If you build it...

BUCN Lawanda Young, from Sudan, Texas, assigned to Navy Mobile Construction Battalion (NMCB) 1, shovels dirt in preparation for the installation of a new sign in front of the Commander Fleet Activities Yokosuka Security Office July 22. NMCB 1 is one of eight active battalions tasked with providing advanced base construction and battle damage repair, contingency engineering, humanitarian assistance and disaster recovery support to fleet and unified commanders.

U.S. Navy photo by MC3 Andrew Ryan Smith

Konnichiwa

Camp Adventure Swimming Instructor and Life Guard Barrett Shepherd provides swimming lessons to children of military families at the BOQ pool.

Photo by Yuji Kawabe

Where is your hometown?	Susanville, Calif.
How long have you been in Japan?	Seven weeks.
What is your favorite food?	Chicken fried steak.
What is your life goal?	To get a Ph.D. in anthropology and be a professor.

Yokosuka Navy Exchange (NEX) Electronics Department Manager Michael Owyen and Apple Representative Julie Bailey cut the ribbon officially opening the Apple Store in the main exchange during a grand opening ceremony July 20. NEX opened the Apple store as a prerequisite for authorization to sell the Apple iPad.

Photo by Kazue Young

YNSN Seaman Dale Baluyot, a San Diego native, works on his upper body strength as part of his command physical training program at Purdy Fitness Center on board Commander Fleet Activities Yokosuka July 23.

U.S. Navy photo by MC3 Andrew Ryan Smith

Sailors prepare to shift colors aboard the aircraft carrier *USS George Washington* (CVN 73) (*GW*) as the ship arrives in Busan, Republic of Korea July 21. This is the first port visit for *GW* during its 2010 summer patrol in the western Pacific Ocean and the second visit to Busan by the ship since October 2008. The Republic of Korea and the United States conducted a combined alliance maritime and air readiness exercise "Invincible Spirit" in the seas east of the Korean peninsula July 25-28.

U.S. Navy photo by MC3 Rachel N. Hatch