

Clean energy, conservation awareness focus of Energy Fair

Story and photo by Mark Elrod, CFAY Public Affairs

Commander Fleet Activities Yokosuka (CFAY) celebrated Energy Awareness Month by sponsoring an Energy Fair in the commissary “redbrick area” Oct. 22.

Clean energy is renewable energy, which replaces or replenishes itself, according to Naval Facilities Engineering Command, Far East (NAVFACFE) Resource Efficiency Manager Michael Gabiga.

Some examples of clean energy sources are hydro-electric, solar and wind energy.

The fair which was more than just a celebration of Energy Awareness Month, was also held in an effort to educate the local community about “clean energy” resources.

“It’s an opportunity to bring vendors who have energy conservation strategies, products, and methods of energy conservation and demonstrate them to the local population here,” said Gabiga. “The goal is to achieve awareness and make the local citizens aware that there are more energy efficient products available out there like energy efficient light bulbs, which are really [popular].”

Energy efficient light bulbs are among the products available at the Navy Exchange and commissary that people can use to help save energy, money and the environment, according to Yokosuka Commissary Produce Manager Gertrude Hunt.

Changing from incandescent light bulbs to the, more energy efficient, compact fluorescent bulbs can lead to a tremendous amount of savings, because compact fluorescents use less energy and provide more light, according to Gabiga.

In addition to saving energy and money, the compact fluorescents have a longer life-cycle, because they last, approximately, 15,000 hours compared to incandescent bulbs, which only last about 6,000, said NAVFACFE Resource Efficiency Manager John Grobler.

As part of the event, local students from The Sullivans Elementary School got involved by displaying energy awareness posters they made.

In addition to displaying the students’ posters, members of NAVFACFE gave them tours of the CFAY cogeneration power plant as part of the energy fair.

“The power plant is energy efficient, because it recaptures heat from natural-gas engines to create steam, which, in turn, is used to create electricity and heat water for the CFAY community,” said Gabiga.

“In addition to being environmentally friendly, the Navy, Department of Defense and the president have passed regulations that we have to follow.”

The power plant is in accordance with Presidential Executive Order 13423, issued January 2007. It is aimed at reducing energy consumption and reducing greenhouse gasses by mandating that more widespread use of environmental management systems.

The Energy Policy Act of 2005 and Energy Independence Security Act of 2007 are other documents that NAVFACFE adhere to as well.

“[The policy act] is to reduce our dependency on fossil fuels and encourage more



Representatives of Naval Facilities Engineering Command, Far East promote energy conservation by handing out information pamphlets and complementary gifts during the CFAY Energy Fair Oct.22.

renewable energies,” said Gabiga.

“The most important part is to end our dependence on foreign oil reserves and generate energy independence, said Atsugi Utilities Energy Management Resource Efficiency Manager Brian Jarvis. “It provides for a secure future.”

According to Jarvis, one of the ways for Americans to learn to conserve energy is to change the way we use it.

“For instance, when I first got here to Japan, my circuit breaker in my house was only 30 amps, so I couldn’t run a microwave and an (electric) oven at the same time. If you compare that to back home where we have 250 amp service I could run everything simultaneously, so as American’s we are just accustomed to turning everything on and using it,” said Jarvis. “If we change the way that we use our energy we can reduce the demand on the [ecological] system.”

“We have to look out for the future of our kids,” said Hunt. “If we just abuse our environment, now, our kids, in the future, will have a tougher time dealing with things. So, we might as well take care of it now.”

NEX Yokosuka receives 2007 Bingham Award for excellence

Story and photo by Fumiyo Sato, CFAY Public Affairs

The 2007 Navy Exchange Bingham Award ceremony was held at the Officers’ Club Admiralty Room Oct. 14. More than 200 Navy Exchange Yokosuka employees attended the ceremony to celebrate their fifth time receiving the honorable award.

The Bingham Award is given to recognize Navy Exchanges that have demonstrated excellence in customer service, operations and management. The award is named after the late Capt. W.H. Bingham.

Bingham was the chief executive of the R. H. Macy’s company and was appointed by the Secretary of the Navy in 1946 to lead an advisory board for the establishment of the Navy Exchange System. Navy Exchange Yokosuka received the Bingham Award in 1994, 1995, 1996 and 1999. The Bingham Award is awarded to Navy Exchanges in various sales categories, and Navy Exchange Yokosuka won in the category for annual sales from \$112 to \$280 million.

“Winning this Bingham Award represents quite an achievement on the

part of all of you out there,” Commander Navy Service Exchange Command Rear Adm. Robert J. Bianchi said during his speech.

Navy Exchange Yokosuka’s total sales were up two percent from the last year and the profits went up 16 percent over the plan of four percent from last year, according to Bianchi. “[But], it is not about the money

and it is not about the return on the investment. It is also about the people and your customer satisfaction index scores rose a whopping 10 points over last year, well done,” Bianchi praised.

After his remarks, Bianchi presented Commander Fleet Activities Yokosuka (CFAY) Capt. Daniel Weed the Bingham Award on behalf of the Yokosuka Navy Exchange. Weed then presented the Distinguished Civilian Service Award to Navy Exchange Japan District Operations Manager Rusti Rausch.

Rausch said she was very humbled when the Navy Exchange Yokosuka won the award. “This is a joint effort and can not be accomplished unless every exchange associate is on board and committed to the Bingham values,” she said.

Bianchi together with Weed then presented Bingham certificates to 18 Navy Exchange Associates for their contributions and hard work. “The entire staff at the Navy Exchange Yokosuka is very excited about winning,” Rausch said. “We hope it provides a level of reassurance to our patrons that the Navy Exchange strives to meet all expectations, from stellar customer service to product availability.”



Navy Exchange Yokosuka associates pose after receiving Bingham award certificates from Commander Navy Services Exchange Command Rear Adm. Robert Bianchi and Commander Fleet Activities Yokosuka Capt. Daniel Weed Oct. 14.



Capt. Daniel L. Weed,
Commander,
Fleet Activities
Yokosuka



CMDCM Wayne E. Smith,
Command Master
Chief

2009 COLA rates announced for military retirees

By the Military Officer's Association of America

It's official. The 2009 cost-of-living adjustment (COLA) for military retired pay, Survivor Benefit Plan (SBP) annuities, social security checks and Veteran's Affairs disability and survivor benefits will be 5.8 percent, effective Dec. 1, 2008. It will first appear in the January 2009 checks.

Service members who retired during calendar year 2008 will receive a somewhat smaller, partial COLA for this year only because they already received a January military pay raise (which also raised their 2008 retired pay). If you retired in 2008, your COLA is calculated as follows:

- Members who entered service before Sept. 8, 1980, and who retired on or after Jan. 1, 2008, will receive a 5.0 percent COLA.

- Members who entered service on or after Sept. 8, 1980 (whose retired pay is calculated on their highest 36 months' basic pay rather than final basic pay), and retired between Jan. 1, 2008, and Sept. 30, 2008, will receive a partial COLA based on the calendar quarter in which they retired. January through March retirees will receive 5.0 percent; April through June retirees, 3.8 percent and July through September retirees, 1.2 percent. Those who retired after Oct. 1, 2008, will see no COLA this year.

- Members who retire during 2008 will receive full-year COLAs in future years.

This is the third year in the last four that the retiree COLA has been higher than the pay raise for currently serving troops. The two are never the same because they are based on different things and have different purposes.

Military pay raises are based on private sector pay growth, as measured by the Bureau of Labor Statistics' Employment Cost Index (ECI). Their intent is to ensure military pay is kept reasonably comparable to private sector pay, to allow the services to compete successfully for manpower over time.

Retired pay COLAs, on the other hand, are cost-of-living adjustments that track to inflation, as measured by the Consumer Price Index (CPI). Their purpose is to ensure that whatever purchasing power a member's retired pay represented on the date he or she left service isn't eroded by inflation over time.

司令官の相談室

American Indian Heritage Celebration – The Yokosuka Diveristy Empowerment Committee is hosting an American Indian Heritage Celebration at 11 a.m., Nov. 13 at the Chapel of Hope. Guest speaker will be Navajo Code Talker Samuel Smith Sr. Contact the Chapel of Hope at 243-6773 for more information.

Channel 12 Slide Scroller Submissions – All community announcement presentations for airing on local base channel 12 can be created in Microsoft PowerPoint in a landscape format but must be saved as a jpg/jpeg type file. E-mail your submissions to Seahawk-Umitaka@fe.navy.mil. Please include your telephone contact information in the body of the e-mail. Contact MCC(SW/AW) Eric Hannah at eric.hannah@fe.navy.mil for specific design requirements or for more information.

Government Travel Credit Card change – Government Travel Credit Cards (GTCC) issued by Bank of America (BOA) will expire Nov. 29. Cardholders will receive a new GTCC from Citi sometime during the summer 2008. Cards will be shipped in a deactivated status, which means they are not available for immediate use. Cardholders will need to verify receipt of the new travel card by following the instructions on the sticker affixed to the front of the card. The card will be activated and ready for use Nov. 30. Your agency program coordinator will provide specific instructions on disposal procedures. Card disposal should only occur after Nov. 29. BOA will accept payments after the changeover for any charges applied to the old card.

Cardholders need to pay all outstanding undisputed charges prior to Nov. 29. If your current GTCC issued by BOA is in good standing, you will automatically receive a new card. Keeping your account information up-to-date will ensure that you receive your card this summer. Only new applicants after Nov. 29 will need to apply for a card. Individuals whose accounts were deemed ineligible for a card under BOA will need to reapply for eligibility under the Citi contract. Your new card will be sent to your current mailing address on file with BOA. Cardholders who did not receive their card by Oct. 31 should notify their program coordinator.

Narita/Yokota Shuttle Bus Rate Change – Effective immediately, the rate for official travel on the Narita/Yokota Shuttle bus is \$32 per person and is set to recover operating expenses of the service. All CFAY and tenant command travelers on temporary orders or Permanent Change of Station (PCS) orders are required to utilize this government provided transportation unless a valid operational requirement restricts its use. All personnel requiring ground transportation to Narita Airport or Yokota Air Base must coordinate their transportation request with the shuttle bus office and provide a copy of travel orders in person to building B1555, by fax at 243-9594 or e-mail to cfaybus@cfay.navy.mil. Adherence to the mandatory use of the bus service will help to maintain a reasonable bus rate. Contact Hirofumi Ishizuka at 243-8255 for more information.

BZ: I went to the Benny Decker Theater a couple of days ago and noticed that nachos are available these days. Way

to go! The quality of service is as good as any state-side theater at a fraction of the cost to get in the door. Thank you to both management and staff. Bravo Zulu! Keep up the great work.

BZ: Thank you to the entire Naval Hospital Yokosuka team for supporting our Nile C. Kinnick High School (KHS) Football program. Your corpsman stood at the ready and provided onsite emergency medical treatment care to the KHS Red Devils and the visiting team players. I understand that the Sailors volunteered and took it upon themselves to serve as "Team Doc."

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. The next "Commander's Corner" live call-in show is tentatively scheduled for Dec. 4. This is your opportunity to call in and speak with Commander Fleet Activities Yokosuka Capt. Daniel L. Weed about issues affecting our community. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: Seahawk-Umitaka@fe.navy.mil.

Commander Fleet Activities Yokosuka Capt. Daniel L. Weed

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NEW! Adding new hours to the following:
LAP SWIMMING
Monday thru Friday from 1900 to 2100

<http://www.cfay.navy.mil/aquatics.html>

SEAHAWK NATATORIUM HOURS

Activity	Time	Day
Starting from November 3		
Morning Lap Swim	0530 - 0800	Monday - Friday
Command Training	0800 - 1100	Monday - Friday
Recreation & Lap Swim	1100 - 1900	Monday - Sunday
Lap Swimming*	1900 - 2100	Monday - Friday

*Late night lap swim will be held on a trial basis starting Monday, November 3.

IKEGO MINI-MART VETERAN'S DAY HOLIDAY HOURS OF OPERATION: 1000-1900, NOVEMBER 11

Thanksgiving Fried Turkey

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Stop by our Popeyes at Main St. Food Court. We open daily 1000-2100

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Ladies Bike**
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Bike Professionals
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Yokosuka: Red Brick Area next to Home Accents
0700-2100 on Nov. 28
0900-1800 from Nov. 29

Negishi: NEXMart
0700-2100 on Nov. 28
0900-1800 from Nov. 29

Call for more information : Yokosuka 243-4455 • Negishi 242-4155

Breakfast & Photo with Santa

Photo with Santa
November 28, 1200-1400 at Main Store

Breakfast with Santa
December 06, 0800-1000 at Main Store Food Court

Price: \$4.99 (includes: scrambled eggs, pancakes, bacon or sausage, milk/Orange Juice)

Shopping at Santa's Workshop
December 06, 0800-1200 at Kids NEX Door

Our elves will help you find and wrap the perfect gifts for your family and friends



Call for more information : 243-4455

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HONOLULU JEWELRY
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Prices from 25¢ to \$15.00

NOVEMBER 15

1100-1600

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Silk Flowers, Table Cloths,
Spring Decor, Christmas Decorations,
Decorations for Children's Room

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and wished you could buy...
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Sunday : 0900-2000

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Sat & Sun : Closed

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Daily: 0600-2300

IKEGO
Mini-Mart
Monday: 1000-2100
Sat-Sun: 0900-2100

NEGISHI
NEX Mart
Daily: 1000-2000

YOUR NAVY EXCHANGE PROFITS SUPPORT MWR PROGRAMS & SERVICES

Goodwill, friendship building part of *Shiloh's* visit to Cebu

By *USS Shiloh* Public Affairs

Sailors from *USS Shiloh* (CG 67) departed Cebu, Republic of the Philippines, Oct. 23, following a successful scheduled four-day port visit.

While in port, the ship's approximately 360 crew members participated in friendship-building and goodwill generating activities such as community relations (COMREL) projects, ship tours, sports competitions and other cultural exchanges.

During the ship's visit to Cebu, *Shiloh* Commanding Officer Capt. Alan J. Abramson paid courtesy visits to Armed Forces of the Philippines (AFP) Brig. Gen. Jessie Dellosa and Cebu City Vice Mayor Michael Rama, to name a few.

Crew members from *Shiloh* visited both Camp Lapu Lapu National High School and Elementary School. The ship's volunteers were warmly welcomed at the high school, as they presented donations of school books for the students. A select group of students performed a traditional Filipino dance for the crew after the school conducted a patriotic flag raising ceremony at the start of the school day.

After presenting school books to the children, the *Shiloh* volunteers headed across the street to the elementary school to join AFP soldiers in painting the school's performance stage, as well as several of the

school's other buildings in need of a fresh paint job.

"I'm proud of our Sailors' volunteer spirit and admire their sincere desire to help others," said Senior Chief Electronics Technician (SW/AW) Mark Sadowski, *Shiloh's* COMREL organizer. "Through their efforts, the Filipinos who attend Camp Lapu Lapu School gained a favorable impression of America and its positive role in the region."

After the painting was complete, the *Shiloh* volunteers headed to the 8th Annual AFP Central Command (CENTCOM) Sports Festival to attend the opening ceremony conducted by the Commanding General Lt. Gen. Pedro I. Inserto, Philippine Air Force.

Following the ceremony, the *Shiloh* basketball team played a friendly game against their Filipino partners from the AFP. The *Shiloh* team emerged victorious and after the basketball game, CENTCOM hosted a picnic for all participants and spectators.

USS Shiloh is underway on a scheduled deployment in the 7th Fleet area of responsibility.

IS2(SW) Fredrick K. Bartlett stationed on board the guided-missile cruiser *USS Shiloh* (CG 67) and a soldier from the Armed Forces of the Philippines work together to paint part of Camp Lapu Lapu Elementary School during a community relations project in Cebu City, Republic of the Philippines Oct. 21.

U.S. Navy photo by AE3(AW) Steven L. Khor.



Blue Ridge has banner year winning NEY, promoting Sailors

Story and photo by MC2 Peter D. Lawlor,
USS Blue Ridge Public Affairs

USS Blue Ridge (LCC-19) food services division capped off one year's worth of focus and dedication with the addition of six new chiefs to the culinary specialist rating aboard the Ney award-winning flagship.

The goals were established when Master Chief Culinary Specialist (SW/AW) Paul Marshall, leading culinary specialist for *Blue Ridge*, checked aboard in May 2007.

"Our goals were set high," said Marshall, who cooked up the team's award-winning recipe for success. "Our primary goal was to win the Ney award. To do so, we developed a training program that not only emphasized the art of perfecting our rate but also highlighted key points on how to take an exam."

"Once our goals were established we focused one at a time on the mission, studying and making sure all objectives were met in preparation for the Ney," said Chief Culinary Specialist (SW) Felipe Tubera. He added that the chain of command was adamant about helping their junior Sailors advance to the next pay grade by teaching in-rate knowledge book smarts as well as offering hands on know-how.

"When our troops shine, we shine." Tubera's statement could not have been more correct for the 2008 fiscal year. The food services division was indeed shining... like a star or two on the tip of a gold-fouled anchor.

First the announcement came Feb. 6 that *Blue Ridge* was the 2008 Captain Edward F. Ney award winner (best large afloat platform in the fleet). In March, Marshall was promoted to master chief and in May, David Jones, Joselyn Sabas and Micheal Morgan were all promoted to senior chief culinary specialists.

"The promotions kept coming" said Senior Chief Culinary Specialist (SW/AW)

Joselyn Sabas. "Five of nine second class petty officers were promoted to first class. Six of nine seamen were advanced to third class, and one third class was promoted to second class."

Sabas said the icing on the cake for the food services division in 2008 was the five first class petty officers who were promoted to chief.

"This is a true testament of hard work and dedication to the mission," said Senior Chief Culinary Specialist (SW/AW) Micheal Morgan. "Hard work, a can-do spirit and a high level of energy projected daily helped us to provide a higher level of service to our crew."

Morgan believes the team's strategic ingredients to bring praise to the department through earning the Ney and promotions for his crew through intensive advancement exam preparation culminated and resulted in better service for the ship's crew.

"Promotions are something you can never get enough of," said Morgan. "It is the best morale booster around... and higher morale equals higher productivity and better service. Higher productivity and better service create happier crews who can in turn perform their jobs better. It all leads to a higher level of readiness across the board."



(Left) Recently promoted CSC's; Micheal Morgan, Felipe Tubera, Gary Delacruz, Paul Marshall, Joyce Fountain and Concepcion Jordan pose for a photo with the Captain Edward F. Ney trophy in the crew's galley aboard *USS Blue Ridge* (LCC 19).

MWR Happenings

Morale, Welfare & Recreation

Chief's Old School 70's Night

Saturday, November 8
from 1800 to 0100
Silver Dollar Room
Call 243-5506 for details.

Don't miss out on this wild night of fun! Bring your guests. DJ music, a great selection on our buffet, drinks, sports clips, great prizes and a Texas hold 'em tournament. Bring out threads from "back in the day" to compete in a best costume contest.



FitFactor

NAVY CYP
GET UP - GET OUT - GET FIT

The Navy Youth and Teen Health & Fitness Program for ages 6 to 18

The goal of the FitFactor program is to encourage you to make healthy choices and give you opportunities to participate in a variety of fun activities. Use the online incentive program to log points, gain levels and get prizes! For details call 241-2952.



GARDENING
The Community Center is now offering gardening classes on Thursdays and Saturdays. Learn everything from growth cycles to pruning, plotting and planting your garden. Call the Yokosuka Community Center at 243-6713 for class dates and times.

D.A.R.E. and CFAY Security Department presents...

2008 YOKOSUKA NIGHT OUT

SUNDAY, NOVEMBER 9

from 1300 to 1600
on Hart Street and the Bowling Parking Lot
Come and visit our booths, special activities and displays.
Open To All Hands

For more information, please call D.A.R.E. Rep. MA2 Scott at 243-5351.

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FAMILY ANIMAL LAND AND Travel Fair



ITT and IACE
Saturday, November 15 from 1000 to 1500

In celebration of Military Family Appreciation Week, MWR will host this family-oriented event in Kosano Park with over 100 petting zoo animals, pony rides, air toys, games, cotton candy, temporary tattoos, food booths and entertainment.

Here are some of the vendors, travel agencies and airlines:

JTB Global Marketing & Travel, Kamogawa Sea World Costco Wholesale, Fujikyuko, Hakone Kowakien Yunessun, Yokohama Zoorasia, Northwest Airline, Continental Airline, United Airline, American Airline, Delta Airline and more.



Suited Animal Characters

Fire Department providing an earthquake machine.

Over \$900 of prizes to give away!

For more details call 243-4731.

Event subject to change without notice.

Presenting

Saturday, November 22 from 1730 to 2100

Canterville Ghost Dinner Theater

Written by Oscar Wilde, directed by Paul Stebbings and produced by Grantly Marshall. A great live stage presentation by The American Drama Group from Europe, world class theatre for the whole world. Evening begins with no host cocktails at 1730 followed by a great buffet dinner beginning at 1800 and show starting at 1930. Tickets on sale now at our cash cage. No refunds after Tuesday, November 18. Call 243-5030 for details. \$29.95

Saturday, November 22 from 1800 to 1930
YOKOSUKA, IKEGO AND NEGISHI TEEN CENTER

THANKSGIVING DAY PARTY AT THE TEEN CENTER

Come out and let's jam to cool music and eat great food. There will be a dance contest & a live DJ. And the best part, it's FREE!

For more info, please call your local teen center.

NEW!

Adding new hours to the following:

LAP SWIMMING

Monday thru Friday from 1900 to 2100

<http://www.cfay.navy.mil/aquatics.html>

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Benny Decker

Friday, November 7			Tuesday, November 11 \$1 Movie Night		
1730	High School Musical 3: Senior Year	G	1300	Beverly Hills Chihuahua	PG
2030	The Family That Preys	PG13	1730	The Women	PG13
Saturday, November 8			Wednesday, November 12		
1300	High School Musical 3: Senior Year	G	1730	High School Musical 3: Senior Year	G
1730	The Family That Preys	PG13	2030	The Family That Preys	PG13
2030	The Women	PG13	Thursday, November 13		
Sunday, November 9			Friday, November 14		
1300	Beverly Hills Chihuahua	PG	1730	Madagascar: Escape 2 Africa	PG
1730	The Family That Preys	PG13	2030	Madagascar: Escape 2 Africa	PG
2030	Traitor	PG13			
Monday, November 10					
1730	High School Musical 3: Senior Year	G			
2030	The Family That Preys	PG13			

Fleet

Friday, November 7			Tuesday, November 11 \$1 Movie Night		
1800	Changeling	R	1800	Mirrors	R
2100	Righteous Kill	R	2100	Miracle at St. Anna	R
2400	Burn After Reading	R	Wednesday, November 12		
Saturday, November 8			Closed for Maintenance – no movies		
1800	Burn After Reading	R	Thursday, November 13		
2100	Changeling	R	1800	Body of Lies	R
2400	Righteous Kill	R	2100	Changeling	R
Sunday, November 9			Friday, November 14		
1800	Mirrors	R	1800	Lakeview Terrace	PG13
2100	Body of Lies	R	2100	Righteous Kill	R
Monday, November 10			2400	Ghost Town	PG13
1800	Righteous Kill	R			
2100	Miracle at St. Anna	R			

Negishi

Friday, November 7			Sunday, November 9		
1900	Miracle at St. Anna	R	1300	High School Musical 3: Senior Year	G
Saturday, November 8					
1300	The Express	PG			
1900	Bangkok Dangerous	R			

MWR Theaters

Synopsis

Madagascar: Escape 2 Africa
Cast: Ben Stiller, Chris Rock, Jada Pinkett-Smith, David Schwimmer, Sacha Baron Cohen
Synopsis: Hoping to return to New York via a penguin-piloted plane, Alex, Melman, Gloria and Marty crash land in the plains of Africa.

Lakeview Terrace
Cast: Samuel L. Jackson, Patrick Wilson, Kerry Washington, Ron Glass, Ajay Mehta
Synopsis: A young interracial couple move into their dream home and are increasingly harassed by their next-door neighbor, a tightly wound black LAPD officer. When the couple decides to fight back the feud turns deadly.

Ghost Town
Cast: Ricky Gervais, Greg Kinnear, Alan Ruck, Tea Leoni, Jeff Hiller
Synopsis: Bertram Pincus, is a man whose people skills leave much to be desired. When Pincus dies unexpectedly, but is miraculously revived after seven minutes, he wakes up to discover that he now has the annoying ability to see ghosts.

High School Musical 3: Senior Year
Cast: Zac Efron, Vanessa Hudgens, Lucas Grabeel, Corbin Bleu, Ashley Tisdale, Kaycee Smith
Synopsis: As seniors in high school, Troy and Gabriella struggle with the idea of being separated from one another as college approaches. Along with the rest of the Wildcats, they stage a spring musical to address their experiences, hopes and fears about their future

Changeling
Cast: Angelina Jolie, Amy Ryan, John Malkovich, Jeffrey Donovan, Riki Lindhome
Synopsis: A mother's prayer for her kidnapped son to return home is answered, though it doesn't take long for her to suspect the boy who comes back is not hers.

Righteous Kill
Cast: Al Pacino, Robert DeNiro, 50 Cent, Donnie Wahlberg, Carla Gugino
Synopsis: Two veteran New York City detectives work to identify the possible connection between a recent murder and a case they believe they solved years ago; is there a serial killer on the loose, and did they perhaps

The use of camcorders, still cameras, cellular telephones and any other recording devices in the auditorium during the exhibition of any movie is strictly prohibited. Violators will be escorted from the premises and recorded materials will be confiscated. All theatre privileges of violators will be terminated. Violators may be subject to criminal prosecution.

For the most up-to-date movie information call 243-6703.

Food and beverages from outside sources are not permitted in theaters per COMFLEACTINST 1710.64E, ENCL. 33, PARA 3E(3).

ITT Tickets

Discount Yunessun Hot Spring Tickets
 ITT is now selling discount tickets to the relaxing hot springs of Yunessun in beautiful Hakone! Tickets cost ¥1,700 for adults (12 yrs old and above), and ¥1,000 for children (3 - 11 years old). Tickets are valid until December 31, 2008.

Discount Hakejijima Sea Paradise Tickets
 Discount tickets for Hakejijima Sea Paradise are back! Tickets, good for admission to the aquarium, Dolphin Fantasy and all rides are now on sale at ITT for ¥4,600 for adults 16 years and older, ¥3,300 for juniors 6 - 15 years old and ¥1,900 for children 4 - 5 years old. Tickets are valid until November 30, 2008.

Tokyo Disneyland and DisneySea Tickets
 Did you know ITT sells tickets to Tokyo Disneyland and Tokyo DisneySea? Get yours today for only ¥5,800 for adults, ¥ 5,000 for juniors and ¥3,900 for children! *Tickets to both parks have expiration dates that tickets must be used prior to. Tickets may not allow entry into the park during high attendance times.

Matsuyama Ballet Presents The Nutcracker
 Get into the spirit of the season with this holiday classic, live at the Yokosuka Art Theater on December 13. ITT will begin selling tickets December 8 for ¥6,500. Tickets are required for all attendees age 3 years old and up.

Beginner Day Hike at Kinubariyama, Zushi-Kamakura, Kanagawa Prefecture
 This family oriented hike on November 15 will begin near Nagoe Kiridoshi, which used to be one of the important entrances to the ancient capital of Kamakura. Kinubariyama has a spectacular view of Kamakura

MWR ITT & ORC

For details about any of the ITT events listed, give them a call at 241-5056/5057. Ticket sales are open to all DoD I.D. card holders, 18 years old and above attached to CFAY and tenant commands. For more information about Outdoor Recreation services, call them at 243-5732.

Outdoor Recreation

City, Sagami Bay and Mt. Fuji. After lunch, hike down and visit Houkokuji (Bamboo Temple) before returning to the starting point. The cost is \$25 per person and includes temple admission. Last day to sign up is November 10.

Cross Country Mountain Bike Ride at Ikego Duck Pond, Zushi, Kanagawa Prefecture
 Come out and enjoy great mountain biking, right in our own backyard on November 22! After some instruction, riders will test their new skills outside the gate at Duck Pond in Zushi, riding along the border that surrounds Ikego Housing. The cost is \$25 for transportation only. Last day to sign up is November 20.

Beginner Rock Climbing at Yugawara Makiwa, Kanagawa Prefecture
 If you've ever wanted to learn to rock climb, now's your chance! Join Outdoor Rec on November 29 as we head to Yugawara. The rocks provide a variety of routes, most being short and beginner friendly. The cost is \$50 per person. The last day to sign up is November 24.

Ski/Snowboard Service
 Do your skis or snowboard need a tune up or waxing? We offer repair and tune up services for your convenience. Hot wax only fee is \$10 and

Outdoor Recreation

a full tune up is \$20. P-TEX repair is also available. Repair fee is assessed by the size of the damage.

Bicycle Storage
 Are you tired from worrying about your bicycle? Do you hate getting the rust off your chain and gears? Do you want to ensure that your bicycle stays clean, dry and ready for use? Then store your bike at Outdoor Rec for only \$15 a month!

Ikego West Valley Campgrounds
 Camping, wall climbing, archery, trial hiking, frisbee golf, paintball and more! The Ikego Campground is the place to spend a fun filled weekend with family and friends. Cabin rentals are now available at West Valley Campgrounds starting at \$40 per day! Cabins will accommodate four to six people comfortably. To make a reservation, please call 243-5732 or 241-3709.

Paintball
 We are now featuring Scenario Saturdays and Speedball Sundays, and with our new air system, you pay just \$5 a day for air if you bring your own gear. So come join us for a day with or against your friends. Reservations include marker, mask, air and 200 paintballs. A two hour reservation is \$20 and a four hour reservation is \$36 or \$20 for all day range fee and gear rental. For reservations, please call 241-3709 or 243-5732.

Private Boat Slips at Green Bay Marina
 Rental slips are available for private boats at Green Bay Marina! If you own a boat, or are thinking of buying one, contact the Marina at 241-4155 for more details. The cost is \$5.50 per foot and utilities are available on a reimbursable basis.

MWR Single Sailor Center

Paintball Wars
Saturday, November 8 at 1230 at Ikego Campgrounds
 Van departs at 1130 in front of the Fleet Recreation Center.

Call of Duty 4 Tournament
Sunday, November 9 at 1900 at Spectrum Center
 Prizes will be awarded to first and second place.

Bowling Night
Monday, November 10 at 1900 at the Bowling Center
 Prizes awarded to the most strikes in each game.

Wii Sports Boxing
Wednesday, November 12 at 1900 at the Spectrum Center
 Prizes will be awarded to first and second place.

301 Darts
Friday, November 14 at 1900 at Spectrum Center
 Prizes will be awarded to first and second place.

8-Ball Tournament
Saturday, November 15 at 1900 at Spectrum Center
 Prizes will be awarded to first and second place.

Pizza Night
Tuesday, November 18 at 1900 at Spectrum Center
 Enjoy free pizza and sodas.

Spades Tournament
Thursday, November 20 at 1900 at Spectrum Center
 Prize to the first place team.

Comedy Movie Marathon
Friday, November 21 at 1900 at the Spectrum Center
 Comedy movies all day!

Texas Hold 'em Tournament
Saturday, November 22 at 1900 at Spectrum Center
 Prizes will be awarded to first and second place.

Wii Sports Bowling
Sunday, November 23 at 1900 at Spectrum Center
 Prizes to the top two bowlers.

Liberty Bingo
Wednesday, November 26 at 1900 at the Spectrum Center
 Prizes awarded to the winners of each game.

Thanksgiving Day Celebration
Thursday, November 27 at 1400
 Buffet, games and prizes will be provided.

ITT & Single Sailors
 Come to the Spectrum Center to register for your new membership / discount card. Single Sailors, Geographical Bachelors and eligible patrons can register for ITT Tours in the Spectrum Center at a 10% discount, (limited to tours only.)

Outdoor Recreation & Single Sailors
 If you are a Single Sailor or a Geographical Bachelor, then take advantage of your membership/discount card. Receive a 10% discount at the Marina along with a 10% discount for all Outdoor Recreation Program Tours.

MWR Single Sailor Volunteer Program 2008
 You can enhance your military record by helping out with base programs and be rewarded for your efforts and contributions. Volunteer work includes helping out with various MWR events and programs. All volunteers must sign a "Volunteer Service Agreement (VSA)" at the Spectrum Center. Sailors volunteering for programs will receive Letters of Appreciation. Please visit or call us for more information.

For all tournaments and events, sign up at Single Sailor Spectrum Center, unless otherwise noted. For more information about any Single Sailor Program, please call 243-7346.

自転車運転心得

交通ルールに従うこと - 自転車を運転する事は自動車を運転する事と同じで、自動車と同じ責任をいいます。ですから、自動車と同様に交通ルールをしっかりと守る事を心がけましょう。走行の際には、トラック、バス等の死角の多い車輦からは自転車は見えにくいので、特に注意が必要です。

車に接近しすぎたはいけない - 自動車の運転手がバックミラーで、あなたの姿を確認できるような位置にしっかりと車間距離を取り、安全運転しましょう。また“止まれ”の道路標識や赤信号ではしっかりと止まりましょう。

歩行者が最優先 - 常に歩行者が最優先です。ですから、自転車に乗るあなたは、基本的に歩行者の為に道を譲ったり、止まったりしなければなりません。しかし時には、歩行者や他の自転車との接触を避ける為に、ベルを鳴らす事も必要でしょう。何より“安全第一”です。

自転車の反対車線通行禁止 - 自動車の運転手が反対車線を走る自転車に気を取られ、それが原因で事故が起きる可能性や、また自動車との接触事故の可能性もあり、大変危険なので、自転車の反対車線走行は禁止です。(キング、ハワードストリートは除く)

通行区分の遵守 - 片側二車線道路の左側の通行帯を自転車で走行中、右側の通行帯に進路を変更して右折する事は禁止です。また、左折専用車線は左折専用なので、それを無視して直進してもいけません。標識や標示によって通行区分が示されているときは、それに従わなければなりません。道路標識を守りましょう。

自動車の左側から追い抜きをかけてはいけない - 信号待ちをしている自動車や、のろのろ運転中の自動車の左側を、自転車が追い抜くように通過するのは、自動車の運転手が気づきにくいので非常に危険です。

道路に潜む危険 - 道路には排水溝の蓋、マンホール、落下物、砂埃、凍結等の危険が存在します。また、踏み切りを横断する時は、転倒防止の為に、自転車の進入角度に注意する事が必要です。道路にはこのようにスリップ、転倒に繋がる様々な危険が存在するのです。

後方確認 - バックミラーを使えば、無理に首を振らずに後方確認が出来るので、バランスを崩す危険が減り安全です。

ブレーキはいつも両手で掛ける - 両方のブレーキを使えば、十分に回避出来る事故でも、片方のブレーキだけの場合ではブレーキの制動力が弱く、制動距離が長くなり、止まり切らずに衝突してしまう事があります。ですから、ブレーキは常に両方掛けるように心掛けましょう。また雨の日には、ブレーキの効きが悪くなり、制動距離も長くなるので、十分に気を付けましょう。

常にヘルメットを被り、ヘッドホンを付けたままの自転車走行は禁止

適切な服装をする - 周囲に目立つ明るい色の服装で、雨の日の事や防寒対策等も考え、自転車運転にふさわしい服装を着用しましょう。

交差点での右折方法 - 二通りあります

- (1) 片側一車線道路で自動車の様に、シグナルを出して右折レーンに車線変更してから右折する方法。
- (2) 歩行者の様に、横断歩道を自転車を押して渡る方法。

自動車の運転手とアイコンタクトを取る - 自転車の動きを自動車の運転手が予測するのは、なかなか容易な事ではありません。ですから互いにアイコンタクトを取り合う事で、互いの動きを予測し合い、事故防止に繋がります。

夜間はライトを点灯する - 基地内ではヘッドライトを、後部に反射板がテールライトの着用を、義務付けています。

自転車の整備 - 自転車を運転し易いように、運転者自身の体格に合わせましょう。また、ブレーキ、タイヤなどの点検の習慣化、各部の日常点検等を各自行いましょう。

手信号 - 手信号を使う事は、合法的でしかも交通マナー的にも良い事です。また、事故防止にも役立つので、出来るだけ手信号で周囲に合図を送るようにしましょう。

歩道、商店街等の自転車走行 - 歩道や商店街、歩行者天国などは歩行者が優先です。しかしやむを得ず、歩行者や自転車を追い抜く時は、事前に声を掛けたり、ベル等で知らせるようにしましょう。

基地内の自転車運転ルール

自転車に乗る人の義務：

自転車をCFAYセキュリティに登録すること。

基地内の自転車走行は、基地の決まりに従って運転すること。

走行中は、CPSC/ASTM/SNELLに適合したヘルメットを常に着用し、あご紐をしっかりとあごにまわし締めること。

前面にヘッドライト、後方にリフレクターがテールライトを、また危険回避用のベル、ホーンを装着している自転車であること。

服装は明るい色の上着を常時着用し、夜間や視界の悪い日はそれプラス反射板付きのベストを着用すること。

常に歩行者を優先とし、道路標識(特に止まれ)に従い、歩行者が多い道路では歩行者の流れに合わせ、交通の流れを乱さないようにすること。

常に安全運転に心掛けること。

ゲートから黄色いポールまでの間、横断歩道を渡る時、グレドリトンネル内は自転車から降りて押し歩くこと。

キングストリート、ハワードストリートでは、自転車専用レーンを走行すること。ハワードストリートのトンネル内での自転車走行は、自転車専用レーンと歩道とが一緒になるので、走行の際、歩行者を最優先とし、対向する自転車に注意しながら交互に通行できます。

自転車走行に関する禁止事項

自転車の平行走行(一時的に自転車を追い越す時は除く)。

歩道(ハワードトンネルを除く)、ドライドックケイソン上、ドックサイドの移動式クレーンの下、工場、倉庫等の建物内での走行。

反対車線を走行すること(自転車専用レーンを除く)。

認可された子供用椅子を装着せず二人乗りをすること。

歩行者用エレベータに自転車を載せること。

時速30kmを超えて運転すること。

携帯電話を手に持った運転、または傘をさした運転。

ヘッドフォンは許可されている物意外の着用は禁止。

手信号

左折時：左手をまっすぐ外に向けて伸ばす。

右折時：左手を直角に曲げるか、右手を外側に伸ばす。

止まるか減速する時：左手を下に下げる。

手信号は曲がる30m手前から出し続けること。(運転に支障をきたす場合はこの限りではない)

ヘルメットについて

*ヘルメットはCPSC規格、スネル規格(B90, B90S, N94, B95)、或いは、ASTM F1447 93, F1447 94の適合シールの貼っている物を使うこと。

*ヘルメットは頭のでっぺんにきちんとかぶること。後頭部に傾けて被るフリのすることや、ヘルメットの下に野球帽を被ることは禁止。

*ヘルメットの下には、野球帽やニットキャップ等の何物も被ってはならない。

*ヘルメットがしっかりとフィットしているか、あなたの視界を妨げていないかを確認すること。

*常にあご紐をしっかりと締めること。そのあご紐があごに安全にフィットするか、また衝撃に耐えられるだけの強度があるか確かめましょう。また、あご紐の捻じれがひどくなった物や、伸びてしまった物は正規品と取替えること。

*一度事故に遭ったヘルメットの使用は禁止。衝撃吸収能力はヘルメットの外傷だけでは判断が付きにくく、例えそれが小さな傷であっても、使用せずに新しい物を購入するか、メーカーに依頼して、安全かどうかの検査をしてもらうこと。

General bicycling safety tips

Obey traffic laws – Bicycles on the road have the same responsibilities as a motor vehicle. Beyond that, use common sense when merging into lines of backed up traffic. It is easy to forget the challenge drivers, particularly of trucks, vans and buses face in avoiding bicycles. Please stay attentive and alert.

Avoid tailgating – Ensure motorists can see you in their mirrors. Stop for stop signs and traffic lights.

Stop for/yield to pedestrians – Avoid colliding with pedestrians or other cyclists. Give warning by sounding the horn when necessary.

Never ride against traffic – Motorists are not looking for bicyclists riding on the wrong side of the road (King and Howard Street bicycle lanes are the only exception).

Follow lane markings – Don't turn right from the left lane. Don't go straight in a lane marked "Left-turn only."

Don't pass on the right – Motorists may not look for or see a bicycle passing on the right.

Look out for road hazards – Watch out for parallel-slat sewer grates, gravel, ice, sand or debris. Cross railroad tracks at right angles.

Scan the road behind you – Learn to look back over your shoulder without losing your balance or swerving. Use a rear-view mirror.

Keep both hands ready to brake – You may not stop in time if you brake one-handed. Allow extra distance for stopping in the rain, since brakes are less efficient when wet.

Always wear a helmet and never ride with headphones

Dress appropriately – Bright colored clothing, consider rain gear and additional layers.

Choose the best way to turn right – There are two choices:

- (1) Like an auto: signal to move into the right turn lane and then turn right.
- (2) Like a pedestrian: Walk your bike across the crosswalks.

Make eye contact with drivers – Assume that other drivers don't see you until you are sure that they do. Eye contact is important with any driver that might pose a threat to your safety.

Use lights at night – The base requires a headlight and a rear reflector or taillight.

Keep your bike in good repair – Adjust your bike to fit you and keep it working properly. Check brakes and tires regularly. Routine maintenance is simple and you can learn to do it yourself.

Use hand signals – Signal as a matter of law, of courtesy and of self-protection.

Riding on a sidewalk or public path – Yield the right-of-way to pedestrians and give an audible signal before overtaking and passing a pedestrian.

CFAY rules for riding bicycles

Cyclists shall:

- Register their bicycle with Security.
- Follow all laws pertaining to motorists when operating bicycles on facilities under Commander Fleet Activities Yokosuka's area of responsibility.
- Wear a CPSC/ASTM/SNELL approved helmet at all times while riding a bicycle with the chin strap properly fastened under the chin.
- Use a bicycle that is equipped with a front headlamp, rear reflector, and a working pedestrian warning device (horn or bell).
- Wear a brightly colored outer upper-garment at all times and a reflective outer upper-garment at night or in periods of reduced visibility.
- Yield for pedestrians in all circumstances, stop at all stop signs and not weave in and out of traffic.
- Secure materials transported by cycle to prevent a hazard to the rider or others.
- Dismount and walk (push) bicycles entering gates in crosswalks and in Gridley tunnel.
- Use the bicycle lane on King and Howard streets. The bicycle lane in the tunnels on Howard Street is on the sidewalk and bicyclists must use the side walk traveling in both directions yielding the right of way to pedestrians.

Cyclists shall NOT:

- Ride abreast of other bicycle riders unless passing.
- Ride over caissons, under portal cranes or in buildings.
- Ride against the flow of traffic except in designated bicycle lanes.
- Carry passengers unless in an approved child seat.
- Transport bicycles in passenger elevators.
- Exceed 30 KPH at any time.
- Carry cell phones or umbrella's while operating the bicycle.
- Wear headphones or ear pieces of any type unless it is an approved hearing aide.

Hand signal refresher

For left turns: Extend the left arm straight out to the side.

For right turns: Either extend the left arm to the side and up or extend the right arm straight out to the side. To signal for a stop or a decrease in speed: extend the left arm to the side and down. Hand signals shall be given continuously during the last 100 feet before initiating a turn, unless both hands are needed to control or operate the bicycle.

Helmet tips

- Buy a helmet that bears a label saying it meets the CPSC, the Snell Memorial Foundation standard B 90, B 90S, N 94, or B 95; or the American Society for Testing and Materials (ASTM) standard F 1447 93 or F 1447 94.

- Wear the helmet flat atop your head. Do not wear the helmet tilted back at an angle.
- Do not wear other headgear under the bicycle helmet such as ball caps and watch caps.
- Make sure the helmet fits snugly and does not obstruct your field of vision.

- Always wear the helmet with the chin strap firmly buckled. Make sure the chin strap fits securely and that the buckle stays fastened to provide impact protection. No combination of twisting or pulling should remove the helmet from the head or loosen the buckle on the strap.

- Do not use a helmet after it has been involved in an accident. Damage may not be visible to an untrained eye and even very small cracks in the helmet may greatly reduce a helmet's effectiveness in preventing injury. Either destroy the helmet and get a new one or have it inspected by the manufacturer.

For more information, e-mail: cfaysafety@fe.navy.mil

CFAY Chapel of Hope hosts Pumpkin carving contest

Story and photo by Mark Elrod, CFAY Public Affairs

The Knights of Columbus Yokosuka Council 12488 held a pumpkin-carving contest for children at Commander Fleet Activities Yokosuka (CFAY) Chapel of Hope Oct. 26.

The Knights of Columbus is a worldwide Catholic men's organization that provides financial aid to its members and families.

The Knights have held pumpkin carving contests onboard Yokosuka for the past 10 years.

"The Knights of Columbus organize this every year to help put the kids into the spirit of Halloween," said Machinist Mate 1st Class (SW) Narcisse Satchiviakakpo, grand knight (president) of Knights of Columbus, Yokosuka Council 12488 "However, the main objective behind this event is to get the Knights of Columbus involved in our community."

"We have a lot of people, a lot of kids involved and it creates a good atmosphere," Satchiviakakpo said. "It's a good way to spend a Sunday afternoon."

The Chapel of Hope supplied pizza, candy and sodas for the event.

The Knights supplied more than 60 pumpkins and Navy Exchange gift certificates ranging from \$10 to \$30 for the event, according to Knights of Columbus Youth Event Coordinator Kim McCann.

"All participants get a certificate, even if they don't win a prize," said Satchiviakakpo. "It will remind them of this day and it will play a great role in fostering a child's self-esteem. That's why we give certificates."

The kids' pumpkins were judged in three categories, elementary school, middle school and high school.

For some of the participants, it was a first-time experience.

Actually, I've never carved a pumpkin [before] and I thought it might be fun," said



Elementary, middle and high school students carve pumpkins in the hopes of winning a NEX gift certificate provided by the Knights of Columbus during the pumpkin-carving contest held at CFAY Chapel of Hope Oct. 26.

Kyra Nguyen, a student of Yokosuka Middle School.

The Knights hope that more children will become involved in future events.

"I would encourage the kids, in the future, to participate in this event," said Satchiviakakpo.

"It's a bunch of fun," said McCann.

Sullivans students "just say no" during Red Ribbon-Spirit Week

Story and photo by Megan Cullen, The Sullivans School Public Affairs

The Sullivans School pledged to say "No to drugs and alcohol" during their annual Red Ribbon-Spirit Week celebration Oct. 27 - 30.

The Sullivans Student Council sponsored Red Ribbon Week under the guidance of teachers Trisha McGonigle and Sandra Sanchez. The third through fifth-grade students on the Council met during their after school activity time to come up with memorable daily events that supported the Red Ribbon anti-drug theme.

Red Ribbon Week started on Monday with "Crazy Hair Day." Students and staff wore bizarre hair styles to say that it is crazy to use drugs. Tuesday's "Hugs, Not Drugs" showed a softer alternative to

(Right) The Sullivans School Kindergarten Teacher Keisha Morgan along with students wear red colored clothing in support of the school's Red Ribbon-Spirit Week Oct. 27 - 30.



drugs when students brought a favorite stuffed animal to school. Wednesday saw crazy hats on the heads of students and staff to publicize the message to "Keep a Lid on Drugs." The final day of Spirit Week tied it all together with the pledge to "Commit to Be Drug Free."

Everyone at The Sullivans School was given a red ribbon to wear with the words "I Can Be Me - Drug Free" and encouraged to wear red in support of the drug-free message. Further activities included an anti-drug door decorating contest per grade level and educational videos shown each morning on the Sullivans School Network Television.

Promoting Red Ribbon Week is a national campaign targeted at discouraging drug use for school children from kindergarten through high school.

Red Ribbon Week is the oldest and largest drug prevention campaign in the country. It serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children through a commitment to drug prevention and education and a personal commitment to live drug free lives with the ultimate goal being the creation of a drug free America. The Sullivans School's students and staff participation in Red Ribbon Week underscores our commitment to this dream.

Yokosuka Co-Op Preschool holds Harvest Festival fundraiser

Story and photo by Kazuyuki Takagi, CFAY Public Affairs

Yokosuka Co-Op Preschool held their 2nd Harvest Festival at Yokosuka Middle School gym and cafeteria Oct. 25 where preschool age children from Yokosuka Naval Base were invited to the event with their parents.

"This is the first of two annual fundraisers that Yokosuka Co-Op preschool does to raise funds for operating expenses that occur at the school," said Gresh Laing, president of Yokosuka Co-op Preschool. "In the fall, we do the Fall Harvest Festival, in the spring we do a Spring Festival."

The festival was full of games and food inside and outside of the Yokosuka Middle School where preschool age children had a great time playing games such as Cone Maze, Flying Bats, Beanbag Toss, Cake Walk, Spooky Spider Web, Wagon Ride, Go Fish, Ring Toss, Mummy Bowling and Pumpkin Golf. Additionally, the children snacked on various baked goods, candied apples and much more.

The Yokosuka Co-Op Preschool is a private, non-profit, non-discriminatory organization that strives to offer quality early childhood educational programs to military-connected children between the ages of three and five through the active involvement of the families and through the employment of skilled early childhood administrators and educators.

The Yokosuka Co-Op Preschool is sponsored by Commander Fleet Activities Yokosuka (CFAY) and managed by an elected executive board of parents.

The primary purpose of holding this event is fundraising. Proceeds from this event directly benefit CFAY preschool age children by providing vital classroom materials. According to Laing, another reason is to show its appreciation to the CFAY community.

"It also provides us an opportunity to give back to the community because CFAY has been such an incredible host to the preschool," said Laing. "We provide an important

service to the base. However, without maintaining that relationship and providing a good event like this, we wouldn't be able to really show our thanks the way we have with this event. So, it's a good way to give back."



Yokosuka Co-Op Preschool child Emma O'Brien goes caterpillar fishing with a rubber spider during the Yokosuka Co-Op Preschool Harvest Festival held at the Yokosuka Middle School gym Oct. 25. The preschool holds two festivals a year to help raise funds for the school.

KHS senior wins cross country gold

By Emma Gallimore, Seahawk Contributor

Kinnick High School Senior Nadine Mulvany won first place in the Department of Defense Dependent Schools (DoDDS) Japan Cross Country championships at the Atsugi Invitational Sept. 25.

Mulvany, 18, has won all of the DoDDS races held so far this season. She finished the 5 kilometer race in 22 minutes and one second.

Coach Philip Bailey called Mulvany a natural athlete. "She likes to run and is very competitive and doesn't like to get beat," he said.

Mulvany started running cross country in her freshman year. "I was always second place," she said. "It broke my heart." Coming so close motivated her to come back stronger the next year. She won almost every race.

"I slacked off during my junior year because I thought I would win," Mulvany said. Some incoming freshmen had other plans and Mulvany realized she had to stay focused if she wanted to keep winning those first-place medals.

Mulvany practices with her team every day after school. Then she swims six or seven laps at Purdy gym. The cross country season ends in November but Mulvany does not stop training.

Last summer she spent two weeks at a cross country camp at Washington State University. "Those girls in the states are really good," she said. Mulvany knows she has to work hard if she wants to run cross country when she goes to college next year.

Bailey said, "A lot of it is just sheer mental determination. You have to be able to endure pain for 20 minutes."

But for Mulvany, cross country is more than a test of will. "I feel like the world stops when I'm running," she said. "Just running out there makes you feel so much better."

She starts every race with a prayer. "I pray that nothing bad happens to me and my teammates," she said. And then the world becomes very simple. "I just make sure I focus on one thing – and that's the finish line."

Once cross country is over, the next finish line will be



(Right) Kinnick High School Senior Nadine Mulvany applauds after all participants received their DoDDS Japan Cross Country Championship event medals Sept. 25. Mulvany placed first in the competition.

Photo by Martha Mulvany

graduation. Mulvany plans to study history in either Washington state or San Diego, Calif.

Mulvany admits she is nervous about leaving her family to go to college. She is very close to her parents.

Even though her father spends a lot of time out at sea he still manages to encourage Mulvany before every race. Her mother said, "He'll e-mail from the ship, 'Run your race baby-girl!'"

"And no one else's," said Mulvany.

USO offers free meal for SOFA members

By MCSN Kari R. Bergman,
Fleet Public Affairs Det., Japan

The United Service Organization (USO) at Fleet Activities Yokosuka hosted a free evening meal for service members and their families Oct. 24.

The USO's free food night is a local program offered every non-payday Friday and is open to all status of forces agreement (SOFA) members.

"The free food nights are a way for service members and their families to get out of their house or barracks rooms and not have to worry about doing any cooking," said USO Japan Director Juliet Domingo.

"I think that this free food night is great, because someone is actually taking time out of their day to come over here and provide this food for us," said Sgt. Cesar Chavez, who is assigned to Combined Arms Training Center at Camp Fuji.

"Being over here in Japan, the service members are so far away from home and we like to provide them with a taste of home," said Domingo. "This is why we like to provide different programs and events here at the USO - because we consider the USO a home away from home."

The USO in Yokosuka plans to provide various events throughout the holiday season to help lift the spirits of the service members who are away from their families during one of the most family-centric times of the year.

"We will be offering a free brunch for Thanksgiving day with turkey, ham, and all the trimmings," said Domingo. "On Christmas day we will be offering a 'talk with your mouth full breakfast,' which is a steak and egg breakfast. While you are enjoying your meal, we will be providing free phone calls back to the states, so everyone can call their families back home."

Next Generation Enterprise Network new governance created

By Eddie Riley, Next Generation Enterprise Network Public Affairs

The Secretary of the Navy created a new assistant chief of naval operations (ACNO) position Oct. 15 to ensure the Next Generation Enterprise Network (NGEN) will be more reliable, secure and responsive to the Department of Navy (DoN) work force.

The new directorate, the NGEN System Program Office (SPO), will coordinate continued service for existing shore and garrison networks, support consolidation of legacy networks and direct the transition to NGEN while providing implementation oversight to enable enhanced capabilities within the future Naval Network Environment (NNE).

NGEN is the DoN's first step in building the integrated naval networks that will make up the NNE and is the follow-on to the Navy Marine Corps Intranet (NMCI) when the current contract ends Sept. 30, 2010.

"The SPO reflects the Department of the Navy's commitment to the success of the NGEN," said Rear Adm. David G. Simpson, director of Navy Networks in the Office of the Chief of Naval Operations for Communication Networks (OPNAV N6). Simpson has been named interim NGEN SPO director. The NGEN SPO will be led by a two-star admiral as director, who will report to the Chief of Naval Operations (CNO) as ACNO and to the Commandant of the Marine Corps (CMC). A Marine colonel will serve as the deputy director. Marine Corps Col. David M. Hagopian, has been named the deputy director.

"It is an enterprise-wide approach for an enterprise-wide network," Simpson said.

The NGEN SPO, a first-of-its-kind organization in the DoN, was approved by the CNO and CMC. It brings together the DoN's governance areas for NGEN – policy, resources and requirements, acquisition, and fleet readiness, support and operations – under a single command. The new level of coordination at the NGEN SPO will ensure

that stakeholders are included in the design and implementation process and help facilitate a smooth transition to NGEN from NMCI with no loss of services to end users.

The SPO will include all of the functions of the existing NGEN, NMCI and OCONUS Navy Enterprise Network (ONE-NET) program offices and will reside within the Navy staff, leveraging the institutional support of both CNO and Headquarters Marine Corps staffs.

In the new governance structure, three key divisions have been established to direct NGEN design, acquisition and implementation activities: (1) acquisition, (2) operations, (3) programming, planning and policy. The acquisition head reports to the Office of the Assistant Secretary of the Navy for Research, Development and Acquisition (ASN RDA) on all acquisition decisions and to the SPO director for day-to-day and synchronization issues. The operations and programming, planning and policy division heads reports to the SPO director, coordinating with other commands and offices as needed.

The NGEN SPO is expected to be operational by the end of the year and will exist through the transition to NGEN, at which time it will be re-evaluated by the DoN.

NGEN is currently in the pre-decisional phase, with a requirements document approved earlier this year by the CNO and CMC. A system specification, currently under development, will further define the required system functions and performance parameters. The acquisition approach, currently under draft, will be based on a notional segmentation concept that breaks existing network functions into groups and separates services into those that may be run by the DoN and others that could be outsourced. Under the current NMCI contract, network services are provided by one prime contractor.

The DoN has held two industry days to get feedback from the information technology community on the NGEN initiative and expects to hold at least two more. The requests for proposals are expected to be released in the spring.

"The Few, The Proud, The Marines" slogan wins recognition

By Headquarters Marine Corps

Madison Avenue's Advertising Walk of Fame now has a new member in its ranks. "The Few. The Proud. The Marines." will be forever enshrined on the famed walk, the announcement, done during Advertising Week, was held in New York.

Advertising Week, the largest and most prestigious annual gathering of advertising and media industry leaders in North America, has named the United States Marine Corps an inductee to the "Walk of Fame" for advertising slogans. Voting took place via the World Wide Web Aug. 28 through Sept. 25.

"This slogan reflects the unique character of the

Marine Corps and underscores the high caliber of those who join and serve their country as Marines," said Maj. Gen. Richard T. Tryon, commanding general, Marine Corps Recruiting Command.

"Such recognition reaffirms the special relationship we have with the American public."

"The Marine Corps is proud to receive this prestigious recognition. This award not only celebrates the slogan "The Few. The Proud. The Marines.," it also is an opportunity to recognize the men and women who serve our country around the world as U.S. Marines," said Lt. Col. Mike Zelif, assistant chief of staff, advertising, Marine Corps Recruiting Command.

"We recognize the extended Marine Corps family—former Marines, family and friends—who took the time to vote to help the Marine Corps receive this award," Zelif added.

"During this celebration, we remember our Marines deployed around the world, their friends and families and our partnerships with agencies like J. Walter Thompson, who help the Marine Corps succeed in protecting our nation," Zelif said. Our heartfelt thanks for voting "The Few. The Proud. The Marines." into history as an inductee into the Madison Avenue Advertising Walk of Fame.

CNO's birthday message to U.S. Marine Corps

By Adm. Gary Roughead, Chief of Naval Operations

On behalf of the United States Navy, I wish all Marines a very happy 233rd birthday.

Since the founding of our Navy and Marine Corps, we have repeatedly answered our nation's call. Guadalcanal, Tarawa, Iwo Jima, and Midway are not just battles in our past; they define who we are today.

The Marine Corps is at the tip of the spear, and its fighting capability is unmatched anywhere in the world. Your continued professionalism and dedication in taking the fight to the enemy around

the globe makes our nation and our world a better place, and is the reason we use the phrase, "send in the Marines."

As you celebrate this special day, we honor those who have made the ultimate sacrifice, and in doing so, have forged the foundation of our Navy and Marine Corps team. United States Marines are the epitome of professionalism and strength, and your faithful service to our country has inspired generations of Americans. On behalf of your Navy shipmates, I wish you a happy birthday as you commemorate 233 years of courageous service. The United States Navy is proud to serve beside you.

International Earth Day draws large support

Story and photo by Ryoko Araki, CFAY PWD Environmental Division

The 49th International Earth Day event, consisting of monument cleaning activities, was successfully held onboard Fleet Activities Yokosuka Oct. 5.

Commander Fleet Activities Yokosuka (CFAY) Public Works Department (PWD) Environmental Division first took part in the International Earth Day event sponsored by CFAY Morale, Welfare and Recreation (MWR) International Office last year, which included the cleaning of more than 15 monuments throughout the base.

This year, PWD Environmental, the MWR International Office, and representative off-base volunteers coordinated efforts in targeting and identifying 19 monuments which required cleaning.

More than 35 American and Japanese volunteers participated in the event, which, in addition to cleaning numerous monuments, also included trash collection and base clean up measures.

The event ended with volunteers enjoying hamburgers and hot dogs prepared by the MWR International Office. Volunteers also received stamps on their Earth Day Cards for their participation in the event. Such stamped cards may be redeemed for various awards and/or prizes.

Many first time volunteers participating in the event were impressed by the number of monuments located throughout the base, many of which went unnoticed prior to the actual event.

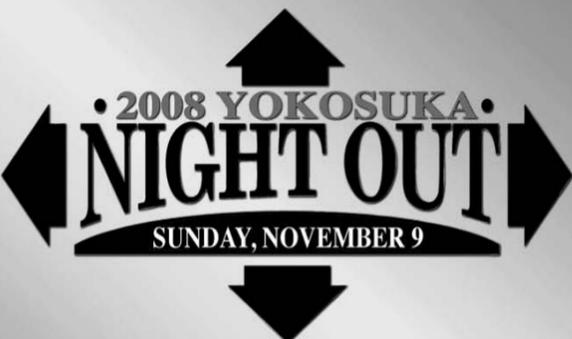
The 49th International Earth Day event proved to be a great opportunity to bolster U.S./Japan relations and is now becoming an annual event at CFAY.

Contact Miyuki Takezawa at 243-4731 for more information regarding Earth Day volunteer events.



CFAY International Earth Day participant Damon Johnson reads a monument dedicated to Ichiro "Mr. Navy" Masuoka before cleaning it Oct. 5. More than 35 American and Japanese volunteers participated in the event, which, in addition to cleaning numerous monuments, also included trash collection and base clean up measures.

D.A.R.E. and CFAY Security Department presents...



from 1300 to 1600
on Hart Street and the Bowling Parking Lot
An event for sailors and their families to observe
Yokosuka's Civil Services Organizations.

Come and visit our booths, special activities and displays.

Open To All Hands

For more information, please call D.A.R.E. Rep. MA2 Scott at 243-5351.

Fitzgerald leaves dry dock, prepares to get underway

Story and photos by Ben Avey,
CFAY Public Affairs

The Arleigh Burke class guided-missile destroyer *USS Fitzgerald* (DDG 62) was refloated and undocked from Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) dry-dock after completing extensive overhaul maintenance and repairs as a part of the scheduled Selected Restricted Availability (SRA) Oct. 27.

Working alongside the ship's crew, the SRF-JRMC team removed and re-worked the starboard shaft, both hubs and screws, installed a new gas turbine generator, performed maintenance on the sonar dome and anchor chains while overhauling four of the seven enlisted berthing areas in order to make them more habitable and comfortable. Additionally, the team completed general preventative maintenance on *Fitzgerald* in order to improve operational effectiveness while underway.

Fitzgerald came into dry-dock Aug. 12 for a scheduled 13 week SRA. "This availability will help the ship perform their mission with less maintenance that they will have to conduct on a routine basis," said SRF-JRMC Ship Superintendent Lt. John Bauer. "They will have the opportunity to spend more time concentrating on their job of war fighting and preparing for their mission."

Navy ships regularly schedule SRA periods to perform comprehensive maintenance and work that cannot be completed while the ship is afloat. Standard dry-dock work may include propulsion and ship system repairs, installation or modification to mechanical and electrical systems in addition to a cleaning stand down. SRF-JRMC workers, in coordination with the crew of *Fitzgerald*, will finish the established work plan and offload the SRF-JRMC equipment in the final two weeks of the SRA while moored at Harbor Master Pier West.

Fitzgerald Commanding Officer Cmdr. Daniel P.



SRF-JRMC employees handle the lines as *USS Fitzgerald* (DDG 62) pulls out of Dry-dock 5 Oct. 27. *Fitzgerald* entered dry dock Aug. 12 for a scheduled Selected Restricted Availability.

Dusek was very pleased with the work done while in SRA. "From SRF, to contractors, to ships port, everyone has really come together to put together a quality product into *Fitzgerald*," said Dusek. "The SRF-JRMC/ Navy team is phenomenal; the quality of work that was done here is second to none."

Critical to the mission of 7th Fleet, SRF-JRMC works to keep the fleet operationally ready. "We help maintain the depot level maintenance for ships to go out on a

moments notice to do what they need to do," said Bauer.

The SRF-JRMC team is composed of both U.S. military and civilian personnel, private contractors as well as over 2,000 full-time Japanese Master Labor Contract (MLC) employees who are assigned throughout the organization, including top management. Dry-docking facilities at SRF-JRMC can support most ships in the U.S. Navy inventory. Facilities include six dry-docks with a combined displacement of 530,000 tons.

フィッツジェラルド号ドライドックを終え出港準備

文・写真：ベン・アヴェイ、CFAY広報課

10月27日、フィッツジェラルド号(DDG 62)は艦船修理工事期間(SRA)の一環として予定されていた大規模なオーバーホールメンテナンスと修理を終えて米海軍横須賀艦船修理廠及び日本地区造修統括本部(SRF-JRMC)のドライドックから離礁出港した。

艦船のクルーと共に作業をしながらSRF-JRMCのチームはオーバーホールの間7箇所ある下士官の寝台設備のうち4箇所ですべて居住空間をより快適に心地よくするため右舷シャフト、ハブとスクリューを取外し改造。新しいガスタービンジェネレーターの取付け、ソナードームや錨鎖の保守を行った。チームは更に出港中の作業効率を上げるためフィッツジェラルドの様々な予防保守を完了し

た。アーリーバーク級駆逐艦であるフィッツジェラルドは予定されていた13週間のSRAのため8月12日にドライドックに入渠した。SRF-JRMCシップサブトのジョンバウアー大尉は「この工期で艦船が日頃からしなければならぬ保守業務をより少なくしながら任務遂行ができるようになります。彼らはより多くの時間を戦闘に集中し任務遂行に備える機会が持てるでしょう」と語った。

海軍艦船は通常艦船が洋上で完了できない広範囲な保守作業を行うためにSRAの期間を組む。標準的なドライドック作業には清掃のための作業中止に加え、推進及び艦船システム修理、機械及び電気系統の取付け、改良が含まれる。SRF-JRMCの作業員たちはフィッツジェラルドのクルーと協力してSRAの最後の2週間、ハーバースターピア西側に係留されている間に策定された作業計画及びSRF-JRMCの機器取外しを終えるだろう。

フィッツジェラルド号艦長ダニエル・P・デューセック中佐はSRAの間に完了した仕事に大変満足していた。デューセック中佐は「SRFからコントラクターへ、入港中の艦船へ、皆が本当に協力してフィッツジェラルドを素晴らしいものにしてくれました。SRF-JRMC/海軍チームは素晴らしい。此処で完了した仕事は誰にも負けません」と語った。

SRF-JRMCの作業員が艦隊の艦船を常に機能できる状態に保つのは第七艦隊の使命に必要なことである。「私たちは艦船に対して補給所レベルの保守を補助し彼らが必要とする事を直ちに行って出港させるのです」とバウアー大尉。

SRF-JRMCは軍人、軍属、民間のコントラクターの他に二千人を超える正規雇用の日本人から成り最上層部を含め組織の至る所に配置されている。SRF-JRMCのドライドック施設は海軍の一覧表において殆どの艦船を支援できる。施設には合わせて53万トンの移動施設を持つ6基のドライドックが含まれる。



SRF-JRMC employees and *USS Fitzgerald* (DDG 62) crew members handle the lines while CFAY Port Ops tugboat YTB 763 Muskegon guides *Fitzgerald* out of Dry Dock 5 Oct. 27.

Head's Up Yokosuka! Community Announcements

Snowflake Invitational Swim Meet – Snowflake Invitational Swim Meet sponsored by the Yokosuka Jr. Seahawk Swim Team Master swimmer will be held 9 a.m., Nov. 16 at the Purdy Fitness Center Seahawk Natatorium. Contact Head Coach Andrea Symak at e-mail jsstcoach@gmail.com for more information.

Fire Hydrant Flow Testing – Commander U.S. Naval Forces Japan Regional Fire Department will be conducting fire hydrant flow testing Nov. 17 - 25. Hydrant testing can cause harmless household water discoloration. If you experience discoloration, run the tap a few minutes and it should clear up. Contact the CNFJ Regional Fire Department at 243-4637 for more information.

Relay for Life Used Book Sale – Relay for Life will be hosting a Used Book Sale 9 a.m. to 2 p.m., Nov. 15 at Satsuki Heights party room to help raise funds for cancer cure research. Book drop off and donations will be received from 10 a.m. to 2 p.m. and 4 to 6 p.m., Nov. 14 in the Satsuki Heights party room. Contact Holly Varner at 080-5516-7833 or e-mail relayforlifeyokosuka@yahoo.com for more information. Help us reach our goal of \$65,000 in 2009!

Month of the Military Child Family Poster Contest – The Fleet and Family Support Center (FFSC) is launching a poster contest in celebration of Military Family Month for November 2008. The contest is open to all students in grades kindergarten through 12 in Yokosuka, Ikego and Negishi Department of Defense Dependent Schools (DoDDS). The poster should be of the student's military family, preferably in color on 8.5 inch by 11 inch white paper. The students full name and contact information (e-mail and telephone number) should appear on the reverse side of the poster. Deadline for submission is Nov. 20 at FFSC located on the 2nd floor of the Personnel Support Detachment (PSD) building 1555, attention Steve Ancheta. Prizes for the top three winners in grade groups K-4, 5-8 and 9-12 will be awarded during an awards ceremony Nov. 26 in the FFSC classroom in building 1558. Contact Steve Ancheta at 243-9623 for more information.

Military Family Housing Satisfaction Survey – A Military Family Housing (MFH) Resident Satisfaction Survey will be hand delivered to your residence soon. Each survey will include a web link located at the top giving you the option of completing the survey online. Participation from all MFH residents is critical. Your cooperation and candid responses allows the MFH Office to continue to improve services to all residents. The survey only takes approximately 10 minutes to complete. Your thoughts and opinions really matter. If you lose or misplace your survey, send an e-mail and provide your mailing address to dofhfsurvey@celassociates.com. You will receive a survey code which will allow you to complete the survey online. The survey needs to be completed and submitted no later than Nov. 7.

Donations for Local Orphanage – Commander U.S. Naval Forces Japan First Class Petty Officer Association is sponsoring the Shunko Gakuen Orphanage in Yokosuka. The association is asking for generous contributions of toys, clothes and/or school supplies for the orphanage. Drop-off boxes are located at the Navy Exchange and Commissary entrances from now through Nov. 24. The contributions will be presented to the orphanage children Nov. 27. Your participation in this effort to support our local community is greatly appreciated. Contact QM1 Mihaylovski or QM1 Randle at 243-7650 for more information.

American Red Cross Community Courses and Training – If you'd like to become a volunteer, register to attend one of our volunteer orientations held the first and third Wednesday of every month at 10 a.m. Call 243-7490 for more information or register by visiting our office located on the 2nd floor of the Community Center.

Climbing your own Mount Fuji

By Chaplain Michael Chaney

"Lord, you have been our dwelling place throughout all generations."
- Psalm 90:1

This election will bring new leaders to guide our country—no matter who wins. And the worry from so many of us here in Japan is that we are facing real trouble in our lives. Quite possibly for the first time for many of us, we are feeling out of control with what we value most: our money. What we think is important has caused us to stop in our tracks and re-evaluate our priorities. There is nothing like the feeling of losing your bearing when your plan for the day goes completely awry.

I remember what it felt like climbing Mount Fuji. I started off with a full head of steam. I had trained precisely to prepare myself for the struggles that I knew would come my way. My backpack was loaded with every type of small need that would sustain me. I made sure that I had enough clothes to balance out the energy bars, and I had enough water to make it easily to each station as I advanced up the hill. That's right: I thought it was going to be easy. I remember reading of the team that was climbing the majestic spiritual core of Japan just for charity; this year they would increase their distance with added gusto to bring even more glory for their cause. I vainly was wondering if they needed a chaplain. I was ready to climb Mount Fuji walking up the mountain, and then, for good measure, I was simply ready to moonwalk my way back down. I was more than ready for the fight. I just did not plan, exactly, for everything that was going to happen.

The weather was terrible. I remained wet and cold for the duration. I ran out of food. The patella tendinitis in my left knee ached without stop. Each romanticized picture of Mount Fuji in my mind was now left behind in what I had thought and expected to happen. But the real meaning of my journey began once I started to climb back down. I began to pass the people that I did not pay attention to on the way up. I began to revisit those folks on the way down the mountain that I had forgotten were there.

I passed those people who had turned their ankle and even injured their knees, but had spent the night right there where I had stepped over them. I passed elementary school children and folks almost twice my age that had not stopped climbing. In fact, they smiled at me as I passed them. While it may have taken a bit more time, they all were not going to quit just because they did not make to the top to see the sun rise that day. I suddenly realized that I was the only one moving down the mountain while everyone else was enjoying the sun rise. So I stopped, too.

Once in a while we experience reminders that life is bigger than we think. We watch the sunrise here in Japan, yet often forget that there is no need to fear. For even in this vast mysterious land of Japan that we call home, God is with us: the psalmist tells us of God's power and permanence when he decries "Lord, you have been our dwelling place throughout all generations." Instead, what we can feel is reverent awe and gratefulness. The God who made and sustains the stars that guide us up our Mount Fuji still has time to let the cosmos shine bright enough to get us back down the mountain. So think of how big God has been in your life. Pray about that throughout the week. And keep the faith. God is right there with you. Just take a second to remember how far you have come. And don't lose sight of where you are going.

Pet of the Week



This week's Pet of the Week is Shiro. Shiro is a three-month-old brown tiger and white kitten looking for a home. He is a talkative little boy who absolutely loves to play and climb. He also loves to cuddle on laps, making him a great boy to just hang out with. Shiro gets along great with other cats and is never shy. To find out more about Shiro or any animal at P.A.W.S., contact them at 243-9996, by e-mail to usskittytalk@hotmail.com or visit our Web site at www.petsareworthsaving-yokosuka.org.

Photo by P.A.W.S.

2008 COMBINED FEDERAL CAMPAIGN-OVERSEAS

Make a World of Difference

See your CFC representative
or visit
www.cfc-overseas.org

TODAY

CFAY's progress
toward our goal
of \$265,549

*CFAY needs your help to make our GOAL,
The challenge is great - but the need is greater.
Make a contribution now !!*

*Together we can
exceed last years
contributions*

MWR Positions

Come join the MWR team! Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

Lead Cook – NL-08, \$13.56/hr. CPO Club (1 RFT).
Bartender – NA-05, \$10.35/hr. Club Alliance (1 RFT/1 Flex).
Cook – NA-05, \$10.35/hr. Club Alliance (1 Flex), Club Takemiya (1 RFT), CPO Club (2 RFT), Food Court (1 RFT).
Material Handler – NA-05, \$10.35/hr. Food Court (1 Flex).
Food Service Worker – NA-03, \$8.96/hr. Club Alliance (1 Flex), Food Court (3 RFT/1 Flex), Club Takemiya (1 RFT).
Waiter/Waitress – NA-03, \$8.96/hr. O' Club (1 RFT/5 Flex), CPO Club (1 RFT/2 Flex), Club Alliance (1 Flex).
Recreation Assistant (Bingo) – NF-02, \$8.39/hr. CPO Club (1 RFT).
Club Operations Assistant – NF-02, \$8.39/hr. CPO Club (1 RFT), Club Takemiya (1 Flex), O' Club (3 Flex), Club Alliance (2 Flex), Negishi (1 Flex).
Cashier – NF-01, \$7.50-\$9.50/hr. CPO Club (1 RFT), O' Club (1 Flex).
ID Checker/Security – NF-01, \$7/hr. Club Alliance (6 Flex).
Program Assistant – CY-02, \$9.18/hr. Main CDC (1 RFT/1 Flex), Ikego (2 Flex), Hourly (3 Flex), Negishi (1 RFT/1 Flex).
Youth Development Specialist – NF-04, \$33,000-\$45,000/annum. Community Activities (1 RFT).
Supervisory Recreation Specialist – NF-03, \$22,500-\$32,000/annum. Ikego Youth Center (1 RFT).
Duty Manager – NF-03, \$10.54/hr. Bowling Center (1 RFT).
Recreation Assistant – CY-02, \$9.18/hr. Youth Center (1 RFT/4 Flex), Teen Center (5 Flex).
Clerk/Driver – NF-02, \$8.39/hr. Youth Center (1 RFT).
Recreation Assistant – NF-02, \$8.39/hr. Wood Hobby Shop (1 Flex), Youth Sports – Yokosuka (2 Flex), Ikego (2 Flex), Community Center (1 Flex).
Cashier – NF-01, \$6.55/hr. Bowling Center Snack Bar (1 RFT/1 Flex).
Recreation Aide – NF-01, \$7.29/hr. Bowling Center (1 RFT/2 Flex).
Projectionist – NA-07, \$11.68/hr. Theater (1 Flex).
Recreation Assistant – NF-02, \$8.39/hr. Outdoor Recreation – Customer Service (2 Flex), Special Events (1 RFT).
Paintball Attendant – NF-01, \$7/hr. Ikego Campground (1 Flex).
Recreation Aide – NF-01, \$7/hr. Single Sailor Center (1 RFT/1 Flex).
Field Maintenance Worker – NA-05, \$10.35/hr. Athletics – Yokosuka (2 RFT/1 Flex).
Clerk Typist – NF-01, \$7.50/hr. Athletics (1 Flex).
Swim Instructor – NF-02, \$10/hr. Aquatics (1 RFT/10 Flex).
Lead Lifeguard – NF-02, \$8.39/hr. Aquatics (1 Flex).
Lifeguard – NF-01, \$6.65/hr. Aquatics (5 Flex).

*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out www.cfay.navy.mil/mwr



WHEN: Friday, Nov. 14 at 11 a.m.
WHERE: In front of Thew Gym
WHY: To collect toys for needy children and enjoy a great 5K run. Prizes will be awarded to the top-place runners in each age group.
ENTRY FEE IS A NEW, UNWRAPPED TOY!

HRO USCS Positions

The following local/Japan-wide announcements are available at the Human Resources Office, Yokosuka customer service desk, bldg. 1472, from 8 a.m.-4 p.m., Monday-Friday, and at <http://hro.cnfj.navy.mil>.

Postmark dated, faxed or e-mailed applications will not be accepted.

Continuing

Education and Training Technician – YB-1702-1, CFAY-129-08. Open: 9-8-08
 Close: 12-30-08 (Cutoffs may be established as vacancies occur).

Language Technician – YB-1046-1, CFAY-147-08. Open: 10-31-08,
 Close: 11-13-08.

NEX Positions

All positions are open until filled. Applications are accepted Monday-Friday, 8 a.m. to 5 p.m., at the Navy Exchange Human Resources Office, Bldg. 3316, Room 217. Contact NEX at 243-4418/5150.

To see job vacancies online, go to www.navy-nex.com, click on work for us, go to bottom of page, overseas. Find Japan and click go. Click on the base you want and then click on the job that interests you to learn how to apply.

Food Delivery Operator. NA-2 – Food Services. \$8.28-\$9.66/hr. (1 Flex)
Food Service Supervisor. NS-2 – Food Services. \$10.74-\$12.56/hr. (1 RFT)
Food Sales Supervisor. NF-3 – Food Services. *\$24,621-\$31,298/annual (1 RFT)
Food Service Workers. NA-2 – Food Services. \$8.28-\$9.66/hr. (14 Flex)
Room Attendant (Housekeeping). NA-2 – Navy Lodge. \$7.95-8.63 (4 Flex)
Sales Clerk. NF-1 – Fleet Rec Center. \$6.55-\$8/hr. (1 RPT)
Supervisory Sales Clerk. NF-2 – Uniform Fleet Center. *\$8.39-\$11/hr. (1 RFT)
Department Manager. NF-3 – Main Store. *\$31,620-\$48,844/annual (2 RFT)
Customer Service Clerk. NF-1 – Main Store. *\$8.25-\$9/hr. (2 Flex)
Security Guard. NF-1 – Visual Merchandise (Main Store). \$7.50-\$9/hr. (1 Flex)
Sales Clerk. NF-1 – Main Store. *\$6.55-\$8/hr. (6 RFT, 2 RPT, 5 Flex)
Specialty Sales Clerk. NF-1 – Main Store. *\$7-\$9/hr. (4 RFT, 1 RPT, 2 Flex)
Supervisory Sales Clerk. NF-2 – Main Store. *\$8.39-\$11/hr. (4 RFT)
Store Worker Supervisor. NS-1 – Main Store. \$10.10-\$11.79/hr. (1 RFT)
Store Worker. NA-2 – Main Store. \$8.28-\$9.66/hr. (1 RFT, 3 Flex)
ID Checker. NF-1 – Main Store. \$6.55-\$7.50/hr. (2 Flex)
Personalized Service Clerk. NF-1 – Personalized Services. *\$7.25-\$8/hr. (1 RFT, 1 Flex)
Personalized Service Clerk. NF-1 – Fleet Rec. *\$7.25-\$8/hr. (1 Flex)
Equipment Rental Clerk. NF-1 – Rental Center. *\$7-\$8/hr. (1 RFT, 1 Flex)
Hair Stylist. NA-7 – Beauty Salon. Commission (2 RFT, 1 Flex)
Inventory Supply Clerk. NF-2 – Distribution Center. *\$8.39-\$11 (1 RFT)
Warehouse Worker. NA-4 – Distribution Center. \$9.66-\$11.27/hr. (2 RFT)
Security Guard. NF-1 – Loss Prevention. *\$7.50-\$9/hr. (1 RFT)
Security Guard Night Shift. NF-1 – Loss Prevention. *\$7.50-\$9/hr. (1 RFT)
Visual Merchandiser. NF-2 – Visual Merchandise. *\$8.50-\$10/hr. (2 RFT)
Laborer. NA-2 – Visual Merchandise. \$8.28-9.66/hr. (1 Flex)
Manicurist (Nail Tech). NA-5 – Ikego. Commission. (1 Flex)
Supervisory Sales Clerk. NF-2 – Ikego Mini Mart. *\$8.39-\$11/hr. (1 Flex)
Food Service Worker. NA-2 – Negishi – School Lunch (1 Flex)
Hair Stylist. NA-7 – Negishi. Commission (1 Flex)

*Salary based on experience

Miscellaneous

Note: Length of employment for all positions is from date of hire to Sept. 30, 2009. If interested, please pick up solicitation package from Ms. Kobayashi at FISC Contracting Office, 3rd floor Bldg. F-157. For more information, call Chapel of Hope at 243-6773/6774.

- Director of Religious Education for the Chapel of Hope Roman Catholic faith group
- Youth Program Director for the Yokosuka Chapel of Hope Roman Catholic faith group

Both positions: Must be a fluent English speaker and be able to work a flexible schedule dependent upon religious education needs. Must be familiar with the Roman Catholic doctrine and resources for choosing instructional material.

Worship Schedule

YOKOSUKA: Chapel of Hope
• 243-6773/ 6774

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
SUN	RCIA Class, Blessed Sacrament	0930
SUN	CCD, classrooms	0930
SUN	Youth Group, Old Thew Gym (G-113)*	1200
MON	Adult Bible Study, Rooms 2 and 4	1730
WED	Confession	1600
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
2 nd TUE	Pre-Baptism Class	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Choir Practice, Choir Room	1700
1 st FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Baptism, Main Chapel	1500
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600

NOTE: Mass is held each day at 1200 in the Blessed Sacrament Chapel except for Wednesday (1200 in the Naval Hospital Chapel).

General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1830

Protestant Liturgical

SUN	Communion Service, Fellowship Hall	1100
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Contemporary Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

Gospel Praise Service

SUN	Worship service, Main Chapel	1230
TUE	Women's Bible Study, Classroom 10	1800
WED	Choir practice, Main Chapel	1830

Filipino Christian

SUN	Worship Service, Kinnick Little Theatre	1230
WED	Prayer Meeting, room 3	1800

Church of Christ

SUN	Worship, Kinnick Little Theatre	0930
SUN	Sunday School	1100
WED	Bible Study, rooms 2, 3 and 5	1800

The Church of Jesus Christ of Latter-Day Saints

SUN	Sacrament	1300
SUN	Sunday School	1420
SUN	Priesthood/Relief Society	1510

Location: Across from the City of Yokosuka Post Office (Off base)

Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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Soka Gakkai International (Buddhist)

2nd AND 4th THU Classroom 10 1800

Specialized Ministries

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

TUE Fellowship Hall/Classrooms 1615

Yokosuka Student Ministries (Middle School and High School)*

WED Middle School – Quest 1600
High School – One Way 1830

Protestant Women of the Chapel*

TUE Bible Study, Classroom 10 0900
TUE Bible Study 1800
3rd MON Fellowship Program 1700

Japanese Women's Bible Study*

TUE Main Chapel/Fellowship Hall, Classrooms 0900

COMPASS Spouse Support Group

WED, THU, FRI (Last week of month), Room 5 0900

Men's Christian Fellowship

TUE Study Group (Fleet Rec 3rd Deck) 1130
3rd SAT Breakfast (Location varies)
**Runs from September to June*

Negishi: Chapel of the Rising Sun • 242-4183

Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Confession	1700
SUN	Bible Study	1730
THU	CCD, classrooms	0900

Protestant

SUN Worship Service, Main Chapel 1030

IKEGO: Religious Services (Kyoto Tower Party Room, 243-6773/6774)

Roman Catholic

SAT Vigil Mass 1900

Pentecostal

SUN Worship Service 1000

Adult Bible Study

WED Nikko Tower Party Room 1800

A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

WED Ikego Elementary School 1630

Yokosuka Student Ministries (Middle School and High School)*

THU Middle School/High School – Q2 Kyoto Tower Party Room 1830

Note: In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

Fleet and Family Support Center

Congratulations on the birth of your baby!

Marico Myhand and Eriko Myhand are the proud parents of **MARICO DEMARDRAK MYHAND** born Oct. 19, 2008 at 2:20 a.m., weighing 7 pounds 14 ounces.

Jeff Edwards and Beth Edwards are the proud parents of **KAYLEE REI EDWARDS** born Oct. 23, 2008 at 7:10 p.m., weighing 7 pounds 14 ounces.

If you'd like to see your baby announcement published in the Fleet and Family Support Center's section of the Seahawk-Umitaka, stop by our New Parent Support office in Bldg. 1558.

Classes This Week

Please call us at 243-FFSC (3372) to sign up today!

Monday, Nov. 10

English as a Second Language (ESL) 10 a.m. (1.5 hrs.): ESL is designed for anyone whose first language is not English. In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an every-day setting.

Healthy Relationships: For Your Child's Future 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.

Ikego – Thrift Savings Plan Overview 11 a.m. (1.5 hrs.): Is it possible to become a millionaire on a military paycheck? Yes it is. The Thrift Savings Plan can be one of the vehicles to becoming a millionaire. This brief will provide an overview of the Thrift Savings Plan, How to enroll, TSP Investment Options, Contribution Limits, Withdraw Options, Retiring and Separating Options, L- funds and more.

Tuesday, Nov. 11

Holiday

Wednesday, Nov. 12

Baby Basics 11:30 a.m. (2 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

Credit Management 10 a.m. (1.5 hrs.): Do you know your FICO score? You should! We'll teach you all you ever wanted to know about credit - how to build it, how to maintain it, when to use it, how not to abuse it, how to obtain your FICO score, how to opt out of those annoying credit card offers you get in the mail, along with a few other things. We'll also discuss your defenses against ID theft.

Holiday Spending 1:30 p.m. (1 hr.): Surviving the Holidays Financially – Offered for a Limited Time – Start the Holiday Season with a gift to yourself. Learn to develop a financial plan for holiday spending. Shop smart and spend your money wisely. Give yourself the gift of "no extra debts" in January, and avoid a "Holiday (financial) hangover" by attending this class.

Youth Enrichment Class – Decision Making (Middle school students), 3 p.m. (1 hr.): Decision, decisions, decisions – seems like you always have to make them even when you are in middle school. We can teach you effective ways of solving everyday problems as well as making appropriate decisions. The training is for ages 10-14 (15 if student is still in middle school). Must meet 4 times for 1 hour session to obtain a certificate of completion.

Thursday, Nov. 13

Elements of Successful Parenting 9 a.m. (2 hrs.): Elements of Successful Parenting (E.S.P.) is a dynamic service designed to elicit and enhance participants' basic understanding of parenting children of all ages. ESP is a 4-session, 8-hour workshop that builds upon the knowledge and experience parents already have while offering key insights to nurture their ongoing parenting success.

Thrift Savings Plan Overview 11 a.m. (1.5 hr.): Is it possible to become a millionaire on a military paycheck? Yes it is. The Thrift Savings Plan can be one of the vehicles to becoming a millionaire. This brief will provide an overview of the Thrift Savings Plan, How to enroll, TSP Investment Options, Contribution Limits, Withdraw Options, Retiring and Separating Options, L- funds and more.

Ikego – Ikebana Class 10 a.m. (2 hrs.): Ikebana Class is a Japanese flower arrangement class. This class uses flowers and other things from nature to make decorative center pieces. This class will be taught by a certified Ikebana Instructor. The Instructor will give a demonstration and then the participants will make their own flower arrangement.

Ikego – Play Morning 9:30 a.m. (1.5 hrs.): Make play fun and educational for your child. Learn creative and new ideas to bring you and your child closer together through play. Children up to 5 are welcome, but must be accompanied by an adult. This Play Morning is held at Nikko Tower.

Friday, Nov. 14

Home Buying Basics 1:30 p.m. (1.5 hrs.): Only the biggest financial decision you'll ever make. In this 2-hour session, you'll learn about the loan process, types of mortgages, how to choose a real estate agent, lending institutions, how to avoid costly mistakes, the VA program, and the correlation between FICO scores and interest rates. We'll talk hot markets, cold markets, prime rates and closing costs. Realtors, lenders and builders all make money off you. Don't let them get more than they should. You'll get 6 weeks of financial information in 2 jam packed hours!

Interview Techniques 11 a.m. (2 hrs.): This workshop teaches the participants how to be more confident about their next job interview. Topics include positive answers to difficult questions, dressing for success, the importance of body language and positive attitude, interview follow-up and salary negotiations.

Sponsor and Sponsor Coordinator Workshop 2 p.m. (2 hrs.): This class provides volunteer or designated command sponsors with background information and useful tips so that they can help new personnel before and after their relocation to Japan. Creative communication and support is discussed as a means to make newcomers feel that they are a valued part of the team as quickly as possible. Adult and teen family members are welcome to attend. Basic instruction in the management of an effective Command Sponsor Program in accordance with OPNAVINST 1740.3 will also be covered.

Play Morning 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

Upcoming Classes

- Nov. 17 English as a Second Language (ESL); Managing Your Transition (TAMP)
- Nov. 18 Employment Overview and Tips; IA Spouse Support Group
- Nov. 19 Basic Breastfeeding; FRG Leadership Meeting and Training; Getting Started Teaching English Japanese Spouse Group; Teen AOB/ICR; Welcome to Negishi
- Nov. 20 English Teachers Networking Group; Pre-marriage Seminar; Ikego – Play Morning
- Nov. 21 Government Employment Tips; Yokosuka – Play Morning

Negishi FFSC
242-4125

Fleet and Family Support Center
243-FFSC (3372)

Ikego FFSC
246-8052

Visit our Web site: www.cfay.navy.mil/ffsc/index.htm

Automobiles

Angel Motors – Specializing in U.S.A. Spec (LHD) Models! American owned and operated car business with export and shipping experience. Custom order any Japanese (RHD) model! **Angel Motors November Cars!** 1. Beautiful '97 U.S.A. BMW 528i sedan and 52K miles, silver, leather, "angel eye" headlights, crystal tail lights for \$12,900! 2. Fast, custom 1996 Mazda RX-7 (RHD), 75K KM, MT in red for U.S. \$6,500! (car now at Yokosuka base!) Visit us: www.angelmotorsjapan.com. Visit our web site for photos and details, or call Mike to see. Contact Mike for more details at Tel: 090-8019-6372, e-mail: mike@angelmotorsjapan.com.

BMW Military Sales – Factory discount pricing. Pre-purchase plan available for future purchase. Also available quality used European and Japanese cars. Int'l. Auto Emporium Office: (045)787-4335. Mobile: (090) 8485-4701. E-mail: LTM@viola.ocn.ne.jp.

Sale! Sale! Sale! AA MOTORS – The Name You Know for Many Years. Can you trust buying non-maintained car from someone leaving? If not, then AA Motors is there for you with quality cars at UNBELIEVABLE PRICES. We can also provide the facility of paperwork, automobile inspection and LTO run. So you just sit back and relax. Check this: '97 Skyline @ ¥220,000; '93 Bighorn @ ¥230,000; '96 Stepwagon @ ¥260,000; '97 March @ ¥160,000; '97 Primera @ ¥160,000; '97 Grand Cherokee @ ¥450,000; '95 RVR @ ¥130,000; '94 Familia @ ¥180,000; '97 S-MX @ ¥290,000; '96 BMW 318-ti @ ¥320,000 and many more! Call at 080-5462-0735, or e-mail us at: tttgroupsjapan@gmail.com.

U.S. Spec Cars!! Available in Yokosuka. You can ship the car to the states. We are located at the Yokosuka entrance #7 on Yoko Yoko. 15 minutes from the base. Come and check our stock. English Spoken. 93-2 Yamanaka, Yokosuka. E-mail: auto@casper.co.jp. Web site: www.casper.co.jp. Call (046) 853-2110.

Bigwave Car Sales. Web: www.Big-wave.jp. Phone: 080-5497-1787. We guarantee all our cars. Don't take a chance with your hard earned money American owned call for free. Pick up just take at this weeks stock. 1. Toyota Crown 4-dr Sedan, pearl white, 48K km, \$1,800. 2. '99 Subaru Legacy 4-dr Wagon, silver leather int., double sunroof, really nice car 4WD \$3,325, 48K miles. 3. '00 Mazda Demio, blue, 5-speed, 43K km, \$2,200. 4. '95 Volkswagen Golf Convertible, red, 63K km, \$2,150. 5. '95 BMW 320i, silver one owner M3 body kit, very nice, must see, super low kilo. 24,000 km, very clean, only \$3,600. 6. '99 Caravan Elgrand, silver leather int. very clean, great family minivan, \$3,200. 7. '97 Honda Odyssey, white 68K km, new tires, \$2,100. '95 Honda Odyssey, wine, 69K km sunroof, \$1,850. 8. '97 Mazda MPV, white, clean car, 58K km, one owner, \$2,200. 9. '97 Skyline 4-dr GTS 2.5, silver aerokit, very nice car, \$1,950. 10. '00 Cube, silver, 50K km, 4-dr clean int. \$2,100. 11. '99 Honda SMX, 50K miles, white, \$2,200. 12. '99 Honda Accord Wagon, white, must see, new tires, tinted windows, really nice wheels. 13. '98 Mark II 4-dr Sedan, 74K km, \$2,400. 14. Honda Integra, very clean car, 2-dr sporty, \$1,950. 15. '00 Mercedes Benz E 240, black U.S. spec, left hand drive, 19 inch Carlson rims, sunroof, call now. \$5,500. 16. '95 Mercedes Benz S600, charcoal gray, every option imaginable, leather 19 inch AMG rims, HID lights, call for price www.Big-wave.jp, 080-5497-1787.

Motorcycles

Honda CB-400 Super Four Motorcycle. 2001 model, only 11,000 km. \$2,400 obo. Call Tim, 080-6662-7582 or 243-6758. Make me an offer!

Services

2 BZ 2 Clean? House cleaning service can be scheduled to meet your routine needs. On or off base. Please leave a message and call-back number. Call 080-3489-7657.

Authentic and friendly Japanese instructor offers Japanese lessons for dining out, shopping and Japanese proficiency test at your location or Oppama class. Private lesson, ¥3,000/80 min. Contact 080-5646-2952, sensei4urs@gmail.com.

Birthday cakes and things is back open for business. For my most recent retirement birthday, baby shower and cupcake cakes, please check out www.myspace.com/tinanh27, or birthdaycakesandthings.com

BW Audio for all your car stereo needs. Full custom shop, whatever you need we can make it or install it. Call 080-5497-1787.

Computer and Networking Services. We offer low cost computer repair and home/business networking services. We can set up "Secure" wireless and LAN networks. We also, install software, install hardware, contain viruses, and recover "precious" data. Vonage set up and trouble shootings available. We will respond within 24 hours. Please contact: CJ, 080-6603-2336/chaunceylharris@ezweb.ne.jp. Travis, 080-6616-5634.

Computer Services by Edwin – a 12 yr. Computer veteran is here to assist you with your PC/MAC. From virus infected computers to hardware and LCD replacement. Call 246-7628 or 080-6797-2531 to schedule and at home evaluation. Serving Yokosuka/Ikego areas. Hablamos español.

Dog Lovers Attention. Looking for dog hotel while you're away? Offering dog camp for solving behavioral problems training by bilingual professional. Send your tail-wagging-friend over to beautiful Hokkaido and we'll fly back and drop him/her off at your area. Visit <http://one-to-hounds.com>.

Education Administrator. Do you work outside the home or just desire a quality home school education for your child? Then I have a solution to meet your needs. I can administer an accredited homeschool program, School of Tomorrow (A.C.E.) for your child. Grades 1-12 accepted. Open enrollment. Please contact me for more information at 241-3116 or 080-3526-0172.

G's Salon – Waxing (B.B and all kinds), Manicure, Facials. "Straight from Manhattan" personalized service to bring out the beautiful you! Please call 241-2474 or 080-5677-6532 for appointment. **Hair salon in Yokohama hair expert for foreign Women and Men.** Worked in London, NYC and Beverly Hills. U.S. certified. Master colorist. Foil Highlights and Low light. Specialize

in thermal straightening and hair extensions. We also provide nail services. (045) 311-0139 ask for Yoshiko. info@afrodita.jp, www.afrodita.jp.

KRush Photography. Specializing in babies, milestones, maternity, and family portraits. We're also great for senior portraits, special events, and all of your other photography needs! Visit krushphotography.com, or e-mail: Cindy@krushphotography.com.

Learn Hawaiian and hula. Traditional Ai ha'a style from a Hawaiian kumu. Men, women and children welcome. Contact Aunty Kimi, 246-5700, or e-mail: pelesown@yahoo.com.

LTO and Free Junking. Need to junk it now? Don't wait days. JCI inspection, title transfers, road tax, deregistration, T-plate. 12 years in Japan. Negishi, Ikego, any transmission OK. Call Derrick, 241-4415 or 090-3592-8809.

LTO Runs and Junking Services. Japanese inspection, new registration, transfer registration, deregistration, change of address, road tax, temporary plates, could junk and deregister your car in a day or less, on base or off base OK. Eight years experience. Call Fe, 241-4954 or 090-9317-8259.

LTO Runs and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, change of address. Road tax, temporary plates. 日本語もOK. Call Cherry, 080-5046-0689.

Junking Service in 1 hr. or less. Also LTO service. One call will do it. Don't worry. Negishi, Ikego no problem. Call Derrick, 090-3592-8809, home 241-4415.

LTO Runs and Free Junking. Yokosuka/Ikego/Negishi Registrations, inspections, transfers, I do it all. No problem driving your vehicle to LTO. Call Reiko McCulough, 241-3100/080-5497-2600 or e-mail: reikoloking@yahoo.com. 日本語もOKです!

LTO runs and Junking Services. Runs from Yokosuka and Ikego. New registration, deregistration, Japanese inspection, transfer. Also do mini-car registration. Please call Roselle at 090-4222-7435, e-mail: always_roselle@hotmail.com.

LTO Run and Free Junking. New registration, Japanese inspection, transfer registration, deregistration, road tax, temporary plates. Call Jackie, 080-6657-9716 and 080-3394-5445.

LTO Runs and Free Junking. New registration, Japanese inspections, temporary plates, transfer registration, minicars, change address, road tax, deregistration, base inspection, JCI renewal. Please call Theresa, 241-3427 or 080-3392-4384.

LTO Runs and Free Junking (could junk in a couple of hours). New registration, Japanese inspection, renewal, change address, transfer title, deregistration, road tax, T-plates. Call Elvie at 090-4585-8329.

MAGICIAN. Birthday Parties. Book your command's Christmas party now! Complimentary birthday gift. (イベントや、お誕生日会などにマジック・マイクを呼びませんか?) Call "Magic Mike", 090-6199-4993, (046) 827-4639, magicmike4u@ezweb.ne.jp, www.magicmike.wetpaint.com.

MorsePhotoStudio.com. Due to my pregnancy I can only take a few holiday photo sessions. The last day to take photographs is Dec. 5 until I can reopen my business again. Thank you all for your kindness and understanding. Sherry Morse, 080-6736-4961.

Nail Care by Cecile. Specializes in all types. Home phone, 246-8421. 642-F Ikego Hills. Cell phone, 080-5679-5545.

Need makeup artist on your special day? Experienced makeup and hair artist will work on location. For more detail, call 090-4167-0724 (if no answer, leave message), or e-mail: makeupbytakako@hotmail.com. Artist info: www.makeupbytakako.com.

Piano Lesson Home Service. Provide all levels' lesson. Monthly fee ¥6,000 (30 min x 4 times). Please contact about some more detail. Fumiko, 090-8115-4747, or e-mail: fumikoy235@mac.com.

Professional Cleaning Service. Weekly or biweekly. Call Ewa, 090-4224-4674.

Professional Resume Writing. Military-to-Civilian Resumes. Federal, KSA, Resumes-from-scratch, Veteran owned and operated. Any resume consulting. www.anyresume.com, anyresume@gmail.com.

Positions

Building Maintenance Engineer. *Over three-year on-the-job experience for building maintenance. *Business level English and Japanese (speak, read and write). *Proper valid work visa. *Workplace: Tokyo area. *Pay: up to ¥330,000/month for engineer, ¥400,000/month and above for manager level. *Transportation cost paid (Max. ¥40,000). *Paid vacation and holiday. *Retirement age: 65 years old. E-mail your resume to: m-watanabe@s-mt.co.jp. Shin-iei Real Estate Co., Ltd. (03-5722-4680).

ENCS is looking for a self-motivated Office Manager. Salaried position with SOFA available. Training is provided. Skills required are basic accounting, computer and typing. Ability to speak Japanese on a business level and native English. Superior organizational skills a must! Customer service experience preferred. Please e-mail: szimber@militarycars.com, or call 090-3120-1875.

Wanted

Drivers wanted for on-base taxi service. Will train. Make some extra cash during your off hours (2 hours minimum)...pretty good tips. Morning shift is available from 5:30 a.m. Contact 243-4511 or 090-3205-3472. Supervisory and Management training positions available.

オンベースタクシーの運転手(パート)募集。MLC及びIHAでベース内で働いている方々、出勤前及び業務終了後の数時間働いてみませんか?月曜～金曜(9時入港中)4 a.m.-8 a.m.(2時間でもOK)運転好きな方、チップも入る結構稼げますよ(普通免許でOK)。243-4511か090-3205-3472まで電話ください。

Looking for an English teacher to teach in your Negishi base home. Kids/adults students on weekdays/weekends. Must have college degree. Have fun and make Japanese friends! Contact Yuka: 090-4006-8414.

Personals

Give the Home Front Some Real Christmas Cheer This Year!! They're already proud of you, now make them laugh out loud in three different books!! "A Texan's Guide to Elucidating in Japanese", full of multi-cultural mumbblings and jaw-busting bursts of babble! U.S.

\$15, or "Homely Homilies on Life", 173 pages of laffs and gaffes on a 50-year journey into and out of a Sailor's life, U.S. \$25 or "Navel Thinking Plus", 170 pages of sea stories and deckplate views about the adventures and misadventures of Sailors, U.S. \$25. No embarrassment just a steady stream of laughs in all three!!!! Send U.S. cash, NFCU check or I.P.M.O. to J.V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken, Japan.

To Live or Not Live in Japan, Where Is the Info? Right here in "Retiring in Japan, the What, How and When of It". More factual info than a house has dust!! The whole nine yards on what you need to know and do to make it in Japan!! The cost? U.S. \$20 or ¥2,200 via cash, NFCU check or I.P.M.O. to J.V. Woodman USN/RET, 2-34 Shioiri-cho, Yokosuka 238-0042, Kanagawa-ken, Japan.

Announcements

Are You Looking for an Apartment or House to Rent? We cater to military needs. Ocean view! Mountain View! Spacious balcony! American style bathroom! *Tatami* room! Let us find your dream apartment or house. We have several houses and condominiums for sale. Also start your real estate business in Japan today! Our friendly staff will work hard to get you the best deal possible. Call us, (046) 825-0245 10 a.m.-6 p.m. Contact at: chintai@heiseiyokosuka.co.jp. Address: 1-18 Wakamatsu, Yokosuka Heisei Housing Co., Ltd. Our Company is in front of Coco's curry shop near Yokosuka chuo station.

Christian Ministries Far East. A church on the move and in the will of God! Located outside the back gate after you pass the 7-eleven on your left on the corner. Ecumenical Sunday Worship Service 11 a.m. and Wednesday Christian Studies 6:30 p.m. Business@cmfeinc.com, (046) 827-2289. Come and fellowship with us.

DoD Civilians and Contractors – Get out of that small Hotel Room! House available very close to base. Furnished, internet, Cable, the works! E-mail: yamasmit@jcom.home.ne.jp. Phone: 080-5436-8408.

The Symbol of Purity and Aristocracy. Only Bayleaf presents ethnic and authentic Indian cuisine in Yokosuka. For reservation, call 080-3015-1749. We use best ingredient in the dishes. Visit the Web site. <http://www.yokosukaindian.com/> and <http://www.indiancurry-bayleaf.jp/> Parking, party, take out, reservation OK. Monday closed. Tel. (046) 821-1922.

TIF Miscellaneous International Party Shibuya. Nov. 8, Saturday, 6:30-9 p.m., T's Salon. Held by Japan's biggest international friendship site. Meet 300 people. Beer, cocktails and soft drinks are all you can drink! Snacks are also provided! ¥3,000. <http://www.miscellaneousparty.com>. Call 080-2001-0512, party@goover.co.jp.

Unable to locate jobs on military bases? Here is an excellent opportunity for spouses as distributors! Our products are for men and women! Our products are PROVEN to reduce wrinkles, sagging skin, bags under the eyes, lines on the forehead, unwanted flab, hair rejuvenation and increased antioxidant absorption. And our products are scientifically based and one-of-a-kind! Scientifically Proven Anti-Aging Treatment with Galvanic Spa – Look 10 years younger in just 10 minutes. Taking vitamins? Try LifePak Nano – Best on the market and results confirmed. Call Rick at (042) 542-2977/080-3394-4647, or via e-mail at: anderson@nsedreams.com, or visit my Web site at: <http://anderson.nsedreams.com>.

Room for rent. Off-base house share in Yokosuka. No key fee, no deposit, no guarantor required, \$300/month plus utilities. Non-smoker please. Contact: yamadatoshinori@yahoo.co.jp.

Yokohama World Friends International Party, Nov. 15, Saturday, 6:30-9 p.m., Bar Why Not. Biggest international party in Yokohama. Meet 150 people. 20 kinds of free cocktails. Free snacks. ¥3,000. <http://www.worldfriends-party.com>. Call 080-2001-0512, party@goover.co.jp.

Yokosuka Baptist Church. Independent, fundamental, Baptist church with a military heart. Choumi Building, 27-6 Ogawacho (Across from Mikasa Park). For more information, call (046) 823-4654 or cell 080-3179-9516. www.ybcjapan.org.

Adoption

Thinking about adopting a child? Yes – It can be done while living overseas! We can make it happen! Contact: www.Adopt-Abroad.com.

Asahi Advertising, Inc. is located next to CFAY Public Affairs in Bldg. 3154, Room 213, on Command Hill. Please stop by the office to place your advertisements!

Classified ads of 30 words or less can be purchased for either \$5 per issue, in cash, at Asahi Advertising, Inc. The fee is \$1 for every 10 additional words. These rates are for Department of Defense servicemembers, family members or civilian personnel only. Prices for all other ads must be separately negotiated with Asahi Advertising, Inc.

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(Left) CNFJ Chief of Staff Capt. William P. Cuilik presents Osamu Takahashi a gold medal recognizing 30 years of service as a Master Labor Contract (MLC) employee while Toshio Saito of the South Kanto Defense Bureau looks on. Medals for 10, 20, 30 and 40 years of service were awarded to 495 employees during the MLC Length of Service Awards Ceremony at the Yokosuka City Culture Hall Oct. 24.

Photo by Yuji Kawabe



(Left) Byrd Elementary School Kindergarteners Stella German, Robert Suchyta and Gabriel Powell take a ride in the CFAY earthquake simulation truck during fire and earthquake safety activities held Oct. 28.

Photo by Laurie Fox



SN Walter Frank safely transits a ladder in the fire room aboard *USS Blue Ridge* (LCC 19) during a class bravo fire drill in the ship's main space Oct. 30. With one hand gripping the rail as he climbs the ladder, Frank carries a bottle of aqueous film forming foam (AFFF) while looking for "hot spots" to extinguish.

U.S. Navy photo by MC2 Peter D. Lawlor



Seika Kindergarten students exit the stage after receiving bags of books from Commander Fleet Activities Yokosuka (CFAY) Commanding Officer Capt. Daniel Weed Oct. 16. The books, purchased through the CFAY Community Relations Office and donated to the school, is just one of the many COMREL activities CFAY conducts throughout the year. CFAY and Seika Kindergarten have been interacting through COMREL events since the post-World War II period.

Photo by Fumiyo Sato



Yokosuka Middle School seventh-grade students pose in front of the Diet building in Tokyo where they spent the day touring the area around the Imperial Palace and learning about Japanese history. The highlight of the day was a visit to the Diet, Japan's Parliament, where students listened to a presentation in the House of Councillors.

Photo by Rumi Sato Duncan

Konnichiwa!



Master Labor Contract employee Foreman Fumiyuki Iwakura radios into the Temporary Services Shop X-99 to provide more shore power for *USS Ohio* (SSGN 726).

Photo by Yuji Kawabe

Where do you work?

SRF-JRMC.

How long have you worked on base?

Nine years.

What is your favorite food?

Yakitori.

Life goal? To enjoy snow boarding with my son when he gets older.