



CFAY college graduates receive degrees



Pg. 8

CFAY Navy Ball focused on "Preserving legacies, inspiring Sailors"

Story and photo by Mark Elrod, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) celebrated the 233rd United States Navy (USN) birthday during its annual Navy Ball in the Purdy Gym Oct. 11.

"It's a gathering for everyone who serves in the states and overseas," said Personnel Support Detachment Yokosuka Personnelman Seaman Timothy B. Kirkpatrick, of Atoka, Tenn., who took part in the ceremonial cake cutting as the youngest Sailor present at the ball. "It brings everyone together and boosts morale."

Coming together for one cause is not something new to the Navy, but for some Sailors it's a first-time experience.

"This is my first Navy ball. It is my first tour," said Lt. j.g. Mathew J. Clemens of U.S. Naval Hospital (USNH) Yokosuka. "I am kind of new here, but the spirit of camaraderie is just here. I don't have to create it. That's a sense of community that you really don't get in other workplaces and I certainly haven't had it before."

The official theme for the 2008 ball was "Preserving legacies, inspiring Sailors," and in keeping with that theme, during the ceremony, there was naval heritage presentation where Sailors read aloud letters, from a Sailor during the war of independence, to a Sailor during the present war on terrorism.

After the presentation, CFAY Commanding Officer Capt. Daniel L. Weed addressed the attendants regarding naval heritage and its importance.



(Left) CNFJ Rear Adm. James Kelly, in keeping with tradition, assists the youngest Sailor, PNSN Timothy B. Kirkpatrick and the oldest Sailor, Capt. Gerald L. Wilks, in performing the ceremonial cake cutting during CFAY's 233rd Navy Ball Oct. 11.

"Our naval history tells a story of courage, of valor, of honor," said Weed. "To move forward towards our future we must never forget how we rise each day, struggle against multiple challenges, over come every obstacle. It is not for love of self, or fear, or quest for fame; it is for our heart, our United States of America and our soul, our Sailors."

Maintaining the traditions, level of performance and pride is something that all Sailors should do.

"It is up to every one of us to keep that attitude and culture alive," said Master Chief Petty Officer of the Navy Joe R. Campa Jr. in his birthday message to the fleet. "We will preserve those traditions that are unique to the Navy and we must never lose sight of who we truly are."

In addition to the U.S. Sailors and Marines who attended to celebrate the Navy's birthday, Sailors from the Japanese Maritime Self-Defense Force (JMSDF) were on hand to join in the celebration.

"My favorite part of the Navy Ball is being able to see the Japanese Sailors along side with us because it shows to me a big spirit of cooperation," said Clemens.

The spirit of cooperation is a result of the working relationship between the JMSDF and the USN.

"We are two countries we are two nations, we are one Navy," said

Commander U.S. Naval Forces Japan (CNFJ) Rear Adm. James Kelly in reference to the relationship between the Japan Maritime Self-Defense Force and the United States Navy. "This night is a chance for us to celebrate everything that is near and dear to us as two countries and one Navy."

FDNF Sailors attend 2008 International Fleet Review celebration

Story and photo by MC2 Byron C. Linder, Fleet Public Affairs Det., Japan

Forward-deployed naval forces (FDNF) Sailors from Carrier Strike Group Five (CSG 5) attended the 2008 International Fleet Review (IFR) celebration performances at the Busan, Republic of Korea Cultural Center Museum Theater Oct. 8.

CSG 5, composed of the aircraft carrier *USS George Washington* (CVN 73), guided missile cruiser *USS Cowpens* (CG 63) and guided missile destroyers *USS McCampbell*

(DDG 85) and *USS John S. McCain* (DDG 56), are in Busan celebrating the IFR. The Republic of Korea (ROK) hosts the once-a-decade IFR to commemorate the anniversary of their government and armed forces' foundation. This year's event marks the 60th anniversary.

The IFR is an international event aimed to promote mutual understanding and cooperation among participating naval services, which include the ROK and U.S., Australia, Canada, China, India, Indonesia, Japan, Malaysia, New Zealand, Russia, Singapore, Thailand and the United Kingdom. Fleet reviews are carried out to mark historic milestones and to develop international relationships.

The event commenced with the Busan Metropolitan Dance Company performing a

carefully choreographed "Bu-Chae-Chum," or "A Dance With a Fan." The brightly attired dancers followed up the fan dance with a traditional Korean dance called "Chun-Joup." The company closed their performance with a precision traditional Korean percussion demonstration called "Bak-du Dae Gan," or "The Great Baek-Du Mountains."

Following a brief intermission, the 2003 World Magic Seminar gold medalist magician, Eun-Gyeol Lee performed a well-received magic show. A Taekwondo performance displaying precision board-breaking and a "fusion concert" featuring a

Korean street dancing team and a new age electronic string music trio closed the evening in memorable fashion.

McCain's Electronics Technician 2nd Class Gerald Spears of Modesto, Calif., noted the unique fusion of American and Korean cultures in the performances.

"I found it to be enjoyable. The performances were entertaining," Spears said. "Seeing the traditional Korean culture mixed with some American style was interesting."

USS John S. McCain (DDG 56) Commanding Officer Cmdr. John S. Banigan gives a Korean child a ship's coin after receiving a traditional flower wreath that was presented to welcome *McCain* to Busan, Republic of Korea Oct. 8. *McCain* is in Busan to celebrate the 2008 International Fleet Review.



32ND MIKOSHI PARADE
SUNDAY, OCT. 19, 9 A.M. TO 5 P.M.





Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

司令官の相談室

Housing High-Rise Towers Evacuation Drills

– The CNFJ Regional Fire Department will be conducting annual fire evacuation drills for all High-Rise housing towers. Your active support is needed to make this a success. All evacuation drills are scheduled on the weekends. Yokosuka is scheduled for Oct. 18 and 19 between the hours of 10 a.m. to 4 p.m., and scheduled for Ikego Oct. 25, between the hours of 10 a.m. to 2 p.m. Each drill will take approximately 30 minutes per tower. Use the stairwells to evacuate the building. After the drill, come to the party room as directed by Fire Department personnel to receive a fire safety lecture. Call 243-5170/4637 for more information.

Federal Employees Health Benefits (FEHB) Open Season Briefing

– Representatives of the American Foreign Service Protective Association (AFSPA) will hold FEHB Open Season Briefings from 10:30 a.m. and noon, Oct. 28 at the Human Resources Office (HRO) Yokosuka Training Room (1F), Bldg #1472. This briefing will give federal employees a chance to think of their specific coverage needs while overseas. For class registration, please send an e-mail to Eiko.Norinaga.JA@fe.navy.mil. The size of the class is limited to 30 persons for each session.

Narita/Yokota Shuttle Bus Rate Change

– Effective immediately, the rate for official travel on the Narita/Yokota Shuttle bus is \$32 per person and is set to recover operating expenses of the service. All CFAY and tenant command travelers on temporary orders or Permanent Change of Station (PCS) orders are required to utilize this government provided transportation unless a valid operational requirement restricts its use. All personnel requiring ground transportation to Narita Airport or Yokota Air Base must coordinate their transportation request with the shuttle bus office and provide a copy of travel orders in person to building B1555, by fax at 243-9594 or e-mail to cfaybus@cfay.navy.mil. Adherence to the mandatory use of the bus service will help to maintain a reasonable bus rate. Contact Hirofumi Ishizuka at 243-8255 for more information.

Q: I am writing today to ask that a better system for getting out news/information to families be implemented. This is not my first tour overseas. However, I must say this is my first time feeling so disconnected from what is going on around me. I live in Ikego, not on Yokosuka base, I am not privileged to the same information being released there. Unfortunately, we cannot pickup Eagle 810 radio at all here in my particular unit and very rarely in my car until I reach Yokosuka. Channel 12 is a wonderful idea, if it could get the

“technical difficulties” resolved. As the Navy strongly encourages people, I try to stay informed of my surroundings and alert to current news events, weather alerts, etc. Wives of deployed service members, such as myself, rely heavily on the base/security to keep us informed of any pending inclement weather. I cannot speak of the warning systems in Yokosuka, as I do not live there, but in Ikego those warning systems are severely lacking! We have a board updating our Tropical Cyclone Condition of Readiness (TCCOR) status that is never updated, even when in TCCOR II. All over the base in Yokosuka they also have flags posting weather conditions, but I have yet to see any here. Channel 12 was running that information until it went down and the CFAY Web site is rarely current. The Seahawk is also useful but the information is usually from the previous week. Please tell me what resources are available to me and others like me that I am possibly unaware of.

A: The information provided to the whole CFAY community, to include Negishi and Ikego housing detachments, is the same and provided via Channel 12, the Seahawk and the Web site (www.cfay.navy.mil). During the last inclement weather period, CFAY Channel 12 was operational and not experiencing any technical difficulty. Storm information and TCCOR updates were relayed until the storm passed. Additionally, information on storms and sever weather can be found on the Weather Channel 13.

Q: Is it possible to add a notice on the base Channel 12 about the Yokosuka4sale.com Web site? Most of us new families have no idea what is available here, especially when it comes to vehicles; and when you don't have a vehicle it is very hard to “drive” around and see what is being sold. The only other way is via the commissary board, used car lot and the boards at the post office in housing. I know there is no “Craigslis” for Yokosuka so learning of this site was a blessing. It also has other items for sale.

A: We have contacted the manager of the Yokosuka4sale.org Web site for more information so that we can advertise it on channel 12. Many people/organizations to include the CFAY Public Affairs Office were unaware that this Web site existed. Thanks again for sharing information that the whole community can benefit from.

Q: I'm a civilian working for the Japan Maritime Self-Defense Force (JMSDF). I have been allowed to enter the base with my ID issued by JMSDF for more than 20 years. In addition, I have been able to escort the people to the base for more than 20 years with my ID. My ID had been the same style as active duty JMSDF personnel, but, lately, the ID cards for JMSDF civilians were changed. I am allowed to enter the base with my new ID card, but am I still able to escort people with the new ID card?

A: Yes your new ID card works the same way as your old one did. There has been no change in your ability to escort a person onto base.

Q: Our family enjoys going to the movies at the Benny Decker Theater on a regular basis. You can't beat the price, and there is a steady flow of good movies that are shown there. However, I am sometimes disappointed with the decision to not show any child appropriate movies on the weekends. From Sept. 26-Oct. 2 there was only one movie rated under PG-13 showing and it is was on a weeknight. We don't live on Yokosuka base, so driving there from Ikego on a school night doesn't work out for us. I've also noticed that some of the movies shown at Benny Decker were also shown at the Fleet Theater. It doesn't seem fair that when there is an “adult” theater, and a “family” theater, that we should lose out on family movies that can be shown over there during the same week.

A: All of our films are selected for distribution by the Navy Motion Picture Service (NMPS) and we have no direct input as to what movies are received. During the summer months, we may receive up to four new releases per week, while in the off-season we average only two movies per week. Additionally, our movies have limited authorized play periods of approximately 3 - 4 weeks so as you might imagine we're constantly pulling and adding titles to and from the authorized rotation. Currently, we are in the off-season, and we only have a total of 10 movies on hand (one of each), which must support a total of three theaters (i.e. Fleet Theater, Benny Decker Theater and Negishi Theater). Of these 10 movies, all of the titles are rated “R”, or “PG13” with the exception of “Space Chimps,” which has been playing since Sept. 5 and was played in Negishi this past weekend. As a side note, immediately following the summer months, studios tend to release very few “G” or “PG” rated movies for two reasons; first, children are back in school and second, the fall TV series' resume thereby competing with the film industry for the same patron base. In summary, your suggestion is reasonable and we would like to accommodate it. However, we're at the mercy of the film industry's seasonal trends and the negotiations that are conducted between the respective film companies and NMPS. Thank you for your valued feedback and if you have any additional questions, please feel free to contact the Theater Manager, Gregg Hooper at 243-5406 for more information.

Q: Throughout the course of the year, many celebrities, athletes and musicians come to Japan for some type of event. All these celebrities always seem to make it to Yokota Air Force Base and Camp Zama but never to Yokosuka. Is there a reason why the base Morale, Welfare and Recreation (MWR) representatives of these bases are able to get these people to visit the military members of those installations but our base MWR representatives cannot get them to Yokosuka? I have been in Japan for a while and the last celebrities to visit were in 2002.

A: We've had numerous visits by celebrities over the last few years.

While it is true that sometimes Yokota or Zama get visits by celebrities that do not also visit Yokosuka, it's likely we have as many or more that come exclusively to Yokosuka and not to the other bases. For example, we have our next big name musical group, Smash Mouth, playing on Yokosuka Naval Base on Oct. 30.

Action Line correspondence may be edited for length and readability. Your questions, suggestions and “Bravo Zulu” comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next “Commander's Corner” live call-in show is tentatively scheduled for Nov. 6. This is your opportunity to call in and speak with Commander Fleet Activities Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: Seahawk-Umitaka@fe.navy.mil.

Editor's note: Beginning with this issue, the Chaplain's Corner articles that appear on page 13 will now appear on page 12.

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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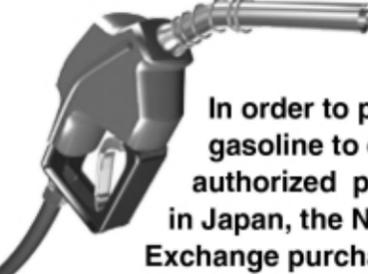
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November School Lunch menu

<p>3</p> <p>Popcorn Chicken w/ BBQ Sauce Peas & Carrots Fruited Jello Orange Wedges Milk</p>	<p>4</p> <p>Pepperoni Pizza Seasoned Corn Garden Side Salad Fruit Cup Milk</p>	<p>5</p> <p>Soft Taco w/Tomato, Lettuce & Cheese Chilled Peas Blueberry Muffin Milk</p>	<p>6</p> <p>Spaghetti w/ Meat Sauce Green Beans & Carrots Garlic Toast Fruit Cocktail, Milk</p>	<p>7</p> <p>Baked Fish Sticks Cucumber & Carrot Sticks Banana Dolphin Crackers Milk</p>
<p>10</p> <p>Honey Baked Chicken Rice Steamed Broccoli & Carrots Chilled Pineapple Milk</p>	<p>11</p> <p>NO SCHOOL VETERAN'S DAY</p>	<p>12</p> <p>Ham & Cheese on Wheat Bread Sliced Cucumber w/ Fat Free Ranch Dip Chilled Peaches Milk</p>	<p>13</p> <p>Cheese Pizza Fresh Carrots w/ Fat Free Dip Apple Quarters Goldfish Crackers Milk</p>	<p>14</p> <p>Popcorn Pork Nuggets w/ BBQ Sauce Mac & Cheese Garden Side Salad Fruit Cup Milk</p>
<p>17</p> <p>Baked Chicken Nuggets Steamed Broccoli Garlic Roll Applesauce Milk</p>	<p>18</p> <p>Cheese Pizza Fresh Celery w/ Fat Free Dip Chilled Peas Fruited Jello Milk</p>	<p>19</p> <p>Turkey Sausage Waffle w/ Syrup Packet Baked Tater Tots Banana Milk</p>	<p>20</p> <p>Hamburger on Wheat Bun Baked Potato Wedges Fruit Cup Ice Cream Milk</p>	<p>21</p> <p>Baked Corn Dog Garden Side Salad Chilled Peaches Fruited Jello Milk</p>
<p>24</p> <p>Beef Frank on Wheat Bun Seasoned Corn Orange Slices Fruited Jello Milk</p>	<p>25</p> <p>Pepperoni Pizza Cucumber Slices w/ Fat Free Dip Fruit Cup Milk</p>	<p>26</p> <p>Nacho Chips w/Taco Meat & Cheese Garden Side Salad Choco Chip Cookie Apple Slices Milk</p>	<p>27</p> <p>NO SCHOOL THANKSGIVING DAY</p>	<p>28</p> <p>Baked Chicken Nuggets Pasta Salad Cucumber Slices w/ Fat Free Dressing Fresh Orange Slices Milk</p>

AUTOPORT



In order to provide gasoline to our authorized patrons in Japan, the Navy Exchange purchases fuel from the Defense Energy Support Center (DESC). The cost of fuel procured from DESC is established by DoD and is a determining factor in the price we establish at the pump. While gasoline prices have recently seen some decline in the States, the cost of fuels from DESC has remained unchanged and is currently higher than the retail price at the pump. The Navy Exchange is sensitive to the price of fuels and is committed to providing value for our patrons. If the Navy Exchange receives any change in cost price of fuel, we will certainly adjust pricing at the pump accordingly.

If you have any questions on our gasoline pricing policy, please feel free to contact
Mr. Mike McGriff at 243-6626.

* In the event that an item on the menu is unavailable, an item of equal or greater nutritional value will be provided.
* Lunch Tickets available only at your local NEX Customer Service Counters.



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NEGISHI

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YOUR NAVY EXCHANGE PROFITS SUPPORT MWR PROGRAMS & SERVICES

Training Center opens

By MCSN Christal A. Ferris,
CNR Southwest Public Affairs

Commander, Navy Installations Command (CNIC) opened the doors to the new Shore Force Training Center (SFTC) with a ribbon-cutting ceremony at Naval Air Station North Island Oct. 9.

The overall mission of the SFTC is to train Navy installation personnel in the proper actions during catastrophic emergencies and other shore installation situations, while integrating those actions with the rest of the Navy.

CNIC Vice Adm. Bob Conway said the center is a culmination of years of work to integrate efforts across the shore facilities and to enhance the sea-shore interface.

"We've taken situational awareness to a new level. In almost real time, everybody is alerted. If there's something happening at one base, other commanders are aware of it," said Conway.

The center is the only one of its kind in the Navy and is designed to support training throughout the worldwide Navy shore structure using state of the art technology and coordinated communications protocols. It provides an emergency management curriculum that will include classroom instruction, an information library, individual and unit-level distributed learning, self-paced interactive computer-based scenarios and Navywide all-hazards exercise events.

USS Cowpens departs Wakayama

By USS Cowpens Public Affairs

USS Cowpens (CG 63) departed Wakayama, Japan, Sept. 30 following a scheduled four-day port visit.

During the visit, the ship's crew had a chance to participate in friendship-building activities, meet local citizens, and experience local customs and traditions.

The crew members of *Cowpens*, commanded by Capt. Holly A. Graf and forward-deployed to Yokosuka, Japan, spent their four days in Wakayama and nearby cities visiting sites of interest in the area, including Mt. Koya, Wakayama Castle, and Universal Studios. After an extended period at sea, the crew was grateful to pull into Wakayama to rest and experience the culture in Japan.

"I feel lucky to visit a port with so much history associated with it," said Electrician's Mate Fireman Scott Hay.

Fifteen *Cowpens* Sailors also participated in a community relations project at Aitoku Seishi-en, a medical facility for children with physical and mental handicaps.

After interacting with the children and assisting with light cleaning duties at the facility, Lt. David Bradley said, "I very much enjoyed meeting these very special children. May our visit be one of encouragement for those whose lives have been affected by physical challenges."

The ship is underway on a scheduled deployment in the U.S. 7th Fleet area of responsibility.

The U.S. 7th Fleet is the only forward-deployed U.S. fleet with approximately 60-70 ships, 200-300 aircraft, and 40,000 Sailors and Marines assigned at any given time.



CSSR Charles K. Adu and GSM3 Jonathan B. Navarro from the Ticonderoga-class guided-missile cruiser *USS Cowpens* (CG 63) participate in a cleaning project during a visit to the Aitoku Seishi-En Children's Medical Facility Sept. 29.

U.S. Navy photo by EM2 Jonathan Clark

Family, friends join USS Stethem underway for a day

By Ensign Allison Tyler, *USS Stethem* Public Affairs

USS Stethem (DDG 63), a guided missile destroyer forward-deployed to the Western Pacific Ocean, held its Family Day cruise Sept. 27.

The first such event since May 2007, the "Steelworkers" enjoyed the opportunity to show their family and friends what life was like at sea. It was also a unique opportunity for everyone to experience Japan from the sea.

The crew brought many of their family and friends on the day cruise up to Tokyo and down to Sagami-Wan. The weather was cooperative and such sights as Tokyo Disney, the Cosmo Clock 21 and Landmark Tower in Yokohama were easily visible from *Stethem's* decks.

In addition to the view, the *Stethem* guests were also treated to tours of the combat information center (CIC), crew berthing, the mess decks and the bridge. There were static displays set up to demonstrate the damage control equipment and small arms used on board. Senior petty officers also gave topside tours explaining many of *Stethem's* capabilities.

Another highlight was the reenlistment ceremony for Information Systems Technician 2nd Class Jeremy Erickson, held on the foc'sle while en-route back to Yokosuka. His wife, Emma, was able to be there as he was formally discharged and then sworn back into the Navy. It is not often that families can join a reenlistment ceremony while underway, making the event memorable.

More than 100 family and friends joined the crew on the Family Day cruise. For many, it was the first opportunity they had to experience what their loved ones' lives are like when they are underway.

"It was great to be here for my husband's reenlistment," said Emma Erickson. "Everyone here has been really nice. This is a part of my husband's life that I don't get to see much of, and I had a lot of fun."

USS Stethem (DDG 63) is part of the forward-deployed naval forces (FDFNF) and



USS Stethem (DDG 63) guests pose for pictures with the ship's mascot, the "Stethem Bee" during the ship's Family Day cruise Sept. 27.

U.S. Navy photo by ISC(SW) Marc de St. Aubin

operates with the *USS George Washington* (CVN 73) Strike Group. *Stethem* is commanded by Cmdr. Shan M. Byrne. The ship is named in honor of Petty Officer Robert Stethem, killed by terrorists when they hijacked TWA Flight 847 in 1985. Petty Officer Stethem was posthumously awarded the Bronze Star for the heroism he displayed that day.

MWR Happenings

Morale, Welfare & Recreation

32nd Annual Mikoshi Parade *Open Base Event*
 Sunday, October 19
 from 0900 to 1700
 Come out and experience Japanese culture at its *most fun* at this annual Yokosuka tradition!



Admiral Arleigh A. Burke Officers' Club Presents
 Chef Robert Fair and Chef Atsushi Kamura's
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MWR HALLOWEEN FESTIVAL *Call 243-1215 for more info.*

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Saturday, October 25 from 1700 to 2200 at Purdy and Thew Gymnasiums



THURSDAY, OCTOBER 30 AT 1800 AT THE BOWLING ALLEY PARKING LOT

Smash Mouth
LIVE CONCERT

Collectively, Smash Mouth has sold more than 10 million albums worldwide. Along with their number one hits – *Walkin' on the Sun* and *All Star* – they have consistently impacted radio with other recognizable hits like *Then the Morning Comes*, *Can't Get Enough Of You Baby*, and a cover of The Monkees classic *I'm a Believer*, which was prominently featured on the *Shrek* soundtrack.

A quick listen to their music and you realize the multi-platinum Smash Mouth is a 60s influenced garage band with a keen pop sensibility that maintains a timeless quality, a style they have created and that is all their own.

Having long since established itself as the ultimate true-to-life California party-band the vibe surrounding Smash Mouth is indeed – at its core – about having fun.

For more information call 243-5215.

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Benny Decker

Friday, October 17
 1730 The Longshots PG
 2030 The Express PG
Saturday, October 18
 1300 The Longshots PG
 1730 The Express PG
 2030 Traitor PG13
Sunday, October 19
 1300 Beverly Hills Chihuahua PG
 1730 Beverly Hills Chihuahua PG
 2030 The Express PG
Monday, October 20
 Closed for Maintenance

Tuesday, October 21 \$1 Movie Night
 Closed for Maintenance
Wednesday, October 22
 Closed for Maintenance
Thursday, October 23
 Closed for Maintenance
Friday, October 24
 Closed for Maintenance

Fleet

Friday, October 17
 1800 Eagle Eye PG13
 2100 Death Race R
 2400 Body of Lies R
Saturday, October 18
 1800 Body of Lies R
 2100 Mirrors R
 2400 Death Race R
Sunday, October 19
 1800 Traitor PG13
 2100 Death Race R
Monday, October 20
 1800 The Longshots PG
 2100 The House Bunny PG13

Tuesday, October 21 \$1 Movie Night
 1800 Sisterhood of the Traveling Pants 2* PG13
 2100 The House Bunny PG13
Wednesday, October 22
 1800 Beverly Hills Chihuahua PG
 2100 Mirrors R
Thursday, October 23
 1800 The Express PG
 2100 The Longshots PG
Friday, October 24**
 1800 Beverly Hills Chihuahua PG
 2100 Babylon A.D. PG13
 2400 Disaster Movie PG13

*Final Showing
 **Age restriction will not be in effect tonight.

Negishi

Friday, October 17
 1900 Beverly Hills Chihuahua PG
Saturday, October 18
 1300 Beverly Hills Chihuahua PG
 1900 The House Bunny PG13

Sunday, October 19
 1300 Sisterhood of the Traveling Pants 2 PG13

ITT Tours

ITT Current Tours (November/December)
 -Sign up now

Saturday, November 1
 Tokyo Sightseeing Tour \$45A/\$32J/\$28C
Sunday, November 2
 Fukiware Waterfall, Apple Picking and Usaburo Kokeshi Doll Factory \$80A/\$66J/\$59C/\$25I
 Togo Shrine Sales and Asakusa-bashi Shopping \$30A/\$21C/\$10I
Saturday, November 8
 Nagatoro Riverboat Ride, Chichibu Festival Museum and Mt. Hodo Hiking/Cable Car Ride \$88A/\$57C/\$25I
 Yokohama MM 21 District Shopping Tour \$22A/\$16C/\$8I
Sunday, November 9
 Mt. Fuji East Area Winter Sightseeing \$70A/\$45C/\$20I
 Tokyo DisneySEA Amusement Park \$86A/\$73J/\$59C/\$15I
Sunday thru Monday, November 9 thru 10
 Takayama, Hida-no Sato Folklore Village and Inuyama Castle Overnight SGL \$290A TWN \$255A/\$200C/\$90I
Tuesday, November 11
 Fukuroda Waterfall, Tsukimachi Waterfall, Experience of "Suki-e" (Picture on Washi Paper) and Apple Picking \$87A/\$67J/\$50C/\$30I
 Tokyo Disneyland Amusement Park \$86A/\$73J/\$59C/\$15I
 Fuji Safari Park \$73A/\$47C/\$20I
Saturday, November 15
 Spa Resort "Hawaiians" with Lunch Buffet \$87A/\$66J/\$49C/\$25I
 Kisoji Old Japanese Post Towns and Soba Making \$100A/\$75C/\$35I
Sunday, November 16
 Joren Waterfall, Nanadaru Open-Air Hot Spring with Seven Waterfalls \$73A/\$61J/\$49C/\$25I
 Fujikyuu Highland Amusement Park \$84A/\$73J/\$58C/\$20I
Thursday, November 20
 Costco Seaside Kanazawa Shopping \$10A/\$5C
Saturday, November 22
 Kitakata Old Store-house District, Tsuruga Castle and Aizu Samurai Apartment \$99A/\$78J/\$66C/\$35I
Sunday, November 23
 Mt. Fuji East Area Winter Sightseeing \$70A/\$45C/\$20I
Wednesday thru Friday, November 26 thru 28
 Kyoto Sightseeing Overnight SGL \$750A TWN \$600A/\$535C/\$128I
 TRL \$550A/\$485C/\$128I
Thursday, November 27
 New Sanno Hotel Thanksgiving Day Brunch and Edo Tokyo Museum \$58A/\$50J/\$30C/\$10I
 Tokyo Disneyland Amusement Park \$86A/\$73J/\$59C/\$15I
Friday, November 28
 Tokyo DisneySEA Amusement Park \$86A/\$73J/\$59C/\$15I
 Experience of Bullet Train Ride, Gyoza Lunch, O-ya Heiwa Kannon and O-ya Stone Museum \$137A/\$91J/\$81C/\$25I
Saturday, November 29
 Hakone Sightseeing with Open-Air Museum \$78A/\$64J/\$49C/\$20I
 Noritake Square, Christmas Sales at China Pete's and Camp Zama Shopping \$31A/\$22C/\$10I
Sunday, November 30
 Mitsui Outlet Park Iruma and Yokota Air Base AAFES Exchange Christmas Shopping \$35A/\$25C/\$15I
 Yunessun Hot Spring with Lunch Buffet \$65A/\$43C/\$15I
Thursday thru Friday, December 25 thru 26
 Odawara Castle, Hakone Glass Forest Museum and Yunessun Hot Spring Overnight SGL \$365A TWN \$295A/\$245C/\$70I
 TRL \$295A/\$245C/\$70I

ITT Tours

ITT Future Tours (December/January)
 -Sign-ups will start on Monday, November 3
Wednesday, December 3
 Chichibu Parade Float Night Festival \$74A/\$52J/\$25C
Saturday, December 6
 Mt. Fuji East Area Winter Sightseeing \$70A/\$45C/\$20I
 Spa Resort "Hawaiians" with Lunch Buffet \$87A/\$66J/\$49C/\$25I
Sunday, December 7
 Narita-san Shinsho-ji Temple and National Museum of Japanese History \$37A/\$23C/\$20I
 Nikko Edo Wonderland "NINJA" Theme Park \$90A/\$58C/\$25I
Tuesday, December 9
 Ikea Kohoku Shopping \$15A/\$8C
Saturday, December 13
 Japanese Paper Lamp Shade Making, Begonia/Owl Park and Shiraito Waterfall \$90A/\$468C/\$25I
 Yunessun Hot Spring with Lunch Buffet \$65A/\$43C/\$15I
Sunday, December 14
 Hakone Sightseeing with Open-Air Museum \$78A/\$64J/\$49C/\$20I
 Tokyo Disneyland Amusement Park \$86A/\$73J/\$59C/\$15I
Monday, December 15
 Setagaya Boroichi Street Fair \$28A/\$20C/\$10I
Thursday, December 18
 Costco Seaside Kanazawa Shopping \$10A/\$5C
Saturday, December 20
 Sanrio Puroland Theme Park \$61A/\$53J/\$45C/\$10I
 Wild Monkey Park at Jigoku-dani Valley and Matsumoto Castle \$85A/\$58C/\$35I
Sunday, December 21
 Mt. Fuji East Area Winter Sightseeing \$70A/\$45C/\$20I
 Heiwajima Antique Fair \$25A/\$18C/\$10I
Thursday, December 25
 Tokyo DisneySEA Amusement Park \$86A/\$73J/\$59C/\$15I
 New Sanno Hotel Christmas Brunch and Tokyo Disneyland Amusement Park Evening Visit \$109A/\$95J/\$70C/\$15I
Friday, December 26
 Fujikyuu Highland Amusement Park \$84A/\$73J/\$58C/\$20I
 Grandberry Mall Shopping with Dinner at Outback Steak House \$59A/\$50C/\$10I
Saturday, December 27
 Wild Monkey Park at Jigoku-dani Valley and Matsumoto Castle \$85A/\$58C/\$35I
 Tokyo Sightseeing \$45A/\$32J/\$28C
Friday, January 2
 New Year Greeting at Imperial Palace \$23A/\$16C/\$8I
Sunday thru Monday, January 11 thru 12
 Nagano Sightseeing with Wild Monkey Park Overnight one person room \$320, two person room \$280A/\$230C/\$89I, three person room \$265A/\$215C/\$89I, four person room \$255A/\$205C/\$89I

MWR ITT & ORC

For details about any of the ITT events listed, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about Outdoor Recreation services, call them at 243-5732.

MWR Theaters

Synopsis

Babylon A.D.
Cast: Vin Diesel, Michelle Yeoh, Melanie Thierry, Lambert Wilson, Gerard Depardieu
Synopsis: Veteran-turned-mercenary Thoorop takes the high-risk job of escorting a woman from Russia to America. Little does he know that she is host to an organism that a cult wants to harvest in order to produce a genetically modified Messiah.

Disaster Movie
Cast: Matt Lanter, Vanessa Minnillo, Gary Johnson, Nicole Parker, Crista Flanagan
Synopsis: Over the course of one evening, an unsuspecting group of twenty-somethings find themselves bombarded by a series of natural disasters and catastrophic events.

Death Race
Cast: Jason Statham, Joan Allen, Ian McShane, Tyrese Gibson, Natalie Martinez
Synopsis: Ex-con Jensen Ames is forced by the warden of a notorious prison to compete in our post-industrial world's most popular sport: a car race in which inmates must brutalize and kill one another on the road to victory.

The Express
Cast: Dennis Quaid, Rob Brown, Nelsan Ellis, Kris Wolff, Charles S. Dutton
Synopsis: A drama based on the life of college football hero Ernie Davis, the first African-American to win the Heisman Trophy.

The House Bunny
Cast: Anna Farris, Katherine McPhee, Emma Stone, Rumer Willis, Kat Dennings
Synopsis: Shelley Darlington has lived at the Playboy mansion for the last nine years. She is Hef's favorite and acts like a den mother to the other girls. On her birthday, she is unceremoniously evicted from Hef's pad for 'being too old.' Homeless and without essential skills, Shelley wanders around L.A. until she finds a new job--the housemother at the most unpopular sorority on campus.

FYI MWR will be upgrading the movie projectors in our theaters! As a result, we have will close each theater on the following dates:
Benny Decker Theater: October 20 thru 24
Fleet Theater: October 27 thru 30.
 We regret any inconvenience this may cause. For more information please call 243-5215.

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

ITT Tickets

Discount Yunessun Hot Spring Tickets
 ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.
Discount Hakkeijima Sea Paradise Tickets
 Discount tickets for Hakeijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.
Tokyo Disneyland and DisneySea Tickets
 Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea*? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

Outdoor Recreation

Intermediate Day Hike to Ooyama, Tanzawa, Kanagawa Prefecture
 Join Outdoor Recreation on November 1 and hike in an area that, in ancient times, was worshipped as a deity by the fishermen along the coast of Kanagawa Prefecture as well as the people who lived below its peak. This four hour - 11km - hike passes through several shrines set amidst a cedar forest. The cost is \$40 per person. Last day to sign up is October 27.
Deep Sea Fishing to Nagai, Miura Peninsula, Kanagawa Prefecture
 Join us on November 2 for a day of fun in the sun. We will catch either Mahi Mahi or Saba while enjoying a great day on the water! The cost is \$150 per person and includes transportation, tackle, bait and an experienced sea captain. Last day to sign up is October 24.
Beginner Surfing Class at Shonan, Kanagawa Prefecture
 Hit the waves with Outdoor Rec on November 8! The trip consists of a four hour class at sea and a one hour mandatory briefing prior to the trip. The cost is \$65 per person and includes surfboard and wetsuit rental. Last day to sign up is November 6.
Beginner Rock Climbing at Kotakuji, Atsugi, Kanagawa Prefecture
 Ascend to new heights on November 8! The rock is a 40m (130ft) high, beginner friendly rock (class 5.6 to 5.8). The cost is \$40 per person and includes transportation and climbing equipment. Last day to sign up is November 3.
Snorkeling at Futo, Izu Peninsula, Shizuoka
 Enjoy snorkeling at the dynamic coastline of eastern peninsula on November 9. Follow that up with a relaxing soak in a hot spring. The cost is \$45 per person and includes transportation and shower room at Futo. Rental gear for snorkeling is available for an additional fee at Green Bay Marina. Last day to sign up is November 6.
Mystery Intermediate Surfing Trip
 Two days prior to this November 11 trip, our trip leaders will check the weather and wave forecast and determine the location of the trip. The cost is \$50 per person for transportation only. Rental surfboards and wetsuits are available for rent at the Green Bay Marina. Last day to sign up is November 7.
Beginner Day Hike at Kinubariyama, Zushi-Kamakura, Kanagawa Prefecture
 This family oriented hike on November 15 will begin near Nagoe Kiridoshi, which used to be one of the important entrances to the ancient capital of Kamakura. Kinubariyama has a spectacular view of Kamakura City, Sagami Bay and Mt. Fuji. After lunch, hike down and visit Houkokuji (Bamboo Temple) before returning to the starting point. The cost is \$25 per person and includes temple admission. Last day to sign up is November 10.

日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り	ベーカー			
事務系 (MLC)					ベーカー	4	NEX-HPT-162-08	I, II, IV
管理専門職	4	SRFJPMC-179-08	I, II, III	Oct. 30, 2008	ベーカー	4	NEX-HPT-106-08(R2)	I, II, IV
管理専門職	5	SRFJPMC-180-08	I, II	Nov. 4, 2008	ボーリング機械修理工	5	MWR-HPT-50-08(R)	I, II, IV
技師職 (建築)	7	FEC-PRY2-010-08	I, II, III, IV	Nov. 20, 2008	当直事務職	4	CFAY-HPT-QHY-06-08(R)	I, II, IV
電気技師職	7	FEC-C1-007-08	I, II, III, IV	Nov. 6, 2008	児童育成プログラム見習 / 補助職	2/3	MWR-HPT-45-08(R)	I, II, IV
技師職 (環境)	7	FEC-PRY41-001-08	I, II, III, IV	Nov. 6, 2008	コック	4	MWR-HPT-48-08(R)	I, II, IV
技師職 (環境)	7	SRFJPMC-161-08(R)	I, II, III, IV	Dec. 1, 2008	コック	4	MWR-HPT-46-08(R)	I, II, IV
技師職 (一般)	7	FEC-C1-003-08(R2)	I, II, III, IV	Oct. 28, 2008	コック	4	NEX-HPT-089-08(R2)	I, II, IV
技師職 (一般)	7	FEC-C1-006-08(R)	I, II, III, IV	Dec. 8, 2008	コック・フォアマン A	5	NEX-HPT-088-08(R2)	I, II, IV
技師職 (機械)	7	FEC-PRY2-009-08	I, II, III, IV	Nov. 20, 2008	カウンターアテンダント	3	NEX-HPT-CAY-B01-08	I, II, IV
技師職 (船舶技師)	9	SRFJPMC-178-08	I, II, III, IV	Nov. 19, 2008	カウンターアテンダント	3	NEX-HPT-CAY-C01-08	I, II, IV
エンジニアリング専門職 (環境)	7	SRFJPMC-002-09	I, II, III, IV	Oct. 30, 2008	カウンターアテンダント・フォアマン B	5	NE-HPT-120-07(R9)	I, II, IV
エンジニアリング専門職 (機械)	7	SRFJPMC-065-08(R3)	I, II, III, IV	Nov. 12, 2008	カウンターアテンダント・フォアマン A	4	NEX-HPT-105-08(R2)	I, II, IV
通訳翻訳職	5	SRFJPMC-185-08	I, II, III, IV	Oct. 22, 2008	カウンターアテンダント・フォアマン B	5	NE-HPT-82-07(R6)	I, II, IV
法律顧問職	7	TSO-02-06(OJF)	I, II, III, IV	空席広報参照	顧客サービス係	3	NE-HPT-407-08	I, II, IV
秘書職	4	FISC-028-08	I, II, IV	Oct. 20, 2008	ジャニター	3	NEX-HPT-402-08(R2)	I, II, IV
技能系 (MLC)					ジャニター	3	MWR-HPT-55-08	I, II, IV
電子装置基準測定工	9	SRFJPMC-068-08(R4)	I, II, III, IV	Dec. 3, 2008	労務作業員	3	NEX-HPT-417-08(A)	I, II, IV
船舶整備工・フォアマン A	7	SRFJPMC-072-08(R4)	I, II, III, IV	Nov. 13, 2008	救命職	3	MWR-HPT-47-08	I, II, IV
塗装工 (予防的維持作業)	5	FISC-01-09	I, II	Oct. 20, 2008	クォーターズヘルパー	3	CFAY-HPT-QHN-01-08(R)	I, II, IV
索具工、船舶	7	SRFJPMC-166-08(R)	I, II, III, IV	Oct. 30, 2008	セールスチェッカー	3	MWR-HPT-15-08(R3)	I, II, IV
技能系 (IHA)					セールスチェッカー	3	NEX-HPT-SCY-B01-08	I, II, IV
ウェイター / ウェイトレス・フォアマン B	4	MWR-32-08(R)	I, II, IV	Nov. 10, 2008	セールスチェッカー	3	NEX-HPT-SCY-A01-08	I, II, IV
保安系 (MLC)					サービスワーカー	2	MWR-HPT-SIY2-09	I, II, IV
緊急活動隊派遣職	4	RDC-02-08(R2)	I, II, IV	Dec. 3, 2008	サービスワーカー	2	MWR-HPT-SIY1-09	I, II, IV
医療系 (MLC)					貯蔵品管理事務職	3	NEX-HPT-415-08(A)	I, II, IV
看護師	2	USNH-01-09	I, II, IV	Oct. 23, 2008	ストックハンドラー	3	NEX-HPT-136-08(R)	I, II, IV
期間限定従業員 (MLC)					ウェイター / ウェイトレス	2	MWR-HPT-31-08(R2)	I, II, IV
技師職 (建築)	7	FEC-PRY2-011-08	I, II, III, IV	Nov. 25, 2008	ウェイター / ウェイトレス	2	MWR-HPT-WWY-09	I, II, IV
時給制従業員					倉庫係	4	NEX-HPT-416-08(A2)	I, II, IV
技師職 (建築)	7	FEC-PRY2-011-08	I, II, III, IV	Nov. 25, 2008	倉庫係	4	NEX-HPT-414-08	I, II, IV
娯楽機修理工 (現場)	5	MWR-HPT-53-08	I, II, IV	Nov. 20, 2008				

応募には「募集範囲」に該当することが第一条件です。募集範囲 I, II, III は現基地従業員、IV は外部応募者を対象としています。

I: 部署 / 部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合があります。範囲は最も狭いものです。

II: 現 MLC/IHA 従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III: 現 MLC/IHA 従業員 - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖縄が含まれます。

IV: 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

横須賀基地及び周辺施設では日本人従業員を随時募集しています。事務職、専門職、技能職、消防士、警備員、サービス・飲食関係、常用雇用、期間限定、アルバイト等、様々な空席があります。

詳しくは HRO ホームページ (<http://hro.cnj.navy.mil/>)、ジョブ・ホットライン (046) 816-9000 (軍電 243-9000) または横須賀基地正門手前左、HRO 日本人雇用課事務所 (1 階) 掲示板をご覧ください。

Local college graduates attend ceremony, receive degrees

Story and photo by Mark Elrod, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) Education Council held a college graduation ceremony at the Arleigh Burke Officers' Club Oct. 2.

The ceremony was the first since 2000, but is scheduled to be held annually starting this year, according to Navy College Program Education Service Specialist Jamilah Y. Jones.

The 76 graduates were students, or current students, through CFAY Navy College Program and represented 14 different colleges during the ceremony.

Machinist Mate 1st Class (SW) Narcisse Satchiviakakpo, of U.S. Fleet and Industrial Supply Center Yokosuka, who received a master's degree in management and human resources management from University of Phoenix, said that it was a significant accomplishment for him.

"I feel great because, first of all, I can say it's a milestone that I hit and it makes me feel good because I invested much energy, time and effort," said Satchiviakakpo. "I had to sacrifice a lot of family time. The sacrifice was great, but I believe the outcome is even greater because the degree can help bolster my career and help guarantee a better life for my family."

For some of the graduates, the road to education does not end with the degree they received during the graduation ceremony. It's a continuing road to improvement.

"I plan on getting my bachelor degree, actually I am nine credits away from my bachelor degree," said Chief Ship's Serviceman (SW/AW) Derrick Lamar Robinson, of *USS Blue Ridge* (LCC 19), who received an associate's in business administration

through Coastline Community College. "Before I leave Yokosuka Japan, I hope to have my master's degree. Also, I want to help my junior Sailors get their degrees as well before they get out of the military."

"I plan on majoring in human resources and getting a Ph.D. in that field," said Satchiviakakpo. "I am a Sailor, so I have to improve my level [of education]. So, when I reach the PhD level, I will have to look for something more."

With programs like the Navy College Program available, "looking for something more" as far as the path to higher education is concerned, is more affordable and achievable, according to Jones.

"We allow them to pick up where they left off if they've attended other schools before they arrived in Yokosuka," said Jones. "We actually assist them in completing their rating road-map or degree program from the previous school or we start a fresh degree program with them through a local school or a school in the states that will best match up with their

experience and the education that they currently have."

"We don't represent just one school, or the other, Jones added. "We are not biased. We find the best bang for the student's buck."

According to Satchiviakakpo, continuing to strive and work toward educational goals is self-rewarding as well as beneficial.

"I encourage every Sailor to consider attaining a college degree," said Satchiviakakpo. "In the Navy, as long as you put in effort and improve it helps you in your career and it makes you feel better. I think if you keep that philosophy you can go a long way."



College graduates who participated in the Navy College Program received various college degrees during a graduation ceremony at the Arleigh Burke Officers' Club Oct. 2.

New bridge provides direct station access for Ikego residents

Story and photo by Kazuyuki Takagi, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) and Zushi City held a ribbon cutting ceremony to celebrate the opening of the Jinmuji Train Station pedestrian bridge Oct. 1.

CFAY Commanding Officer Capt. Daniel Weed, Zushi City Mayor Ryuichi Hirai, South Kanto Defense Bureau Director Toshio Saito, Kanagawa Prefecture Governor Special Assistant Mitsuo Furuoyato, Keikyu Kanazawa Bunko Station Master Toyoaki Koike and CFAY Ikego Housing Complex Senior Chief Culinary Specialist Francine Griffith all took part in the cutting of the ribbon, officially opening the bridge.

The pedestrian bridge building project included the construction of the 35 ft. pedestrian bridge over the Ikego River between Ikego Housing and the Keikyu Jinmuji Train Station, the guard house and the ticket facility.

The project was originally initiated in 1993 and the construction drawings started in 2004. The construction of the pedestrian bridge and the associated facilities started in Nov. 2007 and was completed Aug. 7, 2008.

Prior to the ribbon cutting, Hirai, in his speech, talked about what the bridge would offer Ikego residents.

"The new ticket gate and bridge will provide a direct and safe access to Jinmuji station for the residents of Ikego naval housing," said Hirai. "I'm sure that many people have been looking forward to this day."

Hirai said that the new ticket gate and bridge was built to encourage Ikego Housing residents to use more of Japan's public transportation.

"I hope many people will put this new facility to good use and take trains in [their] future travel which will not only be environmentally friendly but may also contribute to the decrease in traffic in the area," said Hirai.

After the speeches and ribbon cutting ceremony, the new bridge and ticket gate was



(Center) Zushi City Mayor Ryuichi Hirai and CFAY Commanding Officer Capt. Daniel Weed along with U.S. and Japanese government and Keikyu Train company representatives cut the ribbon to officially open the Keikyu Jinmuji Train Station pedestrian bridge Oct. 1.

open for business. Ikego resident Barbara Fleck was the first traveler to use the new ticket gate.

"It's wonderful. It's going to be very convenient," Fleck said. "It's going to encourage me to use the trains a lot more."

Registration key in receiving benefits for your newborn

By Lora Sanders-VanNoy, TRICARE Pacific Marketing Representative

Proper registration in the Defense Enrollment Eligibility Reporting System (DEERS) is the key to receiving timely and effective TRICARE benefits. DEERS is a worldwide, computerized database of uniformed services members (sponsors), their family members and others who are eligible for military benefits, including TRICARE.

To register your newborn, the sponsor must complete a DD Form 1172 Application for Uniformed Services Identification Card and DEERS Registration and provide either the birth certificate or certificate of live birth authenticated by the hospital. For more information regarding the DEERS registration process, contact your local Personnel Support Detachment (PSD).

If your newborn is not properly registered in DEERS, they may lose all TRICARE eligibility. Once DEERS registration is complete, you can then proceed with enrolling your newborn into the TOP Prime program.

You are highly encouraged to register your newborn in DEERS and complete a TRICARE Prime enrollment form as soon as possible.

To enroll your newborn into TOP Prime, visit your local TRICARE Service Center and complete a TOP Prime enrollment form. At that time, your newborn will be enrolled into TOP Prime and will be assigned a primary care manager (PCM).

With TRICARE Prime, your newborn will have virtually 100 percent coverage for medically necessary care. All care your newborn receives inside the medical treatment facility (MTF) is no cost to you and all medically necessary care referred out to civilian host nation facilities will be covered as well.

If your newborn is not enrolled into TOP Prime, they will remain in TOP Standard.

TOP Standard is automatic upon proper DEERS registration and is a fee-for-service option. This program will still allow for your newborn to be seen at the MTF on a space available basis and they will not be assigned to a PCM. Additionally, for civilian care outside of the MTF, the sponsor will be responsible for an annual deductible and cost-shares.

Contact the TRICARE Service Center at 243-9528 for more information.

Stress management important throughout military career

By LIFELines Services Network

The Naval Center for Combat and Operational Stress Control is teaching Sailors and Marines how to deal with everyday and combat-related stress starting at the beginning of their military careers, a senior Navy official said.

The center recently was established at Naval Medical Center San Diego to address the issues of psychological health by improving care for post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI), but also how to effectively teach Sailors and Marines to recognize the signs of stress.

"The idea of the center is ... not only to help Sailors and Marines in distress, but to promote good stress management and promote psychological health so it starts when ... people come into boot camp and [lasts] all of the way until they graduate from war college," Navy Capt. Paul Hammer, the center's director, said in an interview on Dot-Mil-Docs radio show hosted on BlogTalkRadio.com.

"The idea is that we get past the concept of just dealing with things when they are in crisis and hopefully promote a system of addressing stress and addressing our ability to cope with it so we rarely get into a crisis mode," Hammer said.

He added that the routine stressors that Sailors and Marines undergo on a routine basis, not looking at when they are in a combat zone, are extremely dangerous at times and require that leaders manage their stress well.

One of the center's missions is to determine where officials might have the most impact to help educate Sailors and Marines, for example in the curriculum they are taught in military training, Hammer said.

"One of the many things that I like to look at, when people are training and they go through drills is, 'How can we incorporate stress training into that so that they are more aware of when they are dealing with stress?'"

Hammer said.

The center is the first of its kind in the Navy to incorporate stress training during both pre- and post-deployment periods. With more than 14,000 Sailors and Marines currently serving as individual augmentees around the world in combat areas, learning how to recognize operational stress is important for everyone's well-being.

"When we talk about operational stress, we're talking about that unique set of circumstances that people have when they are deployed or when they are in the jobs that they do," Hammer said. "For example, somebody who works on the deck of an aircraft carrier has a much different level of stress than someone who is a civilian and works in an office building downtown."

According to the Navy Bureau of Medicine's Combat/Operational Stress Cell, the signs of operational stress can be sudden or build up over time. Combat stress can happen suddenly when a Sailor or Marine encounters immediate danger or it can build up from things such as lack of adequate sleep, loud or constant noise, extreme heat or cold -- things that make life in combat stressful. Stress can have harmful effects on a Sailors' or Marines' bodies, minds and actions, he said. It also can directly affect how Sailors or Marines deal with others—friends or enemies.

"Combat stress, of course, is the stress that occurs when you are in combat -- the extreme set of circumstances when your life is in danger and when you have to [make] life and death decisions quickly and when you are under extreme pressure," Hammer said.

Some common signs of combat stress can include extreme restlessness, staring into the distance, shallow breathing, trembling or sweaty hands and feeling detached from others or even feeling sick or nauseated.

Dealing with both routine and operational stress is handled by the center's four major divisions to address how to recognize stress and look at methods to improve

treatment. "The center has four major divisions: knowledge management, programs, research facilitation and strategic communications," Hammer said.

Knowledge management looks at what is currently known about PTSD and TBI; programs looks at ways to improve the level of care provided to service members; research facilitation is designed to examine causes of stress; and strategic communications focuses on ways to communicate and educate service members about these issues, he explained.

DoDD Schools stay connected with parents

It's an old story. What are my child's grades? They say they have no homework and apparently they've failed a test. I know my child was at school last week, how come you have him out as absent?

Now through the help of the Parent Connection program, parents have the ability to monitor their child's performance throughout the school year. They don't have to wait on the progress report in between the quarter, the report card or the dreaded phone call.

Access to grades is readily available at the click of a button via Grade Speed. A student's summary screen gives details of the student's quizzes, tests and assignment grades, even attendance.

If a parent has any questions about Grade Speed, Parent Connection or how to access their child's information, contact their child's school.



Mandatory motorcycle safety courses new sign-up procedures

By CFAY Safety Office

The Navy requires every operator of a motorcycle to complete the Motorcycle Safety Foundation's motorcycle riding courses.

The Navy has awarded the traffic safety training contract to Cape Fox Professional Services (CFPS) who will conduct all motorcycle training courses in Japan.

Courses include the Motorcycle Safety Foundation's two-day Basic Rider Course (BRC), the one-day Experienced Rider Course (ERC) and the one-day Military Sport-Bike Rider Course (MSRC).

The BRC covers all the fundamentals of motorcycle riding and is the prerequisite for other courses.

The ERC is an additional class for honing riding skills for those members that have been riding and is required every three years. If you have taken the

ERC at some point past three years you need to schedule a refresher course.

The MSRC is designed specifically for sport bike riders and focuses on the unique riding and handling procedures for sport bikes. MSRC is also required every three years.

All applicants must first have in their possession a valid USFJ Status of Forces Agreement (SOFA) Driver's License.

The schedule of the motorcycle courses offered for the remainder of the year is as follows:

- BRC: Oct. 20-21, Nov. 5-6, 17-18, 24-25 and Dec. 1-2, 8-9, 22-23
- ERC: Oct. 18, 28, 30, Nov. 3, 10, 13 and Dec. 15, 16, 30
- MSRC: Oct. 14, 23, Nov. 4, 22 and Dec. 11, 29

All courses are free of charge. Contact Douglas Knight at Cape Fox Professional Services (CFPS) in the CFAY Safety Office at dknight@capefoxit.com to sign up for these courses.

Sea services' religious diversity reflection of society

By Chief of Chaplains Public Affairs

Like the nation, the Navy is extremely diverse. The term diversity encompasses not only the categories of race, age, gender and national origin, but also religion.

Religion helps people understand their places in the world and how their military duties are part of their larger perspectives on life.

"Many of us find a great deal of compatibility between our religious beliefs and the Navy's core values of honor courage and commitment," said Rear Adm. Alan T. Baker, chief of chaplains. "The majority of Sailors and Department of Navy civilians embrace religion in their efforts to be healthy people and good citizens."

This past September, Muslims around the world observed Ramadan, a sacred month of fasting in which they make a special effort to be true to themselves and act unselfishly. They contemplated their faith, spend less time in worrying about every day life and take special care to give charitably to the poor.

On Sept. 29 Jews celebrated Rosh Hashanah, the Jewish New Year. They observe Yom Kippur, the Day of Atonement, 10 days later Oct. 9. On this, the most solemn day of the Jewish year, they ask forgiveness for broken promises to God.

"Spiritual celebrations play a profound role. Celebrations such as Ramadan and Rosh Hashanah exemplify the richness of our religious expression," said Baker. "They give us an opportunity to re-examine who we have become and what we have done with our lives."

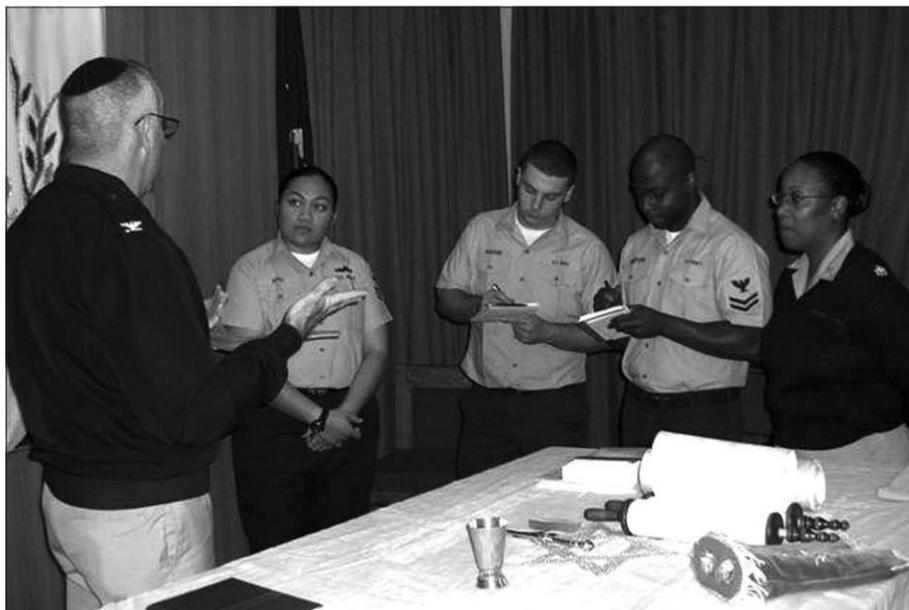
Many Sailors and Marines identify with established religions and religious faith expressions, yet a growing

number of young people see spirituality differently. The most recent religious faith code data released in June reveals more than 75 percent of Sailors and Marines list some religious preference. Navy personnel identify themselves with more than 109 different faith groups in the religious faith code report.

They draw from multiple traditions to form their own spiritual expressions. Many of them have a concept of a higher power and witness its influence on their lives yet do not identify with traditional faith groups. They see religion or spirituality as something they draw on as needed, to help them through difficult moments or to mark significant achievements.

"Our diversity of religious beliefs requires more than a mere awareness of a person's spirituality...we need an environment that respects and accommodates religious expression," said Baker. "Navy chaplains and religious program specialists are uniquely positioned to help commanding officers meet the spiritual needs of Sailors. They are trained in accommodation, sensitive to all religious expressions and are the command experts in communicating with religious organizations and faith communities."

Currently, more than 800 active component Navy chaplains represent more than 90 faith groups.



(Left) Commander Naval Air Forces Chaplain Capt. I.A. Elson provides Jewish religious services rigging training to Chapel of Hope religious program specialist Sept. 26. Elson was aboard CFAY for Jewish High Holy Days services.

U.S. Navy photo by RPC(SW/SMF) Lisa Wimbush

CFAY Energy Fair: Working together for clean energy solutions

By Mike Gabiga, NAVFAC FE Resource Efficiency Manager

Energy conservation is always a critical issue at Commander Fleet Activities Yokosuka (CFAY), but October is especially important because it is national Energy Awareness month. This year's theme emphasizes securing America's energy future by working together for clean energy solutions. The 2008 CFAY Energy Fair will encourage everyone to work together to make wise energy choices.

This year's Energy Fair will be held 10 a.m. to 3 p.m., Oct. 22 at the Redbrick Courtyard between the Commissary and Navy Exchange Furniture store. In case of inclement weather, the event will be held in the first floor lobby of the Fleet Recreation Center. During the event, many vendor booths will be displaying energy efficient technologies, products and energy reduction strategies. Also on display will be energy conservation-themed posters designed by Department of Defense Dependent Schools (DoDDS) students.

Taking clean energy action is a long-term strategic goal because it enhances economic vitality, increases national security and improves environmental quality. America is taking concerted steps to make buildings more efficient, fleets less dependent on foreign fuel and industries better stewards of our nation's resources. Reducing energy consumption is the right thing to do and will make our world a

healthier place.

Here are a few useful tips to help you do your part in reducing energy consumption:

- Turn off photocopiers, printers, computers, monitors and other office equipment at night and on weekends. The Department of the Navy will avoid \$3,800,000 a year in electricity costs if 100,000 Navy and Marine Corps personnel do this at night and on weekends.
- In the cooling season, draw draperies, blinds and shades to keep out direct sunlight in unoccupied rooms. Air-conditioning energy use can be reduced 40 percent or more by shading windows and walls.
- Use the sun's energy to dry your clothes when weather permits.
- Stop running the water while you're brushing, you could save as much as 9 gallons each time.
- When you run your dishwasher, only wash full loads. The dishwasher will use around 17 gallons of hot water each time, whether you wash one dish or a full load of dishes.
- Use public transportation whenever possible.

For more information regarding the 2008 CFAY Energy Fair, contact Naval Facilities Far East Resource Efficiency Manager Michael Gabiga at 243-4110 or CFAY Public Works Department Production Officer Lt. Cmdr. Kristian Barton at 243-9119.

Navy Enterprise Resource Planning system goes live at NAVSUP

From Navy Supply Systems Command
Office of Corporate Communications

Naval Supply Systems Command (NAVSUP) kicked off conversion of its financial system of record to the Navy Enterprise Resource Planning (Navy ERP) system Oct. 1.

Navy ERP is an integrated business management system that modernizes and standardizes Navy business operations, provides unprecedented management visibility across the enterprise and increases effectiveness and efficiency.

NAVSUP is the second major acquisition command to implement the financial backbone of the Navy ERP system, joining the Naval Air Systems Command (NAVAIR), which has conducted its business operations using the new system since last fall. The major acquisition commands are the largest business concerns in the Navy, and when fully implemented across the systems commands, Navy ERP will be the sole financial system managing more than half of the Navy's total obligations.

"This transition is a milestone for NAVSUP and showcases the exceptional efforts of our workforce in managing the transition from legacy systems and learning to operate ERP. Navy ERP is the system to take us into the future as we re-tool the supply system," said Rear Adm. Alan S. Thompson, NAVSUP commander.

NAVSUP is implementing Navy ERP Release 1.0, which provides functionality in financial operations, program management and workforce management with a more integrated capability than the legacy systems previously used. The conversion to the modernized system is another major step toward the transformation of business

affairs in one updated, standardized, interconnected system that provides financial transparency, asset visibility and effectiveness and efficiency to the Navy's efforts to support its warfighters.

"ERP Release 1.0 significantly enhances our capabilities in the areas of resource and project management. For the first time, we will have visibility across the Navy of all labor and non-labor costs associated with major products and services, such as supply chain management, or of contracting by warfare enterprise and major weapons systems," explained Karen Meloy, Navy ERP program manager for NAVSUP.

"As we become experts with Navy ERP 1.0, we will have much to look forward to with ERP 1.1, which is projected to go-live in about 18 months," Thompson noted. ERP 1.1 will replace the majority of our wholesale and retail supply applications with a single, integrated supply chain solution.

"Our NAVSUP team has been an integral part in making ERP 1.0 a success, and I'm confident their persistence and hard work will go a long way as we move forward toward ERP 1.1," Thompson added.

NAVSUP's primary mission is to provide U.S. naval forces with quality supplies and services. With headquarters in Mechanicsburg, Pa., and employing a diverse, worldwide workforce of more than 25,500 military and civilian personnel, NAVSUP oversees logistics programs in the areas of supply operations, conventional ordnance, contracting, resale, fuel, transportation and security assistance. In addition, NAVSUP is responsible for quality of life issues for our naval forces, including food service, postal services, Navy Exchanges and movement of household goods.

SRF-JRMC's volunteers take pleasure in Open Day at Shiratori-en

Story and photos by Keiichi Adachi, CFAY Public Affairs

More than 30 representatives of Yokosuka's Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) recently participated in the Kanagawa Prefecture Miura Shiratori-en Open Day event.

An SRF-JRMC visitor said, "We usually don't have a chance to come and see what Shiratori-en, a home for the mentally challenged, and their residents are doing. We really appreciate that Shiratori-en allowed our visit. We really enjoyed meeting and talking with residents of Shiratori-en."

During his opening remarks, Director Syuzou Katsuura, of Shiratori-en, stated that Shiratori-en has had SRF-JRMC help support the facility for more than 45 years since beginning with Nagasawa Gaku-en through the new organization of "Miura Shiratori-en and we really appreciate what they have done for Shiratori-en.

SRF-JRMC Commanding Officer Capt. Stephanie Douglas delivered remarks during the Shiratori-en opening ceremony, "It gives me great pleasure to be invited for today's Open Day. It gives me great honor to return once again to Shiratori-en. Every time that I visit with Shiratori-en it is a wonderful time. This is a fantastic place and organization. I always find every one so kind and friendly."

SRF-JRMC has maintained an on-going friendship with Shiratori-en for 45 years now. The SRF-JRMC Friendly Society is currently the key organization to participate in Shiratori-en activities.

Douglas concluded her speech with the words, "Our visit today gives us an opportunity once again to share the true feeling of friendship and enjoy this Open Day festival with you, the residents, your friends and families, and the wonderful staff and faculty. On behalf of all of SRF-JRMC, we hope that your coming days will be healthy and prosperous."

SRF-JRMC sold more than 340 hot dogs called "Dry-docking-dog," during the Open Day and raised more than \$140 to benefit SRF-JRMC and Shiratori-en. The proceeds from the food sales will directly benefit Shiratori-en during the Christmas party that SRF-JRMC annually participates in at their facility, according to a SRF-JRMC official.

Chief Electronics Technician (SW/AW) William Helm wearing a hot-dog hat which was made for the visit while he was helping serve hot dogs to customers said, "I feel good that we are able to contribute to their quality of life and make a difference by our presence. I also have a good feeling and I had fun interacting with the people and making them smile by wearing the hot dog hat."

Fire Controlman 1st class (SW) Homer Thompson at SRF-JRMC has visited facilities like the Shiratori-en in the United States. He stated that for the most part the atmosphere is the same in the caring level and that Shiratori-en does a great job in patience and understanding for each individual student which is very difficult to maintain.

Thompson also took part in the Open day event with singing a song. "I noticed a



CWO3 Steven Recker's daughter Julia Recker pours ketchup over a "dry-docking dog" held by Japanese representative Akio Ina while FC1 (SW) Homer Thompson looks on.

歌を披露したFC1(SW)ホーマー・トムソンさんとCWO3スティーブン・レッカーさんが見守る中、レッカーさんの娘ジュリアさんは伊奈暁男(あきお)さんが持つドライドッキングドッグにケチャップをかける。

smile on their faces as "Amazing Grace" was sung and I wanted to put even a bigger smile on their faces by singing directly to them.

language instructor Brenda Taylor at SRF-JRMC wanted to find a volunteer opportunity that would allow herself and her daughter to give back to a community that has given so much to us.

"All of the Japanese community embraced my family and made us feel so welcome to Yokosuka. My daughter Christina told me that she was so glad that she attended and participated. It gave her an opportunity to practice her Japanese with the locals and to help Shiratori-en," said Taylor.

Although this time the Open Day was 30 minutes shorter than usual, the number of the performances on the stage were increased, which resulted in a better more fruitful open day event. With having a relaxed atmosphere from the Open Day, interactions among participants became much better than before, according to Katsuura.

Katsuura concluded his comments with a summary of voices from employees at Shiratori-en. "The big gentle Sailor from SRF-JRMC took part in the event to sing a song during the Open Day. I'm sure he enjoyed his singing with that beautiful and penetrating voice which was as impressive as the brilliant performance by the members of the brass band from Nagasawa Junior High School."

SRF - JRMC ボランティア、三浦しらとり園オープンデーに参加

文・写真：安達慶一、CFAY広報課

米海軍艦船修理廠及び日本地区造修統括本部 (SRF-JRMC) の30名以上の従業員が神奈川県立三浦しらとり園で、先ごろ開催されたオープンデーに参加し、ホットドッグを販売した。

SRF-JRMCの訪問者たちはこう話してくれた「普段、知的障害を持ち生活するしらとり園に来て、園生がどのように暮らしているかを目にする機会は、まずありません。園生を支援する場を提供してくれる、しらとり園の皆さんに心から感謝いたします。ここで生活する園生たちとの出会いと語らいの機会を楽しめました。」

「当園の前身長沢学園開設当時から45年間、約半世紀にも及び利用者を支えていただいている団体がアメリカ海軍艦船修理廠及び日本地区造修統括本部、SRF-JRMCでございます。心から敬服と感謝を申し上げます」としらとり園園長の勝浦修造氏はオープニングセレモニーで語った。

オープニングセレモニーで、SRF-JRMCを代表し司令官のステファニー・ダグラス大佐は彼女のオープンデー訪問についての気持ちを述べた。「この『オープンデー』にご招待をしていただきとても嬉しく思い

ます。又しらとり園に来ることができ嬉しいです。しらとり園を訪園する時はいつも楽しい時を過ごさせて頂きます。当園はすばらしい処であり組織であります。そして私はいつも皆さんの親切と親しみを身近に感じます。」

SRF-JRMCはかつての長沢学園から新しい組織の三浦しらとり園と45年の交流を続けている。この交流はSRF-JRMC親睦会の働きによるものが大きい。

ダグラス大佐はスピーチをこう締めくくった。「今日、私たちは再び友好を分かち合い、又園生、友達、家族そして素晴らしい職員の皆さんと一緒にオープンデーを楽しむ機会を持つことができました。横須賀艦船修理廠及び日本地区造修統括本部を代表して皆さんのご健康とご発展をお祈りいたします。」

オープンデーでは340個以上の「ドライドッキングドッグ」と呼ばれるホットドッグを売り上げ、SRF-JRMCが運営するMWR(土気、福祉、娯楽)活動に140ドル以上の収益があり、その収益はSRF-JRMCが毎年参加し行なわれるクリスマスパーティで、しらとり園に還元されるとSRF-JRMC代表の1人は言う。

ホットドッグ販売の顧客対応の為に、準備したホットドッグハットを被り、ご満悦のETC(SW/AW)ウィリアム・ヘルムさんはこう話した。「我われの参加によって、生活の質やその状況の向上に貢献ができ、ホットドッグハットを被っていることでオープンデーに集った人たちと交流を深め、笑顔を見ることが出来嬉しさがこみあげてきます。」

FC1(SW)ホーマー・トムソンさんはしらとり園のような施設を以前アメリカで訪問した経験がある。彼によると、どの施設もほとんど人の介護レベルにおける雰囲気は同じだ。個々の園生に対する忍耐と理解を保つ事は難しいものだが、こしらとり園では大変素晴らしい仕事振りをしていると言う。



Shiratori-en's residents, staff, faculty and local people enjoyed listening to the brilliant performance by members of the brass band from Nagasawa Junior High School during the recent Open Day event.

オープンデーでしらとり園の園生、アシスタント、職員、集った人たちは長沢中学校のブラスバンドの生徒による素晴らしい演奏に聞き入った。

オープンデーの演目が進む中、飛び入りで歌を披露したトムソンさんはその訳をこう語ってくれた。「女の子が『アメイジング・グレイス(驚くべき神の恵み)』を歌っている時に、耳を傾ける園生の顔に笑みが浮かぶのが見えたんです。自分も好きな曲だったので彼らに向かって歌いもっと大きな笑みにしたかったのです。」

自分と娘に多くのことを教え、与えてくれたコミュニティーの恩返しをするボランティアの場を探していたのは、語学教師のブレンダ・テイラーさん。「横須賀では数々の日本人が私の家族を暖かく受け入れ、歓迎してくれました。今回の訪問/同行し、ホットドッグの販売に参加したことをとても嬉しく楽しかったと娘のクリスティンは話してくれたました。それは、集った人たちとクリスティンが日本語での交流し、しらとり園を支援する場を彼女が持たたからでしょう」とテイラーさん話してくれた。

勝浦氏によると、今回オープンデーはいつもより30分ほど短かったが、演目の数を増やし、より充実したイベントとなった。そうした雰囲気の中で参加者の交流がこれまでも増して活発に図られたと言う。

勝浦氏は職員から出た評価も含め感想をこう締めくくった。「SRFの大きな兵士の飛び入り参加はその象徴といえるものでありました。よく通るきれいな声で歌っていただいたのは、長沢中学の吹奏楽に並ぶほど感動的でした。」



While wearing the hot dog hat, ETC(SW/AW) William "Dry-docking-dog-man" Helm interacts with customers buying "Dry-docking-dogs" in front of the SRF-JRMC booth.

ホットドッグハットを被り、ご満悦のETC(SW/AW)ウィリアム・ヘルムさんは、SRF-JRMCのブースの前でドライドッキングドッグを買う顧客との交流を図る。

Head's Up Yokosuka! Community Announcements

Officers' Club Closure – The Officers' Club will be closed on the following dates:

- Oct. 19 - Staff support for the 32nd Mikoshi Parade
 - Oct. 20 - Maintenance
- Contact Irene Bak at 243-5030 for more information.

Base Theater Closure – The Benny Decker and Fleet Theaters will be closed for the installation of new projectors on the following dates:

- Oct. 20-24 - Benny Decker Theater (AOB moves to Fleet Theater)
 - Oct. 27-31 - Fleet Theater
- Contact Gregg Hooper at 243-5406 for more information.

American Red Cross Community Courses and Training – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. CPR, First Aid and Automated External Defibrillator (AED) certification is scheduled for Oct. 18. Become a certified youth Red Cross babysitter by signing up for Babysitter's Training class scheduled for Oct. 25. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

Disastersafe.redcross.org – When disaster strikes, your American Red Cross is there. Family and friends affected by disaster can register at disastersafe.redcross.org to let loved ones know of their well-being. Concerned family and friends can search the list of those who have registered themselves as "safe and well." Contact the American Red Cross at 243-7490 for more information.

Compass Program Class – The next available class will be held Oct. 29 through 31 at the Chapel of Hope in classroom 4 from 9 a.m. to 1 p.m. each day. Compass is a peer-to-peer mentorship program designed to help Navy spouses adapt to military life. Contact Shelle at 264-7270 or Marina at 246-7766 for more information or to register for the class.

Commissary Kids Halloween Costume Contest – The Yokosuka Commissary will hold their Kids Halloween Costume contest at 3:30 p.m., Oct. 31 in front of the commissary. There will be one winner and two consolation prizes for each of the following age groups: 1 to 4-year-olds, 5 to 8-year-olds and 9 to 13-year-olds. Judging will begin at 4 p.m. Halloween candy will be given to all participants.

Donations for Local Orphanage – Commander U.S. Naval Forces Japan First Class Petty Officer Association is sponsoring the Shunko Gakuen Orphanage in Yokosuka. The association is asking for generous contributions of toys, clothes and/or school supplies for the orphanage. Drop-off boxes are located at the Navy Exchange and Commissary entrances from now through Nov. 24. The contributions will be presented to the orphanage children Nov. 27. Your participation in this effort to support our local community is greatly appreciated. Contact QM1 Mihaylovski or QM1 Randle at 243-7650 for more information.

Housing Multi-purpose Room Policy Change – All Military Family Housing residents may make reservations 60 days in advance. Smoking and the consumption of alcoholic beverages are prohibited. The use of barbeque and/or the cooking of foods on any other open flame devices are prohibited. Pets are not authorized. Contact the Housing Facilities Office at 243-9067 for more information.

Command Roster Photos – Command roster photos are taken by appointment every Tuesday afternoon starting at 1:30 p.m. at CFAY Public Affairs office, Bldg. 3154, Room 213. Stop by our office or call 243-5607 to make an appointment. For service record photos (full length), please contact Fleet Public Affairs Center Detachment, Japan at 243-7378.

Knowing God

By Chaplain Robert Bradshaw

"Knowing God" is such a broad topic. First off, it presupposes there is a God. Secondly it presupposes that if there is a God, he can be known. To start with, one must define their worldview. If you do not believe you have a worldview you can easily discover it by examining how you think and how you live. Our actions allow others to guess our worldview. Someone who does not have a concrete worldview probably has one that changes with circumstances and situations. Let's get back to this God thing.

Have you ever wondered why we are here? What our purpose is? Where the wind comes from and why we cannot see it? Why we feel so small on the vast ocean? What happens after we die? Why we long to fit in and to receive praise? Why are we so creative? Why are we so amazed at new discoveries? Why do we worship something? Anything? I could go on and on. You could also add to the list. The lens you look through to answer these questions is your worldview.

I believe in God. I believe that God is personal. I believe that God can be known. I believe that God created us in his image. Therefore, I believe we are creative beings. I believe God created us to worship him. Therefore, I believe we have an inherent desire to worship...something...anything. I believe that God loves us. I believe because he loves we are able to love others. I do not believe these things because someone told me them. I believe these things because God said them. In the Bible there are many passages I love to read. The one below tells us of God's desire for us to know him, simply through the world around us. I hope you enjoy it. I ask us all to seek God as he pursues us for a relationship. I have great confidence in God's ability to reveal himself to us. Enjoy and ask yourself...WHY?

"The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they display knowledge. There is no speech or language where their voice is not heard. Their voice goes out into all the earth, their words to the ends of the world. In the heavens he has pitched a tent for the sun, which is like a bridegroom coming forth from his pavilion, like a champion rejoicing to run his course. It rises at one end of the heavens and makes its circuit to the other; nothing is hidden from its heat."

Psalm 19:1-6

Since everyone can take in the world around us in many ways, it all makes sense that we ask why? Where from? Where to? and How come? This is the foundation of science, math and philosophy. Asking why can sometimes be annoying. Asking why to the right questions which help us find the truth is life changing.

God Bless!

Pet of the Week



This week's Pet of the Week is Tigger. Tigger is a gorgeous Orange Tabby looking for his forever home. He is a big guy with a big attitude. He is quite loving and gets along well with adults and children over the age of 10. He's a lazy guy looking for a nice lap to sit on and a few toys to play with. To find out more about Tigger or any animal at P.A.W.S., contact them at 243-9996 or by e-mail to usskittytalk@hotmail.com.

Photo by P.A.W.S.

MWR Positions

Come join the MWR team! Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Lead Cook – NL-08, \$13.56/hr. CPO Club (1 RFT).
Night Operations Manager – NF-03, \$10.54-\$15/hr. Club Alliance (1 RFT).
Bartender – NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).
Cook – NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (2 RFT).
Material Handler – NA-05, \$10.35/hr. Food Court (1 Flex).
Food Service Worker – NA-03, \$8.96/hr. Club Alliance (1 Flex), Food Court (2 RFT), Club Takemiya (1 RFT).
Waiter/Waitress – NA-03, \$8.96/hr. O' Club (1 RFT/5 Flex), Club Takemiya (2 RFT), CPO Club (1 RFT/2 Flex), Club Alliance (1 Flex).
Lead Cashier – NF-02, \$8.93-\$10.50/hr. Club Takemiya (1 RFT).
Secretary (Office Automation) – NF-02, \$8.39/hr. Club Operations (1 RFT).
Club Operations Assistant – NF-02, \$8.39/hr. CPO Club (1 RFT/2 Flex), Club Takemiya (1 Flex), O' Club (3 Flex), Club Alliance (2 Flex), Negishi (1 Flex).
ID Checker/Security – NF-01, \$7/hr. Club Alliance (6 Flex).
Program Assistant – GSE-02, \$9.18/hr. Main CDC (4 Flex), Ikego (5 Flex), Hourly (3 Flex).
Recreation Assistant – NF-02, \$9.18/hr. Youth Center (4 Flex), Teen Center (1 Flex).
Food Service Worker – NA-03, \$8.96/hr. Bowling Center (1 RFT).
Recreation Assistant – NF-02, \$8.39/hr. Wood Hobby Shop (1 Flex), Youth Sports – Ikego (1 Flex), Community Center (1 Flex).
Lead Cashier – NF-02, \$8.93/hr. Bowling Center (1 RFT).
Cashier – NF-01, \$6.55/hr. Bowling Center Snack Bar (1 Flex).
Recreation Aide – NF-01, \$7.29/hr. Bowling Center (2 Flex).
Recreation Assistant – NF-02, \$8.39/hr. Outdoor Rec – Customer Service (1 RFT), Special Events (1 RFT).
Paintball Attendant – NF-01, \$7/hr. Ikego Campground (1 Flex).
Recreation Aide – NF-01, \$7/hr. Single Sailor Center (1 Flex).
Field Maintenance Worker – NA-05, \$10.35/hr. Athletics – Ikego (1 RFT/1 Flex), Negishi (1 RFT).
Duty Manager – NF-02, \$8.39/hr. Athletics (2 Flex).
Clerk Typist – NF-01, \$7.50/hr. Athletics (1 PPT).
Gear Issue Attendant – NF-01, \$6.55/hr. Athletics (1 RFT/7 Flex).
Swim Instructor – NF-02, \$10/hr. Aquatics (1 RFT/12 Flex).
Lead Lifeguard – NF-02, \$8.39/hr. Aquatics (1 Flex).
Lifeguard – NF-01, \$6.65/hr. Aquatics (5 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr



WHEN: Friday, Nov. 14 at 11 a.m.
WHERE: In front of Thew Gym
WHY: To collect toys for needy children and enjoy a great 5K run. Prizes will be awarded to the top-place runners in each age group.
ENTRY FEE IS A NEW, UNWRAPPED TOY!

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Applicants for worldwide vacancies must follow the procedure in the "Job Opportunities" page of the www.donhr.navy.mil Internet site. Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cutoff date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop by close of business (4 p.m.) of the closing/cut-off date of the announcement.

Postmark dated, faxed or e-mailed applications will not be accepted.

Continuing

Education and Training Technician – YB-1702-1, CFAY-129-08. Open: 9-8-08
 Close: 12-30-08 (Cutoffs may be established as vacancies occur).

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Delivery Operator. NA-2 – Food Services. \$8.28-\$9.66/hr. (1 Flex)
Food Service Supervisor. NS-2 – Food Services. \$10.74-\$12.56/hr. (1 RFT)
Food Sales Supervisor. NF-3 – Food Services. *\$24,621-\$31,298/yr. (1 RFT)
Food Service Workers. NA-2 – Food Services. \$8.28-\$9.66/hr. (14 Flex)
Night Auditor Desk Clerk. NF-1 – Navy Lodge. *\$9.50 plus differential (1 Flex)
Room Attendant (Housekeeping). NA-2 – Navy Lodge. \$7.95-\$8.63/hr. (6 Flex)
Automotive Mechanic. NA-10 – Autoport. \$13.63-\$15.91/hr. (1 RFT)
Sales Clerk. NF-1 – Fleet Rec Center. \$6.55-\$8/hr. (1 RPT)
Supervisory Sales Clerk. NF-2 – Uniform Fleet Center. *\$8.39-\$11/hr. (1 RFT)
Cashier Checker. NF-1 – MiniMart. *\$7-\$8.25/hr. (1 Flex)
Department Manager. NF-3 – Main Store. *\$31,620-\$48,844 yr. (2 RFT)
Customer Service Clerk. NF-1 – Main Store. *\$8.25-\$9/hr. (2 Flex)
Security Guard. NF-1 – Visual Merchandise (Main Store). \$7.50-\$9/hr. (1 Flex)
Sales Clerk. NF-1 – Main Store. *\$6.55-\$8/hr. (1 RFT, 4 Flex)
Specialty Sales Clerk. NF-1 – Main Store. *\$7-\$9/hr. (1 RFT, 3 Flex)
Supervisory Sales Clerk. NF-2 – Main Store. *\$8.39-\$11/hr. (4 RFT)
Supervisory Customer Service Clerk. NF-2 – Main Store. *\$8.39-\$11/hr. (1 RFT)
Store Worker. NA-2 – Main Store. \$8.28-\$9.66/hr. (2 RFT, 2 Flex)
General Clerk. NF-1 – Inventory Control. *\$7.50-\$9/hr. (1 RFT)
Inventory Technician. NF-2 – Inventory Control. *\$8.39-\$17.25/hr. (1 RFT)
Personalized Service Clerk. NF-1 – Personalized Services. *\$7.25-\$8/hr. (2 Flex)
Personalized Service Clerk. NF-1 – Fleet Rec.. *\$7.25-\$8/hr. (1 Flex)
Equipment Rental Clerk. NF-1 – Rental Center. *\$7-\$8/hr. (1 RFT, 1 Flex)
Service Operations Clerk. NF-2 – Services. *\$8.28-\$11/hr. (1 RFT)
Hair Stylist. NA-7 – Beauty Salon. Commission (2 RFT, 1 Flex)
Inventory Supply Clerk. NF-2 – Distribution Center. *\$8.39-\$11/hr. (1 RFT)
Warehouse Worker. NA-4 – Distribution Center. \$9.66-\$11.27/hr. (5 RFT, 1 Flex)
Warehouse Operations Clerk. NF-2 – Distribution Center. *\$11-\$12/hr. (1 RFT)
Visual Merchandiser. NF-2 – Visual Merchandise. *\$8.50-\$10/hr. (2 RFT)
Laborer. NA-2 – Visual Merchandise. \$8.28-\$9.66/hr. (1 Flex)
Manicurist (Nail Tech). NA-5 – Ikego. Commission (1 Flex)
Food Service Worker. NA-2 – Negishi. School Lunch (1 Flex)
Hair Stylist. NA-7 – Negishi. Commission (1 Flex)

*Salary based on experience

Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, room 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, rooms 2, 3 and 5	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)
2nd AND 4th THU Classroom 10 1800

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE	Fellowship Hall/Classrooms	1615
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Yokosuka Student Ministries (Middle School and High School)*

WED	Middle School – Quest	1600
	High School – One Way	1830

Protestant Women of the Chapel*

TUE	Bible Study, Classroom 10	0900
TUE	Bible Study	1800
3 rd MON	Fellowship Program	1700

Japanese Women's Bible Study*

TUE	Main Chapel/Fellowship Hall, Classrooms	0900
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COMPASS Spouse Support Group

WED, THU, FRI	(Last week of month), Room 5	0900
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Men's Christian Fellowship

TUE	Study Group (Fleet Rec 3 rd Deck)	1130
3 rd SAT	Breakfast (Location varies)	

*Runs from September to June

Negishi: Chapel of the Rising Sun
• 242-4183

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

Protestant

SUN	Worship Service, Main Chapel	1030
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IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

SAT	Vigil Mass	1900
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Pentecostal

SUN	Worship Service	1000
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Adult Bible Study

WED	Nikko Tower Party Room	1800
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A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED	Ikego Elementary School	1630
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Yokosuka Student Ministries (Middle School and High School)*

THU	Middle School/High School – Q2 Kyoto Tower Party Room	1830
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Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Congratulations on the birth of your baby!

Jefferey Walker and Linda Walker are the proud parents of **SABRINA LYNN WALKER** born, Oct. 2, 2008 at 5:18 p.m., weighing 7 pounds 4 ounces.

Daniel Glatz and Sara Glatz are the proud parents of **MEGAN AYA GLATZ** born, Oct. 5, 2008 at 3:18 a.m., weighing 7 pounds 14 ounces.

James Gayton and Yuki Gayton are the proud parents of **LEILA BRIELLE GAYTON** born, Oct. 7, 2008 at 11:05 a.m., weighing 6 pounds 6 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, Oct. 20

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.) four sessions: Does your life seem out of control? This workshop is designed to help you build skills in these four important areas of your life!
English as a Second Language (ESL) 10 a.m. (2 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice basic English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.
Enjoying Japanese Foods 9 a.m. (4 hrs.): Come learn about Japanese cuisine. Join our bi-lingual staff on a trip to a local grocery store and traditional restaurant. Learn about basic Japanese ingredients, recipes and food etiquette.
Ikego – Credit Management 10 a.m. (1.5 hrs.): Do you know your FICO score? You should! We'll teach you all you ever wanted to know about credit - how to build it, how to maintain it, when to use it, how not to abuse it, how to obtain your FICO score, how to opt out of those annoying credit card offers you get in the mail, along with a few other things. We'll also discuss your defenses against ID theft.
Managing Your Transition (TAMP) 8 a.m. (4-1/2 days): This seminar is for separating military and pre-retirees. The program will inform you about your veteran's benefits, retirement pay and travel entitlements. The class focus will be on job search strategies, interview skills, resume preparation and the psychological preparation necessary for transitioning to a new career. Spouses are urged to accompany the transitioning service member. Reservations must be made through your Command Career Counselor.

Tuesday, Oct. 21

Area Orientation Brief and Intercultural Relations Class (Pre-registration required) 7:45 a.m. (4 days): **Oct. 21-24, this class will be held at the Fleet Theater.** Welcome to the Land of the Rising Sun, kanji, yen and bowing. This combined class is offered weekly, and is required for all incoming military personnel, Department of Defense civilians and family members. Representatives from around the base will talk about the unique policies, procedures and benefits associated with living and driving in Japan. Local experts will discuss cultural issues and adjusting to your new home.
Car Buying Strategies 10 a.m. (1.5 hrs.): Check out my ride! Do you know what a holdback is? If not, we'll see you in class. In this class, you'll learn all the ins and outs of buying a car. How to negotiate price, trade-in, financing, etc. We'll teach you lingo that car sales people speak, and the strategies they use. You'll learn about car insurance, premiums, deductibles, gap insurance, and a host of websites that will arm you with the knowledge to get the best deal on wheels.
Space A Travel / EML Brief 1 p.m. (1 hr.): Representatives from Yokota's AMC Terminal, and a US Navy specialist on EML Travel will conduct this one and a half-hour brief. Travel tips and procedures will be explained in detail along with current flight schedules and destinations for Space A travel.
Ikego – Employment Overview and Tips 10 a.m. (1.5 hrs.): If you are interested in the local employment market, please join this class and talk with our full-time spouse employment assistance manager. Reservations are required for this crash course on employment availability in the Yokosuka/Ikego/Yokohama area: including government positions, teaching English, modeling and other lucrative opportunities.
Individual Augmentee Spouse Group 5:30 (1 hr.): FFSC offers a variety of services in support of individual augmentees (IAs) and their families. An IA Spouse Support Group is for spouses of current, former and soon-to-be IAs to get together and share their ideas and concerns; a counselor will be available for questions. Children are welcome!

Wednesday, Oct. 22

CASA – Communication, Anger and Stress Management, Assertiveness 2:30 p.m. (1.5 hrs.) four sessions
Negishi – Credit Management 11 a.m. (1.5 hrs.): Do you know your FICO score? You should! We'll teach you all you ever wanted to know about credit - how to build it, how to maintain it, when to use it, how not to abuse it, how to obtain your FICO score, how to opt out of those annoying credit card offers you get in the mail, along with a few other things. We'll also discuss your defenses against ID theft.

Thursday, Oct. 23

Family Readiness Group Leadership Meeting 11 a.m. (2 hrs.): This is an opportunity for Family Leadership Readiness Group Leaders to discuss the opportunities and challenges facing family readiness groups here in Yokosuka as well as to share ideas and ask questions of other groups. All FRG leaders, Command Leadership, and Command Leadership Spouses are encouraged to attend.
Government Employment Tips 1 p.m. (2 hrs.): Simple step-by-step approach to correctly completing government application forms such as the SF-171, OF-612, OF-510, and the government-style resume. Definition of federal terms and how to address KSA's are some of the items that will be covered.
Ikego – Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

Friday, Oct. 24

Home Buying Basics 1:30 p.m. (1.5 hrs.): Only the biggest financial decision you'll ever make. In this 2-hour session, you'll learn about the loan process, types of mortgages, how to choose a real estate agent, lending institutions, how to avoid costly mistakes, the VA program, and the correlation between FICO scores and interest rates. We'll talk hot markets, cold markets, prime rates and closing costs. Realtors, lenders and builders all make money off you. Don't let them get more than they should. You'll get 6 weeks of financial information in 2 jam packed hours!
Play Morning 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

Saturday, Oct. 25

Modeling Fair: Come one, come all! The Yokosuka Modeling Fair will be held at the Kinnick High School Gym from 10 a.m. to 3 p.m. Bring your infants, your grandparents and everyone in between! Various Japanese modeling agencies will be on hand for easy, no-fee registration. Pre-registration is required so stop by our office today or register on-line at our Web site!

Upcoming Classes

- Oct. 27 Career Options Navy Skills Evaluation Program (CONSEP)
Communication, Anger and Stress Management, Assertiveness (CASA)
English as a Second Language
- Oct. 28 Area Orientation Brief and Intercultural Relations Class
Your Japanese Food
- Oct. 29 Youth Enrichment Class (High School)
Yokosuka Widows Support Group
- Oct. 30 No Classes
- Oct. 31 No Classes

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit our Web site: www.cfay.navy.mil/ffsc/index.htm

Automobiles

'00 **Chrysler Grand Voyager – Millennium Edition.** Heated leather seats, navil/DVD/CD changer. Power everything, snow tires. Many extras. \$7,500. Contact Phil, 241-8433, lawiya@hotmail.com.

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors October Cars!** 1. Beautiful '97 U.S.A. BMW 528i sedan and 52K miles, silver, leather, "angel eye" headlights, crystal tail lights for \$12,900! 2. Fast, custom 1996 Mazda RX-7 (RHD), 75K KM, MT in red for U.S. \$6,500! (car now at Yokosuka base!) Visit us: www.angelmotorsjapan.com. Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com.

BMW Military Sales – Factory discount pricing. Pre-purchase plan available for future purchase. Also available quality used European and Japanese cars. Int'l. Auto Emporium Office: (045)787-4335. Mobile: (090) 8485-4701. E-mail: LTM@viola.ocn.ne.jp.

Sale! Sale! Sale! Car Summer Discount Sale. AA MOTORS – The name you've known for many years. Can you trust buying a non-maintained car from somebody leaving? If not, then AA Motors is there for you with quality cars at unbelievable prices. We can also do all the paperwork, base inspection and LTO Run so just sit back and relax. Check it out: '96 Odyssey, \$1,800. '97 Skyline, \$1,900. '93 Big Horn, \$2,200. '98 Honda Capa, \$2,100. '96 Stepwagon \$2,550. '98 Dingo, \$2,250. '97 March, \$1,600. '97 Primera, \$1,500. '97 Grand Cherokee, \$4,500. '95 RVR, \$1,300 and many more. Call 080-5462-0735, or e-mail us at: ttgroupjapan@yahoo.com.

U.S. Spec Cars!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Bigwave Car Sales. Web: www.Big-wave.jp. Phone: 080-5497-1787. We guarantee all our cars. Don't take a chance with your hard earned money American owned call for free. Pick up just take at this weeks stock. 1. Toyota Crown 4-dr Sedan, pearl white, 48K km, \$1,800. 2. '99 Subaru Legacy 4-dr Wagon, silver leather int., double sunroof, really nice car 4WD \$3,325, 48K miles. 3. '00 Mazda Demio, blue, 5-speed, 43K km, \$2,200. 4. '95 Volkswagen Golf Convertible, red, 63K km, \$2,150. 5. '95 BMW 320i, silver one owner M3 body kit, very nice, must see, super low kilo. 24,000 km, very clean, only \$3,600. 6. '99 Caravan Elgrand, silver leather int. very clean, great family minivan, \$3,200. 7. '97 Honda Odyssey, white 68K km, new tires, \$2,100. '95 Honda Odyssey, wine, 69K km sunroof, \$1,850. 8. '97 Mazda MPV, white, clean car, 58K km, one owner, \$2,200. 9. '97 Skyline 4-dr GTS 2.5, silver aerokit, very nice car, \$1,950. 10. '00 Cube, silver, 50K km, 4-dr clean int. \$2,100. 11. '99 Honda SMX, 50K miles, white, \$2,200. 12. '99 Honda Accord Wagon, white, must see, new tires, tinted windows, really nice wheels. 13. '98 Mark II 4-dr Sedan, 74K km, \$2,400. 14. Honda Integra, very clean car, 2-dr sporty, \$1,950. 15. '00 Mercedes Benz E 240, black U.S. spec, left hand drive, 19 inch Carlson rims, sunroof, call now. \$5,500. 16. '95 Mercedes Benz S600, charcoal gray, every option imaginable, leather 19 inch AMG rims, HID lights, call for price www.Big-wave.jp, 080-5497-1787.

Services

2 BZ 2 Clean? House cleaning service can be scheduled to meet your routine needs. On or off base. Please leave a message and call-back number. Call 080-3489-7657.

Authentic and friendly Japanese instructor offers Japanese lessons for dining out, shopping and Japanese proficiency test at your location or Oppama class. Private lesson. ¥3,000/80 min. Contact 080-5646-2952, sensei4urs@gmail.com.

Birthday cakes and things is back open for business. For my most recent retirement birthday, baby shower and cupcake cakes, please check out www.myspace.com/tinah27, or birthdaycakesandthings.com

BW Audio for all your car stereo needs. Full custom shop, whatever you need we can make it or install it. Call 080-5497-1787.

Computer and Networking Services. We offer low cost computer repair and home/business networking services. We can set up "Secure" wireless and LAN networks. We also, install software, install hardware, contain viruses, and recover "precious" data. Vonage set up and trouble shootings available. We will respond within 24 hours. Please contact: CJ, 080-6603-2336/chaunceyharris@ezweb.ne.jp. Travis, 080-6616-5634.

Computer Services by Edwin – a 12 yr. Computer veteran is here to assist you with your PC/MAC. From virus infected computers to hardware and LCD replacement. Call 246-7628 or 080-6797-2531 to schedule and at home evaluation. Serving Yokosuka/Ikego areas. Hablamos español.

Dog Lovers Attention. Looking for dog hotel while you're away? Offering dog camp for solving behavioral problems training by bilingual professional. Send your tail-wagging-friend over to beautiful Hokkaido and we'll fly back and drop him/her off at your area. Visit http://one-to-hounds.com.

Driver's Education Class. Next class begins Nov. 10, 2008. Open to SOFA personnel. High school students must be 16 years old. For more info, go to www.yokosukadriversed.com. Cost ¥31,000. Class size limited.

Education Administrator. Do you work outside the home or just desire a quality home school education for your child? Then I have a solution to meet your needs. I can administer an accredited homeschool program, School of Tomorrow (A.C.E.) for your child. Grades 1-12 accepted. Open enrollment. Please contact me for more information at 241-3116 or 080-3526-0172.

English Class? YUCK! If you have heard your student say this, keep reading. If English is not your student's best subject, and he/she needs help/motivation with reading; understanding/analyzing novels, poems, plays, short stories; writing various types of essays and prose; developing vocabulary; identifying and understanding literary terms; help with English projects; etc... I am here to help! I am a CERTIFIED English teacher with 11 years of experience. I am licensed in VA to teach 7th-12th grade English classes and credentialed in CA to teach K-adult English classes including ESL. Please contact Lisa via e-mail at: Eng_Esl_magister@hotmail.com, or call 241-4393.

G's Salon – Waxing (B.B and all kinds), Manicure, Facials. "Straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment.

Hair salon in Yokohama hair expert for foreign Women and Men. Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights

and Low light. Specialize in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

KRush Photography. Specializing in babies, milestones, maternity, and family portraits. We're also great for senior portraits, special events, and all of your other photography needs! Visit krushphotography.com, or e-mail: Cindy@krushphotography.com.

Learn Hawaiian and hula. Traditional Ai ha'a style from a Hawaiian kumu. Men, women and children welcome. Contact Aunty Kimi, 090-4428-8322, or e-mail: pelesown@yahoo.com.

LTO Runs and Free Junking (could junk in a couple of hours). New registration, Japanese inspection, renewal, change address, transfer title, deregistration, road tax, T-plates. Call Elvie at 090-4585-8329.

LTO and Free Junking. Need to junk it now? Don't wait days. JCI inspection, title transfers, road tax, deregistration, T-plate. 12 years in Japan. Negishi, Ikego, any transmission OK. Call Derrick, 241-4415 or 090-3592-8809.

LTO Runs and Junking Services. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, change of address. Road tax, temporary plates. 日本語もOK. Call Cherry, 080-5046-0689.

LTO Runs and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, road tax, temporary plates. Call Mylan, 080-5863-3703 or 241-3037.

Free Junking Service in 1 hr. or less. Also free LTO service included. One call will do it. Don't worry. Negishi, Ikego no problem. Call Derrick, 090-3592-8809, home 241-4415.

LTO Runs and Free Junking. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: reikoltruns@yahoo.com. 日本語もOKです!

LTO runs and Junking Services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO Run and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, road tax, temporary plates. Call Jackie, 080-6657-9716 and 080-3394-5445.

LTO Runs and Free Junking. New registration, Japanese inspections, temporary plates, transfer registration, minicars, change address, road tax, deregistration, base inspection, JCI renewal. Please call Theresa, 241-3427 or 080-3392-4384.

LTO runs and Free Junking Service. New registration, JCI inspection, title transfer, de-registration. For a quick LTO Run, call Gino, 080-5405-3788 or 241-3788.

MorsePhotoStudio.com. Senior graduation, weddings, birth of a child, and family get together are precious times in a persons life especially overseas. Rely on a photographer with experience. View our photo gallery online. For appointments, please call Sherry Morse at 080-6736-4961.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

Piano Tuning Service – Autumn Campaign 2008 (September-October). Upright pianos, ¥11,000 ¥10,000. Grand Pianos, ¥14,000 ¥12,000. *The price may depend on the condition or type of piano. Please contact Edward Fukushima (Member of Japan Piano Technicians Association). (042) 473-4604 (Tel./Fax), 080-5441-1802, efukushima2@hotmail.com, efpiano442@ezweb.ne.jp.

Professional Cleaning Service. Weekly or biweekly. On base. Call Ewa, 090-4224-4674.

Professional Resume Writing. Military-to-Civilian Resumes. Federal, KSA, Resumes-from-scratch, Veteran owned and operated. Any resume consulting. www.anyresume.com, anyresume@gmail.com.

Yard Sales

Yard Sale. Oct. 18 (Saturday), Hachiban tower party room. 10 a.m.-3 p.m. Kid clothes, toys, house holds, furniture and more.

Positions

URGENT!! Building Facility Engineers. Requirements: *More than 3-year on-the-job experience for building maintenance business. *Business level English and Japanese (speak, write). *Proper valid work visa. *Workplace: Tokyo Metropolitan area. *Pay: up to ¥330,000 or ¥400,000/month and above depend on your experience for full time and ¥1,200/hr. for part time. *Transportation cost paid (maximum ¥40,000). *Paid vacation and holiday. *Retirement age: 65 years old. *Point of contact: m-watanabe@s-mt.co.jp, Shin-ei Real Estate Business Co., Ltd.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(GWが入港中)4 a.m.-8 a.m.は(2時間でもOK)運転好きな方、チップも入るし結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

Experienced nanny seeks full-time employment and VISA sponsor. Filipina, 31 years old, honest, trustworthy and love kids. Please contact Patrice at 080-1087-7974, or e-mail: mptrcms@docomo.ne.jp for more details.

Looking for an English teacher to teach in your Negishi base home. Kids/adults students on weekdays/weekends. Must have college degree. Have fun and

make Japanese friends! Contact Yuka: 090-4006-8414.

Looking for a part-time English instructors. You can set your own lesson fee, teaching schedule and location. Please e-mail your resume at: support@lily-ec.jp and get more information.

Looking for sales assistant for au cell phones at Yokosuka NB. Please contact Yoshi at 090-9780-1784 for more information.

Personals

Give the Home Front Some Real Christmas Cheer This Year!! They're already proud of you, now make them laugh out loud in three different books!! "A Texan's Guide to Elucidating in Japanese", full of multi-cultural mumbings and jaw-busting bursts of babble! U.S. \$15, or "Homely Homilies on Life", 173 pages of laffs and gaffes on a 50-year journey into and out of a Sailor's life, U.S. \$25 or "Navel Thinking Plus", 170 pages of sea stories and deckplate views about the adventures and misadventures of Sailors, U.S. \$25. No embarrassment just a steady stream of laughs in all three!!!! Send U.S. cash, NFCU check or I.P.M.O. to J.V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken, Japan.

To Live or Not Live in Japan, Where is the Info? Right here in "Retiring in Japan, the What, How and When of It". More factual info than a house has dust!! The whole nine yards on what you need to know and do to make it in Japan!! The cost? U.S. \$20 or ¥2,200 via cash, NFCU check or I.P.M.O. to J.V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken, Japan.

Lost and Found

Lost a diamond anniversary ring, white gold and with 8 diamonds. Location was NEX Main store or MWR building, sometime Saturday, Sept. 20 or Monday, Sept. 22, 2008. I will offer reasonable cash reward for whoever has a good heart to return it. This ring is part of my 17 years of marriage. Call 243-1233 or 080-6679-6580 if you are the person who found it. God bless.

Announcements

Buyers Market in fabulous Las Vegas. House prices are at all time low. Time to buy your dream home or for investment. I specialize in representing you, the buyer. No cost to you, seller pays. Let me find the right house for you and negotiate the best deal for you. E-mail: realtorchriscoobb@gmail.com. Web site: http://christophercoobb.las.mlxchange.com. Cell phone: (702) 630-0790.

DoD Civilians and Contractors – Get out of that small Hotel Room! House available very close to base. Furnished, internet, Cable, the works! E-mail: yamasmit@jcom.home.ne.jp. Phone: 080-5436-8408.

Looking for an apartment or house? Ocean view! Mountain View! Spacious balcony! American style bathroom! *Tatami* room! Let us find your dream apartment or house. We have several houses and condominiums for sale. Also start your real estate business in Japan today! Our friendly staff will work hard to get you the best deal possible. Call us, (046) 825-0245 10 a.m.-6 p.m. Contact at: chintai@heisei-yokosuka.co.jp. Address: 1-18 Wakamatsu, Yokosuka Heisei Housing Co., Ltd. Our Company is in front of Coco's curry shop near Yokosuka chuo station.

The Symbol of Purity and Aristocracy. Only Bayleaf presents ethnic and authentic Indian cuisine in Yokosuka. For reservation, call 080-3015-1749. We use best ingredient in the dishes. Visit the Web site. http://www.yokosukaandian.com/ and http://www.indiancurry-bayleaf.jp/ Parking, party, take out, reservation OK. Monday closed. Tel. (046) 821-1922.

Unable to locate jobs on military bases? Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: anderson@nsedreams.com, or visit my Web site at: http://anderson.nsedreams.com.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$300/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

Yokohama World Friends Halloween International Party, Oct. 20, Saturday, 6:30-9 p.m., Bar Why Not. Biggest international party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free Snacks. ¥3,000. http://www.worldfriends-party.com. Call 080-2001-0512, party@goover.co.jp.

Yokosuka Baptist Church. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213. Visit our office or call us at 243-3100/ (046) 816-3100 or e-mail to: seahawkkyokosuka@ys020407.americablejapan.com to place an ad or for more information. Business hours are 10 a.m. to 4 p.m., Monday-Friday. deadline for classified ads is 4 p.m., Friday prior to publication date (one week in advance).

Asahi Advertising, Inc.



Yokosuka Middle School (YMS) Culinary arts teacher Sherri Thomas pauses with fresh bread sticks at the YMS Parent Appreciation Dinner Oct. 10. This is the third year that schools teachers and staff have hosted a dinner to show their appreciation for the role that parents play in students success.

Photo by Dale N. Duncan Jr.



Patrons check out some of the paper crafts, origami and other goods on display at this year's Fall Bazaar at the Fleet Recreation Center Parking Garage Oct. 5. The two-day event is held twice a year by the Navy Exchange and provides residents a chance to buy Asian goods for low prices in one convenient location.

Photo by Dan Bowen

In remembrance



Members of the CNFJ Regional Fire Department perform the fallen Fire Fighters Ceremony paying tribute to firefighter's worldwide who have made the ultimate sacrifice during the Appreciation Dinner held at the Officer's Club Oct. 3. The dinner celebrates and recognizes the close relations between both the CNFJ fire department and the local city fire departments. The white table cloth on the table symbolizes the purity of their intentions to respond to every call. The red rose is for those who gave their life so that others may live. The white rose is for those who witnessed or experienced tragedy and are still with us today. A slice of lemon on the plate reminds us of their bitter fate. Salt on the plate symbolizing the tears shed by friends and family. The glass is inverted: they cannot toast with us. The chair is empty—they are not here, but let us never forget them.

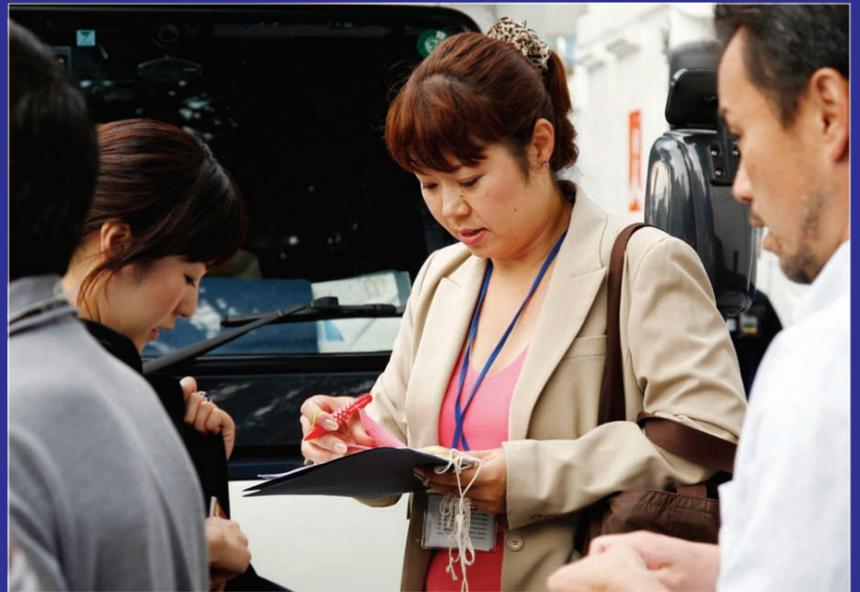
Photo by Dan Bowen



The Sullivans School students of Jeanne Roblyer's third-grade class show off their T-shirt creations on tie-dye day Oct. 9. Students wear T-shirts on study trips or other special events during the school year.

Photo by Megan Weathers Cullen

Konnichiwa!



(Center) CNFJ Public Affairs Office MLC employee Mito Iinuma distributes press passes to Japanese media personnel for the *USS George Washington* arrival Sept. 25.

Photo by Yuji Kawabe

Where is your hometown?

Yokohama.

Where do you work?

CNFJ PAO Media Relations.

What is your favorite food?

Sushi.

Life goal?

To live in Vancouver, Canada after retirement.



GM1 Justin McConnell and GM2 Lamar Varnedoe upload a torpedo while underway onboard *USS Mustin* (DDG 89) Oct. 1. *Mustin* is one of seven Arleigh Burke-class guided missile destroyers assigned to Destroyer Squadron 15.

U.S. Navy photo by MCSN Charles Oki