

## Ombudsman Information and Contact List

An Ombudsman provides a vital link between the Commanding Officer and the families. Both the Ombudsman and the Family Readiness Group (FRG) are Command-appointed and important to mission readiness; while the FRG focuses on morale-building activities and serves in a social capacity, the Ombudsman is responsible for providing information and referral services while notifying the Commanding Officer of any known issues within the Command's families. Ombudsmen are held to a firm code of ethics that focuses on mission readiness, working within the chain of command, professionalism, and strict confidentiality.

If you are interested in becoming an Ombudsman, learning more about the program, or offering a suggestion, please contact the Ombudsman Coordinator at the Fleet and Family Support Center (FFSC).

<u>Command</u>	<u>Telephone</u>	<u>Email Address</u>
ACU-1	080-8491-6746	<a href="mailto:acu1-det-west-pac@hotmail.com">acu1-det-west-pac@hotmail.com</a>
ACU-5	090-7455-6098	<a href="mailto:acu5westpacombudsman@gmail.com">acu5westpacombudsman@gmail.com</a>
CFAS	080-3081-9718 252-8173	<a href="mailto:cfasombudsman@yahoo.com">cfasombudsman@yahoo.com</a>
CPR-11	080-3212-0219	<a href="mailto:cpr11ombudsman@yahoo.com">cpr11ombudsman@yahoo.com</a>
FISC	090-2446-6425	<a href="mailto:fiscdetsas.omb@gmail.com">fiscdetsas.omb@gmail.com</a>
NBHC	080-3906-0961	<a href="mailto:NBHCSaseboOmbudsman@gmail.com">NBHCSaseboOmbudsman@gmail.com</a>
<i>USS Denver</i>		<a href="mailto:denver09Ombudsman@yahoo.com">denver09Ombudsman@yahoo.com</a>
<i>USS Essex</i>	252-7219 080-1774-9709 090-1512-6594	<a href="mailto:essexombudsman@hotmail.com">essexombudsman@hotmail.com</a>
<i>USS Guardian</i>	090-1519-4174	<a href="mailto:guardianombudsman@yahoo.com">guardianombudsman@yahoo.com</a>
<i>USS Harper's Ferry</i>	080-3342-5332	<a href="mailto:lsd49_family_ombudsman@yahoo.com">lsd49_family_ombudsman@yahoo.com</a>
<i>USS Patriot</i>	090-5926-2254	<a href="mailto:patriotombudsman@yahoo.com">patriotombudsman@yahoo.com</a>
<i>USS Tortuga</i>	080-6664-8105 252-8249 080-6664-8106	<a href="mailto:tortugaombudsman@yahoo.com">tortugaombudsman@yahoo.com</a>

Command Care Line

252-3034