

## CFAY Sailors, civilians recognized for academic achievement

Story and photo by Mark Elrod, CFAY Public Affairs

Approximately 30 college graduates from the Commander Fleet Activities Yokosuka (CFAY) community were honored during the annual Yokosuka Navy College Office Graduates Recognition Ceremony at the Chapel of Hope Jan. 27. Approximately 30 graduates were honored for earning college degrees during the event.



College graduates wait for their names to be called by Yokosuka Navy College Office Academic Advisor David Robinson before receiving their certificates of recognition during the annual Yokosuka Navy College Office Graduates Recognition Ceremony held at the Chapel of Hope Jan. 27. Approximately 30 graduates were honored for earning college degrees during the event.

The honorees received certificates in recognition of them completing college degrees between Dec. 1, 2009 and Dec. 31, 2010.

“[The ceremony] is for Sailors, who were unable to be recognized for their academic achievement due to deployment... or unable to attend the Japan based program graduation ceremony, to attend with their families, friends and command support system,” said Yokosuka Navy College Office Director Dean W. Moore. “It also provides a lasting photograph in graduation attire to share with others.”

However, the participants were not just active duty Sailors; there were Department of Defense civilians, Department of Defense Education Activity personnel and family members. Japanese nationals were recognized at the ceremony as well.

According to Yokosuka Navy College Office Academic Advisor David Robinson, who served as master of ceremonies for the event, there were originally 75 people scheduled to receive certificates, but due to operational commitments, and changes of duty stations the list dwindled down to 30.

The ceremony began with the graduates entering the chapel, single file, and proceeding to their seats. After which, the Nile C. Kinnick High School Navy Junior Reserve Officers Training Corps paraded the United States, and U.S. Navy flags.

After opening remarks from Robinson, Yokosuka Middle School Advancement Via Individual Determination program teacher Edwin Fielder, who served as guest speaker, delivered words of advice and encouragement to the graduates.

“I’m here to tell you that there are other major accomplishments, or equally significant accomplishments ahead of you if you use what you’ve gained from your extensive educational experiences coupled with your vast military-life experiences to enhance the life of someone else, or make a contribution to the advancement of something or someone other than yourself,” said Fielder. “Make a difference in someone else’s life. Use it, or lose it.”

When Fielder finished, CFAY Commanding Officer Capt. David Owen took the stage to address the graduates, prior to handing them their certificates of recognition.

see *GRADUATES*, pg. 9

## NMCRS open house welcomes community, celebrates anniversary

Story and photo by Dan Bowen, CFAY Public Affairs

The Yokosuka Navy-Marine Corps Relief Society (NMCRS) welcomed everyone in the community to visit their new offices on the third floor of the community readiness center and help them celebrate their 107th birthday with a cake, some cookies and refreshments Jan. 26.

“We moved back in August of 2010 but some people are still going to our old location so we wanted to introduce everything and our new office space, which we absolutely love,” said Chairman of Volunteers Tricia Marino. “We waited until now to do it because with the holidays and kids going back to school, it was crazy and we were trying to find a nice calmer time of the year to let everyone know where we are. We’re hoping we’ll see service members, command leadership and spouses come in, see where our office space is, find out what services we offer and get to know us. We are always looking for new volunteers and we want people to find out where we’re at, what we do and that we are a friendly environment so they don’t have to be afraid to come and see us.”

NMCRS offers educational, need-based financial assistance and other services to service members and their families. In addition to no-interest loans and grants, the society

provides financial counseling and other services. In order to provide the best possible service and extend their resources to all eligible personnel in the Yokosuka community, NMCRS is always looking for individuals to volunteer in their offices.

“Our volunteers, we have client services assistants,

appointments. Our case workers will do the budgeting for [service members]; we do a lot of emergency leave here, so if a family member stateside has passed away or is ill, they can come to us and we will help them with interest free loans to help them get back to the states,” said Marino.

“We also help with housing utilities, basic expenses and food. We also have a quick assist loan program here which is a \$300 interest-free loan. We offer budget-for-baby classes so we help families get ready for when that new baby comes and how the baby will impact their budget. They get to go home with about \$100 worth of Gerber products for free from us.”

Another service that NMCRS offers and is unique to family members accompanying their spouses overseas is the Spouse Tuition Aid Program. The program offers loans of up to \$3,000 per a 12-month period aiding spouses to continue and complete undergraduate or graduate degrees while stationed in Yokosuka.

NMCRS was established in 1904 as a private non-profit charitable organization. Sponsored by the Department of the Navy, it operates nearly 250 offices at Navy and Marine Corps bases around the world. For more information on the services they offer or how to volunteer stop by the NMCRS office on the third

floor of the community readiness center or visit their website at [www.nmcrs.org](http://www.nmcrs.org).



American Red Cross Field Office Coordinator Holly Handschke looks at a display in the NMCRS office during the NMCRS open house Jan. 26. The open house helped reintroduce NMCRS services to the community and to promote their new location. The event also commemorated the 107th anniversary of the founding of the NMCRS.

who sit at the front desk and greet our service members and their families who come in, take information and make

### Sailors use social media for advancement opportunities

The Navy Advancement Center Facebook page continues to add Sailors seeking timely, accurate information about the enlisted advancement system.



### Navy leadership disturbed by rise in designer drug use

Navy leaders are expressing concern that recent statistics suggest the use of “Spice” and similar so-called designer drugs rose in the last quarter of 2010.



Capt. David A. Owen,  
Commander,  
Fleet Activities  
Yokosuka

CMDCM Gregory  
Vidaurri,  
Command Master  
Chief

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: Seahawk-Umitaka@fe.navy.mil.



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# Heads Up Yokosuka!

## Community announcements/Action line

**Base Shuttle Bus/Home-to-Work Bus Changes** – Beginning March 1, one base shuttle bus (counter-clockwise) will run during the day and two base shuttle buses (clockwise and counter-clockwise) will continue to run during the peak morning hours of 6:30 to 9:50 a.m. and peak afternoon hours of 3:25 to 5:50 p.m. Additionally, due to budget cuts, the Ikego Home-to-Work bus shuttle services will be reduced from six to four bus runs. The 6 a.m. and 4:30 p.m. shuttle bus runs will be discontinued. The Home-to-Work bus stops on Yokosuka base for Negishi and Ikego are: (1) Human Resources Office, (2) Main Gate, (3) Ship Repair Facility, (4) Harbor Master Pier, (5) Berth 6, (6) Berth 9, (7) Port Operations, (8) Navy Exchange and (9) U.S. Naval Hospital Yokosuka.

**USNH Yokosuka Disaster Drill** – Routine and walk-in services will not be available at USNH Yokosuka March 1 from 11 a.m. to 5 p.m. due to a scheduled disaster preparedness drill. The Emergency Room will remain open and emergency ambulance response will not be affected. Scheduled surgeries will proceed as scheduled. Contact the hospital information desk at 243-5247 for more information.

**New Slide Submission Policy for Base Channel 15** – CFAY Public Affairs is implementing a new slide submission policy that will ensure content and information on the channel is up-to-date and presented according to television standards. Effective Feb. 1, all slides on the channel which have not been submitted and, or resubmitted to yokosukareport@gmail.com with a submission form will be removed. The form can be found on the main page of the CFAY Web site at www.cnic.navy.mil/yokosuka. Please call 243-3003 for more information.

**New Stop Sign, Crosswalk Added** – For all personnel who utilize Halsey Avenue, between Sampson and King Street, a stop sign and crosswalk has been added to Halsey Avenue to protect pedestrians when crossing the street. Please exercise caution when traveling in this area.

**Volunteer English Teacher Needed** – An active duty or SOFA sponsored member is needed to volunteer as an English teacher to teach a five-week beginner English class for local Japanese residents at the Japan-U.S. Cultural Exchange Center. E-mail to fumiyo.sato.ja@fe.navy.mil to sign up or for more information.

**Travel Advisory for Japan's Golden Week Celebration** – Japan's Golden Week celebration begins April 29 and ends May 5. Traditionally, the majority of Japanese employees take vacation during this period and Government of Japan (GOJ) offices are closed. U.S. Embassy Tokyo is closed April 29 and May 3 to 5. It is very difficult to conduct business in Japan during the Golden Week holiday period. Second only to the Japanese New Year holiday period, Golden Week is one of the busiest and most congested travel periods in Japan. The U.S. Defense Attaché Office Tokyo advises Department of Defense (DoD) personnel to defer official travel to Japan during golden week to ensure availability of hotels, transportation and access to GOJ officials. Furthermore, it is also recommended that DoD members and their families located in Japan take extra caution when traveling on roads and trains during this holiday period.

**CFAY PWD Environmental Division Essay Contest** – The CFAY Public Works Department Environmental Division is

sponsoring the Earth Day Environmental Essay contest March 1 through 15 for all fourth-grade students (The Sullivans Elementary School only). The theme for the essay contest is "What can you do to help save Earth?" Two winners will be chosen and announced at a date to be determined. Essays should be no longer than one page and submitted to The Sullivans School teachers Steve Parker or Tanya Chambers no later than March 15. The first-place winner will receive a \$10 Navy Exchange Gift Card and environmental items. The second-place winner will receive environmental items. Call Lily Mow at 243-2732 for more information.

**Berkey Field Tennis Court Facility Renovation** – The Berkey Field Tennis Court Facility will be closed for renovation from Jan. 27 through May 12. For safety reasons, the entire facility including the skate park will be enclosed by a construction barrier and unavailable to the public during the renovation time period. Call 243-7250 for more information.

**Tax Center Opening** – The installation Tax Center will open Tuesday, Feb. 8 at 9 a.m. on the 3rd Floor of the Community Readiness Center. Call 243-6465 for more information.

**Wine Tasting in Yokosuka** – A wine tasting will be held in Yokosuka on the 5th floor of Sougou Fukushi Kaikan (near Daiei Shopper Plaza) Feb. 4 from 6 to 8:30 p.m. Enjoy seven different wines – three red, three white and one rose. A cheese canapé served on freshly baked French bread is also included. Win a prize if you can guess which grape variety or blends the wines are made from. A wine advisor will be on hand to help you. Only 60 seats available. Visit the English Web site <http://www.wineandcooking.info/en/specialevent.html> for more information.

**BZ:** In the housing management world, we all appreciate those moments when a customer takes the time to stop and acknowledge the good work of our staff. I'd like to take a moment to "turn the tables" and acknowledge our appreciation to a "good customer." Lt John Mateikat and his wife arrived in Yokosuka hoping like many others to live on Yokosuka base. They were informed of the policy and went through the process following the rules as required. Our staff did nothing out of the norm for them other than make a phone inquiry with our facilities branch. Yet, after hearing that a on base unit would be coming available and that they could discontinue their off base housing search, they both took time to show their appreciation to our staff. Mateikat wife stopped by our office with an extremely large box of chocolates for the staff and some kind words of appreciation. Mateikat called me to express his appreciation with the housing staff. I explained they were simply doing their jobs, but thanked him for taking the time to recognize their efforts. While providing outstanding customer service to all is our goal, we realize that we cannot make everyone happy – It is very encouraging when I hear our customers tell me about all of the good things the housing staff is doing. I'd like to formally say "thank you" to our many customers who like the Mateikat's understand the challenges and limitations we face at the Housing Office and who take the time to acknowledge this. Thank you to all of our patient and understanding customers who realize that we are doing our best while operating within stringent rules and policies. Trust me when I say, our staff appreciates and enjoys working with our "good customers!" Hearing from our satisfied customer's always provides a lift and helps us all remember why we are here! – Daniel Rourke, personnel support manager, Yokosuka Housing Services Center.

## Abandoned

By Capt. David Owen,  
Commander Fleet Activities Yokosuka

The number of bicycles abandoned to slowly deteriorate on this base is amazing. The impound lot is always full and simply does not have the capacity to keep up.

I find these rusty relics all over the base – in parking garages, family housing areas and community bicycle racks.

Most are easy to spot, with flat tires, missing parts or chains rusted solid. However, some of them are really nice bikes with years of use left in them.

The amount of money spent and then just thrown away on them is astounding. Not only is it a matter of expense, abandoned bicycles take up space and create an eye sore as they rust away.

I routinely take note of them, having several times marked those that appear to have been abandoned for our Security Department to impound.

What becomes of abandoned bicycles? If they have been registered with the Vehicle Registration Office, as required, the owners are contacted to take possession.

Unfortunately, in most cases, they are left unregistered and unclaimed and they end up being destroyed. We are not allowed to give them away, sell them or auction them off.

Therefore, I'm asking all bicycle owners to take responsibility for their property. If you have a bicycle on base, register it. When you transfer, please either take your bicycle with you, sell it, give it to someone else or turn it into the impound lot.

# Sailors leverage social media to improve advancement opportunity

By Tom Updike, Naval Education and Training Professional Development and Technology Center

One year after the creation of the Navy Advancement Center (NAC) Facebook page Jan. 13, the social media site continues to add Sailors who seek timely and accurate information about the Navy Enlisted Advancement System (NEAS).

The page was established in January 2010 and currently has 16,000 Sailors who actively review postings and information.

"Sailors should become fans of the NAC Facebook page because it gives them immediate access to a wealth of knowledge with regards to the advancement system," said Religious Program Specialist 2nd Class Brian Preachers, Naval Support Activity New Orleans department career counselor. "This Facebook page allows Sailors to pull from the collective knowledge of thousands of their peers."

Fans of the page have access to important NEAS information on the "Notes" tab. This link includes information on the final multiple score (FMS), profile sheets, how to prepare for upcoming exams, and much more.

"Even though Facebook users are limited to the number of characters allowed in a wall post, NAC has taken advantage of the Notes option to disseminate more thorough information," said Senior Chief Mass Communication Specialist (SW/AW) Melissa Weatherspoon, the training manager at the Center for Service Support. "The Notes section is similar to a bulletin board, so dialog is an option."

Sailors use the page to help each other out by sharing advancement information. Some fans who are in remote locations or on an individual augmentee assignment overseas do not have Common Access Card access.

Once advancement results are released, these Sailors reach out to other fans on the page and ask for assistance

released, and Google trends showed the NAC NKO site having the most page visits on the Internet.

"More and more Sailors are turning to the Facebook site as the Navy's point of contact for advancement results. We've had to reevaluate our IT (information technology) structure to handle the high volume of traffic our Facebook site generates," said Master Chief Electrician's Mate (SS) Jeromie Cook, Command Master Chief at the Naval Education and Training Professional Development and Technology Center, home of NAC.

Advancement candidates are comfortable using social media sites like Twitter and Facebook. The NAC NEAS Notes, as well as the interaction and postings by fans, give each Sailor an opportunity to garner a wealth of information. "Knowledge is power as we have all heard, and Facebook provides a medium through which Sailors can seek knowledge," added Weatherspoon.

"As a career counselor, there is no better feeling than to have someone come to you for help after they have already done their research," added Preachers. "The Navy Advancement Center Facebook page gives the Sailor a collective point where their research can be conducted so that they have all the ammunition they need to be successful in their career."

For more information on advancement, visit the NAC Facebook page at: [http://www.facebook.com/pages/Navy-Advancement-Center/213190711299?ref=ts&\\_\\_a=14](http://www.facebook.com/pages/Navy-Advancement-Center/213190711299?ref=ts&__a=14).

And watch for the advancement results and information on NKO at: <https://www.nko.navy.mil/portal/careermanagement/navyadvancementcenter>.



One year after the creation of the Navy Advancement Center Facebook page Jan. 13, the social media site continues to add Sailors who seek timely and accurate information about the Navy Enlisted Advancement System.

Image courtesy of Navy Advancement Center

to look up results by command. An additional 2,500 fans were added to the NAC Facebook page in the two weeks prior to the November E4 to E6 active duty advancement results being released. The NAC Navy Knowledge Online (NKO) portal received 212,272 hits on the day results were

released, and Google trends showed the NAC NKO site having the most page visits on the Internet.

And watch for the advancement results and information on NKO at: <https://www.nko.navy.mil/portal/careermanagement/navyadvancementcenter>.

## CNO approves Navy Uniform Board rules, recommendations

By Chief of Naval Personnel Public Affairs

The chief of naval operations approved Navy Uniform Board recommendations Jan. 25. The recommendations include a new cutlass for chiefs, an overblouse for female chiefs and officers, updated rules for portable communication devices and clarification on the manner of wear for flight suits.

"Whether addressing new proposals or updating old regulations to the current operating environment, the Uniform Board has taken input from the fleet and provided the best recommendations and proposed solutions for CNO's approval," said Capt. William Park, head of Officer Personnel Plans and Policy, who also oversees the Uniform Matters Office. "The result is a set of adaptive uniform regulations that maintains the professional appearance of our Sailors."

Designed to be worn by members of an official party during ceremonies requiring officers to wear swords, the chief petty officer (CPO) cutlass may be the most visible of the announced uniform changes. With a 26-inch stainless steel blade and four laser engraved CPO anchors (CPO, SCPO, MCPO and MCPON) on the base, the new cutlass is expected to be available for purchase in August. As an optional uniform item, the Uniform Board sought to ensure uniformity in appearance by directing the cutlass to be worn only when all members of an official party are wearing swords.

The next change was the approval of an overblouse option for female chiefs and officers when wearing the poly-wool service khaki uniform. Since the roll out of the

service uniform for junior enlisted, the Office of Women's Policy had received regular feedback from the fleet, requesting a similar overblouse option for female chiefs and officers to wear with their service khaki uniform. When the change takes effect, female chiefs and officers will be able to wear the overblouse with slacks or skirts.

Portable electronic devices were another topic of concern for Sailors, which prompted the Uniform Board to make several noteworthy changes. Effective 60 days from the announcement, Sailors will be authorized to use these devices while in their service or working uniform, to include when walking. Although authorized, the device must be conservative in color and design, cannot distract from the appearance of the uniform, must be worn on the belt aft of the elbow and cannot interfere with the rendering of military courtesies and honors.

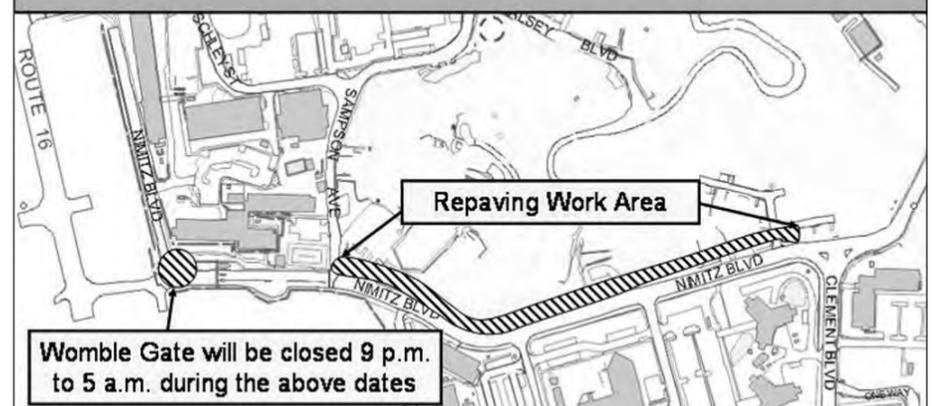
The final set of changes announced in the update were regarding the manner of wear for the aircrew flight suit. While in the continental United States, the green flight suit will be worn with a black undershirt, while overseas, aircrew may wear tan flight suits with brown undershirts as determined by the Navy component commander.

To support the Centennial of Naval Aviation, CNO is allowing flight suits to be worn at designated events in calendar year 2011. A list of these approved Centennial of Naval Aviation events will be released quarterly by Commander, Naval Air Forces.

To learn more about these uniform changes, read Naval Administrative Message NAVADMIN 025/11, at <http://www.npc.navy.mil/NR/rdonlyres/713FA622-A1A1-46FE-9CB5-3DAF854ECAD5/0/NAV11025.txt>.

### ROAD CONSTRUCTION ON NIMITZ BLVD

Construction and repaving of Nimitz Blvd. will begin Jan. 27 and continue until April 5. Womble Gate will close at 9 p.m. Feb. 24-25 and March 9-11 and 14. Traffic control will be conducted during this period to ensure the continual flow of vehicles in this area.



# 日本人従業員空席情報

職種名	等級	広報番号	募集範囲	締め切り
<b>事務系 (MLC)</b>				
技師職 (土木)	7	FEC-CI-003-11(A)	I, II, III, IV	March 29
技師職 (一般)	7	FEC-CI-002-11	I, II, III, IV	Feb. 17
エンジニアリング専門職 (環境)	6	FEC-PRY411-001-11	I, II, III, IV	March 29
エンジニアリング専門職 (海事)	6	SRFJPMC-089-10(R3)	I, II, III, IV	Feb. 22
エンジニアリング専門職 (機械)	6	FEC-PRY111-01-11(R2)(A2)	I, II, III, IV	March 29
生産管理技師	10	SRFJPMC-083-10(R4)	I, II, III, IV	Feb. 15
生産管理専門職	6	SRFJPMC-119-10(R2)	I, II, III, IV	Feb. 22
企画分析職	5	DDYJ-007-11	I, II	Feb. 8
品質管理代行者 (一般)	6	SRFJPMC-040-11	I, II, III, IV	March 22
<b>技能系 (MLC)</b>				
重量装置機械工・フォアマンB	9	SRFJPMC-043-11	I, II	March 1
船舶索具工	7	FEC-PRY331H2-001-11	I, II, III, IV	April 5
<b>保安系 (MLC)</b>				
緊急活動派遣職	4	RDC-01-11(A)	I, II, III, IV	March 15
<b>限定期間従業員 (MLC)</b>				
訓練技術職	6	SRFJPMC-017-11(R)	I, II, III, IV	March 10
<b>時給制従業員</b>				
コック	2-4	MWR-HPT-06-11(R)	I, II, IV	Feb. 9
コック	2-4	NEX-HPT-271-10(R)	I, II, IV	March 9
カウンターアテンダント	2-3	NEX-HPT-CAY-B02-11	I, II, IV	April 12
カウンターアテンダント	2-3	NEX-HPT-CAY-C02-11	I, II, IV	April 12
カウンターアテンダント	2-3	NEX-HPT-CAY-D02-11	I, II, IV	April 12
カウンターアテンダント・フォアマンA	2-4	NEX-HPT-042-11	I, II, IV	March 15
ジャンター	2-3	NEX-HPT-637-11	I, II, IV	March 9
ジャンター	2-3	NEX-HPT-627-11	I, II, IV	Feb. 22
セールスチェッカー	1-3	MWR-HPT-14-11	I, II, IV	Feb. 16
セールスチェッカー	1-3	NEX-HPT-SCY-B02-11	I, II, IV	April 12
セールスチェッカー	1-3	NEX-HPT-638-11	I, II, IV	Feb. 7
販売事務職	1-3	NEX-HPT-641-11	I, II, IV	Feb. 17
サービスワーカー	2-2	MWR-HPT-SWY1-01-11	I, II, IV	April 26
サービスワーカー	2-2	MWR-HPT-19-11	I, II, IV	Feb. 16
サービスワーカー	2-2	MWR-HPT-SWY2-11	I, II, IV	March 15
ストックハンドラー	2-3	NEX-HPT-043-11	I, II, IV	March 23
ストックハンドラー	2-3	NEX-HPT-041-11	I, II, IV	March 15
ウエイター/ウエイトレス	2-2	MWR-HPT-WWY-01-11	I, II, IV	April 26
ウエイター/ウエイトレス	2-2	MWR-HPT-18-11	I, II, IV	Feb. 16
倉庫係	2-4	NEX-HPT-628-11	I, II, IV	Feb. 22

応募には「募集範囲」に該当することが第一条件です。

I： 部署/部隊内従業員 - 募集を出している部署または部隊に勤務している方の中から選考する場合です。範囲は最も狭いものです。

II： 現MLC/IHA従業員 (通勤圏内) - 在日米軍施設の従業員で、募集する地区の通勤圏内の方。具体的には、横須賀を中心に、厚木、座間、ニュー山王東京、横田基地までが該当します。

III： 現MLC/IHA従業員 - 日本全国の在日米軍に勤務する方です。三沢、岩国、佐世保、沖繩が含まれます。

IV： 外部 - 在日米軍施設の従業員ではない、完全に外部の求職者の方です。

但し、横須賀、池子、横浜地域の空席に応募される外部応募者の方は、駐留軍等労働者労務管理機構横須賀支部(046-828-6959)へ空席応募用紙を提出して下さい。

応募書類はすべて空席広報締切日必着です。現従業員が応募書類を提出する際、急ぎの場合は郵送ではなく、直接上記空席応募用紙提出箱へ提出されるか、HRO (建物#C1472)まで直接配達可能な宅配便のご利用をお勧めします。郵送の場合 (速達、ゆうパック等の特別郵便を含む)、基地内にある米国の郵便局を経由するため、HROに到着するまで1週間以上かかることもあります。また、速達や書留、レターパック (エクスパック) 等の追跡サービスは、基地内郵便局到着までを追跡するもので、その日時にHROに書類が配達されたと言う証明にはなりません。

詳しくはHROホームページ (<https://www.cnmc.navy.mil/Japan/HumanResources/MLCIHA/index.htm>) をご覧下さい。基地正門脇、クラブ・アライアンス1階(建物番号1495)から、HRO日本人雇用課ゲート事務所は撤退しましたが、同所にて、空席広報掲示板の閲覧、空席応募用紙提出箱への書類提出、空席応募用紙の入手が、毎日午前6時から午後6時まで出来ます。御用の方は、アメリカの休日を除く月曜から金曜、午前8時から午後4時45分に、空席応募用紙提出箱のすぐ上の壁に設置されています、HRO直通電話をご利用下さい。

# 横須賀市イベント情報

## 田浦梅林まつり

「かながわ花の名所100選」にも選ばれている田浦梅の里。白梅、紅梅約2700本が咲きほこります。頂上の展望台からは東京湾が一望できます。期間中はイベントや出店もあります。

日時： 2月5日 (土) ~3月13日(日)

場所： 田浦梅の里

### 関連イベント(閲覧自由・無料)

#### 親子たこあげ大会

日時： 2月6日 (日) 13:00~14:00 (雨天13日に延期)

会場： 田浦梅の里芝生広場

※ 風を持参すればどなたでも参加できます。

#### 生花展示会・俳句展示会・和風展示会・写真展示会

日時： 2月26日 (土) 12:00~14:00・2月27日 (日) 10:00~14:00

会場： 田浦小学校体育館

#### 俳句会

日時： 2月26日 (土)

10:00~12:00・・・投句 (一人3句・正午締切)

12:00~16:00・・・句会 (互選・採点) および表彰

会場： 田浦神明社社務所

#### クリーンキャンペーン

日時： 2月27日 (日) 11:00~12:00 (雨天中止)

会場： 田浦町内

#### 演芸大会

日時： 2月27日 (日) 10:00~14:00

会場： 田浦小学校体育館

#### 田浦青少年自然の家写真展示会

日時： 1月14日 (金) ~3月31日 (木)

## 第110回ドブ板バザール

100軒以上の様々な出店やパフォーマンス、ライブ演奏をお楽しみください。

日時： 2月11日 (祝) 12日 (土) 13日 (日)、10:00~18:00

交通： 京急汐入駅・下車徒歩すぐ。

## 三浦海岸桜まつり

京急三浦海岸駅から小松ヶ池公園まで約1kmの線路沿いには、約1,000本の河津桜が植えられています。2月上旬から咲く河津桜を頭上に、足下には菜の花も咲き並びます。桜まつり開催期間中は駅前に特設のテントが設置され、地元の新鮮な野菜や、大根焼酎などの物産品や軽食が販売されています。

日時： 2月5日 (土曜日) から3月6日(日曜日)

場所： 三浦海岸駅から小松ヶ池公園にかけての線路沿い

交通： 京急三浦海岸駅より徒歩10分 (小松ヶ池公園まで徒歩15分)

\*会場付近には十分な駐車場がありません。公共交通機関をご利用ください。

# Navy leadership disturbed by rise in designer drug use

By MC1(AW) Tim Comerford,  
Navy Region Mid-Atlantic Public Affairs

Navy leaders are expressing concern that recent statistics suggest the use of "Spice" and similar so-called designer drugs rose in the last quarter of 2010.

Spice and similar products are essentially an herbal, synthetic form of marijuana, mimicking the chemical compounds found in the drug. These products are banned for Navy personnel.

"The number of incidents of designer drug usage is rising at an alarming rate in our Navy. In the last four months alone, 79 of our Fleet Forces Sailors and 72 Pacific Fleet Sailors have been accused of using or possession of the drug," said Adm. John C. Harvey, commander, U.S. Fleet Forces Command. "That's 151 Sailors that if found guilty will be administratively separated from our Navy."

Harvey believes it's everyone's responsibility to deal with what could be a



Navy leaders are expressing concern that recent statistics suggest the use of Spice, Genie, Blaze, Dream, Ex-Ses, Spark, Fusion, Dark Knight, Yukatan Fire, K2 and similar so-called designer drugs rose in the last quarter of 2010. These and similar products are essentially an herbal, synthetic form of marijuana, mimicking the chemical compounds found in the drug.

Image by CFAY Public Affairs

dangerous trend.

"I need each and every one of our Sailors looking out for each other," Harvey explained. "Talk to your shipmates about Spice and make sure they understand the dangers and serious consequences involved with its use."

However cool or safe these drugs may seem, the truth of the matter is they present a true danger to not only the user; but also, especially in the case of service members, to the mission readiness of the organization that individual works for.

Since the release of Naval Administrative Message (NAVADMIN) 108/10 in March 2010, which reemphasized the Navy's drug policy, the U.S. Navy has been proactively campaigning to reduce the number of incidents related to the use of synthetic marijuana.

"Our Navy has zero tolerance for drug use. If you are considering using Spice or a similar drug, I strongly urge you to reconsider," Harvey said. "If you are caught using it, even once, you will be separated from the Navy. There is no second chance."

Navy personnel determined to be unlawfully using, possessing, promoting, manufacturing or distributing drugs and, or drug abuse paraphernalia shall be disciplined, as appropriate and processed for administrative separation, according to Navy regulations.

In the Navy, drug abuse includes: the wrongful use, possession, manufacture or distribution of a controlled substance. Drug abuse also includes: the unlawful use of controlled substance analogues (designer drugs), natural substances (e.g., fungi, excretions), chemicals (e.g., chemicals wrongfully used as inhalants), propellants and, or prescribed or over-the-counter drugs or pharmaceutical compounds with the intent to induce intoxication, excitement or stupefaction of the central nervous system and will subject the violator to punitive action under the Uniform Code of Military Justice (UCMJ) and, or adverse administrative action.

Examples of other substances, the wrongful use of which constitutes drug abuse, includes, but is not limited to the following:

- Products that contain synthetic cannabinoid compounds, such as Spice, Genie, Blaze, Dream, Ex-Ses, Spark, Fusion, Dark Knight, Yukatan Fire and K2.
- Natural substances such as Salvia divinorum and mushrooms.
- Common use items abused by inhaling or huffing, such as Dust-Off, glue, paint thinner and gasoline.
- Over-the-counter products such as Robitussin and Coricidin HBP.
- Prescription medications such as Oxycodone, Vicodin, Adderal and Valium.

## The editor asks:

"Did you know, the history of the Super Bowl started with two things: the merging of the American Football League with National Football League, and a bouncy rubber ball?"

"The NFL - AFL World Championship Game was created as a piece of the merger agreement between the NFL and the AFL in 1966. During the negotiations between the NFL and the AFL, Kansas City Chief owner, Lamar Hunt, thought of the name 'Super Bowl' for the Championship game, after observing his daughter playing with her toy super ball. Hunt only meant the name to be a stop-gap until the powers that be could think of something better. Not having thought of one, the game was named 'The NFL-AFL World Championship Game.'

"The first championship took place in 1967. With the official title being quite a mouth full, the fans as well as the media took to the short, unofficial name, Super Bowl. In 1969, the name, 'Super Bowl' became official.

"The Green Bay Packers won the first two Super Bowls convincingly, causing many people to question if the AFL teams could compete. The very next year, the New York Jets upset the Baltimore Colts for the AFL's first Super Bowl title. The Chiefs won the fourth Super Bowl, evening the record at 2-2.

"In 1970, the NFL and AFL merged into one combined league with two conferences, which resembles today's National Football League. Three NFL teams joined the 10 AFL teams forming the AFC (American Football Conference). The remaining 13 teams from the old NFL formed the NFC (National Football Conference).

"The winner of each Super Bowl receives the Vince Lombardi Trophy, named after Vince Lombardi, the great coach for the Green Bay Packers who led his team to victory in each of the first two Super Bowls. Following his death, the trophy was named prior to Super Bowl V in his honor."

## Signs you might be THAT GUY, on Super Bowl Sunday (Monday)

- 
- ◆ You greet the offer of "Want a drink?" as an all-you-can-drink challenge.
  - ◆ When you realize the face paint you used of your team's colors is permanent.
  - ◆ Your friend's refrigerator seems like a good place to relieve yourself.
  - ◆ In the middle of the big game, you start yelling "Hit a homerun, baby!"
  - ◆ You think vomiting is good as it makes room in your stomach for beer.
  - ◆ The last thing you remember saying was "Hey guys, watch this!" as you tackled the television.
  - ◆ You wake up with less hair, stomach contents, less self esteem and fewer friends (and your team probably lost).

# Sailor refurbished bus stop helps promote scouting in Japan

Story and photo by Joe Schmitt, CFAY Public Affairs

Sailors from the Center for Naval Engineering, Learning Site Yokosuka repaired and turned over a bus stop near the commissary to local scout troops Jan. 21.

"The bus stop was looking in really poor shape," said Damage Controlman 1st Class Steven Zezulka, project leader. "So, what we did was we as a command refurbished it, painted it and restored it to represent the boy scouts, girl scouts and venture group."

The command started the project last August and contacted the Boy Scouts to ask if they were interested in taking the bus stop after the refurbishing was complete.

"I don't have any kids in scouts and only a couple of the other Sailors in the command have a child in scouts but they didn't have any influence on our decision," he said. "We just wanted to fix it up for them. It just seemed like the right thing to do."

Zezulka's group repainted the bus stop with logos representing each of the scout groups and on the outside they painted the creeds of the Boy Scouts and Girl Scouts.

"It's fantastic," said Jennifer Casey, Yokosuka Girl Scouts oversea committee chair. "It's a project that I've wanted to get together with other scout organizations to get it done but, we've been too busy. So, it's nice that the Sailors were able to step up and get it done. Now, it looks great. I'm glad they took the initiative to get it done for us."

The scouts, who go to school near the bus stop, got to see the bus stop as it was being refurbished.

"I like that they painted the [Girl Scout] sign because it doesn't show up everywhere and it just represents us overall," said Akari Stolt from Girl Scout Cadet Troop 619.

The scouts are all from military families and appreciate having the project done by local Sailors.

"It makes me feel very happy because my dad is on the *George Washington* and it kind of reminds me of him because Sailors painted it," said Stolt.

"This is a great thing," said Joshua Baker, Boy Scout Troop 35 assistant senior patrol leader. "It's something you can come back to and remember that it's a good thing that you joined. It's a landmark that other people can see and they can think about joining the boy scouts or girl scouts. It can inspire you to do greater things."

Now that the scouts have a bus stop, they plan on using it for future events. One proposed idea the troop leaders have is to have the scouts to put their hand prints with paint on the back of the stop.

"I think that it's absolutely incredible," said Master-at-Arms 1st Class Jonathon Baker, Boy Scout Troop 35 scout master. "I am a man of recruiting. I spent a number of years focusing on retention and building of the youth. It was an awesome opportunity for that. It's not like a poster or a billboard; it's going to be up there for years to come."

The stop has the names of those who fixed it up on the back of the front rain guard and

their command logo on the partition between the benches that provides a reminder of the lasting link between the Sailors who refurbished the stop and the scouts who will take care of it in the future.



Sailors from the Center for Naval Engineering, Learning Site Yokosuka, local boy and girl scouts and their family members pose in front of the newly refurbished bus stop, located near the commissary, that helps promote scouting in Japan.

## TRICARE reminds beneficiaries to get flu shot as soon as possible

By Sharon Foster,  
TRICARE Management Activity

With flu season well underway, TRICARE beneficiaries who have not yet gotten the influenza vaccination should do so as soon as possible.

"Seasonal influenza is a contagious respiratory virus that can cause mild to severe illness and, at times, can lead to death," said Rear Adm. Thomas McGinnis, chief, Pharmaceutical Operations Directorate, TRICARE Management Activity. "The best way to protect yourself and your family is to get vaccinated."

Beneficiaries six months of age and older should get vaccinated, according to the Center for Disease Control. Beneficiaries who are older, pregnant and young children are especially at high risk for serious flu complications. Immunization is important not only for pregnant beneficiaries, but also for those who may become pregnant during flu season. The injectable seasonal influenza vaccine is safe for pregnant women in any trimester.

The 2010-2011 flu vaccine protects against three different flu viruses: H3N2, influenza B and the H1N1 virus that caused so much illness last season. Currently, two forms of influenza vaccine are available:

- An injectable, inactivated vaccine that contains a

killed virus and can be used in all age groups six months and older.

- An intranasal spray made with live, weakened influenza viruses; limited to use in healthy people between the ages of two and 49 years, and who are not pregnant at the time they receive the vaccination.

TRICARE beneficiaries can get the flu vaccine at no cost from military treatment facilities (MTFs) or TRICARE-authorized providers.

Before being immunized, beneficiaries should be medically screened to determine eligibility, contraindications and which vaccine they should receive. Uniformed service member (active duty, National Guard, and reserves), are required to be immunized. Active duty service members have priority for getting the vaccine at MTFs.

Beneficiaries can take everyday precautions to stop the spread of flu:

- Cover their nose and mouth with a tissue when they cough or sneeze.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching their eyes, nose and mouth.
- Avoid close contact with sick people.
- Avoid others if they are sick to keep from infecting them.

Learn more about preventing the flu and getting vaccinated at [www.tricare.mil/flu](http://www.tricare.mil/flu).



Currently, two forms of influenza vaccine are available: an injectable vaccine that can be used in all age groups six months and older and an intranasal spray limited to use in healthy people between the ages of two and 49 years, and who are not pregnant at the time they receive the vaccination.

GRADUATES, cont. from pg. 1

"It used to be, you stayed in an area; you found a job; you worked there 30 or 40 years; you got a promotion, no problem, right out of high school. Not now, and it's going to be even worse in the future for the kids," said Owen. "So, you need to keep challenging yourselves. To keep this country going, we've got to innovate; we've got to educate to stay number one and stay a world power, and that's why you've got to get your degrees. I applaud all of you for doing it."

Logistics Specialist 3rd Class (SW/AW) Stanley Thomas, of *USS George Washington* (CVN 73) was recognized during the ceremony for completing his bachelors of science in political science and modern finance.

"It means a lot. I've been doing a lot of work, staying up at nights. You know, you're on deployment, but you've still got to do your homework," said Thomas, who now plans use his degree to put in for Officer Candidate School. "To finally get recognized for that, I can't explain it, I just feel real good right now."

Thomas feels that all active duty personnel should take advantage of the tuition assistance (TA) offered to them and pursue higher education.

"Even though you may have the G.I. Bill, right now, on active duty where you can use your TA for free, I can't see why any one would not take advantage of this tuition assistance," said Thomas.

**African-American History Month  
Observance**

**10 - 11 a.m., Feb. 16 at the Chapel of Hope**

**Chaplain Sharon Reives will  
serve as guest speaker**

# Part one: Sullivans makes transition seem like child's play

Story and photo by Steve Parker,  
The Sullivans Elementary School Public Affairs

*Editor's note: This is part one of a three-part story.*

Transition, change, transfer, deployment or move - in any military community, these words are loaded, filled with feelings and emotions. These words effortlessly reach into our grownup hearts and minds and dredge up sentiments usually stored far down the ladder of our day-to-day existence.

Consider then, if you will, the littlest members of our community, our children, and the effect these words may have when casually dropped into their ears. Make no mistake, the military child's life experiences teach them quickly and forever the denotation of these words. The connotations can stimulate feelings of anxiety, fear, dread or trepidation. Or they can trigger fun, awe, marvel and excitement. At The Sullivans Elementary School, that's what we do. It's just how we roll.

It's cool to be the new kid, right? Well, it's certainly cool at Sullivans! From two-minute parties, to ringing in at the school bell, new students are welcomed in with open arms. All elementary school teachers have ways to welcome a new child into their room. Most start with a warm smile and a supportive word or two. Here are just a few from your local elementary school, the flagship of the Department of Defense Education Activity (DoDEA), Sullivans.

In Nicki Salter's kindergarten class, when Salter receives a message that a new student is coming, she has her students guess if it will be a boy or a girl and shares the results on a simple bar graph, the day before their new friend's arrival.

"The students love the anticipation and are always buzzing the next morning at line-up, wondering if their guess was correct," said Salter. When she meets

the new students to ring them in before school, she always let him or her know the result of the graph and that is usually a good ice breaker with the new class student, especially if most of the class guessed the wrong gender.

In Dana Tanio's fourth-grade class, the new student is immediately assigned two "tour guides." The tour guides are usually the now dethroned former new kid and

another child who has been at the school a longer time. These two students then leave the class and take the new student on a whirlwind tour of the school to include the principal's office, counselor's office, cafeteria, library, nurses' office, main office, restrooms and the playground. These two students then assist the new student over the next few days by answering any questions he or she may have about how the class works. Tanio saves the specials teachers (host nation, art, physical education and music) for herself and introduces the new child personally when that class meets during the following week.

The counseling office welcomes each child in a big way. They start out by presenting a Welcome Aboard Certificate and ringing in the new student at the

Sullivans Ship Bell. This ceremony, adapted from a similar naval tradition, has become a big hit at the school and usually happens in the morning before the new student begins the first day. It is attended by the student, a member of the counseling or administrative staff, and any family members who have come to school with the child on the first day. Sometimes the new teacher attends, but some teachers prefer to have the ringing in ceremony at a later time when the whole class can welcome their new friend, and at least one teacher follows the ringing in ceremony with a two-minute party to celebrate their gift of new friendship. This teacher wished to remain anonymous because, despite a diligent search, he has yet to find the term "two-minute party" in the DoDEA standards.

The welcoming revel continues as the new students are then invited to be introduced to the whole school once a week on the school's Sullivans Student Network (SSN), which produces a daily news show for the school. The new students are then invited once a month to a new student luncheon where they join one of the counselors for lunch, play games and talk. One popular item is the new student game where quiz show questions about the

school are asked and answered. School counselor Jaimie Hargrave particularly enjoys watching the new students make connections with each other. She loves hearing their cries of delight such as, "I'm from Chicago too!" or, "I remember you from the Navy Lodge!" Hargrave remembers one recent luncheon in her office. "More than 35 new students were invited, we had to squeeze them all in but we did it," she said.



**The Sullivans Elementary School Partial Spanish Immersion Class first-grade student Phoemela De Los Santos attempts to break a piñata while her classmates look on. Students in the class make a piñata on the first day of school, then they get to break a piñata on their birthday or when they transfer. Breaking a piñata on a student's last day of school is one of the many transition activities that occurs at the school when U.S. Navy families depart Japan for a new duty station.**

Photo by Walter Wilhoit

## 'Don't Ask, Don't Tell' repeal plan progressing quickly, officials say

By Karen Parrish,  
American Forces Press Service

The plan to end the ban on gay men and lesbians serving openly in the military is progressing quickly, senior Defense Department officials said Jan. 28 in Washington, D.C.

Clifford L. Stanley, undersecretary of defense for personnel and readiness, and Marine Corps Gen. James E. Cartwright, vice chairman of the Joint Chiefs of Staff, spoke to Pentagon reporters in the first of a series of briefings that will chart the department's progress in implementing the repeal of the law known as "Don't Ask, Don't Tell."

"My sense is [we have a] really good working relationship with the services as we do this, ...not only the service chiefs, but the senior enlisted," Stanley said. "You get good vibes about where we are in terms of cooperation [and] information coming forth."

President Barack Obama signed the repeal into law Dec. 22, with provisions ensuring the repeal will not take place until 60 days after he, Defense Secretary Robert M. Gates and Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, certify the military services are ready.

As part of the Jan. 28 briefing, officials distributed copies of two memos containing the department's guidance on repeal implementation. The first, signed by Gates, sets a planning deadline of Feb. 4. The second, which Stanley signed, outlines policy changes.

"Strong, engaged and informed leadership will be required at every level to implement the repeal... properly, effectively and in a deliberate and careful manner," Gates' memo read in part. "This is not, however, a change that should be done incrementally. The steps leading to certification and the actual repeal must be accomplished across the entire department at the same time."

Gates' guiding principles for implementation stress respect for individuals and common across-the-services standards, while prohibiting harassment, unlawful discrimination and policies based solely on sexual orientation.

Gates directed that a repeal implementation team lead the process to develop plans, update policies and train the force.

"What you're going to see as we move forward, we have actually three tiers as we get to the training part," Stanley said.

The three levels of training begin with policy makers, chaplains, lawyers and counselors; continue with leaders including commanding officers, senior noncommissioned officers and senior civilians; and culminate with troops across the services.

Cartwright said the tiers don't have to be sequential, and the services can conduct the levels of training as they see fit.

Present at the Jan. 28 briefing were Virginia "Vee" Penrod, deputy assistant secretary for military personnel policy and chairwoman of the repeal implementation team, and Marine Corps Maj. Gen. Steven Hummer, the team's chief of staff.

Penrod said the team has worked for several weeks with service representatives to develop training guidance, modules and plans.

"We expect to have those accomplished next week," said Penrod. "It's been a joint effort, with not only the military departments but [also] the Joint Staff, to develop consistent training."

Hummer said the team is developing a "standardized commander's toolkit" for the training effort. The services can tailor the toolkit to ensure the training meets their specific needs. The training packets will include videos featuring the service commanders, presentations outlining

policy considerations and a series of vignettes trainers can use to spur audience discussions.

The team also is charged with preparing progress reports and updating Gates every two weeks on policy development and training progress.

"We know, when you're dealing with 2.5 million people and a new policy, that we're probably going to have some discovery as we go," said Cartwright.

The two-week updates provide a feedback mechanism that will allow defense and service leaders to track what they've learned, react and then move forward.

"That will all be considered in the so-called calculus of when we go to the secretary and the chairman to certify," said Cartwright.

Stanley's memo detailed military policy changes that will happen when repeal takes place. Defense officials emphasized that any changes will not take effect until repeal is implemented, and that all current policies remain in force in the meantime.

Most policies will not change, including those covering standards of conduct, equal opportunity, personal privacy, military benefits, medical treatment and duty assignments. But recruiting, re-accessions and separation policies will change. Sexual orientation will no longer serve as a bar to enlistment or a return to the military, or as a reason for dismissal.

Stanley said that while the department doesn't see the need for many policy changes, there is a definite need for policy clarification.

"We are fundamentally focused right now on our leadership, professionalism, discipline and respect," said Stanley. "I have to underscore that every person who serves and who wears a uniform - and to include our civilians, who are working within the Department of Defense - they take an oath. And that oath breaks into that foundation of leadership, professionalism, discipline and respect."

# SRF-JRMC rings in 2011 with ceremony, awards

Story and photo by Keiichi Adachi,  
CFAY Public Affairs

The U.S. Naval Ship Repair Facility and Japan Regional Maintenance Center (SRF-JRMC) celebrated the beginning of 2011 with a traditional New Year's ceremony, consisting of greetings, award presentations, and a reception with entertainment Jan. 14.

"Last year, we celebrated the signing of the 50th Anniversary of the Japan-U.S. Treaty of Mutual Cooperation and Security. As we go forward in 2011, SRF-JRMC will continue to support this treaty as we provide current readiness to the 7th Fleet and keep the fleet operationally ready," said SRF-JRMC Commanding Officer Capt. Steven Stancy in his New Year's ceremony address.

Stancy said that like many cultures, Japan and the United States celebrate the New Year by reflecting on the past year and pledging rededication to the future, and so it is with SRF-JRMC.

"All members of the SRF-JRMC team can certainly take great pride in our accomplishments during the past year. In 2010, we continued on our safety improvement journey by kicking off the Voluntary Protection Program (VPP) to further instill a culture of safety at SRF-JRMC," he said.

"In 2011, we will continue to 'Keep the 7th Fleet Operationally Ready' through Chief of Naval Operations Continuous Maintenance and Voyage Repair availabilities, and through distant and on-site technical support. We will also work to improve SRFs future readiness as we pursue our Strategic Goal of being the best performing U.S. naval ship maintenance provider by 2012... and we will prove it," Stancy said, concluding his speech.

Yokosuka Defense Office Chief Reikou Samizo served as the guest speaker for this special event. He made several observations about the skilled workers of SRF-JRMC and offered encouragement for the New Year through his congratulatory address.

Samizo said that the people of SRF-JRMC speedily and accurately fabricate ship components and repair ships of the 7th Fleet and other ships in the spirit of "Nan Demo Dekimasu - We Can Do Anything" at Yokosuka, the only base functioning as the homeport of a nuclear powered aircraft carrier away from the United States mainland. "I think that the accumulation of such everyday performance of repairing ships has led to a reputation of maintaining unparalleled great skill. I hope the Voluntary Protection Program (VPP) that Capt. Stancy referred to is a decisive step to decrease the occurrence of accidents and will spread widely to employees' workplaces and that the VPP Star status will be acquired as soon as possible," Samizo said.

During the New Year's ceremony, Stancy presented plaques to Navy Diver 1st Class (DSW/SW) Nathan Kralemann as the command's Senior Sailor of the Year (SSOY) and to Navy Diver 2nd Class Zachary Hanson as the command's Junior Sailor of the Year (JSOY).

"I believe I was selected as Senior SOY because of my part in leading, teaching and guiding all of our younger petty officers," said Kralemann. "And, that as a first class it is my responsibility to ensure they are receiving the required information to be proficient at their jobs and are being guided in the right direction to make them good Sailors."

Hanson, who received the Navy and Marine Corps Achievement Medal along with his JSOY honors, said, "I am much honored to be selected as SRF-JRMC Junior SOY. I think I was nominated because of my hard work throughout the year. I will lead by example and treat other petty officers with respect."

Following the Sailor of the Year awards, Stancy presented SRF-JRMC Annual Safety Awards to a number of shops and codes with impressive safety records, some starting well before 2010. It has been a long-standing tradition at SRF-JRMC for U.S. and Japanese personnel to reflect on their safety awareness for the past year while celebrating the New Year by reconfirming friendship and offering good wishes.

The reception opened with traditional *kiyari* (a work song for working with logs and lumber) leading to the *kagamiwari* (cracking open of a new *sake* cask with a wooden hammer) and a toast to future SRF-JRMC success. While guests and SRF employees enjoyed a variety of food and beverages, a Japanese *Taiko* (drum) performance and music from the SRF-JRMC Swing Stars orchestra provided entertainment for all.

SRF-JRMC employees work daily in a cross-cultural work environment. Of the many special events the command hosts, this celebration is one of the biggest of the year. This annual event provides a good opportunity for employees to enhance their friendship with one another and learn about each other's cultures.

For John Peerson, a member of the SRF Shop Division, the ceremony was his first. He was pleased that his division could support the SRF Friendly Society by moving stage parts and food booths and picking up *sake* cups for the toast and *sushi* for the reception.

"Everyone was enjoying the festivities with the Japanese culture and I [got to] meet new people. I think events like this promote good morale," Peerson said.

"I would like to thank all of the Friendly Society members, committee members, Capt. Stancy, U.S. military, and U.S. civil service members for the generous support for this event. I wish you all a healthy and happy New Year," said Hiroshi Aoki, president of the SRF Friendly Society, during his remarks. "Thank you very much."



(Second from left) SRF-JRMC Commanding Officer Capt. Steven Stancy and honored guests perform *kagamiwari*, the cracking open of a new *sake* cask on the center stage to draw the New Year's ceremony to a close and start the reception with a traditional New Year's toast.

新年式で「鏡開き」で新年の門出を祝うSRF-JRMC司令官スタンシー大佐(左から2番目)と来賓の面々。

## SRF-JRMC、表彰と新年式で2011年の幕開け

文・写真: 安達慶一、CFAY広報課

艦船修理廠及び日本地区造修統括本部(SRF-JRMC)は、このほど新春恒例の新年式を開催。年頭祝辞や安全表彰、そして日本の伝統芸能により華やかに2011年の幕開けを祝った。

「昨年は日米安全保障条約締結50周年を祝いました。2011年も私たちはこの条約を継続的に支援し、第七艦隊が常に機能できる状態を保てる環境を提供します」とSRF-JRMC司令官スティーブン・スタンシー大佐は年頭の祝辞を述べた。

引き続き祝辞でスタンシー大佐は、他文化同様に日本とアメリカ合衆国、そしてSRF-JRMCも過ぎ去った一年をかえりみて、将来に向け新年を祝い、新たな貢献を誓うと述べ、SRF-JRMCは安全に対する改善を継続するために自主性を重視する自主的安全保護プログラム(VPP)を実施、安全に対する文化を定着させたと、昨年度の功労を労った。

「2011年も私達は海軍作戦本部長(CNO)が促進する工期、継続整備、航海修理、遠隔、艦上技術支援を通し、『第七艦隊を常に機能する状態に保つ』ことに従事します。そして

私達は経営戦略で2012年までに最も優れた海軍艦船修理施設になるという目標を掲げ、それを実現します」とスタンシー大佐は語気を強めて挨拶を締めくくった。

来賓の横須賀防衛施設事務所の三溝豊亨(さみぞ・れいこ)所長がお祝いのスピーチを行ない、その中でSRF-JRMCの熟練従業員への所見と新年への豊富を語った。

「SRF-JRMCの皆さんは、米本国以外でも唯一空母の母港として機能してここ横須賀において、米海軍第七艦隊及びその他の艦船を「何でもできます」の精神をもって迅速かつ正確な造修しております。この様な日頃の造修技術の成果の積み重ねが、他に類の見ない高水準を保持しているとの評価に繋がったものと思われま。事故の発生を限りなく減少させるため、昨年スタンシー大佐の英断で導入されたVPP(自主的安全保護プログラム)が職場で深く浸透し、一日も早いスターステータスが獲得されることを願っております」と三溝氏は言葉を締めくくった。

新年式で、スタンシー大佐はSRF-JRMC年間最優秀上級下士官(SSOY)のND1(DSW/SW)ネーサン・クラルマンさんと最優秀下級下士官(JSOY)のND2(DSW)ハンソン・ザッカーさんへ記念の楯を授与した。

「私がSSOYに選出されたのは自分に課せられた全下士官への指導、教育、助言の功績と自負しています。一等兵曹として下士官の業務上に必要な情報の入手と、彼らが兵士の見本となるよう正しい方向に導く責任を担っています。」とクラルマンさんは感想を述べた。

また、JSOY並びに米海軍海兵隊任務遂行章の表彰を受けたJSOYのザッカーさんは、「SSOYに選ばれてとても光栄で心から感謝しています。1年を通じての熱心な功労への評価と思っています。自ら手本となり、尊敬の念を持って他の下士官や兵士に接していきたいです」と語ってくれた。

SSOYとJSOYの表彰後、スタンシー大佐よりSRF-JRMC安全賞の授与が行なわれた。こうしてSRF-JRMCでは過去一年の業務の功績と安全を振り返り、親睦を深めるために米軍人、軍属および日本人の従業員が一堂に会して新年を祝うことを長年の伝統としている。

祝賀パーティーでは、伝統的な木遣りに合わせ鏡割りが行われ、SRF-JRMCの将来の成功を祈る乾杯の後、さまざまな料理が振舞われ、和太鼓やSRF-JRMCが誇る「スウィング・スターズ」が奏でる演奏で参加者を和ませた。



(Center) SRF-JRMC Commanding Officer Capt. Steven Stancy, SRF-JRMC 2011 Senior Sailor of the Year, ND1 (DSW/SW) Nathan Kralemann and 2011 Junior Sailor of the Year, ND2 Hanson Zachary, pose for a group photo after the New Year's ceremony.

新年式終了後、SRF-JRMC年間最優秀上級下士官(SSOY)ND1(DSW/SW)ネーサン・クラルマンさん(左)と最優秀下級下士官(JSOY)のND2(DSW)ハンソン・ザッカーさんがスタンシー大佐(中)と記念撮影に納まる。

異文化が取り巻く環境で日米従業員が働くSRF-JRMCでは、このような行事が年間を通じて行われているが、新年祝賀式典は特に大きな年中行事の一つである。これらの行事は従業員間の親睦を図る良い機会である。

工場管理部の一員であるジョン・ピアソンさんは初の参加だ。工場管理部の従業員が、祝賀パーティーでの乾杯用の容器と寿司の調達、ステージ用資材や料理の出店の設置を行なった日本人従業員親睦会を支援してきたことに喜びを感じていると話し、こう続けた。「日本の祝祭を誰もが楽しんでいただよう。新しい友達も出来ました。この様な行事は部隊の士気を向上させます。」

SRF-JRMC親睦会会長の青木洋さんは感謝の意を込めて挨拶を締めくくった。「新年式開催に当たり、式の準備、設営を担当していただいたショップの皆さん、親睦会の理事、役員の方、そして司令官スタンシー大佐をはじめ、US側からも多くのご支援、ご協力をいただきました。誠にありがとうございます。この一年が皆さんにとって、健康で幸福な年となりますよう、心からお祈りしまして、私の挨拶といたします。」



SRF-JRMC employees and numerous guests fill the SRF-JRMC Carpenter Shop to enjoy the camaraderie, festivities, refreshments and entertainment after the annual New Year's ceremony. 祝賀パーティーの会場となった木工工場は、交友、祝祭、軽食、音楽を楽しむ招待客とSRF-JRMC従業員で埋めつくされた。

## New Year's resolutions, post-holiday blues

By Chaplain Corey T. Thornton

For many of us serving in the military, this can be a challenging time of the year. Having just come off of holiday leave (perhaps some had to say goodbye to loved ones to return to Yokosuka), can leave us feeling empty inside. On top of that, this is the time to take stock of the self-inflicted "damage" that all of that holiday eating has done to our physiques. And, if that isn't enough, there is New Year's resolutions to implement in place of our old habits. It's no wonder, January and February are typically considered the most emotionally challenging months of the year. It's in times like these that you are likely to see me carrying my Bible in one hand and a self-help book in the other! Although I do not see any quick fixes to these challenges, I'd like to share some ideas that may help you to navigate these murky waters.

Throughout my career as a chaplain, I have spoken with a multitude of Sailors and Marines who suffer from loneliness and homesickness. Often they are single and stationed a considerable distance from their families and friends. Although many of them are stellar performers at work, they exist with a profound sense of emptiness inside of themselves (in their inner-person or soul). One thing that I have found helpful in this condition is to remember that you are not alone in your loneliness. All of our shipmates are sacrificing time that could otherwise be spent at home with family or friends. The relationships that we develop with our fellow service members will likely never replace those we have with our loved ones at home, but it is a support to share with them the common bonds of sacrifice and service. If you are feeling alone, let someone know, tell a shipmate about it. Another reality that I find comforting in times like these is that we are never alone even when we are by ourselves. The next time you are alone and feeling lonely, consider trying this: sit quietly and think about the fact that you exist, that you are alive. Next, think about anyone who has loved you or nurtured your life to get you to where you are now. Think about how easy it could have been for that person to choose not to care for you but instead chose to care. Then consider what kind and amount of care was taken in your coming into existence at all, of the love and care required for your life up to this very moment. For Christians, we identify this connection with the source of life as the God who told Joshua, "Just as I was with Moses, so I will be with you. I will not leave you nor forsake you." - Joshua 1:5. Jesus Christ makes the same promise with the words, "I am with you always, to the end of the age." - Matthew 28:20. This realization leads us to the conclusion that we are not alone and our being here is not an accident but is rather an intentional result of much nurture and care. I can think of no greater comfort.

Another post-holiday condition is one that, in my current place in life, hits very close to home, and that is the physical results of eating way too much turkey and stuffing and pie in conjunction with way too little exercise. One of my New Year's resolutions is to change my lifestyle to the effect that I get down to a healthier weight and maintain that weight throughout the year. Because this is a work in progress for me, I will not offer too much advice until I can show that I am living it. For those of you who share this goal to be in better physical health, whether it is to meet the standards set by the Navy or by our physicians or by society at large, I would ask you to consider one standard that is foundational to all others. It is to realize the same idea stated earlier to those feeling lonely and empty. Right now, at this moment, at the weight and health that you are currently in, you are a miracle of life! You were lovingly intended to exist and carefully nurtured along by others to arrive at where you are now. Please do not allow the standards that you face externally to challenge this internal reality. As important as our physical health is and as much as we wish to establish the physical conditions necessary to succeed in our careers and in society, we will improve our total health to always be thankful and to celebrate that we are alive. As participants in the miracle of life and recipients of the nurture and care of our fellow human beings, we can begin to climb the mountain of our hopes and dreams, our New Year's resolutions and weight loss goals with unshakable vitality and hope; for our strength does not come only from us but from the life that brought us here and the light that guided us along our way. Christians describe it this way, "I can do all things through Christ who strengthens me." - Philippians 4:13.

## Mandatory ORM training now available on Navy e-Learning

By Susan Lawson,  
Center for Personal and Professional Development Public Affairs

Revised Operational Risk Management (ORM) training modules are now available on the Navy e-Learning website [www.nko.navy.mil](http://www.nko.navy.mil).

All Hands Safety (ALSAFE) Message 071/10, delineates ORM training requirements for all Navy active duty and civilian personnel.

"These updated courses are intended to give Sailors and commands a better understanding of ORM, and how they can successfully integrate it in their work centers and daily lives," said Capt. Chuck Hollingsworth, Center for Personal and Professional Development (CPPD) commanding officer.

"Our goal is to make sure we don't just intellectually know the five steps, but practically use risk management in every situation possible, from high-risk shipboard and squadron evolutions, to everyday off duty activities," said Hollingsworth.

The fiscal year 2011 (FY11) ORM courses are broken down into four types of training for the following audiences: individuals, supervisors, ORM assistants and managers. The revised courses emphasize the role of Sailors and civilian employees in each of these audiences, and also provide the tools and resources necessary to assist personnel in managing risk.

"This, and more, is all part of a training continuum that ensures Sailors and civilians build upon the risk management skills they have previously learned," said Rear Adm. Arthur J. Johnson, commander, Naval Safety Center and model manager for the Navy's ORM program. "This is a crucial addition to ORM training. Risk management should be an integral part of everything we do - both on and off duty. The targeted training now available will enhance our collective understanding and application of risk management and help us to achieve mission success and maximize our outcomes."

The first training module, "Managing Your Risk," emphasizes "Time Critical Risk Management," and introduces the "ABCD" model; a type of training that teaches users to Assess the situation, Balance resources, Communicate, and Do and Debrief in the execution phase of an on or off duty activity.

The "Managing Your Risk" training module is the only course that is required by all personnel per ALSAFE Message 071/10.

The ORM training tailored for more senior personnel includes "Managing Your Team's Risk," and is targeted at the supervisor level. This training is required each time Sailors receive an increased level of responsibility within their organization, such as moving from a team leader to a work center supervisor, or when they transfer to a new command with new responsibilities per OPNAVINST 3500.39C.

Similarly, training for ORM assistants, "Leading Risk Management Integration," will be required when an individual is appointed to this position.

One tool spotlighted in all of the ORM courses is the Total Risk Assessment and Control System (TRACS). TRACS is a web-based application of the deliberate five-step risk management process, used to put together a risk assessment for an evolution in a structured and automated manner. TRACS offers a variety of reports, as well as the ability to archive and share reports with other units.

Managers are required to complete ORM training through the completion of the training titled, "Directing Your Command's Risk Management," which should be completed during the check-in process at every new tour of duty.

Additionally, completion of this course is now a pre-requisite for the CPPD-delivered "ORM Application and Integration" course, a two-day course that provides in-depth, hands-on training for unit-level leadership and resource owners in the ORM process. Completion of the ORM A&I course satisfies the OPNAVINST 3500.39 (series) requirement for commands to have one officer and one senior enlisted qualified as command ORM assistants.

"Simply knowing about ORM is not enough in today's operational environment," said Hollingsworth. "We are teaching our Sailors how to implement these programs and at the most senior levels, establish and oversee good policies that will keep our personnel safe whether accomplishing the mission or off duty tasks."

For questions about ORM training, contact Chief James Priest at (757) 492-6131, or by e-mail to [james.k.priest@navy.mil](mailto:james.k.priest@navy.mil).

For access to ORM training, visit [www.nko.navy.mil](http://www.nko.navy.mil), click on the Navy e-Learning Tab, and search for ORM training.

## MWR Positions

**Come join the MWR team!** Are you a customer service and team oriented individual who possesses the qualifications for any of the positions listed here? Then come visit us in the MWR Building, room 225, or call 243-1246.

### Club Operations Division

- Material Handler** – NA-05, \$10.94/hr. Club Alliance (1 RFT)  
**Waiter/Waitress** – NA-03, \$9.48/hr. Club Takemiya (1 RFT/1 Flex), CPO Club (3 Flex), Officers' Club (5 Flex).  
**Food Service Worker** – NA-03, \$9.48/hr. Officers' Club (1 RFT)  
**Cashier** – NF-01, \$7.50-\$9.50/hr. O' Club (1 RFT/1 Flex), CPO Club (2 RFT).  
**ID Checker/Security** – NF-01, \$7.25/hr. Club Alliance (3 Flex).

### Support Activities

- Electrician** – NA-08, \$13.06/hr. Maintenance (1 RFT).  
**Accounting Technician** – NF-02, \$8.71/hr. Finance (1 RFT).

### Child Development Program

- Program Assistant** – CY-01/02, \$9.59-\$11.75/hr. Hourly CDC (5 Flex), Ikego CDC (1 Flex), Main CDC (1 RFT/6 Flex), Pre-School CYP (4 Flex), Negishi CDC (1 RFT/1 Flex).  
**Operations Clerk/Driver** – NF-02, \$8.71/hr. Ikego CDC/SAC (1 RFT).

### Community Activities Division

- Child and Youth Program Leader** – CY-02, \$13.15/hr. Yokosuka Youth Center (1 RFT).  
**Auto Worker Helper** – NA-05, \$10.94/hr. Auto Hobby Shop (2 Flex).  
**Program Assistant** – CY-01/02, \$9.59-\$11.75/hr. Yokosuka SAC (1 RFT/3 Flex), Negishi Youth Sports (1 Flex), Yokosuka Teen Center (2 Flex), Yokosuka Youth Sports (2 Flex), Ikego Teen Center (1 Flex) Ikego SAC (1 RFT).  
**Food Service Worker** – NA-03, \$9.29/hr. Bowling Center (1 RFT).  
**Operations Clerk** – NF-02, \$8.71/hr. Ikego Youth Center/SAC (1 RFT).  
**Recreation Assistant** – NF-02, \$8.71/hr. Yokosuka Community Center (1 Flex).  
**Recreation Aide** – NF-01, \$7.25/hr. Bowling Center (2 Flex).  
**Cashier** – NF-01, \$7.25/hr. Bowling Center (1 RFT).

### Recreation Division

- Projectionist** – NA-07, \$7.25/hr. Bowling Center (1 Flex).  
**Food Service Worker** – NA-03, \$9.48/hr. Theater (1 Flex).  
**Duty Manager** – NF-02, \$8.71/hr. Theater (2 Flex).  
**Recreation Assistant** – NF-02, \$8.71/hr. Outdoor Recreation – Customer Service/Rentals (2 Flex).  
**Ticket Seller** – NF-01, \$7.25/hr. Yokosuka Theater (3 Flex), Negishi Theater (1 Flex).

### Athletics Division

- Swim Instructor** – NF-02, \$10.00/hr. Aquatics (10 Flex).  
**Head Lifeguard** – NF-02, \$9.50-\$12.00/hr. Aquatics (2 RFT).  
**Lead Lifeguard** – NF-02, \$8.71-\$10.00/hr. Aquatics (2 RFT).  
**Duty Manager** – NF-02, \$8.71/hr. Athletics (1 Flex).  
**Clerk Typist** – NF-01, \$7.52/hr. Athletics (1 RFT).  
**Lifeguard** – NF-01, \$7.25/hr. Aquatics (5 Flex).  
**Gear Issue Attendant** – NF-01, \$7.25/hr. Athletics (1 RFT/1 Flex).

\*Due to publishing timelines, some jobs listed may not be available. For the most up-to-date listing check out:

<https://www.cnic.navy.mil/yokosuka/mwr>

## HRO USCS Positions

Applications and forms for local/Japan-wide vacancies must be received at the HRO, Yokosuka customer service desk, or through the mail at HRO, PSC 473 Box 22, FPO AP 96349-0022 by 4 p.m. on the closing/cut-off date of the announcement. Applications may also be submitted through the drop box located at the front entrance of the HRO, Yokosuka building. These applications must be in the drop box by close of business (4 p.m.) of the closing/cut-off date of the announcement.

Postmark dated, faxed or e-mailed applications will not be accepted.

Call 243-5725/8168 for more information.

### New

- Health Technician** – GS-0640-07, NH-14-11. Open: 01-28-11, Close: 02-18-11.  
**Pharmacy Technician** – YI-0661-01, NH-11-11. Open: 01-25-11, Close: 02-08-11.

### Continuing

- Educational Aide/Technician (Child Youth Programs)** – GS-1702-2/3/4, CFAY-120-10. Open: 11-03-10, Close: 04-29-11. \*Open register – Yokosuka/Ikego.  
**Educational Aide/Technician (Child Youth Programs)** – GS-1702-2/3/4, CFAY-121-10. Open: 11-03-10, Close: 04-29-11. \*Open register – Negishi.  
**Family Advocacy Support Specialist (Yokosuka)** – GS-0101-09, CFAY-105-10. Open: 09-30-10, Close: 03-24-10 (Cutoffs in two weeks interval).

## NEX Positions

**Join a winning team.** The NEX has RFT, RPT and Flex positions to fit your schedule. Applications are accepted Monday-Thursday, 9 a.m. to 3 p.m., at the NEX Human Resources Office, MWR building room 226, or visit our Web site at [www.navy-nex.com](http://www.navy-nex.com). Come and work for us! Call us at 243-5150 or 243-4418 for more information.

\*Salary based on experience. Positions are open until filled.

- Department Manager, NF-3** – Main Store. \*\$32,415-\$36,830/yr. (1 RFT)  
**Dispensing Optician, NF-3** – Main Store. \*\$11.02-\$14/hr. (1 RFT)  
**Supervisory Sales Clerk, NF-2** – Ikego/Mini Mart. \*\$8.71-\$10/hr. (2 RFT)  
**Supervisory Personalized Services Clerk, NF-2** – Main Store. \*\$8.71-\$10/hr. (3 RFT)  
**Sales Clerk, NF-1** – Various locations. \*\$7.25-\$8/hr. (13 Flex/1 RPT)  
**Sales Clerk (Specialty), NF-1** – Main Store (Watch/Shoes/Jewelry). \*\$7.25-\$9/hr. (5 Flex/1 RFT)  
**Customer Service Clerk, NF-1** – Main Store Service Department. \*\$7.25-\$8/hr. (1 RFT/1 RPT/1 Flex)  
**Computer Sales Technician, NF-1** – Main Store. \*\$7.25-\$8/hr. (1 RPT)  
**Hair Stylist (Hair Care Shop), NA-7.** \*\$12.45/hr. plus commission (1 RFT)  
**Fork Lift Operator (DC), NA-5.** \*\$10.94-\$11.38/hr. plus shift differential (1 Flex)  
**Warehouse Worker, NA-4** – Distribution Center. \*\$10.22-\$10.65/hr. (2 Flex)  
**Store Worker, NA-2** – Main Store/Auto Port. \*\$8.77-\$9.13/hr. (1 RPT/5 Flex)  
**Room Attendant, NA-2** – Navy Lodge. \*\$8.77-\$9.13/hr. (1 RPT)  
**Food Service Worker Supervisor, NS-2** – Main Street Food Court. \*\$11.38-\$11.85/hr. (1 RFT, 2 FFT)

### CFAY Chapel seeks for

**Roman Catholic Youth Director of Religious Education**  
**Organist for Gospel Praise service**  
 Closing date: March 31, 2011 12 p.m.

\* Applicants shall be fluent English speaker and be able to work a flexible schedule dependent upon religious service needs.

\* Prior experience preferred.

\* Government employees are not eligible.

For details, call Masami Kobayashi/FISC Contracting at 243-6835 or (046)-816-6835.

## Worship Schedule

### YOKOSUKA: Chapel of Hope

• 243-6773/ 6774

**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

#### Roman Catholic

SUN	Mass, Main Chapel	0800
SUN	Mass, Main Chapel	1100
TUE, THU AND FRI	Weekday Mass	1145
TUE	ACTS	1730
WED	USNH Yokosuka Chapel	1200
WED	Perpetual Help Novena, Main Chapel	1700
WED	Mass, Main Chapel	1730
THU	Choir Practice, Main Chapel	1700
THU	Women's Bible Study	1730
FRI	Holy Hour Adoration Mass (Tsubaki Tower party room)	1700
FRI	Choir Practice	1700
1 <sup>st</sup> FRI	Mass, Main Chapel	1700
SAT	Vigil Mass, Main Chapel	1700
SAT	Confession, Blessed Sacrament Chapel (or anytime by request)	1600
1 <sup>st</sup> SAT	Baptism, Main Chapel	1400

#### Roman Catholic Ministries

SUN	RCIA Class (Ayame Tower)	0930
SUN	CCD (2nd Deck Community Center)	0930
2 <sup>nd</sup> /Last WED	Pre-Baptism Class	1800

#### General Protestant

SUN	Worship Service, Main Chapel	0930
THU	Choir Practice, Main Chapel	1815

#### Gospel Praise Service

SUN	Worship Service, Main Chapel	1230
WED	Choir Practice, Main Chapel	1730

#### Contemporary Evangelical Christian

SUN	Worship, Main Chapel	1700
THU	Praise Team Rehearsal, Choir Room	1600

#### Church of Christ

SUN	Worship, Community Center Auditorium 2nd deck	0900
SUN	Bible Class	1030
WED	Bible Study (Community Center Auditorium 2nd deck)	1800

#### Protestant Liturgical

SUN	Communion Service (Community Center Auditorium 2nd deck)	1100
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#### Filipino Christian Fellowship

SUN	Worship Service (Community Center Auditorium 2nd deck)	1230
WED	Prayer Meeting, room 3	1800

#### Latter-Day Saints

SUN	Priesthood/Relief Society	0900
SUN	Sunday School	1000
SUN	Sacrament	1050

**Location:** Directly across the street to the west from the Yokosuka City Post Office (Off base)

### Seventh Day Adventists

1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> SAT	Seventh Day Adventists	1000
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### Jewish Faith Community

FRI	Shabbat and Kiddush, Jewish Chapel (Chapel of Hope)	1800
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### Soka Gakkai (Buddhist)

2 <sup>nd</sup> and 4 <sup>th</sup> THU	Classroom 10	1800
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### Protestant Ministries

### Yokosuka Student Ministries (Middle School and High School)\*

WED	High School – One Way	1730
THU	Middle School – Quest	1630

### Protestant Women of the Chapel

1 <sup>st</sup> MON	Fellowship Program	1600
TUE	Bible Study, Classroom 10	0900
TUE	Bible Study	1800

### Japanese Women's Bible Study

TUE	Main Chapel/Fellowship Hall	0900
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### Men's Christian Fellowship

TUE	Study Group (Fleet Rec 3 <sup>rd</sup> Deck)	1130
3 <sup>rd</sup> SAT	Breakfast (Location varies)	0800

### Bible Study

THU	Christian Bible Study	1730
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### Negishi: Chapel of the Rising Sun

• 242-4183

#### Roman Catholic

SUN	Mass, Main Chapel	0900
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#### Negishi Protestant Service

SUN	General Service	1030
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#### Ikego: Religious Services

(Kyoto Tower Party Room, 243-6773/6774)

#### General Protestant

SUN	Worship Service	1000
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#### Ikego Protestant Service

SUN	General Service	1000
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#### Adult Bible Study

WED	Nikko Tower Party Room	1800
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#### A.W.A.N.A. Children's Ministry

WED	Ikego Elementary School	1630
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## Fleet and Family Support Center

### Congratulations on the birth of your baby!

Theodore and Mimsy are the proud parents of Sophia Arcala Quidem born, Jan. 7, 2011 at 6:08 p.m., weighing 3.305 kg.

*If you'd like to see your baby announcement published in the Fleet and Family Support Center section of the Seahawk-Umitaka, stop by our New Parent Support Office in building 1558.*

## Upcoming Classes

### Monday, Feb. 14

**Areal Orientation Brief and Intercultural Relations Class (Pre-registration required)**  
8:45 a.m. (5 days)

**CASA – Communication, Anger and Stress Management, Assertiveness:** 2 p.m.

**English as a Second Language:** 10 a.m. (2 hrs.)

**Retirement – TAP:** 7:30 a.m. (5 days, Feb. 14-18)

**Enjoying Japanese Food:** 9 a.m. (4 hrs.)

### Tuesday, Feb. 15

**Create a Spending Plan:** 2 p.m. (1 hr.)

**Employment Overview:** 10 a.m. (2 hrs.)

**Ikego – English as a Second Language:** 10 a.m. (1.5 hrs.)

**Exceptional Family Member Program Orientation:** 10 a.m. (1 hr.)

### Wednesday, Feb. 16

**Military Retirement Plan:** 10 a.m. (1.5 hrs.)

**Japanese Spouse Group:** 10 a.m. (2 hrs.)

**Basic Breastfeeding:** 1:30 p.m. (2hrs.)

**Welcome to Negishi:** 10 a.m. (5 hrs.)

**CASA:** 2 p.m. (2 hrs.)

### Thursday, Feb. 17

**Thrift Savings Plan:** 1 p.m. (1 hr.)

**Government Employment Tips:** 10 a.m. (2hrs.)

**Pre-Marriage Seminar:** 9 a.m. (7 hrs.)

**NMCRS Budget for Baby:** 5 p.m. (2hrs.)

**Ikego – Play Morning:** 10 am (1.5 hrs.)

**IA/GSA Pre-Deployment Brief:** 9 a.m. (3.5 hrs.)

### Friday, Feb. 18

**Sponsor and Sponsor Training:** 2 p.m. (2 hrs.)

**Disable – TAP:** 1 p.m. (2 hrs.)

**Yokosuka – Play Morning:** 9:30 a.m. (1.5 hrs.)

\*\*\*Please visit our website for more details about our classes.

Visit our Web site: [www.cnrc.navy.mil/Yokosuka/CommunitySupport/FFSC/index.htm](http://www.cnrc.navy.mil/Yokosuka/CommunitySupport/FFSC/index.htm)

## Regional Workforce Development Training Schedule

- **PowerPoint 2003 Level 1 (in Japanese):** Feb. 7-8, ¥16,800
  - **PowerPoint 2003 Level 1 (in English):** Feb. 9-10, ¥20,000
  - **Word 2003 Level 2 (in Japanese):** Feb. 15-16, ¥16,800
  - **Briefing on Military Spouse Employment Program:** Feb. 17, no cost
  - **Word 2003 Level 2 (in English):** Feb. 23-24, ¥20,000
  - **Excel 2003 Level 2 (in Japanese):** March 1-2, ¥16,800
  - **Customer Service Course (in Japanese):** March 3, no cost
  - **Excel 2003 Level 2 (in English):** March 3-4, ¥20,000
  - **PowerPoint 2003 Level 2 (in Japanese):** March 8-9, ¥16,800
  - **PowerPoint 2003 Level 2 (in English):** March 15-16, ¥20,000
  - **Briefing on Military Spouse Employment Program:** March 18, no cost
  - **Cross-Cultural Understanding in the Workplace:** March 22-23, \$389
  - **Access 2003 Level 2 (in Japanese):** March 22-23, ¥16,800
  - **Access 2003 Level 2 (in English):** March 28-29, ¥20,000
  - **Assertiveness Training (Non-Native English Speakers):** March 24-25, \$389
- For more information, call 243-7328, e-mail to [rwd-student-services@fe.navy.mil](mailto:rwd-student-services@fe.navy.mil) or visit the website <https://www.cnrc.navy.mil/japan/programs/rwd/index.htm>.



SN Joshua Vickery, assigned to *USS Blue Ridge* (LCC 19), sits while strapped in a safety harness as he prepares to lower the search and rescue swimmer into the water during a man overboard drill Jan. 27. The crew conducts man overboard drills frequently to quickly recover lost Sailors by helicopter, small boat or shipboard recovery in an emergency.

U.S. Navy photo by MC3 Fidel C. Hart



LN1 Kashetah Bedford prepares for a case in the Naval Legal Service Office (NLSO) Pacific. NLSO provides information and representation to local and regional military service members and their families.

Photo by Joe Schmitt



The Sullivans Elementary School first-grade students Enrique Gonzalez and Vanessa Sandoval explore static electricity during a study field trip to the Yokohama Science Museum Jan. 13.

Photo by Carmen Gonzalez



(Left) Capt. Stephen Pachuta, commanding officer, U.S. Naval Hospital (USNH) Yokosuka is greeted by Vice Adm. Hassau Otsuka, vice director, Japan Self-Defense Force (JSDF) Central Hospital prior to touring the JSDF facility Jan. 13. The two commands have a strong partnership and play a vital role in area disaster preparedness. In addition, JSDF Central Hospital accepts referrals from USNH Yokosuka which improves readiness by caring for service members locally in lieu of challenging medical evacuations to hospitals in the United States.

Photo by Richard McManus

## Pet of the Week



The Pet of the Week this week is Marie. This lovely tortoiseshell kitten has grown up with her two brothers, so she gets along with other cats just fine. She's also good with children. She is a sweetheart to everybody she meets! Marie is playful and definitely a cuddler. Come visit her soon! To find out more about Marie or any animal at Pets Are Worth Saving (P.A.W.S.), contact them at 243-9996, by e-mail to [usskittytalk.yokosuka@gmail.com](mailto:usskittytalk.yokosuka@gmail.com) or visit the P.A.W.S. website at [www.pawsyokosukajapan.com](http://www.pawsyokosukajapan.com).

Photo courtesy of P.A.W.S.

## Konnichiwa



Master Labor Contract (MLC) employee administrative specialist Kaoru Watanabe, looks as the plaque she received honoring her as the CFAY MLC Employee of the Year.

Photo by Yuji Kawabe

Where do you work?

CFAY Security Department.

How long have you worked on base?

Twenty years.

What is your favorite food?

Nihon soba.

What is your life goal?

To live on an island surrounded by a beautiful ocean after I retire.