

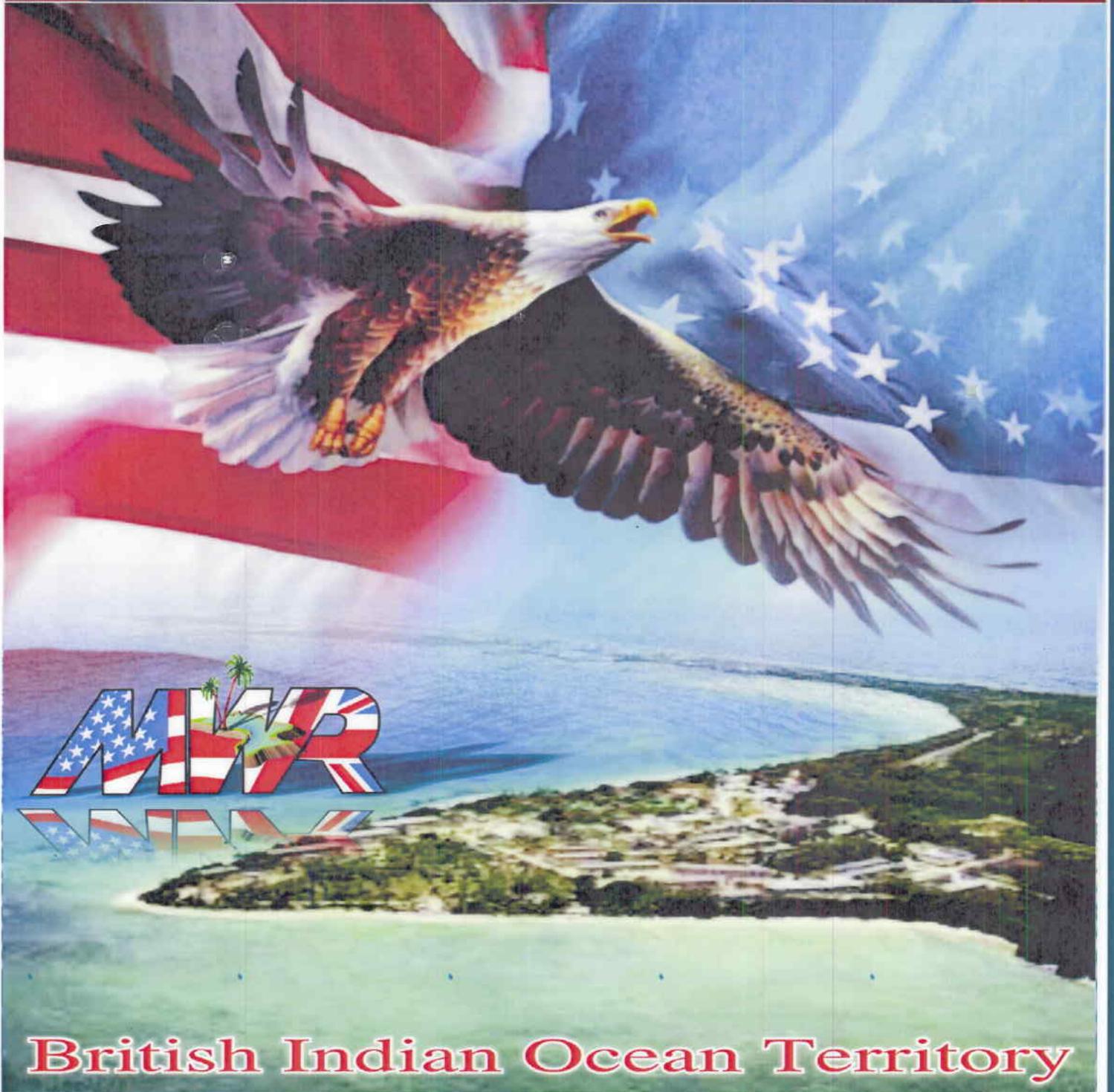
SEPTEMBER 2012

MORALE, WELFARE & RECREATION

Island Breeze

DIEGO GARCIA

SEPTEMBER 2012



British Indian Ocean Territory

MWR DIRECTORY

Accounting Office	370-2782
Art & Graphics Office	370-4779
Base Library	370-2983
Bowling Center	370-2805
Check-it-out / Gear Rental	370-2786
Coral Sands Golf Course	370-4876
CPO Club	370-2807
CPO Home Delivery	370-2811
DG21 MWR Office	370-2780
Food Court	370-4767
Game Room	370-4766
Hometown Connection	370-2827
Island Room	370-4761
Liberty Center	370-4536
	4538
Main Outdoor Theater	370-2808
Marina	370-2785
Massage Therapy	370-2835
Mean Gene's Burger	370-4836
MWR E.T. Shop	370-4941
MWR Club Office	370-4738
	2821
NSF MWR Director	370-4404
NSF MWR Office	370-2982
Officers' Club Dining/Bar	370-4737
Pack n' Wrap	370-2992
Pax Terminal Snack Bar	370-2830
Peacekeeper Inn	370-2810
	2820
Peddlers Bike Shop	370-4940
Physical Readiness Center	370-2835
Recreation Services Office	370-2790
Swimming Pool	370-4934
Slot Machine Shop	370-4763
T-Shirt Shop / Gift Shop/ Photo Shop	370-4778

Mr. EARL MURRAY

NSF MWR DIRECTOR

Ms. JENNIFER R. VESS

NSF MWR DEPUTY DIRECTOR

Mr. SCOTT ABELL

DG21 MWR DIRECTOR

Ms. JOY GORNICKI

DG21 F&B OPS MANAGER (ACTING)

Mr. ENRICO EUGENIO

DG21 MWR REC SERVICES MANAGER

Mr. RICK PASCUA

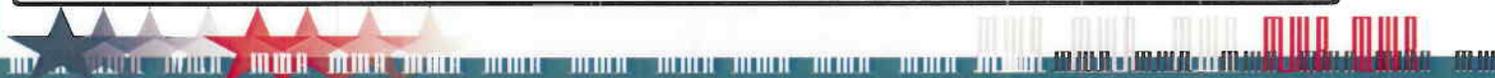
DG21 MARINA MANAGER

Mr. ISRAEL R. DAVID

Graphic Illustrator/Supervisor



MWR Newsletter is being published monthly by Morale, Welfare & Recreation Department Diego Garcia British Indian Ocean Territory. Please forward any comments and suggestions to *DG21 LLC* Recreation Services Office Box 24 PSC 466 FPO AP 96595 Tel. # 370-2790/2792



SEPTEMBER 2012

**FREE T - Shirt
for All
Participants!**



LIBERTY

Navy Morale, Welfare & Recreation

Wednesday, 5 Sept., 1800
Coconut Bowling

Wednesday, 12 Sept., 1800
Chess Tournament

Wednesday, 19 Sept., 1800
H.O.R.S.E Basketball Competition

Wednesday, 26 Sept., 1800
Singles Badminton Tournament

*Don't Forget! Enjoy your favorite movie at the Liberty Center's indoor theater.
With over 450 titles to choose from, there is something for every taste.*

*The Liberty Center is open to all active Duty Military E1 - E6.
For information, or if you have an idea for an event, call Jennifer Vess @ 370 - 4333*



MONDAY, 03 SEPTEMBER 2012
@ THE FLEET REC

EVENTS

- 0830 - DONKEY GATE AND BACK BIKE RIDE @ THE MARINA**
- 1600 - RIBBON CUTTING CEREMONY FOR NEW FIELD**
- 1700 - SOCCER GAME @ FLEET REC**

MENU

- HAMBURGERS**
- HOT DOGS**
- CORN ON THE COB**
- BAKED BEANS**
- COOKIES**
- SODA**



FREE T-SHIRT

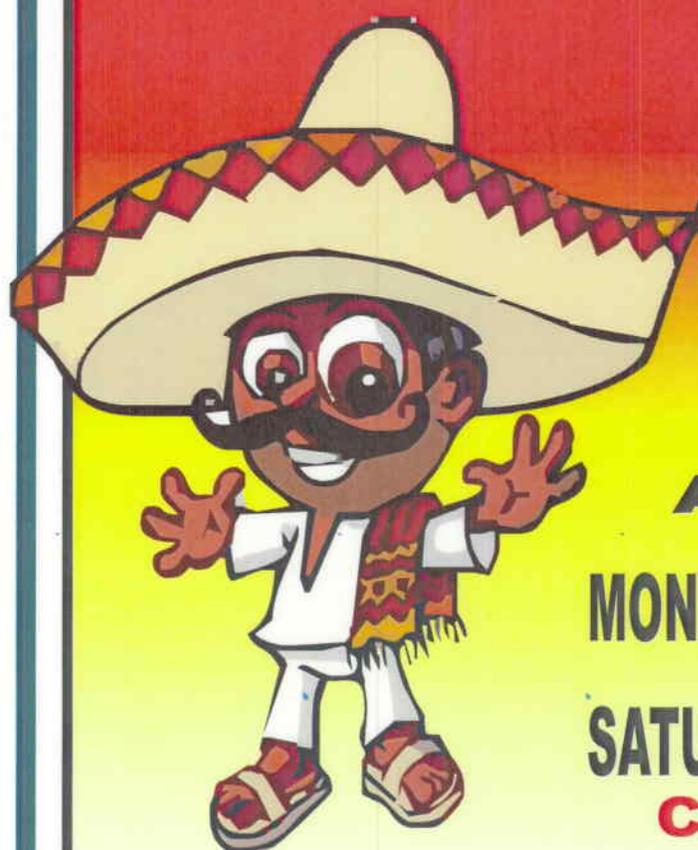


BEST BALL SCRABBLE
TOURNAMENT
\$ 5.00 PER PERSON
4 PERSON TEAM
MINIMUM OF 1 FEMALE



05 SEPTEMBER 2012
EVENT START @ 2000
CORAL SANDS GOLF COURSE

FOR MORE INFORMATION CALL @ 370 - 4876



Diego's Taco

TRUCK AT THE MARINA

MONDAY - FRIDAY 1100 - 1400

SATURDAY - SUNDAY 1100 - 1900

CASH ONLY PLEASE

FOR MORE INFORMATION CALL THE MWR CLUB OFFICE @ 370 - 4738/2821

BINGO

BONANZA

\$7,000



**PROGRESSIVE
BINGO JACKPOT
IN 50 #S OR LESS**

CONSOLATION PRIZE OF

\$5,000

IF MORE THAN 50 #S

17
39

40

**TUESDAY, 11 SEPTEMBER 2012
ISLAND ROOM
@ 1900**

01

22

PACKAGE:

- (7) \$350 REGULAR BINGO
- (2) \$1,000 MINI JACKPOTS
- (1) \$7,000 SUPER PROGRESSIVE BINGO JACKPOT
\$5,000 CONSOLATION PRIZE
- (10) \$25 HALF TIME TICKET DRAWINGS

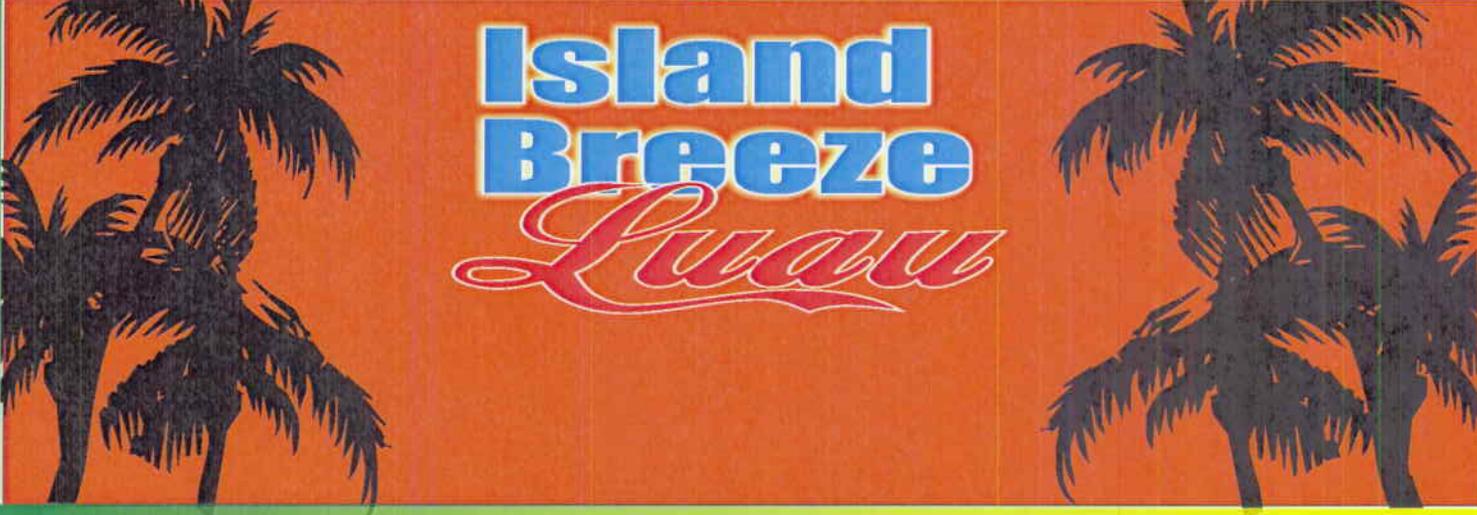
Bingo tickets will be on sale for \$20.00 until the day before and will be \$25.00 on the day of.

*Additional economy pack will be on sale on game day.
Single card for game #6 & #7 will be on sale for \$ 1.00 ea.
Single card for Super Jackpot game #10 will be on sale for \$2.00*

TICKETS NOW AVAILABLE AT PEACEKEEPER INN

FOR MORE INFORMATION PLEASE CALL 370-4738





**Island
Breeze**
Luau

**TE IRIATAI ORA
DANCE TROUPE**

14 AND 15 SEPTEMBER 2012

1900H - 2300H

Enjoy a Scrumptious Hawaiian Buffet

in the Island Room

\$15 PER PERSON

TICKETS AVAILABLE AT PEACEKEEPER INN

FOR MORE INFORMATION CALL THE MWR CLUB OFFICE AT 370 - 4738/2821



TIP TO TIP BIKE RIDE

UPCOMING EVENT!!!

WHERE: MARINA

WHEN: SATURDAY, 06 OCTOBER 2012

EVENT STARTS @ 0700

REMINDERS TO ALL PARTICIPANTS:

- HAVE YOUR BIKE CHECKED BEFORE THE EVENT.
- SUN PROTECTION RECOMMENDED.
- EAR PHONES PROHIBITED.

**SIGN UP AT THE PHYSICAL READINESS
CENTER NLT THURSDAY, 04 OCTOBER 2012**

T - SHIRTS FOR ALL PARTICIPANTS

FOR MORE INFORMATION PLEASE CALL REC SERVICE AT 370-2790/2792

370 - 2805

Hours of Operation

Monday - Thursday 1200 - 2300
 Friday 1200 - 0100
 Saturday 1000 - 2300
 Sunday and Holidays 1200 - 2300



Fees & Charges

REGULAR	1st Game	\$1.50
	Succeeding Games	\$1.00
TOURNAMENT	3 Games	\$2.00
LOCKERS RENTAL	MONTHLY	\$5.50
	ANNUALLY	\$1.00
SHOES		&0.75

CORAL SANDS GOLF COURSE

370 - 4876

Hours of Operation

Monday - Friday 1300 - 2000
 Sunday, Saturday & Holidays 0700 - 2000



Fees & Charges

Green Fee
 Regular - \$ 2.00 (18 holes)
 Twilight (1700) - \$ 1.00
 Club Rental - \$ 2.00
 Pull Cart Rental - \$ 2.00
 Locker Fee - \$ 5.00 monthly

GOLF LESSONS ARE FOR BEGINNERS AND BY APPOINTMENT ONLY.

PACK & WRAP

370 - 2992

Hours of Operation

Monday - Saturday 1100 - 1900
 Sunday and Holidays *Closed*

BASE LIBRARY

370- 2983

Hours of Operation

Monday - Sunday 1300 - 2100

INTERNET FOR RESEARCH AND ON-LINE EDUCATION ONLY

Officer's Club

Weekdays and Holidays 1700 - 2300

Wednesday: Closed

Friday: 1700 - 0200

Saturday: 1200 - 0200

Sunday: 1000 - 2300

Open to Authorized Patrons: O1 and above
/ Civilian Equivalents

Sunday Brunch and Band Night (Tuesday) All Hands

Specials

Sunday: Brunch 1000 - 1400

Monday: Mongolian Night 1700 - 2200

Tuesday: Wings Night 1800 - 2000

Thursday: Make Your Own Pizza 1700 - 2200

Friday: TGIF 1800

Saturday: Pasta Night 1700 - 2200

Dining Room Open Nightly Until 2300 for Ala Carte
For Information Call : 370-4737



CPO Club

Weekdays and Holidays 1700 - 2300

Tuesday: Closed

Friday: 1700 - 0200

Saturday: 1200 - 0200

Sunday: 1200 - 2300

Open to Authorized Patrons: E7 - E9
/ Civilian Equivalents

Band Night (Wednesday) All Hands

Specials

Monday: Wings Night 1800 - 2000

Wednesday: Mongolian Night 1700 - 2200

Thursday: Make Your Own Pizza 1700 - 2200

Friday: TGIF 1800, Pasta Night 1700 - 2200

1st and 3rd Sunday of Each Month: Taco Night

Dining Room Open Nightly Until 2300 for Ala Carte
For Information Call : 370-2807

CPO Delivery

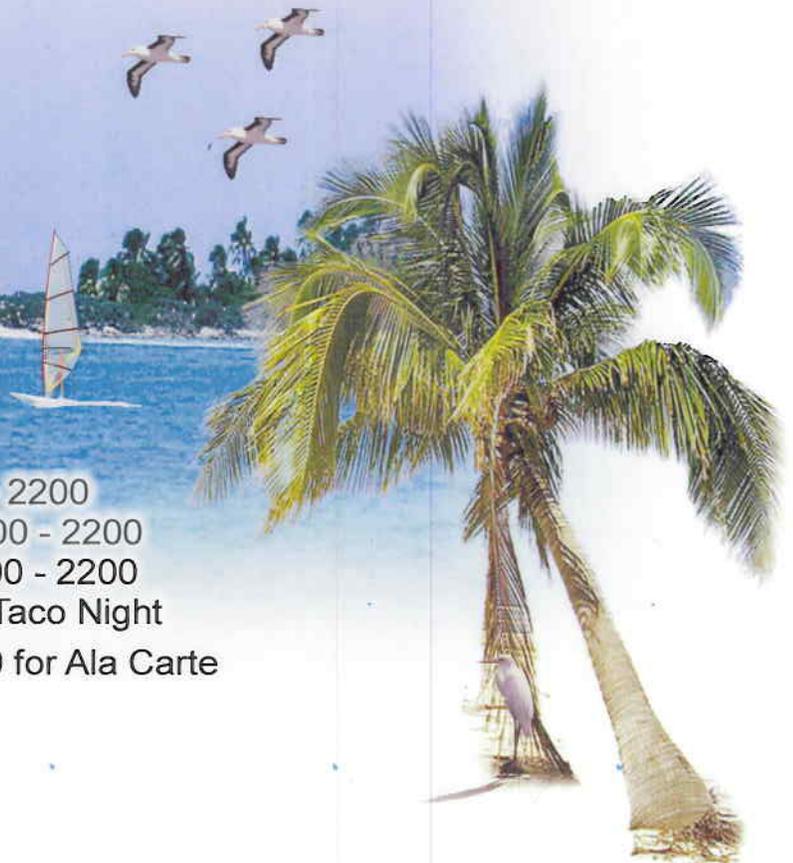
370-2811/3845

Monday - Thursday: 1700 - 0100

Friday: 1700 - 0200

Saturday: 1500 - 0200

Sunday and Holidays: 1500 - 0100





Turner Club Complex

Open to All Hands

Island Room Lounge

Sunday - Thursday: 1700 - 2300
 Friday and Saturday: 1700 - 0200
 Holiday: 1230 - 2300

Hometown Connection

Monday - Friday & Holiday: 1000 - 2400
 Saturday & Sunday: 0800 - 2400

Central Cashier

Sunday - Thursday: 0600 - 2300
 Friday - Saturday: 0600 - 0200
 Holiday Eve: 0600 - 0100

Peacekeeper Inn

Monday - Thursday: 0500 - 2300
 Friday and Saturday: 0500 - 0200
 Sunday and Holidays: 0500 - 2300
 Friday and Saturday: 2200 - 0200
 Only Appetizers, Sandwiches and Burgers

Food Court

Daily: 0600 - 0100
 Home Delivery
 # 370-4767/4760
 Daily: 1700 - 0100

Jake's Place

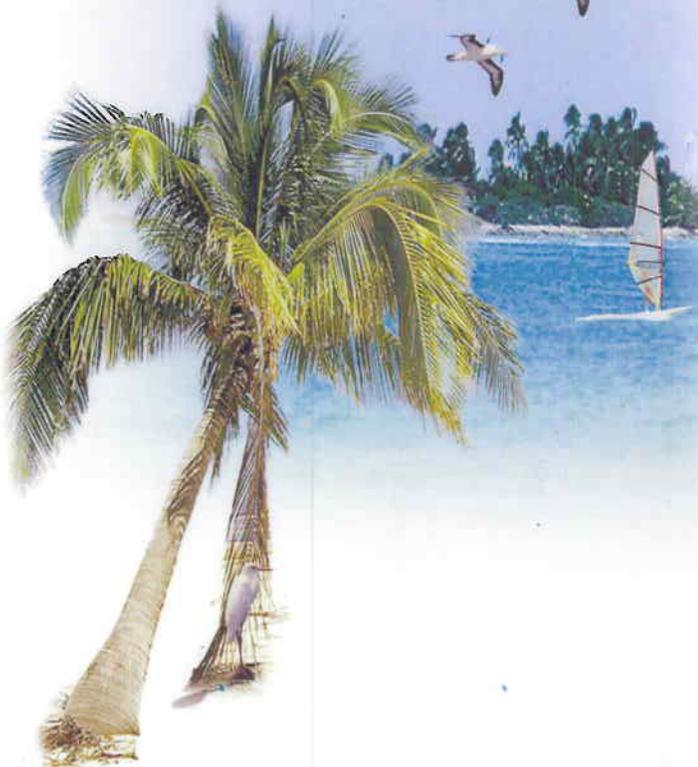
Friday: 1700 - 0200
 Saturday: 1200 - 0200
 Sunday & Holiday: 1200 - 2300
 Open to All Hands

PAX Terminal Snack Bar

Monday - Friday: 24hrs. open
 Saturday: 0500 - 1500
 Sunday: Closed

Mean Gene's Burgers

Tuesday - Sunday: 1000 - 2300
 Monday: Closed



370 - 2805

Hours of Operation

Monday - Thursday	1200 - 2300
Friday	1200 - 0100
Saturday	1000 - 2300
Sunday and Holidays	1200 - 2300



Fees & Charges

REGULAR	1st Game	\$1.50
	Succeeding Games	\$1.00
TOURNAMENT	3 Games	\$2.00
LOCKERS RENTAL	MONTHLY	\$5.50
	ANNUALLY	\$1.00
SHOES		&0.75

CORAL SANDS GOLF COURSE

370 - 4876

Hours of Operation

Monday - Friday	1300 - 2000
Sunday, Saturday & Holidays	0700 - 2000



Fees & Charges

Green Fee
 Regular - \$ 2.00 (18 holes)
 Twilight (1700) - \$ 1.00
 Club Rental - \$ 2.00
 Pull Cart Rental - \$ 2.00
 Locker Fee - \$ 5.00 monthly

GOLF LESSONS ARE FOR BEGINNERS
 AND BY APPOINTMENT ONLY.

PACK & WRAP

370 - 2992

Hours of Operation

Monday - Saturday	1100 - 1900
Sunday and Holidays	<i>Closed</i>

BASE LIBRARY

370- 2983

Hours of Operation

Monday - Sunday 1300 - 2100

INTERNET FOR RESEARCH AND ON-LINE EDUCATION ONLY



MARINA

370- 2785

Hours of Operation

Monday - Friday 0900 - 1900
 Saturday, Sunday & Holidays 0700 - 1900

Aquatic Activities:

Windsurfing Class / Regatta
 Basic Sailing Class / Regatta
 Powerboat Class Basic Boating
Basic Kayaking / Canoeing Instruction
 Available During Marina Operating Hours
 Weekdays: 0900-1900
 Weekends: 0700-1900



Rental Services:

LCM Charter
 General Fishing
 Deep Sea Fishing Boats

SWIMMING POOL

370 - 4934

Hours of Operation

Monday - Friday 0600 - 0900
 1100 - 1900
 Saturday 0700 - 2000
 Sunday 0800 - 2100

Swimming Lessons

Monday/Wednesday/Friday	BEGINNER/NON-SWIMMER	
Tuesday/Thursday	INTERMEDIATE/ADVANCE	1700 - 1830



Beginner classes are by appointment only.

PEDDLERS BIKE REPAIR SHOP

370 - 4940

Hours of Operation

Thursday - Tuesday 1100 - 1900
 Wednesday & Holidays *Closed*

For complete equipment price list come and visit us at check-it-out (Gear Rental)



CHECK IT OUT GEAR RENTAL

370 - 2786

Hours of Operation

Monday & Saturday 0700 - 1900
 Sunday, Tuesday, Thursday & Friday 1100 - 1900
 Wednesday *Closed*



PICNIC AREAS

370- 2982

Cannon Point
Fleet Recreation Area
Fire House Park
Short Pier

Seabee Park
YE Ole Swim Hole
R & R Site
Jake's Place



For reservations please call NSF MWR office @ 370- 2982
Reservations must be made 2 weeks in advance.

MAIN OUTDOOR THEATER (MOT)

370- 2808

Operating Hours

Sunday - Tuesday 2000 - 2200
Thursday 2000 - 2200
Friday - Saturday 2000 - 2400

*Come and watch every night,
free popcorn at the counter.*



T-SHIRT/GIFT/PHOTO SHOP

370- 4778

Hours of Operation

Tuesday - Saturday 1100 - 1900
Sunday 1200 - 1700
Monday & Holidays *Closed*

Choose from our selection of
T-shirt designs or customize your own

Price List

4" X 6"	\$ 0.45
5" x 7" / 6" x 8"	\$ 0.90
8" x 10"	\$ 2.70
Kodak Picture CD	\$ 2.20

KODAK PICTURE KIOSK



PHYSICAL READINESS CENTER

370 - 2835

Hours of Operation

Monday - Sunday 0500 - 2300



Massage Therapy

Tel # 370 - 2835

Hours of Operation

Tuesday - Friday 1230 - 2030

Last appointment 1900

Saturday - Sunday 1000 - 1800

Monday & HOLIDAYS **Closed**

\$ 15.00 for 1 hour

For more information, inquiries and reservation call 370 - 2835

Aqua Massage Service

Monday - Sunday 1100 - 2300

\$ 5.00 for 15 min.

First come, first serve basis sign up at PRC.

Group Exercise Classes

Abs Work Out	Monday	1730 - 1830
Step Class	Tuesday	1730 - 1830
Spinning	Wednesday	1730 - 1830
Yoga	Thursday	1730 - 1830
Command PT	Friday	0600 - 0700
Ballroom Dancing Beginners 1	Friday	1800 - 2000
Ballroom Dancing Beginners 2	Saturday	1600 - 1800

Aikido Class

Monday, Wednesday & Friday 1900 - 2100

Tennis Lessons

Tennis lessons are for beginners and by appointment only. please call 370-2790/2792



Calendar of Events



EVENTS OPEN TO ALL HANDS
ACTIVE DUTY MILITARY ONLY EVENTS

1
LABOR DAY WEEKEND SOFTBALL TOURNAMENT FIELD 1 & 2 1700
KARAOKE Night
O' CLUB @ 1800-2200
BROWN INC. BAND
Jake's Place @ 2100

SUN MON TUE WED THUR FRI

2 LABOR DAY WEEKEND SOFTBALL TOURNAMENT FIELD 1 & 2 1700 7TH ANNUAL DG WINDSURF CUP MARINA 1400 SPONSORED BY DGYC	3 LABOR DAY ISLAND WIDE PICNIC FLEET REC 1600	4 SCRABBLE TOURNAMENT ISLAND ROOM 1800	5 4-PERSON TEAM NIGHT GOLF BEST BALL SCRAMBLE GOLF COURSE 2000	6 OTHER HAND FREE THROW SHOOTING CONTEST FITNESS CENTER 1800	7 BASIC SAILING CLASS SESSION 1 & 2 MARINA 1730 - 1900 FRISBEE GOLF TOURNAMENT CUMMINS PARK 1730 (MILITARY ONLY)	8 BASIC SAILING CLASS SESSION 2 & 3 0900 - 1200 SESSION 4, 5 & 6 1400 - 1700 MARINA
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SUNDAY MATINEE Island Room @ 1600 KARAOKE Night Jake's Place @ 1900	KARAOKE Night CPO CLUB @ 1800-2200 OPEN MIC Island Room @ 1800	BROWN INC. BAND Officer's Club @ 1900	MOVIE NITE Island Room @ 1900 BROWN INC. BAND CPO Club @ 1900	BROWN INC. BAND Island Room @ 1900	TACO NIGHT Island Room @ 1900 BROWN INC. BAND Jake's Place @ 2030	KARAOKE Night O' CLUB @ 1800-2200 BROWN INC. BAND Jake's Place @ 2100
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9 18 HOLES GOLF TOURNAMENT GOLF COURSE 0730 MWR SAILING REGATTA MARINA 1400	10 FLAG FOOTBALL TOURNAMENT FLEET REC 1800	11 BINGO BONANZA ISLAND ROOM 1900	12 SPLASH & DASH 50 METER SWIM 800 METER RUN BASE POOL 1800	13 POWERBOAT CLASS BASIC BOATING MARINA 1630 - 1800	14 POWERBOAT CLASS BASIC BOATING MARINA 1630 - 1800 ISLAND BREEZE LUAU ISLAND ROOM 1900 - 2300	15 6 ON 6 DODGEBALL TOURNAMENT FLEET REC 1500 SPONSORED BY THE SUICIDE INTERVENTION TEAM ISLAND BREEZE LUAU ISLAND ROOM 1900 - 2300
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SUNDAY MATINEE Island Room @ 1600 KARAOKE Night Jake's Place @ 1900	KARAOKE Night CPO CLUB @ 1800-2200 OPEN MIC Island Room @ 1800	BROWN INC. BAND Officer's Club @ 1900	MOVIE NITE Island Room @ 1900 BROWN INC. BAND CPO Club @ 1900	BROWN INC. BAND Island Room @ 1900	TACO NIGHT Island Room @ 1900 BROWN INC. BAND Jake's Place @ 2030	KARAOKE Night O' CLUB @ 1800-2200 BROWN INC. BAND Jake's Place @ 2100
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16 NO TAP BLACKOUT BOWLING TOURNAMENT PARADISE ALLEY 1200/1500/1800 5 MILE OFF ROAD RUN MARINA 0830	17 INDIVIDUAL MEDLEY 25 METERS EACH BACKSTROKE BUTTERFLY BRESTSTROKE FREESTYLE BASE POOL 1800	18 500 METER INDOOR ROWING COMPETITION FITNESS CENTER 1800 (MILITARY ONLY)	19 MIXED DOUBLES CLOSEST TO HOLE 9 IN 2 STROKES GOLF COURSE 1730	20 HORSESHOES TOURNAMENT (DOUBLES) FITNESS CENTER 1800	21 DARTS TOURNAMENT ISLAND ROOM 1800	22 MINI TEAM TRIATHLON SWIM 500 METERS BIKE 12 MILES RUN 3.1 MILES MARINA 0830
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23 4 ON 4 BEACH VOLLEYBALL JAKE'S PLACE 1300 MWR SAILING REGATTA MARINA 1430	24 4 ON 4 BATTLE OF WITS CHALLENGE ISLAND ROOM 1800	25 OUTDOOR SOCCER TOURNAMENT FLEET REC 1800	26 JACOB'S LADDER CHALLENGE FITNESS CENTER 1800	27 POWERBOAT CLASS BASIC BOATING MARINA 1630 - 1800 "STOP ME" MOONLIGHT 5K RUN/WALK FITNESS CENTER 1900	28 POWERBOAT CLASS BASIC BOATING MARINA 1630 - 1800 TABLE TENNIS (DOUBLES) TOURNAMENT FITNESS CENTER 1700	29 6 ON 6 KICKBALL TOURNAMENT FLEET REC 1430
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30
3 ON 3 WATER BASKETBALL TOURNAMENT BASE POOL 1430

SUNDAY MATINEE
Island Room @ 1600
KARAOKE Night
Jake's Place @ 1900

SEPTEMBER MWR 2012

For more information please call MWR Rec Services @ 3702790/2792

