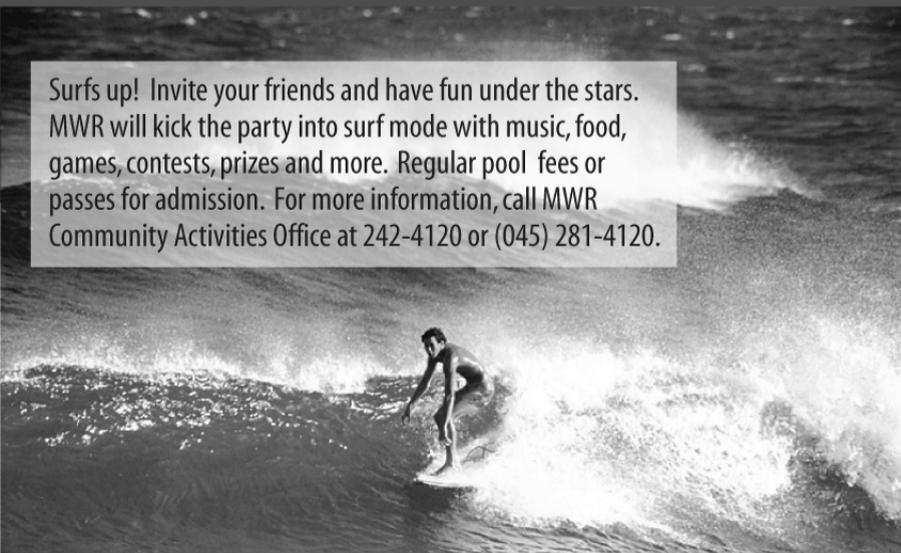
MWR would greatly appreciate if you would give us a few minutes of your time and let us know what live entertainment you would like for us to bring to you.

For the online survey, please copy and paste the following address into your web browser:
http://www.surveymonkey.com/s.aspx?sm=mxTqXHQaiQAQIHRBJLPC_2fQ_3d_3d

Surf Theme Party (Adults Only)

Saturday, August 9 from 1900 to 2300 at Negishi Community Swimming Pool

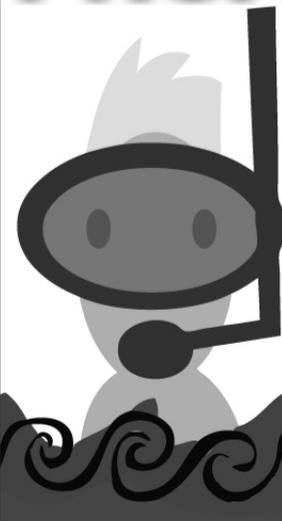
Surfs up! Invite your friends and have fun under the stars. MWR will kick the party into surf mode with music, food, games, contests, prizes and more. Regular pool fees or passes for admission. For more information, call MWR Community Activities Office at 242-4120 or (045) 281-4120.



9th Annual International Friendship Swim Festival

Sunday, August 17 from 1430 to 1930

We are looking for U.S. Swimmers to participate in this race. Enjoy an International BBQ and a summer evening with our local (Japanese) swimmers immediately following the race. Cost is \$10 per person and includes International BBQ. If you would like to just watch the race and enjoy the meal, cost is \$5. Please register by Friday, August 1 at 1600 at the International Program Section of the ITT Office. For details, please call 243-4731.



USNH Yokosuka welcomes new commanding officer

By Jill Ward, USNH Yokosuka

U.S. Naval Hospital (USNH) Yokosuka changed hands July 10 when Capt. Kevin D. Moore relieved Capt. Michael J. Krentz during a change of command ceremony at USNH Yokosuka.

Krentz assumed command of USNH Yokosuka in July 2006, following a tour as the Command Surgeon for Fleet Forces Command, Joint Forces Command and Supreme Allied Command for Transformation. He will follow this tour as the Executive Assistant to the Navy Surgeon General at the Bureau of Medicine and Surgery.

Moore reports to USNH Yokosuka from a 12 month Individual Augmentee tour as the commanding officer of the Expeditionary Medical Facility (EMF) and commander, Medical Task Force, Kuwait, following a tour as executive officer at USNHGuam.

Rear Adm. Christine S. Hunter served as presiding officer of the ceremony. She noted that Moore, "having served as the [executive officer] at USNH Guam, completely understands the Pacific area of responsibility, and the impact that time and distance can have on access medical care." In reference to his tour as the commanding officer at EMF Kuwait she said, "He gained great insight on leadership and challenges overseas." She closed her remarks by foretelling that this would be the best assignment of Moore's career.

Navy Surgeon General, Vice Adm. Adam M.

Robinson, Jr., served as the guest speaker for the ceremony. Robinson pointed out Moore's Medical Corps service as a board certified psychiatrist in general, forensic and addiction psychiatry. He also emphasized that he was hand-selected as by the Navy Inspector

and support of the fine set of Sailors and shipmates you are inheriting from [Krentz] that we have here in Yokosuka, that you will not only succeed, but you will flourish here." He also reassured Moore that he would never be alone, as [Robinson's] door is always open.

As he embarks on his tour in Yokosuka, Robinson told Moore in front of the crowd that the "men and women of this hospital as well as the [Japanese Maritime Self Defense Force] and the Japanese community will surround him with their professionalism, their love and with their concern and help him succeed as the commanding officer at Naval Hospital Yokosuka."

After the reading of orders, Moore took command of USNH Yokosuka. He thanked his friends and family who traveled from Guam and Hawaii to be with him during the ceremony, as well as his immediate family for their support.

In his remarks, Moore emphasized that it does not get any better than supporting forward deployed forces in this part of the world. He said that he "hopes to continue what has started here with reminding us each and every day that we are a family, not only the service members, but all of those who make it possible for us to do all of the things we are able to do."

Following the change of command ceremony, a reception was held on the

USNH Yokosuka grounds which featured food, a traditional Japanese kanpai toast, cake cutting and music played by the Seventh Fleet Band.



Capt. Kevin D. Moore, U.S. Naval Hospital Yokosuka commanding officer, salutes the sideboys as he departs the change of command ceremony July 10.

Photo by Tom Watanabe

General to serve on a Secretary of Defense Special Task Force in 2004.

Robinson said, "I am sure that with the dedication

Dehydration during youth sports: Who's at risk, how to prevent it

By Mayo Clinic

Children don't adapt as well as adults do to exercise in hot, humid weather. They produce more heat, sweat less and may be less likely to drink enough fluids during exercise – all of which increase the risk of dehydration.

Dehydration can lead to mild to severe heat-related illnesses, such as heat cramps, heat exhaustion and heatstroke. But you don't need to worry from the sidelines. Learn who's at risk of dehydration — and how to prevent it.

Who's at risk. Any child who exercises in the heat may be at risk of dehydration. The concern is greatest for young athletes who participate in football, soccer, cross-country and other sports that start in late summer.

Your child may be particularly vulnerable to

dehydration and other heat-related illnesses during summer workouts if he or she:

- Rarely exercises
- Is overweight or obese
- Has had a recent illness that caused vomiting or diarrhea
- Has had a previous heat-related illness

Football players face special risks in the heat when exercising hard while wearing full protective gear.

Acclimating to the heat. Most heat-related problems occur within the first few days of practice. That's why it's best to take it easy at first, gradually increasing the amount of activity — and the amount of protective equipment — as the days pass. Young athletes may need up to two weeks to safely acclimate to the heat.

During hot and humid conditions, the American

Academy of Pediatrics encourages coaches to:

- Reduce the intensity of physical activity lasting more than 15 minutes.
- Require young athletes to drink plenty of fluids before practice and during regular beverage breaks — even if they aren't thirsty.
- Limit clothing to a single layer of light-colored, lightweight material.

Know when to slow down, or call it quits. Sometimes it's simply too hot and muggy to go full throttle on the field. To determine when heat and humidity make strenuous exercise risky for young athletes, your child's coach may monitor the wet bulb globe temperature (WBGT), the standard index of temperature and humidity combined. If the WBGT is too high, outdoor athletic activities may need to be limited or canceled.

Spotting dehydration and other heat-related problems. Even mild dehydration can affect your child's athletic performance and make him or her lethargic and irritable. Left untreated, dehydration increases the risk of other heat-related illnesses, including heat cramps, heat exhaustion and heatstroke.

Encourage your child to pay attention to early signs and symptoms of dehydration, including:

- Dry or sticky mouth
- Thirst
- Headaches
- Dizziness
- Cramps
- Excessive fatigue

Remind your child that he or she is responsible for reporting these signs and symptoms to the coach right away. Don't let embarrassment keep your child on the field. If dehydration is detected early, fluids and rest may be all that's needed. If your child seems confused or loses consciousness, seek emergency care.

Prevention is key. If your child plays sports in hot weather, encourage him or her to drink plenty of fluids before, during and after practices and games. Teach your child the signs and symptoms of dehydration, as well as the importance of speaking up if they occur.

Involve your child's coach, too. Talk to the coach about adjusting the intensity of practice depending on the temperature and humidity on the field — and support the coach's decision to cancel games and practices when it's dangerously hot outside.

Pet of the Week



This week's Pet of the Week is Sammy. Sammy is a quiet eight year old male cat who is neutered and has all his shots up to date. Sammy is still playful and will hunt for that elusive prey that is hidden under the sheets or a newspaper. Sammy would be a great addition to must households. To find out more about Sammy or any animal at P.A.W.S., contact them at 243-9996, or visit their Web site at www.pawsyokosuka.org.

Photo by Vicki Boehler

Marines send more than 200 toys to children in Afghanistan

By Tim Shannon, CFAY Public Affairs

Baseball gloves, Nerf footballs, Hot Wheels, Matchbox cars and 'Dora the Explorer' tracing plates were among more than 200 toys boxed up and shipped to children in Afghanistan, courtesy of the United States Marine Corps.

The toys were donations from last Christmas' "Toys-



(Left) FISC Marine Liaison Logistics Support office's Cpl. Jeremy Galvan and Sgt. Ato Waithe pack up more than 200 toys in to boxes to be shipped to Afghanistan and distributed to Afghani children. Photo by Gunnery Sgt. Maurice Williams

4-Tots" campaign, according to U.S. Fleet and Industrial Supply Center (FISC) Yokosuka Marine Liaison Logistics Support Division's Sgt. Ato Waithe, who coordinated the efforts at FISC to ship the toys to Afghanistan, after receiving the idea from his former FISC supervisor, Capt. Ed Carpenter.

"We like to maintain a stock of toys on hand here at FISC in the event of a disaster or some catastrophic event," said Waithe.

The Marines also keep toys on hand in the event of local tragedies. After the untimely death of a Sailor in Yokosuka in 2007, FISC's Gunnery Sgt. Maurice Williams coordinated with the Sailor's command master chief (CMC) to have toys sent to the Sailor's children.

In this case, however, the purpose of sending the toys is to give back to Afghani people who are aiding in the global war on terror and to help in winning the "hearts and minds" of children who often have very little.

"Having been deployed to Iraq, I know the tremendous impact that a few toys can have on these kids' lives," said Waithe.

Waithe added that he takes great personal



Duplo Blocks, Matchbox cars and Star Wars toys are boxed up and made ready to ship to children in Afghanistan. Photo by Gunnery Sgt. Maurice Williams

and professional pride in being a part of humanitarian efforts and that they are, in fact, more common for the Marines than one might think.

"It shows a different persona from our typical tough guy image," said the Marine. "It's like one of our mottos, 'No better friend; No worse enemy.' We are known for our humanitarian efforts as well as our fighting ability. For example, we [the Marines] provided a lot of humanitarian aid after the cyclone in Burma and Hurricane Katrina, so this isn't outside our character."

Navy reservists pay dividends for FISC

Story and photo by Tim Shannon, CFAY Public Affairs

U.S. Fleet and Industrial Supply Center (FISC) Yokosuka employs approximately 1,200 people. However, in order to further the mission of the Navy, FISC taps in to the Navy Reserve talent pool as well.

One such asset was Navy Reserve Capt. Tom Madison, who did his two-week annual training (AT) at FISC in early July.

In the civilian world, he is co-owner of the Capstone Corporation and he used his business leadership savvy to aid FISC's Operation's Department.

"I've been reviewing documents for FISC's Operations Officer, Cdr. Eric Bach," said Madison. "One of the more important ones was for global logistics support that mapped out various roles that the Navy would take, and more specifically, what role FISC would take, in efforts like multi-national exercise participation, or what role FISC would play in the event of a catastrophic event within its area of responsibility (AOR)."

As the commanding officer of a reserve unit himself, Madison also spent time touring FISC's facilities to find out where the reserves are being used and how effective their assistance is.

"I went with [FISC Commanding Officer] Capt. Andy Benson to the Fleet Mail Center in Yokohama," he said. "In doing so, I was able to see what we are doing there to support the Fleet Mail Center. I also toured the FISC office at SRF-JRMC (Ship Repair Facility-Japan Regional Maintenance Center) and the FISC post office here at CFAY. My perspective is that each of those places where the reserves go to support - they are our customer. And I wanted to see if our customers were happy with the service they are receiving from the reserves and if there is anything we can do to improve our support."

Another reservist conducting his AT at FISC Yokosuka during the same period, was Lt. Cmdr. Kevin Hunt. He assisted the FISC Marketing and Communication Office in preparing for the installation of Enterprise Resource Planning (ERP) software, helping FISC to be ready for their "go live" date, Oct. 1.

Although Madison and Hunt hold management positions in the civilian world, they both admitted that the scope of FISC's operations was more than they had expected.

"I'm very impressed with FISC," said Madison. "I had no idea that FISC's role in supporting the Navy is as broad as it is - from the fuel element to the mail support

and everything in between. It's just been amazing to see the breadth of what FISC gets involved with. It's a very big job supporting 7th Fleet. Like I said, I'm impressed."

"It is amazing the amount of work and coordination that goes into keeping the 7th Fleet AOR supplied," added Hunt. "I am very proud to be a small part of the FISC Yokosuka team and look forward to returning to contribute to the team effort in the future. I have enjoyed my last three weeks working with the FISC Yokosuka team."

Hunt enjoyed more than his efforts supporting FISC as well. He, and his reserve unit Executive Officer, Cmdr. Robert O'Donnell, took advantage of their AT in Yokosuka to do some sight-seeing of the local area by taking an Morale, Welfare and Recreation (MWR) sponsored tour of Tokyo.

"I look forward to coming back," said O'Donnell. "It was a great experience. Everyone was friendly and helpful and would take the time to answer questions. Hopefully we have added to the place and will continue to add value for the command."

I have just filled the new billet with the FISC Yokosuka team in St. Louis and will be coming back for the next three years, added Hunt. "I will be looking forward to each trip with great anticipation."



(Left) Navy Reserve officers, Cmdr. Robert O'Donnell and Lt. Cmdr. Kevin Hunt discuss FISC's ERP implementation plan while on AT at FISC.

GSA SmartPay2 on the way in August

By Tim Christmann, NAVSUP HQ Office of Corporate Communications

Say goodbye to your U.S. Navy major charge cards (travel, government and fleet fuel). The contract for the current cards ends Nov. 29.

Cardholders will receive new charge cards (under a newly revised GSA SmartPay contract) by mail well before the Nov. 29 deadline, according to the Department of the Navy Consolidated Card Program Management Division (CCPMD).

"Cardholders should be monitoring their statements and ensuring their card balances are correct and current," said CCPMD Director Louis Calabro, Jr. "But cardholders should be aware that they will receive statements from the current bank to finalize their account after the transition date."

According to Calabro, while all current cardholders will receive new cards, the transition between the old and new programs will not inconvenience cardholders. CCPMD continues to work diligently with all travel, government purchase and fleet fuel card agency program coordinators, approving officials and cardholders via monthly teleconferences, e-mails, and Web site notices to prepare for the successful transition from old to new charge card programs. In addition, as the transition date nears, the new banks will mail information to the program participants.

Important transition dates include:

- **August - October:** Distribution of the new charge cards begins.
- **Nov. 19:** All old government purchase cards will expire on this date and no additional transactions will be able to be billed on them. This coincides with the purchase card cycle date.
- **Nov. 29:** All old travel and fleet fuel cards will expire on this date and no additional transactions will be able to be billed on them.

Cardholders are encouraged to destroy the old cards by this deadline.

For more information on the SmartPay2 transition, go to <https://www.NAVSUP.Navy.mil/CCPMD>.

SRF-JRMC、日本人退職者の栄光を称賛

文・写真：安達慶一、CFAY広報課

6月末、艦船修理廠及び日本地区造修統括本部（SRF-JRMC）に於いて、日本人従業員の定年退職式が行われ、船殻工場の山本秀雄さんが他の退職者を代表して出席した。

退職を祝うためSRF-JRMC司令官ステファニー・ダグラス大佐、リーダー、退職者の監督者と同僚が一同に集まった。

ダグラス大佐は次の様な感謝の言葉を述べた。「米海軍並びにSRF-JRMCを代表し、長年にわたる勤務を通して、日米の安全保障に大きく貢献された退職者の皆さんに、ここでお礼の言葉を述べる機会を得ましたことを誇りに思います。退職される皆さんの勤務総年数は445年にも及び、在職の期間は目まぐるしい変化の時代でした。」

日々、退職者が実現させてきた「第七艦隊の艦船を常に機能できる状態に保つ」という私達の使命が変わることはない。

ダグラス大佐は出席した山本さんに対して、退職者の代表としてだけでなく、山本さんご自身のすばらしい経歴を通してSRFの精神を实践されてきたことを称えた。

山本さんは1976年4月に、船殻工場船舶設備取り付け工として入廠し、合計32年と3ヶ月勤務した。新年式では木遣りのリーダーとして、1979年より27年間木遣りを披露してくれた。

「新年祝賀式典では数分、木遣りを歌います。新年祝賀式典での木遣りの歌詞にはおめでたい内容のものを選んでいきます。SRF-JRMCの新年祝賀式典は従業員や来賓にとり、特別な行事です。これからも新年祝賀式典が素晴らしく、楽しく、価値ある行事である事を望んでいます」と山本さんは話した。

船殻工場長の中村靖人さんによると、山本さんは船殻工事では常に先頭になり、多くの若い従業員の面倒を見て指導してきた。「納涼大会ではカラオケ大会の常連として長年盛り上げ、船殻工場のエンターテイナーとしても皆から慕われています」と中村さんは語った。

「山本さんの最後の船殻の仕事はバージ船YRB-30の



(Center) Hideo Yamamoto, his wife and SRF-JRMC Commanding Officer, Capt. Stephanie Douglas cut the cake during the retirement ceremony.

定年退職式でSRF-JRMC司令官ステファニー・ダグラス大佐（右）と山本秀雄夫妻によるケーキカットが行なわれる。

区画モジュールの設置でした。彼のリーダーシップの下でモジュールの設置作業を完了し、10日前に...これは当初の予定の5ヶ月前にですが、出渠することが出来たのは今更驚くことではありません」とダグラス大佐は語り、こう続けた。「山本さんのSRF-JRMCにおける文化的な活動も忘れておりません。私たちSRF-JRMCファミリーはこの貴重な日本の伝統文化を楽しむことができました。」

「SRF-JRMCは退職者一人ひとりの永年の誠意ある勤務態度に心から敬意を表します。退職者の一人一人に対し、アメリカ合衆国海軍を代表して、感謝をするとともに、未永く幸福で健康で実り多き第二の人生を迎えられますことをお祈りしております」とダグラス大佐は話し、こう締めくくった。「退職者のご家族によるたゆまないご支援に対し心よりお礼を申しあげます。艦船修理の業務は、多くの予期せぬ出来事に対し適切な処置を求められる困難を伴う仕事です。」

SRF-JRMC celebrates 445 years of dedicated service

Story and photos by Keiichi Adachi, CFAY Public Affairs

Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) bid farewell to a dedicated Japanese employee, Hideo Yamamoto, shipfitter foreman C, from the shipfitter shop, on behalf of other retirees, during a retirement ceremony held at SRF-JRMC headquarters at the end of June.

SRF-JRMC Commanding Officer, Capt. Stephanie Douglas, retiree's supervisors and co-workers at SRF-JRMC gathered to celebrate the retirement ceremony.

"I am very proud to represent the U.S. Navy and the U.S. Naval Ship Repair Facility Yokosuka and Japan Regional Maintenance Center in commending these retirees for their many years of service that has so significantly contributed to the security of both Japan and the United States," said Douglas, and she continued, "our retirees have put in a combined total of 445 years of dedicated service to SRF-JRMC during a period that has seen the world change significantly."

The SRF-JRMC mission, which the retirees contributed significantly, remains unchanged; to keep the

7th Fleet operationally ready. They have done that exceptionally well every day, according to the captain.

Douglas said that it is her great pleasure to pay special recognition to Yamamoto-san, not only as a representative of all retirees, but for his significant service in his own right, and that Yamamoto-san has indeed been the embodiment of the SRF spirit.

Yamamoto-san entered the shipfitter shop as a shipfitter in April 1976, where he worked for 32 years and three months. He was a leader for *Kiyari* chant at the New Year's ceremony. He has performed *Kiyari* for 27 years since 1979.

"We sing *Kiyari* for a few minutes during the New Year's ceremony, and the choices of *Kiyari* lyrics are congratulatory. The New Year's ceremony at SRF-JRMC is a special event for the employees and visitors. I hope the New Year's ceremony continues to be nice, enjoyable and valuable for all SRF-JRMC employees," said Yamamoto.

According to Yasuhito Nakamura, head of the shipfitter shop, Yamamoto always takes the lead in organizing work of any shipfitting and he has been taking care of a lot of young workers and fostering them. "Yamamoto-san, as a contestant, livens up karaoke competition during the SRF-JRMC summer festival and his personality also endears himself to all in the shop, as the entertainer," said Nakamura.

"His final shipfitting challenge has been completing the compartment module installation on YRB-30 berthing barge. It is not a surprise, that under his leadership the shop was able to complete module installation to support undocking 10 days ago...five months earlier than initially planned," said Capt. Douglas, and she stated, "I will remember Yamamoto-san for his involvement in the cultural life of SRF, ensuring that all of our SRF family could enjoy the important Japanese cultural tradition."

"Each of you, our retirees, has served skillfully and faithfully for many years. On behalf of the United States Navy, I am honored to thank you for your dedicated service and wish you a long, happy, healthy and prosperous future," Douglas said. "I would like to recognize the spouses and families of our retirees and thank them for their unfailing support. Ship repair is a difficult business that is full of unexpected demands."



SRF-JRMC employees entertain Hideo Yamamoto with fun and heartfelt goodbyes using tons of tape while Yamamoto is taking his last tour of SRF-JRMC facilities.

退職式を終え山本秀雄さん最後のSRF-JRMC施設ツアーの途中、従業員が多くのテープに心温まる別れをたくして、彼を送り出す。

New CO secretary in full swing

Story and photo by Keiichi Adachi, CFAY Public Affairs

Mikiko Yanagawa, born in Saitama prefecture and living in Yokosuka for six years, is the new secretary for Capt. Stephanie Douglas, commanding officer of Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC), and has been working hard to manage Douglas' hectic daily schedule since June 1.

She also has an eight year experience as secretary for a president in a private enterprise, and had the responsibility to take care of daily management plans and numerous other support processes. "I wanted to work on the U.S. base since I moved to Yokosuka six years ago. I have been thinking that I would like to keep a balance between work and free time," said Yanagawa.

Yanagawa located her job description through the internet. When she finished reading the information, she thought that she could make use of her career and experience in the position.

"Capt. Douglas, thank you very much for giving me the opportunity to work with you and people at SRF-JRMC. I will do my best and I will try to challenge my possibilities," said Yanagawa.



(Left) Ai Suzuki, business and strategic planning office, discusses the 2008 strategic plan booklet with Mikiko Yanagawa, the new secretary for Capt. Stephanie Douglas, and explains what the 2008 strategic plan at SRF-JRMC is and how SRF-JRMC accomplishes individual tactical goals of the strategic plan.

ビジネス戦略企画室の鈴木愛さんは、ステファニー・ダグラス大佐の新しい秘書である柳川みき子さんと2008年度経営戦略計画の小冊子について話し合い、SRF-JRMCの2008年度経営戦略計画とは何か、そしてどの様にSRF-JRMCは経営戦略計画の実務ゴールを達成するかを説明する。

新司令官秘書を宜しく

文・写真：安達慶一、CFAY広報課

埼玉県出身で横須賀市に6年在住する柳川みき子さんは、艦船修理廠及び日本地区造修統括本部司令官ステファニー・ダグラス大佐の新しい秘書として、6月1日よりダグラス大佐の多忙なスケジュールをテキパキとさばっている。

企業において社長秘書として8年の経歴を持ち、日々の管理プランや数多くの支援業務の対応に責任があった。「6年前、横須賀に引っ越してきたから、米軍基地で働きたいと思っていました。仕事と余暇のバランスを保ちたいと、常々考えてます」と話すのは柳川さん。

今回の秘書業務の職務内容をインターネットで見つけ、その情報を読み終えた時に自分の経歴と経験が生かせる職種だと思ったと柳川さんは言う。

「ダグラス大佐、大佐及びSRF-JRMCの従業員の皆さんと共に働ける機会を持つことができるとも感謝しています。最善を尽くし、自分の可能性にチャレンジしてみます」と柳川さんは語った。

Head's Up Yokosuka!

Community Announcements

American Red Cross Youth Volunteer – Calling all youth! Would you like to gain hands-on skills and experience, or give back to the community? Why not become a youth volunteer? Stop by our office located on the 2nd floor of the Community Center or call 243-7490 for more information on volunteer and leadership opportunities. Together, see what a difference we can make.

American Red Cross Community Courses and Training – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. CPR, First Aid, and Automated External Defibrillator (AED) certification is scheduled for Saturday, July 12 or July 16. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

One Stop Fleet Medical and Dental Check-in – USNH Yokosuka presents a convenient, one-stop medical and dental check-in process to assist fleet Sailors and their families. Please come to the USNH Command Auditorium on the third floor every Monday from now to Sep. 29 during the hours of 9 a.m. to noon. Sponsors and their families will be guided through the main medical and dental areas to check in to ensure family members receive the best care possible. Please bring medical records, sponsor's orders, family entry approval and command sponsorship letter for a seamless transition.

TRICARE Online offers prescription refills – TRICARE Online (TOL) is now giving you more

options for online management of your health care needs, including refilling your prescriptions using TOL. There are three unique components of this online capability: request prescription refills at U.S. Naval Hospital (USNH) Yokosuka, check refill status and request prescription refills from TRICARE Mail Order Pharmacy (TMOP). If you are a TRICARE Prime Pacific beneficiary and are registered with a TOL account - your account is power! Log onto www.tricareonline.com to access this new feature. Contact the TRICARE Service Center at 243-9528 or 243-8740 for more information.

Veterans Benefits – The Department of Veterans Affairs Overseas Military Services Coordinator visits Naval Air Facility Atsugi monthly to provide VA benefit information to active duty service members, family members and other veterans. You don't have to be retired or separated to qualify for some VA benefits. The VA representative provides a detailed briefing on benefits in conjunction with the Transition Assistance Program (TAP) and is also available for appointments. For Contact the Fleet and Family Support Center at 243-9632 for more information.

New Ikego Bulk Item Trash Pickup Service – If you reside in an Ikego Townhouse, please call 246-8302 for bulk item trash pickup. The contractor will only pick up the items you have placed on your front patio. Please inform the contractor which items you would like to get picked up to ensure they do not mistakenly dispose of undesignated items. If you reside in an Ikego High-Rise, please place your bulk items in the dumpster enclosure. Prior arrangements are not necessary. Call 246-8302 for more information.

CPO EVAL, cont'd from pg. 6

Campa said that language used for the first time in the CHIEFEVAL may technically be new, but the responsibilities and expectations have been around for 115 years.

"The 25 percent of the form that's different is critical," said Campa. "It's there that we formally introduce phrases like 'engaged on the deckplate,' 'total loyalty to mission,' 'driving mission accomplishment through the chiefs' mess' and 'actively uses the CPO mess as an open forum to act on command issues.'"

That language may be new to an evaluation, but not to our chiefs. Those are responsibilities CPO's have had for more than a century."

Campa delivered the CHIEFEVAL to Naval Personnel Command (NPC) in March. Since then testing has been ongoing, and changes to the form were the norm as personnel in Millington worked with Adobe representatives to ensure the new platform was even more user-friendly than the FITREP form.

Once the CHIEFEVAL was deemed ready for fleet testing, it was sent to command master chiefs aboard every type of Navy vessel and to commands in every theater. Their feedback was forwarded to NPC to work out user-discovered issues.

"Any problems identified through fleet testing are looked at, and we're determining whether they need to be addressed now or down the line," said Jim Price, Commander Naval Personnel Command (COMNAVPERSCOM) branch head for PERS 311 and functional owner of the FITREP and evaluation processes. "It's a work in progress, but that doesn't mean it's not a good product now. It most definitely is, and the feedback reflects that."

The CHIEFEVAL will be ready for download from the NPC Web site, www.npc.navy.mil, and for use fleet-wide early this month. Training within the CPO community has been ongoing for several months, and Campa stressed that it must continue up to and after Sept. 15.

"Nothing is more important than ensuring every chief and every commanding officer across our Navy is fully up to speed on the CHIEFEVAL. We can't leave anyone behind in terms of how to use the form and what's expected of our mess," said Campa.

Personnel downloading the form will also have access to a user reference guide, which will give step-by-step instructions. If questions persist, COMNAVPERSCOM PERS-311 customer service is available to provide clarification at (901) 874-3313/4881/DSN 882.

Elevators

By Chaplain Scott Shafer

Prayer is a lot like waiting for the elevator. You press a button and wait for something to happen. Now in my building, there are four buttons for the elevators. Two buttons for up and two for down... for each elevator. Day after day I press a button and wait. When I first got here I'd press the buttons for each elevator. I had the hope that, if I pressed both buttons, one of the elevators would surely get there sooner. One elevator might be stopped, but I knew that the other elevator would be right on the way!

We are an impatient people, at times, in our lives of prayer, we want to hit a button and get an immediate response. In ancient Israel there once was a famine for over three years. The people prayed and waited for an answer day after day. People were suffering and dying. Elijah brought rain! After that long wait, people's prayers were answered. It took a long time though, and just how comfortable are we in having to wait?

Have you ever waited at the elevator and hit the button two or three times? It can be lit up, but there's that feeling that if we press that button it will cause the elevator to arrive sooner. Jesus' friend Lazarus lay ill and dying. Lazarus' sisters sent to Jesus, asking for help. I wonder at times how many messengers they sent. What is the difference between having faith in an answer and complacency? Do we pray and wait, or do we keep praying the same things to God as reminders...to keep hitting those buttons?

In the Garden of Gethsemane Jesus prayed to God. He prayed for his father to "take this cup from me." Jesus knew that the crowds were out for his blood. He could see the path toward his crucifixion and, in a moment, he prayed to his father. We often think that because of his relationship with his father that Jesus could get whatever he asked, yet in this single moment Jesus asked...and the cup was not taken from him.

Sometimes we are going to have to wait on that elevator. We can press as many buttons as we like. Multiple elevators can be called up to our floor, but when it comes down to it, we don't get to where we are going any faster. In fact, we get the elevators to make a whole lot of extra stops. There's nothing like waiting on one floor for all of the elevators to go all the way up so they can come down again. Sometimes we are just going to have to have patience.

Jesus was in that garden, and when he received his answer from God, he did not stop praying. Jesus didn't stomp off. He didn't get angry. Jesus didn't go off and yell at the disciples because he was upset. He simply concluded his prayer, "Nevertheless, let thy will be done."

Wow! Thy will be done. This is a short but meaningful prayer. There is no impatience, worry, or focus upon the self...there is only the recognition that God is God, and we are not. God's will be done... that gets us all where we need to go.

Today I just press one button. If I am going up, I press one button for up, and if I am going down I press one button for down. I figure, "Why should someone else have to wait on their floor because of my impatience down here?" I press the button and see it light up. It arrives when it arrives. I still get in a hurry at times, but I try to have patience as I wait. It isn't perfect...but the elevator always arrives.

Amen.

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfi.navy.mil>. Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement. Postmark dated, faxed or e-mailed applications will not be accepted.

New

Education and Training Technician – YB-1702-1, CFAY-107-08. Open: 7-18-08, Close: 12-31-08 (1st C/O: 7-31-08. Subsequent cut-off dates may be established until filled). *Negishi CDC.
Medical Records Technician – YB-675-01, NH-106-08. Open: 7-16-08, Close: 7-30-08.
Legal Technician (OA) – YB-0986-01, NLSO-89R-08. Open: 7-15-08, Close: 7-28-08.

Continuing

ESL Instructor – YA-1701-2, SRF-100-08. Open: 07-03-08, Close: 08-01-08.
Education and Training Technician – YB-1702-1, CFAY-30-08. Open: 2-22-08, Close: 8-22-08. *Six months open register.

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Delivery Operator – Food Services. \$8.28/hr.
Food Service Supervisor – Food Services. \$10.74/hr.
Food Sales Supervisor – Food Services. \$24,621-\$31,298/yr.
Food Service Workers – Food Services. \$8.28/hr.
Food Service Worker Leader – School Lunch. \$9.10/hr.
Motor Vehicle Operator – School Lunch. \$9.66/hr.
Front Desk Clerk – Navy Lodge. \$7-\$8/hr.
Department Manager – Autoport. \$31,936-\$40,634/yr.
Automotive Mechanic – Autoport. \$13.63/hr.
Department Manager – Main Store. \$31,620-\$48,844/yr.
Customer Service Clerk – Main Store. \$8.25-\$9/hr.
Sales Clerk – Main Store. \$6.50-\$8/hr.
Specialty Sales Clerk – Main Store. \$7-\$9/hr.
Supervisory Sales Clerk – Main Store. \$8.39-\$11/hr.
Store Worker – Main Store. \$8.28/hr.
Personalized Service Clerk – Personalized Services. \$7.25-\$8/hr.
Equipment Rental Clerk – Rental Center. \$7-\$8/hr.
Hair Stylist – Beauty Salon – Commission.
Receptionist – Beauty Salon. \$7-\$8/hr.
Vending Operations Clerk – Vending. \$7-\$9/hr.
Inventory Supply Clerk – Distribution Center. \$9.50-\$11/hr.
Warehouse Worker – Distribution Center. \$9.66/hr.
Forklift Operator – Distribution Center. \$10.35/hr.
Security Guard – Distribution Center. \$7.50-\$9/hr.
Cashier – Cash Office. \$7.50-\$9/hr.
Human Resources Assistant – Human Resources. \$8.39-10/hr.
Laborer (Visual Merchandising) – Visual Merchandising. \$8.28/hr.
Security Guard – Loss Prevention. \$7.50-\$9/hr.
Hair Stylist – Negishi. Commission.

Miscellaneous

Organist for the Chapel of Hope General Protestant Worship Service – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant Choir director and chaplain in charge of the service.

Organist for the Chapel of Hope Protestant Liturgical Service – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Chaplain in charge of the service.

Choir Director for the Chapel of Hope Roman Catholic Faith Group – Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with Catholic organist and the chaplain in charge of the service.

Organist for the Chapel of Hope Roman Catholic Mass – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Catholic choir director and the chaplain in charge of the service.

Organist for the Chapel of Hope Gospel and Praise Faith Group – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with the Gospel and Praise choir director and the chaplain in charge of the service.

Choir Director for the Chapel of Hope General Protestant faith group – Must be able to read and catalog music in order to instruct, motivate and encourage choir members in the art of singing religious music for worship services. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to work closely with the Protestant organist and the chaplain in charge of the service.

Director of Religious Education for the Chapel of Hope Roman Catholic faith group – Must be familiar with the Roman Catholic doctrine and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Director of Religious Education for the Chapel of Hope Protestant faith group – Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively recruit, train and motivate volunteer teachers order to instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Roman Catholic Priest is needed to officiate the Mass as needed at the Negishi Chapel of the Rising Sun on Saturday nights and Sunday mornings – Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

Roman Catholic Priest is needed to officiate the Mass as needed Ikego Housing Base on Saturday nights – Must be able to work within the guidelines of the Navy Chapels and with the Staff Roman Catholic Priest assigned to Command Fleet Activities Yokosuka.

Youth Program Director for the Yokosuka Chapel of Hope Protestant faith group – Must be familiar with Protestant doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Youth Program Director for the Yokosuka Chapel of Hope Roman Catholic Faith Group – Must be able to work a flexible schedule dependent upon youth program needs. Must be familiar with Catholic doctrines and resources for choosing instructional material. Must be able to effectively instruct, motivate and encourage student participants. Will be needed for instructional periods which include weekends, weekdays and evenings. Must be able to work closely with the chaplain in charge of the faith group.

Organist for the Chapel of the Rising Sun Roman Catholic Mass – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Catholic choir director and the chaplain in charge of the service.

Organist for the Chapel of the Rising Sun Protestant Service – Must be able to read and play piano/organ at a performance level. Will be needed for religious services on weekends and rehearsal one evening each week. Must be able to transpose music as needed to adapt to the singing range of the chapel choir and be able to work closely with Protestant choir director and the chaplain in charge of the service.

Please call the Chapel of Hope at 243-6773 for more information.

Emergency Medicine Physician – The Government is seeking to place under contract, an individual who holds a current, unrestricted license to practice as an Emergency Medicine Physician in any one of the fifty States, the District of Columbia, the Commonwealth of Puerto Rico, Guam or the U.S. Virgin Islands. The deadline for submission of solicitation package is July 25, 12 p.m. For details, call Ms. Kobayashi/FISC Contracting at 243-6835 or (046) 816-6835. Solicitation#: 08-Q-2316.

Post-Deployment Service Coordinator – The Government is seeking to place under contract, an individual who holds a current, unrestricted license to practice as a licensed social worker or licensed marriage and family therapist in any one of the fifty States, the District of Columbia, the Commonwealth of Puerto Rico, Guam or the U.S. Virgin Islands. The deadline for submission of solicitation package is July 25, 12 p.m. For details, call Ms. Kobayashi/FISC Contracting at 243-6835 or 046-816-6835. Location: U.S. Naval Hospital Yokosuka. Solicitation#: 08-Q-2424.

Post-Deployment Service Coordinator – The Government is seeking to place under contract, an individual who holds a current, unrestricted license to practice as a licensed social worker or licensed marriage and family therapist in any one of the fifty States, the District of Columbia, the Commonwealth of Puerto Rico, Guam or the U.S. Virgin Islands. The deadline for submission of solicitation package is Aug. 1 at 12 p.m. For details, call Ms. Kobayashi/FISC Contracting at 243-6835 or (046) 816-6835.

Location: BMC Iwakuni. Solicitation#: 08-Q-1355.

Location: BMC Sasebo. Solicitation#: 08-Q-2130.

Pediatric Physical Therapist – The Government is seeking to place under contract, an individual who holds a current, unrestricted license to practice as a licensed Physical Therapist in any one of the fifty States, the District of Columbia, the Commonwealth of Puerto Rico, Guam or the U.S. Virgin Islands. The deadline for submission of solicitation package is Aug. 1 at 12 p.m. For details, call Ms. Kobayashi/FISC Contracting at 243-6835 or (046) 816-6835.

Location: EDIS Misawa AFB. Solicitation#: 08-Q-2425.

Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, Classroom 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, Classroom 2, 3 and 5	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)

2nd AND 4th THU Classroom 10 1800

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*

WED Middle School – Quest 1600
High School – One Way 1830

Protestant Women of the Chapel*

TUE Bible Study, Classroom 10 1830
THU PRECEPTS, Fellowship Hall 0930
THU Bible Study, Classroom 7 1600

Japanese Women's Bible Study*

TUE Main Chapel/Fellowship Hall, Classrooms 0930

COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 5 0900

Men's Christian Fellowship

TUE Study Group (Fleet Rec 3rd Deck) 1130
3rd SAT Breakfast (Location varies)
**Runs from September to June*

NEGISHI: Chapel of the Rising Sun
• 242-4183

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

Protestant

SUN Worship Service, Main Chapel 1030

IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

SAT Vigil Mass 1900

Pentecostal

SUN Worship Service 1000

Adult Bible Study

WED Nikko Tower Party Room 1800

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, July 28

English as a Second Language (ESL) 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an every-day setting.

Tuesday, July 29

Area Orientation Brief and Intercultural Relations Class (Pre-registration required) 7:45 a.m. (4 days): **July 29-Aug. 1, this class will be held at the Benny Decker Theater.** Welcome to the Land of the Rising Sun, *kanji*, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.

Government Employment Tips 11 a.m. (2 hrs.): Simple step-by-step approach to correctly completing government application forms such as the SF-171, OF-612, OF-510, and the government-style resume. Definition of federal terms and how to address KSA's are some of the items that will be covered.

Your Japanese Home 8:30 a.m. (4 hrs.): *Tatami* got you down, or mildew taking over? Come learn from our local resident expert how to make your new *uchi* a comfortable home. We'll take you on a field trip to a local store to point out products that can solve your household cleaning problems. We'll also discuss temperature control without thermostats, using your *ofuro*, and taking out the trash Japanese style.

Wednesday, July 30

Youth Enrichment Class – Decision Making (High School Students) 3 p.m. (1 hr.): Decision, decisions, decisions – seems like you always have to make them. We can teach you effective ways of solving everyday problems as well as making appropriate decisions. The training is for ages 15-18 (18 or over if student is still in high school). Must meet 4 times for 1-hour session to obtain a certificate of completion.

Thursday, July 31

No Classes

Friday, Aug. 1

PCS Workshop 8 a.m. (4 hrs.): This 4-hour workshop provides service members and their families an opportunity to prepare for their next PCS move. Participants will benefit by receiving pre-move information from subject matter experts that represent the offices that handle the logistics of PCS moves. A wide variety of informative PCS materials are available at this class, free of charge.

Negishi – Kid's Craft Class 10:30 a.m. (1.5 hrs.): The Kid's Craft Class is a fantastic opportunity to interact with other parents and children while the kids do fun seasonal crafts. All ages are welcome and must be accompanied by an adult.

Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Ayame Tower.

Upcoming Classes

- Aug. 4** Accelerated Transition Assistance Program (ATAP)
Credit Management
English as a Second Language
Labor and You
Communication, Anger, Stress, Assertiveness (CASA)
- Aug. 5** Area Orientation Brief and Intercultural Relations Class
Developing Your Spending Plan
Boot Camp for New Dads
- Aug. 6** Communication, Anger, Stress, Assertiveness (CASA)
Employment Overview
Kamakura Tour
Project Armor
- Aug. 7** Ikego – Play Morning
NMCRS Budget 4 Baby
Saving and Investing
- Aug. 8** Interview Techniques
Ikego – Ukulele Lessons
Yokosuka – Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit our Web site: www.cfay.navy.mil/ffsc/index.htm

Automobiles

'96 Toyota Hilux Surf SSX. 15 months JCI remaining. Inspection due September 2009. Blue and silver. Looks good, runs great. Automatic transmission, power everything, four wheel drive, cold A/C. 107,000 miles. Call Mike: DSN 246-5975, cell 090-6532-5774, e-mail: irongoliath@gmail.com. Asking \$3,000 obo.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models!

American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com. Web site: www.angelmotorsjapan.com.

BMW Military Sales – Factory discount pricing. Pre-purchase plan available for future purchase. Also available quality used European and Japanese cars. Int'l. Auto Emporium Office: (045)787-4335. Mobile: (090) 8485-4701. E-mail: LTM@viola.ocn.ne.jp.

Dodge Grand Caravans, Nitro, Patriots, Wranglers and Jeep Grand Cherokees. American specifications. Drive them in Japan then take them back to the states with you. Warranty work available while you are here in Japan. For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com. **Returning to the states by September 2009???** Now is the time to special order your new Ford or Chrysler vehicle. Order now and pick it up the day you get back to the states! For more information, contact Don Houdek at NEX New Car Sales at 080-3243-4689, or e-mail: dhoudek@militarycars.com.

U.S. SPEC CARS!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Services

2 BZ 2 CLEAN? House cleaning service can be scheduled to meet your routine needs. On or off base. Fluent Japanese speaker. Call 080-3489-7657.

Aydee's Cleaning Services. Trustworthy, responsible, hardworking and pleasant. Specialized in PCSing cleaning. 241-3457.

Birthday cakes and things is back open for business. For my most recent retirement birthday, baby shower and cupcake cakes, please check out www.myspace.com/tinh27, or birthdaycakesandthings.com

Brute Force Photography Available for all your picture taking needs. Birthday parties, command functions, family photos, maternity and holiday portraits, you name it, we do it. E-mail Jen at: bruteforcephoto@gmail.com, or call at 090-8489-4514 for more information or see us on the web at: www.bruteforcephoto.com.

Contractors/DoD Civilians on TDY to Yokosuka? Why stay in a hotel when you can have something better? SAVE most of the PERDIEM you are entitled to for food! Contact yamasmit@jcom.home.ne.jp.

Driver's Education Class. Next class begins Sept. 15, 2008. Open to SOFA personnel. High school students must be 16 years old. Contact Mike Adair, mikeadair1@yahoo.com, or 080-6515-9897. Cost ¥31,000. Class size limited.

G's Salon – Waxing (B.B and all kinds), Manicure, Facials. "Straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

Hair salon in Yokohama hair expert for foreign Women and Men. Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

LTO Runs and Free Junking. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: reikoltoruns@yahoo.com. 日本語もOKです!

LTO runs and Junking Services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO Runs and Junking Service. New registration, JCI inspection, title transfer, de-registration. For a quick LTO Run, call Gino, 080-5405-3788 or 241-3788.

LTO Runs and Junking Services. New registration, JCI, inspections, road tax, temporary plates, title transfer, JCI renewal, minicars, change address. Please call Theresa, 241-3427 or 080-3392-4384.

LTO Run and Junking Services. New registration, Japanese inspection, renewal, transfer address, deregistration, road tax and title transfers. Call Elvie at 090-4585-8329.

LTO Run and Junking. Please call Emma, 090-1813-5382, 080-3426-6890, or fax or leave message at (046) 825-1885 anytime.

LTO and Free Junking. Need to junk it now? Don't wait days. JCI inspection, title transfers, road tax, deregistration, T-plate. 12 years in

Japan. Negishi, Ikego, any transmission OK. Call Derrick, 241-4415 or 090-3592-8809.

LTO Runs and Junking Services. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, change of address. Road tax, temporary plates. 日本語もOK. Call Cherry, 080-5046-0689.

Junking Services. Car junk and deregister your car in a day or less. LTO Runs from Yokosuka, Negishi, Ikego and off base OK. Call D at 080-3467-7248.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

New to Japan? Learning Japanese will enhance your dining and shopping experience. We also help with survival sentences and preparation for JLP Test which will help with career! Contact us: sensei4urs@gmail.com.

PCS-ing? Moving to Washington State? (Bangor, Silverdale, Bremerton, Everett) I could help you find your dreamhome and investment. Please call Mae Dizon-Prudential, NW Real Estate.

Mobile: 360-535-3721, home: 360-692-7586, e-mail: mae@pnwre.com. Web site: maed.pnwre.net.

Piano Lessons. All ages and ability levels accepted. Six years experience, degrees in Piano Performance and Music Education. Contact Kayla, 246-8804.

Princess House Party. Come and be entertained using our "Princess House Products." Every Saturday one o'clock. Call Helen, 241-4811, helenglen@yahoo.com. "SOFA sponsored personnel only." Best quality, elegant products. Catalogues available.

Professional Resume Writing. Military-to-Civilian Resumes. Federal, KSA, Resumes-from-scratch, Veteran owned and operated. Any resume consulting. www.anyresume.com, anyresume@gmail.com.

マリッジカウンセリング. ミリタリーメンバーと結婚し、言葉の壁や習慣・価値観の違いにとまどい、良い夫婦関係が築けない日本人女性のためのカウンセリングです。http://marriage-counseling.hp.infoseek.co.jp/ Call 090-6300-1220, or suzukiyokosuka@yahoo.co.jp.

整体 (Chiropractic in Yokohama for women) 横浜駅東口3分! その痛み我慢しないで! 1 hr. - ¥6,000. - 女性限定。受付時間11 a.m.-7 p.m. (Closed every Sunday)。癒しの風ほっと屋 Call us now!! 080-5433-4533(留守電の場合はメッセージをお願いします。)

Wanted

Basketball scorekeepers wanted. Must be able to work nights and weekends, no exceptions. Interested, contact jasoabasketball@gmail.com.

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available. オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか? 月曜-金曜(Kitty Hawkが入港中) 4 a.m.-8 a.m.は(2時間でもOK) 運転好きなら、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

Looking for a part-time English instructors. You can set your own lesson fee, teaching schedule and location. Please e-mail your resume at: support@lily-ec.jp and get more information.

Needed nanny from 7 a.m.-4 p.m., Monday-Friday in our home on Yokosuka main base. Must care for two children (5 years old) before and after school and one all day (2 years old). Must care for all three when school is out or when students are released early. Light housework required. Pay: \$1,350/month. Interested individuals, call 090-9390-6806.

Positions

Facility Engineers (Heavy Electrical Machinery Division). 1. Have educational background on electricity and understand electrical theory. 2. More than three years on-the job experience for heavy electrical machinery. 3. Business level English and Japanese (speak, write). 4. Proper valid work visa. Workplace: Tokyo Metropolitan area. Pay: ¥350,000 and above/month. Transportation cost paid (Max. ¥40,000). Paid vacation and holiday. Retirement age: 65 years old. E-mail your resume to: m-watanabe@s-mt.co.jp. Shi-ei Real Estate Business Co., Ltd.

Laboratory Technician needed at The Center for Health Promotion and Preventive Medicine-Pacific, Camp Zama.

U.S citizen possessing a Bachelors of Science in Life Science is desired. Please contact Captain Guan at 263-8490, or jian.guan@amedd.army.mil.

University of Phoenix Yokosuka is seeking qualified part-time

practitioner faculty in the MBA program. Candidate must have MBA or related degree. Please contact Jim, jimparkins@email.phoenix.edu, or stop by our office.

Announcements

A Chance to Be Rich is Now. What you do now, will determine your future. Invest in prime properties close to Fabulous Las Vegas. Buy now while it is still low and affordable. Low down payment with HIGH PROFIT. No qualifying, No credit check, for sale by owner. Your money will NOT grow in the bank. It's the right time, the right location, the right terms. Don't be left out this time. Act now. Invest with us and grow rich. For info and details, e-mail: LAND4INVEST@live.com. **House for Rent.** PCSing to Hawaii? I have a 2-storey 4BR, 2.5 BA home for rent. \$2,600/month. Located in Ocean Pointe, Ewa Beach. Call 241-2519 for more details.

Japanese/American Cultural Exchange Club. Learn English and about cultures. First three Wednesdays – 6:30 to 8:30 p.m. Near front gate. Contact Morris at mogator2003@yahoo.com, or H. Suzuki at suzuki39@kyp.biglobe.ne.jp.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$350/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

Shinjuku World Friends International Party, Aug. 2, Sat, 6:30-8:50 p.m., Shinjuku Tokyo Loose. The full-scale international party in Shinjuku. Meet 200 people. 20 kinds of free cocktails. Free snacks with sandwiches. Male, ¥3,500. Female, ¥3,000. http://www.world-friend.com. Call 080-2001-0512, party@goover.co.jp.

Unable to locate jobs on military bases? Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: rikisan2007@hotmail.com, or visit my Web site at: http://anderson.nsedreams.com.

We offer our dishes unforgettable experience, combining exquisite cuisine from all regions of India with a graceful ambience. Great exotic tastes that exhibit the riches of a glorious past and the luxury of a colorful presents. We have many innovative dishes not found at other Indian restaurants and prepare your food exactly the way you like. Tel. (046) 821-1922, 080-3015-1749.

Yokosuka Baptist Church. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

The deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance). Submitted classified ads will be published after payment has been confirmed.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

For more information, please call Asahi Advertising, Inc. at 243-3100/ (046)816-3100, or contact them at:

seahawk yokosuka@ys020407.americablejapan.com

The point of contact is Keiko or Tomomi, account executives. Regular business hours are Monday-Friday from 10 a.m. to 4 p.m.

Asahi Advertising, Inc.



Large harbor tugs assist guided-missile cruiser *USS Cowpens* (CG 63), as the ship wraps up a maintenance availability and departs dry dock at Commander Fleet Activities Yokosuka July 17.

U.S. Navy Photo by MC2 Nardelito Gervacio



Visitors to the base during CFAY Sunday July 20, read historical posters detailing historical sites located around the base. The posters are used to show historically significant sites of the base before and after the U.S. assumed control of the base in the 1940's. CFAY Sunday is held the third Sunday of every month to help foster and support mutual understanding between CFAY and the residents of Yokosuka.

Photo by Dan Bowen



Sailors of the Visit, Board, Search and Seizure (VBSS) team aboard guided-missile destroyer *USS John S. McCain* (DDG 56), make their approach in a rigid hull inflatable boat (RHIB) during a training evolution July 15.

U.S. Navy photo by MC2 Byron C. Linder



(Left) Christopher Starostka, Cristine Vock and Kenneth Holland show off their brand-new black belts they earned after 18 months of diligent practice and hard work. The three Shorinji Kempo students were bestowed the rank of "first dan" by Shorinji Kempo Headquarters with certification certificates. Shorinji Kempo is a martial art that focuses on the defense of self and others. The martial art is taught on base at Purdy Gym every Monday and Friday.

Photo by Toshiyuki Tamura

Konnichiwa!



(Left) DeCA Commissary Sales Store Technician Alberto Ricafrente checks the ID card of a customer at the entrance of the store.

Photo by Yuji Kawabe

- | | |
|----------------------------------|------------------------------|
| Where do you work? | DeCA Commissary Yokosuka. |
| How long have you been in Japan? | Two years. |
| What is your favorite food? | Chicken and beef steak. |
| Life goal? | To travel and see the world. |