

Tropical Times

July 13, 2012



Hospital Corpsman 2nd Class Taylor Smith salutes as part of the Flag Ceremony during Chief Logistics Specialist Donna Butts' Retirement Ceremony.

Diego Garcia

NEWS

Shipmate...The Watch Stands Relieved

By Mass Communication Specialist 1st Class (SW/AW) Ryan B. Tabios

DIEGO GARCIA, British Indian Ocean Territory (July 06, 2012) – For 24 years Chief Logistics Specialist (SW/AW) Donna Lynn Butts served her country; to honor her service, U.S. Navy Support Facility Diego Garcia (NAVSUPPFAC), British Indian Ocean Territory, held a retirement ceremony in the Island Room, July 6.

Retirement ceremonies are a rare occasion onboard Diego Garcia, and this one was unique in that although her immediate family was not present, her Navy Family was. Those that she has worked with closely and mentored in the past year, both service members and civilians, were present to bid her the farewell she so truly deserved.

"God has blessed me with great leaders, co-workers,

peers and subordinates-I thank each and every one of you from the bottom of my heart," said Butts. "I will take these friendships as I leave active duty. I will never forget the young Sailors with whom I have served and know I made a difference in their lives and careers. Butts also thanked her family for standing beside her through the many deployments, challenges and triumphs in her career.

"I owe a debt of gratitude to my parents, thank you mom and dad," Butts said. "Thank you for raising me in such a way that I am able to navigate my way through life.

"Thank you to my husband and son...I will be leaving active duty but you are coming with me," added Butts.

Lt. Cmdr. Rodney Allen, NAVSUPPFAC's Air Boss, was the guest speaker in which he celebrated Butts' naval



Diego Garcia, British Indian Ocean Territory (July 6, 2012) - Chief Logistics Specialist Donna Lynn Butts receives her retirement flag after the Flag Ceremony during her Retirement Ceremony at U.S. Navy Support Facility, Diego Garcia July 6. Butts is retiring after serving 24 years in the Navy. (Photo provided by DG-21)

career.

"Today, we will honor Chief Donna Butts, it's truly an honor to be here with you on such an important occasion," said Allen. "Audience, today is her day...it is a celebration of success in a seemingly difficult job done exceptionally well."

During her farewell speech, Butts reflected on the many places she served and expressed her gratefulness for the things and people that have come her way.

"I am grateful for what I have done, the places I have been and what has been and will be given to me," said Butts. "Most of all, I am grateful to God for allowing me to experience 24 years in the United States Navy. Thank you for sharing this day with me."

The ceremony concluded with the reading of *The Watch*, in which Butts was piped ashore; relieved of the watch she has stood for 24 years. Butts also removed her anchors and passed them on to Logistics Specialist 1st Class (SW/AW) Wankiesha Ross.

"I was surprised," said Ross. "This was not in the rehearsals.

"This was her day...when she gave me her anchors it became my day as well," Ross added. "There are so many other Sailors, she could have chosen to relieve her. She chose me and I won't let her down."

Fair Winds and Following Seas Chief



CONGRATULATIONS MA2 JADANIEL WASHINGTON



Master-at-Arms 2nd Class JaDaniel Washington reenlisted at U.S. Navy Support Facility, Diego Garcia July 5. Washington hopes to further his Naval career by successfully completing Small Arms Marksmanship Instructor Training once he leaves Diego Garcia.

Congratulations to the July Awardees





Submitted By
Lt. Kenyon Kaehr
Command Chaplain,
NAVSUPFAC Diego Garcia

C hapter owner



“Expect the Best!”

There once was a turtle family that went on a picnic. They'd prepared seven years for their outing. The family left home, searching for a suitable place. During the second year of their journey, they found it. For about six months they cleared the area, unpacked the picnic basket, and completed the arrangements. They discovered, however, that they had forgotten the salt. A picnic without salt would be a disaster, they all agreed. After a lengthy discussion, the youngest turtle was chosen to retrieve the salt at home. Although he was the fastest of the slow-moving turtles, the little turtle whined, cried, and wobbled in his shell. He

agreed to go on only one condition: that no one would eat until he returned. The family consented and the little turtle left. Three years passed—and the little turtle had not returned. Five years. Six years. Then in the seventh year of his absence, the eldest turtle could no longer contain his hunger. He announced that he was going to eat and began to unwrap a sandwich. At that point, the little turtle suddenly popped out from behind a tree shouting, “SEE! I knew you wouldn't wait! Now, I'm not going to get the salt.” Some of us are just like that little turtle! We don't trust anyone or give anyone the benefit of the

doubt. We waste away our whole lives waiting for people to live up to our poor expectations of them—and they always do.

We can be thankful that God doesn't treat us that way. He accepts us just the way we are. He believes in us. He cheers us on. He thinks the best of us. He is proud of us. When we mess up, he forgives and forgets, and gives us another opportunity to do good. That's how God treats us, and that's how we are to treat others. Let's not think the worst of each other. Let's expect the best!

***“I love all who love me.
Those who search for me
will surely find me.”
Proverbs 8:17***

What's happening in Diego Garcia

Suicide Intervention

DON'T BE AFRAID TO ASK WHAT IS BOTHERING AN INDIVIDUAL AND ENCOURAGE THEM TO SPEAK UP WHEN DOWN. EMPOWER YOURSELF TO ACT!

ASK, CARE, TREAT

-ASK IF SOMEONE IS DEPRESSED AND IS THINKING ABOUT SUICIDE.

-LET THEM KNOW YOU CARE.

-GET THEM ASSISTANCE(TREATMENT) AS SOON AS POSSIBLE.

Alcoholics Anonymous

AA RECOVERY MEETINGS ARE HELD WEDNESDAYS AT 11:30 A.M. AND 8 P.M., AS WELL AS FRIDAYS AT 8 P.M.

Domino Strategy

THE DOMINO STRATEGY ON HOW TO DRINK RESPONSIBLY IS A CAMPAIGN THAT ENCOURAGES SAILORS TO PAY ATTENTION TO THE SIZE, CONTENT AND AMOUNT OF ALCOHOL THEY CONSUME.

THE CAMPAIGN PROMOTES THE 0-1-2 GUIDELINES ON HOW TO DRINK RESPONSIBLY.

ZERO DRINKS FOR PEOPLE WHO ARE UNDER 21, OPERATING ANY TYPE OF VEHICLE, PREGNANT, TRYING TO BECOME PREGNANT OR BREASTFEEDING, RECOVERING ALCOHOLICS OR CHEMICALLY DEPENDENT, AND USING CERTAIN MEDICATIONS.

NO MORE THAN ONE STANDARD DRINK PER DAY FOR WOMEN AND NO MORE THAN 2 STANDARD DRINKS PER DAY FOR MEN.

Hazardous Waste Training

THE PUBLIC WORKS DEPARTMENT WILL BE HOLDING HAZARDOUS WASTE TRAINING. INTERESTED PERSONNEL MUST COMPLETE A COURSE REGISTRATION AND QUOTA REQUEST FORM PRIOR TO ATTENDING THE CLASSES.

THE FORMS MUST BE SUBMITTED TO THE PWD ENVIRONMENTAL OFFICE AT BUILDING 138 OR EMAILED TO JUANITO SALDANA.

CONFIRMED ATTENDEES WILL BE NOTIFIED OF CLASS LOCATION AND DATES AT A LATER TIME.

Driving Hazards: Blowouts

-DON'T SLAM ON THE BRAKES.

-TAKE YOUR FOOT OFF THE ACCELERATOR AND STAY IN YOUR LANE.

-PULL OFF THE ROAD AT A SAFE LOCATION.

Catholic Mass

THERE WILL BE NO CATHOLIC MASS AT THE CHAPEL IN THE PALMS UNTIL FURTHER NOTICE. THOSE SEEKING CATHOLIC WORSHIP ARE ENCOURAGED TO ATTEND THE CATHOLIC MASS HELD AT THE SEABREEZE CHAPEL.

Friday
13

Saturday
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Sunday
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Monday
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Tuesday
17

Wednesday
18

Thursday
19

Poweboat Class
Basic Boating
Marina
4:30 p.m.

Donkey Gate &
Back Bike Ride
Marina
8:30 a.m.

500 Meter Windsurf
Paddle Board Race
Marina
3 p.m.

Bench Press
Competition
Fitness Center
6 p.m.

3 Person
Inner Tube
Relay Race
Base Pool
6 p.m.

Pull Ups & Sit Ups
Competition
Fitness Center
6:30 p.m.

Walleyball
Tournament
Fitness Center
6:30 p.m.

John Carter
Action
PG 13
8 p.m.

Silent House
Horror
R
8 p.m.

Woman in Black
Drama
PG 13
8 p.m.

Man on a Ledge
Crime
PG 13
8 p.m.

**Ghost Rider: Spirit
of Vengeance**
Action
PG 13
8 p.m.

Wrath of the Titans
Action
PG 13
7 p.m.
Island Room

A Thousand Words
Comedy
PG 13
8 p.m.

Safe House
Action
R
10 p.m.

**Journey 2:
Mysterious Island**
Action
PG
10 p.m.

Tropical Times

United States Navy Support Facility
Diego Garcia British Indian Ocean
Territory

Commanding Officer
Capt. Richard A. Skiff Jr.

Executive Officer
Cmdr. Stephen E. Petras

Command Master Chief
CMDM(SW/AW) Robert L. Johnson

Public Affairs Officer
MC1(SW/AW) Ryan B. Tabios

Tropical Times Editor
MC3 April D. Adams

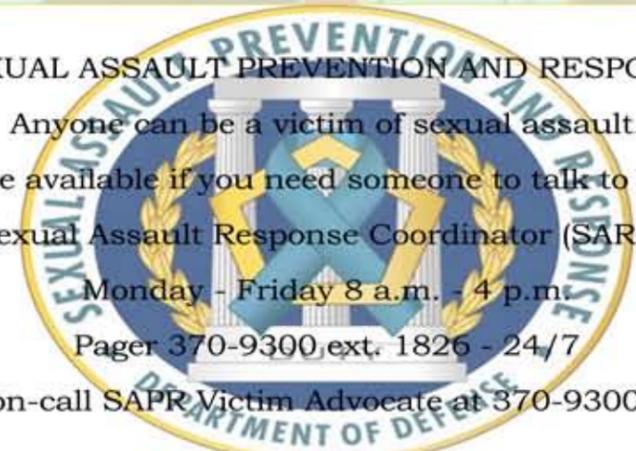
Command Journalists
MCSN Eric A. Pastor

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**Submissions to the Tropical Times are
due to the editor no later than close of
business Tuesday**



SEXUAL ASSAULT PREVENTION AND RESPONSE

Anyone can be a victim of sexual assault.

Resources are available if you need someone to talk to confidentially.
Contact the Sexual Assault Response Coordinator (SARC) at 370-4421

Monday - Friday 8 a.m. - 4 p.m.

Pager 370-9300, ext. 1826 - 24/7

Page the on-call SAPR Victim Advocate at 370-9300 ext. 1825.