Capt. David A. Owen, Commander, Fleet Activities Yokosuka

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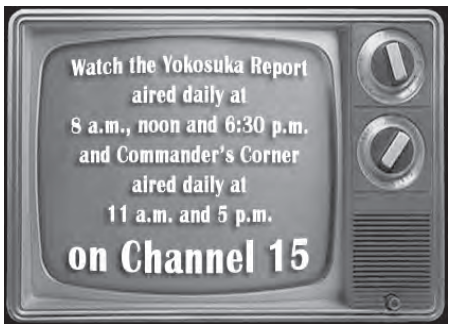
Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an email to CFAYactionline@gmail.com. We welcome your feedback, especially if it is of a general nature and can help others. To contact the Seahawk office, call CFAY Public Affairs at 243-3003 or send an email to: CFAYactionline@gmail.com.



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Heads Up Yokosuka!
Community announcements/Action line

Yokosuka area civilian post allowance survey – HRO will be conducting a Post Allowance survey in the month of March. All Federal Agencies' Civil Service and Non Appropriated Fund employees that work on Fleet Activities, Yokosuka and Ikego Housing Areas who draw post allowance are in the survey population. The purpose of the survey is to ensure that the most accurate and up-to-date information regarding the costs of living in Yokosuka/Ikego is provided to the Department of State's Office of Allowances. HRO wants to establish Yokosuka as its own reporting post which represents the shopping patterns of the employees that work here. Currently, Yokosuka's Post Allowance rate is linked three Post Allowance levels below the Tokyo area. In order for the survey to be accepted by the Department of State, HRO must receive Living Pattern Questionnaire surveys from 67% of the eligible civilian employees receiving Post Allowance. The Living Pattern Questionnaire and instructions for its completion and turn-in will be provided to employees through their HR Liaisons at their commands. For more information about post allowance or questions regarding the survey, please contact Mr. Dean Tom at 264-3422 or email at dean.tom@fe.navy.mil.

Yokosuka Triennial VOLED Need Assessment – In an effort to obtain maximum input in determining future educational programs for Yokosuka. It is requested that all CFAY personnel to take a few moments to complete and submit the web-based VOLED Needs Assessment, the assessment will be available for Yokosuka Feb. 22 to March 6. The assessment can be accessed at: https://www.research.net/s/NCO_TRIENNIAL_V2

Hospital bills: Your responsibility – Pay patients seen at military treatment facilities, have bills generated and sent to the patient's insurance carrier. Often, after payments are made by the patient's insurance carrier, there is a remaining co-payment that is the responsibility of the patients. These co-payments if unpaid leave a negative balance on the patient's account generating late notices 30 days after payment is due. If payment isn't made within an additional 30 days, a second notice is sent. A third and final notice will be sent at the 90-day mark if the bill remains unpaid. If, at the 90-day mark, the bill has not been paid or arrangements have not been made to pay the bill, patients with an outstanding balance will not be able to schedule routine appointments, or obtain non-urgent care. If you suspect you may have unpaid medical bills or have any questions on the billing process, please call the U.S. Naval Hospital Yokosuka Billing Office at 243-8574.

Housing Early Application Tool (HEAT) – The Navy has launched HEAT – the Housing Early Application Tool. Service members and their spouses can now begin the application process online – even before receiving orders. Service members, who might be PCSing to one of the five Beta test sites or just want to know more, can visit the HEAT website at: www.cnic.navy.mil/HEAT

SPAM and Spear Phishing Awareness – As a reminder, Department of Defense personnel are constantly targeted recipients of SPAM and Spear Phishing email to misguide the innocent with the intent to employ malicious activity, gain access to personal and sensitive information, perpetrate identity theft, deny use of the network, thus succeeding in weakening ONE-NET security posture. To ensure the integrity of our networks and systems are operating securely, we ask that users do not click on embedded URL links in SPAM email or unfamiliar senders and any suspicious email received meeting the criteria below be reported immediately to the ONE-NET Enterprise service desk:

- Inquiries requesting you to confirm your email address
- Web links directing you to sites to provide login credentials, CAC Pin numbers, date of birth, SSN information
- Web links directing you to update your virus definitions

To learn more about these attacks, we recommended you to review the DISA IA Awareness products for further detail on defending against phishing attacks at: http://iase.disa.mil/eta/. Additionally, if your ONE-NET workstation or laptop develops a suspicious behavior as indicated below, it should be reported immediately to the help desk to expedite an investigation.

- Screen flashes after credentials or CAC pin numbers are entered
- Secondary or even third pop-up dialog boxes requesting to that you re-enter login credentials or pin numbers

Customers are requsted to continue to report any receipt of SPAM and, or Spear Phishing attempts to the ONE-NET Enterprise Service desk by calling 243-3883, or emailing to ServiceDesk@fe.navy.mil.

BZ: I've been here in Yokosuka for 10 years and have been to the PSD ID Cards at least three different times. This was the fastest I've ever received an updated Common Access Card. My wife and I would like to thank everyone in PSD ID Cards and Defense Biometric Identification System. They all were very professional and provided outstanding service.

Q: I just wanted to write and inform you of the horrible conditions at the Negishi Theater. For the last three to four months watching movies at the Negishi Theater have been very frustrating. The temperature inside the theater is freezing cold and there is some sort of vent that is causing a very loud and annoying whistling noise during the entire running of the film. I understand that we are only a handful of people watching, but there is no reason for this theater to continue operating under these circumstances. Please have someone look into the above issues.

A: The noise inside the Negishi Theater auditorium was coming from the smoke exhaust system. The system malfunctioned causing the exhaust system to activate throughout the Negishi Community Center. PWD and the fire department are currently investigating the reason the system activated. When this system activates all the ventilation systems inside the Community Center shut down becoming inoperable. If you have any questions or additional comments, please contact MWR theaters manager at 243-5406.

Rumor filter test

By Capt. David A. Owen,
Commander Fleet Activities, Yokosuka

There is never a shortage of rumors or scuttlebutt around a ship or an installation. Most of these rumors are not true or at least not exactly as believed, however they sure do have a nasty habit of spinning a lot of people up. A friend emailed the below to me, a very ancient, but yet common sense perspective.

Keep this in mind the next time you are about to repeat a rumor or spread gossip. In ancient Greece (469 - 399 BC), Socrates was widely lauded for his wisdom. One day an acquaintance ran up to him excitedly and said, "Socrates, do you know what I just heard about Diogenes?"

"Wait a moment," Socrates replied, "Before you tell me I'd like you to pass a little test. It's called the Triple Filter Test."

"Triple filter?" asked the acquaintance.

"That's right," Socrates continued, "Before you talk to me about Diogenes let's take a moment to filter what you're going to say. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"No," the man said, "Actually I just heard about it."

"All right," said Socrates, "So you don't really know if it's true or not. Now let's try the second filter, the filter of Goodness. Is what you are about to tell me about Diogenes something good?"

"No, on the contrary..."

"So," Socrates continued, "You want to tell me something about Diogenes that may be bad, even though you're not certain it's true?"

The man shrugged, a little embarrassed. Socrates continued, "You may still pass the test though, because there is a third filter, the filter of Usefulness. Is what you want to tell me about Diogenes going to be useful to me?"

"No, not really."

"Well," concluded Socrates, "If what you want to tell me is neither True nor Good nor even Useful, why tell it to me or anyone at all?"

The man was bewildered and ashamed. This is an example of why Socrates was a great philosopher and held in such high esteem.