Comedian, actor Tommy Davison brings stand-up routine to CFAY

Story and photo by MCSN Mike R. Mulcare, Navy Public Affairs Support Element Japan

Stand-up comedian and actor, Tommy Davidson visited Commander Fleet Activities Yokosuka (CFAY) along with his opening act, comedian Lav Luv, to perform a stand-up comedy show for service members at the Yokosuka Base Fleet Theater Feb. 25.

Davidson has been featured in movies and television shows such as "*In Living Color*," "*Juwanna Mann*," "*Black Dynamite*" and "*Bamboozled*."

"I came here to make people laugh, people who serve for us," said Davidson.

Davidson said he has participated in United Service Organizations (USO) and Morale, Welfare and Recreation (MWR) tours for the past 20 years. During that time he has made appearances to bases all over the world.

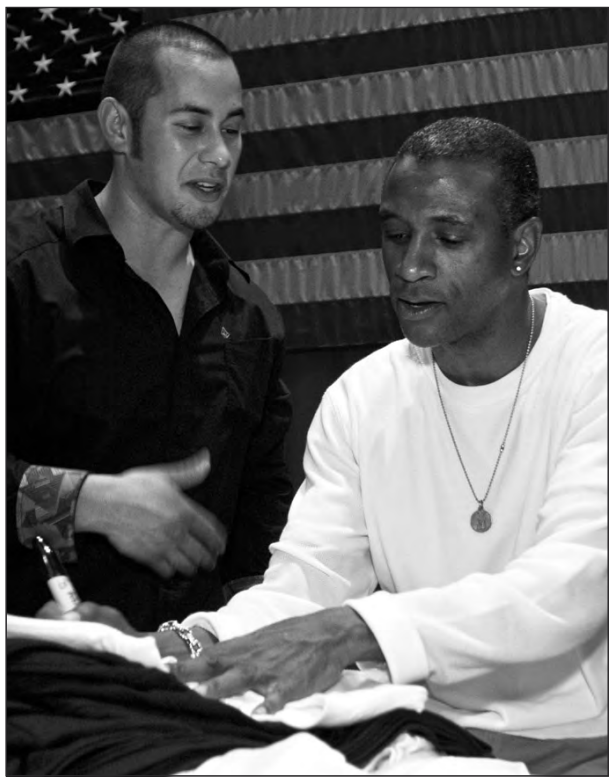
One of MWR Entertainment's missions is to bring famous entertainers such as Davidson to service members and their families. In the past two years, CFAY has been privileged to have entertainers such as the All-American Rejects, Flo Rida and Smash Mouth entertain Sailors and family members within the base's gates.

Davidson said he is honored that he can serve and give back to the community by doing stand-up routines at military installations.

The stand-up comedian has performed at CFAY before, his most recent visit two years ago, was when some service members had the opportunity to spend the Thanksgiving holiday with him.

"The last time I came out here was the year before last and I actually got to sit down and eat Thanksgiving dinner with a few Marines," said Davidson. "I come out to Japan about six times a year. I actually just did a show in Iwakuni last night."

MWR Entertainment partners with the USO and Armed Forces Entertainment programs, bringing entertainers to more than 270 military locations in the Pacific, Europe, Caribbean, Mediterranean and in Southwest Asia and the Middle East.



Comedian and actor Tommy Davidson autographs a T-shirt for a fan following a stand-up show he held for service members at the Fleet Theater Feb. 25. The show also included an opening act by comedian Lav Luv. Davidson has participated in USO and MWR tours for the past 20 years and during that time he has made appearances to military installations all over the world.

Negishi Housing hosts Kid's Craft Day for local Japanese students

Story and photo by MC3 Devon Dow, NPASE Japan

Local Japanese elementary school students were treated to Kid's Craft Day hosted at Commander Fleet Activities Yokosuka (CFAY) Negishi Housing Detachment Feb. 24.

The 60 3rd-grade students from Yamamoto Elementary School took part in the ongoing tradition at the CFAY housing detachment located near downtown Yokohama. The event is part of an effort to show its support to the local community and continue to strengthen the relationship between the U.S. Navy and its host nation.

"I think this is a great event for the children; they really enjoy it," said Rieko Komatsu, a community relations specialist at the detachment. "Inviting the local community on base gives them a better understanding of what the base provides. I hope they see the good things that this base does for people."

Upon their arrival to the event, students were greeted with a variety of art supplies including homemade lanyards, a hat creation station full of colored feathers and assorted decorations, a painting center, clay and miniature block areas that gave the students the opportunity to explore their artistic capabilities.

Boatswain's Mate 2nd Class (SW) Stanley Anyanwu, took time during his day off to volunteer at the event and said the time was well spent.

"These children are very talented artists," Anyanwu said. "It is a great feeling when the children come over and show us the art they have created. Events like these create a more substantial relationship between the detachment and our local community. This definitely boosts the moral of the Sailors and volunteers here. It is a good day to come out, have fun and let the children enjoy themselves on base."

One child's artwork left a lasting impression on Anyanwu and fellow volunteer, Culinary Specialist 3rd Class Juan Layman of New York.

"There was a young boy here today who created a U.S. flag and a Japanese flag at one of the art stations that blew my mind," Layman said. "It made me feel like the children really appreciate what we are doing over here and that we are making a difference. This is my first time volunteering at this event; if the opportunity comes up again, I will be here."

Prior to packing up their finished artwork and heading back to school, the top student-artists were recognized with a command coin from the detachment's officer-in-charge.

CS3 George Macapagal, takes a picture of artwork created by students from the Yamamoto Elementary school during Kid's Craft Day Feb. 24. The event is a community program held at the CFAY Negishi Housing Detachment, where local school children explore their artistic creativity, while also getting a chance to visit Sailors.

Komatsu said the success of this event comes from members of the detachment who take time out of their day to volunteer.

"To make an event like this work requires a lot of people to help organize," she said. "This is a great day for the students and for the volunteers who help make this possible."

CFAY to host Marriage Enrichment Workshop

By Cmdr. John Swanson, CNFJ Force Chaplain

A Marriage Enrichment Workshop will be held March 31 from 8:30 a.m. to 3 p.m. at the Commander Fleet Activities Yokosuka Chapel of Hope for any married Sailor and spouse.

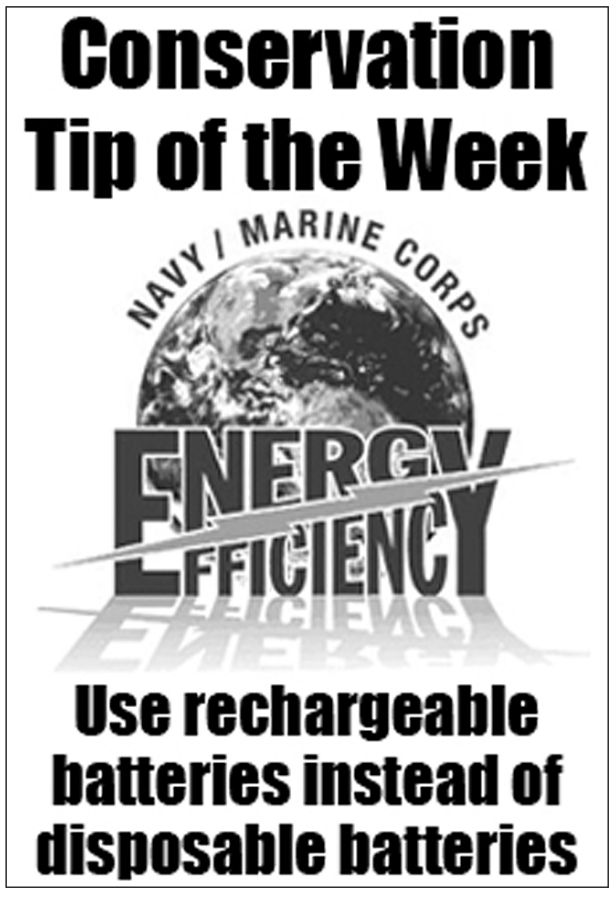
According to the Department of the Navy Suicide Incident Report summarizing the 1999-2007 findings, relationship problems were the number one stressor that contributed to 60 percent of suicides. Relationship workshops like this one strengthen the family and personal resiliency and help mitigate suicide.

Often, men and women get to the point in their relationships where one or both feel unappreciated, neglected or uncared for. Unhappiness leads many to conclude that the love has vanished from their relationship. One of the reasons this occurs is because men and women often don't share the same "love language." We attempt to communicate love to our mate, but it seems to fall on deaf ears. That's because we are not speaking our mate's love language.

This workshop will help you identify your primary love language and that of your mate. Once couples learn to express love using their mate's love language, the relationship grows and flourishes. Based on the book, "*The Five Love Languages*" by Gary Chapman, the workshop will examine each of the five love languages:

- Words of affirmation
- Acts of service
- Quality time
- Gifts
- Physical touch

Each of us is fluent in at least one of these love languages. It's the way we naturally communicate love and affection to others. The problem is when couples don't share the same love language. In order to communicate love effectively and meet each other's emotional needs, we must learn to communicate using our mate's primary love language. One of the fundamental reasons couples become discouraged and unhappy is when their deepest emotional needs are unmet, and that is often the result of not speaking our mate's love language.

The Marriage Enrichment Workshop will teach couples how to identify and speak each other's love language and rekindle love.

Contact Chaplain David Yang by e-mail to yangd@cvn73.navy.mil to sign up for the class or for more information. Seating is limited. Sailors are encouraged to sign up early.