# Worship Schedule

## YOKOSUKA: Chapel of Hope

**• 243-6773/ 6774**

**Note:** In the event of an emergency, the Chaplain on Duty can be reached by calling CFAY Security at 243-2300.

### Roman Catholic

| | | |
|---|---|---|
| Sun | Mass, Main Chapel | 0800 |
| Sun | Mass, Main Chapel | 1100 |
| Sun | RCIA Class, Blessed Sacrament | 0930 |
| Sun | CCD (2nd Deck Community Center) | 0930 |
| Mon | Adult Bible Study, Rooms 2 and 4 | 1730 |
| Tue | EDGE | 1630 |
| Tue | ACTS | 1730 |
| Wed | Confession | 1600 |
| Wed | Perpetual Help Novena, Main Chapel | 1700 |
| Wed | Mass, Main Chapel | 1730 |
| 2nd Wed | Pre-Baptism Class | 1730 |
| Thu | Choir Practice, Main Chapel | 1700 |
| Thu | Women's Bible Study | 1730 |
| Fri | Choir Practice, Choir Room | 1700 |
| 1st Fri | Mass, Main Chapel | 1700 |
| Sat | Vigil Mass, Main Chapel | 1700 |
| Sat | Baptism, Main Chapel | 1500 |
| Sat | Confession, Blessed Sacrament Chapel (or anytime by request) | 1600 |

**NOTE:** Mass held on Mondays, Tuesday and Thursdays at 1200 in the Blessed Sacrament Chapel except for Wednesdays (1200 in the Naval Hospital).

### General Protestant

| | | |
|---|---|---|
| Sun | Worship Service, Main Chapel | 0930 |
| Thu | Choir Practice, Main Chapel | 1815 |

### Liturgical

| | | |
|---|---|---|
| Sun | Communion Service Community Center Auditorium 2nd deck | 1100 |

### Contemporary Christian

| | | |
|---|---|---|
| Sun | Worship, Main Chapel | 1700 |
| Thu | Praise Team Rehearsal, Choir Room | 1600 |

### Gospel Praise Service

| | | |
|---|---|---|
| Sun | Worship service, Main Chapel | 1230 |
| Wed | Choir practice, Main Chapel | 1830 |

### Filipino Christian Fellowship

| | | |
|---|---|---|
| Sun | Worship Service, Community Center Auditorium 2nd deck | 1230 |
| Wed | Prayer Meeting, room 3 | 1800 |

### Church of Christ

| | | |
|---|---|---|
| Sun | Worship, Community Center Auditorium 2nd deck | 0930 |
| Sun | Sunday School | 1100 |
| Wed | Bible Study, rooms 2, 3 and 5 | 1800 |

### Latter-Day Saints

| | | |
|---|---|---|
| Sun | Sacrament | 1300 |
| Sun | Sunday School | 1420 |
| Sun | Priesthood/Relief Society | 1510 |

**Location:** Across from Yokosuka City Post Office (Off base)

### Seventh Day Adventists

| | | |
|---|---|---|
| Sat | Saturday Worship | 0930 |
| 3rd Sat | Yokohama Seventh Day Adventists Church | 0930 |

### Jewish Faith Community

| | | |
|---|---|---|
| Fri | Shabbat and Kiddush, Jewish Chapel (Chapel of Hope) | 1800 |

### Soka Gakkai International

| | | |
|---|---|---|
| 2nd and 4th Thu | Classroom 10 | 1800 |

### Specialized Ministries

### A.W.A.N.A. Children's Ministry (3 yrs. to Grade 6)*

| | | |
|---|---|---|
| Tue | Fellowship Hall/Classrooms | 1615 |

### Yokosuka Student Ministries (Middle School and High School)*

| | | |
|---|---|---|
| Wed | High School – One Way | 1730 |
| Thu | Middle School – Quest | 1630 |

### Protestant Women of the Chapel*

| | | |
|---|---|---|
| 1st Mon | Fellowship Hall | 1600 |
| Tue | Bible Study, Classroom 10 | 0900 |
| Tue | Bible Study | 1800 |

### Japanese Women's Bible Study*

| | | |
|---|---|---|
| Tue | Main Chapel/Fellowship Hall, Classrooms | 0900 |

### Men's Christian Fellowship

| | | |
|---|---|---|
| Tue | Study Group (Fleet Rec 3rd Deck) | 1130 |
| 3rd Sat | Breakfast (Location varies) | |

****Runs from September to June***

| | | |
|---|---|---|
| Thu | Officer Christian Fellowship Classrooms 2/4 and 3 | 1730 |

## Negishi: Chapel of the Rising Sun

### Roman Catholic

| | | |
|---|---|---|
| Sun | Mass, Main Chapel | 0800 |
| Sun | Confession | 1700 |
| Sun | Bible Study | 1730 |
| Thu | CCD, classrooms | 0900 |

### Negishi Protestant Service

| | | |
|---|---|---|
| Sun | General Service | 1030 |

## Ikego: Religious Services

**(Kyoto Tower Party Room, 243-6773/6774)**

### Roman Catholic

| | | |
|---|---|---|
| Sat | Vigil Mass | 1900 |

### General Protestant

| | | |
|---|---|---|
| Sun | Worship Service | 1000 |

### Ikego Protestant Service

| | | |
|---|---|---|
| Sun | General Service | 1000 |

### Adult Bible Study

| | | |
|---|---|---|
| Wed | Nikko Tower Party Room | 1800 |

### A.W.A.N.A. Children's Ministry

| | | |
|---|---|---|
| Wed | Ikego Elementary School | 1630 |

### Yokosuka Student Ministries

| | | |
|---|---|---|
| Thu | Middle School/High School – Q2 Kyoto Tower Party Room | 1830 |

# Fleet and Family Support Center

## Classes This Week

### Monday, June 7

**Area Orientation Brief and Intercultural Relations Class (Pre-registration required)** 8:45 a.m. (5 days): June 7-11, this class will be held at the 4th Deck Auditorium, Community Readiness Center.

**CASA – Communication, Anger and Stress Management, Assertiveness** 2:30 p.m. (1.5 hrs.) four sessions: This four-day class meets on the 12th, 14th, 19th and the 21st of this month, and is designed to help you build skills in these four important areas of your life!

**English as a Second Language (ESL)** 10 a.m. (2 hrs.): In this class, students practice Basic English skills and learn about American culture. Special attention is given to speaking English in an everyday setting.

**Labor and You** 1 p.m. (6 hrs.): Bundles of joy take lots of preparation and planning. No need to "go it" alone! We have helped hundreds of families prepare for their new arrival with the knowledge needed to make informed choices during and after pregnancy.

**Separations – TAP (S-TAP)** 7:30 a.m. (5 days): This seminar is for separating military and pre-retirees. Reservations must be made through your Command Career Counselor.

### Tuesday, June 8

**Baby Basics** 1:30 p.m. (3 hrs.): Learn the basic aspect of daily infant care such as bathing, diapering, positioning, swaddling, playing and feeding, and about the Shaken Baby Syndrome.

**Healthy Relationships** 5 p.m. (1.5 hrs.): Parents will learn how aspects of their family's life will influence their children's adult health and relationships. Call 243-7878 for more information and to sign up for the class.

**Modeling Networking Group** 10 a.m. (2 hrs.)

**Welcome to Ikego** 9 a.m. (5.5 hrs.): We invite both old and new residents of Ikego to meet your Ikego Community Leaders and learn what the Ikego community has to offer.

### Wednesday, June 9

**CASA – Communication, Anger and Stress Management, Assertiveness** 2:30 p.m. (1.5 hrs.) four sessions

**EML / Space A Travel Brief** 1 p.m. (1 hr.): Representatives from Yokota's AMC Terminal, and a U.S. Navy specialist on EML Travel will conduct this one and a half-hour brief.

**Saving and Investing** 2 p.m. (1.5 hrs.): In this class, we'll teach you the difference between a stock and a bond. You'll learn about your risk tolerance, your time horizon, and what investment vehicles match your investor style.

### Thursday, June 10

**Car Buying Strategies** 2 p.m. (1.5 hrs.): Check out my ride! Do you know what a holdback is? If not, we'll see you in class. In this class, you'll learn all the ins and outs of buying a car. How to negotiate price, trade-in, financing, etc. We'll teach you lingo that car sales people speak, and the strategies they use. You'll learn about car insurance, premiums, deductibles, gap insurance, and a host of websites that will arm you with the knowledge to get the best deal on wheels.

**Ikego – Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Nikko Tower.

**Teen AOB/ICR** 2:30 p.m. (1.5 hrs.): Moving to a new place could be overwhelming. We can provide you a support group to help you transitioning better to your new school, new home and new environment.

### Friday, June 11

**Teen AOB/ICR** 2:30 p.m. (1.5 hrs.)

**Play Morning** 9:30 a.m. (1.5 hrs.): This Play Morning is held at Ayame Tower.

*****Please visit our Web site for more details about our classes.**

## Upcoming Classes

| | |
|---|---|
| **June 14** | Area Orientation Brief and Intercultural Relations Class<br>Communication, Anger and Stress Management, Assertiveness (CASA)<br>English as a Second Language; Employment Overview<br>The Basics of Retirement Planning |
| **June 15** | Enjoying Japanese Food; IA Spouse Support Group<br>Ikego – Employment Overview and Tips |
| **June 16** | Basic Breastfeeding; Communication, CASA; Japanese Spouse Group<br>Thrift Savings Plan; Welcome to Negishi |
| **June 17** | Interview Techniques; Ikego – Play Morning; NMCRS Budget 4 Baby<br>Pre-Marriage Seminar |
| **June 18** | Sponsor and Sponsor Coordinator Training; Yokosuka Play Morning |

**Negishi FFSC 242-4125** | **Fleet and Family Support Center 243-FFSC (3372)** | **Ikego FFSC 246-8052**

**Visit our Web site: www.cnic.navy.mil/Yokosuka/CommunitySupport/FFSC/index.htm**